# 1 Sensitivity of the early life stages of mayfly to fine sediment and

## 2 orthophosphate levels

3 Nicholas C. Everall<sup>1</sup>, Matthew F. Johnson<sup>2</sup>, Paul Wood<sup>3</sup> and Lauren Mattingley<sup>4</sup>

- 4 1. Aquascience Consultancy Limited, Chesterfield, Derbyshire, S42 7JS
- 5 2. School of Geography, University of Nottingham, NG7 2RD, UK
- 6 3. Department of Geography, Loughborough University, LE11 3TU, UK
- 7 4. Salmon and Trout Conservation, Burgate Manor, Fordingbridge, Hampshire, UK
- 8

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### 13 Abstract:

The ecological effects of interacting stressors within lotic ecosystems have been widely 14 acknowledged. In particular, the ecological effects of elevated fine sediment inputs and phosphate 15 16 have been identified as key factors influencing faunal community structure and composition. However, while knowledge regarding adult and larval life stage responses to environmental stressors 17 has grown, there has been very limited research on their eggs. In this study, the eggs of the mayfly 18 19 Serratella ignita (Ephemerellidae: Ephemeroptera) were collected and incubated in laboratory 20 aquaria to hatching under differing concentrations of inert suspended sediment (SS) and 21 orthophosphate (OP), individually and in combination. Results indicate that SS and OP have greater 22 effects on egg hatching in combination than when either were considered in isolation. SS displayed a 23 greater effect on egg survival than OP in isolation or when OP was added to elevated SS treatments. 24 Egg mortality in control treatments was around 6% compared to 45% in treatments with 25 mg l<sup>-1</sup> SS and 52% in 0.3 mg  $^{1}$  OP treatments. Even relatively modest levels of each stressor (10 mg  $^{1}$  SS; 0.1 25 26 mg I<sup>-1</sup> OP), below national legal thresholds, had significant effects on egg survival to hatching. The 27 results support calls for legal levels of SS to be reassessed and suggest that more research is required to assess the impacts of pollution on invertebrate egg development given their different sensitivity 28 29 and exposure pathways compared to other life stages.

Capsule: This study is the first to demonstrate that the survival of mayfly eggs to hatching is
 significantly reduced by low levels of widespread environmental pollutants in rivers.

#### 34 1. Introduction

35 Freshwater organisms are currently subjected by multiple, simultaneous and interacting pressures, due to the co-occurrence of effects associated with climate and land-use change (Tockner et al. 36 37 2010; Mantyka-Pringle et al. 2014; Jackson et al. 2016; Sebater et al. 2016). A meta-analysis of 38 research from marine ecosystems has shown that the effect of multiple stressors on aquatic 39 organisms are complex and most frequently synergistic or additive, with the effects being greater or 40 equal when stressors are combined (Przeslawski et al. 2015). In contrast, a recent meta-analysis of 41 freshwater ecosystems reported that the majority of interactions were antagonistic, with effects 42 lower than expected for individual stressors (Jackson et al. 2016); although there has been less 43 research on lotic systems. The uncertainty surrounding the ecological response to multiple, co-44 occurring stressors can lead to unexpected ecological responses (Christensen et al., 2006; Lindenmayer et al., 2010; Dehedin et al., 2013). For example, Piggott et al. (2012) identified that the 45 46 negative impacts of fine sediment on invertebrate and algal diversity were greater when water 47 temperature was increased. Holmstrup et al. (2010) reviewed the impacts of multiple stressors on 48 individual organisms, rather than the entire community, and reported that the majority of studies 49 (including temperature, desiccation and chemicals) resulted in synergistic effects.

50 Aquatic communities are adapted to hydrological regime variability and associated fluxes of solutes 51 and fine sediment (organic and inorganic) derived from the catchment. Lotic ecosystems require 52 sediment inputs to maintain habitat heterogeneity and facilitate nutrient fluxes, but excessive loadings can have negative effects on river ecosystem functioning (Wood and Armitage, 1997; Jones 53 54 et al. 2012). The US Environmental Protection Agency identified fine sediment deposition as the 55 number one source of stream impairment and habitat degradation nationwide (USEPA, 2000; Evans-56 White et al. 2013). Fine sediment may degrade aquatic faunal communities and directly affect 57 individual organisms due to burial, scour or abrasion of soft tissues, clogging of respiration structures 58 (gills of invertebrates and fish), as well as reducing habitat quality and increased emigration from 59 degraded habitats (e.g. Billota and Brazier, 2008; Béjar et al. 2017). In addition, fine sediments can 60 reduce habitat availability by covering coarser sediments, filling interstices and modifying biogeochemical conditions by reducing dissolved oxygen concentrations whilst leading to elevation 61 62 of the concentrations of pollutants within the substrate (Kemp et al., 2011; Jones et al., 2012; Descloux et al. 2014; Mathers et al. 2017). The majority of research centred on fine sediment 63 64 deposition on aquatic organisms has focused on invertebrate larval community composition or adult 65 life stages (Roy et. al., 2003; Extence et. al., 2013; Bona et al. 2016). For example, the detrimental effects of fine sediment on freshwater mussel population has been examined in detail given that 66 67 many species are national or internationally endangered and have important functional roles in

rivers (Denic & Geist, 2015; Lummer et al. 2016). However, with the exception of salmonid fish (e.g.
Grieg et al. 2005; Jensen et al. 2009; Sternecker & Geist 2010; Chapman et al. 2014), few studies
have considered the effects of enhanced fine sediment loading on the egg / embryonic life stages of
aquatic fauna.

72 The effects of elevated phosphorus concentrations on aquatic environments, particularly the 73 proliferation of nuisance phytoplankton and both epiphytic and benthic algae has been widely 74 documented (Mainstone and Parr, 2002; Evans-White et al. 2013; Azevedo et al. 2015) and 75 represents a significant threat to water quality and environmental integrity, internationally (Nijboer 76 and Verdonschot, 2004; Smith and Schindler, 2009; Javie et al. 2015). It is well established that 77 nutrient enrichment (eutrophication) has resulted in the reduction of macroinvertebrate community 78 richness through the extirpation of sensitive taxa, particularly within the insect orders 79 Ephemeroptera, Plecoptera and Trichoptera (Ortiz and Puig, 2007; Friberg et. al. 2010; Bini et al. 80 2014). Orthophosphate (OP) or 'soluble reactive phosphorus' is bioavailable to freshwater organisms 81 and the exceedance of the OP standard has been identified as the single largest cause of water 82 bodies not achieving 'good ecological status' in the UK, under the European Union Water Framework 83 Directive (WFD) (Environment Agency 2012). Phosphorous concentrations have increased in many regions, often linked to human and animal waste; for example, concentrations of Total Dissolved 84 85 Phosphorous increased by 2000% between 1970 and 2000 in northern Chinese Rivers (Strokal et al. 2016). Phosphorous can be particularly problematic because ecological recovery does not 86 87 necessarily follow a reduction of concentrations in the environment due to lag times in ecological 88 responses, complex indirect impacts of elevated phosphorous on aquatic communities, and the 89 effects of associated stressors (Javie et al. 2013). In addition, phosphorous can be bound to sediment 90 and remobilised at a later date when phosphorous inputs into the system may be negligible (Meng 91 et al. 2014; Wood et al. 2015; Emelko et al. 2016). Internationally, elevated nutrient and sediment 92 loads are a management priority and are acknowledged to be the primary contributing factor to over 93 40% of US waters being in poor biological condition (Evans-White et al. 2013).

