

1 **Macroinvertebrate community structure as an indicator of phosphorus enrichment**
2 **in rivers**

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19 **Keywords:** Orthophosphate, macroinvertebrate, biomonitoring, eutrophication,
20 organic pollutant, nutrient enrichment

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25 **Abstract (223 words):**

26 Nutrient enrichment represents one of the most important causes of detriment to
27 river ecosystem health globally. Monitoring nutrient inputs can be particularly
28 challenging given the spatial and temporal heterogeneity of nitrogen and phosphorus
29 concentrations and the indirect and often lagged effects on instream faunal
30 communities. In this paper we utilise existing and new datasets to explore the
31 association between family level macroinvertebrate community data and Total
32 Reactive Phosphorus (TRP). To achieve this, a biological index for phosphorus
33 sensitivity (Total Reactive Phosphorus Index -TRPI) was developed and tested utilising
34 data from 88 sites across England. There was a significant association between TRPI
35 and TRP concentrations that was stronger than other macroinvertebrate indices
36 currently available in the UK to characterise nutrient enrichment. Additional testing
37 and validation are presented via local case studies, where results indicate that
38 macroinvertebrate family sensitivity is dependent upon a range of abiotic factors
39 including season (time of year), benthic substrate composition, altitude, and water
40 alkalinity. At a national and local scale, TRPI offers additional information not currently
41 available using other biological metrics.

42

43 **1. Introduction**

44 Nutrient enrichment represents one of the most pervasive and detrimental threats to
45 water quality globally (Bennett et al. 2001; Withers et al. 2014). Agricultural
46 intensification and application of fertilizers, including manure, onto arable and
47 pastoral land, potentially increases nutrient loads delivered to rivers, as can
48 wastewater treatment and urban runoff. Elevated phosphorus (P) is considered the
49 leading cause of failure to meet EU Water Framework target status in England
50 (Environment Agency 2012) and one of the main pressures on waterbodies globally
51 (Evans-White et al. 2013; Javie et al. 2013; Mekonnen & Hoekstra, 2018). Widespread
52 recognition of the historic detrimental impacts of elevated P has resulted in targeted
53 management of its application across Europe and the USA over the last 20 years
54 (Bouraoui and Grizzetti, 2011; Schoumans et al. 2015), but levels still regularly exceed
55 those known to negatively affect the wider environment (Worrell et al. 2016; Everall
56 *et al.* 2018). Monitoring P is logistically challenging given the temporal variability in
57 concentrations known to occur (Bieroza & Heathwaite 2015; Bowes et al. 2015; Dupas
58 et al. 2015). In addition, the identification of ecological effects of P are sometimes
59 difficult to detect because of interactions among all trophic levels, lagged ecological
60 responses and inherent differences associated with river type (e.g. altitude, geology,
61 soil type) and other 'stressors' (Javie et al. 2013; Emelko et al. 2016). As a result, there
62 is currently no standard methodology available to characterise or identify P pressures
63 on instream communities that can be used to inform freshwater management or to
64 determine if reductions in P lead to the expected / anticipated ecological recovery.

65 Freshwater algae and macrophytes require several macronutrients for growth,
66 particularly nitrogen and P (Conley *et al.*, 2009). As P is usually limited in riverine
67 systems, excessive nutrient loading can lead to excessive development of plant life
68 (Evans-White *et al.* 2013; Azevedo *et al.* 2015; Javie *et al.* 2015), with interactive
69 effects on the availability of faunal trophic resources, habitat availability and wider
70 implications for ecosystem functioning and faunal community structure (Tessier *et al.*
71 2008; Binzer *et al.* 2015). Therefore, the mechanisms by which nutrient enrichment
72 and particularly P affect instream communities can be complex.

73 It is widely acknowledged that nutrient enrichment reduces instream faunal
74 biodiversity (Smith, 2003; Hilton *et al.*, 2006; Bini *et al.* 2014) and, in particular,
75 decreases richness of macroinvertebrates through a reduction in the diversity of
76 aquatic insect orders such as Ephemeroptera, Plecoptera and Trichoptera (Ortiz &
77 Puig, 2007; Friberg *et al.*, 2010; Yuan, 2010). Specific responses to nutrient enrichment
78 have been examined and community responses found to be complex (e.g. Piggot *et al.*
79 2012). There is evidence that invertebrate communities respond to strong nutrient
80 gradients (Smith *et al.* 2007; Yuan, 2010; Heiskary & Bouchard Jr, 2015), potentially
81 enabling biomonitoring techniques to be used to assess and quantify P pressures. The
82 classic approach used for over 40-years is the Saprobic Index, widely used in
83 continental Europe to assess nutrient stress on macroinvertebrates associated with
84 reduced dissolved oxygen and increasing ammonia concentrations, which are often
85 associated with eutrophication (Pantle & Buck, 1955; Zelinka & Marvan 1961).

86 The use of freshwater macroinvertebrates as biological indicators is well established,
87 and a range of indices have been developed based on macroinvertebrate community

88 responses to a range of environmental pressures and gradients (see Friberg *et al.*
89 2010). Macroinvertebrate biomonitoring across Europe is routinely used as one of the
90 key indicators for compliance with national and international standards, such as 'Good
91 Ecological Status' under the European Union Water Framework Directive (WFD) (WFD,
92 2000).

93 In the UK, the impact of Total Reactive Phosphorus (TRP – the biologically available P
94 contribution) is currently assessed using the response and community change of
95 diatoms (Trophic Diatom Index - TDI) (Kelly and Whitton, 1995; Kelly, 1998) or
96 macrophytes (Mean Trophic Rank – MTR) (Holmes *et al.* 1999), in conjunction with
97 monthly water chemistry measurements. There have been relatively few attempts
98 internationally to use macroinvertebrates within indices of nutrient pressure,
99 probably because the effects are largely considered indirect when compared to those
100 experienced by macrophytes and algae (Maidstone and Parr, 2002). One exception is
101 the research of Smith *et al.* (2007) who successfully developed a biomonitoring index
102 for Total P and Total Nitrate using macroinvertebrates in New York State, USA.

103 Therefore, the development of a biomonitoring tool for quantifying the degree to
104 which riverine TRP concentrations impact upon the macroinvertebrate community in
105 the UK would be beneficial. Such a metric would complement existing eutrophication
106 indicators for WFD classification (e.g. TDI, MTR) and align with other
107 macroinvertebrate community base indices developed for other stressors (e.g.
108 Proportion of Sediment-sensitive Invertebrates [PSI]; Extence *et al.* 2013). Ideally, such
109 a tool could be applied to routinely collected macroinvertebrate data and
110 retrospectively applied to historic data sets. In this paper, we detail the development

111 and testing of a new family-level macroinvertebrate index, the Total Reactive
112 Phosphorus Index (TRPI), and assess its ability to characterise the effects of TRP on
113 riverine ecosystems. Specifically, we:

- 114 1. Explore whether there is a statistical relationship between family-level
115 macroinvertebrate community data and TRP nationally;
- 116 2. To compare the strength of macroinvertebrate relationships with TRP to
117 traditional biological measures of eutrophication, including diatom and
118 macrophyte community composition;
- 119 3. Using case studies and national data, to assess whether a TRP
120 macroinvertebrate biomonitoring index provides additional information
121 unavailable using existing metrics;
- 122 4. To assess the ability of macroinvertebrate biomonitoring to identify changing
123 TRP pressures using specific case studies;

124 **2. Methodology**

125 ***2.1. Background work on invertebrate family sensitivity to TRP***

126 TRPI was developed utilising historic datasets which identified macroinvertebrate taxa
127 that had strong statistical associations with TRP (Paisley *et al.*, 2003; Everall, 2010;
128 Paisley *et al.*, 2011). Paisley *et al.* (2003) used chemical, environmental and biological
129 data collected by the Environment Agency (EA) in 1995 covering a range of nutrient
130 concentrations across England, Wales and Northern Ireland, to determine which
131 invertebrate families were potential indicators of P status. Chemical data comprising
132 monthly spot-measures of the concentration of 34 chemical variables, including TRP,

133 were averaged over the three-month period prior to the collection of biological
134 samples. Biological data comprised the abundance of spring and autumn
135 macroinvertebrate samples based on the 76 BMWP scoring families. Paisley et al.
136 (2003; 2011) used Mutual Information theory (MI) and impact analysis to quantify the
137 association between macroinvertebrate families and 34 chemical measurements and
138 11 environmental measurements. This was corroborated by neural network analysis
139 which demonstrated good statistical agreement with MI analysis (discussed further in
140 Paisley *et al.* 2003).

141 Paisley *et al.* (2011) attempted to minimise the effect of other environmental factors
142 on invertebrate community composition by differentiating indicators of TRP for both
143 spring and autumn and for different river habitat/morphology types. Specifically, they
144 categorised each site into one of five river types using neural network analysis, which
145 identified altitude, alkalinity and substrate composition as key controls on
146 macroinvertebrate community response to TRP (Paisley *et al.*, 2011). The five site
147 typology represents a progression from fast-flowing upland streams to slow-flowing
148 lowland streams, with generally increasingly alkalinity and fining of substrate particle
149 size (Table 1).

150

151 **Table 1:** *Characteristics of the 5 site types that differentiate TRP indicator invertebrates*
152 *after Paisley et al. (2011). Descriptions and TRP levels are only included as indications.*
153 *To determine site type, focus should be given first to the composition of the substrate,*
154 *then the alkalinity and finally to the altitude.*

155

Site type	Description	Composition of substrate (% by area)				Alkalinity (mg L ⁻¹)	Altitude (m)	TRP level
		Boulders	Pebbles	Sand	Silt			
1	Upland, fast-flow	50	40	5	5	30	> 100	Low
2		40	50	5	5	90	30 – 100	
3	↓	30	50	10	10	180	30 – 100	↓
4		10	50	20	20	220	30 – 100	
5		5	25	20	50	230	< 30	

156

157

158 2.2. Model development and comparison to TRP

159 The research of Paisley et al. (2003; 2011) was used to construct a single score – the
160 Total Reactive Phosphorus Index (TRPI). This score indicates the TRP impact on the
161 macroinvertebrate community. The strength of the statistical association of
162 macroinvertebrate families with TRP, based on modelling for different seasons and
163 river types (Paisley et al. 2003; 2011), was used to assign macroinvertebrate families
164 into sensitivity groups (Supplementary A), adopting the principle of the Lotic-
165 invertebrate index for Flow Evaluation (LIFE), Community Conservation Index (CCI) and
166 PSI scores used in the UK for assessment of flow stress, conservation value, and fine
167 sediment pressures, respectively (Extence et al. 1999; Chadd and Extence, 2004;
168 Extence et al. 2013). Sensitivity groups A and B indicate high and moderate sensitivity
169 to TRP, respectively, whereas categories C and D indicate tolerance and high tolerance
170 to TRP, respectively (Table 2). The purpose of the sensitivity categories is to weight
171 the abundance of a macroinvertebrate family according to its sensitivity or tolerance
172 to TRP.

173 The classification was then used to develop a TRPI score, using the same
174 computational structure as the PSI (Extence et al. 2013). The resultant score describes
175 the percentage of TRP sensitive taxa present in a sample, and is calculated as:

$$176 \quad TRPI = \frac{\sum \text{Nutrient scores for Groups A \& B}}{\sum \text{Nutrient scores for Groups A, B, C, D}} \times 100$$

177 To calculate the TRPI, the taxa comprising the sample must be partitioned into their
178 respective sensitivity group using Supplementary Material A. The grouping of
179 invertebrates depends on the river type, which can be determined by examination of
180 Table 1. When selecting from the table, weighting should be given to the closest
181 substrate composition at the sample site, followed by alkalinity and altitude. In
182 addition, look-up tables are dependent on the season the sample was collected (spring
183 or autumn). Once river type and season have been identified, the correct look-up table
184 can be selected from Supplementary Material A. The nutrient score for each group is
185 then calculated using Table 2, which is abundance weighted, following the principle of
186 other UK biomonitoring tools (e.g., PSI and LIFE score). The TRPI score ranges from 0,
187 indicating that TRP-sensitive taxa are absent from the sample and, therefore, the site
188 is likely to be heavily TRP impacted, to 100, which indicates 100% of the community is
189 TRP-sensitive and, therefore, the site is likely to have limited TRP concentrations
190 (Table 3).

