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Title: Effects of Ball Milling on the Structural, Thermal, and Rheological Properties of Oat Bran Protein Flour

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Keywords: oat protein; FTIR spectroscopy; DSC; amylose-lipid complex; dispersion.

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Abstract: Oat bran protein flour (OBPF), containing protein, starch, and lipid as major constituents, was ball milled and subsequently evaluated on structural conformation, thermal properties, particle size distributions, and rheological properties. Prior to ball milling, characterisation of OBPF were conducted by means of Fourier transform infrared (FTIR) spectroscopy and differential scanning calorimetry (DSC) showing the existence of aggregated protein and starch-lipid complexes as predominant constituents of OBPF. Ball milling altered structural conformations of both protein and starch. Moreover, increase of ball milling time gradually decreased the transition enthalpy changes of amylose-lipid complexes upon heating which can be related to disruption of amylose-lipid complexes helical structure. Ball milling at higher speed resulted to smaller average particle size distributions of OBPF. Dynamic mechanical spectra of concentrated dispersions containing ball milled OBPF exhibited lower storage ( $G'$ ) and loss ( $G''$ ) moduli compared to control sample due to reduced particles volume packing. Moduli-frequency sweep data satisfactory fitted the Power Law's model.

22<sup>nd</sup> of October 2017

Journal of Food Engineering

Resubmission of manuscript JFOODENG-D-17-01095R1

Dear Editor,

Thank you for the opportunity to revise our manuscript. We appreciate the careful review and constructive suggestions. The manuscript has been rewritten base on the suggestions, with a new title “Effects of Ball Milling on the Structural, Thermal, and Rheological Properties of Oat Bran Protein Flour”. Following this letter are our responses to the reviewers’ comments, including how and where the text was modified.

Thank you for your considerations.

Most sincerely,

Kurnia Ramadhan

Detailed Response to Reviewers

Reviewer #1

Comments	Responses
<p>The manuscript reports a study on structural issues of an oats bran protein concentrate using spectroscopy, calorimetry and rheology. Standard procedures were used, but for a publication in Journal of Food Engineering, I was expecting a better quantitative analysis than presented. For example, the rheograms (moduli-frequency) could be modelled to obtain parameters that can be statistically compared. The manuscript is weak in statistics, even though the effects of milling and fractionation or defatting of the concentrate are discussed. A properly revised manuscript would meet the quality required for the journal.</p>	<p>The manuscript has been rewritten and added with more quantitative data presented in tables.</p>
<p>Lines 223-225: Consider including the statistics (+/- standard deviation, SD or standard error of mean, SEM) of the particle sizes.</p>	<p>Revised as suggested. These lines have been rewritten and can be found in revised manuscript starting from the Line 255.</p>
<p>Lines 243-252: It would have been better to model the moduli-frequency relationships to obtain quantitative parameters for a deeper</p>	<p>Revised as suggested. These lines have been rewritten and can be found in revised manuscript starting from the Line 284.</p>

<p>analysis of the results, trends and effects of milling. A sentence like "However, the slope of G' and G'' versus frequency curves seems to remain unchanged ... of OBPC dispersion", is too qualitative and eye-balling for the journal.</p>	
<p>Figure 3: Is it not possible to define some quantitative parameters from the spectra to characterize the samples? I was thinking absorbance units at those specified wavenumbers for protein structures could be used. Absorbance units at certain wavenumbers are used in FTIR studies on starches to properly characterize amorphous and crystalline structures in them.</p>	<p>Revised as suggested.</p>
<p>Figure 7: Consider modelling the rheograms for quantifiable characterization parameters to deeply discuss the rheological behaviours of the samples.</p>	<p>Frequency sweep data have been fitted to the Power Law's model and presented in table. The rheogram remain unchanged.</p>
<p>Table 1: Better to include the statistics to justify using 'significant', 'significantly different' or 'not significant' in the text (lines 205, 233 and 247, for example). This table could also contain the characterization parameters for the rheological behaviours of</p>	<p>The words "significantly" have been removed. Fitting parameters of frequency sweep tests have been added.</p>

the samples.	
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Reviewer #2

Comments	Responses
Line 15: Instead of "Fourier Transform Infrared", "Fourier transform infrared" is more appropriate.	Revised as suggested. This line has been rewritten and can be found in revised manuscript starting from the Line 14.
Lines 25-26, 44-45, 58-63, 82-83, 185-187, 192-193, 206-207, 215-216: These sentences should be revised.	Revised as suggested. These lines have been rewritten.
In the manuscript, 35 references were used. From these references, only 9 references were published within the last 8 years (since 2010). This means that the authors have not mentioned from recent studies sufficiently.	References have been updated.
Lines 30-46: "Introduction" section should be re-written. Literature studies given in this section is not sufficient.	Revised as suggested. These lines have been rewritten and can be found in revised manuscript starting from the Line 27.
Line 63: Please use small letters in the spelling of "Propanol".	Revised as suggested. This line has been rewritten and can be found in revised manuscript starting from the Line 65.
Line 111: The abbreviation of second is not "sec".	Revised as suggested. This line has been rewritten and can be found in revised manuscript starting from the Line 128.

Line 138: Please use subscript for "2" in "-CH <sub>2</sub> ".	Revised as suggested. This line has been rewritten and can be found in revised manuscript starting from the Line 158
Lines 254-259: Important numerical results should be indicated in "Conclusions" section.	Revised as suggested. These lines have been rewritten and can be found in revised manuscript starting from the Line 296.

Reviewer #3

Comments	Responses
This manuscript deals with the influence of chemical features and ball milling on the structuring characteristics of oat bran protein. For this purpose, several experimental tests were performed. The research topic falls within the scope of the Journal of Food Engineering and could be of the scientific interest. Nevertheless, the content of the manuscript evidence some lacks that must be improved. Please consider the following comments:	The manuscript has been rewritten and added with more quantitative data presented in tables.
Keywords: Personal consideration: Words included in the title should be removed from keywords section.	Revised as suggested.
Introduction: This section should be extended to include updated references in	Revised as suggested.

the field (last 5 years).	
Materials and methods: Replicates should be included in all sections.	Revised as suggested.
Further detail why experimental conditions were selected or some reference should be included in some methods section (see as e.g. ball milling procedure, preparation of OBPC dispersions, among others).	Revised as suggested.
Figure 6. Log representation is commonly used for rheological measurements.	Revised as suggested.
References should be updated: Only 3 references from last 5 years.	References have been updated.
Tbale 1. Standard deviations should be included.	Revised as suggested.

## Highlights

- Ball milling alters structural conformations of aggregated proteins and starch-lipid complexes
- Mechanical impact caused by ball milling disrupted the ordered structure of amylose-lipid complexes
- Changes in mechanical moduli of dispersions are mainly contributed by differences in particle size distributions after ball milling



1 **Effects of Ball Milling on the Structural, Thermal, and Rheological Properties of Oat**  
2 **Bran Protein Flour**

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## Abstract

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Oat bran protein flour (OBPF), containing protein, starch, and lipid as major constituents, was ball milled and subsequently evaluated on structural conformation, thermal properties, particle size distributions, and rheological properties. Prior to ball milling, characterisation of OBPF were conducted by means of Fourier transform infrared (FTIR) spectroscopy and differential scanning calorimetry (DSC) showing the existence of aggregated protein and starch-lipid complexes as predominant constituents of OBPF. Ball milling altered structural conformations of both protein and starch. Moreover, increase of ball milling time gradually decreased the transition enthalpy changes of amylose-lipid complexes upon heating which can be related to disruption of amylose-lipid complexes helical structure. Ball milling at higher speed resulted to smaller average particle size distributions of OBPF. Dynamic mechanical spectra of concentrated dispersions containing ball milled OBPF exhibited lower storage ( $G'$ ) and loss ( $G''$ ) moduli compared to control sample due to reduced particles volume packing. Moduli-frequency sweep data satisfactory fitted the Power Law's model.

