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# Global prevalence and risk factors associated with *Toxoplasma gondii* infection in wild birds: A systematic review and meta-analysis

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### ABSTRACT

A systematic review and meta-analysis were performed to identify the global prevalence and factors associated with *Toxoplasma gondii* infection in wild birds. Six bibliographic databases (Chinese National Knowledge Infrastructure, VIP Chinese Journal Database, Wanfang Data, PubMed, Web of science and ScienceDirect) were searched from inception to February 2023. The search yielded 1220 records of which 659 articles underwent full-text evaluation, which identified 49 eligible articles and 16,030 wild bird samples that were included in the meta-analysis. The estimated pooled global prevalence of *T. gondii* infection in wild birds was 16.6%. Out of the variables tested, publication year after 2020 and climate type were significantly associated with *T. gondii* infection (P<0.01). Our data indicate that the prevalence of *T. gondii* in wild birds can be influenced by epidemiological variables. Further research is needed to identify the biological, environmental, anthropogenic, and geographical risk factors which impact the ecology and prevalence of *T. gondii* in wild birds.

### 1. Introduction

Toxoplasmosis is a zoonotic disease caused by the opportunistic protozoan *Toxoplasma gondii*, which has a worldwide distribution (Crozier and Schulte-Hostedde, 2014; Jenkins et al., 2015). Approximately one-third of the world's human population are chronically infected by *T. gondii*, which can remain dormant in the host for many years (Zhang et al., 2016). Although *T. gondii* infection is generally asymptomatic in immunocompetent individuals, the parasite can have an adverse impact on the health of the fetus due to congenital transmission during pregnancy and the immunodeficient individuals (Cortes et al., 2019; Dubey, 2010; Elsheikha, 2008; Elsheikha et al., 2020). Many bird species can be infected by *T. gondii*, however canaries and pigeons can experience severe disease (Dubey, 2002).

*T. gondii* is considered a generalist parasite, with a heteroxenous life cycle involving a broad range of mammalian and avian intermediate

hosts and a feline definitive host (Aguirre et al., 2019). *T. gondii* may have originated from South American cats and spread around the world through migratory birds (Lehmann et al., 2006). The migratory behavior of wild birds and ability to travel long distances make them an efficient source and vector for cross-species dispersal of zoonotic pathogens (Rahman et al., 2021).

Birds play an important role in the epidemiology and transmission of *T. gondii* to other hosts (Dubey and Jones, 2008). Birds acquire infection by consuming cysts in the muscle and brain of *T. gondii*-infected animals through hunting or scavenging. They can also consume food or water contaminated with oocysts. When infected birds are preyed on by cats (Abdoli et al., 2018), the parasite undergoes sexual reproduction in the feline intestine, culminating in formation and excretion of many oocysts in the cat feces (Dubey et al., 2020). Infected cats shed oocysts for a short duration and adult cats contribute far less to the environmental contamination with oocysts compared to young cats (Dubey, 1976).

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### Table 1

Normal distribution test for the normal rate and the different conversions of the normal rate.

Conversion form	W	Р		
PRAW	0.89191	P<0.001		
PLN	0.95676	0.069		
PLOGIT	0.98979	0.944		
PAS	0.96173	0.111		
PFT	0.95874	0.084		

"PRAW": original rate; "PLN": logarithmic transformation; "PLOGIT": logit transformation; "PAS": arcsine transformation; "PFT": double–arcsine transformation.

The use of wild birds as sentinels for multiple zoonotic pathogens (Hamer et al., 2012) has elicited a growing interest in investigating the prevalence of *T. gondii* infection in wild and domestic birds. However, disparities exist in *T. gondii* prevalence between countries (Costa et al., 2022; Dubey et al., 2020; Wang et al., 2021) and the global prevalence in wild birds remains unknown. To comprehensively examine this topic, we conducted a systematic literature review and meta-analysis to estimate the global prevalence of *T. gondii* infection in wild birds. The study results highlight the need for more surveillance of *T. gondii* infection in wild birds to improve understanding of the ecology and transmission pathways of *T. gondii* genotypes in wild birds and their relationships to animal and human disease.

### 2. Materials and methods

### 2.1. Literature search strategy

The present systematic review and meta-analysis followed the Preferred Reporting Items for Systematic Reviews and Meta-Analyses Protocols (PRISMA). To estimate the global prevalence of *T. gondii* infection in wild birds, a comprehensive review of the English and Chinese literature was performed. We searched six online bibliographic databases for articles related to *T. gondii* infection in wild birds, including the China National Knowledge Infrastructure (CNKI), VIP

Chinese Journal Database, Wanfang Data, PubMed, ScienceDirect, and Web of Science from inception to February 2023. The advanced search was carried out using "Wild birds (in Chinese)" and "Toxoplasma gondii (in Chinese)" as keywords in the three Chinese databases. We used a combination of Medical Subject Headings (MeSH) terms and keywords ("Toxoplasma gondii", "Wild birds") in the search strategy. We used Boolean operators "AND" to link MeSH terms and "OR" to link the entry terms. Finally, the search formula was ("Birds" [Mesh]) OR (Bird[Title/ Abstract]) OR (Aves[Title/Abstract]) OR (Wild bird[Title/Abstract]) OR (Waterfowl[Title/Abstract]) OR (Migratory bird[Title/Abstract])) AND ("Toxoplasma" [Mesh]) OR (Toxoplasmas [Title/Abstract]) OR (Toxoplasma gondii[Title/Abstract]). In ScienceDirect, the keywords "Wild birds", "Toxoplasma gondii" and "Prevalence OR Seroprevalence" were used in the search. In Web of Science, the search formula was (AB= (Birds) OR AB=(Bird) OR AB=(Aves) OR AB=(Wild bird) OR AB= (Waterfowl) OR AB=(Migratory bird)) AND (AB=(Toxoplasma) OR AB= (Toxoplasmas) OR AB=(Toxoplasma gondii)). Bibliographies of the included articles and relevant reviews were scrutinized for more references. The search was not restricted by the publication year and geographic origin of the published articles. However, the literature search was limited to articles published in Chinese or English language.

