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The Tourist Culture Nexus: Occurrence, Advantages, Sustainability

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3 Abstract

- 4 This article investigates the concept of tourist culture in three island cases. Fieldwork and qualitative depth interviews of key stakeholders are used to identify and describe. Tourist 5 6 culture is identified through artefacts and practises that are shown to be stimulated, 7 reinterpreted and created as a result of interactions between hosts and guests, both of whom are shown to have distinct cultures of their own. Tourist culture is thus described as a nexus 8 9 between. A range of benefits are identified. These may be associated with overall sustainability of tourism. Yet findings highlight that tourist culture evolution is affected by 10 stage and scale of tourism development and may therefore need careful management if it is to 11 12 be established and maintained. 13 Keywords 14 Tourist Culture; Sustainable Tourism; Involvement; Qualitative Research; Small Island 15
- 16 Tourism; Resident Attitudes

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18 **1.0 Introduction**

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The occurrence or not of tourist culture, how this can be defined, and what implications can be drawn from in relation to sustainability, are explored in this research article. Tourism is widely associated with cultural influence upon and fusion with local cultures (Smith, 2003). Tourist culture may be observed through the outputs and implications of this influence and fusion. This is something of an evolutionary process, which may be developed through decades of experience hosting tourists (Sindiga, 1996). It is affected by the culture and actions of visitors themselves (Wilson, 1997), their hosts (Smith, 2003), and influenced by
the unique requirements and processes of hosting tourism (Cooper, 1995; Butcher, 2003).

Development of tourist culture has been associated with many positive impacts, such 28 29 as resident involvement and adaptability (Butcher, 2003). This adaptability may underpin an ability to co-opt tourism development in a way that is favourable to a community's needs and 30 desires (Prasad, 1987). Hence positive impacts of tourism tend to be enhanced, and negatives 31 32 ameliorated, avoided or managed to be more tolerable. With such underlying conditions, more sustainable management of tourism may be more likely. Thus tourist culture may be 33 34 seen as contributing to sustainability and may henceforth it may be useful as a tool for its assessment. 35

Measurements evaluating the relative sustainability or otherwise of tourism 36 37 developments have tended to focus on an economic or an ecological perspective. For instance, there is common use in the literature of ecological carrying capacities and reviews 38 of conservation measures (Buckley, 2002; Twining-Ward and Butler, 2002; Sharpley, 2003). 39 40 Yet the social and cultural perspective of sustainability tends to be less extensively explored (Kontogeorgopoulos, 2005; Tao and Wall, 2009). Furthermore, tourist culture is itself a 41 42 seriously overlooked concept within the literature. Where it is described, this is usually from the perspective of tourists and the temporary cultures they may enter into (Jafari, 1987) or 43 44 create (Sorensen, 2003) whilst on holiday. The role of and interactions with hosts and their 45 cultures is less well observed.

What contributes to and constitutes tourist culture and the potential contribution of
tourist culture to sustainability, is something which merits further investigation therefore.
Small islands may be an ideal location for investigating cultural dynamics thanks to their
distinctive indigenous identity, and in light of heightened sustainability challenges faced.
This paper explores tourist culture in the context of three small islands at varied stages of

tourism development. Such a process is of interest to tourism theorists and practitioners in
general, and to those involved in implementing and measuring sustainable development
particularly.

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55 2.0 Literature Review

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2.1 Tourist Culture Nexus

Tourist culture may best be seen as a nexus between host culture and guest culture (see 58 59 Figure 1). On the one hand host culture is that which is indigenous to a locale: its particular arts and crafts, language, traditional roles, festivals, and ways of doing things (Tsartas, 1992; 60 Simpson, 1993; Tapper, 2001; Smith, 2003). In the case of small islands, these often host 61 62 unusually rich and distinctive cultures due to their relative isolation. This must be adapted to creatively and often disjoints from wider socio-economic changes felt in mainland areas 63 64 (Boissevain, 1979; Wilkinson, 1987; Keane, 1992; Berry, 2009). Island culture is informed by particular geographic size and setting, and wider historical, social, economic, and political 65 context. Hence small islands are far from homogenous (Milne, 1992), and even proximate 66 67 neighbours in archipelagos tend to be characterised by a strong and unique local identity (Boissevain, 1979). Language richness is noted for instance. Indigenous languages may 68 persist on small islands when extinct elsewhere, whilst unique dialects may have evolved 69 70 individually in isolation (Peron, 2004; Sallabank, 2006; Royle, 2008).

On the other hand is guest culture. This may be influenced by the originating cultures of guests, who act on holiday in ways influenced by their cultural background (Wilson, 1997; Carr, 2002; Yuksel, 2004), or perhaps in reaction against this (Hughes, 2002). Particular temporary tourist culture exists also for those on holiday. This is typically less restrained and more hedonic (Carr, 2002; Kim and McKerchner, 2011). Tourists are frequently informed by common bonds of exploration, escapism, and hedonism expressed through certain typical pursuits and behaviours (Fodness, 1994; Urry, 2002). More than this, interactions between
tourists may create unique if temporary cultures with identifiable social structures, norms and
values, such as that amongst backpackers (Sorensen, 2003).

