

1 **Reconstruction of short-term storm surge-driven increases in shallow coastal lake**
2 **salinity using ostracod shell chemistry**

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22
23 **Abstract (max. 250 words)**

24
25 Climate change threatens the current protection provided by coastal defences in low-lying
26 mid-latitude regions and increases the risk to coastal lakes from future frequent and intense
27 storms. Quantifying and understanding the impacts of past storm surges therefore has
28 significant implications for the management and conservation of coastal wetlands worldwide.
29 However, short-term (<10 year) increases in salinity driven by storm surges are problematic
30 to reconstruct via the palaeolimnological record due to sampling resolution and smoothing of
31 trends. Here, we propose that the geochemistry (Sr/Ca and $\delta^{18}\text{O}$) of calcitic shells of ostracods
32 (small bivalved crustaceans readily preserved in lacustrine sediments) is a potentially
33 sensitive proxy for reconstructing salinity, in some cases quantitatively, in comparison with
34 sedimentary proxies of allochthonous sediment inputs (XRF and grain size) or other biological
35 proxies. The coastal lakes of the Thurne Broads (Norfolk and Suffolk Broads National Park)
36 in East Anglia UK, have a long history of sea floods associated with storm surge events in the
37 North Sea, providing a test bed to compare ostracod palaeosalinity reconstructions (using a

38 site-specific calibration) with known storm surges in the region. We show that Sr/Ca_{shell} values
39 closely match known salinity changes associated with storm surges; archival records of the
40 salinity of Horsey Mere in CE 1940 suggest a maximum salinity of 13.4 PSU with ostracod
41 Sr/Ca_{shell} palaeosalinity calibrations giving a maximum value of 18.3 PSU. Ostracod shell
42 chemistry therefore has the potential to afford more reliable reconstructions of high intensity
43 short-term increases in salinity in mid-latitude low-lying coastal lakes.

44

45 **Keywords:** *Cyprideis torosa*; ostracods; oxygen isotope; Sr/Ca; coastal lakes; storm surge;
46 salinisation

47

48 **1. Introduction**

49

50 With projected sea-level rise and increases in the frequency and intensity of storms, a primary
51 concern for the conservation of coastal lakes, lagoons and wetlands is potential flooding of
52 brackish or freshwater lakes with saline water. Periodic increases in salinity can affect the
53 overall ecological functioning of coastal wetlands (see Herbert *et al.*, 2015 for an overview)
54 and, in some cases, can have economic consequences for local populations due to impacts
55 on fisheries and agricultural irrigation (Damania *et al.*, 2019). Knowledge of past flood events
56 is of key importance for the assessment of likely future flooding. Instrumental and
57 documentary records of flood history can be supplemented and verified by palaeolimnological
58 records, which are valuable for reconstructing pre-industrial environmental change and can
59 be used to reconstruct a range of climatic and anthropogenic stressors (Battarbee and
60 Bennion, 2011). However, beyond the instrumental record, reconstructing periodic short-term
61 (<10 years) increases in salinity has proven problematic due to the low temporal resolution
62 and smoothing of trends in palaeolimnological studies.

63

64 The geochemistry and grain size of sedimentary archives have been commonly used to
65 identify high-intensity flooding events (e.g. Liu *et al.*, 2014; Chagué-Goff *et al.*, 2016), but
66 these often give limited direct and quantitative salinity data and fail to inform on the ecological
67 recovery of lakes. Shifts in the presence, absence, abundance, and geochemistry of biological
68 indicators, however, have the potential to give a more comprehensive reconstruction of
69 salinity. Diatoms have regularly been used to reconstruct past salinity change from sediments
70 (e.g. Espinosa 1994; Garcia-Rodriguez *et al.*, 2004; Ryves *et al.*, 2004; Tibby *et al.* 2007;
71 Saunders, 2011; Witkowski *et al.*, 2017), but the seasonality that is represented by diatom-
72 inferred salinity is largely unknown (Reid *et al.*, 2002; Gell *et al.*, 2002), and in many cases
73 diatom-salinity inference models can be affected by other co-varying environmental controls
74 (e.g. pH change or nutrient enrichment). Short-term changes in salinity driven by extreme

75 events have, therefore, been difficult to reconstruct accurately in mid-latitude lakes.
76 Ostracod (small bivalved crustaceans readily preserved in lacustrine sediments) faunal
77 assemblages and shell chemistry have, however, been used to identify short-term events such
78 as tsunamis or hurricanes (e.g. Park *et al.*, 2009; Palmer *et al.*, 2020) and/or the freshening
79 of lakes associated with increased storm precipitation (e.g. Lane *et al.*, 2017). Gouramanis *et*
80 *al.* (2020) provide an overview of the use of ostracods in coastal overwash deposits of this
81 type. In many cases, these studies are associated with large in-washing and deposition of
82 coastal material, resulting in substantial shifts in sediment grain size and the introduction of
83 marine taxa. In some circumstances, however, low-lying areas can experience storm surge
84 flooding without high levels of sediment deposition seen after tropical storms, resulting in the
85 requirement for proxies sensitive to short-term high-intensity increases in salinity.

86
87 There is good potential for the trace-element (Sr/Ca) and oxygen isotope ($\delta^{18}\text{O}$) geochemistry
88 of calcitic shells of ostracods to reconstruct short-term increases in salinity because: 1) the
89 shells calcify within a few hours to days providing a 'snapshot' of conditions; 2) in some
90 circumstances it is possible to analyse multiple single valves within a stratigraphic interval,
91 providing a measure of the variability in reconstructed parameters over a given time-period
92 and; 3) there is good understanding of the life-cycle and therefore seasonality of many
93 routinely-used ostracod species, for example the brackish water ostracod *Cyprideis torosa*
94 (e.g. Heip, 1976; Horne, 1983).

95
96 The use of ostracod $\text{Sr}/\text{Ca}_{\text{shell}}$ to reconstruct salinity follows the theory that the Sr content of
97 ostracod shells is positively correlated with the Sr in lake water, which, in some circumstances,
98 correlates with salinity (Chivas *et al.*, 1985; De Deckker and Forester, 1988; Holmes and
99 Chivas, 2002). Despite evidence for a small temperature dependence of Sr partitioning in *C.*
100 *australiensis*, the Sr content of the shells is determined primarily by the Sr/Ca of the water (De
101 Deckker *et al.*, 1999). In addition, the $\delta^{18}\text{O}$ is determined by water temperature and water-
102 isotope composition, along with any vital effects (considered to be up to +3 ‰ depending on
103 taxa; Xia *et al.*, 1997; von Grafenstein *et al.*, 1999; Chivas *et al.*, 2002; Keatings *et al.*, 2002;
104 Decrouy *et al.*, 2011). In combination, the Sr/Ca and $\delta^{18}\text{O}$ theoretically allow a highly sensitive
105 reconstruction of salinity; $\delta^{18}\text{O}_{\text{shell}}$ is a potentially more accurate record of periods of higher
106 salinity due to the linearity of the $\delta^{18}\text{O}_{\text{water}}$ relationship with salinity in a freshwater/marine
107 mixing model compared with the non-linear relationship between $\text{Sr}/\text{Ca}_{\text{water}}$ and salinity
108 (Anadón *et al.*, 2002).

109
110 The East Anglian coastline of the UK (Fig. 1) has a long history of flooding associated with
111 storm surge events in the North Sea (Hayman, 2012) with 23 floods recorded between 1287

112 and 2013 CE (all dates refer to Common Era throughout; Roberts *et al.*, 2019). The
113 comparatively shallow and restrictive southern basin of the North Sea funnels and constrains
114 high water generated by eastward-tracking mid-latitude cyclonic systems, increasing sea level
115 and making the east coast of the UK and west coast areas of mainland Europe particularly
116 susceptible to storm surges (Spencer *et al.*, 2015). When these storm surges coincide with
117 high spring tides, there is high potential for extreme damage to low-lying coastal areas. For
118 example, the 1953 flood resulted in the loss of over 300 lives in the east coast of England
119 (Prichard, 2013). Following the flood, a concrete sea wall was erected, but despite
120 considerable inter-annual variability, the general predicted trend is for North Sea storm surge
121 activity to become more extreme by the end of the 21st century (Lowe *et al.*, 2001; Woth *et*
122 *al.*, 2005; Weisse *et al.*, 2012; Dawson *et al.*, 2015). Furthermore, under a 'high' climate change
123 scenario, sea level rise of the North Sea is predicted at 71 cm by 2050 and 107 cm by 2080,
124 referenced to 1990 levels (Dawson *et al.*, 2015). The current 1 in 100-year defence standard
125 for eastern England, could be reduced to 1 in 2-8 years by 2050 and below the 1 in 1 year
126 standard by 2080 (Nicholls and Wilson, 2002).

127

128 The coastal lakes of the Broads National Park (Fig. 1) support a range of ecosystem services
129 (e.g. flood protection, provision of food, recreation, tourism and education; Natural England,
130 2009; Broads Authority, 2017) as well as being nationally and internationally important for
131 nature conservation. The Thurne Broads system (Fig. 1), which lies closest to the North Sea
132 coast, is designated as a Site of Special Scientific Interest (SSSI), Special Protected Area
133 (SPA), Special Area of Conservation (SAC) and is protected under the Ramsar convention,
134 as part of the Broadland Ramsar site. The surrounding landscape is dominated by reedbeds,
135 fens and drained marshes. The Thurne Broads are naturally brackish lakes, affected by saline
136 groundwater and seepage from the deepening of the drainage network (Holman and Hiscock,
137 1993; Fig. 1). In addition, Horsey Mere, which has no freshwater riverine inflow and is located
138 <10 km from the North Sea coast, has experienced severe inundation from North Sea floods
139 (Fig. 2) and the ecological impacts have been well documented, particularly following the 1938
140 flood (e.g. Buxton, 1939; Vincent, 1941; Ellis, 1944). Using documentary and
141 palaeolimnological evidence to understand future threats from storm surge flooding is
142 therefore of great importance to the local economy and to nature conservation on a local to
143 international scale. The lakes are an ideal testbed for the use of ostracod shell chemistry to
144 reconstruct short-term storm surge-driven increases in salinity because: 1) the storms and the
145 ecological impacts on the coastal lakes of the Norfolk and Suffolk Broads are well documented
146 (see Roberts *et al.*, 2019 for an overview), providing ideal evidence to calibrate recent
147 ostracod-based storm surge reconstructions of the North Sea; 2) previous work by Holmes *et*
148 *al.* (2010) in the Thurne Broads has established a quantitative relationship between modern

149 *C. torosa* Sr/Ca_{shell} and water conductivity, allowing quantitative reconstructions of salinity; 3)
150 sand layers and the sedimentary geochemical fingerprint associated with the 1953 flood have
151 been recorded in saltmarsh cores along the Norfolk coast (Swindles *et al.*, 2018); and 4) a
152 storm precipitation/lake water mixing model corroborates that the salinity of the lake would not
153 be affected by increased meteoric water (supplementary information 1). Here, we assess the
154 sensitivity of Sr/Ca_{shell} and $\delta^{18}\text{O}_{\text{shell}}$ for reconstructing storm surges by combining ostracod-
155 based reconstructions of salinity with sedimentary proxies of allochthonous sediment inputs
156 (XRF and grain size) and calibrate them to known sea floods in the region.

157

158 2. Methods

159 2.1 Core recovery and chronology

160

161 A 43 cm Big Ben (Patmore *et al.*, 2014) core (HORSEY6) was collected from the eastern
162 corner of Horsey Mere (Fig. 1) in September 2015 and sub-sampled at 0.5 cm resolution. Due
163 to low unsupported ^{210}Pb and a truncated chronology, which is a common phenomenon in
164 eutrophic shallow lakes, extrapolated ^{210}Pb dates were verified using the Spheroidal
165 Carbonaceous Particles (SCPs) profile and, where possible, precise isochrons derived from
166 tephrochronology.

167

168 Dried sediment samples from core HORSEY6 were analysed for ^{210}Pb , ^{226}Ra , ^{137}Cs and ^{241}Am
169 by direct gamma assay in the Environmental Radiometric Facility at University College London
170 (UCL), using an ORTEC HPGe GWL series well-type coaxial low background intrinsic
171 germanium detector. ^{210}Pb was determined via its gamma emissions at 46.5keV, and ^{226}Ra
172 by the 295keV and 352keV gamma rays emitted by its daughter isotope ^{214}Pb following 3
173 weeks storage in sealed containers to allow radioactive equilibration. ^{137}Cs and ^{241}Am were
174 measured by their emissions at 662keV and 59.5keV (Appleby *et al.*, 1986). The absolute
175 efficiencies of the detector were determined using calibrated sources and sediment samples
176 of known activity. Corrections were made for the effect of self-absorption of low energy gamma
177 rays within the sample (Appleby *et al.*, 1992).

178

179 Analysis for SCPs followed the method described in Rose (1994). Reference concentrations
180 agreed with the expected values at mean SCP concentration of 6005 ± 70 SCP per gram dry
181 sediment (gDM^{-1}) and no SCPs were observed in the blanks. The start of the rapid increase
182 in SCP concentration was assigned using the intercept of the extrapolated gradients of steady
183 increase and the rapid increase (Rose *et al.*, 1995). Dates beyond the concentration peak of
184 the SCP profile were assigned using the cumulative percentage data and the percentile dates

185 described in Rose and Appleby (2005). For example, for Norfolk these have been assigned
186 as 100 % 1970 ±5, 50 % 1955 ±5, 20 % 1910 ±20 and 1850 ±25 for the start of the record.

187

188 HORSEY6 was processed for cryptotephra following the stepped floatation method of Blockley
189 *et al.* (2005). The core was examined for tephra presence at 0.5 cm resolution and samples
190 containing tephra were counted using plane polarised light microscopy and presented as
191 shards per gram of dry weight sediment. For geochemical analysis of cryptotephra from
192 HORSEY6, shards were picked from samples under high-powered microscopy, using a gas
193 chromatography syringe (Lane *et al.* 2014), mounted in epoxy resin, sectioned and polished.
194 Major-element concentrations were determined using a Cameca SX-100 electron probe
195 microanalyser at the University of Edinburgh. Beam diameter was set at 5 µm and at 15 keV.
196 Beam current was set at 2 nA for Na₂O, Al₂O₃, SiO₂, FeO, K₂O, CaO, MgO and 80 nA for MnO,
197 P₂O₅ and TiO₂ (Hayward, 2011). The microprobe was calibrated and assessed for accuracy
198 and drift by the analysis of internal Lipari and BCR-2G standards.

