

1 **Sex differences in the regulation of porcine coronary artery tone by**  
2 **perivascular adipose tissue: a role of adiponectin?**

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10 Specific Contributions:

11 • A A Ahmad performed the research

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13 • A A Ahmad and R E Roberts analysed the data

14 • A A Ahmad, M D Randall, and R E Roberts wrote the paper.

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17 Running title: Sex differences in PVAT-vascular coupling.

1 **Background and Purpose-** As there is sexual dimorphism in the regulation of vascular tone,  
2 the aim of this present study was to determine whether there are sex differences in  
3 perivascular adipose tissue (PVAT) - mediated regulation of the porcine coronary artery  
4 (PCA) tone.

5 **Experimental Approach-** Isometric tension recording system was used to record changes in  
6 tone in PCAs. Western blot analysis was performed to examine the expression of adiponectin  
7 in PVAT and adiponectin receptors (adipo 1 receptor and adipo 2 receptor) and adiponectin  
8 binding protein (APPL1) in PCA. The level of adiponectin released from PVAT was  
9 measured using ELISA.

10 **Key Results-** In the presence of adherent PVAT, contractions to the thromboxane mimetic  
11 U46619 and endothelin-1 were significantly reduced in PCAs from females, but not males. In  
12 PCAs pre-contracted with U46619, re-addition of PVAT caused relaxation in PCAs from  
13 females, but not males. This relaxant response in females was attenuated by combined  
14 inhibition of NO synthase (with L-NAME) and cyclooxygenase (with indomethacin). Pre-  
15 incubation with an anti-adiponectin antibody abolished the relaxant effects of PVAT. The  
16 adiponectin receptor agonist (adipoRon) produced a greater relaxation in PCAs from females  
17 compared to males. However, there was no difference in either expression or release of  
18 adiponectin from PVAT between sexes. Similarly, there was no difference in expression of  
19 adiponectin receptors or the adiponectin receptor adaptor protein APPL1 in PCAs.

20 **Conclusion and Implications-** These findings demonstrate a clear sex difference in the  
21 regulation of coronary artery tone in response to adiponectin receptor stimulation, which may  
22 underlie the anticontractile effects of PVAT in females.

### 23 **Abbreviations**

24 Adiponectin receptor (adipo receptor), adaptor protein, phosphotyrosine interacting with PH  
25 domain and leucine zipper 1 (APPL1), cyclooxygenase (COX), endothelin-1 (ET-1), NG-  
26 nitro-L-arginine methyl ester (L-NAME), myosin light chain (MLC), nitric oxide (NO), nitric  
27 oxide synthase (NOS), perivascular adipose tissue (PVAT), porcine coronary artery (PCA),  
28 9,11-Dideoxy-11 $\alpha$ ,9 $\alpha$ -epoxymethanoprostaglandin F $2\alpha$  (U46619).

29

## 1 **Introduction**

2 Adipose tissue has traditionally been described as being simply a structural support, with  
3 additional lipid storage (white adipose tissue) and thermoregulator (brown adipose tissue)  
4 roles (Cannon & Nedergaard, 2004; Mariman & Wang, 2010). However, compelling  
5 evidence in recent years has led to the view that adipose tissue is in fact an active secretory  
6 organ which releases several bioactive signalling molecules, collectively termed adipokines,  
7 which are important in both health and disease (Fortuno *et al.*, 2003; Havel, 2004; Thalmann  
8 & Meier, 2007; Yamawaki *et al.*, 2010). Multiple studies have established that there are  
9 variations in the function of adipose tissue in different sexes where, for instance, women have  
10 higher circulating adiponectin levels compared to men (Arita *et al.*, 2012; Cnop *et al.*, 2003;  
11 Nishizawa *et al.*, 2002).

12 Perivascular adipose tissue (PVAT) is positioned around the blood vessel and is regarded as  
13 being distinct from the adventitia. The recent interest in perivascular adipose tissue as an  
14 endocrine and paracrine organ has led to a number of studies investigating the characteristics  
15 of various fat depots in the body. Soltis and Cassis (1991) firstly described that perivascular  
16 adipose tissue significantly attenuated vascular responsiveness of Sprague-Dawley rat aortae  
17 to noradrenaline (Soltis & Cassis, 1991). This result was confirmed by Löhn *et al.* (2002)  
18 who re-examined the idea of periadventitial vasoregulation. Their study provided additional  
19 proof that PVAT-inhibited vasoconstriction induced by a number of additional agonists such  
20 as angiotensin II, serotonin and phenylephrine (Lohn *et al.*, 2002). Adiponectin is a major  
21 factor secreted by adipocytes (Scherer *et al.*, 1995) and exerts its action by binding to its  
22 receptors (adipo 1 receptor and adipo 2 receptor) (Kadowaki & Yamauchi, 2005). Although  
23 downstream regulation of signalling of these receptors is yet to be fully identified,  
24 overexpression of APPL1 (adaptor protein, phosphotyrosine interacting with PH domain and  
25 leucine zipper 1) enhances, and suppression of APPL1 level attenuates, adiponectin  
26 signalling and its downstream events (Mao *et al.*, 2006).

27 Functional studies have found that adiponectin can relax murine mesenteric artery by opening  
28 Kv channels (Fesus *et al.*, 2007), and (Greenstein *et al.*, 2009) concluded that adiponectin  
29 was the anti-contractile adipokine released from rat mesenteric arterial PVAT. Moreover, a  
30 fragment of the adiponectin receptor abolished the PVAT-induced vasorelaxation in human  
31 small arteries taken from subcutaneous gluteal fat biopsy samples, which further suggests that  
32 adiponectin is a predominant mediator of the relaxation (Greenstein *et al.*, 2009).  
33 Noteworthy, there are accumulating data about the potential effect of PVAT in regulating the

1 vascular tone where PVAT could induce both vasorelaxation and vasoconstriction depending  
2 on the anatomical position, species and condition (Nava & Llorens, 2016; Owen *et al.*, 2013;  
3 Szasz *et al.*, 2013; Verlohren *et al.*, 2004; Yudkin *et al.*, 2005).  
4 In recent studies we have demonstrated that there are sex differences in the regulation of tone  
5 in the porcine coronary artery (Wong *et al.*, 2014). As there are also sex differences in the  
6 release of adipokines from adipose tissue in general, in this study we investigated whether  
7 there are sex differences in the regulation of vascular tone by PVAT in the porcine coronary  
8 artery. Our findings demonstrate that PVAT surrounding coronary arteries from females has  
9 an anti-contractile effect, which is not seen in males, indicating that PVAT may have a  
10 protective effect on coronary arteries in females, but not males.

11

## 1 **Methods**

### 2 **Tissue preparation**

3 Hearts from male and female pigs (large white hybrid pigs, 4-6 months old, weighing ~ 50kg)  
4 were obtained from a local abattoir and transported back to the laboratory in ice-cold  
5 modified Krebs'-Henseleit solution (118 mM NaCl, 4.8 mM KCl, 1.1 mM MgSO<sub>4</sub>, 25 mM  
6 NaHCO<sub>3</sub>, 1.2 mM KH<sub>2</sub>PO<sub>4</sub>, 12 mM D-glucose, 1.25 mM CaCl<sub>2</sub>). Experiments were blinded  
7 as the experimenter did not know whether the tissues were from male or female animals until  
8 after the experiments had been undertaken. The anterior proximal part of the coronary artery  
9 was then dissected and placed in Krebs'-Henseleit solution pre-gassed with 5% CO<sub>2</sub> and 95%  
10 O<sub>2</sub> and kept overnight in the refrigerator. On the second day, fine dissection was performed to  
11 prepare paired PCAs rings from each artery ensuring vessels were not stretched or damaged.  
12 PCAs were then cut into rings of approximately 5mm in length and suspended in a  
13 multichannel 5 ml organ bath. Each bath was filled with 5 ml of Krebs'-Henseleit solution  
14 and maintained at 37°C and constantly gassed with carbogen (95% O<sub>2</sub>, 5% CO<sub>2</sub>). Tension  
15 was measured and recorded using a Powerlab data acquisition system (ADInstruments) via an  
16 amplifier.

