

Research



# Field plants strategically regulate water uptake from different soil depths by spatiotemporally adjusting their radial root hydraulic conductivity

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# Summary

- Plants modify their root hydraulics to maintain water status and strategically use soil water, but how they achieve this in the field conditions remains elusive.
- We developed a method to measure and calculate daily root water uptake, root water potential, and radial root water permeability at different depths in a wheat (Triticum aestivum L.) field and a permanent grassland dominated by ryegrass (Lolium perenne L.).
- During the drying processes, both plant systems reduced the radial water permeability of their shallow roots to limit topsoil water uptake, while increasing the radial water permeability of their roots in the subsoil to enhance water extraction. Conversely, after the topsoil was rewetted, both plant systems increased the radial water permeability of their shallow roots to enhance water extraction, while reducing the radial water permeability of their roots in the subsoil to limit water uptake.
- · Root water uptake in the subsoil was more influenced by the topsoil water than by the subsoil water. The topsoil water serves both as a resource and a signal, coordinating optimal water uptake from different soil depths. These findings have important implications for understanding how plants cope with periodic water stress in the field and for screening drought-tolerant crop varieties.

#### Introduction

With drought occurrences projected to increase due to climate change, breeding crops tolerant to water stress has become crucial to sustaining crop yields and meeting the growing demand for food (Davies & Bennett, 2015). Among various techniques, developing cultivars with deep roots and improved rhizosphere has been proposed as a potential solution to address this challenge (Lynch, 2013, 2019; Gao et al., 2016; Rabbi et al., 2018; Hallett et al., 2022). However, root water uptake depends not only on root architecture and its rhizosphere (Zhu et al., 2024), but also on other abiotic and biotic factors (Vadez, 2014; Q. Sun et al., 2021). Phenotyping root morphology and analysing the rhizosphere alone is thus insufficient to determine the water use efficiency of plants, and understanding the response of other root traits to environmental changes is also important (Vadez, 2014). In fact, experimental observations have shown that not all plants with deep roots increased their water uptake from the deep soil when the topsoil dried (Prechsl et al., 2015; Rasmussen et al., 2020; Gessler et al., 2022; Deseano Diaz et al., 2023), and a recent meta-analysis showed that root depth does not necessarily equate to root water uptake depth (Bachofen et al., 2024). These suggest the existence of additional mechanisms that regulate root water uptake from different soil layers (Kulmatiski & Beard, 2013).

Water ascent in plants is driven by a water potential gradient between soil and leaves. Plants regulate this process by modifying their hydraulic conductance in different organs (Bartlett et al., 2016). In the aboveground, plants cope with water stress by stomatal closure (Hopmans & Bristow, 2002; Carminati & Javaux, 2020; Corso et al., 2020), and xylem embolisation (Loepfe et al., 2007; Bartlett et al., 2016; Scoffoni et al., 2017; Gao et al., 2020), while the strategies plants use to extract water from different soil layers in the field remain elusive (Kühnhammer et al., 2020). Root water uptake involves two distinct yet interconnected processes: radial water flow from the rhizosphere into root xylem vessels, and axial water flow through the xylem vessels (Vadez, 2014). Compared to axial water flow, the pathways through which water moves from the rhizosphere into the xylem are multiple and complicated (Steudle & Peterson, 1998; Johnson et al., 2014; Domec et al., 2021). Recent research indicated that the resistances of these pathways control not only water flow in the soil-plantatmosphere system but also stomatal closure when the soil dried (Carminati & Javaux, 2020; Abdalla et al., 2021; Cai et al., 2022; Yang et al., 2023).

The molecular and biophysical mechanisms regulating the response of radial root hydraulic conductivity to water stress are fairly understood for a single root segment (Maurel & Nacry, 2020). The difficulty is in extrapolating these findings to the field where soil water varies spatiotemporally (Tardieu et al., 1992). Unlike controlled pots and hydroponic experiments that intentionally dehydrated part of a root system and kept the other part adequately hydrated for a limited period (Zhang & Davies, 1987; Dodd et al., 2010; Kreszies et al., 2020; Suresh et al., 2024), roots at different depths in the field represent different parts or branches of the same root system, where the shallow roots experience periodic wetting-drying cycles due to irregular precipitation and irrigation, while the deep roots generally stay in a relatively stable and moist condition. It has been found that roots in the subsoil could increase their water uptake as a compensation when the topsoil dried, indicating the presence of signals that coordinate root water uptake from different soil depths (Simunek & Hopmans, 2009; Couvreur et al., 2012; Thomas et al., 2020). Theoretical modelling indicates plants can increase subsoil water uptake by either decreasing (more negative) its root water potential or increasing the ratio of the axial root conductance to the radial root hydraulic conductance (Draye et al., 2010). However, experimental studies on compensatory root water uptake have produced mixed results, with some finding compensatory uptake (Johnson et al., 2014; Thomas et al., 2020; Müllers et al., 2023), while others showed no or limited increase in subsoil water uptake when shallow roots experienced water stress (Gessler et al., 2022; Müllers et al., 2023).

Plants under water stress tend to maintain their water status by modifying their root hydraulic network to regulate water uptake (Clarkson et al., 2000; Maurel et al., 2010). For example, column experiments have shown that in the absence of water stress, shallow roots of some plants were more effective in taking up water than their roots in the subsoil (Müllers et al., 2022), while under water stress, the plants reduced the hydraulic conductance of their shallow roots, accompanied by an increase in hydraulic conductivity of their roots in the subsoil to sustain transpiration (Müllers et al., 2023). Most experimental studies on root response to water stress have focused on changes in root hydraulic conductance of plants grown in pots or hydroponic systems by imposing a water stress for a limited period (Hu et al., 2011; Müllers et al., 2023). In the field, plants experience periodic water stress, and their roots penetrate much deeper. The strategies plants use to cope with such periodic water stress in the field are poorly understood because of the difficulties associated with in situ measurements. This paper aims to bridge this knowledge gap.

We developed a method to continuously measure and calculate daily root water uptake, root water potential, and radial root water permeability at different depths in a wheat (*Triticum aestivum* L.) field and a permanent grassland dominated by perennial ryegrass (*Lolium perenne* L.) from 1 April to 30 June 2022. During this period, there were two significant rainfall events. These allow us to elucidate the strategies the two plant systems used to

cope with periodic water stress and the differences in their use of these strategies.

## **Materials and Methods**

#### Experimental site and soil water measurement

The field experiment was conducted at the long-term ley-arable experiment at Highfield in Rothamsted Research (51°48′10.0″N, 0°21′57.7″W). Details of the experiment are available online (https://www.era.rothamsted.ac.uk/experiment/ rrn1). In brief, the experiment consists of 47 6 m × 50 m plots managed as permanent grassland, bare fallow, and arable. The experiment began in 1948, but the permanent grassland dated back at least to 1838. The arable plots with continuous wheat (Triticum aestivum L.) started in 1948 and have been ploughed regularly with a mouldboard to a depth of 23 cm. The permanent grass is mown once a year, with the hay removed. The wheat is fertilised with ammonium nitrate at 220 kg-N ha<sup>-1</sup>. The soil is a silty clay loam, part of the Batcombe series or a Chromic Luvisol in the FAO soil classification (Gregory et al., 2016). The average soil bulk density in the arable and the grassland plots is 1.37 and 1.21, respectively.