Keywords: oat protein, FTIR spectroscopy, DSC, amylose-lipid complex, dispersion.

## 26 **1. Introduction**

27 Interests in protein-rich foods are rising favoured by its health-promoting effects. The  
28 benefits of dietary protein intake has been associated with body weight management and  
29 maintenance of muscle mass and function (Deutz et al., 2014; Westerterp-Plantenga et al.,  
30 2017). The urge to search for alternative food protein sources have led to valorisation of  
31 underexploited plants and side stream agricultural products.

32 Oat bran is a by-product of oat flour milling and have been used as a fibre-enriching  
33 ingredient. Although oat bran contains abundance of protein, its full utilisation remains  
34 challenging. Enzymatic pre-treatment of oat bran thick cell walls is necessary to assist  
35 protein extraction, otherwise a highly alkaline pH is required to release protein that  
36 adversely affect the nutritional quality (Jodayree et al., 2012). Low solubility of oat  
37 protein in slightly acidic to neutral pH range also restrict its applicability for foods  
38 (Konak et al., 2014). In order to bridge the gap between the limitations and advantages of  
39 oat bran protein for utilisation in foods, a feasible separation technique has been  
40 introduced to obtain protein-enriched flour with low degree of purity (Sozer et al., 2017).  
41 The presence of protein, starch and lipid, as constituents of composite flour, are known  
42 contributing to the physicochemical properties and functionality of flour (Puncha-Arnon  
43 and Uttapap, 2013; Saleh, 2017).

44 Physical modification of food materials by means of ball milling has gained attention  
45 due to ability in changing functionality. The modified functionality can be attributed to  
46 alteration in structural conformation as found in ball milled starch and starch-enriched  
47 food materials (Dhital et al., 2011; Liu et al., 2011; Roa et al., 2014a). However, there are  
48 limited studies reporting the effects of ball milling on structural conformation changes in  
49 food proteins including whey and soy protein (Liu et al., 2017; Sun et al., 2015).

50 This present study aims to evaluate the alteration on structural conformation of  
51 chemical constituents within ball milled oat bran protein flour, and subsequently to  
52 extrapolate the conformational changes into the thermal and rheological properties of its  
53 dispersion. This study would provide useful insights to extend the utilisation of oat bran  
54 protein flour in food formulations.

55

## 56 **2. Materials and methods**

### 57 2.1. Materials

58 Oat bran protein flour (OBPF) was supplied by Tate & Lyle Oat Ingredients  
59 (Kimstad, Sweden) as a brand of PrOatein®. This material was in the form of coarse  
60 powder and declared to have ca. 94% dry matter containing 54% protein, 17% fat, 18%  
61 carbohydrate, and 2% fibre on a dry basis. This material was prepared from oat bran that  
62 have gone through enzymatic, thermal, and physical separation processes.

63

### 64 2.2. Elimination of lipid and starch

65 Elimination of lipid and reduction of starch were intended to provide a correct  
66 assignment of FTIR spectra bands and interpretation of thermal properties in the later  
67 analyses. Lipid were extracted using solvent in soxhlet apparatus as described by Pandey  
68 and Shrivastava (Pandey and Shrivastava, 2017) with modifications. Two solvents with  
69 different polarity were used, i.e. hexane for the non-polar solvent, and isopropanol for the  
70 polar solvent. Defatted samples are addressed as NPDO for the hexane-defatted OBPF  
71 and PDO for the isopropanol-defatted OBPF. Protein extraction from defatted samples,  
72 i.e. NPDO and PDO, did not lead to reasonable protein yields for further analysis.  
73 Therefore, in this study, starch reduction was chosen to obtain a higher protein  
74 concentration. Starch reduction was conducted by dispersing and stirring the defatted

75 samples into alkaline solution for 30 min as described by De Souza et al. (De Souza et al.,  
76 2016). The sample was then lyophilised to obtain dry powder and addressed as APDO.

77

### 78 2.3. Ball milling procedure

79 Ball milling was carried out by using Planetary Micro Mill (Pulverisette 7 classic line,  
80 Fritsch GmbH, Germany) as described by Abbaszadeh et. al. (2014) with modifications.  
81 Two and a half grams of OBPF was put into 12 ml grinding bowl containing 6 Zirconium  
82 dioxide grinding balls. High speed milling was run at 800 revolutions per minute (rpm) for  
83 15 min. The low speed milling was carried out at 200 rpm for 240 min. The applied  
84 milling cycle configuration was 5 min milling followed by 5 min rest to dissipate heat.  
85 Reversed milling directions were set to prevent ball slippage at both milling speeds.

86

### 87 2.4. Preparation of OBPF dispersions

88 OBPF dispersions (5%, 20%, and 30% wt) were prepared by suspending the flour  
89 into distilled water as described by Roa et al. (Roa et al., 2015) with modifications. These  
90 concentrations were selected according to previous trials conducted with OBPF  
91 dispersions from 5% to 30% wt. A dilute system (5% wt) was selected to evaluate the  
92 particle size distributions, while the 20% wt dispersion was subjected to thermal analysis  
93 for its flow-ability reason, and the 30% wt dispersion was selected for rheological  
94 analysis to avoid sedimentation.

95

### 96 2.5. Attenuated total reflectance – Fourier transform infrared (ATR-FTIR) spectroscopy

97 The infrared spectra were obtained by using a Bruker Tensor 27 System (Bruker  
98 Optik GmbH, Ettlingen, Germany) equipped with diamond Attenuated Total Reflection  
99 (ATR) crystal and operated using OPUS software version 7.2.139.1294. The tests were

100 performed at ambient temperature. The open-air background test was run prior to sample  
101 measurement. Approximately 50 mg of dry sample was placed into contact with the  
102 diamond ATR crystal and sample holder. Each absorbance measurement was conducted  
103 under 128 scans with 4  $\text{cm}^{-1}$  resolutions. The presented infrared spectra were obtained as  
104 a mean from three measurements of duplicate samples that have undergone normalisation  
105 and baseline correction. Height of peaks were determined by calculating the absorption  
106 intensity differences between peak and its own baseline. Peak height ratio of selected  
107 absorption bands was used to quantify the infrared spectral changes. The amide I band,  
108 i.e.  $\sim 1630 \text{ cm}^{-1}$ , was selected as reference band in evaluating spectral changes due to  
109 elimination of lipids and starch. Calculation of absorbance intensity ratio  $\sim 997$  to  $\sim 1022$   
110  $\text{cm}^{-1}$  was used to assess structural conformation changes on starch as described by Liu et  
111 al. (Liu et al., 2011). The use of second derivative spectra was intended to resolve the  
112 overlapping bands both in amide and saccharide regions (Figure 3). The assignment of  
113 protein secondary structure within amide I band referred to a study reported by Tang and  
114 Ma (2009). Further processing of infrared spectra was conducted using Spectragryph  
115 optical spectroscopy software version 1.0.2 (<https://www.ffmpeg2.de/spectragryph/>).

116

## 117 2.6. Micro-differential scanning calorimetry

118 Scanning calorimetry was performed in a Micro-Differential Scanning Calorimeter III  
119 (Setaram Instrumentation, France). About 800 mg of dispersions containing 20%wt solid  
120 sample was transferred into hermetically sealed sample vial made from hastelloy, while  
121 similar weight of deionized water was used as reference. Heating-cooling processes were  
122 performed in two cycles from 20 to 120  $^{\circ}\text{C}$  at a rate of 1  $^{\circ}\text{C min}^{-1}$ . Measurement was run in  
123 duplicate for each sample. The heat flow curves were processed using Calisto Processing

124 software v1.43 (AKTS, Switzerland) to obtain the maximum heat absorption temperatures  
125 ( $T_m$ ) and the transition enthalpy changes ( $\Delta H$ ).