191

192 **Table 2:** TRP tolerance bandings and the nutrient score associated with each, which is
193 dependent on the abundance of that family.

194

Group	TRP Tolerance Definition	Log Abundance			
		1 - 9	10 – 99	100 - 999	1000+
A	Taxa highly sensitive to TRP	2	3	4	5
B	Taxa moderately sensitive to TRP	1	2	3	4
C	Taxa tolerant to TRP	1	2	3	4
D	Taxa very tolerant to TRP	2	3	4	5
E	Taxa indifferent to TRP or excluded from methods for other reasons	-	-	-	-

195

196

Table 3: Interpretative bandings of the TRPI, ranging from 0 to 100.

197

TRPI	Nutrient Condition
81 - 100	Very low TRP
61 – 80	Low TRP
41 – 60	Moderate TRP
21 – 40	High TRP
0 - 20	Very High TRP

198

199

200 **2.3. Model testing and utility in comparison to other metrics**

201 The ability of the TRPI to characterise TRP effects at a site was tested by correlating

202 TRPI with measured chemical concentration of TRP at the same site. Correlations of

203 TRPI to TRP were performed using two separate data-sets, both comprising data

204 collected from across England. The first was collected by the authors at 88 sites across

205 England between 2013 and 2015, providing 156 data points as most sites were

206 sampled in spring and autumn (Figure 1; Supplementary Material B). These

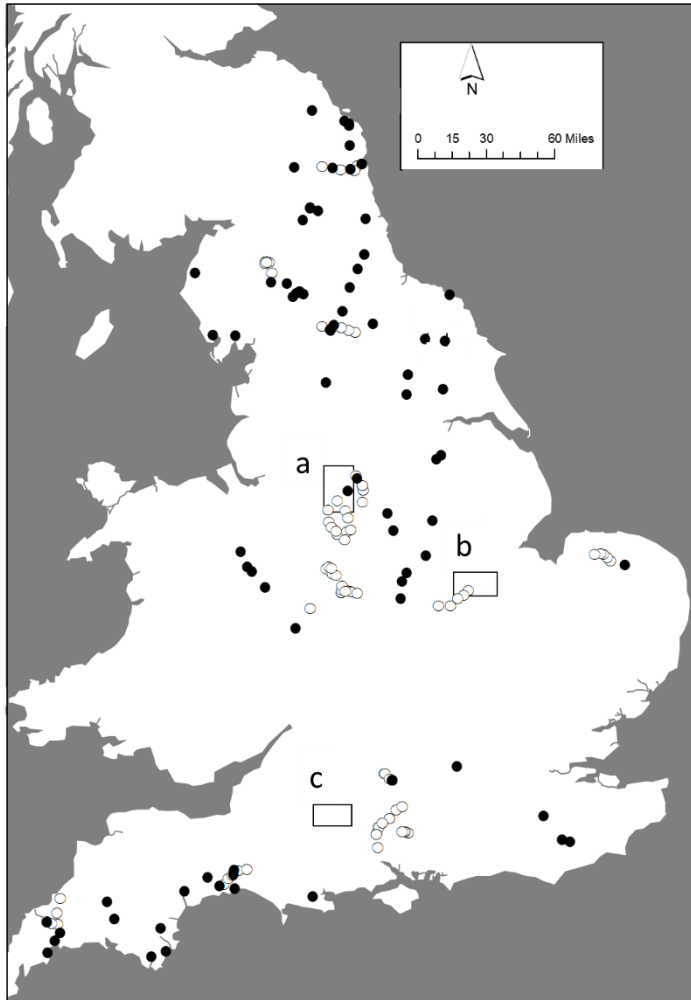
207 represented a range of TRP concentrations and geographical locations. TRPI was

208 calculated using macroinvertebrate data collected using EA standard protocol 3-

209 minute kick samples followed by 1-minute hand searching (Environment Agency,

210 2009). The TRP was calculated as a seasonal average concentration derived from EA

211 monthly spot measurements at the same location. The second data set constituted 76
212 sites from across England, monitored by the EA in 2015 for chemical TRP
213 concentrations, TDI, MTR and family-level macroinvertebrate community data, which
214 were used to calculate TRPI and other commonly used macroinvertebrate indices
215 (Figure 1; Supplementary Material C). These sites did not have the same range of TRP
216 concentration as the author-collected database but had the advantage of concurrent
217 measurements of TDI, MTR, chemical TRP and invertebrate community in the same
218 season by the EA following standard protocols (Holmes et al. 1999; UKTAG 2013).
219 Therefore, both data sets were examined to provide multiple opportunities to validate
220 TRPI index. For both data-sets, scores from spring and autumn were included within
221 the same correlation because TRPI accounts for seasonality in the metric calculation
222 and, therefore, the scores are comparable.



223

224 **Figure 1:** Map of sites included in the analysis. Open circles are author sampled sites
 225 and filled circles are EA sites. Rectangles indicate case study rivers: River Dove (a),
 226 River Welland (b) and River Wylfe (c).

227

228 An increasing strength of correlation between biological metrics of TRP (e.g. TDI, MTR
 229 and TRPI) and measured chemical TRP was not necessarily deemed to indicate a
 230 greater utility because each score potentially characterises a different aspect of
 231 instream TRP effects, i.e. TRPI specifically aims to indicate the effect of TRP on the
 232 invertebrate community whereas TDI indicates the effect on algal communities.

233 Therefore, significant positive correlation between variables with TRP was considered
234 a success, with an expectation for closer associations at higher TRP concentrations,
235 where P is more likely to be the dominant control on biological communities.

236 TRPI was also examined directly in association with 9 other benthic macroinvertebrate
237 biomonitoring scores, detailed below. Here, close similarity between metrics with TRPI
238 would indicate redundancy in the utility of one of the biological metrics as they are
239 supposed to be identifying different pressures. The proportion of Ephemeroptera,
240 Plecoptera, Trichoptera (EPT) in a sample has been used internationally as an
241 ecological indicator of water quality (Stanford and Spacie, 1994). The Biological
242 Monitoring Working Park (BMWP) score (Armitage et al. 1983) scores 76
243 macroinvertebrate families based on their sensitivity to organic pollution and until
244 recently formed the basis of WFD classification in the UK along with the Average Score
245 Per Taxon (ASPT), derived from the BMWP score divided by the total number of
246 scoring families (Armitage et al. 1983). In 2013, the BMWP and ASPT were updated by
247 integrating abundance weighting into its derivation into the Whalley, Hawkes, Paisley
248 and Trigg (WHPT) score, which takes the BWMP family sensitivity score and weights it
249 by the abundance of that family found in the sample (Whalley and Hawkes, 1997;
250 Paisley et al. 2013; 2014). When the WHPT is divided by the total number of scoring
251 taxa, this gives the WHPT ASPT. Given the established nature of this progression of
252 metrics in the UK, all are still derived and therefore all are tested here. In addition,
253 more stressor-specific metrics were tested, including the LIFE score (flow pressure;
254 Extence et al. 1999), PSI score (fine sediment pressure; Extence et al. 2013) and the

255 Saprobic Index, which is used in continental Europe to assess organic pollution stresses
256 (Roulaffs et al. 2004).

257

258 **2.4. Case study test sites**

259 Given the limitations of correlative comparisons in understanding metric
260 performance, a series of case studies were developed using historic
261 macroinvertebrate and TRP data. These case studies were used to identify whether
262 TRPI was related to TRP at a site scale, and whether other biological metrics provide a
263 better characterisation of, or are correlated to, TRPI.

264 The case studies presented here are for the: River Wylde, Wiltshire; River Welland,
265 Northamptonshire and; the River Dove, Staffordshire (Figure 1). An overview of the
266 case study site geography and background information is provided in supplementary
267 material D. The case studies were selected to represent a range of TRP loadings and
268 trajectories and to represent different regional, geological, hydrological and land use
269 scenarios.

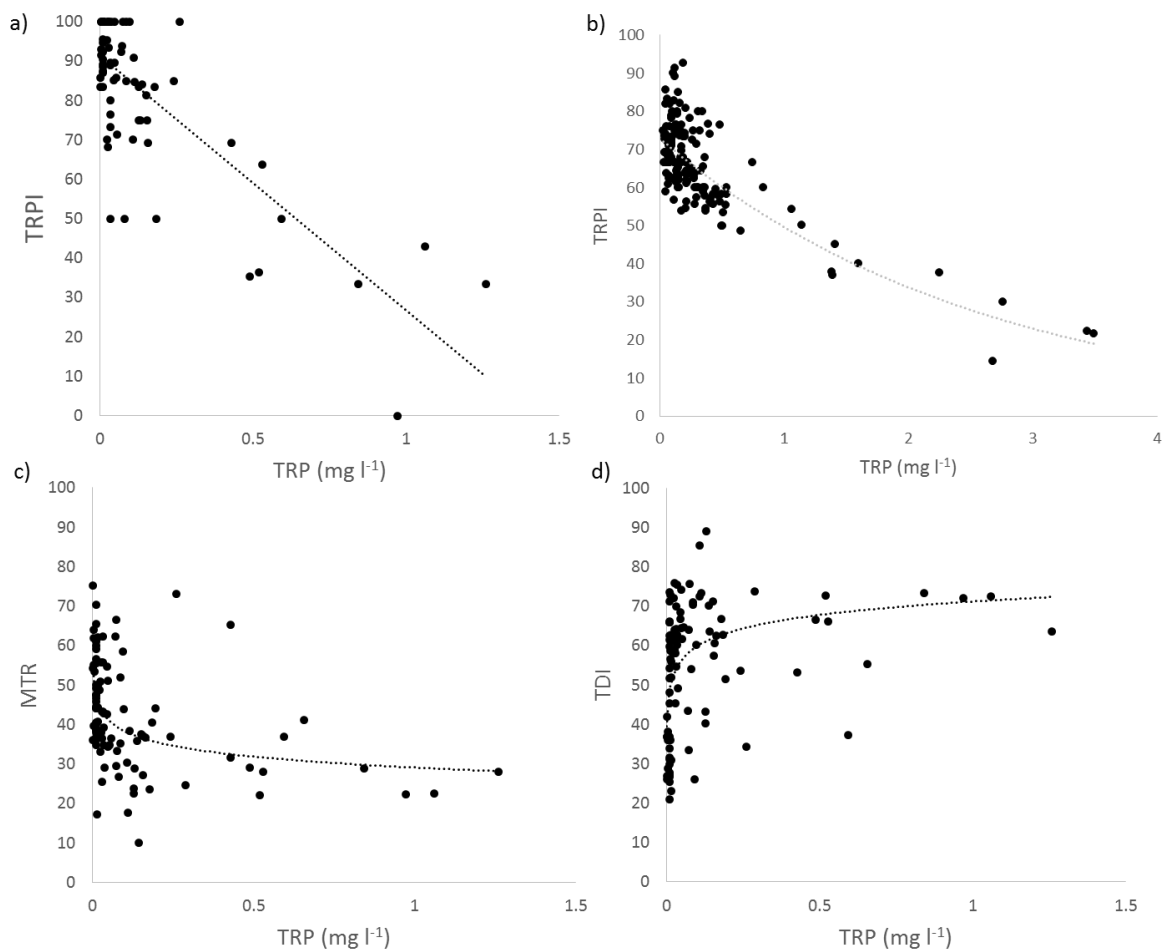
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271 **3. Results**

272 ***3.1. Statistical relationship between family-level macroinvertebrate community*** 273 ***data and TRP (Objective 1)***

274 There was a statistically significant relationship between TRPI and measured TRP
275 concentrations across the 76 EA monitoring sites ($r = 0.72$) and the 156 additional

276 samples in England ($r = 0.86$) (Table 4). The smaller sample of EA sites showed a linear
277 decrease in TRPI with increasing TRP concentration, whereas the 156 sampled sites
278 showed an exponential decline in TRPI with increasing TRP, most likely because the
279 latter covered a greater range of TRP values. In both cases, there was a clustering of
280 points at low TRP values.



281

282 **Figure 2:** Scatter plots with linear and exponential lines of best showing a) TRPI
283 against TRP measured at 76 sites by the EA in 2015, b) TRPI against TRP at 88 sites
284 measured by the authors in spring and autumn, c) MTR against TRP and, d) TDI against
285 TRP derived from the same 76 sites as TRPI in panel a.

