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Outcome measures in randomized controlled trials of Neuropathic Pain conditions: A systematic review of systematic reviews and recommendations for practice --Manuscript Draft--

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Abstract:	Objectives: Neuropathic pain (NeP) is a prevalent, disabling, multi-dimensional condition with significant morbidity; however there appears to be a variable approach in the use of outcome measures in NeP trials. A search of systematic reviews of interventional randomized controlled trials for NeP was undertaken to investigate the range and types of outcome measures employed to determine treatment effects. Methods: Keywords and MESH searches were conducted in five electronic databases from inception to 31st January 2012. Full text English language reviews based on various acute and chronic NeP conditions were included. Two independent reviewers screened papers for inclusion, extracted data, and assessed the quality of reviews. Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) guidelines were used to critically appraise the reviews. Results: A total of 46 studies were identified: the majority of reviews (n=28/46, 61%) scored well on the PRISMA (PRISMA scores of 20-27/27). Change in levels or intensity of pain were used by the majority of studies as the primary outcome measure in intervention studies (n=40/46 studies, 87%). Few studies employed a functional outcome measure (FOM) as either a primary or secondary outcome measure (n=7/46, 15% of studies). Discussion: These results demonstrate that measures of pain are predominantly used in trials of NeP conditions and highlight the scant usage of FOMs. The lack of standardization for the diagnostic criteria in NeP trials is also an issue which needs to be considered for future research and guideline development.

Reviewer 1		
COMMENT	EXPLAINATION	MODIFICATIONS
		(Highlighted text)
It seems you missed my point.	We note the reviewer's concern here. Since this is a systematic	Necessary modifications have been made
You included a review of disease modifying	review of systematic reviews, there is a potential that many	in the sections of Abstract, Methodology
therapies (not symptomatic pain therapies)	other similar studies (based on disease modifying therapies)	(inclusion criteria), Results, Discussion,
1. You included a review and not the original	might have left out, so we have agreed to exclude Chalk C et al.	Figure, Tables 2, 4, 5, and Reference list.
articles	systematic reviews from the manuscript.	
2. The review was of a disease modifying therapy -		
pain was not the primary efficacy endpoint in most		
or all of the trials in the review		
3. If you feel that these interventions (i.e., disease		
modifying trials) are under your purview, there are		
dozens of articles that you have left out		

INTRODUCTION

Defining 'Neuropathic Pain- NeP' has proved a challenge to health care,¹ due primarily to the lack of a 'gold standard' test to confirm the presence of this pain state² and resultant variability in diagnostic classifications among both clinicians and researchers. The original IASP (International Association for the Study of Pain) definition of NeP, "*pain initiated or caused by a primary lesion or dysfunction in the nervous system*"³ has been proposed to be replaced by NeuPSIG (IASP Special Interest Group on NeP) with the wording of "*pain arising as a direct consequence of a lesion or disease affecting the somatosensory system*".² The rationale for this new definition is that 'dysfunction', which in itself is a very vague term, is not able to differentiate between NeP and other pain states such as inflammatory pain⁴ and musculoskeletal pain.⁵

For chronic pain conditions, the Initiative on Methods, Measurement and Pain Assessment in Clinical Trials (IMMPACT) has recommended use of six core outcome domains in clinical trials: pain; physical functioning; emotional functioning; participant rating of improvement and satisfaction with treatment; symptoms and adverse events; and participant disposition.⁶ Importantly, it has been found that due to the range and variability of outcome assessments employed in pain intervention studies, decisions on comparative effectiveness for available treatments remains problematic.⁶ Thus, to measure the efficacy and effectiveness in clinical trials of chronic pain, a set of core outcome measures for each domain has also been recommended.⁷ In addition, outcome measures are also recommended for use for specific chronic pain conditions such as osteoarthritis,⁸ low back pain,^{9, 10} and NeP.^{5, 11}

Both the European Federation of Neurological Societies (EFNS)⁵ and the Neuropathic Pain Special Interest Group (NeuPSIG)¹¹ have evaluated the existing evidence for methods of NeP assessment, and formulated guidelines for assessing and managing patients. For NeP intensity, usage of one-dimensional pain scales (e.g. Visual Analogue Scale and pain relief scales) were highly recommended over the use of non-specific multidimensional scales (e.g. McGill Pain Questionnaire).⁵ It has also been previously stated that rating of severity and unpleasantness of pain should be done separately.^{5, 12} Since these chronic conditions are multidimensional, both EFNS and NeuPSIG guidelines have recommended that, in conjunction to pain, quality of life (mood, sleep, anxiety and depression), as well as functional capacity (physical, cognitive, emotional and social), should also be assessed as secondary outcome measures.^{5, 11}

Despite the extensive research base in NeP, and the availability of IMMPACT guidelines for chronic pain assessment and EFNS & NeuPSIG guidelines for NeP assessment, to our knowledge, outcomes used in NeP trials have not previously been investigated. Thus, the objective of this review was to systematically review systematic reviews of interventional RCTs for NeP to investigate the range and types of outcome measures used to determine treatment effect.

METHOD

Eligibility Criteria: Selection criteria for this review included systematic review designs of interventional RCTs in the symptomatic management of NeP conditions, as defined by the Clinical Resource Efficiency Support Team (CREST).¹³ Systematic reviews of both acute (less than 3 months duration) and chronic pain conditions (3 months duration or more)¹⁴ were

included. Narrative reviews or systematic reviews of non-RCTs were not included. Systematic reviews were restricted to those published in English.

Information Sources: The following electronic databases were searched: Ovid Medline, CINAHL, The Cochrane central register of controlled trials, AMED, and Web of Science (WOS) (from database inception to 31 January 2012). The search strategy for Ovid Medline is detailed in Table 1; this search strategy was amended for other databases. Reference lists of included systematic reviews were not searched for further systematic reviews.

Study Selection: Two reviewers (PM and LC), independently selected articles for potential eligibility at title and abstract stages. Full text articles of all potentially eligible abstracts were retrieved for application of the eligibility criteria. To determine the usability of Treede's Guidelines for reporting NeP, all recently published (2008 onwards) systematic reviews were graded for the level of certainty for the presence of NeP² independently by two reviewers (PM and LC). The grading system is detailed in Table 3.

Data collection process and data items: The following data were collected and tabulated from each of the included systematic reviews: study reference, objectives, population, number of RCTs, intervention type, primary and secondary outcome measures, and results. Data extraction was carried out independently by two reviewers (PM and SW) using standardised forms, with consensus meetings and opinions from other reviewers (LC and PH) to resolve any disagreements.

Risk of bias in individual reviews: The Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA)¹⁵ was independently used by two reviewers (PM and LC) to critically appraise the included reviews. The PRISMA has been used previously in other

systematic reviews of systematic reviews to critically appraise the quality of systematic reviews.¹⁶ Disagreements regarding inclusion of individual reviews and PRISMA scoring were resolved by discussion with reviewers (PH and DB). Reviewers were not blind to the journal affiliation or authors of the systematic reviews. Reviews were not excluded based on their PRISMA scores.

Summary measures and data synthesis: Summary measures (mean difference (MD), weighted mean difference (WMD), Relative Risk Ratio (RRR), and Odds Ratio (OR)) were extracted for each outcome measure for each systematic review. Outcome measures used by each systematic review were grouped under the four recommended core chronic pain outcome domains: pain intensity, physical functioning, emotional functioning, and participant's rating of overall improvement (assessed by the Patient Global Impression of Change scale, PGIC).⁷ Each domain was further sub-grouped based upon the summary measure used in the review, and the amount of change determined to be clinically relevant.

