

1 Pharmacokinetics and Tissue Distribution of an Orally Administered Mucoadhesive Chitosan-Coated
2 Amphotericin B-Loaded Nanostructured Lipid Carrier (NLC) in Rats
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10 **ABSTRACT**

11 Oral delivery of amphotericin B (AmpB) is desirable because it provides a more patient-friendly
12 mode of administration compared to the current delivery approach akin with the marketed AmpB
13 formulations. The goal of the study was to investigate the pharmacokinetics and tissue distribution
14 of orally administered chitosan-coated AmpB-loaded nanostructured lipid carriers (ChiAmpB NLC)
15 administered to ~~were evaluated in~~ Sprague Dawley rats at a dose of 15 mg/kg. Orally administered
16 ChiAmpB NLC resulted in ~~demonstrated~~ a two-fold increase in the area under the curve ($AUC_{0-\infty}$)
17 compared to the uncoated AmpB NLC and marketed Amphotret[®]. This enhanced bioavailability of
18 AmpB suggests prolonged transit and retention of ChiAmpB NLC within the small intestine through
19 mucoadhesion and subsequent absorption by the lymphatic pathway. The results show that ~~The~~
20 mean absorption and residence times (MAT & MRT) were ~~both~~ significantly higher from ChiAmpB
21 NLC compared to the other two formulations, ~~which~~ attesting to the mucoadhesive effect. The
22 ChiAmpB NLC presented a lower nephrotic accumulation with preferential deposition in liver and
23 spleen. Thus, the limitations of current marketed IV formulations of AmpB are potentially addressed
24 with the ChiAmpB NLC in addition to utilizing this approach for targeting internal organs in visceral
25 leishmaniasis.

26

27 **KEYWORDS:** amphotericin B, lymphatic pathway, mucoadhesion, NLC, oral delivery,
28 pharmacokinetics, tissue distribution

29 **INTRODUCTION**

30 Oral administration of AmpB appeals to clinicians and patients alike because of the potential
31 of eliminating the toxicities (notably nephrotoxicity) associated with the current mode of delivery,
32 which is exclusively by intravenous (IV) administration. It is also bound to reduce treatment cost and
33 improve the quality of life of the patients (1,2). However, due to the poor solubility and permeability
34 of ~~challenging physicochemical properties~~ of AmpB, oral delivery of AmpB results in a meager
35 bioavailability (< 0.3 %) which limits its therapeutic efficacy (3,4). Poor oral absorption of AmpB has
36 long been reported in different animal trials such as in rats (5,6), mice (7) and dogs (8).
37 Nanotechnology seems to be the key to unlocking some of the constraints associated with the
38 administration of Amp orally. ~~However, with the introduction of the nanotechnology, there is a ray~~
39 ~~of hope to developing a safer, yet effective oral formulation of AmpB.~~

40 Upon oral administration, most drugs are absorbed from the small intestine to the systemic
41 circulation via the portal blood vein. However, for lipid formulations or hydrophobic drugs, intestinal
42 lymphatic pathway provides an alternative route, which bypasses the hepatic first pass metabolism
43 at the liver and results in improved bioavailability (9–11). Additionally, this route portrays a
44 distinctive characteristic whereby the transportation of the drug occurs over a longer period of time
45 compared to the portal vein route. Thus, lymphatic pathway can be exploited for prolonged delivery
46 of therapeutic agents to the systemic circulation (12).

47 The goal of the ~~In the this present~~ investigation was to formulate nanostructured lipid
48 carriers (NLCs) comprised of beeswax and coconut oil ~~were used~~ as the carrier system for the oral
49 delivery of AmpB with the aim to exploit the intestinal lymphatic pathway (13,14). A further aim was
50 to ~~Additionally, chitosan was coat ed~~ the formulation in order to impart mucoadhesive capability so
51 that the particles are retained longer during transit in the small intestine. The delayed transit will

52 ensure that most of the particles are taken-up. This way, the bioavailability of AmpB would be
53 improved.

54 The pharmacokinetic behaviour of the marketed formulation of AmpB, Fungizone®
55 administered intravenously was reported to exhibit a complex plasma profile, with a rapid fall in
56 plasma concentration followed by a long elimination half-life (approximately 15 days). In contrast,
57 the pharmacokinetic behaviour of orally administered AmpB is less known. It is administered orally
58 to treat localized gastrointestinal (GI) tract infections mainly due to the poor absorption profile. It
59 was reported that administration of high doses of AmpB (2 - 10 g daily) to humans resulted in
60 similarly low plasma concentration levels as doses of 30 - 40 mg per day (7,15).

61 Tissue distribution studies on newly developed formulations is necessary since it provides
62 information on the potential tissue accumulation of the formulation and/or the drug. Tissue
63 accumulation thus, provides insights on potential toxicity or efficacy of the formulation. In this
64 regard, determination of the plasma level of the AmpB alone is insufficient because there is a poor
65 correlation between the plasma level and biodistribution of the active in the organs (16,17).
66 Evaluation of levels of AmpB in the kidneys is crucial because it relates to nephrotoxicity and is the
67 major limitation to the clinical use of AmpB (15,18). Reticuloendothelial organs (RES) such as liver
68 and spleen are the target organs for the *Leishmania* genus, an intracellular parasite which causes
69 high fatality if left untreated. Currently, AmpB is used as the second-line therapy for visceral
70 leishmaniasis which comes after parental administration of pentavalent antimony organic
71 compounds which are associated with high frequency of resistance and side effects (19). Hence, an
72 accumulation of the AmpB at the aforementioned sites provides an added advantage in terms of
73 targeting strategy.

