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2 Worldwide relative smoking prevalence among people living with and without HIV: a  
3 systematic review and meta-analysis.

4

5 **Running Title:** *SR of Relative Smoking Prevalence in PLH*

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43 **Declaration of interests**

44 We declare no competing interests

45

## 46 **Abstract**

### 47 **Objective and design**

48 People living with HIV (PLH) suffer disproportionately from the chronic diseases exacerbated  
49 by smoking tobacco. We performed a systematic review and meta-analysis to establish the  
50 relative prevalence of smoking among PLH.

### 51 **Methods**

52 We included observational studies reporting current smoking rates among PLH and  
53 comparators without HIV. We searched Medline, EMBASE, LILACS and SciELO from  
54 inception to 31.08.19. We excluded studies that recruited participants with smoking related  
55 illness. We used a random effects model to estimate the odds ratio for current smoking in PLH  
56 and people without HIV. We used the Newcastle-Ottawa scale to assess methodological bias.  
57 We performed subgroup analysis based on gender and World Health Organization (WHO)  
58 region. We quantified heterogeneity with meta-regression and predictive distributions.  
59 PROSPERO registration:CRD42016052608.

### 60 **Results**

61 We identified 6116 studies and included 37. Of 111,258 PLH compared with 10,961,217 HIV-  
62 negative participants pooled odds of smoking were 1.64 ((95% CI: 1.45-1.85)(95% PI: 0.66-  
63 4.10,  $I^2$  98.1%)). Odds for men and women living with HIV were 1.68 ((95% CI: 1.44-1.95)(95%  
64 PI: 0.71-3.98,  $I^2$  91.1%)) and 2.16 ((95% CI: 1.77-2.63)(95% PI: 0.92-5.07,  $I^2$  81.7%))  
65 respectively.

### 66 **Conclusions**

67 PLH are more likely to be smokers than people without HIV. This finding was true in sub-group  
68 analyses of males, females and in four of five WHO regions from which data were available.  
69 Meta-regression did not explain heterogeneity, which we attribute to the diversity of PLH  
70 populations worldwide. Smoking is a barrier to PLH achieving parity in life expectancy and an  
71 important co-variate in studies of HIV associated multi-morbidity.

72

73 **Key Words**

74 HIV; tobacco smoking; prevalence; systematic review; meta-analysis

## 75 **Introduction**

76 Combination anti-retroviral therapy (ART) has transformed HIV from a terminal illness into a  
77 chronic health condition. The life-expectancy of people living with HIV (PLH) is drawing closer  
78 to population averages, particularly in countries with well-resourced healthcare systems [1, 2].  
79 The '90-90-90' targets adopted by the United Nations focus on ensuring that 90% of PLH know  
80 their serostatus, 90% of diagnosed PLH are receiving treatment and 90% of those on  
81 treatment achieve viral suppression [3]. Newer thinking extends beyond viral suppression  
82 toward a 'fourth 90'; optimising health related quality of life via effective prevention and  
83 management of co-morbidity [4, 5].

84

85 PLH are at increased risk of age related non-communicable diseases (NCD) associated with  
86 tobacco smoking including cardiovascular disease [6, 7], cancer [8, 9], and respiratory illness [10,  
87 11]. HIV associated inflammation, direct viral effects, adverse effects of ART and prior AIDS  
88 events also contribute to the risk [12-14] but the impact of tobacco smoking is considerable [15].  
89 PLH who smoke lose more life-years to smoking than to HIV in Europe and North America  
90 and have greater excess mortality from smoking than uninfected individuals [16]. PLH in LMIC  
91 who smoke are also affected; rising rates of smoking associated NCD are adding to the  
92 already high rates of tuberculosis and bacterial pneumonia, both of which are also increased  
93 in PLH who smoke [17-20]. Importantly, cessation of tobacco smoking is associated with  
94 improved health outcomes in PLH [21] and there is growing evidence supporting the efficacy of  
95 smoking cessation programmes in PLH using varenicline and other interventions [22, 23].  
96 Smokeless tobacco consumption also has significant negative health consequences,  
97 increasing the risk of cancers of the head, neck, throat, oesophagus and oral cavity [24].  
98 However, its use among PLH is far lower than tobacco smoking and its impact and the benefits  
99 of cessation in PLH are less well described [25, 26]. E-cigarettes or electronic nicotine delivery  
100 systems (ENDS) are not known to carry the risks of tobacco smoking and are instead a means  
101 used to quit [27, 28]. Data for their harm (or benefit) in PLH are also lacking [29]. Thus, a clear

102 appreciation of the prevalence of tobacco smoking among PLH must be the priority and is key  
103 to both understanding the mechanisms driving these co-morbidities and addressing their  
104 impact <sup>[30]</sup>.

105

106 Whilst studies of HIV related co-morbidity frequently allude to a high smoking prevalence  
107 among PLH, citations are often based on data from large North American and European  
108 cohorts <sup>[31-33]</sup>. Most studies of smoking prevalence in HIV only include PLH in their sample  
109 and use general population estimates, which may not be contemporary either, as their  
110 comparator <sup>[34]</sup>. Furthermore, data that reflect the global distribution of PLH are limited. Mdege  
111 et al. (2017) used data from demographic and health surveys in LMIC to assess rates of  
112 tobacco use <sup>[25]</sup> but no study has systematically synthesised world-wide data comparing  
113 smoking prevalence in PLH with HIV uninfected individuals. This is likely to be particularly  
114 important with respect to gender differences in smoking; smoking prevalence is reported to be  
115 higher among women living with HIV in North American and European cohorts than elsewhere,  
116 but these regions have concentrated epidemics with significantly smaller proportions of  
117 women living with HIV than those areas of the globe with generalised HIV epidemics <sup>[35, 36]</sup>.  
118 Studies that include HIV negative populations in their samples will more adequately account  
119 for other factors determining the relative smoking prevalence in PLH according to gender  
120 category.

121

122 In this systematic review and meta-analysis we aim to establish whether there is a global trend  
123 for a difference in tobacco smoking prevalence among PLH to that among HIV-negative  
124 individuals. Our secondary aims are to determine whether differences apply to men and  
125 women living with HIV and individual WHO regions.

126 **Methods**

127 This was a systematic review and meta-analysis performed in accordance with PRISMA  
128 standards [37-41].

129 **Inclusion/exclusion criteria**

130 We included observational studies that reported the prevalence of current tobacco smoking in  
131 PLH and those without HIV infection. Populations of PLH and HIV seronegative comparators  
132 could comprise the same cohort or two existing cohorts combined for the purpose of the study.  
133 In studies that combined cohorts, it was essential that populations were contemporaneous  
134 and drawn from the same geographic location. In the absence of a universal definition of a  
135 'current smoker', and with studies from various countries and populations, we took the  
136 pragmatic decision to accept the definitions of individual studies as indicative of smoking  
137 status, provided the same definitions were applied to PLH and HIV seronegative participants.  
138 Supplementary table 5 shows how smoking status was defined in each included study.

139

140 Smoking methods included any method of inhaling burned tobacco, such as via cigarettes,  
141 pipes, cigars or hookah. We did not include data from participants who used methods of  
142 tobacco consumption other than smoking (such as e-cigarettes or 'vaping', chewing tobacco  
143 or inhaling snuff) in our analysis. No lower or upper age limits for participants were set.

144

145 We excluded studies that selected participants on the basis of smoking status or that recruited  
146 on the basis of, or investigated for, a smoking related illness (e.g. lung cancer). Where data  
147 from the same cohort of patients were used in more than one article, only that which presented  
148 the largest, most complete and most up to date information was included.

149

## 150 Search strategy

151 We searched Medline and Excerpta Medica (EMBASE) via OVID, LILACS (Literatura Latino  
152 Americana em Ciências da Saúde) and SciELO (Scientific Electronic Library Online) from  
153 inception to 31<sup>st</sup> August 2019. The search strategy was developed for OVID (see  
154 supplementary Table S1), and adapted for other databases. Reference lists of included papers  
155 were manually reviewed to identify further eligible studies. Where data regarding the gender  
156 of smokers were not published, the authors were contacted by SW or PJ.

157

158 Independent screening of titles and abstracts identified in the literature search was undertaken  
159 by SW and PC/PJ. Those not excluded at this stage were retrieved in full text format and  
160 scrutinised by SW/FP and PC/PJ for suitability for final inclusion. Disagreements were settled  
161 via discussion among reviewers to reach a consensus.

