

Article

Chitin Oligosaccharide N,N' -Diacetylchitobiose (GlcNAc_2) as Antimicrobial Coating against *Listeria monocytogenes* on Ready-to-Eat Shrimp

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Abstract: N,N' -diacetylchitobiose, also known as GlcNAc_2 , is a chitin oligosaccharide and is reported to possess antimicrobial activity against pathogenic bacteria. In this study, 1% (w/v) GlcNAc_2 solution was applied on ready-to-eat (RTE) shrimp and evaluated as an antimicrobial coating against *Listeria monocytogenes* during storage at 4 °C for 16 days. Texture properties, colour, TBARS values, moisture content and bacterial counts were monitored and analysed every four days. The results indicated that the GlcNAc_2 coating retarded the changes in texture properties, TBARS values and moisture content of the RTE shrimp during storage. The presence of GlcNAc_2 showed no significant changes in RTE shrimp colour in contrast to the control. However, the growth of *L. monocytogenes* inoculated on the GlcNAc_2 -coated RTE shrimp was slower than that of the control sample with the highest log reduction of 0.5 log CFU/mL being observed. This study showed that the GlcNAc_2 used as an antimicrobial coating was able to inhibit the growth of *L. monocytogenes*, while maintaining the quality of the RTE shrimp during refrigerated storage.

Keywords: chitin oligosaccharides; N,N' -diacetylchitobiose; antimicrobial; ready-to-eat shrimp; *Listeria monocytogenes*



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1. Introduction

Chitin is the second largest biomass resource after cellulose and the most abundant nitrogen-containing biopolymer on earth. It is a linear polysaccharide formed by repeating units of 2-acetamido-2-deoxy-D-glucopyranose (GlcNAc , or else N -acetylglucosamine) connected by β -(1 → 4)-glycosidic bonds and is a major component of fungal cell walls, crustacean shells and insect exoskeletons. As a natural polymer, chitin and its derivatives, chitin oligosaccharides (CTOSs) and N -acetylglucosamine, are biocompatible, biodegradable and non-toxic. They have also been reported to have anti-bacterial, anti-oxidant, and anti-tumor properties, and are thus widely used in medicine, cosmetics, agriculture and the food sector. Examples of chitin-based commercial products include ChitoFlex[®] PRO by Tricol Biomedical Inc for wound dressing and bleeding control, BST-Gel[®] by Piramal Healthcare Canada Inc for bone filling, cartilage repair and intervertebral disc restoration, as well as Reaxon[®] by Medovent for nerve regeneration [1,2].

Similarly to that of high-value carbon based chemicals, the preparation of high-value N -containing chemicals from biomass is of great significance for green and sustainable development [3]. Exploiting chitin, a type of nitrogen-containing biomass, as a resource by developing green and environmentally friendly technologies for deriving CTOSs and

GlcNAc will enable the sustainable production of various bio-based products and contribute towards a robust and economic biorefinery supply chain, i.e., one based on crustacean waste valorisation streams [4]. However, it is crucial to investigate the functionalities of such products and identify areas of high-end applications, especially when it comes to CTOSs.

According to previously reported studies, several natural oligosaccharides have shown antimicrobial properties similar to those of chemical preservatives, that are typically used by the food industry. Some of these have also been able to inhibit the growth of food pathogens via synergistic effects, thus becoming promising ingredients for a range of food products for quality assurance [5–7]. More specifically, CTOSs have been reported to improve defence against pathogenic infections since molecular recognition and plant defence mechanisms of CTOSs occur in plant species or fruit [8]. Moreover, CTOSs are able to inhibit the growth and multiplication of several filamentous (*P. tardum*, *P. chrizogenum*, *A. flavus*, *P. betae* and *C. herbarum*) and yeast-like fungi (*C. scotti* and *R. rubra*), most likely due to their interaction with the microbial cell wall [9].

In our previous study, we investigated the inhibitory activity of CTOSs that were obtained via enzymatic digestion, against various bacteria and reported that the minimum inhibitory concentrations for *E. coli* and *L. monocytogenes* were 5% and 10% (*w/v*), respectively [10]. *L. monocytogenes* is a food pathogen that may cause serious disease in humans and can grow and survive even in chilled environments. Therefore, it is important to understand the shelf life of ready-to-eat products and the efficiency of CTOSs in inhibiting its growth under storage conditions.

