

1 **The effects of oral drenching with Co or vitamin B<sub>12</sub>, drenching frequency and**  
2 **Co via rumen bolus on plasma vitamin B<sub>12</sub> concentration in weaned lambs**

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13

14 **Abstract**

15 Weaned lambs (n=88) were stratified by sex and **body weight (BW)** and allocated at  
16 random to 1 of 10 treatments for 12 weeks (consecutive 6-week periods), to evaluate  
17 the effects of supplementation with Co or vitamin B<sub>12</sub> (**B12**) on the concentrations of  
18 B12 in blood plasma. The treatments were: no supplementation (Control); rumen  
19 bolus containing Co only (Bolus); and oral administration of a liquid solution (Drench)  
20 containing Co or B12 at intervals of 1, 2, 3 or 6 weeks. One bolus (expected Co  
21 release [by leaching] of 0.8 mg/day for 4 months) was administered to the bolus  
22 group at the initiation of the study (day 0). The lambs on the drench treatments

23 received totals of 63 mg Co (as  $\text{CoSO}_4 \cdot 7\text{H}_2\text{O}$ ) or 34.5 mg B12 over each 6-week  
24 period; drench concentrations were 2.1 mg/ml and 2.3 mg/ml for Co and B12,  
25 respectively. The lambs were managed in a rotational-grazing system on  
26 predominately perennial ryegrass swards. Blood samples were collected weekly  
27 (immediately prior to treatment administration), starting on day 0, and plasma was  
28 analysed for B12 and Co. Lambs on the Co-drench treatments had higher B12  
29 concentrations ( $P < 0.001$ ) than the Control in both 6-week periods but the difference  
30 exhibited a quadratic decline in both periods as the drenching interval increased ( $P <$   
31  $0.001$ ). Drenching with B12 increased plasma B12 concentration in both periods but  
32 the difference only reached significance ( $P < 0.05$ ) in the second period and the  
33 effect of drenching frequency was not significant in either period. Lambs on the Co-  
34 drench had higher ( $P < 0.01$ ) plasma B12 concentrations than lambs on the B12-  
35 drench treatments, and the control. Bolus lambs had a higher plasma B12  
36 concentration ( $P < 0.01$ ) than lambs drenched with Co at 2-, 3- or 6-week intervals in  
37 the first 6-week period but did not differ ( $P > 0.05$ ) from these treatments in the  
38 second period. Lambs on the Bolus treatment had a higher plasma B12  
39 concentration than Control lambs over the first ( $P < 0.001$ ) and second ( $P < 0.05$ )  
40 periods. It is concluded that drenching with Co is more effective than drenching with  
41 B12, in terms of the effect on plasma B12 concentration. Drenching with Co at  
42 intervals of 1 or 2 weeks was more effective than drenching at intervals of 3 or 6  
43 weeks. While the bolus treatment was effective in increasing plasma B12  
44 concentration compared to Control over weeks 1 to 12, the difference between these  
45 treatments declined significantly over time.

46 *Keywords:* Trace minerals, supplementation, method of supplementation, blood,  
47 pasture

## 49 **Introduction**

50 Cobalt is an essential mineral in sheep production (Suttle, 2005) as it is required for  
51 the synthesis of vitamin B<sub>12</sub> (**B12**) by rumen microorganisms (NRC, 2007). Vitamin  
52 B12 is involved in propionate metabolism and methionine synthase activity (Kennedy  
53 *et al.*, 1992 and Underwood and Suttle, 2001). Subclinical B12 deficiency in sheep  
54 results in ill thrift and loss of appetite, which lead to low **body weight (BW)** gain and  
55 eventual BW loss (Robertson, 1971). The concentration of Co in the herbage on  
56 many Irish sheep farms is insufficient to meet the dietary requirements of growing  
57 lambs (0.2 mg/kg DM; NRC, 2007) thus supplementation is required on many farms  
58 (Hession, 2022). Drenching (oral dosing with a liquid) is the most commonly used  
59 method in Ireland for mineral supplementation of lambs post weaning (Hession *et al.*,  
60 2022). Previous studies on the effect of frequency of Co drenching of sheep involved  
61 animals that were offered Co-deficient diets and exhibited visible signs of clinical  
62 deficiency; the drenching was only repeated twice over a ~6 week period (Russel *et*  
63 *al.*, 1975 and MacPherson, 1989) or data were not presented on the effect of  
64 supplementation on blood B12 concentration (Lee and Marston, 1969). There is a  
65 paucity of data on the effects of repeated drenching with Co on plasma B12  
66 concentration in weaned lambs grazing pasture in temperate climatic regions.  
67 Drenches (liquid solution administered orally) containing Co and B12 are commonly  
68 used in Ireland (Hession *et al.*, 2022), the UK and other sheep producing countries  
69 as supplements for both ewes and lambs. While Marston (1970) reported poor  
70 absorption of orally administered B12, Williams *et al.* (2017) reported that a single  
71 drench of Co plus B12 (11.5 mg) increased plasma B12 concentration for a period of  
72 7 days, whereas a drench of 3.5, 11.5 or 60 mg Co had no significant effect on

73 plasma B12 concentration but increased plasma Co concentration. The objectives of  
74 the current study were to evaluate the effects of: (i) drenching with Co or B12, (ii)  
75 the frequency of drenching (intervals of 1, 2, 3 or 6 weeks), and (iii) method of Co  
76 administration (pulse delivery given by drench compared with long-term sustained  
77 release via a rumen bolus) on blood Co and B12 status of weaned lambs.