### 2.2. Study selection and quality assessment

This study focused on wild birds and *T. gondii* for literature search to identify all qualified articles. The quality of studies was graded using the Grading of Recommendations, Assessment, Development and Evaluations (GRADE) framework (Guyatt et al., 2008). The eligible articles were assessed for quality of design and methodology based on five criteria: random sampling, number of samples analyzed ( $\geq$ 100), clear sampling location(s), reporting  $\geq$  6 epidemiological variables and clear description of the detection method. The studies that fulfilled all 5 criteria received a score of 5. Studies were rated as low (1–2 points), medium (3 points), or high quality (4–5 points). Articles that did not meet these criteria were excluded. Review papers, case reports, reprints, and unpublished reports were also excluded.



Fig. 1. PRISMA flow chart shows the steps used for article screening and selection.

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### Table 2

Summary of studies included in the meta-analysis of T. gondii prevalence in wild birds.

Tsai et al. (2006)   2004–2004   China   LAT   31/665     Murao et al. (2008)   2003–2005   Russi and Japan   ELISA   81/418     Dubey et al. (2010)   2008–2010   USA   MAT   38/382     Gondim et al. (2010)   2007–2008   Brazil   MAT   3/293     Alvarado-Esquivel et al. (2011)   2009–2010   USA   MAT   17/653     Cabezon et al. (2011)   1906–2010   Spain   MAT   282/1079     Darwich et al. (2012)   N/D   Spain   PCR   12/201     Huang et al. (2012)   N/D   China   PCR   4/178     Molina-Lopez et al. (2012)   2006–2010   Spain   MAT   9/113     Tian et al. (2012)   2011–2012   China   MAT   3/2/37	High High High High Medium High Medium High High High High
Murao et al. (2008)   2003–2005   Russia and Japan   ELISA   81/418     Dubey et al. (2010)   2008–2010   USA   MAT   38/382     Gondim et al. (2010)   2007–2008   Brazil   MAT   3/293     Alvarado-Esquivel et al. (2011)   2009–2010   USA   MAT   17/653     Cabezon et al. (2011)   1906–2010   USA   MAT   282/1079     Darwich et al. (2012)   N/D   Spain   MAT   282/1079     Darwich et al. (2012)   N/D   Spain   PCR   12/201     Huang et al. (2012)   N/D   China   PCR   4/178     Molina-Lopez et al. (2012)   2006–2010   Spain   MAT   9/113     Tian et al. (2012)   2011–2012   China   MAT   35/277	High High High Medium High Medium High High High High High
Dubey et al. (2010)   2008–2010   USA   MAT   38/382     Gondim et al. (2010)   2007–2008   Brazil   MAT   3/293     Alvarado-Esquivel et al. (2011)   2009–2010   USA   MAT   17/653     Cabezon et al. (2011)   1996–2010   Spain   MAT   282/1079     Darwich et al. (2012)   N/D   Spain   PCR   12/201     Huang et al. (2012)   N/D   China   PCR   4/178     Molina-Lopez et al. (2012)   2006–2010   Spain   MAT   9/1113     Tian et al. (2012)   2011–2012   China   MAT   35/277	High High High Medium High High High High High
Gondim et al. (2010)   2007-2008   Brazil   MAT   3/293     Alvarado-Esquivel et al. (2011)   2009-2010   USA   MAT   17/653     Cabezon et al. (2011)   1996-2010   Spain   MAT   282/1079     Darwich et al. (2012)   N/D   Spain   PCR   12/201     Huang et al. (2012)   N/D   China   PCR   4/178     Molina-Lopez et al. (2012)   2006-2010   Spain   MAT   91/113     Tian et al. (2012)   2011-2012   China   MAT   35/277	High High Medium High Medium High High High High
Alvarado-Esquivel et al. (2011) 2009–2010 USA MAT 17/653   Cabezon et al. (2011) 1996–2010 Spain MAT 282/1079   Darwich et al. (2012) N/D Spain PCR 12/201   Huang et al. (2012) N/D China PCR 4/178   Molina-Lopez et al. (2012) 2006–2010 Spain MAT 9/113   Tian et al. (2012) 2011–2012 China MAT 35/277	High Medium High Medium High High High High
Cabezon et al. (2011)   1996–2010   Spain   MAT   282/1079     Darwich et al. (2012)   N/D   Spain   PCR   12/201     Huang et al. (2012)   N/D   China   PCR   4/178     Molina-Lopez et al. (2012)   2006–2010   Spain   MAT   91/113     Tian et al. (2012)   2011–2012   China   MAT   35/277	Medium High Medium High High High High
Darwich et al. (2012)   N/D   Spain   PCR   12/201     Huang et al. (2012)   N/D   China   PCR   4/178     Molina-Lopez et al. (2012)   2006–2010   Spain   MAT   91/113     Tian et al. (2012)   2011–2012   China   MAT   35/277	High Medium High High High High
Huang et al. (2012)   N/D   China   PCR   4/178     Molina-Lopez et al. (2012)   2006–2010   Spain   MAT   91/113     Tian et al. (2012)   2011–2012   China   MAT   35/277	Medium High High High High
Molina-Lopez et al. (2012)   2006–2010   Spain   MAT   91/113     Tian et al. (2012)   2011–2012   China   MAT   35/277	High High High High
Tian et al. (2012)   2011–2012   China   MAT   35/277	High High High
	High High
Cong et al. (2013) 2011–2011 China MAT 39/313	High
Khademyatan et al. (2013)   2011   Iran   PCR   25/146	0**
Mancianti et al. (2013) 2011–2012 Italy MAT 9/103	High
Salant et al. (2013)   2010–2011   Israel   MAT   92/223	Medium
Sandstrom et al. (2013) 2006–2010 Russia, Netherlands, Denmark MAT 247/2675	High
Hu et al. (2014) 2010–2013 China MAT 36/131	High
Barros et al. (2014) 2010–2011 Brazil MAT 46/206	High
Gennari et al. (2014) 2010–2011 Brazil MAT 73/202	High
Miao et al. (2014) 2012–2013 China MAT 131/659	High
Muz et al., (2015) 2007–2014 Turkey PCR 7/103	High
Chen et al. (2015) 2013–2014 China MAT 92/394	High
Zhang et al. (2015) 2013 China PCR 18/249	High
Andrade et al. (2016) 2011–2013 Brazil MAT 3/222	High
Cabezón et al. (2016)   2009–2011   Spain   MAT   110/525	High
Gennari et al., (2016a) N/D Brazil MAT 28/100	Medium
Gennari et al. (2016b) 2013 Brazil MAT 24/69	High
Love et al. (2016) 2012–2014 United States MAT 97/281	High
Wu et al. (2017)   2016–2016   China   MAT   20/179	High
Tidy et al. (2017)   2014–2015   Portugal   MAT   17/77	High
Luo et al. (2017) 2010–2016 China IHT 72/751	High
Mirza et al. (2017) 1990–2014 Netherlands PCR 9/117	High
Amouei et al., (2018) 2014–2015 Iran MAT 26/50	High
Abdoli et al. (2018)   N/D   Iran   PCR   9/55	Medium
Lukasova et al. (2018)   2014–2015   South Africa   PCR   3/110	High
Nazir et al. (2018) N/D Pakistan PCR 19/54	Medium
Acosta et al. (2019) 2011–2015 Chile MAT 57/132	High
Huang et al. (2019)   2014–2015   China   MAT   120/350	High
Liu et al. (2019) 2017 China PCR 13/239	High
Naveed et al. (2019)   2016–2017   Pakistan   LAT   25/200	High
Lohr et al. (2020) 2012–2013 Italy PCR 45/771	High
Iemmi et al. (2020) 2016–2017 Italy MAT 91/147	High
Ammar et al. (2021) 2016–2018 USA MAT 32/155	High
Bata et al. (2021)   2018–2019   Nigeria   ELISA   13/92	High
Gazzonis et al. (2021) 2018–2019 Italy PCR 35/56	High
Lopes et al. (2021) N/D Portugal MAT 96/263	Medium
Poulle et al., (2021)   2011–2015   Western Indian Ocean   MAT   170/1014	High
Sato et al. (2021)   2014–2015   Brazil   IFAT   6/72	Low
Tayyub et al. (2022)   2018–2018   Pakistan   PCR   46/120	High
Karadjian et al. (2022)   2017–2018   France   MAT   65/166	High

