

1 **Sensory perception and consumer acceptance**
2 **of commercial and salt-reduced potato crisps**
3 **formulated using salt reduction design rules**

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14

15 **Abstract**

16 Successful salt (NaCl) reduction strategies are required to reduce the salt content of snacks while
17 maintaining saltiness perception and consumer acceptance. Previous research suggests that particle
18 physicochemical design rules (small particle size, low density, low hydrophobicity, optimised particle
19 shape) can be leveraged to produce salt particles that enhance saltiness perception. This study aimed
20 to validate these design rules by applying optimised model salts to unsalted potato crisps at a 30 %
21 reduced salt content to produce prototype products. A selection of commercial products were also
22 chosen to represent the salt content and crisp style of the broader market, with the aim to investigate
23 the potential of other salt reduction strategies including; direct salt removal without compensation for
24 loss of salt content and increasing time in mouth, while exploring the impact of consumer mouth
25 behaviour type on consumer product preference. Nine products varying in salt content (6 standard, 1
26 crinkle-cut, 1 thick-cut batch-fried, 1 baked reconstituted potato) were subject to descriptive sensory
27 analysis with a trained panel (n=11). A subset (seven products) were assessed for consumer
28 acceptance (n=93). A salt reduction of 30 % was achieved while maintaining saltiness perception and
29 consumer acceptance using model salts, while direct removal of salt without perceptual impact was
30 only achievable by 15 %. To investigate key drivers of liking, consumers were segmented based on
31 product liking and mouth behaviour. Results suggested that whilst salt content was the primary driver,
32 specific texture profiles were polarising. However, mouth behaviour had minimal influence on
33 preference. These results validate previously described physicochemical design rules for developing
34 novel salt particles for salt reduction and inform ingredient design for the food and flavour industries.

35

36 **Keywords:** salt reduction, saltiness perception, potato crisps, mouth behaviour, texture

37 **1. Introduction**

38 Cardiovascular diseases (CVDs) are the leading cause of death worldwide, contributing to one-third of
39 global deaths in 2019 (World Health Organisation, 2021). CVD is a group of disorders associated with

40 the heart and blood vessels, of which a diet high in sodium chloride salt (NaCl) is one of the major risk
41 factors (World Health Organisation, 2021). In addition to the many preventable deaths caused each
42 year, CVDs also place a substantial financial burden on the global economy through increased
43 healthcare costs (Public Health England, 2019). It is recommended that adults consume no more than
44 5 g NaCl/day (World Health Organisation, 2018); however, average salt consumption still exceeds these
45 levels in most countries, e.g. 8 g/day in the United Kingdom, 9 g/day in Australia and USA, and 14 g/day
46 in China (Thout et al., 2019; Zhou et al., 2019).

47 Since the highest contributor to salt in our diet is processed foods (Gibson et al., 2000), most developed
48 countries have continuing voluntary or mandatory salt reduction targets (Webster et al., 2011) to
49 encourage food manufacturers to reduce salt in their products. Removal of NaCl salt is difficult due to
50 its many functionalities, for example: imparting flavour, controlling yeast growth and fermentation rate,
51 improving product texture, reducing spoilage through control of water activity, contributing to food
52 preservation, and increasing water-binding capacity (Man, 2007). For savoury snacks specifically, it
53 provides a salty taste to an otherwise bland base, enhances flavour, provides a desirable product
54 texture to expanded or reconstituted snacks, acts as a carrier for some seasonings, and may help to
55 improve seasoning flowability (Man, 2007). Since salty taste is a key driver of consumer acceptance in
56 many processed foods (Li et al., 2015), and direct removal is highly problematic due to its multifaceted
57 role, significant research is required to enable food manufacturers to meet salt reduction targets without
58 compromising consumer acceptance. Salt reduction strategies include: direct removal (partial removal
59 of salt without compensatory strategy), salt substitution, leveraging cross-modal interactions for
60 saltiness enhancement and modification of the product or salt particle to increase the availability of
61 sodium and dissolution rate in saliva (Busch et al., 2013; Kilcast & Angus, 2007; Kuo & Lee, 2014). Salt
62 reduction strategies should depend on the functional property of salt in that particular product. The use
63 of direct removal without an attempt to mitigate the loss of salt content can be achieved up to 20 % in
64 certain applications, including bread and dairy products (Drake et al., 2011; Jaenke et al., 2017; La
65 Croix et al., 2015; Levings et al., 2014; Mueller et al., 2016), with even up to 40 % reduction being
66 suggested as possible (Torrice et al., 2019). This is possible since partial reduction in salt concentration

67 in a product can go unnoticed by the consumer. However, direct removal risks consumers rejecting the
68 low salt product and ultimately choosing an alternative product that provides the desired saltiness. In
69 addition, consumers may compensate for the loss of saltiness by adding their own salt (Zandstra et al.,
70 2016). In order to combat this issue and reduce the risk of consumer rejection of any new salt-reduced
71 formulations by direct removal, a common approach is to use reduction by stealth, where gradual
72 reduction over time can result in considerable reductions over an extended time period (Kilcast & Angus,
73 2007). Previously, in cereals and bread, a 33 % and 25 % reduction in NaCl salt content over time was
74 achieved, respectively (Kilcast & Angus, 2007). Although successful, the approach required 7 years to
75 ensure that the reduction remained unnoticed by consumers and still requires a concerted agreement
76 within the specific product industry; to avoid the risks associated with the direct salt removal method,
77 as mentioned. Potassium chloride (KCl) has been used to reduce salt by replacing NaCl salt up to 30
78 % in some products, including potato crisps (Kongstad & Giacalone, 2020; Mueller et al., 2016; Torrico
79 et al., 2019). However, undesirable metallic and bitter flavour notes associated with increasing KCl
80 content limit this approach (Sinopoli & Lawless, 2012). In potato crisps, it was also found that consumers
81 perceive the use of KCl as a replacement of NaCl salt as less healthy and may therefore reject this
82 change in reformulation (Kongstad & Giacalone, 2020). Another way to mitigate the loss of salt content
83 during reduction is to increase sodium availability and dissolution either by altering product matrix
84 composition (Kuo & Lee, 2014; Lawrence, Buchin, et al., 2012; Yucel & Peterson, 2015a, 2015b) or
85 modifying salt particles' properties (Hurst et al., 2021; Rama et al., 2013). These approaches are
86 successful as they increase the dissolution speed of sodium from the food matrix to the saliva and the
87 taste receptor cells, increasing the saltiness intensity perceived. Recently, physicochemical design
88 rules for salt particles for salt reduction were proposed, which included: small particle size, low density,
89 low hydrophobicity and optimised particle shape. Salt particles with reduced particle size (<106 µm)
90 and specifically designed spray-dried salt (commercially available as SODA-LO® Salt Microspheres)
91 adopted these design rules and enhanced saltiness perception compared to standard salt particles
92 (106-425 µm) (Hurst et al., 2021).