### 17 **Experimental protocol**

#### 18 **Organ bath studies**

19 Tissues were initially pre-tensioned to 73.6mN, determined from preliminary studies, and  
20 then left to equilibrate for approximately 30-45 minutes. Once a stable baseline was reached,  
21 two consecutive responses to 60mM KCl were obtained for standardization. After about 20  
22 min the KCl was washed out with fresh Krebs'-Henseleit solution. Following the return to a  
23 stable baseline and, after a further 15-30 minutes, exposure to KCl was repeated. Once again,  
24 the tissue was washed out with Krebs'-Henseleit solution, to allow the segment tone to re-  
25 stabilize to baseline. The data were calculated and expressed as a percentage of the  
26 contraction in response to 60 mM KCl. The KCl response is considered as a reference to the  
27 viability and activity of each segment in order to avoid the individual variation in the  
28 response of the coronary artery. Thereafter relevant test compounds were added and allowed  
29 60 minutes incubation time. The following test compounds were used: L-NAME (300 μM) to  
30 inhibit NO synthase (Wong *et al.*, 2014), and indomethacin (10 μM) (Malinowski *et al.*,  
31 2008) to inhibit cyclooxygenase. Pre-incubation with an anti-adiponectin antibody (1:100;  
32 ABIN1857924, antibodies-online Inc., Atlanta, USA) was performed to determine the role of

1 adiponectin in PVAT-induced vasorelaxation in females. U46619 (9,11-Dideoxy-11 $\alpha$ ,9 $\alpha$ -  
2 epoxymethano-prostaglandin F2 $\alpha$ ) was added cumulatively (1 nM-300 nM) to induce  
3 contraction in the arterial rings, which was calculated as a percentage of the contraction in  
4 response to 60 mM KCl. In some experiments endothelin-1 (ET-1) (1 nM-300 nM) was used  
5 as contractile agent. In other sets of experiments, PVAT (0.3 g) was added to vessels in  
6 which the PVAT had previously been removed and pre-contracted with U46619 to a level of  
7 40-60% of the maximum KCl response. In a further set of experiments, cumulative  
8 concentration response curves to the adiponectin receptor agonist, adipoRon (1-100  $\mu$ M)  
9 (Okada-Iwabu *et al.*, 2013) were performed in PCAs pre-contracted with U46619.

## 10 **Western immunoblotting**

11 Polyacrylamide gel electrophoresis followed by Western immunoblotting was performed to  
12 determine the expression of adiponectin levels in PVAT, and the adiponectin receptors (adipo  
13 1 receptor and adipo 2 receptor) and APPL1 in PCAs from different pigs from each sex.  
14 PVAT or PCA samples were finely dissected and homogenized on ice using Tris-EDTA  
15 buffer (pH 7.4) and protease inhibitor cocktail (Calbiochem, VWR International Ltd,  
16 Lutterworth, Leicestershire, UK). After estimation of the protein content of each sample  
17 using a Lowry protein assay, Laemmli solubilisation buffer was added. Samples were then  
18 heated at 100°C for 5 min and centrifuged at 13,000 $\times$ g for 1 min. PVAT (20  $\mu$ g) and PCA  
19 (20  $\mu$ g) samples were separated using a 4–20% gradient polyacrylamide gradient gel (Bio-  
20 Rad, Hemel Hempstead, Hertfordshire, UK) and then transferred onto nitrocellulose  
21 membrane (GE Healthcare, Little Chalfont, Buckinghamshire, UK) by Western blotting.  
22 Porcine skeletal muscle and rat liver tissues were used as a positive control for adipo 1  
23 receptor and adipo 2 receptor, respectively (Ding *et al.*, 2009). Membranes were then  
24 blocked with 5% w/v non-fat milk, or 5% w/v BSA in the case of APPL1, in Tris-buffered  
25 saline containing 0.1% Tween 20 (TBST) at room temperature for 1 h. The blot was then  
26 incubated with rabbit anti-adiponectin antibody (1:400 dilution; ABIN1857924, antibodies-  
27 online Inc., Atlanta, USA), rabbit anti-adipo 1 receptor antibody (1:500; 250476, Abbiotec,  
28 USA), rabbit anti-adipo 2 receptor antibody (1:250 dilution; orb10047, Biorbyt, Cambridge,  
29 UK) and rabbit anti-APPL1 antibody (1:2000; mAb 3858, Cell Signaling Technology, UK) in  
30 5% milk, or in 5% BSA in the case of APPL1 antibody, in Tris-buffer overnight at 4°C.  
31 Membranes were also incubated with a mouse anti- $\beta$ -actin antibody (1:50,000 in 5% milk;  
32 Sigma-Aldrich, Poole, Dorset, UK) or an anti-mouse myosin light chains (MLC) antibody

1 (1:1000 in 5% milk; Sigma-Aldrich, Poole, Dorset, UK) as a loading control as well as to  
2 quantify porcine proteins. On the second day, the blot was washed in TBST followed by  
3 incubation with IRDye 800CW goat anti-rabbit and IRDye 680CW goat anti-mouse  
4 secondary antibodies (both 1:10,000 dilution; IRDye, Licor, Cambridge, UK). The  
5 immunoblot was then visualized using an Odyssey system from Licor and intensity of the  
6 bands measured using Odyssey Image Studio (Licor).

## 8 **Determination of adiponectin levels released from PVAT**

9 PVAT (0.15g) was incubated in 1ml of Krebs'-Henseleit solution at 37°C. Adiponectin levels  
10 in the buffer were then determined using a pig adiponectin ELISA Kit (abx255420; Abnova,  
11 Cambridge, UK) following the manufacturer's protocol. The range of standard curve is 31.25  
12 ng/ml - 1000 ng/ml, sensitivity: < 18.75 ng/ml. The intra-assay coefficient of variation was  
13 10.1.

## 15 **Data and statistical analysis**

16 Data are expressed as mean  $\pm$  S.E.M. where  $n$  = the number of different animals. The  
17 concentration-response curves were fitted to a sigmoidal curve with a variable slope using  
18 four parameters logistic equation using GraphPad Prism software. The maximum percentage  
19 contraction ( $R_{\max}$ ) and the negative log of concentration required to produce half the maximal  
20 contraction of the induced tone ( $pEC_{50}$ ) were calculated from the fitted curves.  $R_{\max}$  and  
21  $pEC_{50}$  values were analysed using a 2-tailed, paired or unpaired Student's t-test to compare  
22 differences between 2 groups, as appropriate. Differences between 3 or more groups were  
23 assessed using a one-way ANOVA or two-way ANOVA in conjunction with the Sidak's  
24 *post-hoc test* to assess possible difference at individual concentrations.  $P < 0.05$  was  
25 considered statistically significant. Statistical analysis was performed by GraphPad Prism  
26 (Version 6). The data and statistical analysis comply with the recommendations on  
27 experimental design and analysis in pharmacology (Curtis *et al.*, 2015).

## 28 **Materials**

29 All drugs were purchased from Sigma-Aldrich except for endothelin-1 which came from  
30 Tocris Bioscience and adiponectin from Antibodies-online Inc. Stock solutions of L-NAME,  
31 and adiponectin were dissolved in distilled water. Stock solution of indomethacin was

1 dissolved in absolute ethanol. Stock solutions of U46619 were made to 10mM in ethanol  
2 whilst DMSO was used as a solvent to make 10mM of adipoRon. All further dilutions of the  
3 stock solutions were made using distilled water. All stocks were kept frozen at -20°C.

