

1 **Freshwater microplastic concentrations vary through both space *and* time**

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13 **Abstract**

14 Plastic pollution represents one of the most salient indicators of society's impact on the
15 environment. The microplastic component of this is ubiquitous, however, microplastic
16 studies are seldom representative of the locations they sample. Over 12 months we
17 explored spatiotemporal variation in microplastic prevalence across a freshwater system
18 and in atmospheric deposition within its catchment, in one of the most temporally
19 comprehensive studies of microplastic pollution. Microplastics were quantified in low
20 concentrations (max 0.4 particles L⁻¹) at all freshwater sites, including upstream of urban
21 areas, and on rivers that do not receive wastewater treatment plant effluent. Extrapolated
22 microplastic abundances at each site varied by up to 8 orders of magnitude over the course
23 of the sampling campaign, suggesting that microplastic surveys that do not account for
24 temporal variability misrepresent microplastic prevalence. Whilst we do not wish to
25 underplay the potential impacts of microplastic particles in the environment, we argue that
26 microplastic pollution needs to be placed in a more critical context, including assessment
27 of temporal variability, to appropriately inform legislators and consumers.

28 **Capsule**

29 The main findings of this research are the extent to which freshwater microplastic
30 concentrations are shown to vary with time, and the influence of this on flux calculations.

31 **Keywords**

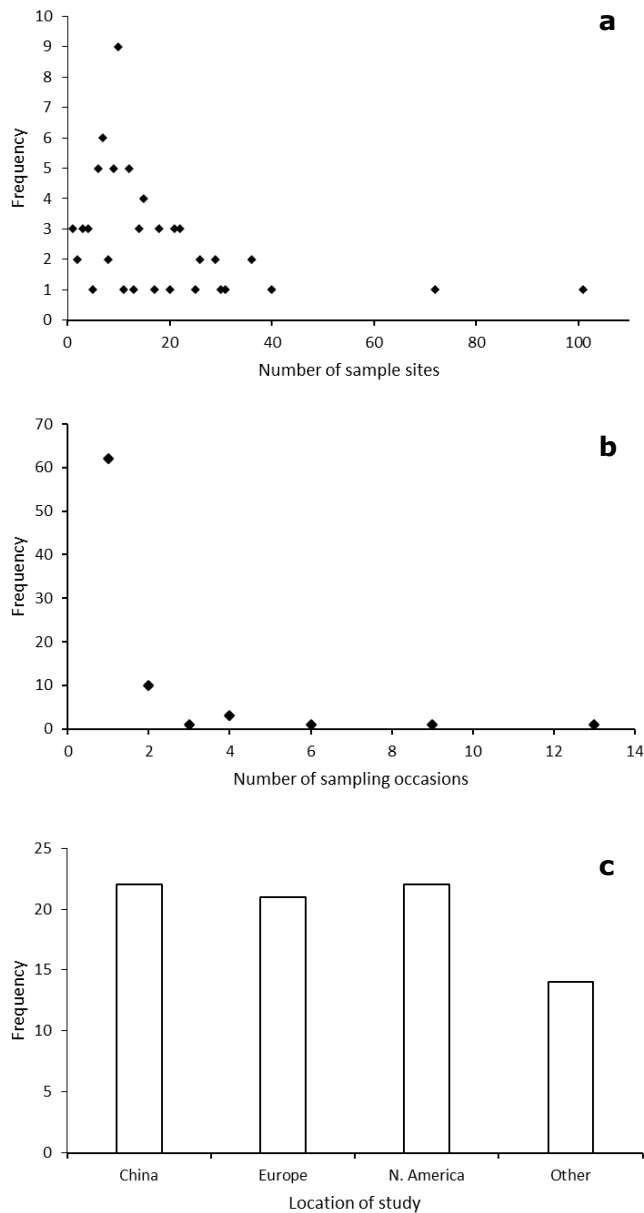
32 Microplastic, Temporal variation, Freshwater, Atmospheric deposition

33 **1. Introduction**

34 Microplastic particles (<5 mm) are an environmental pollutant of substantial public and
35 scientific concern. Functioning as pollutants in contemporary environmental systems, and
36 demarking human activity for centuries to come as techno-fossils, microplastic particles
37 are a widespread form of plastic waste. Their prevalence in the marine environment has
38 been reported since the early 1970s (Carpenter et al. 1972; Carpenter and Smith, 1972),
39 and their presence in estuarine systems (Zhao et al. 2015; Gallagher et al, 2016; Gray et
40 al. 2018) and freshwater environments (Zhang et al. 2015; Klein et al. 2015; Peng et al.
41 2018; Mani et al. 2019; Watkins et al. 2019) has also been documented. However, whilst
42 microplastics are thought to be ubiquitous beyond these systems (Rochman, 2018),
43 records of microplastic pollution are often reported at low spatial and temporal resolutions.

