

1 **Cross talk between LAM cells and fibroblasts may influence alveolar epithelial cell**
2 **behavior in Lymphangioliomyomatosis**

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15 **Abstract**

16 Lymphangiomyomatosis (LAM) is a female specific cystic lung disease in which *TSC2*
17 deficient LAM cells, LAM-Associated Fibroblasts (LAFs) and other cell types infiltrate the
18 lungs. LAM lesions can be associated with type II alveolar epithelial cells (AT2 cells). We
19 hypothesized that the behavior of AT2 cells in LAM is influenced locally by LAFs. We tested
20 this hypothesis in patient samples and *in vitro*.

21

22 In human LAM lung, nodular AT2 cells show enhanced proliferation when compared to
23 parenchymal AT2 cells, demonstrated by increased Ki67 expression. Further, nodular AT2
24 cells express proteins associated with epithelial activation in other disease states including
25 Matrix Metalloproteinase 7, and Fibroblast Growth Factor 7 (FGF7). *In vitro*, LAF
26 conditioned medium is mitogenic and positively chemotactic for epithelial cells, increases the
27 rate of epithelial repair and protects against apoptosis. *In vitro*, LAM patient-derived *TSC2*
28 null cells cocultured with LAFs upregulate LAF expression of the epithelial chemokine and
29 mitogen FGF7, a potential mediator of fibroblast-epithelial crosstalk, in an mTOR dependent
30 manner. In a novel *in vitro* model of LAM, *ex vivo* cultured LAM lung-derived microtissues
31 promote both epithelial migration and adhesion.

32

33 Our findings suggest that AT2 cells in LAM display a proliferative, activated phenotype and
34 that fibroblast accumulation following LAM cell infiltration into the parenchyma contributes
35 to this change in AT2 cell behavior. Fibroblast-derived FGF7 may contribute to the cross-talk
36 between LAFs and hyperplastic epithelium *in vivo*, but does not appear to be the main driver
37 of the effects of LAFs on epithelial cells *in vitro*.

38 **Introduction**

39 LAM is a rare, female predominant cystic lung disease in which cells of unknown origin
40 infiltrate the lung parenchyma and the kidney to form distinctive lesions at these two sites (1,
41 2). In the lung, the presence of these cells is correlated with the formation of cysts and
42 concomitant loss of lung function. The pulmonary lesions, or nodules, contain ‘LAM cells’,
43 which harbour mutations in the tuberous sclerosis complex (TSC) tumour suppressor genes
44 (3, 4), and other recruited cells including fibroblasts and immune cells (5-7). The growth of
45 LAM nodules and the consequent destruction of the lung parenchyma is progressive, and
46 ultimately can result in respiratory failure and death (8). Currently it is not clear how LAM
47 nodules and cysts are associated, but it is assumed that unregulated protease activity results in
48 destruction of collagen and elastin fibres that support parenchymal architecture (9-12).

49

50 Previously we showed that fibroblasts contribute to the community of cells within the LAM
51 nodule (5); expression of Smooth Muscle Actin by LAM Associated Fibroblasts *in vivo*
52 indicates that they are in an activated state, a phenotype associated with heightened
53 proliferation and cytokine expression (9). Activated fibroblasts, in addition to providing a
54 protective microenvironment for tumour cells, can contribute to disease outcome by
55 pathogenic deposition of extracellular matrix (10-13) and recruitment other cells types into
56 the tumour stroma (14).

57

58 Lung fibroblasts can exert a proliferative influence on type II alveolar epithelial (AT2) cells,
59 and hyperplasia of type II pneumocytes has been identified as a characteristic of LAM
60 although the signalling pathways involved remain poorly understood (15-19). Recent single
61 cell studies of LAM lung tissue have also revealed transcriptional changes in alveolar
62 epithelial cells consistent with an unusual activated phenotype (20, 21). We have isolated

63 LAM Associated Fibroblasts (LAFs) from a number of donors (5). We hypothesized that
64 LAFs would stimulate AT2 cell proliferation and migration, and that AT2 cells around LAM
65 nodules would display a proliferative phenotype. We tested these hypotheses using *in vitro*
66 assays, including a novel *ex vivo* LAM microtissue assay, and LAM derived lung tissues to
67 determine whether we could recapitulate the unusual behavior of AT2 cells in LAM.

68

69 **Methods**

70 **Patient samples**

71 Formalin-fixed paraffin-embedded (FFPE) LAM lung tissue blocks were collected from
72 centres across the UK obtained from diagnostic biopsies, surgical procedures to treat
73 pneumothorax or lung transplantation. Serum samples were obtained through the UK LAM
74 Centre, Nottingham NHS Trust, where the patients were receiving clinical care. The study
75 was approved by the East Midlands research ethics committee (Reference: 13/EM/0264). All
76 subjects provided written informed consent and samples were used in accordance with the
77 UK Human Tissue Act (2004).

