

Journal of Hand Surgery: European Volume

The outcome of bone graft surgery for nonunion of fractures of the scaphoid

--Manuscript Draft--

Manuscript Number:	JHSE-D-19-00070R2
Full Title:	The outcome of bone graft surgery for nonunion of fractures of the scaphoid
Article Type:	Full Length Article
Keywords:	Scaphoid fracture; Nonunion; bone graft surgery; outcome
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Abstract:	<p>Data on 806 patients undergoing bone graft surgery for a scaphoid fracture nonunion were retrospectively collected at 19 centres in the United Kingdom. Each centre contributed at least 30 cases. 462 cases had sufficient data to study factors which influenced the outcome of surgery. The overall union rate was at least 69%, and the nonunion rate was at least 22%, with 9% of cases having "uncertain union status". The union rate appeared to be adversely influenced by smoking and time between acute scaphoid fracture and nonunion surgery with adjusted odds ratios of 1.8 and 2.4 respectively, but neither achieved the pre-determined significance level of 0.003. Type of bone graft (vascular v non-vascular; iliac crest v distal radius) did not appear to influence outcome. Further large multicentre prospective studies with clear definitions of "union" and other factors are needed to clarify whether modification of surgical technique can influence the union rate.</p>

The outcome of bone graft surgery for nonunion of fractures of the scaphoid

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Keywords; Scaphoid fracture; nonunion; bone graft surgery; outcome

26 **ABSTRACT**

27 Data on 806 patients undergoing bone graft surgery for a scaphoid fracture nonunion were
28 retrospectively collected at 19 centres in the United Kingdom. Each centre contributed at least 30 cases.
29 Sufficient data were available in 462 cases to study factors which influenced the outcome of surgery.
30 Overall union occurred in at least 69%, and nonunion in at least 22%, with 9% of cases having
31 “uncertain union status”. Union appeared to be adversely influenced by smoking and the time between
32 acute scaphoid fracture and nonunion surgery, with adjusted odds ratios of 1.8 and 2.4 respectively, but
33 neither achieved the pre-determined significance level of 0.003. The type of bone graft (vascular vs
34 non-vascular; iliac crest vs distal radius) did not appear to influence outcome. Further large multicentre
35 prospective studies with clear definitions of “union” and other factors are needed to clarify whether
36 modification of surgical technique can influence union.

37 **Level of evidence: IV**

38

39

40 INTRODUCTION

41 Symptomatic scaphoid fracture nonunion is typically treated operatively with bone grafting and internal
42 fixation, unless significant wrist arthritis has developed as a consequence of the nonunion. Previous
43 small studies suggest that the outcome of bone grafting and fixation of scaphoid fracture nonunion is
44 affected by patient factors including smoking (Little et al., 2006), fracture factors such as the site of
45 fracture (proximal pole or waist), the time interval between the acute fracture and the nonunion surgery
46 (Inoue et al., 1997; Merrell et al., 2002; Nakamura et al., 1993; Trezies et al., 2000) and bone graft
47 factors including the donor site and graft vascularity (Braga-Silva et al., 2008; Goyal et al., 2013).
48 Two recent systematic reviews have investigated factors which affect the outcome of scaphoid fracture
49 nonunion surgery and how successful it is in achieving union. One (Pinder et al., 2015) found high
50 frequencies of union with both vascularized and non-vascularized bone grafts but did not consider
51 confounding factors. The other (Ferguson et al., 2016) resolved that it was difficult to draw any
52 conclusions because most studies contained few cases, confounding factors were rarely considered and
53 there were inconsistencies between studies, including the definition of union and variable length of
54 follow-up after surgery which sometimes was only a few weeks.
55 This retrospective study investigated the outcome of the treatment of scaphoid fracture nonunion by
56 bone grafting in 19 centres within the United Kingdom.

