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Title: Effect of moisture content on thermal and dynamic mechanical properties of microfibrillar cellulose with polymeric additives.

Article Type: Research Paper

Keywords: Carboxymethyl cellulose; Locust bean gum; MFC; TGA; DSC; DVS.

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Abstract: The aim of this study was 1) to investigate the influence of polymeric additives such as carboxyl methyl cellulose (CMC) and locust bean gum (LBG) added before and after homogenisation on the moisture uptake of microfibrillar cellulose (MFC) in the dry and semi-wet state; and 2) to further understand the thermally induced structural transitions of low moisture MFC in the presence of the polymeric additives. A higher moisture content in the highly dense MFC network maintains the fibrillated network structure, which is lost during the drying process resulting in MFC aggregates. The addition of polymeric additives results in the regaining of the structure upon redispersion of the dry material with CMC being more effective than LBG). Results also indicated that CMC has a high level of compatibility with MFC, whereas LBG appears to have limited distribution in the MFC dense microfibrillar network and probably exists as a separate phase when added after homogenisation, however co-processing of LBG and cellulose significantly changed this behaviour. The presence of low-temperature transitions in MFC/additives/water mixtures indicates the involvement of these semi-flexible polymeric additives in the formation of liquid crystals when added to MFC in low moisture environments (2% and 20% w/w). An insight is offered into the theory of surface interactions between MFC and polymeric additives, which prevents the agglomeration of microfibrils present in the highly fibrillated suspension upon drying.

1 **Highlights**

- 2 • Point of addition of polymeric additives impacts the thermal properties of MFC.
- 3 • CMC & LBG ~~improves~~ ~~increases~~ moisture sorption and desorption in ~~an~~ MFC
- 4 ~~microfibrils~~ network.
- 5 • Co-processing of MFC and polymeric additives ~~enhance~~ ~~increase~~ molecular interactions.
- 6 • Co-processing of MFC and LBG ~~results in improved~~ ~~significantly changed the~~ thermal
- 7 properties of MFC.

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Carbohydrate Polymers

15th Feb 2019

*Dear Sir/Madam,*

*We would like to thank the reviewers for their comments which we believe will improve the manuscript. **We have taken all the reviewers' comments into account and made all the corrections.***

We now deal specifically with the reviewers' detailed points as follows:

Reviewer #1: Minor Revisions for acceptance This is a well written paper on effects of moisture content on thermal and dynamic mechanical behaviour of microfibrillar cellulose mixed with other hydrocolloids. Experiments are well designed and data interpretation is of high quality.

I have no major remarks. Minor remarks

- please provide shear conditions used for high pressure processing (give at least pressure level), page 6

*Done in materials and methods. We have given details for pressure used in microfluidics homogeniser:*

**All samples were mixed thoroughly, then these mixtures were passed through a Microfluidics homogeniser (Microfluidics Processor M-700) with a z-chamber at a pressure of 2000 bar.**

- please provide arguments for the drying conditions chosen, page 6

*Done in materials and methods.*

**The drying conditions were selected from the preliminary trials (results are not shown), which indicated that relatively less MFC aggregates were observed upon drying under these conditions in comparison with other oven drying conditions.**

- please explain rationale for use of CMC and locust bean gum in the context of this study?

*We have included a rationale very briefly on why we used CMC and LBG in the current study.*

**In the current study, CMC and Locust bean gum (LBG) were used as polymeric additives to protect against the aggregation of MFC upon drying. The rationale for using CMC and LBG as polymeric additives are: CMC showed a positive surface interaction with MFC with a high degree of recovery of rheological properties upon drying (Agarwal, MacNaughtan, Foster**

2018). It has also previously been reported that some galactomannans and glucomannans, such as LBG and Konjac glucomannan show positive interactions with cellulose (Whitney et al., 1998, Newman and Hemmingson 1998).

Reviewer #2: Accept

- Please explain what is meant by "whereas LBG appears to have limited solubility in the MFC" ? Is it solubility of LBG in water in the presence of CMF?

*Yes we agree this is confusing and hope that the added sentence to the text and abstract shown below clarifies the situation.*

Figure 2 demonstrates that CMC has a high level of compatibility with MFC, whereas LBG appears to have limited ~~solubility~~ distribution in the MFC dense microfibrillar network and probably exists as a separate phase when these polymers are added *after homogenisation*.

*In the abstract we have included the correction:*

Results also indicated that CMC has a high level of compatibility with MFC, whereas LBG appears to have limited ~~solubility~~ distribution in the MFC dense microfibrillar network and probably exists as a separate phase when added after homogenisation, however co-processing of LBG and cellulose significantly changed this behaviour.

*We have also now included the additional references which are included in the text.*

*Finally, we have also made some minor corrections and some rephrasing to make sentences much clearer.*

*We hope that the above answers cover most of the reviewers' comments. Once again we are grateful for the feedback which we have received from the reviewers which we believe will render the manuscript more easily understandable and relevant.*

*Dr Deepa Agarwal*

1 **Effect of moisture content on thermal and dynamic mechanical properties**  
2 **of microfibrillar cellulose with polymeric additives.**

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10 **Abstract**

11 The aim of this study was 1) to investigate the influence of polymeric additives such as  
12 carboxyl methyl cellulose (CMC) and locust bean gum (LBG) added *before* and *after*  
13 *homogenisation* on the moisture uptake of microfibrillar cellulose (MFC) in the dry and semi-  
14 wet state; and 2) to further understand the thermally induced structural transitions of low  
15 moisture MFC in the presence of the polymeric additives. A higher moisture content in the  
16 highly dense MFC network maintains the fibrillated network structure, which is lost during  
17 the drying process resulting in MFC aggregates. The addition of polymeric additives results  
18 in the regaining of the structure upon redispersion of the dry material with CMC **being more**  
19 **effective than followed by** LBG). Results also indicated that CMC has a high level of  
20 compatibility with MFC, whereas LBG appears to have limited **solubility distribution** in the  
21 MFC **dense microfibrillar network** and probably exists as a separate phase when added after  
22 homogenisation, **however co-processing of LBG and cellulose significantly changed this**  
23 **behaviour**. The presence of low-temperature transitions in MFC/additives/water **mixtures**  
24 indicates the involvement of these semi-flexible polymeric additives in the formation of  
25 liquid crystals when added to MFC in low moisture environments (2% and 20% w/w). ~~and~~  
26 **offers a**An insight **is offered** into the theory of surface interactions between MFC and

27 polymeric additives, which prevents the agglomeration of microfibrils present in the highly  
28 fibrillated suspension upon drying.

29 **Keyword:** Carboxymethyl cellulose; Locust bean gum; MFC; TGA; DSC; DVS.

### 30 **Highlights**

- 31 • Point of addition of polymeric additives impacts the thermal properties of MFC.
- 32 • CMC & LBG ~~improves~~ ~~increases~~ moisture sorption and desorption in ~~an~~ MFC  
33 ~~microfibrils~~ network.
- 34 • Co-processing of MFC and polymeric additives ~~enhance~~ ~~increase~~ molecular interactions.
- 35 • Co-processing of MFC and LBG ~~results in improved~~ ~~significantly changed the~~ thermal  
36 properties of MFC.

37

### 38 **1. Introduction**

39 Cellulose is ~~the most abundant natural polymer~~. It is a linear, high molecular weight ~~and most~~  
40 ~~abundant natural~~-polymer consisting of repeating  $\beta$ -D-glucopyranose units linked by 1 $\rightarrow$ 4  
41 glycosidic bonds (Kirk and Othmer, 1967). It also forms both inter- and intramolecular  
42 hydrogen bonds due to a large number of polar hydrogen and oxygen atoms. The two  
43 intramolecular hydrogen bonds, OH-3 $\cdots$ O5 and OH-2 $\cdots$ O6 binds neighbouring glucose units  
44 providing high stiffness to natural cellulose chains. As it is a renewable and biodegradable  
45 polymer, cellulose is a promising feedstock for the production of chemicals and is also used  
46 in various commercial applications such as papermaking, paints, composites, pharmaceutical,  
47 food and cosmetics *etc*. Cellulose fibres are assembled in a hierarchically ordered structure.  
48 Cellulose chains aggregate together in alternate crystalline and amorphous domains in the  
49 form of elementary fibrils. These elementary fibrils are aligned and further aggregate into  
50 larger microfibrils or macrofibrils (Siró and Plackett, 2010, O'Sullivan 1997, Atalla and  
51 VanderHart 1984, Lavoine, Desloges, Dufresne & Bras 2012). The cellulose fibres can be  
52 broken down into their structural micro-scale units (such as microfibrillar units) by various  
53 chemical and mechanical processes (Henriksson, Henriksson G, Berglund and Lindstrom,

54 2007). Intensive mechanical treatments such as high-pressure homogenisation,  
55 microfluidisation or grinding result in highly entangled networks of microfibrillar cellulose  
56 (MFC) (Leitner *et al.*, 2007, Lavoine *et al.*, 2012, Saarinen, Lille & Seppala 2009,  
57 Nechyporchuk, Belgacem & Bras 2016). Carrasco (2011) defined an MFC suspension as a  
58 material composed of nanofibrils, fibrillar fines, fibre fragments and fibres; however, MFC  
59 with a high degree of fibrillation (properly produced) may contain nano-structures with  
60 diameters less than 40nm as a main component.