44 Freshwater catchments are a key pathway in the transport of microplastic debris, which
45 accumulates in marine environments (Wagner et al. 2014). Sources of freshwater
46 microplastic pollution are known to be varied, including wastewater treatment plants
47 (WWTPs), urban centres and road runoff (Horton et al. 2017), industry (Lechner and
48 Ramler, 2015), the atmosphere (Dris et al. 2016), and the degradation of larger items of
49 plastic waste. However, the predominate focus of freshwater microplastic studies has been
50 on downstream reaches of large, highly developed rivers in China, Europe, and North
51 America (Figure 1). Understanding how microplastic concentrations vary along a river's
52 course is lacking, yet it is critical to understanding this key source and pathway of
53 microplastic particles.

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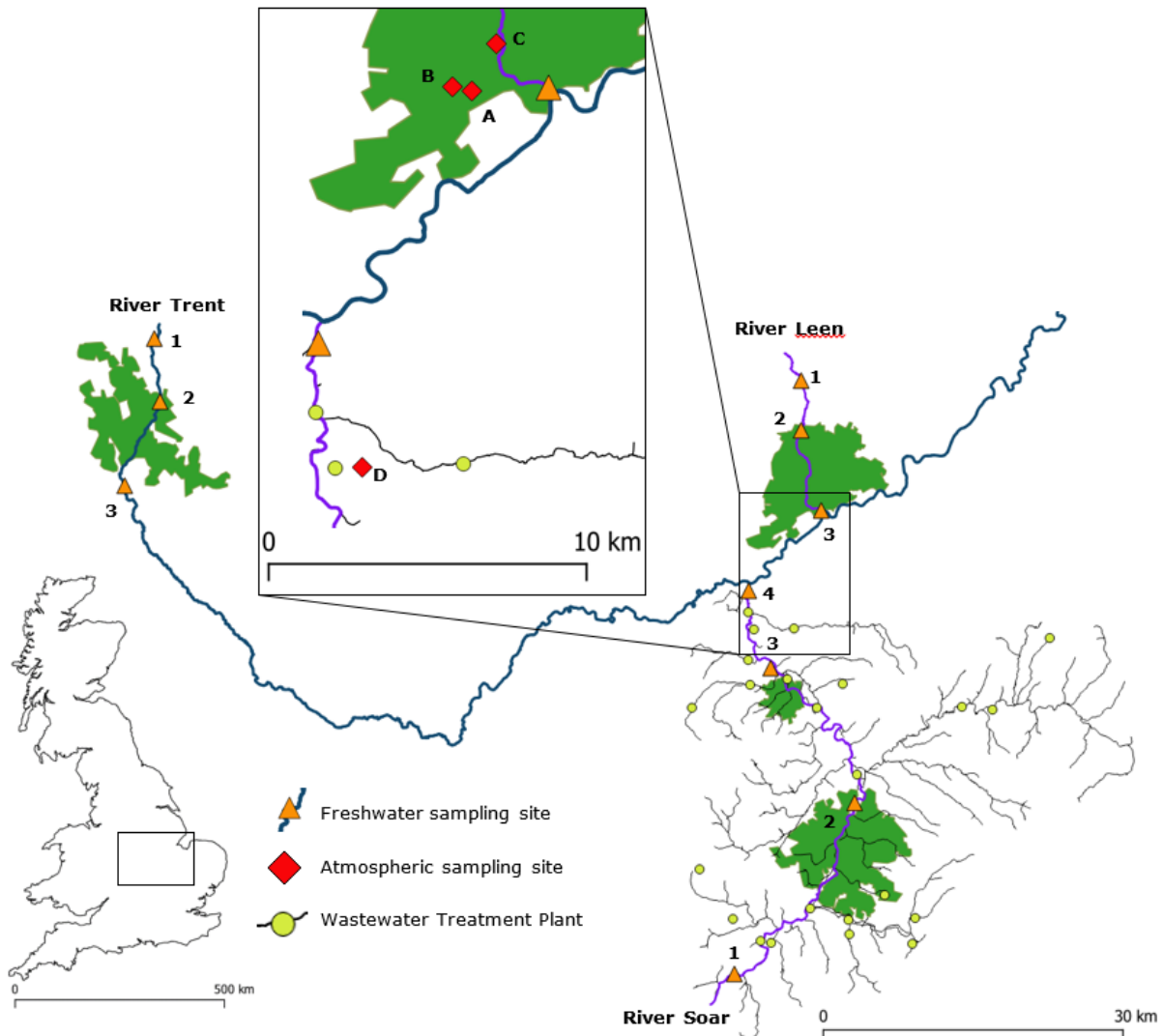
55 **Figure 1: The number of sample sites (a), number of sampling occasions (b), and**
 56 **location (c) of 79 freshwater microplastic studies (see methods for Web of**
 57 **Knowledge search parameters used to identify relevant publications).**

58 Freshwater sampling campaigns also rarely account for temporal variability in their
 59 sampling campaigns (Figure 1) (Schmidt et al. 2017), limiting the extent to which
 60 measurements are representative of that site beyond the time of sample collection. Whilst
 61 studies that quantify microplastics in different freshwater environments are of great value,
 62 they are not able to further our understanding of microplastic sources and distributions

63 without careful consideration of the intra-site variability over representative time periods
64 (Prata et al. 2019).

