

1     **Preparation of konjac glucomannan based films reinforced with nanoparticles**  
2                     **and its effect on cherry tomatoes preservation**

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19

20 **Abstract**

21 Present study aims to investigate the effect of nanoparticles (zein nanoparticles,  
22 nanocellulose, nano-TiO<sub>2</sub>, nano-SiO<sub>2</sub>) incorporation on rheological properties of  
23 film-forming solutions and physicochemical properties of konjac glucomannan (KGM)  
24 based films, and to evaluate the effect of KGM/nanoparticles blend film on cherry  
25 tomatoes preservation. **The results showed that** the blend film-forming solutions  
26 exhibited shear-thinning behavior, **and** KGM/zein nanoparticle film-forming solution  
27 showed the lowest crossover frequency value of storage (G') and loss (G'') moduli **due**  
28 **to** enhanced molecular interaction and entanglement. The nanoparticles were  
29 dispersed homogeneously in the KGM continuous matrix and **had** good compatibility  
30 with KGM, **thereby improving** physicochemical properties of KGM based films.  
31 KGM/zein nanoparticle blend film (KNZ) showed **the best properties, such as**  
32 smoother surface and denser cross-section, the highest glass transition temperature  
33 and elongation at break, as well as the best moisture and oxygen barrier. In  
34 comparison with the control and polyethylene film packaging, cherry tomatoes in  
35 KNZ film packaging showed lower weight loss and firmness reduction, and had  
36 relatively stable content of total soluble solids, **vitamin C** content and pH value during  
37 storage up to 10 days at 26 °C. The results suggested the high potential of KNZ film  
38 for application in cherry tomatoes preservation.

39

40 Keywords: rheology; microstructure; physical properties; preservation

41

42 **1. Introduction**

43 Traditional plastic packaging is a non-degradable deadly pollutant that will cause  
44 environmental degradation. Degradable packaging made from natural polymers is  
45 considered a viable alternative to conventional plastic packaging (Castro-Rosas et al.,  
46 2016). Natural polymers such as proteins, polysaccharides and lipids are renewable  
47 resources, which can be used as structural matrices to prepare degradable packaging.  
48 Konjac glucomannan (KGM) is a kind of water-soluble high molecular weight neutral  
49 polysaccharide extracted from the tubers of *Amorphophallus konjac* C. Koch. It is  
50 mainly composed of glucose and mannose residues (1:1.6) polymerized through  $\beta$ -1,4  
51 glycosidic bonds (Yoshimura, & Nishinari, 1999; Kato, & Matsuda, 1969). KGM has  
52 a good film-forming performance and is a promising raw material for making  
53 degradable packaging (Ni et al., 2018; Li et al., 2015). However, pure KGM film has  
54 the defects of poor water resistance and low mechanical strength, which limit its  
55 application in biodegradable packaging (Wang et al., 2017). For these reasons,  
56 research efforts have been focused on the property modification of KGM based films.  
57 KGM was frequently blended with other natural polymers to enhance these features,  
58 e.g. with curdlan (Wu et al., 2012), starch (Chen et al., 2008), whey protein isolate  
59 (Leuangasukrer et al., 2014) and gelatin (Xiao, Lu, Gao, & Zhang, 2001). Our group  
60 found that the blend films made of KGM and hydrophobic zein or ethyl cellulose  
61 exhibited increased thermal stability, mechanical properties and water resistance  
62 (Wang et al., 2017; Li et al., 2015).

63

64 In recent years, the application of nanoparticles in the packaging industry has attracted  
65 attention. These particles are of importance because of their small size, high surface  
66 energy and large specific surface area. Nanoparticles are used as reinforcement  
67 materials in biodegradable films to improve their functional properties (mechanical,  
68 barrier, etc.), and polymer nanocomposites exhibit the large-scale improvement in the  
69 physicochemical properties compared with conventional composites (Rhim, & Ng,  
70 2007; Azeredo, Rosa, & Mattoso, 2017). The development of polymer  
71 nanocomposites promises to expand the use of biodegradable films. As reported,  
72 nano-SiO<sub>2</sub> (NS) could significantly improve the water resistance, light transmission  
73 and mechanical properties of the starch/polyvinyl alcohol (PVA) film due to the good  
74 miscibility, an intermolecular hydrogen bond and a strong chemical bond C-O-Si  
75 between the NS and starch/PVA (Tang, Xiong, Tang, & Zou, 2009). Zein  
76 nanoparticles (NZ) have the characteristics of natural origin, mild preparation  
77 conditions, high probability of industrial production, good biocompatibility and strong  
78 affinity to bioactives (Li, Wang, Liu et al., 2019). Zhang and Zhao (2017) reported  
79 that the incorporation of zein-rutin composite nanoparticles led to increased flexibility,  
80 strength and barrier characteristics of the corn starch film, and the zein-rutin  
81 composite nanoparticle/corn starch film exhibited long-lasting antioxidant activity,  
82 which made them have potential application prospects in antioxidant activity  
83 packaging. Nanocellulose (NC) can be used as a reinforcing phase or as a matrix for a  
84 variety of materials including packaging films (Azeredo et al., 2017). Khan et al.  
85 (2012) found that as a good reinforcing agent, incorporation of NC significantly

86 improved the mechanical and barrier properties of the chitosan-based biodegradable  
87 films due to the strong filler-matrix interaction and the formation of a percolating  
88 network. Nano-TiO<sub>2</sub> (NT) is considered as a valuable nanometer material with  
89 nontoxicity, insipidity, thermostability, UV shielding ability and low price, which can  
90 be incorporated into the polymer matrix to modify the properties of biodegradable  
91 films (Goudarzi et al., 2017; Alizadeh-Sani, Khezerlou, & Ehsani, 2018). For example,  
92 sodium laurate-modified NT was successfully incorporated into chitosan/WPI film,  
93 and the glass transition temperature, enthalpy, whiteness, elongation at break and  
94 tensile strength of the film were increased by the nanoparticle (Zhang et al., 2016).

95

96 The addition of different nanoparticles may have different effects on the molecular  
97 network structure of KGM film, resulting in different performance changes. The aim  
98 of this paper is to evaluate the effect of nanoparticles (zein nanoparticles,  
99 nanocellulose, nano-TiO<sub>2</sub>, nano-SiO<sub>2</sub>) incorporation on the structural, thermal,  
100 mechanical and barrier properties of KGM based biodegradable films, and to  
101 investigate the effect of KGM/nanoparticles blend film on cherry tomatoes  
102 preservation. This information will provide promising suggestions for the production  
103 and application of KGM based nanocomposite films.

