- **1** Vasoactive intestinal peptide (VIP) differentially affects inflammatory immune
- 2 responses in human monocytes infected with viable *Salmonella* or stimulated with LPS

- 4 Basim Askar, Hiba Ibrahim, Paul Barrow and \*Neil Foster
- 5 School of Veterinary Medicine and Science, University of Nottingham, Nottingham UK
- 6
- 7 \*Corresponding author
- 8 Neil Foster
- 9 School of Veterinary Medicine and Science
- 10 University of Nottingham
- 11 Sutton bonington campus
- 12 Sutton Bonington
- 13 Leicestershire
- 14 NG7 2NR
- 15 Telephone: 0115 9516433
- 16 Email: <u>n.foster@nottingham.ac.uk</u>
- 17 Fax: +44 (0) 115 951 6415
- 18
- 19
- 20
- 21
- 22

#### 23 Summary

We compared the effect of VIP on human blood monocytes infected with Salmonella 24 Typhimurium 4/74 or stimulated with LPS. VIP (10<sup>-7</sup> M) increased monocyte viability by 25 24% and 9% when cultured for 24h with 4/74 or Salmonella LPS (100 ng/ml) respectively. 26 Significantly increased (P < 0.05) numbers of 4/74 were also recovered from monocytes co-27 cultured with VIP after 6h post-infection (pi) and this remained high after 24h pi. Both 4/74 28 and LPS increased (P < 0.05) the concentration of TNF- $\alpha$ , IL-1 $\beta$  and IL-6 measured in 29 monocyte supernatants. However, LPS induced this effect more rapidly while, with the 30 exception of IL-6, 4/74 induced higher concentrations (P< 0.05). VIP significantly decreased 31 (P < 0.05) TNF- $\alpha$  and IL-1 $\beta$  production by 4/74-infected monocytes after 6 pi, but only after 32 24h in LPS-cultured monocytes. This trend was reversed for IL-6 production. However, 33 TNF- $\alpha$  and IL-1 $\beta$  production by 4/74-infected monocytes, cultured with VIP, still remained 34 higher (P < 0.05) than concentrations measured in supernatants cultured only with LPS. VIP 35 also increased (P<0.05) production of anti-inflammatory IL-10 in both 4/74 and LPS cultures 36 after 24h. We also show a differential effect of VIP on the expression of TNF $\alpha$  and IL-6 37 receptors, since VIP was only able to decreased expression in LPS-stimulated monocytes but 38 not in 4/74-infected monocytes. 39

In conclusion, we show a differential effect of VIP on human monocytes infected with
virulent *Salmonella* or stimulated with LPS. Our study suggests that the use of VIP in
bacteraemia and/or sepsis may be limited to an adjunctive therapy to antibiotic treatment.

43

- 44
- 45

#### 47 Introduction

To date, most models of human sepsis involve murine studies or immortalised human 48 immune cells, such as monocytic THP1 cells, stimulated with Lipopolysaccharide (LPS). 49 However, the dynamic interaction of primary human blood monocyte with virulent Gram 50 negative bacteria is likely to be different to that observed in these models, which essentially 51 investigate endotoxaemia rather than bacteraemia. The general model of disease progression 52 53 in sepsis proposes two phases. The first phase is characterised by uncontrolled production of 54 inflammatory mediators leading to systemic inflammatory response syndrome (SIRS) (1-3) which leads to acute sepsis and may lead to hypoperfusion and organ collapse (termed septic 55 56 shock). The second phase of disease is characterised by the production of a compensatory anti-inflammatory response syndrome (CARS), required to restore homeostasis but which can 57 lead to secondary, nosocomial, infection (4-5, 3). The SIRS (acute) phase of sepsis is 58 associated with high systemic concentrations of pro-inflammatory cytokines released by 59 monocytes and macrophages, such as TNF- $\alpha$ , IL-1 and IL-6 (6) and acute sepsis is associated 60 61 with uncontrolled systemic inflammation. Thus, intervention which reduces the inflammatory immune response has been proposed as a rational therapeutic avenue. However, clinical trials 62 in which this has been attempted have largely failed. One reason is that some agents used 63 64 may be neutralised by the immune system or degraded by enzymes (7). Trials investigating inhibition of Tumor necrosis factor alpha (TNF- $\alpha$ ) and interleukin 1 $\beta$  (IL-1 $\beta$ ) were also 65 disappointing, probably due to high systemic concentrations of other cytokines and in some 66 67 cases it seems that the cytokine status of patients was not measured prior to administration of specific cytokine inhibitors (8). Broad ranging anti-inflammatories such as glucocorticoids 68 are also widely used in the treatment of sepsis but their effect is debateable probably due to 69

timing of therapy, dosage and the development of 'steroid resistance' by glucocorticoidreceptors (9).

Studies, to date, have suggested that VIP is an excellent therapeutic candidate against 72 sepsis because (i) it is a natural product which does not induce an immune response, (ii) it is 73 identical in all mammals apart from guinea pigs (10), (iii) it is easily synthesised in large 74 quantities, (iv) in murine models of LPS-induced sepsis, low concentrations of VIP (<5 75 nmol) prevent mortality (11) and (v) VIP inhibits LPS-induced cytokine production in human 76 77 THP-1 cells (12-14) indicating that results from animal models may translate into human medicine. VIP therefore has great potential as a cost effective therapeutic against Gram 78 79 negative sepsis.