65 A comprehensive understanding of the sources and vectors of freshwater microplastic
66 pollution is further limited by a lack of consideration of atmospheric deposition to what is
67 a largely open system. Atmospheric deposition is a known source of anthropogenic
68 particles found in both the benthic and suspended sediments of freshwater systems,
69 including Spheroidal Carbonaceous Particles and Inorganic Ash Spheres (Rose et al. 2012).
70 However, the study of airborne microplastic particles is limited to a few records of their
71 presence in urban (Dris et al. 2016; Cai et al. 2017; Bergman et al. 2019; Stanton et al.
72 2019), and remote (Allen et al. 2019; Bergman et al. 2019) atmospheric deposition.

73 To address these research gaps, this study presents the findings of 12 months of
74 freshwater and atmospheric sampling across the River Trent catchment, UK (Figure 2).
75 We sampled the upstream reaches of the River Trent (RT), and the entire length of two of
76 its tributaries, the River Leen (RL), and River Soar (RS), as well as atmospheric deposition
77 within the Trent catchment. By sampling sites upstream of urban centres and at points
78 without WWTP inputs, we assess the contribution of these previously cited sources of
79 microplastic pollution to freshwater microplastic loads, and highlight the importance of
80 accounting for temporal variation when disseminating microplastic findings.



81

82 **Figure 2: Locations of freshwater (numbered) and atmospheric (lettered)**
 83 **sampling sites within the Trent Catchment, UK. Green areas represent the urban**
 84 **areas of Stoke-on-Trent (River Trent), Nottingham (River Leen), Leicester (River**
 85 **Soar upstream) and Loughborough (River Soar downstream). The exact location**
 86 **of each sample site is provided in Table S1.**

87 **2. Methods**

88 *2.1 Literature search protocol for freshwater microplastic studies*

89 Figure 1 was collated from the results of a Web of Knowledge publication search conducted
 90 on 24/07/2019 with the aim of collating the number of sampling sites, number of sampling

91 occasions, and location of freshwater microplastic studies. This search was conducted
92 using the following parameters:

93 Topic search for:

- 94 - Freshwater microplastic
- 95 OR
- 96 - River Microplastic
- 97 OR
- 98 - Lake Microplastic

99 Though these search terms are unlikely to have provided a complete coverage of all
100 freshwater microplastic studies, they yielded 343 results from 2012 to 2019. All review
101 articles and laboratory studies were excluded, leaving 93 studies (supplementary
102 references), of which the authors had access to 79 that contained the necessary
103 information to meet the above aim.

104 *2.2 Sample sites, and sample collection and processing*

105 Sample site locations (Figure 2), and the procedure for contamination control, sample
106 collection and processing are described in detail in Stanton et al. (2019). In brief, every
107 four weeks from 20/11/2017 to 23/10/2018 (12 months) 30 L of freshwater was collected
108 from each of the 10 sites across three rivers within the Trent catchment (Figure 2).
109 Samples were collected from the riverbank using a metal bucket on a telescopic pole. Each
110 sample was concentrated onto a 63 µm sieve in the field, and the retained material was
111 transferred into a glass sample bottle using distilled water. The location of freshwater
112 sampling sites enabled this study to assess microplastic pollution near the source of rivers,
113 up- and downstream of urban centres, and at locations that do and do not receive WWTP
114 effluent. Exact locations were determined by site accessibility.

115 Atmospheric samples were collected using a scaled-down adaptation of the methods used
116 by Dris et al. (2016). Atmospheric deposition was collected in 2.5 L amber glass bottles
117 using a 12 cm diameter (0.0113 m²) glass funnel. Where Dris et al. (2016) used a sampling

118 surface area of 0.325 m², more recent research of microplastic deposition has favoured
119 smaller sampling apparatus with a sampling surface area of 0.0177 m² (Cai et al. 2017),
120 0.014 m² (Allen et al. 2019), and 0.0113 m² (Klein and Fisher, 2019; Stanton et al. 2019).
121 Atmospheric samples were collected fortnightly for 12 months from 23/11/2017 to
122 25/10/2018. To assess the potential influence of intra-site variation additional sampling
123 was also conducted at site D, in which five replicate samples were collected from the same
124 rooftop between 04/12/2018 and 11/12/2018. All buildings were 2 storeys (three floors)
125 high.

126 Freshwater samples were treated with 30% H₂O₂ to remove organic matter before being
127 vacuum filtered onto gridded cellulose nitrate filter papers with a 0.45 µm pore size
128 (Whatman ME 25/41). The contents of the amber glass bottles used to collect atmospheric
129 deposition was concentrated onto a 38 µm sieve in the laboratory, and the bottles triple
130 rinsed with distilled water. The retained material was vacuum filtered onto the same
131 gridded filter papers as the freshwater samples. Due to the mesh apertures of the sieves
132 used to reduce the sample volumes, this methodology was unable to isolate all particles
133 smaller than 63 µm for the freshwater samples, or smaller than 38 µm for the atmospheric
134 samples.

