- 1 Morphological and imaging evaluation of the metacarpophalangeal and
- 2 metatarsophalangeal joints in healthy and lame donkeys.
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#### **Highlights** 24

- 25 Anatomical description of donkey metacarpophalangeal and metatarsophalangeal joints
- 26 Pathologies observed in clinically abnormal donkey joints including exostosis
- 27 New anatomical structures observed in donkey joints
- 28 Optimized computed tomography methodology can give better visualization for soft
- 29 tissues
- 30

#### 31 Abstract

- 32 The donkey is of socio-economic value yet imaging techniques in both healthy and abnormal
- 33 limbs are a limiting factor in research and medicine. The objective was to determine
- 34 anatomical features of both healthy and clinically abnormal donkey metacarpophalangeal and
- 35 metatarsophalangeal joints (n=13) using anatomical dissection, casting, x-ray and computed
- 36 tomography. The joint capsule contained two palmar/plantar and two dorsal recesses. The
- 37 proximal-palmar or plantar recess was larger than the distodorsal recess and potential sites of
- 38 approaches to the recesses were determined. Soft tissue structures were distinguished using
- 39 computed tomography at 300mA which was superior to 120mA. This methodology gave
- 40 better assessments of the synovial tendon sheath, joint recesses and cruciate, collateral and
- 41 short sesamoidean ligaments. Computed tomography provided outstanding discrimination 42 between the cortex and medulla of the third metacarpal, the proximal sesamoid bones, the
- 43 proximal phalanx and excellent details of the osseous structures. Although the joints appeared
- 44 free from exostosis using x-ray; the position and extension of exostosis in pathologically
- 45 affected donkeys (a novel finding) was revealed using computed tomography with 300mA in
- comparison to 120mA. The study also provided an anatomical record of the 46
- 47 metacarpophalangeal and metatarsophalangeal joints using the latest technology which could
- 48 impact on clinical situations including anesthesia injection sites.
- 49 **Keywords:**

- 50 Computed tomography; Radiography; Exostosis; Lameness.
- 51

#### 1. Introduction

54 The metacarpophalangeal and metatarsophalangeal joints (fetlock joint) have received 55 considerable critical attention because of their anatomical complexity and are the joints most 56 frequently affected by degenerative and traumatic lesions in the equine species [1, 2] causing 57 a high incidence of lameness. Therefore understanding their anatomy and identifying these 58 problems is essential. Current imaging techniques have their limitations in relation to viewing 59 the joint. In cases such as early cartilage loss and subchondral bone injury, radiography and 60 scintigraphy are not always able to detect changes, especially in cases without marked structural bone damage or demineralization. In contrast, evaluation of bone lesions and joint 61 structures may be more appropriate using computed tomography as it provides 3-dimensional 62 63 images, attenuation coefficient values through windows and tissue density in Hounsfield units 64 [1, 3-6]. Computed tomography can also be useful in understanding orthopedic diseases, 65 during pre-surgical planning and in disease progression prevention. On the other hand soft tissue evaluation with CT can be improved with the use of contrast agents but is often 66 considered inferior to magnetic resonance imaging [6]. It has been demonstrated [7] that 67 68 using higher tube currents and voltages and thicker sections significantly enhances the 69 accuracy of detection of low-contrast objects. Therefore, it is essential to optimize the factors 70 that could improve image quality in both clinical and research settings to ensure that artifacts 71 and lesions are correctly identified and interpreted.

Donkeys are the tenth most numerous domesticated mammals in the world [8, 9], with an estimated 41 million donkeys supporting 600 million people worldwide [10, 11]. The present study describes the main anatomical structures of the donkey metacarpophalangeal and metatarsophalangeal joints. The hypothesis was that computed tomography undertaken at high mA would give better images than a lower mA in relation to the metacarpophalangeal and metatarsophalangeal joint, especially when visualizing soft tissue structures.

78 Comparisons between x-rays and computed tomography were also made. The second

hypothesis was that limbs from lame animals would show differing anatomical structures
 when compared to healthy limbs. The third hypothesis was that the anatomical structures of

the donkey would not differ from those of the horse. The donkey is good for studying equine

82 pathophysiological orthopedic processes, because of its very close phylogenetically,

- 83 biomechanically and biochemically properties in comparison with the horse [12-14] therefore
- 84 differences in comparison to the published anatomy of the horse are also discussed. The study

also identified new bone growth and pathologies in donkeys with metacarpophalangeal and

86 metatarsophalangeal joint problems. This study presents valuable, clinically relevant,

87 information for anatomical training and research, anesthesia, medicine, surgery in this

- 88 important animal which is relevant in other animals including the horse.
- 89 90