61 An MFC suspension in water shows a number of unique physical and mechanical properties.  
62 Rheological properties such as coating and thickening agent are some of the key  
63 characteristics which influence a wide range of commercial applications ~~such as~~ in food,  
64 cosmetics. ~~pharmaceuticals, paints and composites~~ Typically, a highly entangled network of  
65 microfibrillar cellulose shows a gel-like behaviour in water dispersions, where the storage  
66 modulus ( $G'$ ) is higher than the loss modulus ( $G''$ ) (Pääkkö *et al.*, 2007, Cordabo *et al.*, 2010,  
67 Nishiyama, 2009). However, drying the MFC is known to modify the highly fibrillated MFC  
68 into fibre bundles and aggregates caused by hydrogen bonds between the microfibrils. These  
69 aggregates are difficult to rehydrate in water, which leads to impaired rheological properties  
70 compared to never-dried MFC (Quiévy *et al.*, 2010). To protect the microfibrils from  
71 aggregation, hydrocolloids, *e.g.* low and high methoxyl pectin, carboxymethylcellulose  
72 (CMC), and sodium polyacrylate, as well as salts *e.g.* sodium chloride, are used to stabilise  
73 the microfibrils by forming weak bonds and blocking H-bond formation, leading to improved  
74 redispersibility of the MFC in water, with improved rheological properties (higher  $G'$ ,  $G''$  and  
75 shear viscosity) compared to MFC dried without additives (Lowys, Desbrieres & Rinaudo,  
76 2001; Agoda-Tandjawa *et al.*, 2012; Missoum, Bras & Belgacem, 2012). **In the current study,**  
77 **CMC and Locust bean gum (LBG) were used as polymeric additives to protect against the**  
78 **aggregation of MFC upon drying. The rationale for using CMC and LBG as a polymeric**  
79 **additives are: CMC showed a positive surface interaction with MFC with a high degree of**

80 recovery of rheological properties upon drying (Agarwal, MacNaughtan, Foster 2018). It has  
81 also, previously been reported that some galactomannans and glucomannans, such as LBG  
82 and Konjac glucomannan show positive interactions with cellulose (Whitney *et al.*, 1998,  
83 Newman and Hemmingson 1998).

84 It is important to understand the interactions between the water and MFC for all critical  
85 processing stages such as drying, and rehydration. Cellulose interacts with water due to the  
86 presence of hydroxyl groups and water sorption in the dry material is closely related to the  
87 crystallinity of the material, as water pre-dominantly penetrates the amorphous region of  
88 cellulose whereas a negligible amount of water sorption occurs in crystalline regions  
89 (basically filling the voids and interstitial spaces) (Mihriyan *et al.*, 2004, Kachrimanis *et al.*,  
90 2006). The addition of polymeric additives in the MFC suspension (to stabilise the MFC  
91 during the drying process) potentially influences the interaction between cellulose-water and  
92 the overall functional properties of the redispersed MFC suspensions. While a number of  
93 papers have shown the impact of additives on the rheological properties of MFC, there is  
94 limited information ~~has been reported~~ concerning the impact of polymeric additives on the  
95 thermal properties of MFC in low moisture systems (2-25% moisture content), and  
96 importantly, how the additives facilitate the moisture sorption and desorption in a dried MFC  
97 network. This can then be correlated with redispersibility of MFC/additive mixed systems at  
98 higher water contents.

99 The primary aim of this study is understanding the impact of different polymeric additives  
100 such as carboxymethylcellulose (CMC) and locust bean gum (LBG) on the interaction  
101 between the MFC and water in a low moisture environment. It is hoped that this  
102 understanding will shed light on the interactions between the polymeric additives and the  
103 microfibrillar cellulosic material and the technical problems that ensue from these  
104 interactions in various commercial applications. A detailed study of low-temperature



105 structural changes and degradation in MFC/additive systems by using Differential Scanning  
106 Calorimetry (DSC) and Thermogravimetric Analysis (TGA) and correlation with moisture  
107 sorption and desorption by using Dynamic Vapour Sorption (DVS), has been carried out. The  
108 hypothesis underpinning this research is that the structural properties of MFC (or cellulose)  
109 can be altered or modified by ~~different~~ polymeric additives such as CMC and LBG, and by  
110 co-processing cellulose with these additives, ~~to produce MFC, with modified structures to~~  
111 ~~enable~~ different levels of moisture sorption in the MFC matrix ~~occur~~, which ultimately affect  
112 the redispersibility and rheological properties of MFC ~~in a high moisture environment~~.

## 113 2. Materials and methods

### 114 2.1. Materials

115 Microfibrillar cellulose (MFC) and Non-fibrillated cellulose from spruce cellulose 8.98%  
116 w/w paste were provided by Borregaard AS (Norway) and used at a concentration of 2%  
117 w/w. From the information provided by the supplier, the charge density on the MFC will be  
118 low. Carboxymethylcellulose (CMC) with a degree of substitution (DS) of 0.71 was supplied  
119 by CP Kelco (Norway). Locust bean gum (Grindsted LBG®246) was provided by Danisco  
120 Ltd. (Denmark). Phosphorus pentoxide (P<sub>2</sub>O<sub>5</sub>) and Potassium nitrate (KNO<sub>3</sub>) was supplied by  
121 Sigma-Aldrich, Merck (UK). Reverse osmosis (RO) water was used for all experiments.

### 122 2.2. Sample preparation

123 2.2.1. *Preparation of Carboxymethylcellulose (CMC)*: The CMC sample was dissolved in  
124 RO water (at 2% w/w) by dispersing under gentle stirring (1600 rpm) ~~at room temperature for~~  
125 ~~2 h~~ using ~~an~~ overhead stirrer (IKA Eurostar 20 Digital Overhead Stirrer) ~~at room temperature~~  
126 ~~for 2 h~~. The pH of the solution was adjusted to 6.8 and left overnight before mixing with the  
127 MFC stock suspension. The concentration of stock samples was determined by evaporating to  
128 dryness and measuring the dry solids content. Sodium azide solution (0.02% w/w) was added  
129 to prevent bacterial contamination.

130 **Table 1:** *Composition of the MFC/additive model systems used in this study.*

Sample Code	% w/w in suspension		
	MFC (%)	CMC (%)	LBG (%)
MFC100	2	0	0
CMC100	0	2	0
LBG100	0	0	2
CMC15	1.7	0.3	0
CMC25	1.5	0.5	0
CMC50	1	1	0
LBG15	1.7	0	0.3
LBG25	1.5	0	0.5
LBG35	1.3	0	0.7
LBG50	1	0	1

131

132 *2.2.2. Preparation of Locust bean gum (LBG):* The LBG samples were dissolved by  
 133 dispersing in RO water (at 2% w/w) for 1 h at 20 °C using a magnetic stirrer (IKA® RET  
 134 Control-visc, Germany) for 1 h at 20 °C, then heated and heating for 30 mins at 80 °C and  
 135 later cooled at 20 °C. The pH of the solution was adjusted to 6.8 and left overnight before  
 136 mixing with the MFC stock suspension. Sodium azide solution (0.02% w/w) was added to  
 137 prevent bacterial growth contamination. The concentration of stock samples was determined  
 138 by evaporating to dryness and measuring the dry solids content.

139 *2.3. Preparation of MFC/additive*

140 *2.3.1. The addition of additives after homogenisation:* MFC/CMC and MFC/LBG solutions  
 141 were mixed in different proportions as shown in Table 1 at room temperature in water and at  
 142 an overall concentration of 2% w/w. All samples were mixed thoroughly using an overhead  
 143 stirrer (Silverson, UK) at 8000 rpm for 5mins.

144 *2.3.2. The addition of additives before homogenisation:* Mixtures of cellulose and polymeric  
 145 additives were prepared by adding CMC and LBG separately at 85:15 ratio (MFC: additive)  
 146 at room temperature in water and at an overall concentration of 2% w/w. All samples were  
 147 mixed thoroughly, then these mixtures were passed through a Microfluidics homogeniser

148 (Microfluidics Processor M-700) with a z-chamber at a pressure of 2000 bar. All the mixtures  
149 were passed through the homogeniser from one to three times and coded as MFC/CMC (1P,  
150 2P and 3P) and MFC/LBG (1P, 2P and 3P), where “P” represents a number of passes through  
151 the homogeniser.