104

## 105 **2. Materials and methods**

### 106 *2.1. Materials*

107 Konjac glucomannan (KGM,  $M_w$   $1.012 \times 10^6$  g/mol;  $M_w/M_n$  1.220; R(avg) 104.0 nm;

108 degree of acetylation 1.86%; molar ratio of glucose to mannose 1:1.6) was obtained  
109 from Konson Konjac Co., Ltd. (Hubei, China). Nano-SiO<sub>2</sub> (NS, analytical reagent,  
110 purity ≥ 99.5%; average particle size 10-20 nm), nano-TiO<sub>2</sub> (NT, analytical reagent,  
111 purity ≥ 99.8%, average particle size 5-10 nm) and α-cellulose (average particle size  
112 25 μm) were purchased from Macklin Biochemical Co., Ltd. (Shanghai, China). Zein  
113 (M<sub>w</sub> = 2.5-4.5 × 10<sup>4</sup> Da) was obtained from Beijing J & K Technology Co., Ltd.  
114 (Beijing, China). Span 80 (sorbitan monooleate) was purchased from Sinopharm  
115 Chemical Reagent Co., Ltd. (Shanghai, China). Cherry tomatoes of uniform texture  
116 and appearance were obtained from the local retail market. Other chemicals were  
117 analytical reagents.

118

## 119 ***2.2 Nanocellulose dispersion and zein nanoparticles preparation***

120 Nanocellulose (NC) dispersion was prepared by the method described by Shankar and  
121 Rhim (2016) with slight modifications. α-cellulose (5.0 g) was dispersed in 100 mL of  
122 a solution containing 12% (w/v) urea and 7% (w/v) sodium hydroxide under stirring  
123 at 25 °C for 30 min. The obtained cellulose solution was kept at -20 °C for 16 h, then  
124 thawed, slowly dispersed in 200 mL of deionized water, and stirred at 1000 rpm for 10  
125 min. Then it was sheared for 2 min at 19000 rpm by a homogenizer (Shanghai Fluke  
126 Technology Development Co., Ltd., China), suction-filtered, and washed with  
127 deionized water until the pH of the filtrate was 7. Deionized water of 400 mL was  
128 added to the filter residue and stirred at 1000 rpm for 10 min. Then, it was sheared at  
129 19000 rpm for 2 min, and repeated 3 times to obtain NC dispersion. NC dispersion

130 was stored at 4 °C for subsequent experiments. The obtained NC was an irregular  
131 fibrous sheet structure with a length of 100-200 nm and a thickness of 10-20 nm.

132

133 Zein nanoparticles (NZ) were prepared based on the method described by Parris,  
134 Cooke and Hicks (2005) with minor modifications. Zein solution was obtained by  
135 dissolving 1.0 g of zein in 15 mL of 80% (v/v) ethanol/water solution. The zein  
136 solution was then added dropwise to 40 mL of deionized water while being sheared  
137 through a homogenizer at 19000 rpm. After the foam had formed on the top of the  
138 liquid, the foam was removed and the shear was continued for 2 min at 19000 rpm.  
139 After freeze-drying (Modulyod-230, Thermo Electron Corporation, USA), the NZ  
140 sample was obtained and stored in a desiccator. The obtained NZ was a spherical  
141 structure with a smooth surface and an average diameter of about 100 nm.

142

### 143 ***2.3 Films preparation***

144 Five kinds of films were prepared, namely KGM film, KGM/nanocellulose blend film  
145 (KNC), KGM/zein nanoparticle blend film (KNZ), KGM/nano-SiO<sub>2</sub> blend film (KNS)  
146 and KGM/nano-TiO<sub>2</sub> blend film (KNT). Through preliminary experiments, the  
147 optimal formulation of the sample is shown in Table 1. The KGM film-forming  
148 solution was obtained by dissolving KGM in distilled water, adding glycerol, and  
149 stirring by electric mixer at 600 rpm for 0.5 h at 60 °C. The KNZ film-forming  
150 solution was obtained by dropping glycerol and NZ dispersion (adding NZ and Span  
151 80 to 20 mL of 80% (v/v) ethanol/water solution) into KGM solution at 600 rpm for

152 0.5 h at 60 °C. The KNC film-forming solution was obtained by dispersing KGM and  
 153 glycerol in NC dispersion with stirring speed at 600 rpm for 1.0 h at 60 °C. The KNT  
 154 film-forming solution was prepared by adding glycerol and KGM to NT water  
 155 dispersion at 800 rpm for 1.0 h at 60 °C. The KNS film-forming solution was obtained  
 156 by adding glycerol and KGM to NS water dispersion at 600 rpm at 60 °C for 1.0 h.  
 157 Then, the film-forming solution was evenly poured on the glass plate (15 cm × 16 cm  
 158 × 1.5 cm) and dried at 60 °C in an oven until the moisture content was about 9%  
 159 (w.b.). Before the test, all films were conditioned at 50 ± 2% relative humidity (RH)  
 160 and 25 ± 1 °C for 48 h.

161 **Table 1** The formulation of KGM film and KGM/nanoparticles blend films.

Samples Elements	KGM	KNZ	KNC	KNT	KNS
KGM (g)	1.200	1.032	1.080	1.164	1.080
NZ (g)	-	0.168	-	-	-
NC (g)	-	-	0.120	-	-
NT (g)	-	-	-	0.036	-
NS (g)	-	-	-	-	0.120
Span 80 (g)	-	0.042	-	-	-
Glycerol (g)	0.240	0.240	0.240	0.240	0.240
Water (mL)	100	100	100	100	100
80% ethanol (mL)	-	20	-	-	-

162

#### 163 **2.4 Rheological analysis of film-forming solutions and characterization of films**

164 The steady-state shear and dynamic rheological properties of film-forming solutions  
 165 were evaluated according to the method of Ni et al. (2018). The microscopic  
 166 morphology of films was observed with the Veeco multi-mode atomic force  
 167 microscope (AFM, SPM9700, Shimadzu Co., Ltd., Japan) and a scanning electron



168 microscopy (SEM, Bio-Rad SC 502, JEOL, Tokyo, Japan) with reference to the  
169 method described by Li, Wu, Su et al. (2019). The detection of Fourier transform  
170 infrared spectroscopy (FTIR, Nicolet Avatar 360, Nicolet Co., USA) was based on the  
171 method described by Wang et al. (2017). The glass transition temperature and the  
172 thermal decomposition temperature were measured by a differential scanning  
173 calorimeter (DSC, Mettler Toledo, Zurich, Switzerland) by the method described by  
174 Wang et al. (2017).

