

Table 1: Study characteristics of included studies comparing between primary endocrine therapy (PET) and primary surgical therapy (PST)

| Name of trial | Author, year | Type of study | Study period | Definition of older | n | | Treatment | | | ER status | Longest follow-up (median time) |
|--------------------------|-------------------|---------------|-------------------|---------------------|-----|------|--|--|--------------------------|--|--|
| | | | | | PET | PST | PET | PST | Adjuvant ET | | |
| Nottingham 2 (EPSII) | Johnston, 2012 | RCT | 1989-1996 | ≥70 | 100 | 53 | TAM 20mg OD | Simple Mastectomy | All patients | All positive (H score ≥100) | 20 years (78 months) |
| Nottingham 1 (EPSI) | Chakrabarti, 2011 | RCT | 1982-1987 | >70 | 65 | 66 | TAM 20mg BD | Wedge mastectomy | No | NR | 20 years |
| GRETA | Mustacchi, 2003 | RCT | Mar 1987-Jun 1992 | ≥70 | 235 | 239 | TAM 160 mg day 1, then 20 mg/day | NR | All patients | PET: NR PST: 72% (n=82/114) | 13 years (80 months) |
| St Georges | Gazet, 2011 | RCT | 1982-1989 | >70 | 100 | 100 | TAM 20mg OD | WLE/mastectomy | No | All positive | 28 years |
| Cancer Research Campaign | Fennesy, 2004 | RCT | 1984-1991 | ≥70 | 230 | 225 | TAM 40mg OD | WLE/simple mastectomy/quadrantectomy/modified mastectomy | All patients | NR | (12.7 years) |
| | Bates, 1991* | RCT | Not specified | ≥70 | 183 | 171 | TAM | Simple excision or mastectomy | All patients | NR | (34 months)* |
| NA | Nicholson, 1988 | PCS | NR | ≥60 | 61 | 33 | TAM 20mg OD or low dose aminoglutethimide 125mg BD (4.9%) + hydrocortisone 20mg BD | NR | No | PET: 60% (n=9/15) PST: 67% (n=22/33) | 5 years (14 months) |
| | Traa, 2011 | RCS | 1985-2005 | ≥75 | 113 | 233 | TAM | NR | Yes for 52.4% (n=122/23) | PET: 91.2% (n=52/57) PST: 69.6% (n=128/184) | 10 years (mean 4.1 years for PET, 6.5 years for PST) |
| | Wink, 2012 | RCS | 2001-2008 | ≥75 | 184 | 1504 | TAM (55%) or AI (45%) | NR | NR | PET: 94.2% (N=145/154) PST: NR | 8.48 years (mean 2.6 years) |
| | Rao, 2007 | RCS | 1992-2002 | ≥80 | 62 | 48 | TAM (87.1%) or AI (12.9%) | WLE (37.5%) / Mastectomy | Yes for 93.8% (n=45/48) | PET: 94.7% (n=18/19) | 154 months (41 months) |

| | | | | | | | | | | | |
|---------------------------------------|--------------|-----------------------|------------------------|-----|-----|------|--|---|--|----------------------------|--|
| | | | | | | | | my (62.5%) | | PST: 71.4% (n=15/21) | |
| | Syed, 2011 | RCS | 1973-2009 | ≥70 | 449 | 616 | TAM or AI | WLE / mastectomy | Yes for 50% (n=97) in WLE, 61.6% (n=157) in mastectomy | All positive | PET: 16.8 years, PST: 19.2 years (49 months) |
| | Nayyar, 2020 | RCS | 1 Jan 2008-31 Dec 2013 | ≥70 | 778 | 8006 | TAM or AI | NR | Yes for 53% (n=4215) | Either ER or PR positive | NR |
| | Suen, 2020 | RCS, PSM [#] | 2008-2017 | ≥70 | 83 | 209 | TAM (55%) or AI (45%) | Lumpectomy/mastectomy /radical mastectomy | All patients | All positive | Mean 67.2 months |
| Bridging the Age Gap in Breast Cancer | Morgan, 2021 | PCS, PSM [#] | Feb 2013-June 2018 | ≥70 | 238 | 422 | TAM (4.4%) or AI (90.4%) or unknown (5.2%) | WLE or Mastectomy + AC +/- CT +/- RT +/- ET | ≥70 | All positive | (52 months) |
| | Wyld, 2021 | PCS, PSM [#] | Jan 2013-Jun 2018 | | | | | | | | |

*This study was not included in quantitative analysis as newer study was performed by Fennessy et al. in 2004. This study was described in this table as this study included clinical response to PET which was not included in the newer study. Follow-up was ongoing at the time of study publication.

