

1 **New perspectives on the development of extrahepatic portosystemic shunts**

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13 **STRUCTURED SUMMARY**

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15 **Objective:** To develop a hypothesis for the developmental modality of extrahepatic
16 portosystemic shunts.

17 **Methods:** A retrospective review of a series of dogs and cats managed for congenital
18 portosystemic shunts. Using these data a hypothesis for the role of preferential venous blood
19 flow in the development of common extrahepatic PSSs was postulated. In addition, an online
20 literature search was used to retrieve peer-reviewed data describing the detailed anatomy of
21 shunts in dogs and cats. A systematic review of these data was used as a preliminary test of the
22 hypothesis.

23 **Results:** In total 50 dogs and 10 cats met the inclusion criteria revealing five common and
24 distinct shunt types. In the dog, these were spleno-caval, left gastro-phrenic, left gastro-azygos
25 and those involving the right gastric vein. The online search confirmed that these were

26 responsible for 94% of extrahepatic shunts described in this species. In the cat, the four shunt
27 types observed were spleno-caval, left gastro-phrenic, left gastro-caval and left gastro-azygos.
28 Excluding the left gastro-azygos, which from the online search was not described in the cat,
29 the spleno-caval, left gastro-phrenic and left gastro-caval were responsible for 92% of
30 extrahepatic shunts in this species. These data were used to develop, propose and provisionally
31 test a hypothesis for the development of extrahepatic portosystemic shunts.

32 **Clinical Significance:** We hypothesise that it is the presence of preferential blood flow that
33 influences the subsequent formation of one of a number of defined and consistent congenital
34 extrahepatic portosystemic shunts in dogs and cats.

35

36 **KEYWORDS** - soft tissue-cardiovascular-portosystemic shunt

37

38 **INTRODUCTION**

39

40 Recently, the morphology of common extrahepatic portosystemic shunts (EHPPSs) have been
41 independently described in detail using a combination of computed tomography angiography
42 (CTA), intra-operative mesenteric portovenography (IOMP) and gross anatomical findings
43 (White & Parry 2013, 2015, 2016a). Although these common shunts types were found to
44 involve a number of vessels such as the caudal vena cava and the azygos, right gastric, left
45 phrenic and splenic veins, all three studies concluded that it was, in fact, the left gastric vein
46 that represented the anomalous vessel (shunt) that communicated with the systemic vein (White
47 & Parry 2013, 2015, 2016a). In addition, the morphology of each shunt type described
48 appeared to result consistently from two main factors; an abnormal communication between
49 the left gastric vein and a systemic vein, and the subsequent development of preferential blood
50 flow through an essentially normal portal venous system. It is well recognized that the portal

51 vein in adult humans is without venous valves in its larger channels (Douglass *et al.* 1950,
52 Gabella 1995, Burroughs 2011). Such a valveless portal venous system would allow for
53 potential blood flow in either hepatopetal (normal blood flow towards the liver) or hepatofugal
54 (abnormal blood flow away from the liver) directions and the actual direction of blood flow
55 would be governed solely by the venous pressure gradient between the splanchnic and hepatic
56 capillary networks (White and Parry 2015).

57

58 The purpose of this study was to explore the role of preferential flow in the formation of
59 EHPSSs in more detail and, in addition, to develop a hypothesis for the mode of development
60 of the more common extrahepatic PSSs in dogs and cats.

61

62 **MATERIALS AND METHODS**

63

64 This retrospective study reviewed dogs and cats seen by the authors between 2009 and 2015
65 for the investigation and management of congenital PSS. The main inclusion criterion was that
66 all cases must have a congenital EHPSS, have undergone preoperative CTA, recorded IOMP
67 and direct gross observations at the time of surgery.