175

176 The elongation at break (EAB, %) and tensile strength (TS, MPa) of films were  
177 measured by a texture analyzer (TA. XT Plus, Stable Micro Systems Co., Ltd., UK)  
178 according to the ASTM D882-09 standard method (ASTM, 2009). The film was cut  
179 into a size of 1 cm × 3 cm, and the UV-visible absorption spectrum of the film was  
180 recorded using a TU-1900 spectrophotometer (Beijing General Instrument Co., Ltd.,  
181 China) from 280 to 580 nm. The water contact angle (WCA), solubility and swelling  
182 in water, and water vapor permeability (WVP) of films were determined in  
183 accordance with our previous methods (Li, Wu, Su et al., 2019). Oxygen barrier was  
184 evaluated according to the following method (Wang et al., 2017; Meng et al., 2014).  
185 Peanut oil (40 mL) was put into a polyethylene plastic cup, then sealed with the film  
186 meticulously. The plastic cup was put in an incubator at 50 °C for 7 days, then the  
187 peroxide value (P; mmol/kg) of peanut oil was measured according to Chinese  
188 National Standard GB/T 5538-2005. The lower P reflects the better oxygen barrier of  
189 the film.

190

### 191 *2.5 Packaging and storage quality of cherry tomatoes*

192 Taking cherry tomatoes as model fruits, the effect of KNZ film on their preservation  
193 was explored. There were three groups of samples: control group (CTC, without film  
194 packaging); cherry tomatoes wrapped in KNZ film (CTKNZ); cherry tomatoes  
195 wrapped in polyethylene (PE) film (CTPE). The samples were wrapped in films and  
196 heat sealed. The sensory and quality changes of cherry tomatoes during storage at 26  
197  $\pm 1$  °C, 37  $\pm 1\%$  RH were analyzed.

198

199 Weight loss (%) was tested by deducting the sample's weight during specific storage  
200 ( $m_x$ ) from its initial weight ( $m_0$ ), and the formula was as follows: Weight loss =  $[(m_0 -$   
201  $m_x) / m_0] \times 100\%$ . Firmness ( $N/mm^2$ ) was measured by a texture analyzer. The p/2  
202 probe was used to penetrate the cherry tomato to a depth of 2 mm at a speed of 1.00  
203 mm/sec.

204

205 Reverse osmosis water (65 g, cooled to 25 °C after boiling) was added to 35 g of  
206 cherry tomatoes (peel and pulp), and then crushed and filtered. The obtained filtrate  
207 was used for the determination of the content of total soluble solids (TSS), vitamin C  
208 (Vc) content and pH value. All operations were protected from light. TSS was  
209 observed by a digital Abbe refractometer (Model WAY-2S, Shanghai Jingke Industrial  
210 Co., Ltd., China). The sample was placed directly on the refractometer for testing (> 2  
211 drops). The method of Vc measurement referred to Nejati-Yazdinejad (2007). The pH  
212 of the sample was tested by a digital pH meter (DELTA 320, Mettler Tori Instrument

213 Co., Ltd., Shanghai, China).

214

## 215 **2.6 Statistical analysis**

216 Each experiment was carried out at least three times. Graph drawing and statistical  
217 analysis were performed by Origin 2017 (OriginLab Corporation, USA). One-way  
218 analysis of variance was conducted using the SPSS software (19<sup>th</sup> edition, Endicott,  
219 NY, USA) by Tukey's multiple range test with  $p < 0.05$ .

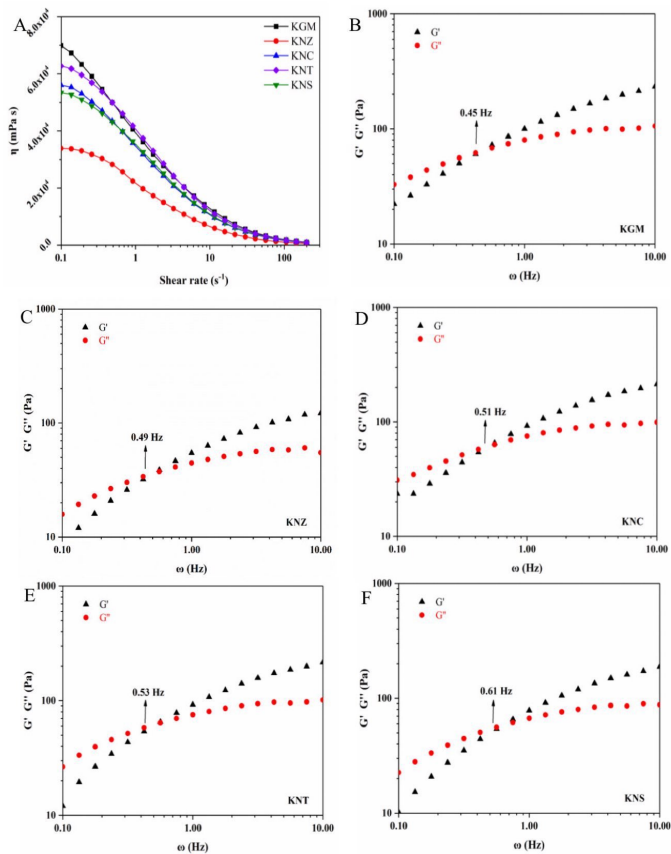
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## 221 **3. Results and discussion**

### 222 **3.1. Rheological properties of film-forming solutions**

223 The rheological characteristics of film-forming solutions are important for controlling  
224 the preparation of films and understanding the structure and physicochemical  
225 properties of films. In Fig. 1 A, the apparent viscosity ( $\eta$ ) of KGM solution (1.2%)  
226 and other blended film-forming solutions decreased with the increase of shear rate,  
227 showing shear-thinning behavior. The entanglement effect plays a key role in the  
228 rheological behavior of linear polymers (Tanaka et al., 2005). In the entangled  
229 network system formed by KGM linear molecules, the shear-thinning behavior can be  
230 attributed to the fact that the rate of re-entanglement is lower than the rate of  
231 destruction of existing entanglement caused by shear, resulting in a decrease in  
232 viscosity with increasing shear strength (Graessley, 1974). The  $\eta$  values of blend  
233 film-forming solutions decreased gradually with the decrease of the KGM  
234 concentration. The non-Newtonian, shear-thinning behavior of film-forming solutions

