

1 **Operculo-Insular and Anterior Cingulate**
2 **Plasticity Induced by Transcranial Magnetic**
3 **Stimulation in the Human Motor Cortex: A**
4 **Dynamic Casual Modelling Study**

5
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28 **ABSTRACT**

29 The ability to induce neuroplasticity with non-invasive brain stimulation
30 techniques offers a unique opportunity to examine the human brain systems
31 involved in pain modulation. In experimental and clinical settings, the primary
32 motor cortex (M1) is commonly targeted to alleviate pain, but its mechanism of
33 action remains unclear. Using dynamic causal modelling (DCM) and Bayesian
34 model selection (BMS), we tested seven competing hypotheses about how TMS
35 modulates the directed influences (or effective connectivity) between M1 and
36 three distinct cortical areas of the medial and lateral pain systems, including the
37 insular (INS), anterior cingulate cortex (ACC), and parietal operculum (PO). The
38 dataset included a novel fMRI acquisition collected synchronously with M1
39 stimulation during rest and while performing a simple hand motor task. DCM and
40 BMS showed a clear preference for the fully connected model in which all cortical
41 areas receive input directly from M1, with facilitation of the connections $INS \rightarrow M1$,
42 $PO \rightarrow M1$, and $ACC \rightarrow M1$, plus increased inhibition of their reciprocal connections.
43 An additional DCM analysis comparing the reduced models only corresponding
44 to networks with a sparser connectivity within the full model, showed that M1
45 input into the INS is the second-best model of plasticity following TMS
46 manipulations. The results reported here provide a starting point for investigating
47 whether pathway-specific targeting involving $M1 \leftrightarrow INS$ improves analgesic
48 response beyond conventional targeting. We eagerly await future empirical data
49 and models that tests this hypothesis.

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51

52 **NEW & NOTEWORTHY**

53 Transcranial magnetic stimulation of the motor cortex (M1) is a promising
54 treatment for chronic pain, but its mechanism of action remains unclear.
55 Competing dynamic causal models of effective connectivity between M1 and
56 medial and lateral pain systems, suggests direct input into the insular, anterior
57 cingulate cortex, and parietal operculum. This supports the hypothesis that
58 analgesia produced from M1 stimulation most likely acts through the activation of
59 top-down processes associated with intracortical modulation.

60 **INTRODUCTION**

61 Stimulation of the primary motor cortex (M1) by transcranial magnetic stimulation
62 (TMS) has been shown to alleviate pain (Lefaucheur et al. 2014; Mylius et al.
63 2012). The mechanisms by which TMS exerts these analgesic effects is still
64 unclear. However, there is compelling evidence that TMS can alter cortical
65 excitability via changes in synaptic plasticity through long-term potentiation (LTP)
66 and long-term depression (LDP)-like mechanisms (Thickbroom 2007; Ziemann et
67 al. 2008). These same transduction mechanisms are essential for the
68 development and maintenance of pain hypersensitivity (Ji et al. 2003; Sandkuhler
69 2007; Woolf and Salter 2000), thus providing a strong rationale for TMS-based
70 therapies in the relief of chronic pain (Ridding and Rothwell 2007).

71 Relatively little is known about the molecular mechanisms underlying the
72 induction and expression of cortical plasticity following TMS in humans (Ridding
73 and Ziemann 2010). Experimental evidence suggests that TMS modulates a
74 mixture of neuronal populations that use different neurotransmitters, each with a
75 different sensitivity to the stimulation (Hamada et al. 2013). A large body of
76 evidence has also demonstrated that TMS has the capacity to modulate large-
77 scale neural network dynamics across multiple spatial and temporal scales
78 (Dayan et al. 2013; Karabanov et al. 2015; Ozdemir et al. 2020). While this may
79 be only indirect evidence, it demonstrates that brain networks might be used to
80 understand how TMS works and to improve therapy by identifying the best
81 places to stimulate the brain (Fox et al. 2012).

82 Stimulation of M1 following TMS has been shown to modulate motor brain areas
83 that can influence susceptibility of the corticomotor network (Bestmann et al.
84 2003; Cardenas-Morales et al. 2014; Munchau et al. 2002), as well as
85 functionally connected non-motor areas such as the insular, operculum, cingulate
86 cortex, auditory gyrus, frontal, and parietal cortex (Bohning et al., 1999, 2000a,b,
87 Baudewig et al, 2001, Bestmann et al, 2003, Denslow et al., 2005, Jung et al.,
88 2016). We recently demonstrated that short-trains of 1Hz TMS pulses over M1
89 can induce increased activation in the bilateral insular and opercular cortex (Jung
90 et al., 2016, 2020). Similarly, Cocchi *et al* (2015) reported that continuous theta
91 burst stimulation (cTBS) over the M1 not only activated the insular and
92 operculum but also increased functional connectivity between the two regions
93 (Cocchi et al. 2015). These findings suggest that intracortical connections

94 between M1 and operculo-insular cortex may be a modifiable pathway for
95 plasticity following TMS manipulations.

96 Recent targeted applications of TMS have been guided by differences in intrinsic
97 functional connectivity (FC) rather than brain anatomy (Weigand et al. 2018). The
98 combination of TMS with FC mapping is particularly well suited to study changes
99 in brain networks (Hampson and Hoffman 2010; Paus 2005). Local stimulation to
100 an accessible network node can propagate (trans-synaptically) to distal but
101 interconnected nodes with high spatial specificity (Bestmann et al. 2005; Ruff et
102 al. 2008). This coupling allows for causality to be inferred between the applied
103 stimulation site and the observed changes in network connectivity (Friston 2011).
104 Furthermore, prospective mechanistic and interpretative models of brain function
105 can be used to provide estimates of the effective strength of synaptic
106 connections and their context-dependent modulation (Polania et al. 2018; Zanto
107 et al. 2011).

108 Dynamic causal modelling (DCM) is the most widely used method for inferring
109 effective connectivity within networks of distributed neuronal responses
110 (Daunizeau et al. 2011; Friston et al. 2003). This technique has been used in the
111 analysis of a wide range of neuroimaging (Friston et al. 2003) and
112 electrophysiology data (David et al. 2006) to test competing hypotheses about
113 the neuronal states underlying experimental measurements of human brain
114 activity. DCM is considered most appropriate for explaining brain responses
115 induced by experimental interventions that cause fast changes in neuronal
116 excitability and/or connection strength. In this context, the combination of DCM

117 and fMRI has been applied to study specific aspects of human pain processing
118 (Liang et al. 2013; 2011) and descending modulation (Sevel et al. 2015a; Sevel
119 et al. 2015b). However, its applications into the neurophysiology of non-invasive
120 brain stimulation techniques for pain control remains limited.

121 Here we used DCM and Bayesian model selection (BMS) to examine how TMS
122 modulates the directed influences (or effective connectivity) between M1 and
123 three distinct cortical areas of the medial and lateral pain systems, including the
124 insular (INS), anterior cingulate (ACC), and parietal operculum (PO, the
125 secondary somatosensory cortex). As these structures have specific reciprocal
126 interconnections (Eickhoff et al. 2010; Ghaziri et al. 2017), we allowed for a fully
127 connected model and reduced models corresponding to networks with a sparser
128 connectivity contained within this larger model. This resulted in seven possible
129 pathways through which M1 stimulation could influence the proposed system: 1)
130 ACC and PO receive input directly from M1; 2) INS and PO receive input directly
131 from M1; 3) ACC and INS receive input directly from M1; 4) ACC receives input
132 directly from M1; 5) PO receives input directly from M1; 6) INS receives input
133 directly from M1, and 7) ACC, INS, PO collectively receives input directly from
134 M1 (fully-connected model). The dataset used to test these competing
135 hypotheses included a novel fMRI acquisition collected synchronously with M1
136 stimulation during rest and while performing a simple hand motor task (Jung et
137 al. 2020). We expected that DCM and BMS would show the plausibility of
138 alternative neurophysiological explanations for the analgesic effects of M1
139 stimulation.

140

141 **MATERIALS & METHODS**

142 **Ethics statement**

143 This study was approved by the local research ethics committee at the University
144 of Nottingham and performed in accordance with Declaration of Helsinki. All
145 participants provided informed written consent prior to the experiment.

146 **Study participants**

147 Twenty-three healthy, right-handed adults (6 males, mean age = 26 ± 3 years,
148 range 19–32 years) participated in the study. The data was from a previously
149 published study (Jung et al. 2020) involving M1 stimulation with TMS under
150 resting conditions. This cohort included a subgroup of participants that also
151 performed a motor task during M1 stimulation (task group: $N=12$, 3 males, mean
152 age 27 ± 3 years, range 20–32 years).

