

Multi-modal polymer nanoparticles with combined ^{19}F magnetic resonance and optical detection for tunable, targeted, multimodal imaging *in vivo*.

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ABSTRACT: Understanding the complex nature of diseased tissue *in vivo* requires development of more advanced nanomedicines, where synthesis of multi-functional polymers combines imaging multimodality, with a biocompatible, tunable and functional nanomaterial carrier. Here we describe the development of polymeric nanoparticles for multimodal imaging of disease states *in vivo*. The nanoparticle design utilises the abundant functionality and tunable physico-chemical properties of synthetically robust polymeric systems to facilitate targeted imaging of tumours in mice. For the first time, high resolution $^{19}\text{F}/^1\text{H}$ magnetic resonance imaging is combined with sensitive and versatile fluorescence imaging in a polymeric material for *in vivo* detection of tumours. We highlight how control over the chemistry during synthesis allows manipulation of nanoparticle size and function, and can lead to very high targeting efficiency to B16 melanoma cells, both *in vitro* and *in vivo*. Importantly, the combination of imaging modalities within a polymeric nanoparticle provides information on the tumour mass across various size scales *in vivo*, from millimetres down to tens of microns.

INTRODUCTION.

In vivo molecular imaging has the potential to revolutionize modern medical diagnostics. Sensitive molecular probes with high signal-to-noise ratios that are capable of highly selective *in vivo* targeting are needed to probe biological processes, whether these are innate physiological processes, or those resulting from a treatment or therapy.¹⁻³ The considerable challenges associated with achieving this goal stem from the fundamental problems associated with conventional imaging agents; for example, magnetic resonance imaging (MRI) often generates ambiguous assignments due to poor sensitivity, positron emission tomography (PET) suffers from relatively poor spatial resolution and radiation burden for the patient, while optical imaging techniques are hindered by tissue absorption of the radiation making the technique inadequate for most deep-tissue analyses.^{4,5} Significant advances in both materials science and imaging technology are thus required, with an urgent need for devices capable of utilizing multimodal imaging to enable sensitive and experimentally 'orthogonal' detection modes and hence more definitive diagnosis of diseases. A combination of a highly sensitive modality (e.g. PET/optical) with a complementary modality that is highly specific and which exhibits exceptional spatial and anatomical resolution (e.g. MRI), is a potential means by which this step-change in imaging can be achieved.^{6,7}