80 It is the interplay between these two cultures which could be seen as the creation, negotiation and overall evolution of a tourist culture informed by both. The melange of host 81 and guest cultures is typified as an evolutionary process that takes place over time (Smith, 82 83 1989; Butcher, 2003). It has been suggested that destinations with long histories of hosting visitors may develop a tourist culture whereby tourism becomes a part of everyday life 84 85 (Sindiga, 1996). Host cultures may evolve alongside and adapt to the presence of guest cultures, co-opting many aspects into local tradition, practise, and identity. An example of 86 such a complex dialogue is Maltese handicrafts, with some products and styles originally 87 88 intended for external audiences being appropriated into local culture (Markwick, 2001). 89 Tourists themselves can contribute creatively to cultures; spontaneously establishing attractions for instance (Lovelock, 2004). Hence tourist culture may represent previous 90 91 concepts of culture as social structures of unification and subsumption (Sorensen, 2003). Tourist destinations tend furthermore, to have a specific economic, social and 92 environmental make up. This is shaped by input from new economic and social migrants 93 attracted by tourism, who will inevitably influence the local economic, social, and 94 95 environmental landscape (Damer, 2000). Demand for certain infrastructure, facilities, 96 services, attractions and forms of cultural presentation also influence (Tsartas, 1992; Royle, 2003). Mundet and Coenders (2010) discuss social consequences of tourist footpath use 97 amongst local residents for example. Meanwhile, Smith (2003) describes local residents 98 99 taking part in cultural events for the creation and recreation of cultural meanings invested within. And Canavan (2013a) describes presence of foreign visitors fostering micro-domestic 100 tourism, whereby small island residents undertake touristic activities within island. 101

102 Likewise cycles of seasonality linked with tourism may alter local socio-cultural landscapes. For example, migrant labour, adjusted familial routines, and altered traditional 103 calendars may characterise as individuals try to exploit the peak season (Buhalis, 1999; 104 105 Andriotis, 2005). The presence of tourists moreover, causes a society to adjust routines in order to accommodate them, take on elements of presentation of itself for visitor 106 consumption, and to analyse itself through appreciation of what incomers report back 107 (Simpson, 1993; Tapper, 2001; Smith, 2003; Pennington-Grey et al., 2005). Hence social 108 roles, events and routines all evolve with tourism development over time, as do local 109 110 facilities, infrastructure, and natural and cultural landscapes (Cooper, 1995; Buhalis, 1999; Hampton and Christensen, 2007). 111 As a consequence, many tourist destinations have a unique cultural flavour of their 112 113 own. Tourist destinations have been described as more entrepreneurial (Chaperon and 114 Bramwell, 2013). Similarly they have been characterised as more liberal. The nature of tourist hosting, involving social interactions and cultural exchanges, means destinations may 115 be particularly multicultural, culturally experienced and sophisticated, and by association 116 open-minded and tolerant (Wilson, 1997; Brown, 1998; Hampton, 1998; Tapper, 2001; 117 Shunnaq et al., 2008). To illustrate, minorities and disenfranchised groups are likely to be 118 involved in tourism due to the nature of industry employment, its support for small scale 119 120 entrepreneurship, and demand for diverse cultural inputs. Vulnerable groups meanwhile, such 121 as homosexuals, may be able to use tourism to promote their identity and culture, thus gaining wider recognition, public acceptance, political support, and human rights protection 122 (Hughes, 2002; Smith, 2003). 123 124

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2.2 Tourist Culture and Sustainability

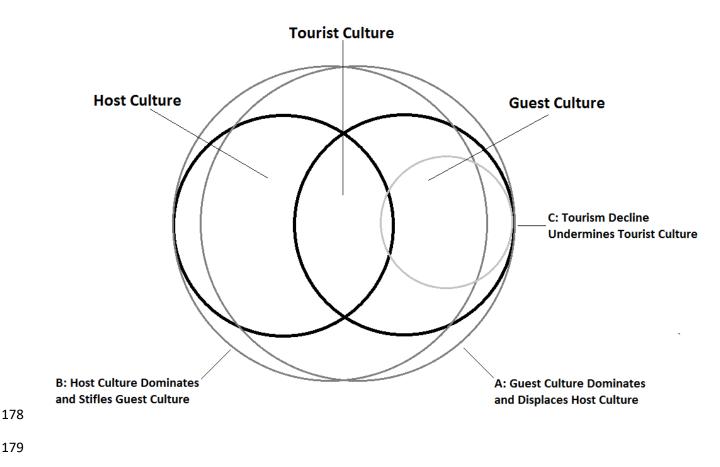
Thus the evolution of tourist culture could be regarded as a mutually rewarding process for both host and guest, and symptomatic of more sustainable tourism development. Rothman (1978) proposes that communities with long experience of tourism are able to develop mechanisms to accommodate inconveniences. Similarly, Smith (1989: 16) outlines: "If a group can survive the transition from incipient to full blown mass tourism, then it may ultimately achieve what is termed 'tourist culture', or a process of full accommodation so that tourists are part of the 'regional scenery'".