199

200 2.2 Grain Size

201

202 Particle-size analysis was undertaken on the <2 mm fraction of sediment from samples at 0.5
203 cm intervals. Each sample was dispersed in water, sieved through a 2 mm mesh, and then
204 disaggregated ultrasonically prior to analysis using a Malvern Mastersizer 2000 laser particle-
205 sizer at UCL. The results were processed using GRADISTAT (Blott and Pye, 2001).

206

207 2.3 XRF

208

209 Concentrations of elements were measured on freeze-dried, milled samples of sediment
210 samples at 0.5 cm intervals by X-Ray Fluorescence (XRF) spectroscopy using an Energy
211 dispersive XRF (Bruker Ltd.) at UCL. The standard reference sediment Buffalo River (RM
212 8704) was prepared and run with the core samples, giving an average accuracy of ±10 %.

213

214 2.4 Ostracod and foraminifera faunal analyses

215

216 Around 5 cm³ of core material was wet-sieved at 250 µm and the sample residue dried in an
217 oven at 40 °C. Ostracod shells and foraminifera tests were picked under low-power stereo
218 microscope using a 0000-paint brush, sorted and mounted on standard micropalaeontological
219 slides, and identified using Meisch (2000) and Murray (1979) respectively. The total numbers
220 of ostracod valves (adults and juveniles) and foraminifera tests per sample were counted and
221 expressed as number of valves/tests per 10 cm³. Ostracod assemblage zones (OAZs) were

222 established using stratigraphically constrained cluster analysis by incremental sum of squares
223 (CONISS) with the 'rioja' package in R (Juggins, 2020).

224

225 2.5 Ostracod shell chemistry

226

227 Additional single well-preserved adult or A-1 valves of *C. torosa* were picked for geochemical
228 analysis; five valves were analysed for Sr/Ca and ten valves for $\delta^{18}\text{O}$. Soft tissue and any
229 adhering dried sediment were removed from valves using needles, a fine paint brush wetted
230 with methanol and ultra-pure 18.2 Ω Milli Q deionised water under low-power stereo
231 microscope. For trace element analysis, valves were then sonicated in methanol followed by
232 18.2 Ω Milli Q deionised water and dried at 50 °C prior to analysis. For $\delta^{18}\text{O}$, valves were placed
233 in in 500 μL of 15 % H_2O_2 for 15 minutes at room temperature in a 600 μL micro-centrifuge
234 tube, rinsed with 18.2 Ω Milli Q deionised water, and dried at 50 °C prior to analysis (Roberts
235 *et al.*, 2018).

236

237 For trace metal analysis, single ostracod valves were dissolved in 500 μL of 1.07 M HNO_3
238 (trace metal grade) in an acid-leached (48h in 80 °C 10 % HNO_3) 600 μL micro-centrifuge
239 tube. The Sr/Ca ratio of valves was determined using the intensity ratio calibration of de Villiers
240 *et al.* (2002) using a Varian 720 ES ICP-OES at UCL. The results were corrected for blank
241 intensity. Analysis of the carbonate standard BCS-CRM 393 gave an average Sr/Ca of 0.19
242 ± 0.002 mmol/mol in agreement with the mean value of 0.19 mmol/mol quoted in Greaves *et al.*
243 (2008).

244

245 Stable isotope analysis was undertaken on single valves using an IsoPrime dual inlet mass
246 spectrometer plus Multiprep at the British Geological Survey. Isotope values ($\delta^{18}\text{O}$) are
247 reported as per mille (‰) deviations of the isotope ratios ($^{18}\text{O}/^{16}\text{O}$) calculated to the VPDB
248 scale using a within-run laboratory standard calibrated against NBS-19. The Craig correction
249 was applied to account for ^{17}O . Analysis of the in-house standard calcite (KCM) gave good
250 reproducibility of ± 0.05 for $\delta^{18}\text{O}$.

251

252 2.6 Quantifying palaeosalinity

253

254 The partitioning of Sr into ostracod shells from the host water can be described as a K_D value
255 using the following equation:

256

257

$$K_D[\text{Sr}] = \text{Sr}/\text{Ca}_{(\text{shell})} / \text{Sr}/\text{Ca}_{(\text{water})}$$

258 (1)

259

260 To determine palaeosalinity values, a site-specific $K_D[\text{Sr}]$ value was determined using modern
261 $\text{Sr}/\text{Ca}_{\text{water}}$ and $\text{Sr}/\text{Ca}_{\text{shell}}$ values from seasonal sampling of Horsey Mere in 2016 (N.B. a winter
262 seasonal sample was not possible due to the overwintering of wildfowl). Determination of
263 $\text{Sr}/\text{Ca}_{\text{shell}}$ of modern ostracod shells followed the same analytical procedure as the downcore
264 material described in section 2.5. $\text{Sr}/\text{Ca}_{\text{water}}$ was analysed using a Varian 720 ES ICP-OES at
265 UCL. Standards were prepared volumetrically using single element standard solutions of
266 known concentrations. The results were corrected for blank intensity. Analysis of the standard
267 river water SLRS-4 gave concentrations of $5.6 \pm 0.1 \text{ mg L}^{-1}$ for Ca and 0.032 ± 0.006 for Sr in
268 good agreement with the published values of 6.2 mg L^{-1} for Ca and 0.026 mg L^{-1} for Sr
269 (Yeghicheyan *et al.*, 2001).

270

271 At each interval downcore, the K_D value and equation (1) were then used to back-calculate
272 $\text{Sr}/\text{Ca}_{\text{water}}$ values for each individual ($\text{Sr}/\text{Ca}_{\text{shell}}$ value), which was then used in the Thurne-
273 specific palaeosalinity calibration of Holmes *et al.* (2010):

274

$$275 \quad \text{EC} = ((4152717 * (\text{Sr}/\text{Ca}_{\text{water}}^2))) - (8883 * \text{Sr}/\text{Ca}_{\text{water}}) + 6.29$$

276 (2)

277

278 Due to the methods used in Holmes *et al.* (2010), equation (2) provides palaeosalinity values
279 in electrical conductivity (mS cm^{-1}) and reconstructed salinity from $\text{Sr}/\text{Ca}_{\text{shell}}$ values are
280 therefore reported as EC throughout. However, other units of salinity are often reported in the
281 literature with the salinity tolerance of ostracod species and monitoring or archival data more
282 commonly reported in practical salinity units (PSU) or chloride concentration (mg/L). Electrical
283 conductivity values were, therefore, converted to PSU following UNESCO (1983). In brief, if
284 $C(S,t,p)$ is EC of seawater at a known salinity (S), temperature (t) and pressure (p), the
285 conductivity ratio is defined as:

286

$$287 \quad R = C(S,t,p)/C(35,15,0)$$

288 (3)

289 Where $C(35,15,0)$ is the EC of seawater at S 35, t 15°C and atmospheric pressure (p)

290

291 Archival records of salinity in chloride concentrations (mg/L), presented in detail in Roberts
292 *et al.* (2019), were converted to PSU using Dauphinee (1980):

293

$$294 \quad S = 0.0018066 * \text{Cl}$$

295

296 Since these conversions introduce further uncertainties in the reconstructed salinity values,
297 the PSU value is reported alongside the original concentration or the reconstructed electrical
298 conductivity value for comparison.

299

300 3. Results

301 3.1 Core chronology

302

303 Equilibrium of total ^{210}Pb activity with the supported ^{210}Pb in HORSEY6 occurred at ~15 cm.
304 The unsupported ^{210}Pb profile had two sections; 1) the top 6.25 cm with little net decline in
305 unsupported ^{210}Pb activities, suggesting an increase in sedimentation rates and 2) an irregular
306 decline from 6.25 cm downwards, and rapidly declining to 0 from 14.25 cm, implying changes
307 in sedimentation rates (Fig. 3a,b). There was a broad peak in ^{137}Cs activity between 10.25
308 and 14.25 cm (Fig. 3c), derived atmospheric fallout of nuclear weapons testing in 1963. The
309 CRS dating model placed the 1963 depth at ~9 cm, which was considerably shallower than
310 the depth suggested by the ^{137}Cs record. Radiometric chronologies of the core were corrected
311 setting 1963 at 14.25 cm, as suggested by the ^{137}Cs record (Fig. 3d). Sedimentation rates in
312 the core showed relatively small changes, and the mean sedimentation rate for the dated
313 section of the core was $0.055 \text{ g cm}^{-2} \text{ yr}^{-1}$.

314

315 The SCP profile for HORSEY6 shows a steady increase from 22 cm with rapid increase
316 starting from ~17 cm (Fig. 4). There is a well-defined peak concentration of SCPs at 8 to 10
317 cm of $7,800 \text{ gDM}^{-1}$, followed by a decrease in concentrations to levels similar to the steady
318 increase. The ^{210}Pb dates and SCP profile are in remarkable agreement for HORSEY6. The
319 peak SCP concentration assigns 1970 ± 5 at 10 cm in agreement with the ^{210}Pb assigned date
320 of 1979 ± 9 . The 60th percentile places 1963 (1960 ± 10) at 14 cm, the same interval as the
321 ^{137}Cs peak assigned to 1963. Using the sedimentation rate of the last two radiometrically-
322 dated increments gives a sedimentation rate that equates to 3.72 years per cm, giving a date
323 of 1889 for the base of the core at 34.25 cm. This would assign 1850, and the start of the SCP
324 profile, beyond the depth of the core. The SCP profile and cumulative percentile data places
325 1850 ± 25 at the base of the core, in good agreement with these dates despite the observed
326 uneven sedimentation rate (Fig. 4). Using the difference between dates assigned by the SCP
327 cumulative percentage (1940 ± 15 at 16 cm, 1920 ± 20 at 17 cm, 1910 ± 20 at 18 cm and 1900
328 ± 25 at 26 cm) to calculate extrapolated dates, and assuming an uncertainty of ± 20 on
329 extrapolated ^{210}Pb dates, there is good agreement between the SCP and radiometric dating
330 methods.

331

332 Tephra shard peaks were recorded at 2 and 20 cm (Fig. 4). Shards at 2 cm are possibly
333 representative of the 2010 eruption of Eyjafjallajökull, based on the age assigned by the ^{210}Pb
334 age model. However, during analyses of the picked fraction the sample did not yield good
335 results with acceptable analytical totals, which may be related to small shard size. A small
336 number of shards from the 20 cm fraction did result in tephra chemistry with good analytical
337 totals (Table 1). The geochemistry of the tephra shards at 20 cm is consistent with those
338 published for Hekla 1947 (e.g. Larsen *et al.*, 1999; Housley *et al.*, 2010; Rea *et al.*, 2012;
339 supplementary information 2). The geochemistry suggests a dacitic or rhyolitic eruption,
340 forming pumice and therefore with low MgO and FeO and high SiO_2 (Savov *et al.*, 2008). While
341 the comparison is limited by the small shard size and low shard numbers meaning it is difficult
342 to compare the HORSEY6 shards across the range of expected compositions for Hekla 1947,
343 there is a good match to Hekla 1947 on all element ratios and is a better match than other late
344 Holocene widespread tephra, Askja 1875 (supplementary information 3). Moreover, the tephra
345 at 20 cm coincides with the rapid increase in SCP concentration confirming the likelihood that
346 the tephra is from the Hekla 1947 fallout. Hekla 1947 tephra has been found to coincide with
347 a rapid increase in SCPs at a number of sites in Ireland (Rea *et al.*, 2012). Previous occurrence
348 of Hekla 1947 tephra is known for North-East (Newcastle) and North-West (Lake District)
349 England (Rea *et al.*, 2012). The presence of Hekla 1947 tephra in Norfolk hence extends the
350 known dispersal of the ash cloud further south. Despite some uncertainty surrounding
351 sediment accumulation, the additional control afforded by SCP derived dates allows a
352 chronology to be constructed for core HORSEY6 with some confidence. The best available
353 chronology, combining the three dating methods, is presented in Table 2.

354

355 3.1 Grain size

356

357 Percentage sand varied from 2.3 % in ~1857 (33.25 cm) to 43.8 % in ~ 2014 (1.25 cm) (Fig.
358 5). 'Very coarse' sand was present in twelve stratigraphic intervals with peaks in % sand
359 occurring in eight intervals across core length (Table 3). The % sand appears as a peak at
360 21.25 cm, but it is associated with a lower percentage than the other peaks at 27.3 %.
361 However, it is the highest percentage of coarse sand throughout the core at 4.6 %. During
362 periods of low % sand (< 3 %) in ~ 1906 (23.75 cm), ~1878 (29.75 cm), ~1857 (33.25 cm), silt
363 accounts for ~80 % of the sediment (Fig. 5). The core consists of two sedimentary units; clay
364 from 32.25 to 25.25 cm and organic lake muds from 25.25 to 0.25 (Fig. 5). The boundary
365 between sediment units is not associated with any change in grain size.

366

367 3.2 XRF

368

369 Concentrations of selected elements are presented in Fig. 6. There was high variability in all
370 elements between ~1987 until ~1998 (between 8.25 cm and 5.75 cm). Prior to this, there was
371 a gradual increase in P, Cl, Fe, Cu, Br, and Na with a gradual decrease in all other elements.
372 Between ~1975 (11.25 cm) and ~1977 (10.75 cm) there was a sharp decline in Mg, Al, Si, Cl,
373 K, Ca, Ti, Fe and Na before returning to concentrations similar to those in ~1970 (12.25 cm).

374

375 3.3 Ostracod and foraminifera fauna

376

377 Ostracod shells were present in the uppermost 24 cm of HORSEY6, with eleven taxa
378 identified. In order of decreasing abundance, they were: *Cyprideis torosa*, *Darwinula*
379 *stevensoni*, *Candona angulata*, *Candona candida*, *Limnocythere inopinata*, *Cypria subsalsa*,
380 *Sarscypridopsis aculeata*, *Cypria ophtalmica*, *Pseudocandona compressa*, *Cytheromorpha*
381 *fuscata*, and *Herpetocypris reptans*. (Fig. 7). Two foraminifera species were also identified,
382 namely: *Trochammina inflata* and *Jadammina macrescens*. Three ostracod assemblage
383 zones (OAZs) were identified using cluster analysis by incremental sum of squares (Fig. 8).
384 Abundance is reported in valves per 10 cm³, but raw count data is presented in supplementary
385 information 4.