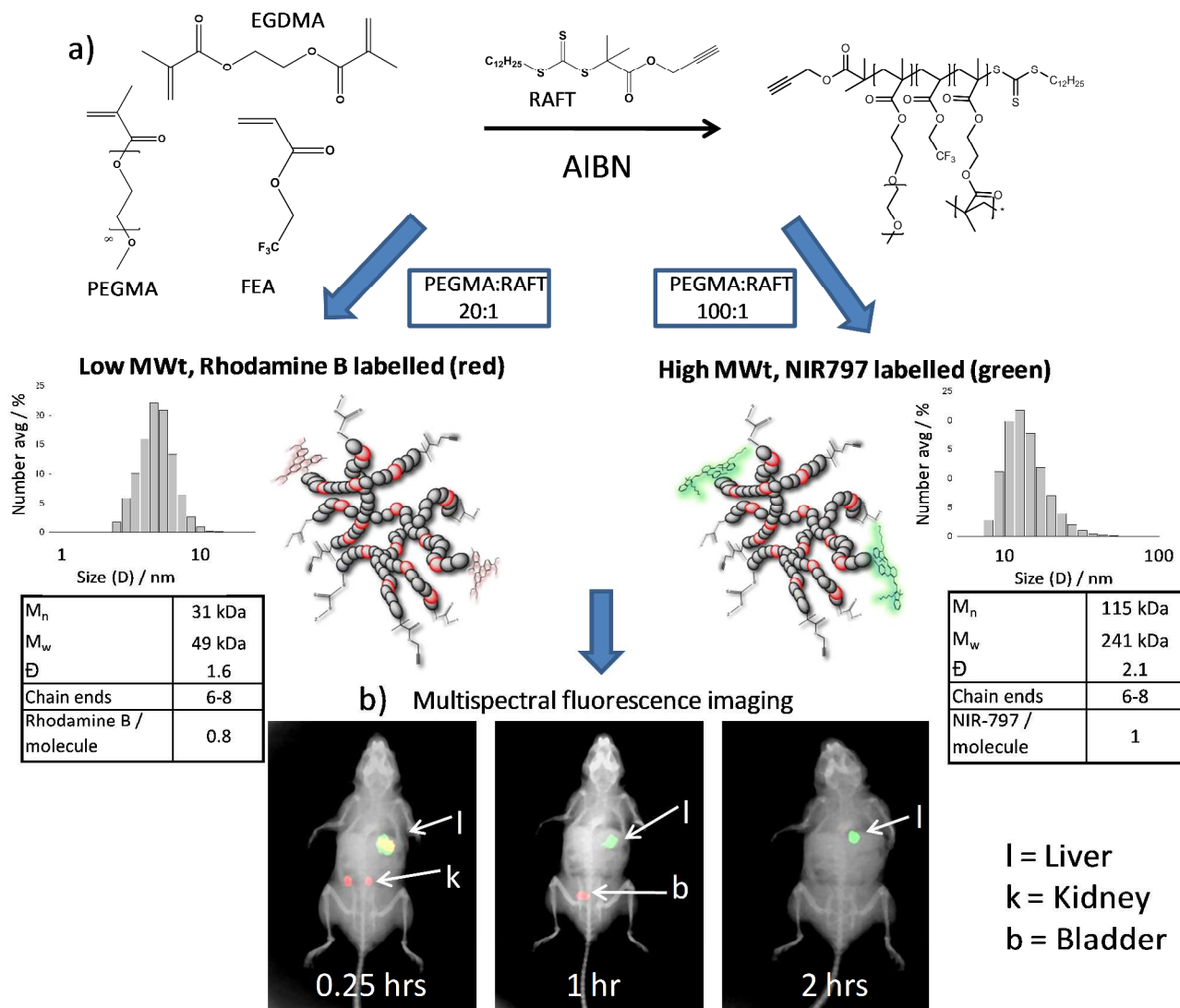
In order to be effective, molecular imaging agents must embody a number of important design features: They must primarily have a high imaging signal-to-noise ratio and be active in biological media; they must efficiently and actively target

specific tissues, whether by direct means (receptor-mediated targeting) or indirectly (for example, via leaky vasculature⁸); and they must exhibit reliable pharmacokinetic/pharmacodynamic behaviour, such that imaging performance is not compromised during lengthy imaging.^{5,9} We accordingly focus our nanoparticle design on a hyperbranched polymer (HBP) scaffold,¹⁰⁻¹³ employing a poly(ethyleneglycol)-based architecture to limit removal via the mononuclear phagocyte system (MPS),^{14,15} while incorporating a branched architecture to endow multiple functionalities for attachment of both targeting ligands and complementary imaging modalities. Importantly for a biomedical application, adaptation of well-established chemistries to enable rapid and facile synthesis of the nanomaterials while retaining good control over the physicochemical properties is required. Synthetic routes that are robust and practical, yet also allow fine control of size, degree of functionality and tuning of the activity or efficacy of imaging are also required. Our approach to achieving this degree of control over nanomaterial properties is shown in Scheme 1, whereby the molecular structure and size is controlled by utilising reversible-addition fragmentation chain-transfer (RAFT) polymerisation,¹⁶ while the end-groups are modified using standard coupling chemistries.^{10,17}

Imaging agents based on ^{19}F MRI offer a means to detect diseases in deep tissue where the image is not confounded by background signal since there is minimal endogenous fluorine in the body. Various recent publications have shown the potential of imaging using ^{19}F probes.¹⁸⁻²³ However, requirements for polymeric materials suitable for *in vivo* ^{19}F detection

are demanding.^{24,25} Importantly, the fluorinated segments must maintain

Scheme 1. Robust and practical approach for synthesising polymers with controlled size and degree of functionality.