135 In this situation residents are more involved with the industry, more able to appreciate its benefits, feel a sense of ownership over, promoting entrepreneurship, and contributing to 136 positive host-visitor interactions (Sindiga, 1996). Involvement with the tourist industry, 137 138 known as significant to fostering positive, deeper, and more meaningful host-guest relationships (Go and Govers, 2000; Spencer and Nsiah, 2012), is likewise linked to cultural 139 resilience and adaptability. These have been associated with flexibility, self-sufficiency, 140 innovation, entrepreneurship, and utilising community resources imaginatively. Such 141 attributes may help to control, exploit and shape tourism developments for the better 142 (Briassoulis, 1979; Campling and Rosalie, 2006; Chaperon and Bramwell, 2013). As such, 143 tourism research repeatedly highlights the importance of resident involvement to 144 sustainability of development (Allen et al., 1988; Ioannides, 1995; Theuma, 2004; Andriotis, 145 146 2005; Kontogeorgopoulos, 2005; Graci, 2012; Reimer and Walter, 2013). Ideally this evolution would be a balanced situation, with both host and guest cultures 147 able to inform, exchange, and negotiate in a way acceptable and enhancing to both. The 148 149 unique cultural and natural landscapes of small islands may make of potential interest to visitors. The tourism industry may be a source of benefits particularly relevant in light of 150 151 challenges to inhabit, what are typically isolated locations with restricted economic and social 152 landscapes (see Ayres, 2000; Buckley, 2002; Andriotis, 2005; McElroy, 2006). However, as is widely appreciated from the literature that tourist hosting can be a destructive process. 153 Alongside diverse benefits, many negative impacts can be caused or worsened by tourism 154 development in the fragile and confined spaces of small islands (i.e. Andriotis and Vaughan, 155 2003; Briassoulis, 2004; Theuma, 2004). Cultural homogenisation, displacement of 156 indigenous peoples, inflation, increased inter and intra group tensions, breakdown of 157 traditions, invasions of privacy and destruction of mutually evolved cultural and natural 158 landscapes are commonly recorded (Simpson, 1993; Wheeler, 1993; Royle, 2003; Smith, 159 160 2003; Briassoulis, 2004; Sanchez and Adams, 2008). Rather than evolution of a mutually enriched culture, such situations symbolise the destruction of cultural diversity, with 161 ultimately unsustainable consequences for hosts and guests. 162

163 The process of tourist culture evolution may therefore be seen as a sustainability indicator. Yet it might also be highly uncertain. As suggested by Butcher (2003), taking 164 inspiration from Butler's (1980) ubiquitous TALC model of destination evolution, stage and 165 scale of tourism development may affect levels of tourist culture (see Figure 2). There may 166 for example be situations where an overly dominant host culture could be unreceptive to 167 change, and thus remain unwelcoming to tourists and perhaps stifling to many residents (i.e. 168 Damer, 2000). Alternately, an overly dominant guest culture could overwhelm and subsume 169 170 that which is indigenous to a locale, threatening cultural degradation, homogenisation, and 171 displacement (i.e. Tsartas, 1992; Briassoulis, 2004). Lastly, it could be seen that a decline in tourism, might see the loss of tourist culture. This process might serve to disrupt, and 172 potentially ultimately destroy, that which has uniquely evolved (i.e. Hampton and 173 174 Christensen, 2007).

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Figure 1: Host-Guest-Tourist Culture Nexus 177



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3.0 Methodology 180

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This article is based upon extensive fieldwork in three small island case studies. Cases were 182 repeat visited between June 2010 and September 2012. In the Isle of Man fieldwork was 183 considerably enriched by periods of semi-residence on the island during, before and after this 184 185 period. Amongst the limitations of this study is the significant variation in time spent on individual islands. However, whilst it is accepted that this approach will have limitations in 186 187 terms of its representativeness, for exploratory research in an under-researched topic, such an 188 approach remains valid, and pragmatic advantages were felt to outweigh (as per Casey, 2009). 189

Cases were selected for pragmatic considerations, such as accessibility and language 190 191 barriers (the author(s) being able to speak English and French). Also for methodological

considerations, such as significant populations to sample from. And lastly for theoretical 192 considerations, including sizeable permanent populations from which it may be assumed an 193 indigenous culture may emerge. All of the islands also host significant tourism industries. 194 This was important in order to explore the interactions with and impacts of guest culture on 195 host culture. At the same time, different stages of tourism development were sought in order 196 to investigate how this could affect tourist culture. It was broadly assumed that those islands 197 198 with longer experiences of hosting tourism, would have more established tourist cultures (Sindiga, 1996). Likewise those islands where tourism is larger in scale and hence more 199 200 pervasive (Butcher, 2003).

Fieldwork involved field trips to tourist attractions, attending events, participant observation of and with island tourists, reviews of government statistical data, local news and media, and local literature. These were used to immerse within local culture and to build a broad understanding of local tourism and the surrounding context. This process fostered an immersion in the case studies important to both data collection, building rapport with interviewees (McGivern, 2006), and data analysis, helping to understand, interpret and contextualise results (Connell, 2005).

208 Subsequently, depth qualitative interviews were conducted with tourism stakeholders. The aim here was to recruit a wide sample of tourism stakeholders. Purposive sampling was 209 used therefore to access a range of tourism planners, managers, employees, local politicians 210 211 and special interest groups members (as with Adu-Ampong, 2014). Organisations such as government departments, conservation charities, hotels and attractions, were contacted in 212 order to request interviews with representatives. Additionally, island residents who 213 214 experience more general contact with tourists through geographic proximity, were targeted (as with Aas et al, 2005). Snowball sampling occurred to an extent due to the nature of 215 building contacts within small island tourism networks. A total of 46 interviews lasting for an 216

average of 30 minutes were conducted (25 Isle of Man, 11 Lewis & Harris, 10 Belle Ile).
These interviews were live recorded and then transcribed within 72 hours by the researcher.
Emergent patterns were categorised and analysed using NVIVO software and traditional
colour coding/copy and paste techniques.

Although all research is likely to conform to a preconceived worldview to at least some extent, tourist culture was not something originally intended for research. Rather, it arose as an interesting side issue, that having been provisionally identified was then pursued further. This supported researcher neutrality and openness, allowing results to arise organically from the cases, albeit the potential to go into specific detail on the issue or perception check with interviewees was thus lost.