57

58 **METHODS**

59 This study was defined as a multicentre retrospective evaluation of service by the Research and
60 Innovation Department of the Nottingham University Hospitals NHS Trust, and thus did not require
61 ethical committee approval. This definition of the study was confirmed at each recruiting centre.
62 Surgeons at 19 centres throughout the United Kingdom agreed to provide data on patients with
63 scaphoid fracture nonunions treated with surgery to achieve union and thus improve wrist function. A
64 trainee surgeon at each centre identified patients who had undergone such surgery before October 2014
65 by searching hospital records starting in September 2014 and working backwards in time, until a
66 minimum of 30 cases were identified. Cases of revision bone grafting and fixation after a previous
67 failed bone graft procedure were excluded. Relevant data on these cases were extracted from the
68 hospital case notes and radiographs during October to December 2016. Thus, the minimum time
69 between surgery and data collection from the medical records was 2 years. For this study a nonunion
70 was defined as a fracture which had not united within 12 weeks of the acute injury based on plain
71 radiographs or computed tomography (CT) scans. It was also decided that a minimum radiological
72 follow-up of 12 weeks after the nonunion was required to determine whether a scaphoid fracture had,
73 or had not, united.

74 **Eligibility**

75 Data was collected on 806 cases. Specific cases were excluded for the following reasons:

- 76 • patient age <16: ($n=27$);
- 77 • age at surgery not recorded ($n=10$);
- 78 • nonunion part of a trans-scaphoid perilunate dislocation ($n=2$);
- 79 • site (waist, distal or proximal pole) was not recorded ($n=8$);
- 80 • type of bone graft not recorded ($n=11$);
- 81 • was treated with synthetic bone graft ($n=1$);

- time from acute fracture to nonunion surgery could not be calculated ($n=93$);
- bone graft surgery occurred within 12 weeks of the acute fracture ($n=65$);
- time from surgery to last radiological follow-up not recorded ($n=17$);
- less than 12 weeks postoperative radiological follow-up ($n=120$).

This left 462 cases as some had more than one reason for exclusion. These 462 fracture nonunions were categorized as proximal if within the proximal 20% of the length of the scaphoid and distal if within the distal 20% of the length of the scaphoid. Those in the central 60% of the scaphoid were categorized as nonunion of the waist of the scaphoid.

The outcome of the “nonunion” surgery was union status. This was categorized as united, persistent nonunion or “uncertain whether united”, based on the impressions of the treating surgical team as recorded in the medical notes. The trainee assessor at each of the 19 centres also assessed the last available postoperative radiographs, CT or magnetic resonance imaging (MRI) of each patient and categorized the outcome as united, persistent nonunion or “uncertain whether united”. This was according to the absence or presence of adverse features such as: a gap at the fracture site or graft interface; lucency around, or movement (backing out) of, the implant; and displacement of the graft or the fracture (Dias, 2001).

Analysis

This study was designed as hypothesis-generating research, so no sample size calculation was done. Descriptive statistics are provided as frequencies with percentages (%). Age was skewed so the geometric mean and 95% confidence intervals (CI) are reported and compared using natural-log transformed data in a one-way ANOVA with Bonferroni correction. Proportional differences were examined using the chi-squared or Fisher’s exact tests as appropriate. Agreement between the surgeon and the trainee assessor was determined using Cohen’s kappa.

105 Union as diagnosed by the treating surgeon was the outcome of interest. Uncertain cases were
106 classified as persistent nonunion. Logistic regression was used to estimate the odds ratio (OR) and 95%
107 CI for persistent nonunion after surgery. To adjust for known confounders, multivariable logistic
108 regression was used with the pre-selected co-variables of age as a continuous measure, and smoking,
109 fracture pattern, method of fixation and time from acute fracture to nonunion surgery as categorical co-
110 variates. We chose to examine the type of bone graft used through effect modification. Separate logistic
111 regressions were also used to estimate the outcomes for patients with proximal pole and waist fracture
112 nonunions; there was insufficient data to model distal pole fractures separately. All models were
113 internally validated by lossless non-parametric bootstrapping by resampling with replacement, with
114 1000 iterations (Collins et al., 2015). All tests were two-sided. To improve the reliability of our results,
115 the family-wise error rate was revised from $p < 0.05$ to $p < 0.003$ (Sidak, 1967).

116

117 **RESULTS**

118 The baseline characteristics of the patients and their nonunions, treatments and outcomes are
119 summarized in Table 1. The surgery was unsuccessful, leaving persistent nonunion in 22% per cent of
120 patients ($n=104$). In another 41 (9 %) of cases there was uncertainty as to whether the nonunion had
121 united or not. Non-vascularized bone graft was the most common method of grafting for every type of
122 scaphoid fracture and was used with increasing frequency from the proximal pole (51%) to the waist
123 (77%) to the distal pole (89%).