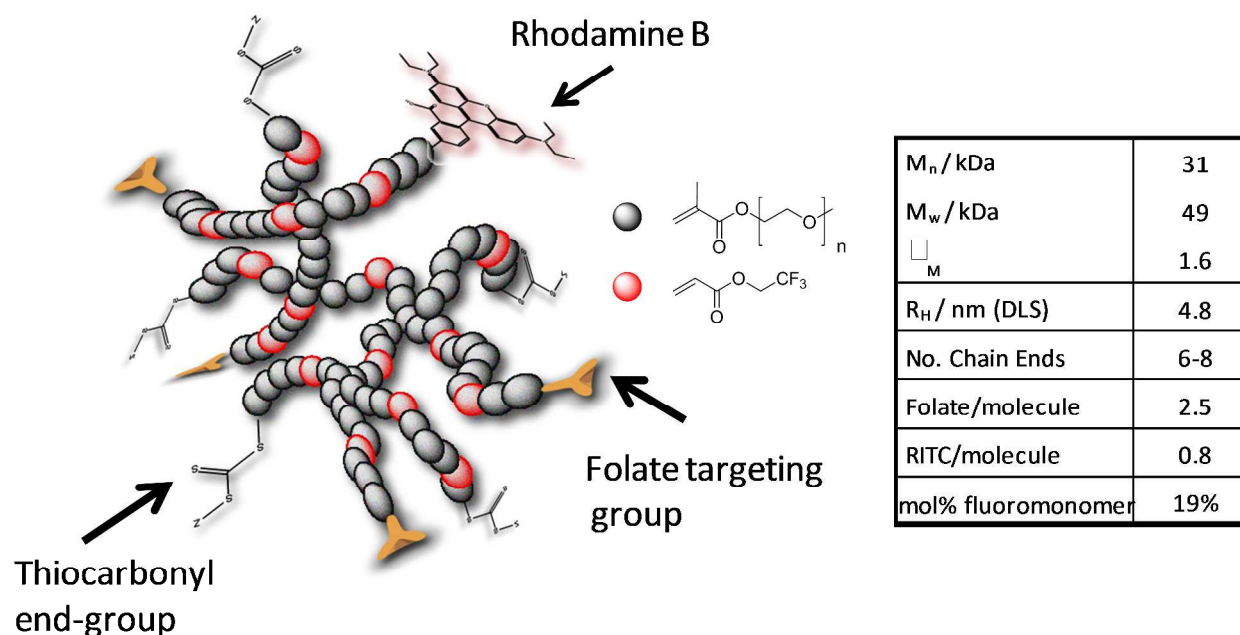
General synthetic scheme (a), synthesis and characterisation of various sized polymeric nanoparticles (b) and multispectral *in vivo* imaging of two different sized HBNPs (10 mg.mL⁻¹ solution of two polymers co-injected into a single mouse) to highlight the effect of molecular characteristics of HBNPs on the biodistribution in animals.

high segmental mobility in order to achieve transverse relaxation times (¹⁹F T₂ relaxation times) of sufficient length to permit imaging by standard spin echo or gradient echo pulse sequences.²⁵⁻²⁷ This can be achieved by implementing strategies that prevent the very strong fluorine-fluorine interactions that typically occur in solution for these molecules. By utilising a branched polymeric structure coupled with random incorporation of trifluoroethyl acrylate within a hydrophilic PEG-based macrostructure means that the fluoro-segments are always in a hydrated state and maintain extensive segmental mobility. Indeed, the high mobility of the trifluoroethyl acrylate units within this hyperbranched polymer suggests random incorporation of the respective monomer units, since numerous previous reports have shown that tapered or block-copolymers lead to significant aggregation of the fluoro-segments and subsequent decreased mobility.^{26,27} Thus, imaging of the ¹⁹F nuclei is possible, even in an aqueous environment with up to 20 mol% of fluoro-monomer. The macromolecular conformation of the polymeric system is also important for molecular imaging

agents. In contrast to micellar-based systems where the spherical structure may not be maintained at low concentration or under high shear,²⁸ hyperbranched polymers impart shape-persistence to the macromolecule and the globular, nanoparticulate structure is maintained in solution. The use of RAFT chemistry in the synthesis of the polymers imparts a further advantage; all polymer chains (or arms of the hyperbranched polymer) have well-defined end-groups,²⁹⁻³¹ which can be further functionalised with targeting ligands, fluorescent chromophores or therapeutic drug. The flexible polymer architecture and ability to position functional groups using a controlled methodology for designing the polymer, facilitates an additional level of control over the effective presentation of targeting ligands to receptor proteins on cell surfaces.