Therefore, due to the exploratory nature of the project, limited past precedent, and 227 228 study origins, research was an inductive process based upon pragmatic use of principles of 229 social constructivism to explain how data is created (see Eisenhardt and Graebner, 2007). A constructivist approach to grounded theory was used to interpret data and build conclusions 230 (see Mills et al, 2006, Thornberg, 2012). The technique, allowing for a back and forth 231 approach to data construction, and emergence of concepts through data analysis, rather than a 232 testing of preconceived hypothesis (as per Glaser, 1992; Thornberg, 2012), was felt to be 233 valuable in this research context. 234

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3.1 The Case Studies

Lewis & Harris is the largest and most northerly island in the Outer Hebrides archipelago
located off the coast of northwest Scotland, British Isles. The island, historically though not
geographically divided between Lewis to the north and Harris to the south, is characterised
by dramatic and largely inaccessible landscapes. Mountains dominate the south, becoming
expanses of peat moorland further north. There are numerous sea lochs, lakes, and tarns

242 throughout the island. Expansive sandy beaches dot the often challenging to access coastline. It is not hyperbole to describe the islands as feeling at times like a moonscape. Rare flora and 243 244 fauna present include golden and sea eagles. Population is concentrated in the port of Stornoway, the economic, commercial and administrative hub. Located throughout the island 245 are small townships usually following a distinctive pattern of ribbon development alongside 246 the islands' few roads. Economically the Outer Hebrides lag behind other Scottish islands and 247 248 regions. The public sector in 2001 accounted for nearly 32% of jobs and GDP per head is 66% of the UK average (http://www.cne-siar.gov.uk). Sign of generous external subsidy is 249 250 apparent to visitors in terms of the extensive and modern civic facilities. Evidence of economic migration is present in the many empty properties throughout the island. Tourism is 251 a focus for development. Sites are well signposted and presented, with a range of modernised 252 253 facilities and tourist enterprises, albeit the isolation and limited infrastructure of the island curtail. 254

Belle Ile is the largest and most populous of the French Atlantic islands, situated off 255 the southern coast of the Breton peninsular. The economy is dominated by tourism, with 256 some 23,000 guest bed spaces, and around 450,000 visitors per annum. Upwards of two 257 258 thirds of employment is tourism related. The industry, primarily serving domestic French tourists, is very seasonal (insee.fr). Large crowds, busy atmosphere, and variety of tourist 259 enterprises, infrastructure, and services, characterise the island during summer. Arriving 260 261 ferries queue up to debark and collect passengers. The roads are busy with competing car hire niches: Renault Twizzys, electric buggys, Segways, scooters, and Citroen Meharis. The 262 atmosphere is almost one of a floating theme park. Tourism infrastructure centres on the 263 264 largest town and port, La Palais. This is the location of the Vauban Citadel, the island's main attraction besides its mild climate and attractive coastal scenery. Belle Ile has a long history 265 of hosting tourists, with artists such as Claude Monet and Paul Gauguin helping to popularise 266

the island during the late 1800's. A somewhat exclusive image has been retained. Yachts and
villas for the Parisian bourgeoisie are prominent. At the same time, camping, holiday
villages, and many 'ordinary' day trippers, are prevalent.

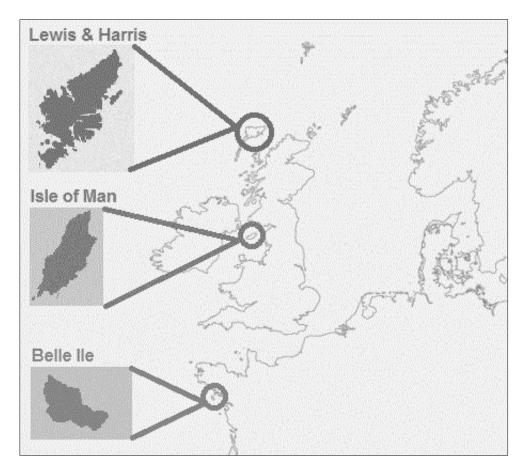
270 The Isle of Man is a self-governing crown dependency, with the locally elected Tynwald parliament (reputed to be the world's oldest in continuous operation), having power 271 to pass legislation which affects the island. A unique culture shaped by Celtic, Norse, and 272 273 English influences, reflects the island's geographic position located in the centre of the Irish Sea. The island is characterised by a diversity of natural habitats, from high moorland, to 274 275 wooded glens, coastal heath, cliffs and dunes. From the 1890's to the 1960's the Isle of Man was a major British tourism destination thanks to its distinctive cultural identity, rich natural 276 landscape diversity, range of historic sites, and sense of otherness supported by a marine 277 278 access barrier. Vestiges of this past remain in the impressive promenades of the capital, 279 Douglas, still functioning steam and electric tram railways, and the once tended pleasure gardens now largely run wild. Since then however, visitor numbers have fallen to around one 280 281 third of past levels, with tourism today creating around 5% of GDP and 14% of jobs (Isle of Man Digest 2010). As elsewhere in Northern Europe, cheaper and more exotic foreign 282 competition has superseded (Walton, 2000). Nevertheless, the annual TT motorbike festival 283 remains a large scale tourist event attracting upwards of 40,000 visitors. 284

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292 Figure 2: Case Studies Geographic Location

294 Table 1: Case Studies Key Data

Case Study	Lewis & Harris	Belle Ile	Isle of Man
Population*	20,000	5,000	80,000
Geographic size (km ²)	2187	84	520
Visitor Numbers*	150,000	450,000	287,000
Employment at least	31%	48.5%	28%
somewhat dependent			
on tourism (%)			
TALC Stage	Expansion	Maturity	Late Decline
Primary Industry*	Public Sector	Tourism	Finance

²⁹⁶ * Peron, 2004; insee.fr; Isle of Man Digest, 2010; cne-siar.gov.uk

301 **4.0 Research Findings**

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This section reviews the findings of research. Briefly speaking, tourist culture was identified in each case. This involved observations and interviewee descriptions that could be seen to exemplify. These could be related back to the existing literature. Tourist culture was found to have a number of impacts. Findings did suggest tourist culture may be influenced by tourism industry scale or development stage. Implications for measuring and managing tourism sustainability emerge, and are related to the relevant sustainable tourism literature.