## 91 **2. Material and Methods**

## 92 **2.1 Animals and ethics**

All four limbs from thirteen adult donkeys of both sexes were used with age matched controls

94 (aged 5-8 years, Table 1). Nomenclature observes Nomina Anatomica Veterinaria

95 terminology [15]. Each donkey (n=13) and their corresponding health records were

96 independently assessed by two specialist donkey and equine lameness veterinary surgeons

97 who confirmed 'healthy' or 'non-healthy' metacarpophalangeal and metatarsophalangeal

- 98 joints (Table 1). The following criteria were used: Non-healthy animals had a history of
- 99 metacarpophalangeal/metatarsophalangeal joint trauma and lameness, which was chronic at

- 100 the time of investigation with light to moderate (grades 1-2) degrees of lameness which
- 101 increased after trotting. Animals suspected to have joint effusion with synovial proliferation
- 102 and osteoarthritic changes based on manual examination (inspection, palpation, passive
- 103 movement of joints) were also considered 'non-healthy'. 'Healthy' donkeys required a life
- 104 history and veterinary examination free from deformities/lameness/trauma and study scans 105 further confirmed each diagnosis
- 105 further confirmed each diagnosis.
- 106 This study followed the guidelines for the care and use of animals and approved by
- the Animal Welfare and Ethics Committees of the Alexandria University, Damanhur
   University and The University of Nottingham (ethical number 2173 171214). No animals
- 109 were euthanized specifically for research purposes. Euthanasia was undertaken under general
- 110 anesthesia by veterinary surgeons via intravenous injection of 10mg/kg thiopental sodium
- 111 (EPICO, Egypt) after premedication with 1mg/kg xylazine hydrochloride (Xylaject; Egypt).

### 112 **2.2 Study Design**

#### 113 2.2.1 Anatomical dissection and cast

- 114 Four male and female clinically healthy donkeys free from joint pathology were used.
- 115 Following euthanasia the animals were bled from the common carotid artery.
- 116 Metacarpophalangeal and metatarsophalangeal joints from each animal were used (one left
- 117 forelimb and one right hind limb per animal). The joint cavity of one limb was injected with
- 118 gum milk latex (Sudan) mixed with a red dye (Carmine Alum Lake, USA) before dissection.
- 119 One donkey (one metacarpophalangeal and one metatarsophalangeal joint) underwent routine
- 120 preservative and fixation techniques (10% formalin:4% glycerin:1% phenol; two weeks) prior
- 121 to dissection. These techniques provided gross anatomical specimens to compliment imaging 122 techniques (Fig. 1+4)
- 122 techniques (Fig. 1+ 4).

#### 123 **2.2.2 Computed radiography**

- 124 Five healthy and five non-healthy donkeys with chronic joint pathology underwent computed
- 125 radiography (Table 1). Furthermore, one donkey joint was injected with contrast medium via
- 126 the palmar recess to further investigate the palmar/plantar recesses. Images were captured on
- 127 a phosphor plate using Toshiba 500MA fixed x-ray machine, output of 60Kv and 10mA. The
- 128 time was adjusted automatically with the mA, images were digitally processed using a CR  $(P_{20})$   $(P_{2$
- reader (R30-X. Agfa, Japan). Five standard radiographic views were used for each joint,
- (dorsopalmar, lateromedial, flexed lateromedial, dorso45°lateral-palmaromedial oblique, and
   dorsomedial-palmarolateral oblique views with an angle of 45°).

### 132 **2.2.3 Computed tomography**

- 133 Five donkeys with joint pathology and two healthy donkeys, all previously used for
- 134 radiography, were euthanized and the limbs severed at carpal/tarsal joints. Computed
- 135 tomography protocols (multislice helical computed tomography scanner, Toshiba Astesion
- 136 Super 4 Edition) were used to obtain 1mm thick scan slices at currents of 120kV and 120mA
- 137 (lower mA) and 300mA (higher mA). Collimation was at 0.75mm with 4mm reconstruction
- 138 interval, 1 second rotation time, field of view of 32cm and a pitch of 1.05-2. The matrix size
- 139 was  $512 \times 512$  pixels. Both bone (window width 3000, window level 700) and soft tissue
- (window width 300, window level 80) windows were used. Limbs were placed in the gantrywith the long axis of the limb parallel to the table. Limbs were scanned in a distal to proximal
- direction beginning from proximal aspect of first phalanx and continuing to 2cm above the
- 143 distal aspect of third metacarpal bone. Specimens underwent bone and soft tissue windows
- 144 scanning in transverse, sagittal and dorsal planes.
- 145
- 146 147