4



## 1 **Results**

### 2 **The effects of PVAT on U46619-induced vasoconstriction in PCAs from female** 3 **and male pigs.**

4 In order to determine the effects of perivascular fat on vascular contraction, concentration-  
5 response curves to the thromboxane mimetic U46619 were determined in coronary artery  
6 segments from female and male pigs (Figure 1 A and B), with and without adherent PVAT.  
7 The presence of fat reduced the maximum contraction to U46619 in coronary arteries from  
8 females. There was also a rightward shift in the concentration-response curve. On the other  
9 hand, the presence of PVAT had no effect on the U46619 induced-contraction in coronary  
10 arteries from male pigs (Figure 1B). Similarly, the endothelin-1-induced vasoconstriction  
11 was significantly reduced in coronary arteries from female pigs in the presence of fat with no  
12 change in pEC<sub>50</sub> (Figure 1C). Furthermore, PVAT had no effect on the endothelin-1-mediated  
13 vasoconstriction in PCAs from male (Figure 1D). There was no significant difference in the  
14 size of the contractile response to 60 mM KCl with PVAT compared to without PVAT  
15 (females, control =  $8 \pm 0.8$  g without PVAT compared to  $6.4 \pm 0.6$  g with PVAT; males,  
16 control =  $9.4 \pm 1.2$  without PVAT compared to  $7.7 \pm 0.9$  g with PVAT)

### 17 **Acute effects of added PVAT on rings pre-contracted with U46619.**

18 Coronary arterial segments from female pigs with fat removed were pre-contracted  
19 submaximally with U46619. Once a stable tone was obtained, 0.3 g PVAT was then added  
20 (see Figure 2C). PVAT from female animals caused immediate relaxation (R) (Figure 2 A  
21 and C). On the other hand, PVAT from male animals had no significant effect on the  
22 U46619-induced vasoconstriction compared to time control (Figure 2B). Furthermore, a  
23 crossover study in which PVAT from females was added to PCAs from males showed no  
24 vasorelaxant effect (Figure 2D).

### 25 **The effects of L-NAME and indomethacin on the anti-contractile effect of PVAT** 26 **in PCAs.**

27 The maximum response of PCAs to U46619 was significantly inhibited in the presence of  
28 PVAT, as before (Figure 3). A combination of L-NAME and indomethacin had no effect on  
29 the concentration-response curve to U46619 in the absence of PVAT, but this combination  
30 prevented the inhibitory effect of PVAT on the U46619 response (Figure 3A and B). On the

1 other hand, incubation with either L-NAME or indomethacin alone had no effect on the anti-  
2 contractile response of PVAT (Figure 3B).

### 3 **Role of adiponectin in PVAT-mediated vasorelaxation in females**

4 Previous studies have indicated that adiponectin acts through nitric oxide synthase (NOS) and  
5 cyclooxygenase-dependent ways. Therefore we determined the role of adiponectin in the  
6 relaxation effect seen in the presence of PVAT. Segments of coronary arteries from females  
7 were pre-treated with an anti-adiponectin antibody, in order to bind any released adiponectin.  
8 In the presence of the anti-adiponectin antibody, the PVAT-induced relaxation was abolished  
9 (Figure 4).

### 10 **Adiponectin expression in PVAT**

11 Our data indicate that PVAT from females, but not males, causes relaxation of coronary  
12 arteries through the release of adiponectin. In order to determine whether the differences in  
13 the role of PVAT in arteries from male and female animals was due to differences in the  
14 amount of adiponectin in PVAT, the expression of adiponectin in PVAT was determined by  
15 Western immunoblotting. There was no significant difference in the expression of  
16 adiponectin in coronary artery PVAT from female and male animals (Figure 5A,B).

### 17 **Adiponectin release from PVAT**

18 As there was no difference in the level of expression of adiponectin in PVAT between male  
19 and female animals, we determined whether there is a difference in the release of adiponectin  
20 from PVAT. Although adiponectin could be detected in the buffer that the PVAT was  
21 incubated in, there was no significant difference in the level of released adiponectin between  
22 PVAT from male and female animals (Figure 5C).

### 23 **Responsiveness of porcine coronary arteries to adipoRon**

24 As there was no difference in either the expression of adiponectin or release of adiponectin  
25 from PVAT, we determined whether there was a difference in the sensitivity to adiponectin  
26 receptor activation between male and female animals. AdipoRon, an adiponectin receptor  
27 agonist, produced a concentration-dependent relaxation of coronary arteries from both female  
28 and male pigs. However, there was a greater relaxation in arteries from female pigs compared  
29 to male (at 100  $\mu$ M, females:  $106\pm 8$  % relaxation, n=6; males:  $78\pm 6$  % relaxation, n=8).

1 AdipoRon also appeared to be more potent in arteries from females compared to males, based  
2 on the observation that adipoRon produced a relaxation at lower concentrations (Figure 6).

### 3 **Expression of Adiponectin receptors in PCAs**

4 To clarify the difference in the responsiveness of PCAs in different sexes, we measured the  
5 level of expression of two different isoforms of adiponectin receptors (adipo 1 receptor and  
6 adipo 2 receptor) in PCAs from both sexes, using Western immunoblotting. Numerous bands  
7 were detected with the anti-adipo 1 receptor antibody, but none lined up with the band in the  
8 rat skeletal muscle positive control at the predicted molecular weight of 40 kDa, suggesting  
9 there is no detectable expression of adipo 1 receptor in PCAs from either females or males  
10 (Figure 7A). Similarly numerous bands were obtained with the anti-adipo 2 receptor antibody  
11 (Figure 7B). A band at the predicted molecular weight of 42 kDa lined up with a band at the  
12 same molecular weight in the rat liver positive control was taken to be adipo 2 receptor. This  
13 band was expressed in PCAs from both sexes. However, there was no apparent difference in  
14 the expression of adipo 2 receptor in PCAs from females compared to males (Figure 7B,C).

### 15 **Expression of APPL1 in PCAs**

16 As there was no difference in the expression of adiponectin receptors between females and  
17 males PCAs, we then investigated the expression of the adiponectin binding protein APPL1  
18 in PCAs by Western immunoblotting. A band for APPL1 was detected at the predicted  
19 molecular weight of 82 kDa. However, there was no significant difference in APPL1  
20 expression between PCAs from both sexes (Figure 7D,E).

## 1 Discussion

2 The recognition that perivascular adipose tissue is not simply a reservoir for lipid storage, but  
3 is also a complex endocrine organ has led to substantial research efforts to establish the  
4 mechanistic links between the PVAT and vascular tone regulation. The majority of research  
5 in this area has been carried out on blood vessels from male animals and has concentrated  
6 mostly on murine aorta and mesenteric vessels. A few studies have determined the role of  
7 PVAT in the regulation of coronary artery tone, but this is the first study to compare the  
8 effects of PVAT from male and female animals. We have identified clear sex differences in  
9 the regulation of coronary artery tone by PVAT, with PVAT from female animals producing  
10 an anti-contractile, relaxation response, which was not seen in PVAT from male animals.

11 In the presence of fat, contractile responses to both the thromboxane receptor agonist U46619  
12 and ET-1 were reduced in coronary arteries from female pigs, but not from male pigs,  
13 indicating the release of an anti-contractile compound from the PVAT surrounding the  
14 coronary arteries in females. Re-addition of fat removed from the coronary arteries into the  
15 tissue baths produced a relaxation response in arteries from females, but not males. In order  
16 to confirm this finding, we performed a crossover study in which PVAT from females was  
17 added to male arteries. Although PVAT from females induced a relaxation in coronary artery  
18 from females, the PVAT from females did not produce a relaxation in coronary arteries from  
19 males. Taken together, these data suggest that the PVAT surrounding coronary arteries from  
20 female animals may have a protective, anti-contractile role, which may contribute to the  
21 reduced incidence of coronary artery disease in females.