Abbreviation: N/D; data not available; LAT: Latex agglutination test; ELISA: Enzyme linked immunosorbent assay; MAT: Modified agglutination test; PCR: Polymerase chain reaction; IHT: Indirect hemagglutination test; IFAT: Indirect immunofluorescent antibody test.

### 2.3. Data extraction

Two independent reviewers reviewed the abstracts of the selected references to determine whether the studies met the inclusion criteria, in which case a full review of the article was conducted. The information extracted for this study included the detection method, year of publication of the study, continent, sample type, country, order of the wild birds, hemisphere, and climate. The meteorological data were obtained from the National Centers for Environmental Information (https://www .ncei.noaa.gov/maps/monthly/). The data about the geographic location (latitude and longitude) and altitude were obtained by searching for information about the sampling site or neighboring sites at the respective location. The climate of the areas in the included studies was categorized by using the Köppen-Geiger classification (KGC) (Peel et al., 2007). Because of the many different wild bird species worldwide, we presented all bird species at the order level to facilitate data analysis. All wild bird species were classified by https://avibase.bsc-eoc.org/. Data from each of eligible study were extracted and recorded independently.

### 2.4. Statistical analyses

The quantitative meta-analysis was performed with the R software (4.3.2 version) using the meta package 7.0.0 version (https://cran.r-p roject.org/web/packages/meta/index.html). We used the random-effects model to determine the pooled prevalence of *T. gondii* and sub-group analysis at 95% confidence interval (CI). To fit the data to Gaussian distribution, five transformation methods were implemented (Table 1). These included logit transformation (PLOGIT), arcsine transformation (PAS), double-arcsine transformation (PFT), logarithmic transformation (PLN), and original rate (PRAW). The normality of the data was checked by Shapiro-Wilk test. The closer the 'W'was to the value 1 (maximum value of this statistic) with a P value  $\geq$  0.05, the closer the fit to Gaussian normal distribution. The PLOGIT with the largest *p*-value was chosen to analyze the data.

Publication bias was assessed by visual inspection of the inverted funnel plot asymmetry and by using Egger test to assess the small-study effects. To further examine and adjust for publication bias, we imputed Study

