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1 **Original Article**

2

3 **Randomised controlled trial to evaluate the effect of foot trimming before and after first**
4 **calving on subsequent lameness episodes and productivity in dairy heifers**

5

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19 Highlights

- 20 • Lameness period and point prevalence were not significantly different between
21 treatment groups
- 22 • The time to first lameness event was not significantly different between treatment
23 groups.
- 24 • The odds of heifer lameness were highest between 0-6 weeks post-partum.
- 25 • Using repeated scoring at 2 week intervals allows standardised lameness
26 detection for calculation of robust incidence rates
- 27 • 44.2% of lameness events were single locomotion scores, supporting the concept
28 of fluctuating scores and apparent self-cure.

29 **Abstract**

30 The objective of this study was to assess both independent and combined effects of
31 routine foot trimming of heifers at 3 weeks pre-calving and 100 days post calving on the first
32 lactation lameness and lactation productivity. A total of 419 pre-calving dairy heifers were
33 recruited from one heifer rearing operation over a 10-month period. Heifers were randomly
34 allocated into one of four foot trimming regimens; pre-calving foot trim and post-calving
35 lameness score (Group TL), pre-calving lameness score and post-calving foot trim (Group
36 LT), pre-calving foot trim and post-calving foot trim (Group TT), and pre-calving lameness
37 score and post-calving lameness score (Group LL, control group). All heifers were scored for
38 lameness at 24 biweekly time points for 1 year following calving, and first lactation milk
39 production data was collected.

40
41 Following calving, 172/419 (41.1%) of heifers became lame during the study (period
42 prevalence), with lameness prevalence at each time-point following calving ranging from
43 48/392 (12.2%) at 29-42 days post-calving to 4/379 (1.1%) between 295-383 days after
44 calving. The effects of the four treatment groups were not significantly different from each
45 other for overall lameness period prevalence, biweekly lameness point prevalence, time to
46 first lameness event, type of foot lesion identified at dry off claw trimming, or the 4% fat
47 corrected 305-day milk yield. However, increased odds lameness was significantly associated

48 with a pre-calving trim alone ($P=0.044$) compared to the reference group LL. The odds of
49 heifer lameness were highest between 0-6 weeks post-partum, and heifer farm destination
50 was significantly associated with lameness (OR 2.24), suggesting that even at high standard
51 facilities, environment and management systems have more effect on heifer foot health than
52 trimming.

53

54 *Keywords:* Heifer; Lameness; Prophylactic foot trimming; Productivity

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56 **Introduction**

57 Lameness and deterioration in claw health observed during the first lactation (Offer,
58 et al., 2000, Capion et al., 2009) is likely to contribute to poor longevity, high recurrence of
59 foot lesions between lactations (Capion et al., 2008), reduced milk yield, poor fertility
60 (Hernandez, et al., 2005) and increased likelihood of culling (Sogstad, et al., 2007). Claw
61 horn lesion development in dairy heifers can occur pre-calving (Livesey, et al., 1998), with
62 concurrent high levels of claw horn pathology present in early lactation (Webster., 2001) and
63 lameness at 50-100 days post-partum is common (Ettema et al., 2006, Maxwell, et al., 2015).
64 Since lameness occurs frequently in heifers, pre-calving foot inspection might reduce
65 subsequent lameness around in the periparturient period.

66
67 The main cause of bovine lameness is foot lesions (Murray et al., 1996), and one
68 proposed method of managing foot health is routine foot trimming, aiming to maintain
69 correct weight bearing for optimal function, and to minimise and prevent lesion development
70 (Manske, et al., 2001). However, the evidence-base for the regimens used is sparse (Manning,
71 et al., 2016).

72
73 Locomotion scoring is the main method used to detect lameness, and previous work
74 has demonstrated the low prevalence of proximal limb lameness (Murray et al., 1996).
75 Lesions causing lameness on subsequent foot examination have been reported in lactating
76 dairy cows with a locomotion score of 2 (Groenevelt et al., 2014). These lesions respond best
77 to treatment with non-steroidal anti-inflammatory drugs and the application of a block to a
78 sound claw (Thomas et al., 2014). These reports support the assumption that most lameness
79 detected using mobility scoring is foot lesion-related and potentially manageable using claw
80 trimming methods.