152 All the mixtures were stored overnight at room temperature for equilibration and the pH was  
153 re-measured before the drying process. The concentration of all samples was determined by  
154 evaporating to dryness and measuring the dry solids content. To avoid bacterial growth  
155 ~~contamination~~, 0.02% w/v sodium azide solution was added. A dried product was obtained by  
156 preparing an approximately 1 mm thin layer of the suspension on an aluminium plate which  
157 was subsequently dried at 50 °C for 12 h using a conventional oven (Gallenkamp hotbox  
158 oven, size 2). The drying conditions were selected from the preliminary trials (results are not  
159 shown), which indicated that relatively less MFC aggregates were observed upon drying  
160 under these conditions in comparison with other oven drying conditions. All samples were  
161 ground to a smaller particle size using a conventional grinder (De’Longhi KG49 grinder, UK)  
162 at maximum speed for 2 mins. Moisture content was maintained at 2% w/w for low moisture  
163 (LM: low moisture samples) analysis. All samples were then stored in P<sub>2</sub>O<sub>5</sub> desiccator for 7  
164 days to dry samples to 0% moisture. They were then stored ~~followed by storing~~ under  
165 controlled relative humidity (air circulated RH: 93%) for 7 days at 20 °C which have resulted  
166 in a sample moisture content of 20% w/w (HM: high moisture samples). Both DSC and TGA  
167 analyses were performed on both sets of samples *i.e.*, MFC/additives powders with 2% (LM)  
168 and 20% w/w (HM) moisture content.

#### 169 2.4. Differential scanning calorimetry (DSC)

170 The DSC thermograms were recorded using a Differential scanning calorimeter (Mettler  
171 Toledo, DSC823e, Leicester UK). Approx. 10-20 mg of MFC/additive (at both 2% and 20%  
172 w/w moisture content) were weighed into sealed stainless steel pans, and an empty steel pan

173 was used as reference sample. The samples were first cooled up to -30 °C then heated from -  
174 30 °C to 120 °C at 5 °C/min, followed by cooling the sample from 120 °C to -30 °C at 40  
175 °C/min followed by a re-heat from -30 °C to 200 °C. Different peaks associated with thermal  
176 transitions occurring in the sample were monitored by using STARe Thermal Analysis  
177 software.

## 178 2.5. Differential Thermo-gravimetric analysis (DTGA)

179 Thermal stability of ~~different~~ dried MFC/additives samples (both 2% and 20% w/w moisture  
180 content) and were studied by using a Mettler Toledo model TGA/SDTA851e/LF1600  
181 (Mettler Toledo, ~~Leicester~~ UK). Approximately 5–10 mg of the sample was heated under a  
182 Nitrogen environment from 20 °C to 450 °C at a rate of 10 °C/min. The initial and final  
183 degradation temperatures, corresponding percentage weight loss and the 1<sup>st</sup> derivative ~~using a~~  
184 ~~smoothing function with a third order polynomial and a running average of 75 points with~~  
185 ~~order of 3 & number of points 75) for the samples~~ were calculated using STARe Thermal  
186 Analysis Software.

## 187 2.6. Dynamic Vapour Sorption (DVS)

188 The moisture sorption and desorption of MFC/additive powder were studied using a Dynamic  
189 Vapour Sorption Analyser (DVS-1, Surface Measurements Systems Ltd., London, UK)  
190 equipped with a microbalance (Cahn D200, UK) capable of measuring a change in sample  
191 mass of  $10^{-7}$  g. Approximately 8 mg of the sample were loaded into the sample pan and dried  
192 for 6hrs. The actual measurement was started at 0  $a_w$  (water activity, RH 0%), and terminated  
193 at 0.95  $a_w$  (RH 95%) with a step increase when the allocated time for the step had been  
194 reached. The program was initially set to control the humidity at 0% for 12 h (drying ~~step~~  
195 ~~phase~~). This step allowed the sample water activity to decrease to zero and internally  
196 equilibrate. For each step, mass changes (m) and the rate of mass changes (dm/dt) were

197 plotted against time (t). All experiments were run at 20 °C and duplicates tests were carried  
 198 out for each sample.

199 The form of the isotherm curves and different hydration stages in current study was described  
 200 by using Guggenheim, Anderson and De Boer (GAB) model. The GAB model is expressed  
 201 mathematically in Equation 1:

$$M = \frac{M_0 C K a_w}{(1 - K a_w)(1 - K a_w + C K a_w)}$$

202 where  $M$  is the equilibrium moisture content (in dry basis (db)),  $M_0$  is the water content in the  
 203 monolayer (g water/100 g dry solids),  $a_w$  is the water activity (=RH/100%), The constants  $C$   
 204 and  $K$  are temperature dependent (Quirijns, van Boxtel, van Loon & van Straten 2005a &  
 205 2005b, Kent and Meyer 1984, Yakimets *et al.* 2007), where  $C$  is a constant related to the  
 206 monolayer enthalpy of sorption, and  $K$  is a constant related to the multilayer heat of sorption.  
 207 The GAB model can be split into contributions from multilayer and monolayer water content,  
 208 according to the following equations (Kent and Meyer 1984):

$$209 \quad M_0 = M (1 - K a_w) \quad \text{(Equation 2)}$$

$$210 \quad M_{multi} = M K a_w \quad \text{(Equation 3)}$$

211 where  $M_0$  and  $M_{multi}$  are the equilibrium moisture content in the monolayer and multilayer,  
 212 respectively. The goodness of fit was evaluated using the maximum degrees of freedom  
 213 adjusted R-square,  $R^2_{Adj}$  ( $R^2_{Adj} > 0.98$  is considered here to be a reasonable fit, adapted from  
 214 Sormoli and Langrish 2015).

$$215 \quad SSE = \sum_{i=1}^n W_i (y_i - \hat{y}_i)^2 \quad \text{(Equation 4)}$$

$$216 \quad R^2_{Adj} = 1 - \frac{SSE (n-1)}{SST (v)} \quad \text{(Equation 5)}$$

$$217 \quad SST = \sum_{i=1}^n W_i (y_i - \hat{y}_i)^2 \quad \text{(Equation 6)}$$

218  $v = n - m$

(Equation 7)