A trenching machine (TRX-16-THT-0857) with a width of 30 cm was used to excavate the soil to a depth of 45 cm on 1 November 2021, with the soil evacuated from each layer kept separately. Before trenching, we stripped the grasses and their root systems. Soil moisture sensors (Delta SM150T, Cambridge, UK) were installed by gently pushing their prongs into the wall of the trench at the depths of 15, 30, and 45 cm. After sensor testing, the trench was backfilled with the excavated soil to ensure that bulk density and soil stratification of the backfill were as close as possible to those before the excavation. The backfilled trench in the arable plot was re-seeded, and that in the grassland was re-turfed by the stripped grasses. All sensors were connected to a GP2 data logger (Delta T, Cambridge, UK), set to record readings every 15 min.

## Root length distributions and water release curves

Cylindrical soil cores, 100 cm long with an internal diameter of 5 cm, were taken from the two plant systems at the end of June using an auger proximal to where the sensors were installed (Van Walt Ltd, Surrey, UK). There were three replicates for each system. Root length density in different soil depths was measured using the core-break method by cutting 5 cm from the top of the core first to reveal a fresh face (White & Kirkegaard, 2010; Hodgkinson et al., 2017), and then every 10 cm. On each face, the number of roots was counted three times with the core rotated 120° after each counting. The number of roots at each breakpoint is the sum of the roots on both sides of the breakpoint. Root-count data were converted into root length density, based on the assumption that the roots were parallel with the axis of the cores (White & Kirkegaard, 2010). Intact soil cores were also taken from the same sites to measure water release curves, with matric potential from -0.5 to -30 kPa measured using the standard tension plate and potential from -100 to -1500 kPa measured using the standard pressure plate apparatus. The details and results are given in the Supporting Information (Methods S1; Fig. S1).

## Root water uptake rate

The change in soil moisture measured by a sensor is the consequence of root uptake and water distribution in the soil profile. It is collectively described by Simunek & Hopmans (2009) and Zhang *et al.* (2020)

$$\frac{\partial\Theta}{\partial t} = -\frac{\partial q}{\partial z} - s$$
 Eqn 1

where  $\Theta$  is volumetric soil water content, t is time (d), q is the volume of water flowing across a unit horizontal sectional area (cm d<sup>-1</sup>), z is soil depth (cm), and s is the volume of water extracted by roots in a unit volume of soil at depth z (d<sup>-1</sup>). Fig. 1 shows illustratively the hourly changes in soil moisture content measured continuously in a single day and its preceding and following nights in the wheat field. As root water uptake occurs primarily in the daytime and nighttime transpiration is negligible, integrating Eqn 1 separately over the two nights and the one daytime gives (Li et al, 2002)

$$\begin{split} &\int_{t_0}^{t_1} \frac{\partial \Theta}{\partial t} \mathrm{d}t = (\Theta_1 - \Theta_0) = -\frac{\partial Q_1}{\partial z} \\ &\int_{t_1}^{t_2} \frac{\partial \Theta}{\partial t} \mathrm{d}t = (\Theta_2 - \Theta_1) = -\frac{\partial Q_2}{\partial z} - (t_2 - t_1)s' \\ &\int_{t_2}^{t_3} \frac{\partial \Theta}{\partial t} \mathrm{d}t = (\Theta_3 - \Theta_2) = -\frac{\partial Q_3}{\partial z} \\ &Q_1 = \int_{t_0}^{t_1} q dt, \quad Q_2 = \int_{t_1}^{t_2} q dt, \quad Q_3 = \int_{t_2}^{t_3} q dt \\ &s' = \frac{1}{t_2 - t_1} \int_{t_1}^{t_2} s dt \end{split}$$

Approximating  $\partial Q_2/\partial z$  by

$$\frac{\partial Q_2}{\partial z} \approx \frac{1}{2} \left( \frac{1}{t_1 - t_0} \frac{\partial Q_1}{\partial z} + \frac{1}{t_3 - t_2} \frac{\partial Q_3}{\partial z} \right) (t_2 - t_1)$$
 Eqn 3

gives the average root water uptake rate between  $t_1$  and  $t_2$  as follows:

$$s' = \frac{\Theta_1 - \Theta_2}{t_2 - t_1} + \frac{1}{2} \left[ \frac{\Theta_1 - \Theta_0}{t_1 - t_0} + \frac{\Theta_3 - \Theta_2}{t_3 - t_2} \right]$$
 Eqn 4

where the second term on the right-hand side represents soil moisture change induced by water flow across soil sections.

## Radial root water permeability and root water potential

Root length, radial root water permeability, and water potential difference between the soil-root interface and the xylem vessels

in the stele regulate water flow from soil into the root. For a cylindrical root segment with length  $L_i$ , root radius  $R_i$ , stele radial  $r_i$ , and intrinsic water permeability  $k_i$ , the relationship between them and water uptake of the root segment is derived in Methods S2. If there are N root segments in the soil layer at depth z, root water uptake in the layer is the sum of water uptake of the N root segments:

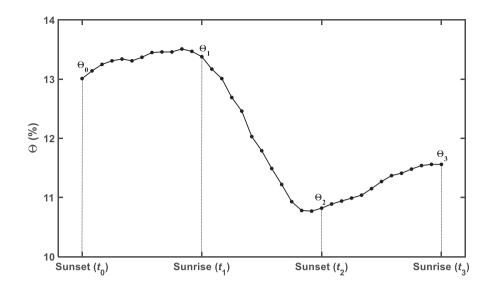
$$Q = 2\pi \sum_{i=1}^{N} L_i k_i \frac{\psi - \psi_i}{\ln(R_i/r_i)}$$
 Eqn 5

where  $\psi$  and  $\psi_i$  are soil matric potential and water potential in the ith root segment at depth z, respectively. In Eqn 5,  $k_i$  is the ability of the peripheral cell layers (including epidermis, cortex, and endodermis) to transport water from the root-soil surface to the xylem vessels in the stele. As explained in Methods \$2, it differs from the radial root hydraulic conductivity and radial root hydraulic conductance, which depend on the water permeability of the peripheral cell layers, root diameter, and stele diameter. As with soil hydraulic conductivity, if water potential is expressed as water head, the unit of  $k_i$  is cm  $d^{-1}$ , while if water potential is expressed as pressure (MPa), the unit of  $k_i$  is cm<sup>2</sup> d<sup>-1</sup> MPa<sup>-1</sup>. At depth z, the radial root water permeability varies between root segments (McCormack et al., 2015); we rewrite Eqn 5 as follows by introducing a volume-average radial root water permeability  $(k_r)$  and a volume-average root water potential  $(\psi_0)$ :

$$\begin{split} Q &= 2\pi k_{\rm r} L(\psi - \psi_0) \\ L &= \sum_{\rm i=1}^N L_{\rm i} \\ k_{\rm r} &= \sum_{\rm i=1}^N \frac{L_{\rm i}}{L} \frac{k_{\rm i}}{\ln(R_{\rm i}/r_{\rm i})} \\ \psi_0 &= \sum_{\rm i=1}^N k_{\rm i} \psi_{\rm i}/k_{\rm r} \end{split}$$
 Eqn 6

where L represents the length of the N root segments. Average water uptake per unit root length is  $q = Q/L = 2\pi k_{\rm r}(\psi - \psi_0)$ . Unlike  $k_{\rm i}$  for an individual root segment, which is the intrinsic property of its peripheral cell layers, the volume average makes the effective radial water permeability  $(k_{\rm r})$  depend on both water permeability of the peripheral cell layers and the ratio of root radius to stele radius of each individual root segment.