Ready-to-eat (RTE) shrimp (cooked) is a street food, is retailed either in chilled or frozen form, and more often than not is unpackaged in tropical countries [11,12]. Consumer demand for this product has steadily grown over the years [11]. RTE shrimp requires minimum thermal processing (normally heated for 2 to 5 min, to temperatures above 63 °C at the centre of the shrimp meat) prior to consumption, which generally inactivates vegetative cells of bacteria that are pathogenic to humans [13,14]. However, the chances of contamination by pathogenic bacteria, such as *Listeria monocytogenes*, cannot be ruled out, either due to insufficient thermal processing, due to post-processing contamination, caused by using the same area and utensils used for raw shrimp, or due to temperature abuse during storage [13,15]. In order to ensure safety, extend the shelf life and maintain the quality of RTE shrimp, it is essential to introduce a post-processing intervention to inhibit the growth of *L. monocytogenes* in the product.

Various methods have been proposed to control the post-process contamination of RTE products against *L. monocytogenes*. The growth of *L. monocytogenes* on RTE shrimp has been successfully inhibited by employing antimicrobial coatings such as spice and herb extracts, as well as by using films made from chitosan [11,16,17]. Pathogenic growth has also been inhibited by employing thermal and non-thermal treatments or storing the product within modified-atmosphere packaging at an appropriate temperature [18–21]. Several previous studies reported a significant growth of *L. monocytogenes* inoculated on RTE shrimp and shrimp in brine stored at temperatures between 4–12 °C, concluding that the possibility of *Listeria* growth in such products cannot be avoided [22,23]. However, pathogenic growth was significantly inhibited by introducing an antimicrobial coating, such as a solution of chitosan coating in a concentration of 1–2% (*w/v*), which reduced bacterial counts by approximately 2 log CFU/g compared to those of non-coated samples [18,19]. Chitosan incorporated with spice and herb extracts as well as organic acids was reported to be more effective at inhibiting the growth of *L. monocytogenes* and aerobic mesophilic bacteria (in terms of total viable count) than was the chitosan coating alone [18,19,24].

Chitin, chitosan and their oligosaccharides are known to possess excellent biological properties, especially antimicrobial activity [25,26]. The use of chitosan as an edible coating on ready-to-eat food for inhibiting *L. monocytogenes* seems to be receiving more attention recently, compared to chitin [18,19,27]. This is due to the significantly higher solubility of chitosan in organic acids, compared to that of crystalline chitin as the poor solubility

of chitin in any solvent limits its potential application as an antimicrobial agent [28]. More recently, water-soluble CTOSs (GlcNAc_{1–10}), composed of one to ten *N*-acetyl-D-glucosamine covalent β -(1 → 4) linkages, obtained either via acidic or enzymatic hydrolysis have been pursued as simpler alternatives to the use of chitosan [25,29–33].

In this study, the aim was to determine the effectiveness of the water-soluble CTOS *N,N'*-diacetylchitobiose (GlcNAc₂), as an antimicrobial coating on RTE shrimp. In addition to monitoring the inhibition of *L. monocytogenes* by GlcNAc₂, this paper also reports the changes in physicochemical properties occurring during storage at 4 °C for 16 days.

2. Materials and Methods

GlcNAc₂ was prepared as described by Abidin et al. [10]. In brief, 1.0% (*w/v*) of chitin in a 0.05 M sodium acetate buffer at pH 6.0 was enzymatically hydrolysed with 0.1% (*w/v*) chitinase from *Streptomyces griseus* (Sigma Aldrich, Gillingham, UK). The reaction mixture was incubated in a shaker water bath at 40 °C. Gram-positive bacterium *L. monocytogenes* 10403S was cultivated in-house (Department of Food and Nutritional Sciences, University of Reading, Reading, UK).

The acetic acid ($\geq 99.7\%$ ACS reagent, CAS: 64-19-7), hydrochloric acid (37% ACS reagent, CAS: 7647-01-0), thiobarbituric acid ($\geq 98\%$, CAS: 504-17-6) and trichloroacetic acid ($\geq 99\%$ ACS reagent, CAS: 76-03-9) used in this study were of analytical grade and commercially available.