126

## 127 2.7. Particle size distributions

128 Particle size and size distributions were measured based on the principles of light  
129 scattering using LS13320 Laser Diffraction Particle Size Analyzer (Beckman Coulter,  
130 High Wycombe, UK). A dispersion of 5% OBPF in distilled water was pipetted into a  
131 liquid module sample cell. The measurement was run for 60 s under following conditions:  
132 Fraunhofer theory was used as optical model treating particles in spherical approximation,  
133 refractive indexes of dispersant and sample were 1.33 and 1.6 respectively. The particle  
134 size was determined by the volume-weighted mean diameter size. Each measurement was  
135 run in duplicate.

136

## 137 2.8. Rheology

138 Structuring properties of OBPF dispersion was evaluated using rheological analysis.  
139 Small deformation tests of oat dispersion were conducted using a stress-controlled  
140 rheometer (Physica MCR 301, Anton Paar, Austria) with a serrated parallel-plate  
141 geometry of 50 mm diameter and 1 mm gap. The linear viscoelastic region (LVR) was  
142 determined by strain amplitude sweep tests at a fixed angular frequency of  $10 \text{ rad s}^{-1}$ . The  
143 temperature sweep tests were performed at a constant angular frequency of  $10 \text{ rad s}^{-1}$  and  
144 a strain amplitude of 0.1%. A programmed heating-cooling process was used, i.e. heating  
145 from 20 to 100 °C, temperature hold at 100 °C for 10 min, and cooling from 100 to 20 °C  
146 with heating and cooling rate of  $5 \text{ °C min}^{-1}$ . Prevention of evaporation and temperature  
147 gradient were taken into account by using low-viscosity mineral oil and a peltier-  
148 controlled hood. Subsequently, frequency sweep tests were carried out from 0.5 to 50 rad

149  $s^{-1}$  at constant strain amplitude of 0.1%. Frequency sweep data were correlated by means  
150 of the Power Law model using the following equations:

151 
$$G' = a' \omega^{b'}$$
 (1)

152 
$$G'' = a'' \omega^{b''}$$
 (2)

153 where  $\omega$ ,  $G'$ ,  $G''$ , and are angular frequency, storage, and loss modulus respectively, and  
154  $a'$ ,  $a''$ ,  $b'$ , and  $b''$  intercepts and slope of corresponding fitting parameters. Each test was  
155 run in duplicate.

156

### 157 **3. Results and discussion**

#### 158 3.1. Assignment of OBPF chemical constituent in infrared spectra

159 Infrared spectra of OBPF are illustrated in Figure 1 showing chemical-bond  
160 vibrations of mixture system. Protein as the primary constituent can be traced by the  
161 presence of amide A, I, and II absorption bands. Amide A vibrations occurred at higher  
162 wavenumber and is contributed by N-H groups stretching vibrations. Amide I and II are  
163 predominantly induced by C=O and C-N stretching vibrations, and appear as two  
164 consecutive absorption signals between 1700 and 1500  $cm^{-1}$  (Barth, 2007). The Amide A,  
165 I, and II absorption bands of OBPF appear at wavenumbers 3271, 1630, and 1517  $cm^{-1}$   
166 respectively. Evaluation of amide I region can provide useful information on protein  
167 secondary structure conformation which will be discussed in the later section.

168 Infrared spectral changes as affected by lipids and starch eliminations are presented  
169 in Table 1. Removal of neutral lipids by non-polar solvent drastically decreased the  
170 absorption signal at  $\sim 2924$ ,  $\sim 2854$ , and  $\sim 1744$   $cm^{-1}$ . However, the use of polar solvent  
171 diminished the second peaks and left small signal of the third peak. This might indicate  
172 the asymmetric stretching vibrations of C-H at  $\sim 2924$   $cm^{-1}$  is not solely contributed by of  
173 lipid alone, but also from other major chemical constituents. The peak at  $\sim 2854$   $cm^{-1}$



174 could be uniquely assigned to  $-\text{CH}_2-$  symmetric stretching of fatty acid chains. The peak  
175  $\sim 1744\text{ cm}^{-1}$  corresponds to carbonyl ( $\text{C}=\text{O}$ ) stretching vibration identifying the ester  
176 functional group of lipid (Cerqueira et al., 2012). Oats contain higher amounts of polar  
177 lipids compared to other cereals, such as glycolipids and monoacyl lipids (Doehlert et al.,  
178 2010).

179 Saccharide region of infrared spectra ranges from  $1200$  to  $900\text{ cm}^{-1}$ . Three intense  
180 absorption bands at  $1150$ ,  $1078$ , and  $1022\text{ cm}^{-1}$  confirming typical vibration  
181 characteristics of  $\text{C}-\text{O}$ ,  $\text{C}-\text{C}$ ,  $\text{O}-\text{H}$  bonds and asymmetric stretching of  $\text{C}-\text{O}-\text{C}$  glycosidic  
182 bonds within the starch (Liu et al., 2011; Roa et al., 2014b). The strongest absorption  
183 band at  $1022\text{ cm}^{-1}$  indicated predominant disordered conformational structure of OBPF  
184 starch that have gone through thermal treatment during production. This peak contains  
185 shoulder at the lower wavenumber that possibly indicate small amount of crystalline  
186 conformation. Alkaline exposure treatment dramatically decreased absorbance intensity  
187 of the three above mentioned peaks, indicating irreversible solubilisation of starch. This  
188 confirms the correct assignment for starch within infrared spectra and can be used to  
189 evaluate structural conformations in the later section.

190

### 191 3.2. Thermal properties of OBPF dispersions

192 The DSC thermograms and the corresponding thermal transition peak temperature and  
193 enthalpy changes of OBPF dispersions are presented in Figure 2 and Table 2 respectively.  
194 Upon the first heating, a broad endothermic peak appeared at c.a.  $90\text{ }^\circ\text{C}$  and consequently  
195 shifted to a higher temperature when reheated. Whereas upon cooling, a sharp exothermic  
196 peak was observed at c.a.  $74\text{ }^\circ\text{C}$  in either cycles. The  $\Delta\text{H}$  values was  $1.7\text{ J g}^{-1}$  on the first  
197 heating and subsequently decrease over the following cycles. The use of polar solvent  
198 greatly reduced  $\Delta\text{H}$  values due to elimination of higher amounts of lipids as confirmed by

199 FTIR study. However, calorimetry scanning of extracted lipids did not show any thermal  
200 transition events (data not shown). Starch solubilisation by alkaline exposure further  
201 decreased the  $\Delta H$  values. It shows that the  $\Delta H$  values are more dependent to the starch  
202 and lipids rather than the protein.

203 The reversible thermal events at very high temperature upon heating, i.e. 90 °C, can  
204 be associated to the characteristics of starch-lipid complexes in the presence of protein  
205 contained in thermally treated foods as found in previous studies (De Pilli et al., 2015;  
206 Moisisio et al., 2015; Wang et al., 2017). When the heated starch is cooled back in the  
207 presence of lipid, the amylose recrystallize and form complexes with lipids by the  
208 inclusion of fatty acid chain into helical cavity (Tufvesson et al., 2003). The amount of  
209 amylose-lipid complexes is the major factor determining the  $\Delta H$  value as proposed by  
210 Kawai et al. (2012). Interestingly, melting temperature of starch-lipid complexes slightly  
211 increased upon second heating hence indicating a more thermally-stable structure as a  
212 result of complexes reformation in more ordered structure.