22 The present results are consistent with the studies by (Gao *et al.*, 2007) and (Malinowski *et*  
23 *al.*, 2008) which have shown that PVAT reduces vascular tone in the rat aorta and human  
24 internal thoracic arteries, respectively, although sex differences in these responses were not  
25 determined. In contrast, previous studies in porcine coronary artery have indicated the release  
26 of a contractile agent from PVAT, although again sex differences in the responses were not  
27 examined (Owen *et al.*, 2013).

28 In mouse mesenteric arteries, the anti-contractile effect of PVAT is mediated through either  
29 NO or COX-dependent pathways (Lynch *et al.*, 2013). Similarly, in this study, we  
30 demonstrated that the anti-contractile effect of PVAT in coronary arteries from female pigs  
31 was sensitive to inhibition with a combination of the nitric oxide synthase inhibitor L-NAME  
32 and the cyclooxygenase inhibitor indomethacin, whereas inhibition of each enzyme  
33 separately had no significant effect. These data indicate the involvement of both NO and

1 COX metabolites in the PVAT response. This is similar to the findings of (Lynch *et al.*,  
2 2013) who also found that inhibition of both NOS and COX was required to inhibit the anti-  
3 contractile response. Dual inhibition is probably necessary because of compensatory  
4 activation of the other pathway. In general, this observation is in line with a previous study on  
5 aorta from Wistar rats which found that PVAT could exert its anti-contractile effects by  
6 secreting a relaxant factor which mediates endothelium-dependent vasorelaxation through  
7 NO release (Gao *et al.*, 2007). On the other hand, these findings differ from a previous study  
8 by (Malinowski *et al.*, 2008) which was conducted on the human internal thoracic artery  
9 where they reported that blocking NOS and COX could not restore the vascular response in  
10 intact rings. In fact, these differences may reflect changes in vascular responses in  
11 cardiovascular disease as the human vessels used were from patients with severe coronary  
12 artery disease and therefore likely to have endothelial dysfunction. In addition, the  
13 inconsistency of findings for the role of NO and COX in all previous studies could probably  
14 be due to the indefinite sex used.

15 In order to identify the mechanism underlying the sex difference in the anti-contractile effect  
16 of PVAT in the porcine coronary artery, we investigated the role of adiponectin. Adiponectin  
17 is the most abundant adipokine in the circulation and has been shown to activate both NO and  
18 COX-dependent pathways (Lee *et al.*, 2010; Shibata *et al.*, 2005; Tan *et al.*, 2004). As there  
19 is no selective adiponectin receptor antagonist available, we used an anti-adiponectin  
20 antibody to bind any adiponectin released from the PVAT and prevent it from activating the  
21 receptor on the artery. To this end, we determined the effect of the antibody on the relaxation  
22 due to addition of PVAT, rather than using fat-attached arteries. This is because the close  
23 proximity of the fat to the blood vessel in fat-attached preparations may not allow the  
24 antibody access to bind released adiponectin. Under these conditions, the presence of the  
25 anti-adiponectin antibody completely prevented the PVAT-induced relaxation, indicating that  
26 adiponectin is likely to be the mediator released from the fat. Therefore, we investigated  
27 whether the sex differences in the relaxation were due to differences in adiponectin  
28 expression, release or function. Using Western immunoblotting we identified the presence of  
29 adiponectin in PVAT from the coronary artery, although there was no difference between  
30 male and females. Furthermore, there was no difference in the level of adiponectin released  
31 from PVAT, indicating that the difference in the relaxation response is not due to a difference  
32 in either expression or release of adiponectin. On the other hand, using an adiponectin  
33 receptor agonist, adipoRon, we demonstrated that activation of the adiponectin receptor

1 produces a greater relaxation and at lower concentrations in coronary arteries from females  
2 compared to males. These data indicate that the sex difference in the anti-contractile effect of  
3 PVAT is likely to be due to a difference in the responsiveness of the arteries to adiponectin.  
4 Noteworthy, responses to adiponectin receptor activation are independent of the endothelium  
5 in that denudation of the endothelium did not alter the relaxation to AdipoRon in the coronary  
6 artery (Supplementary figure 1).

7 In an attempt to identify the reason for the differences in adiponectin response, we  
8 determined the expression of the adiponectin receptors in the coronary artery. Using Western  
9 immunoblotting, we identified expression of Adipo 2 receptor but not Adipo 1 receptor in  
10 PCAs from both sexes. However, there was no apparent difference in the expression of Adipo  
11 2 receptor between males and females.

12 Since no sex difference was identified in adiponectin receptors expression, so we investigated  
13 the expression of APPL1 which has been identified as an Adipo 1 receptor and Adipo 2  
14 receptor binding protein (Buechler *et al.*, 2010) and considered as a downstream regulator of  
15 adiponectin signalling (Cheng *et al.*, 2007; Mao *et al.*, 2006). Although we have showed an  
16 expression of this adaptor protein APPL1 in PCAs, there was no significant difference  
17 between sexes. The limitation in our investigation is that the expression of different proteins  
18 studied in this research were examined in total homogenate rather than vascular smooth  
19 muscle only. In addition, total adiponectin receptors expression were measured rather than  
20 the expression of just surface receptors. As adiponectin receptors are distributed in the  
21 cytoplasm (Ding *et al.*, 2009) and on the cell membrane (Yamauchi *et al.*, 2003), differences  
22 in either cellular or subcellular distribution could underlie the sex differences.

23 We have previously demonstrated sex differences in intracellular signalling pathways  
24 involved in vasorelaxation. In particular, there are sex differences in the relative contribution  
25 of the NO and EDH signalling pathways in the porcine coronary artery, as well as differences  
26 in the mechanisms underlying the EDH response (Wong *et al.*, 2015a; Wong *et al.*, 2015b).  
27 Therefore, differences in signalling may contribute to the sex differences in adiponectin  
28 relaxation seen in this study. In addition, malfunction and resistance to adiponectin have been  
29 identified in different conditions such as obesity (Bruce *et al.*, 2005; Chen *et al.*, 2005), high  
30 fat diet (Mullen *et al.*, 2009) and cardiovascular diseases (Lau *et al.*, 2011). Therefore, we  
31 cannot exclude the possibility of adiponectin resistance in the coronary arteries from males.  
32 Although there was reduced relaxation to AdipoRon in porcine coronary arteries from males,  
33 there was still a relaxation and not the complete absence of relaxation seen with the addition

1 of PVAT. The lack of relaxation to PVAT in males could be because the amount of  
2 adiponectin released from PVAT is too small to induce a relaxation in males. Alternatively,  
3 other studies have indicated that an unknown contractile factor is released from porcine  
4 coronary artery PVAT. This may counteract the relaxation response to adiponectin in males.  
5

#### 6 *Clinical relevance of the study*

7 It is becoming increasingly clear that PVAT plays a role in cardiovascular  
8 pathophysiology. For instance, an apparent link has been found between an increase in PVAT  
9 and coronary artery disease (Verhagen & Visseren, 2011). In addition, several clinical studies  
10 have demonstrated vascular protective effects of adiponectin as low plasma levels of  
11 adiponectin is associated with hypertension and other cardiovascular diseases (Aprahamian &  
12 Sam, 2011; Imatoh *et al.*, 2008; Kim *et al.*, 2013) and high levels of adiponectin are  
13 associated with a reduced incidence of acute coronary syndrome and acute myocardial  
14 infarction (Mittal *et al.*, 2013; Pischon *et al.*, 2004). The present study demonstrates that only  
15 PVAT from females has an anti-contractile effect on the coronary artery tone and thus may  
16 contribute to the reduced incidence of cardiovascular disease in pre-menopausal women.  
17 However, further studies are required to determine whether similar sex differences in the  
18 regulation of tone by PVAT are observed in other blood vessels, and, importantly, whether  
19 similar effects are seen in humans.