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310 **4.1 Host Culture**

Fieldwork demonstrated the three islands maintained strong and distinct local identities. This 311 312 was despite considerable pressure from economic developments, including tourism, and influence of large proximate neighbours. Opportunities to attend produce shows on the Isle of 313 Man for example, gave insight into the strong farming traditions of the island. Interviewees 314 provided rich descriptions of local ways of doing things, vernacular, superstitions, and points 315 of proud difference with elsewhere. For instance, a refusal amongst Isle of Man inhabitants to 316 say the word 'rat' lest it brings bad luck, stemming from old sailing tradition. Persistence of 317 religious observation on Lewis & Harris that would seem rather old-fashioned elsewhere in 318 319 the UK. Or particular foods unique to Belle Ile.

Such distinctions may be subtle, but they recognisably stemmed from unique local
history, geography, and peculiarities of life in isolated small islands. Participants across the
islands also discussed the variety of cultural events and entertainment opportunities available. *"There is always something to do. Choir, Ramsey Town Band, always a concert, the Guild, art… I could go out every night" (J. Conservationist, Isle of Man).*

325 Nevertheless, limitations and restrictions of local culture were voiced in each case. The islands were viewed by some or at times, as isolated, homogenous, restrictive or boring 326 places to live. This was particularly the case amongst younger residents concerned about a 327 328 lack of economic opportunity or social variety. "There is nothing for young people to keep them here" (H. Employee, Lewis & Harris). "Out of date views and too much religion" (Z. 329 Employee, Lewis & Harris). "There is nothing to do" (A, Employee, Belle Ile). Fear of gossip 330 leading to self-censorship, such as of sexuality, was also described. "You can't do anything. 331 *Everyone know(s) your business" (S. Resident, Isle of Man). "It isn't very easy to be (gay)* 332 333 here... I just don't want to be talked about, labelled, to be labelled that way... if my boyfriend comes I am careful not to do anything with him in public" (X. Resident, Isle of Man). 334 335 **4.2 Guest Culture** 336 Hence research found host culture exists in three small islands, for better and for worse. This 337 existence is both alongside and informed by wider surrounding cultures which interact with. 338 One particularly interactive culture is that of guests. 339 Guest culture could be identified in those facilities, attractions and landscapes 340 especially popular with visitors. These become obviously geared towards their service. Here 341 the usual trappings of a visitor economy are evident and shape the atmosphere of 342 surroundings. Other areas, such as industrial zones, are little touched by tourism. In general 343 344 the demeanour, activities, outlook, even dress of tourists distinguishes them from local residents. As such they can be easily observed. 345 Guest culture is orientated towards specific interests, such as surfing, or more 346 generally, leisure. Often these interests are not shared with island residents. Hence cultural 347 differences can be a source of novelty and amusement for residents observing. "They make 348 me laugh" (T. Manager, Lewis & Harris). They may also create minor frustrations at cultural 349

350 frictions, such as with tourists slow pace getting in the way. "Bloody tourists blocking up the mountain road. Stick to the coast road if you are sightseeing!" (S. Resident, Isle of Man). 351

Guests additionally bring their national cultures with them. Although tourism in the 352 three cases is primarily domestic, hence cultural differences between hosts and guests 353 relatively reduced, inhabitants in each case can and do distinguish. As islanders' identity is 354 viewed as distinct from proximate neighbours, all tourists are 'foreign'. Albeit, noted in each 355 case was additional enthusiasm for tourists from further afield, seen by participants as 356 bringing a heightened sense of cultural variety and excitement. "It's really exciting when the 357 358 Germans come (J. Conservationist, Isle of Man)"

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4.3 Tourist Culture

361 Research suggested evidence of a tourist culture in the three islands studied. This was based upon host cultures and stimulated by the involvement of local inhabitants in tourism and the 362 inputs of guest culture. Two Isle of Man participants involved with Celtic culture for 363 example, appreciated the linkages made through tourism with other musicians and 364 performers. These connections led to ideas and travel exchanges, which in turn stimulated 365 revivals and reinterpretations of tradition. 366

Resident involvement appeared to suggest an element of social exchange, ideas 367 stimulation, cultural sharing and other outputs between island residents and tourists. It was 368 369 this which facilitated the evolution of tourist culture. High levels of resident involvement with local tourism were found across the islands. There were diverse interactions with 370 tourists. This included formal employment in tourism and significant entrepreneurial activity 371 372 associated with the sector, such as supplementary seasonal employment, informal retail, or letting out spare bedrooms. Through this island residents and tourists come into close contact. 373 The social aspect of tourism employment was noted. Talked about were business partnerships 374

formed with, and ideas stimulated as a result of interacting with, tourists. *"Everyone was coming in and asking 'where can I get an ice-cream' and there wasn't. So I thought why not I*do it like? That's where the idea came from in the first place" (E. Manager, Lewis & Harris).