94 Some pollutants may have potentially greater effects on early life stages of aquatic biota as they are 95 typically the least mobile and therefore the most vulnerable to disturbance events (Clements and 96 Newman, 2002; Przeslawski et al. 2015). Despite a substantial literature on fish eggs and 97 sedimentation (e.g. see Kemp et al. 2011), relationships between aquatic invertebrates (e.g. Denic 98 and Geist, 2015) and especially their egg survival and environmental stressors are almost completely 99 lacking (but see Gleason et al. 2003; Kefford et al. 2010). Therefore, this study focuses on the effects 100 of increasing suspended sediment (SS) and OP concentrations individually and in combination on the 101 survival and hatching success of the eggs of a widespread and ecologically important aquatic insect

larvae, *Seratella ignita* (Ephemerellidae: Ephmeroptera) under experimental conditions. This was
 achieved by investigating whether:

- 104 1. elevated SS concentration impaired egg survival and hatching.
- 105 2. elevated OP concentration impaired egg survival and hatching.
- 106 3. higher concentrations of SS and/or OP had greater effects on egg survival and hatching than
  107 lower concentrations.
- 108 4. SS and OP in combination effect hatching / survival to a greater degree than in isolation.
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### 110 **2. Methodology:**

### 111 2.1. Target Organism

112 The Blue-Winged Olive Mayfly (Serratella ignita (Poda, 1761): Ephemeroptera: Ephemerellidae) is 113 one of the most common Ephemeroptera species in the British Isles and is present across most of 114 Europe, including the Mediterranean region. Typically nymphs are found in unpolluted, fast flowing 115 systems, emerging between June and September, with nymphs present in the river from March to 116 September (Elliot & Humpesch, 2010; Macadam and Bennett, 2010), although this varies depending 117 on thermal regime and flow permanence (Lopez-Rodriguez et al. 2009). Their life cycle typically 118 includes a long overwintering period in the egg stage. Females of S. ignita produce a ball of eggs 119 attached to the posterior underside of the abdomen. The animal descends to the water surface, 120 releasing the egg mass which sinks and becomes anchored to the substrate via fibrous attachments (Gaino & Bongiovanni, 1992). S. ignita is ecologically important because of its widespread 121 122 distribution and high abundance, which makes it significant for supporting fisheries. However, 123 numbers have declined in a number of UK rivers over the past 20 years, particularly chalk streams 124 (Bennett & Gilchrist, 2010). S. ignita larvae are known to be sensitive to fine sediment loading and OP concentration, with investigations linking losses of *S. ignita* to enhanced fine sediment loading 125 126 effects in European rivers (Everall, 2010; Larsen et. al., 2011; Minutoli et al. 2013).

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### 128 2.2. Experimental Set-Up and Overview

Experiments were undertaken in experimental, laboratory chambers (Figure 1). A total of 24 chambers were run in parallel for the duration of the experimental period, each representing a different treatment. Each experimental chamber housed 3 glass laboratory slides, which acted as a substrate for *S. ignita* eggs. Each slide contained approximately 30 egg masses which were left to develop on the slides for 8 months under either control or experimental treatment conditions. The
experimental chambers consisted of plastic funnels with a slide mount lodged above the outflow.
The 3 glass slides were held vertically at 45 degrees and in parallel in the slide mount and remained
submerged for the duration of the experiment in the 20 mm diameter circular container.

The water used in experiments was aerated and had pre-determined concentrations of OP and SS. It was held in 25 I reservoirs, elevated above the experimental chamber and allowed to flow through the system under gravity from a tap, which limited the flow rate to 0.65 ml min<sup>-1</sup>. Water drained through the experimental chamber and out through a pipe to a drain (Figure 1).

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### 142 **2.3.** Serratella ignita egg collection and laboratory acclimation

Hundreds of swarming gravid adult Serratella ignita were collected from above the water surface of 143 144 the River Manifold in Staffordshire, UK (53°09'49.15"N; 001°51'35.70"W) in August 2015. Adult S. 145 ignita were carefully transferred in ventilated plastic aquaria (40 x 25 cm) fitted with temporary 146 cardboard floors to the laboratory where they were placed on top of white plastic trays (38 x 22 x 5 147 cm). Each tray bottom was lined with 36 sterilised glass slides and covered by 2 cm of aerated water 148 from the sample site. The temporary cardboard floors of the adult mayfly aquaria were removed 149 allowing gravid female S. ignita to access the river water surface in the glass slide lined trays to lay 150 their eggs.

151 Over 24 hours, the gravid female S. ignita laid their egg masses on to the water surface whereupon 152 they sank and became attached to the glass slides lining the trays. Spent S. ignita spinners and body 153 parts (Supplementary Material A) were carefully removed from the egg slides using sterilised steel 154 forceps, paying attention not to disturb the deposited egg masses. The egg mass covered slides were 155 left in situ for another 24 hours to allow egg mass adhesion to the glass slides after which they were 156 transferred to slide holders in the treatment chambers (Supplementary Material B) using sterilised 157 forceps. Prior to transfer, each slide had the number of egg masses per slide recorded in indelible ink 158 on the slide. All 24 experimental chambers had been running for 20 days with a discharge flow of 0.65 ml min<sup>-1</sup> of carbon-limestone filtered tap water prior to slide introduction. 159

All of the egg mass slides were left to acclimate in flow through chambers supplied with dechlorinated, filtered tap water for a further 24 hours prior to the commencement of experiments with treatment exposures. The acclimation and treatment bioassays were subject to ambient outdoor air temperatures, humidity and light regime during the experimental period between August 2015 and March 2016.

### 166 2.4. Bioassay design and egg monitoring

167 A summary of the bioassay treatments used in the experiment are presented in Table 1. Every 168 month of the bioassay the 3 slides in each treatment were placed under a microscope for a few 169 minutes in a wet mount containing the appropriate bioassay test solution for observation. The slides 170 were examined for any egg mass loss, egg mass emergence, and secondary biological growth e.g. 171 fungal hyphomycae. Egg mass emergence was considered when approximately >90% of the viable 172 eggs in the mass had hatched. Egg mass loss was considered to have occurred if a similar proportion 173 of the individual eggs within the mass had died or if the egg mass had fallen from the slide, 174 identification of which was aided by marks left on the slide by displaced egg masses (Supplementary 175 material C). Secondary fungal hyphomycae growth was clearly identifiable under a microscope. In subsequent analysis, the status of egg masses was aggregated across the 3 slides. 176

177 After 3 months the slides in each treatment were carefully checked monthly for individual egg 178 mortalities, within egg masses. It was not possible to count every egg within all egg masses. Instead, 179 an egg mass was randomly selected from each of the 3 slides in each experimental chamber and the 180 state of 200 eggs were counted under a microscope. Eggs were recorded as being either healthy or 181 dead, where dead eggs were readily identified because they turned an opaque white, as reported 182 previously by Yeo and Dechoretz (1973). Any egg mass chosen for egg mortality observation had an 183 indelible dot placed on the reverse side of the slide so that it was not chosen again for observation. 184 In subsequent analysis, egg mortality was aggregated across the 3 slides in each experimental 185 chamber, giving a total sample of 600 individual eggs for each treatment.

