

# Characterization of expanded polystyrene (EPS) blocks under cyclic pavement foundation loading

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## Abstract

This study introduces a mechanism for initial assessment and further development to improve understanding of EPS behavior as a super-lightweight material for road construction. Large scale cyclic plate load tests on model pavements were performed. The effect of several factors including thickness of soil, thickness of subsequent EPS layers and density of EPS on the surface deformations, resilient modulus ( $M_r$ ) and interlayer pressure transfer were investigated. The results indicated that compared to a covering soil layer of 300 mm, the rut depth on the loading surface reduced by 13.5% and 40.8% when the soil thickness was increased by 33% and 100%, respectively. With a constant soil thickness, increasing the thickness of an upper (denser) EPS layer with respect to a bottom (softer) EPS layer, from 200 mm to 600 mm, would only result in a 20% decrease in the peak settlements at the loading. Resilient modulus of the system was found to be dependent on soil thickness and a designer can choose an appropriate resilient modulus assuming the soil-EPS composite acts as subgrade or subbase. In order to extend the results to a wider range of geofoms, soils and layer thicknesses, a simple stress analysis method was also trialed.

**Keywords:** *geosynthetics, EPS geofom, cyclic plate load tests, pavements, lightweight fill*

## 29 1 Introduction

30 In recent years, various methods and materials have been implemented for improvement of pavements  
31 subjected to cyclic traffic loading. A major part of these studies utilize previously well-known pavement  
32 evaluative methods such as cyclic plate loading tests, while several attempts have also made to introduce more  
33 novel methods. From another perspective, some studies have focused on assessment of sustainable and recycled  
34 material, while others simply investigated conventional materials using the new assessment techniques  
35 (Gnanendran et al. 2011; Piratheepan et al. 2012; Arulrajah et al. 2013; Arulrajah et al. 2014; Rahman et al. 2015;  
36 Donrak et al. 2016; Piratheepan et al. 2016; Arulrajah et al. 2017; Georgees et al. 2018; Tavira et al. 2018).  
37 Piratheepan et al. (2012) introduced a combined method from the Indirect Diametral Tensile (IDT) and  
38 Unconfined Compressive Strength (UCS) tests to determine cohesion and internal friction angle of a pavement's  
39 granular material stabilized with slag lime and general blend (GB) cement-fly ash. Tavira et al. (2018) conducted  
40 laboratory tests and field investigations including plate load and falling weight deflectometer tests to assess  
41 mechanical properties of construction and demolition waste (CDW) in the form of non-selected mixed recycled  
42 aggregates as base and subbase bound materials.

43 While sustainability considerations are of prime importance nowadays, there are circumstances where  
44 maximum possible reduction in the weight of material becomes a priority. Recent examples of these situations are  
45 reported by Özer & Akinay (2019), Duškov et al. (2019) and Vaslestad et al. (2019). In such cases, EPS geof foam  
46 has been introduced as a super lightweight cellular geosynthetic material comprising several advantageous  
47 characteristics for application in geotechnical and highway engineering. It has been used successfully in a variety  
48 of projects including backfill for retaining walls, bridge abutments and as subgrade for roads and highways  
49 worldwide (Stark et al., 2012; Bartlett et al., 2015). In the past 40 years, many countries including, but not limited  
50 to, Norway, Sweden, USA, Japan and Turkey have benefitted from ultra-light weight of EPS in a variety of projects.  
51 As the unit weight of EPS geof foam ranges around a typical value of 1% of a conventional soil's unit weight, it  
52 helps to reduce dead load, as well as seismic loads, on structures. It can be handled easily and quickly compared  
53 to common construction materials (e.g. soil). These attributes greatly assist in speeding up the rate of construction  
54 and delivering projects much faster and, therefore, increasing the economic efficiency of the project. Besides these  
55 benefits, EPS also contributes to a lighter design of nearby structures (retaining walls, culverts etc.) because of a  
56 very low Poisson's ratio and its energy dissipation characteristics (due to its very low density).

57 Despite these benefits, there has been a few failure events (excessive settlement, rutting etc.) related to  
58 improper usage or design of an EPS system in a highway – where the misunderstanding about the behavior of

59 EPS in that application was determined to be the main reason. On the other hand, application of EPS geofam in  
60 construction practice is rising continuously, as its valuable features are becoming evident more than ever.  
61 However, a true cost-effective approach with respect to real behavior of EPS in actual conditions is nearly  
62 neglected by existing guidelines (e.g. in [Stark et al., 2004](#)). As the required volume of EPS for highway  
63 construction is very high, reducing the density of EPS even if it is a minor reduction, contributes to a huge  
64 reduction in the overall cost of the project. The above discussion suggests that implementation of EPS geofam  
65 should be done with more consideration and further research is postulated regarding a safe and efficient design.

66 Several researches on EPS geofam application in geotechnical projects such as road construction, buried  
67 pipe and culvert protection, retaining walls, etc. have been conducted ([Duskov, 1997](#); [Zou et al., 2000](#); [Negussey,](#)  
68 [2007](#); [Farnsworth et al., 2008](#); [Barrett and Valsangkar, 2009](#); [Kim et al., 2010](#); [Horvath, 2010](#); [Stark et al., 2012](#);  
69 [Tanyu et al., 2013](#); [Anil et al., 2015](#); [Bartlett et al., 2015](#); [Keller, 2016](#); [Witthoeft and Kim, 2016](#); [Ozer, 2016](#);  
70 [Beju and Mandal, 2017](#); [Meguid et al., 2017a,b](#); [Gao et al., 2017a,b](#); [Shafikhani et al., 2017](#); [AbdelSalam and](#)  
71 [Azzam, 2017](#); [Mohajerani et al., 2017](#); [Pu et al., 2018](#)). To figure out the background of research with a special  
72 focus on road and highway embankments, the following summary is presented.

73 [Duskov \(1997\)](#) has illustrated strain and deflection measurements of a constructed road on EPS subgrade in  
74 Rotterdam. The subgrade consisted of 1 m thick EPS blocks subjected to heavy traffic loads. He explained that  
75 inappropriate pavement design and use of over-estimated E-values for road-base materials led to an inability of  
76 EPS to provide proper support for road-base materials. Measurements also revealed that open joints or gaps  
77 between EPS blocks significantly reduce the design life of the pavement and must be completely avoided.

78 However, [Zou et al. \(2000\)](#) discovered that the number of joints between EPS blocks is not the only factor  
79 affecting the performance and design life of pavement. They also realized that the performance of EPS subgrade  
80 can be as good as sand in terms of plastic deformation under cyclic loading of traffic; and sometime it is more  
81 efficient. EPS subgrades tend to generate deeper ruts on the pavement surface compared to sand subgrades with  
82 an equal pavement system. They also found out that the size of the EPS blocks and their lateral restraints did have  
83 an apparent consequence on the performance of blocks.

84 Field and laboratory tests by [Negussey \(2007\)](#) has revealed that modulus values of larger EPS blocks are  
85 greater than those of smaller ones and the strains measured in small tests can be decreased by up to 50% for real  
86 applications. The authors emphasized the need for appropriately assessing the stress redistribution caused by a  
87 load distribution slab positioned between a flexible or rigid pavement and geofam. This must be considered for  
88 traffic loading applications.

89 The I-15 Reconstruction Project is an example of the application of several methods to speed up construction  
90 process, while preventing large settlements due to poor ground conditions. A comparative study on the  
91 performance of the techniques is presented by [Farnsworth et al. \(2008\)](#). This case history showed that while each  
92 of the techniques were suitable for a specific purpose, EPS geof foam was expected to exhibit acceptable post  
93 construction settlements for a working period of 50 years.

94 [Horvath \(2010\)](#) have reported failure modes caused by improper usage or design of EPS in geotechnical  
95 applications. According to his report, creep will cause EPS to compress significantly over time (longer than 1000  
96 hours), if it is strained beyond its elastic limit during that time. [Negusse \(2007\)](#) demonstrated, however, that  
97 creep is not a definite concern in the field observations, in situations where it had been identified to be critical in  
98 preceding tests on smaller samples. Field results indicated that creep strains remained in their initial stages and  
99 did not lead to rupture in the pavement. However, the objective of the current study is limited to highways, and  
100 such a pattern of loading is very rare in such applications. According to [Horvath's \(2010\)](#) research, the presence  
101 or absence of load distribution slabs (LDS) does not have a direct effect on the satisfactory performance of the  
102 pavement overlying the EPS. He emphasized that overstressing EPS due to insufficient thickness of soil, and its  
103 consequent total and differential settlements, is the key issue in poor performance of the embankment. He has  
104 indicated that if existing practices and experiences are properly utilized by designers, such failure would reduce  
105 to a minimum amount. An overview of relevant studies is presented in **Table 1**.

106 Review of this literature indicates that while some large scale laboratory and field studies are indeed  
107 available in this area, they have not directly investigated the factors affecting performance, and it is difficult to  
108 obtain a quantitative trend for the consequence of each factor. Additionally, there have been obstacles preventing  
109 EPS geof foam from becoming a standard worldwide solution as a lightweight fill for pavement. Further  
110 investigations are required to boost the technical knowledge, update standards and deliver innovative applications  
111 regarding EPS geof foam in pavement construction ([Mohajerani et al., 2017](#)). To achieve these goals and find an  
112 economic and efficient design process for EPS embankments and to prevent possible future failures, a series of  
113 cyclic plate load test were conducted in the study reported here. These tests were organized to help evaluate factors  
114 such as variations in thickness of soil and EPS geof foam layers, EPS density and the applied pressure amplitude.  
115 The results helped to determine the trend of response to influential parameters and to find their optimum values.

## 116 **2 Objectives**

117 Failures in pavements including EPS geof foam might have led to many designers avoiding its application  
118 despite the great features it can provide ([Horvath, 2010](#)). Hence, similar to other novel methods, evaluation of

119 unknown (or less known) aspects of designing and building EPS geofoam subgrades seems to be essential. This  
120 has created a motivation for the current study with the aim of producing a better understanding and elimination of  
121 current shortcomings.

122 Therefore, a number of large-scale tests were accomplished to find out the exact behavior of EPS blocks,  
123 soil and the full road section comprised of soil layer over several layers of EPS block under application of cyclic  
124 loading. Sample sized tests on cubic EPS geofoam blocks by uniaxial cyclic and static test were also conducted  
125 to characterize the behavior of EPS geofoam. A summary of the key objectives of the main experimental program  
126 using large scale model can be described as:

- 127 • Exploration of performance of EPS embankments compared with soil embankments,
- 128 • Evaluation of pressure distribution with depth of EPS embankments,
- 129 • Assessment of effects of cyclic loading intensity, soil and upper EPS layer thickness, EPS density  
130 (stiffness) and thickness of EPS block layers on surface settlement, resilient modulus and transferred  
131 pressure on EPS geofoam blocks.

### 132 **3 Materials**

#### 133 **3.1 Soil**

134 The soil used as the upper layer and protective cover over EPS layers was supplied from a quarry near  
135 Tehran. Three classes of soil including sand and gravel were brought and mixed, proportionally by weight, to  
136 attain the grading diagram shown in **Fig. 1**. This blend of aggregates was classified as a well-graded sand (SW)  
137 based on the specifications of the Unified Soil Classification System ([ASTM D 2487-09](#)). According to [ASTM D](#)  
138 [2940-09](#), this soil is appropriate for use in base and subbase of highways and airports.

139 Compaction to the Modified Proctor standard, which is widely used as the reference density to which in-situ  
140 compaction is benchmarked, showed that this soil can gain a maximum dry density of  $20.42 \text{ kN/m}^3$  ([ASTM D](#)  
141 [1557-12](#)) at about 5% optimum water content. The soil had a specific gravity ( $G_s$ ) equal to 2.66 with maximum  
142 and mean grain size of 20 mm and 4.3 mm, respectively. Using triaxial compression tests on specimens of soil at  
143 a wet unit weight of  $19.72 \text{ kN/m}^3$  (equivalent to about 97% of the Modified Proctor maximum density) and a  
144 moisture content of 5%, the internal friction angle of soil was found to be  $40.5^\circ$ . Further information regarding  
145 the soil grading is available on **Fig. 1**.

## 146 3.2 EPS geof foam

147 EPS blocks were supplied from a regional molder in Iran. The original block size was 2000×1000×1000 m  
148 and it was cut into desired dimensions (1000×500 mm in plan and 100 or 200 mm in height) by using hot wire  
149 cutters. The test method for characterization (e.g. EPS density, compressive strength and elastic modulus) and  
150 selection of EPS material were in accordance with the requirements provided in [ASTM D 6817-04](#), [ASTM D](#)  
151 [1621-00](#). Unconfined static and cyclic tests on EPS samples were also performed according to [ASTM D 1622-08](#)  
152 and a detailed discussion on their results for densities of 20, 30 and 40 kg/m<sup>3</sup> is provided in Section 6.1. A summary  
153 of the engineering properties of EPS is shown in **Table 2**. This EPS geof foam is comparable to those used in other  
154 research (e.g. [Stark et al., 2004](#)) in terms of variation of compressive strength with EPS density, which will be  
155 further discussed in Section 6.1.1. Nevertheless, the properties are presented and one can choose a close match  
156 with those they might use.

## 157 3.3 Geotextile

158 According to recommendations of previous studies (e.g. [Stark et al., 2004](#)), a geotextile layer has to be used  
159 as a separator between soil and EPS geof foam blocks to prevent possible damage to EPS layer. Thus, a non-woven  
160 geotextile with the typical characteristics as **Error! Reference source not found.** was used. This geotextile is a  
161 needle-punched and heat-bonded, being made of UV-stabilized polypropylene. It can be used in building and  
162 construction applications for separation, filtration, reinforcement and protection.

## 163 4 Test components and layout

164 The large scale plate load tests, simulating real conditions, were performed in a test box, excavated inside  
165 the “Research Laboratory of Physical Modeling in Geotechnics” at the K.N. Toosi University of Technology. In  
166 the current study, the model tests comprise a test box, reaction frames, loading system and measurement  
167 equipment (see the schematic view in [Fig. 2](#)).

### 168 4.1 Test box and simulated loading

169 The test box was 1200 mm in depth and 2200×2200 mm in plan (see [Fig. 2](#)), with the walls and bottom  
170 covered with a rough mixture of cement-sand mortar. In the majority of tests, the failure mechanisms have been  
171 observed to be of a similar punching nature and the failure surface does not extend, laterally, to a distance further  
172 than 3-4 times of loading plate diameter from the center of loading (i.e. a diameter ≤1.2m). As a confirmation to  
173 this observation, [Moghaddas Tafreshi et al. \(2014\)](#) reported that, if the horizontal plane dimensions of the test box  
174 are equal to seven times of the diameter of the loading surface, that would be enough to prevent the effect of side

175 boundaries. These tests are similar to the tests including soil layer over EPS block layers. According to the results  
176 from preliminary experiments (see Section 6.2.3), the depth of the box seems to be sufficient. Measurements  
177 indicated that the amplitude of pressure transferred to depths below 1000 mm are equal to a negligible portion of  
178 the applied stress on the top of embankment (Section 6.2.3). Therefore, the probable rigid boundary effect  
179 initiating from the bottom of the test box is insignificant. Tests by [Moghaddas Tafreshi et al. \(2012\)](#) also showed  
180 that a minor portion of applied tire pressure on the soil surface will penetrate to levels deeper than 700 mm. Thus,  
181 the box dimensions are suitable for avoidance of boundary influences. For this reason, 1200 mm height of the soil  
182 was considered to be adequate in order to reduce boundary effect at the bottom of the test box.