### 3. Results

### 148 **3.1** Gross anatomy of the metacarpophalangeal and metatarsophalangeal joints

149 The articular surfaces of the metacarpophalangeal and metatarsophalangeal joints were comprised of the third metacarpal/metatarsal bone, the proximal phalanx and the paired 150 proximal sesamoid bones. The distal epiphysis of the third metacarpal/metatarsal bone 151 152 consisted of two condyles separated by a sagittal ridge; the medial condyle was the largest (Figs.2+5+Supplemental Figure 1). The proximal extremity of the proximal phalanx 153 154 consisted of two articular cavities, the medial cavity slightly larger than the lateral one 155 (Fig.2). The two proximal sesamoid bones had a three sided pyramid shape, their dorsal 156 surfaces articulated with the condyles of the large metacarpal/metatarsal bone (Figs.1+2).

157 The ligaments of the metacarpophalangeal and metatarsophalangeal joints were the 158 collateral ligaments and sesamoidean apparatus. The medial and lateral collateral ligaments 159 had superficial and deep parts (Fig.1). The sesamoidean apparatus included the suspensory, collateral, straight, oblique, short and cruciate sesamoidean, and intersesamoidean ligaments. 160 The suspensory ligament presented on the palmar surface of the large metacarpal bone 161 162 between the two splint bones (Fig.1). The suspensory ligament divided into two diverging branches attached to the abaxial surface of the corresponding proximal sesamoid bone. Then 163 164 the extensor branch of suspensory ligament passed obliquely distally and dorsally to the dorsal surface of the proximal phalanx, where it attached to the common digital extensor 165 tendon or long digital extensor tendon in the hind llimb (Fig.1). The lateral and medial 166 collateral sesamoidean ligaments united the proximal sesamoid bones to the metacarpus 167 proximally and to the proximal phalanx distally (Fig.1). The straight sesamoidean ligament 168 169 originated from the proximal sesamoid bones and inserted on the palmar border of the base of 170 the proximal phalanx and to the tuberositas flexoria of the second phalanx (Fig.1) covered on 171 the plantar or palmar side by the superficial and deep digital flexor tendon and related tendon 172 sheath. The oblique sesamoidean ligament was narrow in width proximally, wider distally, originating from the base of the proximal sesamoid bones and adjacent part of the 173 174 intersesamoidean ligament to the distal fourth of the palmar surface of the proximal phalanx 175 (Fig.1). The cruciate sesamoidean ligament included two bands of tissue located across the distopalmar recess of the joint. The fibers of each strand were attached proximally to the base 176 177 of the respective proximal sesamoid bone and adjacent part of the intersesamoidean ligament. They extended obliquely towards the opposite palmar tubercle on the base of the proximal 178 179 phalanx. The intersesamoidean ligament was represented by a narrow dense 180 fibrocartilaginous mass which filled the space between the adjacent proximal sesamoid bones (Fig.1). The short sesamoidean ligaments consisted of short bands from the base of the 181 proximal sesamoid bone to the palmar border of the base of the proximal phalanx (Fig.1). 182 183 The related structures of fetlock joint included the superficial digital flexor tendon, the deep 184 digital flexor tendon and the digital sheath which extended from above the fetlock joint to the 185 middle of the middle phalanx. The sheath enclosed the deep digital flexor tendon, partially 186 surrounding the superficial digital flexor tendon.

187 The joint capsule appeared to be capacious and attached around the articular surfaces 188 consisting of fibrous and synovial layers. The capsule formed four recesses; two palmar or 189 plantar and two dorsal recesses. The proximal-palmar recess was larger and the smaller one 190 presented as a distodorsal recess. The dorsoproximal recess extended for 1.5-2cm on the third 191 metacarpal bone (Fig.1). The small distodorsal recess (Figs.1,2+4) was narrow and a smaller 192 section of the dorsal recess reached 2-3mm from the distal region to the articular surface of 193 the first phalanx and related dorsally by the common digital extensor tendon and 194 dorsolaterally by lateral extensor tendon. Access to the dorsal recess was possible both 195 medially and laterally to the tendon of the long digital extensor muscle, the medial route was 196 more accessible. The palmar recess had thin walls and was located between the distal 197 extremity of third metacarpal bone and the suspensory ligament until its bifurcation;

198 proximally, it was covered by the suspensory ligament, superficial and deep digital flexor

199 tendons. The palmar recess formed a main palmaroproximal recess under the suspensory

- 200 ligament, and a palmarodistal recess under the straight sesamoidean ligament and cruciate
- sesamoidean ligaments (Figs.1-4). The approach to the dorsal palmar recess was performed
- with the limb held in a flexed position and by palpating the triangle depression between
- suspensory ligament the third metatarcapal/tarsal bone and lateral proximal sesamoid bone.