78

## 79 **Material and methods**

80 All animal procedures used in this study were conducted under approval from the  
81 Teagasc Animal Ethics Committee on experimental animal use and experimental  
82 license from the Health Products Regulatory Authority (HPRA) in accordance with  
83 the European Union protection of animals used for scientific purposes regulations  
84 2012 (S.I. No. 543 of 2012).

85

### 86 *Animals and management*

87 Spring-born (March), Charollais-cross weaned lambs (from primiparous Belclare  
88 dams; 40 uncastrated males and 48 females; mean initial BW 39.5 [s.d. 5.46] kg)  
89 were stratified by sex and BW and allocated to 1 of 10 groups. The 10 groups were  
90 then allocated at random to 1 of 10 treatments in a 2 x 4 factorial (Co or B12 drench  
91 at intervals of 1, 2, 3 or 6 weeks) + 2 (Co bolus and Control) design on 29 August.  
92 The treatments were as follows: no supplementation (Control) (12 lambs); ruminal  
93 bolus containing Co only (Bolus) (12 lambs); a Co-only supplement administered by  
94 drench at intervals of 1 (Co1), 2 (Co2), 3 (Co3) or 6 (Co6) weeks (8 lambs per  
95 treatment); a B12 supplement administered by drench at intervals of 1 (B1), 2 (B2), 3

96 (B3) or 6 (B6) weeks (8 lambs per treatment). The bolus was of the leaching type  
97 and contained Co as  $\text{CoSO}_4 \cdot 7\text{H}_2\text{O}$  (Tracesure Lamb Co., Animax Ltd, Suffolk, UK); it  
98 had an expected daily release rate of 0.8 mg Co and an expected efficacy of 4  
99 months. The concentration of Co in the Co-drench was 2.1 mg/ml, as  $\text{CoSO}_4 \cdot 7\text{H}_2\text{O}$   
100 ('Cobalt Super', Chanelle Pharmaceuticals Manufacturing Ltd., Loughrea, Co.  
101 Galway, Ireland). The concentration of B12 in the B12-drench was 2.3 mg/ml, as  
102 cyanocobalamin (Nettex, Kent, UK). Lambs supplemented at intervals of 1, 2, 3 and  
103 6 weeks received 5, 10, 15 and 30 ml of Co drench at each drenching, respectively,  
104 while those on B12 drench received 2.5, 5, 7.5 and 15 ml of B12 drench at each  
105 drenching, respectively. Thus, over each 6-week period the drenched animals  
106 received the same total amount of either Co (63 mg) or B12 (34.5 mg). All lambs  
107 were treated with anthelmintic (ivermectin; Oramec, Merial Animal Health, Harlow,  
108 Essex, UK) according to manufacturer's recommendations at the commencement of  
109 the study and at 28-day intervals thereafter for the control of gastrointestinal  
110 parasites.

111

112 The lambs were managed as a single flock in a rotational-grazing system, on a  
113 sward of predominantly perennial ryegrass, until October 4 when they were divided  
114 by sex and grazed separately but within the same paddock (split using a temporary  
115 electric fence). No protein or energy supplementation was offered at any time. All  
116 lambs received 2.5 ml of a drench containing 10 mg/ml Co, 200  $\mu\text{g}/\text{ml}$  B12 and 0.25  
117 mg/ml Se (Chanelle Cobalt B12; Chanelle Pharmaceuticals Manufacturing Ltd.,  
118 Loughrea, Co. Galway, Ireland) 26 days prior to the initiation of the study. The lambs  
119 grazed to the sward height targets of Keady (2010), with the objective of offering

120 unrestricted access to high quality herbage throughout the study. Lambs were  
121 slaughtered on 19 December (28 days after the final drench date).

122

### 123 *Measurements*

124 Sward height was recorded, at 50 random locations across the paddocks,  
125 immediately prior to grazing and immediately post grazing, using a rising plate meter  
126 (Jenquip; Fielding, New Zealand). Pre-grazing samples of herbage were collected  
127 throughout the study by taking 20 randomly selected cuts (0.2 m long) to 6 cm above  
128 ground level, in a 'W' pattern, within each paddock using a handheld clipper (Bahco,  
129 SNA, Europe). Disposable gloves were worn to avoid contamination. Samples were  
130 stored at -20 °C until processing at which point they were allowed to thaw overnight  
131 and then mixed thoroughly prior to selecting a representative sub-sample. The sub-  
132 sample was then dried at 40 °C for 48 h in a fan oven (FED 720; Binder GmbH,  
133 Tuttlingen, Germany), with moisture extraction facilities, for the determination of DM,  
134 and then used for the determination of Co concentration as described by Hession et  
135 al., (2021).