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#### 187 **2.5.** Chemical dosing and testing

The base and experimental control water during the acclimation and bioassay testing period was tap water run at 0.65 ml min<sup>-1</sup> through filters housing a mix ratio of 5:1 6 mm limestone chippings: granular activated carbon to reduce background levels of OP in tap water and remove any trace impurities. Test compounds were made up from the base water with the required dose additions of Sigma Aldrich 1000 mg l<sup>-1</sup> Orthophosphate and 1000 mg l<sup>-1</sup> Total Suspended Solids (inert silica particles, diameter 5 – 100 µm) calibration standards.

194 Water temperature in experimental test chambers was recorded daily in the control and once a 195 month in other treatments. Daily water temperature mirrored ambient air temperature

196 (Supplementary material D). Dissolved oxygen and pH were also recorded once a month across all 197 the treatments. Water samples were taken from all of the bioassay test chambers once a month 198 across the 8 month experimental period using an overflow valve fitted into the treatment rigs 199 (Figure 1). All samples for chemical analysis were sent to the UKAS Accredited National Laboratory 200 Service for monthly analyses of Total Nitrogen, Ammoniacal Nitrogen, Nitrite, Alkalinity (to pH 4.5 as 201 CaCO3), Orthophosphate, pH, Suspended Solids (at 105 °C), Boron, Calcium, Iron, Lithium, 202 Magnesium, Manganese, Sodium, Water hardness (Total as CaCO3), Arsenic, Selenium, Cadmium, 203 Copper, Lead, Mercury, Nickel and Zinc (Supplementary material E). The test treatments were also 204 tested monthly for respective actual dosed SS and OP levels.

205 Mean physical-chemical properties for each of the bioassay chambers from 8 monthly samples 206 across the study period are presented in Table 2. Individual monthly measurements of physical-207 chemical conditions are presented in Supplementary material D and clearly indicate that background 208 water quality was stable with low level of trace chemicals in the control and test diluent water 209 during the tests (Supplementary material E). With the exception of the test variables, there were no 210 significant differences found between diluent physical-chemical conditions in the bioassays across 211 the 8 month experiment (p < 0.01; ANOVA). The measured concentrations of SS and OP in water 212 samples also display good spatial and temporal stability with the dosed concentration. In control 213 experiments, OP concentrations were ~0.04 mg l<sup>-1</sup> despite ~96-98% phosphate removal from the 214 baseline diluent tap water, similar to the performance of phosphorous removal of other workers 215 using this type of filter (e.g. Hussain et. al., 2011).

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### 217 2.6. Statistical analysis

A regression modelling approach was used to examine the impact of concentration gradients of OP and SS on egg mortality. The number of dead eggs recorded over time, from a sub-sample of 600 eggs, was recorded for different concentrations and combinations of OP or SS. Regression models were developed for the association between the total number of dead eggs and the concentration of OP and/or SS for different exposure periods. In addition, regression models were developed for the association between the percentage of egg masses that emerged at the end of the experiment and OP and SS concentrations, and combinations to examine additive effects.

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#### 226 **3. Results**:

#### 227 3.1. Egg mortality within bioassays

228 The number of dead eggs recorded within egg masses increased as the concentration of OP and SS 229 increased above control levels. Egg mortality in control experiments were consistent between 230 treatments and remained low, averaging 5.8% of sampled eggs across all treatments and ranging 231 from 27 to 42 eggs out of 600. As concentration of SS and OP increased, there were substantial 232 increases in egg mortality, representing a 972% increase under the highest OP levels and 1261% 233 increase under the highest SS concentration over control levels. Mortality increased exponentially 234 with SS and OP concentration when dosed individually (Figure 2a; b), with significant regression 235 models developed between OP or SS concentration and mortality after 71 days of exposure (SS p <236 0.01,  $R^2 = 0.88$ ; OP p < 0.01,  $R^2 = 0.99$ ). After 183 days of exposure, exponential relationships between OP or SS concentration remained significant (p < 0.01 in both cases) with high explanatory 237 238 power (98% of variance in both cases) (Table 3).

When SS and OP were dosed in combination, mortality increased over equivalent concentrations in isolation (Figure 2c; d). The increase in egg mortality when 0.07 mg l<sup>-1</sup> OP was added was small, but consistent and the relationship remained exponential. In contrast, the addition of 10 mg l<sup>-1</sup> of SS to OP concentrations resulted in a marked increase in mortality and a change in the relationship between egg mortality and OP concentration from exponential to linear (Table 3).

In control runs and low doses of SS and OP (<5 mg  $l^{-1}$  and < 0.1 mg  $l^{-1}$ , respectively), egg mortality did 244 245 not increase over time, but remained around 6% of sampled eggs (Figure 3a; b). Although mortality increased when SS was elevated to above 10 mg l<sup>-1</sup>, egg mortality did not increase substantially over 246 time, only increasing by about 10% of the sampled eggs over the duration of experiments (10 mg l<sup>-1</sup> 247 248 10% to 20%; 15 mg  $l^{-1}$  19% to 29%). When SS was above 20 mg  $l^{-1}$ , mortality increased through time 249 linearly, from 45% to 80% of sampled eggs in the case of the highest dose (Figure 3a). For OP, 250 mortality consistently increased through time for all treatments except the control; however this 251 was limited to less than 6% for all treatments, except the highest two concentrations (Figure 3b). 252 Similar patterns were observed when OP and SS were dosed in combination, with egg mortality 253 increasing through time with the rate of mortality increasing as dosage increased. When SS was 254 added to OP treatments, egg mortality increased faster and to a higher percentage of sampled eggs 255 in comparison to when OP was added to SS treatments (Figure 3c, d).

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### 257 3.2. Egg mass emergence in bioassays

258 The number of egg masses that emerged decreased exponentially as concentration of OP or SS increased (OP  $R^2$  = 0.998; SS  $R^2$  = 0.963; p < 0.01 in both cases). OP effects were discernible from 259 control treatments at 0.1 mg l<sup>-1</sup> and from SS controls at 10 mg l<sup>-1</sup> (Figure 4a, b). The emergence of 260 egg masses exposed to OP declined substantially when 10 mg l<sup>-1</sup> of suspended sediment was added 261 262 to treatments, supporting the findings of individual egg counts (Figure 4a). An exponential 263 relationship between egg emergence and OP persisted with the addition of SS (p < 0.01;  $R^2 = 0.998$ ) but with greater egg mass emergence at concentrations of OP 0.1 mg  $l^{-1}$  and above. In contrast, 264 when 0.07 mg l<sup>-1</sup> of OP was added to SS treatments, there was no clear difference between egg mass 265 emergence with and without OP (Figure 4b). 266

The 3 separate slides within each treatment indicated very high consistency in results observed. The largest difference in egg mass emergence between the 3 slides within each treatment was 27% for those subjected to 0.3 mg  $l^{-1}$  OP plus 10 mg  $l^{-1}$  SS (Figure 5).