213

### 214 3.3. Ball milling effects on structural conformation of OBPF chemical constituents

215 Ball milling affected structural conformation changes on both protein and starch in  
216 solid-state as illustrated in Figure 3 and Table 3. Prior to ball milling, secondary structure  
217 of protein prominently presented as  $\beta$ -sheets structure and some minor helical structures.  
218 This result demonstrated a higher composition in  $\beta$ -sheets compared to previous study on  
219 oat protein isolate secondary structure at low moisture (Liu et al., 2009). The explanation  
220 for this condition is the protein contained in OBPF has been thermally treated during the  
221 production, hence most likely in denatured and aggregated form. The  $\beta$ -sheet structures  
222 have been associated with hydrophobic and aggregated protein (Maltais et al., 2008;  
223 Nikolaus Wellner et al., 2004; Tang and Ma, 2009). However, other study on oat protein

224 conformation in aqueous dispersion showed lower relative amount of  $\beta$ -sheets as the major  
225 structure (Jing et al., 2016). Secondary structure of protein in dispersion is a result from  
226 peptide-solvent interactions in aqueous environment, whereas at low moisture the peptide-  
227 peptide interactions are predominant factor due to dense packing in a solid environment.

228 Ball milling gradually increased relative amount of helical conformations in expense  
229 of  $\beta$ -sheet structures. Longer ball milling time, regardless the applied speed, demonstrated  
230 greater effect on protein conformational changes due to simultaneous mechanical impact.  
231 Similar result of increasing  $\alpha$ -helix and decreasing  $\beta$ -sheet structure after ball milling soy  
232 protein isolate has been reported (Liu et al., 2017). Ball milling involves high pressure,  
233 shear force, and air contact that might cause rearrangement of aggregated protein  
234 secondary structure as suggested by Sun et al. (2015). Among the protein fractions and  
235 sub-units, low molecular weight proteins are the most susceptible to disruptions caused by  
236 ball milling (Thanatuksorn et al., 2009).

237 Evaluation of ball milling effects on starch conformation are presented in Table 3. A  
238 higher ratio of peak  $\sim 997$  to  $\sim 1022$  indicated small degree of ordered structure within  
239 starch conformation. The presence of amylose-lipid complexes has been reported to  
240 consists of some starch crystalline order (Kawai et al., 2012). In this study, longer ball  
241 milling time greatly reduced ordered structure of starch conformation. This ball milling  
242 effects on starch has been extensively studied in previous reports known by disruption  
243 effects on helical structures (Liu et al., 2011; Roa et al., 2015).

244

#### 245 3.4. Ball milling effects on thermal properties of OBPF dispersions

246 Thermal properties of OBPF prior to and after ball milling are presented in Table 4.  
247 Ball milling did not greatly affect the transition peak temperature, whereas the enthalpy  
248 values gradually decreased as the milling time increased, regardless the applied speed.

249 Decreasing enthalpy values can be interpreted as the decrease on amounts of amylose-  
250 lipid complexes. This is confirmed by further loss of crystallinity provided by FTIR  
251 spectroscopy study. Simultaneous mechanical impact during ball milling disrupted the  
252 helical structure of amylose, hence disintegrated the amylose-lipid complexes. Ball milled  
253 samples did not differ in transition temperature peak upon the second heating showing  
254 thermal behaviour remain unchanged.

255

### 256 3.5. Ball milling effects on particle size distribution

257 Particle size distributions of OBPF prior to and after ball milling are presented in  
258 Figure 4 and Table 5. Prior to ball milling, wide range of particle size distributions were  
259 observed. The  $D_{10}$ ,  $D_{50}$ , and  $D_{90}$  values represent 10, 50, and 90% particle size  
260 distributions within the dispersed sample, whereas the  $D_{(4,3)}$  show average particle sizes.  
261 Ball milling at high speed reduced the particle size distributions to about quarter of initial  
262 values, e.g. from  $116.45 \pm 21.85$  to  $27.67 \pm 0.93$   $\mu\text{m}$ . However, low speed ball milling  
263 could reduce to only about half of initial even after 360 min milling duration. This might  
264 be explained that rotational speed is a major factor to cause particle breakage during ball  
265 milling as suggested by Yin et al. (2015).

266

### 267 3.6. Ball milling effects on viscoelastic properties of OBPF dispersions

268 Figure 5 illustrated the viscoelastic properties of OBPF dispersions affected by ball  
269 milling and temperature changes. Ball milled samples at higher speed exhibited the  
270 lowest moduli at the same applied shear. Since the dispersions contain same weight  
271 fraction of samples, the volume packing fraction of HSST and LTST dispersions were  
272 lower, and hence decreased the storage moduli.

273 Temperature effects on moduli were observed in both heating and cooling cycles.  
274 Moduli decreases occurred below 40 °C seems to be the effects of increasing particle  
275 mobility since there were no thermal events recorded by scanning calorimetry within this  
276 temperature range. On the other hand, further decrease on moduli when temperature  
277 approached 90 °C indicate the melting of starch-lipid complexes contained in dispersions.  
278 Noticeable differences in melting behaviour of ball milled samples were observed using  
279 the tangent of phase angle ( $\tan \delta$ ). Dispersions containing ball milled samples showed  
280 lower  $\tan \delta$  when reach the melting temperature that might due to the lower enthalpy  
281 changes.

282 The moduli of dispersions increased steadily upon cooling back to room temperature  
283 due to the recrystallisation of melted particles. Moreover, cooled dispersions reached  
284 higher moduli compared to initial values prior to heating. This might indicate the  
285 connectivity between particles were built during cooling which most likely contributed by  
286 starch.

287 Figure 6 illustrated the frequency-dependency of OBPF concentrated dispersions.  
288 The moduli increased with increase of angular frequency. Effects of ball milling were  
289 observed in the fitting parameters of frequency sweep data, presented in Table 6.  
290 Decreases in intercepts are consistent with the decreases of  $G'$  and  $G''$  due to particle  
291 volume packing effects. Ball milling also increased the slopes of moduli-frequency curves  
292 which revealed a weaker gel-like structure. As the particle volume packing decreases,  
293 solvent-particles interactions increase and inhibit the particle-particle interactions in  
294 building the structure. This is agreed with previous study on other flour dispersions  
295 (Ahmed et al., 2014). Both  $G'$  and  $G''$  of all samples were satisfactory fitted to Power  
296 Law's model, shown by the  $R^2$  values close to 1.

297

298 **4. Conclusions**

299 Major constituent of OBPF were observed in the form of aggregated proteins and  
300 starch-lipid complexes. Ball milling altered the structural conformations of protein and  
301 starch, and reduced the enthalpy changes of starch-lipid complexes melting properties.  
302 Higher speed ball milling reduced particle size distributions to about quarter of initial  
303 values, e.g. from  $116.45 \pm 21.85$  to  $27.67 \pm 0.93$   $\mu\text{m}$ , led to lower particle volume  
304 packing, and hence decreased the mechanical moduli of dispersions. Subsequent heating-  
305 cooling processes of OBPF dispersions allowed the starch to build a stronger networked  
306 structure. Therefore, the starch contained in OBPF plays as important constituent in  
307 influencing the structure of dispersion.