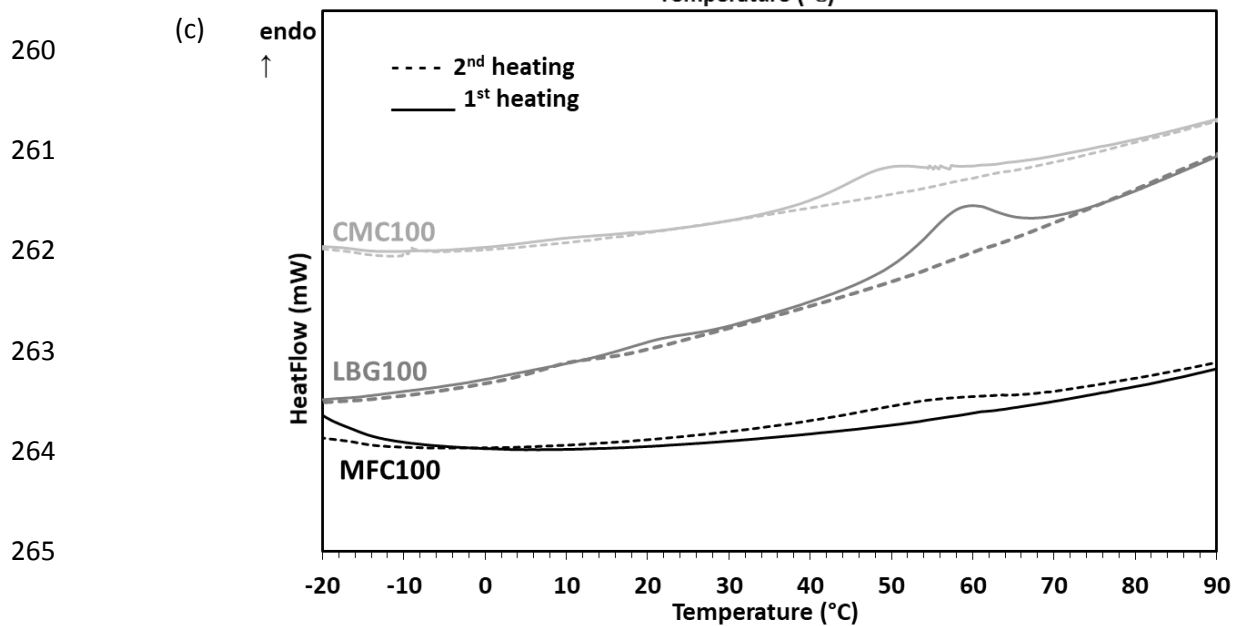
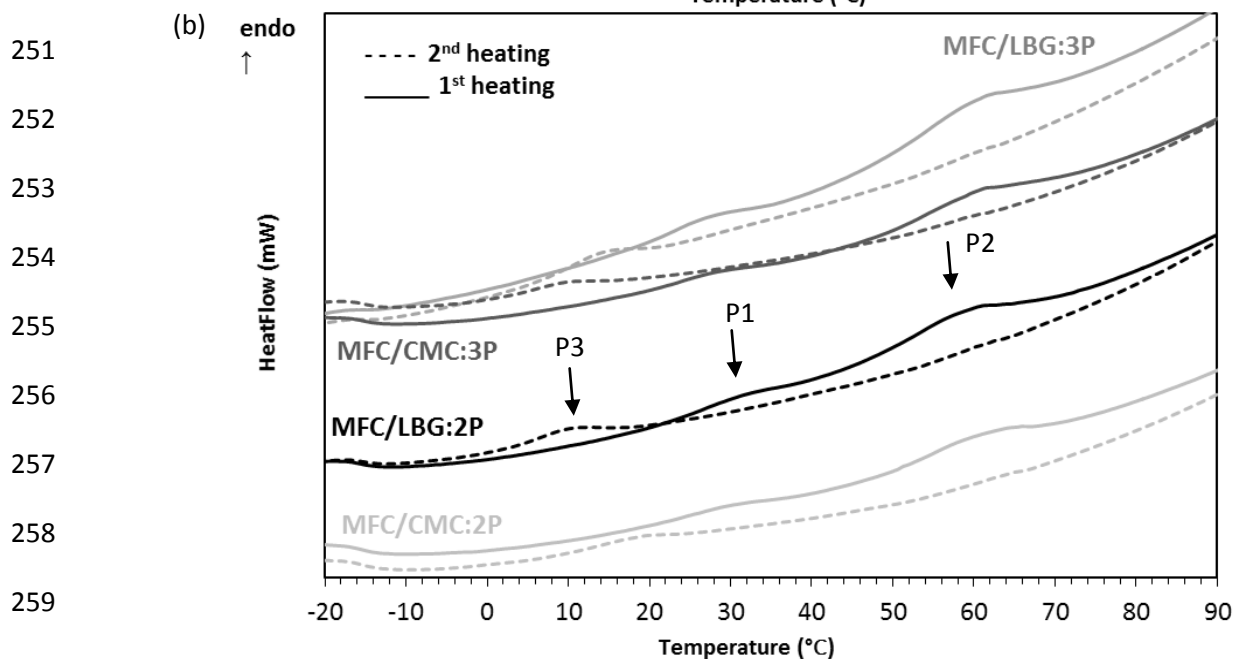
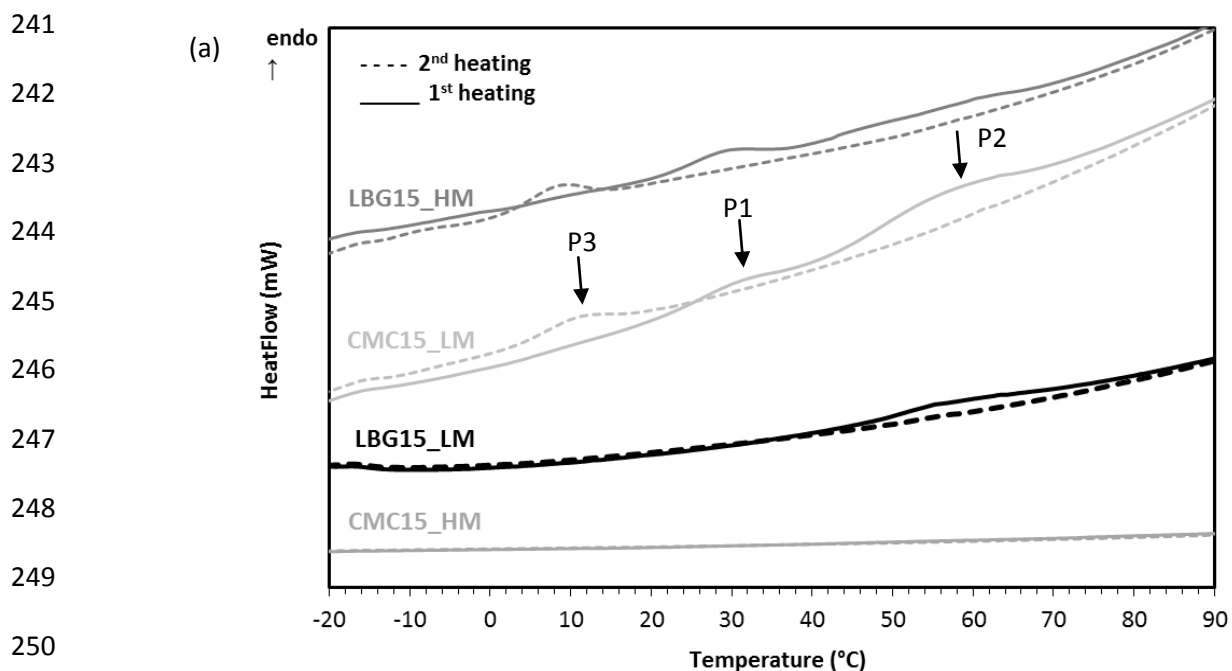
219 where,  $SSE$  is minimum sum of squares,  $SST$  is the total sum of squares,  $y_i$  are the  
220 experimental data,  $\hat{y}_i$  are the predicted data from the fit, and  $w_i$  is the weighting applied to  
221 each data point, which was set to unity in these analyses,  $n$  is the number of experimental  
222 data points, and  $m$  is the number of coefficients in each equation.

### 223 3. Results and Discussions

#### 224 3.1. Differential Scanning Calorimetry (DSC):

225 Figure 1a shows the DSC thermograms of MFC with CMC and LBG added *after*  
226 *homogenisation* followed by drying to low moisture (LM: 2% w/w moisture in solids) and  
227 rehydrated to high moisture (HM: 20% w/w) by placing dry samples in an RH93%  
228 environment. In the case of CMC15 at low moisture content (2% w/w), 3 endothermic peaks  
229 were observed. During the first heating, 2 endothermic peaks between 30-40°C (P1) and 50-  
230 70°C (P2) were observed, which disappear during the second heating and a new peak  
231 between 5-20°C (P3) was observed. Whereas, in the case of LBG15 at low moisture (2%  
232 w/w), the system showed only one peak between 50-70°C during the first heating and which  
233 was lost during the second heating, with no peak observed between 5-20°C. Similar thermally  
234 induced transitions were observed with MFC/additive when the additives such as LBG and  
235 CMC were added *before homogenisation* (Figure 1b). And similar endothermic peaks at 30-  
236 40°C and 50-70°C were observed with CMC100 and LBG100 during the 1<sup>st</sup> heating, whereas  
237 only LBG100 showed one peak between 5-20°C during 2<sup>nd</sup> heating (Figure 1c). However, no  
238 endothermic peaks were observed with MFC100 during 1<sup>st</sup> heating, whereas a broad peak  
239 was observed between 50-70°C during the 2<sup>nd</sup> heating (Figure 1c).

240



266 **Figure 1:** DSC thermograms of MFC/CMC and MFC/LBG systems at 85:15 ratios, where (a)  
267 additive added after homogenisation at low moisture (LM: 2% w/w) and high moisture  
268 content (HM: 20% w/w), (b) additive added before homogenisation (at 85:15 ratio) i.e.  
269 MFC/CMC and MFC/LBG after 2 passes (2P) and 3 passes (3P) through homogeniser at low  
270 moisture content (2% w/w), and (c) CMC100, LBG100 and MFC100 thermograms at low  
271 moisture (2% w/w). Black arrows highlight different peaks observed in DSC thermograms.

272 During the 1<sup>st</sup> heating, an endothermic peak between 50-70°C is common for various  
273 polysaccharides at low moisture content; this peak is associated with polysaccharide-water  
274 interactions and has also been ascribed to polymeric relaxations (Gidley *et al.*, 1990,  
275 Abbaszadeh 2014). For MFC without the addition of polymers no peaks were observed in  
276 this region during 1<sup>st</sup> heating, however a peak at 50-70°C was observed during the 2<sup>nd</sup>  
277 heating. This indicates that the addition of CMC and LBG results in temperature-induced  
278 structural transitions in the system, *i.e.* associated with hydrogen bonding between MFC-  
279 additive and MFC/additive-water. It appears that during the 1<sup>st</sup> heating the interaction  
280 between additives and MFC is driving the polymer relaxations, likely dominated by additives  
281 (CMC and LBG). This higher temperature endothermic peak also observed at higher moisture  
282 content (approx. 20%) (Figure 1a and supplementary data Figure S1B and S2B), where the  
283 moisture content of MFC/additives was manipulated by equilibrating to constant weight  
284 under a controlled relative humidity (RH). This behaviour can be explained by the presence  
285 of excess bulk water in the system (evident in DTGA data in Figure 2a and 2b by an increase  
286 in the moisture loss between 50-150°C and discussed later), similar behaviour was observed  
287 with xanthan-water and starch-water systems (Raschip *et al.*, 2008 and Gidley *et al.*, 1991).