78

79 **Immunohistochemistry**

80 Tissue for histological analysis was obtained from 32 individuals (26 diagnostic biopsies and
81 6 explanted lungs from transplantation for severe LAM) and whole histological sections
82 stained with haematoxylin and eosin were re-reviewed by a pathologist to confirm a
83 diagnosis of Lymphangioliomyomatosis (LAM); this cohort is described in detail by Miller
84 *et al* (22). Paraffin embedded LAM and control lung tissues were dewaxed in Histo-Clear II
85 Histology Clearing Agent (SLS, Nottingham, UK) and rehydrated through an ethanol series
86 (100%, 95%, 70%, water). If specified by the antibody supplier, antigen retrieval was carried
87 out by heating sections to 100°C in a steamer for 15 minutes in 10 mM Sodium Citrate,

88 0.05% Tween 20, pH 6.0. Endogenous peroxidase activity was quenched by incubating
89 sections in 3% H₂O₂ in water for 10 minutes at room temperature.

90

91 Primary antibodies used were: anti-Melanoma Associated Antigen PNL2 (1:50-1:100,
92 Zytomed MSK082-05, RRID AB_2864524), mouse monoclonal anti-Smooth Muscle Actin
93 (1:5000-1:10 000, Sigma Clone 1A4, A2547, RRID:AB_476701), mouse monoclonal anti-
94 HOP (1:100, Santa Cruz Biotechnology Inc. sc-398703, RRID:AB_2687966), rabbit
95 monoclonal anti-Prosurfactant Protein C antibody (1:1000, Abcam, ab90716,
96 RRID:AB_10674024), mouse anti-Ki67 8D5 (1:500, Cell Signaling Technology, #9449,
97 RRID:AB_2715512), rabbit polyclonal anti-KGF/FGF7 (1:2000, Abcam ab90259,
98 RRID:AB_10714565), mouse monoclonal anti-MMP7 (ID2) (1:100, Chemicon Ab-3,
99 RRID:AB_564871).

100

101 Secondary antibodies were AP or HRP conjugated goat anti-rabbit or anti-mouse
102 (ImmPRESS Polymer Detection Kits, Vector Laboratories, MP-7451 and MP-7452) or Dako
103 REAL EnVision detection system (Dako, K5007). Detection of primary antibodies was
104 performed using ImmPACT DAB Peroxidase substrate (Vector Laboratories, SK-4105),
105 ImmPACT AMEC Red Peroxidase Substrate (Vector Laboratories, SK-4285), or Vector Blue
106 Alkaline Phosphatase Substrate (Vector Laboratories, SK-5300). Sections were
107 counterstained with Mayer's haematoxylin, dehydrated through an ethanol series to Histo-
108 Clear II Histology Clearing Agent (Scientific Laboratory Supplies Limited, NAT1334), and
109 mounted in VectaMount Permanent Mounting Medium (Vector Laboratories, H-5000-60).

110

111 **Isolation of 3D LAM lung microtissues**

112 Where unpreserved viable LAM lung tissues were available within 24 hours of surgery, we
113 used these to isolate small aggregates of cells which, on further analysis, proved to contain
114 both LAM cells and fibroblasts. It seems likely that these are derived from un-disaggregated
115 LAM nodules and we named them LAM microtissues by analogy with constructed 3D
116 aggregates used as a model to elucidate tumour biology (23).

117

118 To generate LAM microtissues, LAM lung tissue was washed several times in serum-free
119 Dulbecco's Modified Eagle's Medium – F12 without phenol red (DMEM/F-12, Thermo
120 Fisher, 21041-033) containing penicillin, streptomycin and Amphotericin B (100 units
121 penicillin, 0.1 mg streptomycin and 0.25 µg amphotericin B per mL, Sigma A5955), and then
122 kept submerged at 4°C overnight in this medium prior to further processing. Fragments of
123 lung parenchyma free from pleura, major blood vessels and airways, approximately 0.5 cm³-1
124 cm³ were isolated and teased apart with fine forceps. Tissue was placed in collagenase
125 solution (Sigma C6885 Collagenase from *Clostridium histolyticum*, 1mg/ml in serum free
126 DMEM/F-12 medium, filter sterilised) and incubated at 37°C for 2-4 hours with occasional
127 agitation. Collagenase was inactivated by adding an equal volume of DMEM/F-12 with 10%
128 Foetal Calf Serum (FCS). Cells were recovered by centrifugation (200g, 5 minutes) and
129 resuspended in DMEM/F-12 + 10% FCS. After resuspension, cell clusters were allowed to
130 sediment for 60 seconds. Suspended cells were removed and sedimented cell clusters were
131 washed with fresh medium, and allowed to settle for 60 seconds before removing the
132 medium. For inspection they were transferred to low attachment tissue culture plates
133 (Corning Ultra-Low Attachment Dishes, Fisher Scientific).

134

135 **Fluorescein diacetate viability assay on 3D LAM microtissues**

136 Fluorescein diacetate (FDA, Sigma F7374) was prepared as a 5 mg/ml solution in water. This
137 was diluted to a final concentration of 10 ug/ml in serum free, phenol red free DMEM/F-12.
138 LAM microtissues were incubated in this staining medium for 5 minutes at room temperature
139 then washed with fresh medium without serum before visualisation under epifluorescence on
140 a Nikon Diaphot 300 inverted microscope using a FITC filter set.