153 **TMS and synchronized TMS/fMRI**

154 A Magstim Rapid2 stimulator (Magstim, UK) was used to generate TMS pulses
155 through an MR-compatible figure-of-eight coil (70mm). Individual resting motor
156 threshold (RMT) was measured outside of the scanner before the experiment.
157 Individual RMTs were measured as follows: TMS pulses were applied to the M1
158 to identify the optimal site eliciting a muscle twitch in the first dorsal interosseous

159 (FDI) muscle and the TMS coil was oriented perpendicular to the central sulcus
160 at a 45° angle from the mid-sagittal line approximately. Once a site was
161 identified, the stimulator intensity was systematically varied and the RMT was
162 defined as the minimum stimulator output that was required to induce an
163 observable muscle twitch at that site for five out of 10 TMS pulses. During the
164 scanning, the coil was position over the hotspot of right hand area in the left
165 hemisphere. Individual TMS intensity was 100% of RMT for the M1 stimulation.
166 The averaged RMT was 75% in the task M1 stimulation group (range 64–89%)
167 and 72% in the rest group, the mean (range 59% to 86%).

168 TMS pulse was synchronized with the fMRI acquisition as described previously
169 (Jung et al. 2016) (see Figure 1A). The scanner sequence was programmed to
170 split the acquisition of images in each volume into two separate packages. The
171 first package was acquired for ~800ms and the second package commenced
172 collection 200ms after the first package acquisition. A TMS pulse was applied at
173 850ms and 1,850ms after the acquisition of the first slice in each package during
174 the TMS phase.

175 **Experimental design and procedures**

176 A block-design fMRI paradigm was used with nine separate blocks (block length
177 of 30s) (Figure 1B). Each block consisted of an active TMS phase (11s) and
178 inactive TMS phase (19s). The onset of TMS was randomized within a block. For
179 the active TMS phase, 11 pulses of 1Hz TMS was delivered over the left motor
180 cortex during rest and while performing a simple hand motor task. The instruction

181 to participants was to continuously clench and unclench their hands with a rate
182 that they were comfortable with (around 0.5~1Hz). The task cues presented on
183 the screen were “left hand”, “right hand”, “both hands”, and “rest”. The order of
184 the task conditions was pseudorandomised. For the rest condition, participants
185 were asked to relax and view a fixation on the screen during the scanning.

186 **MRI acquisition**

187 A 3T Philips Achieva scanner was used to collect data with a 6-channel NOVA
188 head coil that accommodated the MR-compatible TMS coil. Functional images
189 were acquired using single-shot echo-planar imaging (EPI) sequence
190 [TR/TE=2000/35ms, 30 slices=30, resolution=3×3×3 mm³, FA=90°]. Structural
191 image was obtained using 3D MP-RAGE sequence [TR/TE = 8.278/2.3ms,
192 resolution=1×1×1mm³, FA=8°) covering the whole head. The TMS-coil was MR-
193 visible for short echo-time (TE<10ms) and was used to verify the position of the
194 TMS-coil relative to the subject. Target sites for stimulation were defined as the
195 point on the brain surface perpendicular to the centre of the TMS coil (where the
196 two rings of the figure-of-eight meet each other). This position was translated into
197 MNI space (see Figure 1C and Table S1).

198 **Image processing and GLM analysis**

199 All imaging data were preprocessed and analyzed using SPM12
200 (<https://www.fil.ion.ucl.ac.uk/spm/software/spm12/>) (for details see (Jung et al.
201 2020)). Pre-processing included spatial realignment, co-registration of each

202 individual's mean functional image to their anatomical imaging, spatial
203 normalization and smoothing using a Gaussian kernel (8 mm, Full-width half-
204 maximal). A general linear model (GLM) was used to compute individual
205 contrasts. For the task group, a design matrix was defined with four task
206 conditions (rest, left, right, and both hand clenching) and TMS phases (TMS vs
207 no-TMS). T-contrasts for each condition and TMS phase were established. In the
208 random effect analysis, two-factorial ANOVA with the task condition and TMS
209 (active vs. inactive) was conducted and contrasts were entered into a set of one-
210 sample t-tests for each condition. Head movement parameters were included as
211 regressors to exclude head movement-related variance. For the rest condition, a
212 design matrix with TMS phases (active and inactive) was constructed. In the
213 random effect analysis, the contrast images were entered into one-sample t-tests
214 (Figure 2A/B). The statistical significance threshold was at $p < 0.005$ at the voxel
215 level with false-discovery rate (FDR) correction for a cluster level, $p < 0.05$, $K_s >$
216 50.

217 **Psychophysiological interaction (PPI)**

218 We performed a psychophysiological interaction (PPI) analysis (Friston et al.
219 1997) of the functional connectivity in M1 (Figure 2C). The M1 ROI was defined
220 as the left M1 [MNI -33, -24, 63] from the GLM results as a seed region. From
221 this seed region (8mm sphere), the time courses were de-convolved based on
222 the model for the canonical hemodynamic response to construct a time series of
223 neural activity. Interaction terms were calculated separately for the TMS active

224 and inactive conditions, as the product between the vector of the condition and
225 the psychological factor. The PPI terms were also been convolved with the
226 hemodynamic response function. The preprocessed fMRI data was entered into
227 the CONN toolbox (Whitfield-Gabrieli and Nieto-Castanon 2012) for the PPI
228 analysis. Data were filtered using a band pass filter ($0.01 < f < 2$) to decrease the
229 effect of low-frequency drift. White matter, cerebrospinal fluid, and physiological
230 noise source reduction were taken as confounds, following the implemented
231 CompCor strategy (Behzadi et al. 2007). Head motion was taken into account
232 and rotational and translational motion parameters and their first-order temporal
233 derivatives were regressed out. The onset and duration of each experimental
234 condition was supplied to the toolbox. For group-level analysis, individual results
235 were converted to z-scores with Fisher's z-transformation. As the PPI is very
236 stringent (O'Reilly et al. 2012), we used the significance threshold at $p < 0.01$
237 uncorrected, $K_s > 50$.

238 **Dynamic Causal Modelling**

239 Based on the results of PPI, we next used DCM to investigate how TMS
240 modulates the directed influences (or effective connectivity) between M1 and the
241 cortical areas defined above. DCM is a method for estimating and making
242 inferences about coupling among brain regions and provides information about
243 the underlying cortical pathways and their causal relationships (Friston et al.
244 2003). DCM estimates task-independent "intrinsic" connectivity, the "modulatory"
245 changes in the connectivity induced by a specific task (e.g., TMS and hand

246 clenching task), and the extrinsic influence of “inputs” on regions (i.e. the driving
247 input). We constructed DCM models that represented all possible configurations
248 of the modulatory parameters between M1 and the cortical areas of the medial
249 and lateral pain systems, including the insular (INS), anterior cingulate (ACC),
250 and parietal operculum (PO, the secondary somatosensory cortex). As these
251 structures have specific reciprocal interconnections (Eickhoff et al. 2010; Ghaziri
252 et al. 2017), we allowed for a fully connected model and reduced models
253 corresponding to networks with a sparser connectivity contained within this larger
254 model. This resulted in seven possible pathways through which M1 stimulation
255 could influence the proposed system: 1) ACC and PO receive input directly from
256 M1; 2) INS and PO receive input directly from M1; 3) ACC and INS receive input
257 directly from M1; 4) ACC receives input directly from M1; 5) PO receives input
258 directly from M1; 6) INS receives input directly from M1, and 7) ACC, INS, PO
259 collectively receive input directly from M1 (fully-connected model) (Figure 3). The
260 M1 TMS was entered as a driving input to the models. For the DCM analysis, we
261 extracted the first eigenvariate (devoled neural activity) from a spherical ROI
262 (radius = 8mm) centered at the maximally responsive point of the left M1 defined
263 *a priori* by the main effect of the motor task in the GLM analysis. The INS [MNI -
264 36, 12, 10], PO [MNI -44, -6, 6], and ACC [MNI -6, -18, 30] were defined *a priori*
265 by the PPI analysis. We restricted our model within the left hemisphere as TMS
266 was applied over the left M1.

267 **Bayesian model selection**

268 The seven competing models were compared using Bayesian model selection
269 (BMS) (Penny et al. 2004; Stephan et al. 2009) to determine the model which
270 provides the best fit between accuracy and generalizability in the given fMRI
271 data. In the resting condition, TMS phases were modelled as experimental
272 perturbations for all subjects ($N=23$). However, in the task subgroup ($N=12$), both
273 task conditions (left, right, and both hand clenching) and TMS phases (active and
274 inactive) were modelled as experimental perturbations of the system. Then
275 DCMs of the winning model were estimated separately for each participant,
276 allowing an identification of changes in interregional connectivity induced by the
277 M1 TMS. The estimated intrinsic and modulatory connections were considered
278 significant when passing a threshold of $p_{\text{FDR-corrected}} < 0.05$ (one-sample tests). In
279 order to identify connections specifically modulated by TMS, we compared
280 modulatory connectivity between the TMS active and inactive conditions
281 (planned paired tests, $p < 0.05$).