Monocytes respond quickly to bacterial infection via inflammatory chemokines released in 80 infected peripheral tissues (15). After recruitment into infected tissue, monocytes are 81 82 subjected to signals from Th1 cells that respond to pathogen in tissues. This encounter results in the conversion of the monocytes to activated macrophages that are more competent in 83 84 killing the pathogen and to initiate the systemic inflammatory response in order to clear the infection (16). Monocytes were used extensively in the past to study sepsis (17) and LPS-85 induced disease (18). However, nothing has been reported on the effect of VIP on the 86 production of inflammatory mediators by human monocytes (rather than monocyte-like 87 THP-1 cells) infected with virulent Gram negative bacteria, nor how this may compare to the 88 effect of VIP when these monocytes are stimulated with LPS, since a discrepancy between 89 the effect of VIP on these may have a significant impact on the use of VIP as a therapeutic. 90

91 The aim of the work we describe was to compare the effect of VIP on the production of
92 inflammatory mediators produced by human monocytes infected with *Salmonella*93 *Typhimurium* 4/74 or stimulated by LPS.

#### 94 Materials and methods

#### 95 Salmonella and LPS

- 96 S. Typhimurium 4/74 and LPS from S. Typhimurium SL1181 (Sigma-Aldrich, Poole, Dorset
- 97 UK) were used to stimulate human monocytes in the study. In all experiments, S.
- 98 Typhimurium 4/74 was cultured with monocytes at a multiplicity of infection of 10:1 (MOI
- =10). Monocytes were cultured with LPS at a concentration of 100 ng/ml, unless otherwise
- stated. Porcine VIP (95 % purity by HPLC) was obtained from Sigma-Aldrich, UK.
- 101

#### 102 Isolation of peripheral blood monocytes (PBM)

Human blood was purchased from the blood transfusion service (Sheffield, UK). The blood was diluted with sterile PBS then gently poured onto Histopaque-1077 (Sigm-Aldrich, UK) prior to isolation of the buffer coat, as standard procedure. After appropriate washing steps, buffy coat supernatants were resuspended with appropriate amounts of cold MACS buffer and anti-CD14 antibody coated micromagnetic beads (Miltenyi Biotech, Bisley, Surrey UK) according to manufacturer's instructions. The viability of isolated monocytes was assessed using Trypan blue (10% v/v) (Sigma) and was found to be > 90 % prior to use.

110

#### 111 Salmonella invasion and LPS stimulation assays

The cultured monocytes were firstly washed with sterile PBS then the bacteria were added to the cultured monocytes at MOI of 10:1 at 37°C and 5% Co<sub>2</sub> for 60 min. The cells were then washed and co-cultured with RPMI media contained 100 $\mu$ g/ml of gentamycin (Sigma-Aldrich, UK) with or without VIP (Sigma-Aldrich, UK) and placed in the incubator for a further 60 minutes. The cultured cells were washed again and the media was substituted with RPMI containing 25 $\mu$ g/ml of gentamycin with or without VIP (10<sup>-7</sup> M) for a further 6 or 24h. The cells were then washed three times with PBS at room temperature and then lysed using
119 1% Triton X (Fisher Scientific LTD, Loughborough, UK) for 15 minutes at 37 <sup>o</sup>C.
120 Intracellular bacterial counts were determined by serial dilution at different time points 2, 6,
121 24 hours post infection. Viable bacterial cells counts were measured as colony forming units
122 per ml (CFU/ml).

123 In other experiments monocytes were cultured with LPS, with or without VIP ( $10^{-7}$  M), prior

to isolation of supernatants for cytokine measurement or cell harvesting, for analysis of

receptor expression. The dose effect of VIP on production of TNF- $\alpha$  and IL-10 by LPS-

126 cultured monocytes was also measured in monocyte supernatants following co-culture of

monocytes with LPS and different VIP concentrations ranging from  $10^{-6}$ - $10^{-8}$  M.

#### 128 Monocyte survival assay

The uptake of the fluorescent restriction dye Propidium iodide (PI) was used to measure the 129 130 viability of cells under the experimental procedures described above. After 24h post-culture monocytes were incubated in PBS containing PI (10µg/ml) for 10 min. The number of non-131 132 viable cells (PI +) was assessed using FACSCanto II analyser (Becton Dickinson, USA). Samples were acquired using BD FACSDiva<sup>™</sup> (BD Biosciences, USA) and analysed using 133 CyFlogic 2.8 software, licensed to Nottingham University. Monocytes which had been 134 immersed in ice cold (-20 0C) methanol for 30 min were used as a positive control and 135 monocytes cultured in media only for 24h were used as a negative control. All experiments 136 were performed in triplicate on 3 separate occasions. 137

138

#### 139 Measurement of cytokine concentration in monocyte supernatants

140 ELISA kits (R&D Systems Abingdon, Oxford, UK) were used to measure TNFα, IL-1β, IL-

141 6, IL-10 and IL-4 in the supernatants isolated from monocytes (2, 6 and 24h post-culture

infected with *S*. Typhimurium 4/74 or cultured with LPS, with or without co-culture with VIP
(10<sup>-7</sup> M). Supernatants isolated from monocytes cultured in media only were used as a
negative control. All experiments were performed in triplicate on 3 separate occasions.

#### 146 Expression of cytokine receptors on monocyte membranes

FACS analyses were performed to determine the effect of S. Typhimurium 4/74 infection or 147 LPS culture on the expression of monocyte cytokine receptors and to determine whether, or 148 not, this was affected by VIP (10<sup>-7</sup> M). After 24h post-treatment, 1x10<sup>6</sup> monocytes, from each 149 group, were washed 3 times in FACS buffer (EDTA 2mM; BSA 1% w/v) at 300g for 10 min 150 per wash step. The cell pellets were then incubated with human Trustain FcX (Biolegend, San 151 Diego, CA, USA) for 15 min to block FC receptors. After washing 3 times in FACS buffer, 152 the cell pellets were re-suspended in FACS buffer containing relevant cytokine receptor 153 154 antibodies for 45 min on ice in the dark. The antibodies used were as follows; Mouse antihuman TNF-α receptor (anti-TNFR.1/CD120) and isotype control (Mouse IgG2b.FITC) 155 156 (eBioscience, Santa Clara, CA, USA), Rat anti-human IL-6 receptor (IL-6R/CD126) and 157 isotype control (Rat IgG2a.PE) (eBioscience, USA) and mouse anti-human IL-10 receptor (IL-10R/CD210) and isotype control (Mouse IgG1.FITC) (Biolegend, USA). In addition to 158 this, some groups of monocytes were incubated with mouse anti-Human TLR4 antibody (or 159 160 mouse IgG1.FITC isotype control antibody) to ascertain the effect of bacteria and VIP on a non-cytokine (but highly relevant) monocyte receptor. 161