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Karadjian et al.(2022)	65	166		0.39	[0.32; 0.47]
Tayyub et al.(2022)	46	120		0.38	[0.30; 0.48]
Sato et al.(2021)	6	72		0.08	[0.03; 0.17]
Poulle et al.(2021)	170	1014		0.17	[0.15; 0.19]
opes et al.(2021)	96	263		0.37	[0.31; 0.43]
Gazzonis et al.(2021)	35	56		0.62	[0.49; 0.75]
Bata et al.(2021)	13	92		0.14	[0.08; 0.23]
Ammar et al.(2021)	32	155		0.21	[0.15; 0.28]
emmi et al.(2020)	91	147		0.62	[0.54; 0.70]
_ohr et al.(2020)	45	771	+	0.06	[0.04; 0.08]
Naveed et al.(2019)	25	200		0.12	[0.08; 0.18]
iu et al.(2019)	13	239	<b>—</b>	0.05	[0.03; 0.09]
luang et al.(2019)	120	350		0.34	[0.29; 0.40]
Acosta et al.(2019)	57	132	<u> </u>	0.43	[0.35; 0.52]
Nazir et al.(2018)	19	54	— • — •	0.35	[0.23; 0.49]
ukásová et al.(2018)	3	110	-	0.03	[0.01; 0.08]
Abdoli et al.(2018)	9	55		0.16	[0.08; 0.29]
Amouei et al.(2018)	26	50		0.52	[0.37; 0.66]
Mirza et al.(2017)	9	117		0.08	[0.04; 0.14]
uo et al.(2017)	72	751	+	0.10	[0.08; 0.12]
Fidy et al. (2017)	17	77		0.22	[0.13; 0.33]
Nu et al.(2017)	20	179		0.11	[0.07; 0.17]
_ove et al.(2016)	97	281		0.35	[0.29; 0.40]
Gennari et al. a(2016)	24	69	— · —	0.35	[0.24; 0.47]
Gennari et al. b(2016)	28	100		0.28	[0.19; 0.38]
Cabezon et al.(2016)	110	525		0.21	[0.18; 0.25]
Andrade et al.(2016)	3	222	<b>•</b>	0.01	[0.00; 0.04]
Zhang et al.(2015)	18	249	<b>—</b>	0.07	[0.04; 0.11]
Chen et al.(2015)	92	394		0.23	[0.19; 0.28]
Muz et al.(2015)	7	103	<del>-</del>	0.07	[0.03; 0.14]
Viao et al.(2014)	131	659		0.20	[0.17; 0.23]
Gennari et al.(2014)	73	202		0.36	[0.30; 0.43]
Barros et al.(2014)	46	206		0.22	[0.17; 0.29]
Hu et al.(2014)	36	131		0.27	[0.20; 0.36]
Sandstrom et al.(2013)	247	2675	+	0.09	[0.08; 0.10]
Salant et al.(2013)	92	223		0.41	[0.35; 0.48]
Mancianti et al.(2013)	9	103		0.09	[0.04; 0.16]
Khademvatan et al.(2013)	25	146		0.17	[0.11; 0.24]
Cong et al.(2013)	39	313		0.12	[0.09; 0.17]
Fian et al.(2012)	35	277		0.13	[0.09; 0.17]
Molina et al.(2012)	91	113	_   -	0.81	[0.72; 0.87]
Huang et al.(2012)	4	178	-	0.02	[0.01; 0.06]
Darwich et al.(2012)	12	201	<b>H</b>	0.06	[0.03; 0.10]
Cabezón et al.(2011)	282	1079		0.26	[0.24; 0.29]
Alvarado et al.(2011)	17	653	+	0.03	[0.02; 0.04]
Gondim et al.(2010)	3	293	+	0.01	[0.00; 0.03]
Dubey et al.(2010)	38	382	H-	0.10	[0.07; 0.13]
Murao et al.(2008)	81	418	<del>;=</del>	0.19	[0.16; 0.23]
Гsai et al.(2006)	31	665	+	0.05	[0.03; 0.07]
Common effect model		16030	6	0.17	[0.16; 0.17]
Random effects model			$\diamond$	0.17	[0.12; 0.22]
Prediction interval		-		-	[0.02; 0.69]
Heterogeneity: $I^2 = 97\%$ , $2^2 =$	1.4197, <i>µ</i>	o < 0.01		н -	
		-0.	2 0 0.2 0.4 0.6 0.8	1	

potentially missing studies using the trim-and-fill method (Duval and 3. Results Tweedie, 2000). To evaluate the heterogeneity between studies, Cochran Q test,  $I^2$  statistics and  $\chi^2$  test were used (Chen and Benedetti,

diamond represents the pooled estimate (width denotes 95% CI). Heterogeneity was considered high ( $I^2 = 97\%$ ).

2017; Higgins and Thompson, 2002). Subgroup analysis was performed to investigate the differences in the prevalence and potential sources of heterogeneities due to categorical variables, including detection method, sample type, continent, hemisphere, economic status, latitude, altitude, climate type, publication year, and level of study quality.

### 3.1. Study selection and characteristics

The search of the databases yielded 1220 records. After removal of 125 duplicates, 1095 were screened at the title and abstract level, and 659 studies underwent full-text evaluation. Of those, 610 articles were excluded for various reasons listed in the PRISMA flowchart for study selection. Finally, 49 studies met the inclusion criteria and were

Fig. 2. Forest plot of the global prevalence of T. gondii infection in wild birds. Gray squares and their corresponding lines are the point estimates and 95% CI. The



Fig. 3. Egger's test for the assessment of publication bias.



**Fig. 4.** Funnel plot with pseudo 95% CI for examination of the publication bias. Each dot represents one study.

included in the meta-analysis (Fig. 1). Table 2 summarizes the main characteristics of the 49 articles included in this meta-analysis. Of the 49 eligible studies, 41 (83.67%), seven (14.28%), and one (2.04%) were considered of high, medium, and low quality, respectively.

### 3.2. Publication heterogeneity, bias and sensitivity analysis

The heterogeneity test showed  $I^2 = 97\%$  ( $\chi^2 = 1.41$ , P < 0.01), suggesting high heterogeneity in *T. gondii* infection prevalence in wild birds (Fig. 2). The publication bias was statistically significant (P<0.0001) as revealed by the Egger's regression test (Fig. 3). Visual inspection of the funnel plot revealed asymmetry, suggesting that the results may have been influenced by publication bias or small sample bias (Fig. 4). The trim and fill analysis identified six studies with negative results (shown as white circles in Fig. 5), indicating potential publication bias. Sensitivity analysis revealed that the reorganized data had no impact on the outcome of the analysis (Fig. 6).

## 3.3. Global prevalence and study-level covariates of T. gondii prevalence in wild birds

The univariate analysis was conducted on 49 eligible studies with



**Fig. 5.** Funnel plot shows evidence of publication bias in the meta-analysis of *T. gondii* prevalence in wild birds, with missing studies imputed via the trim and fill method. Shaded circles represent the original study estimates, and the unshaded circles represent the missing estimates.

16,030 samples, of which 2660 samples were positive for *T. gondii*. The highest prevalence was detected in Europe (Fig. 7). The estimated pooled global prevalence of *T. gondii* infection in wild birds was 16.6% (95% CI: 12.40–21.87). Strigiformes (33.5%, 95% CI: 21.46–48.16) had the highest prevalence followed by Falconiformes, which had a prevalence close to 30%. Charadriiformes also had a high prevalence (Table 3). However, the order of birds did not have any significant effect on *T. gondii* prevalence (P=0.08).

The results of sub-group and meta-regression analysis considered the following variables: detection method, sample type, continent, hemisphere, economic status, latitude, altitude, climate type, publication year, and level of study quality (Table 4). *T. gondii* detection methods reported in the meta-analysis included enzyme-linked immunosorbent test (ELISA), indirect hemagglutination test (IHT), indirect immunofluorescent antibody test (IFAT), latex agglutination test (LAT), modified agglutination test (MAT), and polymerase chain reaction (PCR). Regarding the detection method subgroup, the highest prevalence 21.3% (95% CI: 14.95–29.44) correlated with the use of MAT. However, there were no significant differences in *T. gondii* prevalence between the detection methods (P=0.44). In the sampling type subgroup (P=0.46), the highest prevalence was associated with blood samples 18.1% (95% CI: 13.05–24.45).