286 **Table 4:** Correlation coefficients (r) and equations between TRP (mg l^{-1}) and TRPI;
 287 between TRPI and the MTR and TDI; and between TRPI and 8 commonly used
 288 biomonitoring indices in the UK. TRPI was correlated to TRP at 156 sites sampled by
 289 the authors and separately on 76 sites sampled by the EA where diatoms (TDI) and
 290 macrophytes (MTR) were also recorded. Number of data points is shown by n . All
 291 correlations were statistically significant.

x	Y	n	r	Equation
TRP (mg l^{-1})	TRPI	76	-0.72	Linear
TRP (mg l^{-1})	TRPI	156	-0.86	Exponential
TRP (mg l^{-1})	MTR	76	-0.47	Log
TRP (mg l^{-1})	TDI	76	0.47	Log
TDI	MTR	76	-0.27	Linear
TDI	TRPI	76	-0.52	Linear
MTR	TRPI	76	0.40	Linear
BMWP	TRPI	76	0.46	Linear
ASPT	TRPI	76	0.63	Linear
WHPT	TRPI	76	0.51	Linear
WHPT ASPT	TRPI	76	0.67	Linear
EPT	TRPI	76	0.44	Linear
PSI	TRPI	76	0.64	Linear
LIFE	TRPI	76	0.63	Linear
Saprobic	TRPI	76	-0.55	Linear

292

293 **3.2. Comparison between TRPI to other biological measures of eutrophication,**
 294 **including diatom and macrophyte community composition (Objective 2)**

295 The TDI and MTR were both correlated to TRP with significant, exponential
 296 relationships (Table 4). Ultimately, the relationships were relatively weak ($r = 0.47$ and
 297 $r = 0.47$, respectively) with biomonitoring values spread widely at low TRP values,
 298 especially for the TDI. The correlation between MTR and TDI was linear, significant and
 299 negative, and was anticipated given that they are both indicators of the same stressor

300 with inverse scales (e.g. 100% indicates high impact for TDI and low impact for MTR).
301 However, the relationship was associated with substantial scatter ($r = 0.58$). Similarly,
302 TRPI was significantly correlated to both TDI ($p < 0.01$) and MTR ($p < 0.01$) but with
303 weak associations in both instances ($r = 0.35$ and $r = 0.39$, respectively).

304

305 **3.3. Comparison between TRPI and other, existing metrics**

306 To determine the degree of collinearity and potential redundancy among indices, the
307 TRPI was correlated with other commonly used macroinvertebrate community
308 indices measured at 76 sites in England (Table 4). Significant correlations exist for TRPI
309 with all metrics ($p < 0.01$), with r ranging from 0.44 (EPT) to 0.67 (WHPT ASPT);
310 however, all relationships were weaker than that between TRPI and the target
311 stressor TRP ($r = -0.72$). The highest other relationships are with WHPT ASPT ($r = 0.67$)
312 and PSI ($r = 0.64$). The latter is indicative of elevated fine sediment, which can be
313 related to elevated P which can be attached to sediment particles, particularly from
314 agricultural fields (Owens and Walling, 2002).

315

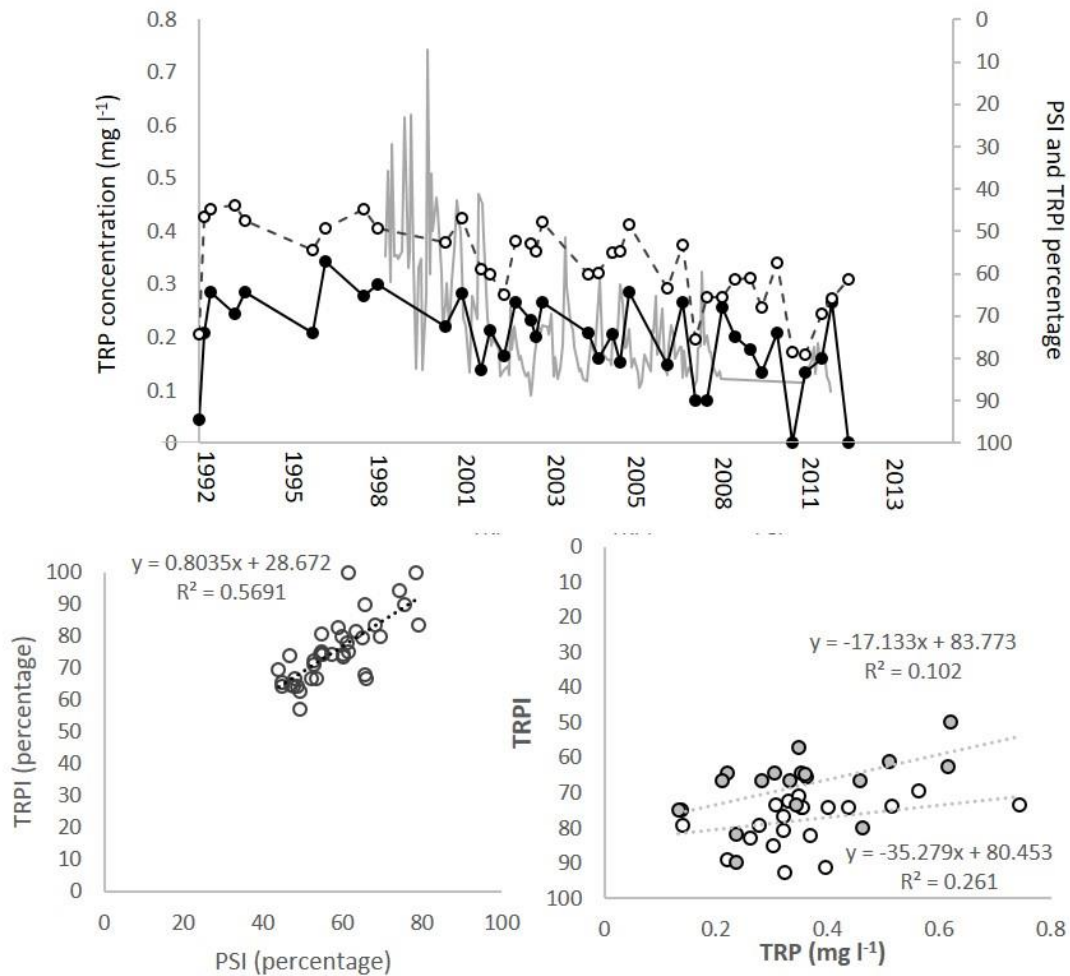
316 **3.4. Case studies**

317 **3.4.1. The River Wylye, Wiltshire (River Type 3)**

318 The River Wylye is failing its WFD phosphate criteria, with a Moderate rating in 2016.
319 It also has a Moderate rating for macrophytes and phytobenthos, but a High rating for
320 macroinvertebrates and other water quality indicators, including ammonia and

321 dissolved oxygen (DO). Chemical TRP measurements by Wessex Water indicated that
322 TRP concentrations in the River Wylfe have been reduced since the 1990's due to
323 phosphate stripping from upstream sewage works discharges. TRPI calculated using
324 both spring and autumn macroinvertebrate communities has consistently increased
325 between 1991 and 2011, from low to very low TRPI values (Figure 2). This indicates
326 that the macroinvertebrate community composition has shifted towards greater
327 proportion of TRP sensitive families in association with declining concentrations of TRP
328 over the same period.

329 Despite following the same broad trend over the 20-year monitoring period, the
330 correlation between TRP and TRPI was relatively weak for both spring and autumn
331 datasets ($r = 0.32$ and 0.45 , respectively; Figure 2b). This is because whilst TRPI mirrors
332 the declining trend and shorter-term fluctuations in TRP, the magnitude of
333 fluctuations between years was not predicted well. Correlations for MTR ($n = 11$) and
334 TDI ($n = 7$) against measured TRP indicated no significant correlation in either case and
335 they incorrectly indicate increasing TRP pressure as TRP declines.



336

337 **Figure 2:** TRP conditions on the River Wylfe at Norton Bavant. a) TRPI values (full
 338 circles) and PSI (open circles) from 1991 to 2011 with TRP concentration overlaid
 339 (grey line) over the same period. Note the y-axis is inverted so TRPI and PSI gradients
 340 follow TRP, with unimpacted conditions occurring at low TRP concentrations and
 341 impacted conditions are high values. b) Correlation between PSI and TRPI. c) Annual
 342 average TRP (mg l⁻¹) over the 12 months preceding the biotic score correlated
 343 against TRPI from spring (open) and autumn (closed) samples.

344

345 The PSI follows a similar increasing gradient to the TRPI, improving from moderately
 346 sedimented to slightly sedimented invertebrate community. There is a significant and

347 relatively strong correlation between PSI and TRPI ($r = 0.75$, $p < 0.01$), although the
348 correlation between PSI and TRP is weaker ($r = 0.31$) than that of TRPI. The saprobic
349 index and WHPT are also significantly correlated to TRPI but with weaker relationships
350 ($r = -0.38$ and $r = -0.65$, respectively). Other metrics are not correlated to TRPI
351 (Supplementary E).

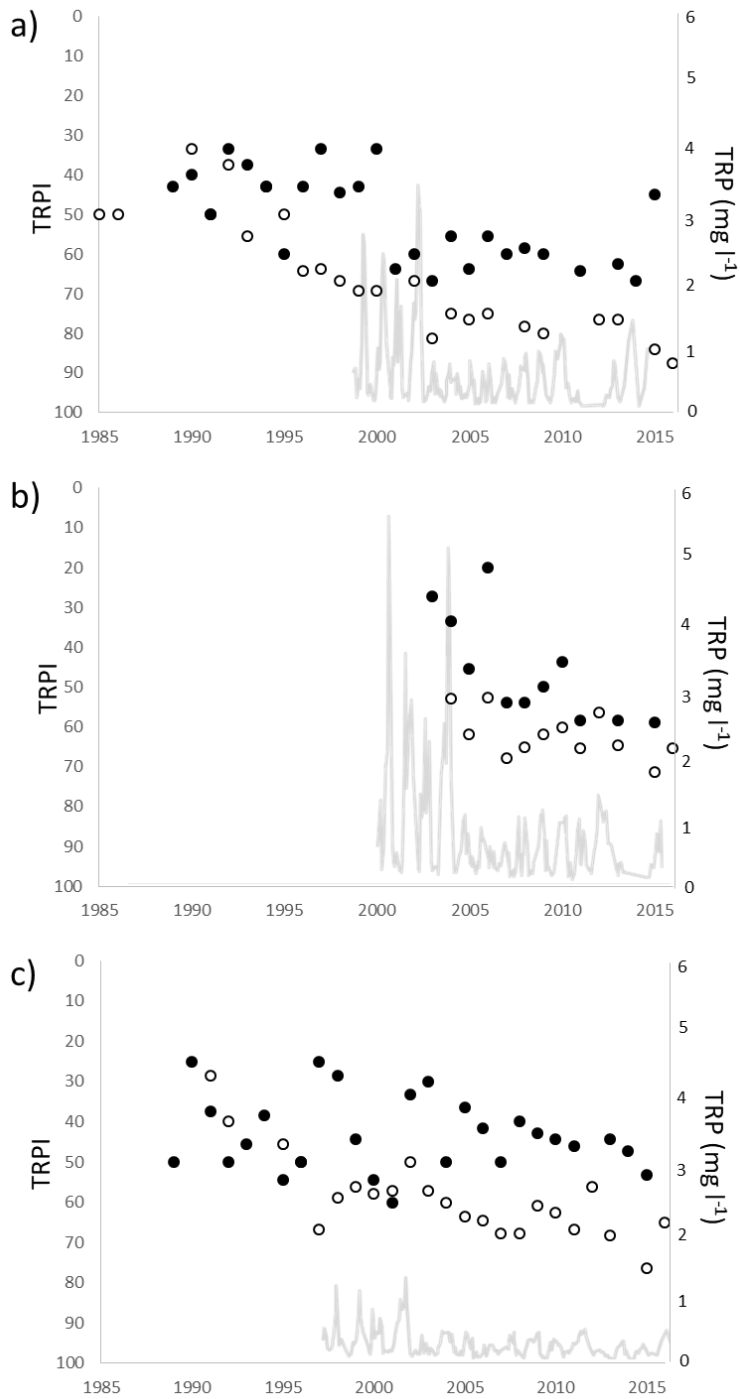
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353 **3.4.3. River Welland, Northamptonshire (River Type 4).**

354 The River Welland at Collyweston, Rockingham and Harringworth all indicated a broad
355 decline in TRP from 2001 to 2015 (Figure 4). Measured TRP levels ranged from 0.1 to
356 5.5 mg l^{-1} across the three sites, resulting in a Poor WFD classification. At each site, the
357 TRPI displayed a gradual shift in macroinvertebrate community composition from
358 highly impacted to low impacted communities sensitive to TRP. This was broadly
359 consistent with TRP measurements, where winter peaks occurred before 2003 but
360 declined thereafter due to nutrient management interventions (Rockingham $r = 0.49$;
361 Harringworth $r = 0.41$; Collyweston $r = 0.68$). There was evidence of a lag in response
362 at Harringworth, which had the highest TRP concentrations, because TRPI values drop
363 2 years after a substantial drop in TRP (Figure 4b). At Rockingham, the community
364 composition indicated a change to increasing sensitivity to TRP, although a peak in TRP
365 concentrations in 2015 (to 1.4 mg l^{-1}) was associated with a sudden rise in TRPI in
366 spring 2015 from a low (68%) to moderately impacted community (48%) (Figure 4a).
367 Despite differences in absolute TRP concentrations (e.g. peaks of 1 mg l^{-1} at
368 Collyweston and peaks of 6 mg l^{-1} at Harringworth) the TRPI values were broadly

369 comparable between sites. For all three sites, autumn TRPI was higher than spring
370 TRPI.