136

137 Initial BW was recorded on 28 August (the day prior to initiation of the study) and  
138 final BW on 18 December. Lambs were slaughtered at an abattoir (European Union  
139 approved) that had routine veterinary inspection provided by the Department of  
140 Agriculture, Food and the Marine (Dublin, Ireland). Carcass weight was recorded for  
141 each lamb and a sample of liver tissue (~100 g) was obtained by excising a narrow  
142 slice perpendicular to the liver surface. These samples were frozen and stored at -20  
143 °C until analysed for mineral concentrations as described by Kendall *et al.*, (2015).  
144 Lambs were blood sampled weekly, by jugular venepuncture, prior to the

145 administration of oral treatments; samples were collected via 18G x 1 vacuum tube  
146 needles (Becton Dickinson and Company, Plymouth, UK) into a 10 ml vacuum tube  
147 containing heparin (Becton Dickinson and Company, Plymouth, UK). Tubes were  
148 inverted immediately (6 times) before being transported to the laboratory and  
149 centrifuged (Sigma 4K15, Harz, Germany) at 2000 g for 15 min. All plasma was  
150 removed by pasteur pipette into a 50 mm x 16 mm tube (Sarstedt, Leicester, UK)  
151 from which an aliquot (500 µl) was transferred into a 75 mm x 12 mm polypropylene  
152 tube (Sarstedt, Leicester, UK) for subsequent B12 analysis. All tubes were capped  
153 and stored at -20 °C until analysis. The plasma in the 50 mm x 16 mm tubes was  
154 thawed and mixed by rotational agitation (Roller mixer SRT9, Stuart, Staffordshire,  
155 UK) before 0.5 ml was pipetted into a 105 mm x 16.5 mm polypropylene tube  
156 (Sarstedt, Leicester, UK) prior to analysis for mineral concentrations by inductively  
157 coupled plasma mass spectrometry as described by Thomas et al. (2016). The  
158 concentration of B12 was determined using a solid-phase, competitive  
159 chemiluminescent enzyme immunoassay (CLIA) performed at Axiom Veterinary  
160 Laboratories (Devon, UK) (samples from weeks 1, 2, 3, 5, 6, 7, 9, 10 and 11) or  
161 CTDS Veterinary Laboratory (Leeds, UK) (samples from weeks 0, 4, 8 and 12) on a  
162 Siemens Immulite 2000XPI (used in both laboratories) according to manufacturer's  
163 recommendations. Based on their plasma B12 concentration, lambs were classified  
164 as being of low (< 188 pmol/L), marginal (188 to 400 pmol/L) or adequate (> 400  
165 pmol/L) B12 status each week (Kendall et al., 2001).

166

### 167 *Statistical analysis*

168 Data were analysed using mixed model procedures (Proc MIXED, SAS 9.4). For  
169 plasma variables the fixed effects were treatment-by-week and sex, with random

170 terms for dam and lamb. The model for lamb growth and carcass data had fixed  
171 effects for treatment, sex and rearing type with dam as a random term. The variation  
172 among treatments was partitioned into 1 degree of freedom components, using  
173 contrast statements, to evaluate the linear, quadratic and cubic effects of drench  
174 frequency for each drench type (Co or B12) and corresponding interactions, the  
175 difference between Co drench and B12 drench, the difference between Bolus and  
176 Control, and differences among specified subsets of the treatments, including  
177 differences from the Control. Dunnett's test was used to evaluate the t-tests that  
178 involved comparisons with Control. In the case of plasma Co, a log transformation  
179 was required because of heterogeneity of variance across treatment-by-sample time  
180 subsets.

181

## 182 **Results**

183 The mean Co concentration in the herbage was 0.15 (s.e. 0.024) mg/kg DM  
184 (concentrations were 0.14 (s.e. 0.040), 0.12 (s.e. 0.040) and 0.19 (s.e. 0.034) mg/kg  
185 DM for Sep, Oct and Nov, respectively). The mean pre- and post-grazing sward  
186 heights overall were 8.3 and 4.4 cm, respectively, while the corresponding values  
187 between 4 October and the end of the study were 7.9 and 4.2 cm for males and 7.7  
188 and 4.3 cm for females.