93 Food texture impacts food oral processing, which can, in turn, influence the perception of saltiness and
94 the acceptance of products (Jeltema et al., 2015; Lawrence, Septier, et al., 2012). Modifying food
95 texture to regulate food oral processing is one way that could optimise sodium release in the mouth and
96 enhance saltiness perception. Previously, Tian and Fisk (2012) highlighted that a high proportion of
97 sodium in snacks is consumed without being perceived under regular eating patterns. Therefore, it is
98 hypothesised that increasing the time of the product in the mouth will allow an increased proportion of
99 sodium to be released into saliva and be detected by taste receptor cells. Differences in oral physiology
100 (e.g. saliva flow rate and composition) and individual chewing behaviour can also influence sensory
101 perceptions (Chen, 2009; Lawrence, Septier, et al., 2012). One way to assess typical chewing
102 behaviour is the JBMB Mouth Behaviour Typing tool®, which classifies individuals into four groups
103 (chewers, crunchers, smooshers and suckers) depending on individual preferences for the way one
104 manipulates their foods (Jeltema et al., 2015). Individual mouth behaviour type has been suggested to
105 influence food choice and preferences (Jeltema et al., 2015), and although limited research has been
106 conducted on the influence of mouth behaviour type on saltiness liking and perception, sodium release
107 and saltiness has been shown to be affected by chewing behaviour (Lawrence, Septier, et al., 2012).
108 Texture may also impact saltiness perception through cross-modal interactions, with some studies
109 suggesting that a rough texture can enhance saltiness perception (Biggs et al., 2016; Pflaum et al.,
110 2013; van Rompay & Groothedde, 2019).

111 Effective salt reduction strategies that allow reduction while maintaining saltiness and consumer
112 acceptance are urgently required, thus a number of salt reduction strategies were investigated. This
113 study firstly aimed to validate physicochemical design rules established previously for salt particles to
114 maximise potential saltiness (small particle size, low density, low hydrophobicity and optimised particle
115 shape) (Hurst et al., 2021). Therefore, prototypes produced using optimised model salts (<106 µm table
116 salt and a spray-dried salt, SODA-LO®) with 30 % NaCl salt reduction were assessed within a broader
117 product set of commercially available products and compared to a standard prototype (1.2 g NaCl /
118 100g, 106-425 µm salt particle size), using a dual sensory approach.. Furthermore, with limited research
119 on salt reduction of potato crisps in literature, this study also investigated: the impact of direct salt

120 removal without any compensatory technique, the effect of changing oral residency time and breakdown
121 speed by altering textural profiles and the impact of ridged texture compared to smooth on consumer
122 acceptance and sensory perception. Additionally, the influence of mouth behaviour on individual
123 perception of potato crisps is explored as variation in oral manipulation and processing is thought to
124 influence product liking. Thus, this study considers the influence of mouth behaviour type on individual
125 perception of salt-reduced potato crisps and commercial competitors.

126

127 **2. Materials and methods**

128 **2.1. Potato crisp product set**

129 Nine ready salted potato crisp products were used within the study; 3 prototype products were produced
 130 using model salt particles topically applied to unsalted potato crisps (Walkers Salt & Shake, PepsiCo,
 131 Leicester, UK), and 6 were commercially available products (Table 1).

Table 1. Total potato crisp product set. All products outlined were used within the descriptive sensory analysis (n=9) and for the consumer study, crinkled and low salt commercial products were excluded as they were no longer available (n=7).				
Prototype products				
Prototype reference	Salt particle description	Aimed NaCl content (g/100g)	NaCl content determined by sodium analysis (g/100g) ¹	Product description
P1 (STD)	S1: Table salt 106-425 µm (99 % NaCl)	1.2	1.18 ± 0.05	Fried sliced potato, Standard NaCl level
P2	M1: Table salt <106 µm (99 % NaCl)	0.84	0.84 ± 0.01	Fried sliced potato, 30 % reduced NaCl
P3	M2: SODA-LO® Salt Microspheres Extra Fine salt (93.4 % NaCl)	0.84	0.80 ± 0.03	Fried sliced potato, 30 % reduced NaCl
Commercial products				
Product reference	Commercial name	Declared Back of Pack NaCl content (g/100g)	NaCl content determined by sodium analysis (g/100g)	Product description
Low salt	Walkers Hint of Salt	0.9	0.53 ± 0.07	Fried sliced potato, low NaCl
Medium salt	Waitrose Essential Ready Salted	1.15	1.23 ± 0.03	Fried sliced potato, medium NaCl
High salt	Walkers Ready Salted	1.4	1.40 ± 0.10	Fried sliced potato, high NaCl
Baked	Walkers Oven Baked	1.18	1.20 ± 0.10	Baked reconstituted potato flakes, medium NaCl

Crinkled	Walkers Crinkles	1.2	1.12 ± 0.10	Fried crinkle cut potato, medium NaCl
Hand-cooked	ASDA Extra Special Hand cooked crisps	1.2	1.64 ± 0.08	Thicker cut, batch fried potato, medium NaCl

2.1.1. Potato crisp prototypes

Three potato crisp prototypes were produced (**Error! Reference source not found.**). Table salt (99 % NaCl) (Sainsbury's, London, UK), nickel sieves (Fisher, Loughborough, UK) and a coffee grinder (De'Longhi, Treviso, Italy) were used to produce standard salt particles (S1) at a diameter of 106-425 μm , and model salt 1 particles (M1) at a diameter $<106 \mu\text{m}$. Model salt 2 (M2) was provided by Tate and Lyle and is commercially available as SODA-LO® Salt Microspheres Extra Fine salt (93.4 % NaCl). SODA-LO® is formed by spray-drying a NaCl solution with maltodextrin and has been shown to have a lower density/higher bulk porosity than S1 (Hurst et al., 2021). S1, M1 and M2 were applied to unsalted potato crisps following the method outlined in Rama et al. (2013) using amounts indicated in **Error! Reference source not found.** to form the potato crisp prototypes coded as P1 (STD), P2 and P3, respectively. Unsalted potato crisps (100 g) were seasoned by adding the model salt particles to the crisps and tumbling for at least 2 mins in clear polyethylene 300 mm x 250 mm vacuum flat bags (Nisbets, Bristol, UK). Bags were flushed with food-grade nitrogen gas and sealed using a tabletop vacuum packaging machine (Audion Elektro, Derby, UK) to maintain freshness before testing. The weight of the model salt particles (M1 and M2) added to the unsalted potato crisps corresponded to an aimed reduction in the NaCl content of 30 % compared to the standard salt level in P1 (1.2 g NaCl / 100g). A standard NaCl content of 1.2 g/100g was chosen based on the mode NaCl content in a survey of 30 ready salted fried potato crisp products commercially available in the UK, conducted by the authors (data not shown).