# 204 **3.2 Computed radiography**

205 The dorsopalmar radiographs of the metacarpophalangeal and metatarsophalangeal joints 206 were approximately symmetrical about the prominent sagittal ridge of the distal metacarpus, 207 the medial condyle was slightly wider than the lateral. The sagittal ridge articulated with a 208 groove in the proximal phalanx. The joint space was observed to be at right angles to the long 209 axis of the third metacarpal bone. The proximal sesamoid bones superimposed on the third 210 metacarpal/metatarsal bone and highlighted the axial and abaxial borders of the bone (Fig.2A). The dorsopalmar view allowed good visualization of the joint space and condyles 211 212 of the distal third metacarpal/metatarsal. The lateromedial radiographs of the joints showed 213 the condyles of the third metacarpal/metatarsal bone and proximal sesamoid bones 214 superimposed on each other and the joint space was identifiable. The joint surface of the 215 distal metacarpal/metatarsal condyle was smooth and curved. In the lateromedial view only 216 the dorsal and palmar/plantar aspects were visualized (Fig.2B). The flexed lateromedial 217 radiographs highlighted specific areas of the joint, especially the distal aspect of the sagittal ridge, which was less opaque and more dorsally located than the medial and lateral condyles, 218 219 and elevated the proximal sesamoid bones away from the joint surface. It also enabled 220 visualization of the dorsal-palmar and palmarodistal recesses of the joint (Fig.2C) and of the 221 entire articular surfaces of the proximal sesamoid bones and of the sagittal ridge of the 222 metacarpal/metatarsal bones in comparison to standard lateromedial and dorsopalmar projections. The dorsolateral-palmaromedial oblique and dorsomedial-palmarolateral oblique 223 224 views highlighted the lateral sesamoid and dorsomedial aspects of the joint or medial 225 sesamoid and dorsolateral aspects of the joint respectively.

In addition to showing the features of the normal limb, x-rays were used to investigate the non-healthy limbs in which new bone projections were extensive and radiodense growths varied in shape and size along the apical and basilar portions of the proximal sesamoid. Two cases of metacarpophalangeal joint sesamoiditis were accompanied by calcification of the suspensory ligament which appeared as mineralized opacities superimposed on suspensory ligaments (Fig.3A+B).

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# 233 **3.3 Computed tomography**

The bone windows clarify the bone of the distal extremity of metacarpal and metatarsal bones, diaphysis and sagittal ridges of third metacarpal/metatarsal bones, the condyles, the

- proximal sesamoid bones and the proximal phalanx were seen on transverse and sagittal
- images (Fig.5+Supp Fig 2). All images had obvious delineation between the cortex and
- mages (Fig.5+Supp Fig 2). An images had obvious defineation between the cortex and medulla of the bones and had smooth outlines and homogenous contours. The soft structures
- such as ligaments, tendons and synovial sheath were homogenously hypodense, visualization
- 240 was difficult using this window. The soft tissue window with transverse and sagittal planes
- 241 identified the common extensor tendon, dorsal extensor tendon, superficial digital flexor
- tendon, deep digital flexor tendon and digital sheath cavity (Fig. 5+Supp Fig 2),
- intersesamoidean ligament, straight and oblique sesamoidean ligaments. Medial and lateral
  branches of suspensory ligament were the same density as the intersesamoidean ligament and
  were difficult to recognize in this study and were therefore no discussed further.
- Computed tomography at 120kV and 300mA: The bone window usage on the sagittal
  images showed a comprehensive evaluation of the sagittal ridge contour, proximal sesamoid
  bone and condyles of the two joint extremities (Supp Fig 2). All images showed excellent

- 249 delineation between the cortex, medulla of bone and provided more detail about the bone
- 250 density and thickness of the subchondral bone of the distal condyles of the third
- 251 metacarpal/metatarsal bones (Fig.6). The soft tissue window with transverse and sagittal
- 252 plans identified; suspensory ligament branches, extensor branches of the suspensory
- ligament, superficial and deep digital flexor tendons, common digital extensor tendon,
- straight, oblique, and cruciate sesamoidean ligaments, intersesamoidean ligament and the
- collateral ligaments (Fig.6 +Supp Fig 2) respectively. The proximal, distal synovial tendon
- sheath (the recesses of the digital sheath (cavity)) were best visualized on sagittal and
- transverse images, as a thin hypodense rim surrounding the deep digital flexor tendon
- 258 (Fig.6+Supp Fig 2) and the four joint recesses were recognizable. Cruciate sesamoidean
- 259 ligaments were evaluated better using a longitudinal rather than transverse view. Collateral 260 sesamoidean ligaments and short sesamoidean ligaments could also be identified using
- transverse views (Fig.6).

