

1 Reinforcement learning when your life depends on it: a neuro-economic 2 theory of learning

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6 **Abstract**

7 Synaptic plasticity enables animals to adapt to their environment, but memory formation can
8 consume a substantial amount of metabolic energy, potentially impairing survival. Hence, a neuro-
9 economic dilemma arises whether learning is a profitable investment or not, and the brain must therefore
10 judiciously regulate learning. Indeed, in experiments it was observed that during starvation, *Drosophila*
11 suppress formation of energy-intensive aversive memories. Here we include energy considerations in a
12 reinforcement learning framework. Simulated flies learned to avoid noxious stimuli through synaptic
13 plasticity in either the energy expensive long-term memory (LTM) pathway, or the decaying anesthesia-
14 resistant memory (ARM) pathway. The objective of the flies is to maximize their lifespan, which is
15 calculated with a hazard function. We find that strategies that switch between the LTM and ARM
16 pathways based on energy reserve and reward prediction error, prolong lifespan. Our study highlights
17 the significance of energy-regulation of memory pathways and dopaminergic control for adaptive learning
18 and survival. It might also benefit engineering applications of reinforcement learning under resources
19 constraints.

20 **Keywords:** *reinforcement learning, learning and memory, metabolism, insects, computational modeling*

21 Learning allows animals to adapt to their surroundings, evade dangers, and enhance survival prospects.
22 However, learning itself comes at a cost as it requires considerable amounts of metabolic energy. For
23 instance, experiments have shown that fruit flies that learn a classical conditioning task perish 20% faster
24 when subsequently starved compared to starved control flies (Mery and Kawecki, 2005). When they are
25 not starved, flies strongly increase their food intake after learning (Plaçais and Preat, 2013).

26 In *Drosophila* memory is expressed in (at least) two distinct pathways, that are believed to be mutually
27 exclusive (Isabel et al., 2004). The Long Term Memory (LTM) pathway requires a lot of energy but yields
28 persistent memory. Conversely, the Anesthesia Resistant Memory (ARM) pathway is thought to require
29 negligible amounts of energy, as its expression does not significantly affect lifetime (Mery and Kawecki,
30 2005). However, ARM memory typically dissipates within four days (Tully et al., 1994). Notably, in
31 aversive conditioning protocols flies halt energy-demanding LTM formation when starved (Plaçais and
32 Preat, 2013).

33 As learning comes at a cost, a neuro-economic dilemma arises whether learning is a profitable investment
34 or not. Yet, the energy requirements of learning have thus far been mostly overlooked in the computational
community. The situation can be compared to the human dilemma whether or not to spend money on

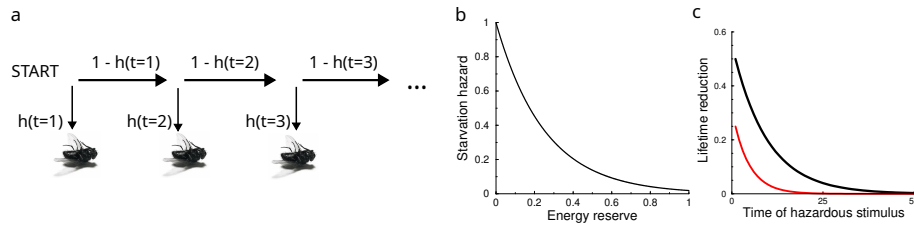


Figure 1: Hazard framework a) Illustration of hazard formulation. At each day the fly has a probability $h(t)$ to die, or to survive to the next day. The hazard is determined by the fly’s metabolic energy reserve and the stimuli it encounters. The hazard has two components: starvation hazard and hazard from approaching the noxious stimulus.

b) Assumed relation between the normalized energy reserve of the fly and its starvation hazard. The hazard increases exponentially at low energy. Note that even at maximal energy, there is a background hazard.

c) Hazard framework leads to discounting. The reduction in lifetime due to an additional hazard versus the time of this extra hazard. Future hazards are exponentially less important than immediate ones. When the expected lifetime is shorter (red curve), the discounting is stronger, i.e. decay is faster. Baseline hazard: 0.1 (black), and 0.2 (red); hazard of stimulus in both cases 0.05.

35 education: typically investment in education will pay off financially, but only if the life expectancy is long
 36 enough and bankruptcy can be avoided.

37 Here we examine the energy cost-benefit of learning on expected survival, and compare learning strategies
 38 that maximize survival during an aversive conditioning protocol. We introduce a hazard framework to
 39 examine the trade-off between the energy expenditure required learning and encountering hazardous stimuli.
 40 Learning to evade aversive stimuli decreases the stimulus hazard, but the energy expenditure associated
 41 with learning increases the starvation hazard. The objective for the flies is to maximize their lifetime by
 42 employing either the LTM or the ARM memory pathways. We propose a strategy that switches between
 43 ARM and LTM pathways depending on the current energy reserve and the reward prediction error. This
 44 strategy robustly increase life-time across a number of stimulus protocols.

45 Model: Hazard framework

46 Most biological reinforcement learning studies assume that animals seek to maximize total reward and
 47 minimize punishment. The tacit assumption is that this improves biological fitness. It is then common
 48 to compare behavior to reward maximizing policies (e.g. Beron et al., 2022), often without regards for
 49 metabolic cost of implementing and updating the policy. Here, however, we directly assume that the
 50 optimal policy maximizes survival, i.e. the life time of the organism. Because learning requires energy, the
 51 policy needs to balance avoidance of a hazardous stimulus against the expenditure of energy by learning.

52 To examine this trade-off we use a hazard function approach. Hazard functions were originally developed
 53 in life insurance to calculate the probability that policy holders would die; they are also used in failure
 54 analysis and healthcare (e.g. Modarres et al., 1999; Clark et al., 2003). In computational neuroscience
 55 hazard functions have been used to model the probability that a neuron fires a spike (Gerstner et al., 2014).
 56 Despite being a natural approach, a hazard framework has to our knowledge not been used before for
 57 reinforcement learning problems.