Eqn 6 applies to roots in both the topsoil and subsoil. If root water uptake rate (q) increases linearly with soil matric potential  $(\psi)$ , the effective root water potential is the interception of q at  $\psi$ , and the effective radial root water permeability is the slope scaled by  $2\pi$ . If q increases with  $\psi$  nonlinearly, both  $k_r$  and  $\psi_0$  vary with  $\psi$ . As  $\psi$  changed with time in our experiment,  $k_r$  and  $\psi_0$  also varied with time. When time increases incrementally from t to  $t+\Delta t$ , after a rainfall, for example, soil matric potential at depth z decreases from  $\psi$  to  $\psi+\Delta\psi$ , due to root water uptake. If  $\Delta t$  is small and root growth during  $\Delta t$  is negligible and Q decreases with  $\psi$  linearly, the effective root water potential and radial root water permeability can be approximated as constant. From Eqn 6, they can be calculated from



**Fig. 1** Schematic showing hourly changes in soil water content over a single day and its preceding and following nights.

$$\begin{split} 2\pi k_{\rm r} L(t) &= \frac{Q(\psi + \Delta \psi) - Q(\psi)}{(\psi + \Delta \psi - \psi_0) - (\psi - \psi_0)} = \frac{Q(\psi + \Delta \psi) - Q(\psi)}{\Delta \psi} \\ \psi_0 &= \psi + \frac{\Delta \psi}{Q(\psi + \Delta \psi) - Q(\psi)} Q(\psi) \end{split}$$
 Eqn 7

If root water potential  $(\psi_0)$  is known, instead of using Eqn 7, the effective radial root water permeability can be calculated as follows using the measured Q and  $\psi$  as described above:

$$k_r = \frac{1}{2\pi L(t)} \cdot \frac{Q(\psi)}{\psi - \psi_0}$$
 Eqn 8

We will discuss how Eqns 7 and 8 were used.

Calculating radial root water permeability requires root length *L*. Roots grow in the field, but their growth rates are difficult to measure *in situ*. To ensure accuracy and representativeness, sampling needs to target the roots near the sensors. However, destructively sampling in the proximity of the sensors damages roots and disturbs soil, compromising data accuracy. Conversely, sampling roots in distant sites does not represent roots measured by the sensors because of spatial heterogeneity. A compromise is to measure roots near the sensors at the end of the experiment and then use extrapolations to evaluate how root growth impacts the calculated results. From the onset to the end of the experiment, we approximated root growth by

$$L(t) = \beta(t_{\rm m} - t) + L_{\rm m} = L_{\rm m} [\alpha(t_{\rm m} - t) + 1],$$
 Eqn 9

where L(t) is root length at time t,  $\beta$  (cm cm<sup>-3</sup> d<sup>-1</sup>) is a root-growth parameter,  $L_{\rm m}$  is the root length density (cm cm<sup>-3</sup>) measured at time  $t_{\rm m}$  (the end of the experiment), and  $\alpha = \beta/L_{\rm m}$  (d<sup>-1</sup>) is root growth rate, with  $\alpha = 0$  representing no root growth.

#### **Statistics**

The changes in root water uptake with soil water content and soil matric potential in each soil layer were fitted to predefined

functions, including linear function, power-law function, and exponential function. Measured by the *P*-value and the coefficient of determination, the best-fitting function is the one that yielded the highest *P*-value. Root water uptake and soil matric potential at the same depth were divided into a before-rainfall group and an after-rainfall group, and the data in each group was fitted separately to predefined functions. Significant differences in the fittings between the two groups were calculated using the analysis of covariance (ANCOVA).

#### Results

# Root water uptake in different soil layers

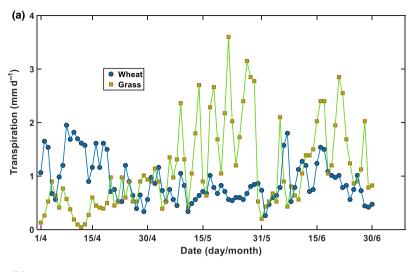
The spatiotemporal changes in soil water content are shown in Fig. S2. Using root water uptake in the 0-50 cm soil as an approximation of plant transpiration, we calculated it using interpolations based on daily root water uptakes measured at the three soil depths. Fig. 2(a) shows the variation in daily transpiration from 1 April to 30 June 2022 in the two plant systems, and Fig. 2(b,c) compare the contribution of each soil layer. The transpiration varied erratically (Fig. 2a), due to the influence of meteorological factors, but a consistent pattern emerged for both plant systems after normalising the daily root water uptake in each soil layer by daily transpiration: as the topsoil dried after each rainfall, the plants gradually reduced their water extraction from the topsoil, accompanied by an increase in water uptake from the subsoil (Fig. 2b,c). For example, after the rainfall in early April, water extracted by the grass roots in the 45-cm soil layer increased from < 10% before the rainfall to 50% on 4 June before the second rainfall on 5 June. After each rainfall, both plant systems immediately increased their water uptake from the topsoil, accompanied by a decrease in water uptake from the subsoil (Fig. 2b,c).

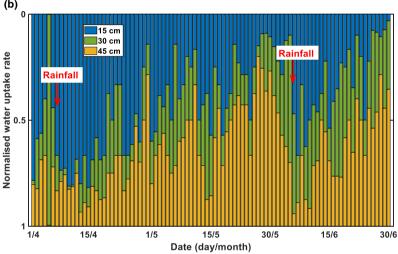
# Changes in root water uptake with soil water content

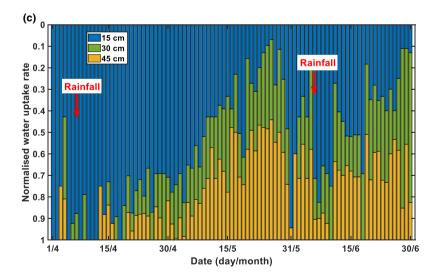
Root water uptake in each soil layer was influenced by meteorological factors and soil water. To ameliorate the

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**Fig. 2** Temporal changes in total root water uptake in the two plant systems (a). Contribution of roots in different soil layers to the total root water uptake in the wheat (*Triticum aestivum*) field (b) and the grassland (c). The red arrows indicate the two rainfall events.

impact of the fluctuating meteorological factors, we normalised the daily root water uptake in each layer by daily transpiration to yield a relative root water uptake (contribution of each of the soil layers) to analyse the changes in root water uptake with soil water content. Fig. 3 shows the

results, where the colour gradient in the symbols represents dates from 1 April to 30 June.