235 was mainly attributed to the KGM component.  
236  
237 Changes in storage modulus ( $G'$ ) and loss modulus ( $G''$ ) with angular frequency ( $\omega$ )  
238 for film-forming solutions are shown in Fig. 1 (B-F). The  $G'$  and  $G''$  of all samples  
239 increased with the increase of  $\omega$  and had a crossover, showing frequency-dependent. It  
240 was considered as a typical behavior of entangled polymer solution (Nishinari, 2009,  
241 1997).  $G''$  was larger than  $G'$  at lower frequencies, suggesting liquid-like properties;  
242 whereas  $G'$  predominated  $G''$  at higher frequencies, indicating that the solution  
243 transformed to an elastic solid. This could be explained by that the molecular chains  
244 could disentangle in the process of long-term oscillation at low frequencies, and the  
245 solution behaved as viscous liquid; while at high frequencies, the molecular chains  
246 could not disentangle during short-time oscillation, and as a result, the behavior of the  
247 solution tended to be an elastic solid (Nishinari, 1997). Their entanglement points  
248 acted as temporary knots in the three-dimensional network. Compared with KGM  
249 solution, the crossover point of blend solutions shifted to high frequencies, indicating  
250 weakened hydrogen bonding and entanglement. This might be due to the lower KGM  
251 content leading to less hydrogen bonding, which reduced the chance of  
252 macromolecular chain entanglement. In blend solutions, the crossover point of KNZ  
253 film-forming solution showed the lowest frequency value, although its KGM content  
254 was the lowest. This indicated that the strongest interaction between NZ and KGM  
255 molecules might have occurred, enhancing the entanglement of molecular chains.



256

257 Fig. 1. Steady (A) and dynamic (B, C, D, E, F) rheological curves of the KGM film-forming  
 258 solution and blend film-forming solutions.

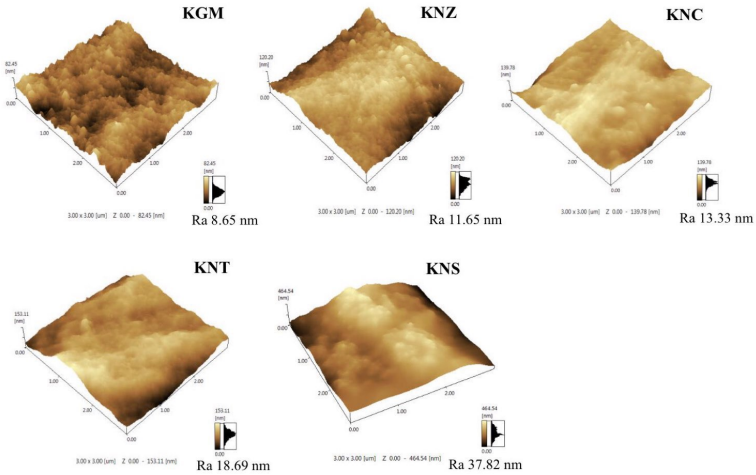
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### 260 3.2. Microstructure of films

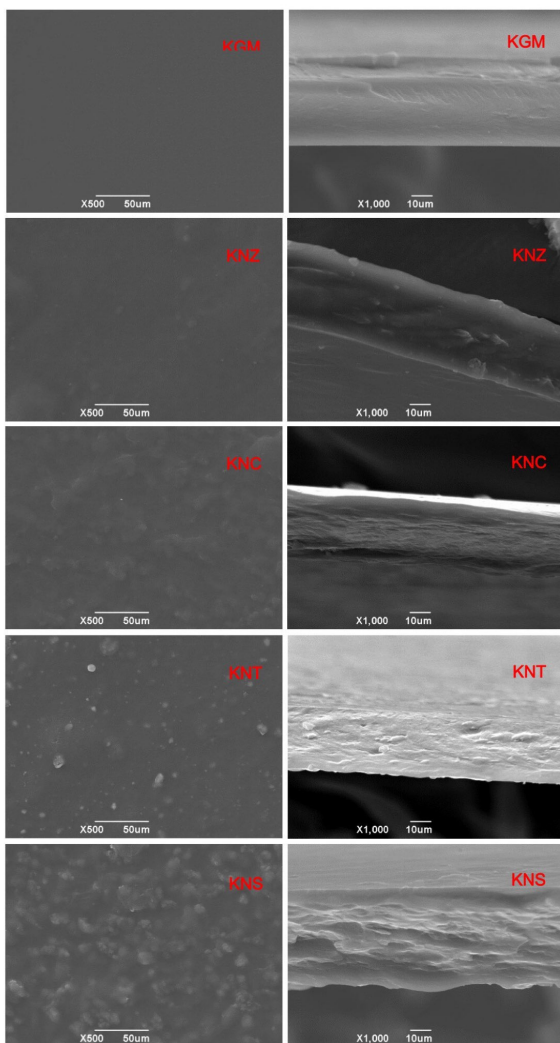
261 Fig. 2 shows the typical AFM topography images of KGM film and

262 KGM/nanoparticles blend films. KGM film had a smoother and more homogeneous  
263 surface compared with the blend films. The addition of nanoparticles increased the  
264 average roughness (Ra) of the films from 8.65 to 37.82 nm. Among the blend films,  
265 KNS had the highest Ra (37.82 nm), which might be due to the aggregation of NS  
266 into larger particles. KNZ had the lowest Ra (11.65 nm), indicating that KNZ had a  
267 more uniform and denser surface than other blend films, and there might be a good  
268 interaction between KGM and NZ, which would contribute to the better mechanical  
269 and physical properties of KNZ.

270



271  
272 Fig. 2. The three-dimensional images of AFM of KGM, KNZ, KNC, KNT and KNS films.  
273



274

275

276

Fig. 3. The scanning electron microscope photos of the surface and cross-section of KGM, KNZ, KNC, KNT and KNS films.

277

278 The microstructure of films was further examined by SEM (Fig. 3). Among all  
279 samples, the surface and cross-section of pure KGM film exhibited the smoothest and  
280 densest structure. In blend films, NZ, NC, NT and NS were evenly distributed in the  
281 KGM matrix respectively, destroying the original structure of KGM film. The surface  
282 and cross-section of KNZ were relatively smooth and compact, due to the distribution  
283 of small NZ aggregates, which was consistent with the AFM results. For KNC, the  
284 small pieces aggregated by NC were embedded in its surface, and its cross-section  
285 presented a loose layered structure. The surface of KNS and KNT was rougher than  
286 that of KNZ and KNC, and the cross-section of KNS showed discontinuous and loose  
287 structure with large particles. It was speculated from the SEM images that the  
288 incorporation of nanoparticles to KGM film might lead to more complex network  
289 channels and better barrier effect on external small molecules (such as O<sub>2</sub>, H<sub>2</sub>O, etc.)  
290 (Lin et al., 2020; Peighambardoust et al., 2019).