58 Using a discrete time formulation, the hazard function $h(t)$ ($0 \leq h(t) \leq 1$) specifies at any time the

59 probability to die within a time unit. The probability to have a life time t is given by the probability
60 of surviving all previous time-steps and perishing at time t . For a constant hazard $h(t) = h$, one finds
61 that $P(t) = (1 - h)^{t-1}h$, Fig. 1a. The life time distribution is in this case exponential with mean
62 lifetime $\langle t \rangle = \sum_{t=0}^{\infty} tP(t) = 1/h - 1$. For time-varying hazards, the probability to have a life-time t is
63 $P(t) = S(t) - S(t + 1)$, where $S(t) = \prod_{t'=0}^{t-1} [1 - h(t')]$ is the survival function to survive until time t . The
64 mean life time follows as

$$\langle t \rangle = \sum_{t=0}^{\infty} S(t) - 1. \quad (1)$$

65 In the following we measure time in days, and so the hazards have units 'per day'.

66 The total hazard can include factors such as the internal state of the animal, as well as external
67 stimuli and environmental factors. We consider two hazards: First is the hazard from starvation, which
68 increases when the metabolic energy reserve $M(t)$ diminishes. We assume that the energy reserve $M(t)$ is
69 positive and saturates at 1, corresponding to about 10 Joule (Girard et al., 2023). Although it would be
70 straightforward to determine dependence of hazard on energy reserve experimentally, we are not aware of
71 such experiments. Therefore we assume a steep increase at low energy levels, Fig. 1b,

$$h_M(t) = \exp[-cM(t)] \quad (2)$$

72 We calibrate c by using that well-fed flies ($M = 1$) have a lifespan of some 50 days (Linford et al., 2013),
73 i.e. $c = 3.9$. Note that the hazard formulation includes the non-stochastic case where flies die if and only
74 if the energy reaches zero. Hereto one would set the hazard $h_M(t)$ to zero whenever $M > 0$, and to one
75 otherwise.

76 Second, there is a hazard associated to approaching the aversive stimulus. Although laboratory
77 experiments generally involve non-lethal shock stimuli, in a natural environment such shocks could
78 potentially forebode a life threatening event, for instance the presence of a predator. We denote this hazard
79 h_s .

80 Being probabilities, hazards from different sources add up as $h_{\Sigma}(t) = 1 - [1 - h_s(t)][1 - h_M(t)]$. (In the
81 limit of small h_i or, equivalently, the continuum limit, this reduces to a regular sum.)

82 Interestingly, the hazard framework automatically leads to reward discounting – a core feature added
83 by hand to many RL models to express that immediate rewards are preferable to future rewards. In the
84 hazard formulation rewards and hazards that are far in the future will hardly impact the lifetime. Instead
85 it is important to minimize hazards early on. To illustrate discounting in a simple scenario, assume a
86 constant permanent hazard and that at a certain time an additional hazard is introduced, active during
87 one time-step only. The lifetime is reduced most if the hazard occurs immediately, whereas stimuli far
88 in the future have no effect on the lifetime, Fig. 1b. For a constant background hazard, the discounting
89 can be shown to be exponential. Furthermore, when the energy reserve is low and the expected lifetime
90 shorter, the discounting is stronger, Fig. 1b (red curve).

91 Hazard typically also increases with age, however we assume that the experiments are so drastic that
92 age dependence of the hazard can be ignored (“biologically immortality”) or averages out. In more detailed
93 models such effects could be included. For instance, such models should find that expensive LTM learning
94 is less beneficial for aged animals with little expected life-time left.

95 **Model: Network Design**

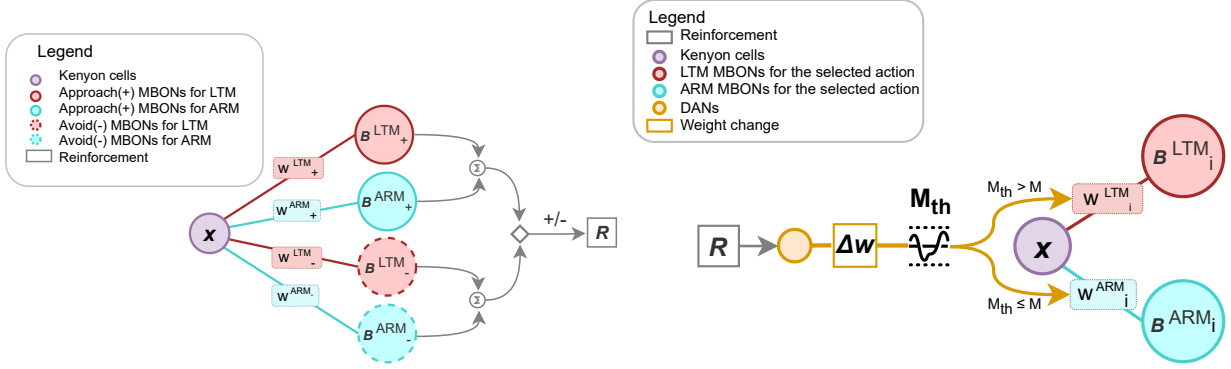


Figure 2: Schematic of the learning network rooted in the *Drosophila* brain anatomy. The left panel demonstrates the feed-forward Decision-making network, complemented by the right panel showing the feedback Energy-Adaptive learning mechanism, steered by reinforcement signals. The weight change, denoted by Δw , is modulated by the reinforcement. The subscript represents the action of the current trial, either approach (+) or avoid (-).

96 We implemented a network reflecting the *Drosophila* brain’s anatomical structure, and a complementary
 97 feedback network associated with reinforcement, Fig. 2. In *Drosophila* aversive conditioning experiments,
 98 an odor (conditioned stimulus, CS) is paired with a shock (unconditioned stimulus, US). By repeating
 99 exposure to the CS-US pairs a few times, the flies learn to avoid the odor, as can be subsequently tested in
 100 a T-maze. The underlying circuitry, involving sensory encoding Kenyon Cells (KCs) and action-driving
 101 Mushroom Body Output Neurons (MBONs), is relatively well understood (Tempel et al., 1983; Tully et al.,
 102 1994; Bennett et al., 2021).

103 The network comprises a population of sensory KCs that represent the odor signal, which subsequently
 104 drives the Mushroom Body Output Neurons (MBONs) that determine behavior, Fig. 2 left. The firing rate
 105 of the KC population is denoted x .