In the 15-cm soil layer, the relative daily root water uptake decreased with soil water content in both plant systems, but there was a difference between the two. In the grass system, Fig. 3(a)

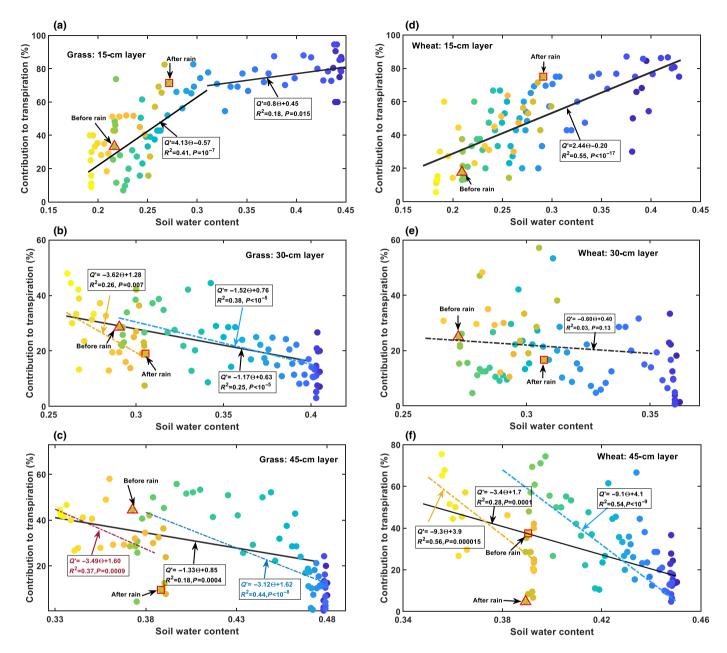


Fig. 3 Changes in root water uptakes (normalised) with soil water content for different soil layers in the two plant systems: the grassland (a–c) and the wheat (*Triticum aestivum*) field (d–f). The colour gradients in the symbols represent dates from 1 April (dark blue) to 30 June (bright yellow). The large open triangles indicate the points just before the 5 June rainfall, and the open squares indicate the points just after the 5 June rainfall.

shows that, as the topsoil water content decreased from 44% on 1 April to 30% on 1 May, the relative root water uptake decreased slightly at a significant level with  $P\!=\!0.015$ , indicating no or minor water stress. A further decrease in the topsoil water content from 1 May to 4 Jun resulted in a steep decline in relative root water uptake. The rainfall on 5 June increased the topsoil water content from 21% to 28%, leading to an immediate increase in root water uptake from the topsoil (Fig. 3a). For topsoil water content < 30%, root water extraction from the topsoil decreased with soil water content, both before and after the 5 June rainfall, significantly with  $P\!<\!10^{-7}$  (Fig. 3a). In contrast to the grass system, Fig. 3(d) shows that the relative water uptake of

shallow roots in the wheat system decreased with the topsoil water content, both before and after the 5 June rainfall, monotonically at significant levels with  $P < 10^{-17}$ .

Contrary to the 15-cm soil layer, the relative root water uptake in the 30 cm and 45 cm subsoil layers in the grass system (Fig. 3b,c) and the wheat system (Fig. 3e,f) both increased as the subsoil water content decreased from the onset of the experiment to 4 June (Fig. 2). The 5 June rainfall led to an immediate decrease in root water uptake from the two subsoil layers in both plant systems. As the topsoil water content decreased after the 5 June rainfall (Fig. 3a,d), both plant systems gradually increased their water extraction from the subsoil layers, although their water content

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(a) Contribution of 30-cm deep layer (%) Grass R2=0.38 P<10-9 0.15 0.2 0.25 0.3 0.35 0.4 0.45 Water content in 15-cm soil layer (b) Contribution of 45-cm deep layer (%) Grass S'=3.69e<sup>-10.2⊖</sup>  $R^2=0.89 P<10^{-14}$ 0.15 0.2 0.25 0.3 0.35 Water content in 15-cm soil layer (c) Contribution of 30-cm deep layer (%) Wheat *S*'=0.71e<sup>−6.5⊖</sup>  $R^2$ =0.13, P=0.00; 0.15 0.3 0.35 0.45 Water content in 15-cm soil layer 100 (d) Contribution of 45-cm deep layer (%) Wheat 80 *S*'=21e<sup>−16.2⊖</sup>

the topsoil water content, the results of which are shown in Fig. 4. Water flow from soil into the xylem vessels in a root is driven by a water potential difference between them. Fig. 5 shows the changes in root water uptake rate (volume of water taken daily from a unit volume of soil) with soil matric potential in each soil layer for the two systems. We fitted soil matric potential and root water uptake before and after the 5 June rainfall into separate functions and used these functions to calculate root water potential and radial root water permeability. Despite the fluctuating meteorological factors, there is a significant correlation between root water uptake and soil matric potential in all but the 30-cm soil layer in the wheat field.

decreased during this period (Fig. 3b,c,e,f). Overall, subsoil water

content and root water uptake in the subsoil layers were correlated, but not as significantly as those in the top 15-cm soil layer (Fig. 3a,d). In the wheat system, water content and root water

uptake in the 30-cm soil layer were not significantly correlated with P = 0.13 (Fig. 3e). Separating soil water content and root water uptake in the subsoil layers into a before-rainfall (the 5 June rainfall) group and an after-rainfall group revealed significant differences in the relationship between soil water content and root uptake in the two groups for the grass (Fig. 3b,c) and the wheat system (Fig. 3f), though the significance levels vary between soil

layers and the plant systems (Fig. 3). To elucidate what coordi-

nated root uptake from different soil layers, we analysed the correlation between relative root water uptake in the subsoil layers with

# Root water potential and radial water permeability of shallow roots

Root water uptake in the top 15-cm soil layer decreased with soil matric potential in a similar trend before and after the 5 June rainfall. Root water potential and radial root water permeability in this layer were calculated using Eqn 7. Fig. 6(a) shows the changes in root water potential with soil matric potential before and after the 5 June rainfall. Under the same soil matric potential, root water potential of the grass before and after the 5 June rainfall was close, while root water potential of the wheat after the rainfall was slightly more negative than that before the rainfall, though not significantly.

Calculating radial root water permeability requires root length and the ratio  $R_i$ :  $r_i$  for individual roots. Stele diameter is proportional to root diameter; the ratio  $R_i$ :  $r_i$  for root segments at the same soil depth can be approximated as constant. Root length densities measured at the end of the experiment are shown in the Fig. S3. Fig. 6(b,c) show the relationship between the radial root water permeability and soil matric potential, and how changes in root growth rate from  $\alpha = 0$  to  $\alpha = 0.002$  d<sup>-1</sup> affect this relationship. The radial root water permeability increased with soil matric potential in both plant systems, although considering root growth gave a slightly higher root water permeability than if this was not considered. After the first rainfall in early April (marked by 'a' in Fig. 6b,c), both soil matric potential and radial root water permeability decreased until 4 June before the 5 June rainfall (marked by 'b' in Fig. 6b,c). After the 5 June rainfall (marked by 'b" in Fig. 6b,c), the radial root water permeability in both

Fig. 4 In both plant systems, root water uptakes (normalised) in the subsoil layers are correlated with the topsoil water content (15-cm soil layer) more significantly than with the subsoil water content. The plant systems were the grassland (a, b), and the wheat (Triticum aestivum) field (c, d). The colour gradients in the symbols represent dates from 1 April (dark blue) to 30 June (bright yellow).