162

## 163 Data extraction and quality assessment

164 To measure the methodological quality of included papers for determining an association  
165 between HIV and smoking status, two reviewers (PC and FP) independently appraised the  
166 included studies using the Newcastle–Ottawa Quality Assessment Scale [42]. In the case of  
167 disagreement, consensus was reached through discussion. Studies with scores of greater  
168 than six on this scale were deemed to be of higher methodological quality.

169

170 We use the terms *HIV-seronegative*, *HIV uninfected* or *people without HIV* infection to  
171 describe participants who were not known to be living with HIV infection in each study. It should  
172 be noted that not all studies determined HIV status using a blood test. Where this was not the  
173 case, the background population prevalence of HIV infection was low (< 1%).

174



175 PJ and FW/SW independently extracted information from included articles, including: number  
176 of PLH smoking compared with number of HIV uninfected people smoking, numbers smoking  
177 by gender (where available), publication year, country and World Health Organisation (WHO)  
178 region.

179

## 180 [Meta-analysis](#)

181 We used a random effects meta-analysis model to estimate pooled odds ratios with 95%  
182 confidence intervals (CI) and 95% prediction intervals (PI) <sup>[43]</sup>. We performed sensitivity  
183 analyses comparing the data from studies with Newcastle-Ottawa Scores  $\leq 6$  (high risk of  
184 methodological bias) with those  $> 6$  (lower risk). The Newcastle Ottawa Scale is a validated  
185 tool that can be used to assess the representativeness of cases (PLH) and comparators to  
186 the wider population of these respective groups <sup>[42]</sup>. Points are awarded based on how  
187 comparable the groups of participants are to each other. We also performed subgroup  
188 analyses based on gender and WHO region.

189

190 We estimated the between-study standard deviation to quantify the extent of the  
191 heterogeneity and the  $I^2$  statistic to assess the impact of heterogeneity ( $>75\%$  high) <sup>[44]</sup>. We  
192 explored reasons for heterogeneity using meta-regression and subgroups analyses, and  
193 estimated 95% prediction intervals to quantify relative prevalence given unexplained  
194 heterogeneity. All analyses were performed using the freely available software package R <sup>[45]</sup>.  
195 This study was prospectively registered with the International Prospective Register of  
196 Systematic Reviews (PROSPERO) in December 2016: CRD42016052608.

197

## 198 **Results**

199 We retrieved 7207 articles from our literature search. 1091 were duplicate records. We  
200 screened 6116 titles and abstracts, of which 136 were included for full text review. We

201 excluded 99 of these after scrutiny, leaving 37 studies in the final analysis (Figure 1).  
202 Characteristics of included studies are summarised in Table 1.

203

204 Nine studies were from Europe (Denmark, France, Spain, United Kingdom) [46-54], seventeen  
205 were from the Americas (Brazil, Canada, Haiti, United States) [55-71] and seven studies were  
206 from Africa (Rwanda, South Africa, Tanzania, Uganda, Zimbabwe) [72-78]. Two studies drew  
207 participants from Western Pacific (Australia, and China) [79, 80]. One study contributed to South-  
208 East Asia (India) [81]. One study (Mdege et al., (2017)) contributed data from multiple WHO  
209 areas: Africa, Americas, South East Asia and Western Pacific [25].

210

211 Four studies included only male participants [55, 66, 71, 80] and five included only female  
212 participants [56, 59, 64, 70, 78]. Gerend et al. (2017) included cisgender men and transgender  
213 women [60]. Shariati et al. (2017) included all participants who identified as male including  
214 cisgender men and transgender men [68].

215

216 Overall, our analysis provided data for 111,258 PLH and 10,961,217 HIV-seronegative  
217 participants, with pooled meta-analysis of 18,241 male PLH and 298,334 HIV-seronegative  
218 males (15 studies), and 18,095 female PLH and 411,024 HIV-seronegative females (14  
219 studies) (table 2, figure 2 and supplementary figures 1 and 2).

220

221 The pooled odds of smoking were greater in participants with HIV infection compared with  
222 people without HIV infection, OR 1.64 (95% CI: 1.45, 1.85). Heterogeneity suggested that the  
223 relative prevalence depends on the characteristics of individuals.

224

225 Heterogeneity between studies was generally mild and similar for males and females.  
226 However, the odds ratio for smoking for participants with HIV infection compared with people  
227 without HIV infection was greater for females OR 2.16 (95% CI: 1.77-2.63) than for males OR  
228 1.68 (95% CI: 1.44-1.95).

229

230 Heterogeneity between studies within WHO regions was generally mild except for in Europe  
231 where it was moderate. Our analysis suggests an increased prevalence of smoking in PLH  
232 compared to individuals without HIV in all WHO regions other than the Western Pacific  
233 (supplementary figure 3). Although the relative prevalence of smoking in PLH and individuals  
234 without HIV depends on the characteristics of individuals, it is likely to be higher in the  
235 Americas and South-east Asia irrespective of individual characteristics. The meta-regression  
236 showed that participants from Africa had a lower relative smoking prevalence than participants  
237 from the Americas, but comparisons between other regions were not significant.  
238 (supplementary table 2).

239

240 Fourteen studies had a higher risk of methodological bias (Newcastle Ottawa Scores  $\leq 6$ ).<sup>[46,</sup>  
241 <sup>47, 50, 59, 60, 66-68, 71, 73, 76-79]</sup> Among these studies the odds ratio of current smoking in PLH was  
242 2.06 (95% CI: 1.57-2.71). The remaining studies had a lower risk of methodological bias ( $>6$ ),  
243 and these had a pooled odds ratio of current smoking in PLH of 1.54 (95% CI: 1.35-1.76)  
244 (supplementary figure 4). Thus, there was some evidence to suggest that lower quality studies  
245 were associated with a higher relative prevalence of smoking, although our findings remained  
246 statistically significant in both groups.

247

## 248 **Discussion**

249 This systematic review and meta-analysis is the first to synthesise all studies that directly  
250 compare worldwide smoking prevalence in PLH and people without HIV. The review

251 comprised a comprehensive, tailored search strategy, standardised data extraction, quality  
252 appraisal by multiple reviewers and *a priori* defined subgroup analyses. We show that PLH  
253 are more likely to be current tobacco smokers than HIV-seronegative individuals, a finding  
254 maintained among men and women and consistent in four of five WHO regions. Nevertheless,  
255 the relative prevalence of smoking in PLH compared to individuals without HIV also depends  
256 on other unmeasured and unknown characteristics.

257

258 Our findings confirm and reinforce previous observations of higher smoking rates among  
259 people living with HIV [16, 82-85]. Mdege et al. (2017) performed a meta-analysis of data from the  
260 health surveys of 28 low and middle-income countries which demonstrated that men and  
261 women with HIV had a higher risk of tobacco smoking than those without HIV infection [25].  
262 The data from that study are included in the current review.

263

264 Our findings should be interpreted in the context of some limitations. The studies included in  
265 this systematic review differed in their research aims, and due to intrinsic differences in the  
266 makeup of populations of PLH when compared with a general population, study participants  
267 were infrequently matched. Populations of PLH are likely to differ from HIV seronegative  
268 comparators by virtue of the risk factors that are associated with HIV acquisition, for example  
269 socio-economic status, intravenous drug use, and sexual orientation. These factors are likely  
270 to contribute to the unexplained heterogeneity observed in this analysis. We were able to  
271 explore the effect of gender and region on relative prevalence, but could not perform sensitivity  
272 analyses for each variable associated with smoking risk.

273

274 Some of the studies from higher income settings compared groups of PLH containing high  
275 numbers of men who have sex with men (MSM) with HIV seronegative cohorts containing low  
276 or unspecified numbers of MSM (table 1) [46, 48, 51, 52, 54, 65, 66]. MSM have been identified as a  
277 group who are more likely to be smokers than heterosexuals [86, 87].

278

279 There were insufficient data on the sexual orientation and smoking status of individual  
280 participants to permit a sensitivity analysis across all studies. We were able to conduct a post-  
281 hoc subgroup analysis of four studies whose participants comprised only MSM in both HIV  
282 seropositive and HIV seronegative groups [55, 60, 68, 80]. We found that MSM who were also PLH  
283 had significantly higher odds of smoking than HIV seronegative MSM: OR 1.67 (95% CI 1.04-  
284 2.68) (supplementary figure 5). This suggests that in these studies at least, sexual orientation  
285 did not account for the observed difference in smoking prevalence between PLH and those  
286 who were HIV seronegative.