291

### 292 ***3.3. FTIR analysis, thermal and UV absorption properties of films***

293 The FTIR spectra of KGM, KNZ, KNC, KNT and KNS films in the range of 4000-650  
294 cm<sup>-1</sup> are shown in Fig. 4 A. In KGM film, the broad absorption bands at 3320 cm<sup>-1</sup>  
295 and 2918 cm<sup>-1</sup> were attributed to -OH stretching vibration and C-H stretching  
296 vibration. The absorption band at 1645 cm<sup>-1</sup> corresponded to intramolecular hydrogen  
297 bonds. The absorption bands at 875 cm<sup>-1</sup> and 806 cm<sup>-1</sup> were the characteristic  
298 absorption peaks of mannose unit. These absorption bands were consistent with the  
299 reports by Li et al. (2015) and Wu et al. (2012). For KGM/nanoparticles blend films,



300 the broad bands of -OH stretching vibration ( $3400\text{-}3200\text{ cm}^{-1}$ ) shifted gradually to  
301 lower wavenumbers compared with that of KGM film, indicating occurrence of  
302 hydrogen bond interactions between KGM and the nanoparticles in the blend films,  
303 similar to KGM/curdlan blend films (Wu et al., 2012).

304

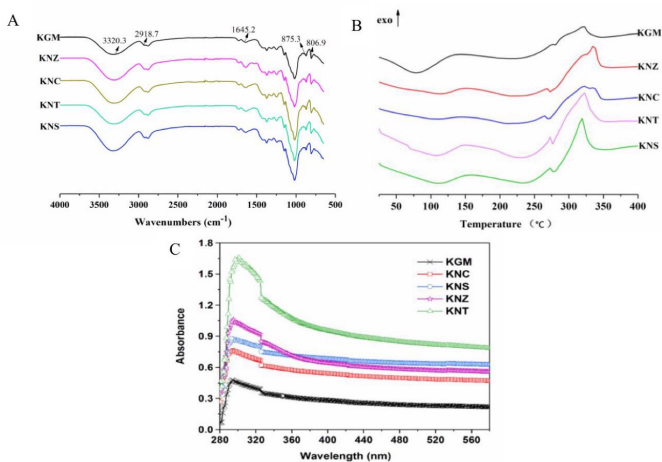
305 The thermal properties of the films changed significantly with the addition of  
306 nanoparticles according to the DSC curves (Fig. 4 B). In Fig. 4 B, KGM film  
307 presented obvious endothermic peak at  $79.8\text{ }^{\circ}\text{C}$ , which corresponded to its glass  
308 transition temperature ( $T_g$ ), consistent with reported results (Wang et al., 2017). KNZ,  
309 KNC, KNT and KNS showed  $T_g$  at  $120.9$ ,  $111.7$ ,  $110.3$  and  $109.2\text{ }^{\circ}\text{C}$ , respectively.

310 The higher the  $T_g$ , the higher the temperature required to break the molecular chain,  
311 suggesting enhanced molecular interaction (Ahmad et al., 2015). The intermolecular  
312 interactions between KGM and the nanoparticles may change the original crystalline  
313 structure and molecular network, resulting in higher  $T_g$  values than that of KGM film.

314 Zuo et al. (2020) reported that nano-SiO<sub>2</sub> addition improved the crystallinity of the  
315 poly(lactic acid)-grafted-bamboofiber/poly(lactic acid) composites, and the increase in  
316 crystallinity made the composites have better heat resistance. Moreover, the blend  
317 films all exhibited a single  $T_g$ , which indicated good miscibility/compatibility between  
318 the film components (Biliaderis, Lazaridou, & Arvanitoyannis, 1999; Li et al., 2015).

319 According to the DSC curves, the thermal decomposition temperature ( $T_d$ ) of KGM,  
320 KNZ, KNC, KNT and KNS films were  $318.9$ ,  $334.5$ ,  $323.1$ ,  $322.8$ , and  $319.0\text{ }^{\circ}\text{C}$ ,  
321 respectively. Changes in  $T_g$  and  $T_d$  indicated that the addition of nanoparticles

322 improved the heat resistance of the blend films, and KNZ showed the strongest  
323 thermal stability due to the strongest molecular interaction.



324  
325 Fig. 4. The FTIR curves (A), DSC curves (B) and UV-visible absorption spectra curves (C) of  
326 KGM, KNZ, KNC, KNT and KNS films.

327  
328 The UV-visible absorption spectrum can be used to evaluate the transparency of the  
329 film against visible light and the shielding effect of the film on ultraviolet rays (Fig. 4  
330 C). As shown, when the nanoparticles were added to the KGM matrix, the  
331 transmittance of blend films was significantly lower than that of pure KGM film,  
332 indicating that these nanoparticles had good shielding effect in both visible and UV  
333 ranges. The reduced transparency of the blend films might be due to the interactions  
334 between the nanoparticles and the KGM matrix, which caused the accumulation of  
335 polymer chains and the increase of crystallinity, leading to changes in refractive index

336 and interference with light transmission. In addition, the presence of nanoparticles in  
337 the matrix may result in increased light scattering through the film (Farajpour et al.,  
338 2020). The UV shielding effect of the film mainly depended on the UV-absorbing  
339 material with a wavelength of 280-315 nm. Compared with pure KGM film, the UV  
340 shielding effect of blend films was improved, and KNT showed the best UV shielding  
341 effect. This can be explained as NT is a direct wide-band-gap semiconductor with a  
342 special function of ultraviolet absorption (Goudarzi, Shahabi-Ghahfarrokhi, &  
343 Babaei-Ghazvin, 2017).