135 *2.3 Microplastic identification*

136 Samples were initially visually inspected under a dissection microscope (Medline Scientific
137 CETI Varizoom-10, Chalgrove, UK). Textile fibres were categorised according to Stanton
138 et al. (2019), and the grid reference for all suspected non-fibrous microplastic particles
139 was recorded. This grid reference aided the subsequent FTIR spectroscopy of these
140 particles. Analysed particles were subjected to one of the following FTIR spectroscopy
141 techniques: Attenuated total reflectance (ATR) FTIR spectroscopy (Bruker Tensor 27 FTIR
142 spectrometer [Bruker Optics, Coventry, UK] equipped with a Golden Gate ATR accessory
143 [Specac, Orpington, UK]), reflectance FTIR microscopy (Bruker Hyperion 2000 microscope
144 [Bruker Optics, Coventry, UK]), or using an ATR-FTIR objective (Bruker Lumos microscope

145 [Bruker Optics, Coventry, UK]). Spectra were identified using Bruker's demonstration
146 library.

147 *2.4 Statistical analysis*

148 Non-parametric tests were carried out on the freshwater dataset. Kruskal-Wallis tests
149 were performed to determine whether microplastic concentrations over the sampling
150 period were significantly different between sites on each river. Mann-Whitney U tests
151 were performed to determine whether microplastic concentrations were significantly
152 different between any two sites on the same river. A Levene's test was performed to
153 assess the similarity of the variability between sites on each river.

154 **3. Results and Discussion**

155 *3.1 Microplastic particles in the River Trent and its tributaries*

156 Throughout the 12 month freshwater sampling campaign microplastic particles were
157 identified at every site, including the most upstream sites. Identified microplastic particles
158 included fragments, films and spherical beads, as well as extruded textile fibres. Extruded
159 fibres include microplastic fibres (e.g. polyester) and regenerated cellulose fibres (e.g.
160 rayon). Limitations of the analytical techniques available to this study, detailed in Stanton
161 et al. (2019), meant that it was not possible to definitively categorise extruded fibres as
162 plastic. It is possible that all of the extruded fibres identified were microplastics, and the
163 data presented here assumes this for clarity and to present a worst case scenario.
164 However, we recognise that as it was beyond the scope of this investigation to characterise
165 extruded fibres this might not be the case.

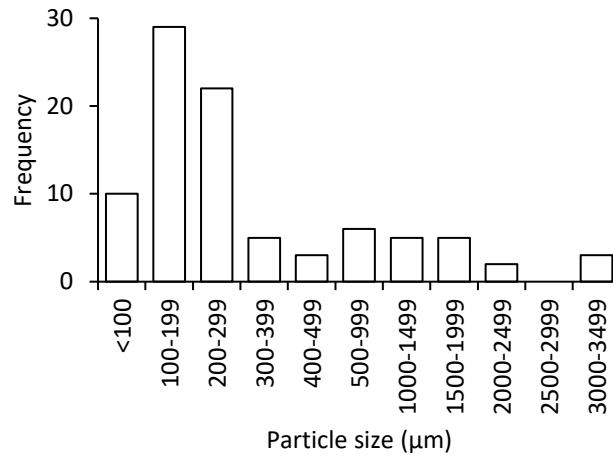
166 A total of 178 plastic particles were identified in the freshwater samples collected for this
167 study. 79 particles were identified as extruded textile fibres, and were present in similar
168 concentrations at sites that do and do not receive WWTP effluent (Figure 2). Though
169 WWTPs are widely cited as a source of textile fibres (Napper and Thompson 2016;
170 Ziajahromi et al. 2017), by considering temporal variation, we show here that they do not
171 always inflate textile fibre concentrations.

172 The remaining 99 plastic fragments included 95 microplastic particles and four plastic
173 particles ≥ 5 mm, of which FTIR spectra were generated for 96. The use of ATR-FTIR
174 spectroscopy is a common technique for the analysis of particles > 500 μm in size
175 (Biginagwa et al. 2016), but can be challenging for smaller particles. Alternative methods
176 of FTIR spectroscopy, including the reflectance FTIR spectroscopy available to this study,
177 can provide spectra for particles too small to handle for FTIR spectroscopy. By
178 characterising a subsample of microplastic particles and extrapolating based on levels of
179 error determined from this subsample, it is possible to infer the composition of microplastic
180 populations within a study (e.g. Dris et al. 2016). Whilst this is a valid approach, we opted
181 to attempt to identify each microplastic particle that was visually preselected using FTIR
182 spectroscopy. However, the quality of reflectance FTIR spectra of particles < 500 μm is
183 often poor. The majority of microplastic particles were smaller than 500 μm in their largest
184 dimension (Figure 3), but of the particles analysed, 21 (21%) could be identified by FTIR
185 spectroscopy. Of these 21 particles, 20 were confirmed as plastic particle. Twelve were
186 polyethylene, three were polypropylene, two were polystyrene, two were polyvinyl acetate
187 (PVA), and one was identified as urethane alkyd (UA) (Figure 4). The PVA and UA particles
188 may represent fragments of polymer-based paints. The remaining 77 spectra were too
189 noisy to be identified confidently, but are thought likely to be plastic given the success of
190 the visual identification of particles that could be confidently characterised.