The concentration of all antibodies and FC blocking reagent are shown in Table 1. After
antibody incubation, the cells were washed 3 times in FACS buffer and then re-suspended in
0.2 ml of FACS buffer prior to analysis. on a FACSCanto II analyser (BD, USA). Samples
were acquired using the BD FACSDiva<sup>™</sup> (BD Biosciences, USA) and analysed using the
CyFlogic 2.8 software.

#### 167 **Statistical analysis**

168 ANOVA analyses with one way classification were performed to determine significance 169 between experimental groups. Tukey's post-hoc test was used to determine significant 170 differences between groups at the 95% confidence limit (P = 0.05).

171

#### 172 **Results**

Our results show that after 24h post infection (pi) of human monocytes with S. Typhimurium 173 4/74, only 44% of cells remained viable, as measured by uptake of propidium iodide (Fig 1A) 174 but this was significantly increased to 68% when co-cultured with VIP (10-7 M). In 175 comparison, when monocytes were stimulated with Salmonella LPS (100 ng/ml) for 24h, 176 viability remained high at 79% but was further increased to 88% when co-cultured with VIP 177 (Fig 1A). VIP also significantly (P < 0.05) increased the numbers of bacteria recovered from 178 monocytes at 6h pi by about 1.5 log and more were also recovered after 24h, but the 179 difference was not significant (Fig 1B). 180

We next compared the effect of VIP on the secretion of pro and anti-inflammatory cytokines by monocytes infected with 4/74 or cultured with LPS. *S.* Typhimurium 4/74 and LPS both significantly (P < 0.05) increased the concentration of pro-inflammatory cytokines (TNF- $\alpha$ , IL-1 $\beta$  and IL-6) measured in monocyte supernatants. LPS had a much more rapid effect on monocytes and significantly increased cytokine levels within 2h, whereas similar increases were not measured in supernatants isolated from 4/74-infected monocytes at this time point (Fig 2A-E).

188 TNF- $\alpha$  and IL-1 $\beta$  concentrations induced by Salmonella infection (Fig 2A and C) were much

189 greater than those induced by LPS culture (Fig 2B and D). Addition of VIP to 4/74-infected

190 monocytes induced a significant decrease (P < 0.05) in TNF- $\alpha$  production (Fig 2A) and IL-1 $\beta$ Page | 8 191 production (Fig 2C) at 6 and 24h pi but VIP only significantly decreased (P < 0.05) TNF- $\alpha$ and IL-1ß production after 24h pi in LPS-cultured monocytes (Fig 2B and D respectively). 192 However even when 4/74-infected monocytes were cultured with VIP, the concentration of 193 194 TNF- $\alpha$  or IL-1 $\beta$  remained at levels significantly greater (P <0.05) than those measured in supernatants from monocytes stimulated with LPS which were not co-cultured in VIP. 195 However, LPS induced a greater and much more rapid IL-6 response after 6h (Fig 2F) 196 compared to IL-6 production by 4/74-infected monocytes, although this was equivalent after 197 24h (Fig 2E). Conversely, VIP induced a significant decrease in IL-6 production by 198 199 monocytes cultured with LPS after 6 and 24h (Fig 2F) but a significant reduction in IL-6 produced by 4/74-infected monocytes was only measured after 24h post-culture in (Fig 2E). 200 201 4/74 and LPS both significantly (*P* < 0.05) increased the concentration of IL-4 produced by 202 monocytes and this concentration was not significantly changed by the addition of VIP to the culture media (Fig 3A and B). Similarly, and LPS both significantly (P < 0.05) increased the 203 concentration of IL-10 produced by monocytes. However, the addition of VIP to the media in 204 205 this case slightly increased IL-10 production by monocytes infected with 4/74, or cultured with LPS, after 6h but after 24h the increase was significant (P < 0.05) with 4/74 inducing 206 much higher levels of IL-10 than that measured in the supernatants of LPS stimulated 207 monocytes (Fig 3C and D). 208

Since VIP had little effect on either LPS-induced TNF- $\alpha$  or IL-10 production after 6h, we investigated whether a dose effect of VIP could be measured at this time point. VIP did have a dose-dependent effect on LPS-stimulated production of inflammatory (TNF- $\alpha$ ) and antiinflammatory (IL-10) cytokines. When added at concentration ranges from 10<sup>-6</sup>, 10<sup>-7</sup> and 10<sup>-8</sup> M, VIP increased the concentration of LPS-induced TNF- $\alpha$  (Fig 4B) but VIP only significantly inhibited ( P < 0.05) LPS-induced TNF- $\alpha$  production by monocytes when added at a concentration of  $10^{-6}$  M (Fig 4A). We also observed a dose effect of VIP on IL-10 production but the dynamics of this were very different to those measured for TNF- $\alpha$ . In this case, VIP at  $10^{-7}$  or  $10^{-8}$  M increased IL-10 concentration in the supernatants of LPSstimulated monocytes above that measured in supernatants isolated from monocytes cultured only with LPS (Fig 4B) and at  $10^{-8}$  M, this increase was significant (P <0.05).