2.1. Ready-to-Eat (RTE) Shrimp Preparation

Frozen headless and shell-less shrimps (*Litopenaeus Vannamei*) were purchased from a local retailer (Diamond Foods, Wembley, UK). The shrimps were transported to the Pilot Plant (University of Reading, Reading, UK) immediately after they were purchased and stored at −18 °C. A day prior to the experiments, the shrimps were thawed overnight at 4 °C and cooked in boiling water for 2 min with a thermocouple inserted into the meat ensuring that the meat temperature exceeded 63 °C, as recommended by U.S FDA for seafood [17]. In fact, the actual cooking temperature of the shrimp meat was 92 °C at the end of the cooking process. After cooking, it was drained and cooled to dry [17]. The samples were packed temporarily in the sterile bags prior to inoculation and coating with GlcNAc₂ on the same day the shrimps were cooked.

2.2. Inoculum and Inoculation

L. monocytogenes 10403S was grown on Brain Heart Infusion (BHI) agar (Sigma Aldrich, Gillingham, UK) at 37 °C for 24 h. The agar plates were then stored at 4 °C. For the bacterial suspension preparation, 2–3 colonies were picked up from the agar plate using a sterile plastic loop and transferred into sterile Tryptic Soy broth (TSB) under aseptic conditions. The suspension was incubated at 37 °C for 16–18 h with continuous agitation [10]. The suspension was then centrifuged at 7000 rpm for 15 min to separate the supernatant and cell pellet. The supernatant was discarded and the cell pellet was washed and resuspended in sterile 0.85% saline twice [11]. The optical density (OD) of the resuspension was then adjusted to 0.5 McFarland using a UV-Vis spectrophotometer (Orion AquaMate 8000, Thermo Scientific, UK) at 620 nm, which corresponds to approximately 1.5×10^8 CFU/mL. Then, the resuspension was diluted with sterile 0.85% saline to give a final colony count of 1.5×10^5 CFU/mL and used as inoculum.

The RTE shrimp samples were inoculated by immersing them into the 1.5×10^5 CFU/mL *L. monocytogenes* inoculum at 20 °C for 5 min, with continuous agitation for bacterial attachment. After immersion, the samples were aseptically removed and allowed to drain on a sterile basket at 20 °C for 15 min [11].

2.3. Coating with GlcNAc₂

A coating solution of 1% (*w/v*) GlcNAc₂ was prepared by dissolving the compound in sterile deionised water. In this study, a 1% (*w/v*) GlcNAc₂ concentration was chosen, even

though the MIC value of GlcNAc₂ against *L. monocytogenes* 10403S has been previously reported to be 10% (*w/v*) [10]. The inoculated and non-inoculated (control) RTE shrimp samples were dipped in the treatment solution for 5 min. The coated samples were drained with the sterile basket, aseptically transferred into sterile Whirl-Pack[®] sample bags (Nasco, Fort Atkinson, WI, USA), sealed and stored at 4 °C for 16 days. The control for this experiment included sets of inoculated and non-inoculated RTE shrimps that were dipped in separate sterile deionised water for the same dipping time as that used in the case of GlcNAc₂. The coating solutions were separate for the inoculated and non-inoculated RTE shrimp samples in order to avoid contamination with the bacteria strain.

The non-inoculated samples were analysed for texture, colour, lipid oxidation and moisture content, whereas the microbial analysis was conducted for the inoculated samples after 0, 4, 8, 12 and 16 days of storage at 4 °C.

2.4. Physicochemical Analysis

2.4.1. Texture Profile Analysis (TPA)

The texture (hardness, cohesiveness, springiness and chewiness) of RTE shrimp samples was determined via texture profile analysis (TPA) with Texture Analyser CT3 Version 1.2 (Brookfield Engineering Laboratories, Middleboro, MA, USA) [21,34]. TPA was measured using a compression test with the texture analyser fitted with a cylindrical probe (6 mm in diameter) and 25 kg load cell moving at a 1 mm/s test speed until the deformation was 70% of the original height [34]. Two measurements were taken at the second to third segment of the shrimp abdomen for each sample [34]. The texture of three shrimp samples were recorded, and these measurements were replicated thrice for each treatment.

2.4.2. Colour

The colour of the RTE shrimp was determined using a colour spectrophotometer (Minolta CR-400 chroma metre, Konica Minolta Sensing, Inc., Tokyo, Japan). *L*^{*} represented the brightness on a scale from 0 (dark) to 100 (white), whereas *a*^{*} and *b*^{*} were negative to positive scale ranges between greenness to redness and blueness to yellowness, respectively [21]. The measurements of surface colour were taken on both sides of the shrimp abdomen at the second and third segment and three shrimp samples were measured for each treatment. The colourimeter was calibrated with white tile, prior to measurement.