386

387 OAZ 1 (~1863 to 1906, 32.25 to 23.25 cm; Fig 8) is characterised by dominance of
388 foraminiferal tests and almost complete absence of ostracod valves. *Trochammina inflata* is
389 present in high abundance (>100 tests per 10 cm³) throughout OAZ 1, but gradually decreases
390 through OAZ1, with *J. macrescens* present in ~1863 to ~1875 (32.25 to 30.25 cm). Ostracods
391 were not present in the core until ~1904 (25.25 cm) with the first occurrence of *C. torosa*, albeit
392 it in low abundance (<6 per 10 cm³), coinciding with the deposition of organic lake muds (Fig.
393 5) By ~1905 (24.25 cm), there was low abundance (between 4 and 84 valves per 10 cm³) of
394 *C. torosa*, *L. inopinata* and *C. subsalsa*.

395

396 Ostracod abundance increased in OAZ 2 (~1907 to 1983, 22.25 to 8.25 cm; Fig 8) to 120-292
397 valves per 10 cm³ at each interval, but with a decline in *T. inflata* and *J. macrescens*. There
398 was one occurrence of *T. inflata* in OAZ 2 in ~1930 (17.25 cm) (<4 tests per 10 cm³). During
399 OAZ 2, *Cypria subsalsa* and *P. compressa* are at their most abundant. Ostracod diversity also
400 increases with the first occurrence of several species, namely: *C. subsalsa*, *P. compressa*, *C.*
401 *ophtalmica*, *C. fuscata* *C. angulata* and *C. candida*. In ~1970 (12.25 cm), there was an
402 increase in all present species except *S. aculeata*, which decreased in numbers. In ~1970
403 there was also the only occurrence of *C. ophtalmica* and the first occurrence of *C. fuscata*,
404 which was also present in ~1979 (10.25 cm; Fig 8). Although the concentrations were low at

405 2-10 valves per 10 cm³. In ~1952 (15.25 cm), there was a single occurrence of *C. candida*
406 and *H. reptans*.

407

408 Valve concentration of *C. torosa*, *D. stevensoni* and *C. angulata* increased in OAZ 3 (~1987
409 to 2015, 7.25 cm to 0.25 cm; Fig 8) and reached a peak in ~2003 (2.25 cm) of <960 valves
410 per 10 cm³. 2003 (2.25 cm) was the only period where *L. inopinata* was present in OAZ 3.
411 *Sarscypridopsis aculeata* was absent from OAZ 3. *Cyprideis torosa* continued to dominate
412 and increase in abundance. After a reduction in abundance in ~1953 (7.25 cm), the
413 abundance of *Candona* sp. began to increase until ~2015 (0.25 cm). There was an additional
414 occurrence of *J. macrescens* in ~2003 (2.25 cm), but at a low concentration (<5 tests per 10
415 cm³).

416

417 3.4 Ostracod shell chemistry

418

419 Sr/Ca_{shell} varied between 1.98 mmol/mol in ~1906 (23.25 cm) and 0.90 mmol/mol in ~2004
420 (4.25 cm) (Fig. 8; note the circles represent each individual Sr/Ca_{shell} or δ¹⁸O_{shell} value with the
421 grey shaded area representing the variability of shell values within the given stratigraphic
422 interval, not an analytical error margin). There is a large step change in minimum Sr/Ca_{shell}
423 values from >1.1 mmol/mol between ~1905 and 1915 (24.25 to 19.25 cm) to <1.0 mmol/mol
424 from ~1920 to 2015 (18.25 to 0.25 cm) (Fig. 8). Peaks in Sr/Ca_{shell} occurred in ~1906 (23.25
425 cm) at 1.98 mmol/mol, between 1910 and 1915 (20.25 and 19.25 cm) at 1.74 and 1.72
426 mmol/mol, in ~1940 (16.25 cm) at 1.71 mmol/mol, in ~1963 (14.25 cm) 1.71 mmol/mol, in
427 ~1979 (10.25 cm) at 1.55 mmol/mol, in ~1996 (6.25 cm) at 1.26 mmol/mol and in ~2003 (1.25
428 cm) at 1.51 mmol/mol.

429

430 δ¹⁸O_{shell} values varied between +1.27 ‰ in ~1905 (24.25 cm) and -4.57 ‰ in ~2000 (5.25 cm)
431 (Fig. 8). The mean δ¹⁸O_{shell} varied little throughout the core from -1.03 ‰ in ~1905 (24.25 cm)
432 to -2.67 ‰ in 2015 (0.25 cm), with a standard deviation of ±0.72 ‰ (1 σ) throughout the core.
433 There is an overall decrease in δ¹⁸O_{shell} through time, but with a period of higher δ¹⁸O_{shell} values
434 between ~1950 and 1975 (15.25 and 11.25 cm) (Fig. 8). Top-bottom comparisons of the
435 maximum δ¹⁸O_{shell} showed a change from high δ¹⁸O, (+1.27 ‰) to a value of -1.86 ‰.
436 Maximum δ¹⁸O_{shell} values varied by ±0.83 ‰ (1 σ) throughout the core. Whilst there is no step-
437 change in minimum δ¹⁸O_{shell} value-s as with Sr/Ca_{shells}, the minimum δ¹⁸O_{shell} values are more
438 variable over short periods of time prior to ~1940 (16.25 cm). From ~1905 to 1940 (24.25 to
439 16.25 cm; Fig. 8) there are three periods with high minimum δ¹⁸O_{shell} values in ~1908 (21.25
440 cm) at -2.61 ‰, in ~1920 (18.25 cm) at -2.40 ‰ and in ~1940 (16.25 cm) at -2.08 ‰. There
441 are peaks in maximum δ¹⁸O_{shell} values at several stratigraphic intervals. These peaks occurred

442 between ~1905 and 1910 (24.25 to 23.25 cm) with maximum values of +1.27 ‰ and +0.20
443 ‰, ~1915 and 1920 (19.25 to 18.25 cm) at +0.45 ‰ and +0.17 ‰, ~1966 and 1974 (13.25 to
444 11.25 cm) at +0.00 ‰, +0.33 ‰ and +0.80 ‰, and in ~1991 (7.25 cm) at +0.50 ‰.

445

446 3.5 Quantification of Sr/Ca_{shell}

447

448 Modern Sr/Ca_{shell} values in Horsey Mere ranged from 1.87 to 2.26 mmol/mol as recorded in
449 autumn and spring 2016 respectively, with Sr/Ca_{water} values ranging from 2.85 mmol/mol in
450 spring to 4.60 mmol/mol in autumn (Table 4). To produce a site-specific K_D value, the average
451 Sr/Ca_{shell} value of 2.10 mmol/mol and the average Sr/Ca_{water} value of 3.98 mmol/mol were
452 used, giving a K_D[Sr] value of 0.528 ± 0.05, which is comparable to the value published by
453 Marco-Barba *et al.*, (2012) of 0.57 ± 0.25. Using the K_D[Sr] value and equation (2), Sr/Ca_{shell}
454 values of core-top material give comparable conductivity readings to those measured in situ
455 in 2016; field measurements ranged from 8.60 to 11.21 mS cm⁻¹ with calculated values ranging
456 from 4.51 to 9.06 mS cm⁻¹.

457

458 Reconstructed salinity values range from 3.21 mS cm⁻¹ in ~2004 (4.25 cm) to 31.18 mS cm⁻¹
459 in ~ 1906 (23.25 cm) (Table 5). The peaks in Sr/Ca_{shell} values identified in the previous section
460 are associated with conductivity values of 31.18 mS cm⁻¹ in ~1906 (23.25 cm), 22.06 and
461 21.49 mS cm⁻¹ between 1910 and 1915 (20.25 and 19.25 cm), 29.66 mS cm⁻¹ in ~1940 (16.25
462 cm), 16.05 mS cm⁻¹ in ~1979 (10.25 cm), and 14.82 mS cm⁻¹ in 2014 (1.25 cm; Fig. 8; Table
463 5).

464

465 4. Discussion

466

467 The palaeolimnological evidence presented here can be linked to a number of documented
468 sea floods affecting the lakes of the Broads National Park. In combination, the results
469 represent both long-term smoothed patterns and periodic short-term increases in salinity. The
470 ostracod faunal assemblage is typical of oligohaline conditions with some brackish-water and
471 brackish-tolerant species present. There are no periodic increases in abundance or
472 introductions of more saline tolerant species, suggesting that the faunal assemblage is largely
473 a response to background salinity, as opposed to events leading to increased salinity.
474 Throughout the core (except in the lowest section which is barren of ostracods), there is an
475 abundance of *C. torosa*, a typically brackish-water species that can tolerate a wide range of
476 salinities from almost freshwater to fully marine and hypersaline (Meisch, 2000). Present in
477 lower numbers are typically freshwater species tolerant of brackish salinities (*D. stevensoni*,
478 *L. inopinata*, *C. candida*, *P. compressa*, and *H. reptans*) as well as three with preferences for

479 low-salinity brackish waters (*C. angulata*, *C. subsalsa* and *S. aculeata*; Meisch, 2000). The
480 salinity tolerances of species present are in Table 6. The maximum salinity, based on the
481 tolerance of the species present, is 14 PSU, with a period between ~ 1930 and 1979 (20.25
482 cm and 10.25 cm) of sustained raised salinity between 5 and 13.4 PSU. Higher salinities in
483 OAZ1 (~1863 to 1906; Fig 9) are indicated by presence of the foraminifera *T. inflata* and *J.*
484 *macrescens* (tolerant of salinities from 15 to 35 PSU, i.e. brackish to fully marine; Hayward
485 and Hollis, 1994) from ~1860 to 1891 (32.25 to 23.25 cm; Fig 9), which are the only fossil
486 species not present in the modern-day system. Low abundance of ostracods in this section
487 suggests conditions unfavourable for ostracod occurrence and/or preservation. Low
488 abundance is associated with the clay sedimentary unit. Furthermore, the foraminifera present
489 are agglutinated and, therefore, not susceptible to the same effects of dissolution as calcitic
490 ostracod valves. The foraminifera species present are typical of saltmarsh environments
491 (Horton, 1999) and suggest a shallower more saline, perhaps intertidal, environment. An
492 environment below mean high water level, suitable for foraminifera but not ostracods, with
493 periodic inundation and lower sediment accumulation may account for the lack of ostracod
494 valves recovered from this section of the core. Our coring location in the north-east of Horsey
495 Mere and the age of the base of the core (~1850 ± 25) coincide with the Horsey Enclosure
496 Act of 1812 when the direct oceanic connection to the north-east corner of Horsey Mere was
497 closed off, suggesting a reduction in salinity (hence the loss of foraminifera) post ~1800 and
498 a change in the extent of the lake. Saltmarsh conditions in the Thurne Broads in the mid to
499 late 1800s are also suggested by the presence of these foraminifera species in cores collected
500 from Hickling Broad (Holmes *et al.*, 2010).

501

502 Historical records of ostracod faunas collected from Horsey Mere in the 1860s include
503 *Cyprideis torosa*, *Cytheromorpha fuscata*, *Darwinula stevensoni*, *Limnocythere inopinata* and
504 *Sarscypridopsis aculeata* (names are revised according to modern usage; Brady and
505 Robertson, 1870). Species characteristic of low salinity brackish water were evidently present
506 in Horsey Mere in the 1860s as suggested by Brady and Robertson (1870) and the presence
507 of ostracod shells in an unpublished core from Horsey Mere (HORSEY3). However, no
508 ostracod shells were recovered from HORSEY6 older than ~1903 (Fig. 9); this may be
509 evidence of post-depositional dissolution of ostracod shells. Although *Cytheromorpha fuscata*
510 was recorded in the Norfolk Broads by Brady and Robertson (1870) and is recorded in
511 HORSEY6 in ~1970, it was not subsequently found alive in Britain until 1990 when it was
512 collected in the Thurne Broads in the river between Heigham Sound and Martham Broad
513 (Boomer and Horne, 1991). The occurrence of *Cypria subsalsa* in the HORSEY6 core is
514 particularly interesting because this species has rarely been recorded in Britain, most likely
515 because it has been confused with *Cypria ophthalmica*, a common species of which *C. subsalsa*

516 was at first thought to be a variety. Unpublished records of *C. subsalsa* in Norfolk include the
517 collection of living specimens from Breydon Water (I. Boomer, pers. comm., 2022). In Belgium
518 and the Netherlands, it has been found exclusively in coastal and inland brackish waters
519 (Wouters, 1984; Meisch, 2000). Interesting as the records of Brady and Robertson (1870) are
520 for comparison, no clear distinction was made between live and dead specimens, and it is
521 possible that shells of some brackish water taxa were transported in by tidal flow. The
522 collection of living ostracods during our field campaign was insufficient to establish the
523 diversity of the present-day living ostracod fauna.

524

525 While the ostracod fauna gives a good indication of background salinity, it fails to highlight
526 short-term increases in salinity associated with storm surges, probably due to the broad
527 salinity tolerances of the species present. However, the ostracod shell chemistry appears to
528 indicate periodic short-term raised-salinity events. Palaeosalinity was highest in ~1906 and
529 ~1940 (19.4 and 18.3 PSU; Table 5), coinciding with the tidal breaches at Horsey Gap in 1907
530 and 1938 (Mosby, 1939; Bankoff, 2013). The peak in $\text{Sr}/\text{Ca}_{\text{shell}}$ at 23.25 cm (1.98 mmol/mol,
531 31.18 mS cm^{-1}) is associated with the 1906 storm surge. Following this, there was a sustained
532 period of raised salinity between 1910 and 1915 (20.25 and 19.25 cm; 1.74 and 1.72
533 mmol/mol, 22.06 and 21.49 mS cm^{-1}). Salinity values appear to decrease between ~1907 to
534 ~1908 (22.25 cm to 21.25 cm) with an increase in very coarse sand and low abundance of
535 brackish water ostracod species in ~1910 (20.25 cm; Fig. 9). The sedimentary geochemical
536 fingerprint of the 1953 flood has been recorded in saltmarsh cores along the North Norfolk
537 coast at Holkham and a temporary decrease in Cl concentration of Horsey Mere sediments in
538 ~1910 (20.25 cm; Fig. 7) is consistent with storm sand deposits associated with the 1953
539 floods (Swindles *et al.*, 2018). It is likely, therefore, that there was a higher accumulation of
540 sediment associated with storm in-wash and that salinity of the lake remained high following
541 the storm of 1907.