0.3

Water content in 15-cm soil layer

0.35

20

0.2

0.25

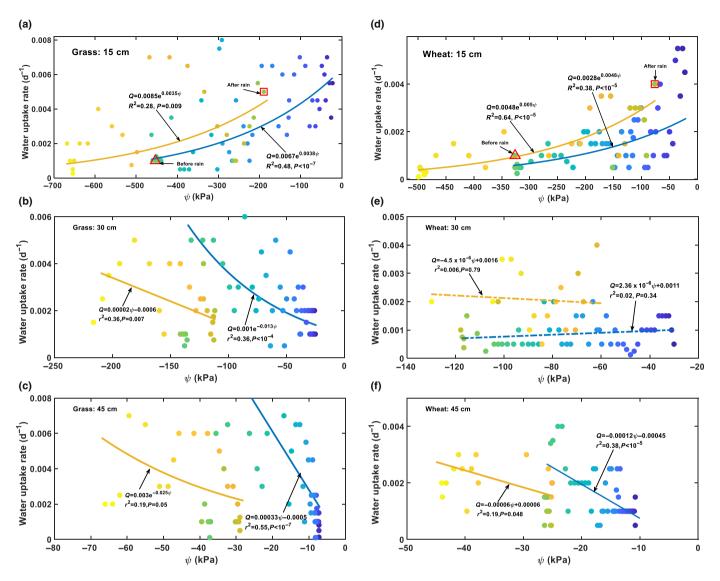


Fig. 5 Changes in root water uptake rate (volume of water taken daily by roots in a unit volume of soil) with soil matric potential in different soil layers in the two plant systems (a–c for the grass system, and d–f for the wheat system). The colour gradients in the symbols represent dates from 15 April (dark blue) to 25 June (bright yellow). The solid lines are the best-fitting curves. The blue lines represent the data before the 5 June rainfall, and the orange lines represent the data after the 5 June rainfall.

plant systems increased immediately, followed by a gradual decrease as the soil matric potential decreased.

## Radial water permeability of roots in the subsoil

Except in the 30-cm soil layer in the wheat field (Fig. 5e), root water uptake and soil matric potential were negatively correlated (Fig. 5b,c,f). These negative correlations are compensatory water uptake, where plants increased their water uptake from the subsoil when the topsoil dried. Water flow from soil to roots in the subsoil is also a hydraulic process, driven by the water potential difference between them. Such negative correlations are possible only when plants enhance their radial root water permeability or reduce their root water potential faster than the decreasing rate of soil matric potential to increase the water potential difference ( $\psi - \psi_0$ ) as shown in Eqn 6, as the soil dried.

We calculated the radial root water permeability in each subsoil layer using Eqn 8. The root water potential in the subsoil was estimated assuming that the relationship between soil matric potential and root water potential is independent of soil depth. For each soil matric potential in a subsoil layer, its associated root water potential was estimated from the curves in Fig. 6(a). Fig. 7 shows the results and how changes in root growth rate from  $\alpha = 0$  to  $\alpha = 0.002 \,\mathrm{d}^{-1}$  affect the calculated radial root water permeability. Except at the depth of 30 cm in the wheat field (Fig. 7c), the radial root water permeability in the two subsoil layers increased from 7 April to 4 June before the 5 June rainfall in both plant systems, even though soil water in the subsoil layers decreased in this period (Fig. S2). After the 5 June rainfall, the radial root water permeability in both subsoil layers decreased immediately in the two plant systems, followed by a gradual increase as soil water content decreased. Fig. 7 indicates that root

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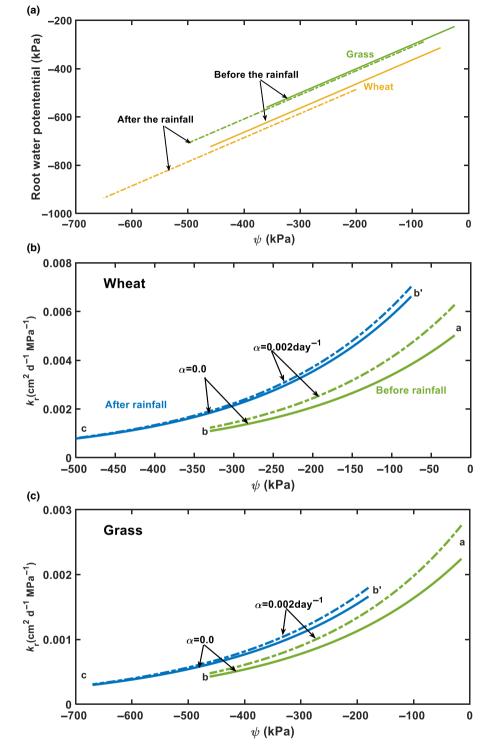


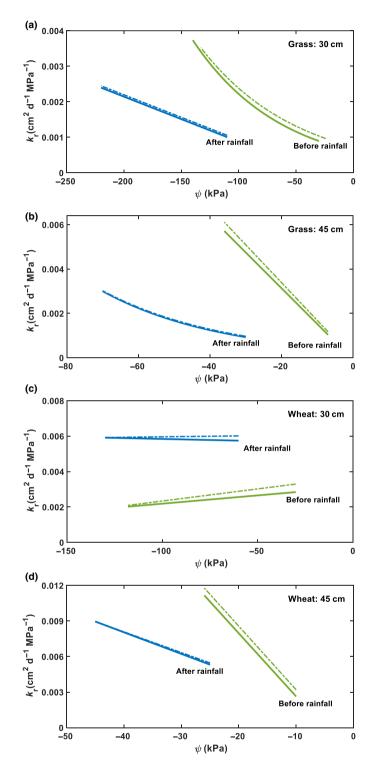
Fig. 6 Changes in root water potential and radial root water permeability at the depth of 15 cm calculated using the relationships between root water uptake rate and soil matric potential for the two plant systems (Fig. 5(a) for the grassland and Fig. 5(d) for the wheat field). (a) Root water potential: the solid lines and dashed lines represent results calculated using data before and after the 5 June rainfall, respectively. (b, c) Radial root water permeability at the depth of 15 cm: the solid green line and the dashed green line represent the results calculated using the data before the 5 June rainfall when roots did not grow ( $\alpha = 0$ ) or grew at a rate of  $\alpha = 0.002 \, d^{-1}$ respectively; the solid blue line and dashed blue line represent the results calculated using data after the 5 June rainfall when the roots did not grow ( $\alpha = 0$ ) or grew at a rate of  $\alpha = 0.002 \,\mathrm{d}^{-1}$ , respectively; 'a' marks the onset of the experiment, 'b' marks the point just before the 5 June rainfall, 'b'' marks the point just after the 5 June rainfall, and 'c' marks the end of the

growth only has a minor effect on the change in radial root water permeability with soil matric potential.