2.4.3. Moisture Content

The moisture content was determined according to the protocols recommended by AOAC (1990) by drying each sample in the oven at 105 °C until the sample weight became constant. The final moisture content was expressed on a wet weight basis.

2.4.4. Lipid Peroxidation

The thiobarbituric acid-reacting substances (TBARS) in the RTE shrimp samples were determined as described by the previous study with some modifications [21]. The shrimp meat (1 g) was mixed with 9 mL of 0.25 N HCl containing 0.375% thiobarbituric acid (TBA) and 15% trichloroacetic acid (TCA). The mixture was heated in a boiling water bath for 10 min, giving a pink colour to the mixture, followed by cooling with running water. The mixture was centrifuged (Centaur 2, MSE, East Grinstead, UK) at 4000 rpm for 10 min and the supernatant was collected for the measurement of absorbance at 532 nm using a UV-Vis spectrophotometer (Cecil CE 7400, Cambridge, UK). The TBARS content was calculated from the standard curve of malonaldehyde (0 to 2 ppm) and expressed as mg malonaldehyde/kg shrimp meat.

2.5. Microbial Analysis

Microbial analysis was performed using the method described in the previous study with some modifications [11]. The shrimp meat (10 g) was blended with 100 mL of 0.85% sterile saline solution in a Stomacher[®] strainer bag (Seward, Worthing, UK) and

homogenised at normal speed for 2 min. Serial decimal dilutions of a bacterial suspension were prepared with 0.85% sterile saline solution and 0.1 mL of each dilution was spread onto PALCAM Listeria Selective Agar Plate (Sigma Aldrich, Gillingham, UK) with PALCAM Listeria Selective Supplement (Sigma Aldrich, Gillingham, UK). The plate was incubated at 37 °C for 48 h, prior to enumeration. The results were expressed in log CFU/g sample. Aerobic plate counts of the non-inoculated shrimp were analysed additionally to evaluate the effects of GlcNAc₂ on natural background microflora. Aerobic bacteria were enumerated by plating 0.1 mL on plate count agar (Sigma Aldrich, Gillingham, UK), which was incubated at 37 °C for 48 h.

2.6. Statistical Analysis

Minitab[®] 18 (State College, PA, USA) statistical software was used for the analysis of the difference between means using Tukey's multiple range test. The results were determined via one-way analysis of variance (ANOVA) at a significance level of 0.05 ($p < 0.05$). Three replicates were conducted for each physicochemical analysis, whereas the microbial analysis was run in duplicate for each treatment.

3. Results

3.1. Effect of GlcNAc₂ Coating on the Physicochemical Properties of RTE Shrimp

Texture profile analysis (TPA) is an instrumental double compression test to measure the textural properties of food [35]. Texture properties are the main quality attributes that assess the acceptability of RTE shrimp. TPA was carried out to determine hardness, cohesiveness, springiness and chewiness indicating firmness, elasticity, stickiness and tenderness of the RTE shrimp meats, respectively [21]. Based on the TPA shown in Figure 1, the hardness and chewiness of the control sample increased significantly ($p < 0.05$) with storage time (16 days), whereas no significant changes occurred in the case of the GlcNAc₂-coated sample. In addition, the cohesiveness and springiness in all samples were maintained throughout the storage period lasting 16 days. The results obtained here are comparable with those of an earlier publication, which reported that RTE shrimp meat, thermally processed at 85 °C for 30 min, became firmer and tender over 10 days of storage [21]. The shrimp meat exposed to heat treatment above 70 °C underwent hardening caused by protein denaturation and the shrinkage of collagen [36,37]. The thermal shrinkage experienced in the early storage period, i.e., in the first 10 days, resulted in the tightening and stiffening of the meat structure [21].

Based on the results obtained, it was clarified that the cooking process employed enhanced the firmness and chewiness of the shrimp meat. In contrast, the presence of the GlcNAc₂ coating prevented structure deformation. This finding is agreement with that of the previous studies that the chitosan coating was reported to effectively retard the changes in texture parameters in shrimp during storage [38,39]. The bonds between chitosan and myofibrillar proteins could be associated with the improvement of texture in shrimp muscle, with the final structure being formed by both covalent and noncovalent interactions [38]. It is noteworthy that the texture of RTE shrimp maintained its firmness without notable deterioration, regardless of treatment, throughout the storage period.