308

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312

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Figure 1  
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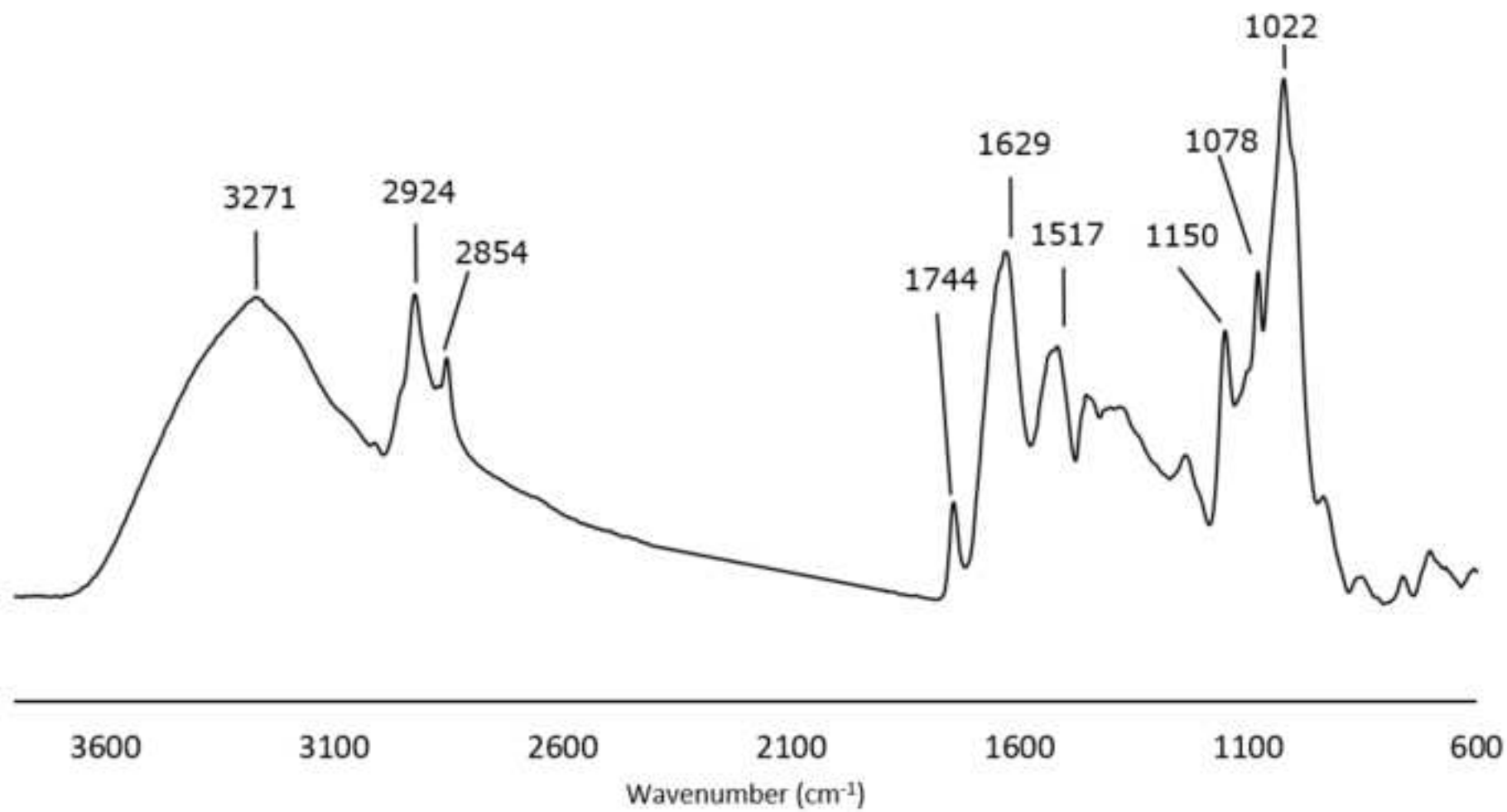


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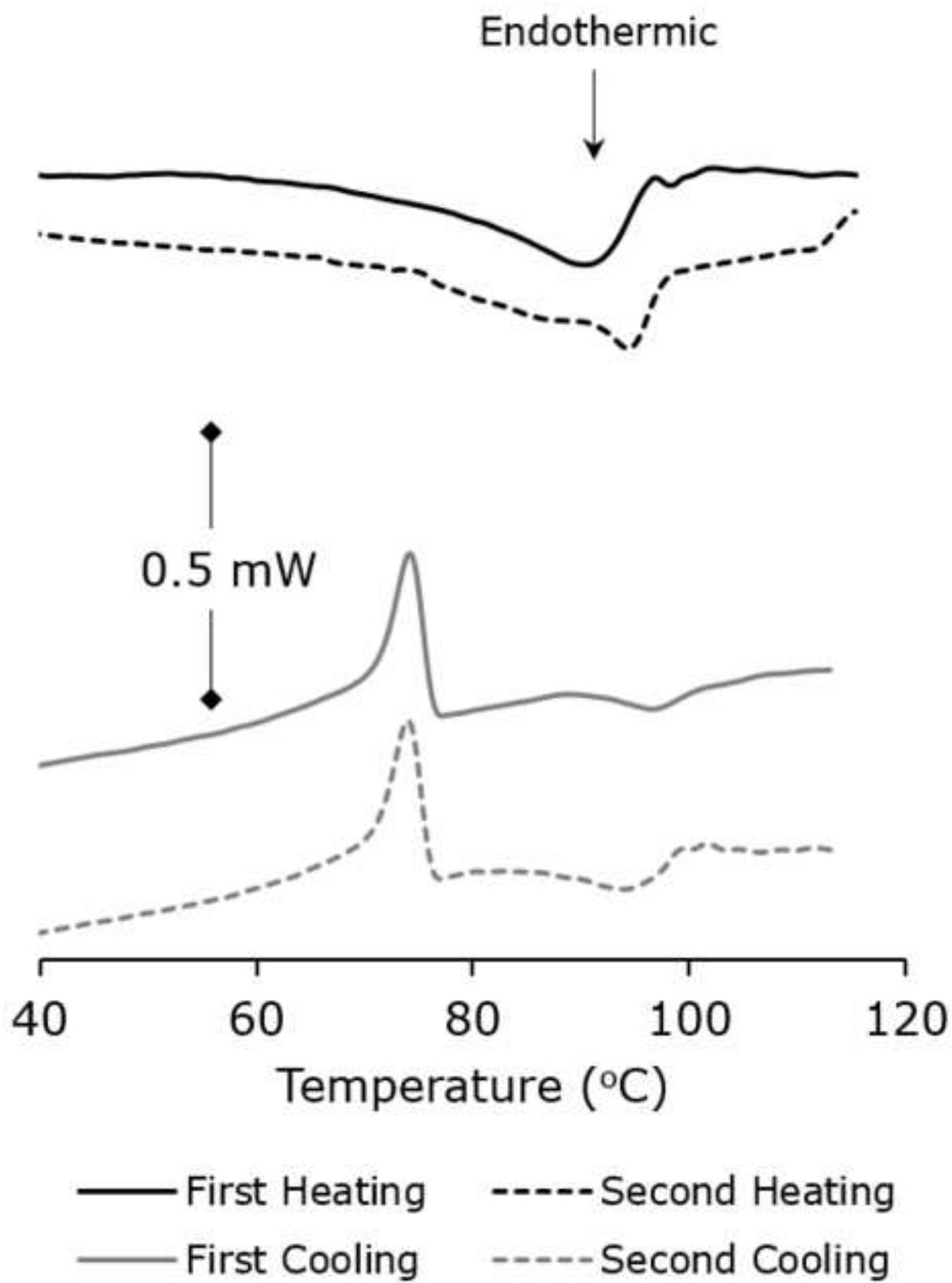


