Quote	Subtheme	
1	Introduction of the use of virtual meetings	"Parents are invited to weekly ward rounds via Teams since the pandemic. This is much more convenient than before, where they had to drive to the ward for a 15-minute slot." (HCP)
2	Introduction of the use of virtual meetings	"I think things like Covid have been helpful in terms of you know, the drive for virtual meetings. I think that since Covid we've probably had an improvement in community teams, especially those that are a little bit further away, their involvement in the young people's care" (HCP)
3	Introduction of the use of virtual meetings	"I think one of the benefits I probably came across in terms of the technology and providing video-link consultation. And some young people that I see they definitely want that to continue rather than coming to see me in clinic." (HCP)
4	Introduction of the use of virtual meetings	"obviously with remote things you can sort of attend but it's never quite the same experience." (HCP)
5	Introduction of the use of virtual meetings	"You know like the digital stuff's good isn't it but that's not what this speciality is about. It's about sitting down in a room and talking to people isn't it? " (HCP)
6	Introduction of the use of virtual meetings	"Meetings on the phone and online. And obviously it's difficult to kind of establish a rapport like that." (P/C)
7	Difficulties around staffing	"there was a lot of bank staff members that you didn't really know and didn't really interact with you" (YP)
8	Difficulties around staffing	"So staff were changing all the time, which again for somebody like X that needs consistency, was hellish because she'd wake up to different people all the time. And when she got to a point where she was having a crisis, somebody, a complete stranger coming in to try and help her was never going to get anywhere." (P/C)
9	Ward rule changes	"Smoking in the gardens has been allowed since the pandemic, as previously people could go offsite and smoke, but since that wasn't possible they didn't want to restrict liberties." (HCP)

Table 5 Quotations to illustrate the theme: COVID-19 effect on working practices.