124 Plain radiographs were the most commonly employed test for union ($n=321$, 60%). Comparison of
125 assessments of postoperative union by the treating surgical team and the trainee assessors in this study
126 showed excellent agreement (90%, $k=0.8$, $p<0.001$).

127 Descriptive statistics of the variables associated with persistent nonunion are reported in Table 2. Table
128 3 shows the unadjusted (univariable) and adjusted (multivariable) ORs which suggest that smoking and
129 delays to nonunion surgery are associated with a worse outcome. Smoking at the time of surgery nearly
130 doubled the odds of a persistent nonunion (i.e. treatment failure); this association remained strong in
131 our multivariable modelling which was also independent of age, time from injury to surgery and the
132 method of fixation. Similarly, delay of 1-2 years from injury to nonunion surgery was independently
133 associated with 40% higher odds of persistent nonunion, whereas a delay of more than 2 years
134 increased the odds by 140%. The variability of these estimates suggests that the longer the delay, the
135 lower the probability of achieving union. Using effect modifiers in our multivariable model, the use of
136 vascularized bone (as either a local or free flap) did not significantly alter the odds of achieving union
137 for smokers ($p=0.5$), proximal pole nonunion ($p=0.2$) or nonunion treated more than 1 year after the
138 acute fracture ($p=0.2$). Resampling did not change any of these estimates. We recommend caution in
139 interpreting these models because, whilst they appear clinically significant, they are not statistically
140 significant according to the family-wise error rate of $p<0.003$.

141 When examining the different fracture patterns individually, we again identified smoking and delays to
142 nonunion surgery as potentially significant factors. Concerning proximal pole fractures, our
143 bootstrapped multivariable logistic regression identified the patient's smoking status as the only factor
144 potentially associated with persistent nonunion (OR 4.3 [95% CI 1.2 to 15]; re-sampled $p=0.03$).
145 Similarly, concerning waist fractures, our bootstrapped multivariable logistic regression suggested that
146 the time between acute fracture and nonunion surgery was independently associated with treatment
147 failure whereby a delay of 1-2 years increased the odds by 110% (OR 2.1 [95% CI 1.5 to 13]) and
148 delays over 2 years increased the odds by 440% (OR 4.4 [95% CI 1.5 to 13]; re-sampled $p=0.007$).
149 However, these estimates should be interpreted with caution because they are not statistically
150 significant with respect to the family-wise error rate of $p<0.003$.

151

152 **DISCUSSION**

153 Shortcomings of the existing evidence on outcomes of scaphoid fracture nonunion surgery include the
154 lack of large prospective studies and a multitude of small studies which have used different criteria to
155 define union and nonunion, failed to consider the impact of confounders such as smoking, and used
156 different types of bone graft according to characteristics of the nonunion such as site, deformity and
157 vascularity. This has resulted in different studies coming to different conclusions about which factors
158 influence the success of bone graft surgery. This study also has many of these shortcomings as it was a
159 retrospective survey of practice in 19 centres within the United Kingdom. However, 462 of the 806
160 collected cases satisfied our preselected definitions of nonunion (fracture not united after 12 weeks),
161 and had sufficient follow-up (more than 12 weeks) to analyse the influence of factors such as smoking
162 and time since acute fracture on outcome with adjustment for confounders.

163 Union occurred in 69% of cases after bone graft surgery in the 19 centres overall. This is lower than
164 reported in many single centre studies and less than the 79% union recently reported for low-intensity
165 pulsed ultrasound (LIPUS) (Seger et al., 2017). It is also lower than the overall frequency of union in
166 over 80% reported by two systematic reviews (Ferguson et al., 2016; Pinder et al., 2015). This might
167 indicate surgical failings, but all the 19 centres regularly manage this clinical problem. It could also be
168 an underestimate due to us categorizing some fractures as having “uncertain union status”. If all these
169 fracture nonunions had actually united, then overall 78% would have been classed as united. It is
170 perhaps surprising that other studies have not reported difficulties determining whether union had, or
171 had not, occurred in some instances. Other possible explanations are the use of different criteria for
172 defining union (Dias, 2001), different lengths of follow-up, or even reporting bias, in which only case
173 series with high percentages of unions have been submitted for publication.