344

#### 345 ***3.4. Mechanical properties of films***

346 Adding the nanoparticles to the KGM matrix had no obvious effect on the film  
347 thickness (Table 2), and the thickness of KNT and KNS slightly increased. This might  
348 be due to looser film structure caused by NT and NS, which was consistent with the  
349 results of SEM. The TS and EAB of the blend films increased significantly compared  
350 to pure KGM film, indicating the enhancement of the mechanical properties, as shown  
351 in Table 2. This can be attributed to the well-dispersed nanoparticles, the interactions  
352 and good compatibility between KGM and the nanoparticles, in agreement with  
353 previous discussions. The TS value of KNT was the largest, reaching 82.6 MPa,  
354 which increased by 97.14% compared with that of KGM film. Some researchers  
355 reported that the addition of NT resulted in the mechanical strengthening of chitosan  
356 matrices, especially the improvement of Young's modulus and TS, without affecting  
357 considerably the EAB (Amin, & Panhuis, 2012; Mallakpour, & Madani, 2015). While

358 the largest EAB value appeared in KNZ (increased by 148.0%). The nanoparticles  
359 were filled in the polymer matrix like a ball bearing, which increased the mobility of  
360 the polymer chains and made the movement of the nanocomposite chains easier than  
361 that for virgin polymer chains (Shahabi-Ghahfarrokhi et al., 2015; Goudarzi, et al.,  
362 2017). Furthermore, studies had reported that the plasticization of NZ led to the  
363 increase of spacing and mobility between chains by mitigating the effect of polymer  
364 chains interactions (Oymaci, & Altinkaya, 2016).

365

366

367

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369

370

**Table 2** The mechanical properties, water contact angle, swelling, solubility, WVP and oxygen barrier of the films.

Indexes Samples	Thickness ( $\mu\text{m}$ )	Tensile strength (MPa)	Elongation at break (%)	Water contact angle ( $^{\circ}$ )	Swelling (%)	Solubility (%)	WVP ( $10^{-13}\cdot\text{g}\cdot\text{cm}/(\text{cm}^2\cdot\text{s}\cdot\text{Pa})$ )	P (mmol/kg)
KGM	$38.0 \pm 1.8^a$	$41.9 \pm 3.2^a$	$20.0 \pm 3.1^a$	$37.3 \pm 2.5^a$	-	-	$11.8 \pm 0.5^d$	$2.8 \pm 0.1^a$
KNZ	$39.0 \pm 1.2^a$	$68.8 \pm 5.9^b$	$49.6 \pm 6.3^c$	$94.1 \pm 1.0^b$	$1218.9 \pm 49.5^a$	$22.7 \pm 2.6^a$	$9.5 \pm 0.3^{ab}$	$2.4 \pm 0.1^{bc}$
KNC	$39.0 \pm 1.8^a$	$63.5 \pm 3.3^b$	$39.8 \pm 3.6^b$	$97.4 \pm 1.4^b$	$1462.5 \pm 71.5^a$	$28.7 \pm 3.0^a$	$9.2 \pm 0.3^a$	$2.2 \pm 0.2^c$
KNT	$41.8 \pm 1.7^{ab}$	$82.6 \pm 5.7^c$	$37.7 \pm 2.4^b$	$50.5 \pm 2.6^c$	$3373.6 \pm 200.8^b$	$39.9 \pm 1.6^b$	$10.1 \pm 0.3^{bc}$	$2.3 \pm 0.1^c$
KNS	$43.8 \pm 1.7^{ab}$	$60.6 \pm 5.3^b$	$25.3 \pm 3.2^{ab}$	$49.2 \pm 1.1^c$	$3405.2 \pm 200.9^b$	$41.4 \pm 0.6^b$	$10.8 \pm 0.3^c$	$2.6 \pm 0.1^b$

373 Different superscripts (a-d) in the column indicate significant differences ( $p < 0.05$ ). The value is the mean  $\pm$  standard deviation.

375 *3.5. Surface hydrophobicity, swelling and solubility properties of films*

376 Water contact angle (WCA) is an important index to characterize the wettability of the  
377 film surface. The greater the water contact angle value, the stronger the surface  
378 hydrophobicity of the film (Shankar, & Rhim, 2016; Yin et al., 2014). The WCA  
379 values of KGM, KNZ, KNC, KNT, and KNS films are shown in Table 2. KGM is a  
380 kind of polysaccharide with strong hydrophilicity, which is easy to absorb water in an  
381 aqueous environment. Therefore, pure KGM film had the smallest WCA, reflecting its  
382 low hydrophobicity. With the addition of nanoparticles (NZ, NC, NT and NS), the  
383 WCA values of the blend films increased significantly, while the WCA values of KNZ  
384 and KNC were the largest. The increase in the hydrophobicity of the blend films was  
385 mainly due to the enhanced intermolecular interaction and the increase in hydrophobic  
386 components in the film (Oymaci, & Altinkaya, 2016). Similar to our study, some  
387 studies had shown that the WCA of nanocomposite films was increased, e.g.  
388 nanocomposite starch (Goudarzi, Shahabi-Ghahfarrokhi, & Babaei-Ghazvini, 2017),  
389 nanocomposite chitosan (Khan et al., 2012) and nanocomposite whey protein isolate  
390 (Oymaci, & Altinkaya, 2016). Due to the high surface energy and large specific  
391 surface area of nanoparticles, more energy was required for the diffusion of water  
392 droplets on them, which was reflected in the increase of WCA (Zuo et al., 2020). The  
393 hydrophobicity of NZ and NC was stronger than that of NT and NS, resulting in better  
394 surface hydrophobicity of KNZ and KNC. In addition, the aggregation of NT and NS  
395 may reduce their original large surface area and nano effects.

396

397 The swelling and **solubility** properties reflect the stability of the film in an aqueous  
398 environment, demonstrating the hydrophobicity from practical aspects. Due to the  
399 rapid dissolution and dispersion in water, pure KGM film was not suitable for testing.  
400 The addition of nanoparticles significantly enhanced the water resistance of the blend  
401 films (Table 2). KNZ and KNC exhibited the greatest hydrophobicity due to the  
402 lowest swelling ratio and solubility, similar to the WCA results. This phenomenon can  
403 be ascribed firstly to the low water uptake of the NZ and NC themselves; and  
404 secondly to the creation of strong network structures (Alizadeh-Sani, Khezerlou, &  
405 Ehsani, 2018). Meanwhile, due to the aggregation of NT and NS, the surface  
406 roughness of KNT and KNS was greater than that of KNZ and KNC, and the effective  
407 hydrophobic surface area of KNT and KNS was reduced (Bayat, Ebrahimi, &  
408 Moshfegh, 2014; Gilbert, Cheng, & Jones, 2018). Therefore, more KGM molecules  
409 may be exposed to water environment, **reducing** the hydrophobicity of KNT and  
410 KNS.