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### 271 **4. Discussion**:

### 272 4.1. Effects of multiple stressors

When low levels of SS were added to OP treatments, the mortality rate of eggs increased markedly, indicating that SS and OP had a greater impact on *S. ignita* when combined than when present individually. However, when low levels of OP were added to SS treatments, there was no discernible effect on mortality rates above SS in isolation, suggesting SS had a greater effect on egg and egg mass survival than OP.

278 Studies focusing on multiple stressors have consistently reported fine sediment to be a more 279 pervasive stressor to the abundance of individual invertebrate species (Wagenhoff et. al., 2011) and 280 invertebrate communities (Piggot et al. 2015; ; Elbrecht et al. 2016) than enhanced nutrient 281 concentrations, indicating that priority should be given to minimising fine sediment over nutrient 282 inputs. However, contrasting results have been found in some cases where chemical composition of 283 fine sediment was more important than sediment quantity in controlling invertebrate community 284 composition (von Bertrub et al., 2013). For example, Andersen et al. (2006) found uncontaminated 285 sediments had no effect on the survival of several invertebrate species (Hyalella Azteca [amphipoda; 286 Hyalellidae]; Procloeon sp. [Ephemeroptera; Baetidae]; Chironomus dilutes [Diptera; Chironomidae]). 287 In the current experiments, suspended sediment was inert silica particles, clearly demonstrating that 288 it is the deposition of sediment, rather than associated chemicals, that effected S. ignita egg

289 development. A potential explanation for the difference between studies is that the species 290 examined by Andersen et al. (2006) were characteristic of slow flowing lowland streams or marginal 291 habitats dominated by macrophytes, where fine sediment concentrations and accumulations were 292 naturally high. This contrasts with S. ignita, which is typical of moderate flowing streams with coarse 293 substrates and where SS concentration is likely to be much lower than lowland reaches. As such, S. 294 ignita is adapted to environments with naturally lower concentrations of fines and as a result fine 295 sediment potentially acts as a stressor at lower concentrations than for many species adapted to 296 slow flowing habitats (Elliot and Humpesch, 2010). Consequently, it is likely that the relative 297 significance of SS and associated contaminates will depend on the receptor species and their 298 association with specific habitats.

299 Each female S. ignita produces many eggs and as a result the effect of the elevated egg mortality on 300 the viability of populations is difficult to assess. For example, it is possible that if hatching success 301 was high in rivers, density dependent processes may result in many early instar larvae perishing, 302 reducing the population level effects of egg mortality due to anthropogenic stressors. Therefore the 303 results here do not necessary imply population level impacts. In addition, S. ignita is a common 304 species in the UK and Europe and often occurs in high abundance. However, S. ignita larvae have 305 been shown to be highly sensitive to sedimentation and their presence is used in national biological 306 metrics to indicate reduced fine sediment pressure (Extence et al. 2011). In addition, the proportion 307 of individuals commonly surviving through to reproduction is not known and there is both anecdotal 308 and documented evidence that the abundance of S. ignita has declined over the past 20 years in 309 some English rivers (Bennett & Gilchrist, 2010).

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### 311 **4.2.** The effect of suspended sediment on eggs

312 The results of this study indicate that the egg stage of Serratella ignita is susceptible to sustained 313 high levels of SS concentration during their 8 month developmental period. Concentration 314 dependent mortality of S. ignita eggs was evident at annual mean equivalent concentrations of 10 -25 mg  $l^{-1}$  but levels of fine sediment < 10 mg  $l^{-1}$  displayed no markedly higher egg mortality than the 315 control treatments. The cause of egg mortality is hypothesised to be reduced oxygen transfer due to 316 317 sediment coating egg surfaces. Additionally, the build-up of fine sediment over time caused some of 318 the egg masses to be dislodged from the slides after 6 months of exposure in the 20 and 25 mg l<sup>-1</sup> treatments. These egg masses were eroded and lost within the dosing rig sumps and, therefore, it is 319

not clear if the individual eggs were still viable; however, in watercourses dislodgement exposing egg
 masses to scour damage, burial and predation would be highly disadvantageous.

322 Other experiments examining the effect of fine sediment covering on invertebrate eggs have 323 reported reduced survival and hatching for Chironomus cloacalis (Diptera; Chironomidae), Physa 324 acuta (Gastropod; Physidae) and Gyraulus tasmanica (Gastropod; Planorbidae) (Kefford et al. (2010). 325 In control treatments without fine sediment, 100% of viable eggs of all three species hatched, but 326 this was reduced when buried with clay (kaolin) or sand; although, the direct effects of suspended 327 sediment were limited. Similarly, Gleason et al. (2003) found that burial to 0.5 cm caused a 99.7% 328 reduction in the emergence of invertebrate eggs from wetlands. The impact of SS on invertebrates is 329 complex because of associated contaminates; for example, the source of sediment has been shown 330 to be important for salmonid embryo development, primarily because the organic matter content of sediment consumes oxygen as it degrades, potentially reducing oxygen availability to developing 331 332 embryos (Sear et al. 2014). In addition, the influence of other stressors confound ecological response; for example, Doretto et al. (2017) found that high availability of coarse particulate organic 333 334 matter mitigated the negative effects of fine sediment, which clogged interstitial spaces in artificial 335 substrates in the Po River, Italy.

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337 Fish eggs are negatively effected by fine sediment (Kemp et al. 2011). Much of the research on fish embryo development and fine sediment has focused on the clogging of interstitial spaces in 338 339 salmonid fish redds and associated reduction of interstitial flow volume and velocity (Jensen et al. 340 2009; Chapman et al. 2014). However, deposition of clay particles directly onto salmon (Salma salar) 341 eggs has been shown to reduce oxygen exchange across the egg membrane and increase mortality 342 (Greig et al. 2005). This mechanism is also hypothesised to be responsible for mayfly egg mortality in these experiments. Research has also demonstrate that salmonid fish egg development can be 343 344 effected by sedimentation by the prevention of the expulsion of metabolic wastes from the egg 345 chorion (Chapman 1988; Bennett et al. 2003). Concentrations of nitrates and ammonia may 346 significantly affect salmonid egg development (e.g. Sternecker et al. 2013) and Reynolds & Guillaume (1998) found phosphate concentrations of 0.5 mg l<sup>-1</sup> resulted in earlier emergence of European 347 348 Bitterling (Rhodeus sericeus) embryos from eggs deposited within the gills of freshwater mussels. 349 However, little research has investigated the link between elevated phosphorous concentration and 350 fish embryo development.