# 3.4 Computed tomography of the abnormal metacarpophalangeal and metatarsophalangeal joints.

- 264 The usage of transverse computed tomography bone windows of the abnormal
- 265 metacarpophalangeal joints at 120kV and 120mA at different levels of the sesamoid bone and 266 dorsopalmar view showed a bony projection (bone exostosis) which was thin and curved 267 medially. X-ray views made it difficult to determine positions and directions of the exostosis, 268 whilst computed tomography bone window images gave more information enabling 269 determination of the position and direction of even small/thin exostosis (Fig.7). The bony 270 exostosis was observed in four of the five non-healthy donkeys.
- 271 Soft window transverse and sagittal computed tomography images were also used to 272 look at the abnormal metatarsophalangeal joints at 120kV and 300mA (Fig.8). The soft window transverse computed tomography images of the abnormal metatarsophalangeal joint 273 274 at the level proximal to, and at the level of, the sesamoid bone, show an increased joint cavity 275 size and appearance of a hyperdense transverse septum. There was a septum presented at the 276 palmar recess with obvious demarcation of synovial fluid (synovitis). There was an abnormal 277 wave like shape appearance of the superficial digital extensor tendon, however this could have been an artifact due to dissection and should be studied in further in live animals. In 278 279 addition, changes in density and appearance of the fluid at the suspensory apparatus were 280 observed.
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### 4. Discussion

284 The present study identified anatomical features in both the healthy and abnormal 285 metacarpophalangeal and metatarsophalangeal joints in donkeys using complementary 286 imaging techniques. The morphological structures of the articular surfaces within the 287 metacarpophalangeal and metatarsophalangeal joints of the donkey and ligaments of the 288 joints bear resemblances to those published in the literature about horses [16-18]. One major 289 difference was that the donkey joint capsule formed a dorsal recess which had a large dorsal 290 and small distodorsal recess, whilst the palmar or plantar recess consisted of dorsal-ventral 291 parts, these structures have not been observed in the publications pertaining to the horse.

Radiographic exam is sensitive enough to identify consistent lesions with proliferative synovitis and osteoarthritis [19, 20] and is the most used imaging tools for the diagnosis of bone disorders affecting the metacarpophalangeal and metatarsophalangeal joints [1, 19, 21, 22]. The current study indicated the importance of flexed lateromedial radiographs giving better depictions of the articular surfaces of the proximal sesamoid bones and sagittal ridge of the metacarpal/metatarsal bone. This provided more accurate localization of lesions and better morphology of these structures, including osteochondritis of the distal sagittal ridge 299 which has not previously been observed and/or erroneously diagnosed as cystic lesions [1, 300 22]. The lateromedial view allowed good visualization of the palmar/plantar aspect of condyles of the distal third metacarpal/metatarsal, base of the proximal sesamoid bones and 301 302 first/proximal phalanx [19, 21]. The dorsopalmar view enabled good visualization of joint spaces and condyles of the distal third metacarpal/metatarsal bone. So most condylar 303 304 fractures are best visualized on that projection revealing an abaxial and proximal 305 displacement [19, 23]. The dorsolateral-palmaromedial and dorsomedial-palmolateral 45° 306 oblique views allowed assessment of the shape, internal architecture and the apex, dorsal, 307 palmar and distal borders of the lateral and medial proximal sesamoid bones respectively. It 308 was also required to highlight individual proximal sesamoid bones because standard views 309 allowed only partial visualization of these structures [21] (Fig.2D+E). The 45° oblique views were better for evaluating the regions of insertion of the suspensory ligament branch on the 310 311 abaxial surface of the proximal sesamoid bone. It also allowed assessment of the medial and 312 lateral palmar process of the proximal phalanx and the dorsomedial and dorsolateral aspects 313 aspect of the joint respectively. Based on the results of the current study, it is recommended 314 that intraarticular anesthesia/medication of the metacarpophalangeal and metatarsophalangeal joints in donkeys is performed via the three traditional approaches used in horses; the dorsal 315 recess, palmar/plantar recess or through the collateral ligament of the proximal sesamoid 316 317 bone. The latter approach is favored by most practitioners [24] and is performed with the limb held in a flexed position with the needle directed perpendicularly to the palpable 318 319 depression between the third metatarcapal/tarsal bone and lateral proximal sesamoid bone at 320 the level of proximal aspect of the collateral ligament of the joint.