Colour is one of the main quality attributes of RTE products which critically influences consumer perception and purchasing decision. Brightness (L*), redness (a*) and yellowness (b*) were recorded for the GlcNAc₂-coated and control samples (Table 1) showing significant changes occurring over 16 days of storage ($p < 0.05$). The values of L* of the control and GlcNAc₂-coated samples increased ($p < 0.05$) from 47 to 60 and 46 to 57, respectively. The yellowness of the sample increased as the brightness increased. The value of b* of the control and GlcNAc₂-coated samples increased significantly ($p < 0.05$) from −2 to 5.8 and −0.3 to 7.0, respectively. In contrast, the redness of the samples significantly decreased ($p < 0.05$) with storage. However, the GlcNAc₂-coated sample did not show any significant change compared to the control sample.

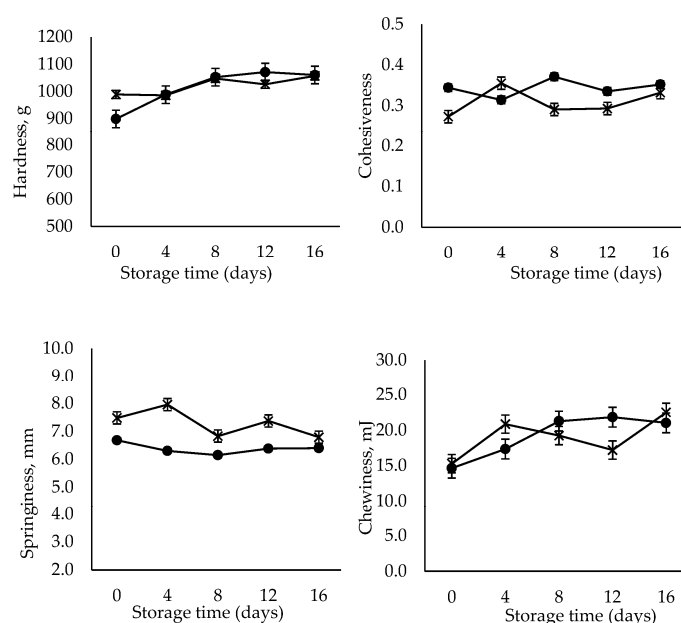


Figure 1. Changes in the TPA of control (●) and GlcNAc₂-coated (×) RTE shrimp occurring during 16-day storage at 4 °C.

Table 1. Changes in surface colour of control and GlcNAc₂-coated samples during 16-day storage at 4 °C.

Treatments	Day 0	Day 4	Day 8	Day 12	Day 16
			Brightness, L*		
Control	47.38 ± 6.46 b **	46.81 ± 5.15 b	48.66 ± 5.11 b	47.78 ± 5.37 b	60.18 ± 8.38 a
GlcNAc ₂ -coated	46.21 ± 3.24 c	52.57 ± 1.64 b	55.12 ± 3.51 ab	57.01 ± 3.75 a	57.11 ± 3.12 a
			Redness, a*		
Control	3.63 ± 1.16 a	3.01 ± 1.82 a	2.87 ± 1.78 a	2.93 ± 1.95 a	−1.79 ± 1.72 b
GlcNAc ₂ -coated	2.85 ± 1.35 a	−1.88 ± 0.66 c	0.72 ± 0.86 b	−2.34 ± 0.78 c	−2.55 ± 0.83 c
			Yellowness, b*		
Control	−2.02 ± 3.00 b	−1.81 ± 3.04 b	−1.98 ± 3.31 b	−3.16 ± 4.16 b	5.83 ± 4.46 a
GlcNAc ₂ -coated	−0.25 ± 1.25 d	4.47 ± 2.02 b	1.90 ± 2.15 c	6.66 ± 2.32 a	7.05 ± 2.00 a

** Different letters in each row indicate significant differences ($p < 0.05$) during storage.

An increase in the L* and b* of cooked shrimp has been previously discussed, with the increase in protein denaturation being induced during sample heating [21]. The brightness of the cooked shrimp increases due to protein coagulation, thereby changing the shrimp surface properties, increasing light reflection and creating a whitened colour of the meat [21]. As protein denaturation occurs, astaxanthin is released from carotenoproteins changing the colour from orange to red after heating [40]. However, the degradation of astaxanthin continued when the redness values of RTE shrimp decreased throughout the storage period.