RESULTS

Study selection: Figure 1 summarises the study selection process. The search strategy resulted in 498 systematic reviews. After accounting for duplicate removal, title screening, abstract screening, and assessment of eligibility of full text articles, 61 systematic reviews were identified and retrieved for full text review.

Common reasons for exclusion (n=15) were: eight reviews were based on non- RCTs (Furlan AD 2010, Kuwabara S 2008, Mailis-Gagnon A 2004, Mulvey MR 2010, Sekula RF 2011, Simpson EL 2009, Sultan A 2008, and Watson CPN 2010); in five reviews, it was not clearly evident if patients had sensory involvement i.e. presence of pain (Allen D 2007,

Lancaster T 1995, Lockhart P 2009, Salinas RA 2010, and Teixeira LJ 2011); one review was excluded as it primarily included pain immediately after surgery (Toms L 2008); and one review was excluded as its focus was on disease modifying therapy not symptomatic pain therapy (Chalk C 2007). A total of 46 reviews remained after exclusion.

Characteristics of included reviews: Details of all 46 eligible reviews are given in Table 2. Systematic reviews fulfilled all selection criteria and presented data on various underlying neuropathic conditions.

Half, 57% (26/46) of systematic reviews included the following study populations: diabetic neuropathy (Chen W 2011,¹⁷ Hurley RW 2008,¹⁸ Ites KI 2011,¹⁹ Li H 2008,²⁰ and Wong MC 2007²¹), post herpetic neuralgia (Alper BS 2002,²² Hempenstall K 2005,²³ Khaliq W 2007,²⁴ and Volmink J 1996²⁵), trigeminal neuralgia (Chole R 2007,²⁶ Liu H 2010,²⁷ Lopez BC 2004,²⁸ Yang M 2011,²⁹ and Zakrzewska JJM 2008³⁰), or mixed NeP where all the covered conditions were well tabulated (Challapalli V 2005,³¹ Collins SL 2000,³² Eccles NK 2005,³³ Gill D 2011,³⁴ Goodyear-Smith F 2009,³⁵ Häuser W 2011,³⁶ McQuay HJ 1996,³⁷ Moore RA 2009,³⁸ Moore RA 2011,³⁹ Straube S 2008,⁴⁰ Straube S 2010,⁴¹ and Wiffen PJ 2011⁴²). The systematic reviews based on mixed NeP populations were only included if a sub-group analysis of the underlying conditions was performed.

Half of the remaining reviews (10/20 systematic reviews) were heterogeneous studies which included NeP of any aetiology (Ang CD 2008,⁴³ Eisenberg E 2005,⁴⁴ Eisenberg E 2006,⁴⁵ Eisenberg E 2006,⁴⁶ Hollingshead J 2006,⁴⁷ Lunn MP 2009,⁴⁸ Mason L 2004,⁴⁹ Moore RA 2005,⁵⁰ Papaleontiou M 2010,⁵¹ Pittler MH 2008,⁵² Plested M 2010,⁵³ Saarto T 2007,⁵⁴ Seidel S 2008,⁵⁵ Tremont-Lukats IW 2005,⁵⁶ White CM 2004,⁵⁷ and Wiffen PJ 2011⁵⁸). There were four more reviews based on different conditions; Herpes Zoster (Cao H 2010,⁵⁹), Painful

HIV-associated sensory neuropathy (Phillips TJC 2010⁶⁰), Entrapment Neuropathy (Caliandro P 2011⁶¹ and Traumatic Spinal cord injury & Central NeP (Denkers MR 2002⁶²).

Grading system for the presence of NeP: As Treede's guidelines for reporting NeP were published in 2008, only recently published systematic reviews (after 2008) were graded for the presence of a clear statement criterion for the diagnosis of NeP.² Of those 18 systematic reviews, we could identify only three reviews that met the criteria for definite (Chen W 2011),¹⁷ probable (Moore RA 2009),³⁸ or possible (Straube S 2010)⁴¹ NeP (Table 3). The rest of the reviews (15/18) did not provide sufficient or clear information for a NeP grade (Table 2) to be given; we were therefore unable to classify those reviews under any designated NeP category.

It has been observed that pain and other neurological symptoms due to peripheral or central nervous system disease or injury present in very similar ways, and this observation has led to a group designation for NeP.³ However the study population for the current systematic review covered within the included reviews all the common conditions associated with NeP (CREST, 2008).¹³

Critical appraisal of included reviews: PRISMA scoring for the reviews are detailed in Table 4: 28 out of 46 reviews achieved 20-27 points on the PRISMA, 14 scored 10-19 points, and four scored 9 points or less. Higher scores reflect higher internal validity of the systematic review.¹⁵

Outcome measures

Pain intensity: Changes in levels of pain intensity were used as the primary outcome measure in 40 out of 46 (87%) included systematic reviews (Table 2). A variety of pain scales

were used to measure intensity of pain (or its relief): Visual Analogue Scales (VAS), Verbal Rating Scales (VRS), Likert pain rating scales, the McGill Pain Questionnaire (MPQ), and Numerical Rating Scales (NRS).

Physical functioning: Only 7 of the 46 (15%) included systematic reviews used a functional outcome measure as a primary or secondary outcome measure (Table 5). Ten different functional outcome measures were reported: Disability of the Arm, Shoulder and Hand questionnaire (DASH), Pain Disability Index, SF-36: physical functional component, daily activities measured by Video Relay Service (VRS), function interference measured by NRS, Western Ontario and McMaster Osteoarthritis Index (WOMAC): functional component, timed scored functional activity, functional reach test, timed meter to walk test (6m and 15m walking speed), and interference with daily activities.

Emotional functioning: 10/46 (i.e. 22%) systematic reviews assessed the emotional domain (Alper BS 2002, Caliandro P 2011, Chen W 2011, Lunn MP 2009, Papaleontiou M 2010, Plested M 2010, Saarto T 2007, Seidel S 2008, White CM 2004, and Zakrzewska JJM 2011). A range of measures were employed including scales for Quality of Life to evaluate depression, anxiety, and sleep, as part of the Health Survey (SF-36), (SF-12), and (SF-MCQ).

Participant's rating of overall improvement: The PGIC (Patient global impression of change) score was employed in 15/46 (33%) systematic reviews. The outcome was described by the number of patients with a "moderate", "good" or "notable" improvement in their global response to treatment, or 'at least moderate pain relief' on a suitable categorical scale.

Subgrouping these reviews on the basis of summary measures adopted,

demonstrated that 16/46 (35%) reviews used different forms of means to describe their treatment effects, including mean difference (MD), weighted mean difference (WMD) and standardized mean difference (SMD) at 95% of confidence interval levels (CIs). Relative Risk Ratio (RRR) and Odds Ratio (OR) were alternatively used to summarize the results; of the 33 (26 and 7) systematic reviews which adopted RR or OR (respectively), 16 (14 and 2) reviews could be simply categorized into a dichotomous response of yes/no (i.e. 50% pain relief or not). Six systematic reviews described their results narratively, and 13 reviews also calculated the Number Needed to Treat (NNT).