189

### 190 *Plasma Co concentration*

191 The concentration of Co in plasma on day 0 was 50.9, s.d. 22.53, nmol/L. The  
192 effects of treatment on plasma Co concentration for weeks 1 to 12 are presented in  
193 Figure 1. Lambs drenched with Co had higher ( $P < 0.001$ ) plasma Co than lambs



194 drenched with B12, averaged over weeks 1 to 12, and there was no effect of  
195 drenching frequency. Lambs drenched with B12 had a higher plasma Co  
196 concentration than Control when averaged over weeks 1 to 12 (0.15 , s.e. 0.055,  
197 ln(nmol/L);  $P < 0.05$ ; Dunnett's test). The mean plasma Co concentration for Control  
198 lambs over weeks 1 to 6 of the study was significantly lower than that for lambs on  
199 the Bolus treatment (difference = 1.94, s.e. = 0.136 ln(nmol/L);  $P < 0.001$ ) but this  
200 largely reflected the very large difference at weeks 1 and 2 since the means for  
201 these two treatments converged thereafter as the plasma Co concentration for lambs  
202 on the Bolus treatment declined.

203

#### 204 *Plasma B12 concentration*

205 The concentration of B12 in plasma on day 0 was 102, s.d. 26.3, pmol/L and there  
206 were no significant differences among treatment groups. The results are presented  
207 for each treatment in Figure 2a and 2b for weeks 1 to 6 and weeks 7 to 12,  
208 respectively. Least squares means by main treatments and drenching frequency for  
209 weeks 1 to 6 and weeks 7 to 12 are presented in Table 1 and 2, respectively. The  
210 results were analysed separately for these two 6-week periods because there was a  
211 greater than 2-fold difference in the observed B12 concentration between periods but  
212 with no concomitant change in variation. The percentage of lambs on each treatment  
213 classified as having low, marginal or adequate B12 concentration each week,  
214 between weeks 1 and 6 of the study, is presented in Figure 4a and 4b.

215

216 *Weeks 1 to 6.* Lambs supplemented with Co by drenching had a higher B12  
217 concentration in plasma than lambs drenched with B12 when averaged over weeks 1

218 to 6 (difference = 139, s.e. 33.2, pmol/L;  $P < 0.001$ ). There was a downward trend,  
219 with significant ( $P < 0.01$ ) linear and quadratic components, in the average plasma  
220 B12 concentration as the drenching interval increased for the Co-drench treatments;  
221 there was no evidence for any trend associated with frequency of drenching with  
222 B12. On average, 13, 44, 69, 48, 55, 48, 60 and 63% of records for lambs on the  
223 Co1, Co2, Co3, Co6, B1, B2, B3 and B6 treatments were classified as having low  
224 B12 status over weeks 1 to 6, respectively. The mean B12 concentration was greater  
225 than Control for each of the B12 treatments and the difference between Control and  
226 the average of all B12 drench treatments was 95, s.e. 45.3, pmol/L ( $P = 0.05$ ).  
227 Plasma B12 concentration did not differ significantly between Bolus treatment and  
228 Co1 over weeks 1 to 6 but was significantly greater for the Bolus treatment than for  
229 Co2, Co3 and Co6 ( $P < 0.05$ ,  $P < 0.01$  and  $P < 0.01$ , respectively; Dunnett's test).  
230 Lambs on the Bolus treatment had higher plasma B12 than the Control group ( $P <$   
231  $0.001$ ). Thirteen percent of records from the Bolus treatment were classified as low  
232 B12 status on average between weeks 1 and 6, compared with 85% of Control  
233 records. The plasma B12 concentrations of Bolus and Control lambs, and the  
234 differences between them are presented in Figure 3. The difference between the  
235 Bolus and Control declined significantly ( $P < 0.01$ ) over time.

236

237 *Weeks 7 to 12.* Mean plasma B12 concentration over weeks 7 to 12 was significantly  
238 higher for the set of Co drench treatments than for the set of B12 drench treatments  
239 (difference = 106, s.e. 33.2 pmol/L;  $P < 0.01$ ). Plasma concentration of B12 exhibited  
240 a significant decline (linear  $P < 0.01$ , quadratic  $P < 0.05$ ) as drenching frequency  
241 declined for lambs supplemented with Co but there was no evidence for any change  
242 with drenching frequency in the case of the B12 drench. Drenching with Co resulted

243 in higher plasma B12, averaged over weeks 7 to 12, than the Bolus treatment for all  
244 drenching frequencies except Co3, and the difference was significant ( $P < 0.01$ ;  
245 Dunnett's test) for Co1. The concentration of B12 in plasma over weeks 7 to 12 was  
246 significantly higher for Bolus than Control treatments ( $P < 0.01$ ). While the mean B12  
247 concentration was higher than Control for each of the B12 treatments none of the  
248 differences was significant. However, the average of all B12 drench treatments was  
249 significantly higher than Control (difference = 130, s.e. 45.4, pmol/L;  $P < 0.01$ ). The  
250 difference in B12 concentration between these treatments for weeks 7 to 12 was  
251 0.26 ln(nmol/L), s.e. 0.133, which is not significant ( $P > 0.05$ ).