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### 352 4.3. Phosphorous effects on egg development

Mortality of S. ignita eggs was evident at annual mean equivalent concentrations of 0.1 - 0.3 mg l<sup>-1</sup> 353 OP but levels of biologically available phosphorous  $< 0.1 \text{ mg l}^{-1}$  resulted in no higher egg mortality 354 355 than in control treatments. The cause of egg mortality in the highest dose of 0.3 mg l<sup>-1</sup> appeared to 356 be related to the growth of aquatic fungal filaments smothering the egg masses after 1 month of 357 exposure. The adhesive, mucous coating of mayfly eggs has been postulated to protect the egg from 358 bacterial and fungal attack (Gaino et. al., 2009), although any protection appeared to have been lost as a result of elevated OP stimulating microbial growth, resulting from the high availability of 359 360 phosphorous. From light microscopy examination of fungal smothered eggs both undetermined 361 aquatic hyphomycete species and Fusarium aquaeductum were identified coating the egg surfaces. 362 Aquatic hyphomycetes growing on fish eggs have been found to be pathogenic (Wedekend et. al., 2010) and Fusarium species have been documented parasitizing eggs of the Penaeid prawn 363 364 Marsupenaeus japonicus (Momoyama, 1987).

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366 Egg mortality in treatments with lower OP levels, where there was no evidence of fungal growth, 367 suggested other direct impacts of elevated biologically available phosphorous levels. Chronic 368 exposure to sub-lethal concentrations of phosphates have been reported to have negative effects on 369 early stages of aquatic fauna; for example, abnormal embryonic development in sea urchin 370 (Lytechinus variegatus) (Bottger and McClintock, 2002). In addition, the cells of more complex 371 organisms have also shown impaired gene expression (Rutherford et. al., 2006) and cell membrane scrambling (Voelkl et. al., 2014) with increasing extracellular phosphate concentrations. Therefore, it 372 is hypothesised that egg mortality in the range of continuous OP exposures of 0.1 - 0.2 mg l<sup>-1</sup> may 373 374 have been due to direct physiological and genotoxic impacts.

### 375 **4.4. Concentrations of OP and SS in rivers**

376 The ability of an organism to survive exposure to a stressor is dependent upon the concentration of 377 the parameter and duration of exposure (Tabak and Gibbs, 1991; Zhao and Newman, 2006; Cope et 378 al. 2008). The total duration of exposure to a concentration of suspended solids is acknowledged to 379 be a key variable determining its effect on aquatic biota (Billota and Brazier, 2008). For example, Maturana et al. (2014) found that continuous, chronic exposure of sediment had a greater 380 381 detrimental impact on salmonid embryos than instantaneous pulses of sediment. The exposure 382 conditions here were not directly comparable to natural conditions within a river, where pulsed and 383 intermittent exposure of organisms to sediments and nutrients are common (Alabaster and Lloyd, 384 1980; Davies and Bothwell, 2012; Outram et al. 2014). However, SS and OP levels used in these

experiments represent relatively modest concentrations for many English rivers, typically belowWFD specified thresholds.

The Environment Agency (EA), the statutory environmental regulator in England, recorded 32549 387 388 spot measurements of OP across England in 2015 and 22% of those were above 0.3 mg l<sup>-1</sup>, the 389 highest concentration used in these experiments. Monthly spot measures were made at 1812 390 locations across England in 2015, where at least 9 measurements were made throughout the year. 391 Of these sites, 22% had annual average values higher than 0.3 mg l<sup>-1</sup> and over half had average 392 concentrations above 0.1 mg l<sup>-1</sup>, the lowest concentration used in these experiments with a statistical effect on egg survival. 26% of sites had OP levels above 0.1 mg l<sup>-1</sup> in every measurement 393 394 made throughout the year (Table 4). These results are consistent with the work of Worrell et al. 395 (2016) who calculated that annual average OP concentrations have declined from 0.19 to 0.1 mg  $l^{-1}$ 396 between 1974 and 2012 in England, Wales and Scotland, based on routine monitoring data. 397 Therefore, whilst concentrations of OP are declining across Europe (Bouraoui and Grizzetti, 2011), in 398 many streams concentrations remain above those found to exert an effect in the experiments reported in this study. Fewer sites were sampled for suspended sediment but of the 129 sites with 9 399 400 or more measurements in 2015, 9% had average values higher than 25 mg l<sup>-1</sup> and 39% had values over 10 mg l<sup>-1</sup>, found to effect egg hatching in these experiments (Table 4). OP legal levels are 401 402 dependent on site specific characteristics and physio-chemical conditions but it is clear that low- to-403 moderately elevated levels can have direct effects on insect egg development, which may be 404 accelerated at higher concentrations by fungal growth. In addition, elevated OP in rivers alters 405 primary production leading to important indirect implications for dissolved oxygen concentrations 406 and water temperature because excessive plant and algae growth can shade the water column, 407 which may also impact insect egg development (Humpesch 1980; Elliot, 1987; Pritchard et al. 1996; 408 Bennett 2007; Rotvit and Jacobsen, 2013).

409 The current experimental findings support the growing concern that the annual mean SS guideline 410 standard of 25 mg l<sup>-1</sup> in the UK is not sufficient (WWF, 2007). This is supported by other studies that have identified effects of fine sediment on invertebrate survival at levels  $\geq$  8 mg l<sup>-1</sup> in Canadian 411 freshwaters (Rosenberg and Wiens, 1978; Quinn et. al., 1982). In these experiments, egg masses 412 413 were lost because of sediment coverage and the weight of deposited sediment dislodging them, 414 although it is not clear whether dislodgement occurred during or after egg health had deteriorated, 415 potentially reducing their adhesive properties. In rivers, this would probably result in the burial and/or damage of eggs. The coating of eggs with sediment has implications for oxygen transfer 416 417 which will be partly controlled by the extent of sediment coverage on the egg surface, as well as the

418 particle size and shape. These parameters will be at least partially dependent on the flow velocity 419 and sediment properties and are likely to be less well correlated to suspended sediment 420 concentrations. Therefore, the results support the assertion of Bilotta and Brazier (2008) and Kefford 421 *et al.* (2010) that standards should move away from turbidity or suspended sediment concentrations 422 to focus on settlement rates and sediment properties. Similarly, the source of sediment could have 423 different effects on egg mortality because of its ability to harbour other pollutants, including 424 phosphorous.