411

### 412 ***3.6. Water vapor permeability (WVP) and oxygen barrier of films***

413 In order to apply the film to packaging, it must have good barrier performance. The  
414 lower the WVP and peroxide value (P), the less the possibility of water and oxygen  
415 molecules penetrating the film, and the better the barrier of water and oxygen. It could  
416 be seen from Table 2 that the WVP and P of KNZ, KNC, KNT and KNS were  
417 significantly lower than those of pure KGM film, suggesting that the barrier properties  
418 of blend films were better than those of pure KGM film. For WVP, this may be due to

419 the fact that the nanoparticles in the blend films act as an impermeable barrier for the  
420 penetration of water vapor, increasing the tortuous path for water vapor to diffuse  
421 through the films, resulting in a decrease in the WVP of the blend films (Shankar, &  
422 Rhim, 2016; Alizadeh-Sani, Khezerlou, & Ehsani, 2018). In addition, the  
423 hydrophilicity of the film and the presence of pores in the film also affected the WVP.  
424 KNZ and KNC showed the smallest WVP, which was due to the strong hydrophobic  
425 nature of both NZ and NC and the dense film structure of KNZ and KNC. Oxygen  
426 barrier of films depends largely on the interaction between oxygen and polymer  
427 matrix, as well as the film microstructure (García, Martino, & Zaritzky, 2000 ). The  
428 change in P (Table 2) may reflect the difference in the microstructure of films. The  
429 KNS showed higher P among the blend films, indicating that more oxygen penetrated  
430 the film to oxidize the oil, which might be attributed to the loose structure with  
431 presence of pores and cracks in the KNS observed by SEM.

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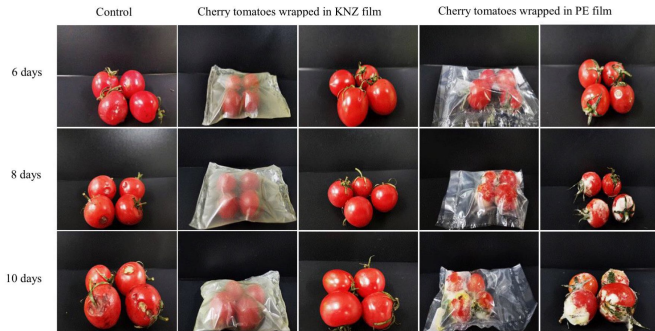
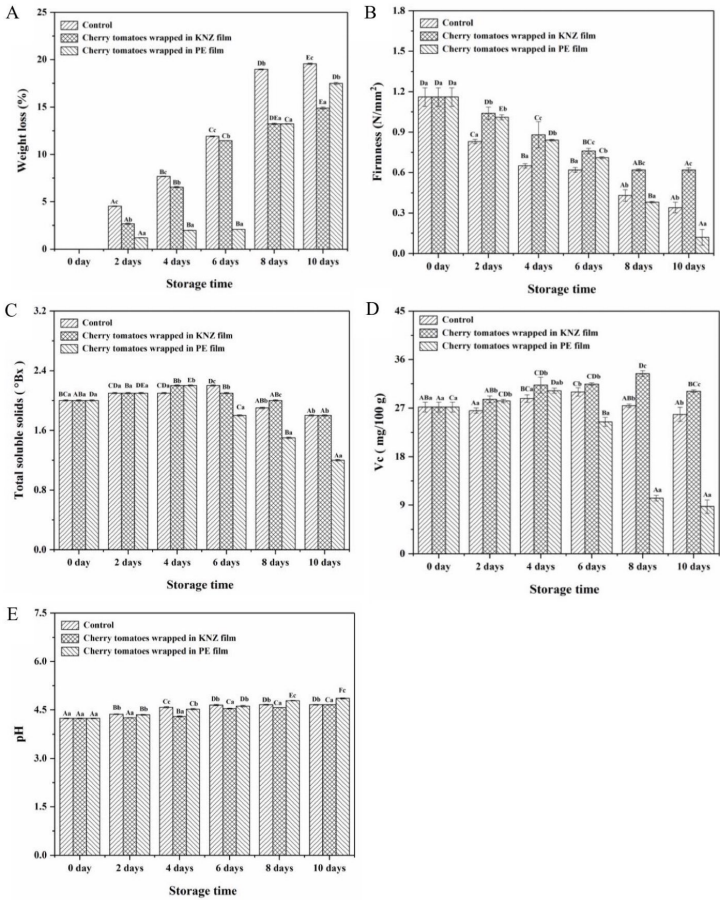


Fig. 5. The visual quality with storage from the 6<sup>th</sup> to 10<sup>th</sup> day of cherry tomatoes (stored at  $26 \pm 1$  °C,  $37 \pm 1\%$  RH).



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462

463 Fig. 6. The weight loss (A), firmness (B), TSS (C), Vc (D) and pH (E) of cherry tomatoes during the storage (stored at  $26 \pm 1$  °C,  $37 \pm 1\%$  RH).

464 Different letters (a-c) represent the significant difference of different samples in the same storage

465 time, and different letters (A-F) represent the significant difference of the same sample in different

466 storage time ( $p < 0.05$ ).

467

### 469 ***3.7 Effect of KNZ film on cherry tomatoes preservation***

470 Through a comprehensive comparison of the physicochemical properties of KNZ,  
471 KNC, KNT and KNS films, KNZ film showed the best performance and was selected  
472 for cherry tomatoes packaging. Cherry tomatoes are climacteric fruits, and their  
473 postharvest life is relatively short, so proper packaging is beneficial to extend their  
474 shelf life. Appearance change is the most intuitive way to evaluate the quality of  
475 cherry tomatoes. When the storage time reached 6 days, there were significant  
476 differences in appearance of cherry tomatoes with different packaging in Fig. 5. For  
477 CTC group, on the 6<sup>th</sup> day of storage, cherry tomatoes lost moisture obviously and  
478 their surface was wrinkled due to exposure to air. As the storage days prolonged, the  
479 moisture loss of the sample became more serious. On the 10<sup>th</sup> day, the surface of the  
480 sample showed severe shrinkage and decay, but no obvious mildew was seen. Mold  
481 mycelium began to appear on the surface of CTPE on the 6<sup>th</sup> day, and there was  
482 obvious condensation on the inner wall of PE film. CTPE suffered severe moisture  
483 loss and decay on the 8<sup>th</sup> day. CTKNZ remained fresh during 10 days of storage. A  
484 good atmosphere in the package can slow down product respiration rate and delay  
485 product deterioration, which is affected by the interplay of product respiration,  
486 package permeability and storage temperature. Therefore, matching the film  
487 permeability to the product characteristics and creating an atmosphere suitable for the  
488 product is very important to extend the shelf life (Paulsen, Barrios, & Lema, 2019).  
489 Cherry tomatoes were in an independent environment after being wrapped in the film.