The TBARS test uses the concentration of malonaldehyde as a marker of oxidative rancidity and is widely used for measuring lipid oxidation in meat, which can lead to the production of off-flavours and odours [41,42]. The TBARS values shown in Figure 2 indicate that the lipid oxidation of the RTE shrimp occurred during storage. The TBARS value of GlcNAc₂-coated RTE shrimp was higher than that of the control, whereas the TBARS value of the control sample increased sharply from 0.4 to 0.7 mg malonaldehyde/kg shrimp after 4 days of storage, decreased significantly to 0.6 mg malonaldehyde/kg shrimp at day 8 and maintained this value until day 16. In general, the development of lipid oxidation in the RTE shrimp meat is influenced by several factors such as packaging, storage and other processing conditions [43]. Thermal cooking is known to accelerate lipid peroxidation [43]. The presence of oxygen during storage is also likely to accelerate

oxidative deterioration [19]. In addition, chitosan is also reported to be a good barrier to oxygen permeation when it is applied on the surface of pink salmon [44]. From the findings here, it is clear that the GlcNAc₂ coating was also able to maintain lipid oxidation in RTE shrimp meat, i.e., no significant changes in the TBARS values were observed during storage, probably due to a similar mechanism. According to the previous study, the TBARS value for a high-quality food product must be less than 3 mg malonaldehyde/kg [45]. Based on this criterion, all the RTE shrimp samples studied here, regardless of the presence of GlcNAc₂, could be considered “high-quality product” as the TBARS values of the samples were less than 3 mg malonaldehyde/kg even after 16 days of storage.

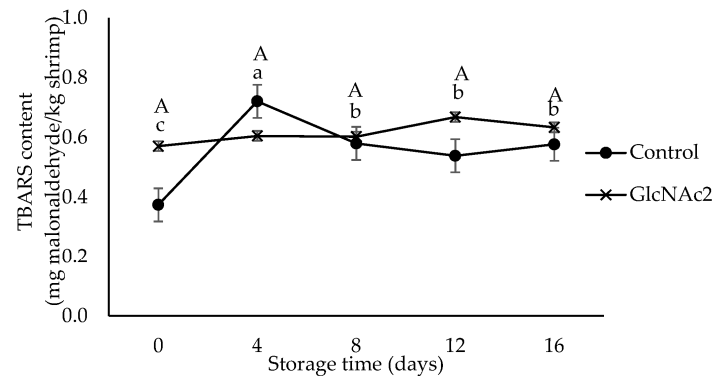


Figure 2. TBARS values for control and GlcNAc₂-coated RTE shrimp during 16-day storage at 4 °C. Small and capital letters indicate significant differences ($p < 0.05$) between control and GlcNAc₂-coated samples during storage, respectively.

Moisture has been reported to be the most important property of RTE shrimp affecting quality, stability and safety during storage [21]. The moisture content of the control sample shown in Figure 3 increased sharply ($p < 0.05$) from 78% at the start of storage to 86% on day 4 due to the moisture absorption capability of the sample. The moisture contents of the control sample then remained constant at approximately 86%, until end of the storage period. Employing GlcNAc₂, on the other hand, retained the moisture and the moisture content remained constant at 84% throughout the storage period. The stability of the moisture content of the RTE shrimp may have been due to the GlcNAc₂ layer acting as a protective barrier against moisture escape. Previously, the chitosan coating also was reported to act as a protective barrier against moisture loss [41].

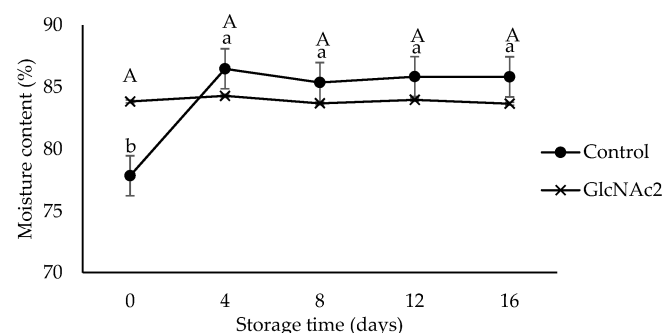


Figure 3. Moisture content changes in control and GlcNAc₂-coated RTE shrimp during 16-day storage at 4 °C. Small and capital letters indicate significant differences ($p < 0.05$) between control and GlcNAc₂-coated samples during storage, respectively.

