

1 **The role of clinical pharmacists in general practice in England: impact, perspectives, barriers**
2 **and facilitators**

3

4 **Abstract**

5 **Background**

6 By 2020/1 NHS England plans to invest over 100m to ensure that there is one clinical
7 pharmacist post in primary care for every 30,000 patients. A recent realist review identified
8 key questions in the literature related to the implementation of a clinical pharmacist (CP) in a
9 general practice role. These relate to the impact of the role, perspectives on the role (patients,
10 GPs and pharmacists), and barriers and facilitators to the implementation process. The data
11 collected in the national evaluation of the pilot scheme provides data to answer the realist
12 questions identified.

13 **Objectives**

14 This paper examines the experience of implementing the clinical pharmacist in general
15 practice role, in relation to the areas identified above.

16 **Methods**

17 The research took a mixed methods approach to understanding the scheme implementation
18 and this research draws on both survey and qualitative interview data from a wide range of
19 stakeholders.

20 **Results**

21 Pharmacists in the pilot phase are motivated to develop clinical skills and make a positive
22 impact on patients. Data suggests that clinical pharmacists have a positive impact, in
23 particular on health outcomes related to polypharmacy and long-term conditions. GPs have
24 a broadly positive response to the CPs, in particular when they save time and money for the
25 practice. However, GPs have to invest time in mentoring and building relationships to realise
26 the benefits of the role. Patients appreciate the CP role for increasing access to a practitioner
27 and providing expertise in medications. There are some barriers to successful implementation
28 of the role, including policy and funding, lack of clarity around the role and lack of quantitative
29 and economic validation of the role. Facilitators of success include supportive working
30 relationships, integration and mentoring.

31 **Conclusion**

32 The pilot implementation of this new role was successful but there are lessons which can be
33 learned for the success of future iterations and more work is required to economically
34 validate the role which is likely to in turn generate positive relationships with GPs.

35

36 **Introduction**

37 The General Practice Forward View¹ outlined the measures that NHS England (NHSE) are
38 taking to further develop general practice (Family medical centre care), the mainstay of
39 healthcare in England. The report suggests that a range of healthcare professionals can
40 become an integral part of the practice team, in much the same way as nurses have and
41 emphasises the inclusion of pharmacists to contribute to patient care.

42 *‘Pharmacists remain one of the most underutilised professional resources in the system*
43 *and we must bring their considerable skills in to play more fully.’ p7*

44 By 2020/1 NHS England plans to invest over 100m to ensure that there is 1 clinical pharmacist
45 post in primary care for every 30,000 patients.

46 A recent realist review by the authors² aimed to identify what works for whom in general
47 practice This paper answers the questions raised by the literature, drawing on data from the
48 recent national evaluation of the pilot scheme of clinical pharmacists in general practice³.

49 **Methods**

50 The national evaluation research took a mixed methods approach to understanding the
51 scheme implementation. Early data was collected from a Strengths, Weaknesses,
52 Opportunities and Threats (SWOT) analysis exercise was undertaken with key policy and
53 political stakeholders at the launch of the scheme comprising a paper-based response (n=33)
54 and focus group interviews (participants n=31). A survey was distributed to stakeholders at
55 sites hosting the pilot clinical pharmacists. Survey responses were received from GPs,
56 colleagues (working in general practice such as nurses and practice managers), site leads and
57 clinical pharmacists representing 68% of total sites and 40% of clinical pharmacists. A case
58 study approach was taken to the collection of qualitative data with in-depth visits undertaken
59 to 3 practice sites in different geographical areas of the UK. Each site was variable in size and
60 mode of operation. At each site a range of key stakeholders comprising (total numbers) GPs
61 (n=4), site leads (n=7), clinical pharmacists (n=7) individually interviewed and 3 patient focus
62 groups were conducted (n=17). Overall, mixed method data was collected from a wide range
63 of (500+) stakeholders including pharmacists, GPs and patients presenting a broad overview
64 of the scheme, underpinned with the lens focused on 3 key sites which give deep rich
65 descriptive insights into the operationalisation of the role on the ground.