282 **RESULTS**

283 **ROI selection**

284 A detailed description of the fMRI analysis has been published previously (Jung
285 et al. 2020). Main effects of the hand clenching motor task and local activation
286 maxima for the hand somatotopic region within M1 are shown in Figure 2A. The
287 results showed a significant main effect in the bilateral M1, premotor cortex, and

288 supplementary motor area. Conjunction analysis of the M1 stimulation in active
289 TMS compared to inactive TMS phases is shown in Figure 2B. Stimulation in M1
290 resulted in significant activation of the insula, inferior frontal gyrus (IFG) and PO.
291 We hypothesized that the functional connectivity between M1 and three
292 independent brain areas – insular (INS), anterior cingulate (ACC), and secondary
293 somatosensory cortex (PO) – may reflect a susceptibility for plasticity following
294 TMS manipulation. Thus, we performed a psychophysiological interaction (PPI)
295 analysis (Friston et al. 1997) of the functional connectivity in M1. The PPI
296 analysis with the M1 seed revealed that active-TMS over the M1 strengthened
297 connectivity with several brain areas (including the INS, ACC and PO) relative to
298 the inactive TMS phase (Figure 2C and Table S2). The result confirm that the
299 functional state and connectivity profile of the three *a priori* brain areas appears
300 to reflect the individual’s susceptibility to TMS manipulation.

301 **DCM and BMS: model estimation and selection**

302 The next question was to explore what drives the individual’s connectivity profile.
303 The results of the BMS with expected and exceedance probabilities using
304 random effects (RFX) analysis are shown in Figure 4A. Under resting conditions
305 (resting group, $N=23$), Model 7 was the model with the highest exceedance
306 probability thus the winning network model. Using the best model (model 7), we
307 further compared the modulatory connectivity between active and inactive TMS
308 conditions between the distinct brain areas (Figure 4B). The paired t-tests
309 demonstrated that active TMS significantly increased effective connectivity from

310 ACC→M1 ($t = -2.16$, $p = 0.042$), INS→M1 ($t = -2.21$, $p = 0.046$), and PO→M1 ($t =$
311 -2.22 , $p = 0.046$) in comparison to inactive TMS phase. In contrast, there was a
312 decrease in effective connectivity from M1→INS ($t = 2.52$, $p = 0.020$) and
313 M1→ACC ($t = 2.19$, $p = 0.04$). The driving inhibitory input to M1 by TMS was also
314 significant ($t = -2.15$, $p = 0.043$). It should be noted that there was no significant
315 intrinsic connection between the ROIs. A full list of parameter estimates is
316 available in Table S3.

317 We also conducted the same analysis under task conditions (task group, $N=12$).
318 The BMS results demonstrated that the winning model was model 7, replicating
319 the whole group results (Figure 5A). The results of rest condition revealed that
320 active TMS significantly increased effective connectivity from ACC→M1 ($Z = -$
321 2.51 , $p = 0.012$), INS→M1 ($Z = -2.19$, $p = 0.030$), and PO→M1 ($Z = -2.20$, $p =$
322 0.028), whereas decreased effective connectivity from the M1 to ACC ($Z = -1.96$,
323 $p = 0.05$) and to insular ($Z = -2.89$, $p = 0.041$) during active TMS (Figure 5B and
324 Table S4). DCM parameter estimates during each task condition are shown in
325 Figure 5C. As previously described (Jung et al. 2020), the motor task reduced
326 the INS and PO activation related to the M1 TMS. We did not find any significant
327 difference between the active and inactive TMS phase when the left hemisphere
328 was engaged in the task (right and both hand clenching). However, M1 TMS
329 evoked a significant decreased connectivity from the INS to M1 during the left
330 hand clenching only ($Z = -2.28$, $p = 0.023$) (Figure 5C and Table S5). The driving
331 input, M1 TMS was significant at rest ($p = 0.0009$), left hand ($p = 0.019$), right
332 hand ($p = 0.005$), and both hand conditions ($p = 0.005$).

333 In an additional DCM analysis, we examined more closely the difference between
334 the winning model and the second-best model (model 6). The 'best' model can
335 depend critically on which set of models are being compared, and it is possible
336 that augmenting the comparison set with a single extra model could alter the
337 ranking of the models (Penny et al. 2010). We performed an additional analysis
338 comparing the reduced models only (models 1-6) corresponding to networks with
339 a sparser connectivity within the full model. We found that Model 6 remains the
340 dominant reduced model under resting conditions (resting group, $N=23$) (Figure
341 6). The paired t-tests demonstrated that active TMS significantly increased
342 effective connectivity from $INS \rightarrow M1$ ($t = -2.11$, $p = 0.046$) and $ACC \rightarrow PO$ ($t = -$
343 2.25 , $p = 0.035$) in comparison to inactive TMS phase. In contrast, there was a
344 decrease in effective connectivity from $M1 \rightarrow INS$ ($t = 2.54$, $p = 0.019$). The driving
345 inhibitory input to M1 by TMS was also significant ($t = -2.394$, $p = 0.026$). A full list
346 of parameter estimates is available in Table S6.

347 We also conducted the same analysis under task conditions (task group, $N=12$).
348 The BMS results demonstrated that the winning model was again model 6,
349 replicating the whole group results (Figure 7A). The results of rest condition
350 revealed that active TMS significantly increased effective connectivity from
351 $INS \rightarrow M1$ ($Z = -2.20$, $p = 0.028$) and from $ACC \rightarrow PO$ ($Z = -2.47$, $p = 0.013$),
352 whereas decreased effective connectivity from the M1 to insular ($Z = -1.89$, $p =$
353 0.059) during active TMS (Figure 7B). One-sample Wilcoxon Signed Rank tests
354 demonstrated significant facilitatory connections from $ACC \rightarrow PO$, $ACC \rightarrow INS$,
355 $PO \rightarrow INS$, and $INS \rightarrow M1$ as well as a significant inhibitory connection from

356 M1→INS ($p_{\text{FDR-corrected}} < 0.05$) (Table S7). DCM parameter estimates during
357 each task condition are shown in Figure 7C. We did not find any significant
358 difference between the active and inactive TMS phase when the left hemisphere
359 was engaged in the task (right and both hand clenching). However, M1 TMS
360 evoked a significant decreased connectivity from the INS to M1 during the left
361 hand clenching only ($Z = -2.35$, $p = 0.019$) (Figure 7C and Table S8). The driving
362 input, M1 TMS was significant at rest ($p = 0.039$), left hand ($p = 0.012$), and both
363 hand conditions ($p = 0.004$). Altogether, this corroborated the results from the
364 initial model selection procedure that model 6 represents the second-best model
365 following the fully connected network.

366 Supplemental material is available at:

367 https://figshare.com/search?q=JN_2021_Hodkinson_SupplementalMaterial

368

369

370 **DISCUSSION**

371 Using DCM and BMS, we tested seven competing hypotheses about how TMS
372 modulates the directed influences (or effective connectivity) between M1 and
373 three distinct cortical areas of the medial and lateral pain systems, including the
374 insular (INS), anterior cingulate (ACC), and parietal operculum (PO). The dataset
375 included a novel fMRI acquisition collected synchronously with M1 stimulation
376 during rest and while performing a simple hand motor task (Jung et al. 2020).
377 DCM and BMS showed a clear preference for the fully connected model in which

378 M1 stimulation causally determines activity in the INS, PO, and ACC under
379 resting conditions. In the following discussion, we consider the potential
380 mechanisms underlying TMS-induced changes in cortical plasticity and its
381 relevance to pain control.

382 The rationale for applying TMS to treat pain is that it can induce long-lasting, and
383 potentially reversible therapeutic changes in cortical plasticity. Our results
384 confirmed that TMS stimulation has a rapid effect on cortical excitability, which
385 extends beyond the local stimulated area. The excitation of the connections
386 INS→M1, PO→M1, and ACC→M1, plus the increased inhibition of their
387 reciprocal connections, suggests that these structures are tightly and probably
388 bidirectionally coupled. This supports the hypothesis that analgesia produced
389 from M1 stimulation most likely acts through the activation of top-down processes
390 associated with intracortical modulation, and not spinal inhibition via direct
391 stimulation of the pyramidal tract (Nguyen et al. 2011). Whilst the driving input to
392 M1 by TMS was shown to be inhibitory, the stimulation of the fibers running
393 parallel to the cortical surface in the precentral gyrus could lead to both
394 orthodromic activation of corticofugal pathways as well as antidromic activation of
395 thalamocortical pathways (Tranchina and Nicholson 1986). Further studies are
396 required to dissect these interareal connections at finer levels, and to link TMS
397 response properties of neurons in these different subregions to specific sensory
398 modalities. Nevertheless, it could account for the influence on pathways and
399 structures that are distant from the site of stimulation.