183 The loading frame consisted of a heavy reaction beam, supported on two strong columns (see [Fig. 2](#)). A  
184 hydraulic jack with capacity of 100 kN and capable of producing monotonic and cyclic movements was fixed  
185 above the reaction beam. The loading was applied to a rigid steel plate of 300 mm diameter and thickness of 25  
186 mm on the pavement surface through adjustable rigid steel shafts. The rigid steel plate is representative of the tire  
187 of a common truck and exerts the load from hydraulic jack to the surface of the pavement. Regular traffic loading  
188 will hardly be applied to the upper soil and EPS layers, although millions of cycles of such load will be applied  
189 by such traffic to the overlying asphalt layers. Such loading will be applied for a few traffic passages during  
190 construction and this will, likely, be the most demanding time for the pavement studied here. In addition, [AASHTO](#)  
191 [T 221-90](#) and [ASTM D D1195-09](#) both allow application of a few plate load cycles so as to evaluate airport and  
192 highway pavements. Several previous studies including [Thakur et al. \(2012\)](#), have also applied a similar number  
193 of load cycles (or even less) for this purpose. To simulate the critical loading that might be applied to a road  
194 surface, [Brito et al. \(2009\)](#) suggested applying cyclic pressures of 400 and 800 kPa (representative of half and full  
195 trucks, respectively). Although, EPS geofam is rarely used in unpaved roads, Brito's pressure values are  
196 impractical in the case EPS embankments ([Stark et al., 2004](#)) and, for the present study, must be reduced to allow  
197 for the stress distribution that would be provided by the thickness and stiffness of the pavement's asphalt layer.  
198 Using KENPAVE software ([Huang, 1993](#)) and assuming 50 mm asphaltic layer with Young's Modulus of 2.5  
199 GPa, the pressure amplitudes can be reduced to 275 and 550 kPa respectively to represent the stress passed down  
200 to the top of the soil layer.

201 Although the rate or frequency of loading might have a direct effect on the response of EPS embankments,  
202 a wide range of frequencies (e.g. 0.01~10 Hz) have been implemented by previous researchers for this purpose  
203 ([Palmeira and Antunes; 2010](#), [Yang et al.; 2012](#), [Thakur et al.; 2012](#) and [Gonzalez-Torre et al.; 2015](#)). [Gonzalez-](#)  
204 [Torre et al \(2015\)](#) concluded that high frequency loading does not affect the pavement significantly and the lower

205 the frequency, the higher impact will the loading have. In this research and because of loading system limitations,  
206 a sinusoidal 0.1 Hz cyclic load was applied, which is a reasonable choice, within the limits of the above studies.

207 In all tests, the lower pressure (275 kPa) was applied 100 times, followed by 400 repetitions of the higher  
208 pressure (550 kPa). Although the number of vehicle passes will definitely exceed these values by a large margin,  
209 the pressure will be most critical in the construction phase of the road backfill, when the soil thickness is thinnest.  
210 At such a stage, 500 axle passages is a reasonable approximation to reality as shown by [Powell et al \(1984\)](#).

## 211 **4.2 Measurement system**

212 The measurement system of the large scale cyclic plate load test is shown in schematically in **Fig. 2**. Two  
213 LVDTs were placed above the rigid plate and the settlements of the loading surface were measured using their  
214 average value. To obtain an approximate sketch of the deflection basin in some of the tests, two additional LVDTs  
215 were also placed at 100 mm and 150 mm away from the edge of the loading plate in a few tests. The LVDTs had  
216 an accuracy of  $\pm 0.01\%$  at their full range (75 mm). A S-shaped load cell was placed between hydraulic jack and  
217 the rigid plate to control the amplitude of applied load. The capacity of the load cell was 100 kN and its accuracy  
218 was  $\pm 0.01\%$ . In all of the experiments, an earth pressure cell was placed above the upper layer of EPS geofom  
219 (between soil layer and EPS bed) to read the amplitude of the pressure transferred to the top of the EPS layers. In  
220 such type of pavements, the amplitude of pressure transferred on top of EPS layer would have an acute influence  
221 on pavements' performance ([Shafikhani et al., 2018](#)) and controlling its value is considered an important part of  
222 the design procedures ([Stark, 2004](#)). The transferred pressure to lower depths was considered negligible and thus,  
223 the pressure at deeper levels of EPS bed was only measured in a few tests. It is also worth mentioning that all of  
224 the sensors and pressure cell were calibrated using proper calibration method to ensure the accuracy of the  
225 recorded data. The sensors were connected to a data logger, and the measured data were sent to a computer, which  
226 saves and presents data for future analyses.

## 227 **4.3 Backfill preparation and test procedure**

228 The initial stage was to fill the test box with EPS geofom blocks. [Zou et al. \(2000\)](#) found that size and  
229 lateral restraints have no significant effect on the performance of geofom blocks. Making use of this finding, the  
230 blocks were ordered to be prepared as 1000×500 mm in plan and 100 or 200 mm in height in order to have  
231 flexibility in replacing deformed or damaged blocks with more intact ones, to minimize disposal costs and to  
232 provide longer life spans for the current testing material. After each test, the geofom blocks that were not visibly  
233 damaged were used in some location other than directly under the loading plate for the next test to reduce EPS

234 geof foam disposal. A few tests were also repeated by replacing some of the larger EPS blocks but the results did  
235 not show a noteworthy difference.

236 EPS blocks were located at bottom of the test pit with minimum lateral (horizontal) gap between them. Yet  
237 a slight gap is unavoidable in most cases, although, it will not affect the overall performance of the section, as  
238 reported by [Zoe et al. \(2000\)](#). Adjacent blocks were investigated for any unbalanced vertical alignment or varied  
239 surface levels. Any surrounding voids at the corners were also filled and leveled by smaller pieces of EPS.  
240 Reaching a perfect surface in terms of surface smoothness and flatness is almost impossible, but maximum effort  
241 was made to establish such a condition. Each subsequent layer of EPS was constructed by aligning the length of  
242 EPS blocks perpendicular to orientation of their bedding blocks and examined if there was any vertical gap  
243 between the blocks due to unlevelled seating ([Stark et al., 2004](#)).

244 The selected height of 100 or 200 mm for EPS blocks also helped to examine the effect of EPS density and  
245 thickness at the subsequent layers. To this aim, the blocks in each layer were replaced with the desired density  
246 and height, so an appropriate order of blocks were formed from top to bottom of the test box (see [Fig. 2](#)). It is a  
247 well-known practice ([Stark et al., 2004](#)) to place a layer of higher density EPS as the uppermost layer, in order to  
248 control excessive local deformation or failure of EPS, directly below the pressurized zone of overlying soil ([Stark  
249 et al., 2004](#)), while the major portion of subgrade is constructed with a lower density EPS in order to reduce costs.  
250 In other words, a balance has to be established between cost and the maximum allowable rut depth of the pavement  
251 surface. This approach was also used in the current study, and the majority of test sections comprised a top layer  
252 of EPS with a higher nominal density (e.g. 30 kg/m<sup>3</sup>) than the remainder of the EPS (e.g. 20 kg/m<sup>3</sup>) as shown in  
253 [Fig. 2](#). The test box after placement and arrangement of the first layer of EPS blocks is illustrated in [Fig. 3a](#).

254 Observations during the current tests have showed that even a 10~20 mm vertical gap between EPS layers  
255 can be extremely destructive and translate into a twofold to threefold increase in the rut depth on the pavement  
256 surface, compared to tight placement of the blocks. Therefore, it is important to place EPS blocks with great  
257 accuracy to avoid such negative consequences. More details on the requirement on the layout and placement of  
258 EPS blocks can be found in [ASTM D 7180-05](#).

259 No type of connection or adhesion was found to be required between EPS blocks in this study. [Barrett and  
260 Valsangkar \(2009\)](#) have reported about the effectiveness of connectors on the shear resistance of geof foam blocks.  
261 They performed shear tests on blocks with no connection, blocks with barbed plate connectors and blocks with  
262 polyurethane adhesive. They applied different normal pressures on the blocks with each of the connection methods  
263 and compared their shear resistance. The results revealed that barbed plates had little influence on the shear

264 resistance between blocks; rather they might impose a slight reduction in the initial shear resistance between the  
265 blocks under cyclic loading. However, they did not affect peak shear resistance between the blocks. Polyurethane  
266 adhesive could lead to an up to twofold increase in the shear resistance by eliminating horizontal sliding of blocks.  
267 Using such adhesives is not a practical approach for real projects and hence was not considered in the current  
268 study. Barbed plate connectors were not used either, in order to eliminate their potential destructive effect on the  
269 surface of geofoam blocks.

270 As recommended by [Stark et al. \(2004\)](#), a layer geotextile cover was employed over the final EPS geofoam  
271 surface, as a separation and protective method between EPS and soil layer. Soil particles could, potentially, indent  
272 the surface and conceivably destroy EPS blocks by eroding EPS particles away from the block. Placement of this  
273 geosynthetic layer for high-rise embankments, where using minimum soil thickness is desirable, is essential and  
274 helps to increase the longevity of EPS blocks. Thereafter, soil was transferred manually onto the test pit by means  
275 of hand shovels, reaching a specified thickness after leveling its surface. A walk-behind vibrating plate compactor  
276 of 450 mm width was utilized in order to compact the leveled soil bed. The influence depth of the compactor was  
277 between 50 to 100 mm, as reported by the manufacturer. Thus, passage of the compactor over a soil layer with  
278 thickness of 100 mm would not have influenced compaction of the bottom layers. To ensure that soil has reached  
279 its ultimate state of compaction, each layer was compacted with at least 5 passes of the compactor with the  
280 compactive effort kept approximately the same for each layer. **Fig. 3b** shows the completed test installation  
281 including reaction beam, loading plate, hydraulic jack, load cell and LVDTs.

282 In-situ density tests (according to [ASTM D 1556-07](#)) and water content tests were performed at random  
283 intervals to guarantee the consistency of the soil condition during the experimental program. Water content was  
284 maintained close to the optimum water content (5%) with a maximum of 0.25% deviation. Density tests revealed  
285 that the maximum achievable dry density (compaction) varied across the vertical profile of the compacted soil,  
286 changing from a minimum lower value in the soil layer just above EPS blocks and rising to larger values with  
287 increase in soil thickness. Because of the low mass of EPS blocks and their vibrations, the dry density of the first  
288 soil layer (adjacent to EPS bed) could not go beyond  $18.7 \text{ kN/m}^3$  (equivalent to 92% of maximum compaction).  
289 The second and third layer of soil could ultimately reach  $19.1 \text{ kN/m}^3$  and  $19.4 \text{ kN/m}^3$ , respectively. The maximum  
290 dry density of the fourth layer and beyond was  $19.6 \text{ kN/m}^3$  (96% of maximum compaction). As will be discussed  
291 later, this trend is a consequence of the lower stiffness support provided by the EPS.

## 292 5 Tests program and parameters

293 The performance of the pavement was evaluated in terms of depth of ruts generated on the pavement  
294 surface and in part, by the transferred pressure to the top of upper EPS layer. To evaluate the effect of the soil  
295 layer thickness ( $h_s$ ) over the EPS layers, the thickness of the upper and bottom EPS layers ( $h_{gt}$  and  $h_{gb}$ , respectively)  
296 and the density of the upper and bottom EPS blocks ( $\gamma_{gt}$  and  $\gamma_{gb}$ , respectively) on the response of EPS backfills,  
297 large scale cyclic plate load tests were planned as shown in **Table 4** (where index “g” stands for geofoam and  
298 indexes “t” and “b” stand for top and bottom EPS layers, respectively). A total of 19 independent test were  
299 performed to achieve the required data for analysis of each factor.

300 The main repeated plate load tests comprised six series as described in **Table 4**. In Test Series 1, cyclic plate  
301 load tests were performed on soil backfill (with no EPS block) with two compactions to determine how density  
302 of compacted soil can influence stiffness and settlements. In Test Series 2, the amplitude of applied pressure was  
303 varied to discover its effect on the settlements of pavement sections including soil and EPS layers. Test Series 3  
304 was performed to determine how pressure dissipates with depth in the EPS body. As only one pressure cell was  
305 available during the experimental program, the pressure sensor had to be placed at depths of 400, 600, 800, 1000  
306 and 1200 mm below the loading surface in separate tests, therefore, Test Series 3 had to be repeated 5 times. In  
307 Test Series 4, the effect of soil thickness was investigated. Test Series 5 consisted of experiments to evaluate the  
308 influence of the thickness of the upper (denser) EPS layer and finally, Test Series 6 focused on assessing the effect  
309 of the upper EPS density on the performance of the pavement.

310 Regarding the selection of soil thickness and EPS layers in **Table 3**, further discussion would be useful. The  
311 [Swedish standard \(1987\)](#) and the [Norwegian standard \(1992\)](#) recommend a minimum value of 400 mm to 500  
312 mm and 400 to 800 mm for the thickness of pavement system over EPS geofoam blocks, respectively. [Stark et al.](#)  
313 [\(2004\)](#) have recommended a minimum pavement thickness of 610 mm (including soil layer and asphalt/concrete  
314 slab) to be used over EPS blocks. Due to the limitation of the depth of test box in this study, a typical thickness  
315 of 400 mm has been used in the tests. Another reason for selecting such a low thickness was so as not to conceal  
316 the effect of remaining factors which might, otherwise, have been too small to be readily observed. [\(Stark et al.,](#)  
317 [2004\)](#) recommended that at least two layers of EPS geofoam with typical thickness of 610 mm to 1000 mm be  
318 used to prevent shifting of the blocks under traffic loads. As the thickness of EPS blocks were 200 mm in the  
319 current study, 3 to 4 layer of EPS have been used to comply with the recommended number of layers.

320 In addition to the main large-scale cyclic tests (**Table 4**), a set of small static and cyclic uniaxial tests were  
321 also conducted on 200×200×200 mm cubic specimens of EPS with different densities, in accordance with [ASTM](#)

322 [D 1621-00](#). Cubic shape specimens were preferred to a cylindrical shape because it was easier to prepare them  
323 with available manual cutting methods. The static tests were performed to measure elastic and plastic limits and  
324 the cyclic tests were also performed to evaluate the cyclic response of EPS block. The reason for selecting these  
325 cubic sample tests for EPS alone was that testing of EPS geofoam directly by plate load test is not entirely  
326 representative of the real condition and might produce incorrect results due to the generation of cracks in the EPS  
327 blocks, due to pressure concentration (overstressing) along the edges of the plate.

328 In order to check the repeatability of the test results, a few tests were repeated in each Test Series to ensure  
329 that there was no significant change in the test procedures during the experimental program. A close match  
330 between results of the repeated tests with a maximum difference of 4-6% was observed.

## 331 **6 Results and discussion**

332 Presentation and discussion of the results of tests are illustrated in this section. In the first part (Section 6.1),  
333 the result of uniaxial static and cyclic test on cubic EPS samples are discussed and, in Section 6.2, the results of  
334 the main cyclic plate load tests are reported. The test results have been presented in terms of peak surface  
335 settlement, permanent surface settlement (as an indicator of rut depth) and resilient modulus of the pavements –  
336 the first and last of these having implications for the longevity of performance of overlying bound layers that will  
337 have to flex repeatedly over the soil-EPS composite.

### 338 **6.1 Behavior of cubic EPS samples**

339 A thorough understanding of the behavior of EPS per se will provide a great aid to realize the role of EPS in  
340 the overall behavior of these pavement systems, and to recognize what happens when EPS blocks are incorporated  
341 in conjunction with soil. Previous research is available about the sole behavior of EPS geofoam in static and  
342 dynamic/cyclic conditions: [Horvath \(1994\)](#); [Duskov \(1997\)](#), [Athanasopoulos et al. \(1999\)](#), [Trandafir et al. \(2010\)](#),  
343 [Ossa and Romo \(2011\)](#), [Trandafir et al. \(2012\)](#) and [Bartlett \(2015\)](#). To evaluate the behavior of EPS geofoam used  
344 in the current study, unconfined uniaxial static and cyclic plate load tests were performed on EPS 20, EPS 30 and  
345 EPS 40 (abbreviation of EPS block with densities of 20, 30 and 40 kg/m<sup>3</sup>, respectively). For the static loading,  
346 pressure was applied at a rate of 1 kPa/s in order to comply with the condition of fully static loading ([Moghaddas](#)  
347 [Tafreshi and Dawson, 2010](#)). For cyclic tests, the loading frequency was 0.1 Hz which is the same frequency of  
348 load application as in the full-scale cyclic tests.