542

543 An increase in salinity in ~1930 (17.25 cm), sustaining in part through to ~1979 (10.25 cm), is
544 supported by the single occurrence of *T. inflata* (<4 tests per 10 cm^3) and increase in *C.*
545 *subsalsa* in OAZ 2, and the presence of very coarse sand in ~1930 (17.25 cm) (Fig. 9). The
546 peak in $\text{Sr}/\text{Ca}_{\text{shell}}$, and therefore reconstructed salinity, occurs in ~1940 (16.25 cm) at 29.66
547 mS cm^{-1} (18.3 PSU). Despite, a long-term and remarkably detailed record of past salinity for
548 Horsey Mere, the 1938 flood was not directly captured by past measurements. However,
549 measured lake-water salinity values for 1939 suggest an increase from pre-flood values to a
550 maximum of 4,460 mg/L, with a peak in chloride concentration in 1940 of 7,400 mg/L (Roberts
551 *et al.*, 2019); equivalent to 8.1 and 13.4 PSU. This would confirm the peak in $\text{Sr}/\text{Ca}_{\text{shell}}$ at 16.25
552 cm to be associated with the North Sea storm surge of 1938. Cl concentration of sediments

553 also increases during this period (Fig. 7). The presence of proxies suggesting an increase in
554 salinity from ~1930 could be due to increased sediment accumulation, due to flooding or the
555 deepening of the agricultural drainage network, that is not taken into account in the age model,
556 making these sediments as older than they are, and/or a time delay in the calcification of
557 ostracods recording increased salinity. The proxies in combination confirm that salinity was
558 sustained for several years following the 1938 flood. Documentary evidence suggests that
559 Horsey Mere was still affected by increased salinity until 1950 (Buxton, 1951). Taking dating
560 uncertainties into account, the peak in Sr/Ca_{shell} 14.25 cm of 1.71 mmol/mol (21.02 mS cm⁻¹;
561 12.6 PSU) is likely associated with the 1953 sea flood (Fig. 9). Following this peak, there is a
562 period of sustained higher $\delta^{18}O_{shell}$. The Sr/Ca_{shell} during this period is low (1.05 to 1.17
563 mmol/mol), which, in combination with higher $\delta^{18}O_{shell}$ values (0.00 to +0.80 ‰), likely suggests
564 salinity values above ~5 PSU when the local Sr/Ca mixing line becomes non-linear. Salinity
565 above this level is confirmed by the mutual salinity tolerance of present ostracod species (5-
566 13.4 PSU). A peak in Sr/Ca_{shell} equivalent to salinity of 16.05 mS cm⁻¹ (9.4 PSU) in ~1979
567 (10.25 cm) is associated with the flood of 1978. Fewer documentary and monitoring archives
568 of the floods of 1953 and 1978 exist, however the floods are considered to have had less
569 impact on the lakes. Indeed, palaeolimnological evidence suggests that the salinity of the
570 lakes returned to pre-1930 concentrations within five years of the 1978 flood. In combination,
571 the floods of 1938, 1953 and 1978 caused a sustained increase in salinity to about 5 PSU until
572 the early 1980s. An increase in salinity following these flood events has also been suggested
573 from paleolimnological records of Hickling Broad (e.g., Holmes *et al.*, 2010), providing
574 evidence of an increase in salinity occurring across the Thurne Broads.

575

576 The high variability in elemental concentration of sediments after ~1987 until ~1998 is likely
577 linked to high variability in salinity (Fig. 9). Monitoring data for Horsey Mere suggest that the
578 greatest annual variability in salinity was in 1994, ranging from 1,160 to 8,500 mg/L (2.1 to
579 15.4 PSU) (Roberts *et al.*, 2019). The Sr/Ca_{shell} values suggest a range between 2.1 and 4.8
580 PSU with the variability in $\delta^{18}O_{shell}$ high in ~1991 (7.25 cm) at ± 4.81 ‰ with a maximum value
581 of +0.5 ‰. This again suggests periods of raised salinity above 5 PSU, and non-linearity of
582 the Sr/Ca mixing line. There is very low abundance and diversity of ostracods with only *C.*
583 *torosa* and *Candona* juveniles recorded in ~1991 suggesting increased salinity (Fig. 9). A tidal
584 surge in 1993 (Kindleysides, 1993) is associated with some of this variability in salinity, but is
585 likely a combination of the effects of storm surges and enhanced and deeper agricultural
586 drainage system, resulting in groundwater ingress into the surrounding drainage network
587 (drainage pumping locations are denoted by triangles in Fig. 1). For instance, the 1979
588 drainage scheme on the West Somerton Level resulted in a doubling of salinity in Martham
589 Broad in the 1980s (Driscoll, 1984; George, 1992). It is likely, whilst not documented, that

590 deep drainage impacted the other broads of the Thurne system. *Sarscypridopsis aculeata* was
591 absent from OAZ 3 (~1987 to 2015, 8.25 cm to 0.25 cm), suggesting lower salinity overall and
592 water ionic composition more similar to the freshwater end member. However, a peak in
593 Sr/Ca_{shell} of 1.51 mmol/mol (14.82 mS cm⁻¹; 1.25 cm) coincides with the 2013 tidal surge
594 (Eastern Daily Press, 2013). Taking into account uncertainties in dating and sediment
595 accumulation, the presence of *J. macrescens* at 2.25 cm, but at a low concentration (<5 tests
596 per 10 cm³), is likely also associated with the 2013 tidal surge (Fig. 9).

597

598 **5. Conclusions**

599

600 Sr/Ca and $\delta^{18}\text{O}$ values of ostracod shells provide a sensitive proxy for understanding short-
601 term increases in salinity associated with storm surges. Notwithstanding errors and
602 uncertainties associated with intermittent monitoring and calibration studies, the Sr/Ca_{shell}
603 values closely match known salinity changes associated with storm surges; archival records
604 of the salinity of Horsey Mere in 1940 suggest a maximum salinity of 13.4 PSU with ostracod
605 Sr/Ca_{shell} palaeosalinity calibrations giving a maximum value of 18.3 PSU. Due to a lack of
606 regular monitoring during the 1930s, the previous most comprehensive archival and
607 documentary reports of the floods of 1938 suggest that salinity had returned to previous levels
608 within six years. Palaeolimnological evidence, however, suggests that increased salinity was
609 sustained for up to ~40 years likely due to the frequency and intensity of floods and deepening
610 of drainage during this period, resulting in a lack of recovery between floods and an increase
611 in baseline salinity. Background salinity decreased in the 1970s due to protection from the
612 Sea Palling sea wall, erected after the 1953 flood. However, the likely increased stress on sea
613 walls due to continued climate change-related sea level rise and a predicted increase in
614 extreme storms could result in future threats to the coastal lakes of Eastern England and other
615 low-lying areas of Western mainland Europe. Quantifying and understanding the impacts of
616 past storm surges will have significant implications for the management of locally, nationally,
617 and internationally important sites of coastal conservation worldwide.

618

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620

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633

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637

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641

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644

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648 are for the period 2015-1905, after which *C. torosa* is not present in the core.

649

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651

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656

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658 Mere, after the 1938 North Sea storm surge. (Image © Historic England)

659

660 **Figure 3.** Fallout radionuclide concentrations in core HORSEY6 taken from Horsey Mere,
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664

665 **Figure 4.** Dating profiles for Horsey Mere. Features used to define the chronology are
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668
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672
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675
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678 100 μm scale bar applies to images 1-2 and 4-9 and the 200 μm scale bar to image 3 only.
679 Depths represent levels in HORSEY6 from which each specimen was recovered.
680 1. *Pseudocandona compressa*, female, adult, LV (10-10.5 cm); 2. *Cyprideis torosa*, male,
681 adult, RV (2-2.5 cm); 3. *Candona angulata*, male, adult, LV (10-10.5 cm); 4. *Sarscypridopsis*
682 *aculeata*, female, adult, LV (10-10.5 cm); 5. *Cypria ophthalmica*, female, adult, LV (12-12.5 cm);
683 6. *Cypria subsalsa*, lack of soft parts for identification but presumed female, adult, LV (12-12.5
684 cm); 7. *Cytheromorpha fuscata*, male, adult, RV (10-10.5 cm); 8. *Trochammina inflata* (32-
685 32.5 cm); 9. *Jadammina macrescens* (32-32.5 cm)

686
687 **Figure 8.** Ostracod faunal assemblage and ostracod geochemistry for core HORSEY6. Dates
688 are radiometrically determined until 1963 ± 10 after which the italicised dates are based on the
689 SCP profile, tephrochronology, and extrapolation. The grey shading represents the range of
690 ostracod geochemical data within a stratigraphic interval, not an error margin.

691 **Figure 9.** Palaeolimnological data from core HORSEY6 allowing reconstruction of smoothed
692 'background' and periodic increases in salinity. Dates are radiometrically determined until
693 1963 ± 10 after which the italicised dates are based on the SCP profile, tephrochronology, and
694 extrapolation. The grey shading represents the range of ostracod geochemical data within a
695 stratigraphic interval, not an error margin. Monitoring data of salinity (Chloride mg/L) is
696 presented alongside the paleolimnological proxies of salinity: the mean values are denoted by
697 the points and black line; the minimum and maximum values are denoted by the grey dashes.

698 **Supplementary Information 1.** Mixing model between storm precipitation (0 PSU) and
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700 calculated for the 2013, 1953, and 1938 storm surges. Monthly rainfall data were recorded at
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 707 concentrations. Chemistry of HORSEY6 tephra is denoted by the green crosses with the red
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 709 and Hekla 1947).

710 **Supplementary Information 4.** Ostracod and foraminifera faunal count data from HORSEY6

711 **Table 1.** Horsey Mere WDS EPMA (University of Edinburgh) tephra chemistry major elements oxide
 712 concentrations
 713

| Code | SiO ₂ | TiO ₂ | Al ₂ O ₃ | FeO | MnO | MgO | CaO | Na ₂ O | K ₂ O | P ₂ O ₅ | Total |
|--------------|------------------|------------------|--------------------------------|------|------|------|------|-------------------|------------------|-------------------------------|-------|
| HO 20.0-20.5 | 74.35 | 0.08 | 12.86 | 0.97 | 0.05 | 0.08 | 0.75 | 3.45 | 4.57 | 0.02 | 97.19 |
| HO 20.0-20.5 | 71.74 | 0.07 | 12.59 | 0.96 | 0.05 | 0.08 | 0.95 | 3.35 | 4.27 | 0.37 | 94.43 |
| HO 20.0-20.5 | 70.27 | 0.80 | 12.81 | 5.24 | 0.14 | 0.69 | 3.17 | 3.59 | 1.78 | 0.18 | 98.65 |

714

715 **Table 2.** Chronology for HORSEY6 combining SCP, ²¹⁰Pb dates and tephrochronology

| Depth (cm) | Date CE | ± |
|------------|---------|----|
| 0 | 2015 | |
| 0.25 | 2014 | 2 |
| 2.25 | 2010 | 2 |
| 4.25 | 2004 | 4 |
| 6.25 | 1996 | 5 |
| 8.25 | 1987 | 7 |
| 10.25 | 1979 | 9 |
| 11.25 | 1974 | 11 |
| 12.25 | 1970 | 12 |
| 14.25 | 1963 | 15 |
| 16.25 | 1940 | 15 |
| 18.25 | 1920 | 20 |
| 20.25 | 1910 | 20 |
| 22.25 | 1907 | |
| 24.25 | 1905 | |
| 26.25 | 1900 | 25 |
| 28.25 | 1888 | |
| 30.25 | 1875 | |
| 32.25 | 1863 | |
| 34.25 | 1850 | 25 |

716

717 **Table 3.** Presence of very coarse sand and peaks in % sand in core HORSEY6

718

| Approximate year | Core depth (cm) | Peaks in grain size | |
|------------------|-----------------|---------------------|--------|
| | | % very coarse sand | % sand |
| 2014 | 1.25 | | 43.8 |
| 2012 | 1.25 | 0.46 | |
| 2006 | 3.75 | | 33.3 |
| 1989 | 7.75 | | 40.7 |
| 1970 | 12.25 | 1.03 | 38.4 |
| 1976 | 13.25 | 0.28 | |
| 1935 | 16.75 | 0.04 | |
| 1930 | 17.25 | 0.44 | |
| 1915 | 19.25 | | 31.2 |
| 1910 | 20.25 | 1.67 | |
| 1909 | 21.25 | 1.51 | 27.3 |
| 1897 | 16.75 | 4.45 | |
| 1888 | 28.25 | 0.15 | |
| 1879 | 26.75 | | 33.8 |
| 1872 | 30.75 | 1.17 | |
| 1863 | 32.25 | 0.20 | |
| 1860 | 32.75 | | 19.5 |
| 1857 | 33.75 | 0.60 | |

719

720

721 **Table 4.** Modern Sr/Ca_{water} and Sr/Ca_{ostracod} values for Horsey Mere used to calculate a site-specific K_D value. Sampling between September and April for a winter Sr/Ca_{water} value was
722 not possible due to the overwintering of wildfowl.
723

| Date | Sr/Ca _{water} (mmol/mol) | Spatial and Seasonal variation (1σ) | Analytical error | Sr/Ca _{shell} (mmol/mol) | Spatial and Seasonal variation (1σ) | Analytical error | K _D Value |
|----------------|-----------------------------------|-------------------------------------|------------------|-----------------------------------|-------------------------------------|------------------|----------------------------------|
| Apr-16 | 2.850 3.038 4.339 | 0.672 | ±0.006 | 2.263 | 0.140 | ±0.001 | 0.794 |
| Jun-16 | 4.437 3.451 4.339 | | | 2.115 | | | 0.477 |
| Sep-16 | 4.599 4.314 4.439 | | | 1.869 2.198 2.018 2.142 | | | 0.406 0.510 0.455 0.483 |
| Average | 3.978 | | | 2.101 | | | 0.528 ± 0.05 |

