- 1 Best practice versus farm practice: perspectives of lecturers and students at agricultural
- 2 colleges in England on management of lameness in sheep
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### **Abstract**

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We use the concepts of trust and knowledge to explore translation of scientific evidence about treatment of ovine footrot to students studying at agricultural colleges. We explore the role of different forms of trust (companion, competence and commitment) in facilitating relationships between students and informants. We also investigate how students acquire knowledge, and how this influences their practices for treating footrot. We find that despite being taught evidence-based practice (antibiotic treatment and no foot trimming) at college, most students would still use traditional farm practice (foot trimming) to treat footrot. Students develop tacit knowledge of traditional practices from farmers whilst working on sheep farms and these farmers have a strong influence on students' practices; students have high levels of companion trust for "known" farmers. College lecturers who demonstrate competence gain students' trust, but where this does not occur there is a failure in communication between lecturer and student. Students acquire explicit classroom knowledge of evidence-based practice at college because there is limited practical experiential learning. This explicit knowledge is typically insufficient to change behaviour, unless students trust their lecturer. Our findings indicate that farming experience dominates over classroom experience and so college education alone will not ensure uptake of evidence-based practice.

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Keywords: Agricultural students, footrot, knowledge, sheep, translation, trust.

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#### 1 Introduction

Lameness is one of the top five globally important diseases of sheep (Nieuwhof and Bishop, 2005; Rather et al., 2011; Stewart, 1989); it reduces productivity (Wassink et al., 2010) and so decreases the sustainability of sheep farming (Eisler et al., 2014). Footrot is the most common cause of lameness in the UK and is present on over 90% of sheep farms (Winter et al., 2015) with estimated costs to the sheep industry of £20-£80 million per annum (Nieuwhof and Bishop, 2005; Wassink et al., 2010). In the light of this, reducing prevalence of lameness is a key target for the UK sheep industry and in 2011 the Farm Animal Welfare Committee set a target to reduce the national prevalence of lameness to less than 2% by 2021 (Farm Animal Welfare Committee, 2011).

Information from recent scientific research has led to a paradigm shift in understanding of the management of footrot in sheep. The traditional treatment for footrot was to trim the hoof horn of feet with footrot to expose the lesions (Morgan, 1987; Wassink et al., 2003), however, research shows that foot trimming is detrimental and delays recovery from disease (Kaler et al., 2010; Wassink et al., 2010). In addition, routine foot trimming, traditionally carried out by farmers at least once per year as a whole flock measure, is associated with high levels of lameness (Kaler and Green, 2009; Wassink et al., 2003; Winter et al., 2015). Antibiotic treatment with no foot trimming is the current evidence-based practice to treat footrot (Duncan et al., 2012; Grogono-Thomas et al., 1994; Kaler et al., 2010; Wassink et al., 2010) and clinical trials have demonstrated that this reduces the flock prevalence of lameness to < 2%. However, for scientific evidence to have an impact on national lameness prevalence, farmers must change their paradigm and be knowledgeable of, and use, the new evidence (Garforth, 2015; Willems et al., 2015).

In the last 15 years, translation of evidence-based practice for management of footrot has been achieved through booklets and press articles, veterinarians, farmer meetings, coverage at national and regional sheep events, and YouTube videos (AHDB, 2016a, b; Balsom, 2014). In England, there has been a reduction in the percentage of farmers practising therapeutic foot trimming from 94% in 2004 to 40%, and routine foot trimming from 76% in 2004 to 56% in 2013 (Kaler and Green, 2009; Winter et al., 2015). However, even by 2013 only 24% and 66% of farmers were always using antibiotic injections and topical spray respectively to treat footrot (Winter et al., 2015).

To ensure the uptake of evidence-based practice by sheep farmers, it is important to understand what influences their behaviour. In this paper we focus on the translation of evidence-based practice to manage footrot in sheep from lecturers to young farmers studying at agricultural colleges. Young farmers are more likely than older generations to adopt sustainable practices and practices to improve animal welfare (Mann, 2005; Van Passel et al., 2007). One route to increase the uptake of evidence-based practice might be to influence young farmers because we could change their farming practices for decades. There is currently no research regarding young farmers' beliefs about management of disease in livestock, how they acquire information and knowledge, nor what influences their decision to adopt new management practices from scientific research. Therefore whilst our research focuses on footrot in sheep, it will have implications for other diseases.

Understanding how young farmers acquire and use knowledge is valuable because it will enable lecturers, researchers and industry organisations to optimise translation of knowledge.

Knowledge influences an individual's practices because it influences their attitudes and beliefs (Blackmore, 2007; Nguyen et al., 2019). Farming knowledge is primarily tacit, developed through experience, and family farming provides a knowledge culture (Irwin, 2002; Irwin et al., 1999) where information is passed from older generations to younger generations over time (Wójcik et al., 2019). Young farmers therefore learn about livestock health and production from their farming family and other farmers. Lecturers at agricultural colleges can also provide knowledge to agricultural students from new scientific research assuming that the lecturers have this knowledge and that they have the trust of their students. Therefore, when considering translation of evidence-based practice to students, it is important to establish what lecturers are teaching students about management of footrot, and what influences students' uptake of new practices.