371 Across the three sites there was no correlation between TRP or other biological
372 metrics, including PSI (Supplementary E). However, PSI did follow a similar trajectory
373 to TRPI and TRP and was significantly correlated to TRPI ($p < 0.01$, $r = 0.48$). Similarly,
374 the WHPT shows an improving trend over the same period and across the same sites
375 but was not significantly correlated to either TRP or TPRI.



376

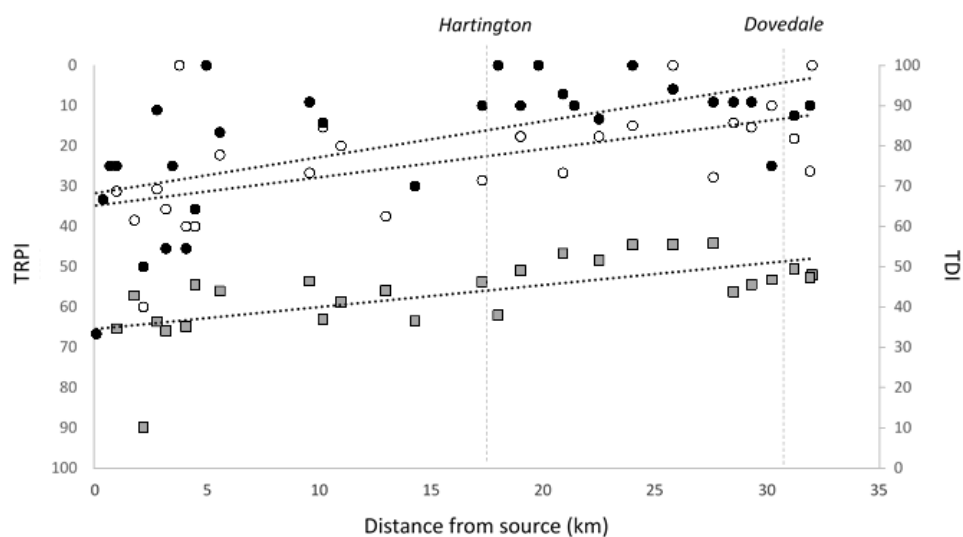
377 **Figure 4:** Spring (open) and Autumn (filled) TRPI values at Rockingham (a),
 378 Harringworth (b) and Collyweston (c) on the River Welland. TRP measures (grey line)
 379 are also indicated. Note the inverted y-axis for TRPI so improvements follow the
 380 same direction as improvements in TRP.

381

382 **3.3.4. River Dove (River Type 2)**

383 TRPI on the River Dove indicated heavily impacted conditions, with an increase in
384 impact with distance from the source resulting in a gradient across the 35 sites (Figure
385 5). This was supported by TDI measurements which indicated a similar downstream
386 pattern. However, at a subset of 3 sites, monthly spot measures made by the EA for
387 the past 15 years indicate TRP levels were low relative to the other case studies (max
388 = 0.102 mg l⁻¹) (Figure 6). TRPI does not correlate with other macroinvertebrate
389 biological metrics (Supplementary E), including the PSI. Other metrics indicate good
390 macroinvertebrate conditions, for example, the PSI indicates slightly sedimented or
391 unimpacted conditions (Figure 6).

392

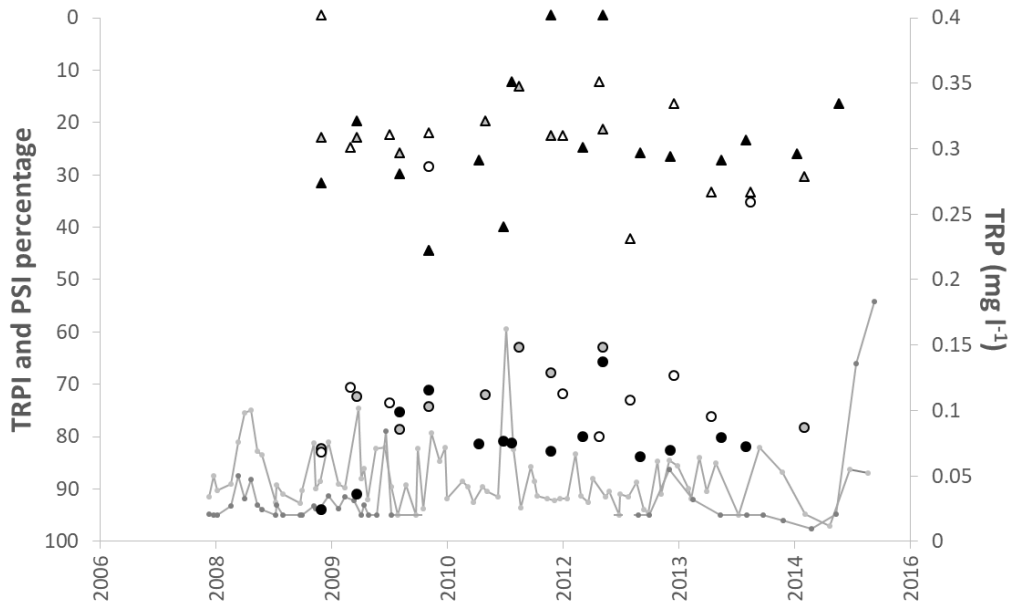


393

394 **Figure 5.** The TRPI on spring (open) and autumn (closed) circles at sites on the River
395 Dove with increasing distance downstream Squares indicate the TDI, calculated on
396 diatom community at the same sites, at the same time. The graph shows both metrics
397 increasing with downstream distance, indicating increased TRP stress. Note the

398 inverted y-axis for TRPI so improvements follow the same direction as improvements
399 in TDI.

400



401

402 **Figure 6.** TRP measured at Hartington (light grey line) and Mayfield (dark grey line)
403 with the PSI (circles) and TRPI (triangles) measured through time at three sites on the
404 River Dove: Hartington (19 km from source – grey symbols); Dovedale (31.2 km from
405 source – black symbols), and Mayfield (40 km from source – open symbols). Note the
406 inverted y-axis for TRPI so improvements follow the same direction as improvements
407 in TRP.

408

409 **4. Discussion**

410 **4.1. Metric construction and consistency**

411 We demonstrated the feasibility of using family-level macroinvertebrate community
412 data to assess the effects of TRP on macroinvertebrate communities. The results

413 derived using the TRPI methodology indicate comparable patterns to those obtained
414 using other measures of TRP stress in the UK based on macrophytes and diatoms but
415 with a stronger association to TRP. In addition, TRPI has the benefit of being calculated
416 using routinely collected data and the ability to be retrospectively applied to historic
417 data. Differences between the metrics may reflect that macrophytes, diatoms and
418 invertebrates possibly integrate the effect of TRP over different timescales.

419 The TRPI threshold values indicated that site condition was dependent on substrate,
420 alkalinity and altitude. This reflects the influence of geology and weathering rates on
421 background P levels and is consistent with legislative thresholds for chemical TRP
422 levels in the UK (UKTAG 2013). The UK legal thresholds were determined using diatom,
423 macrophyte and chemical nutrient concentration data collected across the UK (UKTAG
424 2013). Legal thresholds are more stringent for upland sites and, in their development,
425 the only environmental factors found to be good predictors of TRP concentrations,
426 based on reference sites, were alkalinity and altitude (UKTAG 2013).

427 The interacting effects of substrate, altitude and alkalinity probably explain much of
428 the scatter in the relationships between TRP and other indices in Table 4 given that
429 TRP may exert different pressures on the community, depending on river type. The
430 relatively strong correlations between TRPI and TRP across 76 and 156 samples ($r = -$
431 0.71 and -0.86 , respectively) was encouraging given that TRP effect may be evident on
432 invertebrate communities at different concentrations dependent on river type,
433 although the strong correlation may reflect the limited data available for small,
434 upland, fast-flowing streams (Type 1 and 2 rivers).

435 The response by the macroinvertebrate community to TRP concentration is more
436 clearly demonstrated in the case studies. TRPI values recorded indicate that the
437 macroinvertebrate community in the River Dove appears to be heavily impacted by
438 TRP levels less than 0.1 mg l^{-1} , whereas in the R. Welland the community indicate only
439 low levels effects despite being an order-of-magnitude higher. This reflects the upland
440 limestone characteristic (Type 2 in the TRPI river typology) of the R. Dove and as such
441 would be predicted to have naturally lower TRP levels and a more TRP-sensitive
442 invertebrate community than lowland streams. This is consistent with UK legal
443 thresholds which state that in a river such as the Dove, TRP values above 0.03 mg l^{-1}
444 would be considered moderately impacted under WFD rather than high or good
445 condition (UKTAG 2013). The relative lack of monitoring on Type 1 and Type 2 streams
446 in the UK (small, upland streams) may mask considerable issues because the results
447 here suggest relatively low concentrations of P could be having substantial effects on
448 ecological communities in some areas. This finding also supports the conclusions of
449 UKTAG (2013) that indicate that previous standards for High and Good Ecological
450 Status under WFD resulted in a large number of mismatches between classifications,
451 with biological indicators failing more frequently than chemically measured P.

452 The wider implications of the differential sensitivities of macroinvertebrates within
453 different river-types are that the typology must be carefully implemented by users
454 (environmental regulators and end-users) to avoid inaccurate classification. Incorrect
455 classification of a river type could dramatically influence the TRPI score. For example,
456 if the regression between TRPI and TRP from 88 sites (Table 4) is re-calculated but with
457 data points attributed to one river type higher than their current designation, there is

458 no significant relationship between variables ($p > 0.656$) and sites can change category
459 from “very low” to “high” impact.

460

461 **4.2. Metric performance**

462 Given that the effect of TRP on macroinvertebrate communities is frequently indirect,
463 the relationships observed are relatively strong. The datasets presented displayed
464 similar relationships between TRPI and TRP. The exponential relationship in the 88
465 sites spanning three-years (2013-2015) indicated a clustering of points at low TRPI
466 values. This was expected given that at low TRP values other pressures are probably
467 more important in controlling macroinvertebrate community composition.

468 TRPI displayed broad consistency with TDI and MTR scores. It has been suggested that
469 diatom communities in streams are more responsive than macroinvertebrates to
470 nutrient enrichment (eutrophication), because of the direct effect of nutrients on
471 growth and abundance of plants (Soininen and Kononen, 2004). In the current study,
472 TRPI displayed a stronger association with TRP than TDI or MTR and provides evidence
473 that macroinvertebrate communities are more responsive to changing TRP than
474 previously thought. The associations for TDI obtained in this study were consistent
475 with the literature. For example, Bae et al. (2011) reported a Spearman Rank
476 correlation of TDI with Total P of 0.49 and with phosphate 0.42. This finding is
477 supported by case study results where, for example, TRPI characterised changing TRP
478 concentrations on the River Wylfe more effectively than either TDI or MTR, although
479 this may also reflect the relatively low number of data points influencing the

480 correlation (Figure 2c). The results derived using TRPI have the potential benefit over
481 other existing metrics given that the recognition of different river types (specified in
482 the methodology) allows the differentiation of pressures among rivers.

