

Supplementary Materials 3: Child and Adolescent Psychiatrist Interview Schedule

Topic & Timing	Discussion Point	Prompts
<p>Case Example background and circumstance</p> <p>10 minutes</p>	<p><i>“Can you tell me, first of all, about a recent case involving referral of a young person to an inpatient unit: this could be locally, at some distance from home, or to an adult ward”</i></p>	<p>Seek to establish a detailed narrative account, including</p> <p>Events leading up to referral</p> <p>What factors indicated that inpatient admission was necessary?</p> <p>were there any other options?</p> <p>Process of referral and how it was initiated</p> <p>was there more than one option of inpatient unit?</p> <p>was the YP admitted to R’s preferred unit?</p> <p>if not, why not?</p> <p>How did YP and R/other family members feel about being referred to unit?</p> <p>Relieved, apprehensive, unnecessary, resisted etc</p> <p>To what extent did you feel that the YP and family were consulted, involved in decisions about care?</p> <p>What do you perceive to be the actual, appropriate and desired involvement of family in discussion and decisions about care?</p> <p>What kind of contact, if any, did you maintain with 1. the YP and 2. the family during the period of admission?</p> <p>what were the consequences of being able/ not able to maintain such contact?</p> <p>Do you think YP found find it helpful to be in the unit?</p> <p>In what way? What did think helped them most?</p> <p>Were there any negative aspects or consequences of the admission?</p> <p>How would you assess the outcome of the YP’s admission?</p> <p>How would you manage a similar episode affecting this YP in future?</p> <p>Do you think (the unit) was an appropriate place for someone of YP’s age?</p> <p>If not, what would have been the best place?</p>
<p>Impact of admission</p> <p>5 minutes</p>	<p><i>“What are the consequences of each type of admission (adult, distant, local): negative and positive?”</i></p>	<p>e.g. re experience of being an inpatient, contact with family, contact with familiar services and health professionals, ease of reintegration into family, school, community, etc</p> <p>Do inpatient admissions pose any issues regarding continuity of care and the YP’s engagement with CAMHS following discharge home?</p> <p>Do you think it can ever be helpful for some YP to be admitted to a unit at some distance from home? (If so, in what ways)</p> <p>Do you think that some YP might prefer admission to an adult, rather than a children’s unit, or is this always inappropriate? (Explore)</p>
<p>Experiences and Perceptions</p> <p>10 minutes</p>	<p><i>“YP was admitted to a local/distant YP unit/adult ward. How often does this happen?”</i></p>	<p>Under what circumstances (choice, necessity etc)</p> <p>What about (the other two options): do you ever refer YP to either of these?</p> <ul style="list-style-type: none"> • under what circumstances? <p>How do you feel that admission to a local adolescent unit differs from a distance adolescent unit (as appropriate)? Pros / cons?</p> <p>What is your view about young people being admitted to distance adolescent units?</p>

		<p>How regularly do you experience this?</p> <p>Who refers these patients?</p> <p>Do you receive appropriate information in the documentation?</p> <p>Do you have a protocol for managing young people at distance from home? If yes, useful or not?</p> <p>What involvement do you have in planning and managing the process of these admissions? Who else is involved?</p> <p>Are there any particular issues that you have faced in these circumstances?</p> <p>How do you feel admission to a ward at distance from home affects the patient and family experience?</p> <p>To what extent is there joint working with CAMHS consultants / GPs in the young people's local areas? How is this achieved / barriers to this? How could it be improved?</p> <p>To what extent (if at all) does admission to a distance adolescent unit influence the success of treatment / the experience of patients and family?</p> <p>How do you plan the continuity of care / post discharge care? Who else is involved in this? How easily is this achieved? How could it be improved?</p> <p>Where referrals are not accepted, what are the reasons? Is an alternative offered?</p> <p>What do you think needs to happen to reduce admissions of young people to distant adolescent units / adult psychiatric wards (as appropriate)?</p>
<p>Comparisons with other admissions</p> <p>5 minutes</p>	<p><i>“How does your experience of cases such as these differ during the COVID-19 pandemic</i></p>	
<p>Reflection</p> <p>5 minutes</p>	<p><i>“Do you think it should be possible for people in YP's situation to avoid inpatient admission, and be treated in the community?”</i></p>	<p>what would be required to enable this to happen?</p>

<p>Policy/Guidelines</p> <p>5 minutes</p>	<p><i>“How do current practice guidelines and policy drivers inform your care of young people like XX(YP)?”</i></p>	<p>Do you think it should be possible for people in YP’s situation to avoid inpatient admission, and be treated in the community?</p> <ul style="list-style-type: none"> ○ what would be required to enable this to happen? <p>Are there any changes in current policy/clinical guidelines that you feel would improve current care of YP in psychiatric services?</p> <p>Are there any changes you would like to see in the organisation and resources available to you in managing the care of YP with severe mental health problems?</p>
<p>Ending & Sum Up</p> <p>5 minutes</p>	<p><i>“Is there anything else you have to add to what we have been talking about? Anything that is important that we haven’t covered already?”</i></p>	