81

82 The primary objective of the study was to assess both the independent and combined
83 effects of routine foot trimming in heifers at 3 weeks pre-calving and 100 days post calving
84 on the first lactation lameness and lactation productivity. The hypothesis was that there would
85 be a significant difference between the control group (biweekly lameness score only) and
86 groups containing heifers that received foot trimming either pre-calving and/or post-calving
87 with respect to lameness prevalence, 305 day first lactation milk yield, and/or time to
88 conception.

89

90 **Materials and methods**

91 *Study design*

92 A negatively controlled randomised clinical trial (RCT) was used to compare the
93 effect of pre- and post-calving foot trimming regimens on subsequent lameness events and
94 production during the first lactation. The trial protocol was reviewed and approved by the
95 Ethical Review Committee of the Royal Veterinary College (Approval number, URN 2013
96 1255; January 2014). Sample size calculations based on detecting a 25% difference in
97 lameness prevalence at 80% power and 5% significance, yielded a group size of 43 heifers
98 per group (PS power and sample size calculations, Version 3, 2009).

99

100 *Herd selection*

101 One dairy farm business (Dorset, UK) comprising two dairy herds was used for the
102 study, and Holstein dairy heifers calved between November 2013 and September 2014. A
103 heifer was defined as a female bovine that was due to calve for the first time during the study
104 period; the animal ceased being a heifer at dry off, culling or death during first lactation.
105 Before first calving, heifers were reared at grass during the summer and housed in winter in

106 sand bedded cubicles. At 3 weeks pre-calving, heifers were moved into a transition group at
107 the calving unit, housed in sand bedded cubicles together with multiparous cows, and calved
108 in a loose housed straw yard. Heifers joined one of two milking herds post-partum, located at
109 two different sites. Both dairies operated a continuous housing system for lactating cows with
110 deep sand beds in Super Comfort Sand Stall cow cubicles (IAE, UK). Cows were milked 3
111 times a day through a rotary parlour, and fed on a total mixed ration. Farm 1 was a high
112 yielding (11,500 L) dairy, with high foot wear due to large walking distances and a lot of
113 concrete flooring, and was where all heifers calved. Farm 2 was a new build, high yielding
114 (10,000 L) dairy, with very high foot wear due to newly laid concrete, and was located
115 approximately 7 km from Farm 1. The destination of heifers was determined at calving by the
116 owner and herd manager who were masked to treatment group allocations and made location
117 selection without animal inspection.

118

119 *Allocation to treatment group*

120 The study interventions were conducted at the individual animal level, with each
121 heifer treated as an independent unit. Heifers were excluded from enrolment if they had
122 previously been lame or were lame at the time of enrolment (3 weeks pre-calving). Heifers
123 were randomly allocated to one of the four treatment groups using random sequences
124 generated by computer software (Excel 2007, Microsoft). The groups were as follows: pre-
125 calving foot trim and post-calving lameness score (Group TL), pre-calving lameness score
126 and post-calving foot trim (Group LT), pre-calving foot trim and post-calving foot trim
127 (Group TT) and pre-calving lameness score and post-calving lameness score (Group LL,
128 control group; Fig. 1).

129

130 Heifers not present in the transition group at the pre-calving foot trimming were
131 randomly re-allocated to either Group LT or Group LL, a modification introduced during the
132 trial. Randomisation was performed using random sequences generated by computer software
133 (Excel 2007, Microsoft). Reasons for heifers not being present in the transition group
134 included overstocking of the shed, or a change in the day that heifers were moved into the
135 transition group to a day that the foot trimmer was unavailable.

136

137 *Foot trimming and locomotion scoring*

138 Foot trimming visits were carried out every 2 weeks from 1 November, 2013 until 30
139 November, 2014. Heifers in a treatment group that were due to receive a foot trim (Groups
140 TL, LT, TT) had all four feet examined in a hydraulic upright foot crush (HTL Hydraulic
141 Crush, Hooftrimming). Heifers allocated to Group LL did not have their feet lifted or
142 examined. The foot trimming was carried out by one professional foot trimmer (Dutch
143 Diploma Holder) following the Dutch Five Step method (Toussaint Raven, 1985), with deep
144 and wide dishing out at the sole ulcer site consistent with a modification proposed by Burgi
145 and Cook (2008). A conservative trimming method was used which preserved sole depth and
146 walls, and no trimming was carried out unless detectable overgrowth required correction,
147 thereby avoiding overtrimming.