483

484 **4.3. Metric utility and comparison to other metrics**

485 TRPI offers additional information to other water quality biomonitoring indices used
486 in the UK. Moderately strong correlations were observed between TRPI and other
487 water quality indices, but stronger correlations existed between other, already well
488 established, metrics used in the UK, such as LIFE and PSI scores ($r = 0.97$). This result
489 was anticipated given that some water quality indices (e.g. BMWP, WHPT) are
490 designed to quantify faunal responses to organic pollution and are likely to pick up P
491 pressures and, where P pressure is low, other stressors are also likely to be low (e.g.
492 fine sediment, other organic pollutants – Piggott et al. 2012). The strongest
493 associations recorded were with WHPT ASPT, with strong correlations also observed
494 for other metrics with a weighted average score – e.g., PSI. Case studies also indicated
495 a similarity between TRPI and PSI but this was relative weak (with the notable
496 exception of the R. Wylfe). This association is likely because of the close relationship
497 between fine sediment and phosphorous pollutants (Owens & Walling, 2002), with P
498 often bound to fine sediment particles. However, the River Dove case study indicates
499 the possibility of differential P and fine sediment pressures, with PSI indicating slight
500 sedimentation or unimpacted conditions whereas TRPI indicates the invertebrate
501 community is suffering from elevated TRP pressure. This interpretation is supported
502 by the TDI score which also indicates elevated P and the chemical measurements of

503 TRP, which despite being lower than other case studies, represent impacted
504 conditions within the alkalinity and altitude categories of the River Dove (UKTAG
505 2013). Therefore, a multi-metric approach, utilising multiple indices simultaneously
506 would be appropriate, with TRPI used as part the suite of indices derived using the
507 same invertebrate dataset, to screen for multiple pressures (Clews and Ormerod,
508 2009).

509

510 ***4.4. P impacts on invertebrates and biomonitoring potential***

511 The case studies presented in this study indicate that macroinvertebrate community
512 response followed the average decline in TRP rather than any short-term fluctuations.
513 This probably reflects the invertebrate community responding to conditions
514 integrated over their life history up to the point of sampling. Some differences may be
515 associated with acclimation of individuals to TRP concentrations, indirect feedbacks
516 (Maidstone and Parr, 2002), as well as magnitude of TRP concentrations. As a result,
517 associations between TRPI and TRP in individual case studies were typically statistically
518 significant, but weak.

519 TRPI appears to respond to relatively subtle changes in TRP, such as on Costa Beck
520 (Figure 3), despite relatively small absolute changes in TRP concentrations compared
521 to background levels. This is surprising given TRP is unlikely to be the dominant
522 stressor at low to moderate concentrations and when the community is relatively un-
523 impacted. The reasons for this close association in some instances are currently
524 unclear, but could relate to the interaction of multiple stressors, and suggest further

525 research is required to understand the direct, causal implications of P on
526 macroinvertebrate communities.

527 Paisley et al (2003; 2011) considered all 76 scoring BMWP macroinvertebrate families
528 of which 46 had significant associations with TRP (i.e. $p < 0.1$) for at least one river
529 type and season. As River Type increases from 1 to 5, the number of taxa with a strong
530 association with TRP (significant to 5%) was reduced, as was the strength of
531 relationships. This is partially related to the changing macroinvertebrate fauna
532 associated with different river types and particularly the effect of substrate
533 composition.

534 TRPI was designed based on the assumption that TRP would have largely indirect
535 effects on the macroinvertebrate community; however, the strength of association
536 between TRPI and TRP implies that TRP may have a more direct impact on the
537 invertebrate community than previously thought. Some recent research has
538 demonstrated that the survival of *Serratella ignita* eggs to hatching is directly
539 impacted by moderate TRP levels (0.1 mg l^{-1}) (Everall *et al.*, 2018). This implies that a
540 more causal, trait-based approach could be developed if the direct mechanisms by
541 which TRP impacts invertebrate communities can be established.

542 The statistically-derived sensitivity of taxa to TRP is complex, with some families being
543 sensitive at some times of year or in some river types, when compared to others. For
544 example, Gammaridae are very tolerant of TRP for River Type 2 but very appear
545 sensitive within River Type 5. This may be because of other co-occurring difference
546 between these river types. For example, Type 5 rivers are likely to be macrophyte and
547 fine sediment dominated and Type 2 rivers relatively macrophyte poor, as well as

548 differences in substrate particle size due to downstream fining of sediment and
549 thermal regime variability due to downstream warming. Research has demonstrated
550 that multiple stressors can have unexpected results, for example, insect larvae were
551 less affected by fine sediment when organic matter was prevalent in the study of
552 Doretto et al. (2017) and other stressors, such as fine sediment or warm water can
553 alter the response of organisms subject to nutrient stress (Piggott et al., 2012). To
554 unravel these complex interactions, future work would usefully focus on the direct,
555 causal interactions between elevated nutrient concentrations and invertebrate
556 persistence, on larval, adult and egg stages. Increasing the resolution to species level
557 or focusing on particular taxonomic traits which are lost in the presence of elevated P
558 may enable a better understanding of P impacts on macroinvertebrates, and
559 improvement of the biomonitoring potential of TRPI (e.g. see Monk et al. 2012).

560

561 **5. Conclusions**

562 The TRPI showed a strong association with TRP concentrations which, for national and
563 local datasets, was stronger than the association with the diatom community (TDI) or
564 macrophyte composition (MTR). Therefore, TRPI provides an effective method for
565 identifying areas of potential TRP stress upon benthic communities in the UK. The
566 ability of macroinvertebrate communities to integrate impacts over time provides an
567 advantage over direct monitoring of P levels, which are temporally and spatially
568 variable and, therefore, relatively expensive and logistically intensive to monitor. TRPI
569 also has the advantage that it can be calculated retrospectively using existing national
570 biological databases, allowing P enrichment trends to be tracked over periods of time.

571 The results suggest that in some instances macroinvertebrate community structure
572 has a stronger than expected response to organic loading in rivers, responding even
573 where TRP levels are only moderately elevated. However, aspects of the statistical
574 relationship between TRP and the macroinvertebrate community are not fully
575 understood, such as the seasonal differences in sensitivity of some taxa. More
576 information is required to establish the direct effects of P on benthic
577 macroinvertebrates. Additionally, TRPI interpretation is highly sensitive to alkalinity,
578 substrate size and altitude and would be improved with additional information from
579 small, upland streams (type 1 and 2) where TRP is likely to have an ecological effect
580 even at very low concentrations.

581

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588

589

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- 748
- 749

750 **Supplementary A:** TRP tolerance groupings for invertebrate family groupings for
 751 each river type and season. The MI indicates the “mutual information” in explaining
 752 TRP from the analysis of Paisley et al. (2003). The % indicates the significance of
 753 relationship between the taxa and TRP (i.e. 1 = significant to 1%, 5 = significant to
 754 5%). ± indicates whether the taxa is a positive or negative indicator of TRP, also
 755 indicated by the description.

756 **River Type 1**

757

River type	Season	Taxon	MI	%	±	Description	TRP group
1	Spring	Chloroperlidae	0.0453	1	–	v.sensitive	A
1	Spring	Nemouridae	0.0579	1	–	v.sensitive	A
1	Spring	Perlidae	0.0271	5	–	sensitive	B
1	Spring	Asellidae	0.0292	5	+	tolerant	C
1	Spring	Caenidae	0.027	5	+	tolerant	C
1	Spring	Chironomidae	0.0272	5	+	tolerant	C
1	Spring	Erpobdellidae	0.0299	5	+	tolerant	C
1	Spring	Leptoceridae	0.027	5	+	tolerant	C
1	Spring	Sphaeriidae	0.027	5	+	tolerant	C
1	Spring	Baetidae	0.0391	1	+	v. tolerant	D
1	Spring	Elmidae	0.0386	1	+	v. tolerant	D
1	Spring	Ephemerellidae	0.0517	1	+	v. tolerant	D
1	Spring	Gammaridae	0.0514	1	+	v. tolerant	D
1	Spring	Hydrobiidae	0.0743	1	+	v. tolerant	D
1	Spring	Leptophlebiidae	0.0385	1	+	v. tolerant	D
1	Autumn	Nemouridae	0.0357	1	–	v.sensitive	A
1	Autumn	Heptageniidae	0.0296	5	–	sensitive	B
1	Autumn	Perlidae	0.0293	5	–	sensitive	B
1	Autumn	Perlodidae	0.0258	5	–	sensitive	B
1	Autumn	Rhyacophilidae	0.0279	5	–	sensitive	B
1	Autumn	Gyrinidae	0.0284	5	+	tolerant	C
1	Autumn	Lymnaeidae	0.0249	5	+	tolerant	C
1	Autumn	Simuliidae	0.0287	5	+	tolerant	C
1	Autumn	Ancylidae	0.0552	1	+	v. tolerant	D
1	Autumn	Asellidae	0.0317	1	+	v. tolerant	D
1	Autumn	Elmidae	0.0667	1	+	v. tolerant	D
1	Autumn	Erpobdellidae	0.0483	1	+	v. tolerant	D
1	Autumn	Gammaridae	0.0408	1	+	v. tolerant	D
1	Autumn	Hydrobiidae	0.076	1	+	v. tolerant	D
1	Autumn	Hydropsychidae	0.0465	1	+	v. tolerant	D

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759 **River Type 2**

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River type	Season	Taxon	MI	%	±	Description	TRP group
2	Spring	Leptoceridae	0.0836	1	+	v. tolerant	D
2	Spring	Rhyacophilidae	0.0792	1	-	v.sensitive	A
2	Spring	Gammaridae	0.0700	1	+	v. tolerant	D
2	Spring	Hydropsychidae	0.0646	1	+	v. tolerant	D
2	Spring	Glossiphoniidae	0.0575	1	+	v. tolerant	D
2	Spring	Hydroptilidae	0.0535	1	+	v. tolerant	D
2	Spring	Baetidae	0.0529	1	+	v. tolerant	D
2	Spring	Erpobdellidae	0.0489	1	+	v. tolerant	D
2	Spring	Heptageniidae	0.0484	1	-	v.sensitive	A
2	Spring	Taeniopterygidae	0.0467	5	-	sensitive	B
2	Spring	Elmidae	0.0456	5	+	tolerant	C
2	Spring	Sphaeriidae	0.0438	5	+	tolerant	C
2	Spring	Hydrobiidae	0.0399	5	+	tolerant	C
2	Spring	Leptophlebiidae	0.0366	10	+	insig tol.	E
2	Spring	Ephemerellidae	0.0362	10	+	insig tol.	E
2	Autumn	Planorbidae	0.0789	1	+	v. tolerant	D
2	Autumn	Leuctridae	0.0579	1	-	v.sensitive	A
2	Autumn	Simuliidae	0.0550	1	+	v. tolerant	D
2	Autumn	Hydropsychidae	0.0541	1	+	v. tolerant	D
2	Autumn	Leptophlebiidae	0.0512	1	+	v. tolerant	D
2	Autumn	Sphaeriidae	0.0500	1	+	v. tolerant	D
2	Autumn	Tipulidae	0.0476	5	-	sensitive	B
2	Autumn	Erpobdellidae	0.0473	5	+	tolerant	C
2	Autumn	Ephemeridae	0.0466	5	+	tolerant	C
2	Autumn	Elmidae	0.0464	5	+	tolerant	C
2	Autumn	Lepidostomatidae	0.0435	5	+	tolerant	C
2	Autumn	Lymnaeidae	0.0431	5	-	sensitive	B
2	Autumn	Calopterygidae	0.0408	5	+	tolerant	C
2	Autumn	Sericostomatidae	0.0370	10	-	insig sens.	E
2	Autumn	Ephemerellidae	0.0363	10	-	insig sens.	E

