

Quote	Subtheme	
1	Parents/carers unable to enter the ward	<i>"We didn't know what was the set up in my behind the doors of what the rooms are like or what." (P/C)</i>
2	Challenges associated with periods of self-isolation	<i>"You mean she can't see anybody for a week or what's going on? And you were a bit nervous for her." (P/C)</i>
3	Challenges associated with periods of self-isolation	<i>"Having to self-isolate at the beginning was so rough and it was absolutely awful." (YP)</i>
4	Challenges associated with periods of self-isolation	<i>"isolation that was quite difficult.... because I was at the end of my corridor, so I was really far away from the nurse switchboard thing." (YP)</i>
5	Challenges associated with periods of self-isolation	<i>"I got told I'd be isolating for a few days and ended up isolating for a week. And then they took me onto the main ward but in that week I hadn't met anyone on the main ward... then I could just hear the ward. I couldn't hear any of the good things, I could just hear incidents, I could hear the alarms, I could hear banging, screaming. And I was like I don't want to go on the ward, I don't want to go." (YP)</i>
6	Challenges associated with periods of self-isolation	<i>"Isolation was terrible, they'd stick you down a corridor and say you have to stay in your room, you can't go anywhere. Staff would come in, in full PPE, just to say hi and leave. You didn't really get any staff interaction. So you were just kind of kept in a room like a prisoner, not able to do anything." (YP)</i>
7	Challenges associated with periods of self-isolation	<i>"So it's not only that it's scary enough to go into a unit but in addition to that you are going to be stuck in a room on your own for the first 24 hours." (HCP)</i>
8	Challenges associated with periods of self-isolation	<i>"struggled with periods of isolation while waiting results of covid swab" (HCP QR)</i>
9	Challenges associated with periods of self-isolation	<i>"Covid tests when you first get admitted, that delays a lot of the assessment." (HCP)</i>

10	Changes to arrangements around visiting	<i>"friends haven't been allowed to visit her and that has been really hard on the young person." (P/C)</i>
11	Changes to arrangements around visiting	<i>"I could only have like two people, but then my sister, my mum and my dad all wanted to come at the same time, and so they would have to like swap." (YP)</i>
12	Changes to arrangements around visiting	<i>"We just had to stay on the premises. And it's only a small room because you know as with hospitals you know it's very difficult. So to book a room was not always that easy." (P/C)</i>
13	Changes to arrangements around visiting / Changes to arrangements around leave	<i>"after the first couple of weeks we had to basically go outside, when we went to visit him, which was good when weather was nice but when it was cold basically the only thing was to stay in the car." (P/C)</i>
14	Changes to arrangements around visiting	<i>"the visiting was generally reduced because it was like right, this family are coming at 10 o'clock in the morning, this family are coming at 12 o'clock, so that they don't all arrive at the unit at the same time and that kind of thing. So I think it's had a huge impact." (HCP)</i>
15	Changes to arrangements around leave	<i>"Due to covid outbreak, the ward was in lockdown for a period of time and their leave had to be suspended, this created significant dysregulation, risk to self and restraint episode." (HCP QR)</i>
16	Changes to arrangements around leave	<i>"my leave got really messed up and I caught COVID when I was on the ward, and like obviously we hadn't been able to have visits as much." (YP)</i>
17	Changes to arrangements around leave	<i>"You almost think it would have put people off leave because you think well I don't want five days of isolation in my room again, so I'll just speak to my mum on the phone." (HCP)</i>
18	Changes to arrangements around leave	<i>"And if you was to leave and say go to home leave, to be with your parents at home, if you came back you would have to isolate for 14 days." (YP)</i>
19	Changes to arrangements around leave	<i>"I mean we could spend eight hours in the car with her driving around [hospital town] (laughs) and that was classed as not risky yet bringing her home where actually we probably spent less time with her face-to-face in a confined space. So I think the Covid rules caused more issues than anything else." (P/C)</i>

HCP = Healthcare Professional by interview

HCP QR = Healthcare Professional by questionnaire response

YP = Young person

P/C= Parent/Carer

Table 2 Quotations to illustrate the theme: COVID-19 impacted the young person's contact with others.