141

142 **Immunofluorescence**

143 3D LAM microtissues were plated on 22 x 22 mm glass cover slips coated with collagen
144 (PureCol Type I Bovine Collagen Solution, Advanced BioMatrix #5005) in six-well tissue
145 culture plates and incubated for 3 days or until cells had extensively grown out. Cover slips
146 were fixed for 10 min at room temperature with 4% formaldehyde, and permeabilized with
147 0.1% Triton X-100 in Phosphate Buffered Saline (PBS) for 5 min at room temperature.
148 Samples were blocked with 2.5% normal goat serum (Vector Laboratories), then incubated
149 with rabbit anti-gp100 (anti-Melanoma gp100 antibody [EP4863(2)], [Abcam](#) ab137078,
150 RRID:AB_2732921) at 1:100 dilution overnight at 4 °C, followed by a fluorophore
151 conjugated secondary antibody (Goat anti-Rabbit IgG (H+L) Cross-Adsorbed Secondary
152 Antibody, Alexa Fluor 488, Thermo Fisher A-11008, RRID:AB_143165) for 1 hour at room
153 temperature. After the final washes, cover slips were rinsed briefly in distilled water and then
154 mounted in Fluorescence Mounting Medium (DakoCytomation S3023, Cambridgeshire, UK).
155 Negative control was omission of the primary antibody.

156

157 Standard epifluorescence microscopy was performed using a Nikon Diaphot 300 inverted
158 microscope, and images were captured using an Insight QE digital camera, with SPOT
159 software (SPOT Advanced, RRID:SCR_016613, SPOT Imaging, Michigan, USA). Some
160 fluorescent samples were captured as monochrome images for increased sensitivity.

161

162 **LAM Associated Fibroblast culture**

163 Primary LAM Associated Fibroblasts (LAFs) cells were cultured and characterised as
164 described (5). Briefly, LAM lung tissue from diagnostic biopsy or diseased LAM lung
165 removed at the time of lung transplantation was cut into small fragments, placed in
166 collagenase solution (Sigma C6885 Collagenase from *Clostridium histolyticum*, 1 mg/ml in
167 serum free DMEM/F-12, filter sterilised) and incubated at 37°C for 2-4 hours with occasional
168 agitation. Collagenase was inactivated by adding an equal volume of DMEM/F-12 with 10%
169 FCS. Cells were recovered by centrifugation (200g, 5 minutes) and resuspended in DMEM/F-
170 12 with 10% FCS, and the resulting suspension seeded into standard T75 tissue-culture flasks
171 in medium comprising phenol red-free DMEM/F-12 supplemented with 10% FCS. Primary
172 LAFs were characterised as described previously (5) and used at passage 3 to 6.

173

174 **Proliferation assays**

175 MTT reduction assays and direct cell counts pre- and post-exposure were used to measure
176 cell proliferation. Experimental conditions were run in triplicate wells with at least three
177 independent experiments performed. Where indicated the selective FGFR 1-3 inhibitor
178 CH5183284/Debio-1347 (Selleck Chemicals Ltd., # S7665) was added at 100 nM in DMSO.

179

180 **Boyden chamber migration assay**

181 Boyden chamber migration assays were performed using 8.0 µm Transwell permeable
182 supports (Costar #3422 6.5 mm tissue culture treated, polycarbonate) in 24 well plates. 100 µl
183 serum-free DMEM/F-12 containing 1×10^5 A549 cells was added to the upper chamber and
184 600 µl serum free DMEM/F-12 or LAF conditioned DMEM/F-12 was added to the lower
185 chamber. Plates were cultured at 37°C for 18 hours, then cells in each upper Transwell were

186 removed using a cotton swab, and cells on the bottom of the Transwell were fixed in 4%
187 formaldehyde and stained with DAPI (4',6-diamidino-2-phenylindole, Sigma D9542). Four
188 fields of view were imaged per Transwell under epifluorescence on a Nikon Diaphot 300
189 inverted microscope, using a DAPI filter set, and migrated cells counted. All assays were
190 performed in triplicate.

191

192 For migration assays involving LAM microtissues, A549 cells were labelled with CellTracker
193 Green CMFDA Dye (Invitrogen, C2925) for 30 minutes, then were plated onto the underside
194 of an inverted Transwell insert previously coated with collagen (PureCol Type I Bovine
195 Collagen Solution, Advanced BioMatrix #5005). The insert was maintained in an inverted
196 position for 2 hours then suspended in the well of a 24 well plate in serum free DMEM/F-12.
197 LAM microtissues were introduced into the upper chamber in serum free DMEM/F-12 and
198 the co-culture was maintained for 24 hours. Microtissues were imaged under epifluorescence
199 on a Nikon Diaphot 300 inverted microscope, using a FITC filter set, to detect migrated A549
200 cells.

201

202 **Scratch wound migration assay**

203 A549 cells were plated at 50% confluence in a 24-well plate in DMEM/F-12 with 10% FCS,
204 and allowed to grow to full confluence. A 200 µl pipette tip was used to generate a scratch
205 wound across each well; the cells were then washed with serum-free medium to remove
206 detached cells before adding 0.5 mls serum-free DMEM/F-12 medium or 0.5 mls LAF
207 conditioned serum free DME-F12 medium. Wounds were imaged immediately and at the
208 indicated time points on an Olympus CKX53 Inverted Microscope with a 4x objective using
209 an Olympus XM10 digital camera and Olympus cellSens software (RRID:SCR_014551,
210 Olympus Corporation).