321 Two chronic lesions with new bone proliferation, sesamoditis and calcification of 322 suspensory ligament, were diagnosed using radiography and elicited a pain response on palpation. With four of the five unhealthy animals showing exostosis which was not observed 323 324 in the healthy animals or described in the literature to date, this matter warrants further 325 investigation. Whether these growths developed in response to limb complications or caused 326 the lameness in these animals is yet to be established. It is possible they are secondary to 327 chronic pathology in the digital sheath and some may reflect chronic tendon lesions which 328 have mineralised. Differing theories in relation to inflammation, acute trauma, prolonged 329 exposure to lameness, microfractures in the bone stimulating bone redevelopment and the 330 extra bone growth itself increasing levels of lameness could all be possible reasons for the exostosis or lameness observed. There is a growing body of evidence to suggest that 331 332 lameness is strongly associated with extra bone/cartilage proliferation and growth. Bovine 333 lameness has been associated with extra bone growth on the caudal aspect of the distal 334 phalanx [25] and on or around the flexor tuberosity with age [26]. Humans also have extra 335 bone growth such as 'bony spur formation' and enthesopathy including calcification and 336 irregular bone profiles in relation to activities such as increased mechanical load and exercise 337 in addition to a number of limb, endocrine and metabolic disorders [27, 28]. Exostosis in 338 horses has also been linked to lameness including on the metacarpal and metatarsal bones and 339 the radius [29-31],

340

341 Computed tomography provided a comprehensive evaluation of the contour of the 342 sagittal ridge, proximal sesamoid bone and condyles of two extremities forming the joint, especially using bone windows at 120kV and 300mA. Moreover, all images showed excellent 343 344 delineation between the cortex, medulla of bone and provided more details about the 345 thickness and bone density of the subchondral bone of the distal condyles of the third 346 metacarpal/metatarsal bones. Several published studies discuss the superiority of computed 347 tomography over the radiography for the diagnosis and understanding the underlying 348 pathological change in osteoarthritis [32-34] condylar fracture [35, 36] and third metacarpal

palmar condyle disease [34]. This superiority in the evaluation of the metacarpophalangeal
and metatarsophalangeal joints is due to the complex anatomical arrangement of the joint
with the superimposition of the sesamoid bones and the distal third metacarpal and
first/proximal phalanx. Additionally computed tomography provided highly detailed crosssectional and three-dimensional images, making it superior for some clinical evaluations.

354 Computed tomography evaluation of subchondral bone is crucial for early diagnosis 355 of injury, and helps to explain the possible causes of lameness without classic clinical or 356 radiographic changes or positive intraarticular blocking. Failure of intra-articular anesthesia 357 to alleviate subchondral bone pain is problematic [37-40]. Cartilage damage has a later onset 358 and the pain emanates from subchondral bone [41], 30-50% of the bone can be lost prior to it 359 being identified radiographically [42, 43]. Therefore, computed tomography can yield better anatomic orientations of the subchondral bone and provide a more sensitive detection and 360 361 characterization of osteolysis and osteogenesis than conventional radiographs and more importantly prior to clinically significant effects [42, 43]. This is also an important factor to 362 363 consider when assessing exostosis as observed in the abnormal limbs in this study. The 364 present study showed that CT images were more sensitive and comprehensive when detecting 365 exostosis than conventional radiographs. The difficulties in showing exostosis specificity and severity in horses has been highlighted in previous studies using radiography and 366 ultrasonography [31]. 367

368 Details of the soft tissue in computed tomography have previously been inferior to 369 magnetic resonance imaging [16, 44]. The present study highlighted that in addition to bone 370 structures being observed, clinically important soft tissue structures may be identified better 371 by adjusting the tube current to 300mA instead of 120mA, however further studies are 372 required to fully investigate this. With image thickness and kilovoltage held constant, a reduction in tube current increases image noise but decreases radiation exposure, so there is a 373 374 tradeoff between image quality and radiation dosage [45]. Likewise, increasing tube current 375 leads to increased radiation exposure and decreased image noise, but lesions may be obscured 376 by higher noise levels [46-49]. It has also been reported that 'image noise' can be improved 377 by using a higher tube current, because it is inversely proportional to the square root of the photon flux [7]. Consistent with these theories, the contrast-to-noise ratio and the confidence 378 379 level of low-contrast phantom detection were enhanced by increasing tube voltage and tube 380 current. With section thickness set at 10mm, the contrast-to-noise ratio increased from 0.8 obtained at 400mAs and 120kVp, to 1.0 at a tube current and voltage of 450mAs and 381 382 135kVp, respectively. However irradiation doses increase with current increases therefore 383 caution is advised in the clinical setting, highlighting an area of future research. Future 384 research expanding the number of donkeys and the types of limb disorders, which were 385 limitations of the study, would also benefit this area. A full investigation into the types and 386 locations of the exostosis in differing limb disorders would enhance the knowledge about the 387 types of abnormalities and potentially inform diagnosis and treatment in addition to under the 388 basic biological mechanisms underlying the exostosis. This would include the use of imaging 389 techniques but also histological and molecular and cellular techniques in order to fully 390 understand the mechanisms behind the growth. As the horse is so closely related to the 391 donkey, a comparative study of the two animals would provide a unique insight into lameness 392 disorders.