## **Discussion**

experiment.

The adaptive change in root hydraulic conductivity is a hydraulic rheostat to maintain water status in the whole plant by coordinating water uptake from different soil depths (Maurel *et al.*, 2010). However, the study on how plants achieve this in the field is missing (Baca Cabrera *et al.*, 2024), because of the difficulties associated with *in-situ* measurements (Boursiac *et al.*, 2022b). We developed a method to calculate daily root water uptake, root water potential, and radial root water permeability using soil moisture and root-length density measured in a wheat field and a permanent grass field (Fig. 2).



**Fig. 7** Changes in radial root water permeability with soil matric potential at the depths of 30 and 45 cm before and after the 5 June rainfall in the two plant systems ((a) and (b) for the grass system; (c) and (d) for the wheat system). The solid lines are the results calculated when roots did not grow ( $\alpha$  = 0), and the associated dashed lines are the results calculated when roots grew at a rate of  $\alpha$  = 0.002 day $^{-1}$ , from 1 April to 30 June.

Our method cannot distinguish between soil-surface evaporation and root water uptake. It was derived assuming that root water uptake at night is negligible (Eqn 2). We thus selected a

period from 1 April to 31 June over which soil surface evaporation was negligible. April to June is the main vegetative growth season of wheat in the UK (Gregory *et al.*, 1978), during which the leaf area index was > 3.6 (Zhang *et al.*, 2020). We visually checked the field to ensure plant canopies fully covered the soil surface during the experimental period (Fig. S4), so that soil surface evaporation was indeed negligible compared to plant transpiration. Night transpiration was observed for some plants, but it was small, accounting for only 8–10% of the evapotranspiration (Thomas *et al.*, 2020). Temporal change in topsoil water content in our experiment showed that unless soil water content was high after rainfall, topsoil water content remained approximately constant during the night (Fig. S5), indicating that night transpiration was negligible compared to daytime transpiration.

Consistent with previous findings (Teuling et al., 2006; Thomas et al., 2020), our results showed compensatory root water uptake in both plant systems, in that when the topsoil dried and shallow root water uptake decreased, the plants increased their water uptake from the subsoil (Fig. 2b,c). Shallow root water uptake and topsoil water content were positively correlated in both plant systems (Figs 3a,d, 4a,d), suggesting that topsoil water availability primarily influenced shallow root water uptake. Unexpectedly, a negative correlation was found between root water uptake and soil water content in the subsoil layers (Fig. 3b, c,e,f), especially in the 45-cm soil layer, suggesting that the subsoil water had no influence on its uptake by the roots.

We measured root length density at the end of the experiment and used an extrapolation to evaluate the impact of root growth on the calculated root water permeability. The results calculated considering root growth at  $0.002\,\mathrm{d}^{-1}$  are close to those calculated when this was not considered (Figs 6, 7). Previous studies have shown that in the United Kingdom, seminal wheat root growth concludes by early March and nodal roots complete their development by mid-May (Gregory *et al.*, 1978). Therefore,  $\alpha = 0.002\,\mathrm{d}^{-1}$  did not underestimate root growth from 1 April to 31 June (Gregory *et al.*, 1978). In the field, root growth varies with soil moisture and growing season; the results calculated with  $\alpha = 0$  and  $\alpha = 0.002\,\mathrm{d}^{-1}$  can serve as an envelope for intermediate root growth rates.

We assumed the water potential difference between the bulk soil and the soil-root interface was negligible compared to the water potential difference between the soil-root interface and xylem vessels. This is supported by other research, which showed that soil-root interfacial resistance is the critical resistance determining the response of plants to water stress (Abdalla et al., 2021; Yang et al., 2023). A meta-analysis also showed that for wheat grown in loamy soils (similar to the soil texture in our experiment), soil matric potential in the bulk soil is close to the water potential on the soil-root interface for soil matric potentials from -1000 to -10 kPa (Cai et al., 2022). The lowest soil matric potential in our experiment was -500 kPa in the wheat field and -800 kPa in the grassland (Fig. 5). The likely mechanisms underlying this phenomenon are that decreasing soil water potential increases suberin and lignin in the endodermis and exodermis of the roots and downregulates aquaporins (Suresh et al., 2024), thereby increasing root resistance to water flow.

Therefore, although decreasing soil water content reduces soil hydraulic conductivity, it also reduces the radial water permeability of the root (Kreszies *et al.*, 2019, 2020). Thus, the root resistance is still the dominant resistance to water flow from the soil into the xylem vessels.

Radial root water permeability was calculated assuming roots and soil were physically connected. Roots and soil could become detached when soil dries due to soil and root shrinkage (Duddek et al., 2022), but this was unlikely to have occurred in the soil below 15 cm depth. Minor water stress did occur in the topsoil (Fig. 3a,d), but during most of the time, the soil matric potential at the depth of 15 cm remained above -500 kPa in the wheat field and -800 kPa in the grass field. Also, the subsoils were moist (Fig. 5), and the plants did not experience droughts that reduced root water uptake. Fig. 2(a) shows that even during the driest period from 10 April to 31 May (Fig. S2), transpiration of the two plant systems did not decrease. Fig. 3 further shows that the reduced water uptake from the topsoil (Fig. 3a,d) was compensated for by the increased water uptake from the subsoil (Fig. 3b,c,e,f), suggesting root shrinkage was unlikely. While we cannot provide direct evidence to rule out soil shrinkage when soil dried, indirect evidence suggests that this is unlikely. If roots detached from the soil due to soil shrinkage when soil water content decreased to its low level before the 5 June rain (Figs 3a,d, S3), the gaps between soil and roots would be barriers for water to flow through, and root water uptake could not resume to its levels when the soil was moist, as shown in Fig. 3(a,d). Therefore, the mechanism underlying the reduced water uptake of the shallow roots when soil dried in the two plant systems was the adaptive change in root water permeability.

Mycorrhizal fungi can transport distant water into roots when soil dries (Kakouridis *et al.*, 2022), but this was unlikely to be an important contributor to the increased root water uptake in the subsoil, because the majority of mycorrhizal fungi inhabit topsoil (T. Sun *et al.*, 2021). Thus, the increased root water uptake in the subsoil when soil dried was the adaptive change in their radial root water permeability, consistent with the compensatory root water uptake concept (Thomas *et al.*, 2020; Tzohar *et al.*, 2021).

The complex interactions between soil and roots pose a significant challenge for *in situ* measurements. Approximations are thus necessary, though they might give rise to errors. Our model calculated root water uptake and root water permeability based on mass balance. It does not require soil and plant parameters and naturally captures the influence of spatiotemporal changes in soil structure induced by root-associated activities (Rabbi *et al.*, 2018). The influence of changes in soil structure and soil texture on water flow across soil sections is represented by the first term on the right-hand side of Eqn 1, approximated by Eqn 3, and calculated by the second term on the right-hand side of Eqn 4 through nighttime changes in soil moisture. The finer and less permeable the soil is, the smaller the changes in soil moisture at night.