252

### 253 *Animal performance*

254 Lamb performance traits are summarised by treatment in Table 3. There was no  
255 evidence for any differential effects of treatment on either lamb growth or carcass  
256 weight. The concentration of Co in the liver at slaughter (Table 3) was significantly  
257 higher for lambs that were drenched with Co than those drenched with B12 ( $P <$   
258  $0.001$ ) and the mean for the B12 treatments was significantly higher than the Control  
259 ( $P < 0.05$ ); no other treatment effects on liver Co concentration were detected.

260

### 261 **Discussion**

262 The two primary objectives of the current study were to evaluate the effects of  
263 supplementing with Co or B12, and the frequency of supplementation, on plasma Co  
264 and B12 status of weaned lambs. The study also involved evaluation of the efficacy  
265 of supplying Co by a long-term sustained release system (rumen bolus).

266

267 The mean Co concentration of the herbage (0.15 mg/kg DM) was within the range  
268 (0.03 to 0.20) previously reported for Irish grassland (Parle *et al.*, 1998) but below  
269 current NRC (2007) requirements for growing lambs (0.2 mg/kg DM). The high  
270 plasma Co concentration in plasma at day 0 is probably because all lambs received  
271 a drench containing 25 mg Co 26 days before the study began. Nevertheless, 89%  
272 of the lambs were classified as 'low B12 status' at the initiation of the study.

273

274 The increase in B12 concentration in lamb plasma from week 7 onwards was  
275 unexpected and cannot be explained by the small increase in Co concentration in  
276 herbage during that stage of the study (Oct/Nov). A number of other possible causes  
277 of the increase in B12 concentration were ruled out as follows. Firstly, lambs did not  
278 have access to any additional Co or B12 source (such as mineral licks, concentrates,  
279 or anthelmintics containing Co, etc.) at any stage during the study. Secondly, issues  
280 with the analysis of plasma B12 concentration were eliminated as repeat analysis of  
281 samples (representing all treatment groups) from week 7 yielded results that were  
282 consistent with the initial analysis. Thirdly, the effects of treatment on plasma B12  
283 were quite consistent between the two periods (see Table 2), with no evidence that  
284 the magnitude of the increase during the second period was dependent on  
285 treatment. Finally, investigation of the within-treatment correlation between weekly  
286 values for plasma B12 concentration showed that the average of those representing  
287 pairs within each 6-week period did not differ significantly from the average of those  
288 that involved weeks from different-period pairs (0.49 v 0.42), indicating that the  
289 pattern of animal-to-animal variation was consistent throughout the study.

290

291 *Supplementation with B12 or Co by drench*

292 In the current study, supplementation with Co increased plasma B12 concentration.  
293 Previously Russel *et al.* (1975) reported increased serum B12 concentration in lambs  
294 following supplementation with 200 mg cobalt chloride in 15 ml water. MacPherson  
295 (1989) reported increased serum B12 concentration in lactating ewes following  
296 supplementation with 1, 10, 100 or 250 mg cobalt sulphate. However, Williams *et al.*  
297 (2017) observed that a single Co drench of 3.5, 11.5 or 60 mg Co did not  
298 significantly increase plasma B12 concentration, over the subsequent 13 days, in  
299 housed, weaned lambs offered grass silage (as the sole diet) probably due to the  
300 high Co concentration (0.28 mg/kg DM) in the silage.

301

302 It is clear that at the doses used in the study, the Co drench was more effective than  
303 the B12 drench in terms of the effect on plasma B12 concentration. The information  
304 required to calculate the expected effects of these treatments on plasma B12  
305 concentration is not available from the literature. Thus, while Smith and Marston  
306 (1970) reported the efficiency associated with converting orally administered Co to  
307 B12, by rumen bacteria, and the efficiency of absorption of B12, which depended on  
308 whether B12 was orally administered or derived from rumen bacteria, their estimates  
309 cannot be applied in the present circumstances since they were all based on data  
310 from daily-supplementation regimes. The plasma B12 concentration of lambs  
311 supplemented with B12 was higher than Control during both 6-week periods of the  
312 current study (the difference averaged over both periods was 112, s.e. 39.3, pmol/L  
313 ( $P < 0.01$ )). The observed increase amounted to 48% of that yielded by drenching  
314 with Co and can only be attributed to absorption of orally administered B12.