The importance of trust in the acquisition of knowledge has been explored in the fields of education and rural social science. In an educational context, Landrum et al. (2015) argue that accepting new information as reliable requires the learner to trust the informant (trusting to learn), and that this trust is developed through the learner's appraisal of previous information presented by that informant (learning to trust). In the context of rural social science, trust between farmers and their advisors is key to facilitate knowledge exchange (Fisher, 2013; McKitterick et al., 2016). Trust influences where farmers source information and which practices they implement (Fisher, 2013; Heffernan et al., 2008; Maclean et al., 2019; Sutherland et al., 2013). Given that trust is vital in knowledge exchange with farmers, trust is also likely to be important in students' acquisition of knowledge. Whom students trust and what forms the basis of this trust is unknown.

In order to explore how trust impacts students' practices for managing footrot in sheep we used the three types of trust described by Newell and Swan (2000): companion trust, competence trust and commitment trust. Companion trust is based on judgements of goodwill, personal friendships and identity. It develops slowly over time, is resilient, and is important for the maintenance of social networks. Competence trust is based on beliefs regarding another party's knowledge or ability to carry out a required task. Competence trust develops more quickly than companion trust but is more easily broken. Commitment trust is based on contractual agreements between parties where each party is expected to gain mutual benefit from the relationship. It relies on formal societal structures, and sits between companion and competence trust in terms of resilience.

In this paper we investigate the beliefs of students and lecturers at agricultural colleges about management of footrot in sheep. We explore how trust and the ways in which students acquire knowledge influence students' practices. We then consider the implications of our findings for uptake of evidence-based practice to manage footrot in sheep.

#### 2 Materials and methods

Ethical approval for the study was obtained from the University of Warwick (REGO-2016-1870).

### 2.1 Interviews with college lecturers

Lecturers were recruited at an agricultural college lecturers' meeting organised by the Agriculture and Horticulture Development Board (AHDB) in October 2016, at the National Sheep Association Early Gathering event in January 2017 and by an invitation to opt in sent by email to 246 lecturers on the AHDB college lecturer mailing list. Lecturers provided their name, college and email address if they wished to participate in the study. A total of 10 lecturers from 10 colleges agreed to participate in the study and were interviewed. All 10 lecturers taught students about lameness in sheep and most had experience of working on sheep farms. Participants gave written consent after reading an information letter with the study objectives, interview process, and data confidentiality. Interviews were conducted either in person or by telephone by one researcher (RC). A semi-structured question guide (Supplementary material) was used for interviews. This covered three areas: (i) background information on the college and courses taught, (ii) lecturer beliefs around treating and managing footrot, and (iii) teaching methods. The interviewer used prompts and questions to generate further information. At the end of each interview the participant was asked if there was anything they wished to add that had not been covered. Each interview lasted approximately 30 minutes. At the end of their interview, lecturers were asked if they would be willing to organise student focus groups at their college

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## 2.2 Student focus groups

Focus groups were chosen as the methodology for the students because students might be more comfortable in a group discussion rather than individual interviews. Letters with the study objectives, interview process, and data confidentiality were distributed to students by the lecturer. Students were asked to contact their lecturer if they wished to participate.

Where students were under 18 years old, their parents were asked to inform the lecturer if © 2019. This manuscript version is made available under the CC-BY-NC-ND 4.0 7 license <a href="http://creativecommons.org/licenses/by-nc-nd/4.0/">http://creativecommons.org/licenses/by-nc-nd/4.0/</a>

they did not want their child to participate in the study. Students provided written consent for participation in the study at the start of focus group discussions.

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Eight student focus groups were carried out at 5 colleges (Table 1) with 50 students aged 16-19 studying agriculture including sheep farming. Each group had between 5 and 8 participants. Students in each focus group had grown up on sheep farms, or other types of farm, or were from non-farming backgrounds. Lecturers provided estimates for the background of the students at their college, which suggest that about half of students come from a farming background and, in addition, most have experience of working on sheep farms. Students were studying for a level 3 qualification in agriculture (level 4 in the European Qualifications Framework: http://www.cedefop.europa.eu/en/events-andprojects/projects/european-qualifications-framework-eqf). Courses were accredited by national qualifications providers: either City & Guilds or Business and Technology Education Council (BTEC). All students had been taught about footrot in sheep by their lecturer at the time the focus groups were conducted. Students were in their first, second or third year of study (Table 1); focus groups contained students from one year group with the exception of one group from college 1 which contained first and second year students.

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All focus groups were carried out by the same moderator (RC) and observer (MR). The moderator facilitated the discussion, and the observer made notes, handed out materials to be used in the discussion and addressed any issues participants had with these materials. A discussion guide (Supplementary material) was used by the moderator to facilitate discussion. This included (i) student beliefs about treating and managing footrot, (ii) student preferred learning methods, and (iii) student approach to sourcing information. At the end © 2019. This manuscript version is made available under the CC-BY-NC-ND 4.0 8 license http://creativecommons.org/licenses/by-nc-nd/4.0/

of the discussion the moderator summarised the points covered during the meeting, and students were given the opportunity to make further comments. Each focus group lasted approximately 45 minutes.