287

288 Previous studies and health surveys have defined a 'current smoker' in specific terms [88].  
289 Initially this had been part of our protocol, but it became apparent that few papers provided  
290 sufficient information about the quantities of tobacco consumed to apply such definitions. We  
291 elected to take the pragmatic approach of accepting individual studies' reports of which  
292 participants were currently smoking. We accept that this means smokers might be determined  
293 differently between studies, but the internal validity of a comparison of smoking status within  
294 individual studies is unimpaired. Accurate recording of tobacco consumption should be a  
295 priority for future research, especially where co-morbidity is concerned. As ENDS become  
296 more widely used it will also be important to quantify novel modes of nicotine consumption  
297 alongside smoking status, and to determine whether PLH who are smokers use these devices  
298 to quit.

299

300 It is beyond the scope of this review to determine the reasons for increased smoking  
301 prevalence among PLH, but some hypotheses are useful to consider. A review by Nansseu et  
302 al. found that trends in tobacco smoking among PLH changed little over time, indicating a low  
303 quit rate [89]. An analysis of 184 PLH who smoked in San Francisco found high rates of  
304 psychological co-morbidity, unemployment and illicit drug use [90], all of which are positively

305 associated with tobacco consumption <sup>[91, 92]</sup>. A recent systematic review found a high  
306 prevalence of depressive disorders among PLH in Africa, which suggests that psychological  
307 co-morbidity may be a factor in this setting, too <sup>[93]</sup>. Regression analysis of health survey data  
308 from Sub-Saharan Africa indicates that low socio-economic status, male sex and lower  
309 educational attainment are risk factors for smoking among PLH <sup>[94]</sup>. A qualitative study  
310 indicated that PLH may perceive that their life expectancy is shortened and that the harms of  
311 smoking are therefore less important, but this research is dated <sup>[95]</sup>. There is a need for further  
312 studies to determine drivers of smoking among PLH in the present day.

313

314 Our results highlight the need for robust strategies to help worldwide populations of PLH quit  
315 smoking. Whilst bupropion interacts with commonly prescribed anti-retroviral drugs, two  
316 randomised control trials have shown varenicline to be superior to placebo at achieving  
317 sustained smoking cessation among PLH, with no concerns regarding safety or drug  
318 interaction <sup>[22, 96]</sup>. A 2016 Cochrane review examined smoking cessation strategies in PLH,  
319 encompassing psychotherapy and pharmacotherapy in combination or isolation. There was  
320 poor-quality evidence for the short-term success of any smoking cessation strategy, and no  
321 evidence was available for long-term success. All of the evidence considered came from high-  
322 income countries <sup>[23]</sup>. The development of effective strategies for smoking cessation is a clear  
323 priority, especially in low-resource settings.

324

325 Our review shows that PLH are more likely to smoke tobacco than people without HIV infection  
326 although other factors may affect this quantitatively and qualitatively. This is highly significant  
327 because HIV is independently associated with many of the chronic diseases exacerbated by  
328 smoking, and smoking has enhanced detrimental effects on PLH.

329

330 The 2020 Covid-19 pandemic places renewed focus on lung health. Whilst HIV itself may not  
331 yet appear to impact upon outcomes from SARS-CoV-2 infection, chronic obstructive  
332 pulmonary disease and smoking have been associated with increased risk of in-hospital death

333 [97]. At this time the community of HIV clinicians, researchers and policy makers need to be  
334 cognisant of smoking as a threat to PLH worldwide.

335

336 Tobacco consumption should be addressed as a routine aspect of HIV care, and we advocate  
337 the integration of smoking cessation within national treatment strategies. This will be a  
338 challenge in all settings, but particularly where demands on HIV care are overstretched and  
339 resources are limited. Research in to effective, scalable and affordable smoking cessation  
340 strategies is therefore urgently needed.

341

342 A final and important implication of this study is to alert researchers in the growing field of HIV  
343 associated co-morbidity. In order to evaluate the impact of HIV on the development of chronic  
344 conditions and to assess interventions, robust measures of tobacco consumption must be  
345 integral to study design.

346

#### 347 [Acknowledgements](#)

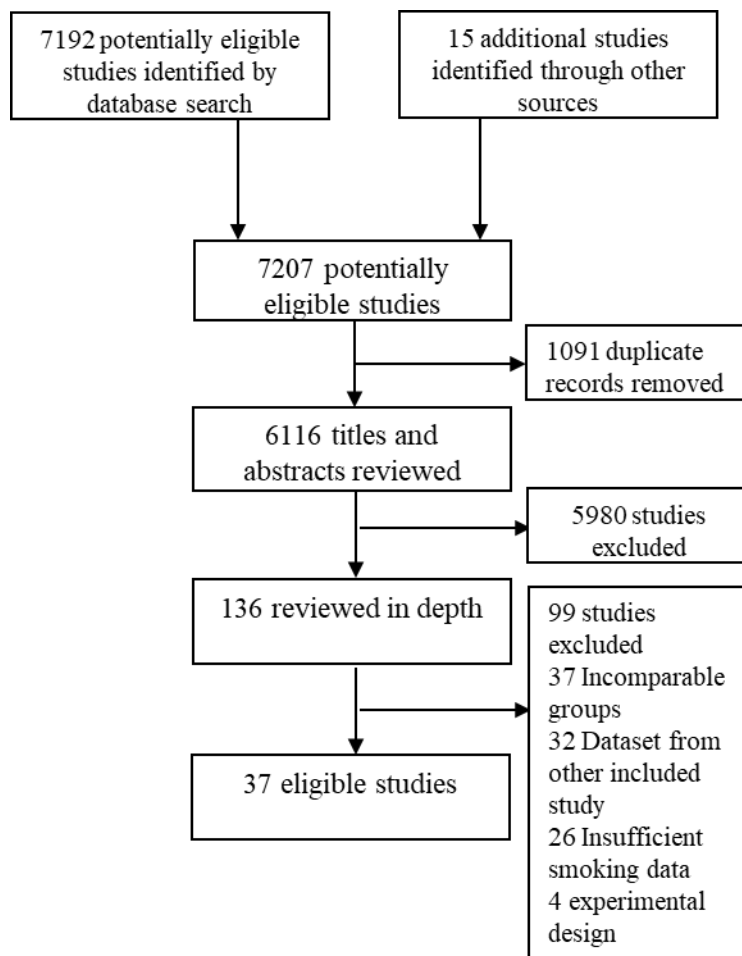
348 SW, FP, PC and RH developed the initial study design. SW, PJ, FP and PC searched for  
349 and extracted data. PJ, MO and JS analysed the findings. PJ wrote the first draft of the  
350 manuscript. All authors discussed key decisions collaboratively throughout the course of the  
351 review, provided critical feedback on preliminary drafts and interpretation of results, and  
352 approved the final manuscript.