393 394

#### 5. Conclusions

This study has shown the anatomy of the normal and lameness affected metacarpophalangeal and metatarsophalangeal joints in the donkey, identified differences between the structures and highlighted clinically important information in relation to potential sites of injection and imaging. This included not only new anatomical structures but also exostosis which was

- 399 present in animals with a history of lameness but not in those with healthy limbs. Anatomical
- 400 knowledge is essential not only for present clinical procedures but also for emerging
- 401 treatments including gene therapy [50]. We have also shown that optimized computed
- 402 tomography enabled more precise evaluation of bone lesions and metacarpophalangeal and
- 403 metatarsophalangeal joint adjacent structures and developed of protocols for clinical and
- 404 research practice.
- 405

#### 406 **Conflict of Interest:**

- 407 Declarations of interest: none
- 408

#### 409 List of Author Contributions

- 410 Samir A.A. El-Gendy: Conception and Design, Acquisition of Data, Analysis and
- 411 Interpretation of Data, Drafting the Article, Revising Article for Intellectual Content, Final
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- 413 Data, Drafting the Article, Final Approval of the Completed Article. Catrin S. Rutland:
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- 419 Mahmoud H. El-Kammar: Conception and Design, Acquisition of Data, Analysis and
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- 421 Approval of the Completed Article.
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550	Tabla	1 Donkov	Spacimone
559	rable	1. Donkey	specifiens

Donkey identification number	Age (years)	Sex	Condition	X- ray	Computed tomography	Anatomical dissection and cast
1	5	Male	Healthy	Х	X	
2	5	Male	Healthy	Х	Х	Х
3	8	Female	Healthy	Х		Х
4	7	Female	Healthy	Х		
5	7	Male	Healthy	Х		
6	7	Male	Affected	Х	Х	
7	5	Male	Affected	Х	Х	
8	5	Male	Affected	Х	Х	
9	7	Female	Affected	Х	Х	
10	8	Female	Affected	Х	Х	
11	5	Male	Healthy			Χ
12	6	Male	Healthy			X
13	7	Male	Healthy			



Fig.1. Anatomical dissection of metatarsophalangeal joint. (A) Medial, (B) sagittal and (C-D) 564 plantar views. 1-Third metatarsal bone. 2-Second metatarsal bone. 3-Proximal phalanx. 4-Proximal sesamoid bone. 5-Proximal digital annular ligament. 6-Superficial digital flexor 565 tendon. 7-Deep digital flexor tendon. 8-Suspensory ligament. 9-Extensor branch of 566 567 suspensory (dissected). 10-Long digital extensor tendon. 11-Collateral ligament of the joint 568 (superficial+deep). 12-Medial collateral sesamoidean ligament. 13-Straight sesamoidean 569 ligament. 14-Oblique sesamoidean ligament. 15-Medial plantar nerve. 16-Lateral dorsal 570 metatarsal artery. 17-Plantar vein. 18-Joint cavity. 20-Metatarsal condyle. 21-Dorsal capsule 571 of the joint. 22-Dorsal recess. 23-Distodorsal recess. 24-Proximal plantar recess. 25-Distal 572 plantar recess. 26-Plica synovialis. 27-Intersesamoidean ligament. 28-Cruciate sesamoidean 573 ligaments. 29-Short sesamoidean ligament. 30-Synovial digital sheath cavity. 31-Skin. 574 575



Fig. 2. Normal radiographic appearance of the metacarpophalangeal joint; (A) Dorsopalmar, 578 (B) Lateromedial, (C) Oblique flexed lateromedial, (D) Dorsolateral-palmaromedial oblique, 579 (E) Dorsomedial-palmarolateral oblique. 1-Third metacarpal bone. 2-Proximal phalanx. 3-Proximal sesamoid bone. 3<sup>a</sup>axial border. 3<sup>b</sup>abaxial border. 4-Second/fourth metacarpal bone. 580 5-Joint cavity. 6+7-Condyle of the third metacarpal bone. 9-proximal-palmar recess. 10-Distal-palmar recess. 11-Dorsal recess. 12-Distodorsal recess.

