

Table 1 A summary of the participants views in the transition process between district psychiatric hospital centers (DPSs) and community mental health services

Main themes/categories	Promote patients transition	Impede patient transition
Integrated care		
Information	Opportunity for information sharing	The lack of a single responsible person at each level. Delays in information sharing.
Documentation	Implementation of systematic plans. Use of e-messages.	The lack of systematic plans.
Team work/ambulant	Around-the-clock care. One responsible health person in each system for each patient.	The lack of meetings. Difficulties in identifying the right staff at different care levels.
Resources	Gearing up community services to specialized care.	Lack of specialized personnel.
Patient activation		
User involvement and autonomy	Involvement of patients and their families in the admission and treatment process.	
Mutual learning and training	Day centers and healthy life centers that offer counselling, support on issues related to mental health.	Lack of day centers and personnel for training and support.
Relationship		The complexity of welfare systems negatively affected patient dignity.