211

212 Wound area was calculated in ImageJ (24) (RRID:SCR_003070, National Institutes of
213 Health, Bethesda, MD, <http://rsb.info.nih.gov/ij/>), and the difference in wound area between
214 the baseline and time points was used to determine the rate of wound healing. Four wounds
215 were examined for each treatment.

216

217 **Caspase 3/7 activity assay**

218 A549 cells were plated at low density in 6 well plates and switched after 24 hours to either
219 serum free DMEM/F12 medium or serum free DMEM/F12 medium conditioned for 24 hours
220 by LAM associated fibroblasts (4 donors). After a further 24 hours incubation CellEvent
221 Caspase 3/7 Detection Reagent (C10723, Invitrogen) was added to each well and cells were
222 incubated for a further 30 minutes. Cells were fixed in 4% formaldehyde then stained with 1
223 $\mu\text{g/ml}$ DAPI in PBS. Four fields of view were imaged per well under epifluorescence on a
224 Nikon Diaphot 300 inverted microscope, using DAPI and FITC filter sets. Apoptotic cells
225 with activated caspase-3/7 display green nuclei.

226

227 **Microarray data analysis**

228 Analysis of transcription changes in LAM associated fibroblasts from three donor when co-
229 cultured with *TSC2* null 621-101 cells was described previously (25) (GEO datasets
230 GSM4876064 - GSM4876069). The raw data were analysed using Transcriptome Analysis
231 Console Software (Thermo Fisher, RRID:SCR_016519); genes which showed at least a 1.5-
232 fold difference between monoculture and coculture conditions, with a p-value < 0.05 , were
233 considered statistically significant and differentially expressed.

234

235 **cDNA Synthesis and Quantification of Gene Expression.**

236 For quantitative real time RT-PCR total RNA was extracted from cells using RNeasy Mini
237 Kit (Qiagen), contaminating genomic DNA removed using DNase I (Sigma, On-Column
238 DNase I Digestion Set) and cDNA was synthesised using Superscript III First-Strand
239 Synthesis System (Invitrogen) with random hexamer priming. Relative gene expression was
240 determined by quantitative real-time PCR using pre-designed primers (KiCqStart
241 SYBRGreen primers, Sigma) on a Stratagene Mx3005P thermocycler running MxPro
242 software 9 RRID:SCR_016375). Reactions were performed in triplicate and expression levels
243 of target genes determined relative to *β-actin* using the Δ CT method (26).

244

245 **FGF7 ELISAs**

246 Quantification of FGF7 in cell culture supernatants was carried out using the Human
247 KGF/FGF-7 DuoSet ELISA (R and D Systems, # DY251), while quantification of FGF7 in
248 serum was carried out using the Human KGF/FGF-7 Quantikine ELISA (R and D Systems, #
249 DKG00), according to manufacturer's instructions. Plates were read on a FlexStation 3 Multi-
250 Detection Reader (Molecular Devices Corporation) and analysis carried out using
251 SoftMaxPro software (Molecular Devices Corporation).

252

253 **Single cell sequencing data analysis**

254 Analysis of an existing LAM single cell sequence dataset was carried out (GEO GSE135851
255 (21)). Three LAM data sets were combined, and batch effects were minimized by using
256 Seurat's canonical correlation analysis function, RunMultiCCA. Genes with the highest
257 variability among cells were used for principal components analysis. Clustering was
258 performed with Seurat's t-SNE implementation using significant principal components
259 determined by JackStraw plot. Marker genes were determined for each cluster using Seurat's
260 FindAllMarkers function using genes expressed in a minimum of 25% of cells and fold

261 change threshold of 1.3. Over/under clustering was verified via gene expression heatmaps.
262 The cluster most enriched for SFTPC, representing type 2 alveolar epithelial cells, was subset
263 and reclustered. SFTPB (for confirmation of identification) and FGF7 were plotted on the
264 resulting reclustered to generate the feature-plots,

265

266 **Statistical Analyses**

267 Statistical analysis was performed using GraphPad Prism software version 9
268 (RRID:SCR_002798, GraphPad Software, Inc., La Jolla, CA). Paired experiments were
269 analysed by t-test or Mann Whitney test, as indicated. Multiple comparisons were performed
270 by Kruskal-Wallis test, (27), with Dunn's test of multiple comparisons (28) . P-values of
271 <0.05 were regarded as significant.

272

273 **Results**

274 **LAM lesions are associated with epithelial cell hyperplasia**

275 LAM cells were identified in sections of paraffin embedded patient tissue from 34 women
276 with LAM by reaction to both the anti-melanoma antibody PNL2 and to anti-Smooth Muscle
277 Actin (Figure 1A, B). It was noted that in some samples LAM lesions were associated with
278 accumulation of cells with a cuboidal epithelial morphology which did not react to PNL2 or
279 anti-SMA; this feature was not uncommon, being noted to some degree in 6 out of 8 (75%)
280 samples from patients who had undergone lung transplantation, and 12 out of 26 biopsy
281 samples (46%). The cells were identified as Type 2 alveolar epithelial cells (AT2 cells) by
282 reaction with anti-proSP-C, a highly specific marker of AT2 cells (29, 30) (Figure 1C). In
283 areas of the samples with normal parenchyma, proSP-C expressing AT2 cells were dispersed
284 along the alveolar walls (figure 1D).