425

### 426 4.5. Management implications

427 Previous research on the larval and adult stage of invertebrates indicates that elevated SS and OP 428 are pervasive issues in river management (Friberg et. al. 2010; Jones et al. 2012; Bini et al. 2014; 429 Mathers et al. 2017). Internationally, OP concentrations remain high and rising in many river 430 systems, in particular due to agricultural intensification and population increases coupled with the 431 direct discharge of untreated human waste (Tysman et al. 2013; Strokal et al. 2016; Yan et al. 2016). 432 Despite reductions in both SS and OP concentrations in river systems across Europe and North 433 America, many rivers still show clear signs of negative impact (Javie et al. 2015; Blaas and Kroeze, 434 2016). This is likely to be partly related to the indirect impacts of OP and SS, their interaction with 435 other stressors, lags in ecological response, and remobilisation of OP bound to sediments long after inputs into the river system have been reduced (Jarvie et al. 2012). However, the results presented 436 437 here suggest that relatively low levels of both SS and OP can negatively affect invertebrate egg 438 development. Therefore, it is possible that by focusing on the larval and adult stage of invertebrate 439 development, important information is being missed about the tolerance of species during what is 440 potentially their most vulnerable developmental stage. More information is needed on the effect of 441 stressors on egg development as impaired hatching could have significant implications for 442 invertebrate populations at lower pollutant concentrations than those observed to effect larval and 443 adult stages of the same species.

444

#### 445 **5. Conclusions:**

The effects of environmental pollutants on the eggs of aquatic invertebrates are not well understood
despite the fact that eggs are potentially the most vulnerable life stage of many invertebrates.
Relatively modest levels of SS and OP have highly significant detrimental effects on the mortality of

449 S. ignita eggs, with potentially significant implications for populations of mayfly. Fine sediment was 450 the more pervasive stressor, increasing mortality of eggs exposed to OP enrichment, whereas 451 elevated OP levels did not significantly increase mortality in comparison to those exposed only to 452 fine sediment. The direct mechanism for the detrimental effects on eggs is likely to be complex but 453 suspended sediment settled onto eggs, coating them and under high dosage (> 0.2 mg  $l^{-1}$ ) resulting 454 in dislodgement. High OP levels (> 0.2 mg l<sup>-1</sup>) fuelled the growth of hyphomycete, which negatively 455 affected eggs. The mechanism by which lower levels of OP  $(0.1 - 0.2 \text{ mg l}^{-1})$  negatively impacted 456 eggs, in the absence of hyphomycete growth, is not known. Current legal limits of SS and OP in the 457 European Union are above those found to have an effect in the experiments reported in the study 458 and suggests management needs to focus on elevated SS levels. Although levels are dropping across 459 Europe – substantially in the case of OP – the results of these experiments support growing concern 460 about current guidelines relating to SS and associated organic contaminants and the need for more 461 stringent regulation.

462

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## **Table 1:** Experimental designs for bioassays.

Chemical treatment	Nominal chemical concentration mg/l							
Fine suspended solids (SS)	0	5	10	15	20	25		
Orthophosphate (OP)	0	0.05	0.07	0.1	0.2	0.3		
0.07 mg l <sup>-1</sup> OP + SS	0	5	10	15	20	25		
10 mg l <sup>-1</sup> SS + OP	0	0.05	0.07	0.1	0.2	0.3		

**Table 2:** Mean physical-chemical properties for each bioassay.

Parameter	Mean water quality ± s.d. (n = 10)							
Nominal SS concentration (mg l <sup>-1</sup> )	0	5	10	15	20	25		
Actual SS concentration (mg l <sup>-1</sup> )	<3	$5.2 \pm 0.2$	$10.0 \pm 0.1$	$14.9 \pm 0.2$	$20.0 \pm 0.2$	24.7 ± 0.6		
Water temperature (°C)	$13.4 \pm 4.9$	13.4 ± 4.9	13.5 ±4.9	$13.4 \pm 5.0$	$13.3 \pm 5.0$	13.3 ± 4.9		
Dissolved oxygen (mg l <sup>-1</sup> )	$10.5 \pm 0.4$	$10.3 \pm 0.4$	$10.3 \pm 0.4$	$10.3 \pm 0.4$	10.2 ±0.2	$10.3 \pm 0.4$		
рН	$8.0 \pm 0.1$	$8.0 \pm 0.1$	$8.0 \pm 0.1$	$7.9 \pm 0.3$	$7.9 \pm 0.1$	7.9 ± 0.1		
Nominal OP concentration (mg l-1)	0	0.05	0.07	0.1	0.2	0.3		
Actual OP concentration (mg $l^{-1}$ )	0.04 ± 0.01	$0.05 \pm 0.01$	$0.07 \pm 0.02$	$0.11 \pm 0.01$	$0.20 \pm 0.01$	0.30 ± 0.01		
Water temperature (°C)	$13.4 \pm 5.1$	13.1 ± 4.9	$13.0 \pm 5.0$	$13.0 \pm 4.9$	$12.9 \pm 5.0$	12.8 ± 5.0		
Dissolved oxygen (mg l-1)	$10.5 \pm 0.4$	$10.2 \pm 0.3$	$10.2 \pm 0.3$	$10.3 \pm 0.3$	$10.2 \pm 0.3$	$10.3 \pm 0.4$		
рН	7.9 ± 0.1	$7.9 \pm 0.1$	$7.9 \pm 0.1$	$7.8 \pm 0.3$	$7.8 \pm 0.1$	7.8 ± 0.1		
Nominal SS concentration (mg l-1)	0	5	10	15	20	25		
Actual SS concentration (mg l <sup>-1</sup> )	<3	$5.2 \pm 0.4$	$10.0 \pm 0.1$	$15.0 \pm 0.1$	$20.1 \pm 0.2$	25.0 ± 0.2		
Nominal OP concentration (mg l <sup>-1</sup> )	0.07	0.07	0.07	0.07	0.07	0.07		
Actual OP concentration (mg l <sup>-1</sup> )	0.04 ± 0.01	$0.08 \pm 0.01$	$0.07 \pm 0.01$	$0.07 \pm 0.004$	0.07 ±0 .003	0.07 ± 0.01		
Water temperature (°C)	13.7 ±5.2	13.6 ± 4.7	13.6 ± 4.5	$13.3 \pm 4.9$	$13.0 \pm 4.7$	12.9 ± 4.		
Dissolved oxygen (mg l <sup>-1</sup> )	$10.4 \pm 0.4$	$10.0 \pm 0.5$	$10.2 \pm 0.3$	$10.2 \pm 0.3$	$10.2 \pm 0.4$	$10.0 \pm 0.1$		
рН	$8.0 \pm 0.1$	$8.1 \pm 0.1$	$8.0 \pm 0.1$	$8.0 \pm 0.3$	$8.0 \pm 0.1$	8.2 ± 0.2		
Nominal OP concentration (mg l <sup>-1</sup> )	0	0.05	0.07	0.1	0.2	0.3		
Actual OP concentration (mg l <sup>-1</sup> )	0.04 ±	0.05 ±	0.07 ±	$0.10 \pm 0.01$	$0.21 \pm 0.01$	0.31 ±		
	0.01	0.004	0.004			0.01		
Nominal SS concentration (mg l-1)	10	10	10	10	10	10		
Actual SS concentration (mg l <sup>-1</sup> )	<3	9.9 ± 0.5	$10.0 \pm 0.2$	$10.2 \pm 0.3$	9.9 ± 0.3	$10.0 \pm 0.1$		
Water temperature (°C)	$13.3 \pm 4.6$	13.3 ± 4.7	13.4 ± 5.2	$13.4 \pm 4.7$	$13.1 \pm 5.0$	$13.0 \pm 4.9$		
Dissolved oxygen (mg l <sup>-1</sup> )	$10.2 \pm 0.4$	$10.7 \pm 0.4$	$11.0 \pm 0.6$	$10.3 \pm 0.5$	$10.1 \pm 0.4$	$10.1 \pm 0.1$		
рН	$8.0 \pm 0.1$	$8.1 \pm 0.1$	$8.0 \pm 0.2$	$7.9 \pm 0.3$	$8.3 \pm 0.2$	8.3 ± 0.3		