148

149 Any heifers identified as lame before entering the trimming crush were treated using a
150 standardised protocol, irrespective of study group allocation. Any digital dermatitis lesions
151 identified were treated with chlortetracycline spray (Cyclo spray, Dechra Veterinary
152 Products). Claw horn lesions were treated with wooden blocks applied to the sound claw with
153 an adhesive bond to the sole (Mini Moo Gloo, Moogloo), and corrective trimming with loose

154 and underrun horn removed according to Mahendran et al. (2015). Non-steroidal anti-
155 inflammatory drugs were not administered.

156

157 Locomotion was assessed in all heifers at 3 weeks pre-calving, and then biweekly
158 every 14 ± 3 days for 1 year post-calving (producing 24 biweekly locomotion scores).
159 Scoring was conducted using a modified version of the Agriculture and Horticulture
160 Development Board (AHDB) Dairy mobility score (locomotion scores of 0, 1, 2a, 2b, 3a, or
161 3b; Thomas, et al., 2015). Briefly, heifers with score 0 walked with a normal gait; heifers
162 with score 1 had uneven steps but the leg was not immediately identifiable; heifers with score
163 2a had mild asymmetry with a decreased stride length; heifers with score 2b had moderate
164 asymmetry with a raised back; heifers with score 3a had severe asymmetry with reduced
165 walking velocity so they were unable to keep up with the healthy herd; and heifers with score
166 3b were minimally weight-bearing and reluctant to walk. Locomotion scoring was carried out
167 by a single trained observer (SAM) who was effectively masked to the treatment group by
168 virtue of the small number of heifers joining large milking groups. When a heifer was
169 identified as lame (locomotion score 2a, 2b,3a or 3b), the farmer was informed and any
170 further treatments were conducted at the farmer's discretion, while heifers remained in the
171 study.

172

173 *Productivity data*

174 Milk yield and fertility data were extracted from monthly milk recordings collected by
175 a single company (National Milk Records) and by using on-farm management software
176 (Dairy Comp 305, Valley Agricultural Software). A 4% fat corrected 305-day milk yield was
177 calculated using the formula reported by Gaines and Davidson (1923).

178

179 *Outcome measures of lameness*

180 Never vs. ever lame

181 The 48-week period prevalence was defined as the proportion of heifers that went
182 lame during the 48-week time period, using the number of heifers present at the beginning of
183 the study period as the denominator.

184

185 Proportion of time lame during the study period

186 This proportion was defined as the number of locomotion scores (>1) during the 24
187 biweekly locomotion scores following parturition, divided by the total number of locomotion
188 score observations recorded during the study period for each heifer. Heifers exiting the study
189 received biweekly locomotion scoring until their removal from the farm.

190

191 Lameness point prevalence at each biweekly period

192 This was calculated as the total number of heifers that were lame at each specified
193 biweekly time point, divided by the total number of heifers present at that time point.

194

195 *Statistical analysis*

196 Binary logistic regression was used to assess the effects of treatments and farm on
197 lameness outcome. Binomial logistic regression was used to assess the effects of treatments
198 and farm on the proportion of time lame in the first lactation. Generalised estimating
199 equations with logit link function was used to assess the effects of treatments, farm and time
200 on the outcome of lameness, which accounted for the repeated measures of locomotion
201 scores. Cox regression was used to evaluate effects of treatment and farm on time to first
202 lameness event, and time to conception for heifers that became pregnant. A general linear

203 model was used to assess whether treatment groups and farms had any effect on the 4% fat
204 corrected 305-day yield.

205

206 All analyses were conducted using SPSS (SPSS version 21, Lead Technologies,
207 2012). Type I error rate was set at 5%.