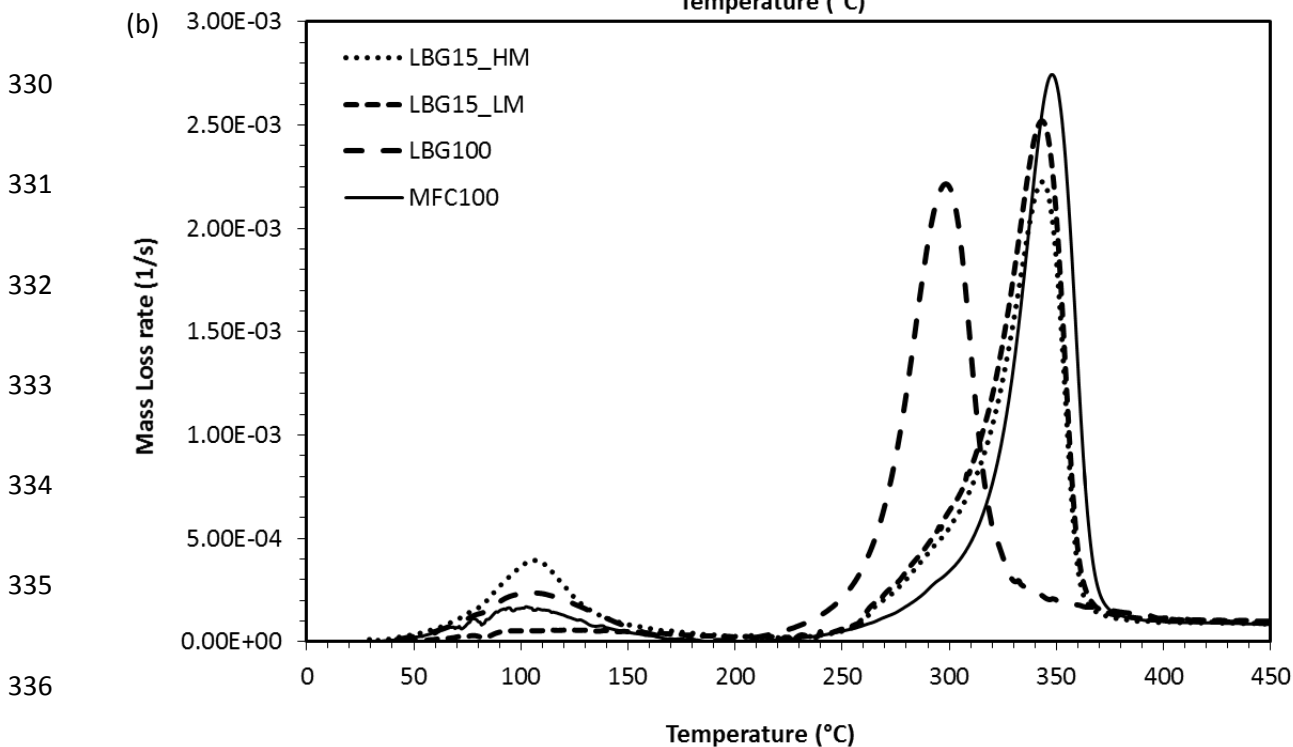
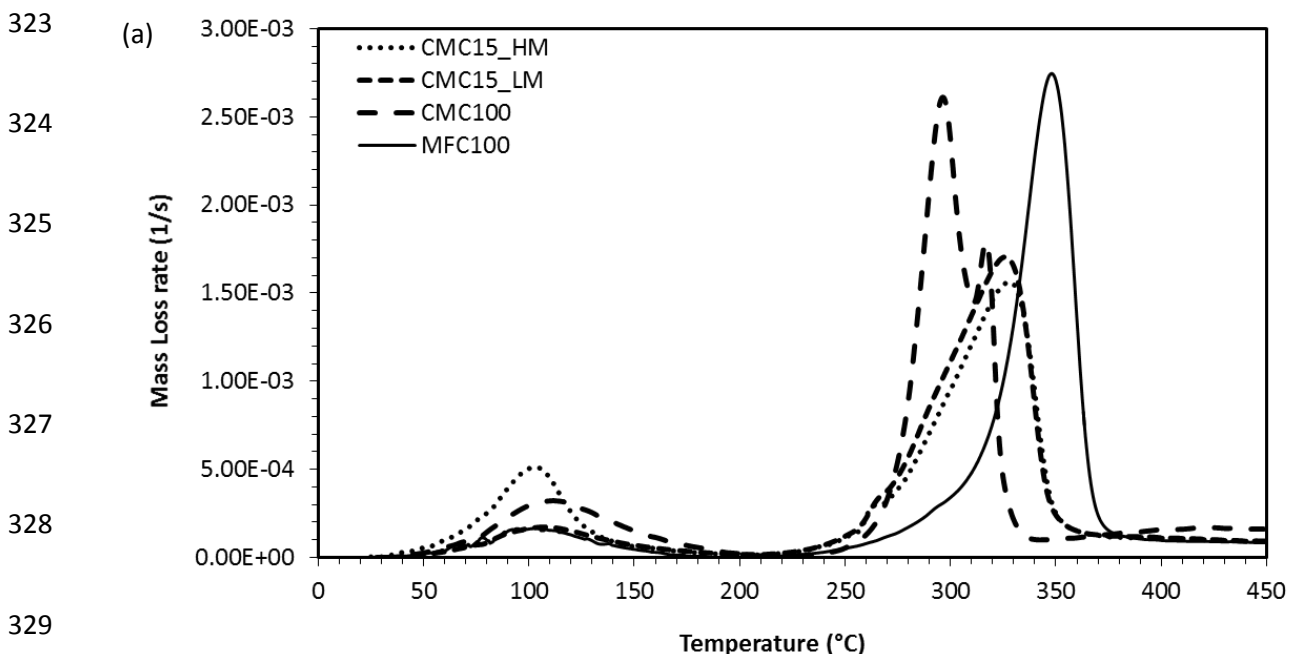
288 The second, lower temperature endothermic transition peak between 30-40°C was observed  
289 with MFC/CMC, LBG100 and MFC/LBG:HM. Endothermic peak at 30-40°C was not  
290 observed with MFC100, CMC100 and MFC/LBG:LM. The endothermic peak in MFC/CMC



291 systems indicates that the presence of CMC results in thermally induced structural changes  
292 which will influence the extent of water interaction with the MFC/additives and cause a re-  
293 organisation of hydrogen-bonding. Another explanation for these peaks is that they are  
294 associated with backbone interactions between the two polysaccharides *i.e.* cellulose and  
295 CMC or LBG. This has been reported previously in mixtures of different polysaccharides *e.g.*  
296 xanthan and konjac mannan by Abbaszadeh & Foster (2016). In both cases one of the two  
297 polysaccharides is made up of a  $\beta$ -(1-4)-linked backbone, and the other polysaccharides  
298 exhibits a thermo-reversible disorder-order transition (coil-helix). The transition at 30-40°C  
299 was more pronounced at higher moisture levels (20% w/w) as shown in Figure 1a  
300 (LBG15\_HM). This highlights the presence of backbone interactions between the cellulose  
301 and LBG. Similar 2+1 endothermic peaks were observed with MFC/CMC and MFC/LBG  
302 systems when additives were added *before homogenisation* independent of a number of  
303 passes through the homogeniser. During the 1<sup>st</sup> heating, 2 endothermic peaks were observed  
304 when MFC is co-processed with LBG indicating the MFC's microfibrillar structure can  
305 incorporate LBG as a result of interactions between the two components, allowing more  
306 interacting water in the system during the drying process.

307 Finally, an endothermic peak was observed between 5-15°C during the second heating, at low  
308 moisture content for MFC/CMC, CMC100 and LBG100, whereas all MFC/additives systems  
309 including MFC/LBG showed this peak at higher moisture content when the polymer was  
310 added *after homogenisation*. The peak at 5-15°C can be explained by re-organisation of the  
311 liquid-crystalline state with both bulk and associated water with polymers, since all these  
312 samples were subjected to cooling up to -30°C before heating up to 120°C. MFC in the  
313 presence of additives and varying amounts of water, therefore, undergoes a further structural  
314 re-organisation, which may also possibly be due to a combined water MFC-additive liquid-  
315 crystalline state. This endothermic peak was observed with all co-processed (*i.e.* polymer  
316 added *before homogenisation*) MFC/additives with low and high moisture content.