106 The activities of the MBONs are split up in the ARM and LTM pathways (see below). Each pathway
 107 is modeled as a linear neuron $B_{\pm}^{LTM} = w_{\pm}^{LTM}x$, and $B_{\pm}^{ARM} = w_{\pm}^{ARM}x$, where \pm indicates approach (+)
 108 and avoidance (-) behaviors, and the parameters w_{\pm}^{LTM} and w_{\pm}^{ARM} denote the synaptic strengths from
 109 the KCs to the MBONs. Given the additive nature of MBON signals (Aso et al., 2014b), we posit that
 110 total neuronal activity driving the approach and avoidance behaviors result from the sum of the ARM and
 111 LTM components. Hence

$$B_{\pm} = (w_{\pm}^{ARM} + w_{\pm}^{LTM})x \quad (3)$$

112 The total weight for approach and avoidance behaviors is $w_{\pm} = w_{\pm}^{ARM} + w_{\pm}^{LTM}$.

113 Winner-Take-All competition between the two MBON neuron populations determines the fly’s action.
 114 The competition process is not explicitly modeled, but could reflect lateral inhibition and attractor dynamics.
 115 We assume that the neural processing and resulting decision making is noisy. (Otherwise, even the smallest
 116 imbalance would fully determine the decision). This randomness also means that the organism does not
 117 fully commit to avoiding even the smallest hazard, but keeps exploring as well. Assuming independent
 118 Poisson spike-time variability, the input to the decision making neurons has a variance equal to the mean
 119 input. At sufficient high rates this is well approximated by normal distribution with a variance equal to

120 the mean. The probability to avoid P_- is a sigmoidal function of the difference in activities B_+ and B_-

$$\begin{aligned}
 P_- &= P(B_- > B_+) \\
 &= \frac{1}{2} + \frac{1}{2} \operatorname{erf} \left(\sqrt{\mu} \frac{w_- - w_+}{\sqrt{w_-^2 + w_+^2}} \right)
 \end{aligned}
 \tag{4}$$

121 The mean μ of x can be extracted from the observation that when learning is saturated the performance
 122 corresponds to about $P_- = 0.925$ (Tully et al., 1994). Using $w_- = 1$ and $w_+ = 1/2$ (see below), this yields
 123 $\mu = 10.3$. The μ is the average number of spikes the MBON neuron receives from the sensory neurons
 124 within one integration period (e.g. 103Hz in 100ms); encouragingly it is similar to the value used in Bennett
 125 et al. (2021).

126 Reward driven plasticity

127 The reward when approaching (+) the aversive stimulus is negative and denoted R_+ , without loss of
 128 generality we set $h_s = -R_+$. That is, the punishment is expressed as its hazard. The reward for avoiding
 129 the stimulus, R_- , is set to 0. In the MB of *Drosophila*, reinforcement-related signals are encoded by
 130 dopamine neurons (DANs) (Aso et al., 2014a), and these DAN signals modulate the plasticity of the
 131 synapse connecting KCs to MBONs (Cohn et al., 2015; Bennett et al., 2021). The synaptic strength
 132 associated with the selected behavior is updated based on the discrepancy between the reward from the
 133 current trial $R_{\pm}(t)$ and the expected reward \bar{R}_{\pm} , also known as the reward prediction error. The synaptic
 134 weight modification is

$$\Delta w_{\pm} = \eta [R_{\pm}(t) - \bar{R}_{\pm}(t-1)] x,
 \tag{5}$$

135 where η is the learning rate. In line with experiments (Hige et al., 2015), the learning according to Eq.5,
 136 occurs through depression of the approach action, rather than a strengthening of the avoid action. The
 137 learning rate was calibrated by using that in Tully et al. (1994) after a single cycle of learning, avoidance
 138 performance was $P_- = 0.85$, which corresponds to $w_- = 0.8$. Using $h_s = 0.1$ we find $\eta = 0.6$. As the
 139 performance early after learning through LTM and ARM are similar, the same learning rate was used for
 140 both ARM and LTM learning.

141 The \bar{R}_{\pm} in Eq.5 is the running average of the reward of either action. The expected rewards are
 142 initialized at zero at the beginning of the simulation. The expected reward is updated when that action is
 143 chosen, otherwise it decays to zero

$$\bar{R}_{\pm}(t) = (1 - \alpha) \bar{R}_{\pm}(t) \quad \text{if not choosen}
 \tag{6}$$

$$= (1 - \alpha) \bar{R}_{\pm}(t) + \alpha R(t) \quad \text{if choosen}
 \tag{7}$$

144 where $\alpha = 1 - e^{-1/\tau_R}$, and the decay time constant of the average, τ_R , is set equal to the ARM decay
 145 (below).

146 **Synaptic plasticity pathways**

147 Experiments show that ARM and LTM memory formation are mutual exclusive (Isabel et al., 2004). Hence
 148 the synaptic weight changes given by Eq. 5 are expressed in either LTM or ARM weights. Updating the
 149 weight in the ARM pathway (w_{\pm}^{ARM}) comes at negligible metabolic cost (Mery and Kawecki, 2005; Plaais
 150 and Preat, 2013). However, the ARM weights decay over time, so that the update equation reads

$$w_{\pm}^{ARM}(t) = \gamma_{ARM}w_{\pm}^{ARM}(t - 1) + \Delta w_{\pm} \quad (8)$$

151 Here γ_{ARM} is the ARM decay rate. To estimate its value, we use that the data in Tully et al. (1994), where
 152 flies were exposed to massed training and the memory decay was measured. In four days the probability
 153 for the correct action decayed from $P_- = 0.925$ to $P_- = 0.525$ (in terms of the performance index used
 154 there, from 85% to 5%). In the model the memory extinction is found by substitution of Eq. 8 in Eq. 4. A
 155 fit yields $\gamma_{ARM} = 0.34$.

156 When, in contrast, LTM is expressed, the weight updates do not decay

$$w_{\pm}^{LTM}(t) = w_{\pm}^{LTM}(t - 1) + \Delta w_{\pm} \quad (9)$$

157 However, LTM is metabolically costly (Mery and Kawecki, 2005). We examine two abstract energy models.
 158 The first assumes that the metabolic energy cost of LTM formation decreases the energy reserve by an
 159 amount proportional to the weight change (Li and van Rossum, 2020)

$$M_1(t) = M_1(t - 1) - c_{LTM} (|\Delta w_+^{LTM}| + |\Delta w_-^{LTM}|) \quad (10)$$

160 The parameter c_{LTM} denotes the energy cost of LTM. In experiments LTM before starvation reduced the
 161 survival time in female flies from 26 to 22 hrs (Mery and Kawecki, 2005), this approximately corresponds
 162 to $c_{LTM} = 0.27$ (see Girard et al., 2023, for details). The ARM weights were initialized at 0; the LTM
 163 weights at 0.5.