400 The reduced models of network connectivity and their observed responses to
401 TMS have the potential to expand our knowledge of pain control and in
402 evaluating the therapeutic potential of TMS. We observed that M1 input into the
403 INS represents the second-best model of plasticity following TMS manipulations.
404 INS and the adjacent PO are the only cortical brain regions that can trigger a
405 painful percept when electrically stimulated (Afif et al. 2008; Mazzola et al. 2012;
406 Ostrowsky et al. 2000). Whilst activation of the postero-superior insula triggers
407 pain and thermal sensations, inhibition of the same region can potentially induce
408 analgesia and loss of thermal sensation. For example, ischaemic lesions
409 restricted to the postero-superior operculo-insular region can impair
410 discrimination of thermal sensations by increasing the thermal pain threshold
411 detection (Garcia-Larrea et al. 2010; Greenspan et al. 1999; Veldhuijzen et al.
412 2010). Interestingly, Lenoir et al. (2018) recently demonstrated a modulatory
413 effect of continuous theta-burst stimulation (cTBS) over the human operculo-
414 insular cortex using a coil designed for deep TMS. They showed that cTBS
415 selectively affects the perception of heat pain without any changes to the
416 perception of cold, warm or vibrotactile stimuli (Lenoir et al. 2018). These findings
417 speak to the potential advantages of non-invasive stimulation of the INS to
418 produce analgesia; however, the authors also reported that cTBS delivered over
419 that structure is associated with a higher risk of triggering a TMS-induced
420 seizure. We speculate that it may be possible to impart equivalent symptomatic
421 benefit without the seizure risk through targeting M1 sites that are more

422 functionally connected to the INS; however this remains a hypothesis and
423 requires formal testing.

424 There are several limitations and interesting questions raised by the current
425 study that should be addressed. Firstly, it remains unclear how long the
426 aftereffects from TMS can last, and whether the reversal rate depends on the
427 duration of TMS stimulation. In the current experiment, we employed repeated
428 pulses at 1Hz that was similar in duration to conventional rTMS protocols and
429 resulted in an inhibitory effect on M1 in the healthy subjects. However,
430 development of clinically relevant dosing parameters related to the cumulative
431 exposure of TMS needs systematic evaluation. The method of the fMRI data
432 collection should also be considered, as the current work leverages a unique
433 dataset in which the TMS pulse was synchronised to be delivered with fMRI
434 acquisition (Jung et al. 2016). This resource has yielded some of the most
435 informative results to date showing a rapid effect on cortical excitability. Likewise,
436 the DCM and BMS analysis provided a powerful tool for testing hypothesis
437 related to the directional connections most susceptible to TMS manipulation.
438 Unfortunately, due to the lack of an explicit nociceptive stimulus, the specificity of
439 the selected brain areas cannot be interpreted as pain responsive, thus any
440 classification of brain circuitry using such areas should be interpreted with
441 caution. Finally, it remains unclear which part of the human M1 should be
442 stimulated, and which downstream regions are important for analgesic efficacy.
443 The selective reconfiguration of the INS delineated by the DCM analysis may be
444 a substrate for plasticity following TMS manipulations. The results reported here

445 provide a starting point for investigating whether pathway-specific targeting
446 involving M1↔INS improves analgesic response beyond conventional targeting.
447 We eagerly await future empirical data and models that tests this hypothesis.

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451 **CONFLICT OF INTEREST**

452 The authors declare no conflict of interest with regard to the content of this
453 article.

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456

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619 **FIGURES & LEGENDS**

620

621 **Figure 1: Experimental design and procedures.** **(A)** Equipment for the
622 synchronization of TMS/fMRI. **(B)** Block design for resting and task M1
623 stimulation. **(C)** Target sites defined using TMS coil position.

624

625 **Figure 2. TMS and task interactions.** **(A)** GLM results of main effect of motor
626 task (left hand, right hand, and both hands clenching). **(B)** Conjunction analysis
627 (active TMS vs inactive TMS). **(C)** PPI results of the M1 seed revealed active-
628 TMS strengthened connectivity with several brain areas (including the INS, ACC
629 and PO) relative to the inactive TMS phase. To better visualize the INS-PO
630 region we show the results as inflated projections on the PALS-B12 atlas. White
631 rings represent *a priori* regions of interest (ROIs) used for the DCM analysis.

632

633 **Figure 3. Comparative DCM network models.** **(A)** Full network model with
634 direct input by TMS in the primary motor cortex (M1). The intrinsic connections
635 are indicated by the black lines with arrows, and the arrows indicate the direction
636 of the connectivity **(B)** The six reduced networks (model 1-6) were constructed to
637 represent all possible configurations of the modulatory parameters between M1
638 and the cortical areas of the medial and lateral pain systems, including the
639 insular (INS), anterior cingulate (ACC), and parietal operculum (PO, the
640 secondary somatosensory cortex). These structures also possessed specific
641 reciprocal interconnections.

642

643 **Figure 4. Model selection and parameter estimation under resting**
644 **conditions. (A)** The results of Bayesian model selection (BMS) with expected
645 probability and exceedance probability using random effects (RFX) analysis. **(B)**
646 Estimated parameters of the winning network model (Model 7 is the model with
647 the highest exceedance probability). The dotted black arrows represent non-
648 significant connectivity. The black arrows represent the modulatory connections
649 [one-sample t-test, $p_{\text{FDR-corrected}} < 0.05$]. The red and blue arrows represent
650 increased and decreased (facilitatory and inhibitory) connectivity during active
651 compared to inactive TMS [paired t-test, $p < 0.05$].

652

653 **Figure 5. DCM parameter estimation under task conditions. (A)** The results
654 of Bayesian model selection (BMS) with expected probability and exceedance
655 probability using random effects (RFX) analysis. **(B)** Estimated parameters of the
656 winning network model at rest. **(C)** The estimated parameters for three task
657 conditions: left hand clenching, right hand clenching, and both hand clenching.
658 The dotted black arrows represent non-significant connectivity. The black arrows
659 represent the modulatory connections [one-sample Wilcoxon Signed Ranks test,
660 $p_{\text{FDR-corrected}} < 0.05$]. The red and blue arrows represent increased and decreased
661 (facilitatory and inhibitory) connectivity during active compared to inactive TMS.

662

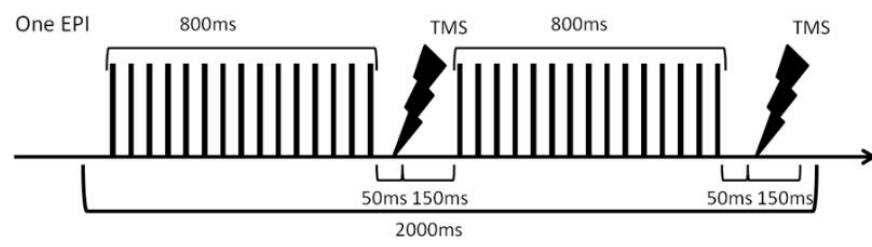
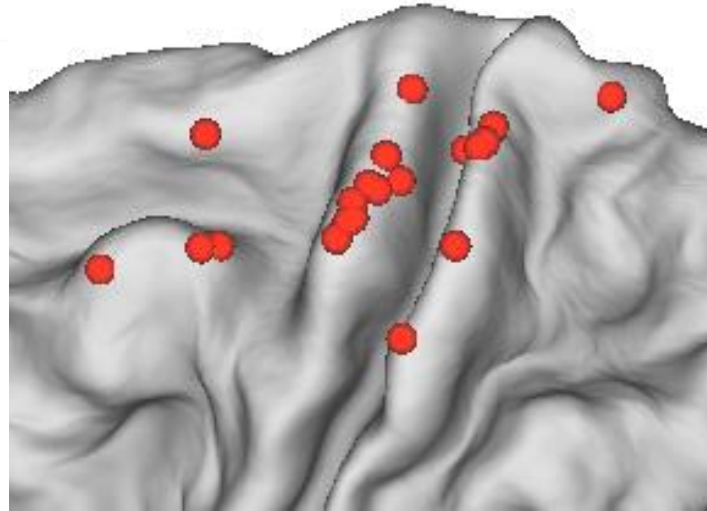
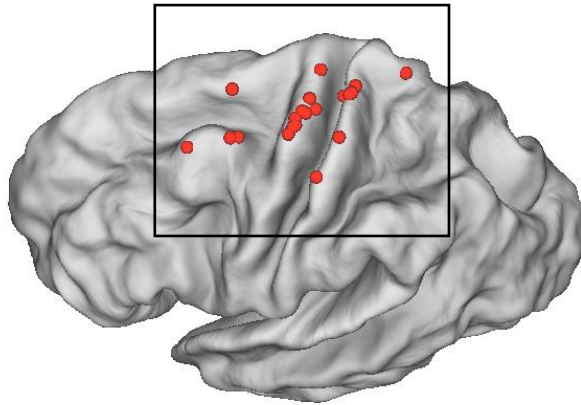
663 **Figure 6. Reduced model selection and parameter estimation under resting**
664 **conditions. (A)** The results of Bayesian model selection (BMS) with expected
665 probability and exceedance probability using random effects (RFX) analysis. **(B)**
666 Estimated parameters of the winning network model (Model 6 is the model with
667 the highest exceedance probability). The dotted black arrows represent non-
668 significant connectivity. The black arrows represent the modulatory connections
669 [one-sample t-test, $p_{\text{FDR-corrected}} < 0.05$]. The red and blue arrows represent
670 increased and decreased (facilitatory and inhibitory) connectivity during active
671 compared to inactive TMS [paired t-test, $p < 0.05$].