74 Henceforth, ~~in the present study~~, we aimed to evaluate the i) pharmacokinetic profiles of
75 AmpB from ChiAmpB NLC in comparison to uncoated AmpB NLC and the marketed formulation,
76 Amphotret®, ii) retrospectively investigate the mucoadhesion behaviour of ChiAmpB NLC *in vivo*

77 through analyses of the levels of AmpB in the stomach and small intestine over time and iii)
78 investigate the tissue distribution of the AmpB in organs-of-interests; kidneys, liver and spleen.

79 **MATERIALS AND METHODS**

80 **Materials**

81 Beeswax and coconut oil were from Acros Organics, New Jersey, USA. Chitosan (low
82 molecular weight) and phosphate buffered saline tablets (PBS) were purchased from Sigma Aldrich
83 Co. LLC., Missouri, USA. AmpB and ethylenediaminetetracetic acid, disodium salt dihydrate (EDTA)
84 were obtained from Fisher Scientific, India. The commercial formulation of AmpB deoxycholate
85 (Amphotret[®], Bharat Serums and Vaccines Limited, India) was a gift from Pahang Pharmacy,
86 Malaysia. Soya lecithin was purchased from MP Biomedicals (Illkirch, France) and acetic acid was
87 obtained from R & M Chemicals, India. 1-amino 4-nitronaphthalene ($\geq 97\%$) was obtained from
88 Apollo Chemicals, San Pedro Sula. All reagents and solvents used of analytical and HPLC grades
89 respectively. Deionized water used was Milli-Q 18.2 M Ω .cm at 25 °C (Millipore Corp., Bedford, USA).

90 **Methods**

91 **Formulation of ChiAmpB NLC formulation**

92 The ChiAmpB NLC was formulated as recently reported (13,14). Briefly, beeswax and
93 coconut oil were melted at 70 °C before the addition of AmpB and at the same time, Tween-80 and
94 lecithin were mixed with 10 mL of deionized water and stirred at 70 °C at 500 rpm for 45 minutes.
95 The surfactant mixture was added into the melted lipids containing AmpB followed by
96 homogenization at 12 400 rpm for 8 minutes using high speed homogenizer (Ultra-Turrax T25,
97 Germany). The coarse emulsion was further subjected to probe ultrasonication (Q500 QSonica,
98 Newtown, CT, USA) for further 8 minutes at 20 % amplitude. The mixture was poured into 4 °C
99 deionized water under 500 rpm of stirring, making up a total of 100 mL. Chitosan (dissolved in 1 %
100 v/v acetic acid) was added in a dropwise manner into the formed AmpB NLC in 1: 40 v/v under
101 stirring of 250 rpm or 15 minutes.

102 The physical properties of the formulation were characterized in terms of particle size,
103 polydispersity index, zeta potential, encapsulation efficiency and aggregation states as reported
104 previously (13,14).

105 **High performance liquid chromatography (HPLC) conditions and validation**

106 An Agilent HPLC system (1260 Series, Waldbronn, Germany) equipped with a 15 cm x 4.6
107 mm reversed-phase C-18 column, Hypersil Gold (ThermoFisher Scientific, Waltham, United States)
108 with 5 µm particle size stationary phase was used in this study. A mixture of 60 % 2.5 mM EDTA and
109 40 % acetonitrile was used as the mobile phase at a flow rate of 1.5 mL/min with the wavelength set
110 at 408 nm.

111 Calibration curves of AmpB in plasma and tissue were established over 0.1 – 10 µg/mL for
112 plasma and 1 – 100 µg/g for tissue samples, with at least six data points were used to construct the
113 curves. The HPLC method was further validated in terms of linearity, recovery, accuracy, precision,
114 limit of detection (LOD) and limit of quantification (LOQ).

115 **Animals**

116 In this section was a probe investigation on the performance of the ChiAmpB NLC therefore,
117 we tried to minimize the number of animals used for the study as much as possible. 12 adult male
118 Sprague Dawley (268.4 ± 11.1 g) rats used in the pharmacokinetic and tissue distribution studies
119 were obtained from University Putra Malaysia (UPM). The studies were carried out at The
120 Comparative Medicine and Technology Unit (COMeT), UPM and approved by the Ethics Committee
121 of The University of Nottingham (UNMC 19). The rats were housed in ventilated cages at ambient
122 temperature, maintained under 12/ 12 light-dark cycle and supplied with food and water *ad libitum*.
123 The rats were acclimatized for one week before the experiment, reaching the age of 8 weeks.