While no significant effect was detected in the continent subgroup (P=0.15), Europe had the highest pooled prevalence 14.2% (95% CI: 13.45–15.05). This was followed by Asia 14.1% (95% CI: 13.21–15.10), South America 11.8% (95% CI: 9.98–13.68), North America 10.2% (95% CI: 8.70–11.79), and Africa 6.9% (95% CI: 3.83–10.80). Only one study was reported in Oceania with a prevalence of 7.7% (95% CI: 3.58–13.19). Analysis of the hemisphere (P=0.30) showed that the highest prevalence was detected in northern hemisphere (16.8%; 95% CI: 12.28–22.57). Regarding the economic status (P=0.13), the prevalence was higher in countries with developing economy (14.7%, 95% CI: 12.22–13.81) than in countries with developed economy.

Analysis of the latitude (P=0.13) and altitude (P=0.53) showed that the highest prevalence was detected in the latitude category  $30^{\circ}$ - $60^{\circ}$ (19.5%; 95% CI: 13.78–26.90) and altitude category 100–1000 m (16.6%; 95% CI: 9.33–27.89). Of all climate types (P<0.01), tropical monsoon climate had the highest prevalence of *T. gondii* infection (34.8%; 95% CI:24.53–46.67), followed by dry winter subtropical climate (26.3%;95% CI:13.54–44.96) and dry summer, Mediterranean, climate (24.2%;95% CI:9.34–49.67).

Study		Proportion	95%-CI	P-value	Tau2	Tau	12
Omitting Karadijan et al (2022)		0.16	IN 12· 0 221		1 4218	1 1924	97%
Omitting Tayyub et al. (2022)		0.10	[0.12, 0.22]		1 4240	1 1033	97%
Omitting Sato et al. (2021)		0.10	[0.12, 0.22]	·	1 4347	1 1078	97%
Omitting Poulle et al. (2021)		0.17	[0.13, 0.22]		1 4533	1 2055	97%
Omitting Lones et al. (2021)		0.17	[0.12, 0.22]		1 4075	1 10/18	97%
Omitting Cazzonic et al. (2021)		0.10	[0.12, 0.22]	•	1 3537	1 1635	97%
Omitting Bata et al (2021)	10	0.10	[0.12, 0.21]	•	1 4501	1 2042	07%
Omitting Ammar et al (2021)		0.17	[0.12, 0.22]	•	1 4513	1 2042	07%
Omitting Jammi et al. (2020)		0.17	[0.12, 0.22]	•	1 3507	1 1622	96%
Omitting Lohr et al. (2020)		0.10	[0.12, 0.21]		1 / 1 92	1 1000	90%
Omitting Lone et al. (2020)		0.17	[0.13, 0.22]		1 4 4 0 2	1 2029	07%
Omitting Liu et al. (2019)		0.17	[0.12, 0.22]		1 41492	1 1 2 0 3 0	07%
Omitting Lucer at al (2019)		0.17	[0.13, 0.22]		1 4221	1.1092	07%
Omitting Acosts at al (2019)		0.10	[0.12, 0.22]		1 4122	1 100/	07%
Omitting Nozir et al. (2019)		0.10	[0.12, 0.21]		1 4212	1 1062	07%
Omitting Lukázová at al (2018)		0.10	[0.12, 0.22]	•	1 2746	1.1903	97 %
Omitting Abdoli et al. (2018)		0.17	[0.13, 0.22]		1.3/40	1.1/24	97 %
Omitting Abdoll et al. (2018)		0.17	[0.12, 0.22]		1.4000	1.2043	97%
Omitting Mirza at al (2017)		0.10	[0.12, 0.21]		1 4221	1.1/92	97 %
Omitting Miza et al.(2017)		0.17	[0.13, 0.22]		1.4321	1.1907	97 %
Omitting Luo et al. (2017)		0.17	[0.12; 0.22]		1.4425	1.2011	97%
Omitting Huy et al. (2017)		0.16	[0.12; 0.22]	•	1.4497	1.2040	97%
Omitting Vu et al. (2017)		0.17	[0.12; 0.22]	•	1.4403	1.2020	97%
Omitting Love et al. (2016)		0.16	[0.12; 0.22]	•	1.4310	1.1905	97%
Omitting Gennari et al. a(2016)		0.16	[0.12; 0.22]	•	1.4318	1.1900	97%
Omitting Gennari et al. b(2016)		0.16	[0.12, 0.22]		1.4432	1.2013	97%
Omitting Cabezon et al. (2016)		0.17	[0.12, 0.22]	•	1.4010	1.2040	97%
Omitting Andrade et al. (2016)		0.17	[0.13; 0.23]	•	1.3145	1.1400	97%
Omitting Chan et al. (2015)		0.17	[0.13, 0.22]		1.4299	1.1900	97 %
Omitting Chen et al. (2015)		0.16	[0.12; 0.22]		1.4494	1.2039	97%
Omitting Muz et al. (2015)		0.17	[0.13; 0.22]	•	1.4203	1.1943	97%
Omitting Miao et al. (2014)		0.17	[0.12; 0.22]	•	1.4024	1.2052	97%
Omitting German et al. (2014)		0.16	[0.12, 0.22]	•	1.4204	1.1952	97%
Omitting Barros et al. (2014)		0.16	[0.12, 0.22]		1.4502	1.2043	97%
Omitting Fu et al. (2014)		0.16	[0.12; 0.22]	•	1.4440	1.2010	91%
Omitting Salast of al (2013)		0.17	[0.12; 0.22]	•	1.4414	1.2000	90%
Omitting Manajanti et al. (2013)		0.10	[0.12, 0.21]		1.4100	1.1902	97%
Omitting Khademysten et al. (2013)		0.17	[0.13, 0.22]	•	1.4372	1.1900	97 %
Omitting Cong et al (2012)	·)	0.17	[0.12, 0.22]		1.4020	1.2055	97%
Omitting Cong et al. (2013)		0.17	[0.12, 0.22]		1 4495	1.2040	97 %
Omitting Moline et al. (2012)		0.17	[0.12, 0.22]		1 2/35	1 1151	06%
Omitting Huang et al. (2012)		0.10	[0.12, 0.21]		1 25/0	1 1640	90%
Omitting Population of al (2012)		0.17	[0.13, 0.23]		1 4107	1 1040	97 %
Omitting Cabozón et al. (2012)		0.17	[0.13, 0.22]		1 4 1 57	1.1915	07%
Omitting Cabezon et al.(2011)		0.10	[0.12, 0.22]		1 2551	1 16/1	07%
Omitting Avalado et al. (2011)		0.17	[0.13, 0.23]		1 2050	1 1240	97 70
Omitting Duboy et al (2010)		0.17	[0.13, 0.23]		1 4435	1 2015	07%
Omitting Murao et al. (2008)		0.17	[0.12, 0.22]		1 4525	1 2052	07%
Omitting Tesi et al (2006)		0.17	[0.12, 0.22]		1 4020	1 1846	07%
	1	0.17	[0.13, 0.22]		1.4034	1.1040	31 /0
Random effects model	$\diamond$	0.17	[0.12: 0.22]	-	1.4192	1.1913	97%
a	-0.2-0.1 0 0.1 0.2 0.3 0.4 0.	5					