353

354

355 Figures and Tables (manuscript body)

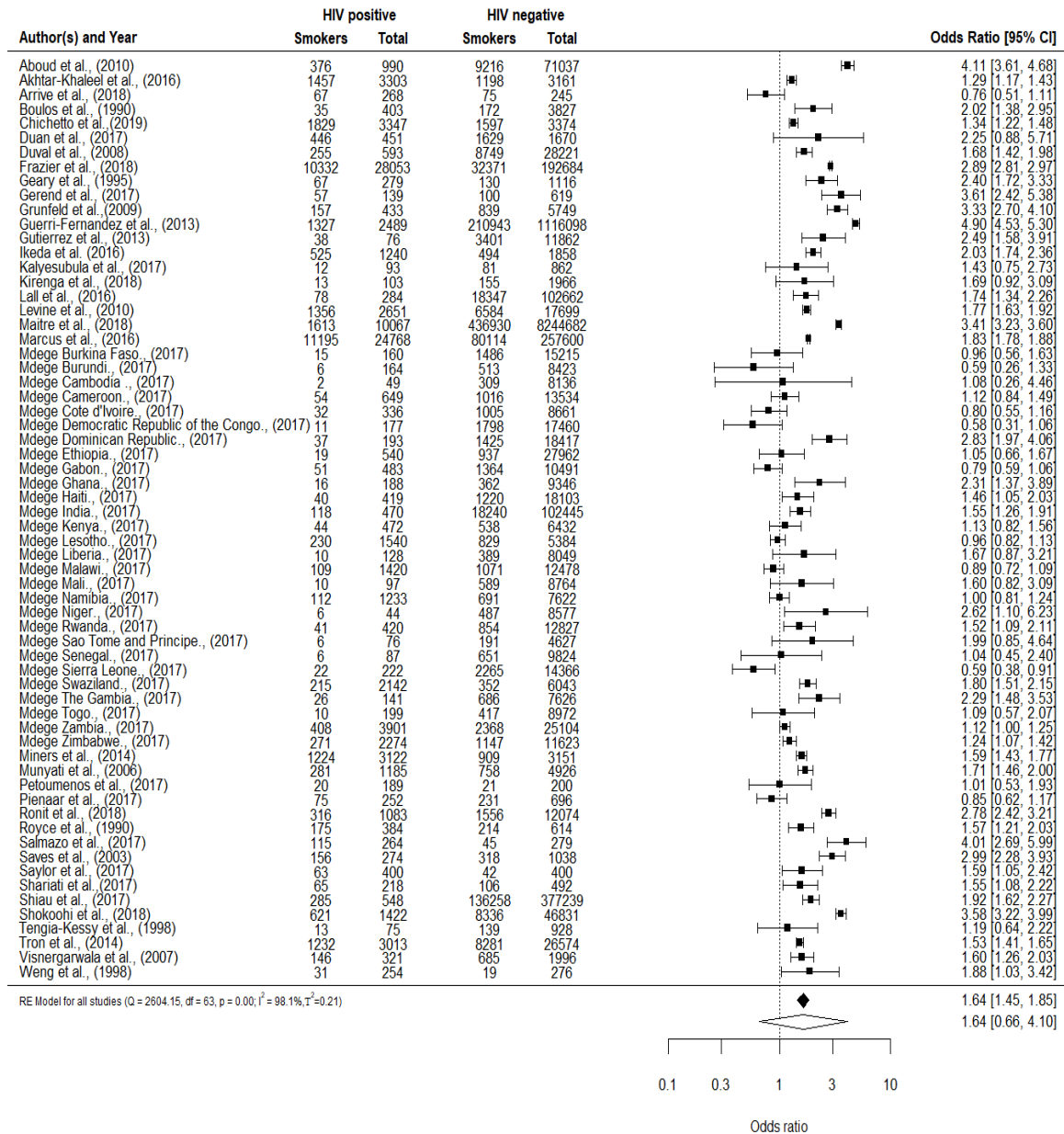
356



357

358 *Figure 1: Study selection*





359

360 *Figure 2 Pooled odds of current smoking comparing all PLH with all HIV-seronegative participants. RE random effects, df*  
 361 *degrees of freedom. Black diamond: pooled odds ratio. Empty Diamond: prediction interval.*

362

363

364 *Table 1: Characteristics of included studies including: Author and (year of publication); WHO region and (country); gender of participants by HIV status (percentage female); average*  
 365 *participant age in years (mean or median as stated); study design and recruitment strategies; Newcastle-Ottawa Scale (NOS) score (0-10). Special populations: Men who have sex with men*  
 366 *(MSM) /Pregnant women /People who inject drugs (PWID) / Nosocomial acquisition of HIV / Vertically transmitted HIV*

Author / Year	Setting	Female Participants (PLH)	Female Participants (HIV-seronegative)	Age in years (PLH)	Age in years (HIV-seronegative)	Study design and target populations	NOS Score	Special populations
<b><i>Aboud et al., (2010)<sup>[46]</sup></i></b>	European (UK)	26%	61%	Mean = 41	Mean = 52	Cross sectional PLH: outpatients attending for routine HIV care at two UK hospitals. HIV seronegative: recruited from UK General Practice population (Heart UK/Unilever study)	5	PLH: 315/990 MSM HIV seronegative: not reported
<b><i>Akhtar-Khaleel et al., (2016)<sup>[55]</sup></i></b>	Americas (united States)	All male	All male	Mean = 34	Mean = 34.9	Prospective cohort PLH and HIV seronegative: recruited from Multicentre AIDS cohort study (MACS)	7	All MSM
<b><i>Arrive et al., (2018)<sup>[47]</sup></i></b>	European (France)	53%	58%	Median = 23 Age restricted (18-30)	Median = 22.5 Age restricted (18-30)	Cross sectional PLH: adults with perinatally acquired HIV diagnosed <13 years of age. HIV seronegative: adults completing a national nutrition survey.	6	All PLH with perinatally-acquired HIV

<b><i>Boulos et al., (1990)</i></b> <sup>[56]</sup>	Americas (Haïti)	100%	100%	---	---	Cross sectional PLH and HIV seronegative: mothers of infants recruited whilst attending for a measles vaccine study.	7	None identified
<b><i>Chichetto et al., (2019)</i></b> <sup>[57]</sup>	Americas (United States)	5%	5%	Mean = 50	Mean = 50	Prospective cohort PLH and HIV seronegative: recruited from Veterans Aging Cohort Study (VACS). HIV seronegative age/race and site matched	9	None identified
<b><i>Duan et al., (2017)</i></b> <sup>[79]</sup>	Western Pacific (China)	4.4%	3.6%	---	---	Cross sectional PLH and HIV seronegative: former opiate users recruited from five methadone replacement clinics	6	All PWID
<b><i>Duval et al., (2008)</i></b> <sup>[48]</sup>	European (France)	30%	---	Mean = 45.1	No average reported Restricted to 18-75 years	Cross sectional PLH: recruited during a national survey of 82 units providing outpatient HIV care. HIV seronegative: taken from the 2005 French National Health Survey	8	PLH: 219/593 MSM HIV seronegative: not reported
<b><i>Frazier et al., (2018)</i></b> <sup>[58]</sup>	Americas (United States)	---	---	---	---	Cross sectional PLH: yearly, nationally representative estimates of HIV positive adults receiving care in the US	8	None identified

						HIV seronegative: annual, cross sectional survey of non-institutionalised US population		
<b>Geary et al., (1995)<sup>[59]</sup></b>	Americas (United States)	100%	100%	---	---	Case control PLH and HIV seronegative: women giving birth at a large metropolitan hospital (1988-1992)	6	All pregnant women
<b>Gerend et al., (2017)<sup>[60]</sup></b>	Americas (United States)	92% cisgender male; 6% transgender woman; 2% other		--- Restricted to 16-29 years	--- Restricted to 16-29 years	Longitudinal cohort: PLH and HIV seronegative: recruited from ongoing study of young MSM and transgender women	6	All MSM or transgender women
<b>Grunfeld et al., (2009)<sup>[61]</sup></b>	Americas (United States)	30.5%	47.4%	Mean = 49	Mean = 61	Cross sectional PLH recruited from 16 infectious diseases clinics. HIV seronegative recruited from a cohort of young adults recruited to study visceral fat (not matched)	8	None identified
<b>Güerri-Fernandez et al., (2013)<sup>[49]</sup></b>	European (Spain)	24.6%	52.2%	Mean = 50	Mean = 61.3	Retrospective cohort PLH and HIV seronegative: Electronic medical records from primary care attendances in Catalonia. ICD-10 codes used to identify PLH	7	None identified

<i>Gutierrez et al., (2013)</i> <sup>[62]</sup>	Americas (United States)	32%	54%	--- Restricted to 20-49 years	--- Restricted to 20-49 years	Retrospective cohort PLH and HIV seronegative: Adults from the 1999 to 2008 National Health and Nutrition Examination survey (NHANES).	7	None identified
<i>Ikeda et al. (2016)</i> <sup>[63]</sup>	Americas (Brazil)	49.4%	58.3%	Mean = 39.1	Mean = 43.9	Cross sectional PLH: consecutive patients referred for outpatient HIV care. HIV seronegative: population based cross-sectional study of alcohol consumption.	8	None identified
<i>Kalyesubula et al., (2017)</i> <sup>[72]</sup>	Africa (Uganda)	67%		Median = 31 (range 18-87)		Cross sectional PLH and HIV seronegative: Cross sectional community based survey with prospective determination of HIV serostatus	7	None identified
<i>Kirenga et al., (2018)</i> <sup>[73]</sup>	Africa (Uganda)	39%	61.2%	---	---	Cross sectional PLH and HIV seronegative: General population asthma survey. HIV status self-reported.	6	None identified
<i>Lall et al., (2016)</i> <sup>[81]</sup>	South-East Asia (India)	51.4%		--- Females aged 15-45, males aged 15-54		Cross sectional PLH and HIV seronegative: Survey of national and state	7	None identified

						level HIV prevalence. In areas suspected of high prevalence prospective HIV testing was undertaken .		
<i>Levine et al., (2010)</i> <sup>[64]</sup>	Americas (United States)	100%	100%	Median = 34.9	Median = 34.9	Cross sectional PLH: serologically confirmed members of a cohort study of women deemed at risk of HIV acquisition HIV seronegative: national survey investigating risk factors for health differences.	8	None identified
<i>Maitre et al., (2018)</i> <sup>[50]</sup>	European (France)	32%	52.5%	---	---	Retrospective PLH and HIV seronegative: extracted from electronic hospital discharge data over six year period.	5	None identified
<i>Marcus et al., (2016)</i> <sup>[65]</sup>	Americas (United States)	9.3%	9.3%	Mean = 40.7	Mean = 40.9	Retrospective cohort PLH with Kaiser Permanente membership in California, frequency matched by age and gender to members without HIV.	7	PLH: 16,781/24,768 PLH MSM 1734/24,768 PWID HIV seronegative: not reported
<i>Mdege et al., (2017)</i> <sup>[25]</sup>	Africa; Americas; South-East	Variable by country	Variable by country	Women aged 15-49, men	Women aged 15-49, men aged 15-54 (or	Cross sectional PLH and HIV seronegative: Demographic and health	9	None identified