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126 **Drug administration and blood sampling**

127 The rats were fasted for 12 hours overnight and then divided into four groups, with three
128 rats per group. Each group received either one of the following single dose: i) oral gavage of AmpB
129 NLC, ii) ChiAmpB NLC and iii) Amphotret[®] at 15 mg/kg of AmpB in 2 mL. The fourth group (iv) was
130 administered 150 µL of Amphotret[®] (IV) at a dose of 1.0 mg/kg. The rats were allowed free access to
131 water throughout the study and food was allowed 4-hour post-dosing. The animals were slightly
132 anaesthetized with diethyl ether at a dose of 5 g/kg prior to blood sampling. A 500 µL aliquot of
133 blood was collected from the tail of the rats and transferred to a Microtainer[®] coated with EDTA at
134 0, 1, 2, 4, 5, 6, 8 and 24 hours for the orally administered group and 5, 30 minutes, 1, 2, 6, 8 and 24
135 hours following IV administration. The blood samples were centrifuged at 14 000 rpm (14 463 x g)
136 for 10 minutes and the supernatant (plasma) was pipetted transferred out carefully and placed in
137 normal microcentrifuge tubes and ~~The samples were~~ stored at -20 °C until further analyses were
138 carried out.

139 **Analyses of plasma and tissue samples**

140 The concentrations of AmpB in the plasma and tissue were analyzed according to a
141 developed HPLC method. Prior to analysis, a 100 µL aliquot of plasma sample was deproteinized
142 using 100 µL of methanol containing 13.34 µg/mL of 1-amino 4-nitronaphthalene (IS). The mixture
143 was vortex-mixed for 5 minutes and then centrifuged at 14 000 rpm (14 463 x g) for 10 minutes. 50
144 µL of the supernatant was then injected into the HPLC system.

145 At predetermined time post administration, the rats were humanely sacrificed and the
146 stomach, small intestine, liver, kidney and spleen were removed after abdominal incision. The
147 organs were pat-dried with laboratory tissue roll, weighed and homogenized using a high speed
148 homogenizer (Ultra-Turrax T-25, Germany) at 24 000 rpm for 8 minutes under ice with PBS (pH 7.4)
149 making up tissue concentration of 0.25 g/mL. The mixture was further ultrasonicated at 20 %
150 amplitude for 8 minutes. A 100 µL aliquot of tissue homogenate was mixed with 400 µL of methanol

151 containing IS (9.09 µg/mL). The mixture was vortex-mixed for 5 minutes and centrifuged at 14 000
152 rpm (14 463 x g) for 10 minutes and 50 µL of the supernatant was injected onto the HPLC system.

153

154 **Data analyses**

155 The pharmacokinetic parameters were calculated based on a non-compartmental model.
156 Peak concentration (C_{max}) and time of peak concentration (T_{max}) were obtained directly from the
157 individual plasma concentration-time profiles. The T_{lag} referred to the lag time to the appearance of
158 AmpB in the blood after administration. The area under the curve from time zero to last measurable
159 concentration (AUC_{0-t}) was calculated using trapezoidal method. The AUC from the last measurable
160 concentration (C_t) to infinity ($AUC_{t-\infty}$) was calculated by dividing the C_t by k , the apparent elimination
161 rate constant, which in turn was obtained from the terminal slope of the individual plasma
162 concentration-time profiles after logarithmic transformation of the plasma concentration values and
163 application of linear regression. Thus the total ($AUC_{0-\infty}$) was computed as:

164 $AUC_{0-\infty} = AUC_{0-t} + C_t/k \dots\dots\dots (1)$

165 The MRT was estimated as follows:

166 $MRT = AUMC_{0-\infty} / AUC_{0-\infty} \dots\dots\dots (2)$

167 where, $AUMC_{0-\infty}$ is area under the first moment versus time curve which is calculated by adding the
168 total area from time zero to the last measurable concentration ($AUMC_{0-t}$) to the area from the last
169 measurable concentration to time infinity ($AUMC_{t-\infty}$) of the plasma concentration times time versus
170 time curves. $AUMC_{0-t}$ was determined using trapezoidal formula while $AUMC_{t-\infty}$ was calculated by
171 dividing the last concentration times time value with elimination rate constant, k .

172 The MAT was estimated as follows:

173 $MAT = MRT_{PO} - MRT_{IV} \dots\dots\dots (3)$

174 where, MRT is the mean residence time, PO is orally administered formulations and IV refers to
175 administered intravenously.

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177 The absolute bioavailability, F was calculated as below:

178
$$F = \frac{AUC_{PO} \cdot Dose_{IV}}{AUC_{IV} \cdot Dose_{PO}} 100 \dots\dots\dots (4)$$

179 where, AUC is the area under the plasma concentration versus time curve from time zero to infinity,
180 PO is the oral administration and IV is the intravenous administration.

181 The relative bioavailability, F_r was calculated as below:

182
$$F_r = \frac{AUC_{NLC}}{AUC_{PO}} 100 \dots\dots\dots (5)$$

183 where, AUC_{NLC} is the area under the curve of plasma concentration versus time curve from time zero
184 to infinity of rats administered AmpB NLC or ChiAmpB NLC orally and AUC_{PO} is the area under the
185 curve of plasma concentration versus time curve from time zero to infinity of rats administered
186 Amphotret® orally.

187 **Statistical analyses**

188 Statistical evaluation on samples was performed using a one-way analysis of variance
189 (ANOVA) followed by an independent t-test, where differences were considered significant when $p <$
190 0.05. Linearity was evaluated by linear regression analysis, which was calculated by least squares
191 regression analysis and the ANOVA test. All calculations were conducted using IBM SPSS Statistics 24
192 (IBM cooperation, New York, NY).