174 A recent meta-analysis found that smokers have twice the risk of experiencing a nonunion after a
175 number of trauma and elective orthopaedic operations (Pearson et al., 2016). Its mechanism for
176 inhibiting fracture healing is not known but could be due to nicotine (Feitelson et al., 2003; Gaston and

177 Simpson, 2007) or carbon monoxide (Sorensen et al., 2009) within the inhaled smoke. Two studies
178 reported 82% and 88% union after bone graft surgery for scaphoid fracture nonunion in non-smokers
179 compared with 40% and 57% in smokers respectively (Dinah and Vickers, 2007; Little et al., 2006).
180 Our data suggest that smoking is probably associated with a doubling of the odds of persistent
181 nonunion after bone graft surgery, which is consistent with these two studies.

182 Separate analysis of proximal pole and waist fractures suggested that smoking may particularly affect
183 the outcome of proximal pole fracture nonunion (non-smokers vs smokers: 77% vs 43%; $p=0.01$).
184 However this finding is not significant, given the revision of our family-wise error rate ($p<0.003$).
185 Also, it was based on univariate analyses which do not take into account confounding factors such as
186 time since the acute fracture.

187 Merrell et al. (2002) reported union of scaphoid fracture nonunions in 90% after surgery within a year
188 and 80% after surgery more than 1 year after injury. Another study of 160 patients found that one of the
189 factors associated with poorer outcomes was delay before surgery (Inoue et al., 1997). Nakamura et al.
190 (1993) found delays to surgery of over 5 years were associated with poorer outcomes after nonunion
191 surgery, as did Inaparthi and Nichol (2008). However, others have found no impact from delay
192 (Trezies et al., 2000). Our data suggest that the outcome of bone graft surgery is time dependant, with
193 patients with a delay of 1-2 years having 40% and those with a delay of more than 2 years having a
194 140%, higher odds of treatment failure than those who underwent surgery 3 to 6 months after the acute
195 fracture. We recommend that future researchers measure time on a continuous scale (e.g. in days,
196 weeks or months) rather than categorizing data into time blocks. This will allow a more accurate
197 estimation of the impact of specific delays on the likelihood of union.

198 The type of bone graft used for scaphoid fracture nonunion surgery remains a subject of debate and
199 may depend on characteristics of the nonunion, including the vascularity of the proximal fracture
200 fragment and deformity at the nonunion. Current reports show tendencies to use tricortical wedge
201 (corticocancellous) bone grafts for unstable nonunion, vascularized bone grafts for nonunion with

evidence of avascular necrosis of the proximal fragment, and cancellous bone graft for stable nonunion (Merrell et al., 2002; Munk and Larsen, 2004; Uesato et al., 2017). Our study did not distinguish between different corticocancellous and cancellous non-vascularized grafts, but a recent review by Sayegh and Strauch (2014) suggested the former resulted in better restoration of the height of the scaphoid and carpal alignment, and significantly better Mayo wrist scores. They found that cancellous grafts were associated with shorter time to union, but there was no difference in the overall percentages of union between these grafts. Our data suggest that non-vascularized iliac crest bone graft is the most common choice for scaphoid nonunion surgery in the United Kingdom. Vascularized bone grafts appear to be used most frequently for proximal pole (32%), rather than waist (17%) nonunions. Our univariate analyses suggested that vascularized local bone graft may influence the union of proximal pole (vascularized vs non-vascularized: 82% and 58%; $p=0.04$) but not waist fracture nonunion, though again these findings were not statistically significant. Also, analysis of the whole group of 462 scaphoid fractures (distal pole, waist and proximal pole) revealed no benefit to vascularized bone grafts. This is in agreement with the findings of recent systematic reviews which reported similar union results for vascularized and non-vascularized bone grafts (92% and 88%, respectively) (Ferguson et al., 2016; Pinder et al., 2015). We did not however independently assess the preoperative rationale for the use of vascularized grafting or any preoperative imaging for evidence of avascular necrosis (AVN). This therefore may introduce a risk of selection bias affecting any benefit of vascularized grafting in the setting of AVN.

We also found no benefit of iliac crest bone graft over a graft from the distal radius, which concurs with one systematic review (Pinder et al., 2015). Harvest of iliac crest bone graft may cause complications, and for this reason, use of non-vascularized bone from the distal radius might be the preferred choice when restoration of scaphoid height restoration is not required, or the nonunion is within the proximal pole (Arrington et al., 1996; Goulet et al., 1997). However, we accept our study

analyses are probably underpowered to detect differences in outcomes between the different types of bone grafts.