DISCUSSION

To our knowledge, this is the first systematic review of systematic reviews to investigate the usage of various pain and functional outcome measures in intervention trials of NeP conditions. The most interesting finding from the current review is that, although the majority of reviews scored highly on the PRISMA scale for internal validity, their focus in outcome measures were almost exclusively on pain intensity and not within other domains, recommended by IMMPACT,⁷ EFNS,^{5, 63-65} and NeuPSIG.¹¹ Thus the findings from the current review were in contrast to other areas of pain management, where the aim is more commonly focussed on reduction of disability (e.g. inactivity) and enabling the person to achieve independence.⁶⁶ Changes in level or intensity of pain was the most commonly used primary endpoint in NeP trials, with the majority of studies using either the VAS and/or the NRS pain measurement scales. This particular finding was in accordance with NeuPSIG guidelines in which VAS and NRS are highly recommended to assess intensity of pain and treatment effect.¹¹

Despite our expectations for the usage of multidimensional pain scales, our results showed that one-dimensional measurements of pain were employed in 40/46 systematic reviews. An international, informally organized network aimed at improving Outcome Measurement in Rheumatology (OMERACT)⁸ recommended a core set of four domains (pain, physical function, patient global assessment and, for studies of at least one year: joint imaging) for outcome assessment, for future clinical trials of hip, knee and hand osteoarthritis. However a recent systematic review of chronic musculoskeletal pain outcomes,⁶⁷ reported that over half (54%) of all pain outcome measures were based on unidimensional measures such as VAS. In contrast, only 16% used multidimensional scales (e.g. MPQ) and 27% were multi-item scales that measured one dimension of pain (e.g. Neck Disability Index). The results of the current review demonstrate that the use of single item pain measures as the primary outcome measure is a common finding in the majority of chronic pain studies. There may be a number of reasons behind this finding, such as: the time required for assessment of other related domains (i.e. physical functioning, emotional impact, and global improvement), the patient burden associated with lengthy assessment procedures, or alternatively because research is focussed exclusively on pain intensity.⁶⁷

Additionally, for the recently published systematic reviews, we determined the level of certainty for the presence of NeP in accordance with Treede's grading system.² There was little consistency across recent reviews with respect to Treede's guidelines for reporting NeP. Given that these criteria were published relatively recently (in 2008), the reviews published in or before 2008 were not evaluated for this property. However, even for these recently published systematic reviews, only a small number of studies followed the specified assessment and diagnostic criteria (Table 2). The majority of studies provided insufficient/

unclear information about diagnosis and therefore according to this grading system, if a patient's inclusion criterion does not fulfil the criteria for any of the three grading levels, then the study population is classified as unlikely to have a NeP condition. According to the IASP revised definition of NeP, it is a clinical description (and not a diagnosis) and there is a requirement for a lesion of the nervous system to be present, as a precursor to the pain state.¹⁴ However, others state that when no lesion can be demonstrated, the limits of current diagnostic technology do not always allow the possibility of NeP to be excluded.⁶⁸ Thus, it can be argued that there is a need to adopt and utilise validated criteria to define and grade NeP in research, as well as clinical practice.

In order to determine clinically important differences in pain intensity, IMMPACT also proposed criteria to determine the patient's evaluation of change. It has been suggested that a raw score change of approximately 1 point represents 15-20% change and signifies "less important change" in the pain scores. Changes of approximately 2 points i.e. 30-36% change represent "much better", "much improved", or "meaningful" decrease in chronic pain. Finally, a decrease of \geq 4 points denoting \geq 50% change appears to represent a "very much improved", "treatment success", or "satisfactory improvement" of pain.⁷ Because of the ease of administration, it has become a "gold standard" of outcome in chronic pain research.⁶⁹ It is noteworthy that of the 40 reviews which employed pain as the primary outcome measure, only 23 followed the benchmarks provided by IMMPACT. Nine reviews selected \geq 50% pain relief, as their primary outcome variable, while the other eight employed pain intensity reduction of \geq 30- 50%.

Pain has always been considered as a risk factor for, as well as a cause of disability.⁷⁰ It has also been shown that functional losses as well as mood disturbances are directly

related to an increased severity of peripheral NeP.⁷¹ Moreover, it is not only activities of daily living which are affected by this multi-disabling condition, but also the individual's work potential, raising the economic burden both at individual and society level.⁷² Beyond this, the relationship between pain and functional limitation is varied and moderated by a number of factors, including psychological and social issues, and level of emotional support.⁶⁹ Our results emphasise that multi-dimensional pain scales and measures of functional and emotional responses to pain are needed to better evaluate response to pain interventions, and also to allow better modelling of the factors which mediate and moderate such relationships. Multi-dimensional measures would also help to better evaluate how and why patients fail to respond to specific interventions and also potentially allow targeting of the key factors which are driving the patient's response to the intervention.

Strengths and limitations: A number of strengths and limitations in this review should be acknowledged.

Firstly, it is acknowledged that 'Neuropathic Pain conditions' is an umbrella term which covers a number of different conditions such as diabetic neuropathy, trigeminal neuralgia, and post herpetic neuralgia.¹³ For the search strategy, MESH terms/ key words indexed for neuropathy, neuralgia, and neurodynia were used to be as inclusive as possible. It is acknowledged that each health condition could have been separately searched and potentially this may have lessened the chances of missing systematic reviews. However, it is anticipated that these reviews would have been identified during the hand search process.

Secondly, as this was a systematic review of systematic reviews, the emphasis was at the review level, rather than investigating individual RCTs. Each systematic review included

numerous RCTs, for example Hauser W (2011)³⁶ reviewed 142 RCTs. Each systematic review detailed (usually in table format) each outcome measure used in the included RCTs. However, it is possible that not all outcome measures employed in the RCTs were fully described. Another possible reason for the usage of pain outcome measure in isolation may be that many included studies were apparently industry-driven, and therefore aimed at approval or registration, or new indication for a drug, rather than investigating the full profile of the effects.

Thirdly, we rated the recently published reviews for the presence of NeP based on an internationally recommended grading criteria² and found that the majority of reviews simply stated the condition, without clear or sufficient information regarding the likelihood of NeP being present. The remainder of the studies (published before 2008) were not assessed as these could not be expected to meet the same criteria. As the main aim of this systematic review was to investigate the range and type of outcome measures used in (RCTs) of NeP, it can be argued that the presence/ absence of an NeP grading system does not affect the quality or types of outcome measures employed. Thus systematic reviews were not excluded based on these criteria.

Lastly, internationally recommended systematic review reporting guidelines (PRISMA) were followed for scoring the internal validity or methodological reporting of included reviews. Other methodological quality checklists of systematic reviews are also available including: Critical Appraisal Skills Program of systematic reviews (CASP),⁷³ Aggressive Research Intelligence Facility (ARIF),⁷⁴ and Assessment of Multiple Systematic Reviews (AMSTAR).¹⁶ However instances of poor reporting of key information published in systematic reviews has been identified as an issue, which diminishes their value to clinicians

and researchers.¹⁵ As the PRISMA checklist has already been used to check out the methodological quality of the Cochrane review,⁷⁵ to report the methodological quality, its use was preferred.