208

209 **Results**

210 *Study inclusions and exclusions*

211 A total of 419 heifers were recruited between 1st November 2013 and 30th September
212 2014 (Table 1); 188 heifers were milked in Farm 1 and 231 were heifers milked in Farm 2.
213 Nineteen heifers were excluded due to lameness at 3 weeks pre-calving. Fifty-five heifers not
214 in the transition group at the inspection 3 weeks before calving were randomly re-allocated to
215 group LT or LL (27 heifers re-allocated from Group TL, and 28 heifers reallocated from
216 Group TT). Randomisation was performed using random sequences generated by computer
217 software (Excel 2007, Microsoft). Forty-eight heifers (11%) were lost to follow-up (culled or
218 died); 25 were lost from Farm 1 and 23 from Farm 2. Detailed information on why heifers
219 were lost was not available. Locomotion score data were collected for animals present, with
220 no additional missing data, which was achievable because locomotion scoring was conducted
221 during milking on a rotary parlour with a steady exit flow rate, so every heifer could be seen
222 and scored. A total of 259/419 heifers conceived and were identified as pregnant during the
223 first lactation.

224

225 *Overall period prevalence of heifer lameness*

226 A total of 172 heifers had a locomotion score of >1 after calving. There was an
227 overall 48-week period prevalence of 41.1% across treatment groups; no significant effect of

228 seasonality was detected ($P=0.471$). The most common locomotion score was 2a, and only
229 one heifer had the most severe locomotion score (3b) during the study period (Table 2).

230

231 There was no significant effect of treatment group on development of lameness
232 ($P=0.669$). Group hazard ratios (HR) are shown in Table 3. Prevalence of lameness was
233 higher at Farm 2 (48.9% vs. 31.4%; $P < 0.001$). There was no significant interaction between
234 farm and treatment group ($P=0.322$), and treatment did not significantly affect the proportion
235 of time heifers were lame across the 48-week study period ($P=0.094$), although TL had
236 higher odds of lameness compared to LL (OR=1.29, 95% CI, 1.01-1.65; $P=0.044$; Table 3).
237 Of all the lameness events recorded, 76/172 (44.2%) of heifers had only a single lameness
238 event in the entire 48-week follow-up period.

239

240 The lameness point prevalence measures differed significantly over the 24 biweekly
241 periods (overall P -value < 0.001), and there was a significant effect of farm ($P=0.005$), but
242 treatment group was not statistically significant ($P=0.726$). The first 42 days following
243 calving was the time of highest lameness risk (Fig. 2).

244

245 The total time at risk for all heifers was 272.6 years; lameness incidence was 0.63
246 new cases per heifer per year (Table 4). Cox regression analyses demonstrated that farm was
247 significantly associated with time to development of first lameness (HR, 1.797; 95% CI,
248 1.312-2.462; $P < 0.001$), but treatment group was not (HR, 0.905; 95% CI, 0.792-1.035;
249 $P=0.527$).

250

251 *Type of lesions detected at the dry-off trim*

252 Of 371 heifers, 287 (77.4%) had no lesions detected at trimming. A total of 50/371
253 heifers (13.5%) had detectable sole haemorrhage or thin soles, and 70% (35/50) of those were
254 located at Farm 2.

255

256 *Milk production*

257 Treatment did not affect the 4% fat corrected 305d yield ($P=0.104$), although farm
258 ($P<0.001$) and the days in milk at conception ($P<0.001$) were significantly associated with
259 this outcome measure. The mean difference in 4% fat corrected 305-day yield was $925\pm 238L$
260 between farms.

261

262 *Time to conception*

263 There was no effect of farm (HR, 0.651; 95% CI, 0.403-1.295; $P=0.121$) or treatment
264 (HR, 0.545; 95% CI, 0.084-3.547; $P=0.559$) on time to conception. Among the 259 pregnant
265 heifers, median time to conception was 85 days and 70 days for those 'never' and 'ever' lame
266 during the study period, respectively.

267

268 **Discussion**

269 Preventing lameness in heifers is a critical control point due to the high prevalence of
270 lesions (Bell et al., 2009), the deterioration in foot health that occurs during first lactation
271 (Offer, et al., 2000), increased risk of recurrence of lameness in subsequent lactations (Hirst,
272 et al., 2002), and premature culling (Sogstad, et al., 2007) that occurs in lame heifers. Routine
273 foot trimming of dairy cows and heifers is now a widespread practice, although the evidence
274 base for their effective use is minimal (Potterton, et al., 2012, Manning, et al., 2016).