2.1.2. Commercial potato crisp products

Details of commercial products are outlined in **Error! Reference source not found.**, including NaCl content extracted from the composition tables on the back of pack and NaCl content measured using sodium analysis (method outlined in 2.1.3). To encompass a range of NaCl contents found in the current UK snack market, 3 potato crisp products were included in the product set with low salt (0.9 g/100g),

156 medium salt (1.15 g/100g) and high salt (1.4 g/100g), and are referred to as these descriptors
157 throughout the text. Three additional products were selected with a medium salt content level (1.18-
158 1.20 g/100g) but differing in cut (crinkle-cut), slice thickness and frying method (thick cut, hand-
159 cooked/batch-fried) and process (baked, reconstituted potato product); these products are referred to
160 as crinkled, hand-cooked and baked in the text and figures. All commercial products were stored within
161 their original packaging at room temperature, away from sunlight, before analysis. The low, medium
162 and high salt potato crisps and all three prototype products (Table 1) are cut straight and were fried
163 using a standard continuous frying method, as was the crinkled potato crisp. All of these products had
164 a crisp thickness of 1.3-1.5 mm. The baked product is made using reconstituted potato flakes to form a
165 dough that is sheeted and oven-baked, providing a product low in fat due to the absence of frying and
166 had a thickness of 1.8 mm. The hand-cooked product is cut thicker than the other products (2 mm) and
167 produced using a 'kettle' or batch frying process.

168 **2.1.3. Determination of salt content of products using flame photometry**

169 Analysis of salt content was carried out by One Scientific, Bristol, United Kingdom (UKAS accredited in
170 Food and Food Products). Representative test portions (4 x 50 g each) were sampled from 10 individual
171 crisp packets or 2-3 large crisp packets (depending on pack weight) and incinerated to remove organic
172 material. From the incinerated material, 1-2 g (per replicate) was dissolved in water and diluted to a
173 known volume. Using flame photometry, sodium content of known standards was determined to
174 generate a calibration curve to enable sodium content of product samples to be calculated and
175 converted to salt weight per 100 g of product. Results are presented as mean \pm standard deviation of
176 4 replicates for each product (Table 1).

177 **2.2. Descriptive sensory analysis of product set**

178 **2.2.1. Panellists**

179 The sensory profiling panel was comprised of 11 panellists (3 Males, 8 Females, 38-68 years old).
180 Panellists were employees of Sensory Dimensions Ltd, Nottingham, UK, and had previously been

181 recruited to the companies trained panel based on their sensory acuity, discriminating ability, motivation
182 and availability. Panellists were highly experienced in sensory descriptive analysis techniques.

183 **2.2.2. Sensory assessment protocol**

184 Due to ongoing COVID-19 restrictions at the time of data collection, all training and feedback sessions
185 took place in panellists' homes using a video calling platform that was easily accessible for all panellists.
186 Panellists took part in five 2-hour training sessions in which panellists familiarised themselves with all
187 nine samples, generated descriptive attributes, and developed the lexicon across appearance, aroma,
188 flavour, texture, and aftertaste (Supplementary Material 1). To understand the sensory characteristics
189 of the whole product set, data across all modalities were collected from the trained panel to avoid
190 'dumping' effects (Abdi, 2002). Three saltiness attributes were included; initial saltiness, overall
191 saltiness during eating and saltiness aftertaste, to provide temporal information on the saltiness profile
192 of the samples. Between sessions 4 and 5, panellists undertook a practice rating assessment to assess
193 panel performance and provide feedback and additional training before the final data collection.

194 Samples (25 g) were provided to panellists in a 16 oz clear pot with a lid (R&R Packaging, Cramlington,
195 UK) labelled with random 3-digit codes. Samples were stored and served at room temperature. The
196 crisp size was standardised across panellists, i.e. each panellist received similar sizes and amounts of
197 each sample, and small fragments were discarded. A 100-point unstructured line scale was used to
198 rate each attribute, and data was collected using RedJade Sensory Solution Software, 2021 version
199 (RedJade, Martinez, CA, USA). All panellists rated each sample in duplicate over 3 different sessions,
200 tasting 6 samples in each session. The order of samples was randomised across the whole panel.
201 Panellists were instructed to take a 5-minute break between each sample evaluation and cleansed their
202 palate with unsalted crackers and tap water from panellists homes to reduce carry-over effects.
203 Panellists were instructed to perform evaluations in the same place each time with no distractions.

204 **2.3. Consumer acceptance of product set**

205 Quantitative consumer acceptance testing was performed on a reduced product set (Table 1) due to 2
206 products (low salt and crinkled potato crisps) being delisted during the study.

207 **2.3.1. Consumers**

208 93 consumers (45 Males, 48 Females) were recruited from the Sensory Dimensions Ltd consumer
209 volunteer database via a screening questionnaire. Participants were recruited using the inclusion
210 criteria; 18-65 years old with no food-related allergies, in good health with no salt-related health issues
211 (such as hypertension, cardiovascular disease, kidney disease), no taste impairments, must be a
212 regular crisp user (at least once a month) and must accept ready salted potato crisps. Information on
213 demographics' (gender, age, and ethnicity) and frequency of snack product usage were captured using
214 a self-report questionnaire.

215 **2.3.2. Consumer assessment protocol**

216 Consumers were invited to central location test facilities in the UK, and sample assessment took place
217 within sensory booths (ISO 8589:2007). Samples were labelled using random 3-digit codes, and
218 consumers assessed the 7 samples within one session following a sequential monadic presentation
219 with a randomised order across consumers. Consumers were provided with 10 g of each sample to
220 assess overall liking, saltiness liking and texture liking using 9-point hedonic category scales where 1
221 represented "dislike extremely" and 9 represented "like extremely". For saltiness, they were provided
222 with a 5-point Just-About-Right (JAR) scale where 1 represented "not at all salty enough", 3 represented
223 "Just-about-Right" and 5 represented "far too salty". At the end of the final tasting session, consumers
224 completed an online questionnaire about the preferred way they like to manipulate different types of
225 foods in their mouth (JBMB Typing Tool®) in order to classify their mouth behaviour preferences
226 (Jeltema et al., 2015). Based on their responses, consumers were grouped into four different mouth
227 behaviour types: smooshers, crunchers, suckers, and chewers.

228 **2.4. Ethical statement**

229 **2.5. all products were commercially purchased or produced from commercially**
230 **available food-grade materials in food-grade environments using no novel**
231 **ingredients. Participants provided their informed consent before taking part in**
232 **the study. Testing procedures followed sensory, marketing and consumer**
233 **research protocols including; ISO 11136, IFST Professional Sensory Science**
234 **Group and Market Research Society guidelines (British Standards Institute,**
235 **2017; IFST Sensory Science Group, 2020; Market Research Society, 2022).**

236 **Data analysis**

237 For all data analysis, an α risk of 0.05 was set as the level of significance and, unless otherwise stated,
238 was conducted using XLSTAT (19.01, Addinsoft, New York, USA).

239 **2.5.1. Descriptive sensory analysis**

240 To determine if differences existed between products for each attribute assessed by panellists, a two-
241 way fixed model ANOVA (product, panellist) with interaction was performed, followed by Tukey's HSD
242 post-hoc test. Panel performance was evaluated using SenPAQ (version 5.01, Qi Statistics, Berkshire,
243 UK).