317 Interestingly, the presence of endothermic peaks when MFC was co-processed with LBG  
318 (which was absent when added *after homogenisation*) at lower moisture content indicates the  
319 MFC's microstructure incorporated LBG as a result of interactions between the two  
320 components, allowing more interacting water in the system during the drying process.  
321 Following DSC thermograms, therefore, supports the theory that the co-processing of  
322 cellulose and polymeric additive mixtures has a structural impact.



337 **Figure 2:** *The thermal degradation (DTGA) under a nitrogen atmosphere of low moisture*  
338 *(LM) and high moisture (HM) MFC/additive formulations, where (a) MFC/CMC and (b)*  
339 *MFC/LBG at 85:15 ratio.*

### 340 3.2. Differential Thermo-gravimetric analysis (DTGA):

341 Under an inert atmosphere of nitrogen, the first stage of weight loss less than a temperature of  
342 180 °C is due to the evaporation of water, whereas the thermal degradation of cellulose/MFC  
343 material above 200 °C is characterised by one mass loss step which results in one peak in the  
344 DTGA curve (Figure 2a and 2b). The peaks can be loosely characterised according to the  
345 degradation of the different components present in the samples. For MFC/additive systems,  
346 one peak between 300-350 °C is related to the degradation of cellulose evident from both  
347 Figure 2a and 2b and also shown by Barneto *et al.*, (2010) and Moran *et al.*, (2008). It was  
348 also evident that the LBG100 and CMC100 degrade earlier as compared to MFC100. A  
349 shoulder peak between 250-300 °C which likely belongs to degradation of the additive (*i.e.*  
350 CMC and LBG), as the peak size and area of this shoulder increases, as the amount of  
351 additive increases in the MFC/additive formulations evident in Figure 3a and 3b.

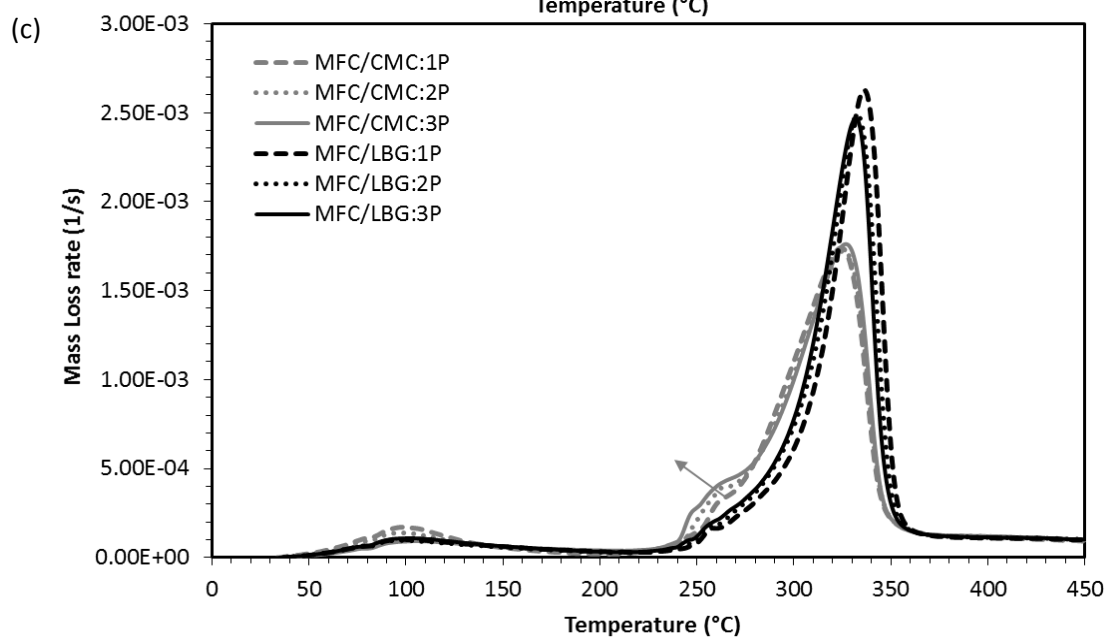
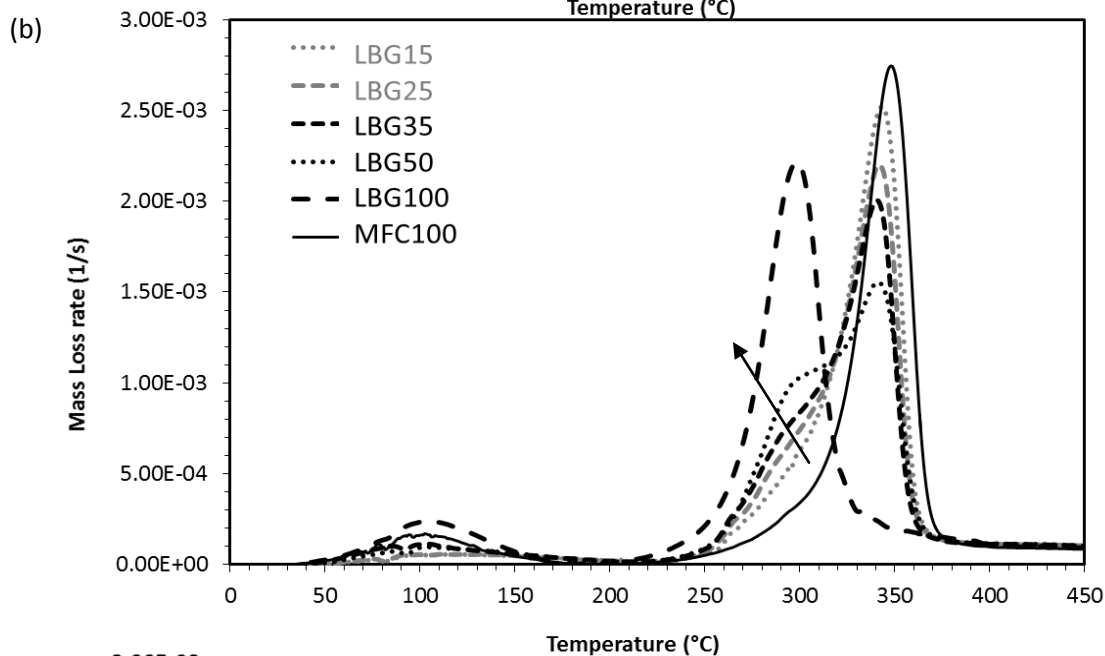
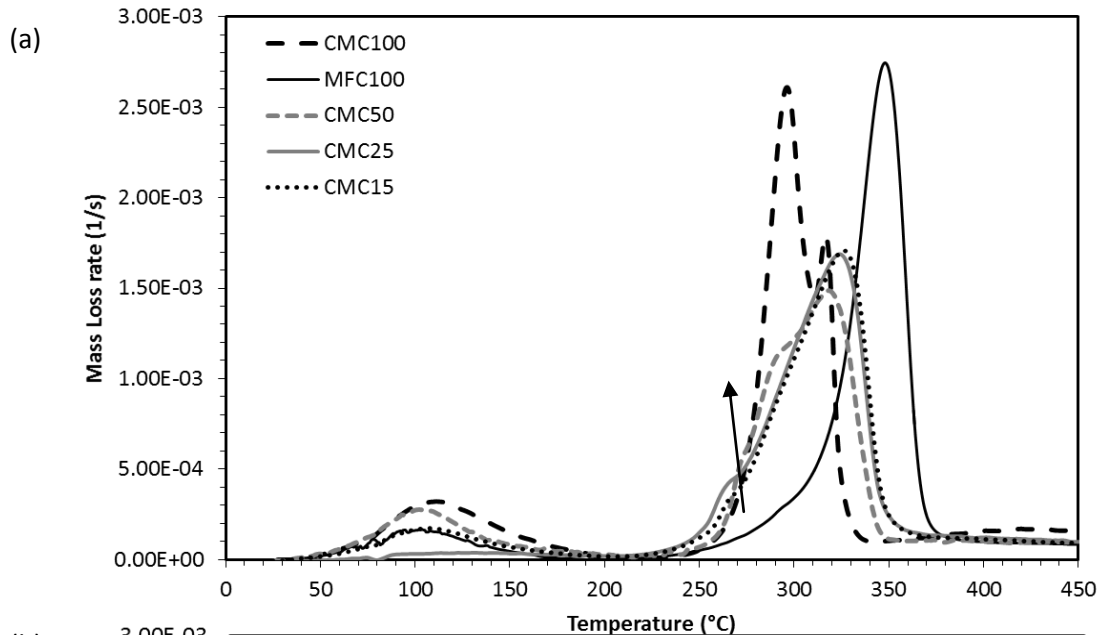
352 A comparison of these curves highlights a number of interesting features. One is around the  
353 lower temperature shoulder, which is evident in the CMC systems, which also show the main  
354 endotherm maximum shifting to lower temperatures. This indicates that the interaction  
355 between cellulose and CMC is more susceptible to thermal degradation at lower  
356 temperatures. At an equivalent additive content, the LBG system is less susceptible to  
357 thermal degradation at lower temperatures than the CMC system. However, the addition of  
358 higher amount of LBG to the system (Figure 3b) a pronounced increase in the amount of  
359 more thermally sensitive material is seen (an increase in the size of the lower temperature  
360 shoulder), with a subsequent decrease in the size of the peak at the original cellulose  
361 degradation temperature. These observations support those measured by DSC, in that the