164 An alternative energy model, termed M_0 , assumes that the energy is used whenever LTM plasticity
 165 occurs, but it is independent of the amount of synaptic strength change,

$$M_0(t) = M_0(t - 1) - d_{LTM} \quad \text{if } |\Delta w_{\pm}^{LTM}| \neq 0.$$

166 Simulation of the single exposure experiments, yields a calibration $d_{LTM} = 0.1$. Mathematically, the energy
 167 models corresponds to the L_1 and L_0 norms of the weight updates (van Rossum, 2023). The subscript
 168 distinguishes between the two variants for the energy consumed by LTM. To summarize

169 **M_1 -energy:** Energy equals the total amount of LTM synaptic weight change, e.g. number of receptors
 170 inserted and removed.

171 **M_0 -energy:** Energy equals the total number of LTM events.

172 We are not aware of experiments that decide between these energy models; future experiments hopefully
 173 will. Note that interactions between ARM and LTM pathways as well as interactions across time, that
 174 could in principle increase or reduce energy requirements, are also ignored.

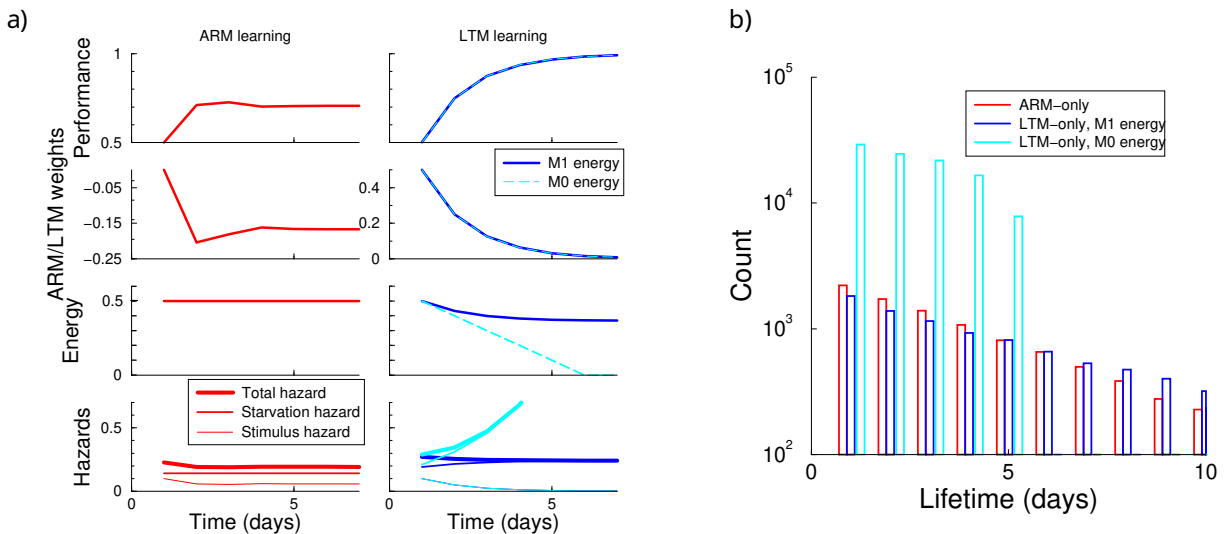


Figure 3: ARM vs LTM learning during the simulated aversive conditioning protocol. a) Evolution of performance, weights, energy reserve, and hazard. Left panel: ARM only learning. Right: LTM learning under the M_0 and M_1 energy model.

b) Life-time histogram of 10000 flies under either pathway. Because the total hazard variations are relatively small, the distributions are close to exponential. However, for the M_0 energy model, lifetimes are much shorter. (Parameters: stimulus hazard $h_s = 0.2$, initial energy reserve 0.5).

175 Stimulus protocol

176 In the simulation an odor is presented each day, which when approached, leads to a hazard of killing the
 177 fly and hence is to be avoided. In detail, on every day: the fly chooses stochastically to approach or avoid
 178 the stimulus (Eq. 4); the reward and reward expectation are updated (Eq. 7); the synapses are updated
 179 (Eq.5); the energy reserve is updated; the hazards are calculated; and finally the expected reward and
 180 ARM weights are decayed. The protocol is given to 10000 flies and repeated 50 days at the end of which
 181 all flies will have died.

182 The simulation contains in principle two stochastic elements: first, the decision to avoid the stimulus
 183 stochastic (Eq.4) and, second, the hazard is a probability to be evaluated every day for every fly, Fig.1. As
 184 a technicality, by calculating the population average expected lifetime from the hazards (Eq. 1), we remove
 185 this second source of variability in the simulation and reduce variability that would otherwise require larger
 186 simulated populations. Code for the paper can be found at github.com/vanrossumlab/neuroeconomicRL.

187 Results

188 ARM versus LTM learning

189 We first illustrate the model by assuming that flies exclusively use either the ARM or the LTM pathway.
 190 We simulate a population of flies that is subject to the following experiment: Each day an odor is presented,
 191 which when approached, leads to a hazard of killing the fly and hence is to be avoided. In addition there is
 192 a hazard to die from starvation, Eq. 2. We initially assume that apart from the energy required for LTM
 193 learning, there is no change in the energy reserve in the flies.

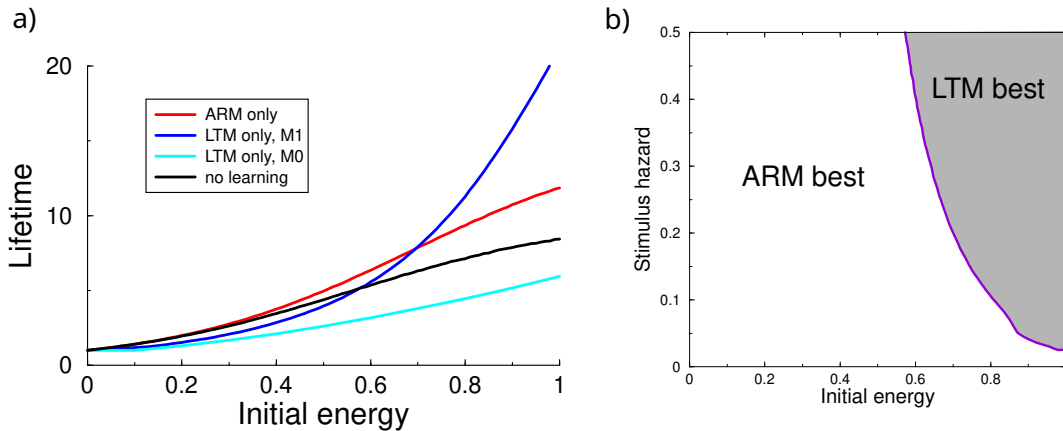


Figure 4: a) Life time effects of learning as a function of the energy reserve at day 0. ARM learning (red curve) is always better than no learning (black line). LTM (blue curve) is only beneficial when the energy reserve is high and the energy use is proportional to update size. (Stimulus hazard $h_s = 0.1$). b) Both the initial energy and hazard level influence whether LTM learning increases life-time over ARM learning. When the hazard is high, is better to invoke LTM at lower energy reserves (M_1 energy model).