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195 **REESULTS AND DISCUSSION**

196 Prior to the *in vivo* studies, a HPLC analysis for AmpB in spiked plasma and tissue
 197 homogenates was developed and validated. The validity of the assay was verified by linear ANOVA
 198 regression analysis, which demonstrated a 95 % confidence level in predicting the outcome ($p <$
 199 0.05). All the r^2 values were 0.996 and above, confirming the linearity of the method over the
 200 concentrations analyzed (Table 1).

201 Table 1: Linearity and sensitivity of AmpB analytical procedure different biological samples

202

	Equation	r^2	LOD	LOQ
Plasma	$y = 0.8769x - 0.0731$	0.9962*	0.0093	0.031
Liver	$y = 0.0324x + 0.0012$	1*	0.65	2.16
Kidney	$y = 0.0293x + 0.0412$	0.9969*	0.97	3.23
Spleen	$y = 0.0341x + 0.0109$	1*	0.99	3.32
Stomach	$y = 0.0394x + 0.0079$	0.9998*	0.95	3.17
Small intestine	$y = 0.0306x + 0.0362$	0.9989*	0.87	2.88

203 r^2 is the determination coefficient, LOD is the limit of detection and LOQ is the limit of quantification.
 204 LOD and LOQ of plasma is in $\mu\text{g/mL}$ while for tissue homogenate are in ng/g . * $p < 0.05$: statistical
 205 significance between the mean peak areas of AmpB/ IS and concentration of AmpB.

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207 The LOD and LOQ values in plasma samples were 0.0093 and 0.031 $\mu\text{g/mL}$ respectively,
 208 which are comparably more sensitive than in other studies (20–22). The LOD in the tissue samples
 209 were found to be 0.65 ng/g for liver, 0.97 ng/g for kidney, 0.99 ng/g for spleen, 0.95 ng/g for
 210 stomach and 0.87 ng/g for small intestine, are comparatively lower than reported analytical
 211 thresholds for AmpB, suggesting a higher sensitivity (1,23).

212 From Table 2, the average recoveries of AmpB from the biological samples were more than
 213 80 %, indicative of an efficient extraction procedure (24). High percentage of accuracies were
 214 observed in plasma samples, 94 - 97 % (Table 2) and are in accordance with other reported values

215 (21,22). The degree of repeatability was evaluated based on the percentage of coefficient variation
 216 (CV) as illustrated in Table 2.

217 Table 2 Percentage of recovery, accuracy and precision of AmpB/ IS spiked with plasma and tissue
 218 homogenates (mean \pm S.D., n = 3 for recovery and n = 6 for accuracy and precision).

		Plasma	Liver	Kidney	Spleen	Stomach	Small intestine
Recovery (%)	Low	98.2 \pm 7.0	73.5 \pm 1.4	77.6 \pm 5.1	81.6 \pm 0.3	95.3 \pm 1.6	78.1 \pm 0.7
	Medium	100.0 \pm 0.1	76.1 \pm 1.0	81.2 \pm 0.5	85.0 \pm 0.7	100.2 \pm 0.8	85.0 \pm 0.3
	High	108.5 \pm 1.1	92.8 \pm 1.8	83.5 \pm 0.1	97.9 \pm 0.2	113.7 \pm 0.3	87.6 \pm 0.1
Accuracy (%)	Low	94.4 \pm 2.8	94.8 \pm 1.1	100.3 \pm 5.1	100.4 \pm 0.9	91.8 \pm 1.7	98.9 \pm 0.4
	Medium	97.1 \pm 1.2	99.2 \pm 0.7	97.4 \pm 0.5	97.2 \pm 1.2	93.4 \pm 0.4	98.6 \pm 0.4
	High	94.6 \pm 1.2	97.1 \pm 0.4	96.3 \pm 0.3	95.3 \pm 0.3	94.8 \pm 0.2	98.6 \pm 0.2
Precision (% CV)	Low	5.89	3.24	5.27	0.64	4.93	0.89
	Medium	1.77	1.06	1.52	1.83	3.77	0.87
	High	3.20	2.05	2.07	2.67	2.96	0.80

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221 Low refers to 0.1 μ g/ml in plasma and 2.5 μ g/g in tissue samples; medium refers to 1 μ g/ml in
 222 plasma and 10 μ g/g in tissue samples and high refers to 10 μ g/ml in plasma and 100 μ g/g in tissue
 223 samples.

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233 The repeatability (CV) of the method in plasma was between 1.77 - 5.89 % which are well
234 below the accepted limit of 15 % (23,25). Thus, the developed HPLC method was found to be
235 accurate and reproducible and hence suitable for evaluation of AmpB concentration in rat tissue.

236 In the present study, four formulations of AmpB (orally administered AmpB NLC, ChiAmpB
237 NLC, Amphotret® (PO) and intravenously administered Amphotret® (IV)) were administered to either
238 of one of the four groups of Sprague Dawley rats. Sprague Dawley rats were chosen as the animal
239 model in this study due to anatomical, physiological, drug absorption profile and expression of
240 transporter enzyme similarities of its intestines to that of the human (26). The plasma concentration-
241 time profiles following the four-way administration to the rats are depicted in Figure 1 while
242 pharmacokinetic parameters derived from them are shown in Table 3.