# 2.3 Analysis of interviews and focus groups

All interviews and focus groups were audio recorded. Interviews and focus groups, were conducted until saturation occurred, that is, no new information was acquired from the next interview / focus group (Krueger and Casey, 2014). The recordings were transcribed by an external company (Penguin Office Services, UK). Thematic analysis (Braun and Clarke, 2006) of transcripts was carried out by two researchers (RC and MR). Transcripts were first read to check for accuracy and to familiarise the readers with the content. RC and MR worked separately and developed preliminary coding guides for interviews and focus groups, these were discussed and the final guides were agreed. RC and MR coded 50% of the lecturer and student transcripts each. Coding was carried out in NVivo 11.4 (QSR International). Coded sections were then organised into preliminary themes which were discussed with JK and LG and the final themes were agreed.

#### 3 Results

Three themes emerged from the data, these were (i) beliefs about treatment of footrot, (ii) influence of trust on students' beliefs, and (iii) how students acquired knowledge about footrot.

### 3.1 Beliefs about treatment of footrot

	206	3.1.1 Lecturers' beliefs about treatment of footrot
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The majority of lecturers stated that antibiotics should be used to treat sheep with footrot, however, there were a minority of lecturers who described using only topical antibiotics for lesions of lower severity e.g. interdigital dermatitis (scald), although this is not evidence-based (Wassink et al., 2003).

Lecturer 7: "they [sheep] tend to be treated depending on the severity, anywhere from you know... from blue spray [a topical treatment with a bactericidal claim] up to antibiotic injection"

The majority of lecturers did refer to recent advice which states that foot trimming should be avoided and most of these lecturers stated that they would not trim the feet of sheep, either as a treatment for footrot or as a routine practice. However, there were some lecturers who, despite being aware of recent advice, commented that they thought minimal routine foot trimming was acceptable, or that routine trimming would not be detrimental if done correctly. Two of the ten lecturers advocated foot trimming, and did not appear to be aware of recent advice that foot trimming is detrimental. These two lecturers did not come from a sheep farming background, unlike the other eight lecturers; this could explain why they were less aware of changes to advice regarding management of footrot. Their students were not interviewed in the study.

Interviewer: "how do you think we should manage lameness in sheep at a flock level?"

Lecturer 6: "oh definitely correction [routine foot trimming] as often as, as possible"

Lecturer 8: "...looking at identifying the problem [foot lesion] to make sure we know exactly what issue we're dealing with to start off with, and if it was definitely footrot, then removing the affected sheep from the flock, treating it as an individual, so antibiotics ... followed up with if necessary foot trimming..."

Not foot trimming represented a change in belief for most of the lecturers, with many having practised foot trimming in the past. A range of evidence had persuaded lecturers to change their beliefs, including articles in the farming press, attending talks and conducting their own trials. Some of the lecturers described how seeing evidence that feet could recover from footrot without trimming, for example through videos or in sheep they were treating themselves, was important in changing their beliefs. Trust was also an important factor in lecturers' uptake of new recommendations, with trusted sources including recognised organisations such as AHDB, scientific research papers, veterinarians, consultants (Winter and Green, 2018) and farmers.

Lecturer 9: "the case study we did here at college was ... part of my Foundation Degree [when the lecturer was a student] and the tutor came back and said, 'There's a new idea of a Five Point Plan, we don't trim, we do this', and I said, 'No we should be trimming, we have to get air to the... problems.' So she set me a challenge for one of my work projects and we decided to do an on-farm test. And we followed 20 sheep treated by the traditional method of trimming, and the other ones were identified with the lameness [diagnosed] and treated accordingly. ... we checked 'em every week and mobility scored as we went on ... And the ones that we treated within the Five Point Plan of injecting and

253	assessing, [their] mobility score improved dramatically And that actually changed how I
254	believed how we should treat sheep's feet"
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256	3.1.2 Students' beliefs about treatment of footrot
257	When students were asked how they would treat a sheep with footrot, students from all five
258	colleges always stated antibiotic injections and topical antibiotic spray, however, at four of the
259	five colleges students also stated foot trimming, although at one of these (college 8) there was
260	debate amongst the students about whether they would trim feet. At college 7, students
261	stated that they would not trim feet and that they would use pain relief, something that is
262	considered good practice but is generally not part of evidence-based practice because of the
263	lack of supportive research (Kaler et al., 2010; McLennan et al., 2016). In some groups,
264	students also mentioned separating lame sheep from the flock; this is associated with lower
265	flock prevalence of lameness (Wassink et al., 2003; Witt and Green, 2018).
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267	College 2
268	Facilitator: "So can you describe to me how you'd treat a sheep with footrot?"
269	Student 6: "Have a look at it."
270	Student 2: "Clean it [the foot] out."
271	Student 5: "Yeah, just clean it, trim it."
272	Student 2: "Spray it."
273	Student 7: "Jab it [the sheep]."
274	Facilitator: "OK."
275	Student 2: "Foot bath."
276	Student 5: "Separate from the rest." © 2019. This manuscript version is made available under the CC-BY-NC-ND 4.0 12

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College 7, Group 2

Facilitator: "So can you describe to me how you would treat a sheep with footrot?" Student 1: "Firstly work out what sort of severity's at, it's definitely gonna want something like Metacam [anti-inflammatory/pain relief], which is pain relief, then you'd want to try and maybe do a full course of antibiotics. You wouldn't wanna clip [trim] it [foot], would you?"