378 General sharing of atmosphere and public spaces was apparent. Much discussed during interviews was appreciation of the atmosphere brought by tourists, with contrasts 379 frequently drawn between high and low seasons. The former tended to be seen as 380 accompanied by greater excitement, entertainment diversity and social opportunities. "I like 381 the visitors. They give the place a bit of spark. I'm always so sorry when they leave." (C. 382 383 Manager, Isle of Man). The latter was often described as quiet and at times lonely or boring. "In the winter it can get very lonely" (B. Resident, Belle Ile). "They (visiting motor-bikers) 384 are such nice people... really quiet, gentle. I'm always sorry the day after they've gone" (J. 385 386 Conservationist, Isle of Man).

More personal exchanges with tourists were also commonly discussed. Participants 387 spoke of forming friendships, business partnerships and even marriages with tourists, 388 emphasising the occurrence of deep social exchanges between residents and visitors. "My 389 wife did it for the social side really... she was one for getting to know people... found them 390 fascinating. They really were interesting people from all over the world" (V. Manager, Isle of 391 Man). Tourism was additionally linked to sexual relationships by young residents in each 392 case. This was as a result of both increased social opportunities and the added anonymity 393 394 presence of unknown people brought. "There were two of them (tourists) in the pub... Took him home with me (laughs). The next night went back and got his friend!" (R. Resident, Isle 395 of Man). Sexual contact was clearly exciting. It could also be liberating. Two participants 396 397 talked about the difficulties of expressing homosexuality in a close knit and often socially conservative community. 398

399 Inhabitants were additionally found to act as tourists within their own islands. In all cases inhabitants discussed using tourist orientated facilities for their own enjoyment. 400 Widespread description was of touristic trips and activity, such as visiting attractions, going 401 402 to the beach, picnics in the countryside, camping, romantic breaks and family distractions. Such activity was described as being stimulated and enhanced by the presence of overseas 403 visitors. These provided atmosphere, creating the touristic conditions that made a day out 404 405 'holiday like'. "The Sound is really nice... I like that there are always a lot of people there enjoying the setting... It (the island) can get lonely; it's nice to share it with people" (J. 406 407 *Conservationist, Isle of Man*). Inspiration for domestic tourism also came from the presence of visitors. Guest culture in the three islands was orientated towards enjoyment and 408 exploration of local landscapes. This was for many residents a reminder not to take local 409 410 landscapes for granted. "I think that if you live and work here then maybe you, you stop 411 looking at your surroundings if you know what I mean. You start to see it the same way and you don't get out there and enjoy it" M, Employee, Isle of Man. 412

Hence tourist culture was associated with providing entertainment opportunities. It 413 was also linked to the appreciation of cultural and natural landscapes and participation in 414 415 activities therein. Benefits of this included a stimulated sense of nostalgia or civic pride amongst inhabitants reminded of the value of their locale. "It really reminds you that where 416 417 you live is somewhere beautiful, worth visiting" (KA. Resident, Isle of Man). Moreover, an 418 associated spreading of conservation ethos was described by special interest group members. These spoke about the awareness generated by tourists, of the quality and importance of local 419 environments. "Yeah and also awareness, that's also the key. If people don't know there is 420 anything there to look after then why the hell would they look after it?" (K. Conservationist, 421 Isle of Man). Mutual learning and motivation arising through host guest interactions could be 422 harnessed to meet special interest group agendas. 423

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4.4 Industry Stage and Scale and Tourist Culture

A number of differences in the significance or ease of observation of tourist culture were 425 426 noted between cases. To illustrate, on the Isle of Man tourist culture was perhaps most 427 identifiable. Here participants gave detailed descriptions of domestic tourism activity, hostguest relationships and cultural exchanges. Many examples of culture stimulated and 428 enhanced by guest inputs were related and observed. "I think most 'Manx' culture is actually 429 thanks to outsiders and the enthusiasm and input they bring... We are lucky to have them to 430 draw upon" (V. Manager, Isle of Man). Yet here concern for continuing tourism decline was 431 432 widespread. This was felt to undermine the benefits brought by tourism. "It isn't like it was. There were so many facilities, so much atmosphere, always things going on. If you could 433 have seen it. It was wonderful" (B. Resident, Isle of Man). The potential for tourism decline 434 435 to undermine tourist culture was highlighted.

436 On Belle Ile, where tourism dominates the local economy; guest culture appeared to be somewhat overwhelming host culture, suggesting that overly large scale tourism can have 437 438 a damaging effect. Several interviewees dismissed cultural events, festivals, arts and crafts available on the island, as pastiche, imports, and purely for the entertainment of visitors. 439 440 Discussion was additionally of feeling overwhelmed at times by the volume of tourists. This crowding could make day to day life difficult. "It is so busy ... (in the summer) you cannot see 441 the beach for bodies" (B. Resident, Belle Ile). Invasions of privacy were recounted. One 442 443 resident explained they could feel like a zookeeper shepherding and guiding tourists. Another of being rendered part of the scenery. Several comments were regards elitist or rude visitors 444 who contributed little to local community. "Some of them (tourists) are very rude... they think 445 446 you are here to do everything for them" (D. Tourism Employee, Belle Ile). There was evidence that host culture had retreated to an extent, in order to shelter from this. Coping 447 strategies were ways islanders avoided some of the adverse impacts of tourism. Several Belle 448

Ile participants discussed altering their routines to account for inconveniences such as
crowding. "It is difficult sometimes. If you just want to go shopping there are so many
people.... you adjust your routine... go out earlier and later when they (tourists) have gone"
(B. Employee, Belle Ile).