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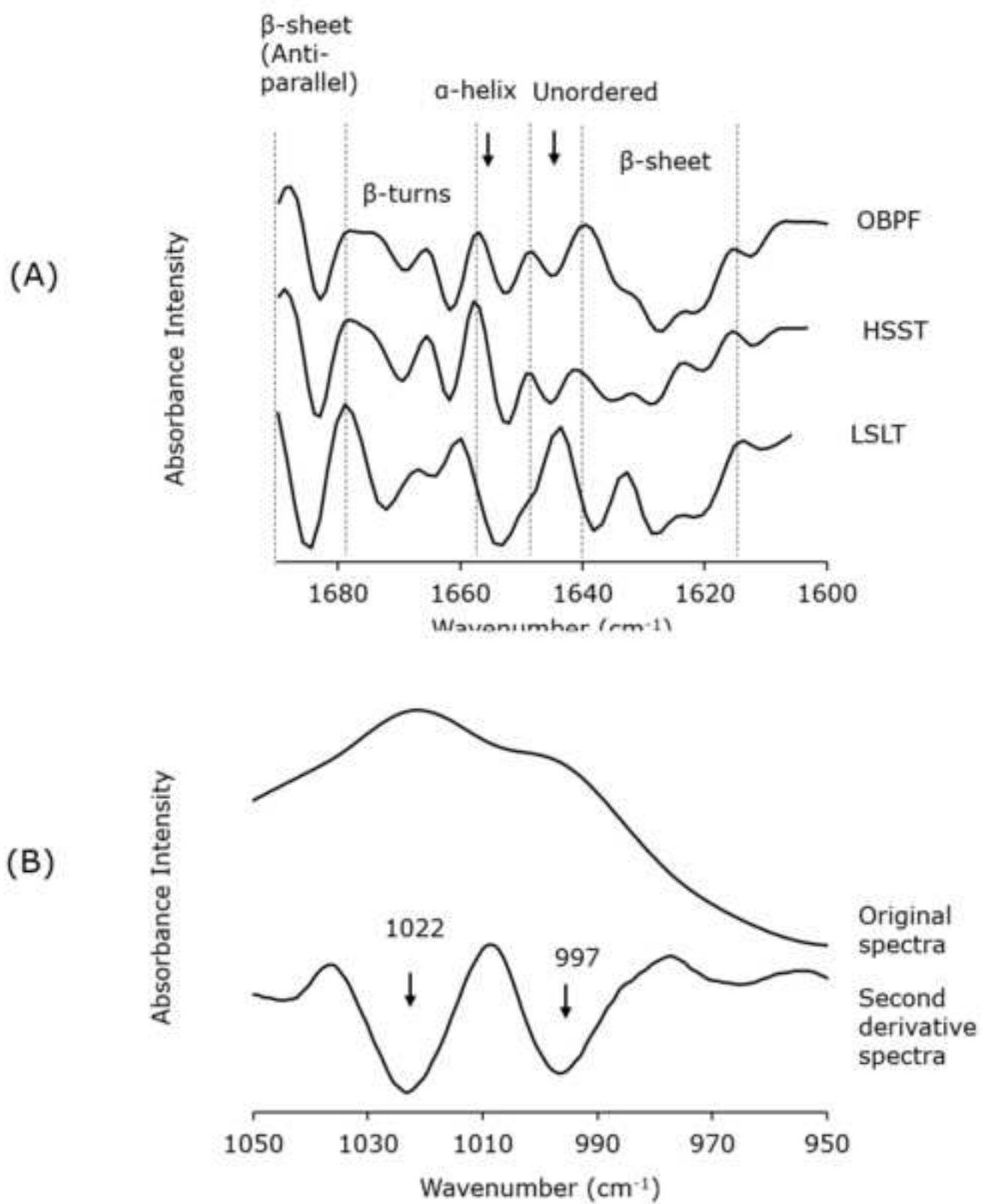


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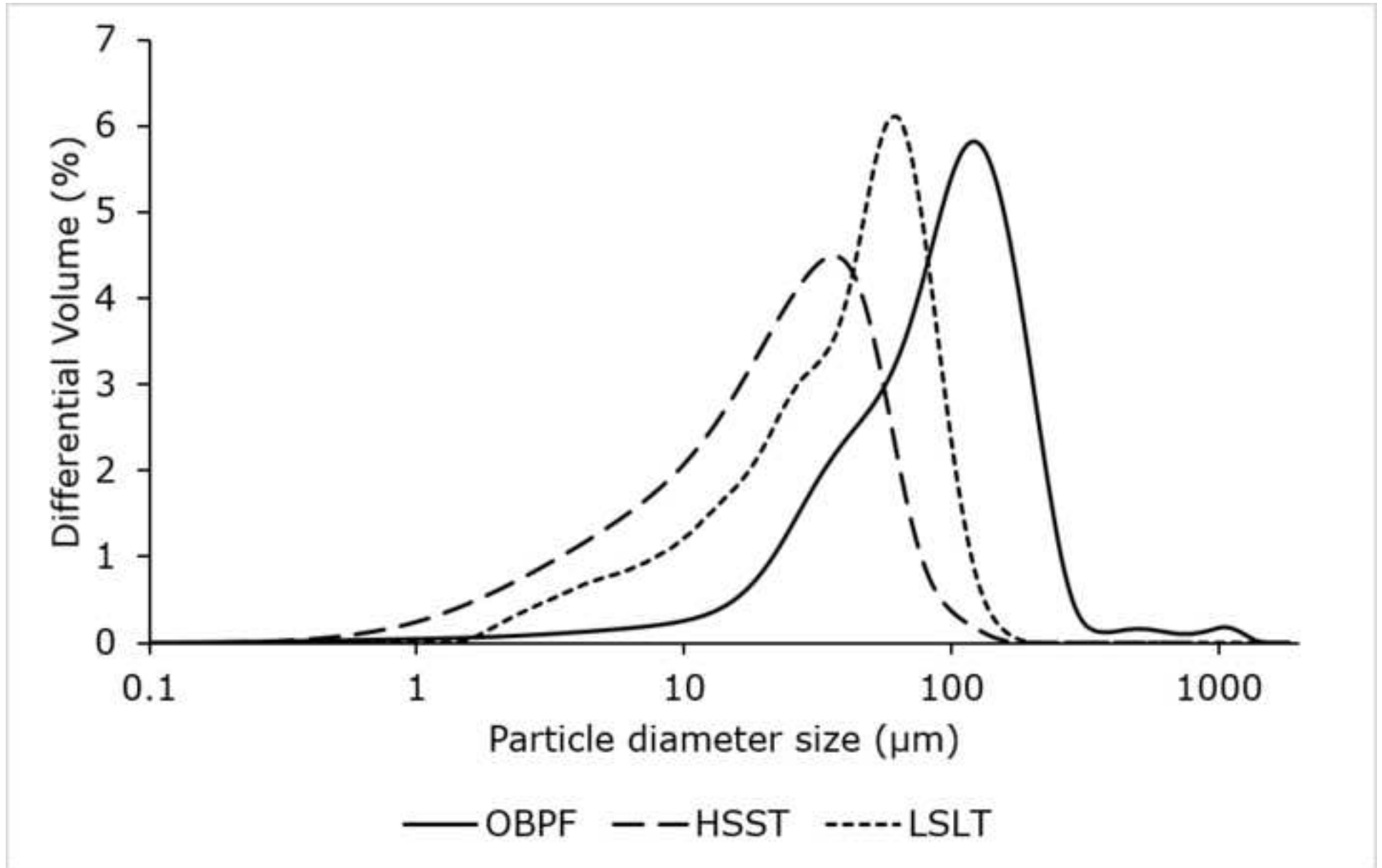