275

276 Our study evaluated the effect of foot trimming heifers in a high claw wear
277 environment at 3 weeks pre-calving and 100 days post-calving (both independently and in
278 combination) to assess the impact of foot trimming on subsequent lameness occurrence and
279 productivity. There was no significant difference in lameness period prevalence ($P=0.669$),
280 lameness point prevalence ($P=0.726$), or time to first lameness event between treatment
281 groups ($P=0.527$). However, a pre-calving trim alone significantly increased ($P=0.044$) the
282 proportion of lame heifers during the first lactation compared to the control group, and this
283 increase occurred consistently across the follow-up period. Consequently, we concluded that
284 the prophylactic trimming interventions used in this study did not have beneficial effects on
285 post-calving heifers when compared to the control group (lameness scoring only). Since this
286 deleterious effect was not seen in Group TT (pre-calving foot trim and post-calving foot
287 trim), we suggest interpreting this finding cautiously, especially given the confidence interval
288 calculated (Table 3; OR, 1.29; 95% CI, 1.01-1.65; $P=0.044$). The Dutch Five Step claw
289 trimming method used aimed to conserved sole depth, but this may not have been sufficient
290 to prevent thin soles and bruising exacerbated by new concrete and sand on Farm 2; the
291 relationship between concrete flooring and thin soles has previously been reported in the
292 literature (van Amstel, et al., 2004). This suggests that on farms where the prevalence of thin
293 soles is high, preventative trimming techniques might not be suitable, but reducing the
294 excessive rate of wear might be beneficial. Abrasive concrete causes increased sole wear,
295 leading to sole thinning and predisposing to contusions due to a lack of protection of the
296 sensitive corium by the thin sole. However, these contusions can be responsive to appropriate
297 trimming treatments (Thomas, et al., 2015, Groenevelt, et al., 2014). It is important that the
298 timing and technique of trimming is appropriate to individual farm conditions and the term
299 ‘foot inspection’ is preferred to ‘foot trimming’, to encourage sole depth conservation rather
300 than following routine trim protocols or seeking to achieve an aesthetically pleasing finish.

301

302 The maximum point prevalence detected in this study was 12.2% (standard error of
303 the mean [SEM], 1.7%) between 29-42 days post-partum (Fig. 2), which agrees with
304 previously reported data for UK dairy heifers (6-37%; Maxwell et al., 2015). This pattern of
305 increased prevalence of lameness over the first 6 weeks post-partum suggests a severe
306 deterioration in foot health through the post-calving transition period until the time of peak
307 lactation. Changes in the suspensory apparatus in the periparturient period challenge foot
308 health (Talton, et al., 2002) and the loss of the digital cushion could also be involved in the
309 development of claw lesion.

310

311 The 48-week period prevalence for lameness in our study was 41.1%. This is the first
312 report detailing the extent to which heifer populations are affected by lameness; lameness
313 was also more prevalent than previously described in multiparous cows. However, 76/172
314 (44.2%) of the affected heifers had a single lameness event, in agreement with others who
315 have reported transient and fluctuating lameness (Groenevelt, et al., 2014). Apparent self-
316 cure in the absence of treatment is common in the early stages of lameness before clinically
317 recognisable foot lesions appear. This has been previously explained by the resolution of sole
318 bruising through rest, or by resolution of digital dermatitis through footbathing (Relun, et al.,
319 2012). This suggests that the proportion of lameness scores 2 and 3 was the simplest and
320 most appropriate outcome measure for this study, particularly on a farm where problems with
321 sole haemorrhage and thin soles were more prevalent than sole ulcers or white line lesions in
322 primiparous heifers, a pattern typical on well managed units with good lameness detection.

323

324 The most common lesions at drying off were sole haemorrhage and thin soles, and
325 70% of these reported lesions occurred on Farm 2. These lesions could have been under-

326 recorded in other studies, which might explain the apparent lack of lameness prevention in
327 our study compared to previous reports, due to the high prevalence of thin sole lesions.