285

286 Proliferating AT2 cells were identified in FFPE tissue from six LAM donors by dual
287 immunohistochemistry for the nuclear proliferation marker Ki67 and for proSP-C (Figure
288 1E). In normal lung fewer than 1% of proSP-C expressing cells also expressed Ki67. Around
289 LAM nodules, however, 4% of the nodular AT2 cells (+/- 1.4%) expressed both markers (p =
290 0.0022) (Figure 1F).

291

292 LAM associated nodular AT2 cells maintain SP-C expression and epithelioid morphology but
293 are more proliferative than parenchymal AT2 cells. We sought to determine whether there
294 were additional indicators of a dysregulated AT2 cell phenotype as noted by Obratsova et al
295 (20) in LAM, and seen in other diseases categorised by epithelial activation, such as
296 idiopathic pulmonary fibrosis, where epithelial activation relates to disease activity (31).
297 Consistent with an activated epithelial phenotype there was expression of the extracellular
298 matrix protease Matrix Metalloproteinase 7 (MMP7) and the transcription factor HOP
299 Homeobox (HOPX) in LAM associated nodular AT2 cells, which have previously been noted
300 in activated or transitional phenotype AT2 cells in IPF (32, 33) and LAM (20). (Figure 1 G,
301 H),

302

303 **Modelling the LAM nodule: AT2 cell interaction *in vitro*.**

304 The close association and prevalence of AT2 cells and LAM lesions could result from AT2
305 cell recruitment, increased proliferation or both. We sought to determine whether primary
306 LAM associated fibroblasts could induce these processes in AT2 cells. In preliminary studies,
307 primary AT2 cells did not maintain their phenotype, and lost proliferative and migratory
308 properties *in vitro*; we therefore used the A549 human lung adenocarcinoma cell line (34) as

309 a model alveolar epithelial cell to determine whether we could recapitulate *in vitro* the
310 behavior of AT2 cells seen *in vivo*.

311

312 Conditioned serum free medium from 3 separate LAF donors, harvested after 24 hours
313 incubation (LAF CM) induced an increase in A549 cell number over 48 hours compared with
314 serum free medium when assayed by cell counting, although this did not reach statistical
315 significance ($p = 0.0641$, Figure 2A). Further, incubation with LAF conditioned medium was
316 protective against apoptosis triggered by serum deprivation in A549 cells, when measured by
317 an *in situ* caspase 3/7 activation assay. Incubation with LAF conditioned medium reduced the
318 percentage of cells expressing active caspase 3/7 by 3.3% (+/- 0.67%) from 9.2% to 5.9% (p
319 = 0.0173) (Figure 2B).

320

321 To determine if LAF conditioned medium was positively chemotactic for epithelial cells we
322 used a Boyden chamber migration assay and a scratch wound healing assay. Compared with
323 control media, LAF CM significantly increased both the rate of migration of A549 cells
324 through a Transwell permeable membrane ($p = 0.0004$, Figure 2C) and the healing of a
325 scratch wounded A549 monolayer ($p < 0.0001$, Figure 2D).

326

327 **Epithelial cell migration in a novel *in vitro* 3D microtissue model**

328 Previously we observed that LAFs are modified by exposure to LAM cells *in vitro* (25). It
329 has not been possible to isolate and culture primary LAM cells from LAM lung tissue to
330 determine whether LAFs exposed to LAM cells maintain the ability to stimulate epithelial
331 cell migration. To circumvent this issue we created a novel assay system using three-
332 dimensional (3D) LAM microtissues, i.e. aggregates of cells derived directly from LAM lung
333 tissue using a limited collagenase digestion. LAM microtissues can be cultured on low

334 attachment culture surfaces, adopting a compact spherical morphology (Figure 3A, C). To
335 determine the viability of LAM microtissues in culture we assayed fluorescein diacetate
336 (FDA) uptake and cleavage; LAM microtissues were able to cleave FDA and retain the
337 fluorescent product, showing they remain viable in culture over at least 7 days (Figure 3B, D)
338

339 In initial characterisation studies we confirmed that these structures contain fibroblasts and
340 LAM cells by allowing the microtissues to adhere to tissue culture surfaces. Adhesion
341 resulted in the emergence of fibroblasts with characteristic spindle morphology within 48
342 hours of adhesion (Figure 3 E, F). Additionally, a second cell population reacting to the anti-
343 melanoma antibody anti-gp100 emerged over 4 days (Figure 3G, H).

344

345 When placed in the upper chamber of a migration chamber insert, LAM microtissues
346 stimulated migration of A549 cells cultured on the underside of the chamber. The A549 cells,
347 labelled with a fluorescent dye migrated upwards through the porous migration chamber
348 membrane and adhered to the microtissues (Figure 3I, J). In the absence of LAM microtissues
349 in the upper compartment, no upward migration of A549 cells was observed (not shown).