66 This paper reports data from the national evaluation thematised to respond to the questions
67 raised by a realist literature review.²

68 **Results**

69 The authors conducted a realist review of the literature prior to the evaluation.² This review
70 identified key themes emerging from the literature in relation to the impact of the role,
71 perspectives on the role (patients, GPs and pharmacists) and barriers and facilitators to the
72 implementation process. This paper provides an overview of the key findings, drawing on data
73 from the national evaluation³ presented in response to the questions raised and themes
74 arising from the realist review of the literature.

75 **What is the impact of the role?**

76 The role has had wide ranging impact on the work of General Practice, most notably on
77 contributing to improved capacity and changes in workload, and in medicines optimisation
78 and safety.

79 **Impact on General Practice capacity and workload**

80 There is evidence that the CP role contributes to an increase in the capacity of General
81 Practice to see patients, at a time when demand is high, and recruitment of GPs is difficult.

82 Data from SWOT analysis showed the increase in capacity for general practice a perceived
83 strength of the scheme, from the onset, at all levels from external stakeholders and
84 commissioners down to practice and patient level. This is reinforced by qualitative data
85 collected through the implementation of the scheme. Open response survey data asking
86 participants to list the biggest benefits of the scheme included 'improved access' or 'increased
87 capacity' in over a third of responses from pharmacists and site leads. This is underpinned by
88 interview data from case study sites highlighting ways the clinical pharmacist role freed up
89 time in the practice which allowed greater access to appointments for patients. Several case
90 study sites reported specifically increasing GP capacity (Site A 2 appointments per GP session,
91 Site B 1 hour of GP time per day) as a result of the CP role.

92 CP survey responses highlights the tasks that they were asked to undertake in the pilot.
93 Medications reviews were a major part of the role for 70% and a minor part for 26%, servicing
94 prescription requests and queries was a major part of the role for 85% and a minor part for
95 15%, and managing discharge was a major part of the role for 78% and minor for 19%. Several
96 GPs and site leads reported in their open responses that the CPs contribute to improvements
97 in medicines management and care of long-term conditions which can lead to increased
98 achievement of targets at multiple levels.

99 At 1 site, it was reported that CPs across all federation sites work on a centrally coordinated
100 discharge management process. Routine service data shows that these tasks, would usually
101 be conducted by the GP. At another the CP role contributed to a complete change in practice
102 workload management between acute and long-term care, with the majority of long-term
103 care provided by nurses and pharmacists, allowing GPs to manage acute care.

104 The CP is seen as a valuable expert addition to the Multi-Disciplinary Team (MDT) with a range
105 of colleagues suggesting in both survey and interview data that they learn from the CPs and
106 their unique set of specialist medication-related skills.

107 **Impact on Medicines optimisation and safety**

108 There is evidence of the CP role contributing to medicines optimisation in a variety of ways.
109 This has cost saving and safety implications and can help to increase achievement of national,
110 local and practice level targets. For example there is evidence of CPs implementing previously
111 unimplemented National Institute for Health and Care Excellence (NICE) guidelines for
112 prescribing for particular long term conditions, CPs carrying out Clinical Commissioning Group
113 (CCG) led prescribing projects and conducting local federation or practice level audits.

114 These strategic approaches are supplemented by day to day examples of medicines
115 optimisations directly with patients through medicines and long-term conditions reviews.

116 *'In a medication review, chronic disease review, I would say most patients we see we*
117 *make some sort of intervention... Be it very small to stop the meds, changing meds.'*

118 *CP Interview, Site B*

119 Data suggests that the CP role can contribute to increased safety with medications in general
120 practice. In the national survey in a free text response, safety was cited by over half of all
121 participants (pharmacists, practice site leads, GPs and other colleagues) as a key benefit of
122 the role. 85% of CPs surveyed believed they made a major contribution to medication safety
123 in the practice. In the GP survey data 100% of GPs believed that CPs made a major
124 contribution to identifying prescription errors (compared with their belief that 50% of GPs
125 made a contribution to identifying errors). All CPs interviewed for the research believed that
126 improved medication safety is a significant impact of their work.