Finally we compared the effect of VIP on expression of cytokine receptor proteins on the 220 surface of monocytes infected with 4/74, or cultured with LPS for 6h. Our results show that 221 both TNFR.1 (Fig 5A) and IL-6R (Fig 5B) were increased on the surface of monocytes 222 infected with 4/74, or cultured with LPS for 6h. VIP had no effect on this expression by 223 224 Salmonella-infected monocytes but did decrease expression of both receptors on the surface of monocytes cultured with LPS (Fig 5A and B). Expression of IL-10R did not increase 225 above isotype control levels on the surface of monocytes infected with S. Typhimurium 4/74 226 227 and this was not altered by VIP. However, LPS stimulated an increase in IL-10R expression on the surface of monocytes and this upregulation of receptor was inhibited by VIP (Fig 5C). 228 229 We then investigated the effect of VIP on expression of TLR4 which is critical receptor in 230 LPS detection and innate immune response but is involved in LPS (rather than cytokine) detection. In these experiments we found that both Salmonella infection or LPS culture 231 upregulated TLR4 expression by monocytes and in both cases this was reduced when the 232 cells were co-cultured with VIP (Fig 5D). 233

234

#### 235 Discussion

To date, most studies which have investigated the effect of VIP on bacterial-induced inflammatory pathways have involved LPS and either murine macrophages (19,20), murine

238 models of disease (11) or immortalised human THP-1 monocytes (12-14). Although LPS is a very strong immunogen it lacks the genetic complexity of intact bacteria. For example, 239 bacteria express a number of other substances such as flagellin, CpG oligodeoxynucleotides, 240 peptidoglycans and lipoproteins which also initiate an inflammatory response. They also 241 utilse sophisticated secretion systems to invade and survive in cells and which encode 242 proteins that may down-regulate host immune responses. There are very few reported studies 243 244 which have investigated the effect of whole viable bacteria on human monocytes and the role of VIP in this system as a potential therapeutic in sepsis. 245

In this current study we show that VIP increased the viability of monocytes infected with S. 246 Typhimurium 4/74 or exposed to LPS. The greatest effect of VIP on viability was when 247 monocytes were infected with *Salmonella*, with less than half remaining viable when cultured 248 with 4/74 for 24h, but in co-culture with VIP viability increased by >20%. VIP has 249 250 previously been reported to prevent LPS-induced cell death in rat neuronal mesenteric cells (21) and our study is therefore in accordance with this. S. Typhimurium SL1344 has been 251 252 previously reported to induce apoptosis in human monocyte-derived macrophages (22) and also in the human monocytic cell line, U937 (23). However, a positive correlation between 253 increased apoptosis of blood monocytes and increased survival of sepsis patients has been 254 previously reported (24) and elevated monocyte numbers has also been reported to correlate 255 with sepsis (25). It is possible, therefore, that the physiological response to sepsis is to reduce 256 some of the capacity of the immune system (monocytes) to produce inflammatory mediators 257 by inducing apoptosis in these cells. If this is the case, then administration of VIP to patients 258 259 who have Gram negative bacteraemia may have a detrimental effect. It is probably also the case that the increase in Salmonella survival associated with VIP that we have shown is due 260 to the increased survival of monocytes. However, addition of VIP to culture media was 261

262 associated with decreased production of inflammatory cytokines (TNFa, IL-1ß and IL-6) and an increase in anti-inflammatory IL-10. Early studies have shown that TNFa, IL-1B were 263 upregulated in the blood of volunteers in which LPS was intravenously administered (26-27). 264 Following meta-analysis, Lv et al., (28) reported that TNFa may be a useful biomarker of 265 neontal sepsis. Meta-analyses have also indicated that TNF-a therapy may reduce mortality if 266 administered prior to shock and may also have therapeutic benefit in patients with high IL-6 267 titres (29) and that in paediatric sepsis,  $TNF\alpha$  levels could be used as a biomarker as it 268 strongly correlates with Gram negative culture from patients (30). This latter study may be 269 highly relevant to ours since we show that VIP reduces TNFa production by 4/74-infected 270 monocytes, although it would also suggest that  $TNF\alpha$  production is a double-edged sword in 271 272 that it probably is needed to kill bacteria also. As such, VIP may be a useful adjunctive 273 therapy to antiobiotic treatment. A study by Gogos et al., (31) reported that IL-10 concentration was postively correlated with the onset of sepsis and that high IL-10/TNF-  $\alpha$ 274 ratio indicated a poor prognosis. High circulating levels of IL-6 and IL-10 have also been 275 276 associated with mortaility in other studies (32, 25). Since we show that VIP inhibits IL-6 but increases IL-10 production by monocytes it is difficult to say what effect this may have in 277 *vivo* and it is also possible that this could be beneficial or detrimental depending on the phase 278 of disease (SIRS or CARS). In a study of 178 biomarkers for sepsis, it was reported that only 279 5 had a specificity and sensitivity > 90% (33) and none of these biomarkers were cytokines 280 281 we report here. However, the cytokines we have studied are known to stimulate production of most of these biomarkers and so inhibiting cytokines during ongoing bacterial infection may 282 have a therapeutic, down-stream, effect. 283

We also studied the effect of VIP on the expression of important monocyte receptors. Surprisingly, we found that VIP was unable to suppress the increased expression of TNFR.1,