We report here the design, synthesis and implementation of a new polymer-based multimodal imaging platform, incorporating two highly sensitive imaging modalities (fluorescence and ¹⁹F MRI) together with cellular-targeting capabilities (folate-ligands) in a single nanoparticle. By taking advantage of the

Scheme 2. Schematic representation of HBP used in folate-targeting experiments described in this report. Folic acid is attached via carbodiimide chemistry while Rhodamine B is conjugated using isothiocyanate chemistry (RITC). The physico-chemical properties of the HBP are provided in the inset table.



respective modalities it is possible to perform confocal fluorescence imaging of individual cells *in vitro*, and also use ^{19}F MRI (in conjunction with standard ^1H MRI) and fluorescence imaging to detect the materials *in vivo*. To establish the versatility of this multimodal imaging agent, we demonstrate that the folate-labeled polymer is taken up by B16 melanoma cells *in vitro* and targets tumours *in vivo* - this is accomplished through selective targeting using a well-characterised biological test-bed (folate-receptor targeting).³² The synthetic approach allows facile access to nanoparticles of controllable size, varied core and shell functionality, sensitivity of MRI and optical response and tuning of biodistribution. We establish the key features of the multi-modal nanoparticles through chemical characterization, MRI and optical response *in vitro* and combined orthogonal sensing performance *in vivo*.

RESULTS AND DISCUSSION

Controlling the various physical and chemical properties of polymers for nanomedicine is of paramount importance when engineering such materials. Factors such as size, shape and conformation, surface functionality and rigidity can all play a role in affecting biodistribution, pharmacokinetics and internalisation.³³ The synthetic approach towards development of HBPs utilised in this report allows us to modulate these properties in our system, as shown in scheme 1. The synthesis of HBPs with different hydrodynamic radii in aqueous solution was confirmed by light scattering techniques, while multi-spectral fluorescence imaging (Rhodamine B and NIR-797) delineated the different biodistribution and pharmacokinetics of the two different sized polymers in a mouse model. Clearly, control over the size of the nanoparticle affords the ability to exert some control over biodistribution and pharmacokinetics of the polymer, with fast clearance of hyperbranched polymers having sizes of $\sim 7\text{-}8\text{nm}$ (no detectable signal 2hrs following i.v. injection of the polymer solution) and prolonged circula-

tion for polymers of size $>11\text{ nm}$ (accumulated signal in liver remaining after 2 hrs post-injection).

Confirmation of the success of the synthetic strategy was afforded via absolute molecular weight determination of the polymers using multi-angle laser light scattering (MALLS) and size exclusion chromatography. Both the molar mass and the hydrodynamic radius (measured by dynamic light scattering) were relatively low for these molecules compared to other polymeric drug delivery systems such as polymer micelles. The molecular control achievable using RAFT polymerisation enabled the molecular size of the hyperbranched polymers to be tuned. We aimed for polymers with molecular sizes such that the particles would either be rapidly excreted through the kidneys unless bound to receptors on a cell surface (RhodamineB-labelled polymer in Scheme 1; $< 8\text{ nm}$), or in the case of larger molecules, evade renal filtration to prolong circulation time (NIR797-labelled polymer in Scheme 1; $>10\text{ nm}$).³⁴

Following demonstration of the ability to control the size of the polymeric particles and their subsequent behaviour *in vivo*, we focused on developing an experimental model to demonstrate both the sensitivity of the imaging agents as well as the efficacy of receptor binding. This required post-functionalisation of the nanoparticle with targeting ligands. The number of chain ends on the polymeric nanoparticle was calculated by comparing the molar mass determined by ^1H NMR with the absolute molar mass by SEC-MALLS. ^1H NMR provides information on the relative chain-length in the absence of branching, since according to RAFT theory, each polymer chain will be terminated with either a thiocarbonyl-thio-moiety or the so-called "leaving" group from the original RAFT agent, which in this case incorporates an alkyne group. Similarly, the molar percentage of trifluoroethyl acrylate within the hyperbranched polymer was calculated by comparing the resonances in ^1H NMR for each monomer species. Finally,

Fluorophore-labeling/ Folate-conjugation

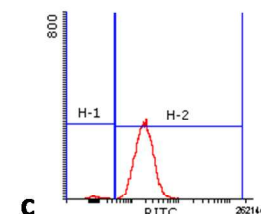
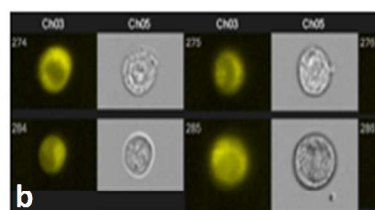
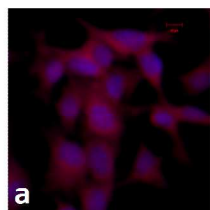
Confocal