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Fig. 3. New bone proliferations on the palmar margin of the proximal sesamoid bones and 585 calcification of the lateral branch of the suspensory ligament. Oblique views of right (A) and 586 587 left (B) metacarpophalangeal joint; 1-Third metacarpal bone. 2-Proximal phalanx. 3-Proximal 588 sesamoid bone. 4 and 4--Second and fourth metacarpal bone, cannot be differentiated given 589 the view. 5-Joint cavity. 6-Condyles of third metacarpal. 7-Sagittal crest. 9-Bony exostosis. 590 10-Calcification of suspensory ligament lateral branch.

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593 594 Fig. 4. Contrast radiographic and dissected cast images of the metacarpophalangeal joint, possibly with a distended joint and marked synovial proliferations. . (A) Lateromedial 595 596 contrast radiograph. (B) Lateral view of dissected cast. (C) Dorsopalmar contrast radiograph. 597 (D) Palmar view of dissected cast. 1-Third metacarpal bone. 2-Proximal phalanx. 3-Proximal 598 sesamoid bone. 4-Distal end of the second metacarpal bone 5-Joint cavity. 6-Condyle of 599 metacarpal. 7-Digital sheath or possible mineralization of the tendon. 9-Proximal-palmar recess. 10-Distal-palmar recess. 11-Dorsal recess. 12-Distodorsal recess. 13-Impression of 600 601 proximal part of the sesamoid bone.



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Fig. 5. Transverse computed tomography of the normal metacarpophalangeal joint at 110kV, 120mA. At the levels A) proximal to sesamoid bone, B) sesamoid bone, C) distal to sesamoid bone. 



Fig. 6. Transverse Computed tomography of healthy metacarpophalangeal joint at 120kV, 300mA. Level A) proximal to sesamoid bone, B) sesamoid bone, C) distal to sesamoid bone. 



614 615 Fig. 7. Computed tomography of abnormal metacarpophalangeal joint from a transverse view 616 (A-D) and dorsopalmar view radiograph (E) showing the bony projection (exostosis). 1-Third metacarpal bone. 2-Condyle of third metacarpal bone. 3-Sagittal ridge of third metacarpal 617

bone. 4-Proximal sesamoid bone. 5-Proximal phalanx and bony extension (arrow). 618



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Fig. 8. Computed tomography of the abnormal metatarsophalangeal joint. Sagittal (A) and 623 transverse views (B and C) soft window at 120kV, 300mA. At levels B) distal to the fetlock C) at sesamoid bone. 1-Third metacarpal bone. 2-Condyle of third metacarpal bone. 3-624 625 Sagittal ridge of third metacarpal bone. 4-Proximal sesamoid bone. 5-Proximal phalanx. 6-626 Note change of density and appearance of gas), 7-Deep digital flexor tendon. 8-Superficial 627 digital flexor tendon. 9-Dorsal digital extensor tendon. 10-Joint cavity (note increase in size, 628 appearance of hyperdense septa or structures). 11-Ergot cushion. 12-Fluid at the lateral part 629 of the cushion. 13-Sigmoid shape of superficial digital flexor tendon.

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Supplemental Figure 1. Anatomical bone specimen. A) Distal extremity of third metacarpal 632 bone. MC-medial condyle. LC-lateral condyle. SR-sagittal ridge. B) Proximal extremity of 633

- 634 proximal phalanx. MAC-medial articular cavity. AG-sagittal groove. LAC-lateral articular 635 cavity.
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- 638 Supplemental Figure 2. Parasagittal Computed tomography of the normal
- 639 metacarpophalangeal joint. A+B) are bone window and  $A^++B^-$ ) are soft window. ( $A+A^-$ ) at
- 120 kV, 120 mA, while B+B<sup>-</sup>) 120 kV, 300 mA. 1-Third metacarpal bone. 2-Condyle of 3rd
- 641 metacarpal bone. 3-Areticular cavity of proximal phalanx. 4-Proximal sesamoid bone. 5-
- 642 Proximal phalanx. 6-Suspensory ligament. 6<sup>-</sup>Branches of suspensory ligaments. 7-Deep
- 643 digital flexor tendon. 8-Superficial digital flexor tendon. 9-Common digital extensor
- tendon.10-Joint cavity. 11-Dorsal recess. 12-Distodorsal recess. 13-Palmaroproximal recess.
   14-Palmarodistalrecess. 15-Proximal digital sheath cavity. 16-Distal digital sheath cavity. 17-
- 645 14-Palmarodistalrecess. 15-Proximal digital sheath cavity. 16-Distal digital sheath cavity. 17 646 Straight sesamoidean ligament. 18- Cruciate sesamoidean ligaments. 19- Ergot cushion. 20-
- 647 Skin.