20 In summary, the present study illustrates that there are clear sex differences in PVAT  
21 function, where PVAT exhibits an anti-contractile responses in PCAs from female pigs, but  
22 not male pigs, which appears to be due to increased adiponectin activity. The sex difference  
23 in the PVAT response is not explained by a difference in the expression or release of  
24 adiponectin, but may be explained by a greater sensitivity of coronary arteries from females  
25 to adiponectin receptor activation. This is the first study to demonstrate that PVAT may have  
26 a protective effect on coronary arteries in females, which is not present in males. This  
27 protective effect could contribute to the cardiovascular protective effects observed in females.  
28 Future studies into the role of PVAT on vascular tone should take into account potential sex  
29 differences in the responses.  
30

1 **Acknowledgements**

2 We thank G. Woods & son Ltd, Clipstone, Nottinghamshire, UK for the supply of pig hearts.

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4 **Conflicts of interest**

5 None.

6



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1 **Figure 1: Effect of PVAT on U46619 and ET-1 -induced Arterial Contraction.** Log  
2 concentration-response curves for the vasoconstrictor effects of U46619 (**A & B**) or ET-1 (**C**  
3 **& D**) in the absence (Control) or presence of PVAT (PVAT) in coronary arteries from female  
4 (A & C) and male pigs (B & D). Data are expressed as a percentage of the contraction to 60  
5 mM KCl and are mean  $\pm$  S.E.M. of 12(A), 6(B), 8(C), 7(D) experiments. \* indicates  $p < 0.05$ ,  
6 2-tailed, paired Student's t-test.

7

8 **Figure 2: PVAT-induced vasorelaxation in both sexes.** Effects of PVAT (0.3 g) in female  
9 (A) and male (B) PCAs. Original trace of recording showing the response of female PCA to  
10 addition of PVAT (C). Effects of addition of PVAT (0.3 g) from female animals on coronary  
11 arteries from male animals (D). Data are expressed as a percentage relaxation from the  
12 U46619-induced tone and are expressed as mean  $\pm$  S.E.M. of 8(A)-8(B)-6(C) experiments, \*  
13 indicates  $p < 0.05$ , 2-tailed, paired Student's t-test.

14

15 **Figure 3: Role of NOS and COX in PVAT-induced vasorelaxation.** (A) Log  
16 concentration-response curves for the vasoconstrictor effects of U46619 in the absence or  
17 presence of PVAT in female PCAs with and without pre-incubation with L-NAME (300  $\mu$ M)  
18 and indomethacin (10  $\mu$ M). Data are expressed as a percentage of the contraction to 60 mM  
19 KCl and are mean  $\pm$  S.E.M. of 11 experiments. (B) Maximum response to the vasoconstrictor  
20 effects of U46619 in female PCAs with fat attached and either absence or presence of pre-  
21 incubation with L-NAME (300  $\mu$ M) and indomethacin (10  $\mu$ M). Data are expressed as a  
22 percentage of the contraction to 60 mM KCl and are mean  $\pm$  S.E.M. of 6 experiments. \*  
23 indicates  $p < 0.05$ , one-way ANOVA v control followed by a Sidak's post hoc test v control.

24

25 **Figure 4: Role of adiponectin in PVAT-induced vasorelaxation.** Effect of pre-incubation  
26 with an anti-adiponectin antibody on PVAT (0.3 g) -induced vasorelaxation in female PCAs.  
27 Data are expressed as a percentage change from the U46619-induced tone and are mean  $\pm$   
28 S.E.M. of 4 experiments. \* indicates  $p < 0.05$ , 2-tailed, Student's paired t-test.

29

30

1 **Figure 5: Expression and release of adiponectin from PVAT.** (A) Expression of  
2 adiponectin (30 kDa) and  $\beta$ -actin (42 kDa) levels in 20  $\mu$ g of PVAT from female (F1-F6) and  
3 male (M1-M5) pigs. (B) Bar chart showing density of adiponectin bands normalised to  $\beta$ -  
4 actin levels, in PVAT from female and male animals. Data are expressed as mean  $\pm$  SEM.  
5 (C) Comparison of the levels of adiponectin in the buffer after incubation with PVAT from  
6 female or male pigs for 1 hours. Data are expressed as a ratio of adiponectin released to  
7 whole weight of PVAT (0.15 g) and are mean  $\pm$  S.E.M. of 6 female and 6 male PVAT  
8 samples.

9

10 **Figure 6: AdipoRon-induced arterial relaxation.** Log concentration-response curves to  
11 adipoRon in coronary arteries from female and male pigs. Data are expressed as a percentage  
12 change from U46619-induced tone and are mean  $\pm$  S.E.M. of 6 female and 8 male  
13 experiments. \* indicates  $p < 0.05$ , (2-way ANOVA followed by a Sidak's post-hoc test).

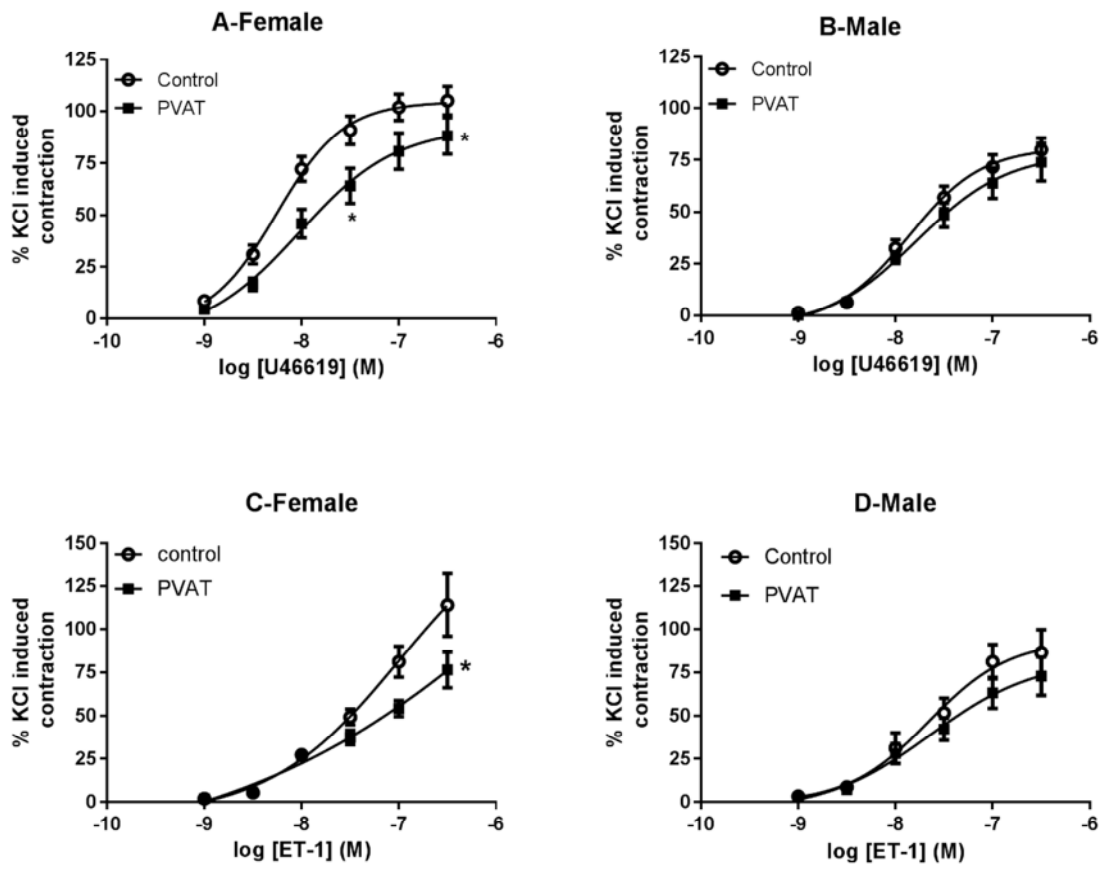
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15 **Figure 7: Expression of adiponectin receptors and adiponectin binding protein.** (A)  
16 Expression of adipo 1 receptor (40 kDa) and  $\beta$ -actin (42 kDa) levels in 20  $\mu$ g of PCA from  
17 female (F1-F6) and male (M1-M5) pigs. Porcine skeletal muscle is used as a positive control.  
18 (B) Expression of adipo 2 receptor (42 kDa) and myosin light chain (MLC) (20 kDa) levels in  
19 20  $\mu$ g of PCA from female (F1-F5) and male (M1-M4) pigs. Rat liver is used as a positive  
20 control. (C) Bar chart showing density of adipo 2 receptor band normalised to MLC levels, in  
21 PCA from female and male animals. Data are expressed as mean  $\pm$  SEM. (D) Expression of  
22 APPL1 (82 kDa) and  $\beta$ -actin (42 kDa) levels in 20  $\mu$ g of PCA from female (F1-F5) and male  
23 (M1-M5) pigs. (E) Bar chart showing density of APPL1 band normalised to  $\beta$ -actin levels, in  
24 PCA from female and male animals. Data are expressed as mean  $\pm$  SEM.