### 349 6.1.1 Static test results

350 Fig. 4 displays the measured stress-strain response of the EPS under static loading. The overall shape of the  
351 stress-strain curves is similar to those determined in previous studies, consisting of 4 parts including: an initial  
352 linear response, yielding, linear + work hardening, and nonlinear + work hardening (Stark et al., 2004). The elastic  
353 limit of EPS geofoam is defined as the stress at 1% strain and compressive strength is defined as the compressive  
354 stress at 5 or 10 percent strain; the latter is more common (Horvath, 1994). Using this definition, the elastic limit  
355 of EPS 20, EPS 30 and EPS 40 are about 8, 22 and 29 kPa and their compressive strengths are about 84, 156 and  
356 244 kPa correspondingly. The subsequent part of the curves (up to about 6~7% strain) is elasto-plastic, comprising  
357 a limited amount of plastic strain and therefore, is excluded from the definition of elastic limit. From the elastic  
358 part, elastic modulus of the material can be obtained as 0.81, 2.16 and 2.86 MPa for EPS 20, 30 and 40  
359 respectively. All specimens were strained up to 90%. At this ultimate point, EPS 20 could tolerate 350 kPa of  
360 pressure, EPS 30 showed a resistance of about 513 kPa and for EPS 40, this ultimate resisting pressure was around  
361 857 kPa.

362  
363 It is interesting to compare this result with those of other researchers. For example, Horvath (1994) presented  
364 a diagram for EPS 21 under short term unconfined axial compression loading. The tests were strain controlled at  
365 a rate of 1-20% per minute with 10% per minute as the most common rate. The overall shape of the resulting  
366 diagram is very similar to the diagram for EPS 20 derived from current study, however the values show a  
367 noticeable difference. For instance, the pressure at 80% vertical strain is 340 kPa in the current tests, while it  
368 reaches to about 500 kPa in the mentioned research. A value of approximately 500 kPa is also reported by Bartlett  
369 et al. (2015).

370 Various studies have identified different functions to evaluate elastic modulus and compressive strength of  
371 EPS based on their densities. For example, Duskov (1997) proposed a polynomial function of second order to  
372 relate initial Young's modulus of EPS with its density. Stark et al. (2004) concluded that a linear regression would  
373 be adequate. They have also suggested a linear function for predicting the compressive strength of EPS from its  
374 density. Drawing on the data of Fig. 4, Equations (1 and (2 have been identified respectively to calculate initial  
375 Young's modulus and compressive strength of the EPS blocks.

$$E=102.5 \rho - 1132 \quad (1)$$

$$\sigma_c =800 \rho - 7867 \quad (2)$$

376 Where  $E$  and  $\sigma_c$  are the initial Young's modulus (kPa) and compressive strength (kPa) of EPS and  $\rho$  is density  
377 of EPS block ( $\text{kg/m}^3$ ).

378 The first equation shows a significantly lower initial Young's modulus ( $E$ ) of EPS geofoam than those  
379 presented by Stark et al. (2004), as of  $E=450\rho - 3000$ . Although, it must be noted that the initial Young's modulus  
380 obtained here was under slow loading condition, while those reported by Stark et al. (2004) were measured during  
381 rapid loading condition. Meanwhile, the coefficients of the second equation ( $\sigma_c$ ) are clearly close to the  
382 coefficients of equation introduced by Stark et al. (2004). This indicates that the elastic region of the EPS in the  
383 current study and under this loading rate (1 kPa/s) is more limited compared to those of similar studies. Hence,  
384 the current EPS exhibits a steady transient region from its elastic to its plastic part, while the EPS introduced in  
385 other studies shows a sudden transformation from elastic to plastic behavior. In practice, EPS geofoam is seldom  
386 designed and evaluated by its elastic modulus, nor is it limited to work in its elastic strain range (1%); but rather,  
387 its compressive strength and yield strength (which is also dependent on its compressive strength) are the  
388 determining factors for most applications.

### 389 6.1.2 Cyclic tests results

390 To evaluate and quantify the cyclic response of EPS blocks, the three densities of EPS were tested under two  
391 or three specific cyclic pressures with a repetition of 100 cycles. The intensities of the cyclic pressure were selected  
392 based on the recorded range of pressure values transferred to the top of EPS layer (see section 6.2.3). These values  
393 had been logged by the pressure sensor during the mainstream experiments. The response of each density under  
394 the selected cyclic pressures would this be truly representative of its behavior in the full-scale test; and the  
395 conclusions based on these small scale tests can provide a logical base for interpretation of the overall behavior  
396 of the pavement structure in the full scale tests.

397 Fig. 5 (a) shows hysteresis curves of EPS 20 under cyclic pressure of amplitudes 50, 100 and 150 kPa. It can  
398 be observed that EPS 20 shows a stable cyclic behavior for cyclic pressures up to 100 kPa. When the cyclic  
399 pressure is 50 kPa, EPS 20 does not strain larger than about 2.3% after 100 cycles; when the cyclic pressure is  
400 100 kPa, vertical strain reaches to 4.47%. It should be noted that when the applied pressure is 100 kPa, the value  
401 of strain tends to grow slightly during whole loading procedure, however for 50 kPa, it can be assumed to become  
402 totally stable after the first few cycles of loading. For both 50 and 100 kPa loading, it is clear that the major portion  
403 of permanent deformation occurs during the first cycle and strain does not significantly increase after this point.  
404 When the applied cyclic pressure reaches 150 kPa, EPS 20 turns out to deform very rapidly, such that the vertical

405 strain increases beyond 20%. When loading continued with additional cycles, total and permanent deformations  
406 grew even larger.

407 Comparing Fig. 5a with Fig. 5b, while EPS 20 shows a maximum strain of about 4.5% at the end of 100  
408 repetition of 100 kPa pressure, this value for EPS 30 is less than 3%. This is reasonable as EPS 30 is stiffer and  
409 has a greater yield stress compared to EPS 20. EPS 30 reaches a maximum strain of about 18% after 100 cycles  
410 of 150 kPa, whereas EPS 20 deformed severely after the first cycle at this pressure. EPS 40 was not used  
411 commonly in the cyclic tests, hence only two cyclic pressures were picked to assess its response. Fig. 5c shows  
412 that applying 100 cycles of pressure at 200 kPa will generate only a maximum strain as small as 4.3% in EPS 40  
413 after 100 cycles. For EPS 30, the strain under cycles of this stress is definitely greater than 18% (the value at 150  
414 kPa) according to Fig. 5b. It is also clear that the strain under this cyclic pressure is very stable and does not grow  
415 significantly after the first few cycles of loading.

416 According to Fig. 6**Error! Reference source not found.**a, EPS 20 strains in a stabilizing manner for cyclic  
417 pressures of 50 and 100 kPa, and deforms very rapidly for a cyclic pressure of 150 kPa. Fig **Error! Reference**  
418 **source not found.**b shows that EPS 30 deforms very rapidly under 150 kPa and does not tend to stabilize even  
419 after 100 cycles. This kind of intermediate trend is also expected for EPS 20 between 100 and 150 kPa, which has  
420 not been determined exactly here. When the amplitude of cyclic pressure increased to 250 kPa, EPS 30 also  
421 exhibited a severely unstable behavior and strained up to 28% after the first cycle of loading. These findings  
422 indicate that even though EPS 30 is stronger than EPS 20, it shows a rapidly increasing deformation behavior  
423 under cyclic pressures larger than 100 kPa. Further tests could be planned with pressures between 100 and 150  
424 kPa to find a threshold for EPS 30, but it was not necessary as the main objective of these small-scale tests was  
425 just to obtain an overview about the consequences of using EPS of different densities.

426 Another important parameter to consider would be the resilient modulus ( $M_r$ ) of EPS geofoam alone. **Fig. 7**  
427 displays the resilient modulus of EPS 20, EPS 30 and EPS 40 each subjected to two different intensities of applied  
428 pressure for each EPS density. According to this plot, the resilient modulus of EPS geofoam varies with the  
429 amplitude of applied pressure. Considering the stabilized part of the plots (say after the 10<sup>th</sup> cycle), for EPS 20,  
430  $M_r$  rises from 3.2 to about 4.1 MPa with increasing the applied pressure from 50 to 100 kPa. Increasing the applied  
431 pressure to 150 kPa causes a reduction in the resilient modulus to less than 3 MPa during the initial applied loading  
432 cycles, prior to failure (not shown on the figure). This behavior is in agreement with the trend of behavior observed  
433 in Fig. 5 and Fig. 6 it can be deduced that as long as the applied pressure is below the stable limit of EPS geofoam,  
434 the resilient modulus increases slightly with increase in the applied pressure. With an increase in the applied

435 pressure beyond this limit, an initial increase in modulus appears, followed by the typical steady trend as observed  
436 when subjected to other pressures. In addition, the resilient modulus calculated from cyclic tests is generally  
437 greater than that obtained from static tests and this value (obtained from cyclic tests) can be considered for design  
438 purposes. The inequality of resilient modulus and initial tangent young's modulus resulted observed in these cyclic  
439 tests is in agreement with that reported by [Stark et al. \(2004\)](#). The same observations were also made for the other  
440 two EPS densities – the stable state resilient moduli for the studied deviator stress values for EPS 30 and EPS 40  
441 were 5.5 and 6.5 MPa, and their lower bound moduli were about 2.64 and 5.5 MPa, respectively.

442 To summarize, tests on small samples of EPS reveal that when EPS is subjected to cyclic stresses below a  
443 certain limit, the amount of permanent deformation is very small, and a major portion of this strain or deformation  
444 is resilient. When the cyclic pressure values exceed a certain value (at around the elastic limit), EPS deforms very  
445 rapidly and substantially. This threshold pressure is unique for each EPS density after which the resilient modulus  
446 also starts to decrease. These findings are also in accordance with the ones presented by [Trandafir and Erickson  
\(2012\)](#). According to these outcomes and earlier suggestions in the literature, higher densities of EPS were placed  
447 directly under the soil layer and above lower density fill of EPS, in order to provide protection and act as a load  
448 spreader to reduce pressure and strains in the main part of the embankment (lower-density EPS).

## 450 **6.2 Behavior of EPS-soil backfill**

451 An initial set of tests were performed in the test box to identify the effect of upper soil layer density, intensity  
452 of applied pressure and distribution of stress with depth inside the EPS geofoam body. The tests also allowed the  
453 evaluation of the effects of soil thickness, upper EPS thickness and EPS geofoam density.

### 454 **6.2.1 The influence of backfill soil compaction**

455 First, it is necessary to figure out how the compaction (density) of sand affects its cyclic performance. To  
456 this end and for the sake of comparability with installations containing EPS, it was preferred to conduct large-  
457 scale plate load tests (Test Series 1 in [Table 4](#)). For this purpose, soil was placed and compacted in 12 lifts of 100  
458 mm height to reach a total elevation of 1200 mm.

459 As will be shown in the succeeding sections, the maximum compaction of a 300 to 400 mm soil cover placed  
460 over EPS blocks will not produce a dry density higher than  $18.7 \text{ kN/m}^3$  (corresponding to 92% of maximum dry  
461 density) for 600 to 700 mm thickness, this value can reach up to  $19.6 \text{ kN/m}^3$  (corresponding to 96% of maximum  
462 dry density). To achieve a similar dry density for the soil alone, several in situ density tests were performed with  
463 various amount of compaction energy to determine appropriate compaction method of the sand alone. It was found

464 out that only approximately half as many passes of the compactor were needed for the soil-only lifts to achieve  
465 an equal dry density as when the soil was placed over geofoam blocks.

466 **Fig. 8** compares hysteresis curves and settlement of loading surface for the two dry densities described in the  
467 previous paragraph. After applying 100 cycles of 275 kPa cyclic pressure, the surface settlement for 18.7 kN/m<sup>3</sup>  
468 and 19.6 kN/m<sup>3</sup> cases are about 2 mm and 1.7 mm, respectively. Subsequent application of 400 cycles with 550  
469 kPa amplitude results in a maximum settlement of 6.6 mm and 3.1 mm for these densities, respectively. Although,  
470 the reduction of settlement by increasing dry density for low amplitude cyclic pressure is only 15%, this decrease  
471 is about 53% for high amplitude load. Consequently, application of a higher compaction energy to attain the  
472 maximum dry density can be assumed trivial in many, but not all, circumstances. Depending on the loading that  
473 the pavement will carry, special attention to compaction may have to be paid, in order to assure adequate  
474 performance.

475 To investigate this phenomenon in detail, it is also useful to determine the stress values in the soil as shown  
476 in **Fig. 8c**. For the sake of comparability with the future tests, a pressure cell was placed at depth of 400 mm in the  
477 backfill soil. When the cyclic applied pressure is 275 kPa, the measured pressure is almost identical for both dry  
478 densities, ranging between 40 and 50 kPa. By increasing the applied pressure to 550 kPa, a substantial difference  
479 shows up in the pressure levels transferred to the depth of 400 mm: the peak value of transferred pressure for  
480 lower density and higher density cases were 140 and 80 kPa, respectively. These differences in stress distribution  
481 as a function of density and load level are best understood in terms of modulus dependency on stress level. When  
482 there is insufficient compaction and sufficient stress so that plastic deformation occurs, then modulus is low, stress  
483 is less efficiently distributed and higher peak stress levels are felt vertically beneath the load.

484 Accordingly, for the 550 kPa stage, the stabilized resilient modulus calculated from tests (as [Christopher et](#)  
485 [al., 2006](#)) were approximately 270 and 230 MPa for higher and lower compaction cases, respectively, and were  
486 slightly lower for the 275 kPa applied pressure. These stress-dependent values are comparable to those of typical  
487 quarry material and, lower than those of recycled concrete aggregate (e.g. [Arulrajah et al., 2013](#)).

## 488 **6.2.2 The influence of applied pressure amplitude**

489 Test Series 2 and 3 aim to identify the effect of loading amplitude on settlements of the surface of pavements  
490 including EPS and to determine the pressure transferred to the upper EPS layer. A typical soil thickness of 400  
491 mm was used in this Test Series ([Swedish standard, 1987](#); [Norwegian standard, 1992](#)). The thicknesses of upper  
492 and bottom EPS layers were selected as 200 mm and 600 mm with densities of 30 and 20 kg/m<sup>3</sup>, respectively.  
493 Each layer of soil above the EPS was compacted to its maximum achievable compaction (18.7~19.6 kN/m<sup>3</sup>). The

494 test was performed with load amplitudes of 400 and 800 kPa, which are the pressure amplitudes that might be  
495 applied to the pavement surface (of unpaved roads). The other pressure amplitudes were 275 and 550 kPa  
496 representing reduced pressure values anticipated on the soil beneath the asphalt cover layer in a paved road.

497 Fig. 9a and b illustrate the hysteresis curves for the specified tests. It indicates that while the reduced load  
498 (275 and 550 kPa) can hardly produce a settlement larger than 25 mm in the loading surface after a total of 500  
499 loading cycles, the original pressure (400 and 800 kPa) can trigger up to 70 mm settlement in the loading surface  
500 after applying only 200 load cycles. The test was terminated at this surface settlement so as to prevent excessive  
501 settlement and possible damage to the pressure cell.

502 Fig. 9c depicts the value of transferred pressure on the first layer of EPS. When the applied pressure is 550  
503 kPa, the transferred pressure is about 120 kPa which is perhaps below the limit of unstable permanent deformation  
504 of the EPS 30 as shown in Fig. 5b. For 800 kPa, the conveyed pressure is larger than 200 kPa, which is well beyond  
505 the 150 kPa limit of instability for EPS 30. As the cyclic tests on EPS samples showed, when the applied pressure  
506 over geofoam becomes excessive, the EPS very rapidly exhibits large strains with a slight increase in the pressure.  
507 Furthermore, as shown earlier in this section, the soil may not then be capable of spreading the applied load so  
508 effectively, transferring it to the EPS.