Conclusion: We have presented extensive data which demonstrates that measures of pain are predominantly used in trials of NeP conditions and highlight the scant usage of physical FOMs. Since NeP is a multi-disabling condition with significant associated morbidity, usage of physical and emotional functional measures along with severity of pain as core outcomes is a key recommendation for future research in NeP intervention studies.

Our analysis also showed that in recently published reviews, there is a lack of standardization of diagnostic criteria in NeP trials. Since appropriate diagnosis followed by the earliest appropriate management remains the primary target to minimise the risks of comorbidities and disabilities, this issue needs to be considered for future research and guidelines development.

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All authors declare that there exist no conflicts of interest associated with the current study.

FIGURE LEGEND

Figure 1. Flow diagram summarising systematic search and study selection process

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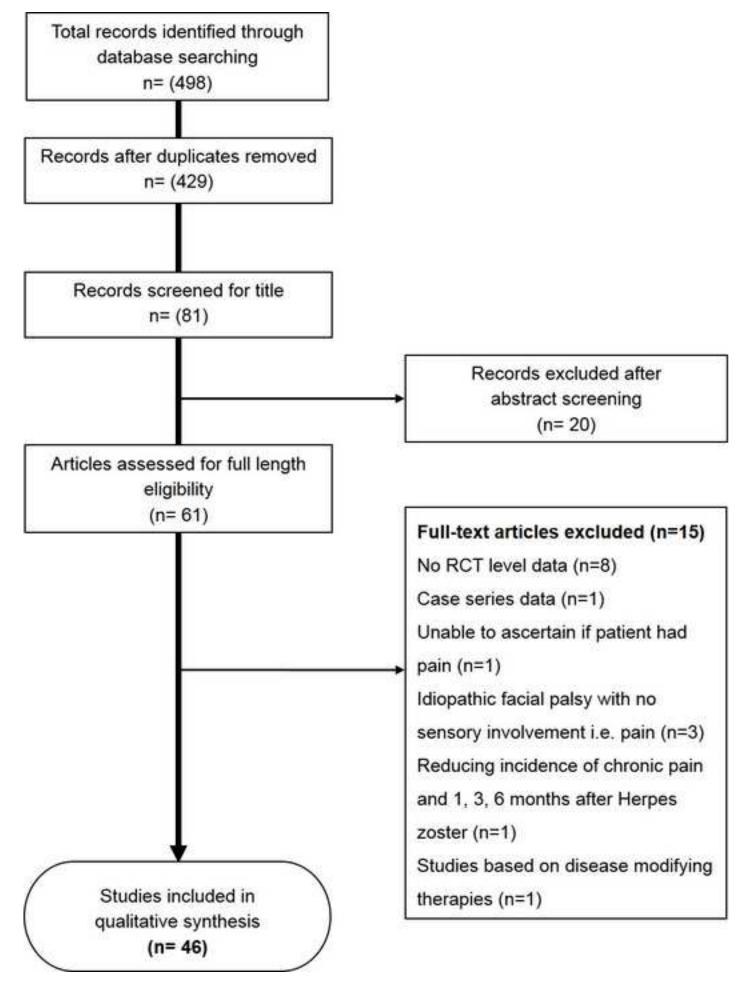
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2.3 Table 1. Search Strategy

Step	Database search	Results
1	(neuropathic pain OR neuropathy OR neurodynia OR nerve pain OR	61826
	neuralgia).mp.	
2	(activit* daily living OR funct* outcome OR funct* activit* OR funct*	1045383
	abilit* OR measur* OR scale OR parameter*).mp.	
3	(systematic review OR systematic reviews).mp.	24973
4	systematic review.m_titl.	16352
5	(RCT OR randomised control trial OR randomized control trial).mp.	7569
6	1 AND 2 AND 4 AND 5	29
7	limit 6 to (English language and humans)	29
8	remove duplicates from 7	27

[mp = protocol supplementary concept, rare disease supplementary concept, title, original title, abstract, name of substance word, subject heading word, unique identifier]

 Table 2. Summary characteristics of included reviews

Study reference	Population (Treede's Definition of NeP)	No. of RCT's	Outcome Measures	Statistical Approach used by included studies	Level of Change used by included studies
Diabetic Neuropathy	/				
Chen W et al. 2011	Diabetic peripheral neuropathy (DEFINITE	39	Primary outcome: Improvement of 30% in VAS or total	MD, WMD and RR	NA
	NeP)		symptom score, Global symptom improvement and	with 95% Cls	
			changes in nerve conduction velocity.		
			Secondary outcomes: Quality of life by SF-36 scales,		
			Change in or absolute values of motor or sensory nerve		
			conduction velocity, Adverse events.		
Hurley RW et al.	Diabetic peripheral neuropathy (NA)	3	Pain score (with and without 50% reduction), PGIC	RR and WMD with	50%
2008			rating at end point and adverse events.	95% CIs	
Ites KI et al. 2011	Diabetic peripheral neuropathy (UNCLEAR)	6	Measure of balance (question about balance,	Effect size with 95%	NA
			perception of falls risk and number of falls, Tinnetti	CIs and NNT	
			Balance Assessment, Sway parameters, tendem stance,		
			single leg stance, functional reach, ABC scale, failure		
			rate during weight transfer task to unipedal stance with		
			a tilting support surface).		

Li H 2008	Diabetic peripheral neuropathy (NA)	10	Sensory impairment level, hot-cold temperature	Narrative synthesis	NA			
			discrimination, current perception threshold, and pain					
			levels using VAS.					
Wong MC et al.	Painful diabetic neuropathy (NA)	25	Primary: 50% reduction in pain and 'moderate', 'good',	OR with 95% Cl using	30-50%			
2007			or 'notable' improvement in PGIC.	a random effect				
			Secondary: 30% reduction in pain and the number of	model				
			patients who withdrew as a result of side effects.					
Diabetic neuropathy	Diabetic neuropathy, post herpetic neuralgia, trigeminal neuralgia, post stroke pain, Phantom limb pain, Fibromyalgia, CRPS and GB syndrome							
Challapalli V et al.	Painful peripheral neuropathy, Plexopathy or	30	Intensity of spontaneous pain or its relief measured by	WMD and OR in a	NA			
2005	radiculopathy, CRPS type I and II, Central		any validated measurement tool and Adverse effects	random effects model				
	pain from cerebrovascular lesions or		with enough intensity to cause study withdrawal or to					
	tumours, Spinal cord injuries, Multiple		decrease the dose of the drug.					
	sclerosis and other demyelinating diseases,							
	Trigeminal neuralgia, Post-amputation pain,							
	Fibromyalgia (NA)							
Collins SL et al.	Diabetic neuropathy, post herpetic neuralgia	19	Point global scale of pain relief or effectiveness or	RR and RB with 95%	≥50%			
2000	(NA)		improvement and 50% or more reduction on VAS of	CI using fixed effect				