Student 6: "No." 284

Student 2: "Put them in a footbath."

Student 3: "Plenty of blue spray."

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In groups where students stated that they would trim feet as part of treatment of footrot, the students generally acknowledged that their lecturer had taught them not to trim feet to treat footrot but they recalled learning to use foot trimming at home or on another farm. Students frequently identified a difference between "best practice", which was what they were being taught at college, and "farm practice," or the reality of on-farm work. Generally, when asked why they thought the dichotomy between "best practice" and "farm practice" existed, students answered that it was either due to sheep farmers' unwillingness to change their habits, or to factors associated with the use of antibiotics, such as concerns about antibiotic resistance or cost. During the dialogue, the students often discussed antibiotic injections and foot trimming as two alternative treatments, and used arguments against using antibiotics as a rationale for foot trimming. In one group (again college 3, group 2) the students referring to antibiotic treatment commented "people just jab it [the sheep] don't they, and leave it" and stated that they did not agree with this treatment because it was not "sufficient" for severe © 2019. This manuscript version is made available under the CC-BY-NC-ND 4.0 13

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lesions where trimming hoof horn was (in their opinion) necessary. This indicates a lack of understanding of the mechanism for antimicrobial therapy as well as the detrimental effects of foot trimming and possibly highlights a placebo effect in belief in foot trimming (invasive trimming and pain must lead to a good outcome). College 3, Group 1 Student 1: "I think that, well, now we're being taught not to foot trim and things like that we never used to think about at home but, as I say, I think farming's always changing and I think at agriculture college you always learn probably the correct way of doing it rather than the way we're used to doing it." College 8 Student 6: "Yeah, they recommend using more antibiotics and not trimming, but ... but then it just leads to resistance and all stuff like that, so that's where it causes all arguments and everything!" College 7, Group 2 Student 4: "Well, yeah, it's a lot more money, if you give it Metacam and then you give it some Alamycin [antibiotic] you're spending a lot more money than if you just put some blue spray into it." Overall, the majority of lecturers were aware of evidence-based recommendations for

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treatment of footrot and many had changed their beliefs in response to this evidence. In

contrast, despite being taught evidence-based practice, the majority of the students would still use foot trimming to treat footrot.

### 3.2 Influence of trust on students' practices

Information from both students and lecturers highlighted that farming family, friends and colleagues had the strongest influence on students' practices. Discussions with students revealed that farmers could have a positive influence on uptake of evidence-based practice, with some students having families who were supportive of them implementing new practices they had learnt about at college. However, some lecturers reported that some students from farming backgrounds were challenging to teach because they were more strongly influenced by the beliefs and attitudes of their parents and grandparents than what their lecturers taught them.

#### College 8

Student 3: "At home...you go back with new ideas and ... 'cause I do have my own stock, they're [student's parents] like, 'Well that's yours. You can make the decisions you want and see how it goes and see if they turn out better, worse; see if it makes a difference.'"

Lecturer 8: "There's always the, 'Well father's always done it this way'. And it's difficult sometimes to break that... and I think parents, work providers, farmers, are perhaps also reluctant to not trim, to put those trimmers away. I mean I've had students in the past that would tell me quite categorically that you have to make a foot bleed to let the bad out, yeah, it's very difficult to tell someone that no, that is not what you do because

that's what they've been taught before they come to us."

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349	Students described obtaining information about footrot from farmers that they knew well,
350	such as their employers and their families. Students trusted these "known farmers" based on
351	their familiarity and close relationship, an example of companion trust. Most of the students
352	stated that they trusted their lecturers to provide them with information regarding
353	evidence-based practice and believed that lecturers were knowledgeable and well qualified,
354	an example of competence trust. However, many believed that what lecturers taught them
355	was not practical, that is lecturers did not understand the working realities of commercial
356	farming operations (Sutherland et al., 2013). Several groups commented that it was useful
357	to hear alternative perspectives from people working within the industry who were more in
358	touch with the realities of farming.
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360	College 7, Group 2
361	Student 4: "I just sort of ask people that I know and they know the answer, so I'll go talk to
362	my cousin or I'll go talk to my boss and then they'll know what they're on about so I'll trust
363	what they say."
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365	College 7, Group 2
366	Student 1: "Your lecturers know what they're talking about and teach us what they need to
367	but it's good to hear other people who we have no connection to at all come in and say,
368	'Actually, if I was you I wouldn't do it how she said, I'd do it this way', and they give you an
369	alternate opinion"
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371 College 8

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372	Facilitator: "And what do you think in the future if you had your own sheep, what would
373	you do?"
374	Student 1: "I'd probably try and follow what college says, just because [lecturer] does
375	know what she's talking about and she's probably done like a degree now."
376	Student 5: "I'd try and mix the two things together."
377	Student 1: "Yeah."
378	Student 5: "'cause I think the old-timers are right some of the time. They've been there
379	and done it but then yeah."
380	Student 3: "You kind of almost want to go for the quickest way as well 'cause you don't
381	wanna go and get a flock of 200 sheep in to treat one ewe if she's out a couple of miles
382	away. There's no point."
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384	One group of students (Group 2, college 3) disagreed with the evidence-based practice
385	taught by their lecturer. They described having "fallen out" with a lecturer earlier in the year
386	because he treated them like children. They also stated that when they challenged their
387	lecturer about evidence-based practice he told them that they were wrong, and then
388	avoided teaching them about footrot because it led to arguments. This group trusted the
389	college shepherd to teach them about footrot because they felt more of a shared identity
390	with him and he took time to explain why different treatments were used.
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392	College 3, Group 2
393	Student 5: "He's [the college shepherd] more down to earth, he's more down to our level
394	'cause he's not that old. So he'll sit down with you and explain to you on your level

whereas there's one of the tutors at the start of the year that some of us had a falling out with."