509 Variation of resilient modulus for soil and EPS geofoam was investigated separately in the previous sections.  
510 To observe the resilient modulus under the combined effect of soil and EPS geofoam, Fig. 9d should be viewed.  
511 During application of 400 kPa cyclic pressure (400kPa for 100 cycles then 800 kPa loading scenario)  $M_r$  stabilized  
512 at 13 MPa but then decreased to ~10 MPa under the subsequent cyclic pressure of 800 kPa until failure happened.  
513 This particular level of resilient modulus corresponds to a very short service life for the pavement, unless proper  
514 base and subbase courses are considered above them. The other loading scenario (275kPa for 100 cycles then 550  
515 kPa) exhibits a better behavior, with a resilient modulus 27 and 17 MPa during the lower and higher applied  
516 pressures, respectively. While separate examination of the EPS 30 and the soil yielded resilient moduli of the  
517 order of 5 MPa and 200 MPa for them respectively, the combined assembly of these two materials has resulted in  
518 resilient moduli of 17 and 27 MPa at the two loading pressures. The reason for such low resilient modulus of the  
519 composite pavement system is the inability of EPS geofoam to provide sufficient support for the 400 mm soil  
520 above it, preventing mobilization of adequate confining pressure that would otherwise enable higher resilient  
521 moduli in the soil (Duskov, 1997).

522 Thus, using EPS geofoam for roads requires the designer to limit the pressure transferred to the EPS layer  
523 so as to keep the deformations of the pavement surface in a tolerable range. For unpaved systems, this implies a

524 substantial increase in thickness of soil layer above the EPS blocks and paying attention to the density of the  
525 compacted soil. Of course, this may introduce undesirable increases in dead load and/or in construction time. For  
526 paved roads on the other hand, an asphalt layer with a typical thickness of 50 mm would deliver a definite  
527 improvement (reduction) in deformation of the system and in the pressure imposed on the EPS (46% in this study  
528 based on Fig. 9c). In most cases, a thicker asphalt layer might be used with even greater reduction in the pressure  
529 value.

### 530 **6.2.3 Variation of pressure with depth in EPS layers**

531 Four confirmatory tests were carried out to guarantee that the pressure transmitted to the bottom of the box  
532 is negligible (Test Series 3 from Table 4). Similar to Section 6.2.2., the tests were performed on 400 mm of soil  
533 cover placed over four layers of EPS geofoam blocks, each with a thickness of 200 mm. The density of the  
534 uppermost EPS layer was 30 kg/m<sup>3</sup> (EPS 30) and the remaining layers were formed of EPS 20 (density of 20  
535 kg/m<sup>3</sup>). The pressure sensor was placed on the top of the top EPS layer and between the EPS layers. In this Test  
536 Series, 100 cycles of 275 kPa were followed by 400 cycles of 550 kPa load applied to loading surface. The  
537 condition and parameters' values for all of the above tests (except the location of pressure cell) were the same. As  
538 the surface settlements were closely replicated for the all the tests (regardless of depth of the pressure cell) only  
539 the surface settlement of the test with the pressure cell at a depth of 40 mm is shown in Fig. 9.

540 Fig. 10 shows the variation of vertical pressure with depth below the loading surface. At the boundary of the  
541 soil and the first layer of the EPS (at a depth of 400 mm), the maximum pressure is about 122 kPa, about 22% of  
542 the applied surface pressure of 550 kPa. Under the first layer of EPS geofoam (at a depth of 600 mm), the pressure  
543 drops to about 15% of the surface loading pressure, a further 37% reduction from its value at the top of the EPS  
544 30 (400mm above). By a depth of 800 mm, the pressure is only 7% of the surface pressure (a 56% decrease over  
545 the last 200mm thickness of EPS) and by a depth of 1000 mm, the stress is only 4% of the surface pressure having  
546 reduced to 18 kPa (a 47% reduction across the EPS). The role of the soil in providing the initial stress distribution  
547 is, thus, apparent. At the bottom of the box, the pressure is about 15 kPa, compared to 18kPa at the top of the  
548 lowest EPS layer – i.e. the bottom EPS layer doesn't achieve much load spreading and, at such a low stress level,  
549 won't compress much (c 1.38 mm using the EPS results presented earlier). This confirms the adequacy of the  
550 box's vertical dimensions.

551 Yet, it appears that EPS geofoam transfers pressure vertically rather than horizontally. This can be explained  
552 in terms of the low Poisson's ratio and non-particulate structure of this material. Granular material such as soil  
553 can effectively redistribute pressure in the horizontal direction due to interlocking of the particles, while geofoam

554 bubbles are compressive and tending not to expand laterally and, thus, cannot appropriately transfer the pressure  
555 in the horizontal direction. Because of this characteristic, EPS geofam undergoes very little or even zero lateral  
556 expansion (or even contraction due to bubble collapse) when subjected to deviator compressive pressure and  
557 induces significantly lower lateral pressures than normal earth pressures (Wong & Leo, 2006).

#### 558 **6.2.4 Combined effect of soil and upper EPS layers' thickness**

559 Test Series 4 (see Table 4) was arranged so as to study the influence of variation in the soil and upper EPS  
560 layer thicknesses on the settlement of the loading surface and the pressure transferred through the soil and the top  
561 EPS layer. A layer of low density EPS (here 400 mm of EPS 20) was placed at the bottom of test pit and the  
562 remaining part of the pavement was filled with a high density EPS (here EPS 30) and a layer of soil. The thickness  
563 of the soil layer ( $h_s$ ) and thickness of the upper EPS layer ( $h_{gt}$ ) were varied within a total constant, thickness, of  
564 800 mm.

565 Fig. 11a displays total (peak) and residual deformations of the loading surface for different values of  $h_s$  and  
566  $h_{gt}$  under 100 cycles of 275 kPa followed by 400 repetitions of 550kPa. The figure indicates that when  $h_s$  is lower  
567 than 300 mm, the pavement will undergo severe settlement after just 150 cycles. At this point, total settlement  
568 rises to 68.5 mm and the amount of permanent (residual) settlement is 52.5 mm (Fig. 11b). For larger values of  $h_s$ ,  
569 this rapid and unstable growth in total and permanent deformation are not observed and the pavement behaves  
570 predictably for 500 load cycles. However, the degree of stability and rate of increase in total and permanent  
571 settlements is not similar among them. Although the increase in rate of deformation is negligible for  $h_s=700$  mm,  
572 the remaining cases show an increase in the deformation during cyclic load application. If  $h_s$  is smaller than 400  
573 mm, the pavement deformation will certainly pass 25 mm, a typical maximum allowable rutting at the surface of  
574 a low volume road (Qiu et al., 2000). On the other hand and as shown in Fig. 11b, a maximum rut depth of 50 mm  
575 for low volume roads and 30 mm for major roads is suggested by AASHTO T 221-90, criteria that would be met  
576 for low volume roads so long as  $h_s \geq 300$ mm whereas  $h_s \geq 400$ mm might be needed for major roads at larger numbers  
577 of cycles.

578 An extended clarification can be obtained by reviewing the pressure variation over the upper layer EPS  
579 blocks. According to Fig. 11c, for  $h_s=600$  mm and  $h_s=700$  mm, the peak pressures applied to the upper EPS layer  
580 are about 64 kPa and 37 kPa, respectively. These values are well below 100 kPa which was found as a potential  
581 upper limit for stabilized behavior of EPS 30 (Fig. 5b or Fig. 6Error! Reference source not found.b). When the  
582 pressure transferred to the EPS is around or higher than 100 kPa (in the case of  $h_s \leq 400$  mm), EPS can be expected  
583 to deform at a very rapid rate, based on the earlier tests performed on the EPS specimens. Thus, from a pressure

584 point of view, Fig 11c confirms that a soil thickness of >400 mm can be desirable in order to limit large EPS  
585 deformation under a surface stress of 550 kPa.

586 The effect of the soil and upper EPS layer on the resilient modulus is presented in Fig. 11d. As expected  
587 according to this plot, with increasing soil thickness, the resilient modulus increases. When the pavement is  
588 subjected to the first 100 cycles of 275 kPa pressure, the resilient moduli for  $h_s=700, 600, 400, 300$  and  $200$  mm  
589 are 115, 80, 40, 27 and 13 MPa, respectively. During the second loading stage (550 kPa applied pressure), the  
590 corresponding resilient moduli decrease to 50, 30, 21, 17 and 7 MPa, respectively. While a designer might find  
591  $h_s \geq 300$  mm and its corresponding resilient modulus appropriate for a subgrade subjected to the lower pressure  
592 (20.7 MPa as of Christopher et al., 2006), a soil thickness of at least 600 mm might be required to satisfy typical  
593 requirements for resilient modulus of subgrade. According to this approach, the EPS geofoam must be used when  
594 the natural ground is extremely weak, otherwise in cases with sufficient strength of subgrade, EPS geofoam must  
595 be evaluated against other possible alternatives, such as bridges or soil improvement methods (Izevbekhai &  
596 Pederson, 2011).

597 Although AASHTO 1993 recommended a lower limit for the resilient modulus of the subgrade, no such  
598 criterion is required by the mechanistic-empirical (MEPDG 2008) approach – it simply considers various cracks  
599 types and ruts as performance indicators. Nevertheless, Boone (2013) examined the effect of several factors  
600 including resilient modulus on the distress response of the pavement in the Ontario area and warned that base  
601 resilient modulus and subgrade resilient modulus are among several distress indicator factors that would impact  
602 bottom-up fatigue cracking and top-down fatigue cracking, respectively. So in terms of resilient modulus, the  
603 compacted soil and EPS 30 layers of 400 and 200 mm thicknesses, respectively, placed over EPS 20, require a  
604 thicker asphalt layer (thicker than 50 mm of 2.5 GPa asphalt layer) in order to prevent premature failure.  
605 Otherwise, only lighter trucks should be allowed to pass, or the service life will drop significantly.

606 To summarize the influence of soil thickness and the relating mechanisms on the pavement settlement,  
607 ultimate values of peak and residual settlements of the loading surface are compared for different values of soil  
608 thickness in Fig. 12. When the lower pressure of 275 kPa is applied to the loading surface, the variation of maximum  
609 settlement does not change significantly, and it is negligible when  $h_s$  is below 400 mm. It is also clear that the  
610 peak and residual deformations are very close at this point, meaning that the majority of deformation is  
611 recoverable. For a cyclic load of 550 kPa, a noticeable variation in the peak and residual deformations can be  
612 perceived with respect to  $h_s$  and the difference between peak and residual deformations is clear.

613 Based on the peak settlement profile of loading surface shown in Fig. 13, the maximum peak deformation of  
614 the loading surface was 75 mm for the soil layer thickness of 200 mm and the deformation for the other thicknesses  
615 of soil are, evidently, much lower. It is commonly expected that the area of soil deforming would increase with  
616 increase in depth of settlement due to the extension of the failure surface in the soil and/or the beam-type deflection  
617 of an upper foundation layer. However, in these tests, the deformation 'bowl' hardly extends beyond the edge of  
618 the loading plate for any soil thickness (Fig. 13). This indicates a punching mechanism under the loading plate for  
619 the pavements constructed on soil-over-EPS layers. Previous research (Ossa & Romo, 2009; Lingwall, 2011) have  
620 demonstrated that EPS geofoam shows a very small negative Poisson's ratio in its elastic region and a negative  
621 dilation angle in its plastic region. Ossa & Romo (2009) described that when the foam is compressed in three  
622 dimensions, the cellular volumes of air bubbles destruct and the internal structure of the foam buckles, resulting  
623 in lateral contraction of the material. This phenomenon leads to decrease in the strength of EPS with increase in  
624 the confining pressure and causes the material to deform in a punching manner. Therefore, it might be expected  
625 that EPS geofoam will not obey the rules of common analytical methods (at least in part), as will be discussed  
626 further in Section 7.

627 The larger surface settlements occurring for lower thicknesses of soil cover over the EPS layers are not  
628 exclusively a consequence of the thinner soil layers, but also due to the lower stiffnesses of those soil layers. As  
629 reported earlier, when the thickness is <400mm, the dry density of the soil reached a maximum value of 18.7  
630 kN/m<sup>3</sup>, whereas for 600~700 mm soil, the soil can be compacted to a dry density of 19.6 kN/m<sup>3</sup>. This is related  
631 to the low mass and stiffness of EPS geofoam which does not provide an adequate base on which the soil mass  
632 can be compacted. Lower stiffness is expected to be associated with this lower compaction thus achieving less  
633 load spreading and, hence, greater stress and settlements than would otherwise have been the case will be  
634 experienced immediately beneath the load.

### 635 **6.2.5 Combined effect of upper and bottom EPS layers' thickness**

636 In this section, the results of Test Series 5 are described. As discussed previously, a slight reduction in EPS  
637 usage can make a significant reduction in the cost of a highway project. Also, the cost effectiveness of an EPS  
638 backfill would be significantly affected by the thickness of the upper, higher density, EPS layer. In addition, if the  
639 thickness of such an upper EPS layer is too small, the safety of the pavement structure might be endangered due  
640 to out-of-specification deformations in the pavement. Hence, the optimum thickness of a high-density, upper, EPS  
641 layer has to be specified correctly.

642 **Fig. 14** illustrates the results of experiments on sections with different values of  $h_{gt}$  and  $h_{gb}$ . In part (a) of this  
643 diagram, it is clear that when  $h_{gt}$  is 100 mm, settlement of the loading surface increases rapidly. It was observed  
644 that the upper EPS layer broke into two parts after the test, which can be supposed as the main reason for this  
645 dramatic increase in surface settlement in this test. However, it seems that rupture of the EPS block has not  
646 happened instantly after only a few cycles of loading, rather it happened gradually during loading. Observations  
647 from other tests suggest that when EPS blocks bend too much, invisible or very small cracks are generated in the  
648 tension region of the block (in this case, the bottom of the block), then the cracks develop under subsequent  
649 loading cycles and, eventually, the block ruptures fully or partially. For thicker blocks however, the height of the  
650 section and its moment of inertia increases. This action helps to reduce tensile stress at the bottom of the upper  
651 EPS block and, hence, will extend its bending resistance to more repetitions of loading.

652 **Fig. 14b** displays peak settlements extracted after 500 repetitions of low and high intensity pressures (it is  
653 extracted at load cycle of 150 for the case of  $h_{gt}=100$  mm and  $h_{gb}=700$  mm due to that test's early failure). When  
654  $h_{gt}$  is less than 200 mm, peak surface settlement has increased to 57 mm. When  $h_{gt}$  is equal to or greater than 200  
655 mm (200 mm to 600 mm), peak value of surface settlement remains between 17.4 mm to 23.7 mm, with very  
656 small variation, and a large drop from the settlement corresponding to  $h_{gt}=100$  mm. Thus  $h_{gt}=200$  mm is  
657 approximately a minimum value for the upper EPS layer under this loading. Thickness values of the upper EPS  
658 layer larger than 200mm would increase construction costs without delivering noticeable benefit in the reduction  
659 of settlements.

660

#### 661 **6.2.6 Effect of EPS density (EPS stiffness)**

662 The influence of EPS density on the permanent deformation was explored in Test Series 6. With this aim,  
663 the density of EPS in both the upper and lower layers was changed and the cyclic plate load test was repeated for  
664 each section. Values of  $h_s$ ,  $h_{gt}$  and  $h_{gb}$  were kept equal to 400, 200 and 600 mm, respectively. Based on **Fig. 15**, the  
665 amplitude of settlement in the loading surface are stabilized below 6 mm after application of several cycles of low  
666 amplitude pressure for all cases.

667 For the higher amplitude of applied pressure, the settlement of the loading surface rises but stabilizes quickly  
668 when the density of upper and bottom EPS layers are 40 kg/m<sup>3</sup> and 40 kg/m<sup>3</sup> or 30 kg/m<sup>3</sup> and 30 kg/m<sup>3</sup>,  
669 respectively. For 40-40, maximum settlement was limited to 9.6 mm and for 30-30, this value was about 11.4 mm  
670 at the end of tests. The settlements for these two cases are significantly lower than those of EPS 30 over EPS 20.  
671 Therefore, the lower stiffness of EPS 20 is implicated as the cause of larger settlements induced in the pavement

672 surface. As discussed previously, the initial resilient modulus of EPS 20 is about 3~4 MPa, which means that most  
673 of such EPS enters its plastic region and deforms excessively compared to EPS 30 and EPS 40 at similar depths.  
674 However, such deformation is localized and limited to a small horizontal surface of EPS and could be reduced if  
675 proper load distribution mechanisms are used. EPS 20 over EPS 20 shows extreme deformation after a limited  
676 number of pressure application and is not suitable at all.