244 **2.5.2. Consumer acceptance analysis**

245 To determine if differences existed between products for overall liking and specific attribute liking, a
246 two-way mixed model ANOVA (product, consumer), with the consumer as a random effect, was
247 performed, followed by Tukey's HSD post-hoc test. Agglomerative hierarchical cluster analysis using a
248 dissimilarity matrix with Euclidean distance and Ward's method in the agglomeration was applied to
249 classify consumers by patterns in overall liking. ANOVA was performed on the resulting clusters to
250 determine if significant differences in liking existed between products within each cluster group.

251 Overall liking scores and saltiness JAR scores were used for penalty analysis following the steps
252 outlined using the sensory analysis tool on XLSTAT (19.01, Addinsoft, New York, USA) and the

253 procedure in Schraidt (2009). This analysis was performed for the whole consumer group (n=93) and
254 each liking cluster group and mouth behaviour group. Chi-square and Fisher's exact tests were used
255 to explore the differences in demographic, product usage and behavioural characteristics among cluster
256 membership and mouth behaviour types.

257 An internal preference map was constructed using a PCA bi-plot of the multivariate space of the
258 products, with mean overall liking scores of cluster groups and sensory attributes as supplementary
259 variables to visually display and explore drivers of liking and disliking for each cluster.

260 **3. Results**

261 **3.1. Salt content of the product set**

262 Salt content was assessed to check the accuracy of the declared salt content found on the back of pack
263 (BoP) for commercial products and to ensure prototype samples were within the desired salt content
264 range to exhibit a 30 % salt reduction between standard salt level (P1, STD) and reduced salt prototypes
265 (P2, P3). Measured NaCl content was within range for BoP reported content for most products (Table
266 1), with the exception of the low salt product (BoP: 0.9 g/100g, measured: 0.53 g/100g) and the hand-
267 cooked product (BoP: 1.2 g/100g, measured: 1.64 g/100g). Prototype products ultimately met the aimed
268 salt levels to achieve two 30 % salt reduced prototypes (P2 and P3) compared to the standard prototype
269 (P1). The declared BoP and aimed salt content values are referred to through the text of this paper for
270 ease, where the measured salt content is similar to BoP. Any implications of out of specification
271 products are discussed where appropriate in the text.

272 **3.2. Overall descriptive sensory profiles of the product set**

273 The evaluation of panel performance indicated that one panellist performed poorly relative to the rest
274 of the panel in discrimination ability, repeatability, and consistency and was removed from the data set.
275 The mean scores for all 32 attributes measured across the product set are presented in spider plots in
276 Figures 1a-b. ANOVA results indicated that for all attributes, significant differences were observed ($p <$
277 0.0001). For clarity, post-hoc groupings are not included in Figure 1 spider plots. This information can

278 be found in Supplementary Material 2a-d along with the mean scores and standard deviation of each
279 attribute. Figures 1a-b confirms that the three prototype products (P1 STD, P2, P3) have similar sensory
280 profiles, with P3 being significantly higher in some appearance attributes (amount of speckles and
281 amount of dark edges) and texture attributes (hardness and thickness of cut) ($p < 0.05$). Figures 1a-b
282 also indicates that the hand-cooked and baked products have the most contrasting sensory profiles
283 from the product set, as expected, due to different cooking processes and crisp thickness. The
284 remaining products exhibit similar sensory profiles across attributes with the most noticeable differences
285 in flavour intensity attributes (initial and during eating) and the three saltiness attributes (initial, during
286 eating and aftertaste). Figures 1a-b show that the hand-cooked product had significantly higher values
287 in: all aroma and appearance attributes, most texture and mouthfeel attributes (greasiness, hardness,
288 crunchiness) and some flavour and aftertaste attributes (earthy and oil) (Supplementary Material 2a-d).
289 The baked product, on the other hand, was significantly lower in all aroma attributes, most appearance
290 attributes and all oil associated attributes (flavour, texture, mouthfeel) ($p < 0.05$) (Supplementary
291 material 2a-d). Baked also had significantly higher sweetness attributes and attributes associated with
292 reconstituted potato than other products ($p < 0.05$).

293 **3.2.1. Saltiness profiles of the product set**

294 For each saltiness attribute (initial, during eating and aftertaste), significant differences were identified
295 between the product set ($p < 0.0001$) (Figure 1b). Figure 2 displays the mean scores and post-hoc
296 groupings for each saltiness rating across the product set. Most products slightly increase in saltiness
297 from the initial rating to the rating during eating; saltiness intensity then decreases when assessed as
298 an aftertaste (Figure 2). Products were ranked predominantly in the same order of saltiness intensity
299 for each saltiness attribute, with the high salt product (1.4 g NaCl / 100g) being the saltiest and the least
300 salty being the baked product (1.18 g NaCl / 100g). No significant differences were observed between
301 prototypes for all three saltiness attributes measured ($p > 0.05$). In addition, when comparing the salt-
302 reduced prototypes (P2, P3) to a commercially relevant competitor at a medium salt level (1.15 g NaCl
303 / 100g), there were no significant differences between products for each saltiness attribute ($p > 0.05$)
304 (Figure 2). Moreover, there was no significant difference in saltiness during eating between P3 and the

305 high salt product (1.4 g NaCl / 100g) or between P2, P3 and the high salt product for saltiness aftertaste.
306 However, there was no significant difference between P2, P3 and the low salt product (0.9 g NaCl /
307 100g).

308 Crinkled and hand-cooked products (1.2 g NaCl / 100g) were not significantly different to the standard
309 prototype product (P1: 1.2 g NaCl / 100g) nor the medium potato crisp product (1.15 g NaCl / 100g) (p
310 > 0.05). The baked product (1.18 g NaCl / 100g) compared to the rest of the product set was significantly
311 different across all saltiness attributes, except for the low salt product (0.9 g NaCl / 100g) (Figure 2).
312 No significant differences were found between the high salt (1.4 g NaCl / 100g) and medium salt potato
313 crisps (1.15 g NaCl / 100g and P1 1.2 g NaCl / 100g) for all three saltiness attributes. However, there
314 was a significant difference between the low salt and high salt product ($p < 0.05$) for each saltiness
315 attribute.

316 **3.3. Consumer acceptance of the product set**

317 **3.3.1. Consumer panel general demographics and crisp consumption habits**

318 Information on demographics, mouth behaviour type and product usage characteristics can be found in
319 Table 2 for the total consumer group. The majority of the consumers identified as white British (90 %),
320 and there was an even spread of consumers across age ranges (18-24 years: 14 %, 25-34 years: 12
321 %, 35-44 years: 17 %, 45-54 years: 27 % and 55-65 years: 30 %). The consumer group tested were
322 frequent crisp consumers; all consumed crisps at least once a month, with 82 % of consumers stating
323 that they ate crisps more than two times a week.