	Asia; Western Pacific			aged 15-54 (or 59, dependent on country)	59, dependent on country)	survey data from 28 low and Middle income countries where tobacco use and HIV test data were made public		
<i>Miners et al., (2014)</i> <sup>[51]</sup>	European (United Kingdom)	19%	56%	Median = 45.2	Median = 49	Cross sectional PLH: survey of attendees at outpatient clinics in the UK. HIV seronegative: Health Survey for England (HSE) measure of health related behaviours in the general population	8	PLH: 2209/ 3151 MSM HIV seronegative: 58/7424 MSM
<i>Munyati et al., (2006)</i> <sup>[74]</sup>	African (Zimbabwe)	---	---	---	---	Cross sectional PLH and HIV seronegative: Employees from 22 businesses were tested for HIV and underwent an interview	8	None identified
<i>Petoumenos et al., (2017)</i> <sup>[80]</sup>	South Pacific (Australia)	All male	All male	Median = 65 (>55 only)	Median = 62 (> 55 only)	Cross sectional PLH and HIV seronegative: recruited from General Practices, sexual health clinics and referral hospitals, through advertisements	7	All MSM
<i>Pienaar et al., (2017)</i> <sup>[75]</sup>	Africa (South Africa)	76%	79%	---	---	Cross sectional PLH and HIV seronegative: identified from same rural and urban populations. HIV	8	None identified

						serostatus determined on study entry		
<b>Ronit et al., (2018)<sup>[52]</sup></b>	European (Denmark)	14.3%	18.4%	Mean = 50.6	Mean = 52.8	Cross sectional PLH: from existing cohort study of co-morbidity in HIV infection. HIV seronegative recruited from cohort study serving same population (age and sex matched)	7	PLH: 771/1083 MSM 16/1083 former PWID HIV seronegative: not reported
<b>Royce et al., (1990)<sup>[66]</sup></b>	Americas (United States)	All male	All male	--- Restricted to 24-55 years	--- Restricted to 24-55 years	Prospective cohort PLH and HIV seronegative: recruited from a population based cohort of single Men in San Francisco	6	PLH:all MSM or bisexual. HIV seronegative: 410/614 MSM / bisexual
<b>Salmaço et al., (2017)<sup>[67]</sup></b>	Americas (Brazil)	47.3%	51.6%	Mean = 43.2	Mean = 37.9	Cross sectional PLH: recruited from outpatient clinics PLH and HIV seronegative: prospectively included (no matching or detail as to how recruited)	5	None identified
<b>Savès et al., (2003)<sup>[53]</sup></b>	European (France)	19%	49%	--- Restricted to 35-44 years	--- Restricted to 35-44 years	Nested cross sectional PLH: started on protease inhibitors in outpatient settings HIV seronegative: population based pre-existing cohort stratified by age and sex with the	7	None identified



						stratum most closely matching the ages of PLH included		
<i>Saylor et al., (2017)</i> <sup>[76]</sup>	Africa (Uganda)	47%	48%	Mean = 35	Mean = 35	Cross sectional PLH and HIV seronegative: drawn from a community cohort study in which PLH were age and sex matched to adults in the same district	6	None identified
<i>Shariati et al., (2017)</i> <sup>[68]</sup>	Americas (Canada)	All identified as male	All identified as male	Median = 34		Prospective cohort PLH and HIV seronegative: adults having had sex with a man in the last 6 months, identifying as male (including trans male) and living in Vancouver.	6	All MSM.
<i>Shiau et al., (2017)</i> <sup>[69]</sup>	Americas (United States)	20%	52%	---	---	Cross sectional. PLH and HIV seronegative: from National survey of drug and alcohol use – randomly selected households invited for interview	7	PLH: high reported illicit drug use. No data regarding PWID
<i>Shokoohi et al., (2018)</i> <sup>[70]</sup>	Americas (Canada)	100%	100%	---	Standardisation performed to make ages comparable before analysis	Cross sectional PLH: Community based study of female PLH in Quebec, Ontario and British Columbia. HIV seronegative: drawn from nationwide cross	9	PLH: high reported illicit drug use. No data regarding PWID

						sectional community health survey		
<b>Tengia-Kessy et al., (1998)</b> <sup>[77]</sup>	Africa (Tanzania)	53.5%	46.5%	--- Restricted to 15-24 years	--- Restricted to 15-24 years	Cross sectional PLH and HIV seronegative: Four wards randomly selected from district, then two villages selected from each ward with survey of all 15-24 year olds	6	None identified
<b>Tron et al., (2014)</b> <sup>[54]</sup>	European (France)	34%	58.1	--- Range 15-84	--- Range 15-85	Cross sectional PLH: recruited from national survey conducted across 73 hospital outpatient departments. HIV seronegative: recruited from French national health survey	9	PLH: 1016/ 3013 MSM. 404/3013 PWID. HIV seronegative: not reported
<b>Visnargarwala et al., (2007)</b> <sup>[71]</sup>	Americas (United States)	All male	All male	---	---	Cross sectional PLH all participants of a multicentre randomised trial comparing HIV treatment strategies. HIV seronegative: National Health survey (1992-2002) age restricted to 20-59 years	6	None identified
<b>Weng et al., (1998)</b> <sup>[78]</sup>	Africa (Rwanda)	100%	100%	Mean = 26	Mean = 28	Prospective cohort PLH: selected at random from pregnant women attending a health centre. HIV seronegative: randomly	6	All pregnant women

						selected from women attending on same day as each PLH recruited		
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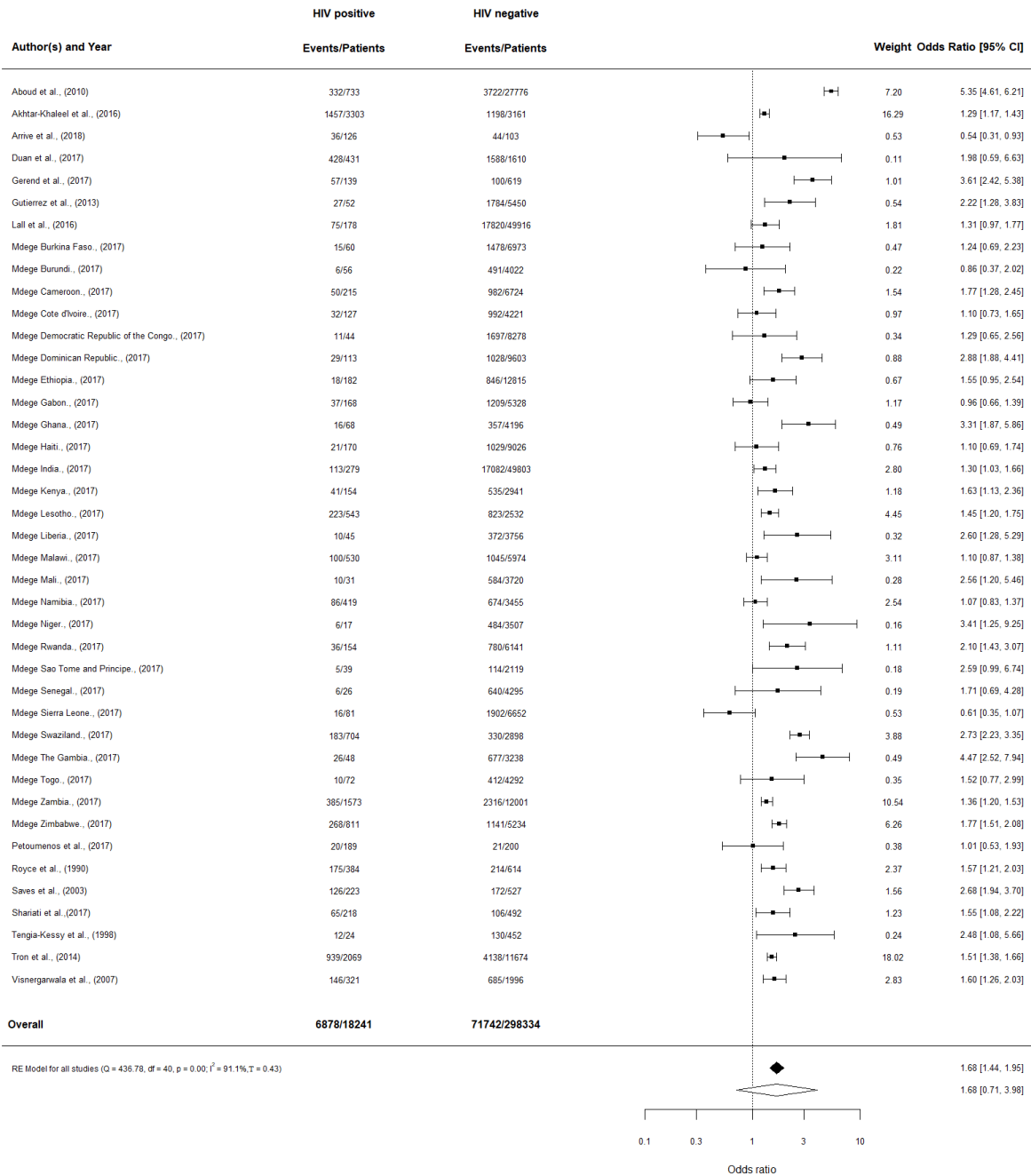
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369 *Table 2: pooled odds of smoking by HIV status*