## 677 **7 Discussion of results**

678 The following concluding remarks result from the specific EPS geofoam and the properties of soil used for  
679 the tests. If the condition of the real project varies from these, the performance of pavements might vary depending  
680 on the materials and preparation procedure. In general, for the tested loading amplitudes of 275 and 550 kPa, the  
681 soil layer placed over EPS blocks should not be selected thinner than 400 mm in order to prevent excessive  
682 permanent deformation, or less than 400 and 600 mm in order to maintain adequate resilient modulus support for  
683 the higher layers under 275 and 550 kPa pressures, respectively. Nevertheless, soil thicknesses of 400 and 600  
684 mm can be selected as appropriate lower and upper bounds, as the mechanistic-empirical approach has not limited  
685 the resilient modulus.

686 For the experiments reported above, when the thickness of soil layer is less than 400 mm, the transferred  
687 pressure on top of EPS layers increased beyond the safe stress limit of EPS 30, which resulted in progressive  
688 increase in the strain of EPS layer. Therefore, the shear strain in the soil above the blocks increased until the soil  
689 failed in punching.

690 The thickness of the upper EPS layer is also influential and should not be lower 200 mm when the soil  
691 thickness is 400 mm, as the EPS block will rupture and cannot bear further pressure. The tensile strains start to  
692 grow in the soil layer above the cracked zone of EPS blocks, which results in shear or tensile failure of the whole  
693 soil layer, leading the pavement to undergo severe deformations at its surface. Therefore, the thickness of the  
694 upper EPS layer with a density of 30 kg/m<sup>3</sup> (the denser EPS) could be limited to as little as 200 mm, with a  
695 minimum covering soil thickness of 400 mm. Large thickness is not required for the upper EPS layer, as the  
696 further improvement in performance of pavement is small compared to the increase in cost of the project.  
697 Increasing the density of the bottom EPS layer significantly reduces rut depths (although, for the cases  
698 investigated, the rut would already be acceptable, before this increase), but is not recommended due to the extreme  
699 increase in project cost.

700 To summarize, a properly compacted layer of soil of thickness 400 mm placed above an upper EPS layer  
701 with a density of 30 kg/m<sup>3</sup> and a minimum thickness of 200 mm, in its turn placed on a bottom layer of EPS with

702 a density 20 kg/m<sup>3</sup>, would satisfy the range of settlements or rut depths for “low volume” and “major” roads (30  
703 mm and 50 mm, respectively), as dictated by [AASHTO T 221-90](#).

704 Given that the experiments could only investigate a few of the many possible scenarios of use, the  
705 distribution of pressure in EPS layers and the likely settlement of the pavement surface, was investigated using  
706 simple analytical methods based on elasticity theory. Linear and nonlinear methods based on Burmister’s layered  
707 theory, as implemented in the KENPAVE software, are available for such a purpose ([Huang, 1993](#)). While a major  
708 part of the current test results (specifically those under cyclic pressure of 550 kPa) are plastic in nature, the results  
709 obtained for lower cyclic pressure (275 kPa) can be assumed as linear or nonlinear elastic, especially in the first  
710 cycle of loading – and it is elastic behavior that is required in a satisfactory installation. Therefore, an elastic  
711 analysis should be able to define the arrangements that deliver the limiting acceptable stresses for practical  
712 application although it would be incapable of predicting stresses and strains beyond this limit.

713 In both linear and non-linear methods, it is required to estimate the resilient modulus (or initial resilient  
714 modulus in the case of nonlinear method) of soil using the results of test performed on the soil alone. Simulation  
715 of the first cycle of loading of the test described in Section 6.2.1 using the linear method of KENPAVE gave a  
716 modulus of about 55 MPa for the soil alone. Moduli of upper and bottom EPS materials were equal to 2.16 and  
717 0.81 MPa (see Section 6.1.1). These values were doubled based on the results of the study by [Negussey \(2007\)](#),  
718 so as to obtain reasonable results. Therefore, these values can represent an equivalent elastic medium and provide  
719 an approximate implementation of the real system.

720 Using the nonlinear method in KENPAVE, a better estimation might be achievable. In this method, soil  
721 resilient modulus is related to the first stress invariant using a simple equation as ([Huang, 1993](#)):

$$E=K_1 \theta^{K_2} \tag{3}$$

722 where  $\theta$  is the first stress invariant and  $K_1$  and  $K_2$  are calibration factors obtained from experiments.

723 According to the observation reported by [Uzan \(1985\)](#), modulus for a soil should decrease with increase in  
724 the first stress invariant,  $\theta$ , therefore  $K_2$  will be negative. This approach was also adopted for EPS geofam at  
725 subsequent layer and by the use of proper calibration factors shown in **Table 5**, the desired results were obtained.

726 The results for both the linear and nonlinear analyses, compared with the values measured in the experiments,  
727 are shown in **Table 6**. As shown in this table, the linear analysis gave a surface deflection of 2.5 mm and the  
728 pressures at depths of 400 mm and 600 mm were equal to 14.9 kPa and 7.5 kPa, respectively. The variation from  
729 the experimentally measured value is -38% in the case of surface settlement and equal to -55% to -66% for the  
730 transferred pressures. Using the nonlinear method, the surface settlement was calculated as 3.8 mm (-5 %

731 deviation) and the pressures at depths of 400 mm and 600 mm were 38 kPa (+15% deviation) and 11.4 kPa (-22%  
732 deviation).

733 Comparison of different methods for calculation of transferred pressure at different layers of EPS is also  
734 depicted in Fig. 17. Although Boussinesq provides reasonable estimates of stress for depths greater than 400 mm,  
735 its result is far from the measured value at a depth of 400 mm (a +49% deviation). KENPAVE linear significantly  
736 underestimated results whereas the nonlinear method already gives a much closer match from a general point of  
737 view. Overall, it is clear that a simple linear analysis is inadequate for such a pavement system and further studies  
738 including model tests or high accuracy nonlinear analysis might be needed to determine deflections and pressure  
739 with higher reliability. For the full range of depths, the KENPAVE nonlinear method gives the most accurate  
740 result of those evaluated.

741 Fig. 17a shows the effect of variation in initial soil resilient modulus (using the KENPAVE nonlinear  
742 method) on the pressure transferred to the surface of upper EPS layer, considering both EPS 30 and EPS 20 as the  
743 top layer. In this figure, the horizontal dashed lines indicate approximate threshold stress for stable response of  
744 EPS 30 and EPS 20 obtained from cubic sample tests. These values from tests were about 100 kPa and 50 kPa  
745 which were halved to provide a safety factor against unstable response of EPS geofoam. The measured point from  
746 the tests (Section 6.2.3) is close to the obtained curves, so the somewhat crude KENLAYER analysis may be  
747 useful. The figure shows that, with the EPS30, a soil with a modulus of less than 25 MPa (the vertical dashed  
748 arrow on Fig. 17a) can't be used as the stress at the top of the EPS would be too large for that EPS, i.e. > 50kPa.  
749 With EPS20 as the upper layer (the total height composed of EPS20), none of the soil moduli deliver a safe stress  
750 when the soil thickness is 400 mm. This EPS density must be avoided from application as upper EPS layer.  
751 However, it must be remembered that the tolerable stress margins were halved. If the real stress margin (50 kPa)  
752 for EPS 20 is considered, soil with  $K_1 > 30$  MPa could be considered as acceptable, which is in agreement with the  
753 test results (see 6.2.6).

754 This approach could be easily repeated for other moduli and thicknesses of soil and EPS and for other  
755 loadings to determine the amount and quality of soil cover that is needed. To this aim, a sensitivity analysis on  
756 the effect of applied pressure, soil and upper EPS layers' thicknesses and upper and bottom EPS thicknesses  
757 analysis was performed. Fig. 17b depicts the effect of loading intensity on the transferred pressure to the upper  
758 EPS layer with considering different  $K_1$  values. The thickness of soil, upper EPS layer and bottom EPS layers  
759 were 400 mm, 200 mm and 600 mm, respectively and either EPS20 or EPS30 were used in the upper EPS layer.  
760 The figure indicates that for the applied pressure up to 275 kPa, all of the investigated cases are acceptable when

761 EPS 30 is placed as the upper EPS layer. As  $K_1$  values are increased, the pressure transferred onto the EPS layers'  
762 decreases. For instance, when EPS 30 forms the upper layer, the maximum allowable applied pressure for  $K_1=20$ ,  
763 40 and 60 MPa would be about 250 kPa, 310 kPa and 360 kPa, respectively. As before, using EPS 20 as the top  
764 layer failed to deliver acceptable behavior over the full range of applied pressure amplitudes.

765 The combined effect of soil and upper EPS layer is shown in **Fig. 17c**. The trend in the variation of the  
766 intensity of transferred pressure onto the upper EPS layer varies with the variation in soil stiffness ( $K_1$ ) and soil  
767 thickness. As a general understanding, a low value of soil stiffness (e.g.  $K_1=20$  MPa) must be avoided. For higher  
768 values of  $K_1$  though, a slight increase in the applied pressure can be observed at a depth of 400mm (i.e. poorer  
769 load spreading) with increase in soil thickness relative to upper EPS layer. **Fig. 17d** displays the effect of upper  
770 and bottom EPS layers thicknesses while the thickness of soil was kept constant and equal to 400 mm. It can be  
771 seen that, when the thickness of upper EPS layer increase relative to the thickness of bottom EPS layer, the  
772 pressure slightly increases and remains constant beyond an EPS thickness of around 400mm.

773 The above discussion implies that for the specific kind of soil and EPS geofoam (or any similar material)  
774 used in this study, a rutting and transferred stress evaluation can be made of the effect of several factors, including  
775 soil and upper EPS layer thicknesses, density of EPS forming the top and bottom layers and applied surface  
776 pressure. A significant variation from the mentioned material characteristics might alter the predictions in a  
777 unfavorable way and hence, the application of the results must be extended with great care. Further investigation  
778 is certainly needed to discover some of the remaining issues including:

- 779
- a more rigorous characterization of the EPS's installed, as opposed to in-isolation, properties;
  - 780 • the effect of the different potential EPS materials on the compaction of the covering soil layer,
  - 781 • the stress distribution and the mechanism of possible failure at different amplitudes of cyclic  
782 pressure.

783 Nevertheless, the results of this study bring deeper insight regarding the performance of pavements including EPS  
784 geofoam and improve our appreciation of the EPS-soil-load interaction effects. They show that the soil and upper  
785 EPS layer need to be considered together to ensure that the stress passed down from traffic through the soil to the  
786 EPS can be reduced to tolerable levels (i.e. sufficiently small to avoid EPS failure). Fig 16c suggests that, other  
787 than for light trucks, bound pavement layers will be required, perhaps with a very deliberate load spreading  
788 strategy if heavy truck loading is to be used and the weight benefit of EPS is to be obtained over a significant  
789 height of the embankment. Otherwise there will be need for substantial thicknesses of covering soil (which

790 opposes the purpose of using EPS) or high stress capacity EPS geof foam (with much greater load competency than  
791 EPS30).

## 792 **8 Summary and conclusion**

793 Several methods are available to reduce the dead load of road embankments and their consequent settlements  
794 over weak grounds. Among them, EPS has the additional advantage of its extremely light weight, which leads to  
795 much faster construction. However, further study and investigation regarding some of the details about EPS  
796 geof foam backfills is required in order to cover current knowledge gaps. Such studies will also aid the development  
797 of appropriate standards for the design and building of EPS geof foam embankments.

798 In the research reported here, several factors were studied in order to gain a deeper understanding about their  
799 response to loading. Cubic samples of EPS geof foam were first tested under uniaxial static and cyclic loading  
800 conditions in order to evaluate the behavior of that component alone. For soil, cyclic plate load tests were  
801 performed with surface settlements and vertical pressure inside a model embankment being recorded. The  
802 following results are highlighted:

- 803 (1) The engineering properties of EPS of relevance can be expected to vary with supplier, EPS density and  
804 application. Therefore, the properties of the actual material to be used should be determined, as far as  
805 possible in the manner it is to be applied. For example, the Elastic moduli of EPS from static tests in this  
806 study are a lower compared to those of some the previous studies, while their compressive strength shows  
807 a good match with prior research.
- 808 (2) The static Elastic moduli of EPS and its cyclic Resilient moduli do not agree. For EPS 20, 30 and 40  
809 studied, the static Elastic moduli (at 1% strain) of the three EPS qualities were 0.81, 2.16 and 2.86 MPa,  
810 while their stabilized cyclic Resilient moduli were 4.1, 5.5 and 6.5 MPa (at 100, 100 and 200 kPa load  
811 levels), respectively. Therefore, under the stabilized condition of cyclic loading application, the resilient  
812 modulus of EPS has increase 89%, 154%, 127% for EPS 20, 30 and 40, respectively. As a general  
813 observation, it can be said that the cyclic resilient moduli of EPS geof foam can be doubled compared to  
814 their static elastic moduli.
- 815 (3) The amount of EPS's cyclic Resilient moduli depends on the amplitude of the applied pressure. With  
816 increase in the applied pressure, resilient moduli slightly increase until the onset of non-stabilizing  
817 behavior. At this point, the amount of resilient modulus starts to drop. For EPS 20 in this study, with  
818 increase in the applied pressure from 50 to 100 kPa, its resilient modulus increased from 3.2 to 4.2 MPa  
819 and then decreased to less than 3 MPa with further increase in the amount of applied pressure. The

820 Resilient modulus of EPS 30 dropped from 5.5 to 2.64 MPa when increasing the applied pressure from  
821 100 to 150 MPa.

822 (4) Compactibility of soil layers overlying EPS blocks depends on the proximity of the two materials. For a  
823 thickness of 300~400 mm of soil layer placed over EPS geofom blocks, the maximum dry density of  
824 soil might be around 5% less than it would be in a layer around 600~700 mm thick. Along with this, the  
825 resilient modulus of the thinner soil layer above the EPS blocks can be 15% lower compared to its value  
826 in thicker soil.

827 (5) If an unpaved road consisting of EPS layers is subjected to the cyclic loading of heavy trucks (800 kPa),  
828 deep ruts will certainly occur on the pavement surface and the operational life of the pavement will  
829 considerably decrease due to punching failure in the soil as a consequence of crushing of the EPS.  
830 However, the additional load transfers likely to be achieved by providing a bound, sealed surface, can be  
831 expected to reduce the stress in the soil and on top of the EPS to a level where the system can tolerate a  
832 large number of load repetitions.

833 (6) The Resilient modulus of the composite system comprising soil and EPS layers depends on the thickness  
834 of the soil layer and the loading intensity. While the resilient modulus of the studied soil and the EPS  
835 geofom are of the order of 200 and 5 MPa respectively, for a pavement consisting of 400 mm soil placed  
836 on subsequent layers of EPS 30 and EPS 20, the resilient moduli varies between 10 and 27 MPa for an  
837 applied pressures of 800 to 275 kPa.

838 (7) The pressures likely to be applied by a light truck (c275 kPa) induced a peak rut depth of 10 mm on the  
839 pavement surface and is insufficient to produce large ruts on the surface of a pavement that includes EPS  
840 geofom. However, pressure from the tires of a heavy truck (c550 kPa) applied on pavement with 600  
841 mm soil thickness are likely to generate up to 27 mm rut after 500 applications, which is due to internal  
842 stresses that exceed tolerable limits.