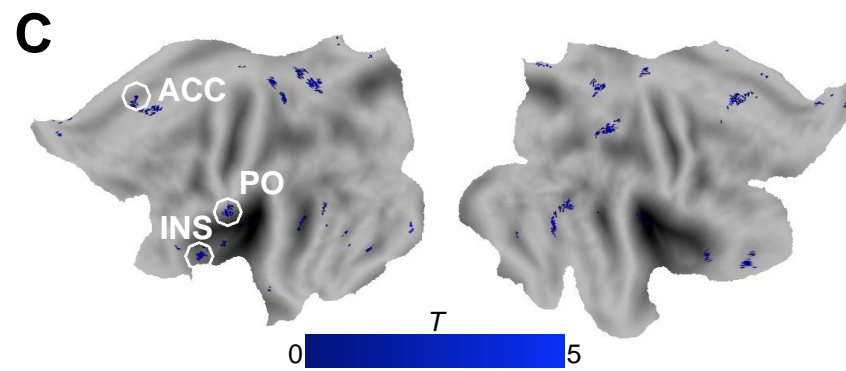
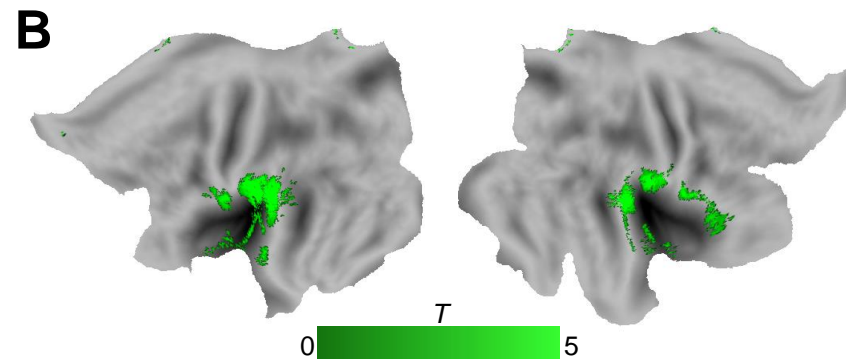
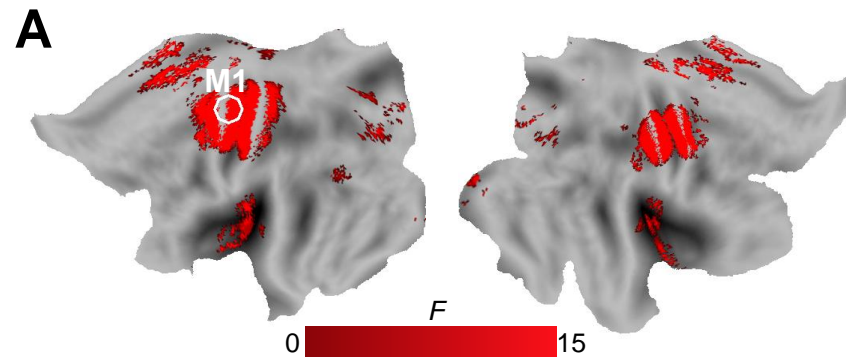
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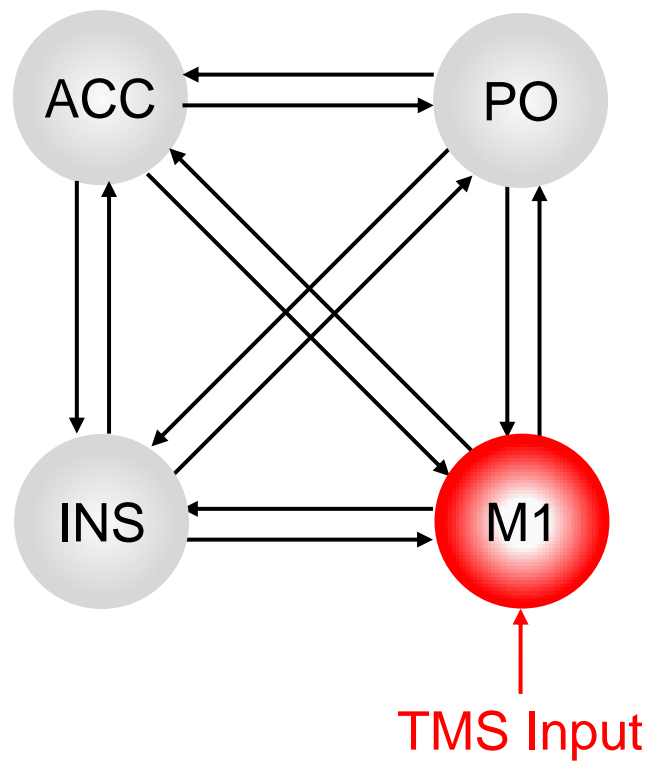
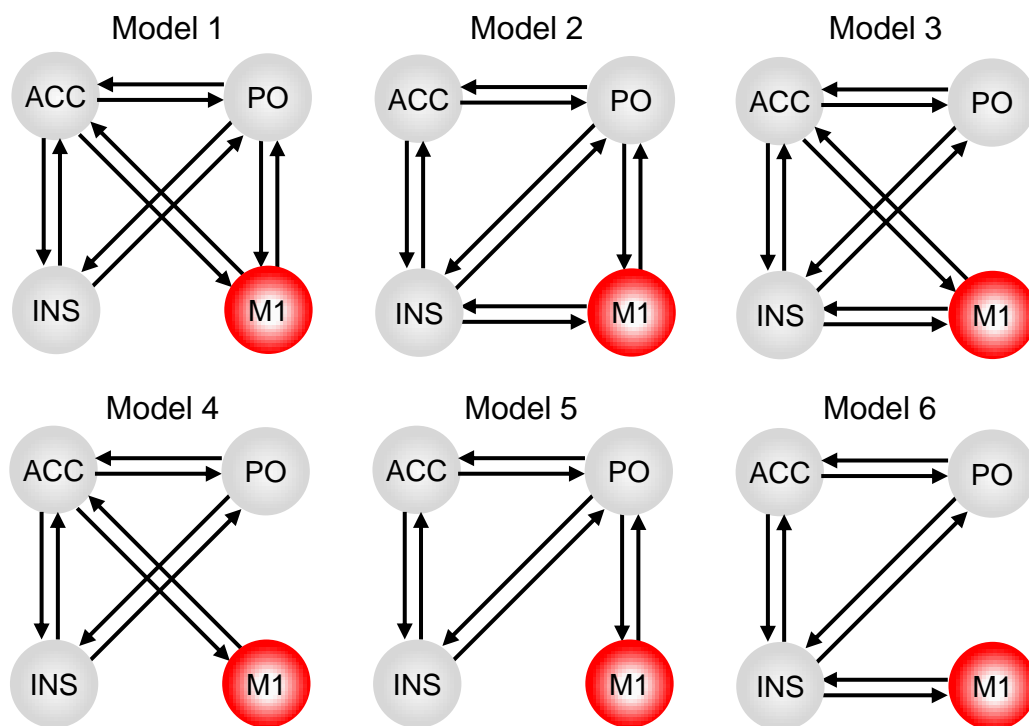
673 **Figure 7. Reduced model selection and parameter estimation under task**
674 **conditions. (A)** The results of Bayesian model selection (BMS) with expected
675 probability and exceedance probability using random effects (RFX) analysis. **(B)**
676 Estimated parameters of the winning network model at rest. **(C)** The estimated
677 parameters for three task conditions: left hand clenching, right hand clenching,
678 and both hand clenching. The dotted black arrows represent non-significant
679 connectivity. The black arrows represent the modulatory connections [one-
680 sample Wilcoxon Signed Ranks test, $p_{\text{FDR-corrected}} < 0.05$]. The red and blue arrows
681 represent increased and decreased (facilitatory and inhibitory) connectivity during
682 active compared to inactive TMS.