191

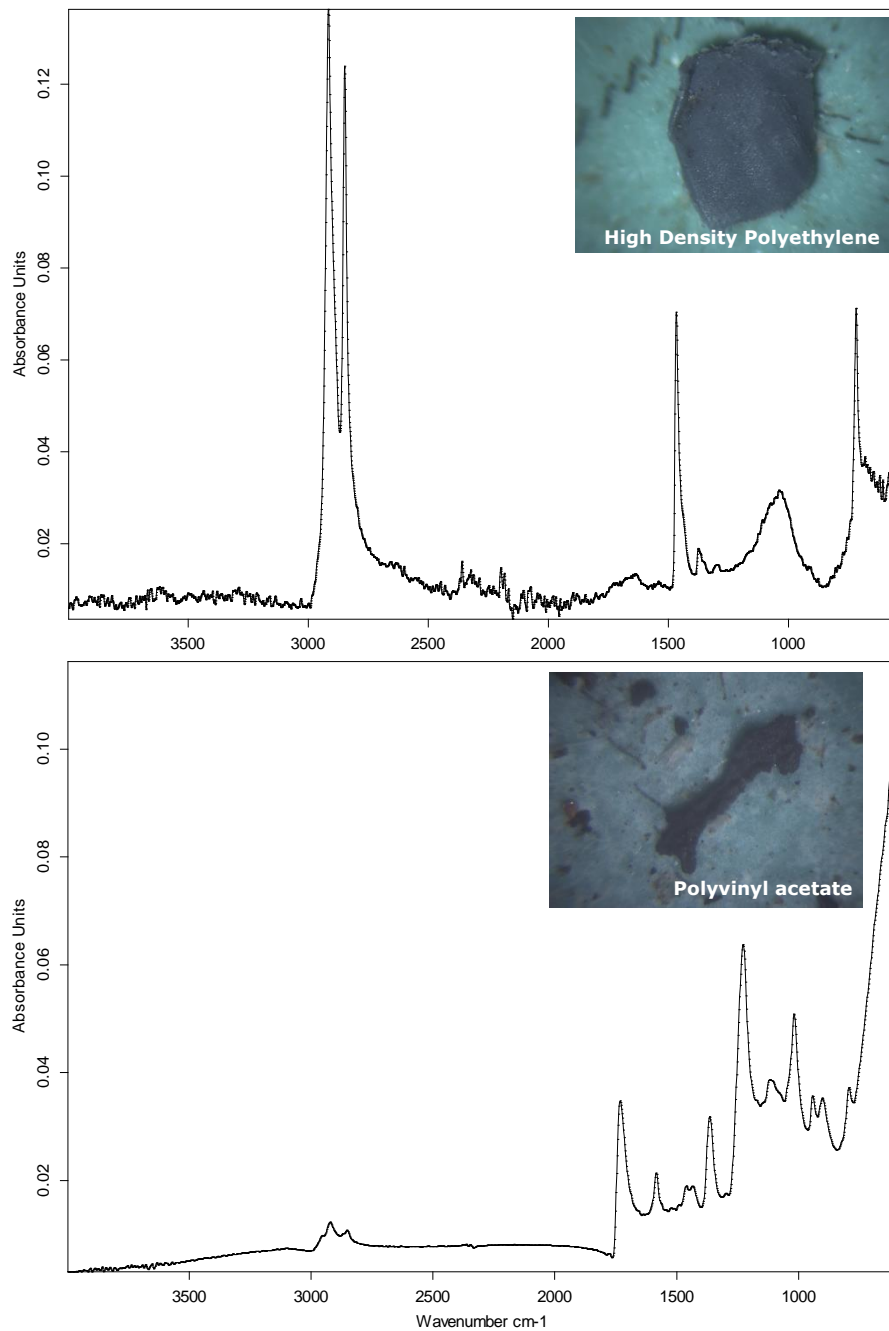
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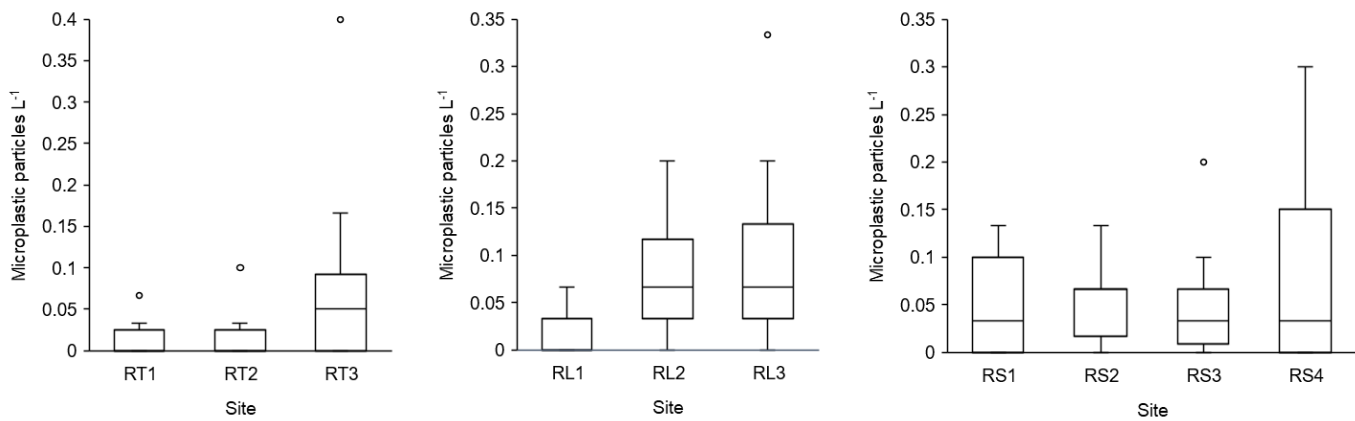
194 **Figure 3: Distribution of non-fibrous microplastic particle sizes across all**
 195 **freshwater samples. 77% of particles had a largest dimension <500 μm.**

