

Supplementary Materials 2: Parent/Carer Interview Schedule

<b>Topic &amp; Timing</b>	<b>Discussion Point</b>	<b>Prompts</b>
<p><b>Background</b></p> <p>5 minutes</p>	<p><i>Can you tell me, first of all, about your recent experience of (Young person 's) admission to XXXXXX?</i></p>	<p>Seek to establish a detailed narrative account, including</p> <p>Events leading up to admission</p> <p>Process of referral and how it was initiated</p> <p>How did YP and R/other family members feel about being referred to unit?</p> <ul style="list-style-type: none"> <li>• Relieved, apprehensive, unnecessary, resisted etc</li> </ul> <p>To what extent did R feel that the YP and family were consulted, involved in decisions about care?</p> <ul style="list-style-type: none"> <li>• What is actual, appropriate and desired involvement of family in discussion and decisions about care?</li> <li>• Did R feel that there was a choice of options for (YP) Was this important?</li> <li>• What were R's expectations of the unit, before YP was admitted?</li> </ul>
<p><b>Experience</b></p> <p>10 minutes</p>	<p><i>Can you tell me what happened, once YP was admitted? What was it like for her being a patient at XXXXXX?</i></p>	<p>Experience of</p> <ul style="list-style-type: none"> <li>• Environment</li> <li>• Other patients</li> <li>• Staff</li> <li>• Information, communication, support, trust</li> <li>• Treatment</li> <li>• Type, effect, acceptability</li> <li>• Involvement in decisions</li> <li>• Length of stay</li> <li>• Visits/support from family and friends</li> </ul> <p>Did you find it easy to keep in touch with YP and provide support while she was on the unit?</p> <ul style="list-style-type: none"> <li>• Frequency and duration of visits</li> <li>• What happened during visits?</li> <li>• Issues of privacy/environment</li> <li>• Any issues, difficulties experienced in visiting</li> <li>• Time and travel (distance)</li> <li>• Need for time of work</li> <li>• Problems with other commitments such as child care</li> <li>• Any additional costs incurred?</li> </ul> <p>Do you think YP found find it helpful to be in the unit? In what way? What did think helped them most? Were there any things you did not like/felt were not helpful? Do you think that being admitted to xxxxxx helped YP get better? Was xxxxxxxx an appropriate place for someone of her age? Do you think xxxxxxxxxxxxxx was the best place for her at the time? Was there a better alternative? How do you feel about your/family's involvement in YP's care while she was admitted to XXXXXXXX? Information about what was happening and treatment plan Access and communication with staff Discussion and involvement in decision making</p>
<p><b>Other experiences</b></p> <p>5 minutes</p>	<p><i>Was this the first time YP had been admitted as an inpatient?</i></p>	<p>If no – explore previous admissions, as above.</p>

<p><b>Post admission</b></p> <p>10 minutes</p>	<p><i>Since YP came home after being in XXXXXX, how have things been? Can you tell me how things are just now?</i></p>	<p>Health (any treatment) Home circumstances School Relationships Do you have any idea about what YP will want to do in future? Aspirations re health, job etc Do you have any concerns about this?</p>
<p><b>COVID-19</b></p> <p>5 minutes</p>	<p><i>How was your experience during the COVID-19 pandemic</i></p>	<p>TBC - Covid-19 experience  Difference with other admissions if relevant</p>
<p><b>Reflection</b></p> <p>5 minutes</p>	<p><i>Looking back, what do you think about the time YP spent in xxxxxx</i></p>	<p>Helpful/unhelpful  Do you think it has had any good/positive or bad or negative effects? (as appropriate)  Was there anything else that helped YP get better at this time? Friends, family, support groups, activities etc: relative importance, compared to admission and professional help  Can you think of any ways that the experience of young people in YP's situation when she was admitted to XXXXXX could be improved:  Finally, what advice would you give someone who was in your situation, just before YP went to XXXXXXXX?</p>
<p><b>Ending &amp; Sum Up</b></p> <p>5 minutes</p>	<p><i>“Is there anything else you have to add to what we have been talking about? Anything that is important that we haven't covered already?”</i></p>	