

Table 2. Eligibility Criteria

Inclusion criteria	Exclusion criteria
Date of publications	
<ul style="list-style-type: none"> Articles published from 2009 until Dec 2023 	<ul style="list-style-type: none"> Articles published prior to 2009 as previous reviews have reported on these.
Population	
<ul style="list-style-type: none"> Adults over 18 years Any type of traumatic injury/injuries of the digits, hand, wrist forearm, arm, upper limb or shoulder that required immobilisation or control of movement of the affected body part with a splint/ orthosis or brace. 	<ul style="list-style-type: none"> Acquired or chronic long term conditions e.g rheumatoid arthritis, neurological conditions etc.
Article Type	
<ul style="list-style-type: none"> Primary quantitative or qualitative studies reporting on barriers to splint adherence AND/OR reporting on splint adherence as a primary or secondary outcome AND/OR reporting on methods used to assess splint adherence. 	<ul style="list-style-type: none"> Systematic or other literature reviews were excluded, along with case series, opinion pieces, proof of concept articles and cadaveric or other non-human studies Non-English articles were also excluded.