- **Table 3:** Regression equations and significance values for OP and/or SS concentration against egg
- 720 mortality. Note relationships are all exponential with the exception of OP + SS, where the strongest

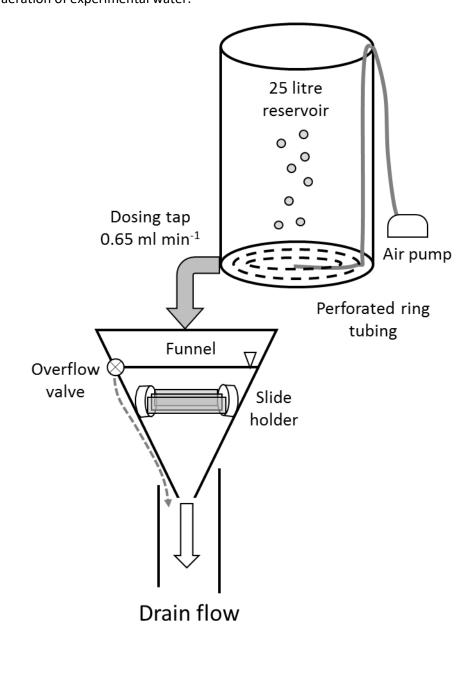
relationship was linear. All regressions are significant (p < 0.01).

Treatment	Time (days)	Equation	R <sup>2</sup>
ОР	72	25.495e <sup>5.265x</sup>	0.88
	121	29.162e <sup>7.225x</sup>	0.98
	183	29.324e <sup>8.189x</sup>	0.98
SS	72	22.817e <sup>0.099x</sup>	0.99
	121	25.832e <sup>0.115x</sup>	0.97
	183	27.70e <sup>0.120x</sup>	0.98
OP + SS	72	781.39x + 5.8258	0.98
	121	921.45x + 35.319	0.92
	183	1155.2x + 51.769	0.93
SS + OP	72	22.446e <sup>0.095x</sup>	0.96
	121	27.646e <sup>0.113x</sup>	0.98
	183	36.937e <sup>0.111x</sup>	0.98

**Table 4:** Analysis of national routine spot measures of OP and SS made by the Environment Agencyin 2015 for WFD compliance across England.

		Count	Average (mg l-1)	Percentage of sites where the average is					
			(ing i )	> 0.3 mg l <sup>-1</sup>	> 0.1 mg l <sup>-1</sup>	> 25 mg l <sup>-1</sup>	> 10 mg l-1		
All sites	OP	32549	0.27	21.8	51.6				
All sites	SS	2029	16.6			9.2	31.6		
		Count	Average	Percentage of sites where every measurement is					
			(mg l-1)	> 0.3 mg l <sup>-1</sup>	> 0.1 mg l <sup>-1</sup>	< 0.1 mg l <sup>-1</sup>	< 0.3 mg l <sup>-1</sup>		
Sites > 9 samples	OP	1812	0.30	22.2	52.9	21.8	52.7		
		Count	Average	Percentage of sites where every measurement is					
			(mg l-1)	> 25 mg l <sup>-1</sup>	> 10 mg l <sup>-1</sup>	< 10 mg l <sup>-1</sup>	< 25 mg l <sup>-1</sup>		
Sites > 9 samples	SS	129	12.7	9.4	39.0	49.6	10.9		

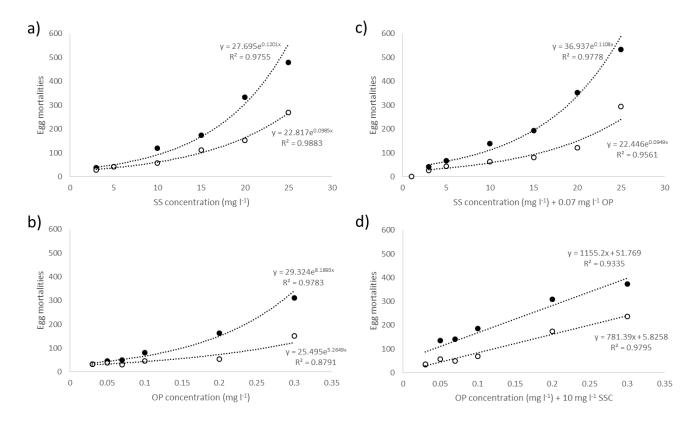
Figure 1: Schematic of *S. ignita* egg dosing rigs for controls and treatments. A reservoir with
 experiment solution is held above a funnel, within which 3 slides containing *S. ignita* eggs are held in
 a slide holder. A perforated ring of tubing on the base of the reservoir ensured complete mixing and
 a eration of experimental water.



**Figure 2:** Regressions of the mortality of *S.ignita* eggs after 72 days exposure (open circles) and 183

days exposure (filled circles) against (a) SS, (b) OP), (c) SS in addition to 0.07 mg l<sup>-1</sup> OP, and (d) OP in

737 addition to 10 mg  $I^{-1}$  SS.



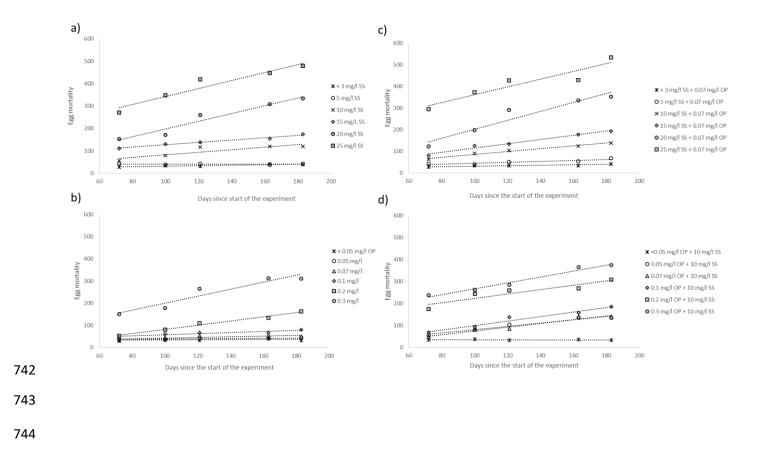


Figure 3: Mortality of *S. ignita* eggs through time under differing concentrations of (a) SS; (b) OP; (c)
SS plus 0.07 mg l<sup>-1</sup> OP, and; (d) OP plus 10 mg l<sup>-1</sup> SS.