Avascular necrosis of the proximal fracture fragment is thought to increase the failure rate of bone graft surgery although ischaemia alone, without AVN of the proximal fragment, may not influence the success of grafting (Rancy et al., 2018). The reference standard to assess vascularity is intra-operative assessment of punctate bleeding from the proximal fracture fragment (Green, 1985). It can be assessed preoperatively with MRI, but its value in predicting the outcome of surgery is uncertain (Cerezal et al., 2000; Singh et al., 2004). AVN of the proximal fragment was not studied in this evaluation of service as the presence of punctate bleeding is frequently not recorded in the operation notes and MRI is not normally used preoperatively in the United Kingdom. Also, cases of avascular necrosis causing collapse and fragmentation of the proximal pole would have been excluded from our study as they are not suitable for bone graft reconstruction of the scaphoid.

There is no consensus on the definition of a scaphoid nonunion, which makes comparisons between published papers impossible. A recent systematic review (Ferguson et al., 2016) looked at 144 studies of scaphoid nonunion and found that only 17 defined the time since the acute fracture after which a failure of union indicated a nonunion. The time intervals suggested ranged from 12 weeks to 1 year. In this study we required a minimum period of 12 weeks after acute fracture, in keeping with current practice and other researchers (Murase et al., 2005; Schuind et al., 1999). Many surgeons feel that union is unlikely to occur 12 weeks or more after injury, either spontaneously or with further immobilization of the wrist in plaster, and patients are reluctant to tolerate long periods in a cast. Every case that was included in our study had the diagnosis of nonunion confirmed at the time of surgery.

There is also no consensus on the definition of radiological union after scaphoid fracture nonunion surgery. One systematic review found that the radiological features used to diagnose a nonunion, such as absence of bridging trabeculae, both before or after bone graft surgery, were not described in any of 144 studies (Ferguson et al., 2016). Plain radiographs are most commonly used and the absence of a

251 complete gap between the fracture fragments on any image, as well as no evidence of loosening of the
252 fixation screw or wires (if present) suggest union, such that nonunion is a diagnosis by exclusion (Dias,
253 2001). Persistent nonunion may give the appearance of bridging trabeculae due to overlap of the distal
254 and proximal fracture fragments unless the X-ray beam for at least one view is in the plane of the
255 fracture. The timing of the radiographs is also important as graft resorption may make a nonunion
256 evident at 12 weeks after surgery, whereas radiographs taken at 6 weeks (before bone graft resorption)
257 may suggest union. It was for this reason we excluded all cases with a radiological follow-up of less
258 than 12 weeks from our analyses. CT scanning probably allows a more reliable assessment of union,
259 but the presence of a metallic fixation device (screw or wires) may distort the images and make this
260 assessment difficult.

261 This study was a retrospective service evaluation, and thus has several failings, including a high
262 percentage of case exclusions ($344/806 = 43\%$) for the reasons previously given. A systematic review
263 of scaphoid fracture nonunion surgery revealed that the outcome of bone graft surgery had been
264 reported in 5464 cases in 144 studies of ten or more cases published in peer reviewed journals before
265 2015 (Ferguson et al., 2016). Therefore, despite the number of exclusions, our 462 cases are equal to
266 7.8% of the previously reported outcomes of scaphoid fracture nonunion surgery.

267 Another issue with the present study is the possibility that the different centres involved used different
268 criteria for determining whether the surgery had succeeded in achieving union because the primary
269 outcome in this study was the conclusion of the treating surgical team. Despite the potential for bias,
270 this outcome was selected as it allowed consideration of the clinical, as well as the radiographic,
271 presentation. An assessment of the postoperative imaging of the scaphoid fracture nonunions by the
272 trainee assessors in each centre which used defined criteria (Dias, 2001) demonstrated 95% agreement
273 with the conclusions of the treating surgical team. Although the trainee assessors were not blinded to
274 the treating surgical team's assessment of union when making their assessments, this instils some
275 confidence in the accuracy of the assessments of union, especially as we included an additional,

276 “uncertain”, category of “union state” for cases where the observers felt unable to categorize the
277 outcome as “united” or “not united” with reasonable certainty. Future prospective studies should be
278 designed to allow longer follow-up or further imaging with CT scans to elucidate the outcome of these
279 cases.