Eccles NK 2005	Acute pain induced by heat, foot pain from	21	Level of pain was assessed using the McGill Pain and	Narrative review	NA
	plantar fasciitis, postsurgical foot pain,		VAS, VRS, 11 point NRS, WOMAC, 15 m walking speed.		
	chronic shoulder and neck pain, post-polio				
	pain, low back pain, postsurgical wound pain,				
	intractable neuropathic pain, chronic knee,				
	and back pain, fibromyalgic pain, rheumatoid				
	arthritic knee pain, osteoarthritic knee pain,				
	chronic headache, wrist pain, carpal tunnel				
	syndrome, chronic pelvic pain and monthly				
	dysmenorrhea (NA)				
Gill D et al. 2011	Painful diabetic neuropathy, Post-herpetic	3	Primary outcomes: Patient-reported pain relief of 30%-	RR with 95% CI using	≥30-50%
	neuralgia, Trigeminal neuralgia, Phantom		50% or greater, PGIC much or very much improved.	fixed effect model	
	limb pain, Postoperative or traumatic		Secondary outcomes: Any pain-related outcome		
	neuropathic pain, CRPS, Cancer-related		indicating some improvement, Withdrawals due to lack		
	neuropathy, Guillain Barré, HIV-neuropathy,		of efficacy, Participants experiencing any adverse event,		
	Spinal cord injury, Fibromyalgia (UNCLEAR)		Withdrawals due to adverse events, somnolence and		
			dizziness.		
Goodyear-Smith F	Diabetic neuropathy, post herpetic neuralgia,	70	Pain relief (UNCLEAR)	Narrative synthesis	NA
& Halliwell J 2009	trigeminal neuralgia, and post stroke pain				
	(UNCLEAR)				

Hauser W et al.	Fibromyalgia and painful diabetic peripheral	142	Rating of pain intensity- VAS, NRS, summary scores	WMD and RR with	<10, 10-20 AND
2011	neuropathy (UNCLEAR)		including non-painful symptoms (Paraesthesia and sleep	95% CI using fixed	20-27 point
			numbness of feet).	effect model	change
McQuay HJ et al.	Diabetic neuropathy, post herpetic neuralgia,	17	Patient global judgement (excellent/good), Pain	OR at 95% CIs in a	>50%
1996	atypical facial pain and central pain (NA)		intensity (no pain/ slight pain or 50% decrease from	fixed effect model	
			'neuropathy' scale) or relief (good/ excellent), Improved		
			or marked improvement and minor and major adverse		
			effects.		
Moore RA et al.	Chronic or neuropathic pain including	19	Patient reported pain relief of 30%- 50% or greater,	RR with 95% CI using	>30-50%
2009	diabetic neuropathy, post herpetic neuralgia		PGIC, Pain on movement, Pain at rest, Any other pain	fixed effect model	
	(PHN), phantom limb pain, Guillain Barré,		related measure, Adverse effects.		
	and spinal cord injury (PROBABLE NeP)				
Moore RA et al.	Painful diabetic neuropathy, Post herpetic	29	Primary outcomes: Patient reported pain intensity	RR with 95% CI using	30-50%
2011	neuralgia, Trigeminal neuralgia, Phantom		reduction of 30%- 50% or greater, PGIC much or very	fixed effect model	
	limb pain, Postoperative or traumatic		much improved, Secondary outcomes: Any pain-related		
	neuropathic pain, CRPS, Cancer-related		outcome indicating some improvement, Withdrawals		
	neuropathy, HIV-neuropathy, Spinal cord		due to lack of efficacy, Participants experiencing any		
	injury, Fibromyalgia (UNCLEAR)		adverse event, Withdrawals due to adverse events,		
			somnolence and dizziness.		
Straube S et al.	Post herpetic neuralgia, painful diabetic	21	At least 50% pain relief, PGIC: much or very much	NNT, RR and RB with	50%

2008	neuropathy, fibromyalgia and neuropathic		improved, Withdrawals due to lack of efficacy,	95% CIs using fixed	
	pain after spinal cord injury (NA)		Withdrawals due to adverse events, Somnolence and	effect model	
			Dizziness.		
Straube S et al.	Neuropathic pain and CRPS (POSSIBLE NeP)	1	Primary outcomes: Participants with 30% pain relief, or	RR with 95% CI using	<30%, ≥30%,
2010			at least "much improved" in PGIC, Participants with	fixed effect model	≥50%
			50% pain relief, or "very much improved" in PGIC.		
			Secondary outcomes: Participants with < 30% or "mild"		
			pain relief, or undefined improvement, Pain relief		
			lasting < 4 weeks, Adverse events and complications,		
			Occurrence of persistent serious new or expanded pain.		
Wiffen PJ et al.	Acute, chronic or cancer pain (UNCLEAR)	15	Patient reported pain relief of 50% or greater, PGIC,	NNT and RR with 95%	30-50%
2011			Pain on movement, Pain on rest or spontaneous pain	CI using fixed effect	
			and any other pain related outcomes, Adverse events.	model	
Entrapment Neurop	pathy				
Caliandro P et al.	People with clinical symptoms suggesting the	6	Primary outcomes: Improvement in function measured	MD, OR (random	NA
2011	presence of UNE with or without		by Disability of the Arm, Shoulder and Hand	effect model) and RR	
	neurophysiological evidence of entrapment		questionnaire or the UNE questionnaire.	with 95% Cl using	
	(UNCLEAR)		Secondary outcomes: Change in neurological	fixed effect model	
			impairment, Change from baseline of the motor nerve		

			conduction velocity across the elbow, Change from		
			baseline in the nerve diameter, Change in quality of life		
			and Adverse events.		
Herpes Zoster					
Cao H et al. 2010	Herpes zoster (UNCLEAR)	8	Reduction in severity of pain, Duration of relief of pain,	RR and MD with 95%	NA
			Percentage of cured patients and Incidence rate of PHN.	CI using fixed effect	
				model	
Neuropathic pain of any aetiology					
Ang CD et al. 2008	Generalized peripheral neuropathy (NA)	13	Primary outcomes: VAS and a neuropathy impairment	RR with 95% CI using	NA
			score.	fixed effect model	
			Secondary outcomes: Long-term (after more than three	and MD with 95% Cls	
			months) change in pain intensity or impairment, Short-		
			term and long-term change in neuropathic symptoms,		
			Short-term and long-term change in nerve conduction		
			study parameters, Serious adverse events.		
Eisenberg E et al.	Central or peripheral neuropathic pain of any	9	Differences in pain intensity, pain relief, and the	WMD with 95% Cls	NA
2005	aetiology (NA)		incidence and severity of adverse effects.		
Eisenberg E et al.	Peripheral neuropathic pain of any aetiology	22	Pain intensity using a VAS; type and amount of opioid	RR with 95% CI using	NA
2006	(NA)		and control used; and incidence of adverse effects	fixed effect model	