On Lewis & Harris meanwhile, lesser experience of tourism may have limited the
evolution of a tourist culture. Residents discussed feelings of ambivalence towards
development rooted in concern for the cultural changes this might bring. Others expressed
frustration at such perspective, desired greater change, faster, viewed current lifestyles as
unsustainable, and hoped for tourism directed change. *"I think some very local people think it is all going to change and that we'll overnight be like Ibiza or whatever" (T, Lewis & Harris)*. Local craft produce had undoubtedly been stimulated by tourist interest however.

460 Interviewees discussed the income and awareness generated for traditional products and

461 industries, encouraging a new generation of entrepreneurs and artisans.

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463 5.0 Discussion

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465 Research identified existence of tourist culture in three small islands of northwest Europe.

466 This was observed through the traditions, events and crafts, at least part revived, reinterpreted

467 or created through the interactions of host and guest cultures.

Distinct host and guest cultures were observed. Fieldwork encountered tourists
bringing their particular interests, leisure outlook and national backgrounds with them on
holiday. Similarly experienced were the unique and varied indigenous cultures of three small
northwest European islands. Gaelic, Norse and Saxon influences on the three islands were
persistent, emphasising the resilience of host cultures.

473 These two cultures are found to be in close contact. From shared public spaces, through employment based interactions to deep personal contact including friendships, 474 475 business and romantic partnerships, hosts and guests were closely intertwined. Such interactions encapsulate the potential for mutually rewarding outputs. Resulting stimulation 476 of ideas and creativity had implications for the diversification of economic and environmental 477 landscapes. Meanwhile, social landscapes were enriched through the increased social space 478 479 and opportunities brought. Occasional friction between was recorded as has been elsewhere (see Kim and McKercher, 2011), but only minimally. This perhaps reflects the general 480 481 cultural proximity of hosts and guests in the islands studied (although this is no guarantor of harmony (see Wilson, 1997)). It may also result from the mostly successful establishment of 482 tourist culture in the cases, and the cultural accommodation, adaptability, inclusivity and 483 484 lubrication this facilitates.

To illustrate, close contact between hosts and guests was found to have various 485 outputs. Mutual influence and exchange arises. Drawing upon indigenous culture, tourist 486 487 culture is shaped by the presence and input of visitors. Pennington-Gray et al. (2005) suggest it is evident cultures are not static, but susceptible to change, and diverse encounters and 488 interactions between hosts and guests will cause this. Likewise, Brown (1998) concludes host 489 communities and ecosystems are not static, but rather affected by and capable of change over 490 time. Simpson (1993) highlights tourism can be generative in that it leads to the creation and 491 492 recreation of new meanings for cultural objects and practises. Similarly Matheison and Wall (1992) consider the many examples of cultural art forms renaissance or deterioration because 493 of tourism. Such processes were noted in the cases investigated. Events such as the Isle of 494 495 Man TT are clearly the result of long processes of host and guest inputs. In this case the original impetus and ongoing tourist demand for the races, is matched by enthusiasm amongst 496 many residents for participating, and the use of motorbike related symbols throughout local 497

498 expressions of Manx identity. Illustrated was the co-opting and co-creation of cultural outputs
499 (Marwick, 2001; Smith, 2003; Lovelock, 2014).

500 Furthermore, the interest of tourists in natural and cultural landscapes appears to lead to reappraisals of these by local inhabitants. They may then develop business ideas, hence 501 fostering entrepreneurial activity, or promote the spread of a conservation ethos (see 502 Mathieson and Wall, 1992; Ayres, 2000; Smith, 2003). Others might build like-minded social 503 504 networks with resulting exchanges of contacts and ideas, shown to lead to stakeholders involved with arts and crafts incorporating new ideas and findings new outlets for their 505 506 expression (see Simpson, 1993; Tapper, 2001). Lastly, many residents are encouraged by the presence of tourists to partake themselves in exploring natural and cultural landscapes. Re-507 evaluations of these and added atmosphere contributed, together support local domestic 508 509 tourism (as per Canavan, 2014).

510 In line with past literature, tourist culture could therefore be seen to bring a number of apparent benefits to small island communities. Liberalisation benefits could be identified. 511 Increased opportunities for making like-minded friends, pursuing interests, or sexual 512 expression, were all discussed by interviewees. Previous authors have noted the advantages 513 of multiculturalism, pluralism and challenging patriarchy in peripheral locations (Brown, 514 1998; Smith, 2003; Hall and Boyd, 2005). Many residents in these cases expressed their 515 appreciation of the cultural and ideas exchanges brought by guests, as they did frustrations at 516 517 aspects of closed, narrow, and perhaps overly restrictive traditional cultures.

518 Creativity benefits were noted. Tourism appeared to support and stimulate cultural 519 practises. Festivals, souvenirs, small scale manufacture, food products, and the like, rooted in 520 traditional cultures and responding to tourist input, were found in all of the islands (as per 521 Mathieson and Wall, 1992, Simpson, 1993, Marwick, 2001). The reappraisals stimulated by 522 exchanges between hosts and guests moreover contributed to the goals of special interest

523 groups. A spread of conservation ethos and good practise was noted by interested524 stakeholders for instance.