194 We track the evolution of the hazard, synaptic weights, energy reserve, and performance as measured
 195 by avoidance of the stimulus, Fig. 3a. With ARM-pathway learning (left panels), performance improves
 196 but does not exceed 70%, as the flies forget between the exposures. As a result the stimulus hazard remains
 197 substantial, however, the energy reserve stays high and starvation hazard low. The synaptic weights (and
 198 as a result behavior) oscillate slightly before settling down due to the updates in the expected reward.

199 In contrast, in LTM learning performance becomes close to perfect after some 4 days, always avoiding
 200 the stimulus hazard, Fig. 3a right panels. The performance increases only slowly, because on the first trial
 201 only half the flies will randomly approach the stimulus and will learn, and so on.

202 While the hazard will be avoided, the expenditure of energy needed for LTM learning increases the
 203 starvation hazard. This effect is mild if the energy consumed by LTM is proportional to the size of the
 204 weight update (M_1 energy). In this case the difference between the reward and its expectation and hence
 205 the amount of weight change diminishes as learning progresses. Only the first few learning events are costly
 206 (blue curves). However, when the cost is independent of the amount of weight update (M_0 , cyan curves),
 207 the energy is quickly depleted and the starvation hazard rises rapidly.

208 In this example ARM learning yields the longest lifetime of 5.6 days, LTM learning yields 4.4 days
 209 using the M_1 energy model; their lifetime distributions are close to exponential. Using the M_0 energy
 210 model the lifetime is only 2.4 days, Fig. 3b.

211 These simulations raise the question which memory pathway generally yields to longest life time for a
 212 given hazard and initial energy reserve. We varied the initial energy reserve of the flies, and determine the
 213 lifetime with ARM and LTM learning and in the absence of learning, Fig. 4a. Because in the model ARM
 214 learning comes at no cost, it is always better to learn with ARM than not learning at all. Under the M_0
 215 energy model, LTM learning never extends lifetimes (the cyan curve lies under all others). Under the M_1
 216 energy model (blue curve), there is a transition point. When initial energy is low, avoiding starvation is
 217 more important than avoiding the hazard, hence ARM yields longer lifetimes than LTM. In contrast, with a
 218 large energy reserve, the investment in avoiding the hazard is worthwhile and LTM yields a longer lifetime.

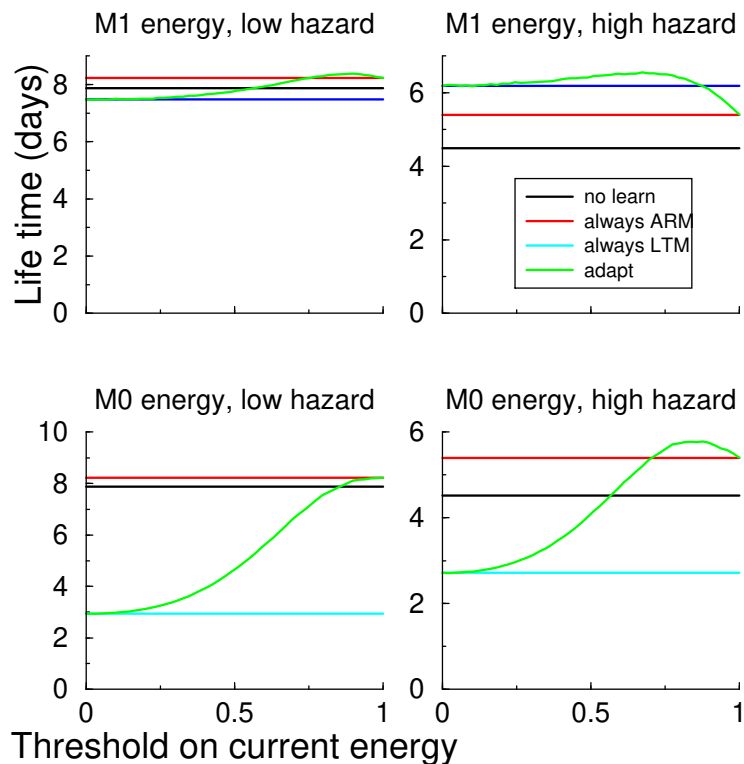


Figure 5: Adaptive switching between ARM and LTM can improve lifetime. Population life time vs threshold for two hazard levels. LTM was employed whenever the energy exceeded a certain threshold (x-axis). Left: low hazard (0.05) and high hazard (0.2). Using the M_1 energy, the adaptive model (green) increases average population life time compared to either LTM or ARM exclusively. For the M_0 energy model this only happens at large hazards. The optimal threshold that gives the longest lifetime depends on stimulus hazard.

219 The point at which LTM is better, depends on the stimulus strength. The higher the hazard, the lower
 220 the transition point, Fig. 4b. In the Appendix we derive an equation that gives insight in the break-even
 221 point, however, a full analytical treatment seems out of reach, because learning does not only affect the
 222 next decision, but all future (discounted) decisions. In the remainder we therefore rely on simulations.

223 Threshold Models

224 In the above simulations the memory pathway was set once and for all at the start of the simulation. While
 225 this is useful to gain understanding, it makes more sense to choose the pathway depending on the *current*
 226 energy reserve $M(t)$. We assume that the expensive LTM pathway was used whenever the energy reserve
 227 exceeded a threshold, otherwise the ARM pathway was updated. To show the benefit of this algorithm we
 228 consider a population of flies with different initial energies, drawn uniformly between 0 and the maximum
 229 and measured the average lifetime as the threshold was varied, Fig. 5. Note that, as expected, when the
 230 threshold is 0 (1), the lifetime equals that of LTM-only (ARM-only). When the threshold parameter is
 231 tuned (x-axis), the lifetime can exceed that of exclusively using either LTM (blue) or ARM (red). The
 232 peak of the curve shifts left as the stimulus hazard increases. That is, the larger the stimulus hazard,
 233 lower the threshold. Under the M_0 energy model, adaptive learning is only beneficial for large stimulus

234 hazards, Fig. 5bottom row.