724

725 **Table 5.** Downcore Sr/Ca_{ostracod} values, back-calculated Sr/Ca_{water} using the K_D value
726 calculated in in Table 4, and the reconstructed conductivity using the calibration of Holmes *et*
727 *al.* (2010). Conductivity values are converted to PSU using UNESCO (1983).

| Year | Sr/Ca _{shell} (mmol/mol) | | | Sr/Ca _{water} (mmol/mol) | | | Palaeosalinity (mS cm ⁻¹) | | | PSU | | |
|------|-----------------------------------|------|------|-----------------------------------|------|------|---------------------------------------|-------|-------|------|------|-------------|
| | Mean | Max | Min | Mean | Max | Min | Mean | Max | Min | Mean | Max | Min |
| 2015 | 1.11 | 1.28 | 1.01 | 2.1 | 2.41 | 1.91 | 5.96 | 9.06 | 4.51 | 3.2 | 5.1 | 2.4 |
| 2014 | 1.16 | 1.51 | 0.99 | 2.2 | 2.86 | 1.88 | 6.86 | 14.82 | 4.29 | 3.8 | 8.6 | 2.3 |
| 2010 | 1.23 | 1.23 | 1.23 | 2.32 | 2.32 | 2.32 | 8.04 | 8.04 | 8.04 | 4.5 | 4.5 | 4.5 |
| 2007 | 1.14 | 1.26 | 1.06 | 2.15 | 2.39 | 2.01 | 6.39 | 8.75 | 5.25 | 3.5 | 4.9 | 2.8 |
| 2004 | 1.04 | 1.19 | 0.90 | 1.97 | 2.26 | 1.70 | 4.91 | 7.41 | 3.21 | 2.6 | 4.1 | under scale |
| 2000 | 1.09 | 1.16 | 1.00 | 2.06 | 2.19 | 1.89 | 5.59 | 6.77 | 4.33 | 3.0 | 3.7 | 2.3 |
| 1996 | 1.15 | 1.26 | 1.05 | 2.18 | 2.38 | 1.99 | 6.62 | 8.64 | 5.09 | 3.6 | 4.8 | 2.7 |
| 1991 | 1.04 | 1.07 | 0.97 | 1.97 | 2.03 | 1.83 | 4.94 | 5.37 | 3.93 | 2.6 | 2.9 | 2.1 |
| 1987 | 1.07 | 1.18 | 0.98 | 2.03 | 2.24 | 1.85 | 5.35 | 7.23 | 4.05 | 2.9 | 4.0 | 2.1 |
| 1983 | 1.07 | 1.27 | 0.95 | 2.03 | 2.41 | 1.80 | 5.40 | 9.01 | 3.74 | 2.9 | 5.0 | under scale |
| 1979 | 1.25 | 1.55 | 1.05 | 2.37 | 2.94 | 1.98 | 8.61 | 16.05 | 5.00 | 4.8 | 9.4 | 2.7 |
| 1974 | 1.04 | 1.05 | 1.02 | 1.97 | 1.99 | 1.94 | 4.87 | 5.10 | 4.67 | 2.6 | 2.7 | 2.5 |
| 1970 | 1.11 | 1.16 | 1.06 | 2.10 | 2.20 | 2.02 | 5.94 | 6.88 | 5.26 | 3.2 | 3.8 | 2.8 |
| 1966 | 1.00 | 1.17 | 0.92 | 1.89 | 2.21 | 1.74 | 4.31 | 6.94 | 3.40 | 2.3 | 3.8 | under scale |
| 1963 | 1.17 | 1.71 | 1.02 | 2.22 | 3.24 | 1.93 | 7.03 | 21.02 | 4.62 | 3.9 | 12.6 | 2.5 |
| 1951 | 1.06 | 1.32 | 0.95 | 2.00 | 2.50 | 1.80 | 5.15 | 10.03 | 3.76 | 2.8 | 5.6 | under scale |
| 1940 | 1.3 | 1.94 | 0.94 | 2.46 | 3.67 | 1.77 | 9.56 | 29.66 | 3.6 | 5.4 | 18.3 | under scale |
| 1930 | 1.14 | 1.45 | 0.91 | 2.15 | 2.75 | 1.73 | 6.40 | 13.32 | 3.34 | 3.5 | 7.7 | under scale |
| 1920 | 1.26 | 1.39 | 1.00 | 2.39 | 2.63 | 1.90 | 8.78 | 11.71 | 4.41 | 4.9 | 6.7 | 2.3 |
| 1915 | 1.57 | 1.72 | 1.48 | 2.98 | 3.26 | 2.80 | 16.65 | 21.49 | 14.02 | 9.8 | 12.9 | 8.1 |
| 1910 | 1.37 | 1.74 | 1.15 | 2.59 | 3.29 | 2.18 | 11.12 | 22.06 | 6.68 | 6.3 | 13.3 | 3.7 |
| 1908 | 1.39 | 1.65 | 1.24 | 2.64 | 3.12 | 2.35 | 11.73 | 19.05 | 8.31 | 6.7 | 11.3 | 4.6 |
| 1907 | 1.39 | 1.61 | 1.15 | 2.64 | 3.06 | 2.18 | 11.76 | 17.96 | 6.62 | 6.7 | 10.6 | 3.6 |
| 1906 | 1.62 | 1.98 | 1.32 | 3.07 | 3.74 | 2.50 | 18.14 | 31.18 | 10.00 | 10.7 | 19.4 | 5.6 |
| 1905 | 1.42 | 1.76 | 1.12 | 2.69 | 3.34 | 2.12 | 12.43 | 22.99 | 6.09 | 7.1 | 13.9 | 3.3 |

729 **Table 6.** Salinity tolerances of ostracod and foraminifera species present in core HORSEY6

730

| Species | Salinity tolerance (PSU) | Reference |
|---------------------------------|---------------------------------------|--|
| <i>Cyprideis torosa</i> | 0.4 to 150 | Meisch, 2000 |
| <i>Darwinula stevensoni</i> | Up to 15 | Meisch, 2000 |
| <i>Sarscypridopsis aculeata</i> | Up to 17.2 with an optimum of 5 to 10 | Ganning, 1971; Henderson, 1990; Meisch and Broodbakker, 1993; Griffiths, 1995; Meisch, 2000; Holmes <i>et al.</i> , 2007 |
| <i>Limnocythere inopinata</i> | Up to 25 | Neale, 1988; Löffler, 1990 |
| <i>Pseudocandona compressa</i> | Up to 8.4 | Hiller, 1972; Meisch, 2000 |
| <i>Candona angulata</i> | 0.2 to 14 | Meisch, 2000 |
| <i>Candona candida</i> | Up to 5.77 | Hiller, 1972; Meisch, 2000 |
| <i>Cypria subsalsa</i> | 0.5 to 13.4 | Meisch, 2000 |
| <i>Cypria ophtalmica</i> | Up to 6 | Delorme, 1978; Neale, 1988; Geiger, 1990; Meisch, 2000 |
| <i>Cytheromorpha fuscata</i> | 0.5 to 20 | |
| <i>Herpetocypris reptans</i> | 0.5 to 6 | Yassini 1969; Usskilat, 1975 |
| <i>Trochammina inflata</i> | 15 to 35 | Hayward and Hollis, 1994 |
| <i>Jadammina macrescens</i> | 15 to 35 | Hayward and Hollis, 1994 |

731

732 **References**

733

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988

989 **Statements and Declarations**

990 *Funding*

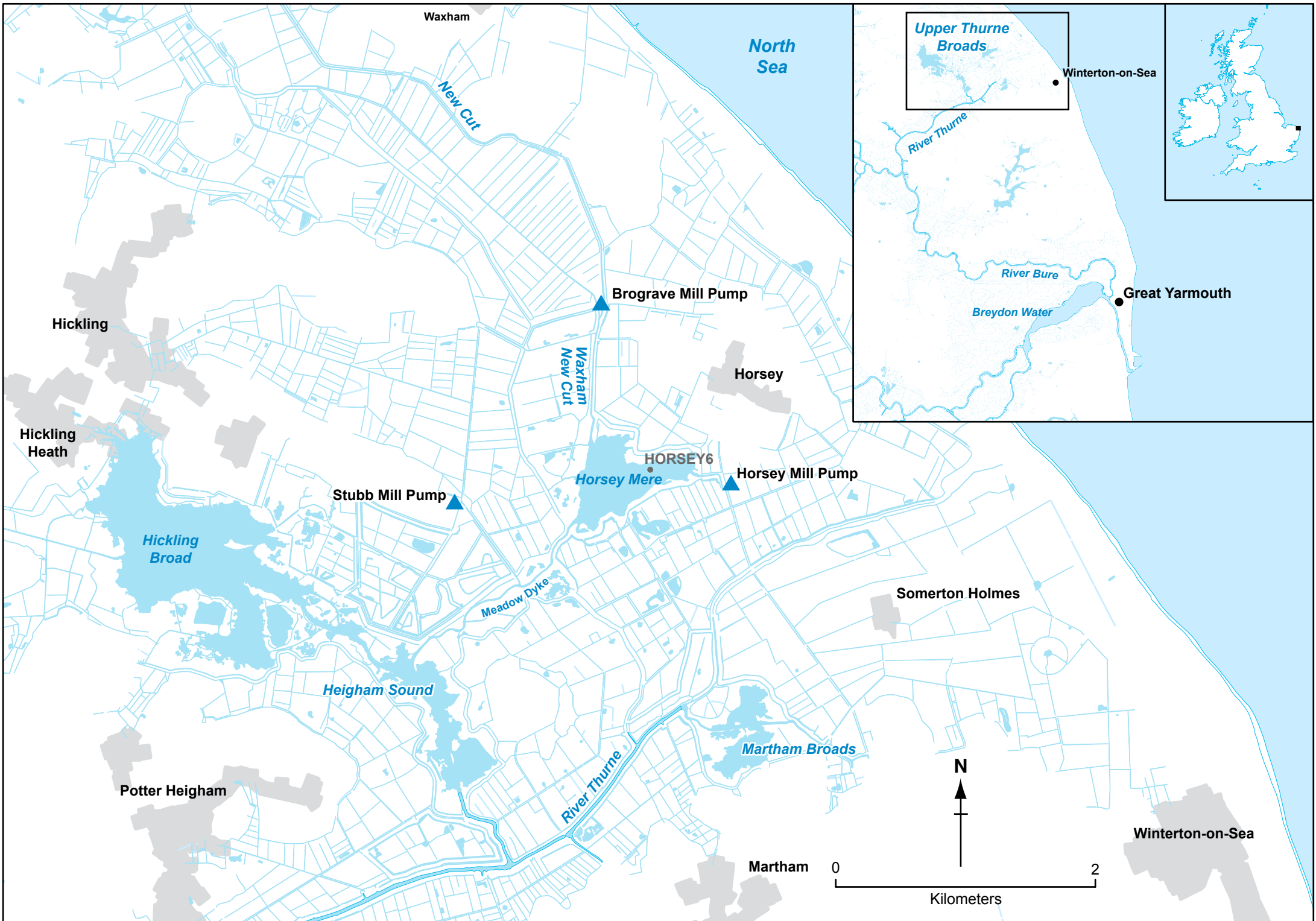
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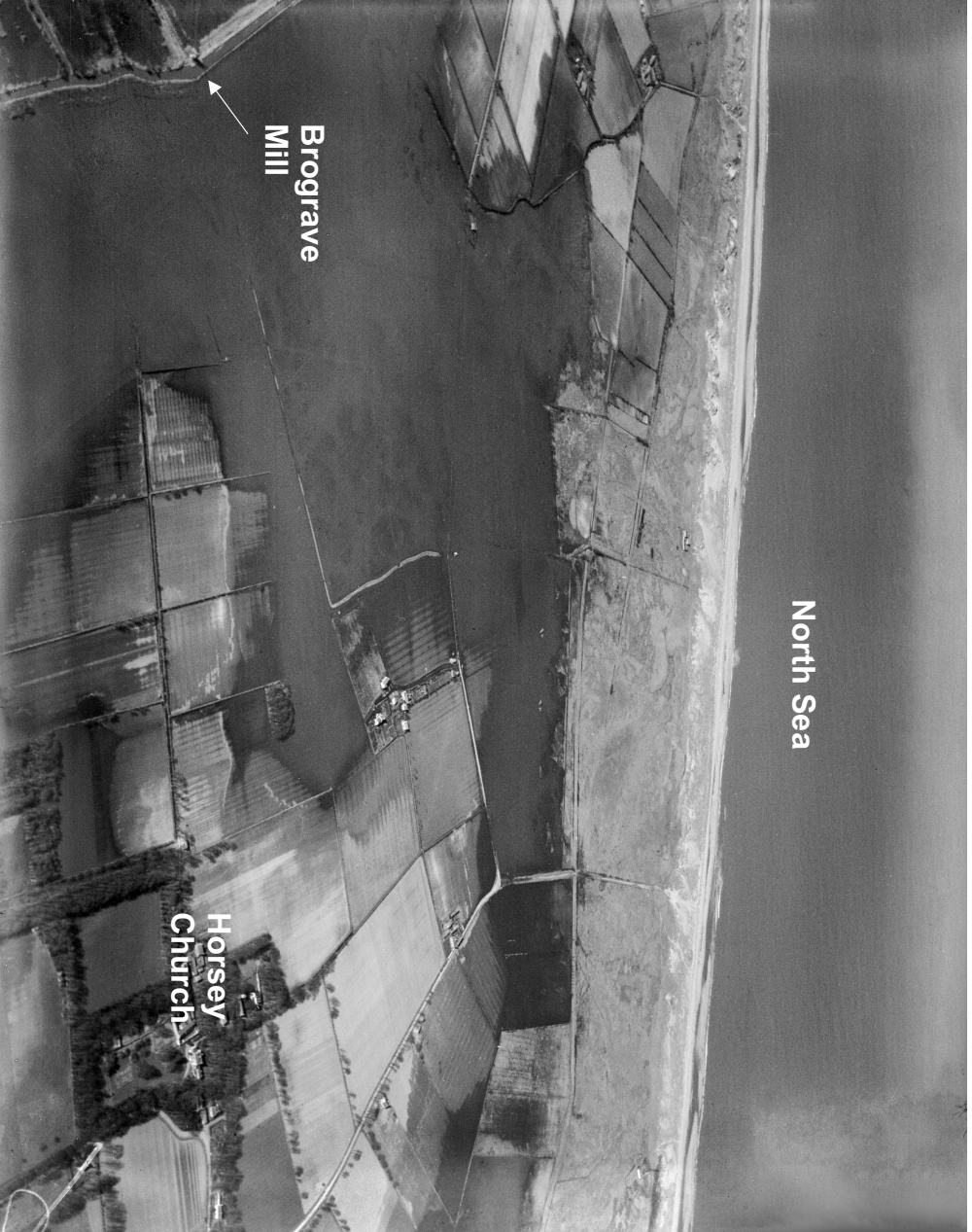
995 *Competing interests*