127 **Impact on patients**

128 Data from all patient focus groups emphasised the benefits of increased access to a
129 healthcare practitioner and the tailored appointment lengths offered by the CP. CPs reported
130 that they offered variable appointment lengths to patients according to their time in post and
131 to patient needs. Patients reported that they appreciated these longer appointments that
132 offered the opportunity for an in-depth high-quality review. Several patients reported that as
133 a result of longer appointment times they felt they had a better understanding of their
134 medicines and health. Several examples were given (by many stakeholders across all
135 stakeholder types) of increased medicines optimisation during the medication review –
136 improving adherence, deprescribing, and reducing errors. Patients compare the service, very
137 favourably, to GP appointments as they aired frustrations with inconsistency of GPs (seeing
138 different ones, getting different advice) and of limited appointment lengths. Patients
139 reflected on the positive experience of longer appointments tailored to need. Patients
140 reported that personalised appointment lengths led to holistic care.

141

142 *I think it is a good idea I mean I have only seen [CP] the once but she spent a lot of time*
143 *with me, I was in there for 20 minutes. I was impressed with that. I have never had*
144 *that level of service in this surgery.*

145 *Patient Interview, Site C*

146 *She explained things and spent time with me. It was at least 20 minutes; she went*
147 *through everything with me and made sure everything was alright with me. Very*
148 *informative.*

149 *Patient Interview, Site A*

150 Patients report a clear understanding of the benefits of a specialist in medications in the
151 Primary Care team.

152 *It has been explained to me because we weren't actually told what they (medicines)*
153 *do, how they work, when to take them. The doctor doesn't tell you that.*

154 *Patient Interview, Site C*

155 There are several examples of impact on patient outcomes evidenced by both CPs and
156 patients, arising from the focus groups and case studies. At site B a patient described repeated
157 visits to the GP, each for a new condition and requiring new medication, but the review with
158 the CP was their first opportunity to have a discussion about their overall health and
159 understand how their medications might work together. At the same site, a difference patient
160 reported having his asthma medication reviewed for the first time in his life which led to
161 improvements in his condition through his increased understanding, adherence and medicine
162 management. An additional benefit of the CP role is the increased healthy lifestyle advice
163 and adherence to clinically important therapeutic monitoring afforded to patients, often
164 through the use of motivational interviewing skills. Several patients reported increased
165 quality of life and self-care as an outcome of their interaction with the CP.

166 **Perspectives on the role**

167 Colleagues across the pilot scheme perceived the role and the benefits differently. The
168 evaluation explored the experience of the scheme from the perspectives of a range of
169 professional groups. The following describes these different perspectives.

170 **What is the patient perspective on clinical pharmacists working in GP practices?**

171 Several participants (Pharmacists, GPs and patients) suggested that the greatest benefit of
172 the role was increasing access to appointments. Most CPs had longer and more flexible
173 appointments available than GPs and patients reported this was a major benefit. Patients
174 reported that longer appointments enabled them to have in-depth appointments with the
175 pharmacist. Patients expressed high levels of satisfaction when offered longer than usual,
176 appointments with a clinician, in particular one who could prescribe. Data from patient focus
177 groups also highlighted a need for patient education about both medications and lifestyle,
178 which was often absorbed within the appointments offered by CPs, adding value to their role.
179 Positive outcomes were often arising from holistic appointment, as outlined in the earlier
180 section 'impact on patients'. Patients were happy to consult pharmacists once they knew
181 what they were capable of. Data from site lead interviews suggested that a small number of
182 patients were still reluctant initially to see pharmacists in the pilot phase and more could be
183 done to raise awareness and promote the role of practice pharmacists to patients.

184 **What is the general practitioner perspective on clinical pharmacists working in GP 185 practices?**

186 GP contributions to the scheme vary; there was often a principal GP at the lead site who
187 positively influenced other GPs and provided overall clinical guidance to the scheme. GPs
188 acting in the principal role were innovators and early adopters, in the diffusion of innovation
189 model⁴ as they were the first to implement the role and demonstrate acceptance of the
190 positive contribution that CPs can make to primary care.

191 There is however some evidence of mismatch in professional expectations. Case study data
192 suggests that some GPs expect CPs to arrive in a state ready to conduct more patient facing
193 work, or high-level clinical tasks, than they actually are ready to undertake at the
194 commencement of the role. GPs have to provide significant early investment in the CP (in
195 terms of clinical mentoring) to realise later returns and the level of this commitment is not
196 always recognised in advance. GPs are often happy to provide clinical lead for a CP post but
197 rely on the support of practice site leads and Senior CPs (SCPs) to provide management
198 support.

