

Search Strategies

CINAHL:

#	Query
S17	S14 AND S15 AND S16
S16	S8 OR S9 OR S10 OR S11 OR S12 OR S13
S15	S5 OR S6 OR S7
S14	S1 OR S2 OR S3 OR S4
S13	training
S12	program*
S11	approach
S10	treat*
S9	intervention*
S8	therap*
S7	compassion*
S6	CMT
S5	CFT
S4	(MM "Self Concept") OR (MM "Confidence")
S3	self-worth
S2	self worth
S1	*esteem

MEDLINE:

S18 S15 AND S16 AND S17

S17 S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14

S16 S5 OR S6 OR S7

S15 S1 OR S2 OR S3 OR S4

S14 (MH "Therapeutics/PX")

S13 program*

S12 training

S11 approach

S10 treat*

S9 intervention*

S8 therap*

S7 compassion*

S6 CMT

S5 CFT

S4 (MH "Self Concept")

S3 self-worth

S2 self worth

S1 *esteem

PsycINFO:

S17 S14 AND S15 AND S16

S16 S8 OR S9 OR S10 OR S11 OR S12 OR S13

S15 S5 OR S6 OR S7

S14 S1 OR S2 OR S3 OR S4

S13 program*

S12 training

S11 approach

S10 treat*

S9 intervention*

S8 therap*

S7 CMT

S6 compassion*

S5 CFT

S4 self-worth

S3 self worth

S2 DE "Self-Esteem" OR DE "Self-Confidence" OR DE "Self-Criticism" OR DE "Self-Perception" OR DE "Self-Regard"

S1 *esteem

Search terms used in OpenGrey:

(CFT OR CMT OR *compassion* OR "loving kindness meditation" OR LKM) AND
(*esteem OR self-worth OR self-concept OR self-criticism OR self-regard OR self-
confidence OR self-perception) AND (therap* OR intervention* OR treat* OR approach OR
training OR program*)

Search terms used in Google Scholar:

compassion-focused therapy and self-esteem

Search terms identified from existing literature reviews for consideration:

For self-esteem: self-concept, self-respect, self-acceptance, ineffectiveness, narciss*, self-confiden*, self-effic*, self-evaluation, self-image, self-crit*, self-compassion, self-perception, self-identit*, self-attack, self-liking, self-attitude, self-competen*, self-schema, RSES, SCQ

For CFT: *compassion, loving kindness meditation, LKM