286 or IL-6R on the surface of monocytes infected with 4/74 but was able to do so when monocytes were stimulated with LPS. We also show a very different response in expression 287 of IL-10R, on the surface of monocytes, when comparing S. Typhimurium 4/74 infection 288 289 with LPS culture. In this case, 4/74-infected monocytes were unable to upregulate IL-10R and this was not altered by co-culture with VIP. However, LPS increased IL-10R expression 290 and this was decreased by co-culture with VIP. Therefore, the effect of VIP differs greatly in 291 292 respect to expression of cytokine receptors depending on whether human monocytes are infected with virulent Gram negative bacteria or stimulated with LPS. This suggests that 293 294 bacterial factors, other than LPS, may prevent the inhibitory effect of VIP on expression of these receptors and may indicate that administration of VIP, during sepsis, could be less 295 effective if the patient has ongoing Gram negative infection. TLR4 activation of NFKB has 296 297 long been associated with the development of sepsis (34-35) and it is perhaps significant that we show that VIP inhibits TLR4 expression in monocytes stimulated with LPS but also 298 following infection by 4/74. Previously this effect has only been reported in human 299 300 monocytic THP-1 cells stimulated with LPS from Escherichia Coli or Porphyromonas Gingivalis (14), While VIP also inhibits TLR4 mRNA (although surface protein was not 301 measured) in murine macrophages stimulated with LPS (36). Therefore, we show that VIP 302 inhibits the initial detection and down-stream transcriptional response to both virulent 303 Salmonella and LPS and is most likely the reason why VIP inhibits production of the 304 305 inflammatory cytokines we have measured in this study.

In conclusion our study suggests that VIP may have therapeutic value in human sepsis by inhibiting the production of inflammatory cytokines and cytokine receptors by blood monocytes during endotoxaemia, although the timing of VIP intervention (during the SIRS or CARS phase of disease) may be critical. However, we show that VIP does not down-regulate some important cytokine receptors when monocytes are infected with virulent *Salmonella* and, although it decreases the production of inflammatory cytokines by these cells, the level of cytokines still remain higher than that induced by LPS alone. Furthermore, VIP increases the viability of infected monocytes which may have an overall detrimental effect during bacteraemia/sepsis. Therefore, we suggest that VIP would probably need to be administered as an adjunctive therapy to antibiotic treatment rather than a 'stand-alone' therapy as suggested by earlier murine studies using LPS.

#### 317 Acknowledgements

The work was funded by the Ministry of Higher Education and Scientific Research, Kurdistan–Iraq (awarded to BA) and Sudan university for science and technology and Faculty for the future, Gordon Memorial college scholarship (awarded to HI).

321

#### 322 **References**

- 1. Annane D, Bellissant E, Cavaillon JM. Septic shock. *Lancet* 2005; **365**: 63-78.
- 324 2. Davis BH. 2005. Improved diagnostic approaches to infection/sepsis detection. *Expert Rev*325 *Mol Diagn* 2005; **5**: 193-207.
- 326 3. Ward NS, Casserly B, Ayala A. The compensatory anti-inflammatory response syndrome
- 327 (CARS) in critically ill patients. *Clin Chest Med* 2008; **29**: 617-625.
- 328 4. Wolk K, W. Docke W, von Baehr V, Volk H, Sabati R. Comparison of monocyte functions
- after LPS- or IL-10-induced reorientation: importance in clinical immunoparalysis.
- 330 *Pathobiology* 1999; **67**: 253-256.

- 5. Gullo A, Iscra F, Di Capua G, Berlot G, Lucangelo U, Chierego ML, Ristagno G,
- Peratoner A, Fasiolo S, Consales C, De Martino G, Tufano R. Sepsis and organ dysfunction:
  an ongoing challenge. *Minerva Anestesiol* 2005; **71**: 671-699.
- 6. Danikas DD, Karakantza M, Theodorou GL, Sakellaropoulos GC, Gogos CA. Prognostic
- value of phagocytic activity of neutrophils and monocytes in sepsis. Correlation to CD64 and
- CD14 antigen expression. *Clin Exp Immunol* 2008; **154**: 87-97.
- 7. Svenson S, Tomalia DA. Dendrimers in biomedical applications--reflections on the field. *Adv Drug Deliv Rev* 2005; **15**: 2106-2129.
- 8. Cohen J. Sepsis and septic shock: inching forwards. *Clin Med* 2009; **9**: 256-257.
- 340 9. Antonucci E, Fiaccadori E, Taccone FS, Vincent JL. Glucocorticoid administration in
- sepsis and septic shock: time for a paradigm change? Minerva Anestesiol 2014; 80: 1058-
- 342 1062.
- 10. Du BH, Eng J, Hulmes JD, Chang M, Pan YC, Yalow RS. Guinea pig has a unique
- mammalian VIP. Biochem Biophys Res Commun 1985; **128**: 1093-1098.
- 345 11. Delgado M, Martinez C, Pozo D, Calvo JR, Leceta J, Ganea D, Gomariz RP. Vasoactive
- intestinal peptide (VIP) and pituitary adenylate cyclase-activation polypeptide (PACAP)
- 347 protect mice from lethal endotoxemia through the inhibition of TNF- $\alpha$  and IL-6. *J. Immunol*
- **348** 1999; **162**: 1200-1205.
- 12. Foster N, Cheetham J, Taylor JJ, Preshaw PM. VIP Inhibits Porphyromonas gingivalis
- LPS-induced immune responses in human monocytes. J. Dent Res 2005; 84: 999-1004.
- 13. Foster N, Andreadou K, Jamieson L, Preshaw PM, Taylor J.J. VIP inhibits P. gingivalis
- 352 LPS-induced IL-18 and IL-18BPa in monocytes. J. Dent Res 2007; 86: 883-887.
- 14. Foster N, Lea SR, Preshaw PM, Taylor JJ. Pivotal advance: vasoactive intestinal peptide
- inhibits up-regulation of human monocyte TLR2 and TLR4 by LPS and differentiation of
- 355 monocytes to macrophages. *J. Leuko Biol* 2007; **81**: 893-903.Page | 15