280

281 In conclusion this study suggests that the previously published values for union (>80%) after bone
282 grafting of scaphoid fracture nonunions may not reflect the outcome of current practice in the United
283 Kingdom. It supports the hypotheses that both smoking and the time interval between acute fracture
284 and nonunion surgery influence the outcome of bone graft surgery. Both these factors are often beyond
285 the control of the surgeon and will act as confounders during data analysis. Any conclusions regarding
286 the impact of variations of surgical technique on the outcome of bone graft surgery for scaphoid
287 nonunion must be considered unsound, and potentially incorrect, if these factors are not considered.
288 Future studies of the outcome of bone graft surgery for scaphoid fracture nonunion should be
289 prospective to allow complete data collection and sufficiently large to allow for the management of
290 potential confounders such as smoking. They should also report their definitions of a nonunion and
291 union after surgery and have a standardized imaging protocol for assessing union and nonunion. Ideally
292 these definitions and imaging requirements should be standardized for all future studies as previously
293 suggested (Ferguson et al., 2016). Only when the results of such studies are available will we know
294 whether surgical techniques can be modified to improve the outcome of bone graft surgery for scaphoid
295 fracture nonunion.

296

297 **Acknowledgements**

298 British Society for Surgery of the Hand Scaphoid Nonunion Group Members: M. Ammori, M. David,
299 S. Dustagheer, M. Elvey, A. Fowler, A. Gibson, T. Hardwick, M. Horwitz, A. Karantana, S. Mahmoud,
300 A. Nicholls, M. Philpott, N. Riley, A. Robertson, S. Robinson, J. Rooker, C. Rowan, S. Spence, R.
301 Wade, H. Williams, W. Yum.

302 Each collected a minimum of 50 cases of scaphoid fracture nonunion for this evaluation of service.

303 We thank the surgeons of the following hospital for allowing their cases to be included in this
304 evaluation of service:

305 Chesterfield Royal Hospital; Derriford Hospital, Plymouth; East Surrey Hospital, Redhill; Glasgow
306 Royal Infirmary; Great Western Hospital, Swindon; James Cook University Hospital, South Tees; John
307 Radcliffe and Nuffield Orthopaedic Centre, Oxford; Leeds General Infirmary; Leighton Hospital,
308 Crewe; New Cross Hospital, Wolverhampton; Norfolk and Norwich University Hospital; Nottingham
309 University Hospitals; Southampton General Hospital; Great Western Hospital, Queen Elizabeth
310 Hospital, Birmingham; Queen Elizabeth University Hospital, Glasgow; Swindon; Royal Bolton
311 Hospital; Royal Cornwall Hospital, Truro; Royal Orthopaedic Hospital, Birmingham; Royal Sussex
312 County Hospital, Guildford; Sunderland Royal Hospital; University Hospital of North Tees; University
313 Hospital of Wales, Cardiff.

314 **Conflict of Interest**

315 The authors declared no potential conflicts of interest with respect to the research, authorship, and/or
316 publication of this article.

317 **Funding Statement**

318 The authors received no financial support for the research, authorship, and/or publication of this article.

319

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Table 1

Table 1. Summary of patient characteristics.

		Total (<i>n</i> =462)	Proximal pole (<i>n</i> =119)	Waist (<i>n</i> =316)	Distal pole (<i>n</i> =27)
Mean age (95% CI)		26 (26 to 28)	26 (24 to 27)	26 (25 to 26)	26 (23 to 29)
Sex (%)	Female	33 (7)	5 (4)	24 (8)	4 (15)
	Male	427 (93)	114 (96)	290 (92)	23 (85)
Smoker at the time of surgery (%)	Yes	125 (27)	30 (25)	90 (29)	5 (19)
	No	185 (40)	40 (41)	125 (40)	12 (44)
	Unable to ascertain from notes	152 (33)	41 (34)	101 (32)	12 (44)
Time from acute fracture to nonunion surgery (%)	3-6 months	99 (22)	25 (21)	68 (21)	6 (22)
	6-12 months	135 (29)	40 (34)	91 (29)	4 (15)
	1-2 years	125 (27)	30 (25)	86 (27)	9 (33)