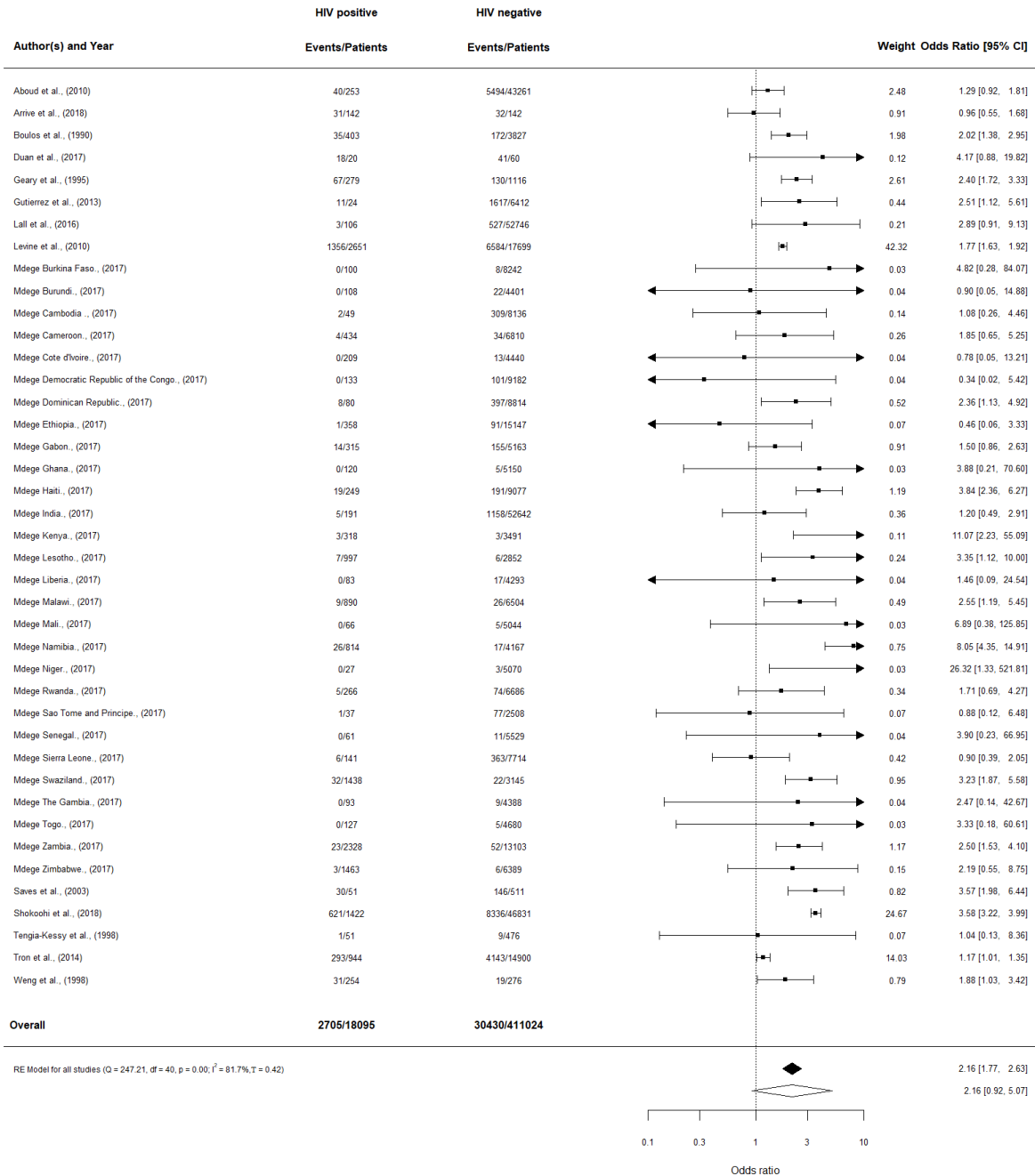
	Studies	PLH	HIV negative	Pooled Odds Risk (95% CI)	Prediction Interval (95% PI)	I <sup>2</sup>
All	37	111,258	10,961,217	1.64 (1.45-1.85)	1.64 (0.66-4.10)	98.1%
Male	15	18,241	298,334	1.68 (1.44-1.95)	1.68 (0.71-3.98)	91.1%
Female	14	18,095	411,024	2.16 (1.77-2.63)	2.16 (0.92-5.07)	81.7%

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Figures (supplementary material)



Supplementary Figure 1 pooled odds of current smoking among men living with HIV and HIV-seronegative men. RE random effects, dF degrees of freedom. Black diamond: pooled odds ratio. Empty Diamond: prediction interval.



Supplementary Figure 2 pooled odds of current smoking among women living with HIV and HIV-seronegative women. RE random effects, dF degrees of freedom. Black diamond: pooled odds ratio. Empty Diamond: prediction interval.