199 There is some evidence of a mismatch in expectation over both CP ability, and their costs.
200 There is evidence from GPs and site leads that suggest that the CP role is expensive to initially
201 implement in the practice and therefore financial benefits cannot or should not be the main
202 (or any real) motivation for the role development. Many GPs recognise and appreciate the
203 benefit that CPs can contribute to increasing practice capacity. However, a GP interviewed
204 suggested that the demands of general practice are so variable and at a rate of growth that
205 any tangible capacity benefits for the practice are difficult to realise, especially until the
206 post(s) become well established.

207 Survey and interview data from GPs presents a broad view of the role, but emphasises that
208 CPs can make a unique and vital contribution to the multidisciplinary skills mix. GPs
209 interviewed defined the main the benefits of the CP role primarily by expertise in medication
210 over contribution to outcomes.

211 Survey data suggested that GPs identified tasks for the CP role according to both the local
212 demands of the practice, and the specialisms of the CP. This broadly led to a national CP role
213 homogeneously focused on medications with an individualized periphery focusing on local
214 drive and need. There was a level of frustration expressed by GPs that key performance
215 indicators (KPIs) were not collected and reported nationally and there was evidence of sites
216 developing local KPIs associated with the role and grounded in local evidence-based priorities.

217 Many GPs expressed either through the survey, or to the CPs directly, that they noticed
218 significantly when the CP was absent (for example for holiday or training) and most would
219 now not wish to work without the contribution of a clinical pharmacist. GPs believe the role
220 to be sustainable; all GPs interviewed reported that they would keep the CP they are working
221 with after the funding expires. Overall, the data collected suggests that the majority of sites,
222 at a practice level, are seeking to employ their pharmacist when the pilot scheme funding
223 ends.

224 *'We see we can't survive without pharmacists; they are part of what we do.'*

225 *GP Site A*

226 **What is the pharmacist perspective on clinical pharmacists working in GP practices?**

227 Pharmacists in the role came from a wide range of backgrounds and often had portfolio
228 careers holding multiple roles. Many came into the role to develop clinical skills and have
229 close contact with patients. Data from CPs in the national survey suggests that those
230 undertaking the role enjoy high levels of satisfaction. 89% agree or strongly agree that they
231 enjoy working in their role, 89% agree or strongly agree that they work autonomously in their
232 role, 87% agree or strongly agree that they work closely with others in the practice and 89%
233 agree or strongly agree that they are accepted by other professionals in the practice. This is
234 underpinned by qualitative data from CPs in the role who report that they enjoy the
235 opportunity to work clinically, and in an MDT, utilising their specialist skills in medicines.

236 Mentoring, induction and training experiences were variable but important – those
237 pharmacists who felt integrated were successful in the role and mentoring was important to
238 developing the pharmacist. The tasks undertaken by the pharmacist varied widely depending
239 on their practice and their own motivations – although the majority spent most of their time
240 initially conducting medication reviews, often polypharmacy focused. Pharmacists were

241 involved in a wide range of non-patient facing tasks which benefit the GP practice, including
242 education and networking.

243 **Barriers and Facilitators**

244 A number of factors were identified which acted as barriers and facilitators in the
245 implementation of the CP role across implementation, integration, mentoring, training and
246 evaluation. Some were relevant as both a barrier and facilitator – for example good quality
247 mentoring was a facilitator but the absence of such acted as a barrier.

248 **Implementation**

249 Support for pilot sites from NHSE centrally was limited (low numbers of centralised support
250 staff) and at local area team level it was variable and often financially unsupported. Sites with
251 limited previous experience had a greater learning curve with no base to build upon. Most
252 sites were significantly experienced at partnership working and offering mentoring, and were
253 likely to be innovators, but this is likely to reduce over any wider rollout of the scheme. Whilst
254 this is not a barrier to the current scheme, it implies a potential barrier for future
255 implementation as the pool of available pharmacists reduces with subsequent recruitment
256 from mainstream rather than innovation positions.