68

69 CTA was performed using a 16 slice multidetector unit (Brightspeed, General Electric Medical
70 Systems, Milwaukee) as described previously (White & Parry 2013, 2015). Studies were
71 assessed in their native format, using multiplanar reconstruction and using surface shaded
72 volume rendering. Vascular maps were obtained and post processing was limited to removal
73 of arterial vessels and unnecessary portions of the caudal vena cava (CVC) from the maps. All
74 CTA studies were reviewed by the authors and special emphasis was placed on assessment for
75 the presence or absence of venous valves within the left gastric vein and its tributaries. In

76 addition, a number of normal CTA studies in dogs and cats were reviewed for the purposes of
77 cross-reference.

78

79 IOMP was carried out during surgery by using a mobile image intensification unit to obtain
80 ventrodorsal images of the cranial abdomen (White *et al.* 2003, White & Parry 2015). Images
81 were obtained before the manipulation of the shunt and during the temporary full ligation of
82 the shunting vessel. Angiograms were recorded digitally and were reviewed by the authors.

83

84 Data on the type of portosystemic shunt were collected and reviewed. On the basis of the
85 combined data of CTA, IOMP and the normal anatomy of the portal venous system, a
86 hypothesis for the role of preferential venous blood flow in the development of these common
87 and consistent EHPSSs was postulated. An online literature search using PubMed Central®
88 was used to retrieve any peer-reviewed published data providing an anatomical description of
89 an EHPSS in either the dog and the cat which was more detailed than that of just *porto-caval*,
90 *porto-phrenic* or *porto-azygos*. A systematic review of this data was used to test the hypothesis.

91

92 **RESULTS**

93

94 In total, 50 dogs and 10 cats met the inclusion criteria. Of these 50 dogs, 23 (46%) were found
95 to have a left gastric vein shunt entering the left phrenic vein (left gastro-phrenic shunt), 13
96 (26%) had a shunt involving the right gastric vein (type Ai, Aii, Aiii or type B shunt), 9 (18%)
97 had a shunt involving the splenic and left gastric veins entering the caudal vena cava at the
98 level of the epiploic foramen (spleno-caval shunt) and 5 (10%) had a left gastric vein entering
99 the azygos vein (left gastro-azygos shunt).

100

101 Of the 10 cats, 6 (60%) were found to have a left gastric vein shunt entering the left phrenic
102 vein (left gastro-phrenic shunt), 2 (20%) had a shunt involving the splenic and left gastric veins
103 entering the caudal vena cava at the level of the epiploic foramen (spleno-caval shunt), 1 (10%)
104 had a left gastric vein entering the azygos vein (left gastro-azygos shunt) and 1 (10%) had a
105 left gastric vein entering the post-hepatic CVC (left gastro-caval).

106

107 In both the dog and cat, results confirmed that in these four common EHPSS types the veins
108 involved in the shunting of blood were essentially normal portal tributaries within the portal
109 system. In all cases, regardless of the shunt type, the abnormal communication (shunt) between
110 the portal system and the systemic venous system was via the left gastric vein. Results of
111 preoperative CTA, recorded IOMP and direct gross observations at the time of surgery
112 indicated that blood flow through many of the vessels making up the shunt was in an abnormal
113 hepatofugal direction. Preoperative CTA and intraoperative gross examination of these vessels
114 showed no evidence of venous valves within the left gastric vein and its tributaries; there was
115 a complete lack of any nodular dilatations, a finding associated with the presence of a vein
116 valve within the peripheral venous system.

117

118 *Hypothesis*

119

120 Using these findings, we postulate a potential role for the presence of portal venous valves and
121 preferential venous blood flow in the development of common EHPSSs:

- 122 • The presence of portal vein valves within a portal tributary vein would dictate the
123 direction of blood flow within that tributary vessel
- 124 • The presence of portal vein valves would induce predominantly hepatopetal blood flow
125 within the associated portal tributary vessel.