	More than 2 years	103 (22)	24 (20)	71 (23)	8 (30)
Type of bone graft used	None	36 (8)	18 (15)	18 (6)	0 (0)
(%)	Non-vascularized distal radial graft/ulnar graft	136 (29)	36 (30)	89 (28)	11 (41)
	Non-vascularized iliac crest graft	193 (42)	25 (21)	155 (49)	13 (48)
	Vascularized local bone flap (pedicle)	91 (20)	38 (32)	50 (16)	3 (11)
	Free vascularized bone flap	6 (1)	2 (2)	4 (1)	0
Type of fixation (%)	No fixation	4 (1)	0	4 (1)	0
	Kirschner wires	35 (8)	1 (1)	32 (10)	2 (7)
	Cannulated screw	422 (91)	117 (98)	280 (89)	25 (93)
	Non-cannulated screw	1 (0)	1 (1)	0	0
Postoperative follow-	3-6 months	179 (39)	38 (32)	127 (41)	14 (52)

up (%)	6-12 months	149 (32)	39 (33)	104 (33)	6 (22)
	1-2 years	91 (20)	27 (23)	58 (18)	6 (22)
	More than 2 years	43 (9)	15 (13)	27 (9)	1 (4)
Union as stated in the medical records, (%)	Not United	104 (22)	32 (27)	65 (21)	7 (26)
	Uncertain	41 (9)	8 (7)	31 (10)	2 (7)
	United	317 (69)	79 (66)	220 (69)	18 (67)
	Radiographs unavailable	1 (0)	1 (0)	0 (0)	0 (0)
Union as assessed by trainee (%)	Not United	114 (25)	36 (23)	72 (25)	6 (22)
	Uncertain	29 (6)	6 (7)	23 (6)	0 (0)
	United	306 (66)	73 (68)	214 (66)	19 (70)
	Radiographs unavailable	13 (3)	4 (2)	7 (3)	2 (7)

Imaging technique used	Plain radiographs	331 (72)	83 (70)	288 (72)	20 (74)
to diagnosis postoperative union	CT scan	120 (26)	32 (27)	82 (26)	6 (22)
	MR scan	6 (1)	3 (3)	3 (1)	0 (0)
	Uncertain	5 (1)	1 (0)	3 (1)	1 (4)

CI: confidence interval; CT: computed tomography; MR: magnetic resonance.

Table 2

Table 2. Postoperative union and baseline factors (*n*=462).

		Union (<i>n</i> =317)	Persistent nonunion (<i>n</i> =104)	Uncertain (<i>n</i> =41)	<i>p</i> -value
Mean age (95% CI)		25 (24 to 26)	27 (26 to 28)	25 (22 to 28)	0.3
Sex (%)	Male	287 (91)	100 (96)	40 (98)	0.13
	Female	28 (9)	4 (4)	1 (2)	
Smoker at the time of surgery (%)	No	134 (43)	39 (38)	12 (29)	0.01
	Unable to tell	106 (34)	24 (23)	17 (42)	
	Yes	73 (23)	40 (39)	12 (29)	
Fracture pattern (%)	Proximal pole	79 (25)	32 (31)	8 (20)	0.6
	Waist	220 (69)	65 (73)	31 (76)	
	Distal pole	18 (6)	7 (7)	2 (5)	
Time from	3-6 months	72 (23)	19 (18)	8 (20)	0.05

acute fracture	6-12 months	104 (33)	23 (22)	8 (20)	
to nonunion	1-2 years	82 (26)	29 (28)	14 (34)	
surgery (%)	>2 years	59 (19)	33 (32)	11 (26)	
Type of bone	No bone graft	23 (7)	9 (9)	4 (10)	
graft used (%)	Non-vascularized distal radius/ulna bone graft	92 (29)	30 (29)	14 (34)	
	Non-vascularized iliac crest bone graft	129 (41)	43 (41)	21 (51)	0.3
	Pedicled (local) vascularized bone flap	69 (22)	20 (19)	2 (5)	
	Free vascularized bone flap	4 (1)	2 (2)	0 (0)	
Type of	None	2 (1)	2 (10)	0 (0)	
fixation (%)	Kirschner wire(s)	24 (8)	7 (7)	4 (10)	0.7
	Screw	291 (92)	95 (91)	37 (90)	
Imaging	Plain radiographs	221 (71)	76 (73)	34 (83)	
technique to	CT	87 (28)	26 (25)	7 (17)	0.4

diagnose	MRI	4 (1)	2 (2)	0 (0)
postoperative	6-12 months	116 (37)	22 (21)	11 (27)
union (%)	1-2 years	61 (19)	28 (27)	2 (5)
	>2 years	19 (6)	22 (21)	2 (5)

CI: confidence interval; CT: computed tomography; MRI: magnetic resonance imaging.

Table 3. Risk factors for persistent nonunion after surgery (*n*=462).