315

316 *Frequency of drenching*

317 The decline observed in the concentration of B12 in plasma as the frequency of  
318 drenching with Co declined is consistent with the results of Russel *et al.* (1975),  
319 Suttle *et al.* (1988) and MacPherson (1989) who reported that the plasma B12  
320 response to Co supplementation was lost after 14 to 21 days. Suttle *et al.* (1988)  
321 observed a relatively large increase in plasma B12 concentration following drenching  
322 with only 1 mg Co. Russel *et al.* (1975) reported a fall in B12 concentration to pre-  
323 drench levels 3 weeks after lambs were drenched with 200 mg cobalt chloride.  
324 Similarly, in the current study, drenching at weekly intervals with 10.5 mg Co was  
325 more effective in increasing plasma B12 concentration than drenching at intervals of  
326 3 or 6 weeks . However, lambs on the 3- and 6-week Co drench treatments in the  
327 present study had higher plasma B12 concentrations than Control lambs for both  
328 weeks 1 to 6 and weeks 7 to 12, and the difference averaged over both intervals was  
329 significant for both Co3 and Co6 ( $P < 0.01$ ; Dunnett's test).

330

331 For the purposes of this discussion, a per-animal definition of the effectiveness of a  
332 treatment was defined as plasma B12 concentration  $> 400$  pmol/L on at least 50% of  
333 sampling occasions. On this basis, the effectiveness (percent of animals) over weeks  
334 1 to 6 was: 12.5, 12.5, 0 and 12.5% for B1, B2, B3 and B6, respectively, compared  
335 with 100, 62.5, 35 and 0% for Co1, Co2, Co3 and Co6, respectively. Hence, on this  
336 basis Co drenching is required at weekly intervals to be a fully effective method of  
337 preventing Co deficiency, but is labour intensive.

338

339 *Method of administration*

340 The higher plasma B12 concentration in lambs on the Bolus treatment compared to  
341 Control lambs is consistent with the results of Vellema *et al.* (1997), Grace *et al.*  
342 (1997) and Kendall *et al.* (2012) who reported increased serum B12 concentrations  
343 in sheep following administration of a Co pellet, an eroding controlled release  
344 intraruminal device, and Co-containing glass bolus, respectively. In the present  
345 study, an initial large increase in plasma B12 concentration following administration  
346 of the Co bolus was followed by a steady drop up to week 4 and the difference  
347 between Bolus and Control lambs declined steadily throughout the 12 weeks.  
348 Previous evaluations of mineral release rate from other boluses administered to  
349 ewes (Ritchie *et al.*, 1997) and growing sheep (Hemingway *et al.*, 1997) revealed a  
350 high initial daily release rate followed by a lower daily release rate from 6 weeks post  
351 administration. These studies involved boluses containing a number of trace  
352 minerals and were not directly comparable with the bolus used in the current study.  
353 A similar release profile was also observed in sheep administered a Co pellet (Millar  
354 and Albyt, 1984).

355

356 The estimates of effectiveness were 66.7 and 8.3% for the Bolus and Control,  
357 respectively, indicating that the Bolus treatment did not match a weekly Co drench  
358 but was comparable in effectiveness to a biweekly Co drench. The B12 drench  
359 treatments and drenching with Co at 3 and 6-week intervals were not effective on the  
360 basis of this overall assessment criterion.

361

362 *Liver Co concentration*

363 That the Co drench treatment resulted in a higher liver Co concentration at slaughter  
364 than that for the B12 drench treatment is not surprising. Keady *et al.* (2017) also  
365 reported an increased liver Co concentration in lambs supplemented with Co. If the  
366 Co concentration of B12 is 4.5% (McDowell, 2008), the B12-drench treatments in  
367 the current study delivered a much lower total dose of Co than the Co-drench  
368 treatments. The finding that lambs on the Bolus treatment did not have a higher liver  
369 Co concentration at slaughter relative to control animals reflects the observed  
370 plasma Co profile in lambs on the Bolus treatment. As the study progressed, the rate  
371 of Co release from the bolus steadily declined as indicated by falling plasma Co  
372 concentrations in lambs administered the bolus. Therefore, Co supply was  
373 apparently not sufficient during the later phase of the study to increase liver Co  
374 concentration. The absence of an effect of drench frequency on liver Co  
375 concentration in the current study is probably due to the total Co dose not varying  
376 with Co-drench treatment. Whilst the concentration of B12 in liver was not measured  
377 in the current study, Marston (1970) reported no significant increase in the  
378 concentration of B12 in livers from sheep following 36 weeks of daily oral treatment  
379 with 1 or 10 mg of Co.

380

381 **Conclusion**

382 It is concluded that drenching with Co is more effective at increasing plasma B12  
383 concentration than drenching with B12. Drenching with Co, either weekly or



384 biweekly, resulted in a higher B12 concentration in plasma than drenching at  
385 intervals of 3 or 6 weeks. The Co rumen bolus increased plasma B12 concentration  
386 but failed to deliver the expected sustained release of Co, thus the elevated B12  
387 concentration observed over the first 6 weeks was not maintained, and therefore a  
388 sustained-release leaching bolus may not be an effective method of supplementation  
389 over a longer-term period. The general efficacy of sustained-release bolus devices  
390 clearly merits evaluation.