Fig. 6. Sensitivity analysis of T. gondii prevalence in wild birds.

Regarding the year of publication subgroup, the prevalence reported in articles published after 2020 was 26.9% (95% CI: 16.96–39.81; P<0.01), the highest prevalence among all articles combined. The highest *T. gondii* prevalence in wild birds correlated with medium quality studies 22.6% (95% CI: 12.03–38.37). However, *T. gondii* prevalence was not influenced by the quality of studies (P = 0.32).

### 4. Discussion

We conducted the first comprehensive evaluation of the global prevalence of *T. gondii* in wild birds. This systematic review and metaanalysis estimated a pooled global prevalence of *T. gondii* in wild birds of 16.6%, suggesting the widespread distribution of *T. gondii* in wild birds. Our results along with others (Dubey, 2002), corroborate the variation in the susceptibility to *T. gondii* among different bird species. In our study, Strigiformes had the highest prevalence followed by Falconiformes. Most species in the Strigiformes and Falconiformes are nocturnal predators that feed primarily on small rodents (Andrle, 2011; Bertolino et al., 2001), the natural intermediate host of *T. gondii* (Krijger et al., 2020), making Strigiformes and Falconiformes more likely to acquire *T. gondii* infection.

By comparing methods used for detection of *T. gondii* infection in wild birds, MAT was found associated with the highest prevalence, followed by ELISA. This result is consistent with a previous study showing MAT as the most appropriate serological test for detection of *T. gondii* in birds (Dubey, 2002). MAT is the gold standard assay for detection of *T. gondii* (Fernandes et al., 2019) and has good sensitivity for measurement of anti-*T. gondii* antibodies (Dubey et al., 2016; Langoni, et al., 2007; Macrì et al., 2009). MAT is also simple to use, requires no special equipment or species-specific reagents, antigens are stable for



Fig. 7. Worldwide map showing the continent-wise prevalence of T. gondii infection in wild birds.

#### Table 3

Pooled prevalence of T. gondii in various wild birds.

Order	No. studies	No. examined	No. positive	% (95% CI)	Heterog	Heterogeneity		Univariate	meta-regression
					χ2	P-value	<i>I</i> <sup>2</sup> (%)	P-value	Coefficient (95% CI)
Accipitriformes	11	789	180	16.27 (7.49–31.81)	61.2	< 0.01	83.7	0.08	0.9094 (-0.1230 to 1.9418)
Anseriformes	11	3507	395	20.09 (11.49-32.75)	116.9	< 0.01	91.4		
Charadriiformes	7	1938	415	26.43 (18.48-36.29)	28.9	< 0.01	79.3		
Columbiformes	12	1833	130	8.97 (4.76–16.26)	123.9	< 0.01	91.1		
Falconiformes	10	916	278	29.67 (17.54-45.56)	96.1	< 0.01	90.6		
Gruiformes	7	93	10	9.02 (3.04–23.85)	11.0	0.09	45.8		
Passeriformes	21	3120	588	16.28 (9.96-25.48)	411.9	< 0.01	95.1		
Pelecaniformes	6	224	48	21.79 (4.53-62.08)	15.7	< 0.01	68.3		
Strigiformes	12	698	254	33.50 (21.46-48.16)	49.2	< 0.01	77.7		
Others	41	1711	239	9.71 (5.73–15.98)	137.4	< 0.01	70.9		

Abbreviations: CI: Confidence interval; P-value:  $P \leq 0.05$  is statistically significant.

months, and reagents are commercially available (Fernandes et al., 2019). The prevalence detected by ELISA, although was lower than that obtained by MAT, it was much higher than the prevalence obtained by the other diagnostic methods. Although ELISA is one of the most reliable methods for detecting anti-*T. gondii* specific antibodies, only two of the articles included in this review used ELISA, presumably because it is time-consuming, laborious, and relatively expensive (Dard et al., 2016). The prevalence was higher in blood samples compared with the brain tissue and muscle samples collected from wild birds. This result may be attributed to the increased number of studies utilizing serological analysis because blood analysis can provide valuable information without the need for constraining or euthanasia of the bird (Angelier et al., 2011).

Subgroup analysis by continent showed that the highest and lowest prevalence was detected in Europe and Africa, respectively. The intercontinental differences may have a plausible explanation. Migrant birds can contribute to the spread and diversity of parasites by hosting more parasites than resident birds and by facilitating long-distance parasite dispersal (Bauer and Hoye, 2014; Jourdain et al., 2007). In Europe, most of the bird habitats are wetlands and marshes, and with the predicted changes in climate, wetter areas can become more humid (Soultan et al., 2022), favoring more spread of *T. gondii*. Warm and humid environments are conducive to the survival *T. gondii* oocysts (Robert-Gangneux and Dardé, 2012). The lowest prevalence detected in Africa may be attributed to the dry and hot climatic conditions, which do not support the survival of *T. gondii*. The modest number of studies reported from Africa is perhaps related to the limited resources which may impede investment in research.

The prevalence was higher in the eastern hemisphere compared with the western hemisphere and higher in the northern hemisphere than the southern hemisphere. Most of the continents are in the northern hemisphere and most of the bird migration occurs in the northern hemisphere. The life cycle of *T. gondii* is closely affected by climatic conditions such as temperature and humidity, which are common features of the northeastern hemisphere's climate. These results are consistent with the results of the continent subgroup analysis which detected the highest prevalence in Europe and Asia.