362 CMC seems to be more effective than LBG in altering the properties of MFC, and either a  
363 higher water content and that an increased amount of added LBG are required to have similar  
364 effects. Figure 2 demonstrates that CMC has a high level of compatibility with MFC, whereas  
365 LBG appears to have limited ~~solubility~~ **solubility distribution** in the MFC **dense microfibrillar network**  
366 and probably exists as a separate phase when these polymers are added *after homogenisation*.

367 At levels of 15% CMC, both high and low moisture MFC/CMC have produced a profound  
368 change in the shape of the peak, resulting in both a lowering of the peak temperature and a  
369 broadening. Figure 3a shows that at a level of 50% CMC, a separate phase is beginning to  
370 form as indicated by the low temperature shoulder. This possibly indicates the limit of  
371 solubility of the CMC in the MFC when these solutions are mixed. By way of contrast the  
372 presence of 15% LBG has produced very little apparent change in the main MFC peak with  
373 only a slight increase of intensity in the lower temperature tail of the peak in the region of  
374 300°C consistent with the presence of a relatively unaffected high LBG content phase at a  
375 low (15%) level. This is even more apparent in figure 3b where an increasing content of LBG  
376 adds in an approximately linear fashion to the MFC, reducing the overall MFC content and  
377 increasing the LBG peak intensity with the temperatures on both peaks being relatively  
378 unaffected. These materials are mixed intimately as solutions, consequently the possibility of  
379 incomplete mixing can be rejected when these polymers are added *after homogenisation*.  
380 Therefore the different behaviour of the mixtures represents genuine phase incompatibility.  
381 This can also be seen in the water absorption data of figure 4 where over a region of 50 –  
382 70%, the water absorption of a 15% mixture of LBG and MFC appears approximately linear,  
383 whereas the effect of CMC appears to be much greater. At one level the TGA effects can be  
384 viewed in terms of thermodynamic compatibility between polymers. From a reaction pathway  
385 viewpoint it can be proposed that the interaction between CMC and MFC produces a mixture  
386 that is more susceptible to chemical degradation, perhaps by the resulting mixture being less  
387 dense and having imperfections where the reaction can proceed more rapidly.

388 Similar results were observed when the polymer was added *before homogenisation* (co-  
389 processed MFC/additives at 85:15 ratios) as shown in Figure 3c. The number of passes  
390 through the homogeniser when the two components were co-processed also has an impact on  
391 the thermal degradation of the system. For instance, it was observed that for the MFC/CMC  
392 system, as the number of passes through homogeniser increases, the peak size and area of the  
393 shoulder increases (not statistically significantly), but not in the case of MFC/LBG (Figure  
394 3c). This indicates that the interaction between MFC and CMC produced structural changes  
395 when co-processed resulting in degradation of the system at lower temperatures compared to  
396 MFC alone. Due to inter-molecular cross-linking and strong interactions between MFC and  
397 LBG during co-processing, a higher temperature is required by the system to initiate thermal  
398 degradation. The DTGA data also supports the DSC data in showing that the interaction and  
399 resulting properties of a co-processed MFC/LBG system are different to that when LBG is  
400 added post-homogenisation (comparing Figure 3b and Figure 3c). These results correlate well  
401 with DVS moisture sorption and desorption isotherms of different MFC/additive formulations  
402 (Figure 4a and 4b).

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429 **Figure 3:** The thermal degradation (DTGA) under a nitrogen atmosphere at low moisture (2%  
430 w/w) and different MFC/additive ratios, where (a) MFC/CMC, (b) MFC/LBG when polymeric  
431 added after homogenisation, and (c) MFC/CMC and MFC/LBG (85:15) systems after 1pass,  
432 2passes and 3passes when polymer added before homogeniser. Arrow near 250°C shows the  
433 increasing shoulder peak with increasing amount of additives (in Fig 3a & Fig 3b) in the  
434 formulations and number of passes through homogeniser (in Fig 3c).

### 435 3.3. Dynamic Vapour Sorption (DVS)

436 From the dry state, the moisture uptake of MFC100 was relatively slow as compared to all  
437 MFC/additive formulations, due to strong intermolecular hydrogen bonds present between  
438 the MFC microfibril forming aggregates with lower diffusivity. After the first cycle of  
439 moisture sorption, the microfibril network in MFC100 holds some “associated” moisture  
440 evident in desorption isotherm Figure 4b, likely in a form of both monolayer and multilayer.  
441 All MFC/additives system showed higher moisture sorption as compared to MFC100 (Figure  
442 4a).

