

| Common and group specific themes and sub themes | | |
|--|------------------------|-----------------------|
| | Focus group one (n=15) | Focus group two (n=4) |
| Theme one: Sources of support | | |
| Women were not able to share their worries with others and felt isolated | * | * |
| Women felt that connecting with others with similar feelings would have helped | * | * |
| Women received additional support at a time of crisis | | * |
| Theme two: Administration of anxiety instruments | | |
| Concerns that instruments would be a tick box exercise | * | * |
| Concerns about providing honest answers | * | * |
| Theme three: Instruments prompting discussion | | |
| Relevance and wording of questions | * | * |
| Helping to clarify and discuss anxious feelings | | * |
| Helping to identify what would help | * | * |