-				during treatment with opioid or control.	and MD with 95% CIs	
	Eisenberg E et al.	Central or peripheral neuropathic pain of any	23	Visual Analogue Scale.	NNT with 95% Cl	NA
	2006	aetiology (NA)			using fixed effect	
					model	
	Hollinshead J et al.	Peripheral neuropathy (NA)	7	Primary outcomes: The primary outcome measure was	RR and NNT with 95%	50%
	2006			50% or more pain relief, or 50% or more reduction of	CI using fixed effect	
				the score on a validated pain scale.	model	
				Secondary outcomes: 50% or more reduction in touch-		
				evoked pain after at least two weeks of treatment,		
				Adverse events, which are life threatening, prolong or		
				require hospitalisations, or lead to death.		
	Lunn MP et al. 2009	Any form of painful peripheral neuropathy or	6	Primary outcomes: VAS and categorical scales.	RR, NNT and WMD	30-50%
		chronic pain (UNCLEAR)		Secondary outcomes: Long-term (more than 12 weeks)	with 95% CI using	
				improvement of pain, Improvement in short-term and	fixed effect model	
				long-term pain of at least 30% compared with baseline,		
				Improvement in any validated Quality of Life Score of		
				more than 30% compared to the baseline, Adverse		
				events during treatment.		
	Mason L et al. 2004	Chronic pain from neuropathic or	14	50% reduction in pain. This was the number of patients	NNT, RR and RB with	50%

	musculoskeletal disorders (NA)		with either a "good" or "excellent" global assessment of	95% CI using fixed	
			treatment or "none" or "slight" pain on rest or	effect model	
			movement measured on a suitable categorical scale.		
Moore RA &	Arthritis/ musculoskeletal/ neuropathic pain/	34	Adverse event rates	Adverse event rate	NA
McQuary HJ 2005	Mixed (NA)			with 95% Cl	
Papaleontiou M et	Osteoarthritis, neuropathic pain, or other	43	Pain (UNSPECIFIED) and physical function outcomes by	NNT and RR with 95%	NA
al. 2010	pain-producing disorders (UNCLEAR)		WOMAC, physical quality of life by SF-36 physical	CI using fixed effect	
			component, mental quality of life and sleep.	model	
Pittler MH & Ernst	Neuropathic pain or neuralgic pain (NA)	15	Pain relief (UNSPECIFIED).	NNT and RR with 95%	NA
E 2008				CI using fixed effect	
				model	
Plested M 2010	Refractory NeP (central or peripheral)	17	Pain relief (VAS), Overall quality of life (SF-MPQ total,	Narrative synthesis	NA
	(UNCLEAR)		sensory and affective scores and SF-12), function	·	
			interference, sleep interference, interference of mood,		
			daily activities and pain associated distress, safety,		
			tolerability.		
Saarto T & Wiffen	Any neuropathic pain (NA)	61	Measures of effectiveness: patient-reported global	RR with 95% Cl using	NA
PJ 2007			improvement or pain relief, or both. Overall quality of	fixed effect model	
			life measures, Adverse effects measures, sleep		

			parameters, Depression scales.		
Seidel S et al. 2008	Acute, chronic or both pains (NA)	11	Primary outcomes: The reduction in pain intensity as	WMD and RR with	NA
			measured by VAS, self-reported global scale, VRS, NRS	95% CI using fixed	
			or categorical pain relief scale, and self-reported pain	effect model	
			relief.		
			Secondary outcomes: adverse effects.		
			Additional outcomes: Attrition, Measures of satisfaction		
			or patient preference and assessment of quality of life.		
Tremont-Lukats IW	Neuropathic pain of any aetiology (NA)	27	A change in the 0–100 mm VAS, Adverse events.	WMD and OR in a	NA
et al. 2005				random effect model	
White CM et al.	Peripheral neuropathy, including sensory,	3	Primary outcomes: Functional ability (walking, stair	WMD and RR at 95%	NA
2004	motor and combined sensory and motor		climbing and running), functional use of the affected	Cls in a random effect	
	neuropathies (NA)		arm/s and/or independence in activities of daily living	model	
			such as washing, dressing, preparing food etc.		
			Secondary outcomes: Muscle strength, Endurance,		
			Psychological status or quality of life, Return to work,		
			Relapse and use, or increased use, of analgesics.		

Wiffen PJ et al.	Painful diabetic neuropathy, Post herpetic	17	Primary outcomes: Patient reported pain intensity	NNT and RR with 95% 30-50%
2011	neuralgia, Trigeminal neuralgia, Phantom		reduction of 30%- 50% or greater, PGIC much or very	CI using fixed effect
	limb pain, Postoperative or traumatic		much improved.	model
	neuropathic pain, CRPS, Cancer-related		Secondary outcomes: Any pain-related outcome	
	neuropathy, HIV-neuropathy, Spinal cord			
	injury, fibromyalgia (UNCLEAR)		indicating some improvement, Withdrawals due to lack	
			of efficacy, Participants experiencing any adverse event,	
			Withdrawals due to adverse events, somnolence and	
			dizziness.	

Painful HIV-associated sensory neuropathy

Painful HIV-Associated Sensory Neuropathy	14	Pain improvement (UNCLEAR)	NNT with 95% Cls	≥30%, ≥50%
UNCLEAR)				

Post herpetic Neuralgia

Alper BS & Lewis PR	Post herpetic neuralgia (NA)	27	Pain resolution, VAS, Quality of life and adverse effects.	Narrative synthesis	50%
2002					
Hempenstall K et al.	Post herpetic neuralgia (NA)	35	Patient related global scale for pain relief and VAS or 11	RB and NNT with 95%	≥50%
2005			point NRS for pain intensity.	CI using fixed effect	

-					model	
	Khaliq W et al. 2007	Post herpetic neuralgia (NA)	12	Primary outcomes: Mean improvement in patients'	RR, NNT and MD with	NA
				reports of pain relief measured by a categorical scale.	95% CI using fixed	
				Secondary outcome: Mean reduction in VAS scores,	effect model	
				Highest recorded blood lidocaine level, The proportion		
				of participants with one or more adverse skin reactions.		
	Volmink J et al.	Post herpetic neuralgia (NA)	3	Pain relief by VAS and VRS.	OR at 95%Cls in a	NA
	1996				random effect model	

Traumatic Spinal Cord Injury & Central NeP

Denkers MR et al.	Traumatic spinal cord injury and central	11	Rating of pain relief, Decreased usage of pain	Narrative synthesis NA
2002	neuropathic pain (NA)		medication, Interference with daily activities.	
Frigeminal Neuralg	ia			
Chole R et al. 2007	Trigeminal neuralgia (NA)	21	Adverse effects.	RB with 95% Cl NA
				using fixed

Liu H et al. 2010	Trigeminal neuralgia (UNCLEAR)	12	Cured rate (UNSPECIFIED), Adverse effects.	OR with 95%	NA
				Cls	
Lopez BC et al. 2004	Trigeminal neuralgia (NA)	31	Pain relief (UNSPECIFIED) and Complications.	Narrative	NA
				synthesis	
Yang M et al. 2011	Trigeminal Neuralgia, both idiopathic and	4	Primary outcomes: Immediate improvement in pain	MD and RR	NA
	symptomatic (UNCLEAR)		relief evaluated as decreased pain intensity or TN scores	with 95% Cl	
			i.e. number of attacks per day and their intensity.	using fixed	
				effect model	
			Secondary outcomes: Improvement in pain intensity or		
			TN scores at least 12 weeks after the start of treatment		
			and Adverse effects.		
Zakrzewska JJM &	Trigeminal neuralgia (NA)	11	Primary outcomes: Complete pain relief.	RR and MD	NA
Linskey ME 2008			Secondary outcomes: Surgical morbidity, Quality of life,	with 95% Cl	
			Patient satisfaction and adverse events.	using fixed	
				effect model	
				enectmodel	

CIs= Confidence intervals, MD= Mean difference, NA= Not Applicable, NNT= Number Needed to Treat, NRS= Numerical Rating Scale, OR= Odds Ratio, PGIC= Patient Global Impression of Change, RB= Relative Benefit Ratio, RR= Relative Risk Ratio, SF 36 / 12= The Medical Outcome Study Short Form Health Survey-36 / 12, SF-MPQ= Short Form-McGill Pain Questionnaire, SMD= Standardized mean difference, TN= Trigeminal Neuralgia, UNE= Ulnar Neuropathy at Elbow, VAS= Visual Analog Scale, VRS= Verbal Rating Scale, WOMAC= The Western Ontario and McMaster Universities Arthritis Index, WMD= Weighted mean difference Table 3. Treede's (2008) Grading system for the level of certainty for the presence of NeP