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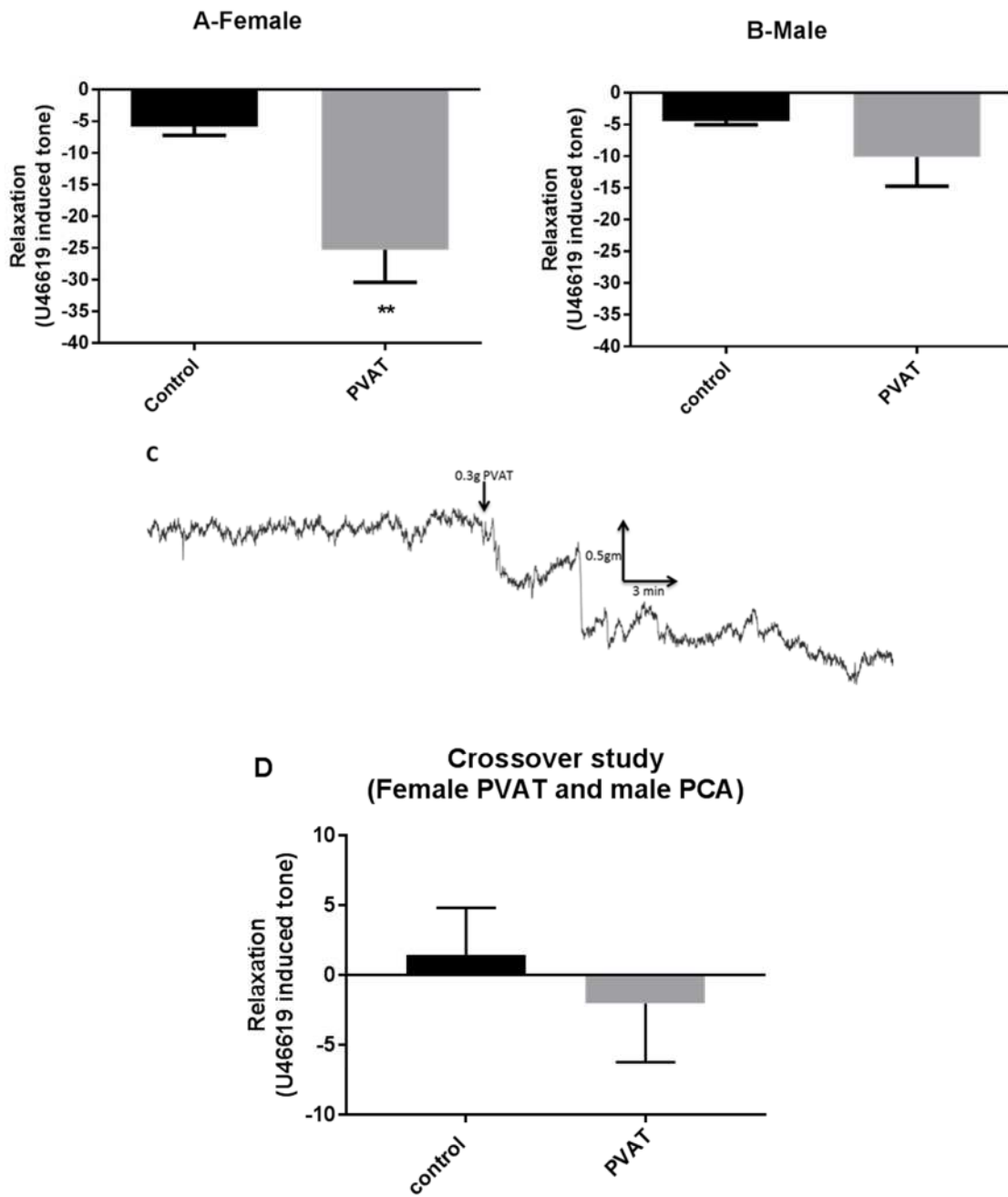
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1 **Figure 2:**