3.2. Effect of GlcNAc₂ Coating on the RTE Shrimp Inoculated by *L. monocytogenes*

In this study, aerobic bacteria did not grow on the samples during storage (data not shown). *L. monocytogenes* counts on the inoculated shrimp were initially 2 log CFU/mL. The growth showed no significant differences between samples until day 8 of storage.

However, a significantly lower growth ($p < 0.05$) of *L. monocytogenes* in GlcNAc₂-coated samples was detected on day 12, with the highest log reduction of 0.5 log CFU/mL being observed, as shown in Figure 4. On day 16, the growth on the GlcNAc₂-coated sample approached similar colony counts to those of the control.

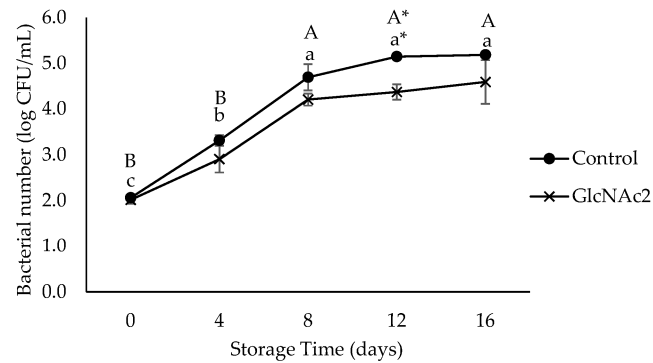


Figure 4. Growth of *L. monocytogenes* in control and GlcNAc₂-coated RTE shrimp during 16-day of storage at 4 °C. Small and capital letters indicate significant differences ($p < 0.05$) between control and GlcNAc₂-coated samples during storage, respectively. Asterisk (*) indicates significant differences ($p < 0.05$) between samples over storage time.

The application of chitin and its oligosaccharides as a antimicrobial coating for RTE foods is not widespread due to their low solubility and availability, respectively. Therefore, chitosan, a chitin derivative, is used against *L. monocytogenes*. Based on earlier research, either acid-soluble or water-soluble chitosan oligosaccharides have been used successfully against the growth of listeria in inoculated samples of raw and RTE shrimp [16,17,43]. According to the previous study, the increase in concentration of water-soluble chitosan from 0.5 to 5% significantly ($p < 0.05$) increased the antimicrobial activity by lowering counts by 7.43 log CFU/g [43]. In another related study, the count of *L. innocua* inoculated on RTE shrimp was reduced by 2.29 log CFU/g after treatment with 2% chitosan in combination with 2% organic acid [16]. In a similar work, it was reported that 1% chitosan incorporation in 2% organic acid was the most effective treatment against *L. monocytogenes* inoculated on RTE shrimp, which caused a 5.38-log CFU/g bacterial reduction [17]. It is most likely that the mechanism of action of GlcNAc₂ is not very different from that of chitosan and that a precipitate on the microbial cell surface forms an impervious layer around the cell thereby blocking the channels to transport essential solutes crucial for cell survival [44]. The impervious layer can also destabilise the cell wall beyond repair [44].

4. Conclusions

The results demonstrated that a 1% (w/v) GlcNAc₂ coating retarded the changes in texture properties, TBARS values and moisture content of RTE shrimp during 16-day storage at 4 °C. The GlcNAc₂ coating showed inhibition against *L. monocytogenes* only up to day 12 of storage, with a net log reduction of 0.5 log CFU/mL. Furthermore, the absence or presence of GlcNAc₂ did not influence colour changes in shrimp meat. This result shows that GlcNAc₂ can be applied as an antimicrobial coating in RTE products and might support the growth of *L. monocytogenes*. Moreover, compared to our previous study where we reported a MIC of 10% (w/v) for *L. monocytogenes* following broth microdilution anti-bacterial susceptibility testing, it is shown that in chilled conditions a low concentration of 1% (w/v) of a GlcNAc₂ coating is enough to inhibit its growth. CTOSs are expected to play a key role in the food industry in the very near future as sustainably produced natural antimicrobial ingredients.

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