- 126 • The absence of portal vein valves would allow both hepatopetal and hepatofugal blood
127 flow within the associated portal tributary vessel.
- 128 • The distribution of portal vein valves within the portal tributary veins would therefore
129 dictate which vessels were capable of showing predominantly hepatopetal blood flow
130 or those which could show both hepatopetal and hepatofugal blood flow.
- 131 • The presence of a communication between a branch of the left gastric vein and a
132 systemic vein (CVC, azygos or left phrenic vein) would allow for an abnormal venous
133 blood flow due to a change in the venous pressure gradient within the portal system.
- 134 • If the combination of an aberrant communication between a branch of the left gastric
135 vein and a systemic vein, and a lack of venous valves in this vessel and its tributaries,
136 were present in the same individual then there would be the potential for an abnormal
137 venous pressure gradient leading to the development of hepatofugal flow towards the
138 abnormal communication (shunt).
- 139 • This new, preferential blood flow (including an increased, abnormal volume) would
140 lead to the distension/dilatation of the ‘shunting’ vessels.
- 141 • The presence and distribution of venous valves would determine in which of the
142 tributary portal vessels this abnormal ‘preferential’ blood flow would develop.
- 143 • Since this preferential flow was predominantly through an essentially normal
144 vasculature, the distribution of venous valves and the predictable sites of
145 communication (shunt) between the left gastric vein and a systemic vein would result
146 in the development of a defined number of specific types of congenital PSS.

147

148 ***Online systematic literature review***

149

150 The online literature search using PubMed Central® found nine publications which provided
151 a detailed description EHPSS anatomy in the dog and the cat beyond that of simply *porto-*
152 *caval*, *porto-phrenic* or *porto-azygos* (Seguin *et al.* 1999, Szatmári *et al.* 2004a, Nelson &
153 Nelson 2011, White & Parry 2013, Kraun *et al.* 2014, Fukushima *et al.* 2014, White & Parry
154 2015, 2016a, 2016b). In total, these publications described 520 EHPSSs. Of the 50 dogs and
155 10 cats which met the inclusion criteria of the initial part of this current study, 41 dogs and 7
156 cats were also included in the online literature search from previously published studies by the
157 authors (White & Parry 2013, 2015, 2016a).

158
159 Eleven of the shunts found from the literature search were described as either porto-caval (n =
160 5) or porto-azygos (n = 6) and were, therefore, excluded from further analysis. Of the remaining
161 509 shunts, 470 were described in the dog and 39 in the cat. Of the 470 described in the dog,
162 the following shunt types were defined; 160 spleno-caval, 105 left gastro-phrenic, 100 shunts
163 involving the right gastric vein and CVC, 75 left gastro-azygos, 10 left gastro-caval, 10 left
164 colic vein, 6 right gastro-phrenic, 3 right gastro-azygos (type Aiv) and 1 complex spleno-
165 phrenic and azygos. Only a single publication classified shunts involving the right gastric vein
166 and the CVC (so-called right gastro-caval shunts) into their more detailed further subdivisions
167 of type Ai (n = 4), Aii (n = 12) and Aiii (n = 4) and type B (n = 2) (White & Parry 2015). Rather
168 than exclude these shunts (n = 78) due to the weakness of their classification, it was considered
169 appropriate to include them because, in total, they represented a significant number of the
170 extrahepatic shunts described. In the dog, therefore, four distinct shunts were responsible for
171 94% of the shunt types described; spleno-caval (34%), left gastro-phrenic (22%), shunts
172 involving the right gastric vein and CVC (21%) and left gastro-azygos (16%). Similarly, of the
173 39 described in the cat, the following shunt types were defined; 19 left gastro-phrenic, 9 left
174 gastro-caval, 8 spleno-caval, and 3 left colic vein. In the cat, therefore, three distinct shunts

175 accounted for 92% of the shunt types described; left gastro-phrenic (49%), left gastro-caval
176 (23%) and spleno-caval (20%).

177

178 ***Postulated role of preferential flow in the development of the four most commonly reported***
179 ***extrahepatic shunt types***

180

181 The following diagrams show our postulated role of preferential venous flow within the portal
182 system in the development of the four most commonly reported extrahepatic shunts types
183 defined from both the current study and the online literature search (Seguin *et al.* 1999,
184 Szatmári *et al.* 2004, Nelson & Nelson 2011, White & Parry 2013, Kraun *et al.* 2014,
185 Fukushima *et al.* 2014, White & Parry 2015, 2016a,). Figure 1 shows a diagram of a normal
186 portal vasculature with normal hepatopetal portal blood flow for cross-reference.