### Table 4

Sub–group analysis of the prevalence of *T. gondii* in wild birds.

Variable	Category	No.	No. examined	No.	% (95% CI)	Heterogeneity			Univariate meta-regression		
		studies	examined	positive		χ2	P-value	I <sup>2</sup> (%)	P-value	Coefficient (95% CI)	
etection	ELISA	2	510	94	18.4	1.3	0.24	26.9	0.44	0.8740 (-3.0919 to	
method					(15.30-22.04)					1.3440)	
	IHT	1	751	72	9.6 (7.68–11.91)	0.0	NA	NA			
	IFAT	1	72	6	8.3 (3.79–17.33)	0.0	NA	NA			
	LAT	2	865	56	7.5 (3.72–14.60)	14.4	< 0.01	93.1			
	MAT	30	11,433	2187	21.3	973.6	< 0.01	97.0			
	DCD	10	2200	045	(14.95-29.44)	244.4	< 0.01	05.1			
	PCK	15	2399	245	11.0 (5.95–19.41)	244.4	< 0.01	95.1	0.46	0.2547 ( 1.2006 to	
ample type	BIOOD	30	14,236	2395	(13.05–24.45)	1191.4	< 0.01	97.1	0.46	0.5913)	
	Brain	8	1030	150	13.3 (5.90–27.41)	143.5	< 0.01	95.1			
	Muscles	3	398	88	17.0 (3.47-53.70)	39.6	< 0.01	95.0			
ontinent	Africa	2	202	16	6.9 (3.83–10.80)	9.6	< 0.01	89.6	0.15	0.2368 (-0.0851 to	
	Asia	22	5197	811	14.1 (13.21_15.10)	462.2	< 0.01	95.5		0.3380)	
	Europe	17	7332	1161	(13.21-13.10) 14.2 (12.45 15.05)	896.0	< 0.01	98.2			
	North	4	471	184	(13.43–13.03) 10.2 (8.70–11.70)	185 0	< 0.01	98 4			
	America	-7	1/1	107	10.2 (0.70-11.79)	100.9	~ 0.01	20.4			
	Oceania	1	117	9	7.7 (3.58-13.19)	0.0	NA	NA			
	South	7	1164	183	11.8 (9.98–13.68)	247.7	< 0.01	97.6			
	America		1101	100	11.0 (3.30 10.00)		. 0.01	27.0			
lemisphere	West	11	2764	373	11.40 (5.52–23.00)	261.3	< 0.01	96.2	0.30	-0.4302 (-1.2380 to 0.3776)	
	East	36	10.827	1494	16.80	953.4	< 0.01	96.3		5.0770)	
	2001		10,027	1.12.1	(12.28-22.57)		. 0.01	20.0			
	South	8	1319	189	9.36 (3.32-23.73)	117.0	< 0.01	94.0			
	North	39	12.272	1678	16.82	1093.0	< 0.01	96.5			
		0,	12,272	10/0	(12,49-22,26)	10,00.0	< 0.01	20.0			
Economic status	Developed	22	8688	1365	13.8	1186.8	< 0.01	98.2	0.13	-0.0900 (-0.2067 to	
	Developing	31	6795	000	(13.08–14.53) 14.70	650 5	< 0.01	95.4		0.0267)	
	Developing	51	0755	,,,,	(12.22–13.81)	030.3	< 0.01	55.4			
atitude	$-60^{\circ}30^{\circ}$	1	117	9	7.96 (4.05–14.13)	0.0	NA	NA	0.13	0.7514 (-0.2111 to 1.7140)	
	$-30^{\circ}-0^{\circ}$	7	1202	180	9.59 (2.92-27.26)	101.5	< 0.01	94.1			
	0°-30°	7	2979	332	9 44 (5 23-16 45)	156.7	< 0.01	96.2			
	30°-60°	29	6394	1062	19 52	794.8	< 0.01	96.5			
	30 -00	2)	0374	1002	(13.78 - 26.90)	7.54.0	0.01	50.5			
	60°-90°	3	2899	284	13.15	13.8	< 0.01	85.6			
	00 - 90	5	2000	204	(8 38_20 03)	15.0	0.01	05.0			
ltitude	<100 m	20	8704	1054	15.46	403.1	< 0.01	95.3	0.53	0.3037 (-0.6451 to	
		-			(11.51 - 20.44)					1.2525)	
	100–1000 m	17	2939	566	16.63	367.7	< 0.01	95.6		·/	
					(9.33-27.89)						
	>1000 m	10	1948	247	12.69	304.8	< 0.01	97.0			
					(5.15-28.00)						
limate type	Am	1	69	24	34.78	0.0	NA	NA	0.01	-2.9073 (-5.2372 to	
	A	2	715	21	(24.33 - 40.07)	20.0	< 0.01	02.1		-0.5//5)	
	AW	3	/15	31	2.08 (0.03-10.08)	28.9	< 0.01	93.1			
	BS Deur	4	1458	9/	5.80 (2.77–11.74)	36.9	< 0.01	91.9			
	BW	1	140	25	17.12 (11.84–24.12)	0.0	NA	NA			
	Cf	16	5245	771	17.08	393.1	< 0.01	96.2			
	Cs	6	1208	207	(11.08–25.40) 24.18	244.2	< 0.01	08.0			
	63	U	1200	207	(9.34–49.67)	277.2	< 0.01	50.0			
	Cw	6	796	236	26.34	111.7	< 0.01	95.5			
	-	-			(13.54-44.96)						
	Df	2	298	51	8.75 (1.68-34.98)	10.4	< 0.01	90.4			
	Dw	4	722	136	17.96	64.7	< 0.01	95.4			
					(8.79–33.21)						
	ET	4	2934	289	13.10	14.6	< 0.01	79.5			
					(8.84–18.98)	_					
Publication year	2000-2010	4	1758	153	6.0 (2.07–16.19)	72.8	< 0.01	95.9	0.01	-1.7430 (-3.1244 to -0.3616	
	2011 2020	27	10 994	2044	16.5	1120.0	< 0.01	04.0		J	
	2011-2020	3/	12,334	2044		1138.2	< 0.01	90.8			
					(11.02-22.3/)						