843 (8) The thickness of the soil layer covering the EPS geofom bed is a key factor affecting the value of  
844 settlements experienced at the loading surface. The compaction (and, hence, the shear strength) of soil  
845 placed on the EPS backfill is dependent on the thickness of soil layer placed on the top of EPS geofom.  
846 Therefore, the value of  $h_s$  affect the settlements in a duplicated way including the “thickness” itself and  
847 the achievable “compaction”. For example, when  $h_s$  is equal to 200 mm, the pavement surface deforms  
848 excessively under heavy truck load and cannot resist a large number of pressure applications.

849 (9) In order to find an optimum thickness for soil and upper EPS layer (a cost effective and time saving  
850 solution),  $h_s$  and  $h_{gt}$  were varied in a way that their total value was kept constant. For a medium thickness  
851 of soil ( $h_s=300\text{mm}$ ) the surface deformation after 500 cycles of load reduced by 14, 41 and 65% as the  
852 soil thickness was increased by 33, 100 and 133%, therefore optimizing soil thickness is critical. The  
853 desired value can be selected based on the design priorities and economic factors. For all of the cases,  
854 the residual (plastic) surface settlement was about 78% of the total settlement.

855 (10) As denser, more load resistant, EPS geofoam is costlier than the less dense type, a key design goal is to  
856 determine the thickness of upper and bottom EPS layers. With a reasonable soil cover ( $h_s=400\text{ m}$ ),  
857 increasing the thickness of a denser and stiffer upper EPS layer from  $h_{gt}=200\text{ mm}$  to  $h_{gt}=600\text{ mm}$  only  
858 caused a 20% decrease in the total settlement of loading surface. On the other hand, reduction of  $h_{gt}$  lower  
859 than 200 mm, will induce extreme ruts on the pavement surface due to the rupture of that upper EPS  
860 layer.

861 (11) Density of EPS in the subsequent layers has critical influence on the performance of the EPS  
862 embankment. Using EPS 40 for upper and bottom EPS layer can reduce the depth of surface ruts up to  
863 60% after total application of 500 load cycles, with respect to EPS 30 and 20 as top and bottom layers.  
864 When the top and bottom layers are EPS 30, the mentioned reduction is 52%. However, application of  
865 upper and bottom densities of 40  $\text{kg/m}^3$  over 40  $\text{kg/m}^3$  or 30  $\text{kg/m}^3$  over 30  $\text{kg/m}^3$  and are not practical,  
866 and will increase the costs of the project. The case of 20  $\text{kg/m}^3$  EPS placed over 20  $\text{kg/m}^3$  EPS is  
867 insufficient for application against 550 kPa and deforms excessively after a limited number of application  
868 of cyclic pressure.

869 (12) An initial stress analysis was performed to investigate the sensitivity of the stress applied to the top of  
870 the EPS geofoam. It showed that there will be limiting moduli and thicknesses for the overlying soil.  
871 Therefore, it will be important to ensure a well-compacted and carefully selected overlying soil of  
872 adequate thickness to ensure that the EPS isn't overloaded and, thereby, prone to punching failure. The  
873 exact thicknesses and stiffnesses will depend on materials employed.

874 This study should enhance appreciation of the behavior of EPS geofoam block in road and highway backfills  
875 under the cyclic application of traffic pressure. However, the results are based on large scale plate load tests  
876 performed on one type of EPS geofoam (originated from one specific mold), one type of soil, one loading  
877 frequency and one loading plate size. Therefore, a generalized conclusion should not be made and it is  
878 recommended that the outcomes be used and disseminated with great caution and the limitations for practical

879 application fully considered. A full design method will require more advanced analysis and a wider range of  
880 material characters.

881

882

### **Nomenclature**

D (mm)	Diameter of Loading Plate
$h_s$ (mm)	Thickness of soil layer
$h_{gt}$ (mm)	Thickness of upper EPS geofoam layer
$h_{gb}$ (mm)	Thickness of bottom EPS geofoam layer
$\gamma_{gb}$ (kg/m <sup>3</sup> )	Density of bottom EPS geofoam layer
$\gamma_{gt}$ (kg/m <sup>3</sup> )	Density of upper EPS geofoam layer
$\gamma_s$ (kN/m <sup>3</sup> )	Density of soil
E (MPa)	Young's modulus
$M_r$ (MPa)	Resilient modulus
$K_1$	First calibration parameter for nonlinear analysis
$K_2$	Second calibration parameter for nonlinear analysis

883

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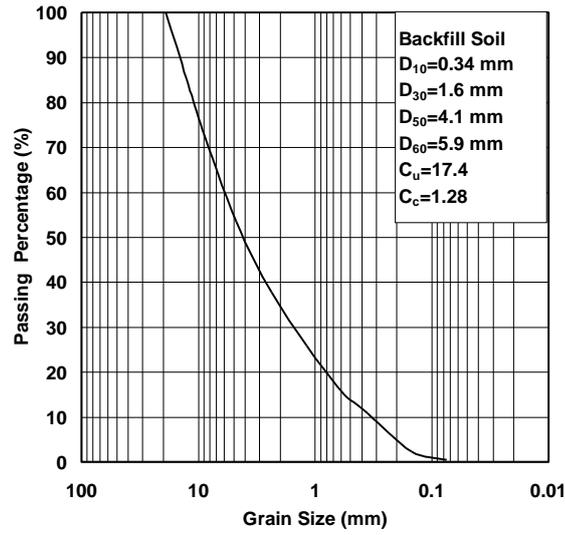


Fig. 1 Grain size distribution curves for backfill soil (ASTM D 2487)

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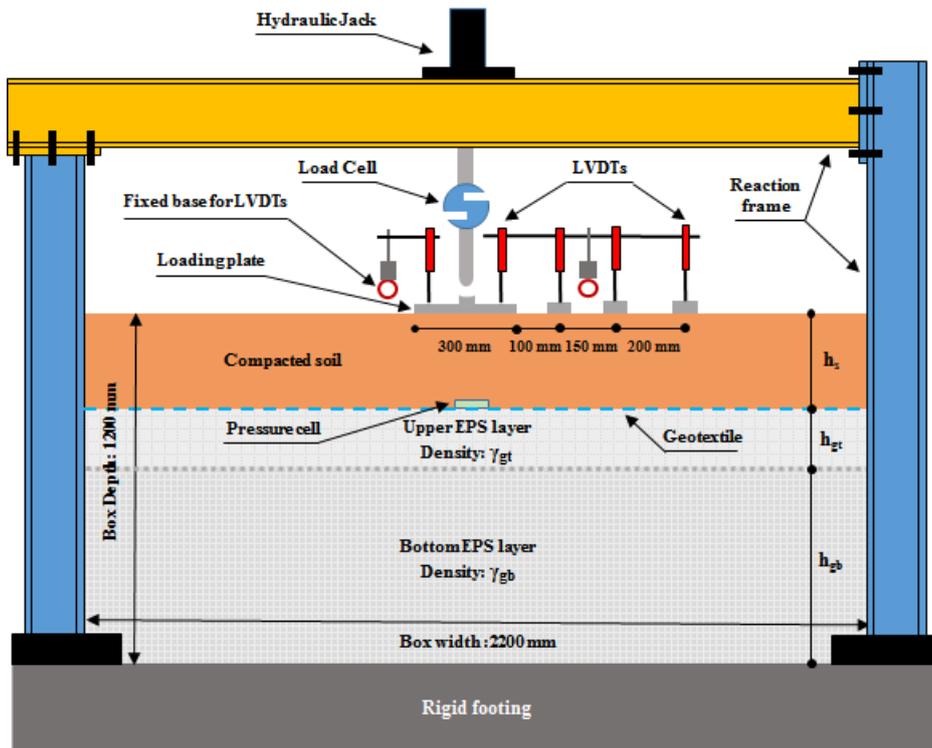


Fig. 2. Schematic view of the testing apparatus (not to scale) and test parameters.

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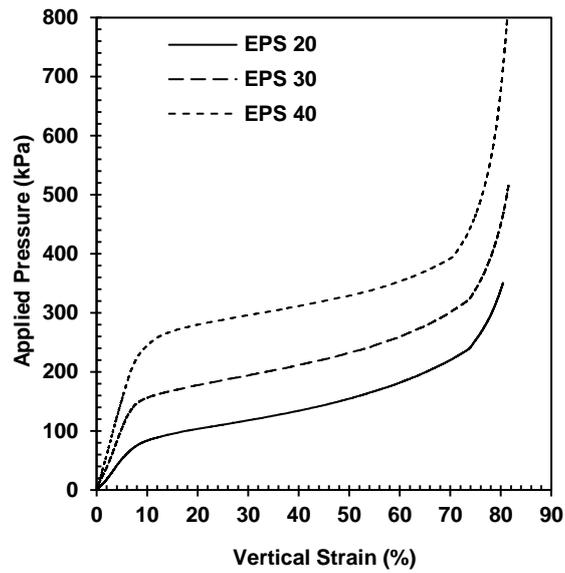
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**Fig. 3.** (a) Placement of EPS geofoam blocks inside test box and, (b) Completed test installation prior to loading including reaction beam, loading plate, hydraulic jack, load cell and LVDTs

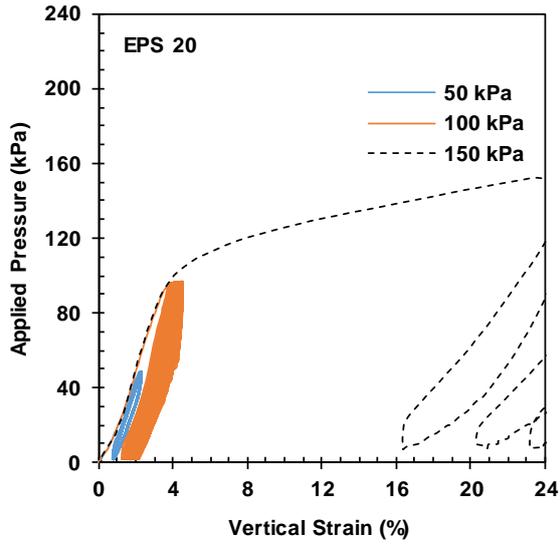
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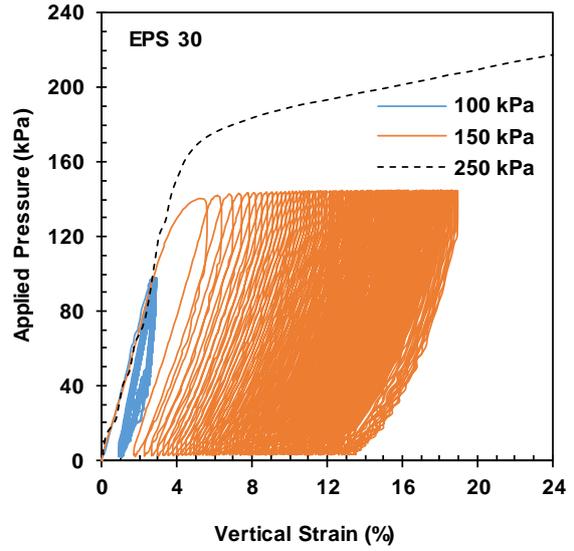
**Fig. 4.** Stress-strain diagram for static loading on EPS with densities 20, 30 and 40 kg/m<sup>3</sup>.

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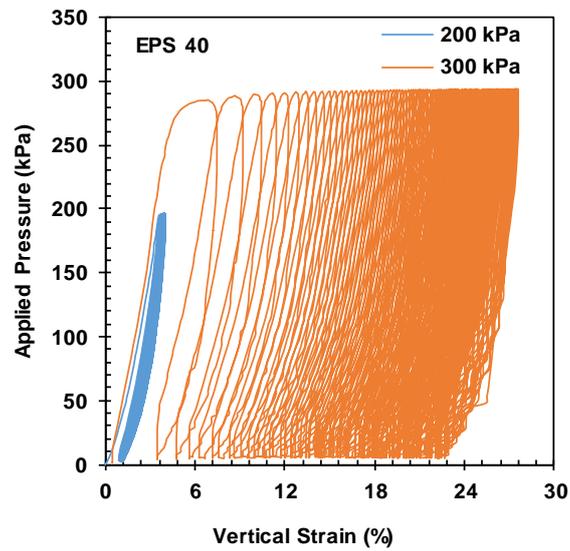
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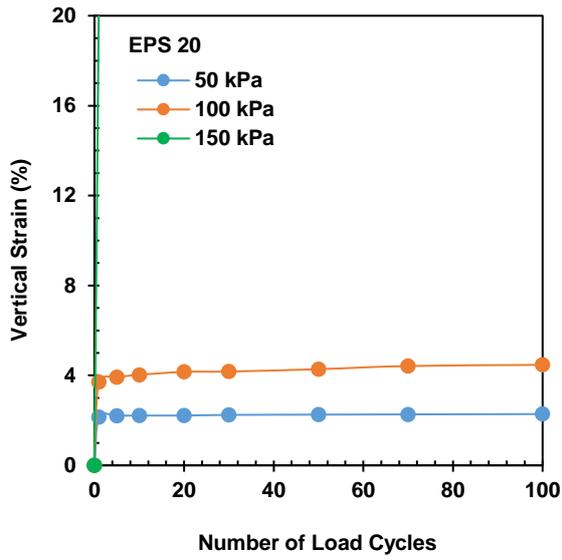
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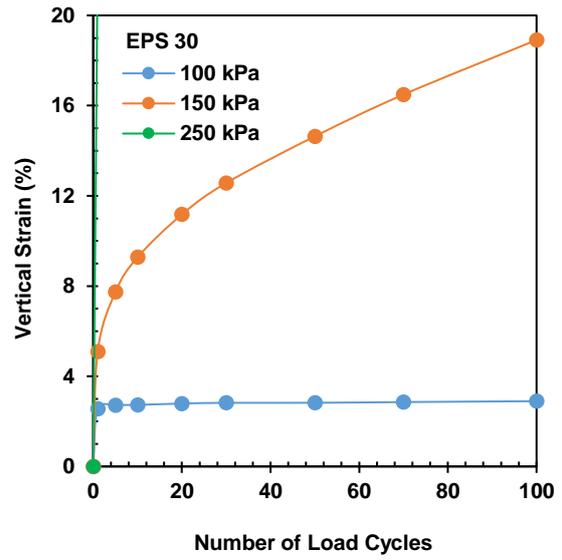
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Fig. 5. Hysteresis response of EPS cubic geofoam sample for (a) EPS 20, (b) EPS 30 and (c) EPS 40

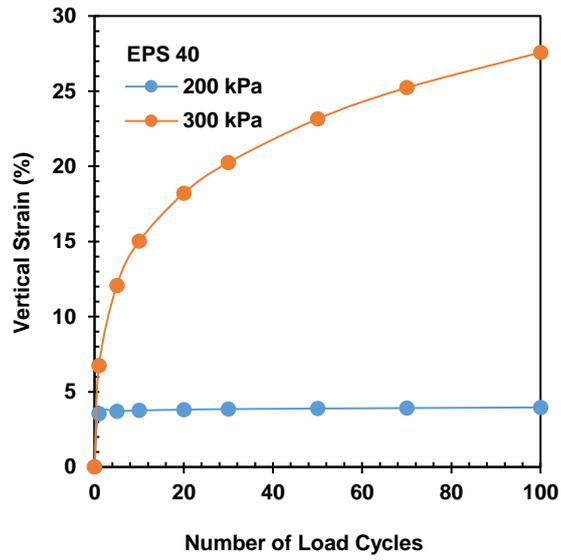
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(b)



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Fig. 6. Variation of peak vertical strain against the number of load cycle for (a) EPS 20, (b) EPS 30 and (c) EPS 40

