Leading Integration of AI within Occupational Psychology

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Type of session:

The introduction of AI at work gives occupational psychologists a unique opportunity: we can support our own organisations and our clients in effective adoption of AI, while reshaping our own role to remain relevant and future focused. This discussion-based workshop will be facilitated by four experienced OPs who will present key insights into what we know so far, and share their own perspectives about the adoption of AI at work in response to audience challenges and considerations. Our workshop aims to draw on the collaborative nature of our profession in navigating this journey together.

Content:

Our workshop will focus on OP roles but also provide general learning points concerning adoption of AI at work. This workshop will start with a 20 minute presentation where attendees will be introduced to core AI concepts. The specific role of the OP in an AI-enabled workplace will be explored, including how psychologists at various points in the career pathway can develop their skills and how the training of future OPs might evolve.

Presentation content is underpinned by 2 information sources: research conducted with a number of OPs who represent various perspectives, and psychological literature and theory (academic papers, industry white papers, practitioner guidance). Concepts from change management, leadership, and organisational culture will be used to draw parallels between the emergence of AI and other shifts in the world of work.

The remaining 40 minutes will be used for peer learning and knowledge sharing. Attendees will have the opportunity to share their current perspective on AI adoption in their context, facilitated by the four presenters. While attendees can bring up any challenges that feel most salient to them, we will provide some initial themes for consideration, such as 'the role of the leader', 'supporting early career OPs', 'multi-disciplinary working', etc.

Level of content: Appropriate for experienced OPs in a leadership/managerial role (intermediate), although any attendee would benefit from hearing the discussions

Learning objectives:

- Support experienced OPs, leaders, and managers to reflect on AI adoption in OP and organisations
- Provide attendees with an introduction to key terms and considerations
- Give attendees specific examples of how OPs throughout the career pathway can develop their AI capability

- Support attendees to share their current opportunities and challenges around AI use, and obtain peer perspectives and insights to move forwards

By the end of the workshop, participants will be better informed about where we are, where we might go, and how we might get there. The workshop is specifically designed to allow for a range of perspectives or challenges to be shared.