Lecturers and students stated that some students attended meetings organised by veterinary practices or industry organisations such as AHDB. Some students considered that these were reliable sources of information, although given that many students stated that they would foot trim, which is not advocated in any of AHDB's material, it is questionable whether they were following the guidance provided by these sources.

Lecturers described using external speakers and farm visits to challenge students' beliefs because they thought that hearing different perspectives from within the industry and seeing new recommendations in practice might encourage students to try them on their own farms. These "expert farmers" were not previously known to the students, but one of the lecturers explained that students would trust the information they provided if their competence was evidenced in the health of their sheep.

Lecturer 3: "Where we've got farmers stood there talking and saying things and you know, and saying, 'Look, this is what we've done. We've now only got 1% lameness or 2% lameness in the herd, in the flock, and ... this has been done by treating with injections'"

Students also described visiting farms as part of their college course and in agreement with
the quote above they stated that these farmers could be trusted if their knowledge and
expertise were evidenced through the health of their sheep. For these "expert farmers", trust
was not guaranteed by their status as a farmer, with a few students stating that some

419	farmers' opinions have to be taken "with a pinch of salt". This illustrates that, as suggested by
420	the lecturers, trust for "expert farmers" was competence trust.
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422	College 8
423	Student 1: "Just being out on farm, listening to an actual farmer speak to you about how
424	he's how he always does it. Like a farmer you can see, if you get there and you're
425	impressed by his animals, you can see that he's doing something right. If he then goes and
426	tells you what he's doing, you can think about that a bit more and you'll believe what he's
427	saying more than someone just sat in the classroom telling you, if you can see it working,
428	then you can listen to him more."
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430	Both lecturers and students also highlighted that social media influenced student's beliefs. A
431	few students mentioned Facebook, Youtube or Twitter where they followed farming pages
432	and discussion forums. Some students trusted information on social media; they felt it was
433	credible because it came from farmers with practical experience. Other students stated that
434	they would not always trust information on the internet because it often wasn't reliable.
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436	College 2
437	Facilitator: "So why do you prefer using [social media]? Why [is it] good for finding
438	information?
439	Student 7: "There's real life stuff that people have had problems with. It's not like"
440	Student 8: "Not just like all theory."
441	Student 7: "That someone in an office has typed up saying, 'This is what happens'. It's
442	someone who's got their own problem" © 2019. This manuscript version is made available under the CC-BY-NC-ND 4.0 1

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College 1, Group 1

Student 1: "Well we use stuff like that [social media]. But it's harder to believe stuff on there though, isn't it? 'cause one person can say something and then it'll go around and by the time it gets to you it'll be completely different news...You can take things on the internet with a big pinch of salt."

In summary, students had companion trust for farmers they knew well, and these "known farmers" had a strong influence on students' beliefs. Students had competence trust for veterinarians and "expert farmers" based on perceptions of their knowledge and expertise.

Most students would trust lecturers for information about "best practice", however, for one group of students the unwillingness of their lecturer to debate different treatments with them had resulted in mistrust.

#### 3.3 How students acquired knowledge about footrot

Students were taught about footrot at college and also experienced management of footrot whilst working on farms. When asked about the teaching methods that students would experience at college, the majority of lecturers stated that they used practical teaching. They identified two key benefits of practical teaching; first that it helped students to develop skills they would require to work in farming, and second that students were more engaged with this method of teaching than classroom teaching. Demonstrating treatment of lame sheep in the college flock was a common example of practical teaching; lecturers reported that this provided an opportunity for students to discuss diagnosis and treatment options and changes in management. Students at the higher qualification level (level 4 in © 2019. This manuscript version is made available under the CC-BY-NC-ND 4.0 20 license http://creativecommons.org/licenses/by-nc-nd/4.0/

the European Qualifications Framework) were given the independence to decide the treatment for themselves. Lecturers stated that seeing real cases of lame sheep made the information more memorable for students.

Lecturer 7: "...there's no point me sitting in a room going on about it continuously when I can go out and I can do something quite practical and quite applied... that they feel like they're getting a skill out of and they could actually go out recognise it themselves."

Lecturer 10: "I try and do it as practically as possible...I'd much rather be there with a ewe between their legs...and actually looking at it and seeing it, using...all their senses, so smell and ...'cause it's all very well me standing in classroom going, 'Well, if you sniff the foot it's going to smell horrible.'...But if they do it, they're gonna remember it much better."

Students universally stated that they did not like to learn through traditional classroom methods of slideshow presentations and lectures and preferred practical sessions. In agreement with their lecturers, they stated that they were better able to remember information when taught in practical settings. Students viewed their future careers as more dependent on their practical skills rather than their understanding of theory, although a small number of students acknowledged the importance of learning theory before applying it practically.