235 **General threshold models**

236 In the above adaptive switching model, LTM will be employed when the energy reserve is sufficient, even if
237 the reward prediction error and hence weight changes are small. This means that energy might be spend for
238 only a small change in avoidance behavior. Therefore, we made the threshold both dependent on the current
239 energy reserve $M(t)$, and the difference between expected and actual reward, $\Delta R = |R(t) - \bar{R}(t - 1)|$. We
240 parameterized the switch so that the LTM pathway was employed whenever

$$c_M M + c_R \Delta R > 1$$

241 The parameters c_M and c_R define a line the $M, \Delta R$ -plane. When c_R is set to zero, we retrieve the energy
242 threshold model: M has to be larger than $1/c_M$ for LTM to occur, Fig 6a. Likewise, when $c_M = 0$ the
243 decision solely depends on ΔR . Generally, when $c_M > 0$, a large reward prediction error ΔR will lower the
244 threshold for LTM memory.

245 We varied the stimulus hazard and optimized the c_M and c_R parameters of the threshold. The life-time
246 is maximal around $c_M = 1.01$ and $c_R = 1.76$, Fig. 6b. If a threshold on just the energy were optimal, the
247 optimal threshold would be lying on the $c_R = 0$ axis. And similarly, when just a threshold on ΔR would
248 suffice, the optimal solution would lie on on the $c_M = 0$ axis. As the optimum lies away from both axes, a
249 joint threshold yields the longest lifetimes.

250 The lifetime using optimized parameters exceeds that of exclusively using the ARM or LTM pathway
251 across stimulus hazards, Fig. 6 right. The adaptive threshold model picks the 'best of both worlds'.

252 Ideally, the optimal threshold should be such that a change in stimulus hazard should not require a
253 re-tuning of the threshold parameters. We calculated the life-time for the parameters that were best on
254 average, and compared it to the life-time optimized for each value of stimulus hazard. The lifetimes using
255 the fixed parameters were practically indistinguishable from the individually tuned threshold parameters.
256 Hence the threshold model is robust against changes of the stimulus parameter..

257 We also tried a variant in which either energy reserve *or* reward error where above a threshold, as well
258 as a model where both energy reserve *and* reward error needed to exceed a threshold; these both did not
259 perform as well as the above model (not shown).

260 For the M_0 energy model the results are very comparable (Supplementary fig 9). As above, under the
261 M_0 energy model the lifetime is severely shortened when always using the LTM pathway, because every
262 LTM plasticity is expensive even if the weight changes are small. But again, adaptively switching to LTM
263 under the right circumstances again improves lifetime, Fig.9a. The optimal c_M parameter is somewhat
264 smaller ($c_M = 0.97$, $c_R = 2.35$), that is, the energy needs to be larger to switch to LTM than for the M_1
265 energy model, Fig.9 b.

266 We repeated this analysis for two other parameters of the stimulation protocol. First, we fixed the
267 stimulus hazard (0.1), but we assumed that approaching the stimulus only sometimes lead to exposure to
268 the hazard. The hazard probability was varied between 0 and 1, and determined on each trial independently
269 whether the hazard was encountered or not. As expected, at the zero stimulus probability, the lifetime was
270 maximal and independent of any learning. Again the adaptive threshold robustly improved lifetime, Fig.7

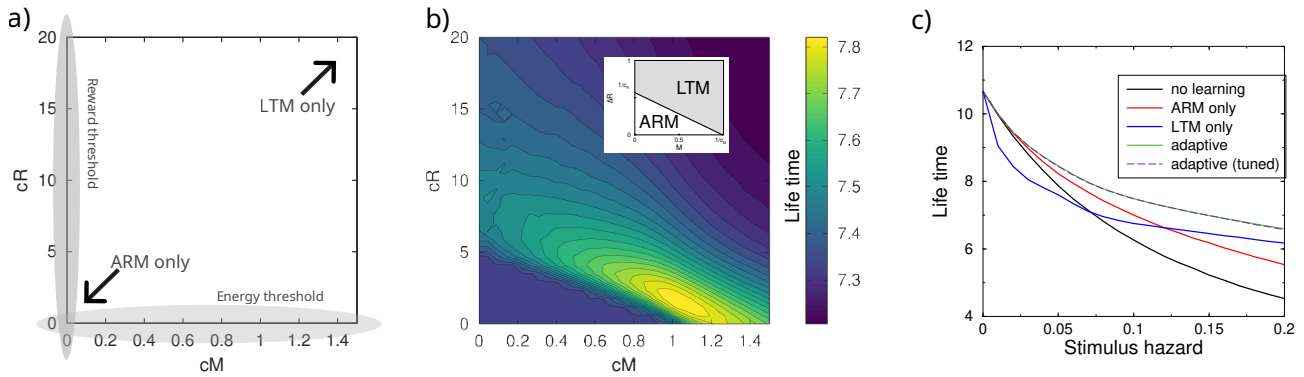


Figure 6: Adaptive plasticity model with dependence on both the current energy reserve and the reward prediction error and parameters c_M and c_R . LTM was only used when $c_M M + c_R |\Delta R| \geq 1$.
 b) Life-time as a function of the threshold parameters. Life time was averaged across stimulus hazards. Inset show the corresponding optimal threshold model.
 c.) Life-time as function of the stimulus hazard. The adaptive plasticity yields the longest life time. (M1 energy model)

271 left.

272 Next, we modified that model so that in addition to the energy consumption by LTM plasticity, there was
 273 a fixed daily energy intake/consumption. The lifetime has a sigmoidal shape as a function of this amount,
 274 Fig.7 right. When there is a high consumption (left part of graph), the fly heads for perishing anyway, and
 275 investment in LTM learning only hastens that. But when there is a daily net intake, the investment in LTM
 276 memory helps to escape the hazard, while future starvation is unlikely. The lifetimes using LTM memory
 277 now exceed those from ARM learning. Again the adaptive algorithm improves the lifetime, outperforming
 278 either ARM or LTM exclusive learning. The results for both daily energy intake/consumption and the
 279 probabilistic stimulus also hold when considering the M_0 energy (not shown).