324 **3.3.2. Attribute liking ratings, saltiness just-about-right scores and penalty analysis of the** 325 **total consumer group**

326 Figures 3a-c describes the mean attribute liking scores across the whole consumer group ($n=93$) for
327 each product, along with post-hoc groupings. ANOVA revealed significant differences between the
328 product set across all liking attributes ($p < 0.0001$), yet, there was no significant differences in overall
329 liking, saltiness liking and texture liking between the standard prototype (1.2g NaCl / 100g) and either
330 of the model salt prototypes with 30 % less NaCl (P2, P3: 0.84 g NaCl / 100g) (Figures 3a-c). The high

331 salt product (1.4g NaCl / 100g salt) had the highest overall liking (7.4 ± 1.5), which was significantly
332 higher than all the products except P1 (STD) and P2 (Figure 3a). The hand-cooked product was, on
333 average, the least liked (6.2 ± 2.3), significantly less so than the high salt product and P1 (STD) (Figure
334 3a). Similar to overall liking scores, the high salt product had the highest mean saltiness liking score
335 (7.4 ± 1.5), which was significantly higher than all other products ($p < 0.05$). No significant differences
336 were observed between all three prototype products and the remaining products ($p > 0.05$) (Figure 3b).
337 Figure 3c shows the most liked products for texture were the high salt product and P1 (STD), whose
338 values were significantly higher than the hand-cooked ($p < 0.05$) but not significantly different to all
339 other products, including the salt-reduced prototypes (P2, P3) ($p > 0.05$).

Table 2. Demographic, mouth behaviour type and potato crisp consumption habits for the total consumer group and each cluster.				
	Frequency response (%)			
	Total consumers (n=93)	Cluster 1 n=21	Cluster 2 n=43	Cluster 3 n=29
Product liking characteristics		Baked product dislikers	Liked Medium-salt product least	Hand-cooked product dislikers
Gender				
Female	52 %	38 %	56 %	55 %
Male	48%	62 %	44 %	45 %
Age				
18-24	14 %	10 %	12 %	21 %
25-34	12 %	5 %	14 %	14 %
35-44	17 %	5 %	16 %	28 %
45-54	27 %	38 %	26 %	21 %
55-64	30 %	43 %	33 %	17 %
Mouth behaviour				
Chewer	22 %	14 %	19 %	31 %
Cruncher	35 %	29 %	40 %	34 %
Smoosher	10 %	14 %	5 %	14 %
Sucker	23 %	24 %	26 %	17 %
Unclassified	11 %	19 %	12 %	3 %
Consumption habits (any flavour)				
Less than once a week	7 %	5 %	12 %	3 %
Once a week	10 %	19 %	7 %	7 %
2-4 times a week	57 %	52 %	51 %	69 %
Once a day or more	25 %	24 %	30 %	21 %
Consumption habits (ready salted)				
Less than once a week	21 %	33 %	21 %	14 %
Once a week	29 %	14 %	30 %	38 %
2-4 times a week	44 %	43 %	42 %	48 %
Once a day or more	4 %	10 %	7 %	0 %
Normal commercial crisp consumption				
Walkers ready salted	83 %	95 %	67 %	97 %
Walkers Hint of Salt	14 %	10 %	7 %	28 %
Supermarket own-brand ready salted crisps	43 %	48 %	33 %	55 %
Walkers oven baked sea salt	44 %	33 %	40 %	59 %
Kettle original sea salt	45 %	67 %	44 %	31 %
Pringles original salted	70 %	57 %	72 %	76 %
Smiths original crinkle cut salted	11 %	14 %	7 %	14 %
McCoys Ridge Cut salted	49 %	71 %	35 %	5 %
Originally Smiths Walkers salt and shake	17 %	24 %	14 %	17 %
Tyrells Lightly salted	26 %	33 %	30 %	14 %
Walkers crinkles simply salted	30 %	14 %	28 %	45 %
Popchips sea salted	6 %	5 %	12 %	0 %
Pom Bear Original	29 %	19 %	26 %	41 %

340 Figure 4 shows the Just-About-Right (JAR) responses for each product and the penalty score, which is
341 the reduction in mean liking between JAR respondents and non-JAR respondents, calculated by penalty
342 analysis. All products showed unbalanced JAR profiles with few consumers responding 'too salty' (4-9
343 %). With the exception of the high salt product (1.4g NaCl /100g), other products had a high percentage
344 of 'not salty enough' responses (48-61 %). The product with the highest salt level had the greatest
345 proportion of JAR responses (67 %), whilst the baked product had the lowest (31 %). The results from
346 the penalty analysis indicated that all products not being salty enough or too salty is associated with a
347 significant drop in overall liking of between 1.17 and 2.16 on a 9-point liking scale (table in Figure 4).
348 The prototypes had similar JAR profiles (Figure 4). Although there was a slightly lower percentage of
349 consumers who rated P1 as not salty enough (48 %) compared to P2 and P3 (55 % and 57 %, respectively),
350 these were similar to the medium salt product (59 %). When observing the penalty score (table in Figure 4),
351 P3 decreased by (1.50) while P1 (STD) and P2 only decreased by 1.17 and 1.37, respectively.
352

353 **3.3.1. Consumer cluster groups based on overall liking patterns**

354 To identify groups of consumers differing in overall liking patterns, a segmentation of the consumer
355 group was performed by Agglomerative Hierarchical Clustering, which identified three groups
356 (Supplementary Material 3). ANOVA revealed a significant interaction effect between the product and
357 cluster group for all three liking attributes ($p < 0.001$), indicating that attribute liking varied depending
358 on the consumer cluster. Figures 3a-c show mean attribute liking scores across each cluster group.
359 Significant differences were found between the product set for overall, saltiness and texture liking within
360 each cluster group ($p < 0.001$) (Figures 3a-c). Of these differences observed, no significant differences
361 between the three prototype products were found within the three cluster groups for all three liking
362 attributes ($p > 0.05$). Cluster 1 (23 %) disliked the baked product (Figures 3a-c), with 100 % of cluster
363 1 also rating baked as 'not salty enough' (Supplementary Material 4). Cluster 2 (46 %) liked the
364 commercial medium salt product the least, and cluster 3 (31 %) disliked hand-cooked (Figures 3a-c),
365 which also had the highest number of consumers (71 %) rating it as 'not salty enough' (Supplementary
366 Material 4). The high salt product was liked highly across all three cluster groups (Figures 3a-c).

367 Table 2 presents the demographic, mouth behaviour type and product usage characteristics for each
368 cluster group. Chi-square and fisher test results (not presented) confirmed that clusters were
369 independent of mouth behaviour type, gender and crisp consumption frequency. However, cluster 1
370 had fewer consumers in the age category 35-44 years while cluster 3 had fewer consumers in the age
371 range of 55-64 years. Unsurprisingly, cluster 1 (lower liking for the baked) has a lower percentage of
372 consumers (33 %) who stated that they normally consume a baked variety of crisps than the other two
373 clusters (40-52 %). Additionally, cluster 3 (lower liking for hand-cooked) had the lowest proportion of
374 members who stated that they usually consume hand-cooked crisp varieties (Table 2).