257 Strong local level clinical and business management appears vital to the success of schemes.
258 The Site Lead role and the way it is implemented is wide ranging but case study site data
259 showed the role to be vital to the success of the operationalization of the scheme, especially
260 in scaffolding the earliest stages from the proposal stage to the end of the scheme's first year
261 of the. Site leads reported that a centralised approach to HR and business management can
262 benefit operationalisation, especially in the first year. Close links between the site lead and
263 the local area team facilitated the implementation of the scheme. Choosing the right person
264 for the role was crucial to the success of the scheme and sites reported that combined clinical
265 and management recruitment approaches were beneficial.

266 The initial SWOT analysis raised issues around indemnity highlighted by participants in both
267 survey and interview data. Procuring indemnity was often problematic, time consuming and
268 expensive for those with no previous experience of negotiating indemnity for pharmacists.

269 The pilot scheme planned CPs should work to a ratio of 1:30,000 patients. There was evidence
270 that the patient list size would limit the embeddedness of role and quality of service. The
271 majority of sites in the pilot wave selected a ratio of pharmacists to list size of 1:15,000 (or
272 less) as optimal. There was evidence that at the higher ratio, there were disadvantages to
273 smaller sites whose pharmacist's time was proportionally less on site than at larger sites. Sites
274 with pharmacists working part-time took longer to realise benefits than those working full-
275 time, and consequently smaller GP practices are likely to benefit at a slower rate than larger
276 ones. For example, there was a site where 1 full-time CP works across 5 different sites,
277 covering a large rural area, attending each site for 1 day per week which limits his time and
278 opportunity to be embedded at a single site. While most CP survey participants only worked
279 in 1 practice (59%) or 2 practices (27%), there was evidence that 14% of CPs worked in more
280 than 2 practices and 2 CPs worked across 6 practice sites.

281 **Integration**

282 Good quality CP site-level integration seems to be vital to the success of the role. Data
283 suggests that integration is achieved in several ways. Firstly, CP participants benefitted from

284 maximizing time spent on site and there was evidence that those who spent less than 2 days
285 per week at a site took longer to feel integrated or did not feel well integrated into a team.
286 CPs suggested they benefitted from shadowing key staff and one CP suggested they
287 benefitted from time spent telephone triaging / on reception to fully understand all stages of
288 the care pathway. CPs reported that to supplement national training they felt integrated
289 when offered localised area or practice-based training.

290 There was evidence that successful sites often had a nominated person in a role which
291 supported CPs and the role implementation especially in the early pilot phase. Some utilised
292 existing project management roles, others allocated senior CP time to these tasks. Site lead
293 roles were not funded by the NHS scheme funding and there is variable evidence of creative
294 internally funded, short term roles which lack sustainability but are vital to the success of the
295 scheme. Some senior CPs expressed concern that their roles may appear less sustainable in
296 the long-term to the practice, due to spending a significant proportion of their time in
297 supporting the scheme and other CPs, leaving them less time to see patients and build
298 evidence of meeting scheme KPIs. Sites reported that they benefitted from localising work
299 activity based on practice needs and the abilities and interests of the CP.

300 There was notable turnover of staff with 15 sites reporting turnover of 1 CP post and 13 sites
301 reporting turnover of more than 1 CP post. There was also a high turnover of participating
302 sites with 5 sites who reported turnover of 1 GP practice and 10 sites greater than 1. If high
303 levels of turnover are sustained they represent a clear barrier to the scheme success.

304 Terminology around the role of CP is unclear, especially for patients. Patients do not clearly
305 understand the difference between a community pharmacist and one working in general
306 practice. The CP term is controversial and not widely accepted through the profession. There
307 is a clearly defined 'senior' role but a reluctance to also have a named 'junior' role and a clear
308 route of progression for the role.

309 **Mentoring**

310 GPs play a vital role in being a clinical mentor to CPs. GPs have to invest significant time in
311 mentoring but are unlikely to realise the benefits until after the first year of the scheme once
312 the CP is established in the post. Some GPs and Pharmacists suggested that GPs who are not
313 site leads and do not mentor CPs, take longer to understand the role and its benefits. There
314 was wide variance in the mentoring experiences described by CPs.