- 15. Faix JD. Biomarkers of sepsis. *Crit Rev Clin Lab Sci* 2013; **50**: 23-36.
- 16. Benoit M, Desnues B, Mege JL. Macrophage polarization in bacterial infections. J.
- 358 *Immunol* 2008; **181**: 3733-3739.
- 359 17. Xiu F, Jeschke MG. Perturbed mononuclear phagocyte system in severely burned and
  360 septic patients. *Shock* 2013; 40: 81-88.
- 18. Lyakh LA, Koski GK, Telford W, Gress RE, Cohen PA, Rice NR. Bacterial
- 362 lipopolysaccharide, TNF- $\alpha$ , and calcium ionophore under serum-free conditions promote
- 363 rapid dendritic cell-like differentiation in CD14+ monocytes through distinct pathways that
- activate NF-κB. J. Immunol 2000; **165**: 3647-3655.
- 365 19. Delgado M, Ganea, D. Inhibition of endotoxin-induced macrophage chemokine
  366 production by vasoactive intestinal peptide and pituitary adenylate cyclase-activating
  367 polypeptide in vitro and in vivo. *J. Immunol* 2001; **167**: 966-975.
- 20. Delgado M, Pozo D, Martinez C, Leceta J, Calvo JR, Ganea D, Gomariz RP. Vasoactive
  intestinal peptide and pituitary adenylate cyclase-activating polypeptide inhibit endotoxininduced TNF-alpha production by macrophages: in vitro and in vivo studies. *J. Immunol*1999; 162: 2358-2367.
- 372 21. Arciszewski MB, Sand E, Ekblad E. Vasoactive intestinal peptide rescues cultured rat
- 373 myenteric neurons from lipopolysaccharide induced cell death. *Regul Pept* 2008; **146**: 218-
- 374 223.
- 22. Zhou X, Mantis N, Zhang XR, Potoka DA, Watkins SC, Ford HR. Salmonella
- 376 typhimurium induces apoptosis in human monocyte-derived macrophages.
- 377 *Microbiol Immunol* 2000; **44**: 987-995.
- 23. Forsberg M, Blomgran R, Lerm M, Särndahl E, Sebti SM, Hamilton A, Stendahl O,
- 379 Zheng L. Differential effects of invasion by and phagocytosis of *Salmonella typhimurium* on

- apoptosis in human macrophages: potential role of Rho–GTPases and Akt. J. Leuko Biol
  2003; 74: 620-629.
- 382 24. Giamarellos-Bourboulis EJ, Routsi C, Plachouras D, Markaki V, Raftogiannis M,
- 383 Zervakis D, Koussoulas V, Orfanos S, Kotanidou A, Armaganidis A, Roussos C,
- 384 Giamarellou H. Early apoptosis of blood monocytes in the septic host: is it a mechanism of
- protection in the event of septic shock? *Crit Care* 2006; **10**: R76.
- 25. Zhou J, Chaudhry H, Zhong Y, Ali MM, Perkins LA, Owens WB, Morales JE, McGuire
- 387 FR, Zumbrun EE, Zhang J, Nagarkatti PS, Nagarkatti M. Dysregulation in microRNA
- expression in peripheral blood mononuclear cells of sepsis patients is associated with
- immunopathology. Cytokine 2014; 71: 89-100
- 26. Hesse DG, Tracey KJ, Fong Y, Manogue KR, Palladino MA Jr, Cerami A, Shires GT,
- 391 Lowry SF. Cytokine appearance in human endotoxemia and primate bacteremia. Surg
- *Gynecol and Obstet* 1988; **166**: 147–153.
- 27. Cannon JG, Tompkins RG, Gelfand JA, Michie HR, Stanford GG, van der Meer JW,
- Endres S, Lonnemann G, Corsetti J, Chernow B, Wilmore DW, Wolff SM, Burke JF,
- 395 Dinarello CA. Circulating interleukin-1 and tumor necrosis factor in septic shock and
- experimental endotoxin fever. *J.Infect Dis* 1990; **161**: 79–84.
- 28. Lv B, Huang J, Yuan H, Yan W, Hu G, Wang J. Tumor Necrosis Factor-α as a
- 398 Diagnostic Marker for Neonatal Sepsis: A Meta-Analysis. Sci World J 2014; article ID
- **471463**,
- 400 29. Lv S, Han M, Yi R, Kwon S, Dai C, Wang R. Anti-TNF-a therapy for patients with
- 401 sepsis: a systematic meta-analysis. *Int J Clin Pract* 2014; **6**8: 520-528.
- 402 30. Kumar S, Rizvi M. Prognostic serum tumor necrosis factor-alpha in paediatric patients
- 403 with sepsis. J. Infect Dev Ctries 2009; **3**: 437-441.

- 404 31. Gogos CA, Drosou E, Bassaris HP, Skoutelis A. Pro- versus anti-inflammatory cytokine
- 405 profile in patients with severe sepsis: a marker for prognosis and future therapeutic options. *J*.
- 406 *Infect Dis* 1990; **16**: 982-987.
- 407 32. Hong T-H, Chang C-H, Ko W-J, Lin C-F, Liu H-H, Chow L-P, Huang C-T, Yu S-L,
- 408 Chen Y-S. 2014. Biomarkers of early sepsis may be correlated with outcome. J. Trans Med
- **409** 2014; **12**: 146.
- 410 33. Pierrakos C, Vincent J-L. Sepsis biomarkers: a review. *Crit. Care* 2010; 14: R15.
- 411 34. Opal SM, Huber CE. Bench-to-bedside review: Toll-like receptors and their role in septic
- 412 shock. *Crit. Care* 2002; **6**: 125–136.
- 413 35. Lakhani SA, Bogue CW. Toll-like receptor signaling in sepsis. Curr. Opin. Pediatr 2003;
- **414 15:** 278–282.
- 415 (36) Arranz A, Androulidaki A, Zacharioudaki V, Martinez C, Margioris AN, Gomariz RP,
- 416 Tsatsanis C. Vasoactive intestinal peptide suppresses toll-like receptor 4 expression in
- 417 macrophages via Akt1 reducing their responsiveness to lipopolysaccharide. *Mol Immunol*
- 418 2008; **45**: 2970-2980.
- 419
- 420
- 421
- 422
- 423
- 424
- 425
- 426