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250 Table 3 Pharmacokinetic parameters of AmpB from the different formulations (mean \pm S.D., n = 3).

Pharmacokinetics parameters	Formulations			
	AmpB NLC	ChiAmpB NLC	Amphotret [®]	Amphotret [®]
Route	Oral	Oral	Oral	IV
Dose (mg/kg)	15	15	15	1
T _{max} (hr)	4.67 \pm 1.15	6.33 \pm 1.52	3.63 \pm 0.29	-
C _{max} (μ g/mL)	0.34 \pm 0.03	0.40 \pm 0.19	0.31 \pm 0.04	-
AUC _{0-∞} (μ g.hr/mL)	27.86 \pm 0.99	34.25 \pm 4.19	14.52 \pm 1.87 ^a	15.97 \pm 1.70
MRT (hr)	7.48 \pm 0.67	21.61 \pm 0.71 ^b	7.51 \pm 0.15	6.00 \pm 0.71
MAT (hr)	1.47 \pm 0.67	15.61 \pm 0.71	1.50 \pm 0.15	-
Absolute F (%)	11.63 \pm 0.41	14.30 \pm 1.74	6.06 \pm 0.78	-
Relative F _r (%)	191.86 \pm 6.82	235.87 \pm 28.85	-	-

251

252 T_{max}: time to maximum plasma concentration, C_{max}: maximum plasma concentration, AUC_{0- ∞} :
 253 area under the curve up to infinity, MRT: mean residence time, MAT: mean absorption time, F:
 254 absolute bioavailability and F_r: relative bioavailability.

255 *p < 0.05: statistical significance between

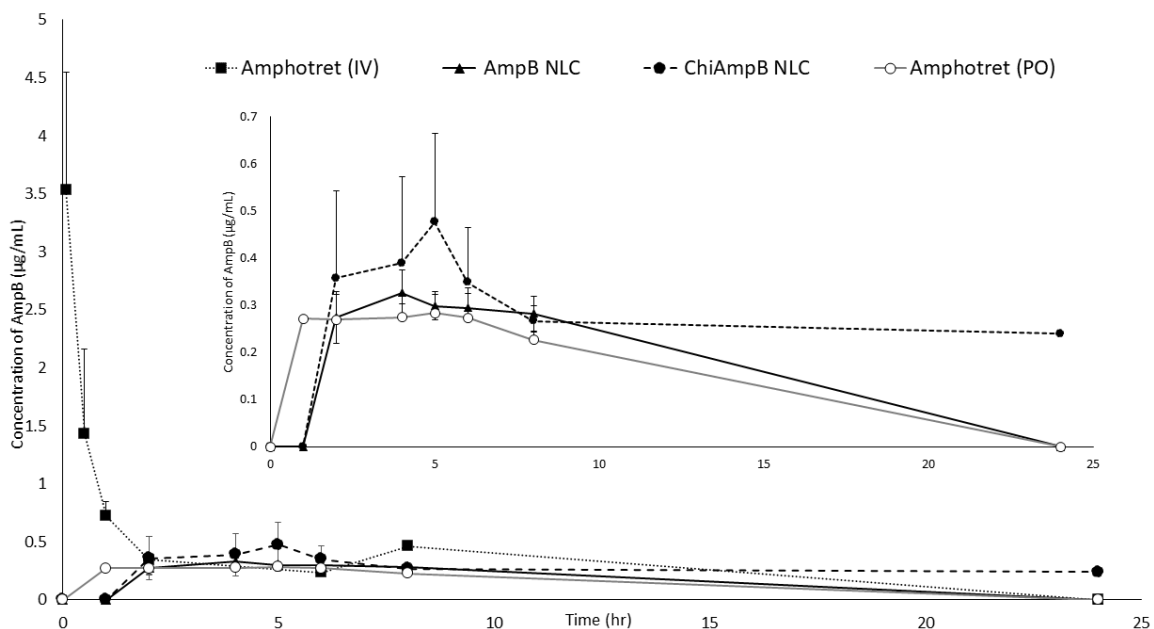
256 a) Amphotret[®] and developed formulations.

257 b) ChiAmpB NLC and the remaining formulations

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262 Figure 1: Plasma concentration-time profile of formulations (mean \pm S.D., n = 3), n = 2 for the 24-
 263 hour time point. Insert is the plasma concentration-time profiles of orally administered formulations.

264

265 Upon administration of ChiAmpB NLC formulation, the plasma concentration of AmpB was
266 detectable up to 24 hours whereas, for the other formulations, it was only detectable up to 8-hour
267 post-administration. As expected, the intravenously administered Amphotret® showed a drastic (10-
268 fold) drop in AmpB plasma concentration, from 3.53 ± 1.01 to 0.34 ± 0.2 $\mu\text{g}/\text{mL}$ 2-hour post
269 administration. This is consistent with the results reported in the literature (27,28).

270 Orally administered AmpB NLC and ChiAmpB NLC observed lag times (T_{lag}) of 2 hours (Figure
271 1), suggesting that there was a delay in the absorption of both formulations in contrast to
272 Amphotret® (PO). We hypothesize that due to their lipidic characteristics, the observed lag times
273 were due to the uptake process via lymph, prompted by the mucoadhesive properties of the
274 formulations (particularly ChiAmpB NLC) in contrast to Amphotret® (PO) formulation as observed in
275 other studies (12,29). It is normal to observe a lag time of up to 3 hours before a noticeable increase
276 in concentration of lipids in lymph or plasma as observed in human (30), rats (31) and sheep (32).