No.	Criteria to be evaluated for each patient
1	Pain with a distinct neuroanatomically plausible distribution*
2	A history suggestive of a relevant lesion or disease affecting the peripheral or central somatosensory system [†]
3	Demonstration of the distinct neuroanatomically plausible distribution by at least one confirmatory test‡
4	Demonstration of the relevant lesion or disease by at least one confirmatory test§
	ng of definite NeP: all (1 to 4); probable NeP: 1 and 2, plus either 3 or 4; possible NeP: 1 and 2, out confirmatory evidence from 3 or 4.
*A re	gion corresponding to a peripheral innervation territory or to the topographic representation
of a b	ody part in the CNS.
†The	suspected lesion or disease is reported to be associated with pain, including a temporal
relati	onship typical for the condition.
‡As p	art of the neurologic examination, these tests confirm the presence of negative or positive
neuro	ologic signs concordant with the distribution of pain. Clinical sensory examination may be
suppl	emented by laboratory and objective tests to uncover subclinical abnormalities.

§As part of the neurologic examination, these tests confirm the diagnosis of the suspected lesion/ disease. These confirmatory tests depend on which lesion/ disease is causing NeP.

Reference	Treede's NeP	Functional Outcome Measure Tools/ Scales	No of	Studies using
	Grading		RCT's	FOM
Ites KI et al. 2011	UNCLEAR	Functional reach test	6	1
Eccles NK 2005	NA	15m walking speed, pain disability index, functional	21	7
		status, physical functions, WOMAC, effects on function		
Caliandro P et al. 2011	UNCLEAR	Disability of the Arm, Shoulder and Hand questionnaire	6	6
Papaleontiou M et al.	UNCLEAR	Pain disability index and SF-36: physical component	43	2
2010				
Plested M 2010	UNCLEAR	Daily activities measured by VRS and Function	17	2
		interference measured by NRS.		
White CM et al. 2004	NA	WOMAC: functional component, One and five time	3	3

 Table 4. Summary of reviews using 'Physical Functional Outcome Measures' as an outcome measure

		scored functional activity, Sub scale of SF-36, 6m		
		comfortable walking speed or 6m gait speed.		
Denkers MR et al. 2002	NA	Improvement in functional capacity.	11	1
NA= Not Applicable, NRS	= Numerical Ra	ting Scale, SF-36= The Medical Outcome Study Short For	m Health Survey-36	, VRS= Verbal
Rating Scale, WOMAC= T	he Western On	tario and McMaster Universities Arthritis Index		

	Particulars	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	Total (√)
1	Diabetic Neuropathy																												
1.1	Chen W et al. 2011	×	٧	٧	×	٧	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	24
1.2	Hurley RW et al. 2008	٧	٧	٧	٧	×	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	×	٧	٧	×	٧	٧	٧	×	٧	×	٧	٧	21
1.3	Ites KI et al. 2011	٧	٧	٧	×	×	٧	٧	×	٧	×	٧	٧	٧	×	×	×	٧	٧	٧	٧	×	×	×	٧	٧	٧	×	16
1.4	Li H 2008	٧	٧	٧	×	×	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	٧	×	٧	×	٧	٧	٧	٧	21
1.5	Wong MC et al. 2007	٧	٧	٧	×	×	٧	٧	٧	٧	٧	×	٧	٧	٧	×	٧	٧	٧	٧	٧	٧	×	٧	٧	×	٧	٧	21
2	Diabetic neuropathy, po	ost her	petic n	euralg	ia, trig	eminal	neural	lgia, pos	st strok	e pain	, Phan	tom lir	nb pair	n, Fibro	omyalg	ia, CRI	PS and	GB syn	drome										
2.1	Challapalli V et al. 2005	٧	٧	٧	٧	×	٧	٧	×	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	×	٧	٧	23
2.2	Collins SL et al. 2000	٧	٧	٧	٧	×	٧	٧	×	×	×	٧	٧	٧	×	×	×	٧	٧	×	٧	×	×	٧	٧	×	٧	٧	16
2.3	Eccles NK 2005	×	٧	٧	×	×	×	٧	×	×	×	×	٧	×	×	×	×	×	٧	٧	×	×	×	×	٧	×	٧	٧	9
2.4	Gill D et al. 2011	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	×	٧	٧	٧	٧	٧	٧	24
2.5	Goodyear-Smith F & Halliwell J 2009	×	٧	٧	×	×	×	٧	٧	×	٧	×	٧	×	×	×	×	٧	×	×	×	×	×	×	٧	٧	٧	٧	11
2.6	Hauser W et al. 2011	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	27
2.7	McQuay HJ et al. 1996	٧	٧	٧	×	×	٧	٧	×	٧	×	×	٧	v	×	×	×	×	٧	٧	٧	×	×	٧	٧	×	٧	٧	15
2.8	Moore RA et al. 2009	×	٧	٧	٧	٧	٧	٧	v	٧	٧	٧	٧	v	v	٧	٧	×	٧	٧	٧	٧	×	٧	٧	٧	٧	٧	24
2.9	Moore RA et al. 2011	×	٧	٧	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	×	×	٧	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	22

Table 5. PRISMA items and criteria (Liberati A 2009). V=YES ×=NO:

Table

2.10	Straube S et al. 2008	٧	٧	٧	٧	×	٧	٧	٧	×	×	v	٧	٧	٧	٧	×	×	٧	٧	×	٧	×	٧	٧	×	٧	٧	19
2.11	Straube S et al. 2010	×	٧	٧	٧	٧	٧	٧	٧	v	٧	٧	×	٧	٧	v	v	×	٧	٧	٧	×	×	×	٧	×	٧	٧	20
2.12	Wiffen PJ et al. 2011	×	٧	٧	٧	٧	٧	v	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	26
3	Entrapment Neuropathy	/																											
3.1	Caliandro P et al. 2011	×	٧	٧	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	25
4	Herpes Zoster																												
4.1	Cao H et al. 2010	٧	٧	٧	×	×	٧	٧	×	٧	٧	×	٧	٧	٧	٧	×	٧	٧	٧	٧	٧	٧	×	٧	×	٧	٧	20
5	Neuropathic pain of any	aetio	ogy																										
5.1	Ang CD et al. 2008	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	٧	٧	×	٧	٧	٧	٧	×	٧	٧	×	٧	٧	22
												.,																v	
5.2	Eisenberg E et al. 2005	×	٧	٧	×	٧	٧	٧	٧	v	٧	v	٧	v	v	×	×	V	V	v	v	v	×	×	٧	×	v	v	20
5.2 5.3	Eisenberg E et al. 2005 Eisenberg E et al. 2006	× √	√ √	√ √	× √	√ ×	√ √	v v	v v	√ ×	√ √	×	√ √	v v	v v	×	× √	v v	v v	√ ×	√ √	v v	×	× √	√ √	×	√ √	v	20 20
				√ √ √	× √ √	√ × ×	√ √ √	-	•	·	•	v × √	√ √ √	v v v	√ √ √		× √ ×	v v v		-	v v v	v v v		× √ √	v v v		√ √ √	-	
5.3	Eisenberg E et al. 2006	٧	٧	٧	٧		√ √ √	٧	v	×	v	v × √	v v v	v v v	V V V	×	٧	V V V	٧	×	v v v	∨ √ √	×	٧	√ √ √		-	v	20
5.3 5.4	Eisenberg E et al. 2006 Eisenberg E et al. 2006 Hollingshead J et al.	√ √	√ √	√ √	√ √	×	√ √ √ ×	√ √	√ ×	× √	v v	v	v v	v √ √ √	v v	× ×	√ ×	v v	v v	× V	v v	v v	× ×	v v	v v	× √	v	√ √	20 22
5.3 5.4 5.5	Eisenberg E et al. 2006 Eisenberg E et al. 2006 Hollingshead J et al. 2006	√ √ ×	√ √ √	√ √	√ √ √	×		v v v	√ × √	× √ √	√ √ √	√ √	v v v		v v v	× × √	√ × √	v v v	√ √ √	× V V	v v v	v v v	× × √	√ √ √	√ √ √	× V ×	v v	√ √ √	20 22 25
5.3 5.4 5.5 5.6	Eisenberg E et al. 2006 Eisenberg E et al. 2006 Hollingshead J et al. 2006 Lunn MP et al. 2009	√ √ ×	√ √ √	√ √ √	v v v ×	× √ √		√ √ √	√ × √	× v v v	√ √ √	√ √ ×	√ √ √	v	√ √ √	× × √	√ × √	v v v	√ √ √	× V V	√ √ √	√ √ √	× × √ ×	√ √ √	v v v	× V ×	v v v	√ √ √	20 22 25 21