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River Type 3

River type	Season	Taxon	MI	%	±	Description	TRP group
3	Spring	Chironomidae	0.0632	1	-	v.sensitive	A
3	Spring	Ephemerellidae	0.113	1	-	v.sensitive	A
3	Spring	Rhyacophilidae	0.0825	1	-	v.sensitive	A
3	Spring	Sericostomatidae	0.0727	1	-	v.sensitive	A
3	Spring	Simuliidae	0.0726	1	-	v.sensitive	A
3	Spring	Baetidae	0.0524	5	-	sensitive	B
3	Spring	Chloroperlidae	0.0533	5	-	sensitive	B
3	Spring	Gammaridae	0.0562	5	-	sensitive	B
3	Spring	Heptageniidae	0.0471	5	-	sensitive	B
3	Spring	Lepidostomatidae	0.05	5	-	sensitive	B
3	Spring	Nemouridae	0.0504	5	-	sensitive	B
3	Spring	Leptophlebiidae	0.0512	5	+	tolerant	C
3	Spring	Sphaeriidae	0.0529	5	+	tolerant	C
3	Spring	Caenidae	0.0629	1	+	v. tolerant	D
3	Spring	Neritidae	0.0774	1	+	v. tolerant	D
3	Autumn	Sericostomatidae	0.0672	1	-	v.sensitive	A
3	Autumn	Chironomidae	0.059	5	-	sensitive	B
3	Autumn	Elmidae	0.0509	5	-	sensitive	B
3	Autumn	Heptageniidae	0.0485	5	-	sensitive	B
3	Autumn	Rhyacophilidae	0.059	5	-	sensitive	B
3	Autumn	Asellidae	0.0501	5	+	tolerant	C
3	Autumn	Neritidae	0.0512	5	+	tolerant	C
3	Autumn	Brachycentridae	0.0807	1	+	v. tolerant	D
3	Autumn	Planorbidae	0.06	1	+	v. tolerant	D
3	Autumn	Baetidae	0.0445	10	-	insig sens.	E
3	Autumn	Caenidae	0.045	10	+	insig tol.	E
3	Autumn	Gammaridae	0.0479	10	-	insig sens.	E
3	Autumn	Goeridae	0.044	10	-	insig sens.	E
3	Autumn	Leuctridae	0.0473	10	-	insig sens.	E
3	Autumn	Tipulidae	0.0455	10	-	insig sens.	E

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779 *River type 4*
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River type	Season	Taxon	MI	%	±	Description	TRP group
4	Spring	Rhyacophilidae	0.1356	1	-	v.sensitive	A
4	Spring	Gammaridae	0.0844	1	-	v.sensitive	A
4	Spring	EphemereIIDae	0.0688	1	-	v.sensitive	A
4	Spring	Perlodidae	0.0615	1	-	v.sensitive	A
4	Spring	Dendrocoelidae	0.0613	1	-	v.sensitive	A
4	Spring	Calopterygidae	0.0582	1	+	v. tolerant	D
4	Spring	Asellidae	0.0569	5	+	tolerant	C
4	Spring	Caenidae	0.0547	5	+	tolerant	C
4	Spring	Leptoceridae	0.0541	5	+	tolerant	C
4	Spring	Heptageniidae	0.0528	5	-	sensitive	B
4	Spring	Unionidae	0.0525	5	+	tolerant	C
4	Spring	Leuctridae	0.0523	5	-	sensitive	B
4	Spring	Lepidostomatidae	0.0485	5	-	sensitive	B
4	Spring	Sphaeriidae	0.0485	5	+	tolerant	C
4	Spring	Baetidae	0.0484	5	-	sensitive	B
4	Autumn	Caenidae	0.0837	1	+	v. tolerant	D
4	Autumn	Calopterygidae	0.0731	1	+	v. tolerant	D
4	Autumn	Coenagriidae	0.0638	1	+	v. tolerant	D
4	Autumn	Rhyacophilidae	0.0571	5	-	sensitive	B
4	Autumn	Elmidae	0.0546	5	-	sensitive	B
4	Autumn	Sericostomatidae	0.0539	5	-	sensitive	B
4	Autumn	Ephemeridae	0.0527	5	-	sensitive	B
4	Autumn	Chironomidae	0.0477	5	-	sensitive	B
4	Autumn	Psychomyiidae	0.0477	5	-	sensitive	B
4	Autumn	Asellidae	0.0460	5	+	tolerant	C
4	Autumn	Ancylidae	0.0456	10	+	insig tol.	E
4	Autumn	Sialidae	0.0436	10	+	insig tol.	E
4	Autumn	Limnephilidae	0.0418	10	-	insig sens.	E
4	Autumn	Planariidae	0.0416	10	-	insig sens.	E
4	Autumn	Neritidae	0.0374	10	+	insig tol.	E

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792 *River type 5*
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River type	Seasonal	Taxon	MI	%	±	Description	TRP group
5	Spring	Gammaridae	0.061	1	-	v.sensitive	A
5	Spring	Tipulidae	0.0731	1	-	v.sensitive	A
5	Spring	EphemereIIDae	0.0504	5	-	sensitive	B
5	Spring	Heptageniidae	0.0568	5	-	sensitive	B
5	Spring	Valvatidae	0.0461	5	+	tolerant	C
5	Spring	Calopterygidae	0.0673	1	+	v. tolerant	D
5	Spring	Ancylidae	0.0376	10	+	insig tol.	E
5	Spring	Baetidae	0.0423	10	-	insig sens.	E
5	Spring	Caenidae	0.0454	10	+	insig tol.	E
5	Spring	Goeridae	0.0443	10	-	insig sens.	E
5	Spring	Hydroptilidae	0.0438	10	+	insig tol.	E
5	Spring	Limnephilidae	0.0427	10	-	insig sens.	E
5	Spring	Notonectidae	0.0429	10	+	insig tol.	E
5	Spring	Simuliidae	0.039	10	-	insig sens.	E
5	Spring	Sphaeriidae	0.039	10	-	insig sens.	E
5	Autumn	Gammaridae	0.0798	1	-	v.sensitive	A
5	Autumn	Hydrobiidae	0.0583	1	-	v.sensitive	A
5	Autumn	Rhyacophilidae	0.0583	1	-	v.sensitive	A
5	Autumn	Sphaeriidae	0.0776	1	-	v.sensitive	A
5	Autumn	Glossiphoniidae	0.0528	5	-	sensitive	B
5	Autumn	Calopterygidae	0.0484	5	+	tolerant	C
5	Autumn	Valvatidae	0.0667	1	+	v. tolerant	D
5	Autumn	Brachycentridae	0.0438	10	+	insig tol.	E
5	Autumn	Elmidae	0.0409	10	-	insig sens.	E
5	Autumn	Heptageniidae	0.0447	10	-	insig sens.	E
5	Autumn	Limnephilidae	0.0413	10	-	insig sens.	E
5	Autumn	Nemouridae	0.0405	10	-	insig sens.	E
5	Autumn	Oligochaeta	0.0439	10	-	insig sens.	E
5	Autumn	Physidae	0.0399	10	-	insig sens.	E
5	Autumn	Planariidae	0.0394	10	-	Insig. Sens.	E

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798 **Supplementary Material B**

799 Table of sites sampled used in correlative analysis. 88 sites were sampled seasonally.

800 The site location, river and geographical region are included with a latitude and

801 longitude. The date is the date of the invertebrate sample in all cases.

Site	River	Region	Latitude	Longitude	Date
Forge Farm	Black Bourne Fotherley Brook	Worcestershire	52.613001	-1.8670388	29/11/2012
Fotherley STW	Black Bourne Fotherley Brook	Worcestershire	52.616593	-1.864074	29/11/2012
Fotherley Hall	Black Bourne Fotherley Brook	Worcestershire	52.631865	-1.8551617	29/11/2012
Thickbroom Farm	Black Bourne Fotherley Brook	Worcestershire	52.629094	-1.8034615	29/11/2012
Hints	Black Bourne Fotherley Brook	Worcestershire	52.622743	-1.7709915	29/11/2012
Lower Bangley	Black Bourne Fotherley Brook	Worcestershire	52.618206	-1.7503365	29/11/2012
Fazeley	Black Bourne Fotherley Brook	Worcestershire	52.609996	-1.6986962	29/11/2012
Chesterfield	Black Bourne Fotherley Brook	Worcestershire	52.645353	-1.8580731	29/11/2012
Wall	Black Bourne Fotherley Brook	Worcestershire	52.65704	-1.8580354	29/11/2012
Little Hay	Black Bourne Fotherley Brook	Worcestershire	52.621928	-1.8197424	29/11/2012
Forge Farm	Black Bourne Fotherley Brook	Worcestershire	52.613001	-1.8670388	17/06/2013
Fotherley STW	Black Bourne Fotherley Brook	Worcestershire	52.616593	-1.864074	17/06/2013
Fotherley Hall	Black Bourne Fotherley Brook	Worcestershire	52.631865	-1.8551617	17/06/2013
Thickbroom Farm	Black Bourne Fotherley Brook	Worcestershire	52.629094	-1.8034615	17/06/2013
Hints	Black Bourne Fotherley Brook	Worcestershire	52.622743	-1.7709915	17/06/2013
Lower Bangley	Black Bourne Fotherley Brook	Worcestershire	52.618206	-1.7503365	17/06/2013
Fazeley	Black Bourne Fotherley Brook	Worcestershire	52.609996	-1.6986962	17/06/2013
Wall	Black Bourne Fotherley Brook	Worcestershire	52.65704	-1.8580354	17/06/2013
Little Hay	Black Bourne Fotherley Brook	Worcestershire	52.621928	-1.8197424	17/06/2013
Cherry Slade	Cannock Chase Forest streams	Staffordshire	52.763272	-2.0206604	16/03/2015

Birches Valley	Cannock Chase Forest streams	Staffordshire	52.746631	-1.9710262	17/03/2015
Seven Springs	Cannock Chase Forest streams	Staffordshire	52.730292	-1.9562583	17/03/2015
Hare's Hill	Cannock Chase Forest streams	Staffordshire	52.723748	-1.921204	17/03/2015
Abrahams Valley	Cannock Chase Forest streams	Staffordshire	52.777064	-1.993272	18/03/2015
Stafford Brook SSSI	Cannock Chase Forest streams	Staffordshire	52.768978	-1.9684474	18/03/2015
Whitford Bridge	River Axe	Devon	50.753527	-3.0472249	28/05/2015
Cloakham Bridge	River Axe	Devon	50.789305	-2.9995472	28/05/2015
Wadbrook Bridge	River Axe	Devon	50.81062	-2.9629713	28/05/2015
Forde Abbey	River Axe	Devon	50.844123	-2.9073863	28/05/2015
Seaborough	River Axe	Devon	50.848952	-2.8160991	28/05/2015
Whitford Bridge	River Axe	Devon	50.753527	-3.0472249	16/09/2015
Cloakham Bridge	River Axe	Devon	50.789305	-2.9995472	16/09/2015
Wadbrook Bridge	River Axe	Devon	50.81062	-2.9629713	16/09/2015
Forde Abbey	River Axe	Devon	50.844123	-2.9073863	16/09/2015
Seaborough	River Axe	Devon	50.848952	-2.8160991	16/09/2015
Polbrook Bridge	River Camel	Cornwall	50.490783	-4.7999834	27/05/2015
Nanstallon	River Camel	Cornwall	50.474762	-4.6926022	27/05/2015
Dunmere Bridge	River Camel	Cornwall	50.477479	-4.7525382	27/05/2015
Wenford Bridge	River Camel	Cornwall	50.544486	-4.7040413	27/05/2015
Slaughter Bridge	River Camel	Cornwall	50.638772	-4.6751381	27/05/2015
Polbrook Bridge	River Camel	Cornwall	50.490783	-4.7999834	15/09/2015
Nanstallon	River Camel	Cornwall	50.474762	-4.6926022	15/09/2015
Dunmere Bridge	River Camel	Cornwall	50.477479	-4.7525382	15/09/2015
Wenford Bridge	River Camel	Cornwall	50.544486	-4.7040413	15/09/2015
Slaughter Bridge	River Camel	Cornwall	50.638772	-4.6751381	15/09/2015
Tittesworth	River Churnet	Staffordshire	53.139851	-2.0029493	15/01/2014
Dimmings Dale	River Churnet	Staffordshire	52.985202	-1.9061184	15/01/2014
Coombes Valley	River Churnet	Staffordshire	53.065242	-1.9969746	16/01/2014