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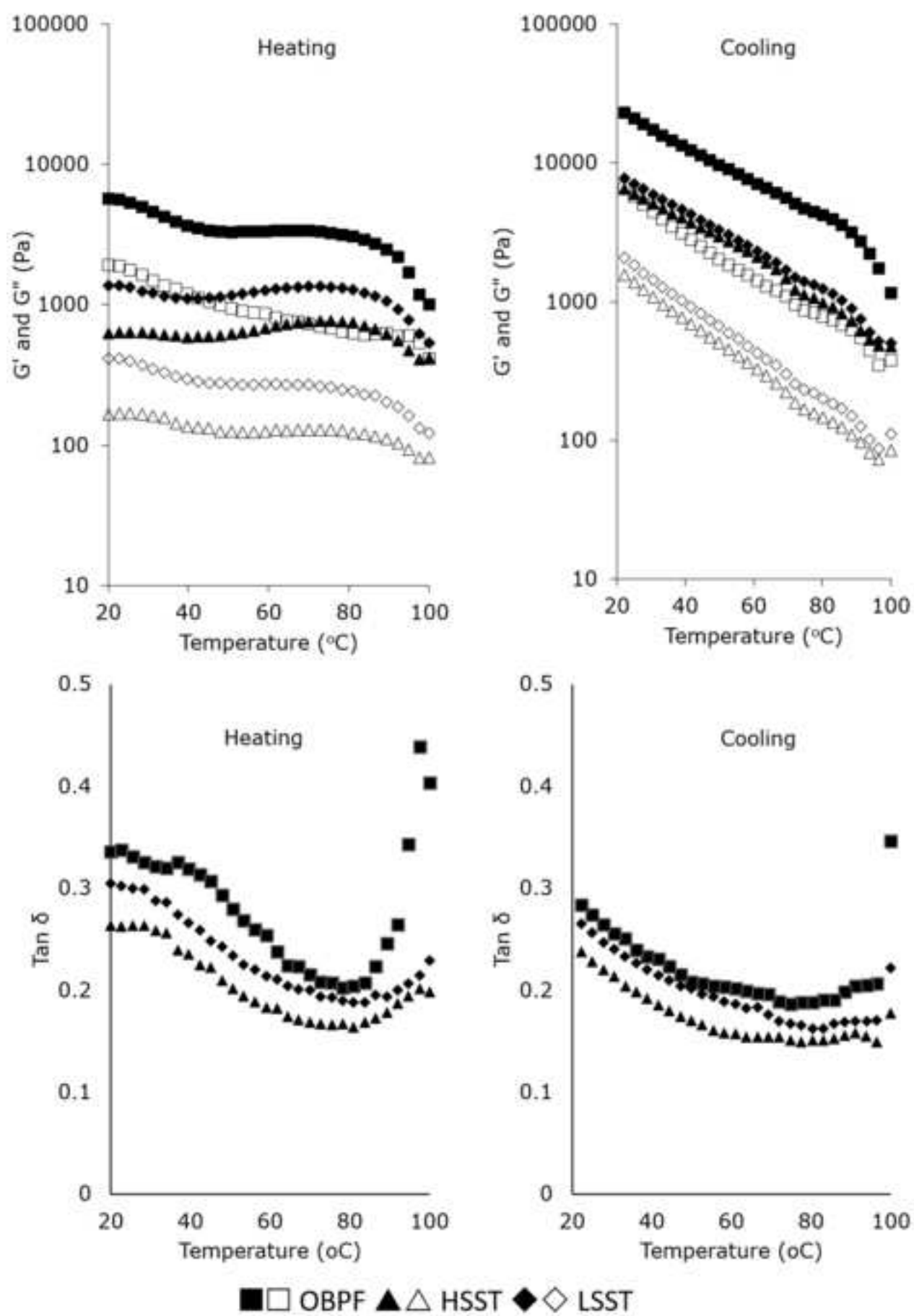


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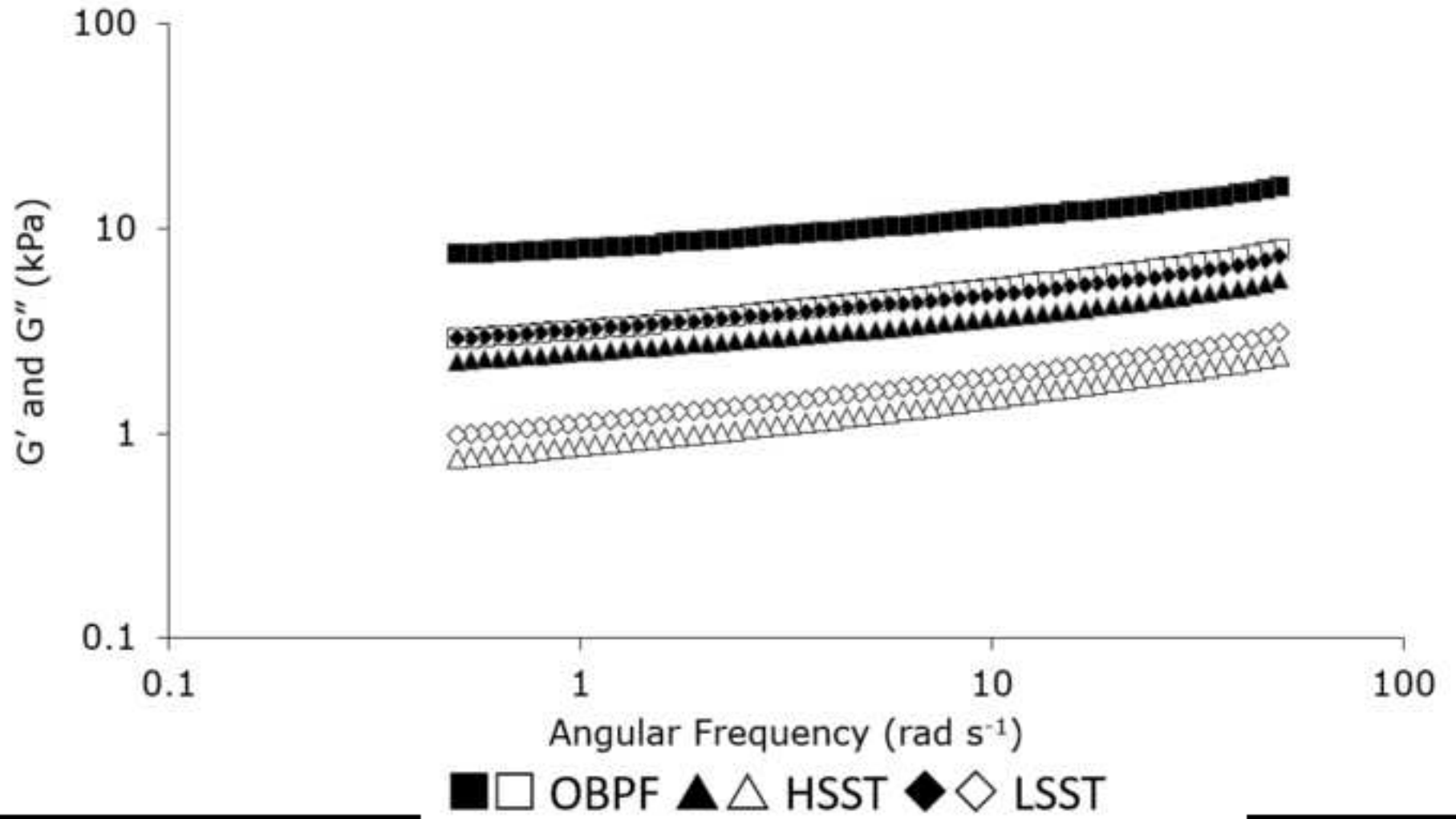




Figure captions

**Figure 1** Typical infrared spectra of oat bran protein flour

**Figure 2** DSC thermogram of OBPF dispersions upon heating-cooling cycles

**Figure 3** (A) Second derivative spectra at amide I region of OBPF prior to and after ball milling; (B) original and second derivative spectra of OBPF at saccharide region. For abbreviations see Table 3.

**Figure 4** Volume-weighted particle size distributions of OBPC prior to and after ball milling. For abbreviations see Table 3.

**Figure 5** Storage (filled) and loss (open) moduli (top), and tangent of phase angle (bottom) of OBPC concentrated dispersions prior to and after ball milling over changing temperatures. For abbreviations see Table 3.

**Figure 6** Storage (filled) and loss (open) moduli of OBPC concentrated dispersions prior to and after ball milling over changing angular frequencies. For abbreviations see Table 3.