[#]Only data from the PSM cohort is included

AC: Axillary clearance; AI: Aromatase inhibitors; BD: Twice a day dosing; CT: Chemotherapy; ER: Estrogen receptor; ET: Endocrine therapy; NA: Not applicable; NR: Not reported; OD: Once a day dosing; PCS: Prospective cohort study; PET: Primary endocrine therapy; PR: Progesterone receptor; PSM: Propensity score matched; PST: Primary surgical therapy; RCS: Retrospective cohort study; RCT: Randomised controlled trial; RT: Radiotherapy; TAM: Tamoxifen; WLE: Wide local excision

Table 2: Summary of overall survival (OS) and breast-cancer specific survival (BCSS) in included studies

| Name of trial | Author, year | Overall survival | | | Breast-cancer specific survival | | |
|---------------------------------------|-------------------|---|---|--|---|---|---|
| | | PET Median (months) / five-year (%) / 10-year (%) / months | PST Median (months) / five-year (%) / 10-year (%) / months | HR / RR / p-value | PET Median (months) / five-year (%) / 10-year (%) / months | PST Median (months) / five-year (%) / 10-year (%) / months | HR / RR / p-value |
| Nottingham 2 (EPSII) | Johnston, 2012 | - / 74.0 / 64.0 | - / 83.0 / 66.0 | p-value: 5-year: 0.206 10-year: 0.802 | - / 92 / 89 | - / 92.5 / 86.8 | p-value: 5-year: 0.921 10-year: 0.687 |
| Nottingham 1 (EPSI) | Chakrabarti, 2011 | 73.0 / - / - | 74.0 / - / - | p-value: 0.446 | - / - / - | - / - / - | - |
| GRETA | Mustacchi, 2003 | 71.2 / - / - | 70.9 / - / - | Unadjusted RR: 1.02, 95% CI: 0.8-1.3, p=0.89 | - / - / - | - / - / - | Unadjusted RR: 1.38, 95% CI: 0.94-2.04, p=0.09 |
| St Georges | Gazet, 2011 | - / - / - | - / - / - | Unadjusted HR: 1.3, 95% CI: 1.05-1.60 | - / - / - | - / - / - | Unadjusted HR: 1.68, 95% CI: 1.15-2.47 |
| Cancer Research Campaign | Fennessy, 2004 | - / 59.5 / 28.8 | - / 67.4 / 37.7 | adjusted HR: 1.3, 95% CI: 1.05-1.60 | - / - / - | - / - / - | Unadjusted HR: 1.68, 95% CI: 1.15-2.47 |
| NA | Nicholson, 1988 | - / - / - | - / - / - | Cumulative OS: NS | - / - / - | - / - / - | - |
| | Traa, 2011 | - / 41.0 / 5.1 | - / 61.8 / 27.8 | p-value: 5-year: 0.4 10-year: 0.3 | - / 85 / 79.5 | - / 87.3 / 78.3 | p-value: 5-year: 0.421 10-year: 0.324 Adjusted HR: 0.68, 95% CI: 0.33-1.42 |
| | Wink, 2012 | - / 27.0 / - | - / 62.3 / - | Cumulative OS: <0.001 | - / - / - | - / - / - | - |
| | Rao, 2007 | 42.0 / 6.3 / 1.6 | 71.0 / 52.1 / 12.9 | Cumulative OS for stage I, II: 0.0002 Cumulative OS for stage III, IV: 0.03 | - / - / - | - / - / - | - |
| | Syed, 2011 | - / - / - | - / - / - | - | not reached / 84 / - | not reached / 95 / - | p-value 5-year: <0.001 |
| | Nayyar, 2020 | - / 78.0 / - | - / 89.6 / - | adjusted HR: 1.69, 95% CI: 1.35-2.13 | - / 95.3 / - | - / 98.2 / - | adjusted HR: 1.92, 95% CI: 1.11-3.33 |
| | Suen, 2020 | - / 70.0 / 24.7 | - / 70.6 / 61.5 | 5-year: 0.63 10-year: 0.0029 | - / - / - | - / - / - | - |
| Bridging the Age Gap in Breast Cancer | Morgan, 2021 | - / - / - | - / - / - | adjusted HR: 1.39, 95% CI: 1.02-1.89, p=0.037 | - | - | adjusted HR: 1.35, 95% CI: 0.73-2.50, p=0.34 |
| | Wyld, 2021 | | | | | | |

Bold indicates statistically significant results.

BCSS: Breast cancer-specific survival; CI: Confidence interval; HR: Hazards ratio; NA: Not applicable; NS: Not significant; PET: Primary endocrine therapy; OS: Overall survival; PST: primary surgical therapy; RR: Risk ratio