The scattered data in Fig. 5 is due to meteorological factors rather than noise, as fluctuating meteorological factors and changes in soil water jointly mediated root water uptake. This is

manifested by the significant correlations between root water uptake and soil water content in all soil layers after ameliorating the meteorological effect by normalising daily root water uptake in each soil layer by daily transpiration (Fig. 3). The shift from a positive correlation between root water uptake and soil matric potential at the depth of 15 cm to a negative correlation at the depth of 45 cm suggests the presence of a transition depth at which root water uptake and soil matric potential are not significantly correlated. In the wheat field, this transition depth is 30 cm (Fig. 5e); in the grass field, it is between 15 cm and 30 cm, as root water uptake and matric potential at the depth of 30 cm were significantly and negatively correlated (Fig. 5b). Such a transition depth was also observed in other plants (Müllers et al., 2023).

# Radial root water permeability

The radial root water permeability was calculated based on Darcy's law (Methods S2). It differs from root hydraulic conductivity used by others (Sutka et al., 2011; Zarebanadkouki et al., 2016; Heymans et al., 2021), where water uptake of a root segment with length L and radius R is calculated by  $Q = 2\pi R L k_R (\psi - \psi_0)$ . Since water flow in this context is driven by water potential difference rather than by water potential gradient, the unit of root hydraulic conductivity ( $k_R$ ) is cm d<sup>-1</sup> MPa<sup>-1</sup>, when water potential is expressed as pressure (MPa). Root hydraulic conductivity depends on root radius and water permeability of the peripheral cell layers (Methods \$2). Since radial root water permeability represents the ability of the peripheral cell layers to transport water, it better describes how plants regulate their root hydraulics to respond to environmental changes. For a root segment with radius R, the relationship between root hydraulic conductivity ( $k_{\rm R}$ ) and root water permeability is  $k_{\rm R} = k_{\rm r}/R$ .

Our results show that even for the same roots at the depth of 15 cm, their radial water permeability varied by a factor of 6 (Fig. 6b,c), consistent with the findings of a meta-analysis (Baca Cabrera et al., 2024). The radial root water permeability of wheat at the depth of 15 cm varied from 0.001 to 0 0.007 cm<sup>2</sup> MPa<sup>-1</sup> d<sup>-1</sup> (Fig. 6b). Using an average root diameter of 0.6 mm (Bramley et al., 2009; Hobson et al., 2023), the associated hydraulic conductivity was from  $7.7 \times 10^{-9}$  to  $5.4 \times 10^{-8}$  m s<sup>-1</sup> MPa<sup>-1</sup>, comparable to that measured by Bramley et al. (2007, 2009) using different methods for segmented which varied from  $5.2 \times 10^{-8}$ 10<sup>-7</sup> m s<sup>-1</sup> MPa<sup>-1</sup>. The meta-analysis of Cabrera et al. (2024) showed that the average radial root hydraulic conductivity of C<sub>3</sub> grasses was  $5.2 \times 10^{-8} \,\mathrm{m \, s^{-1} \, MPa^{-1}}$ , comparable to radial hydraulic conductivity of our grass roots (assuming a root radius is 0.02 cm) at the depths of 30 and 45 cm, which varied from  $1.15 \times 10^{-8}$  to  $6.7 \times 10^{-8}$  m s<sup>-1</sup> MPa<sup>-1</sup> (Fig. 7c,d).

The radial root water permeability we calculated is the average of all living root segments in a soil layer, including aged roots and transportive roots (McCormack *et al.*, 2015). It is thus likely to be at the lower end of the values measured using segmented young roots.

## Root water potential

Root water potential was commonly measured by pressurising sap out of de-topped roots (Dodd et al., 2008) and segmented roots (Ganesan et al., 2024); the response of root water potential to soil water change was measured by growing plants in pots with different soil matric potential (Dodd et al., 2010; Ganesan et al., 2024). Since root water potential is a dynamic process, changing with water flow in the xylem vessels, and plants grown in different soil water potential have different root anatomies (Scoffoni et al., 2017), root water potential measured in such ways is unlikely to be the same as the water potential of living roots in the field. While directly validating our results is difficult, calculating radial root water conductivity requires root water potential. The close agreement between the calculated root hydraulic conductivity and those measured using different methods indicates that the calculated root water potential is representative of that in the field.

## Dual role of the topsoil water

The negative correlation between root water uptake and soil matric potential in the subsoil (Fig. 5b,c,e,f) suggests that subsoil water had no influence on its uptake by roots. This is consistent with the experimental results of Müllers et al. (2023), where decreasing soil matric potential increased water uptake of maize and faba bean from the subsoil (below 15 cm depth for the faba bean and 25 cm depth for the maize). Fig. 3 shows that in both plant systems, a decrease in shallow root water uptake (Fig. 3a,d) was accompanied by an increase in root water uptake in the subsoil (Fig. 3b,c,e,f). Fig. 4 indicates root water uptake (normalised) in the two subsoil layers correlates with the topsoil water content more significantly than with the subsoil water contents for both plant systems, with the P-value varying from 0.13 to  $10^{-9}$  for the former (Fig. 3b,c,e,f) and from 0.003 to  $10^{-16}$  for the latter (Fig. 4). This suggests that the topsoil water serves not only as a resource but also as a cue, coordinating root water uptake from the soil profile. Specifically, when the topsoil dried, the plants increased their water uptake from the subsoil, whereas when the topsoil was rewetted, the plants promptly reduced their water uptake from the subsoil, accompanied by an increase in water uptake from the topsoil. Such adaptive changes in root water uptake may arise because nutrients, such as nitrogen and phosphorus, are more abundant in the topsoil and absorbing the topsoil water is more energy-efficient than lifting the subsoil water (Buras et al., 2020; Liu et al., 2023). It also aligns with the 'root economy' concept, in that, because the topsoil water is prone to evaporation, plants preferentially adsorb it, while using the subsoil water as a reserve (Wen et al., 2022). Physiologically, roots in the topsoil are dense; absorbing the topsoil water in unregulated manners could result in soil and root shrinkage, reducing soil hydraulic connectivity and impeding the movement of distant water into the root-soil surface (Carminati & Javaux, 2020). Evolutionarily, plants are likely to have developed strategies to optimise the use of both topsoil and subsoil water. Our results suggest that plants achieve this by spatiotemporally adjusting their radial root water permeability, coordinated by periodic changes in topsoil water (Figs 6, 7).

# Adaptive changes in radial root water permeability

Our results for the shallow roots (Fig. 6b,c) are consistent with previous experiments conducted in pots and hydroponic culture in that decreasing soil water content reduced whole-root hydraulic conductance (Hu *et al.*, 2011) and radial root hydraulic conductivity of wheat (Trillo & Fernandez, 2005). Additionally, we found that rewetting the topsoil led to an immediate increase in radial water permeability of the shallow roots (Fig. 6b,c).