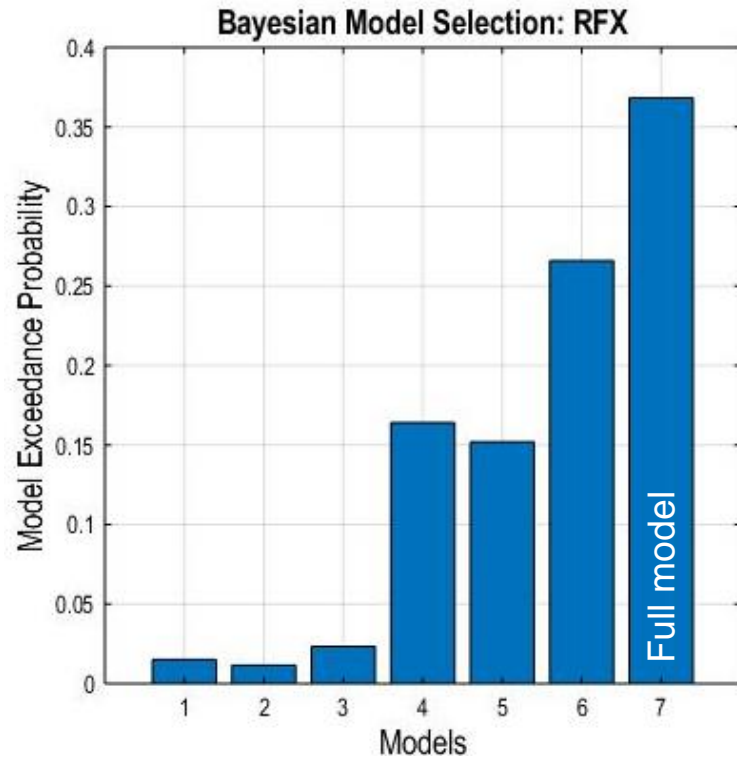
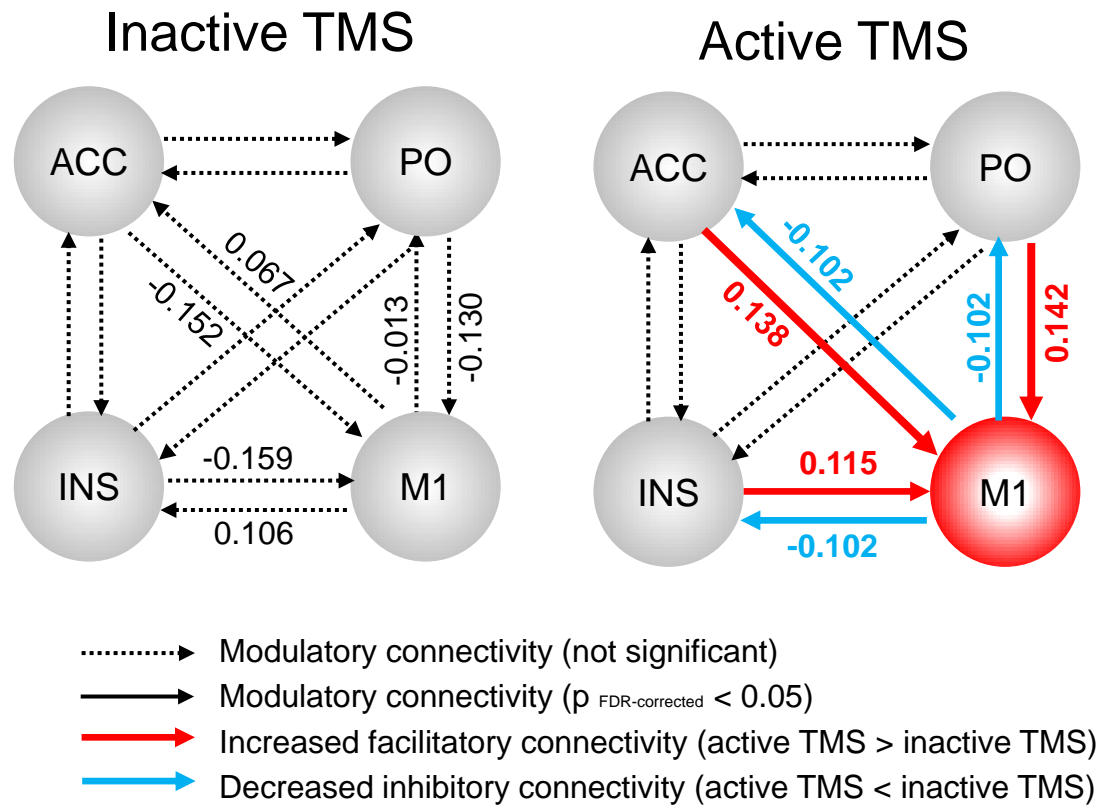
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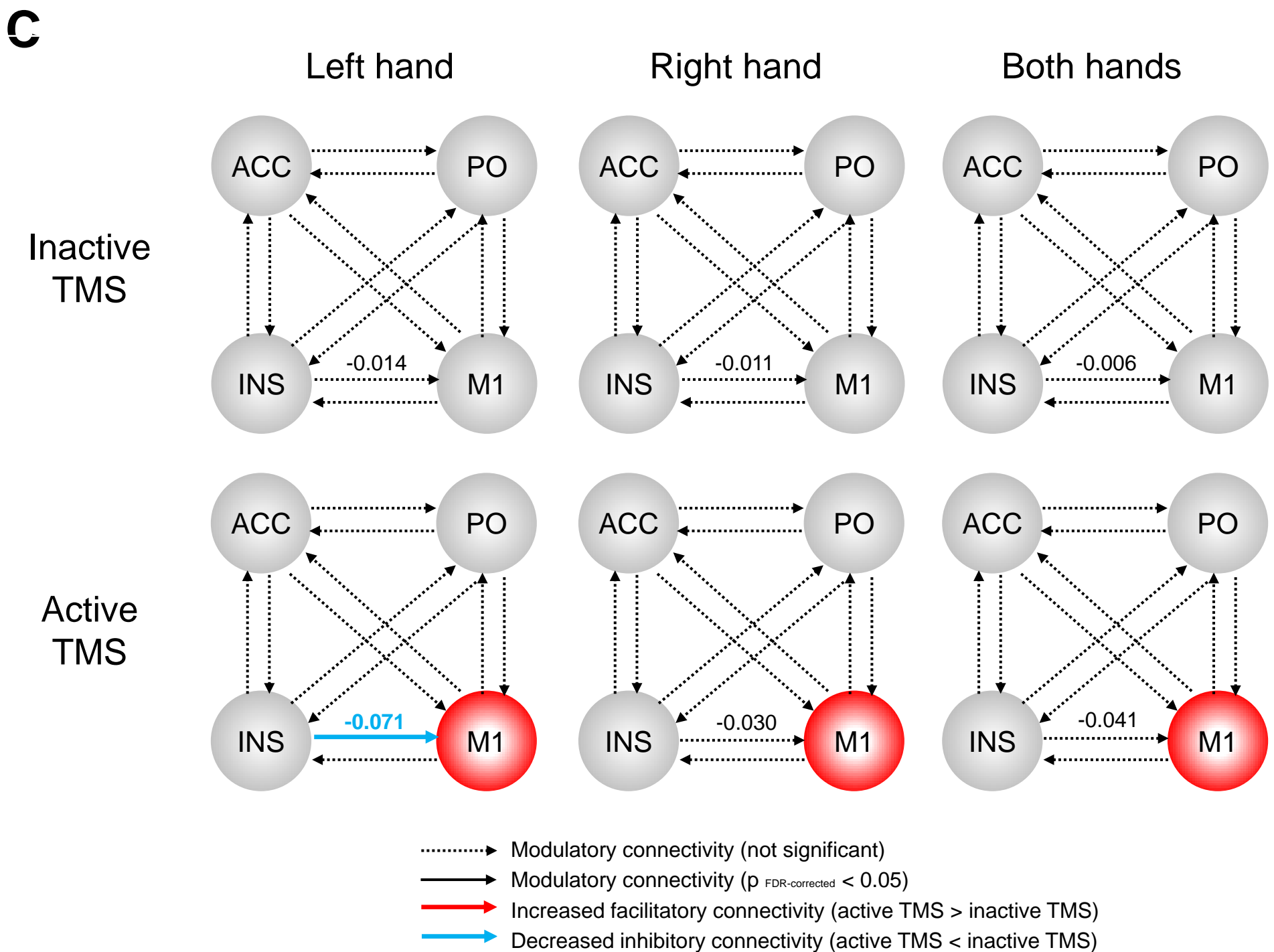
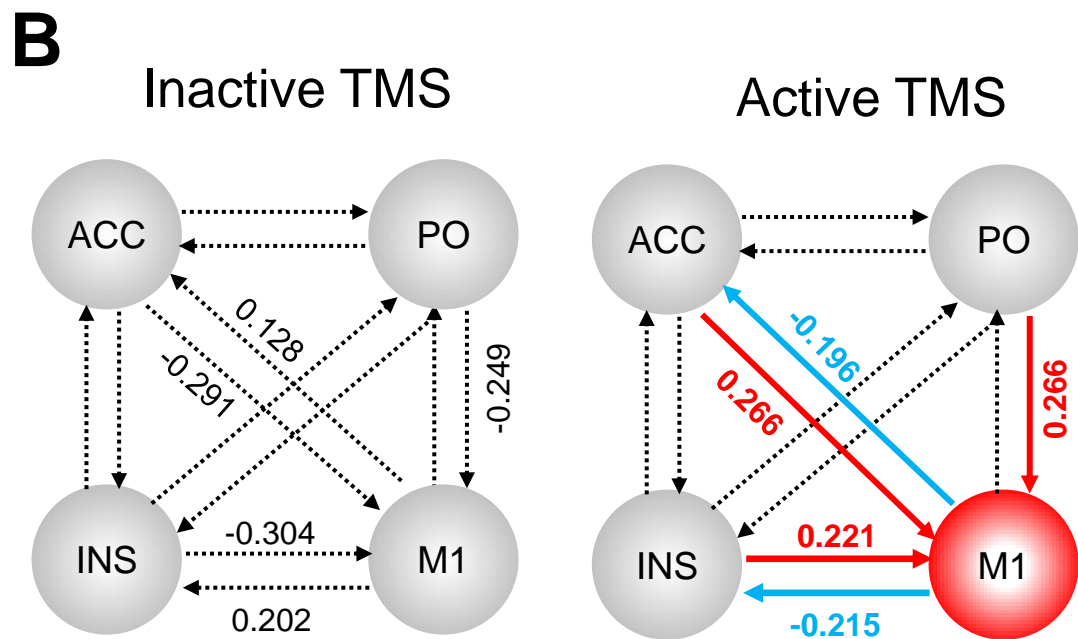
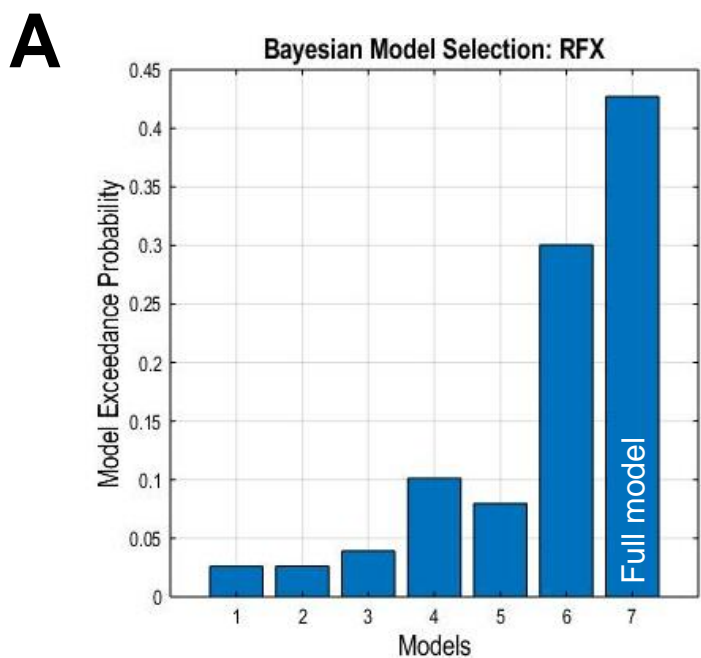
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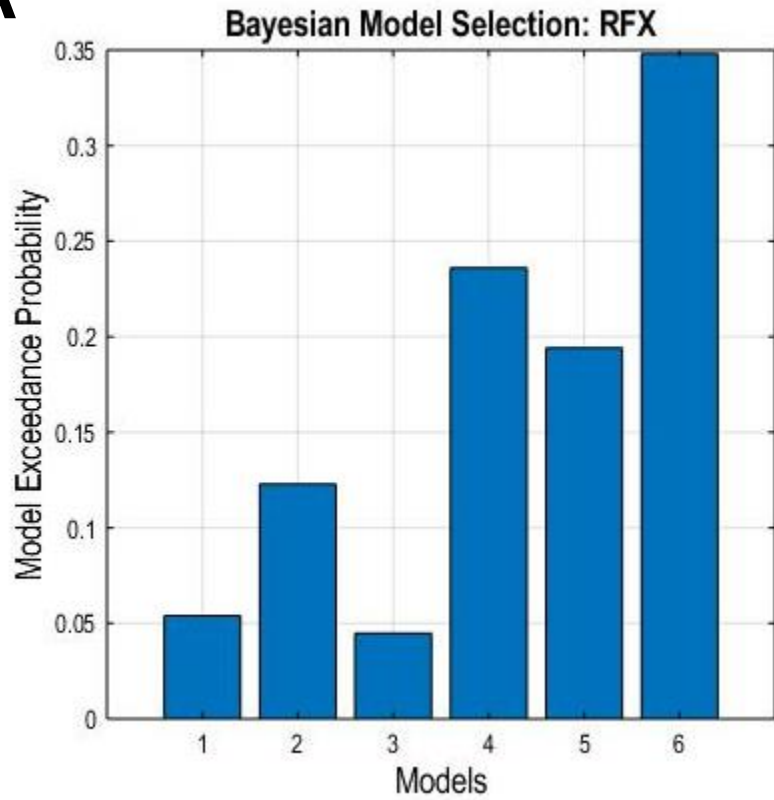
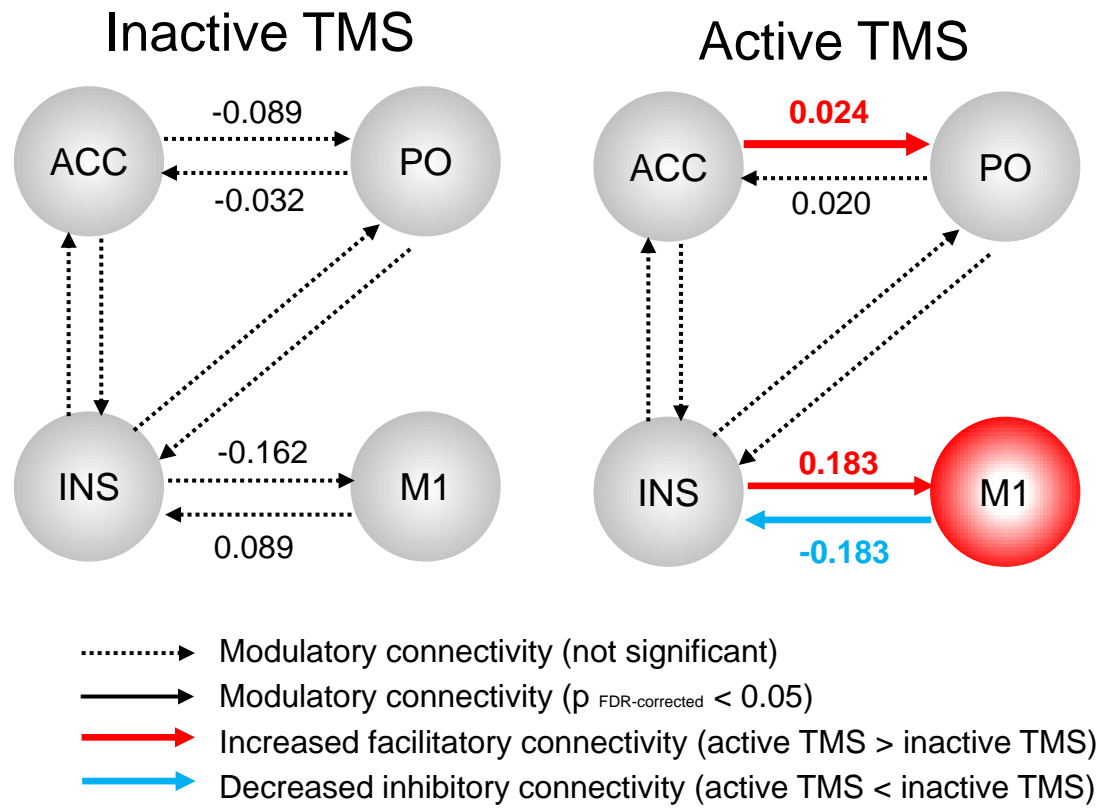
A**B****C**