**Table 1.** Infrared spectral changes on selected bands of OBPF and its derived fractions

Sample	Peak height ratio relative to peak at $\sim 1630 \text{ cm}^{-1}$					
	$\sim 2924 \text{ cm}^{-1}$	$\sim 2854 \text{ cm}^{-1}$	$\sim 1744 \text{ cm}^{-1}$	$\sim 1150 \text{ cm}^{-1}$	$\sim 1078 \text{ cm}^{-1}$	$\sim 1022 \text{ cm}^{-1}$
OBPF	$0.55 \pm 0.04$	$0.11 \pm 0.02$	$0.32 \pm 0.02$	$0.67 \pm 0.05$	$0.49 \pm 0.06$	$0.94 \pm 0.14$
NPDO	$0.31 \pm 0.02$	$0.02 \pm 0.00$	$0.16 \pm 0.08$	$0.69 \pm 0.06$	$0.53 \pm 0.06$	$0.92 \pm 0.03$
PDO	$0.29 \pm 0.01$	N/A	$0.08 \pm 0.01$	$0.79 \pm 0.08$	$0.54 \pm 0.08$	$1.02 \pm 0.15$
APDO	$0.21 \pm 0.02$	N/A	$0.05 \pm 0.01$	$0.48 \pm 0.06$	$0.37 \pm 0.04$	$0.61 \pm 0.12$

Abbreviations: OBPF (Oat bran protein flour), NPDO (Non polar solvent defatted OBPF),

PDO (Polar solvent defatted OBPF), APDO (Alkaline exposed PDO).

**Table 2.** Thermal transition peak temperatures ( $T_p$ ) and enthalpy changes ( $\Delta H$ ) of OBPF dispersions and its derived fractions

Sample	First heating		First cooling		Second heating		Second cooling	
	$T_p$ ( $^{\circ}\text{C}$ )	$\Delta H$ ( $\text{J g}^{-1}$ solid)	$T_p$ ( $^{\circ}\text{C}$ )	$\Delta H$ ( $\text{J g}^{-1}$ solid)	$T_p$ ( $^{\circ}\text{C}$ )	$\Delta H$ ( $\text{J g}^{-1}$ solid)	$T_p$ ( $^{\circ}\text{C}$ )	$\Delta H$ ( $\text{J g}^{-1}$ solid)
OBPF	$90.63 \pm 0.32$	$1.70 \pm 0.21$	$74.14 \pm 0.04$	$-1.02 \pm 0.04$	$94.42 \pm 0.10$	$1.01 \pm 0.02$	$73.97 \pm 0.04$	$-0.94 \pm 0.02$
NPDO	$91.12 \pm 0.74$	$0.94 \pm 0.18$	$74.49 \pm 0.05$	$-0.84 \pm 0.02$	$94.98 \pm 0.08$	$0.72 \pm 0.13$	$74.34 \pm 0.03$	$-0.72 \pm 0.07$
PDO	$90.41 \pm 0.59$	$0.76 \pm 0.02$	$73.80 \pm 0.25$	$-0.64 \pm 0.04$	$94.07 \pm 0.16$	$0.61 \pm 0.04$	$73.73 \pm 0.25$	$-0.53 \pm 0.08$
APDO	$92.07 \pm 0.51$	$0.48 \pm 0.01$	$72.28 \pm 0.41$	$-0.32 \pm 0.02$	$92.76 \pm 0.16$	$0.26 \pm 0.02$	$71.88 \pm 0.61$	$-0.26 \pm 0.05$

For abbreviations see Table 1.

**Table 3.** Ball milling effects on protein and starch structural conformation

Sample	Relative area of protein secondary structure bands (%)		Starch
	Total $\beta$ -sheets and $\beta$ -turns (%)	Total $\alpha$ -helix and random coil (%)	$\sim 997/\sim 1022 \text{ cm}^{-1}$ ratio
OBPF	88.03 $\pm$ 2.69	11.97 $\pm$ 2.69	0.63 $\pm$ 0.02
HSST10	82.33 $\pm$ 2.68	17.67 $\pm$ 2.68	0.57 $\pm$ 0.06
HSST20	82.53 $\pm$ 1.02	17.47 $\pm$ 1.02	0.56 $\pm$ 0.05
HSST30	79.85 $\pm$ 0.61	20.15 $\pm$ 0.61	0.50 $\pm$ 0.02
LSLT120	80.96 $\pm$ 4.39	19.04 $\pm$ 4.39	0.56 $\pm$ 0.04
LSLT240	81.88 $\pm$ 1.38	18.12 $\pm$ 1.38	0.49 $\pm$ 0.04
LSLT360	80.33 $\pm$ 6.95	19.67 $\pm$ 6.95	0.38 $\pm$ 0.04

Abbreviations: OBPF (Oat bran protein flour), HSST10, 20, and 30 (Ball milled OBPF at high speed, i.e. 800 rpm for short time, i.e. 10, 20, or 30 min), LSLT120, 240, and 360 (Ball milled OBPF at low speed, i.e. 200 rpm for long time, i.e. 120, 240, or 360 min)

**Table 4.** Thermal transition peak temperatures and enthalpy changes of OBPF dispersions affected by ball milling

Sample	First heating		First cooling		Second heating		Second cooling	
	$T_p$ (°C)	$\Delta H$ (J g <sup>-1</sup> solid)	$T_p$ (°C)	$\Delta H$ (J g <sup>-1</sup> solid)	$T_p$ (°C)	$\Delta H$ (J g <sup>-1</sup> solid)	$T_p$ (°C)	$\Delta H$ (J g <sup>-1</sup> solid)
OBPF	90.63 ± 0.32	1.70 ± 0.21	74.14 ± 0.04	-1.02 ± 0.04	94.42 ± 0.10	1.01 ± 0.02	73.97 ± 0.04	-0.94 ± 0.02
HSST30	90.50 ± 0.26	1.19 ± 0.14	73.72 ± 0.09	-0.78 ± 0.07	94.10 ± 0.01	0.65 ± 0.12	73.63 ± 0.10	-0.51 ± 0.01
LSLT360	91.20 ± 0.34	0.85 ± 0.07	74.04 ± 0.09	-0.77 ± 0.07	94.52 ± 0.07	0.66 ± 0.10	73.96 ± 0.07	-0.60 ± 0.04

For abbreviations see Table 3.

**Table 5.** Particle size distributions OBPF prior to and after ball milling

Sample	D <sub>(4,3)</sub> (μm)	D <sub>10</sub> (μm)	D <sub>50</sub> (μm)	D <sub>90</sub> (μm)
OBPF	116.45 ± 21.85	27.33 ± 0.80	98.11 ± 5.79	203.50 ± 21.92
HSST	27.67 ± 0.93	4.09 ± 0.10	23.22 ± 0.47	56.67 ± 1.66
LSLT	49.33 ± 0.23	10.01 ± 0.86	46.88 ± 0.36	91.55 ± 0.05

For abbreviations see Table 3.

**Table 6.** Parameters of moduli-frequency fitting based on the Power Law model

Sample	G'			G''		
	$a'$ (kPa)	$b'$	$R^2$	$a'$ (kPa)	$b'$	$R^2$
OBPF	$7.94 \pm 0.93$	$0.16 \pm 0.00$	$0.986 \pm 0.008$	$3.18 \pm 0.17$	$0.21 \pm 0.01$	$0.992 \pm 0.004$
HSST	$2.44 \pm 0.11$	$0.19 \pm 0.05$	$0.985 \pm 0.005$	$0.85 \pm 0.35$	$0.24 \pm 0.02$	$0.994 \pm 0.002$
LSLT	$3.15 \pm 0.67$	$0.19 \pm 0.04$	$0.988 \pm 0.002$	$1.11 \pm 0.02$	$0.24 \pm 0.02$	$0.994 \pm 0.003$

For abbreviations see Table 3.