- 428
- 429

## 432 Figure 1. VIP increases the viability of both human monocytes and S. Typhimurium 433 4/74 after 24h post-infection

434 (A); FACS analysis was performed to show that VIP (10-7 M) increased monocyte survival after 24 pi with S. Typhimurium 4/74 (MOI = 10) or following culture with Salmonella LPS 435 (100 ng/ml) for 24h. \* = significant increase (P < 0.05) in the numbers of viable monocytes 436 co-cultured with VIP and S. Typhimurium or LPS. Positive control = monocytes cultured 437 with methanol. Negative control = monocytes cultured in media only over the same time 438 period and , as an additional control VIP (10-7M) alone was added to monocytes cultures but 439 this had no effect on monocytes survival (data not shown). Monocytes were cultured with the 440 fluorescent restriction dye Propidium iodide (1 µg/ml) to assess cell death. 441

- 442 (B); Shows the number of viable *S*. Typhimurium 4/74 recovered from monocytes after 2-24h
- 443 pi, with or without VIP (10<sup>-7</sup> M). \* = significant increase (P < 0.05) in the number of S.
- 444 Typhimurium 4/74 recovered from infected monocytes co-cultured with VIP after 24h.
- 445 Histograms show data of mean values calculated from triplicate experiments performed on

three separate occasions. Error bars show standard deviation (SD) from the mean.

447

### 448 Figure 2. VIP inhibits the production of TNF-α and IL-β by human monocytes infected

- 449 with *S*. Typhimurium 4/74 but the concentration of both remain significantly higher
- 450 than TNF-α and IL-β stimulated by LPS
- 451 ELISA analyses showing that VIP (10<sup>-7</sup> M) significantly inhibited (P < 0.05) TNF- $\alpha$  (A) and
- 452 IL-1 $\beta$  (C) production by human monocytes infected with S. Typhimurium 4/74 (MOI =10) at

Page | 19

453 6 and 24h pi. VIP also significantly inhibited (P < 0.05) TNF- $\alpha$  (B) and IL-1 $\beta$  (D) production by human monocytes following culture with LPS (100 ng/ml) for 24h. VIP significantly (P <454 0.05) inhibited production of IL-6 by monocytes infected with S. Typhimurium 4/74 at 24h pi 455 (E) but VIP inhibited IL-6 production by monocytes cultured with LPS for both 6 and 24h 456 (F). In 4/74-infected monocytes cultured with VIP, TNF- $\alpha$  and IL-1 $\beta$  (A and C) 457 concentrations remain significantly higher (P < 0.05) than those measured in monocyte 458 supernatants cultured only with LPS (B and D). Negative controls = monocytes cultured in 459 media only over the same time periods and, as an additional control, VIP (10-7M) alone was 460 461 added to monocytes cultures but this had no effect on cytokine production (data not shown). \* = significant decrease (P < 0.05). Histograms show data of mean values calculated from 462 triplicate experiments performed on three separate occasions. Error bars show standard 463 464 deviation (SD) from the mean.

465

# Figure 3. VIP has no effect on IL-4 production by human monocytes infected with S. Typhimurium 4/74 or cultured with LPS but increases production of IL-10 following either treatment.

ELISA analyses showing that VIP (10<sup>-7</sup> M) had no effect on IL-4 production by human 469 monocytes infected with S. Typhimurium 4/74 (MOI =10) (A) or following culture with 470 Salmonella LPS (100 ng/ml) (B) for 2-24h. VIP significantly increased (P < 0.05) IL-10 471 production by monocytes infected with S. Typhimurium 4/74 after 24h pi. (C). VIP also 472 473 increased IL-10 production by monocytes cultured with LPS for 6 and 24h and after 24h this increase was significant (P < 0.05) (D). Negative controls = monocytes cultured in media only 474 475 over the same time periods and, as an additional control, VIP (10-7M) alone was added to monocytes cultures but this had no effect on cytokine production (data not shown). \*= 476 . unc 1 - 0

477 significant decrease (P < 0.05). Histograms show data of mean values calculated from 478 triplicate experiments performed on three separate occasions. Error bars show standard 479 deviation (SD) from the mean.

480

Figure 4. VIP dose dependently changes TNF-α and IL-10 production by LPS-cultured
cells.

483 ((A); ELISA analyses showing that decreased TNF $\alpha$  production by monocytes, infected with

484 S. Typhimurium 4/74 for 6h pi, was correlated with increased VIP concentration  $(10^{-6}-10^{-8})$ 

485 M). \* = significant decrease in TNF $\alpha$  (*P* < 0.05) compared with TNF $\alpha$  production by

486 monocytes cultured with LPS alone. (B); Decreased IL-10 production by monocytes infected

487 with S. Typhimurium 4/74 for 6h pi was correlated with increased VIP concentration ( $10^{-6}$ -

488 10<sup>-8</sup> M). \* = significant increase in IL-10 (P < 0.05) compared with IL-10 production by

489 monocytes cultured with LPS alone. Negative controls = monocytes cultured in media only

490 over the same time periods and, as an additional control, VIP (10-7M) alone was added to

491 monocytes cultures but this had no effect on cytokine production (data not shown).

492 Histograms show data of mean values calculated from triplicate experiments performed on

493 three separate occasions. Error bars show standard deviation (SD) from the mean.

