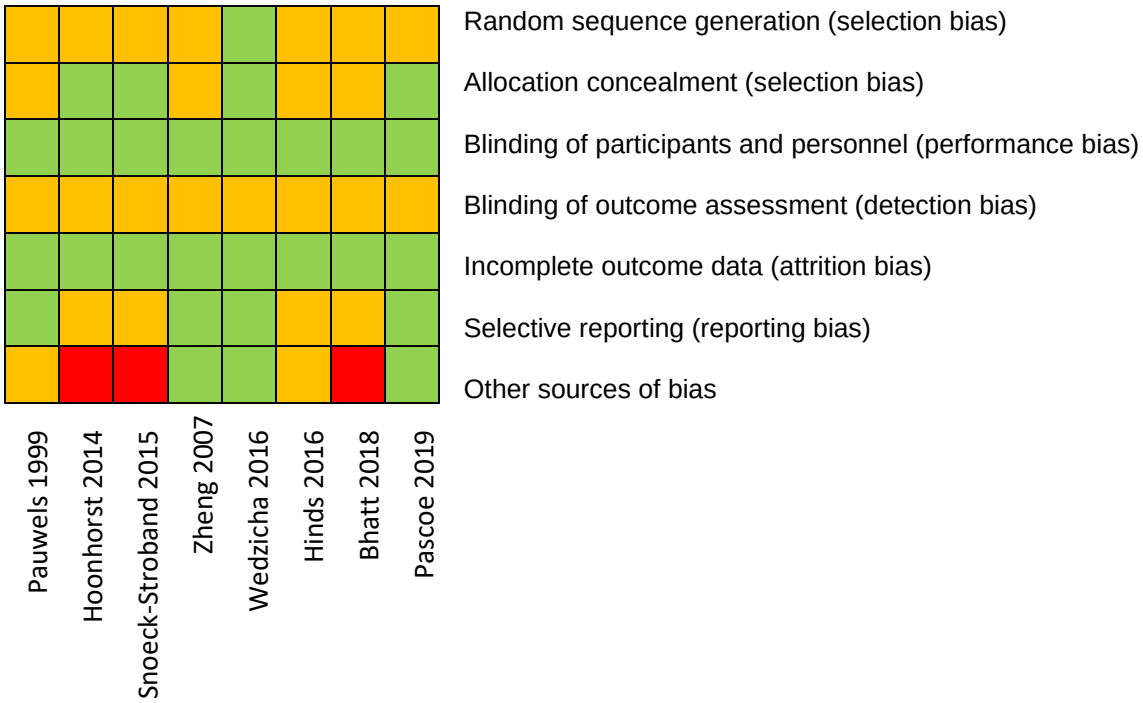Figure 2. Quality assessment of included studies using Cochrane Collaboration tool for assessing risk of bias. Red = high risk of bias; amber = uncertain/cannot tell; green = low risk of bias