350

351 ***TSC2* null cells upregulate *FGF7* expression in LAFs**

352 We sought to identify soluble factors which could mediate the observed effects of LAFs on
353 epithelial cells. Previously we examined how *TSC2* null LAM-derived cells affect the
354 transcriptional profile of lung fibroblasts (25). In primary LAFs derived from human LAM
355 lungs cultured with LAM-derived *TSC2* null 621-101 cells, we observed that transcription of
356 *FGF7*, a known chemotactic and mitogenic factor for epithelial cells, was elevated in LAFs
357 co cultured with 621-101 cells when compared with LAFs cultured alone (fold change = 1.9,
358 $p = 0.0268$). The stimulation of *FGF7* transcription could be mediated by conditioned

359 medium from 621-101 cells. Treatment of 621-101 cells with rapamycin prior to collection of
360 conditioned medium significantly attenuated the upregulation of *FGF7* in LAFs (Figure 4A).
361 *FGF7* secreted protein expression was also strongly upregulated in LAFs treated with 621-
362 101 conditioned medium, in a dose dependent manner (Figure 4B, $p = 0.0037$). Rapamycin
363 treatment of 621-101 cells prior to collection of conditioned media attenuated the increase in
364 transcription and secreted protein. 621-101 cells alone produced negligible amounts of *FGF7*
365 (Figure 4 C).

366

367 *FGF7* is well established as a mitogen for epithelial cells (18, 35, 36). To determine whether
368 *FGF7* signalling contributed to the mitogenic and chemotactic properties of LAF conditioned
369 medium towards epithelial cells we used DEBIO1347 a highly selective small molecule
370 fibroblast growth factor receptor (FGFR) 1, 2, 3 inhibitor (37) to attenuate these effects.
371 Whilst LAF conditioned medium increased A549 cell proliferation and migration, this was
372 not inhibited by treatment with DEBIO1347 (data not shown).

373

374 **FGF7 in LAM patient tissue**

375 Based on the stimulation of *FGF7* expression in LAFs cocultured with 621-101 cells, we
376 hypothesized that LAFs in LAM lesions would express *FGF7*. We immunostained LAM lung
377 tissue from six women with LAM for *FGF7* and noted *FGF7* expression in spindle –shaped
378 cells within LAM lesions (Figure 5A). By double immunostaining with the anti-melanoma
379 antibody PNL2 we observed that *FGF7* was expressed by nodule stromal cells that did not
380 react with PNL2 (Figure 5B). Since *FGF7* is considered to be a growth factor produced by
381 mesenchymal cells we were surprised to note expression of *FGF7* in LAM associated AT2
382 cells (Figure 5C), however to confirm this observation we analysed existing single cell
383 sequencing data from three patients with LAM (21), which revealed *FGF7* expressing cells

384 within the cluster of lung cells expressing Surfactant protein C and Surfactant protein B
385 (Figure 5D).

386

387 **FGF7 as a serum biomarker in LAM**

388 To determine whether elevated levels of FGF7 in LAM lesions and associated alveolar
389 epithelial cells were reflected by higher serum levels of FGF7, we assayed FGF7 protein
390 levels by ELISA in serum samples from 22 healthy controls and 54 women with LAM. FGF7
391 was significantly elevated in serum of women with LAM relative to the controls ($p = 0.0297$).

392

393 **Discussion**

394 Previously we showed that the composition of LAM nodules is heterogeneous, and evolves as
395 lung disease worsens, with tuberin-deficient LAM cells becoming progressively outnumbered
396 by LAM-associated fibroblasts (22). Further, we determined that LAFs cocultured with
397 *TSC2*^{-/-} LAM-derived cells underwent significant transcriptional changes, including
398 upregulation of inflammatory cytokines and other growth factors (25). Both Guo *et al.* (21)
399 and Obraztova *et al.* (20) recently noted transcriptional changes in LAM-associated AT2 cells
400 relative to cells derived from normal lung using single cell sequencing. Here we examined
401 whether the accumulation of modified fibroblasts in LAM could affect the properties of
402 neighbouring AT2 cells and hence impact disease progression.

403

404 In the normal lung AT2 cells are scattered through the parenchyma. They are relatively
405 quiescent, but proliferate slowly to give rise to both AT2 and AT1 cells (38). In LAM lung
406 tissue, nodules containing LAM cells and fibroblasts become associated with monolayers of
407 AT2 cells, identified by expression of the highly specific marker pro-Surfactant Protein C
408 (proSP-C), reflecting heightened recruitment or proliferation of nodular AT2 cells. This

409 effect was observed more frequently, although not significantly so in our available samples,
410 in lung tissue derived from transplanted lungs than in tissue from biopsy or surgical
411 procedures post pneumothorax and so may be a feature of late-stage disease. By
412 immunohistochemistry we were able to demonstrate that AT2 cells associated with LAM
413 lesions are markedly more proliferative than AT2 cells in undamaged areas of the
414 parenchyma.

415

416 We sought to determine whether LAFs could promote epithelial cell migration or
417 proliferation to account for the increased density of AT2 cells around LAM lesions. We
418 found that LAF conditioned medium was both mitogenic and chemotactic for epithelial cells,
419 and afforded protection against apoptosis induced by serum withdrawal. These observations
420 suggest that the accumulation of LAFs associated with disease progression in LAM could
421 contribute to the observed changes in AT2 cell distribution and proliferation.