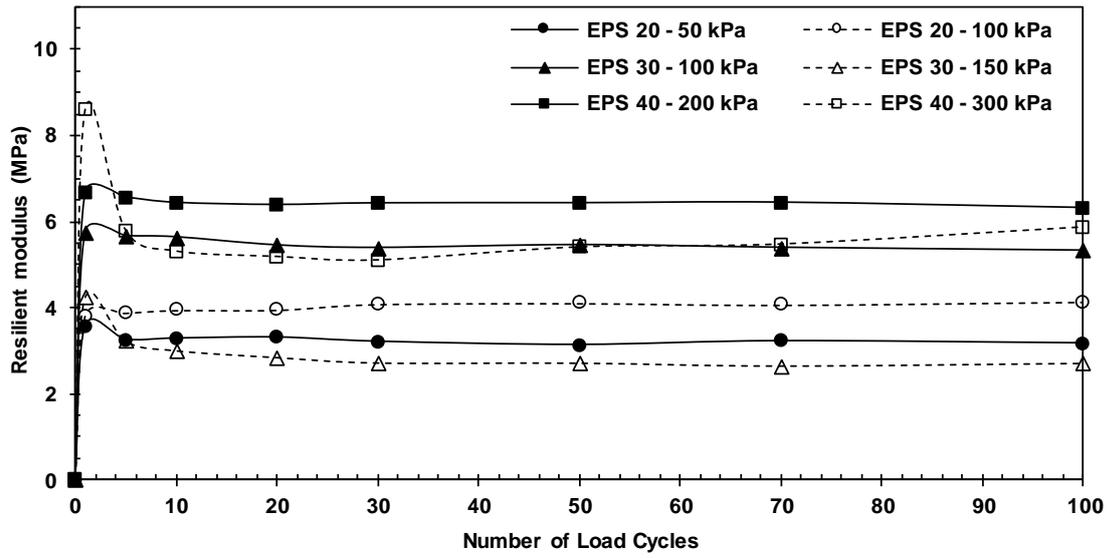
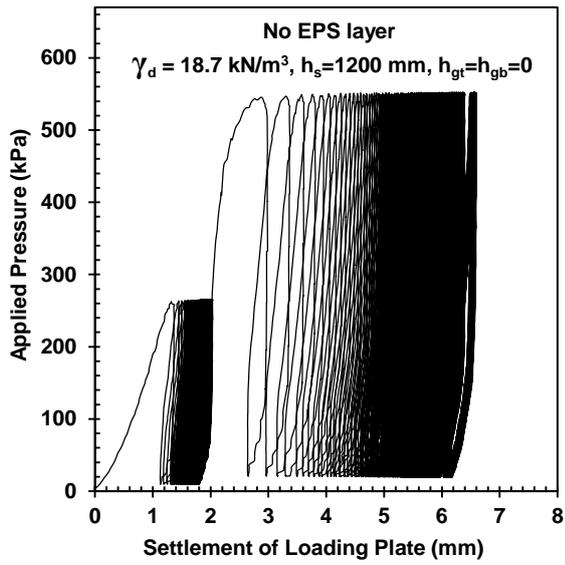
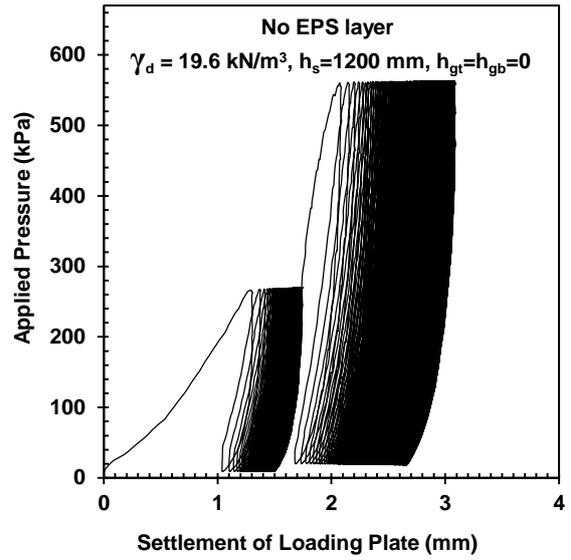


Fig. 7. Resilient modulus of EPS 20, EPS 30 and EPS 40 under two different amplitudes of applied pressure for each density.

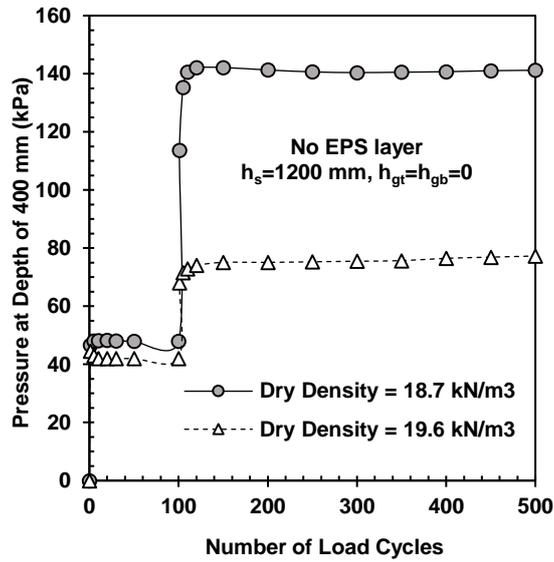
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Fig. 8. Settlement of pressure surface under 100 cycles of 275 kPa and 400 cycles of 550 kPa for (a) soil dry density of 18.7 kN/m<sup>3</sup>, (b) soil dry density of 19.6 kN/m<sup>3</sup> and (c) Variation soil pressure with number of load cycles at depth of 400 mm.

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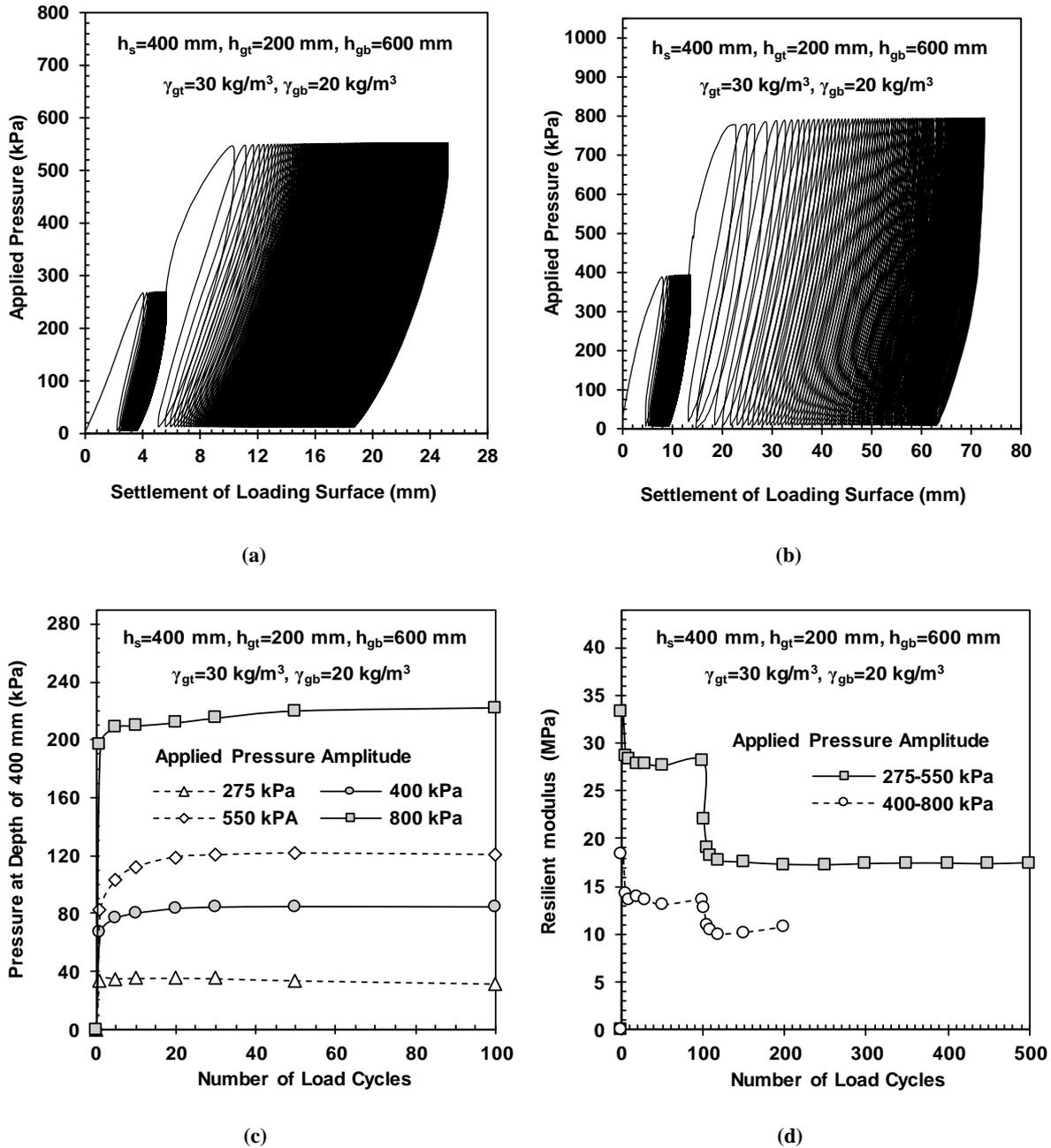


Fig. 9. Settlement of loading surface for different pressures of cyclic loading (a) after 500 cycles of reduced loading (paved road), (b) after 200 cycles of original loading (unpaved road) and (c) Measured pressure at depth of 400 mm during the first 100 cycles of each loading intensity (d) Resilient modulus of pavement for each loading intensity scenarios.

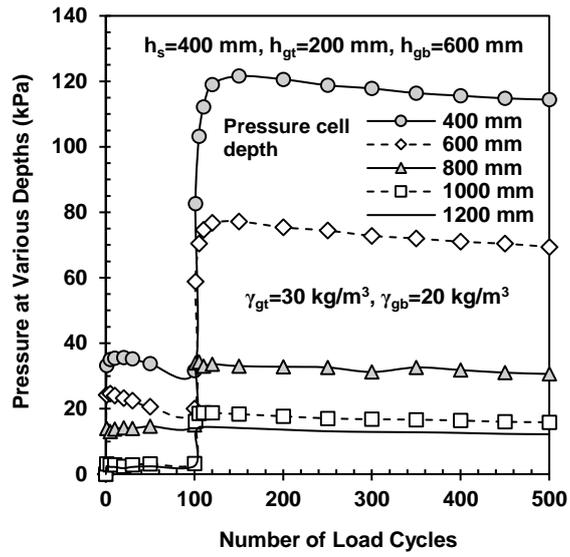
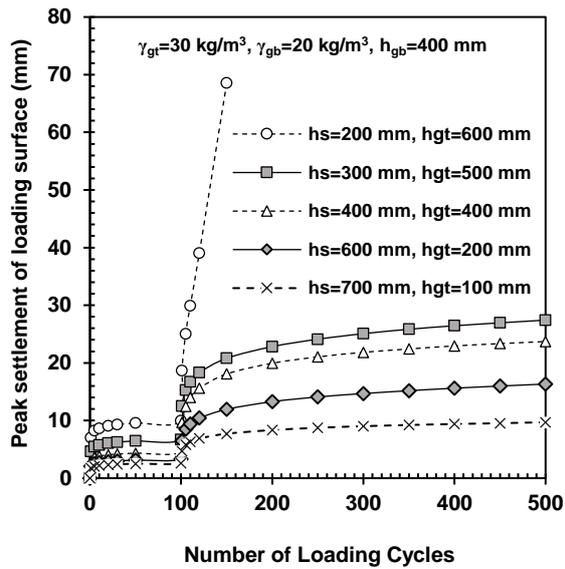
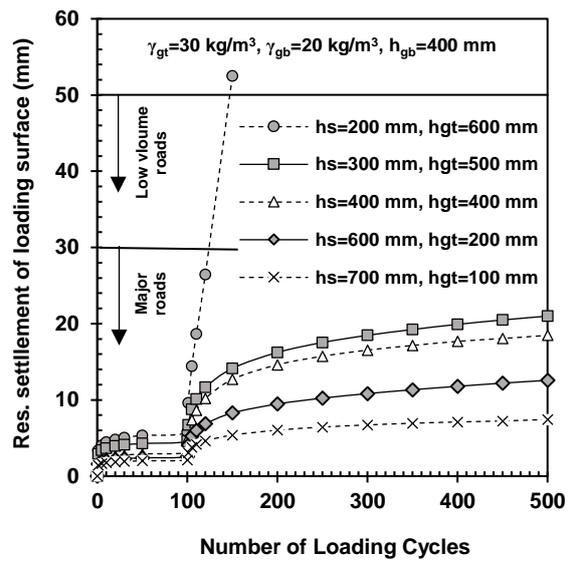


Fig. 10. Measured pressure at different layers of EPS geofoam for 100 cycles of 275 kPa and 400 cycles of 550 kPa pressures.

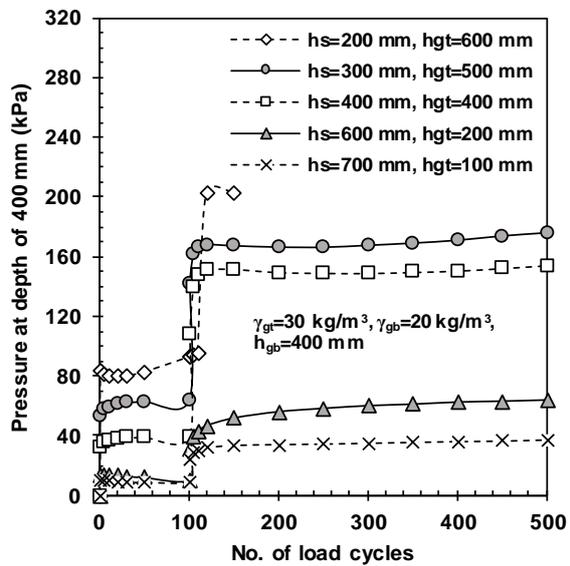
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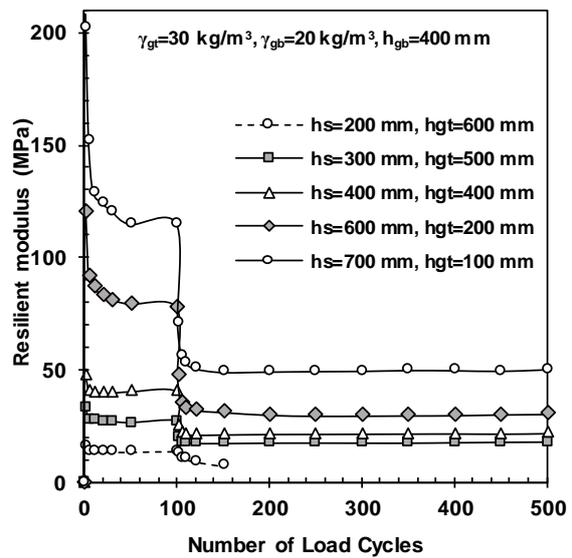
(a)



(b)



(c)



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Fig. 11. Variation of (a) total settlements and (b) residual settlements versus number of loading cycles for different values of soil and upper EPS layer thickness ( $h_s$  and  $h_{gt}$ ) and, (c) Variation of transferred pressure at depth of 400 mm (top of EPS 30) for different values of  $h_s$  and  $h_{gt}$ , (d) Resilient modulus of pavements with different soil and upper EPS layers' thicknesses.

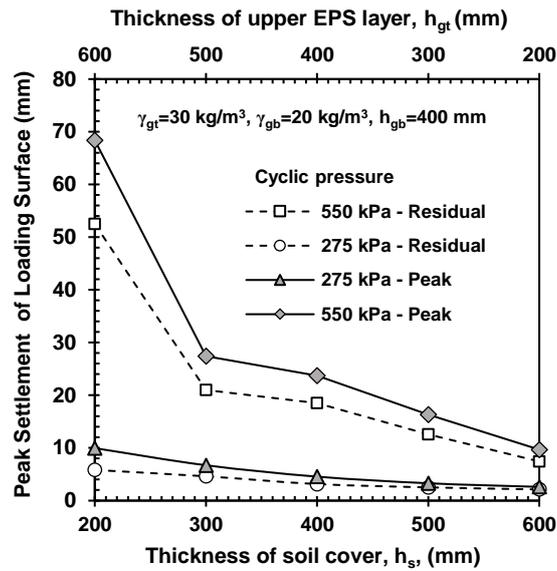


Fig. 12. Variation of the maximum values of peak and residual settlement for different thicknesses of soil and upper EPS layers ( $h_s$  and  $h_{gt}$ ).