Compensatory root water uptake has been well documented and experimentally proven (Simunek & Hopmans, 2009; Thomas et al., 2020; Müllers et al., 2023), in which when topsoil dries, plants increase their water uptake from the moist subsoil. In the field, the topsoil and subsoil are hydraulically connected. As the topsoil dries, the subsoil water content also decreases. Compensatory water uptake requires roots to take more water from the subsoil when the topsoil dries. Referring to Eqn 6, a negative correlation between soil matric potential and root water uptake requires  $\partial Q/\partial \psi = 2\pi L(\psi - \psi_0)\partial k_r/\partial \psi + 2\pi Lk_r\partial(\psi - \psi_0)/\partial \psi < 0$ , possible only when  $\partial (\psi - \psi_0)/\partial \psi = 1 - \partial \psi_0/\partial \psi < 0$ , or  $\partial k_r/\partial \psi < 0$ . The first condition requires  $\partial \psi_0 / \partial \psi > 1$ ; that is, as soil matric potential decreases, plants must decrease their root water potential faster than the decreasing rate of soil matric potential so as to increase  $\psi - \psi_0$  and enhance water uptake. The condition  $\partial k_{\rm r}/\partial \psi < 0$  requires plants to increase the radial water permeability of their roots in the subsoil to enhance water uptake when matric potential decreases.  $\partial \psi_0 / \partial \psi > 1$  is physically possible but not physiologically rational, as the goal of plant hydraulic rheostat is to maintain the stability of water status in the whole plant when environmental conditions change (Maurel et al., 2010); it is also contrary to experimental findings (Schmidhalter, 1997). Thus, the rational mechanism underlying the negative correlation between soil matric potential and root water uptake in the subsoils is that, as the topsoil (hence the subsoil) dried, the plants increased the radial water permeability of their roots in the subsoil to enhance water uptake. This is also corroborated by findings from other plants (Johnson et al., 2014; Müllers et al., 2023). Additionally, we found that after the water stress in the topsoil was relieved, the plants increased the radial water permeability of their shallow roots to boost water uptake, while reducing the radial water permeability of their subsoil roots to limit water extraction. Such adaptive changes in radial root water permeability are efficient for optimally using water in both the topsoil and subsoil, and are aligned with the root economy concept (Wen et al., 2022).

Radial root water permeability is influenced by various factors, including suberization and lignification in the endodermis and exodermis (Lynch *et al.*, 2014; Couvreur *et al.*, 2018), but its immediate changes after rainfall in the two plant systems suggest that the suberization and lignification, which are irreversible, may play a minor role. Aquaporins, which control the cell-to-cell pathways and are known to respond rapidly to environmental

changes (Steudle, 2000; McLean *et al.*, 2011; Kaneko *et al.*, 2015; Shekoofa & Sinclair, 2018; Domec *et al.*, 2021; Boursiac *et al.*, 2022a), are likely to play the dominant role in regulating radial root water permeability (Tournaire-Roux *et al.*, 2003; Kreszies *et al.*, 2020; Suresh *et al.*, 2024). Our results suggest that the topsoil water downregulates aquaporin activity in the subsoil roots while upregulating it in the shallow roots.

# Difference between the plant systems

The water potential of grass roots is higher than that of wheat roots under the same soil matric potential (Fig. 6a) because the average xylem diameter of wheat roots is larger than that of grass roots (Ouyang et al., 2020). Axial root hydraulic conductance increases with the fourth power of root radius. A small decrease in root xylem diameter can force the plant to increase the water potential gradient in the longitudinal axis of the roots to maintain water ascent. Since the radial root water uptake rate is proportional to the water potential difference between the root and the soil (Eqn 5), more negative water potential in the grass roots enhances water uptake under the same soil matric potential, making shallow grass roots more tolerant to water stress. When the topsoil dried, the grass roots in the subsoil increased their water uptake more quickly than the wheat roots, indicating that the grass system is more efficient in using subsoil water. This finding aligns with the results of Müllers et al. (2023), where maize was more efficient in using subsoil water. The average annual rainfall at our experimental site is 763.5 mm, and the soil was relatively moist during the experimental period, particularly the subsoil (Fig. 3). However, since root water uptake also depends on soil water availability, we do not know whether the relationships between root water uptake and soil matric potential that we obtained for different soil layers would alter when soil water content decreases out of the range measured in the experiment. Further work is needed.

Differences in radial root water permeability exist not only between different plant species but also among different lines of the same crop (Rishmawi *et al.*, 2023). Our findings highlight the mechanisms plants use to cope with periodic water stress in the field, with broader implications: in addition to root morphology and the rhizosphere (Fradgley *et al.*, 2020; Hallett *et al.*, 2022), phenotyping spatiotemporal changes in radial root water permeability and root water potential are also important for screening drought-resistant crops.

## Conclusions

We developed a method to measure and calculate spatiotemporal changes in daily root water uptake, root water potential, and radial root water permeability in different soil layers in a wheat field and a permanent grass field. In both plant systems, shallow root water uptake is positively correlated with topsoil matric potential, while root water uptake in the subsoil is negatively correlated with subsoil matric potential. Root water uptake in the subsoil is influenced by the topsoil water more than by the subsoil water, indicating that the topsoil water serves not only as a resource but also as a cue, optimising water uptake from different soil layers. As soil dried after rainfall, both plant systems decreased the radial water permeability of their shallow roots to reduce topsoil water uptake, while increasing the radial water permeability of their roots in subsoil to enhance subsoil water uptake. Conversely, when rainfall rewetted the topsoil, both plant systems immediately increased the radial water permeability of their shallow roots to increase topsoil water uptake, whereas decreasing the radial water permeability of their roots in subsoil to limit subsoil water uptake. These adaptive changes in root water permeability are strategies plants use to optimise the use of soil water. There is a difference in these strategies between the two plant systems: the grass system is more tolerant to water stress in the topsoil and more efficient in using the subsoil water. These findings have significant implications for understanding the mechanisms plants use to cope with periodic water stress and suggest that, in addition to root morphology and the rhizosphere, phenotyping the adaptive changes in root hydraulic conductivity is also crucial for developing and screening drought-tolerant crops.

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# **Competing interests**

None declared.

#### **Author contributions**

WR and IH conducted the field experiments and measured the root length-density. HVC, SJM, WRW and MJH designed the concept. XZ and WRW developed the model, executed the calculations, and wrote the manuscript. All authors contributed to the writing and editing of the manuscripts.

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# Data availability

The data that support the findings of this study are available in the Supporting Information of this article (Figs S2, S3). The Excel file of data supporting Fig. 2 is available for download from: https://figshare.com/articles/dataset/Soil\_moisture\_data/28536032?file=52794158

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Matching root water uptake patterns to fine root and soil water distributions.

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# **Supporting Information**

Additional Supporting Information may be found online in the Supporting Information section at the end of the article.

Fig. S1 Water release curves of the soils in the two fields.

Fig. S2 Temporal changes in soil water content at different depths in the two fields.

Fig. S3 Root-length density distributions in the two plant systems.

**Fig. S4** A snapshot of the experimental site on 13 May 2022 to show the plant densities.

**Fig. S5** A zoom-in view of the soil moisture changes in daytime and nighttime.

Methods S1 Water release curve measurement.

**Methods S2** Water flow in roots and radial root water permeability.

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