277 There was a gradual increase in the plasma concentration of AmpB, reaching peak
278 concentration (T_{max}) at approximately 3.6 and 4.7 hours, respectively for orally administered
279 Amphotret® and AmpB NLC formulations (Table 3). As compared to AmpB NLC, ChiAmpB NLC
280 showed an additional delay of approximately 1.6 hours before attaining the T_{max} . The longer T_{max}
281 exhibited by both NLCs formulations may yet affirm the indirect transport of the NLCs into the
282 systemic circulation which is in consistent with results observed by vinpocetine-loaded NLCs (33).
283 The estimation of T_{max} is dependent on the frequency of blood sampling which was a constraint in
284 the present study due to the limitation and impracticability of frequent sampling points in small
285 rodents like rats. Hence, further interpretation of the data was sought through arithmetic calculation
286 using statistical moment analysis in order to evaluate their MRTs.

287 MRT refers to the duration of residence of the nanoparticles in the body before elimination.
288 This involves a composite of kinetic processes such as rate and extent of the absorption process, *in*

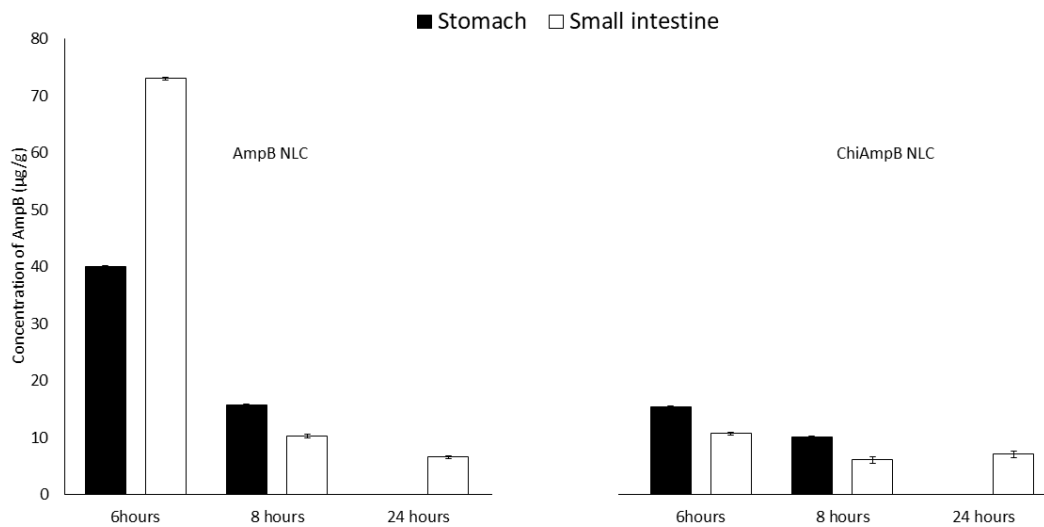
289 *vivo* release of AmpB and the distribution of the AmpB to various part of the body (34). The MRT of
290 ChiAmpB NLC was 21.61 ± 0.71 hr, which is significantly higher than the Amphotret[®] (PO), $7.51 \pm$
291 0.15 hr ($p < 0.05$) and AmpB NLC, 7.48 ± 0.67 hr. This suggests that the ChiAmpB NLC remained in
292 the body longer which is attributable to the mucoadhesive properties of the chitosan coating. The
293 mucoadhesiveness of ChiAmpB NLC prolonged the GI transit of the particles through retention at the
294 site of absorption/ uptake as well as a slow, sustained release of AmpB which in concert with our
295 previous studies (4,14).

296 ChiAmpB NLC showed a higher peak plasma concentration (C_{max}), 0.40 ± 0.19 $\mu\text{g}/\text{mL}$ as
297 compared to AmpB NLC and Amphotret[®] (PO), observing C_{max} of 0.34 ± 0.03 and 0.31 ± 0.04 $\mu\text{g}/\text{mL}$,
298 respectively. Besides, ChiAmpB NLC formulation also observed a significantly higher $AUC_{0-\infty}$ ($p < 0.05$)
299 as compared to Amphotret[®] (PO). The $AUC_{0-\infty}$ of AmpB NLC was significantly higher than Amphotret[®]
300 (PO) ($p < 0.05$) but was not significantly different from ChiAmpB NLC even though the latter
301 observed a higher $AUC_{0-\infty}$. This is in accordance with other studies (4,12) and suggests that the AmpB
302 was better absorbed from ChiAmpB NLC than from uncoated AmpB NLC and Amphotret[®] (PO),
303 which this was also evident in the relative bioavailability (F_r) of ChiAmpB NLC, which was twice
304 higher than Amphotret[®] (PO).