	2010																												
5.10	Pittler MH & Ernst E 2008	٧	٧	×	×	×	×	٧	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	٧	٧	٧	6
5.11	Plested M 2010	٧	٧	٧	×	×	v	٧	٧	٧	٧	×	٧	×	×	×	×	٧	٧	×	v	×	×	×	v	٧	٧	٧	16
5.12	Saarto T & Wiffen PJ 2007	×	٧	٧	×	٧	٧	٧	٧	٧	٧	٧	×	٧	٧	×	٧	×	٧	٧	٧	٧	×	٧	٧	×	٧	٧	20
5.13	Seidel S et al. 2008	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	×	×	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	٧	٧	23
5.14	Tremont-Lukats IW et al. 2005	×	٧	٧	٧	v	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	25
5.15	White CM et al. 2004	×	٧	٧	٧	٧	٧	v	٧	٧	٧	٧	×	٧	٧	×	٧	v	v	٧	٧	٧	×	٧	٧	٧	٧	٧	23
5.16	Wiffen PJ et al. 2011	×	٧	٧	×	٧	٧	٧	٧	٧	٧	×	٧	٧	×	×	×	×	٧	٧	٧	٧	×	٧	٧	٧	٧	٧	19
6	Painful HIV-associated s	ensory	y neuro	opathy																									
6.1	Phillips TJC et al. 2010	٧	٧	٧	×	×	×	٧	×	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	×	٧	٧	×	×	٧	×	٧	٧	18
7	Post herpetic Neuralgia																												
7.1	Alper BS & Lewis PR 2002	٧	٧	٧	×	×	٧	٧	٧	×	٧	×	٧	×	×	×	×	٧	٧	٧	٧	×	×	×	٧	٧	٧	٧	16
7.2	Hempenstall K et al. 2005	٧	٧	٧	×	×	٧	٧	×	٧	٧	×	٧	٧	٧	×	٧	٧	٧	×	٧	٧	×	٧	٧	×	٧	٧	19
7.3	Khaliq W et al. 2007	×	٧	٧	٧	٧	٧	v	٧	٧	٧	٧	×	٧	×	٧	٧	v	v	٧	٧	٧	٧	×	٧	٧	٧	٧	23
7.4	Volmink J et al. 1996	×	٧	٧	×	×	v	×	×	×	v	v	٧	v	v	×	×	×	v	v	v	v	×	v	v	v	v	v	17

8 Traumatic SCI & Central NeP

8.1	Denkers MR et al. 2002	٧	٧	٧	٧	×	٧	٧	×	٧	٧	٧	×	×	×	×	×	×	٧	×	٧	×	×	×	٧	v	٧	٧	15
9	Trigeminal Neuralgia																												
9.1	Chole R et al. 2007	٧	٧	٧	x	×	×	٧	٧	×	×	×	×	×	×	×	×	٧	٧	×	×	×	×	×	٧	×	٧	×	9
9.2	Liu H et al. 2010	٧	٧	٧	×	×	×	٧	٧	×	×	٧	×	×	×	×	×	×	٧	×	×	×	×	×	٧	×	٧	×	9
9.3	Lopez BC et al. 2004	٧	٧	٧	×	×	×	٧	×	×	٧	٧	٧	٧	×	×	×	٧	٧	٧	×	×	×	×	٧	×	٧	٧	14
9.4	Yang M et al. 2011	×	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	٧	×	٧	٧	٧	٧	×	×	٧	٧	٧	٧	23
9.5	Zakrzewska JJM &	v	v	v	v	v	v	v	v	v	./	v	v		v			×			v	v	×	×		,			21
9.5	Linskey ME 2008	×	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	×	v	v	v	x	×	x	v	×	v	٧	21

1. Title: Identify the report as a systematic review, meta-analysis, or both.

2. Structured summary: Provide a structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number.

3. Rationale: Describe the rationale for the review in the context of what is already known.

4. Objectives: Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).

5. Protocol and registration: Indicate if a review protocol exists, if and where it can be accessed (e.g., Web address), and, if available, provide registration information including registration number.

6. Eligibility criteria: Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.

7. Information sources: Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.

8. Search: Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.

9. Study selection: State the process for selecting studies (i.e., screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis).

10. Data collection process: Describe method of data extraction from reports (e.g., piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators.

11. Data items: List and define all variables for which data were sought (e.g., PICOS, funding sources) and any assumptions and simplifications made.

12. Risk of bias in individual studies: Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis.

13. Summary measures: State the principal summary measures (e.g., risk ratio, difference in means).

14. Synthesis of results: Describe the methods of handling data and combining results of studies, if done, including measures of consistency (e.g., I2) for each meta-analysis.

15. Risk of bias across studies: Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).

16. Additional analyses: Describe methods of additional analyses (e.g., sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified.

17. Study selection: Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.

18. Study characteristics: For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.

19. Risk of bias within studies: Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12).

20. Results of individual studies: For all outcomes considered (benefits or harms), present, for each study: (a) simple summary data for each intervention group (b) effect estimates and confidence intervals, ideally with a forest plot.

21. Synthesis of results: Present results of each meta-analysis done, including confidence intervals and measures of consistency.

22. Risk of bias across studies: Present results of any assessment of risk of bias across studies (see Item 15).

23. Additional analysis: Give results of additional analyses, if done (e.g., sensitivity or subgroup analyses, meta-regression [see Item 16]).

24. Summary of evidence: Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).

25. Limitations: Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).

26. Conclusions: Provide a general interpretation of the results in the context of other evidence, and implications for future research.

27. Funding: Describe sources of funding for the systematic review and other support (e.g., supply of data); role of funders for the systematic review.

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