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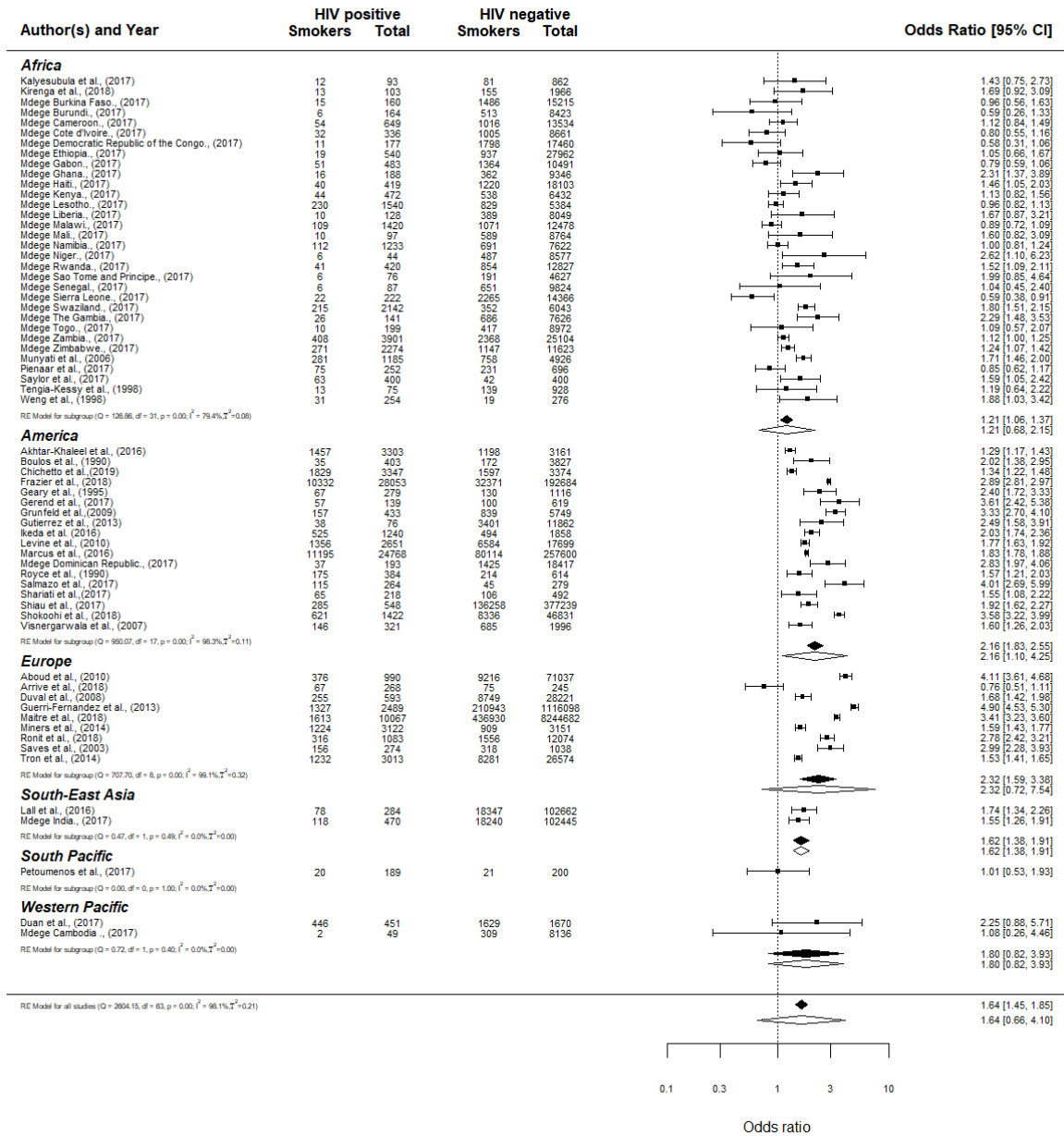
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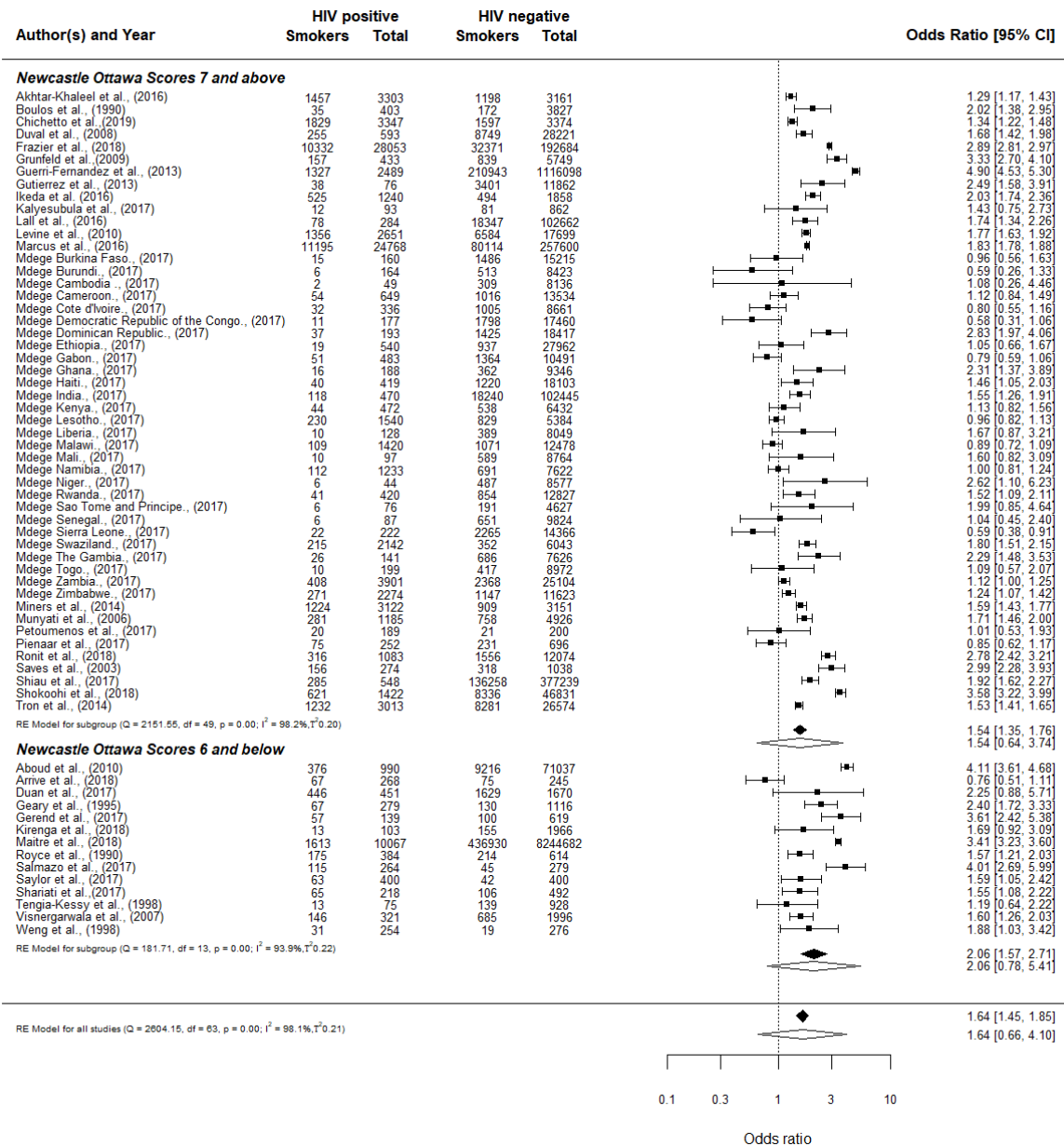
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380 Supplemental Figure 3 pooled odds of smoking prevalence among PLH and HIV-seronegative participants by WHO region.  
 381 RE random effects, dF degrees of freedom. Black diamond: pooled odds ratio. Empty diamond: prediction interval

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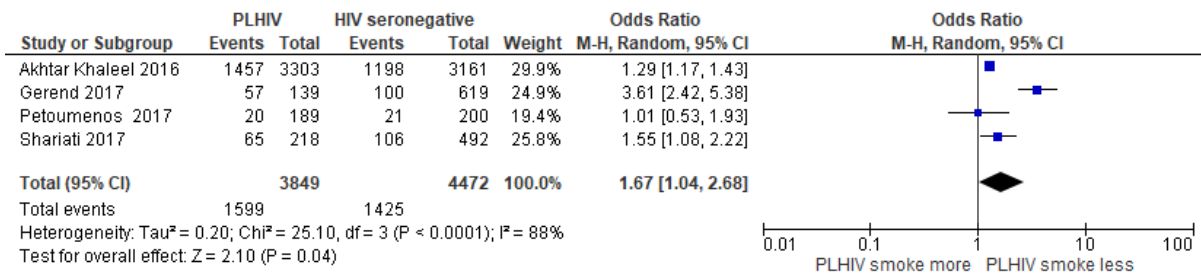
384 *Supplementary Figure 4 pooled odds of smoking prevalence by HIV-serostatus for studies of higher methodological quality*

385 *(NOS > 6) and lower methodological quality (NOS ≤ 6) . RE random effects, df degrees of freedom. Black diamond: pooled*

386 *odds ratio. Empty Diamond: prediction interval.*

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389 *Supplementary Figure 5 pooled odds of smoking prevalence by HIV-serostatus for studies comprised entirely of Men who*  
 390 *have sex with men (MSM). RE random effects. Black diamond: pooled odds ratio*

391

392 *Supplementary Table 1: meta-regression, all studies*

Variable	Coefficient	P-Value	Confidence interval	OR
<b>Intercept</b>	0.7276 (0.1127)	<.0001	[0.5068, 0.9484]	2.0701
Proportion male	-0.0029 (0.0023)	0.213	[-0.0073, 0.0016]	0.9971
<b>Africa</b>	-0.5810 (0.1412)	<.0001	[-0.8577, -0.3042]	0.5593
Europe	-0.1059 (0.2044)	0.6042	[-0.5065, 0.2946]	0.8995
South East Asia	-0.2298 (0.2886)	0.4258	[-0.7955, 0.3358]	0.7947
West Pacific	-0.3484 (0.3644)	0.339	[-1.0625, 0.3657]	0.7058
<b>Summary statistics</b>				
$\tau$	0.3562			
$I^2$	89.99%			
N = 48				

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394 *Supplementary Table 2: meta-regression, lower methodological quality studies*