996 The authors have no relevant financial or non-financial interests to disclose.
997

998 *Author contributions*

999 **Lucy Roberts**: Conceptualization, formal analysis, visualization, investigation, writing – original draft.
1000 **Jonathan Holmes**: Conceptualization, methodology, supervision, writing - review & editing. **David**
1001 **Horne**: Conceptualization, supervision, writing - review & editing. **Melanie Leng**: Investigation, writing
1002 - review & editing. **Carl Sayer**: Conceptualization, supervision, writing - review & editing. **Rhys**
1003 **Timms**: Investigation, writing – review & editing. **Katy Flowers**: Investigation, writing – review &
1004 editing. **Simon Blockley**: Formal analysis, visualization, writing – review & editing. **Andrea Kelly**:
1005 Conceptualization, supervision, writing – review & editing

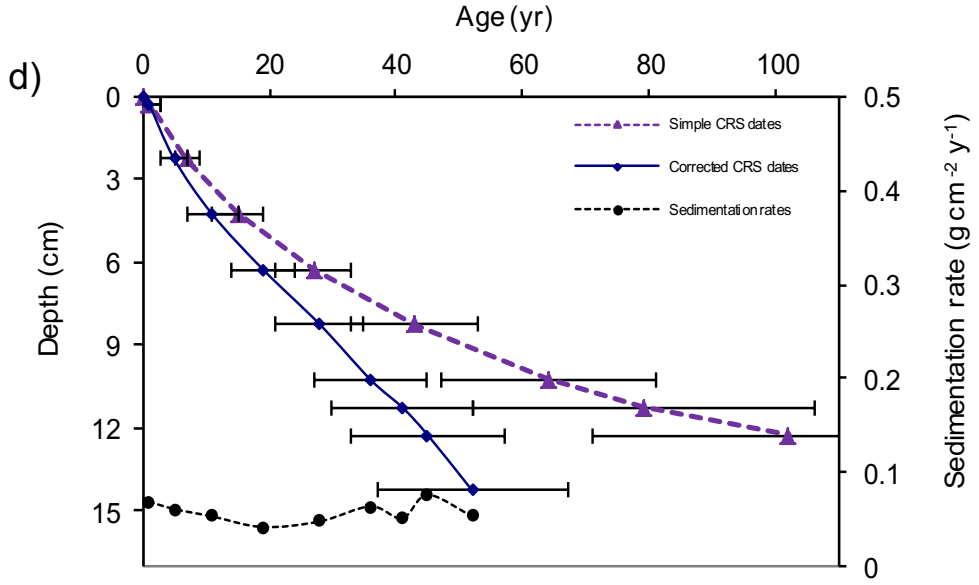
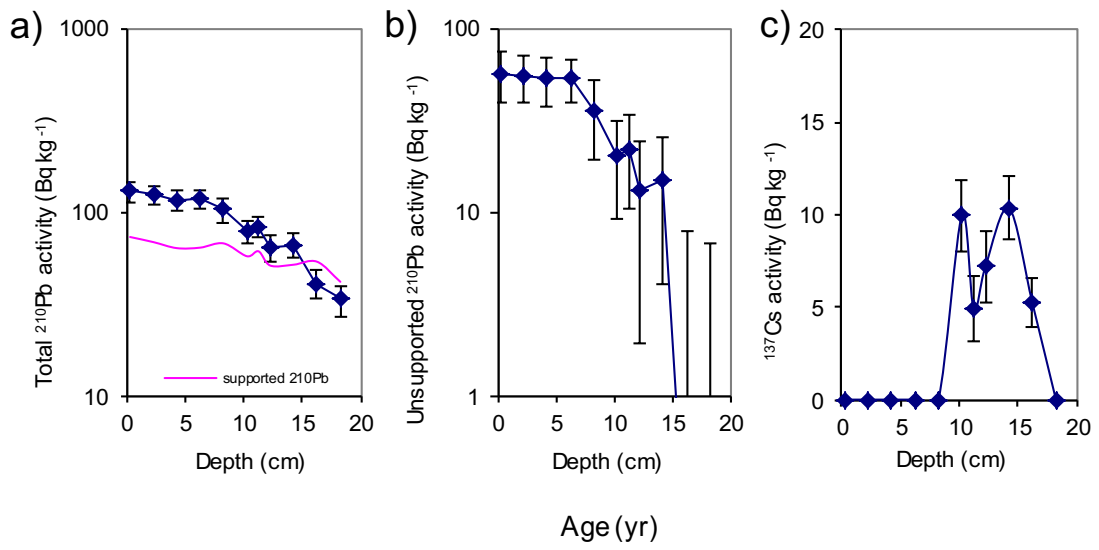




North Sea

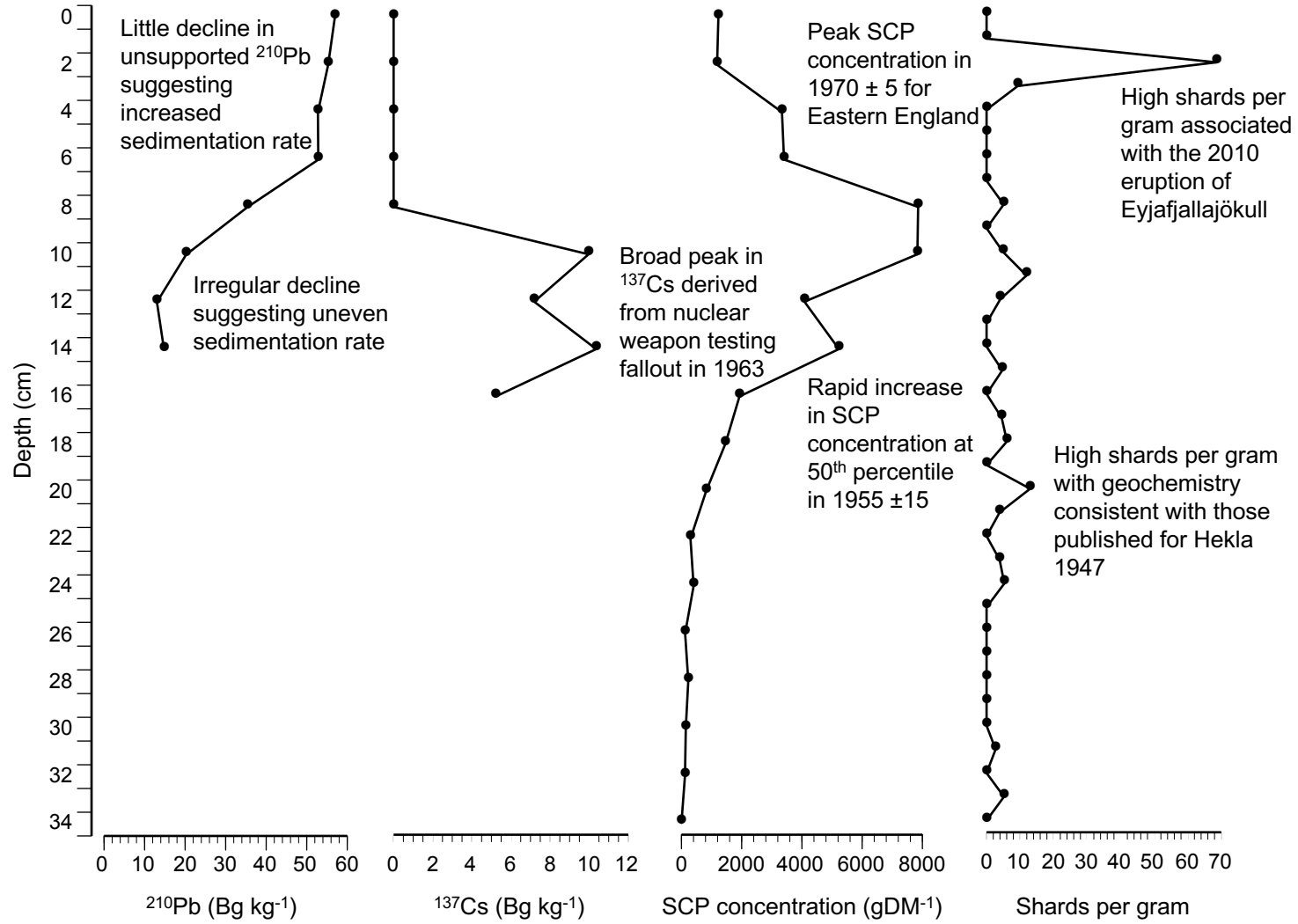
Brograve Mill

Horsey Church



²¹⁰Pb dates

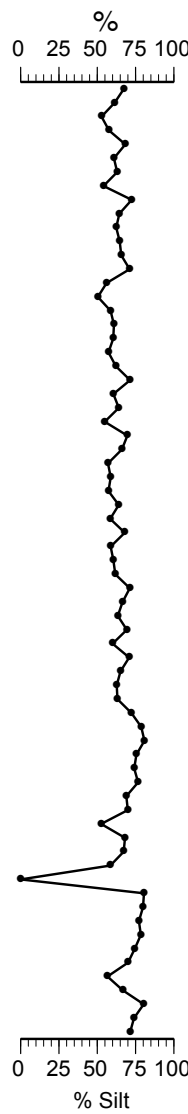
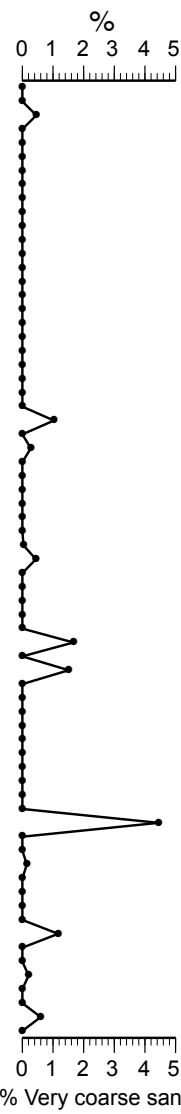
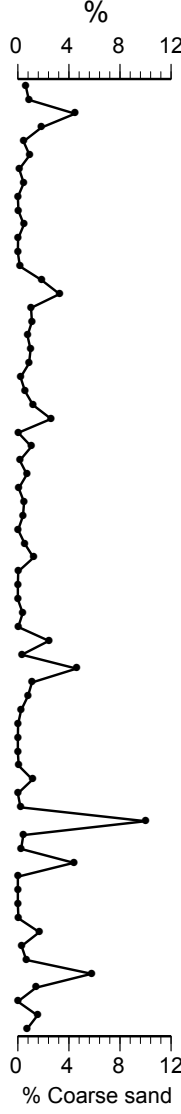
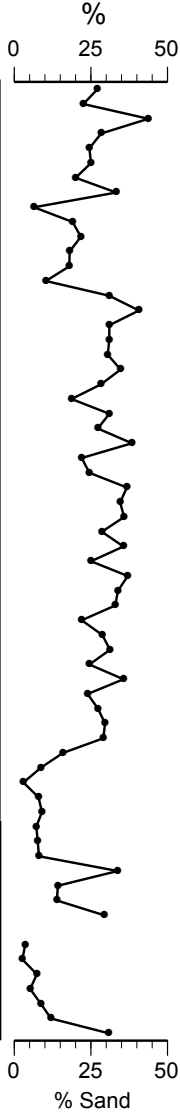
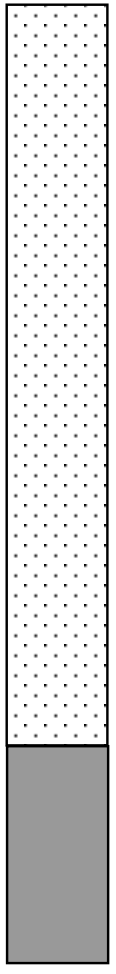
- 2015
- 2010 ± 2
- 2004 ± 4
- 1996 ± 5
- 1987 ± 7
- 1979 ± 9
- 1974 ± 11
- 1970 ± 12
- 1963 ± 15



Year
(CE)

2015
2010 ± 2
2004 ± 4
1996 ± 5
1987 ± 7
1979 ± 9
1974 ± 11
1970 ± 12
1963 ± 15
1940 ± 15
1920 ± 20
1910 ± 20
1907 ± 20
1905 ± 20
1900 ± 25
1888 ± 25
1875 ± 25
1850 ± 25

Depth (cm)