187

188 The left gastro-phrenic shunt (Figures 2A-E)

189

190 Figure 2A shows the communication (shunt) between the left gastric vein and the left phrenic
191 vein. Figure 2B shows the affect that such a shunt has on the portal blood flow by creating
192 preferential hepatofugal blood flow within a number of the portal tributary vessels. Figure 2C
193 shows the affect that this preferential blood flow has on the distension/dilatation of the
194 ‘shunting’ vessels. Figure 2D shows the resultant classic left gastro-phrenic shunt type
195 produced by such preferential blood flow. Figure 2E shows an example IOMP of a left gastro-
196 phrenic EHPSS in a six-month-old female Irish Setter. This IOMP also shows the presence of
197 concurrent hepatic portal arborisation.

198

199 Shunts involving the right gastric vein and CVC – types Ai, Aii, Aiii and B (Figures 3A-E)

200

201 The development of the type Aii shunt is used as an exemplar. Figure 3A shows the
202 communication (shunt) between the left gastric vein and the pre-hepatic CVC. Figures 3B-D
203 show the affect that such a shunt and a certain configuration of portal venous valves has on the
204 creation of preferential hepatofugal blood flow, the distension/dilatation of the ‘shunting’
205 vessels and the resultant development of the type Aii shunt involving the right gastric vein.
206 Figure 3E shows an example IOMP of this type of shunt in a 13-month-old female Shetland
207 sheepdog.

208

209 The spleno-caval shunt (Figures 4A-E)

210

211 Figure 4A shows the communication (shunt) between the left gastric vein and the pre-hepatic
212 CVC (it should be noted that this is the same site of communication as described for shunt
213 involving the right gastric vein). Figures 4B-D show the affect that such a shunt and an
214 alternative configuration of venous valves has on the creation of preferential hepatofugal blood
215 flow, the distension/dilatation of the ‘shunting’ vessels and the resultant development of the
216 classic spleno-caval shunt. Figure 4E shows an example IOMP of a spleno-caval EHPSS in an
217 11-month-old male Cairn terrier.

218

219 The left gastro-azygos shunt (Figures 5A-D)

220

221 Figure 5A shows the communication (shunt) between the left gastric vein and the azygos vein.
222 Figures 5B-C show the affect that such a shunt has on the creation of preferential hepatofugal
223 blood flow, the distension/dilatation of the ‘shunting’ vessels and the resultant development of
224 the classic left gastro-azygos shunt. Figure 5D shows an example IOMP of a left gastro-azygos

225 EHPSS in a one-year-two-month-old entire male crossbred. This IOMP also shows the
226 presence of concurrent hepatic portal arborisation.

227

228 **DISCUSSION**

229

230 Our proposed hypothesis for the role of preferential portal blood flow in the development of
231 congenital EHPSSs is dependent on a number of suppositions. These, along with their
232 supportive evidence, are as follows.

233

234 1) The presence and variable distribution of venous valves within the portal system of the
235 dog and the cat.

236 Standard and classic references for dog and cat anatomy either fail to describe (Schummer *et al.*
237 *al.* 1981, Dyce *et al.* 2010), or so poorly describe (Getty 1975, Bezuidenhout 2013), the
238 presence of valves in the portal system that most investigators assume that this system is
239 valveless. In fact, this is not the case and the occurrence and distribution of valves within the
240 portal system of the adult dog has been described previously using corrosion casting, gross
241 observations and histology (Dawson *et al.* 1988). This study demonstrated the presence of
242 bicuspid valves in almost every tributary vessel draining a splenic segment although the splenic
243 vein itself demonstrated a complete lack of valves in all specimens examined (Dawson *et al.*
244 1988). The study, unfortunately, did not describe the presence or distribution of valves within
245 either the left or right gastric veins. Regardless, the study concluded that valves within the
246 portal system were relatively common, being most abundantly found in veins closest the organ
247 they drained and at the confluence of two or more veins. The study also concluded that the
248 actual distribution of valves was highly inconsistent between individuals (Dawson *et al.* 1988).
249 In adult humans, it is concluded that the portal vein and its tributaries have no valves, although