Figure 4: Percentage of *S.ignita* egg masses surviving to emergence under different concentrations
 of (a) OP in isolation (open circles) and in combination with 10 mg l<sup>-1</sup> of SS (closed circles) and (b) SS
 in isolation (open circles) and in combination with 0.07 mg l<sup>-1</sup> of OP. Note, at 0.3 mg l<sup>-1</sup> OP plus 10 mg
 l<sup>-1</sup> SS, fungal growth prevented the majority of egg masses from emerging and prevented an accurate
 count of egg mass emergence.

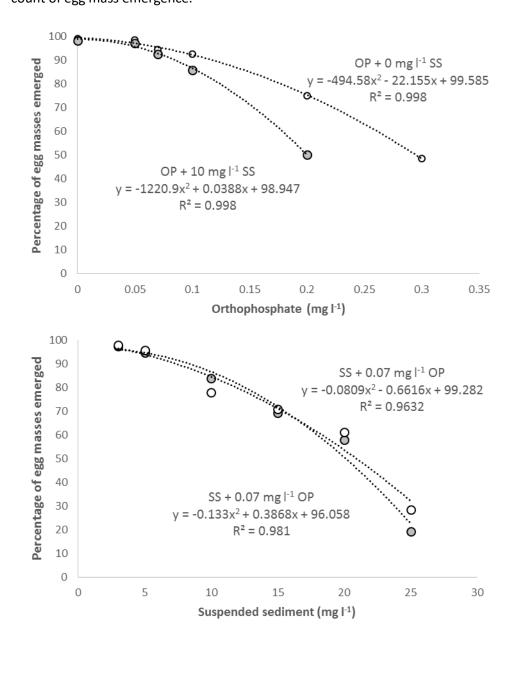
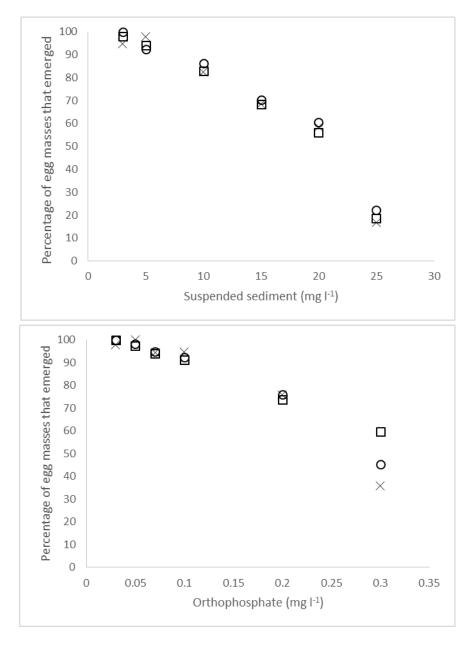


Figure 5: Percentage of *S.ignita* egg masses surviving to emergence under different concentrations
 of (a) OP (b) SS for each of the 3 slides in each treatment indicated separately.



## **SUPPLEMENTARY MATERIAL A:**



759 Image of spent *Serratella ignita* with eggs deposited on glass slides at the bottom of the tray.

## **SUPPLEMENTARY MATERIAL B:**

764 Image of dosing funnel chamber containing glass slides with deposited egg masses.



## 767 SUPPLEMENTARY MATERIAL C:

768 Image of displaced or 'ghost' *S.ignita* egg masses.



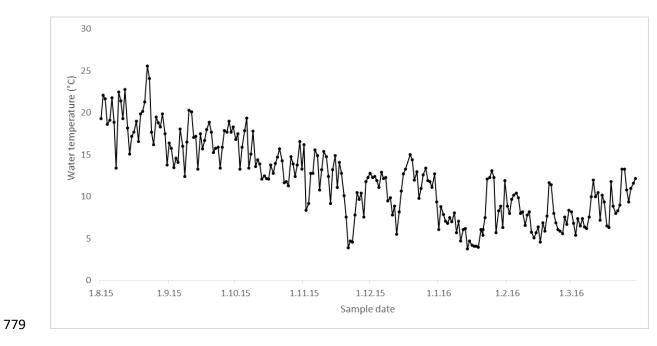
## 771 SUPPLEMENTARY MATERIAL D:

Parameter	Unit	Sample date (n = 8)							
		29/8/15	26/9/15	31/10/15	28/11/15	19/12/15	30/1/16	19/2/16	26/3/16
Nitrogen: Total as N	mg l-1	0.5	0.525	0.435	0.44	0.535	0.501	0.702	0.563
Alkalinity to pH 4.5 as CaCO3	mg l <sup>-1</sup>	117	122	129	139	144	154	150	161
Ammoniacal Nitrogen as N	mg l⁻¹	<0.030	<0.030	<0.030	<0.0300	<0.0300	<0.0300	<0.0300	<0.0300
Nitrite as N	mg l-1	< 0.0040	<0.0040	<0.0040	<0.0040	<0.0040	<0.0040	<0.0040	<0.0040
Orthophosphate as P	mg l <sup>-1</sup>	0.044	0.045	0.027	0.033	0.03	0.036	0.04	0.029
рН		7.97	8.03	7.92	7.99	8.07	8.07	8.14	8.27
Suspended Solids at 105° C	mg l <sup>-1</sup>	<3	<3	<3	<3	<3	<3	<3	<3
Boron	μg  -1	<100	<100	<100	<100	<100	<100	<100	<100
Calcium	mg l <sup>-1</sup>	49.2	58.1	49	58	59.3	61.9	66.9	65.1
Iron	μg  -1	34.9	49.9	45.2	37.6	39.9	32.8	40.9	34.7
Lithium	μg l <sup>-1</sup>	<100	<100	<100	<100	<100	<100	<100	<100
Magnesium	mg l-1	2.55	3.46	5.02	3.05	3.91	3.32	3.37	3.86
Manganese	μg  -1	<10	<10	<10	<10	<10	<10	<10	<10
Sodium	mg l-1	8.19	9.1	8.65	8.17	8.28	8.4	8.34	8.35
Mercury	μg  -1	< 0.01	< 0.01	<0.01	<0.01	< 0.01	<0.01	<0.01	<0.01
Hardness : Total as CaCO3	mg l <sup>-1</sup>	136	159	143	157	164	168	181	178
Arsenic	µg l-1	1	-	-	-	-	-	_	1
Selenium	μg  -1	1	-	-	-	-	-	-	1
Cadmium	μg  -1	0.1	-	-	-	-	-	-	0.2
Copper	μg  -1	0.5	-	-	-	-	-	-	0.115
Lead	µg  -1	0.61	-	-	-	-	-	-	0.5
Nickel	μg  -1	1.97	-	-	-	-	-	-	0.4

## 772 Mean physical-chemical properties for control and diluent carbon-limestone filtered tap water.

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### 777 SUPPLEMENTARY MATERIAL E:



778 Water temperature in a control *S. ignita* egg chamber.