391

#### 392 **CRedit authorship contribution statement**

393 **Daniel V. Hession:** Conceptualisation, Methodology, Investigation, Data analysis, Writing –  
394 original draft, Writing – Review & Editing, Project administration. **Nigel R. Kendall:** Funding  
395 acquisition, Conceptualisation, Methodology, Writing – Review & Editing. **James P.**  
396 **Hanrahan:** Data analysis, Writing – Review & Editing. **Tim W.J. Keady:** Funding acquisition,  
397 Conceptualisation, Methodology, Writing – Review & Editing.

398

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400

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407

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484

485 **Figure captions**

486

487 **Figure 1** Effect of treatment on plasma Co concentration ( $\log_e$  (mmol/L). Co1, Co2,  
488 Co3, Co6 = Co drench at intervals of 1, 2, 3 and 6 weeks, respectively (total Co = 63  
489 mg in all cases); B1, B2, B3 and B6 = vitamin B12 drench at intervals of 1,2, 3 and 6  
490 weeks, respectively (total vitamin B<sub>12</sub> = 34.5 mg in all cases); Bolus = intra-ruminal  
491 bolus with Co release rate of 0.8 mg/day; Control = no supplement. The  
492 concentration of Co in plasma on day 0 was 3.9 (s.d. 0.91) mmol/L. Vertical bars  
493 represent s.e.

494

495 **Figure 2** Effect of treatment on plasma vitamin B<sub>12</sub> concentration (pmol/L) by  
496 treatment: (a) weeks 1 to 6; (b) weeks 7 to 12. Co1, Co2, Co3, Co6 = Co drench at  
497 intervals of 1, 2, 3 and 6 weeks, respectively (total Co = 63 mg in all cases); B1, B2,  
498 B3 and B6 = vitamin B<sub>12</sub> drench at intervals of 1,2, 3 and 6 weeks, respectively (total  
499 vitamin B<sub>12</sub> = 34.5 mg in all cases); Bolus = intra-ruminal bolus with Co release rate  
500 of 0.8 mg/day; Control = no supplement. The concentration of vitamin B<sub>12</sub> in plasma  
501 on day 0 was 102 (s.d. 26.3) pmol/L. Vertical bars represent s.e.

502

503 **Figure 3** Plasma vitamin B<sub>12</sub> concentration of bolus and control lambs for weeks 1 to  
504 12, and the differences between them fitted with 2<sup>nd</sup> order trend line. Bolus = intra-  
505 ruminal bolus with Co release rate of 0.8 mg/day; Control = no supplement. The  
506 concentration of vitamin B<sub>12</sub> in plasma on day 0 was 102 (s.d. 26.3) pmol/L.

507

508 **Figure 4** Percentage of lambs with low (<188 pmol/L; Red), marginal (188 – 400  
509 pmol/L; Amber) and adequate (>400 pmol/L; Green) vitamin B<sub>12</sub> status during weeks  
510 0 to 6 by treatment: a) Co drench and bolus treatments; b) vitamin B<sub>12</sub> drench and  
511 Control treatments. Co1, Co2, Co3, Co6 = Co drench at intervals of 1, 2, 3 and 6  
512 weeks, respectively (total Co = 63 mg in all cases); B1, B2, B3 and B6 = vitamin B<sub>12</sub>  
513 drench at intervals of 1,2, 3 and 6 weeks, respectively (total vitamin B<sub>12</sub> = 34.5 mg in  
514 all cases); Bolus = intra-ruminal bolus with Co release rate of 0.8 mg/day; Control =  
515 no supplement.

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**Table 1** Least squares means for vitamin B<sub>12</sub> concentration (pmol/L) in plasma by main treatment, averaged over each 6-week period

Treatment	Weeks 1 to 6		Weeks 7 to 12	
	Estimate (± s.e.)	P value	Estimate (± s.e.)	P value
<b>Treatment</b>				
Co Drench	386 ± 24.6	-	896 ± 24.7	-
B12 Drench	247 ± 24.5	-	790 ± 24.6	-
Bolus	600 ± 40.1	-	811 ± 40.1	-
Control	152 ± 40.6	-	660 ± 40.7	-
<b>Contrasts</b>				
Co Drench - Control	234 ± 47.4	< 0.001	237 ± 47.5	< 0.001
B12 Drench - Control	96 ± 47.4	n.s.	131 ± 47.5	<0.05
Bolus - Control	448 ± 57.0	< 0.001	152 ± 57.1	< 0.05
Co Drench – B12 Drench	139 ± 34.7	< 0.001	106 ± 34.8	<0.01

<sup>1</sup>Co1, Co2, Co3, Co6 = Co drench at intervals of 1, 2, 3 and 6 weeks, respectively (total Co = 63 mg in all cases); B1, B2, B3 and B6 = vitamin B<sub>12</sub> drench at intervals of 1,2, 3 and 6 weeks, respectively (total vitamin B<sub>12</sub> = 34.5 mg in all cases); Bolus = intra-ruminal bolus with Co release rate of 0.8 mg/day; Control = no supplement.