525 Research also illustrated pragmatic benefits whereby residents took advantage of the 526 events, festivals, traditions, crafts and souvenirs that emerge through host and guest interactions, for their own enjoyment. Domestic tourism was shown to be stimulated and 527 enhanced by presence of foreign guests. Economic opportunities were also exploited. On the 528 529 Isle of Man for instance, a number of participants provided rooms during the TT period to make extra income, and sometimes for the social aspect of doing so. Interested stakeholders 530 531 in all islands meanwhile, used tourism for goals such as promoting conservation agendas. Tourist culture could henceforth be seen as a liberalising influence, source of 532 entertainment, exchange, creativity, and landscape diversity. It may also be a source of 533 534 landscape reappraisal. Taking from the literature, a vibrant tourist culture suggests a shared, mutually evolved, mutually tolerant culture, based upon rather than exploiting the indigenous 535 culture of a locale, and subsequently incorporating the experience and expertise of outsiders 536 537 (see Smith, 1989; Simpson, 1993; Sindiga, 1996; Wilson, 1997; Butcher, 2003; Smith, 2003; Tao and Wall, 2009). It indicates a degree of intimacy between hosts and guests, potentially 538 contributing to more harmonious relationships amongst. This is not the hostile environment 539 between hosts and guests, with the former resentful of the disruptive presence of the latter 540 (Van Ginkel, 1995; Van der Duim and Lengkeek, 2004; Sanchez and Adams, 2008). Nor is it 541 542 the exclusive enclave tourism, criticised for the latter interacting little with and contributing little to local culture (Cohen and Neal, 2012), or the voyeuristic forms of tourism, such as 543 favela gazing, which are similarly one rather than two way (Frisch, 2012). Rather, tourist 544 545 culture appears to emerge from tourism which is well integrated, where local inhabitants are involved, and where positive impacts of the sector are well developed. As such, it may be 546

547 symptomatic of tourism which is particularly sustainable. Likewise it may indicate548 communities which are engaged, vibrant and henceforth long-term habitable.

Yet differences in the extent of tourist culture were noted across the three islands 549 reviewed. Such findings were largely as expected, in light of the notions of time and balance 550 being important to tourist culture evolution (Smith, 1989; Cooper, 1995; Sindiga, 1996). 551 Briefly speaking, tourist culture was less well developed in Lewis & Harris. Here the benefits 552 553 brought by tourist culture were less established. Frustrations, such as with a sometimes overly traditional culture, were more commonly expressed and several participants hoped that 554 555 greater tourism in future would bring change, such as relaxation of religious observance, and thus make the island a more attractive place to live. 556

Fieldwork in Belle Ile revealed indigenous culture had been somewhat displaced by 557 558 the presence of tourism. Sheer visitor numbers can crowd out and make hard to observe host culture. As discussed in the literature, hosting tourists can be culturally destructive as well as 559 generative. To illustrate, the physical pressure of tourist crowding causes social change, 560 congestion, resource damage, acts as a physical burden on everyday life, and subsumes 561 integrity and traditions of the local culture (Smith, 1989; Briassoulis, 2004; Rodriguez et al, 562 2008; Royle, 2008). Guest rather than tourist culture may predominate as a result. Events and 563 crafts available locally might be pastiche rather than mutually negotiated, evolved and used 564 for instance. 565

In the Isle of Man meanwhile, tourist culture was much evidenced in the island's cultural scene. From architecture, through to public facilities, to events, and art forms, the influences and outcomes of hosting tourism are pervasive. Local inhabitants participate in, shape and benefit from this presence. Yet common fears were shared for the decline in tourism placing under threat. Ongoing loss of facilities and an increased sense of isolation was much discussed during interviews.

Henceforth, findings illustrate the evolution of tourist culture may be uncertain and
fragile. Research highlights that tourist culture is something which can contribute to and
exemplify sustainable tourism. At the same time, it needs active and on-going monitoring and
management if it is to develop and be maintained.

576

577 Conclusion

578

579 The overall contribution of this research is to identify and describe tourist culture and 580 subsequently relate that phenomenon to sustainable tourism debate. Findings were of the 581 presence of host and guest cultures which interact and generate new cultural artefacts and 582 practises as a result. Present in each case was tourism stimulated cultural expressions, such as 583 crafts, festivals, storytelling and dancing. Research thus supports a host-guest nexus 584 perspective of tourist culture.

Research also highlights associations between presence of tourist culture and 585 sustainability of tourism. Findings were that tourism diversified island landscapes and made 586 the islands more viable and attractive places to inhabit. The presence of tourist culture in a 587 locale would appear to be symptomatic of more mutually rewarding forms of development. 588 Tourist culture may be a sign of tourism that is well integrated into a locale, over longer time 589 periods and participated in by local inhabitants. It is rooted in and often celebrates local 590 591 indigenous culture, a process which may contribute to the continuation of these in the islands reviewed. Brought at the same time are sought after engagement, exchanges and ideas that 592 can stimulate revivals, new expressions, combinations and dissemination of that culture. 593 594 Nevertheless, the potential for limitations in tourist culture evolution were identified. Differences in tourist culture were noted relating to scale and stage of tourism development. 595

596 In the Isle of Man tourism decline threatens to undermine this uniquely evolved culture. In

597	Lewis & Harris the industry remains small scale and of limited impact. And in Belle Ile,
598	tourism has become so dominant it may threaten to destabilise the more nuanced and
599	mutually negotiated process of tourist culture evolution. This being the case, research calls
600	attention to the use of tourist culture as a sign of more sustainable forms of tourism
601	development, and also highlights the need for careful stewardship if that sustainability is to
602	be achieved and then maintained.
603	Although this study is qualitative and exploratory rather than quantitative and
604	generalizable, research may suggest a link between higher levels of tourist culture and
605	sustainability. The case is made therefore, for tourist culture as a potential point of reference
606	for sustainable tourism development. Further research, ideally in other geographical contexts
607	and with larger sample sizes, would be welcome to test this initial theory.
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