196



197 **Figure 4: ATR-FTIR spectra of two of the microplastic particles identified during**
 198 **the twelve month sampling campaign.**

199 The incidence of microplastic particles increased in both concentration and variability along
 200 the sampled reaches of the rivers Trent and Leen (Figures 5 and S1). The sampled reaches
 201 of these rivers do not receive WWTP effluent, but flow through the urban centres of Stoke-
 202 on-Trent and Nottingham, respectively.



204 **Figure 5: Box and whisker plots illustrating the median and range of microplastic**
 205 **concentrations at each of the ten freshwater sites sampled. Outlying points are**
 206 **more than 1.5 times the interquartile range above the upper quartile.**

207 Across the 12 month sampling campaign, Kruskal-Wallis tests showed that the
 208 concentration of microplastic particles between sites on the same river was not
 209 significantly different for the River Trent ($p=0.88$) or the River Soar ($p=0.936$). Despite
 210 the WWTP input at sites RS2-4, this dataset shows that WWTP effluent does not always
 211 significantly increase microplastic and fibre concentrations. However, microplastic
 212 concentrations were significantly different between sites on the River Leen ($p=0.015$).
 213 Levene's tests showed that the variability of microplastic concentrations between sites on
 214 each river was significant for the River Trent ($p=0.027$), the River Leen ($p=0.026$), and
 215 the River Soar ($p=0.019$).

216 Mann-Whitney U tests were carried out to identify significant differences in microplastic
 217 concentrations between any two sites on the same river (Table S2). Significant differences
 218 were only found between sites RT1 and RT3 ($p=0.045$), RL1 and RL2 ($p=0.007$), and RL1
 219 and RL3 ($p=0.022$). Therefore, the urban areas of Stoke-on-Trent, Nottingham, Leicester
 220 and Loughborough (Figure 2) did not significantly increase microplastic concentrations in
 221 the rivers that flow through them on the sampling occasions.

222 However, though not significant, mean microplastic concentrations (\pm SD) were almost
 223 four times greater downstream of Stoke-on-Trent at site RT3 ($\bar{x} = 0.075 \pm 0.11$ particles

224 L⁻¹) than upstream of it at site RT2 ($\bar{x} = 0.019 \pm 0.04$ particles L⁻¹). The influence of the
225 Nottingham urban area on the microplastic concentrations of the River Leen was less stark.
226 Mean microplastic concentrations (\pm SD) were comparable at site RL2 ($\bar{x} = 0.076 \pm 0.06$
227 particles L⁻¹) and RL3 ($\bar{x} = 0.083 \pm 0.10$ particles L⁻¹). On the River Leen, the greatest
228 increase in microplastic concentration was observed between site RL1 ($\bar{x} = 0.019 \pm 0.03$
229 particles L⁻¹) and site RL2 (Figure 5). Though located where the River Leen enters the
230 urban area of Nottingham, anthropogenic activity near to site RL2 is extensive, highlighting
231 the immediacy with which plastic debris associated with anthropogenic activity can enter
232 the aquatic system.

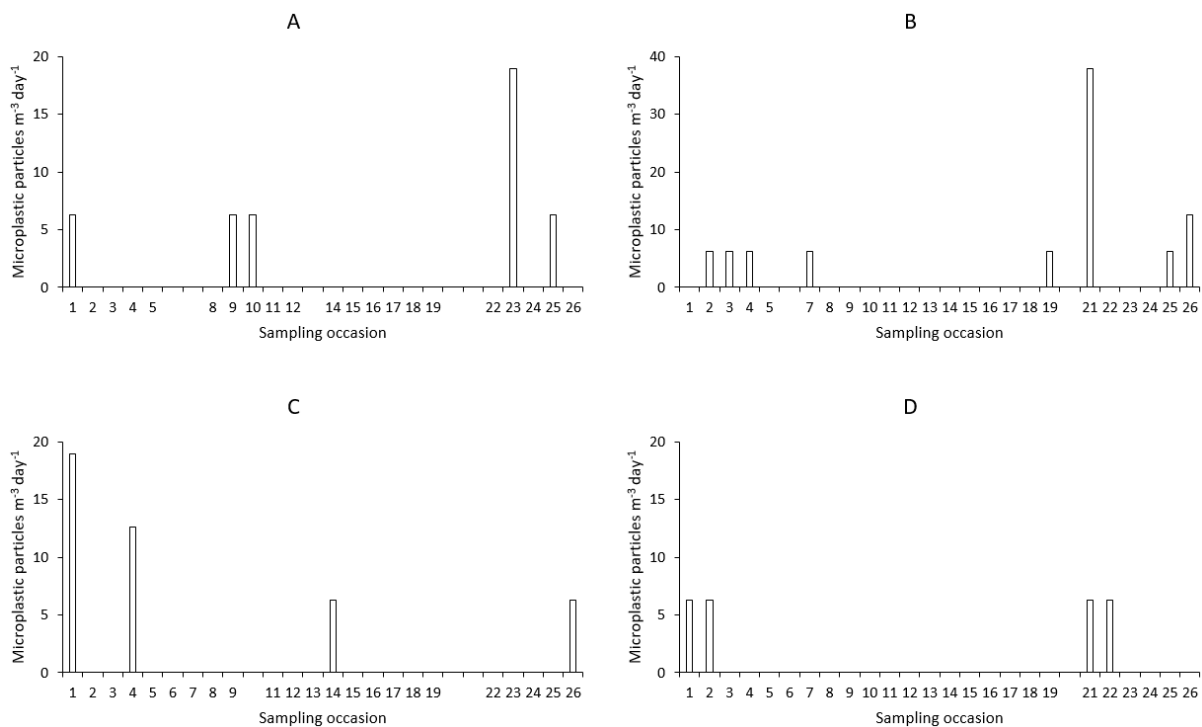
233 Of the three rivers sampled in this study, the River Soar represented the largest system.
234 There was no significant increase in microplastic concentration between any two sites
235 sampled along the River Soar (Table S2). However, comparable microplastic
236 concentrations between sites along the course of a river do not equate to comparable
237 microplastic abundances, with water volume increasing along the river's course.