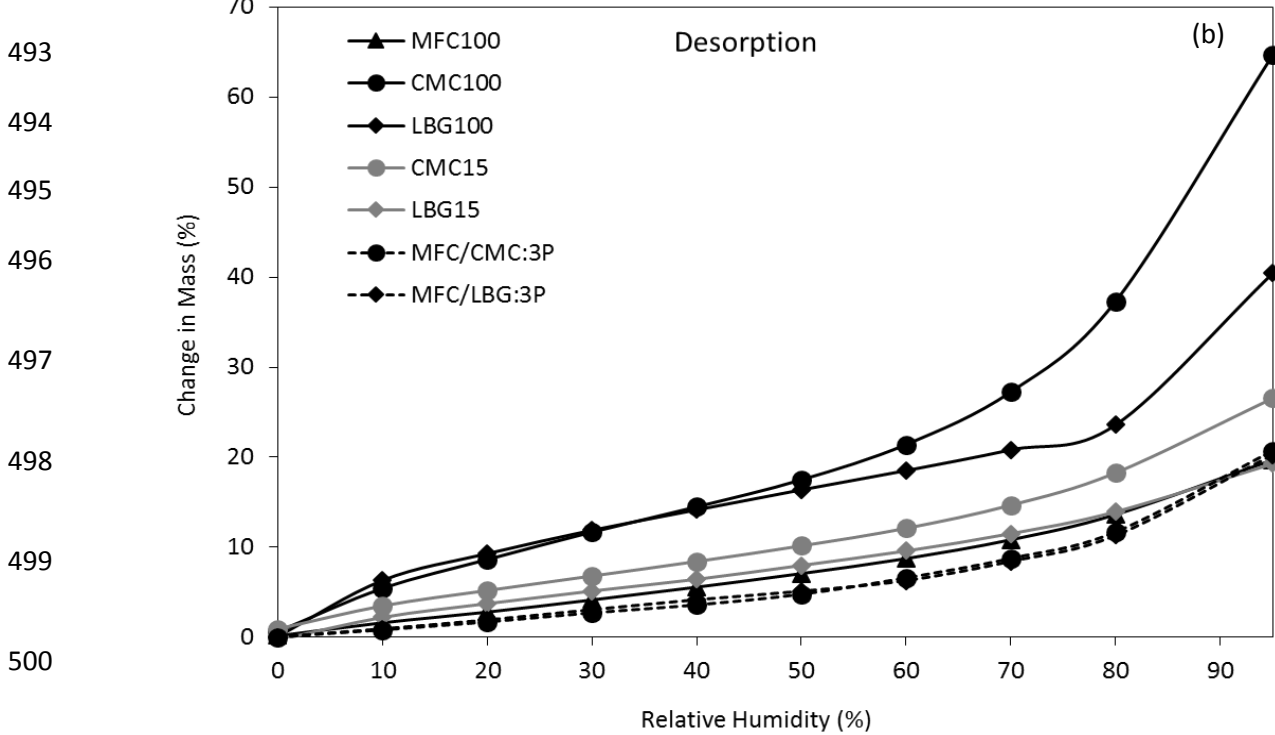
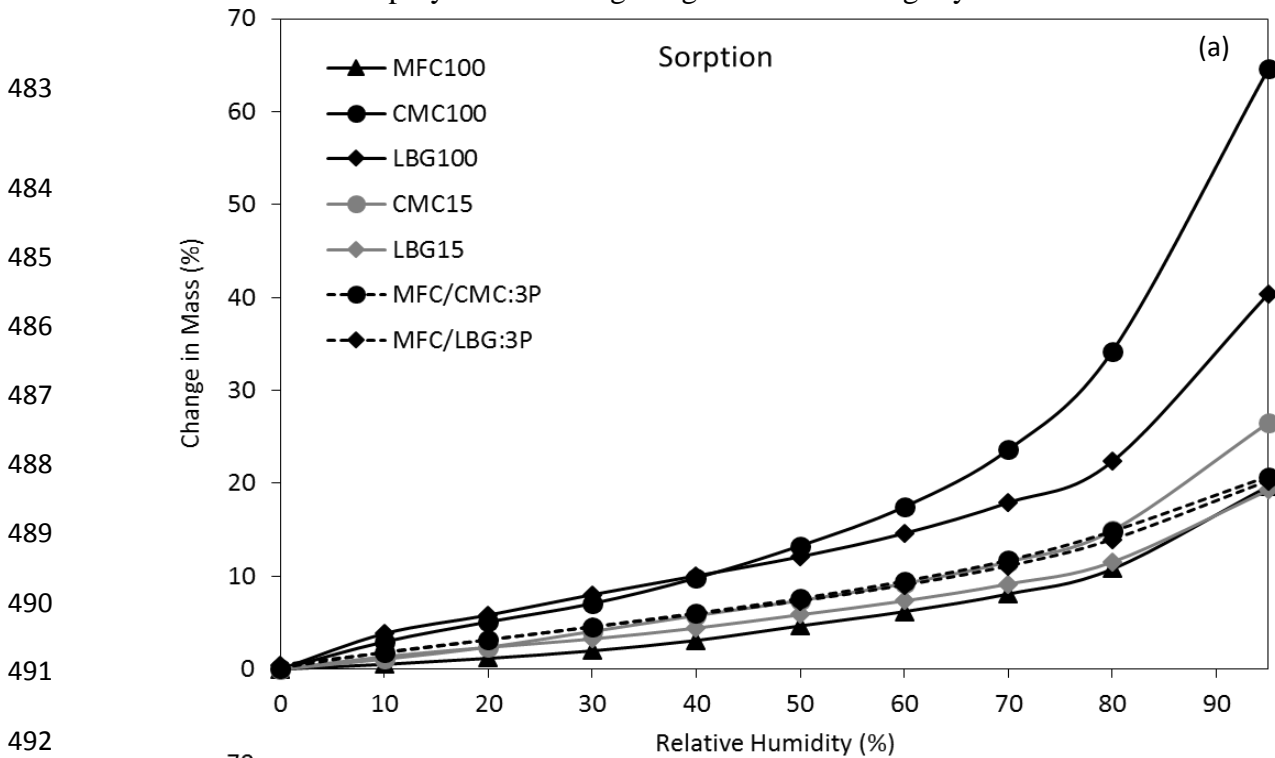
443 The sorption isotherm for all the samples together with GAB model fit up to an RH of 90%  
444 (Equation 1) are shown in supplementary data Figure S3 and the GAB parameters are shown  
445 in Table 2 where, the individual contributions of monolayer and multilayer water to the  
446 overall isotherms are described by Equation 2 and Equation 3. The constant  $C$  and  $K$  are  
447 temperature dependent factors, where the  $C$  values represents the strength of binding for  
448 water molecules to the primary binding sites on the product surface (Sormoli *et al.*, 2015,  
449 Quirijns *et al.*, 2005a & Quirijns *et al.*, 2005b), higher the value, the stronger the bonds  
450 between water molecules to the primary binding sites. The amount of water in the monolayer  
451 ( $M_0$ ) for MFC100 was lowest (similar values were observed with cellulose from parchment  
452 paper by Despond *et al.*, 2005), followed by LBG100 and highest with CMC100 (Table 2).  
453 Lower  $M_0$  values are not surprising as it is explained earlier, this behaviour is related to

454 hornification of MFC fibres upon drying process, *i.e.*, aggregation of microfibrils due to  
455 strong H-bonds, limiting the water mobility and interaction. Similar difference in  $M_0$  values  
456 of LBG100 and CMC100 was observed by Torres *et al.*, 2012, authors explained this  
457 difference is related to chemical structure and composition of these polymers, the ionic  
458 character of CMC due to the substitution of hydroxyl groups by carboxymethyl groups,  
459 results in highest monolayer interaction between the CMC100 and water.

460 MFC/CMC *i.e.* CMC15 (CMC added *after homogenisation*) is able to take up more water  
461 (increase in mass) than the other systems, with increasing RH, and is able to retain the highest  
462 amount of that water upon drying (desorption, Figure 4b). This behaviour can be explained  
463 by higher moisture isotherms observed with CMC100. However, when CMC added *before*  
464 *homogenisation* showed similar moisture sorption up to 80% RH, however lower sorption  
465 was observed at 95% RH when comparing CMC15 with MFC/CMC:3P. This behaviour can  
466 be explained by structural changes and interactions between cellulose and CMC during  
467 homogenisation, which limits the moisture sorption after equilibrium. The LBG containing  
468 system is interesting as, at low RH levels, LBG15 showed slightly higher moisture sorption  
469 as compared to MFC100, however, at higher RH maps onto the MFC100 and lower than  
470 MFC/CMC throughout sorption cycle. This suggests that MFC/LBG requires a higher water  
471 content to be effective at changing the MFC properties. Upon submitting the systems to  
472 drying (desorption, Figure 4b), there appears to be an ad-desorption hysteresis for all systems.  
473 Again, this suggests that the water in the MFC/CMC system is interacting, but can be  
474 removed successfully at elevated temperatures (100°C peak in DTGA curves), and that the  
475 water taken up by the MFC/LBG system is more tightly “associated” (*e.g.*, lack of a  
476 discernible 100°C peak for the low moisture content samples in Figure 2a) and not free for  
477 evaporation at elevated temperatures. Interestingly, when LBG is added *before*  
478 *homogenisation*, the MFC/LBG:3P showed similar moisture sorption and desorption to  
479 MFC/CMC:3P and CMC15 (up to 80% RH), also reflected on the  $K$  values, where  $K$  values



480 of CMC15 is similar to MFC/LBG:3P ( $K = 0.90$ , Table 2). These results, correlate with the  
 481 DTGA and DSC, and suggest that co-processing of the MFC and additives results in closer  
 482 association of the two polymers enabling a higher amount of tightly associated water.



501

502 **Figure 4:** (a) Sorption isotherm, and (b) Desorption isotherms of different MFC/additives  
 503 powders, i.e. solid-lines are MFC100, CMC100, LBG100, CMC15 and LBG15, whereas  
 504 dotted-lines are MFC/CMC:3Pass and MFC/LBG:3Pass, at 20°C temperature.

505 **Table 2:** GAB model parameters from the fitted sorption isotherms (fitted graphs are present  
 506 in supplementary data Figure S3).

	$M_0$ (g/100 g)	$C$	$K$	$R^2$
<b>MFC100</b>	6.78	23.25	0.84	0.9977
<b>CMC100</b>	12.15	2.14	0.87	0.9994
<b>LBG100</b>	7.58	9.99	0.85	0.9989
<b>CMC15</b>	3.84	28.50	0.90	0.9932
<b>LBG15</b>	5.28	1.84	0.79	0.9984
<b>MFC/CMC:3P</b>	3.28	3.58	0.89	0.9983
<b>MFC/LBG:3P</b>	2.99	6.06	0.90	0.9976

507

#### 508 **4. Conclusions**

509 This study showed that moisture sorption and thermal induced structural changes in  
 510 microfibrillar cellulose is a complex process and directly associated with, and controlled by  
 511 different structural properties of cellulose and can be altered or modified by different  
 512 polymeric additives and co-processing. Addition of polymeric additives such as  
 513 carboxymethyl cellulose (CMC) and Locust bean gum (LBG) to microfibrillar cellulose  
 514 (MFC) results in 2 sets of thermal induced structural changes *i.e.*, associated with  
 515 polysaccharide-water interactions, and associated with polymer relaxation. The addition of  
 516 polymeric additives results in the regaining of the structure upon redispersion of the dry  
 517 material (higher with charged polymer *i.e.*, CMC followed by LBG). Co-processing of MFC  
 518 and polymeric additives especially LBG results in a highly interconnected network of MFC

519 and LBG which retains a higher amount of moisture influencing the thermally induced  
520 structural changes. In conclusions, the interaction between the polymeric additive and  
521 microfibrillar cellulose should be thoroughly considered when manufacturing low moisture  
522 cellulosic products.

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**Supplementary data**

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