315 Good quality CP site level mentoring is vital to the success of the role. Survey data showed
316 that clinical mentoring was offered by GPs or Senior CPs or Site Leads, or combinations of
317 these senior staff and CPs suggested they learned most when mentoring was offered by
318 multiple staff within the practice. Most mentors utilized the standard registrar model of the
319 reduced scaffolding approach, scaling tasks according to ability and confidence.

320 **Training**

321 Lack of competence assessment and capability frameworks initially for the CP role acted as a
322 barrier and led to wide variance in ability, working practices and outcomes. This was
323 mitigated to some extent by the training provided to CPs which acted as a facilitating factor
324 to the role and scheme.

325 The ongoing commitment to, and funding of, external training was a key facilitator of the
326 scheme. Maximizing the beneficial impact of externally commissioned training and reducing
327 the cost, time and stress implications for practice and CPs would be beneficial. Commitment
328 displayed by several participants to the development of a national advanced practitioner in
329 primary care role for pharmacists offers opportunities for the long-term development of the
330 role.

331 Stakeholders report that they benefit from sharing good practice – between sites, across sites,
332 across areas, and nationally. Good communication by NHSE to both CCG level and directly to
333 sites could facilitate clear understanding of the role. Ongoing communication should continue
334 with a wide range of stakeholders including community pharmacy, pharmacy professional
335 leadership bodies, patient groups, academics, and training providers.

336 There was evidence of great variance in local training and induction and usually no financial
337 support for training at the local level. In the pilot scheme, training for CPs was externally
338 commissioned by Health Education England on behalf of NHSE using a centralised model. The
339 training had a high opportunity cost as it was time and resource intensive; this had benefits
340 for CPs but often significant cost to practices whilst paying salaries without the CPs being on
341 the premises. Over 65% of CP survey participants expressed that online learning was useful
342 to the role, and over 70% expressed their residential and face to face training was useful to
343 the role. However over 10% of participants did not feel training was useful to their role. Within
344 the operationalization of the pilot some early training was offered at very short notice, or too
345 late in the scheme to allow pharmacists to be released from their patient facing duties to
346 attend. There was qualitative evidence that initial training which was standardized and not
347 personalized to different levels of CPs ability and experience was ineffective for a small
348 number of learners. During the pilot there was no assessment or competency management
349 associated with training which many stakeholders deemed in SWOT analysis as vital to the
350 role.

351 The lack of a ready-made supply of independent prescribing pharmacists means that the CP
352 role requires the time and investment to include University level prescriber training alongside
353 CP training – a further time and cost implication to practice through GP provision for
354 mentoring time.

355 **Evaluation**

356 There were significant limitations to the value of the current routine service data collected.
357 The focus of key performance indicators requested by national scheme leads in the pilot
358 scheme were clinical skills, cost and value, for example number of appointments undertaken
359 by the CP and numbers of medications prescribed. These centrally mandated key
360 performance indicators were not collated and analyzed and there was no ongoing centralised
361 analysis of the scheme outputs; This disengaged some sites from collecting and returning data
362 making monitoring and evaluation difficult. There was limited support offered for localised
363 evaluation and reporting and no coordinated analysis of localised scheme outputs. Evaluation
364 should inform future practice, but later phases of the scheme were rolled out before the pilot
365 national evaluation was complete and reported. This is a barrier to success since ongoing
366 measures of outcome has the potential to guide the role in a continuous quality improvement
367 process.

368 Discussion

369 This empirical study adds value and discussion to the previous literature review² (Anderson,
370 Zhan, Boyd et al 2019) using data collected in the national pilot evaluation³ (Mann, Anderson,
371 Avery et al 2018).

372 The realist review identified a unifying model which suggested that positive perspectives and
373 a strong model of delivery would lead to a clinical pharmacist successfully working in general
374 practice. This is underpinned by the evidence presented in this paper.

375 Recent publications show the emergence of positive perspectives beyond the pilot
376 evaluation. Sims and Campbell⁵ argue the important of integration into the GP team for the
377 success of the role. Bradley, Seston, Mannall et al⁶ discuss methods for negotiating the inter-
378 professional interaction between GPs and Pharmacists to develop positive working
379 relationships. Karampakatis, Patel, Stretch et al⁷ suggest that the positive perspective will
380 spread to community pharmacy as awareness raises leading to stronger relationships and
381 better practices between GPs and community pharmacy which benefit the patient
382 experience. Hampson⁸ suggests that in order to be successful a positive relationship between
383 CP and GP is vital.