250 in the foetus, and for a short postnatal period, valves are demonstrable in the tributaries, usually
251 atrophying but occasionally persisting in a degenerate form (Okudaira 1991, Gabella 1995).
252 There appear to be no studies available regarding the presence of valves within the portal
253 system of the puppy or the cat (both adult or kitten). In respect of the mode of development of
254 EHPSSs, it would be interesting to know if portal venous valves existed in the puppy or kitten
255 and, if they did, whether the structures persisted into adult life or whether they were age-
256 dependent, atrophying in a similar fashion to that of man. Furthermore, if venous valves do
257 exist in puppies and kittens, are there differences in their presence and distribution in
258 individuals with or without congenital EHPSSs. Further studies are required to investigate
259 these issues and what relationship they might have to the development of congenital EHPSSs
260 in dogs and cats.

261

262 2) The possibility of hepatofugal blood flow within valveless portions of the portal
263 tributary vessels in the dog and the cat.

264 Hepatofugal portal blood flow is well recognized in both the dog and the cat and is commonly
265 demonstrated in individuals suffering from arterioportal fistulae, portal hypertension and
266 congenital EHPSSs (Lamb 1996, Wachsberg *et al.* 2002, Szatmári *et al.* 2004b, Szatmári *et al.*
267 2004c, Szatmári & Rothuizen 2006). Despite a significant number of reports describing
268 hepatofugal portal blood flow, there appear to be no studies discussing a relationship between
269 such a blood flow and the presence or absence of portal venous valves. Presumably, this is
270 because imaging of vessels showing hepatofugal blood flow consistently fails to demonstrate
271 the presence of venous valves within such affected veins.

272

273 3) The anatomy of the portal vasculature in dogs and cats with congenital EHPSSs is
274 essentially normal apart from the anomalous connection (shunt) between the portal
275 venous system and the systemic venous system.

276 A number of recent studies involving the use of CTA to accurately characterize the anatomy
277 of the portal vasculature have concluded that in the four most common EHPSS types seen the
278 veins involved in the portosystemic shunting were essentially normal vessels within the portal
279 venous system (Nelson & Nelson 2011, White & Parry 2013, Fukushima *et al.* 2014, White &
280 Parry 2015, 2016a). The shunt was represented by a connection between a portion of one of
281 these normal portal vessels and an adjacent systemic vein (White & Parry 2013, 2015, 2016a).
282 For example, a number of consistent and defined shunt types involving the right gastric vein
283 have been described; type Ai, Aii, Aiii, Aiv and type B (Nelson & Nelson 2011, White & Parry
284 2015). In each case, the basic normal portal vasculature is present and, in three types (Ai, Aii
285 and Aiii), the site of connection (shunt) between this portal vasculature and systemic
286 vasculature is the same. As such, it might be expected that these shunts should have the same
287 morphology. This is clearly not the case and we hypothesise that it might be the presence (or
288 absence) and the position of any portal tributary venous valves that dictates the formation of
289 preferential blood flow leading to the development of a relatively small number of consistent
290 and reproducible shunt types involving blood flow through the right gastric vein (White &
291 Parry 2015).

292

293 4) In the most commonly observed congenital EHPSSs, the formation of the abnormal
294 communication (shunt) between the portal circulation and the systemic circulation
295 involves only the left gastric vein.

296 Recent studies using CTA, IOMP and gross findings at the time of surgery have also concluded
297 that in the four most common EHPSS types seen the abnormal communication (shunt) between

298 the portal system and the systemic venous system was through the left gastric vein (White &
299 Parry 2013, 2015, 2016a). This conclusion is also supported by the portosystemic shunt
300 morphology data published by Nelson and Nelson (2011) and Fukushima *et al.* (2014).