Blackbank	River Churnet	Staffordshire	53.028382	-1.9641746	16/01/2014
Cotton Dell	River Churnet	Staffordshire	53.005886	-1.9179956	16/01/2014
Dydon Wood	River Churnet	Staffordshire	53.000363	-1.8062521	16/01/2014
Tittesworth	River Churnet	Staffordshire	53.139851	-2.0029493	07/05/2014
Dimmings Dale	River Churnet	Staffordshire	52.985202	-1.9061184	07/05/2014
Coombes Valley	River Churnet	Staffordshire	53.065242	-1.9969746	07/05/2014
Blackbank	River Churnet	Staffordshire	53.028382	-1.9641746	07/05/2014
Cotton Dell	River Churnet	Staffordshire	53.005886	-1.9179956	07/05/2014
Dydon Wood	River Churnet	Staffordshire	53.000363	-1.8062521	07/05/2014
Warkworth Ford	River Coquet	Northumberland	55.338175	-1.6291127	11/06/2015
Guyzance Mill	River Coquet	Northumberland	55.32517	-1.675805	11/06/2015
Felton	River Coquet	Northumberland	55.296653	-1.7092986	11/06/2015
Cragend Farm	River Coquet	Northumberland	55.301848	-1.8653661	11/06/2015
Holystone	River Coquet	Northumberland	55.321033	-2.0683941	11/06/2015
Warkworth Ford	River Coquet	Northumberland	55.338175	-1.6291127	08/09/2015
Guyzance Mill	River Coquet	Northumberland	55.32517	-1.675805	08/09/2015
Felton	River Coquet	Northumberland	55.296653	-1.7092986	08/09/2015
Cragend Farm	River Coquet	Northumberland	55.301848	-1.8653661	08/09/2015
Holystone	River Coquet	Northumberland	55.321033	-2.0683941	08/09/2015
Calver	River Derwent	Derbyshire	53.266493	-1.6315698	01/05/2015
Grindleford	River Derwent	Derbyshire	53.294971	-1.6348657	01/05/2015
Lydgate Farm	River Derwent	Derbyshire	53.358576	-1.7034838	01/05/2015
Calver	River Derwent	Derbyshire	53.266493	-1.6315698	14/10/2015
Grindleford	River Derwent	Derbyshire	53.294971	-1.6348657	14/10/2015
Lydgate Farm	River Derwent	Derbyshire	53.294971	-1.6348657	14/10/2015
Manor House Farm	River Dever	Hampshire	51.174677	-1.3799597	24/04/2015
Bransbury	River Dever	Hampshire	51.174404	-1.3811077	24/04/2015
Bransbury	River Dever	Hampshire	51.174404	-1.3811077	29/09/2015
Manor House Farm	River Dever	Hampshire	51.174677	-1.3799597	29/09/2015
Hartington RB	River Dove	Derbyshire	53.135528	-1.8209962	15/04/2014
Rochester	River Dove	Derbyshire	52.950123	-1.8300068	08/05/2015
Mayfield	River Dove	Derbyshire	53.012754	-1.7632112	08/05/2015
Milldale	River Dove	Derbyshire	53.088364	-1.7938532	08/05/2015
Rochester	River Dove	Derbyshire	52.950123	-1.8300068	11/09/2015
Mayfield	River Dove	Derbyshire	53.012754	-1.7632112	11/09/2015
Milldale	River Dove	Derbyshire	53.088364	-1.7938532	11/09/2015

Hollinsclough	River Dove	Derbyshire	53.198774	-1.9075548	11/09/2015
Great Salkeld	River Eden	Lancashire	54.717501	-2.6871766	24/04/2015
Great Salkeld	River Eden	Lancashire	54.70444	-2.6908354	24/04/2015
Hunsonby	River Eden	Lancashire	54.712939	-2.6490707	24/04/2015
Little Salkeld	River Eden	Lancashire	54.716654	-2.6747902	24/04/2015
Eden Mount	River Eden	Lancashire	54.709474	-2.676285	24/04/2015
Temple Sowerby	River Eden	Lancashire	54.646326	-2.6150784	24/04/2015
Great Salkeld	River Eden	Lancashire	54.717501	-2.6871766	09/09/2015
Great Salkeld	River Eden	Lancashire	54.70444	-2.6908354	09/09/2015
Hunsonby	River Eden	Lancashire	54.712939	-2.6490707	09/09/2015
Little Salkeld	River Eden	Lancashire	54.716654	-2.6747902	09/09/2015
Eden Mount	River Eden	Lancashire	54.709474	-2.676285	09/09/2015
Temple Sowerby	River Eden	Lancashire	54.646326	-2.6150784	09/09/2015
Ovington Mill	River Itchen	Hampshire	51.082979	-1.1946779	21/04/2015
Yavington	River Itchen	Hampshire	51.090178	-1.2220538	21/04/2015
Chilland	River Itchen	Hampshire	51.091119	-1.2366169	21/04/2015
Chilland Mill	River Itchen	Hampshire	51.08968	-1.2546458	21/04/2015
Ovington Mill	River Itchen	Hampshire	51.082979	-1.1946779	30/09/2015
Yavington	River Itchen	Hampshire	51.090178	-1.2220538	30/09/2015
Chilland	River Itchen	Hampshire	51.091119	-1.2366169	30/09/2015
Chilland Mill	River Itchen	Hampshire	51.08968	-1.2546458	30/09/2015
Great Shefford	River Lambourn	Berkshire	51.463356	-1.430599	14/04/2015
Weston	River Lambourn	Berkshire	51.461275	-1.4241907	14/04/2015
Hunts Green	River Lambourn	Berkshire	51.429224	-1.3775433	14/04/2015
Woodspeen	River Lambourn	Berkshire	51.419197	-1.3476232	14/04/2015
Great Shefford	River Lambourn	Berkshire	51.463356	-1.430599	01/10/2015
Weston	River Lambourn	Berkshire	51.461275	-1.4241907	01/10/2015
Hunts Green	River Lambourn	Berkshire	51.429224	-1.3775433	01/10/2015
Woodspeen	River Lambourn	Berkshire	51.419197	-1.3476232	01/10/2015
Houghton	River Test	Hampshire	51.087541	-1.5083687	24/09/2013
Longstock West	River Test	Hampshire	51.123263	-1.4927008	24/09/2013
Longstock East	River Test	Hampshire	51.122614	-1.4881356	24/09/2013
Abbey Mill	River Test	Hampshire	50.990546	-1.5050052	03/06/2015
Bossington	River Test	Hampshire	51.074457	-1.5146878	03/06/2015
Fullerton	River Test	Hampshire	51.149551	-1.4555411	03/06/2015
Whitchurch	River Test	Hampshire	51.230406	-1.3164236	03/06/2015
Polhampton	River Test	Hampshire	51.251144	-1.250721	03/06/2015
Abbey Mill	River Test	Hampshire	50.990546	-1.5050052	30/09/2015
Bossington	River Test	Hampshire	51.074457	-1.5146878	30/09/2015
Fullerton	River Test	Hampshire	51.149551	-1.4555411	30/09/2015

Whitchurch	River Test	Hampshire	51.230406	-1.3164236	30/09/2015
Polhampton	River Test	Hampshire	51.251144	-1.250721	30/09/2015
Kilgram Bridge	River Ure	Yorkshire	54.269129	-1.7069727	21/05/2015
Ulshaw Bridge	River Ure	Yorkshire	54.280262	-1.7776354	21/05/2015
Wensley Bridge	River Ure	Yorkshire	54.300168	-1.9568797	21/05/2015
Bishopdale Brook	River Ure	Yorkshire	54.300122	-1.8600744	21/05/2015
Worton Bridge	River Ure	Yorkshire	54.307893	-2.0695712	21/05/2015
Hawes	River Ure	Yorkshire	52.512558	-2.1912459	21/05/2015
Kilgram Bridge	River Ure	Yorkshire	54.269129	-1.7069727	03/09/2015
Ulshaw Bridge	River Ure	Yorkshire	54.280262	-1.7776354	03/09/2015
Wensley Bridge	River Ure	Yorkshire	54.300168	-1.9568797	03/09/2015
Bishopdale Brook	River Ure	Yorkshire	54.300122	-1.8600744	03/09/2015
Worton Bridge	River Ure	Yorkshire	54.307893	-2.0695712	03/09/2015
Hawes	River Ure	Yorkshire	52.512558	-2.1912459	03/09/2015
Collyweston Bridge	River Welland	Leicestershire	52.620252	-0.5390524	14/05/2015
Wakerley	River Welland	Leicestershire	52.587183	-0.59088653	14/05/2015
Harringworth	River Welland	Leicestershire	52.568557	-0.65290802	14/05/2015
Rockingham	River Welland	Leicestershire	52.521723	-0.72656231	14/05/2015
Weston-by-Welland	River Welland	Leicestershire	52.523033	-0.85475663	14/05/2015
Collyweston Bridge	River Welland	Leicestershire	52.620252	-0.5390524	23/09/2015
Wakerley	River Welland	Leicestershire	52.587183	-0.59088653	23/09/2015
Harringworth	River Welland	Leicestershire	52.568557	-0.65290802	23/09/2015
Rockingham	River Welland	Leicestershire	52.521723	-0.72656231	23/09/2015
Weston-by-Welland	River Welland	Leicestershire	52.523033	-0.85475663	23/09/2015
Bintree Mill	River Wensum	Norfolk	52.776686	0.95553038	28/05/2015
Senmore Bridge	River Wensum	Norfolk	52.798846	0.92534217	28/05/2015
Pensthorpe Natural Park	River Wensum	Norfolk	52.821647	0.8858887	28/05/2015
Fakenham Common	River Wensum	Norfolk	52.825923	0.85262074	28/05/2015
Bintree Mill	River Wensum	Norfolk	52.776686	0.95553038	25/09/2015
Senmore Bridge	River Wensum	Norfolk	52.798846	0.92534217	25/09/2015

Pensthorpe Natural Park	River Wensum	Norfolk	52.821647	0.8858887	25/09/2015
Fakenham Common	River Wensum	Norfolk	52.825923	0.85262074	25/09/2015
Doughton Bridge	River Wensum	Norfolk	52.826138	0.79255433	25/09/2015
Dove House Farm	River Wye	Staffordshire	53.18862	-1.6367868	22/05/2013

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809 **Supplementary Material C**

810 Table of sites sampled by the Environment Agency for invertebrates, macrophytes,
 811 diatoms and TRP concentration in 2015. The site location, river and geographical
 812 region are included with a latitude and longitude. The date reported if for the
 813 macroinvertebrate collection sample in all cases.

814

Site	River	Region	Latitude	Longitude	Date
Eades Mill	Blackwater	Eastern	52.74869	1.102605	10/07/2015
Westhouses	Westwood Brook	East	53.11289	-1.37419	30/06/2015
Shipleigh Gate	Erewash	East	53.0042	-1.31143	26/06/2015
Shatton	Noe	East	53.33986	-1.69649	17/08/2015
Rolleston	Halloughton Dumble	East	53.064	-0.90342	28/08/2015
Owston Ferry	Ferry Drain	East	53.48158	-0.79715	01/09/2015
Newton Ferry	Bradgate Brook	East	52.68348	-1.22861	22/06/2015
Nether Broughton	Dalby Brook	East	52.84267	-0.97373	10/07/2015
Misterton	Idle	East	53.45729	-0.84987	20/08/2015
Huncote	Thurlaston Brook	East	52.57133	-1.24234	20/07/2015
Mill Farm Quorn	Quorn Brook	East	52.73721	-1.17735	17/09/2015
Millers Dale	Monks Dale Stream	East	53.25731	-1.78937	15/07/2015
Yeaton RB	War Brook	West	52.77262	-2.84449	30/07/2015
Hordley	Tetchill Brook	West	52.86928	-2.91846	30/07/2015
Cound Bridge	Cound Brook	West	52.64646	-2.65492	10/08/2015
Oak Cottage	Dowles Brook	West	52.38483	-2.33887	06/08/2015
Lower Isle of Bicton	Severn	West	52.74392	-2.79841	03/07/2015
Shipleigh Wood	Shipleigh Burn	North East	55.45338	-1.76145	11/08/2015
Warkworth Ford	Coquet	North East	55.33818	-1.62944	06/08/2015
Swarland Fence	Swarland Burn	North East	55.30567	-1.75432	25/06/2015
Thropton	Wreigh Burn	North East	55.31389	-1.95362	16/07/2015
Jesmond Dene	Ouseburn	North East	54.98718	-1.58811	17/06/2015
Chollerton	Erring Burn	North East	55.03752	-2.10826	12/08/2015
Simonburn	Simon Burn	North East	55.05591	-2.20202	12/08/2015
Byreness	Rede	North East	55.31651	-2.37726	25/08/2015
U/S Gaunless	Wear	North East	54.66834	-1.67518	17/07/2015
Langley Moor	Deerness	North East	54.76276	-1.60536	17/07/2015
A67 Bridge	Langley Beck	North East	54.55317	-1.75966	23/07/2015
Spindlestone	Waren Burn	North East	55.59498	-1.76538	30/06/2015
Crag Mill	Belford Burn	North East	55.61105	-1.81423	29/06/2015
Twizel Mill	Till	North East	55.67861	-2.18224	06/08/2015
Proctor's Bridge / Swamill	Proctors Burn	North East	55.06031	-2.19817	12/08/2015