422

423 LAM cells derived from diseased lung tissue cannot currently be grown in culture. We have
424 developed a new *ex vivo* model which goes some way to addressing this issue. Microtissues
425 derived from LAM lung tissue can be maintained in a viable state in culture and may
426 recapitulate the features of the community of cells which constitute a LAM nodule. We are
427 aware of the lack of availability of LAM lung tissue from which microtissues can be
428 generated, but believe they have utility in enabling validation of results of *in vitro*
429 experiments which have used model cell lines. In this model we were able to demonstrate
430 recruitment and attachment of epithelial cells to LAM microtissues, reflecting the
431 accumulation *in vivo* of epithelial cells around LAM nodules.

432

433 We also observed expression of MMP7 and HOPX in LAM-associated AT2 cells; MMP7 has
434 previously been noted in activated epithelial cells in Idiopathic Pulmonary Fibrosis (IPF), a
435 disease driven by abnormally activated fibroblasts (39) where serum MMP7 is also a
436 predictive biomarker of disease progression (40). Homeodomain-Only Protein HOPX is
437 generally expressed by AT1 cells in the healthy adult lung. Expression of HOPX by AT2
438 cells has been associated with loss of AT2 phenotype, including declining SP-C expression,
439 and transdifferentiation to AT1 cells, often referred to as a ‘transitional’ phenotype. This is
440 consistent with single cell sequencing data from LAM lung (20), which revealed an alveolar
441 epithelial cell cluster with high expression of the AT2 markers *SFTPC* and *SFTPD*, and the
442 AT1 marker *HOPX*.

443

444 Our previous analysis of primary LAM associated fibroblasts exposed *in vitro* to 621-101
445 *TSC2*^{-/-} cells revealed numerous transcriptional changes (25). Here we identify elevated
446 expression of the epithelial chemokine and mitogen FGF7 in LAFs exposed to 621-101
447 *TSC2*^{-/-} cells, and observe expression of FGF7 in LAM lesions. Interestingly, Obraztsova *et*
448 *al.* noted increased expression of FGF7 in *Tsc2*KO mouse lung mesenchyme (20), while
449 *FGF7* is also expressed in the LAM^{CORE} cluster of cells identified by single cell analysis of
450 LAM lung tissue (21).

451

452 We hypothesized that FGF7 might mediate crosstalk between LAFs and alveolar epithelial
453 cells. In LAM patient tissue we showed that FGF7 is present in LAM nodule stroma and,
454 unexpectedly, in associated AT2 cells. Serum FGF7 levels are higher in women with LAM
455 than in healthy controls. However, blockade of FGFR signalling did not attenuate the ability
456 of LAFs to stimulate epithelial cell proliferation or migration *in vitro*, indicating that other
457 soluble factors are involved.

458

459 Distorted epithelial-mesenchymal cross-talk contributes to disease progression in Idiopathic
460 Pulmonary Fibrosis, where it is thought to result in enhanced fibroblast activation and
461 extracellular matrix synthesis. Whilst it remains to be seen whether parallels can be drawn
462 between pathogenic mechanisms in IPF and LAM, we have demonstrated that AT2 cells
463 associated with LAM lesions display a proliferative and transitional phenotype, and that
464 LAFs can potentially modify epithelial cell properties *in vivo*. Targeting this interaction may
465 provide new therapeutic options for LAM.

466

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471

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595

596

597 **Figure legends**

598 **Figure 1.** LAM lesions are identified by immunoreactivity to both the anti-melanoma
599 antibody PNL2 (A) and to anti-Smooth Muscle Actin (SMA) (B). The distribution of
600 epithelial cells in the vicinity of LAM lesions is revealed by immunohistochemistry. (C)
601 LAM lesions with PNL2 immunoreactivity (brown) are associated with epithelial cells,
602 identified as Type 2 alveolar epithelial cells (AT2 cells) by expression of pro-surfactant C
603 (blue) (D) Pro-surfactant C expression in AT2 cells in normal lung detected by
604 immunohistochemistry. (E) Triple immunostaining of LAM lung sections with anti-Ki67
605 (brown, nuclear, arrowed), anti-proSP-C (blue) and anti-Smooth Muscle Actin (red-brown)
606 demonstrates AT2 cells around LAM lesions are proliferative. (F) AT2 cells around LAM
607 lesions are significantly more proliferative than AT2 cells in normal regions of parenchyma
608 (Mann-Whitney test, $p = 0.0022$); a total of twelve hundred LAM nodule-associated and
609 parenchymal proSP-C positive cells across six tissue donors were scored for Ki67 expression.
610 AT2 cells around LAM nodules express MMP7 (G) and HOPX (H). Scale bar = 100 μ m
611 unless otherwise indicated.

612

613 **Figure 2.** LAFs generate soluble factors which affect epithelial cell behavior.

614 (A) Serum free medium conditioned by 24 hours incubation with LAFs (LAF CM, four
615 donors), shows mitogenic activity towards A549 cells when compared with serum free
616 medium, assayed by cell counts after 48 hours treatment (Kruskal-Wallis test with Dunn's
617 correction for multiple comparisons, $p = 0.0641$). 5% FCS = 5% foetal calf serum.

618 (B) A549 cells cultured in serum free medium display an increased rate of apoptosis
619 compared with cells grown in medium containing 1% foetal calf serum. A549 cells grown in
620 serum free medium conditioned by LAFs for 24 hours (LAF CM, three donors) have a

621 reduced level of apoptosis, measured by in situ Caspase 3/7 activity assay after 48 hours'
622 incubation (Kruskal-Wallis test with Dunn's correction for multiple comparisons, $p = 0.0173$
623 for LAF CM vs serum free medium, $p = 0.0004$ for 1% foetal calf serum vs serum free
624 medium).