280 Appetitive conditioning

281 While we designed the model for avoidance conditioning, the same circuit is thought to underlie appetitive
 282 conditioning. To model this we assumed that approaching the reward increased the energy reserve with an
 283 amount 0.05. The only hazard that the fly encountered was from starvation. We first examined the effect
 284 of learning on life time as a function of initial energy for the various learning protocols. In contrast to
 285 aversive conditioning, the learning makes only little difference on the life time, Fig. 8left, cf. Fig.4. ARM
 286 learning performs very well throughout. The reason is that in contrast to the aversive protocol, the ARM
 287 memory is daily refreshed by approaching the stimulus and boosted in appetitive conditioning. Moreover,
 288 as the maximum energy was capped at 1, gaining extra reward did not carry a large benefit, whereas in
 289 aversive conditioning avoiding the hazard is always important.

290 Next, we included a daily net energy increase or decrease. As in the above aversive conditioning, the
 291 mean life time depends strongly on this daily amount, Fig. 8 right. Learning however only slightly improves
 292 lifetime. Furthermore, for the used parameters LTM learning was never beneficial over ARM learning.
 293 Only in a narrow region LTM learning outperforms no-learning.

294 It is known that flies also switch between LTM and ARM pathways in appetitive conditioning. However,
 295 in contrast to aversive conditioning, the LTM pathway is only activated when the animals are starved prior

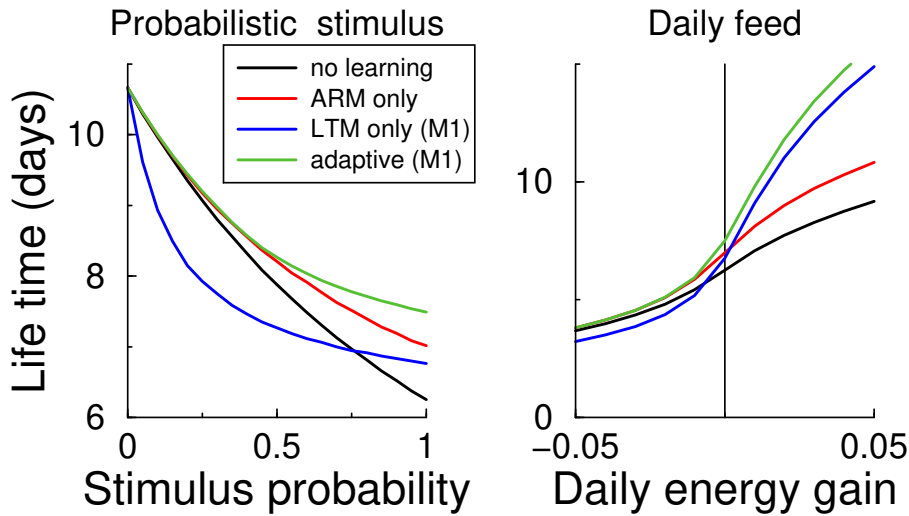


Figure 7: The life times for a probabilistic stimulus (left) and when there is additional intake or loss (right). The adaptive algorithm robustly outperforms fixed strategies (Stimulus hazard 0.1; M_1 energy model)

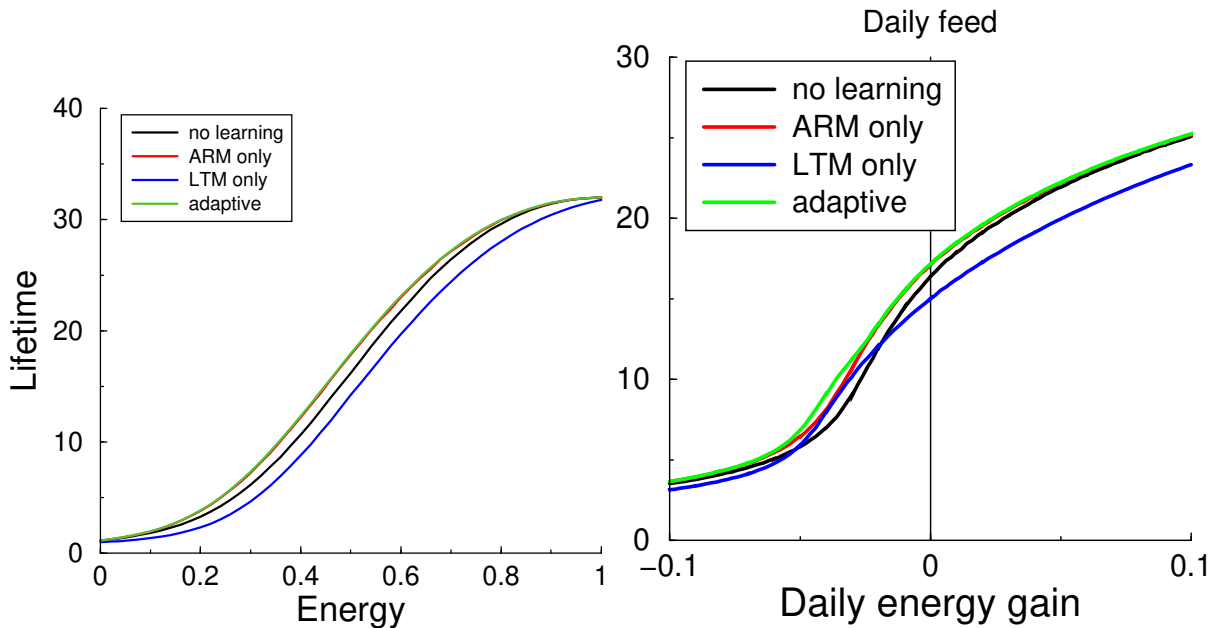


Figure 8: Appetitive conditioning. a) The lifetime under appetitive conditioning as a function of the initial energy reserve. LTM performs worse, while ARM performs close to optimal. b) Life-time as a function of daily intake. While adaptive learning is still best, differences are again small.

296 to conditioning (Trannoy et al., 2011). Unlike the experimental findings, there would seem no reason why
297 LTM would more beneficial at low energy than at high energy reserves, Fig. 8left. When the animal has
298 enough reserve there is no reason not to use LTM. However, it might that the LTM requires other resources
299 that are scarce, or that LTM learning carries other detrimental consequences.

300 Discussion

301 Inspired by experimental findings that LTM memory formation is metabolically costly, and that flies
302 stop aversive LTM learning under starvation, we have explored how such adaptive learning can increase
303 evolutionary fitness and how the switch between LTM and ARM should be set. Using the hazard framework,
304 a switch to LTM memory when the energy reserve is high and the reward prediction error is high, improves
305 population life-time.