		Univariable OR (95% CI)	Adjusted OR (95% CI)	<i>p</i> -value*
Age		1.0 (1.0 to 1.0)	1.0 (1.0 to 1.0)	0.3
Male		2.4 (0.8 to 7.1)	2.3 (0.8 to 7.1)	0.1
Current smoker	No	1 (referent)	1 (referent)	0.01
	Unclear	0.8 (0.4 to 1.4)	0.7 (0.4 to 1.3)	
	Yes	1.9 (1.1 to 3.2)	1.8 (1.0 to 3.1)	
Time from injury to surgery	3-6 months	1 (referent)	1 (referent)	0.01
	6-12 months	0.8 (0.4 to 1.6)	0.9 (0.4 to 1.7)	
	1-2 years	1.3 (0.7 to 2.6)	1.4 (0.7 to 2.8)	
	>2 years	2.1 (1.1 to 4.1)	2.4 (1.2 to 4.8)	
Fracture location	Distal pole	1 (referent)	1 (referent)	0.3
	Waist	0.8 (0.3 to 1.9)	0.7 (0.3 to 1.9)	
	Proximal pole	1.0 (0.4 to 2.7)	1.1 (0.4 to 3.0)	
Fixation	Screw	1 (referent)	1 (referent)	0.4
	Kirschner Wires	0.9 (0.4 to 2.1)	0.8 (0.3 to 2.1)	
	None	3.0 (0.4 to 22)	4.0 (0.5 to 31)	

*Derived from multivariable logistic regression. CI: confidence interval; OR: odds ratio.

Dear Editor,

All the authors have approved the final contents of the submission, been actively involved in the planning and enactment of the study, and have also assisted with the preparation of the submitted article. The article has not been submitted elsewhere. The references have been checked and are correct. The authors have read the Submission Guidelines and the paper conforms to this Guide in all respects.

We, the authors of this submission confirm that we have not published the same or a very similar study with the same or very similar results and major conclusions in any other journals. These include English or non-English language journals and journals that are indexed or not indexed in PubMed, regardless of different words being used in the article titles, introduction and discussion. The authors of this submission understand that dual submission refers to publication in any language and that dual submission will result in academic sanctions which will include the blocking of all authors to prevent their future submissions to the JHS-E.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Tim Davis', is written over a thin horizontal line.

Professor Tim Davis

Dear Geoff,

I have been through this all. I was uncertain about some of your bracketing and have left comments to highlight this. Also I have made a few tweaks in tracked changes.

I hope this is OK

BW

Tim

Title Page

Title

The outcome of bone graft surgery for nonunion of fractures of the scaphoid

Authors

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Keywords

Scaphoid fracture; nonunion; bone graft surgery; outcome

Acknowledgements

British Society for Surgery of the Hand Scaphoid Nonunion Group Members: M. Ammori, M. David, S. Dustagheer, M. Elvey, A. Fowler, A. Gibson, T. Hardwick, M. Horwitz, A. Karantana, S. Mahmoud, A. Nicholls, M. Philpott, N. Riley, A. Robertson, S. Robinson, J. Rooker, C. Rowan, S. Spence, R. Wade, H. Williams, W. Yum.

Each collected a minimum of 50 cases of scaphoid fracture nonunion for this evaluation of service.

We thank the surgeons of the following hospital for allowing their cases to be included in this evaluation of service:

Chesterfield Royal Hospital; Derriford Hospital, Plymouth; East Surrey Hospital, Redhill; Glasgow Royal Infirmary; Great Western Hospital, Swindon; James Cook University Hospital, South Tees; John Radcliffe and Nuffield Orthopaedic Centre, Oxford; Leeds General Infirmary; Leighton Hospital, Crewe; New Cross Hospital, Wolverhampton; Norfolk and Norwich University Hospital; Nottingham University Hospitals; Southampton General Hospital; Great Western Hospital, Queen Elizabeth Hospital, Birmingham; Queen Elizabeth University Hospital, Glasgow; Swindon; Royal Bolton Hospital; Royal Cornwall Hospital, Truro; Royal Orthopaedic Hospital, Birmingham; Royal Sussex County Hospital, Guildford; Sunderland Royal Hospital; University Hospital of North Tees; University Hospital of Wales, Cardiff.

Conflict of Interest

The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Funding Statement

The authors received no financial support for the research, authorship, and/or publication of this article.