College 8

490	Facilitator: "And which part of the things that you've done do you enjoy the most or do
491	you think you learn best from?"
492	Student 5: "I think the practicals. That's where I always learn better that way."
493	Student 1: "Yeah, getting shown."
494	Student 5: "You see how it's done and then you have a go at it yourself and you think oh
495	yeah, I can do that, and then that's what I find, 'cause sat in a classroom just someone
496	putting something on a PowerPoint, it goes in one way and goes straight out the other
497	with me."
498	
499	Lecturers reported that time constraints were a major barrier for teaching about footrot.
500	They highlighted that the syllabus had increased over time, and that this limited the amount
501	of time available for each topic. There was pressure to prepare students to pass
502	assignments, and so lecturers had less time for practical classes, interactive teaching,
503	external speakers and farm visits.
504	
505	Lecturer 1: "the restricted amount of time that we've got now, in terms of my teaching
506	career, we've got less time to teach the same or a probably more content. The
507	agriculture sort of content has expanded but we've probably got less time to teach it in"
508	
509	Lecturer 6: "So of course we talk about health, we talk about management and we talk
510	about different health issues, not just lameness, because there's just so much we need to
511	cover, so it's a part, it's not the, the most important thing."

This time pressure was also reflected in the discussions with the students, who commented that subjects were not explained properly, or that they did not spend enough time doing practical work to embed new knowledge. In several of the groups the students indicated that they were not provided with sufficient detail during their classes on lameness; they described getting an overview of different foot lesions with pictures but no detailed explanations of the aetiology of lesions or the rationale for recommended treatments. In many of the groups the students reported that they had very little practical teaching about footrot at college. However, the students at college 7 (who had stated they would not trim feet) described having considerable practical teaching about footrot. This supports the assertion from both lecturers and students that practical teaching was effective.

College 2

Facilitator: "what kind of classes have you had, practical or theory in terms of lameness?"

Student 4: "We haven't really touched on it."

527 Student 1: "More theory than..."

Student 5: "[more] theory, just quick PowerPoint, gone over it."

Student 2: "That's it. Told the symptoms, what to look for, pictures and that's that."

Students highlighted that the lack of practical teaching at college meant that they learnt better whilst working on farms than at college. When students were working on farms they were developing tacit knowledge, or in their words "learning by doing". They stated that they enjoyed working on farms and felt more comfortable there.

College 7, Group 2

537 Student 4: "Well, you know where you are then [when on the family farm], don't you, 538 you're in your own environment, you've always been there so you're just comfortable to 539 do it and then get on with it and you learn as you do it." Student 1: "Yeah, somewhere you can go to make mistakes [the family farm] and then 540 541 understand and then say to you, 'Try not to do that again, this is what you did wrong'." Student 4: "Without having the mick taken out of you < laughs>." 542 543 544 College 1, Group 2 Student 3: "Spotting it [identifying foot lesions] and learning it you can just identify it easier 545 546 because you've already done it outside, when in a class you've just sat there and talked about it." 547 548 549 The lecturers described that students who had experience of working on farms had 550 developed tacit knowledge of farmers' practices for managing footrot, often over several 551 years. They reported that this made it difficult to change these students' beliefs regarding 552 treatment of footrot, and that this was interlinked with changing practices in the sheep 553 industry as a whole. 554 Lecturer 3: "we will get a 16, 17-year-old from a large sheep farm, maybe, whose dad has 555 556 been teaching him since he was 10 or 12 to turn a sheep over and trim it, and they will be 557 adamant that you've got to trim feet. And it can be frustrating with them, because you know although they've even said in the classroom, 'Yeah, yeah, yea 558 559 know they'll go home that night and they'll turn a sheep over and trim it."

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561 Lecturer 4: "It's sort of bit of a chicken and egg, if, if the industry starts to change, the 562 young people working in the industry will be picking that up ... but the industry won't 563 change until you've got the young people coming into the industry taking the new ideas on board." 564 565 566 There was a consensus among lecturers that what they considered to be good practice to 567 manage footrot was not being achieved on all UK sheep farms. They highlighted that 568 attitudes to lameness need to change within the industry, with lameness currently seen as 569 inevitable and acceptable. They identified a variety of barriers to changing practices, 570 including (i) that change in agriculture is slow, with farmers following traditional practices, 571 (ii) that new information is not reaching farmers, (iii) that information is not provided to 572 farmers in the right format. 573 574 Lecturer 8: "I think it's probably still accepted in the industry that lame, you have sheep, 575 you have lameness." 576 577 Lecturer 2: "I think farmers are very stubborn and they're very stuck in their ways, if it's 578 not what their grandfather did or their great grandfather did then it's not worth doing it 579 'cause it worked for them" 580 581 Lecturer 2: "the farming press need to pick up on it that, you know, foot trimming and, 582 and you just got to talk about worming and things like that. I don't think we scream loud 583 enough, I don't think it gets enough press really, I don't"

In summary, lecturers knew that practical teaching engaged students better than classroom lectures, however, the time available to teach the whole syllabus meant that not all new information could be taught practically. This was reflected in the comments of the students who enjoyed practical teaching but reported that it was uncommon at college. Most lecturers considered that it was difficult to change the practices of students who had acquired tacit knowledge of traditional practices whilst working on farms.