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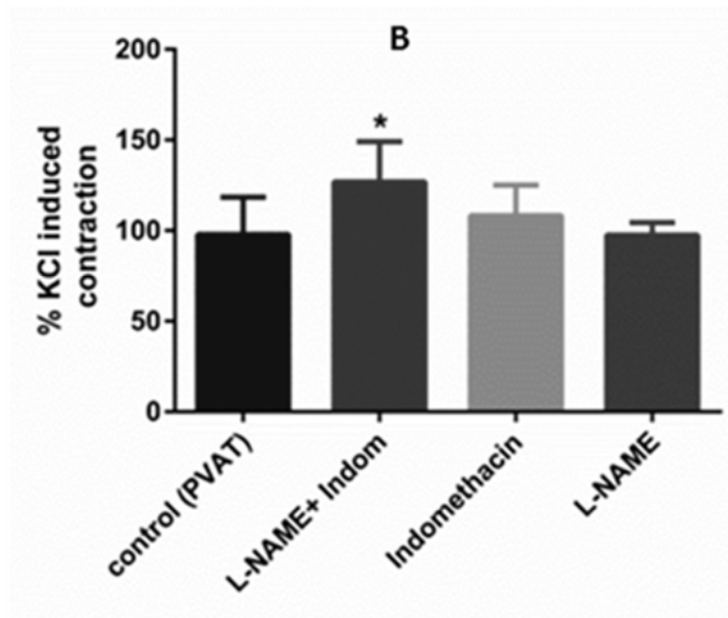
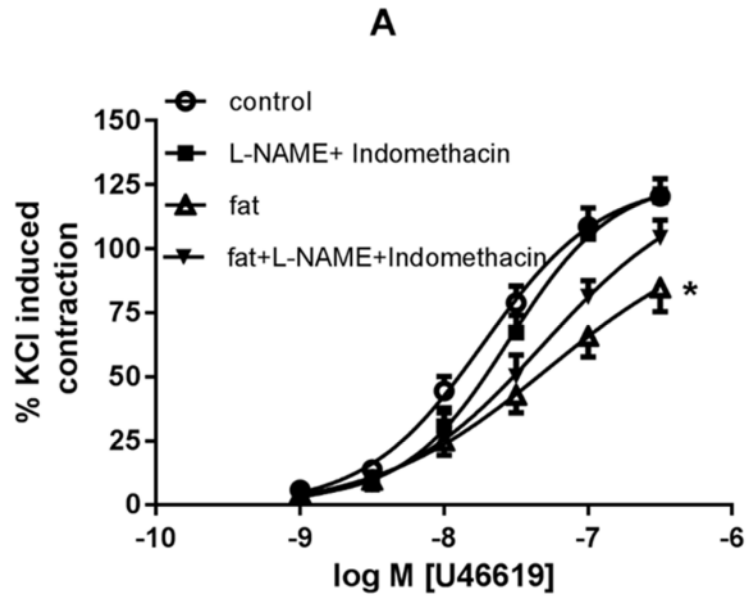
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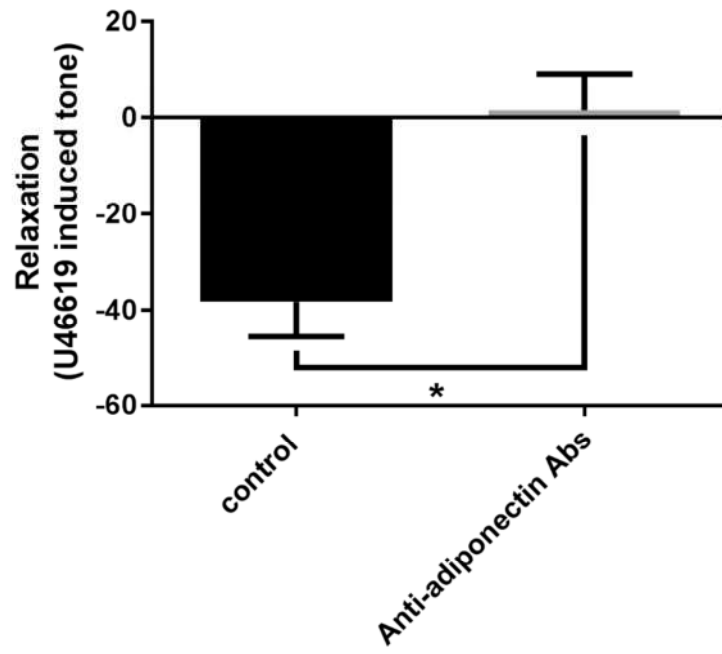
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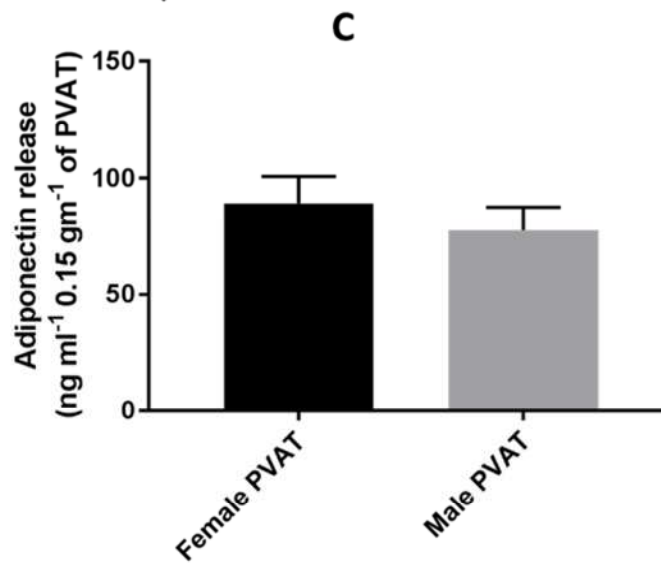
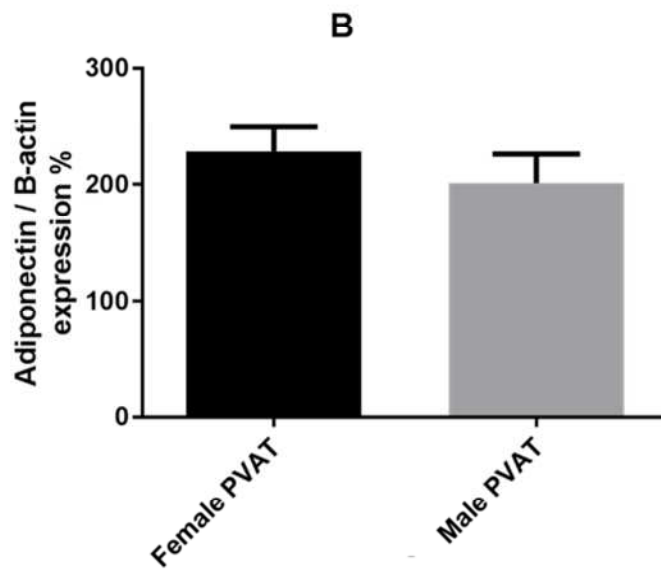
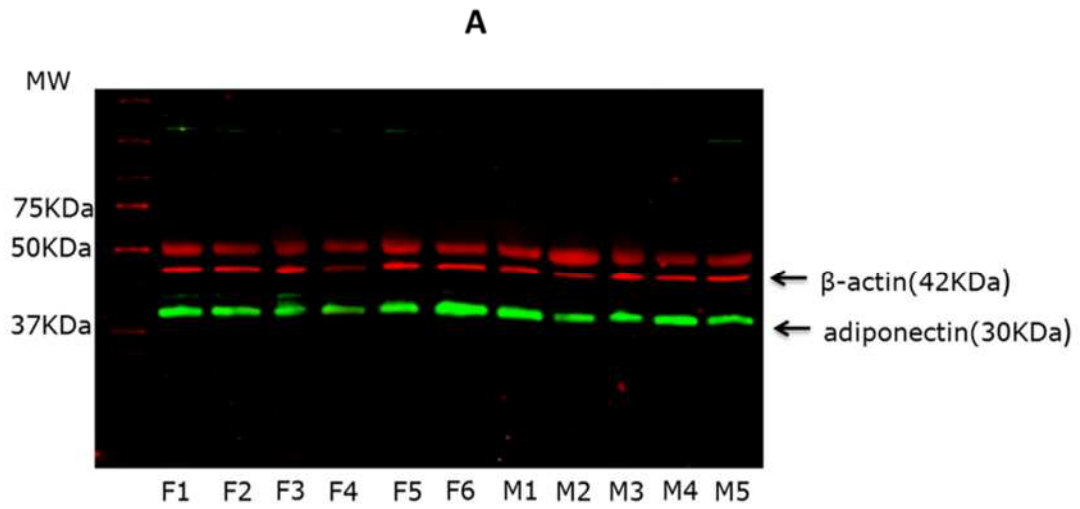
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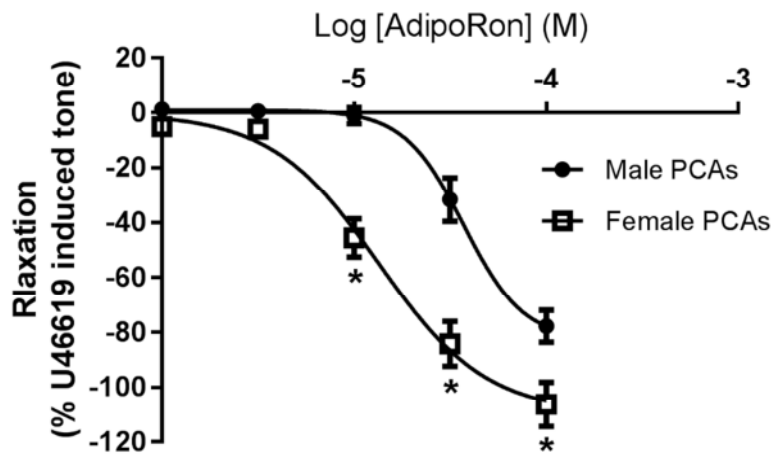
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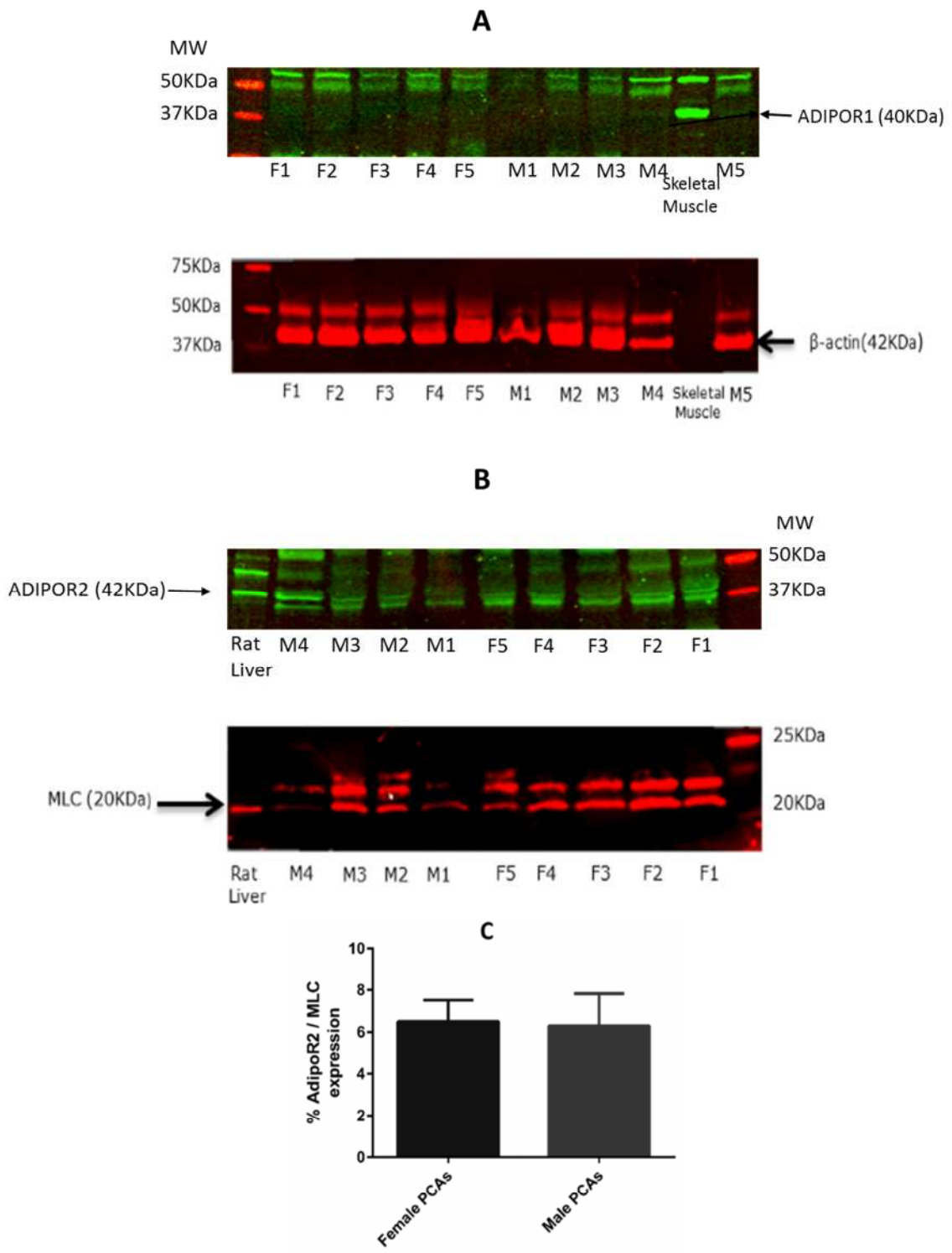
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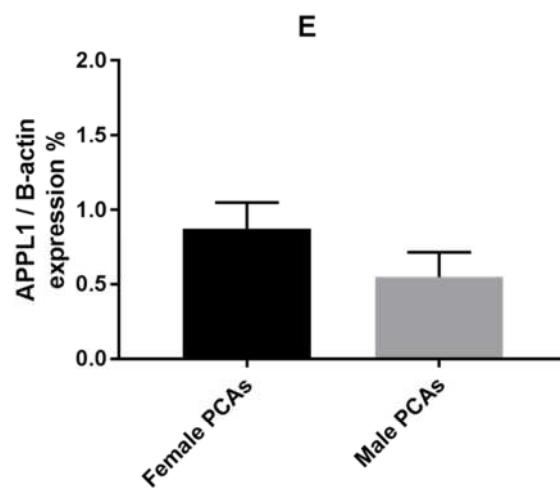
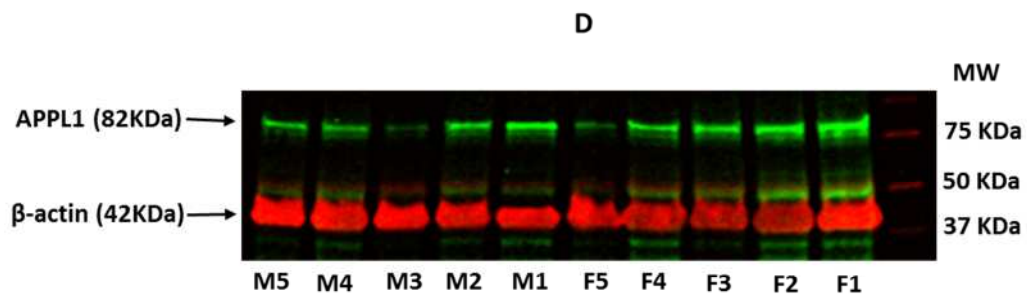


