

Table 2. Linear regression model predicting wellbeing of healthcare workers (n=793).

Variable	B	p value	95% CI
Constant	3.23	<.001	2.96 – 3.49
WB centre use	.08	<.001	.05 – .12
Sex	-.09	.15	-.21 – .03
Age	.05	.002	.02 - .08
Job stress	-.17	<.001	-.21 – -.12
Job satisfaction	.23	<.001	.20 – .27
Presenteeism	-.15	<.001	-.19 – -.11