‡In the list Co Drench = mean of the 4 Co-drench treatments, likewise for mean of vitamin B12 Drench.

**Table 2** Treatment least squares means ( $\pm$  s.e.) for Drench-by-frequency subclasses in consecutive 6-week treatment periods and the linear and quadratic effects of drench frequency on plasma vitamin B<sub>12</sub> concentration (pmol/L)

Treatment <sup>1</sup>	Weeks 1 to 6	Weeks 7 to 12
<b>Co drench</b>		
Co1	573 $\pm$ 47.6	1047 <sup>a</sup> $\pm$ 54.2
Co2	374 <sup>a</sup> $\pm$ 47.8	923 $\pm$ 54.3
Co3	286 <sup>a</sup> $\pm$ 50.1	794 $\pm$ 54.2
Co6	303 <sup>a</sup> $\pm$ 47.6	823 $\pm$ 53.8
Frequency effect		
Linear	***	**
Quadratic	**	*
<hr/>		
<b>B<sub>12</sub> drench</b>		
B1	246 $\pm$ 49.7	801 $\pm$ 54.1
B2	272 $\pm$ 47.5	794 $\pm$ 54.0
B3	235 $\pm$ 47.6	777 $\pm$ 53.8
B6	225 $\pm$ 47.6	792 $\pm$ 54.0
Frequency effect		
Linear	n.s.	n.s.
Quadratic	n.s.	n.s.
<hr/>		
Bolus	600 $\pm$ 40.1	811 $\pm$ 40.1
Control	152 $\pm$ 40.6	660 $\pm$ 40.7

<sup>1</sup>Co1, Co2, Co3, Co6 = Co drench at intervals of 1, 2, 3 and 6 weeks, respectively (total Co = 63 mg in all cases); B1, B2, B3 and B6 = vitamin B<sub>12</sub> drench at intervals of 1,2, 3 and 6 weeks, respectively (total vitamin B<sub>12</sub> = 34.5 mg in all cases); Bolus = intra-ruminal bolus with Co release rate of 0.8 mg/day; Control = no supplement.

<sup>a</sup>Significantly different from Bolus treatment (P < 0.01; Dunnett's test)



**Table 3** *The effects of supplementation with Co or vitamin B<sub>12</sub>, frequency of drenching and method of administration on lamb performance and liver Co concentration at slaughter*

Treatment <sup>1</sup>	Growth rate (g/day)	Final BW (kg)	Carcass weight (kg)	Liver Co <sup>2</sup> (mg/kg DM)
Co drench				
Co1	89 ± 9.9	50.2 ± 0.96	23.9 ± 0.57	5.8 ± 0.45
Co2	77 ± 10.5	49.3 ± 0.99	23.8 ± 0.59	4.2 ± 0.47
Co3	68 ± 9.9	47.5 ± 1.00	23.9 ± 0.59	5.3 ± 0.45
Co6	75 ± 10.4	48.4 ± 1.01	22.5 ± 0.59	5.2 ± 0.47
B <sub>12</sub> drench				
B1	96 ± 10.7	50.8 ± 1.06	24.1 ± 0.62	2.9 ± 0.49
B2	83 ± 10.5	49.6 ± 1.04	23.7 ± 0.62	3.0 ± 0.49
B3	80 ± 10.2	49.1 ± 1.02	24.1 ± 0.60	3.4 ± 0.47
B6	88 ± 9.9	50.0 ± 1.00	24.1 ± 0.59	2.7 ± 0.45
Bolus	64 ± 8.9	47.6 ± 0.90	23.1 ± 0.53	2.9 ± 0.41
Control	75 ± 9.1	48.8 ± 0.92	23.7 ± 0.54	2.1 ± 0.41

<sup>1</sup>Co1, Co2, Co3, Co6 = Co drench at intervals of 1, 2, 3 and 6 weeks, respectively (total Co = 63 mg in all cases); B1, B2, B3 and B6 = vitamin B<sub>12</sub>drench at intervals of 1,2, 3 and 6 weeks, respectively (total vitamin B<sub>12</sub> = 34.5 mg in all cases); Bolus = intra-ruminal bolus with Co release rate of 0.8 mg/day; Control = no supplement.

<sup>2</sup>Significant differences between mean of Co-drench treatments and B12-drench treatments (P < 0.001) and between the mean of the B12-drench treatments and control

## Highlights

- Drenching with Co is more effective than drenching with vitamin B<sub>12</sub>
- Weekly drenching with Co maintained adequate vitamin B12 status in weaned lambs
- Weekly drenching is more effective than drenching every 2 weeks
- Rumen bolus failed to deliver the specified sustained release over a 12 week period
- Rumen bolus was as effective over the first 6 weeks as drenching with Co every 2 weeks