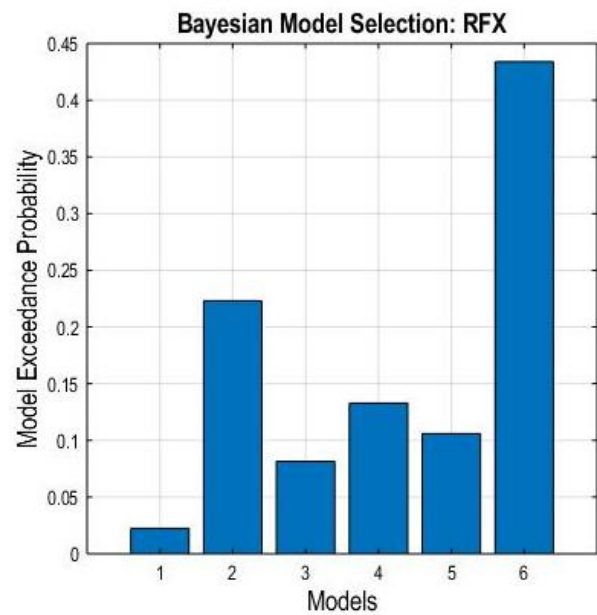
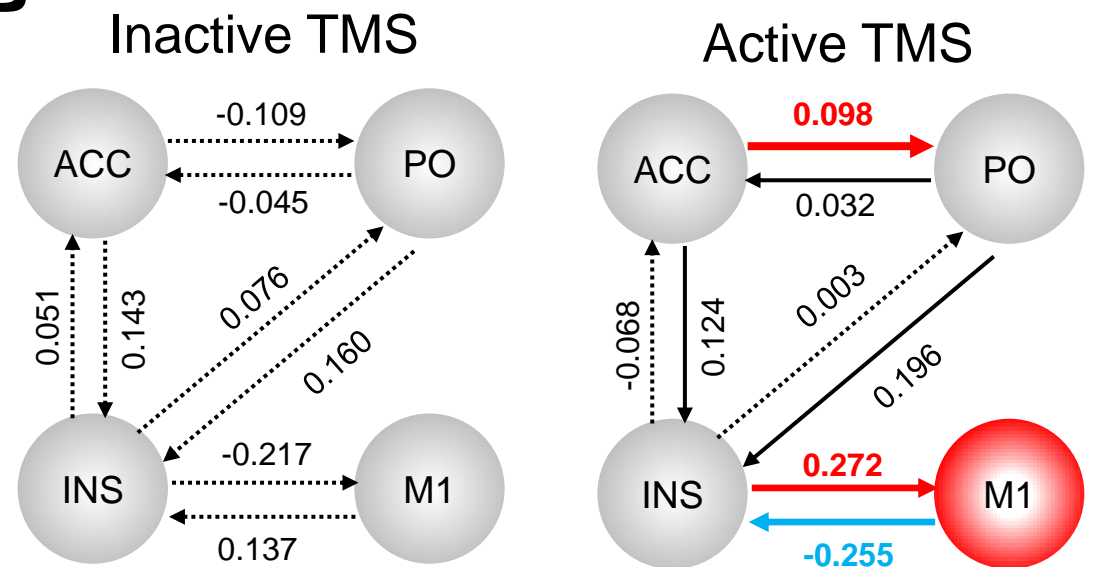
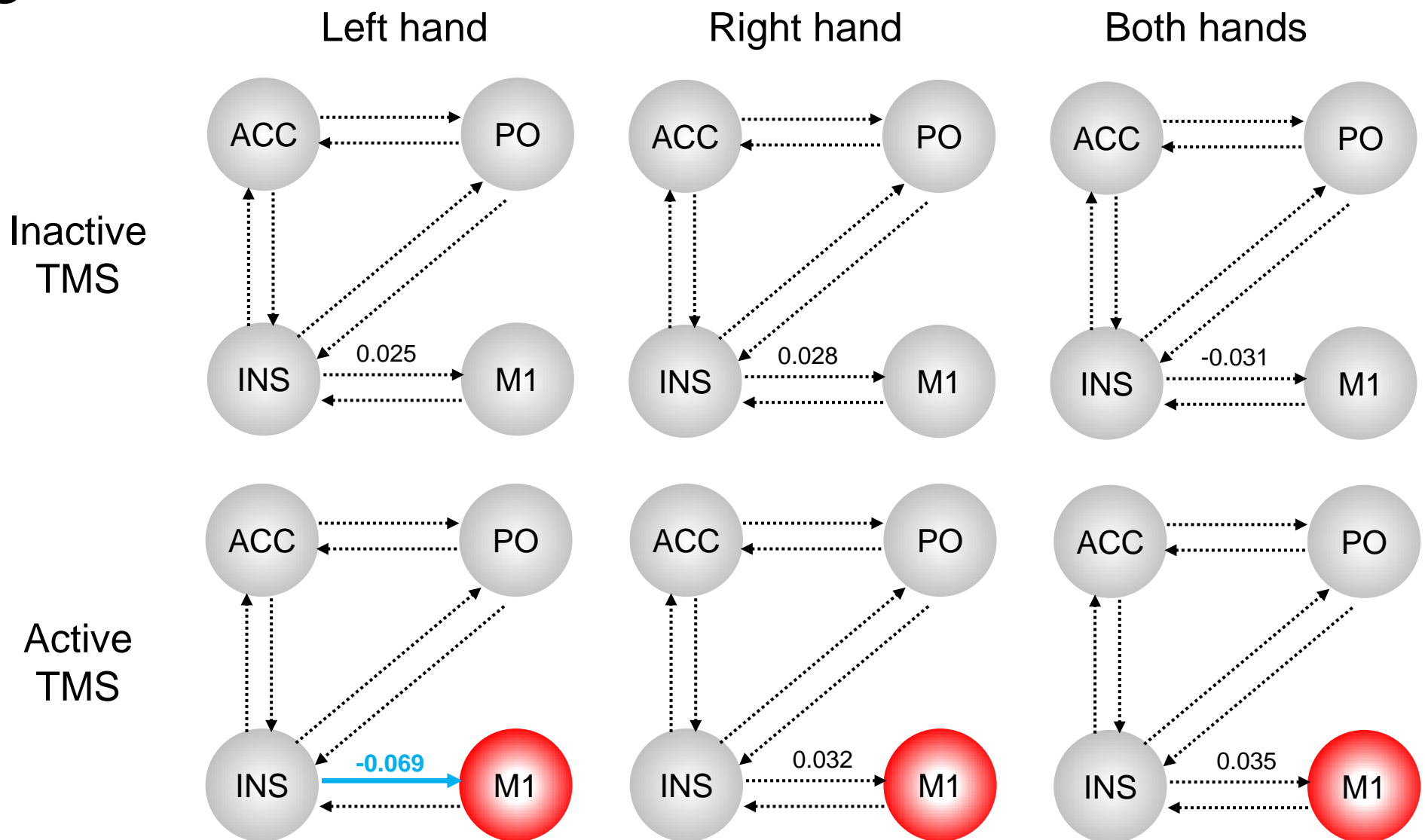