384 Multiple qualitative studies point to the positive effective impact the role can have on
385 patients.

386 There is still limited quantitative national data about the effectiveness of the role, although
387 localized studies are appearing which demonstrate methods used to monitor work and
388 evaluate impact of the role as an intervention. Bush, Langley, Jenkins et al⁹ suggest that 5.4
389 (WTE) Clinical Pharmacists working for 9 months in one area of the UK saved the local budget
390 £1 million (although there is limited evidence of the cost investment required to produce this
391 return). The lack of cohesive big data collection is identified as a weakness in the national
392 evaluation report. Further research methods and evidence will be required to provide a full
393 ROI model over time. Sims and Campbell⁵ agree this is important to acknowledge investment
394 in order to acknowledge the return. Williams, Hayes, & Lawrence¹⁰ suggest it is vital to
395 develop metrics to evaluate the effectiveness of the role. Deeks, Kosari & Naunton¹¹ agree
396 this level of economic evaluation is important but problematic and should be a key priority
397 for future research.

398 The factors identified in this study for facilitating success including supportive leadership,
399 mentoring, and integration into the team. There is evidence that where the role was
400 undertaken for less than 2 days per week at each site, it took longer for the CP to be
401 embedded in local practices and provide consistent patient service. This research identified
402 the importance of positive support from GPs and the practice team and integration is linked
403 closely to this. Hampson⁸ suggests that in order to be clinically effective, CPs need to be
404 successfully integrated into the practice team. Mentoring is key to the growth of the role and
405 linked closely to the relationships in the team.

406 The above discussion shows the importance of developing quantitative evidence of the value
407 of CPs to the practice, GP workload, patient care and CCG costs. This evidence is likely to
408 generate positivity in the relationship with GPs therefore leading to their willingness to invest
409 in the role, and provide the mentoring and integration required for success.

410 Research data in this study suggests that overall CPs have a very positive impact on General
411 Practice. Barnes, Ashraf & Din¹² suggest that GP Pharmacists will soon be so normalized that
412 having one as a member of the GP team will soon be 'essential'. As this paper has identified,
413 further research will be required over time to assess how CPs become better integrated into
414 the GP team under this scheme.

415 **Strengths and Limitations**

416 The particular method chosen for this research (mixed methods with case studies) is aimed
417 at 'painting a picture of practice' and so enabled a rich description of stakeholder experience
418 of CPs, GPs, patients and colleagues who have experienced implementation of CPs in England.
419 The participation of a range of different participants, including patients, provided opportunity
420 to gain a deep insight into each of the case study sites.

421 Detailed quantitative data acquisition was limited due to time and resource available. The
422 survey was made available widely to pharmacist participants producing good descriptive
423 measures of activity, however this could be subject to selection and response biases. It was
424 not possible to capture detailed independent measurements of activities, patient outcomes
425 and associated costs. The data collected however provides useful insights into how further
426 statistical and economic data might be collected. The sample for survey data was largely
427 opportunistic and in the absence of overall cohort data makes no claim about generalisability.

428 This evaluation was restricted to a specific implementation context (i.e., pilot scheme in
429 England), to which its results are directly relevant, further generalisability of findings may be
430 difficult, but transferability of findings to future iterations of the scheme or other schemes is
431 may be possible.

432 **Conclusion**

433 The CP scheme has a positive impact in several ways – increasing capacity in general practice
434 and changing workload relieving GPs of medication tasks and improving medication safety.
435 Patients had a positive perspective on the role, in particular enjoying the longer appointments
436 and medication expertise offered in their appointments with a pharmacist. General
437 practitioners appreciated the role, and its benefits, although there was evidence of some
438 initial mismatches in expectation over both CP ability and costs. Pharmacists in general
439 practice in the pilot phase of the role implementation report high levels of satisfaction in
440 working clinically and autonomously, but there are high levels of turnover suggesting some
441 initial difficulties integrating into the role. A number of factors were identified as key barriers
442 or facilitators of the scheme including implementation factors, integration factors, mentoring,
443 training and evaluation. There are key lessons identified which would benefit future
444 development and implementation of the role in England, and across the globe.

445

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