301

302 5) The abnormal communication between the portal vessel (left gastric vein) and the
303 systemic venous system only occurs between vessels that are adjacent embryologically.

304 The embryological development of extrahepatic portosystemic shunts remains poorly
305 described in the veterinary literature (Noden & de Lahunta 1985, Payne *et al.* 1990, Hunt *et al.*

306 1998). The portal vein, of which the left gastric vein is part, develops from the vitelline system.

307 The abdominal CVC, although ultimately a single continuous vessel, develops in five segments
308 (pre-renal, renal, prehepatic, hepatic and posthepatic) from initially discontinuous portions of

309 the supracardinal, subcardinal and vitelline veins (Marks 1969, Hunt *et al.* 1998). The

310 prehepatic CVC (subcardinal system) is programmed to anastomose with the hepatic CVC
311 (vitelline system). An inappropriate anastomosis between the prehepatic CVC and the portal

312 vein (left gastric vein) is considered unsurprising because of the predisposition of the
313 prehepatic CVC to anastomose with veins of the vitelline system (Payne *et al.* 1990, Hunt *et*

314 *al.* 1998). Embryologically, the mechanism for development of a shunt between the portal vein

315 and the azygos vein (supracardinal system) remains less clear; the supracardinal and vitelline
316 systems are not programmed to anastomose during the development of the embryo (Marks

317 1969). Similarly, there is no clear embryologically mechanism for the development of the left

318 gastro-phrenic shunt. Presumably, it would be reasonable to conclude that an inappropriate

319 connection between the left gastric vein and the phrenic or azygos veins was at least in some

320 part related to their anatomical proximity within the embryo.

321

322 6) If the hypothesis is correct then there should only be a defined number of discrete
323 congenital EHPSSs that are actually observed in affected dogs and cats.

324 Reviewing the majority of published literature describing EHPSSs in both dogs and cats
325 confirms the limited classification to either porto-caval or porto-azygos in the majority of
326 reports. Reasons for this lack of detailed description relate predominantly to the method by
327 which the shunt was imaged. Additional recent studies utilizing more robust methods of shunt
328 imaging (for example, CTA and examination of corrosion casts made *post mortem*) have
329 confirmed that the morphology of the majority of congenital EHPSSs fit a defined number of
330 discrete anatomical conformations (Seguin *et al.* 1999, Szatmári *et al.* 2004a, Nelson & Nelson
331 2011, White & Parry 2013, Kraun *et al.* 2014, Fukushima *et al.* 2014, White & Parry 2015,
332 2016a, 2016b). In the dog, it appears that four distinct shunts types (spleno-caval, left gastro-
333 phrenic, right gastro-caval and left gastro-azygos) are responsible for 94% of EHPSSs
334 described. Similarly, in the cat, three distinct shunts types (spleno-caval, left gastro-phrenic
335 and left gastro-caval) appear to be responsible for 92% of EHPSSs described.

336
337 Although the current study has concentrated on the four most commonly recognized EHPSSs,
338 a further five shunt types (left gastro-caval, left colic vein, right gastro-phrenic, right gastro-
339 azygos and complex spleno-phrenic and azygos) that involved 30 individuals were described
340 specifically in the published literature. Future studies will aim to test our hypothesis on these
341 less common but no less relevant shunt types.

342
343 We conclude that in dogs and cats with an abnormal communication (shunt) between the left
344 gastric vein (or one of its tributaries) and a systemic vein, it might be the presence or absence
345 of venous valves that dictates the development of preferential venous blood flow and the

346 subsequent formation of one of a number of specific and defined EHPSSs. Such EHPSSs
347 develop from what is essentially a normal portal vasculature.

348

349 **Conflict of interest**

350

351 None of the authors of this article has a financial or personal relationship with other people or
352 organisations that could inappropriately influence or bias the content of the paper.

353

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