305 The higher bioavailability observed by both AmpB NLC and ChiAmpB NLC compared to the
306 other orally administered AmpB can be explained by the fact that beeswax and coconut oil
307 promoted the lymphatic transport of the NLCs via uptake by the M-cells overlying the lymphoid
308 follicles and Peyer's patches (35,36). This is supported by studies which showed that the oral
309 absorption of the poorly soluble drugs was enhanced with co-administration with lipids whereby the
310 lymphatic pathway plays a crucial role (12,37). Studies by Yuan et al. (37) showed that up to 77.9 %
311 of lipid nanoparticles were absorbed through the lymphatic pathway while the remaining was
312 transported via the portal blood vein. With the lymphatic intestinal pathway, the first pass
313 metabolism in the liver was avoided and thus, bioavailability of the drug was improved.

314 The incorporation of chitosan coating on the surface of the NLCs is perceived to protect
315 AmpB from the harsh GI environment and thus promotes the uptake by the intestinal lymphatics.
316 Due to the positive charge rendition of chitosan in ChiAmpB NLCs, the NLCs promotes penetration
317 into the negatively charged mucosal layer and through this adhesion, the AmpB was slowly released
318 from the system (14). Thus, the increase in residence time and intimate contact of the chitosan-
319 coated NLC with the wall of the small intestine provided the requisite for improved AmpB
320 absorption. This is in agreement with findings that there was an enhancement in the uptake of
321 chitosan-coated nanospheres by the gut tissue (4,38). Furthermore, other drug compounds such as
322 insulin (39), ferrous sulphate (40) and doxorubicin (41) also showed improvement in the respective
323 absorptions through the incorporation of chitosan coating to lipid nanoparticles. Positively charged
324 nanoparticles improved the bioavailability of cyclosporine A in dogs (42) and progesterone in rats
325 (43).

326 As mucoadhesion was believed to be a prerequisite for the improved bioavailability of the
327 AmpB, further investigation on the amount of AmpB in stomach and the small intestine over the GI
328 transit course of the NLCs was conducted. After 6 hours, most of the AmpB from AmpB NLC was
329 found in the small intestine ($73.1 \pm 0.2 \mu\text{g/g}$) whereas the AmpB from ChiAmpB NLC was
330 predominantly found in the stomach ($15.4 \pm 0.1 \mu\text{g/g}$) (Figure 2).



331

332 Figure 2: Concentration of AmpB in stomach and small intestine over 6-24 hour-post administration
 333 (mean ± S.D., n = 3), *p < 0.05: statistical significance between 6 and 8-hour values.

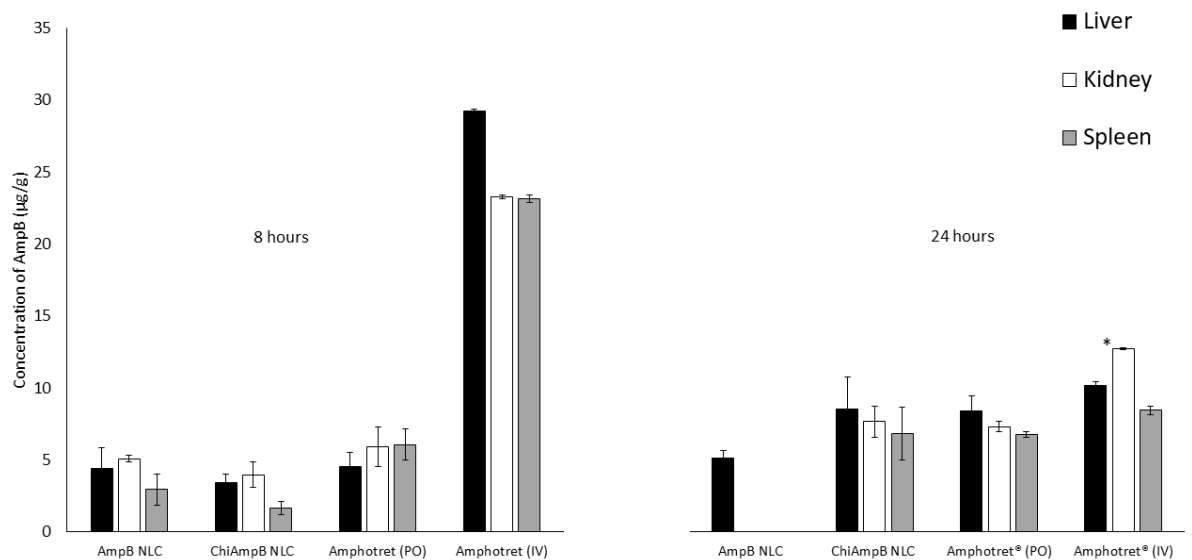
334

335 AmpB was undetectable in the stomach after 24 hours which suggests that all the formulations had
 336 emptied into the small intestine by this time. However, AmpB remained detectable in the small
 337 intestine of the rats treated with AmpB NLC and ChiAmpB NLC formulations 24-hour post
 338 administration which suggest that the GI transit for both formulations were more than 24 hours in
 339 contrast to the normal reported rats GI transit time of 12 - 16 hours (44,45). A significant drop ($p <$
 340 0.05) in the concentration of AmpB was observed in the intestinal tissue in rats treated with AmpB
 341 NLC, from 73.1 ± 0.2 to 10.2 ± 0.4 $\mu\text{g/g}$ between 6 to 8-hour post administration, respectively. A
 342 further drop in the concentration was observed from AmpB NLC between 8 to 24-hour post
 343 administration, reaching a final concentration of 6.6 ± 0.3 $\mu\text{g/g}$ (Figure 2). It is interesting to note
 344 that AmpB NLCs was detectable in the small intestine 24-hour post administration which can be
 345 explained by the small size dimensions of AmpB NLCs with a concomitant increase in surface area,
 346 which together, enhanced the interactive forces at play during mucoadhesion (11,13).