328

329 In our study, there was no significant difference in the 4% fat corrected 305-day milk
330 yield or calving to conception interval between treatment groups. However, lame heifers had
331 a mean increase in calving to conception interval of 15 days, which confirms the study by
332 Hernandez, et al., (2007), who reported 3.5 increased odds of delayed ovarian cyclicity
333 compared to non-lame animals.

334

335 The absence of 55 heifers from the transition group at 3 weeks pre-calving, and their
336 subsequent random re-allocation to treatment groups LT and LL was a limitation of the study
337 design. While this was not intended, we have no reason to suspect that this reallocation
338 unbalanced the groups with respect to potential confounders, as it was simply a consequence
339 of maintaining suitable stocking densities in the transition group. Further work is needed to
340 investigate which heifer foot trimming regimen, if any, would be most suitable in different
341 claw wear scenarios, the effect of trimming style on lameness prevention, and whether foot
342 trimming can provide long-term protection against pathology such as new bone formation on
343 the third phalanx (Newsome, et al., 2015).

344

345 A modified AHDB locomotion score was used in our study (Thomas, et al., 2015),
346 with scores of 2 and 3 being defined as clinically lame. Scoring can inform the therapeutic
347 management of lameness (Groenevelt, et al., 2014), and with appropriate training, high
348 within-observer agreement of scoring is possible (Garcia, et al., 2015). Using repeated
349 scoring at 2-week intervals, it is possible to standardise lameness detection for the calculation
350 of robust incidence rates, rather than relying on detection by farmers, which is inherently

351 variable between farms and people (Groenvelt et al., 2014). Our study used biweekly scoring
352 rather than monthly scoring as described by Green et al., (2002), partly in an effort to
353 improve accuracy, but also because delays in treatment initiation associated with monthly
354 scoring has been shown to reduce recovery rates (Thomas et al., 2015). Further work is
355 required to explore variations in the accuracy and precision of lameness and lesion detection
356 using biweekly screening, but most studies, including ours, are primarily limited by lesion
357 diagnosis, since lesions such as sole ulcers can take several weeks to manifest.

358 While no routine foot trimming regimen was protective in our study, trimming did not have a
359 significant deleterious effect on the prevalence of lameness, apart from in Group TL (pre-
360 calving foot trim and post-calving locomotion score), and there was no effect on production
361 performance compared to the control group. Therefore, despite our findings, if lameness and
362 severe claw lesion prevalence is high and lameness scoring is not feasible, routine claw
363 inspection could remain a viable alternative to general observation for lameness or fortnightly
364 lameness scoring.

365

366 **Conclusions**

367 No beneficial effect of a pre-calving or post-calving foot trimming regimen was
368 detected in this controlled study, which used various lameness outcome measures including
369 period prevalence, point prevalence, or time to index lameness event during the first lactation.

370 The proportion of lameness in the pre-calving foot trimming group (Group TL) was
371 significantly higher than in the control group. This indicates that routine lameness screening
372 using locomotion scoring could be preferable to routine trimming in some units for the
373 management of heifer lameness. The protocol used should be appropriate to individual farm
374 conditions, taking into account the availability of trained staff to carry out foot trimming or
375 lameness scoring, cow comfort level, level of foot exposure to concrete, and heifer group

376 sizes. The greatest risk period for heifer lameness was 0-6 weeks post-partum, suggesting
377 potential for more targeted intervention and monitoring of health status during this period.
378 Further work is required to investigate whether there are significant benefits of foot trimming
379 in more traditional dairy housing systems.

380

381 **Conflict of interest statement**

382 Dartington Cattle Breeding Trust funded this study. Dartington Cattle Breeding Trust
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387

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392 technical advice.

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484

485 **Figure legends**

486

487 Fig. 1. Flow chart representing events for each treatment groups at specified intervention
488 times. LS, locomotion score; Tr, Foot trim; TL, Pre-calving foot trim and post-calving
489 locomotion score; LT, Pre-calving locomotion score and post-calving foot trim; TT, Pre-
490 calving foot trim and post-calving foot trim; LL, Pre-calving locomotion score and post-
491 calving locomotion score (control).