238 Many microplastic studies collect samples by trawling a net through surface waters (Rivers
239 et al. 2019). Whilst this enables the sampling of large volumes of water, its application to
240 freshwater systems imposes various limitations on the ability of studies to produce a
241 comprehensive assessment of microplastic pollution within the surveyed catchment. The
242 restrictions associated with coarse mesh apertures have been discussed previously (see
243 Hidalgo-Ruz et al. 2012), however, the use of nets also limits the size of the system that
244 can be sampled. Research that uses common Manta and Neuston nets to collect samples
245 precludes itself from sampling small freshwater systems. The approach taken in the
246 present study enabled the sampling of small, upstream sites to report microplastic
247 pollution from close to the sources of the sampled systems (Figure S2). Moreover,
248 concentrating samples onto a 63 μ m sieve enable this work to account for smaller particle
249 sizes than is normally possible using a net, as well as increasing the likelihood of fibre
250 capture. In order to enable comparison between sites, this approach had to be followed at
251 all sample sites, including those large enough that a net could have been used. The low

252 concentration of microplastic particles recorded throughout the sampling campaign is not
253 thought to be an artefact of the sample size, within which natural and extruded textile
254 fibres were consistently reported and documented in Stanton et al. (2019).

255 3.2 Atmospheric deposition of microplastic particles

256 Throughout the 12 month atmospheric sampling campaign, microplastic deposition was
257 sporadic and consistently low, with a total of 27 extruded textile fibres and eight
258 microplastic fragments quantified across all four sites (Figure 6). Mean daily deposition
259 (\pm SD) ranged from 1.14 ± 2.4 to 3.16 ± 4.9 particles $m^{-2} day^{-1}$, and the modal value for
260 each site was 0 particles $m^{-2} day^{-1}$. Natural textile fibres were observed consistently across
261 all sites throughout the sampling campaign (see Stanton et al. 2019). The additional
262 sampling at site D showed little intra-site variation (Figure S3).



263

264 **Figure 6: Microplastic deposition across the four atmospheric sampling sites**
265 **throughout the 12 month sampling campaign**

266 The atmospheric deposition of microplastic particles recorded in the present study is much
267 lower than those reported previously. The sample sites in the present study represent

268 areas of lower population density and urbanisation than those sampled by Dris et al.
269 (2016), Cai et al. (2017), and some of those sampled by Bergmann et al. (2019), which
270 is likely to contribute to the abundance of airborne particles. However, though the surface
271 area of the atmospheric sampling device (0.0113 m²) was similar to the largest device
272 used by Allen et al. (2019) (0.014 m²), they reported much higher mean microplastic
273 concentrations (\pm SD) of 365 \pm 69 particles m⁻² day⁻¹ at their remote sampling sites.
274 Multiple environmental and methodological factors could have influenced this discrepancy,
275 including sampling height. The sampling reported here was undertaken on rooftops, as
276 opposed to the sampling closer to ground level undertaken by Allen et al. (2019).

277 Here we show that atmospheric deposition is a source of microplastic particles in both rural
278 and urban reaches of the freshwater system. However, the negligible deposition recorded
279 throughout this sampling campaign indicates that atmospheric deposition it is not a major
280 contributor to microplastic pollution at the sites of deposition sampled.

281 *3.3 Temporal variation of freshwater and atmospheric microplastic particles*

282 Microplastic particles are known to be present in the freshwater system from source to sea
283 (Miller et al. 2017). However, freshwater and atmospheric microplastic concentrations
284 varied considerably throughout the sampling campaign, and were absent from 41% (51
285 of 123) of samples collected across the 12 month sampling campaign. The modal
286 microplastic concentration was 0 particles L⁻¹ at six of the 10 freshwater sites samples
287 (Figure S1).