375 **3.3.2. Internal preference mapping**

376 Internal preference mapping (Figure 5) was used to visualise overall preferences of the consumer
377 clusters against the product sensory profiles. Two dimensions accounted for 78.62 % of the total
378 variance (42.99 % and 35.63 % for F1 and F2, respectively), with both axes separating the three cluster
379 groups within the multivariate space. F1 separated consumer cluster 1 (23 %) and cluster 2 (46 %) as
380 F1 was strongly negatively correlated with cluster 1 overall liking (-0.757) and strongly positively
381 correlated with cluster 2 (0.828). F2 was strongly positively correlated with cluster 3 (31 %) (0.926),
382 separating this cluster from the other two. Overall liking of cluster 1 was significantly positively correlated
383 with initial flavour (0.806), initial saltiness intensity (0.863), saltiness during eating (0.819), potato
384 flavour (0.944), greasy mouthfeel (0.759), oiliness on fingers (0.815), saltiness aftertaste (0.904) and
385 breakdown speed (0.772) while being significantly negatively correlated with sweetness (-0.960),
386 reconstituted potato flavour (-0.952). Overall liking of cluster 2 was significantly positively correlated to
387 crispiness (0.886). Cluster 3 overall liking was significantly negatively correlated with oil aroma (-0.767),
388 golden appearance (-0.767), dark edges (-0.797), and earthy flavour (-0.658).

389 **3.3.3. Mouth behaviour typing using JBMB typing tool®**

390 Using the JBMB typing tool® (Jeltema et al., 2015), 83 consumers were grouped according to mouth
391 behaviour type (Table 2). Ten consumers could not be classified due to technical issues completing the
392 surveys and were excluded from the subsequent analysis based on mouth behaviour type. After

393 removing those unclassified, the most predominant mouth behaviour type was the crunchers (33 %),
394 followed by suckers (24 %), chewers (20 %) and smooshers (11 %). Demographic and product usage
395 characteristics of each mouth behaviour group is displayed in Supplementary Material 5. Chi-square
396 and Fisher exact tests (results not presented) determined that mouth behaviour type was independent
397 of gender, age and frequency of crisps consumption (any flavour and ready salted). ANOVA revealed
398 no interaction effect between product and mouth behaviour group for overall, saltiness and texture liking
399 attributes ($p = 0.41 - 0.89$), suggesting that liking was not influenced by mouth behaviour type
400 (Supplementary Material 6). There was, however, a main effect of mouth behaviour type on texture
401 liking ($p = 0.01$). The subsequent post-hoc test identified that chewers and crunchers gave significantly
402 higher scores for texture liking than suckers ($p < 0.05$) (Supplementary Material 7).

403 **4. Discussion**

404 This study aimed to validate the potential for NaCl salt reduction by leveraging physicochemical design
405 rules set out to create optimised model salt particles (Hurst et al., 2021). The previous study
406 recommended a series of design suggestions for salt particles: small particle size, low density, and low
407 hydrophobicity with a particle shape associated with optimal flow properties, which are applicable to the
408 model salts selected for this current study. The model salts selected, reduced particle size ($<106 \mu\text{m}$)
409 and a spray-dried salt with maltodextrin (commercially available as SODA-LO®), were previously shown
410 to enhance sodium dissolution, saltiness perception, transfer efficiency and adhesion when applied to
411 peanuts. SODA-LO® and $<106 \mu\text{m}$ table salt have similar mean particle sizes; however, the morphology
412 of SODA-LO® shows a higher surface area due to internal voids which enhances dissolution rate.
413 Prototype products made using these salts at a 30 % salt reduced level were assessed and compared
414 to a broader product set, including commercially available products, using a dual sensory and consumer
415 assessment approach. Since this research uses mainly topically applied products, our findings may
416 also apply to other topically applied snacks such as peanuts and popcorn.

417 **4.1. Descriptive sensory analysis and saltiness profiles of the product set**

418 Application of model salt particles to potato crisps that followed physicochemical design rules (Hurst
419 et al., 2021) enabled a 30 % reduction in NaCl content since no significant difference in saltiness
420 intensity was found across 3-time points: initial, during eating and aftertaste ($p > 0.05$) when compared
421 to the standard prototype (P1: 1.2g NaCl / 100g) and a commercially available medium salt product
422 (1.15g NaCl / 100g). Additionally, P3 was not significantly different in initial saltiness nor saltiness
423 aftertaste compared to the highest salt content product (1.4 g NaCl / 100g, $p > 0.05$), suggesting that
424 the model salt (SODA-LO®) used to prepare the salt-reduced prototype (P3) could be successful in
425 reducing NaCl content, even further, up to 40 %. Nevertheless, saltiness during eating was
426 significantly different between P3 and the high salt product. No significant differences between
427 prototype products were seen in most of the other attributes assessed (Supplementary Material 2a-
428 d). The observed differences (some appearance attributes, hardness, and cut thickness) are probably
429 due to the batch to batch variation of the unsalted crisps commercially purchased, despite
430 randomisation of batch codes when generating the crisp prototypes. These slight differences are
431 unlikely to impact saltiness perception. Thus, any changes in saltiness perception across the 3
432 prototypes can be attributed to the design of salt particles. Overall, we have validated that the
433 physicochemical design rules (Hurst et al., 2021) can reduce NaCl by 30 % without significantly
434 affecting saltiness perception.

435 Consistent with other research (Drake et al., 2011; Jaenke et al., 2017; La Croix et al., 2015; Levings
436 et al., 2014; Mueller et al., 2016), our results suggest that limited salt reduction could be possible by
437 direct NaCl removal without perceivable impact. Results indicated no significant difference in saltiness
438 between the standard prototype (1.2 g NaCl / 100g) and the high salt level product (1.4 g NaCl / 100g),
439 a reduction of approximately 15 % based on measured NaCl content (Table 1). These products were
440 used to determine potential level of salt reduction since the base potato crisp was supplied by the same
441 manufacturer (see section 2.1).

442 Previous studies have suggested that a rough texture, i.e. ridges or crinkles compared to a smooth
443 texture, could enhance saltiness perception (Biggs et al., 2016; Pflaum et al., 2013; van Rompay &

444 Groothedde, 2019). However, in the current study, no significant difference was seen in saltiness
445 intensity between standard flat potato crisp and the crinkled potato crisp at similar NaCl contents (Table
446 1), supporting evidence from Kongstad and Giacalone (2020) that differences in the cut of potato do
447 not influence the perception of saltiness.

448 The baked product is the only product in the set that contained NaCl salt in both the matrix and outside
449 the product. The addition of salt within the potato base dough contributes to the desired flavour and
450 texture of the final product during baking. Despite the baked product having the same NaCl salt content
451 as medium salt level products (Table 1), it was significantly the least salty, suggesting that a proportion
452 of salt contained in the baked product goes unperceived as a result of being 'trapped' within the matrix,
453 thus, reducing its availability to interact with the taste receptor cells. Limited research has been
454 published on the impact of salt removal and salt reduction strategies within the matrix of baked and
455 reconstructed snacks, e.g. thermomechanically extruded products. It would be a valuable area for
456 further investigation, especially since expanded snacks often require much higher NaCl contents to
457 develop the desired texture (van der Sman & Broeze, 2013).