## 4 Discussion

This is the first study as far as the authors are aware to explore how agricultural students acquire knowledge about disease management. Farmers were a strong influence on students' practices, with high levels of trust existing within these relationships. In addition, students' practical experience of working on farms resulted in them acquiring tacit knowledge of practices used by farmers. In contrast, students trusted lecturers to provide them with information regarding "best practice" but not knowledge that would be practically useful on commercial sheep farms.

#### 4.1 Trust

Trust has previously been described as essential for knowledge exchange (Fisher, 2013) and learning (Landrum et al., 2015). The importance of trust was evident for students in our study. Farmers were the informants that students trusted the most, and this was both companion trust based on long term personal relationships with "known farmers" as well as competence trust for more experienced or "expert farmers".

A lecturer's ability to demonstrate competence was essential for the students to trust them. At college 7 the students had a strong trust in their lecturer and viewed her as competent. Most other students had some competence trust for their lecturers based on their perception that lecturers were knowledgeable about evidence-based practice, but not sufficient to implement this. The fragile nature of competence trust was demonstrated at college 3 where the lecturer's unwillingness to discuss students' concerns over evidence-based practice had led to distrust and a rejection of any information from the lecturer, instead students had put their trust in the college shepherd. Theoretically, commitment trust could exist between students and lecturers because both parties enter into the education process with an expectation of what the other party will provide, and are held to this by the rules of the educational institution. The students would therefore trust their lecturer on the basis of their position, however there was no evidence of this in in our study.

component of trust (Kasperson et al., 1992). Students trusted external farmers they visited as part of their college course whose knowledge and practices were evidenced by the health of their livestock; Saunders (2015) also reported that farmers believed that the visual appearance of farming landscapes was an indicator of knowledge. In contrast, lecturers were frequently perceived to present information that did not fit with the practical realities of commercial farming. The students' trust was therefore context dependent (Maclean et al., 2019); students trusted their lecturers to present them with correct evidence-based practice information, but if they wanted practical solutions that would work in the farm environment they would trust farmers. Context dependent trust has been previously demonstrated with cattle farmers who perceived the government to be out of touch with

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Students' perceptions of competence were generally based on credibility, which is a

the practical realities of farming, but able to provide them with information regarding legislation (Sutherland et al., 2013).

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#### 4.2 Knowledge acquisition

Learning is defined as acquiring knowledge, and occurs when information is interpreted, understood and applied (Lee and Yang, 2000; Lejeune, 2011). Zuboff (1989) describes tacit knowledge as action-centred skills, also defined as learning by doing (Lee and Yang, 2000), and this was the students' preferred method of learning. Students highlighted that they learnt well when working on farms, both at home or on other farms. Learning on farm was a practical learning experience with success and failure being acceptable and students felt able to learn in a 'comfortable' environment. At college, learning by doing occurred in practical classes, however due to time pressures faced by lecturers this was infrequent at many colleges. Most of the knowledge students acquired regarding "best practice" was therefore explicit through classroom teaching. The students' preference for practical learning would agree with previous reports regarding the acquisition of farming knowledge. However, it is also increasingly recognised in the medical field that to diagnose and treat disease requires experience-based knowledge as well as scientific knowledge (Estabrooks et al., 2005; Fulbrook, 2003; Yardley et al., 2012). This has become a recent focus of discussion regarding education of students in medical professions, with increasing emphasis placed on experience-based learning (Corlett, 2000; Maudsley and Strivens, 2000). It is therefore reasonable to suggest that the same would apply to agriculture students, and that if we wish them to learn evidence-based treatments we need to ensure teaching methods provide them with the necessary route to acquire the knowledge.

The students in our study were not passively acquiring information, rather they were understanding it with respect to their own experiences. This was most clearly evident in their comparison of "best practice" and "farm practice", with students describing how the practices taught by their lecturers did not fit with their experience of working on commercial farms. Students were keen to debate information provided by their lecturers and present their own experiences and viewpoints, although at college 3 this resulted in management of footrot not being discussed at all. This process of sharing experiences within the community is a part of the way farming knowledge is acquired (Wójcik et al., 2019), and the reluctance to engage in this process by a lecturer is likely to have negative consequences for uptake of evidence-based practice, as demonstrated at college 3.

The importance of learning with understanding has been recognised in education (Carpenter and Lehrer, 1999), and a lack of understanding can reduce uptake of new practices by sheep farmers (O'Kane et al., 2017). There was evidence that students did not understand the mechanism of action of antibiotic treatment or the detrimental effect of foot trimming. Some students stated that they were not provided with the rationale for evidence-based practice, and lack of clarity (for example that foot trimming could be used if necessary, lecturer 8) may have contributed to students' lack of understanding of whether to foot trim or not. In addition, students often discussed antibiotic treatment or foot trimming as two contrasting treatments, whereas in fact the evidence is that avoiding foot trimming is beneficial to recovery from footrot and using injectable antibiotic is a further benefit (Kaler et al., 2010). The students' rationale for the use of "farm practice" (foot trimming rather than antibiotic injection) often centred around concerns that antibiotics were expensive or risked the development of antibiotic resistance, again suggesting lack of

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understanding of appropriate antibiotic use in treatment of individual diseased sheep (Green and Clifton, 2018).