490 It might be that PE film prevented moisture exchange with the outside, which  
491 increased the humidity inside the package and formed an environment conducive to  
492 the growth of mold. KNZ film created an improved atmosphere due to good vapor  
493 permeability, thus providing a good storage environment for cherry tomatoes.

494

495 Fig. 6 A showed that the weight loss of CTC was significantly higher than that of  
496 CTPE and CTKNZ during the storage, reaching 19.56% on the 10<sup>th</sup> day. It might be  
497 because CTC was directly exposed to air, which accelerated their moisture migration.  
498 CTPE and CTKNZ were well packed, which slowed down the respiration and  
499 transpiration of cherry tomatoes, resulting in lower weight loss. On the 8<sup>th</sup> day, CTPE  
500 ruptured due to deterioration and the cherry tomato juice flowed out, and weight loss  
501 increased rapidly. After the 8<sup>th</sup> day, the weight loss of CTPE was greater than that of  
502 CTKNZ. The firmness of fruit is an important factor affecting consumer acceptance  
503 and product shelf life. The firmness of all samples showed a decreasing trend, and  
504 CTKNZ had the best firmness during the storage based on Fig. 6 B. On the 8<sup>th</sup> day of  
505 storage, CTPE became significantly softer than CTC and CTKNZ. This may be due to  
506 moisture loss and decay, resulting in a softer texture of cherry tomatoes.

507

508 TSS increased with the maturity and senescence of fruits due to the hydrolysis of  
509 insoluble polysaccharides into monosaccharides (Sammi, & Masud, 2009). The  
510 smaller the change of TSS, the better the preservation effect (Aragüez et al., 2020).

511 From Fig. 6 C, it was found that TSS of CTC increased (before the 6<sup>th</sup> day), and then

512 began to decrease (the 8<sup>th</sup> day), the tendency was similar to the reports by  
513 Tumwesigye et al. (2017). For CTPE, TSS decreased significantly from 2.2 °Bx (the  
514 4<sup>th</sup> day) to 1.8 °Bx (the 6<sup>th</sup> day), 1.5 °Bx (the 8<sup>th</sup> day) and 1.2 °Bx (the 10<sup>th</sup> day). The  
515 reason might be that the growing mold absorbed nutrients, resulting in a significant  
516 decrease in TSS of cherry tomatoes (Li, Xu, Bi et al., 2019). However, for CTKNZ,  
517 TSS did not change significantly during 10 days of storage. It may be that KNZ  
518 packaging can regulate or suppress the respiration and transpiration of cherry  
519 tomatoes, resulting in no significant changes in TSS of cherry tomatoes.

520

521 It could be seen from Fig. 6 D that during the storage, the Vc content increased first  
522 and then decreased. This phenomenon was similar to the results of Wu et al. (2016).  
523 Before the 4<sup>th</sup> day of storage, the Vc content was in the rising stage. It was speculated  
524 that cherry tomatoes went through the post-ripening (Zhou et al., 2019). Before the 4<sup>th</sup>  
525 day, the content of Vc in CTC was lower than that of other groups, which might be  
526 due to direct exposure to air, resulting in a rapid decline in the postharvest quality  
527 (Guo et al., 2020). After the 6<sup>th</sup> day, the Vc content of CTPE decreased significantly.  
528 This was because CTPE began to rupture due to deterioration, causing Vc to be easily  
529 exposed to oxygen and oxidized; meanwhile, the outflow of cherry tomato juice also  
530 led to the loss of Vc. During the whole storage, the Vc content of CTKNZ was higher  
531 than that of other groups. This might be due to the good barrier effect of KNZ on  
532 oxygen and ultraviolet, which could alleviate the oxidative damage and keep the Vc  
533 content of cherry tomatoes at a high value. Fig. 6 E showed that the pH of the samples

534 all increased during the storage. It might be that cherry tomatoes used organic acids as  
535 respiratory substrates, resulting in a decrease in acidity and an increase in pH  
536 (Tumwesigye et al., 2017). The pH values of CTC and CTKNZ were stable after the  
537 6<sup>th</sup> day, but the pH of CTPE increased. On the 10<sup>th</sup> day, the pH of CTC and CTKNZ  
538 was maintained between 4.5-4.6, and the pH of CTPE increased to 4.8. The increase  
539 in the pH of CTPE may be related to the growth of mold.

540

541 The above analysis suggested that KNZ film packaging could cut down the weight  
542 loss and firmness reduction of cherry tomatoes during the storage, and sustain the TSS,  
543 Vc content and pH value.

544

#### 545 **4. Conclusions**

546 With appropriate formulations, KGM/nanoparticles blend films were prepared by  
547 solution casting. The blend film-forming solutions exhibited shear-thinning behavior  
548 and were typical entangled polymer solutions. KGM/zein nanoparticle film-forming  
549 solution showed the lowest crossover of  $G'$  and  $G''$ , indicating enhanced molecular  
550 interaction and entanglement. The nanoparticles (NZ, NC, NT, NS) were dispersed  
551 homogeneously in the KGM matrix, and interactions occurred between the  
552 nanoparticles and KGM molecules, and there was good compatibility. The addition of  
553 nanoparticles improved the thermal stability, mechanical, hydrophobic, water vapor  
554 and oxygen barrier, UV shielding properties of KGM based films. However, different  
555 nanoparticles had different effects on the performance of KGM based films. The KNZ

556 showed **the best properties, such as** the highest glass transition temperature and  
557 elongation at break, as well as the best moisture and oxygen barrier, due to its densest  
558 structure and strongest molecular interaction. Cherry tomatoes in KNZ film packaging  
559 showed lower quality changes and longer shelf life compared with those in PE film  
560 packaging during the storage at 26 °C.

561

#### 562 **CRedit authorship contribution statement**

563 **Fei Xiang:** Investigation, Methodology, Writing - original draft. **Yuting Xia:**  
564 Investigation, Validation. **Yan Wang:** Investigation, Validation. **Yixin Wang:**  
565 Investigation, Review. **Kao Wu:** Data curation, Software. **Xuewen Ni:** Project  
566 administration, Methodology, Conceptualization, Funding acquisition, Writing -  
567 review & editing.

568

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### **CRedit authorship contribution statement**

**Fei Xiang:** Investigation, Methodology, Writing - original draft. **Yuting Xia:** Investigation, Validation. **Yan Wang:** Investigation, Validation. **Yixin Wang:** Investigation, Review. **Kao Wu:** Data curation, Software. **Xuewen Ni:** Project administration, Methodology, Conceptualization, Funding acquisition, Writing - review & editing.

### **Declaration of Competing Interest**

The authors declare that they have no conflict of interest.