

**Table 3 – differences between specialist and non-specialist dietitians**

n = 320	Diabetes Specialist Dietitian % (n)						Non-Diabetes Specialist Dietitian % (n)						P for between groups*
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Other	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Other	
I feel confident in teaching patients with type 2 diabetes about the quantity of carbohydrate in food	3.1 (10)	0.1 (3)	0.0 (1)	17.2 (55)	33.4 (107)	N/A	2.2 (7)	7.8 (25)	7.8 (25)	20.3 (65)	6.9 (22)	N/A	<0.01
How often do you advise or support patients to implement a carbohydrate restriction?	3.8 (12)	6.6 (21)	11.3 (36)	12.8 (41)	20.6 (66)	N/A	10.9 (35)	10.9 (35)	8.4 (27)	5.9 (19)	8.8 (28)	N/A	<0.01
For you, what would represent a realistic carbohydrate restriction in type 2 diabetes?	50% energy from CHO	40-49.9% energy from CHO	30-39% energy from CHO	<30% energy from CHO	20g CHO or less	Other (see free text)	50% energy from CHO	40-49.9% energy from CHO	30-39% energy from CHO	<30% energy from CHO	20g CHO or less	Other (see free text)	0.01
	6.6 (21)	15.9 (51)	22.5 (72)	4.4 (14)	<0.0 (1)	5.3 (17)	10.6 (34)	15.3 (49)	13.1 (42)	2.2 (7)	0.0 (0)	3.8 (12)	

\*Chi-squared test for independence