306 Necessarily, simulations need to assume a certain hazard exposure protocol. The optimal parameters
307 that set the switch point will be dependent on this. But some generalizations are immediately obvious. For
308 instance, when the stimulus interval is increased, the ARM memory will decay more between events, and
309 ARM becomes less effective. As a result the fly should switch to LTM sooner. As another extreme example,
310 if the stimulus were only presented once, learning would be useless and should be turned off. The biological
311 parameters have presumably been optimized for performance across the ensemble of naturally encountered
312 environments and hence the parameters values found here are not expected to be exactly those found in
313 experiments. Future studies could aim to close this gap and study more realistic and richer environments,
314 including those with temporal correlations. The adaptive algorithm might be adjusted to include stimulus
315 repetition and spacing effects (Anderson and Schooler, 1991).

316 We have relied on mean population lifetime as fitness measure, however true fitness is the ability to
317 pass genetic material to offspring. A more involved model could use a fitness measure that reflects that.
318 For instance, for a population it might be better to have a wide spread in the life-time distribution, so that
319 some individuals would survive periods of famine.

320 While the current work focused on *Drosophila* anatomy and physiology, there are indications that
321 similar principles might be at work in mammals. In contrast to the fruit-fly’s ARM and LTM pathways,
322 transient and persistent forms of mammalian long term potentiation (LTP) appear to be expressed at the
323 same synapse. However, also in mammals there is physiological evidence for down-regulation of persistent
324 LTP under energy scarcity via the AMPK pathway (Potter et al., 2010), and there is behavioral evidence for
325 a correlation between blood glucose level and memory formation (Gold, 1986; Smith et al., 2011). Likewise,
326 the presence of a dopamine reward signal, typically interpreted as signaling the reward prediction error,
327 lowers the threshold for late-phase LTP (O’Carroll et al., 2006; Bethus et al., 2010; Lisman et al., 2011).

328 Finally, reinforcement learning has many engineering and software applications. The results found here
329 could potentially enhance the performance of RL algorithms, especially in resource-limited settings or tasks
330 requiring multi-objective optimization. The energy requirements in these applications could be associated to
331 computing the weight updates, but also for computer hardware, memory storage is energetically expensive.

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1 APPENDIX: Micro economic Trade-off for learning

The optimal memory strategy maximizes the lifespan. The animal has to decide whether to invest energy in long term memory of the CS-US associate. We derive an expression for the change in lifetime given a small weight update, which in turn leads to a small change in the hazards $\delta h(t)$. Under this assumption the change in expected lifetime between LTM and no learning (NL) can be expanded as

$$l - l^{NL} \approx - \sum_t \left[e^{-\sum_{t'} h^{NL}(t')} \sum_{t'} \delta h(t') \right]$$

Given ARM learning with a small weight change Δw , the temporary reduction in stimulus hazard is

$$\delta h_s(t) = |\Delta w| h_s^0 \frac{\partial P_-(w_-, w_+, \mu, t)}{\partial w_-} \exp(-t \log \gamma)$$

For LTM learning, the expression is similar but the decay term is absent. LTM learning at the same time increases starvation hazard as

$$\delta h_M = c_{LTM} |\Delta w| h_M^{NL}$$

The difference in expected lifetime between ARM and LTM learning is in first order of $|\Delta w|$,

$$l^{ARM} - l^{LTM} \approx |\Delta w| \sum_t \left[e^{-\sum_{t'} h^{NL}(t')} \sum_{t'} \left\{ h_s^0 \frac{\partial P_-(w_-, w_+, \mu, t')}{\partial w_-} (1 - e^{-t' \log \gamma}) + c_{LTM} h_M^{NL} \right\} \right] \quad (11)$$

Where it should be noted that because learning decreases the probability of encountering the stimulus ($\partial P/\partial w < 0$), the first term in the curly brackets is negative, while the second term is strictly positive. h_s^0 denotes the stimulus hazard if it is approached.

When the lifetime difference is larger than zero, ARM learning should be chosen over LTM learning. While complex, the expression gives insight in when ARM memory is preferable to LTM. It happens when: 1) The stimulus hazard h_s^0 is small, 2) when the impact of the learning on the choice probability $\partial P/\partial w$ is small, e.g. late in the learning process, 3) the ARM decay γ is slow, and 4) the energy cost of LTM, c_{LTM} is high. Finally, the first r.h.s term attenuates the benefit of long lasting memory, so that ARM is generally preferable when the expected lifetime is short.

Nevertheless, it would appear challenging for a fly to estimate the expected life time based on this expression to decide whether to use ARM or LTM memory, so instead we are looking for approximate heuristic algorithms that only rely on observables directly accessible by the organism and are close to optimal under various conditions.

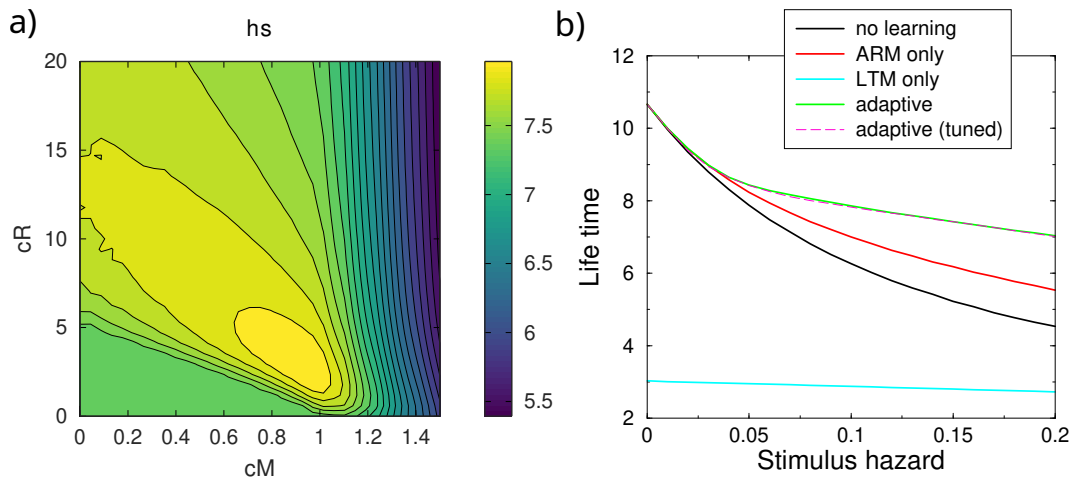


Figure 9: Supplementary figure. As Figure 6 but using the M_0 energy model. a) Life-time as a function of the threshold parameters. Average across stimulus hazards b) Life-time as function of the stimulus hazard. As for the M_1 energy model, the adaptive plasticity yields the longest life time.