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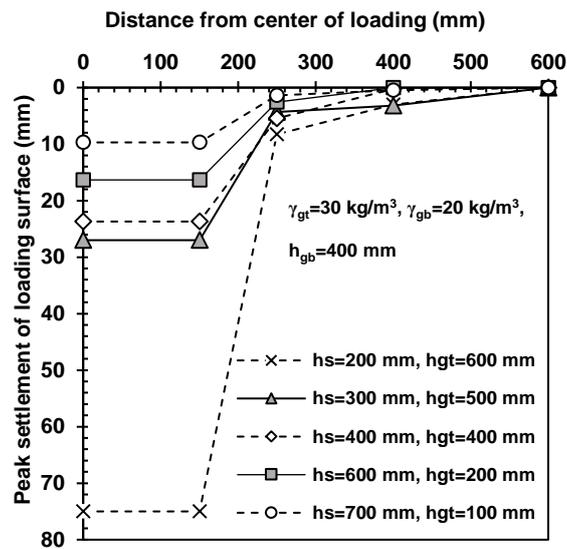
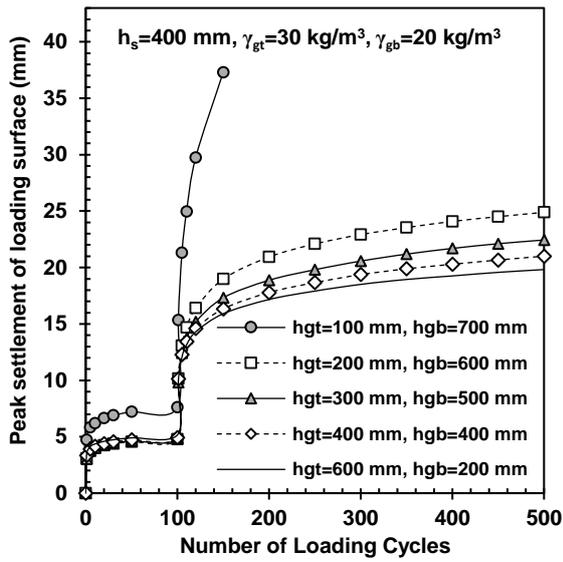


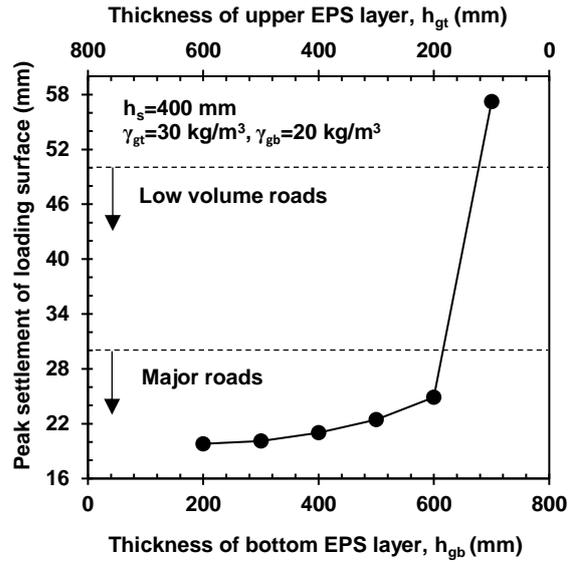
Fig. 13. Profile of the peak settlements for different values of  $h_s$  and  $h_{gt}$ .

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(a)



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Fig. 14. (a) Settlement of loading surface with respect to no. of load cycles for different values of  $h_{gt}$  and  $h_{gb}$ , (b) Peak value of surface settlements for different values of  $h_{gt}$  and  $h_{gb}$ .

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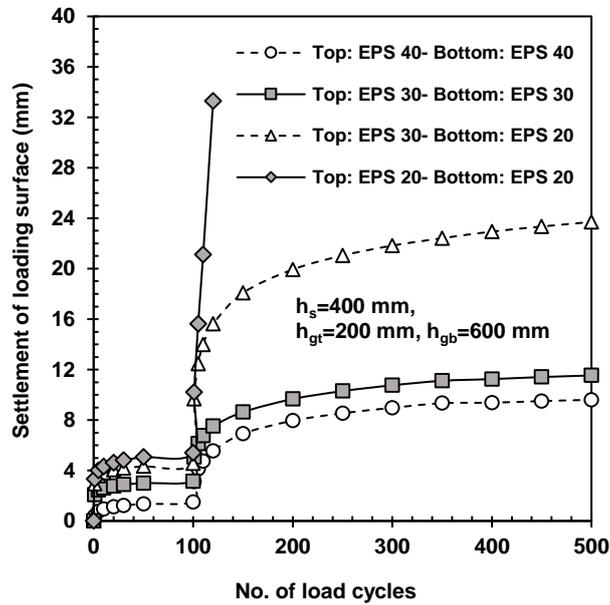


Fig. 15. Settlement of loading surface with respect to no. of loading cycles for different values of EPS density at top and bottom layers

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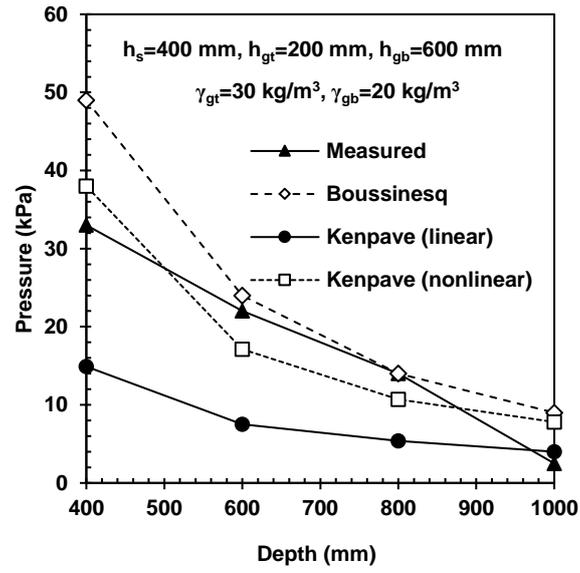
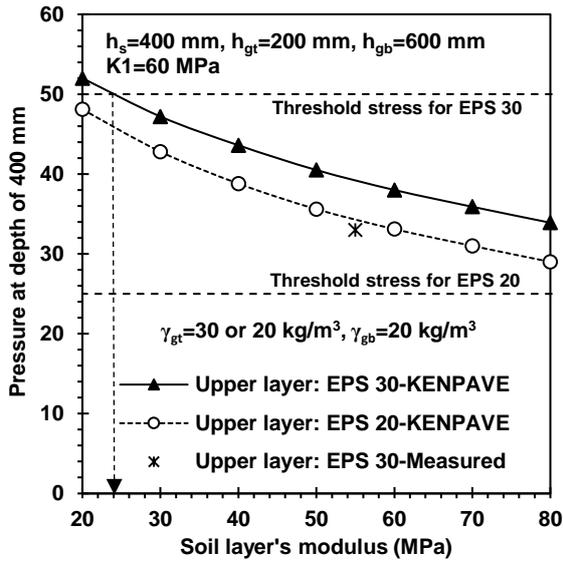


Fig. 16. Transferred pressure at different depths obtained from analytical methods and test measurements for applied pressure of 275 kPa

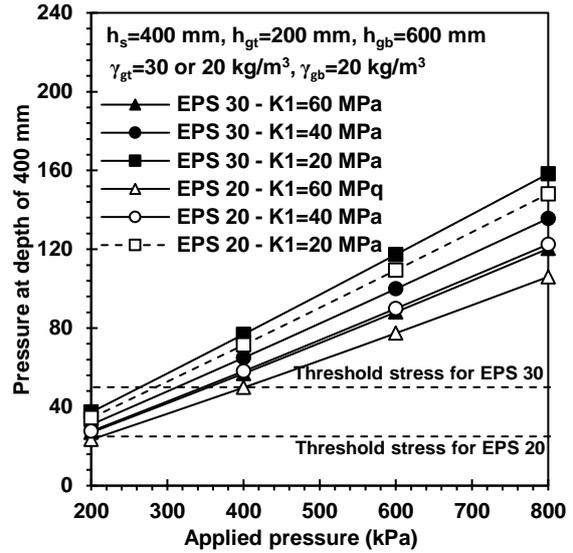
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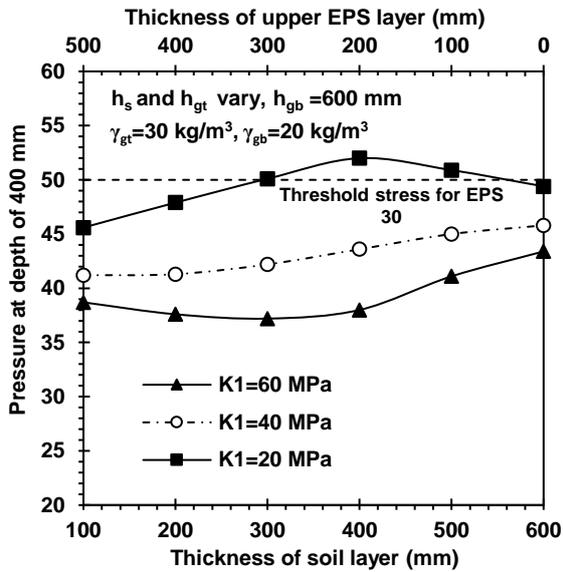
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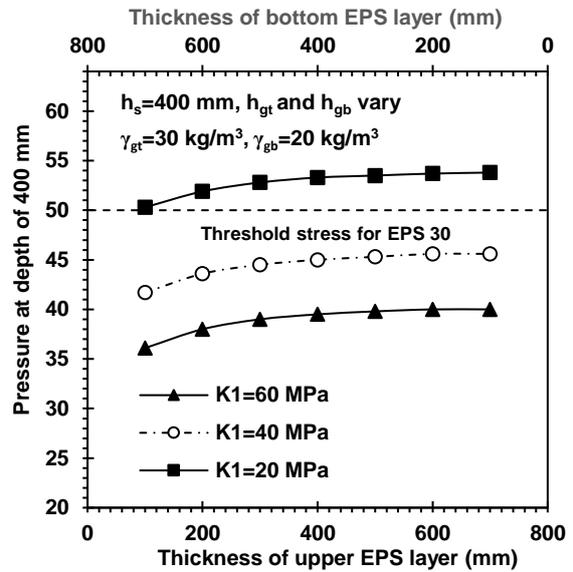
(a)



(b)



(c)



(d)

**Fig. 17.** (a) Variation of transferred pressure on the top of upper EPS layers for different moduli of soil layer compared to the measured value for applied pressure of 275 kPa for the pavement with EPS 30 or EPS 20 as the top layer, (b) Effect of applied pressure intensity on the transferred pressure over the upper EPS layer, (c) Effect of soil and upper EPS layer thickness on the transferred pressure on the upper EPS layer and (d) Effect of upper and bottom EPS layer thicknesses on the transferred pressure on the upper EPS layer

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**Table 1.** Summary of research on EPS geofoam subgrades

Overview of Research Title	Researcher Name	Main Objectives/Remarks	Suggestions for Development/ Possible Shortcomings	Year
EPS geofoam in pavement construction	Mohajerani et al.	A review of design considerations and application of EPS in roads	No specific study on the described issues	2017
Application of geosynthetics (including EPS) in roads	Keller	A brief overview on several types of Geosynthetics for low volume roads	No detailed discussion on EPS geofoam	2016
Geocell-reinforced subbase over poor subgrades (EPS geofoam as poor subgrade)	Tanyu et al.	Determine performance of Geocell over poor subgrades	No evaluation on the performance of EPS geofoam	2013
Effectiveness of connectors in EPS block construction	Barrett and Valsangkar	Study a few methods of EPS block connection	No evaluation on the performance of EPS geofoam per se	2009
Rapid construction of embankment using EPS block	Farnsworth et al.	Comparison of several techniques for construction on soft soils	No detailed discussion on EPS geofoam	2008
Design parameters for EPS geofoam	Negussey	Modify Design Parameters for EPS	No evaluation of the effect of soil thickness, EPS geofoam density or its thickness	2007
EPS geofoam as flexible pavement subgrade material	Zou et al.	Study performance of EPS subgrades	No evaluation of the effect of soil thickness, EPS geofoam density or its thickness	2000
Flexible pavement structure with an EPS geofoam sub-base	Duskov	Measurement of EPS pavement performance under heavy traffic loading	No evaluation of the effect of soil thickness, EPS geofoam density or its thickness	1997

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**Table 2.** Physical and mechanical properties of EPS geofoam

Engineering properties	Values for	Values for EPS
	EPS 20	30
Real density (kg/m <sup>3</sup> )	17~19	27~29
Angle of internal friction (°)	~ 2	~ 3
Apparent cohesion (kPa)	~40	~70
Elastic modulus (MPa)	0.81	2.16
Compressive Strength (kPa)	83.67	156.4

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**Table 3.** The engineering characteristics of geotextile

Property	Value
Type of geotextile	Non-woven
Material	Polypropylene
Mass per unit area (gr/m <sup>2</sup> )	170
Tensile strength (MD), kN/m	16
Tensile strength (CMD), kN/m	18
Elongation at maximum load, %	>50
Static puncture (CBR), kN	2.7

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**Table 4.** Test program for large cyclic plate load experiments

Test Series	h <sub>s</sub> (mm)	h <sub>gt</sub> (mm)	h <sub>gb</sub> (mm)	γ <sub>gt</sub> (kg/m <sup>3</sup> )	γ <sub>gb</sub> (kg/m <sup>3</sup> )	Soil density (kN/m <sup>3</sup> )	Cyclic pressure (kPa)	No. of Tests	Purpose of the Test
1	1200	-	-	-	-	18.7, 19.6	275-550	2+3*	To evaluate behavior of soil backfill
2	400	200	600	30	20	18.7 to 19.6**	400-800	1+2*	To determine the effect of applied pressure amplitude
3	400	200	600	30	20	18.7 to 19.6**	275-550	5*** +4*	To determine the stress distribution in depth of EPS geofoam
4	200	600	400	30	20	18.7 to 19.6**	275-550	4+5*	To evaluate the combined effect of soil and upper EPS layers thickness
	300	500							
	600	200							
	700	100							
5	400	100	700	30	20	18.7 to 19.6**	275-550	4+4*	To recognize the combined effect of upper and bottom EPS layers thickness
		300	500						
		400	400						
		600	200						
6	400	200	600	40	40	18.7 to 19.6**	275-550	3+2*	To specify the influence of EPS density
				30	30				
				20	20				

\* Indicates the number of tests which have been repeated two or three times to ensure the accuracy of the test data. For example, in test Series 6, a total of 5 tests were performed, including 3 independent tests plus 2 replicates.

\*\* Density of soil layers vary from 18.7 to 19.6 (kN/m<sup>3</sup>) from bottom to top of soil cover

\*\*\* Due to insufficient number of available pressure cells, one test was repeated 5 times with placing the pressure sensor at the indicated depths (400, 600, 800, 1000 and 1200 mm below the loading surface in separate tests)

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**Table 5-** Calibration factors for nonlinear analysis

Material	Calibration factors	
	K1 (kPa)	K2
Soil	60,000	-0.25
Upper EPS (EPS 30)	10,000	-0.01
Bottom EPS (EPS 20)	6,000	-0.01

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**Table 6-** Comparison of linear and nonlinear methods with those of test measurements for applied pressure of 275 kPa

Method	Surface settlement (mm)	Measured/calculated pressures (kPa) at depths			
		400 (mm)	600 (mm)	800 (mm)	1000 (mm)
Test measurement	4	33	22	14	2.5
Boussinesq	-	49	24	14	9
KENPAVE (linear)	2.5	14.9	7.5	5.4	4
KENPAVE (nonlinear)	3.8	38	17.1	10.7	7.8

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