494

495

496

497

498	Figure 5. VIP inhibits expression of cytokine receptors on the surface of human		
499	monocytes cultured with LPS but not following infection with S. Typhimurium 4/74.		
500	FACS analyses showed that VIP (10-7 M) had no effect on the expression of TNFR.1 (A);		
501	IL-6R (C) or IL-10R (E) on the surface of human monocytes infected with S. Typhimurium		
502	4/74 (MOI =10) after 6h pi. However, VIP inhibited expression of TNFR.1 (B); IL-6R (D) or		
503	IL-10R (F) on the surface of human monocytes cultured with Salmonella LPS (100 ng/ml)		
504	after 6h pi. Conversely VIP (10-7 M) inhibited expression of TLR4 on the surface of		
505	monocytes infected with S. Typhimurium 4/74 (G) or following culture with LPS (H) for 6h.		
506	= Isotype control; = Monocytes cultured with S. Typhimurium $4/74$ or LPS;		
507	••• • = Monocytes cultured with S. Typhimurium $4/74$ or LPS and VIP. FACS histograms		
508	are representative of data obtained from triplicate experiments performed on three separate		
509	occasions.		
510			
511	Table 1. The concentration of antibodies and isotype controls used in cytokine receptor		
512	FACS analyses.		
513			
515			
515			
516			
517			
518			
519			
520			
521			

- 521
- Page | 22

#### Figure 1 Askar et al

(A)

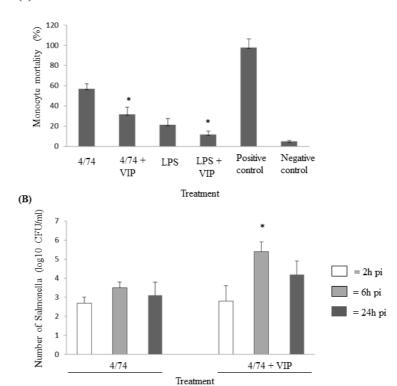


Figure 2 Askar et al

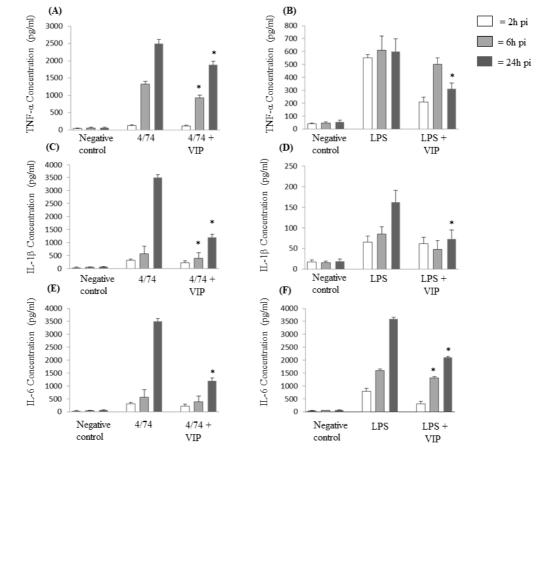
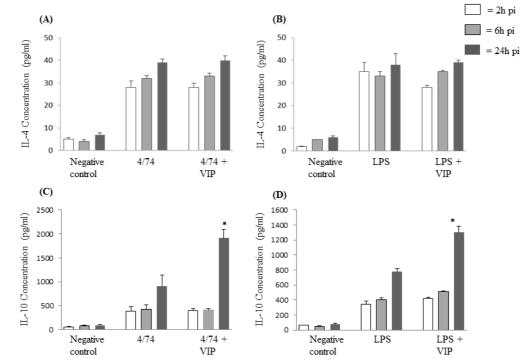


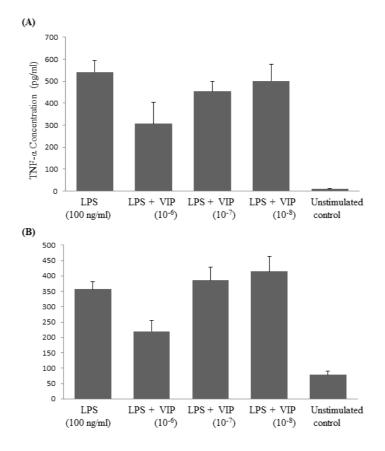
Figure 3 Askar et al

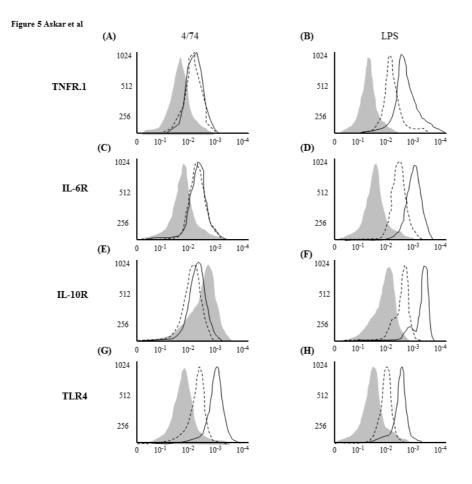




- -

Figure 4 Askar et al







#### 

Antibodies	Concentration	Isotype control antibodies
Mouse anti-human TFN-R clone H398. FITC.	0.5 µg	Anti-Mouse IgG2b.FITC.
Rat anti-human CD210 (IL-10R) PE.	0.5 µg	Anti-rat IgG2a. PE.
Mouse anti-human CD126 /IL-6 receptor alpha. PerCP.	0.06 µg (5µl)	Anti-mouse IgG1.PerCP.
Human Trustain FcX (FcReceptor Blocking solution.	0.5 µg	N/A.
Mouse anti-human TLR4.FITC	0.5 µg	Anti-Mouse IgG1.FITC