625 (C) In a Boyden chamber migration assay, LAF conditioned medium (LAF CM, four donors)
626 is positively chemotactic for A549 cells when compared with serum free medium. Migrated
627 A549 cells on the underside of the porous migration chamber membrane were stained with
628 DAPI and counted after 18 hours' incubation (Mann-Whitney test, $p = 0.0004$).

629 (D) LAF conditioned medium significantly increases the rate of healing of a scratch-wounded
630 A549 monolayer. Following application of the scratch wound cells were incubated in serum
631 free medium (Untreated), or LAF conditioned serum free medium (LAF CM, four donors).
632 Four wounds were analysed per treatment. Wound area was measured immediately after
633 wounding and after 48 hours (Mann-Whitney test, $p = <0.0001$).

634

635 **Figure 3** A novel 3D cell culture system generated from patient samples recapitulates *in vivo*
636 epithelial cell behavior.

637 LAM microtissues are isolated from LAM lung tissue by collagenase digestion followed by
638 culture on non-adhesive plates (A, brightfield) and are viable after 24 hours culture, indicated
639 by cleavage and retention of fluorescein diacetate (B, epifluorescence). After 7 days culture
640 microspheres adopt a compact spherical morphology (C, brightfield) and retain viability (D,
641 epifluorescence). On transfer to standard adhesive tissue culture treated plates fibroblast-like
642 cells emerge after 24 hours (E, F). After 72 hours microtissues have fully dispersed
643 (brightfield, G) and gp100-expressing cells can be detected by immunofluorescence. (H). In a
644 Boyden chamber migration assay LAM microtissues promote migration and adhesion of

645 A549 epithelial cells. A549 cells labelled with CellTracker Green CMFDA (I, brightfield, J,
646 epifluorescence). Scale bar = 250 μ m.

647

648 **Figure 4.** Serum free medium was conditioned for 24 hours by 621-101 cells, or 621-101
649 cells treated for 24 hours with 10 nM rapamycin prior to growth in serum free medium. (A)
650 LAFs grown in 621-101 CM (conditioned medium) for 4 days showed significant
651 upregulation of *FGF7*. Treatment of 621-101 cells with 10nM rapamycin (621-101 + Rap)
652 abolished this effect. (Mann-Whitney test with Dunn's multiple comparisons test, $p = 0.0037$
653 for serum free medium vs 621-101 CM, $p = 0.7159$ for serum free medium vs. 621-101 +
654 Rap CM). Data pooled from four LAF donors.

655 (B) 621-101 CM also significantly increased FGF7 secreted protein expression, measured by
656 ELISA, in a dose dependent manner. CM was diluted 1:8 (1:0.125x), 1:4 (0.25x), or 1:2
657 (0.5x) with serum free medium and LAFs incubated in this medium, or in serum free
658 medium, for 72h. (Mann-Whitney test with Dunn's multiple comparisons test, $p = >0.9999$
659 for 1:8 dilution compared with serum free medium, $p = 0.0286$ for 1:4 dilution, $p = <0.0001$
660 for 1:2 dilution and undiluted). Data pooled from four LAF donors.

661 (C) Treatment of 621-101 cells with 10 nM rapamycin, with a subsequent wash-out, prior to
662 collection of conditioned media attenuated the increase in secreted protein. 621-101 cells
663 produce very low levels of FGF7. (Mann-Whitney test with Dunn's multiple comparisons
664 test, $p = <0.0001$ for serum free medium vs. 621-101 CM, $p = 0.0110$ for serum free medium
665 vs. 621-101+ Rap CM, $p = 0.1603$ for 621-101 CM vs. 621-101+ Rap CM). Data pooled
666 from four LAF donors.

667

668 **Figure 5.** FGF7 can be detected in LAM lung lesions by immunohistochemistry (A, brown).
669 Scale bar = 50 μm . Dual staining with anti-FGF7 (brown) and the anti-melanoma and LAM
670 cell antibody PNL2 (blue) reveals expression in different cells. Scale bar = 100 μm (B).
671 FGF7 expression was noted in nodular AT2 cells (brown, red arrow, C) in addition to nodular
672 stromal cells (brown, black arrow). Scale bar = 200 μm . Panel D shows a t-distributed
673 stochastic neighbour embedding (tSNE) plot of LAM lung cells, subset by expression of the
674 Type 2 alveolar epithelial cell marker *SFPTC* (*Surfactant protein C*). All the cells express the
675 type 2 alveolar epithelial cell marker *SFPTB* (*Surfactant protein B*), and a proportion of the
676 cells also express *FGF7*. Gene expression is indicated by a blue overlay.

677

678 **Figure 6.** FGF7 levels in serum samples from 54 patients with LAM and from 22 healthy
679 controls were measured by ELISA. Mean serum FGF7 concentration was significantly higher
680 in LAM patients (t test, 8.91 pg/ml +/- 5.76 pg/ml) than in healthy controls (6.00 pg/ml +/-
681 3.31 pg/ml, p = 0.0297).