Standalone Cottage	Honeycrook Burn	North East	54.97922	-2.27811	13/08/2015
U/S Warren Burn Confluence	Newlands Burn	North East	55.57996	-1.76522	30/06/2015
Redmire	Apedale Beck	Yorkshire	54.31381	-1.93676	21/07/2015
Sandsend	East Row Beck	Yorkshire	54.50016	-0.6718	30/06/2015
Marske	Marske Beck	Yorkshire	54.39946	-1.84216	12/08/2015
Morton on Swale	Swale	Yorkshire	54.32054	-1.51152	11/09/2015
Muscoates	Ellerker Beck	Yorkshire	54.22194	-0.95109	16/06/2015
Skelton	Hurns Gutter	Yorkshire	53.99695	-1.14043	04/09/2015
Near Moor Close Farm	The Syme	Yorkshire	54.20482	-0.73339	06/07/2015
Holme Green	Fleet	Yorkshire	53.8682	-1.15763	11/06/2015
U/S River Aire	Eller Beck Skipton	Yorkshire	53.94863	-2.02483	18/08/2015
Hayton Grange	The Beck/Bielby Beck	Yorkshire	53.89827	-0.76418	02/09/2015
D/S Eshington Bridge	Bishopdale Beck	Yorkshire	54.28613	-1.97766	14/07/2015
D/S Burton Bridge	Walden Beck	Yorkshire	54.27966	-1.97269	14/07/2015
Langton	Hilton Beck	North	54.57512	-2.4485	12/08/2015
NY825129	Argill Beck	North	54.51107	-2.27124	19/06/2015
Soulby 25m D/S Ford	Scandal Beck	North	54.49405	-2.38172	09/07/2015
U/S B6276	Swindale Beck (Eden)	North	54.52736	-2.31409	30/06/2015
Near Hall Garth	Swindale Beck (Eden)	North	54.51571	-2.35155	09/07/2015
Black Beck	Black Beck (Duddon)	North	54.24573	-3.25006	19/08/2015
Leven U/S Low Wood Bridge	Leven	North	54.24451	-3.00595	18/08/2015
Marron - Bridge U/S STW	Marron	North	54.63546	-3.45896	19/08/2015
Morland Beck at Newby	Morland Beck	North	54.58484	-2.6211	09/09/2015
Stonegate	Tidebrook	Kent & E.Sussex	51.01777	0.354759	17/08/2015
Etchingham	Dudwell	Kent & E.Sussex	51.00654	0.435717	17/08/2015
Penshurst Clappers Sluice	Eden (Kent)	Kent & E.Sussex	51.17293	0.173855	06/08/2015
Pentewan Bridge	St Austell River	Cornwall	50.29225	-4.78534	18/08/2015
St Blazey Bridge	Par River	Cornwall	50.3676	-4.71163	18/08/2015
Greenlanes Bridge	Lyd	Cornwall	50.62869	-4.20519	08/07/2015
Grogley	Camel	Cornwall	50.48348	-4.80081	22/07/2015
Restormel	Fowey	Cornwall	50.42118	-4.66534	30/07/2015
Grenofen Bridge	Walkham	Cornwall	50.51828	-4.13049	15/07/2015
100m U/S Road Bridge Bowcombe	Small Brook	Devon	50.28703	-3.75445	08/07/2015
Cottarson 50m D/S weir	Otter	Devon	50.79823	-3.21031	17/06/2015
150m U/S Ford Heathhayne	Coly	Devon	50.74387	-3.08674	22/06/2015

25m U/S Bridge Mill Green	Lim	Devon	50.72779	-2.93561	22/06/2015
50m U/S Bridge Buddlewall	Blackwater River	Devon	50.81519	-2.95226	24/06/2015
60m U/S Fishacre Bridge	Am Brook	Devon	50.46786	-3.66503	09/09/2015
Near Old Mill House	Grindle Brook	Devon	50.70482	-3.43693	30/06/2015
20m U/S Blackpool Bridge	Blackpool Stream	Devon	50.31998	-3.613	16/07/2015
20m D/S Bridge Perry Street	Forton Brook	Devon	50.84554	-2.94419	08/07/2015
Holme Bridge	Dorset Frome	South Wessex	50.67959	-2.15586	13/07/2015
Above Thames, Bray	The Cut	South East	51.49993	-0.68707	18/08/2015
Bagnor	Lambourn	West	51.42077	-1.35146	12/08/2015

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817 **Supplementary Material D**

818 *River Wylye*

819 The River Wylye is chalk stream in the south of England in Wiltshire (51.183645; -
820 2.1310766; Figure 1). The river flows through two SSSIs and a National Nature Reserve,
821 although the reach used at Norton Bavant is outside the boundaries of these
822 designations. The Wylye has a catchment of 470 km², with a 112 km² catchment
823 upstream of the Norton Bavant study reach. The upstream catchment receives
824 approximately 900 mm of rainfall annually and land use is predominately arable and
825 grassland, with around 13% woodland cover.

826

827 The channel is approximately 10 m wide, with adjacent agriculture and grassland, with
828 isolated trees. The study reach has altitude of 97 masl, with the maximum elevation
829 in the catchment being 284 m. The reach is gravel-bedded with alkalinity averaging
830 203 mg l⁻¹ (range 140 to 249) over the past 16 years, based on EA monthly spot
831 measurements since 2000. Therefore, the river has the closest fit to a River Type 3.
832 Gauged discharge is recorded on the river less than 50 m upstream from the study
833 reach by the EA, with data made available through the National River Flow Archive
834 (NRFA). This data indicates the river has mean flow of 1.11 m³ s⁻¹ with a Q95 of 0.46
835 m³ s⁻¹ and Q10 of 2.11 m³ s⁻¹

836

837 At the study reach, the EA collect monthly spot samples of chemical water quality and
838 spring and autumn macroinvertebrate samples. The river has been classified as
839 Moderate under WFD targets for chemical and ecological quality, in particular because
840 of high phosphate concentrations. EA monthly spot samples indicate that the stream

841 pH averages 8.1 and the suspended solid concentration averages 9.4 mg l⁻¹ (max. 110
842 mg l⁻¹). Dissolved oxygen averages 105%, dropping to 90 – 95% through winter. Nitrate
843 averages 6.46 mg l⁻¹ (max. 8.92 mg l⁻¹) with nitrite averaging 0.05 mg l⁻¹ (max 0.153 mg
844 l⁻¹) and ammonia 0.05 mg l⁻¹ (max 0.27 mg l⁻¹).

845

846 Diatom and macrophyte samples have also been collected by the EA and used to
847 calculate TDI and MTR infrequently at sites within 3 km of the study reach. In addition,
848 Wessex Water recorded TRP levels in a 20 year assessment from 1991 to 2011,
849 monitoring the response of targeted phosphate concentration improvements from
850 the year 2000 in the study reach.

851

852 *River Welland*

853 The River Welland is a lowland stream in eastern England (Northamptonshire). The
854 case study includes three sites separated by 7 km at Rockingham, Harringworth and
855 Collyweston. The catchment upstream of these sites is 400 km² with land-use
856 predominately arable agriculture. The catchment receives 644 mm rainfall a year.

857

858 The channel at the sampling sites is approximately 5 m wide and the substrate is
859 predominately gravel at all sites. The site altitude ranges from 50 masl at Rockingham
860 to 25 masl at Collyweston. The average alkalinity is 201 mg l⁻¹ at Rockingham, 186 mg
861 l⁻¹ at Harringworth and 205 mg l⁻¹ at Collyweston, indicating a River Type 3 at all sites.

862 The adjacent land use to the sites is arable agriculture with 10% woodland cover and
863 all are on the edge of villages with populations between 200 and 500 people. The flow

864 is gauged at Barrowden, 3 km downstream from Harringworth, with an average flow
865 recorded of $1.96 \text{ m}^3 \text{ s}^{-1}$ between 1968 and 2016 ($Q_{95} = 0.23 \text{ m}^3 \text{ s}^{-1}$; $Q_{10} = 4.29 \text{ m}^3 \text{ s}^{-1}$).

866

867 At all three sites, routine EA macroinvertebrate and chemical data was used from
868 between 2000 – 2016 and is currently ranked Moderate under WFD. It scores good or
869 high for all physico-chemical variables with the exception of phosphate, which is
870 currently ranked Poor.

871

872 *River Dove*

873 The River Dove is an upland stream flowing over limestone in central England, in the
874 Peak District National Park. The Upper Dove Catchment is entirely within the National
875 Park boundary and also contains a National Nature Reserve and SSSI. It is
876 internationally recognised for fly fishing as it is where Izaak Newton wrote “The
877 Compleat Angler” in 1653. Sampling sites at 35 locations from the source of the Dove
878 to just downstream of the confluence with the River Manifold were sampled by the
879 authors (Nick Overall). The upstream catchment area is 238 km^2 . The land use is
880 predominately cattle-grazed grassland with 4% woodland cover. The catchment
881 receives 1098 mm rainfall a year.

882

883 The channel at the sampling sites range from 1 m to 18 m wide and the substrate is
884 predominately gravel and cobbles. The sites range in altitude from 348 – 150 masl.

885 The flow is gauged 1 km upstream from the confluence with the Manifold (Izaak

886 Walton Gauging Station), with an average flow of $1.92 \text{ m}^3 \text{ s}^{-1}$ ($Q_{95} = 0.54 \text{ m}^3 \text{ s}^{-1}$; $Q_{10} =$

887 $3.52 \text{ m}^3 \text{ s}^{-1}$).

888

889 Sites were monitored by the authors (Nick Overall) for diatoms and invertebrates in
890 winter 2009 and spring 2010. In addition, routine EA macroinvertebrate and chemical
891 data were used from three sites between 2000 and 2016. These were Hartington (19
892 km from source) and Dovedale (31.2 km from source) and Mayfield (40 km from
893 source). It is currently rated Moderate under WFD. All physico-chemical variables and
894 macroinvertebrates are ranked High, but a Moderate overall classification is in place
895 because of a moderate fish population.

896

897

898 **Supplementary Material E**

899 Linear correlation equations and *r*-values for TRPI vs 10 other macroinvertebrate

900 biomonitoring metrics recorded in each case study river. Significant relationships are

901 in bold.

	<i>River Welland</i>		<i>River Wylfe</i>		<i>River Dove</i>	
	Equation	r	Equation	r	Equation	r
Saprobic	$y = -27.37x + 93.83$	-0.31	$y = -15.06x + 102.48$	-0.38	$y = 4.01x + 16.51$	0.05
PSI	$y = 0.60x + 17.57$	0.43	$y = 0.80x + 28.67$	0.75	$y = -0.04x + 26.81$	-0.05
LIFE	$y = 17.92x - 84.38$	0.42	$y = 17.96x - 57.72$	0.67	$y = 3.10x - 0.96$	0.12
BMWP	$y = 0.11x + 20.96$	0.23	$y = -0.24x + 116$	-0.73	$y = -0.02x + 26.91$	-0.06
ASPT	$y = 8.59x - 8.24$	0.30	$y = 3.83x + 52.92$	0.11	$y = 4.74 - 6.15$	0.18
NTAXA	$y = 0.49x + 22.94$	0.15	$y = -1.32x + 113.92$	-0.73	$y = -0.22x + 28.95$	-0.1
EPT	$y = 0.95x + 26.23$	0.26	$y = -0.04x + 76.00$	-0.02	$y = 0.04x + 23.00$	0.03
Abund	$y = 0.006x + 31.79$	0.20	$y = -0.0003x + 75.80$	-0.04	$y = -0.0004x + 24.27$	-0.03
WHPT	$y = 0.14x + 17.55$	0.30	$y = -0.21x + 114.04$	-0.65	$Y = -0.01x + 26.22$	-0.05
WHPT ASPT	$y = 10.84x - 17.34$	0.38	$y = 15.79x - 17.36$	0.47	$Y = 2.80x + 4.87$	0.13

902

903