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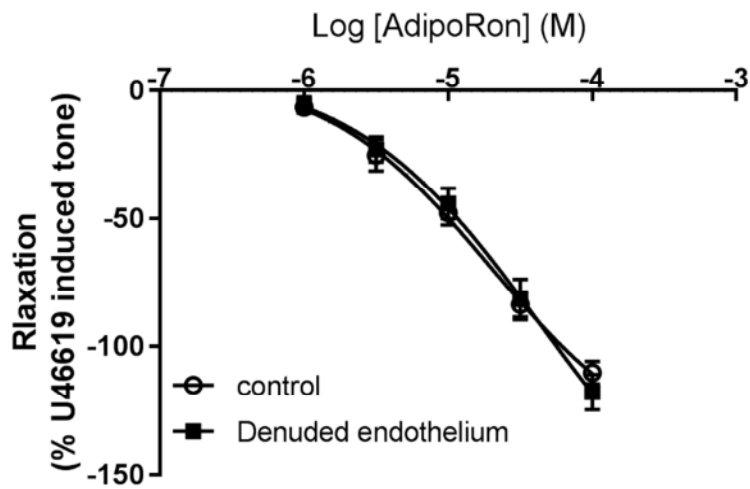
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1 **Supplementary Figure 1:**



2

3 **Figure 1: Role of the endothelium in adipoRon-induced arterial relaxation.** Log  
4 concentration-response curves to adipoRon in intact (control) or endothelium denuded  
5 coronary arteries from female and male pigs. Data are expressed as a percentage change from  
6 U46619-induced tone and are mean  $\pm$  S.E.M. of 8 experiments.

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