## 5 Conclusions and implications for knowledge exchange

The premise of our study was that by understanding the practices of young farmers to manage lameness in sheep, and what influenced those practices, we could identify routes to increase uptake of evidence-based practice in the sheep industry. A key finding from our study was the discrepancy between what most agricultural students in further education were taught as best practice to treat footrot in sheep and the farm practice that they used. We show that this is in part because students were influenced by "known farmers" for whom they had high levels of companion trust. Furthermore, students' trust for lecturers was dependent on lecturers demonstrating competence and where this did not occur the result was mistrust and a failure in communication. By exploring the ways in which students acquired knowledge, we demonstrate that the second reason the students continue to practise foot trimming was that they had developed tacit knowledge of traditional practices whilst working on farms. Time constraints at college resulted in students developing only explicit, partial knowledge of evidence-based practice, with misunderstandings around the role of antibiotics and recognition of causes of lameness.

The strength of learning from trusted farmers was important and commonly highlighted by students. This is valuable information that could be used to improve knowledge exchange to agricultural students, however, it relies on farmers also using evidence-based practices.

Winter et al. (2015) also reported that that there are still many farmers using traditional

treatments, with appropriate use of parenteral antibiotic treatment particularly low, the students' concerns regarding antibiotic use are likely to reflect the beliefs of such farmers. The current study highlights that all farmers need to be exposed to evidence-based practice to ensure its uptake across the sheep industry and that we cannot rely on educating students alone to maximise the rate of change in behaviour but need to ensure that students learn on farm from well informed farmers using evidence-based practice. The rate of change in the sheep industry in the UK will be slow unless we educate influential farmers.

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711 The value placed on learning outside the classroom highlights the challenge that college 712 lecturers face when teaching agricultural students in the 16 – 19 age group. The knowledge of "farm practice" that students develop whilst working on farms is tacit; it is acquired 713 714 through carrying out tasks and observing more experienced farmers over a period of time. 715 This knowledge therefore becomes embedded. In contrast, because of time constraints 716 faced by lecturers, knowledge regarding "best practice" is mainly explicit coming from 717 theoretical teaching over a short time period. We found that in many cases lecturers were 718 not able to overcome the students' beliefs regarding foot trimming, although this is 719 probably due to both students' tacit knowledge of foot trimming and the stronger 720 companion trust they had for "known farmers" compared to the competence trust they had 721 for lecturers. Tacit knowledge of foot trimming represents a wider problem for uptake of 722 evidence-based practice by farmers, with foot trimming being part of farming knowledge 723 and practised for many years. Our findings reflect those of Nguyen et al. (2019), where 724 explicit knowledge of climate change did not result in farmers adopting mitigation practices, 725 and as suggested by Nguyen et al. (2019), directing efforts towards developing tacit

knowledge of evidence-based practice may encourage change in behaviour. © 2019. This manuscript version is made available under the CC-BY-NC-ND 4.0 license <a href="http://creativecommons.org/licenses/by-nc-nd/4.0/">http://creativecommons.org/licenses/by-nc-nd/4.0/</a>

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We have demonstrated that both trusted informants and the development of tacit knowledge were important influences on students' practices. These two factors do not act independently; trust is essential for the acquisition of knowledge (Fisher, 2013), and knowledge of an informant contributes to the development of trust (Landrum et al., 2015). Students' practices will therefore depend on a more complex interplay between these two factors. The development of tacit knowledge whilst working with a highly trusted informant had the strongest influence on students' practices; this occurred on farms and at college 7 where students trusted their lecturer and experienced practical teaching. Where one or both of these factors were missing, the influence on students' practices was reduced. At colleges 1, 2 and 8 students trusted their lecturer and gained explicit knowledge of evidence-based practice, but were unlikely to implement this on farms. At college 3 where students did not trust their lecturer, they were strongly in favour of traditional practices and believed evidence-based practice to be incorrect.

## **Conflict of interest**

Declarations of interest: none.

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Table 1 Colleges with a participating lecturer by number of student participants, focus groups, year of study, region of England and accrediting body

groups, four or state fit region or angular and accounting to a f				
College / Lecturer	No. students	Students' year	Geographic	Qualification**
identification	(No. groups)	of study*	Region	Accreditation
1	12 (2)	1 <sup>st</sup> (n=8)	North	City & Guilds
		2 <sup>nd</sup> (n=4)		
2	8 (1)	2 <sup>nd</sup>	North	City & Guilds
3	12 (2)	3 <sup>rd</sup>	North	City & Guilds
4	NA	NA	South	City & Guilds
5	NA	NA	Midlands	City & Guilds
6	NA	NA	Midlands	BTEC
7	12 (2)	2 <sup>nd</sup>	South	City & Guilds
8	6 (1)	2 <sup>nd</sup>	South	City & Guilds
9	NA	NA	North	City & Guilds
10	NA	NA	Midlands	BTEC

NA = not applicable

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<sup>\*</sup>n = number of students in each year

<sup>\*\*</sup> National qualifications providers: either City & Guilds (https://www.cityandguilds.com)

or Business and Technology Education Council (BTEC;

<sup>894</sup> https://qualifications.pearson.com/en/about-us/qualification-brands/btec.html).