

Table 1. Attendee and therapist demographic characteristics; EMQ-p baseline, outcome, and change scores, and GAS Goal Scores of group attendees; and competence scores of therapists facilitating the intervention groups.

	n (%)	Mean	Std. Deviation	Minimum	Maximum
Attendees					
Gender					
Female	7 (29)				
Male	17 (71)				
Ethnicity					
White	23 (96)				
Black (other)	1 (4)				
Employment status					
Employed/voluntary work	12 (50)				
Full-time education	1 (4)				
Not employed/retired	11 (46)				
Age	24 (100)	45.08	14.20	21	68
Education (years)	24 (100)	12.58	2.60	10	18
Time since injury (months)	24 (100)	108.75	123.78	5	479
Measure Scores					
Baseline EMQ-p score	24 (100)	46.01	20.91	8.00	87.00
6-month EMQ-p score	24 (100)	45.75	27.84	4.00	92.00
Change in EMQ-p between baseline and 6 months	24 (100)	-0.21	17.43	0.00	36.00 (max. increase) -37.40 (max. decrease)
GAS Scores (short-term goals)	24 (100)	1.64	1.08	.00	3.00
GAS scores (long-term goals)	24 (100)	1.48	1.18	.00	3.00
Therapists					

Gender						
Female	6 (100)					
Ethnicity						
White (British)	6 (100)					
Age	6 (100)	24.67	1.21	24	27	
Therapist Competence		Mean				Range
Competence Score (All skills)	6 (100)	2.62	0.11	2.46	2.75	.29