492

493 Fig. 2. Lameness point prevalence (%) throughout the first lactation recorded at each of the
494 24 biweekly lameness scores.

495

496

497 **Table 1** Distribution and performance of heifers in each of the four treatment groups in the
 498 trial designed to investigate foot trimming interventions before and after first calving in dairy
 499 heifers.

Variable	TL	LT	TT	LL
Number of heifers enrolled in each group	79	132	77	131
Number of heifers lost to follow-up, and excluded from analysis	10	15	7	17
Proportion of heifers in each group at Farm 1 (%)	41.8	49.2	37.7	46.6
Lameness 48-week period prevalence (%)	46.8	40.2	42.9	37.4
4% fat corrected 305-day milk yield \pm SEM (L)	8491 \pm 272	8759 \pm 203	9035 \pm 290	9308 \pm 245
Days to conception \pm SEM	95.5 \pm 7.4	105.4 \pm 7.2	86.3 \pm 6.8	98.6 \pm 6.7

500 TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion
 501 score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL,
 502 Pre-calving locomotion score and post-calving locomotion score (control); SEM, Standard
 503 error of the mean
 504

505 **Table 2** Proportion of lameness scores within each of the lameness scoring classes (Thomas.,
 506 et al, 2015) as a percentage of the total number of lameness observations in that group,
 507 presented for the four treatment groups and the two farms in a trial designed to investigate
 508 foot trimming interventions before and after first calving in dairy heifers.

	Lameness score 0 (%)	Lameness score 1 (%)	Lameness score 2a (%)	Lameness score 2b (%)	Lameness score 3a (%)	Lameness score 3b (%)
Group TL	91.1	2.1	3.8	2.3	0.7	0.1
Group LT	93.5	1.6	3.0	1.8	0.2	0.0
Group TT	91.9	1.8	3.5	2.4	0.3	0.0
Group LL	93.0	1.7	3.6	1.3	0.3	0.0
Farm 1	95.1	1.5	2.0	1.2	0.2	0.0
Farm 2	90.5	2.0	4.5	2.3	0.6	0.1
Overall	92.8	1.8	3.3	1.8	0.4	0.1

509 TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion
 510 score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL,
 511 Pre-calving locomotion score and post-calving locomotion score (control)
 512

513 **Table 3** Association between treatments and lameness assessment based on different
 514 lameness measurements. All analyses have adjusted for farm effect. Binary logistic
 515 regression, binomial logistic regression, generalised estimating equations for repeated binary
 516 measures and Cox regression were employed for these four analyses.

	Binary logistic regression: Lameness period prevalence over 48-week period OR (95% CI)	Generalised estimating equation: Proportion of time being lame over 48-week period OR (95% CI)	Binomial logistic regression: Presence or absence of lameness at each biweekly period OR (95% CI)	Cox regression: Time to first lameness event HR (95% CI)
LL	Reference	Reference	Reference	Reference
TL	1.44 (0.81-2.56)	1.29 (1.01-1.65)	1.38 (0.74-2.57)	1.38 (0.90-2.12)
LT	1.15 (0.69-1.90)	0.96 (0.76-1.22)	1.26 (0.73-2.18)	1.14 (0.77-1.68)
TT	1.18 (0.66-2.12)	1.14 (0.88-1.47)	1.36 (0.72- 2.56)	1.18 (0.76-1.83)

517 TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion
 518 score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL,
 519 Pre-calving locomotion score and post-calving locomotion score (control); OR, Odds ratio;
 520 95% CI, 95% confidence intervals; HR, Hazard ratio

521

522

523 **Table 4** Overall heifer lameness incidence rate (new lameness cases per heifer per year) for
 524 the four treatment groups and the two farms.

Treatment group	Denominator time at risk (years)	Index lameness events	Incidence (new lameness cases per heifer per year)
Group TL	46.3	37	0.80
Group LT	89.4	53	0.59
Group TT	48.1	33	0.68
Group LL	88.8	49	0.55
Farm 1	130.5	59	0.45
Farm 2	142.1	113	0.80

525 TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion
 526 score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL,
 527 Pre-calving locomotion score and post-calving locomotion score (control)
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