347 On the other hand, the ChiAmpB NLC observed only minimal changes to the concentration
 348 of AmpB in the small intestine, with differences of about 4.6 and 1.0 $\mu\text{g/g}$ between 6 - 8 hours and 8
 349 - 24 hours. Furthermore, ChiAmpB NLC observed a higher concentration of AmpB ($7.1 \pm 0.6 \mu\text{g/g}$)
 350 post 24-hour administration as compared to AmpB NLC, believed to be due to additional
 351 mucoadhesive power provided by the chitosan coating. The preceding accords well with the results
 352 from the pharmacokinetics studies (Table 3), in which ChiAmpB NLC recorded a longer MAT
 353 compared to AmpB NLC, attributable to prolong residence time of the particles at the absorption
 354 site.

355 One of the major limitations to the clinical applications of the AmpB is its nephrotoxicity.
 356 Figure 3 show that Amphotret[®] (IV) marked a five-fold higher accumulation of AmpB in the kidneys
 357 in contrast to ChiAmpB NLC at 8-hour post administration.

358



359

360 Figure 3: Tissue distribution of AmpB in rats administered with different formulations over
 361 time (mean \pm S.D., n = 3), * $p < 0.05$: statistical significance between Amphotret[®](IV) and
 362 ChiAmpB NLC as well as AmpB NLC formulations
 363

364 On the other hand, ChiAmpB NLC showed the lowest renal disposition at $4.0 \pm 0.9 \mu\text{g/g}$
365 followed by AmpB NLC and Amphotret® (PO), at 5.1 ± 0.2 and $5.9 \pm 1.4 \mu\text{g/g}$, respectively.
366 Amphotret® (IV) continued to show preferential disposition in the kidneys 24-hour post
367 administration, significantly ($p < 0.05$) higher than from ChiAmpB NLC and AmpB NLC formulations.
368 This is in accordance with reports which showed that Amphotret® (IV) was more nephrotoxic than
369 orally administered lipid-based formulations of AmpB (1,12).

370 We believe that the observed difference in the renal disposition of AmpB was due to the
371 aggregation states of AmpB whereby, Amphotret® exhibited the dimer configuration whilst AmpB in
372 the NLCs formulations exhibited the polyaggregate states (13). Studies by Espada et al. (46) revealed
373 that the dimer state of AmpB showed preferential disposition in the kidneys and observed mostly,
374 unilateral kidney atrophy in mice while the polyaggregate states of AmpB conserved both kidneys
375 with a normal size and appearance. Based on these results, it is likely ~~we can conclude~~ that the low
376 renal tissue levels of AmpB in rats treated with ChiAmpB NLC may demonstrate a lower
377 nephrotoxicity potential and thus, may establish a safer toxicity profile than current marketed
378 formulations (3).

379 The liver and spleen are part of the RES organs which are target organs for fungal infections
380 as well as intracellular parasites of *Leishmaniasis* genus (27). IV administration of Amphotret® to rats
381 registered the highest concentration of AmpB in both liver and spleen, followed by oral
382 administration of Amphotret®, AmpB NLC and ChiAmpB NLC 8-hour post administration (Figure 3).
383 The possible reason for this phenomenon has to do with the high blood perfusion to these organs
384 and/or the high uptake of the cells in the RES-type organs (47).

385 However, the clearance of AmpB from liver and spleen was faster in rats treated with
386 Amphotret® (IV), falling drastically to 10.2 ± 0.2 and $8.4 \pm 0.3 \mu\text{g/g}$ in liver and spleen, respectively
387 24-hour post administration. This indicates that the uptake of the Amphotret® (IV) by the RES cells
388 was not significant (47). On the other hand, a three-fold increase in AmpB accumulation in both liver

389 and spleen following administration of ChiAmpB NLC was observed at 24 hours. This is in contrast to
390 the uncoated AmpB NLC, which showed undetectable amount of AmpB in the spleen. The presence
391 of a high AmpB deposition in the liver and spleen in rats administered with ChiAmpB NLC serves the
392 possibility of utilizing the former in visceral *Leishmaniasis*.

393

394 **CONCLUSION**

395 In summary, ChiAmpB NLC demonstrated an improvement in the oral bioavailability of
396 AmpB compared to the uncoated AmpB NLC and Amphotret® (delivered orally or intravenously).
397 This improved bioavailability appears to be a culmination of factors including prolonged retention of
398 ChiAmpB NLC within the small intestine, absorption via intestinal lymphatic pathway, hence
399 avoidance of first hepatic clearance and a slow, sustained release of AmpB from ChiAmpB NLC.
400 Furthermore, the ChiAmpB NLC presents a lower risk for nephrotoxicity and higher accumulation in
401 the liver and spleen. Thus, not only have the limitations inherent with the current mode of AmpB
402 administration been addressed but also, a clinical targeted strategy is a possibility in the treatment
403 of visceral leishmaniasis.

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