(continued on next page)

### Table 4 (continued)

Variable	Category No. No. No. % (95% CI) studies examined positive	No.	No.	No.	% (95% CI)	Heterogeneity			Univariate meta-regression	
			χ2	P-value	I <sup>2</sup> (%)	P-value	Coefficient (95% CI)			
	After 2020	8	1938	463	26.9 (16.96–39.81)	132.4	< 0.01	94.7		
Quality level	5	29	11,105	1640	14.8 (10.04–21.20)	982.1	< 0.01	97.1	0.32	-0.3432 (-1.0304 to 0.3441)
	4	12	2901	484	19.4 (10.38–33.28)	259.3	< 0.01	95.8		
	3	7	1952	530	22.6 (12.03–38.37)	64.6	< 0.01	90.7		
Total	2	1 49	72 16,030	6 2660	8.3 (3.79–17.33) 16.6 (12.40–21.87)	0.0	NA	NA		

Abbreviations: CI: Confidence interval; NA: not applicable; P–value:  $P \le 0.05$  was set at the statistical significance threshold; LAT: Latex agglutination test; ELISA: Enzyme linked immunosorbent assay; MAT: Modified agglutination test; PCR: Polymerase chain reaction; IHT: Indirect hemagglutination test; IFAT: Indirect immunofluorescent antibody test; Am: Tropical monsoon climate; Aw: Tropical savannah climate; Bs: Arid steppe climate; Bw: Arid desert climate; Cf: Temperate without dry season climate; Cs: Temperate dry summer climate; Cw: Temperate dry winter climate; Df: Cold without dry season climate; Dw: Cold dry winter climate; ET: Polar tund.

In the latitude subgroup analysis, we found that mid-latitude had the highest prevalence, followed by high latitude, whereas low latitudes had the lowest prevalence. Climatic conditions in mid-latitudes are often more humid and warm, which favor the survival of *T. gondii* oocysts (Rostami et al., 2017) and maintain their infectivity (Pereira et al., 2020). In the subgroup analysis of altitude, the highest prevalence was found in the range of 100–1000 m. The prevalence of low altitude (<100 m) was very close to that of 100–1000 m. The low prevalence at the high altitude (>1000 m) is perhaps related to the low air pressure, oxygen deprivation, low temperature, high solar radiation and unpredictable climate (Zhang and Li, 2015), which are not supportive to the survival and transmission of *T. gondii*.

In terms of climate type (P<0.05), the present study showed that tropical monsoon climate had the highest prevalence, however this result was based on a single article and cannot reflect the actual effect of climate on *T. gondii* prevalence. The second highest prevalence was correlated with dry-summer, Mediterranean, climate and dry-winter subtropical climate. Temperature, rainfall, and geographic location can influence the occurrence of *T. gondii* infection (Oliveira et al., 2019). *T. gondii* is more prevalent in regions with high humidity and warm climates (Webster, 2010). Tropical monsoon climate is characterized by high temperature and humidity, which favor the maturation and survival oof *T. gondii* oocysts (Hung et al., 2007). Tropical climates are also richer in biodiversity and forests (Sloan et al., 2019), providing a suitable habitat for *T. gondii* infection in wild birds in humid and warm regions.

Subgroup analysis by publication year (P<0.01) revealed an increase in the prevalence from 6.0% in 2000–2010 to 16.5% in 2011–2020 and 26.9% after 2020. This temporal progressive increase in the prevalence of *T. gondii* infection in wild birds may be attributed to increased anthropological activities (Loiselle et al., 2010; Szabo et al., 2012), changes in the agricultural landscapes (Green et al., 2005) or advances in the development of methods that enable better detection and monitoring of pathogens (Suminda et al., 2022). A high attention given to health and environmental issues in recent years may also play a role in increasing the awareness of and reporting *T. gondii* infection in wild birds.

### 4.1. Limitations and perspectives

Some aspects need to be considered when interpreting the findings of our study. First, our meta-analysis showed high heterogeneity, which is common in meta-analyses of prevalence estimates owing to the methodological variability between studies and residual confounding that are difficult to control. Second, some of the tested variables lack sufficient epidemiological data due to the low number of included studies, with analysis of some categories based on only one article. Therefore, the results should be interpreted with some caution because of the marked differences in the number of studies between the analyzed categories. Future systematic reviews should consider studies published in other languages to increase the number of studies included in the analysis. Future investigations should also consider more surveillance of wild bird migration routes because migratory birds can spread *T. gondii* to a wide range of warm-blooded animals, particularly outdoor reared mammals. The detection and genotyping of *T. gondii* isolates from wild birds can help identify the likely source of infection and trace potential transmission routes. Future research should also assess additional risk factors such as age and gender of the birds.

### 5. Conclusions

Results from the systematic review and meta-analysis of 49 studies revealed 16.6% pooled global prevalence of *T. gondii* infection in wild birds. Meta-regression analysis showed that two variables, publication year and climate type, can have a significant influence on *T. gondii* prevalence. The inclusion of more studies reporting on the prevalence of *T. gondii* in wild birds may assist in distinguishing actual differences among other variables such as the geographical location, and method of detection. More investigations can improve understanding of *T. gondii* infection epidemiology in wild birds and contribute to the development of measures to prevent the transmission of infection to mammalian hosts and humans.

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### CRediT authorship contribution statement

**Cong-Cong Lei:** Software, Investigation, Formal analysis. **Quan Zhao:** Writing – review & editing, Supervision, Project administration, Conceptualization. **Hany Elsheikha:** Writing – review & editing, Visualization, Validation, Resources, Conceptualization. **Hongwei Cao:** Writing – review & editing, Supervision, Project administration, Funding acquisition, Conceptualization. **Si-Yuan Qin:** Resources, Investigation, Formal analysis. **Xing Yang:** Writing – original draft, Visualization, Validation, Data curation. **Xiao-Man Li:** Visualization, Software, Resources, Methodology, Data curation. **Yanan Cai:** Methodology, Investigation, Formal analysis, Data curation. **Chao Chen:** Writing – original draft, Software, Methodology, Investigation, Formal analysis, Data curation.

### **Declaration of Competing Interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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