458 Previously, Tian and Fisk (2012) highlighted that a proportion of sodium is consumed without being
459 perceived under regular eating patterns of potato crisps. A thick cut hand-cooked product and a
460 reconstituted product were included in the study to test whether texture and oral breakdown speed
461 increase the proportion of perceived sodium. Despite the baked and hand-cooked products reducing
462 the breakdown speed (hypothesised to optimise the release of sodium for detection by the taste
463 receptor cells), their saltiness profiles were not enhanced significantly ($p > 0.05$). Since salt was topically
464 applied, any available salt will dissolve in saliva within the first 10-20 seconds (Hurst et al., 2021) and
465 therefore, break down speed or the subsequent length of time in mouth did not affect perception as any
466 available NaCl would probably be dissolved rapidly at the beginning of consumption. However, chewing
467 behaviour is more likely to affect perception when salt is incorporated into the food matrix and has a
468 slower release of sodium ions from the matrix (Lawrence, Septier, et al., 2012), so this could be an
469 exciting area to investigate to optimise salt release in the mouth. Surprisingly, the hand-cooked product
470 did not have the highest perceived saltiness even though Table 1 shows that it has the highest

471 measured NaCl content (1.64 g/100g), despite declared BoP content being 1.2 g/100g. This could be
472 attributed to a larger particle size (not measured in this study) or the higher level of greasiness
473 suppressing saltiness perception (Supplementary Material 2b), due to oil acting as a barrier for tastant
474 delivery to taste receptor cells (Metcalf & Vickers, 2002). On the other hand, this disparity may also be
475 due to the high variability in NaCl content between product batches.

476 **4.2. Consumer acceptance test of the product set**

477 **4.2.1. Attribute liking ratings, saltiness just-about-right scores and penalty analysis of the** 478 **total consumer group**

479 Results indicated that consumers liked the high salt product (1.4 g NaCl / 100g) the most. This product
480 had an overall liking score that was significantly higher than P3, hand-cooked, baked and medium salt
481 products (Figure 3a). Similarly, the high salt product had significantly higher saltiness liking than all
482 other products, with the highest percentage of saltiness JAR responses (67 %) (Figure 4). In contrast,
483 all other products have a much greater percentage of consumers reporting that the product is 'not salty
484 enough' (Figure 4). The results from the penalty analysis in Figure 4 also revealed that liking was
485 reduced significantly across all products when the product was not considered salty enough or too salty
486 by the consumer. Although all products were at least 'slightly liked' (Figure 3), our findings highlight the
487 difficulty in reducing salt whilst retaining consumer acceptance, given the common preference towards
488 higher salted potato crisps. Undoubtedly, food manufacturers cannot increase the salt content of
489 products to obtain more balanced JAR profiles; however, these results highlight the importance of
490 saltiness as a driver of liking.

491 Consistent with the saltiness profile results (Figure 2), there were no significant differences between
492 the three prototype products (Figures 3a-c) for all three liking attributes. Therefore, salt content can be
493 reduced by up to 30 % while maintaining saltiness liking and overall liking when using salt particles that
494 adopt physicochemical design rules. Furthermore, saltiness ratings (as discussed in section 4.1)
495 suggested that a 15 % (based on measured salt content) salt reduction via direct salt removal could be
496 possible without significantly affecting saltiness perception. Overall liking scores confirm that this level

497 of reduction through direct salt removal may be possible without impacting consumer acceptance since
498 there was no significant difference between the high salt product (1.4 g/100g) and standard prototype
499 (1.2 g/100g).

500 **4.2.2. Consumer cluster groups based on overall liking patterns**

501 Consumer segmentation groups were driven by preference for texture profiles which were altered by
502 processing methods (e.g. batch fried product and reconstituted baked product) (Figure 3 and Figure 5).
503 Cluster 1 (23 %) was characterised by disliking the baked product; cluster 2 (46 %) was characterised
504 by liking the medium salt commercial product the least; cluster 3 (31 %) was characterised by disliking
505 the thick-cut, hand-cooked product. Despite this, the most liked product across all cluster groups
506 remained the highest salt product, further evidencing that most consumers seek a high salt level in their
507 snacks. More research is required into altering saltiness preferences, for example, the role of early
508 exposure to salt, to avoid damaging health impacts due to high NaCl salt consumption (DeSimone et
509 al., 2013).

510 Drivers of liking are typically determined to understand consumer preferences towards products and
511 the desirable sensory attributes required for high consumer acceptance. Drivers of liking were
512 determined for each cluster group using the internal preference map in Figure 5, and correlations found
513 between cluster liking and sensory attributes (presented in section 3.3.2). Cluster 1 (23 %) prefer
514 products with a high potato flavour intensity, high saltiness, greasy mouthfeel and quick speed of
515 breakdown, while cluster 2 (46 %) drivers of liking include crispiness and slow breakdown speed.
516 Drivers of liking for cluster 3 (31 %) include low oil aroma, low earthiness and light in colour. The
517 attributes identified as drivers of liking for each cluster group reflect each clusters' most preferred
518 products. Surprisingly, mouth behaviour type was not associated with cluster groups despite the
519 differences in cluster groups being driven by texture, which is the primary determinant of mouth
520 behaviour type (Jeltema et al., 2015).

521 **4.2.3. Mouth behaviour typing using JBMB typing tool®**

522 The JBMB typing tool® was used to characterise consumers by their preferred mouth behaviours. The
523 proportion of consumers characterised as suckers in this study (24 %) was surprisingly higher than
524 previously reported (8 %) (Jeltema et al., 2015). Nevertheless, differences in the spread of mouth
525 behaviour groups have been reported between countries, with the proportion in this study being closer
526 to that found in a UK cohort (15 %) (Licker, 2019). The relatively high proportion of suckers in this study
527 is also surprising since the inclusion criteria was frequent crisp users (consuming crisps at least once
528 a fortnight). It might be expected that a group of high-frequency crisp consumers would have a relatively
529 lower proportion of suckers since suckers prefer foods that they can suck on until they dissolve like
530 hard candies, whereas crisps may appeal more to crunchers as crisps are typically crispy and crunchy
531 products. Therefore, the prevalence of suckers in our study suggests that mouth behaviour preference
532 does not ultimately define an individual's consumption habits or that despite a hard and crunchy texture,
533 individuals can still use their preferred mouth behaviours to manipulate the texture of the product.
534 Although it was found that the mouth behaviour group did not impact overall and saltiness liking of the
535 different products, there was a main effect of mouth behaviour group on texture liking (Supplementary
536 Material 7). Suckers texture liking ratings were significantly lower across the whole product set
537 compared to chewers and crunchers ($p < 0.05$). This is expected since crunchers are characterised by
538 their preference towards food textures that they can crunch like crunchy granola, crispy vegetables,
539 and crunchy cookies and chewers have a preference towards food that they can chew on (Jeltema et
540 al., 2015).