288 Though recorded freshwater and atmospheric microplastic concentrations did vary at
289 different points in time, no seasonal variation in microplastic concentration was observed
290 (Figures 6 and S1). On sample occasion five (12th and 13th March 2018) samples were
291 collected during a storm event (Table S3) which saw suspended microplastic
292 concentrations increase at some sites (Figure S1). This increase can be explained by the
293 in wash of microplastic particles via surface runoff (Wagner et al. 2014; Li et al. 2018),
294 and the resuspension of sedimentary microplastic particles within the broader increase of

295 the river's suspended solid loads during such an event (Hurley et al. 2018). However, the
 296 influence of this precipitation varied in the freshwater system, with microplastic
 297 concentrations at some sites also being present in similar, or lower, concentrations than
 298 their site average. Five of the 10 freshwater sites even recorded microplastic
 299 concentrations of 0 particles L⁻¹ during this event. We therefore postulate that storm
 300 events can also dilute freshwater microplastic concentrations.

301 This temporal variation and inconsistent relationship between particle concentration and
 302 flow can lead to considerable misrepresentation of findings when particle fluxes are
 303 calculated. Microplastic fluxes were extrapolated at sites RT2, RL3, and RS4, which are
 304 located in close proximity to UK National River Flow Archive gauging stations. At site RS4
 305 this flux extrapolation ranged from 0 to 643 000 000 particles depending on the sampling
 306 occasion (Table 1). These flux extrapolations are detailed for each sampling occasion
 307 throughout the sampling campaign in Table S3.

308 **Table 1: Microplastic flux estimates, presented to three significant figures, at**
 309 **sites in close proximity to UK NRFA gauging stations. Numbers in brackets**
 310 **represent the codes for the NRFA gauging station used. Mean flow for each**
 311 **station is as stated by the NRFA on 31/07/2019, and was used to calculate mean**
 312 **microplastic flux from the mean microplastic concentration quantified for each**
 313 **site in the present study. Maximum microplastic flux was calculated using the**
 314 **mean flow rate for the day of sampling, as detailed in Table S3.**

| Site | Mean flow (m ³ s ⁻¹) | Mean microplastic flux (particles / day) | Minimum microplastic flux (particles / day) | Maximum microplastic flux (particles / day) |
|-------------|---|--|---|---|
| RT2 (28040) | 0.624 | 1 050 000 | 0 | 2 550 000 |
| RL3 (28035) | 0.684 | 4 920 000 | 0 | 88 400 000 |
| RS4 (28074) | 11.729 | 69 900 000 | 0 | 643 000 000 |

315

316

317 *3.4 Implications for our understanding of microplastic pollution*

318 Microplastic particles are ubiquitous in many environmental systems (Rochman, 2018).
319 They are likely to be the most abundant form of plastic debris in the marine environment
320 (Law and Thompson, 2014), with the freshwater system being a major source of marine
321 plastic debris (Lebreton et al. 2017; Schmidt et al. 2017). However, the freshwater
322 samples collected at discrete time points are not representative of the four weeks that
323 separated them and, therefore, this 12 month dataset is not to be interpreted as a
324 representation of the annual variation in microplastic concentrations at the sites sampled.
325 Moreover, whilst microplastic particles are identified at every site, the consistently low
326 concentrations at some sites and the repeated dominance of non-plastic anthropogenic
327 particles in the form of natural fibres raises important questions about the relative risk
328 that microplastics pose across some freshwater and atmospheric systems.

329 These systems are highly spatially and temporally variable, and by not considering this
330 variability the findings of microplastic research risk being interpreted beyond the
331 spatiotemporal context that they represent. Without such consideration, the subsequent
332 public dissemination of such findings risks distracting attention from more pressing
333 environmental concerns, including those whose harm has a stronger evidence base than
334 that of microplastics.

335 **4. Conclusion**

336 The freshwater system is an important pathway for microplastic pollution to marine and
337 lacustrine environments and it is concerning that microplastics have been found in even
338 the most remote environments (e.g. Bergman et al. 2019). However, whilst the presence
339 of microplastic particles is widespread, their abundance in the environment is harder to
340 quantify. Here we show a clear need to increase temporal resolution of sampling
341 campaigns, and for complementary work to assess the similarity of this variability in
342 sedimentary and biotic matrices. Extrapolation from few samples in space or time, is likely
343 to lead to substantial errors in assessment. This research also raises important questions

344 about sources of microplastics to environments given its observation of plastic particles,
345 including fibres, upstream of both the urban areas and WWTPs that are often thought to
346 represent major sources of such particles. To this end, the findings of this work bring the
347 authors to recommend that future research into the impacts of microplastic pollution
348 generate longer term, high temporal resolution, records of microplastics in the
349 environment, and that they assess risk at environmentally representative concentrations.

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355 microscope. Stanton was supported by the University of Nottingham Sir Francis Hill
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358 **Author contributions**

359 T.S. conducted all field sampling, and all laboratory processing and analysis. W.M. assisted
360 in the FTIR spectroscopy. All authors contributed to the interpretation of the presented
361 data and the writing of the manuscript.

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