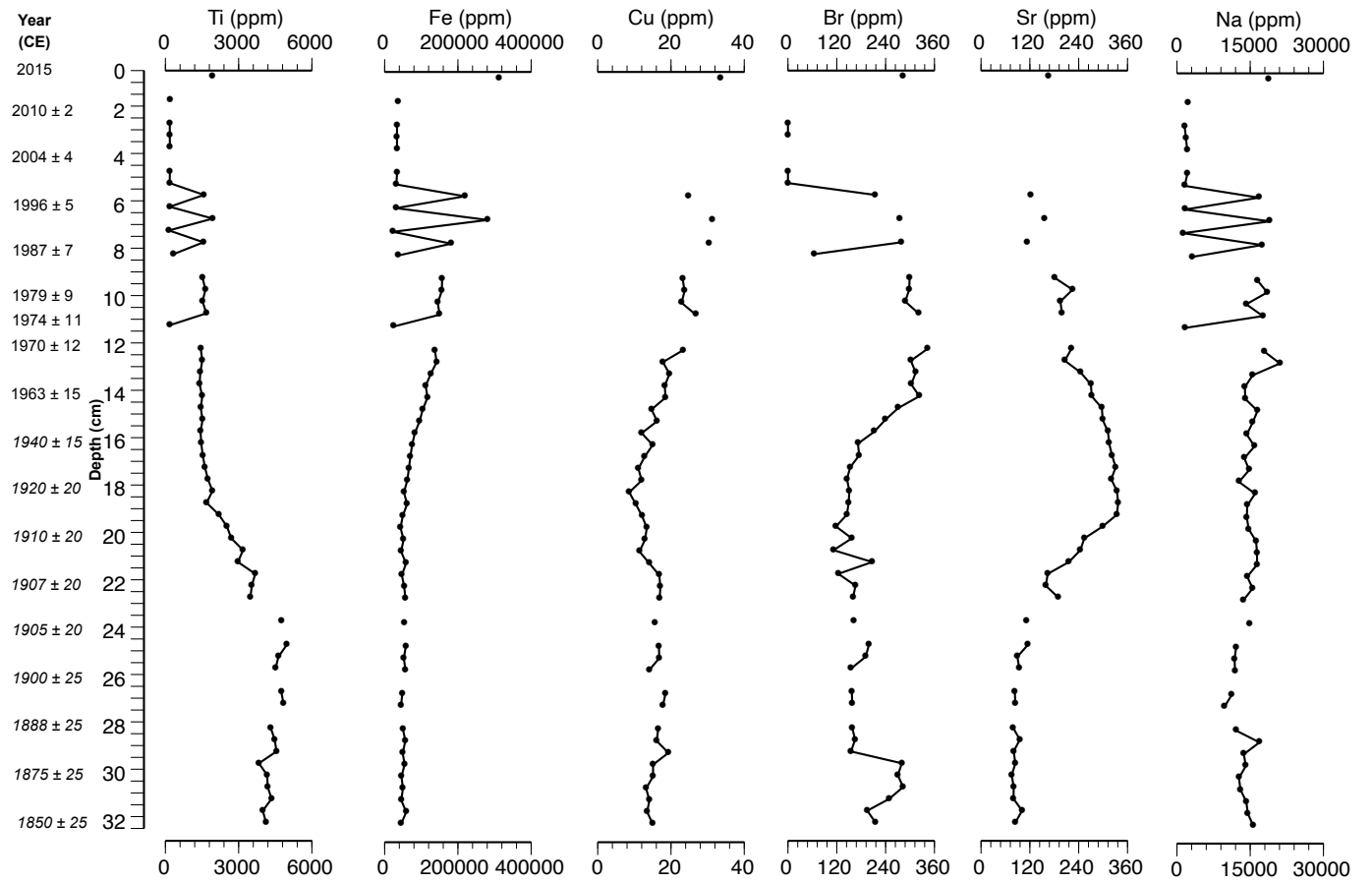
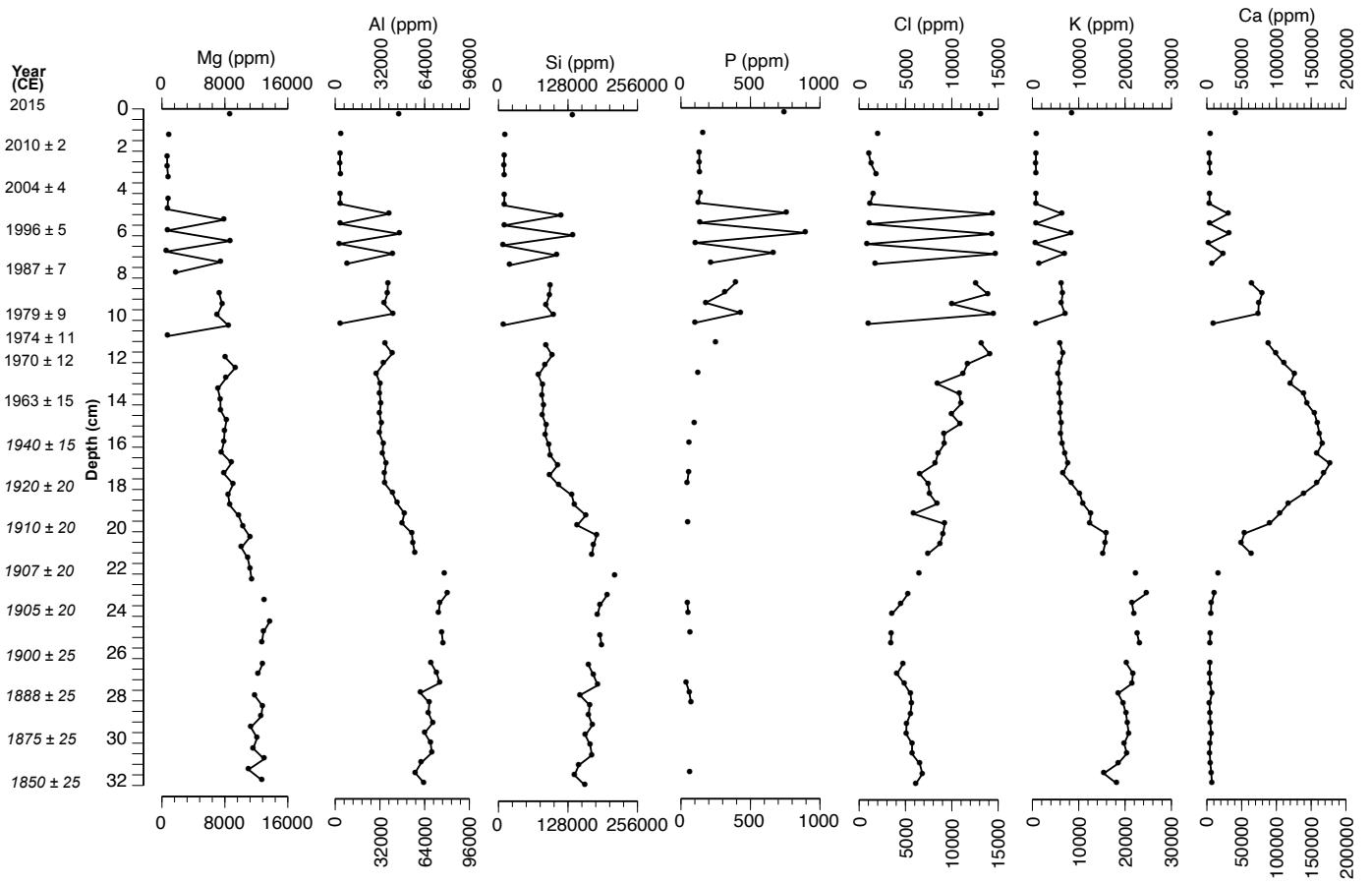
organic lake mud
clay