541 **4.3. Limitations of study**

542 This study provides preliminary data investigating the effect of mouth behaviour type on consumer's
543 crisp preferences; however, to fully explore the impact of mouth behaviour on perception and
544 preference, a larger consumer group and a wider range of product textures should be considered.
545 Increasing the number of consumers would also enable more robust segmentation to explore key
546 differences between cluster group characteristics. Consumer choice is influenced by factors outside of
547 a product's inherent sensory characteristics, including branding, packaging design, and nutritional

548 information. For example, when consumers were informed of reduced salt content of potato crisps on
549 the packaging, consumers preferred the reference product over the salt reduced crisps; however, when
550 tested blind, this was not the case. Therefore, there is a strong labelling effect on potato crisp product
551 liking and saltiness perception (Kongstad & Giacalone, 2020). Products within this study were assessed
552 unbranded to enable the study's primary aim of determining the capability of the model salts to retain
553 the perception of saltiness whilst reducing salt content. Nevertheless, the impact of these extrinsic
554 product factors on preference and purchasing intent should not be disregarded when adopting salt
555 reduction strategies by food manufacturers.

556 **5. Conclusions**

557 This study was designed to evaluate the application of model NaCl salt particles, which adopt the salt
558 reduction design rules in Hurst et al. (2021), to a common salty snack product: potato crisps. Potato
559 crisp prototypes produced using model salts (<106 µm table salt and a spray-dried salt, SODA-LO®)
560 with 30 % salt reduction were assessed within a broader product set of commercially available products
561 to understand sensory and consumer acceptance performance within the market context. Overall, this
562 study successfully demonstrated a route to 30 % salt reduction in a topical application, without loss of
563 perceived saltiness intensity or impact on consumer liking, therefore validating the previously proposed
564 physicochemical design rules for the formulation of model salt particles. Broader results suggest that
565 salt reduction through direct salt removal (without compensating for reduction) may be successful, but
566 only by 15 %, providing further evidence that specifically designed salt particles for salt reduction are
567 required. Despite previous suggestions that roughness may enhance saltiness perception, crinkled
568 potato crisps did not enhance the saltiness through cross model interactions. This study also
569 investigated the key drivers of liking and segmented consumers based on their overall liking patterns
570 and mouth behaviour type. While varying textural profiles, caused by different processing techniques
571 segmented consumers by overall liking, mouth behaviour groups did not differ in their preferences
572 across the product set. Despite variations in oral breakdown speed across some products, saltiness
573 perception was not enhanced by the increased time in mouth for salt dissolution. The presented findings

574 will be of interest to both the food industry and academic researchers. Specifically, it will be relevant to
575 those actively looking to reduce salt in foods containing topically applied seasonings and salt without
576 compromising the perception of saltiness and consumer liking.

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583 **Author contributions**

584 KH: conceptualization, methodology, formal analysis, investigation, writing – original draft, visualisation.
585 LH: conceptualization, methodology, writing – review & editing, supervision. IF: conceptualization,
586 writing – review & editing, supervision, funding acquisition.

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723 Captions & Footnotes for Tables & Figures

724 Table 1. Total potato crisp product set. All products outlined were used within the descriptive
725 sensory analysis (n=9) and for the consumer study, crinkled and low salt commercial products
726 were excluded as they were no longer available (n=7).

727 ¹ Measured salt content presented as mean of 4 replicates \pm standard deviation.

728 Figure 1. Spider plots of mean attribute ratings of 9 potato crisp products¹ assessed by 10
729 panellists. Graph A presents aroma (AR), appearance (AP) and texture (TX) attributes. Graph B
730 presents flavour (FL) and aftertaste (AT) attributes. Asterisks detail that a significant difference
731 exists between products for that attribute ($p < 0.05$).

732 ¹ Potato crisp products include prototypes (P1, P2, P3) with the rest being commercial products detailed in the text.
733 Prototype 1 (P1) was made using 1.2 g of 106-425 μm NaCl salt per 100g of unsalted potato crisps. P2 and P3 are 30 %
734 reduced NaCl salt products when compared to P1 and were made using <106 μm NaCl salt or SODA-LO® salt
735 microspheres respectively. DE stands for during eating.

736 Figure 2. Saltiness intensity of 9 potato crisp products¹ assessed by panellists (n=10) at 3 different
737 assessment points via sensory descriptive analysis. Different letters within each assessment time
738 point show significant differences ($p < 0.05$). Error bars represent standard error.

739 ¹ Potato crisp products include prototypes (P1, P2, P3) with the rest being commercial products detailed in the text.
740 Prototype 1 (P1) was made using 1.2 g of 106-425 μm NaCl salt per 100g of unsalted potato crisps. P2 and P3 are 30 %
741 reduced NaCl salt products when compared to P1 and were made using <106 μm NaCl salt or SODA-LO® salt
742 microspheres respectively.

743 Table 2. Demographic, mouth behaviour type and crisp consumption habits for the total consumer
744 group (n=93) and each cluster.

745 Figure 3. Liking scores for each liking attribute per product¹ calculated for total consumer group
746 (n=93) and for each cluster group. Different letters within cluster group or total consumer group
747 determine a significant difference ($p < 0.05$). Error bars represent standard error.

748 ¹ Potato crisp products include prototypes (P1, P2, P3) with the rest being commercial products detailed in the text.
749 Prototype 1 (P1) was made using 1.2 g of 106-425 μm NaCl salt per 100g of unsalted potato crisps. P2 and P3 are 30 %
750 reduced NaCl salt products when compared to P1 and were made using <106 μm NaCl salt or SODA-LO® salt
751 microspheres respectively.

752 Figure 4. Just-about-right (JAR) responses¹ for each product² of the whole consumer base (n=93)
753 shown as a percentage. The table underneath the graph details the penalty score³ and p-value⁴
754 from the penalty analysis.

755 Responses “not quite salty enough” and “not at all salty enough” were grouped into the “not salty enough” category and
756 responses “too salty” and “far too salty” were grouped into the “too salty” category.

757 ² Potato crisp products include prototypes (P1, P2, P3) with the rest being commercial products detailed in the text.
758 Prototype 1 (P1) was made using 1.2 g of 106-425 μm NaCl salt per 100g of unsalted potato crisps. P2 and P3 are 30 %
759 reduced NaCl salt products when compared to P1 and were made using <106 μm NaCl salt or SODA-LO® salt
760 microspheres respectively.

761 ³ Decrease in overall liking between respondents who scored products as JAR and those who scored samples at the
762 other two levels (not salty enough and too salty).

763 ⁴ p-value determined by the comparison test of the overall liking mean for JAR respondents and those who scored
764 samples at the other two levels (not salty enough and too salty).

765 Figure 5. Internal preference map of mean overall liking data for each cluster with mean sensory
766 attribute scores as supplementary variables. Each cluster is represented in red, the active
767 observations in dark blue are the products¹ and the supplementary variables in light blue are the
768 sensory attributes.

769 ¹ Potato crisp products include prototypes (P1, P2, P3) with the rest being commercial products detailed in the text.
770 Prototype 1 (P1) was made using 1.2 g of 106-425 μm NaCl salt per 100g of unsalted potato crisps. P2 and P3 are 30 %

771 reduced NaCl salt products when compared to P1 and were made using <106 µm NaCl salt or SODA-LO® salt
772 microspheres respectively.

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