Variable	Coefficient	P-Value	Confidence interval	OR
<b>Intercept</b>	0.6828 (0.1343)	<.0001	[0.4196, 0.9460]	1.9794
Proportion male	-0.0034 (0.0030)	0.2545	[-0.0093, 0.0025]	0.9966
<b>Africa</b>	-0.5521 (0.1544)	0.0003	[-0.8546, -0.2496]	0.5757
Europe	-0.0911 (0.2270)	0.6881	[-0.5361, 0.3538]	0.9129
South East Asia	-0.1846 (0.2722)	0.4977	[-0.7181, 0.3489]	0.8314
West Pacific	-0.5628 (0.4311)	0.1917	[-1.4077, 0.2821]	0.5696
<b>Summary statistics</b>				
$\tau$	0.3115			
$I^2$	87.52%			
N = 38				

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396 *Supplementary Table 3: meta-regression, higher methodological quality studies*

<b>Variable</b>	<b>Coefficient</b>	<b>P-Value</b>	<b>Confidence interval</b>	<b>OR</b>
Intercept	0.8106 (0.3600)	0.0243	[0.1051, 1.5161]	2.2493
Proportion male	-0.0035 (0.0067)	0.6027	[-0.0167, 0.0097]	0.9965
Africa	-0.4892 (0.6809)	0.4724	[-1.8237, 0.8452]	0.6131
Europe	-0.2262 (0.5884)	0.7006	[-1.3796, 0.9271]	0.7976
West Pacific	0.1694 (0.8357)	0.8394	[-1.4685, 1.8073]	1.1846
<b>Summary statistics</b>				
$\tau$	0.615			
$I^2$	93.26%			
N = 10				

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	<b>Search area</b>	<b>Search terms</b> (adapted from Cochrane review group search strategies)
1	HIV	exp HIV/
2		exp HIV Infections/
3		1 or 2
4		(aids or hiv or (human* adj2 (immunodeficient* or (immun* adj2 deficient*))))).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier, synonyms]
5		3 or 4
6	Prevalence	exp Epidemiology/
7		exp Epidemiologic Studies/
8		exp Morbidity/ or exp Incidence/ or exp Prevalence/
9		6 or 7 or 8
10	Smoking	exp Smoking/ or exp Smoking Cessation/
11		"Tobacco Use"/
12		Cannabis/
13		exp "Tobacco Use Disorder"/

14		exp Tobacco Products/
15		((smok* or cigar* or tobacco* or nicotin* or cannabis or marijuana) adj2 (use* or abuse* or disord* or depend* or cessat*)).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier, synonyms]
16		10 or 11 or 12 or 13 or 14 or 15
17		5 and 9 and 16

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411 *Supplementary table 5 Means of determining smoking status in included studies*

<b>Author</b>	<b>'Smoker' definition</b>
<i>Aboud et al., (2010)</i>	"Current smoking" as compared with "recent" smoking (within 5 years). No formal description of how current smoking was defined
<i>Akhtar-Khaleel et al., (2016)</i>	Current smoker = 'do you smoke cigarettes now?' = yes (interview)
<i>Arrive et al., (2018)</i>	Self-administered questionnaire and data collected in examination centres Consuming tobacco 'every day' vs 'not every day' vs 'in the past' vs never'. This review included those who consumed tobacco 'ever day'.
<i>Boulos et al., (1990)</i>	'detailed interviews' including numbers of cigarettes per day This review included all smokers of any number of cigarettes $\geq 1$ per day
<i>Chichetto et al., (2019)</i>	Self-report: of 'past and current smoking' (definitions not supplied) This review included 'current smokers'
<i>Duan et al., (2017)</i>	Face to face interviews. Ever smokers = 100 cigarettes per lifetime. Current smokers also smoked in the month prior to interview

<i>Duval et al., (2008)</i>	Self-administered multiple-choice questionnaire. This review included regular tobacco smokers (one or more cigarettes per day for at least one year)
<i>Frazier et al., (2018)</i>	Combination of self-report and interviews. Current smokers had smoked more than 100 cigarettes in a lifetime and were smoking some days or every day
<i>Frazier et al., (2018)</i>	“Have you ever smoked cigarettes?” Response options = never, once or twice, occasionally but not regularly, regularly in the past, regularly now. “Regularly now” were classified as current smokers
<i>Geary et al., (1995)</i>	This study gave no clear definitions, participants were either a ‘smoker’ or not a smoker
<i>Gerend et al., (2017)</i>	At interview, participants were asked “Have you ever smoked cigarettes?” Those responding ‘regularly now’ were included in this review as current smokers
<i>Grunfeld et al., (2009)</i>	Structured questionnaires administered but no formal details as to how a smoker or non-smoker were determined in this.
<i>Güerri-Fernandez et al., (2013)</i>	Structured questionnaire, but defined limits of a current smoker not defined
<i>Gutierrez et al. (2013)</i>	Face to face interview, with those who were smokers at the time of interview considered to be current smokers
<i>Ikeda et al., (2016)</i>	Standardised questionnaires. Smoking > 100 cigarettes or more in a lifetime = current or former smoker (no mention of how current and former were distinguished but able to glean this from data presentation)
<i>Kalyesubula et al., (2017)</i>	WHO STEPS questionnaire administered via face to face interviews <a href="https://www.who.int/ncds/surveillance/steps/STEPS_Instrument_v2.1.pdf">https://www.who.int/ncds/surveillance/steps/STEPS_Instrument_v2.1.pdf</a> Not stated: used ‘a standardised questionnaire adapted from WHO health survey’
<i>Kirenga et al., (2018)</i>	Not stated: used ‘a standardised questionnaire adapted from WHO health survey’
<i>Lall et al., (2016)</i>	Differentiated between tobacco consumption and ‘smoking’ due to high prevalence of chewing tobacco. For SR include current smokers of cigarettes / bidis / pipes / cigars
<i>Levine et al., (2010)</i>	Never / former and current smoking Only article to include pack years broken down by HIV serostatus (current smokers with HIV had slightly higher pack years than HIV negative)
<i>Maitre et al., (2018)</i>	Encoded in main or associated diagnoses (i.e. smoker).
<i>Marcus et al., (2016)</i>	extracted from electronic health record (ICD 9 smoking/tobacco use) defined as ever smokers from 2 years before baseline to the end of follow up

<i>Mdege et al., (2017)</i>	3 questions answered yes/no 1) smoke cigarettes? 2) use other form of tobacco? 3) what type of tobacco currently smoked or used (including country specific tobacco products) "Tobacco smoker" = 'yes' to smoking cigarettes, pipes, or country specific smoking product.
<i>Miners et al., (2014)</i>	Self administered questionnaire and data collected in medical examination centres. Status = consuming tobacco 'every day' 'not every day' 'in the past' and 'never'. This review included those consuming tobacco 'every day'
<i>Munyati et al., (2006)</i>	smokers = lifetime consumption of at least 20 cigarettes, or equivalent in pipe tobacco, current smokers = at least one occasion in the last month
<i>Petoumenos et al., (2017)</i>	self reported (pack years calculated) not stated how they determined whether current / ever / never smokers SR = current smokers
<i>Pienaar et al., (2017)</i>	health questionnaire adapted from one developed for the Prospective Urban Rural Epidemiology (PURE) – instrument not available to current authors
<i>Ronit et al., (2018)</i>	self report. Questions not given. Divided in to 'current' 'former' 'never' For SR: 'current smokers'
<i>Royce et al., (1990)</i>	Interview data: current, occasional, past and never. Occasional smokers (< 1 cigarette per day) classed as non-smokers for data purposes.
<i>Salmazo et al., (2017)</i>	'Active smoking': no indication as to how this was defined
<i>Savès et al., (2003)</i>	Those who smoked in the 12 months before recruitment
<i>Saylor et al., (2017)</i>	Participants completed a 'sociodemographic interview' to determine whether they were smokers, but no further ascertainment details given
<i>Shariati et al., (2017)</i>	Our review included 'daily smokers'. This was based on a computer assisted self-interview which placed participants in to four groups 'never smoker' 'non-daily smoker', 'daily smoker' and 'former smoker'
<i>Shiau et al., (2017)</i>	Dichotomous yes/no to cigarettes / tobacco for 1) lifetime use 2) past year use 3) past month use. For the review we included those with use in the past month

<b><i>Shokoohi et al., (2018)</i></b>	Our review included daily smokers (of more than one cigarette per day or 30 in a month)
<b><i>Tengia-Kessy et al., (1998)</i></b>	Questionnaire – no mention of how smoking status was defined Standardized questionnaire delivered face to face.
<b><i>Tron et al., (2014)</i></b>	Included current smokers as those who were regular smokers > 1 cigarette per day
<b><i>Visnargarwala et al., (2007)</i></b>	The percentage of participants described as ‘smoking’ were included as smokers in this review
<b><i>Weng et al., (1998)</i></b>	Smokers of $\geq 1$ cigarette per day included as ‘current smokers’

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