A**B**

A**B**



A**B**

A**B****C**

.....> Modulatory connectivity (not significant)

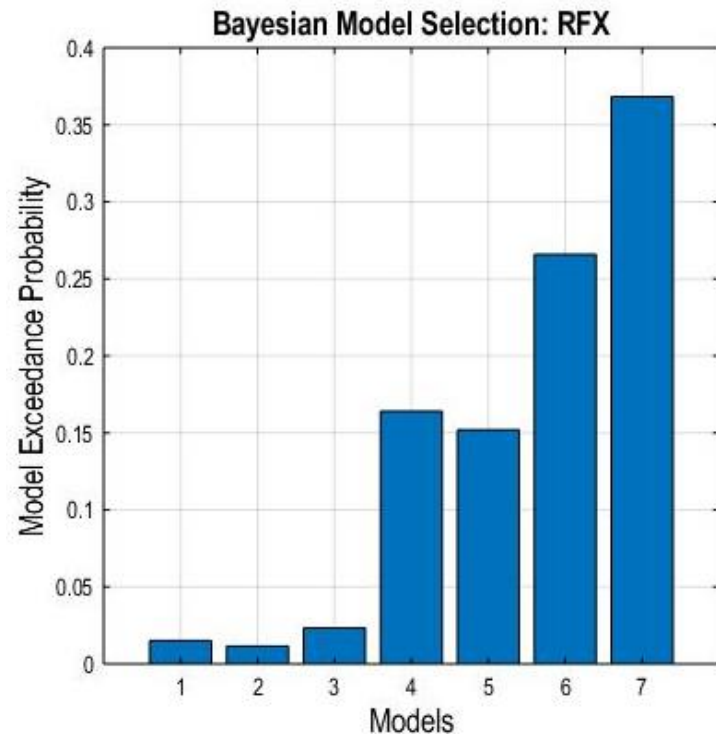
—> Modulatory connectivity ($p_{\text{FDR-corrected}} < 0.05$)

—> Increased facilitatory connectivity (active TMS > inactive TMS)

—> Decreased inhibitory connectivity (active TMS < inactive TMS)

Dynamic Causal modeling

model selection



model space
(winning model)