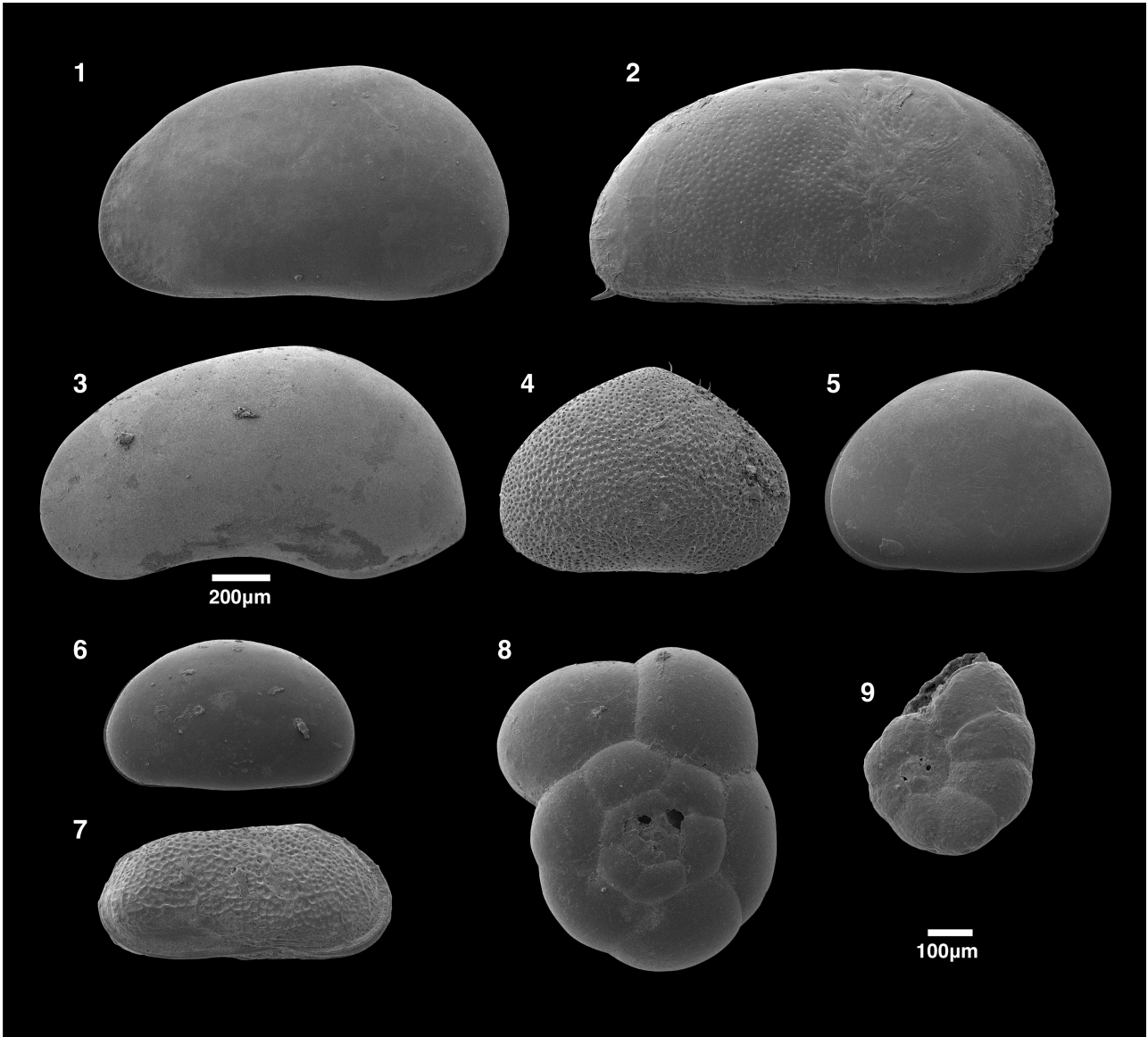
% Sand

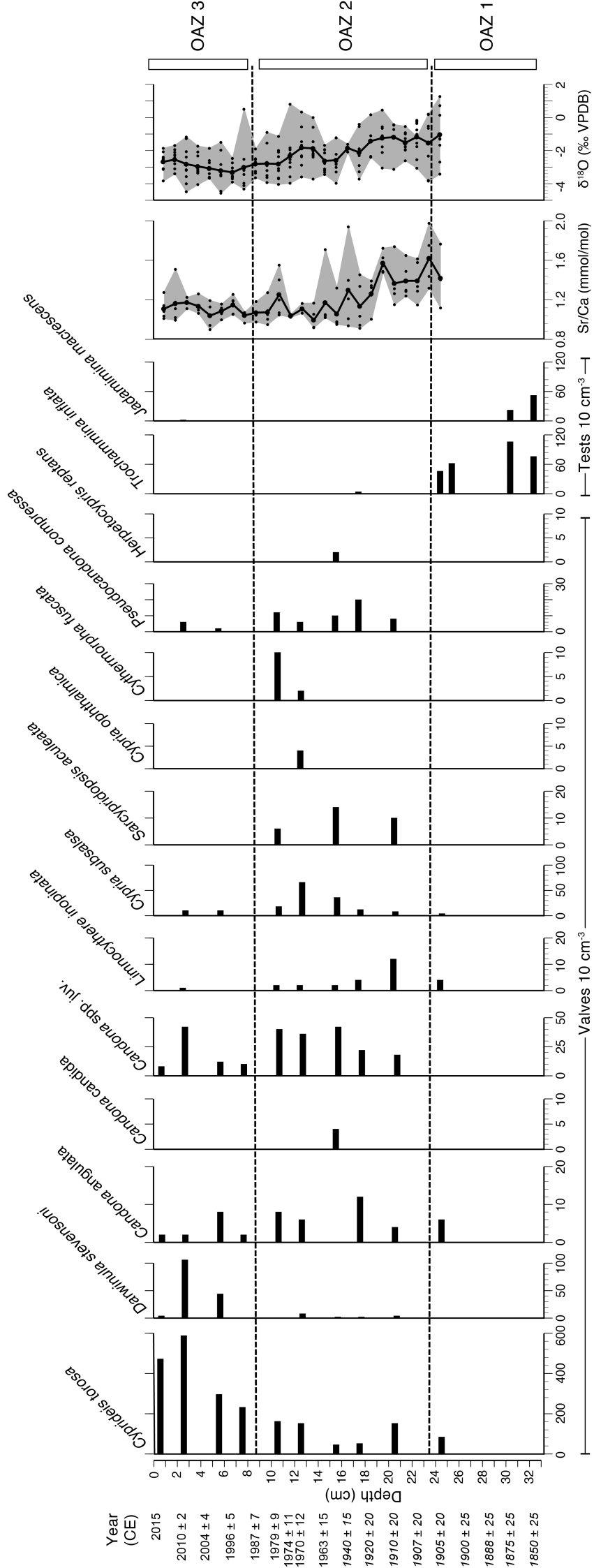
% Coarse sand

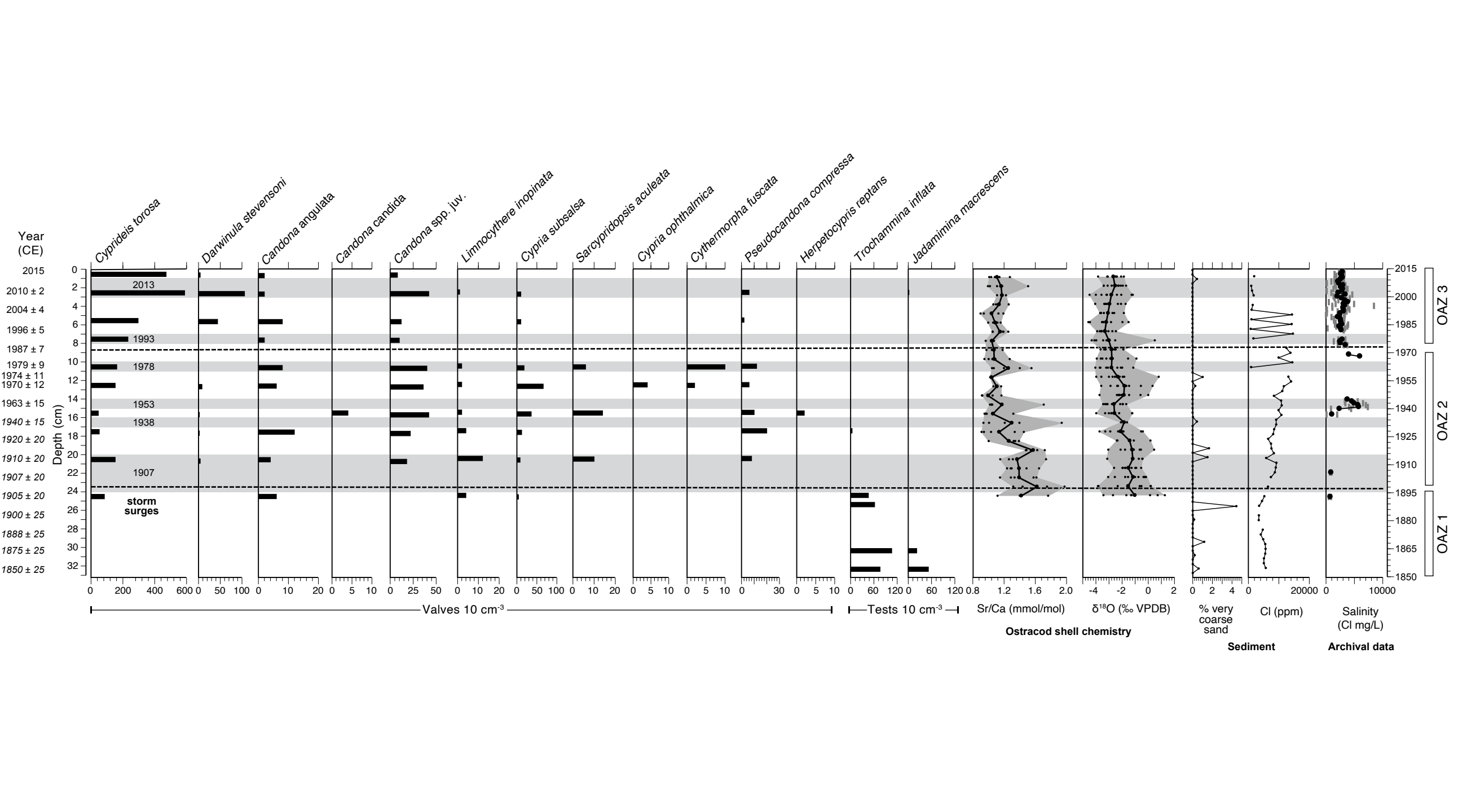
% Very coarse sand

% Silt









Reconstruction of short-term storm surge-driven increases in shallow coastal lake salinity using ostracod shell chemistry

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Supplementary Information 1. Mixing model between storm precipitation (0 PSU) and Horsey Mere lake water (5.6 PSU). Storm precipitation as the proportion of lake water is calculated for the 2013, 1953, and 1938 storm surges. Monthly rainfall data were recorded at Lowestoft Meteorological Station (Met Office, 2022).

Supplementary Information 2. Total alkali-silica biplot of the HORSEY6 tephra at 20 cm (denoted by crosses) against the data for Icelandic eruptions from Hekla 1947 (denoted by triangles) and Askja 1857 (denoted by circles). Historical Icelandic tephra data are from the University of Edinburgh tephra database (<http://www.tephrabase.org>)

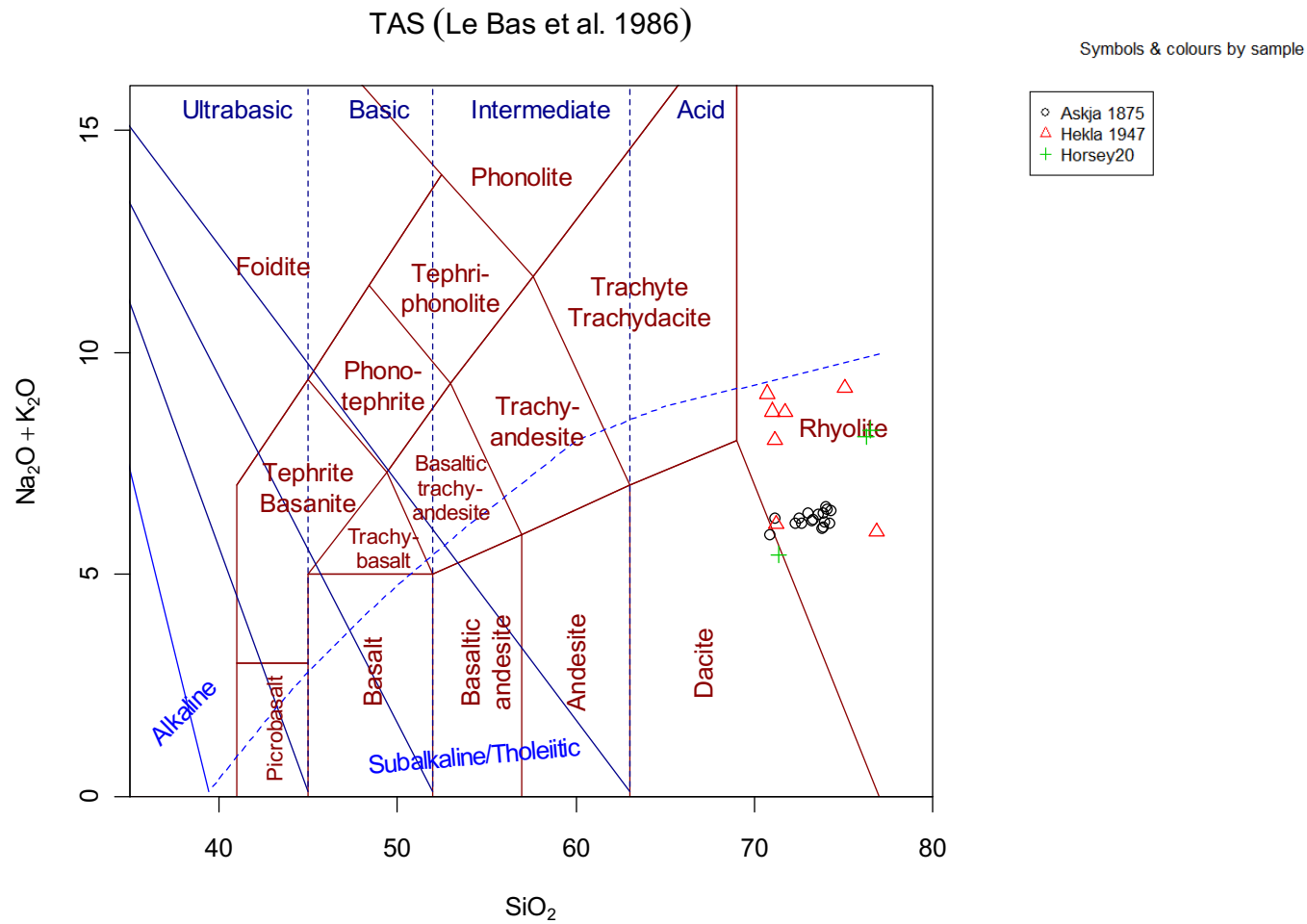
Supplementary Information 3. Variation plots of tephra chemistry major element oxide concentrations. Chemistry of HORSEY6 tephra is denoted by the green crosses with the red triangles and black dots denoting chemistry of widespread late Holocene tephras (Askja 1875 and Hekla 1947).

Supplementary Information 4. Ostracod and foraminifera faunal count data from HORSEY6

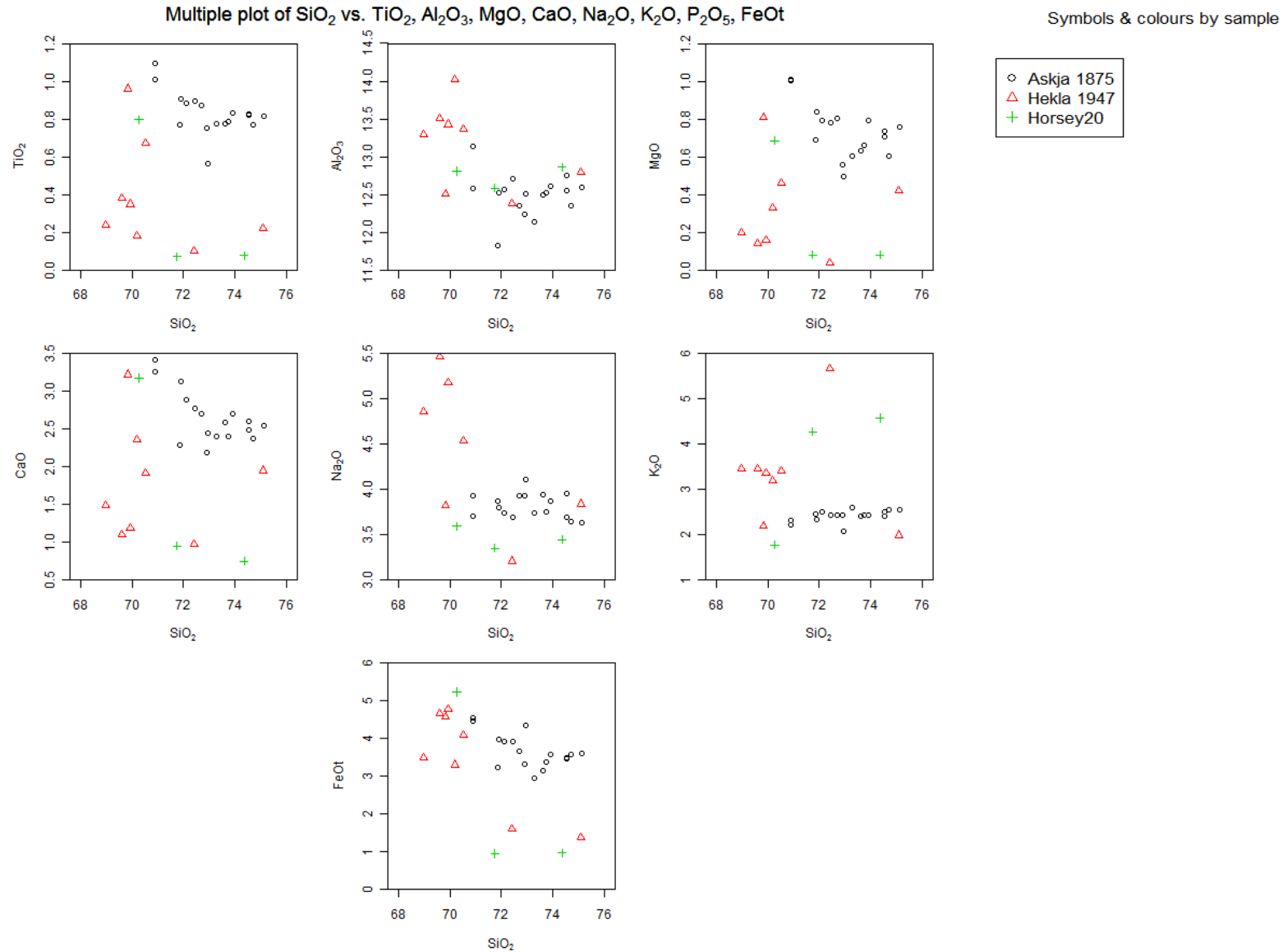
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| | Proportion of lake = rain | Proportion of lake = Horsey Mere lake water | PSU of mixture |
|----------|----------------------------------|--|-----------------------|
| Dec 2013 | 0.03 | 0.97 | 5.4 |
| Jan 1953 | 0.02 | 0.98 | 5.5 |
| Feb 1938 | 0.01 | 0.99 | 5.5 |

Supplementary Information 2. Total alkali-silica biplot of the HORSEY6 tephra at 20 cm (denoted by crosses) against the data for Icelandic eruptions from Hekla 1947 (denoted by triangles) and Askja 1857 (denoted by circles). Historical Icelandic tephra data are from the University of Edinburgh tephra database (<http://www.tephrabase.org>)



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Supplementary Information 4. Ostracod and foraminifera faunal count data from HORSEY6

| Depth (cm) | <i>Cyprideis torosa</i> | <i>Darwinula stevensoni</i> | <i>Candona angulata</i> | <i>Candona candida</i> | <i>Candona</i> spp. juv. | <i>Limnocythere inopinata</i> | <i>Cypria subsalsa</i> | <i>Sarscypridopsis aculeata</i> | <i>Cypria ophthalmica</i> | <i>Cytheromorpha fuscata</i> | <i>Pseudocandona compressa</i> | <i>Herpetocypris retans</i> | <i>Trochammina inflata</i> | <i>Jadammina macrescens</i> |
|------------|-------------------------|-----------------------------|-------------------------|------------------------|--------------------------|-------------------------------|------------------------|---------------------------------|---------------------------|------------------------------|--------------------------------|-----------------------------|----------------------------|-----------------------------|
| 0 | 236 | 2 | 1 | 0 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 2 | 294 | 53 | 1 | 0 | 21 | 0 | 5 | 0 | 0 | 0 | 3 | 0 | 0 | 1 |
| 5 | 148 | 22 | 4 | 0 | 6 | 0 | 5 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 7 | 116 | 0 | 1 | 0 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 10 | 81 | 0 | 4 | 0 | 20 | 1 | 9 | 3 | 0 | 5 | 6 | 0 | 0 | 0 |
| 12 | 76 | 4 | 3 | 0 | 18 | 1 | 33 | 0 | 2 | 1 | 3 | 0 | 0 | 0 |
| 15 | 23 | 1 | 0 | 2 | 21 | 1 | 18 | 7 | 0 | 0 | 5 | 1 | 0 | 0 |
| 17 | 26 | 1 | 6 | 0 | 11 | 2 | 6 | 0 | 0 | 0 | 10 | 0 | 2 | 0 |
| 20 | 76 | 2 | 2 | 0 | 9 | 6 | 4 | 5 | 0 | 0 | 4 | 0 | 0 | 0 |
| 24 | 42 | 0 | 3 | 0 | 0 | 2 | 2 | 0 | 0 | 0 | 0 | 0 | 23 | 0 |
| 25 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 31 | 0 |
| 30 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 53 | 11 |
| 32 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 38 | 26 |