FACS Imaging

FACS Analysis

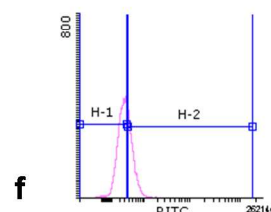
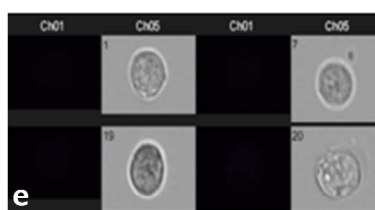
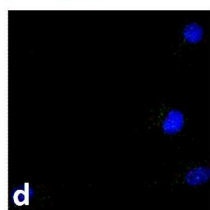
Folate-conjugated

Rhodamine B-
labelled

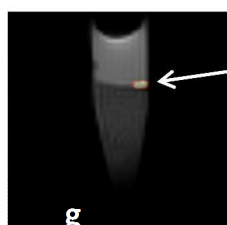


Unconjugated

Rhodamine B-
labelled



MRI



- ¹⁹F MRI
- ~5x10⁶ B16 cells
- 2 hour incubation with folate-conjugated polymer

16.4 T
T₂ = 54 ms
T₁ = 420 ms

Figure 1. Comparison of cellular uptake data of folate-conjugated and unconjugated HBPs. Confocal microscopy (a and d), FACS imaging (b and e) and FACS analysis (c and f) are provided for folate-conjugated and unconjugated B16 cells, respectively. Nuclei were stained with Hoechst 33358 while polymer was labeled in all cases with Rhodamine B. The ¹⁹F image of approximately 5x10⁶ cells following incubation with folate-conjugated HBP is also shown (false-colour), overlaying the ¹H image of the tube of agar. The ¹⁹F relaxation times at 16.4 T for folate-HBP conjugate following uptake into B16 melanoma cells are also presented.

Table 1. *In vitro* uptake studies for hyperbranched polymers into B16 mouse melanoma cells. FACS output provides values for 10000 cells for each system.

	Number of cells (%)	Mean fluorescence intensity
Non-conjugated HBP	40	190
Folate-conjugated HBP	99	2000
Folate-conjugated HBP + 0.1mM free folic acid	23	60

short polyethylene glycol chain (α -amino- ω -azide) was first conjugated to the alkyne-terminal chains, followed by reaction with either the acid group of folic acid (using standard carbodiimide coupling) or the reactive isothiocyanate group on Rhodamine B isothiocyanate (RITC). The folic acid was used as a targeting ligand for the FOLR α receptor³² (as described below) while the RITC was used as a fluorescent marker for both *in vivo* and *in vitro* studies. The number of folate or RITC groups per molecule was determined using UV-VIS spectroscopy. A schematic of the nanoparticle highlighting the important components as described in this report is shown in Scheme 2.

Successful imaging using the designed ¹⁹F molecular imaging agents relies on the macromolecule maintaining high segmental mobility in solution, both in serum and in intracellular fluid. Serum stability was tested using simulated body fluids (SBF), but the greater challenge was to determine whether cellular internalisation of the polymer would affect the MRI properties. This is important because it was not known whether polymer mobility (and hence imaging performance) changes with pH or different redox environments that are typically encountered within intracellular compartments.^{35,36} In order to design a system that facilitates high molecular uptake, folate receptor-mediated targeting was investigated using B16 melanoma cells, which like many tumour cells have been reported to over-express the folate receptor (FOLR α).¹⁴ B16 cells were incubated with RITC-labeled hyperbranched polymers that were used either "as synthesised" (control) or conjugated with folic acid (Figure 1). Confocal microscopy and fluorescence-activated cell sorting (FACS) analysis clearly shows that the presence of folate groups on the polymer increases the rate and degree of molecular import into cells. In contrast, cells showed very little uptake of the control (unconjugated) polymer; this is due to the reported "stealth" properties of pegylated molecules in which the largely hydrophilic hyperbranched polymer shows minimal interaction with the cell membrane.^{14,37,38} In addition, a competitive binding assay with free folic acid showed minimal uptake of the folate-conjugated cells, suggesting that internalisation was via a receptor pathway. The full FACS data are provided in Table 1 where both the number

of cells and mean fluorescence intensity of the cells incubated with folate-conjugated polymer is higher than non-conjugated

polymer.

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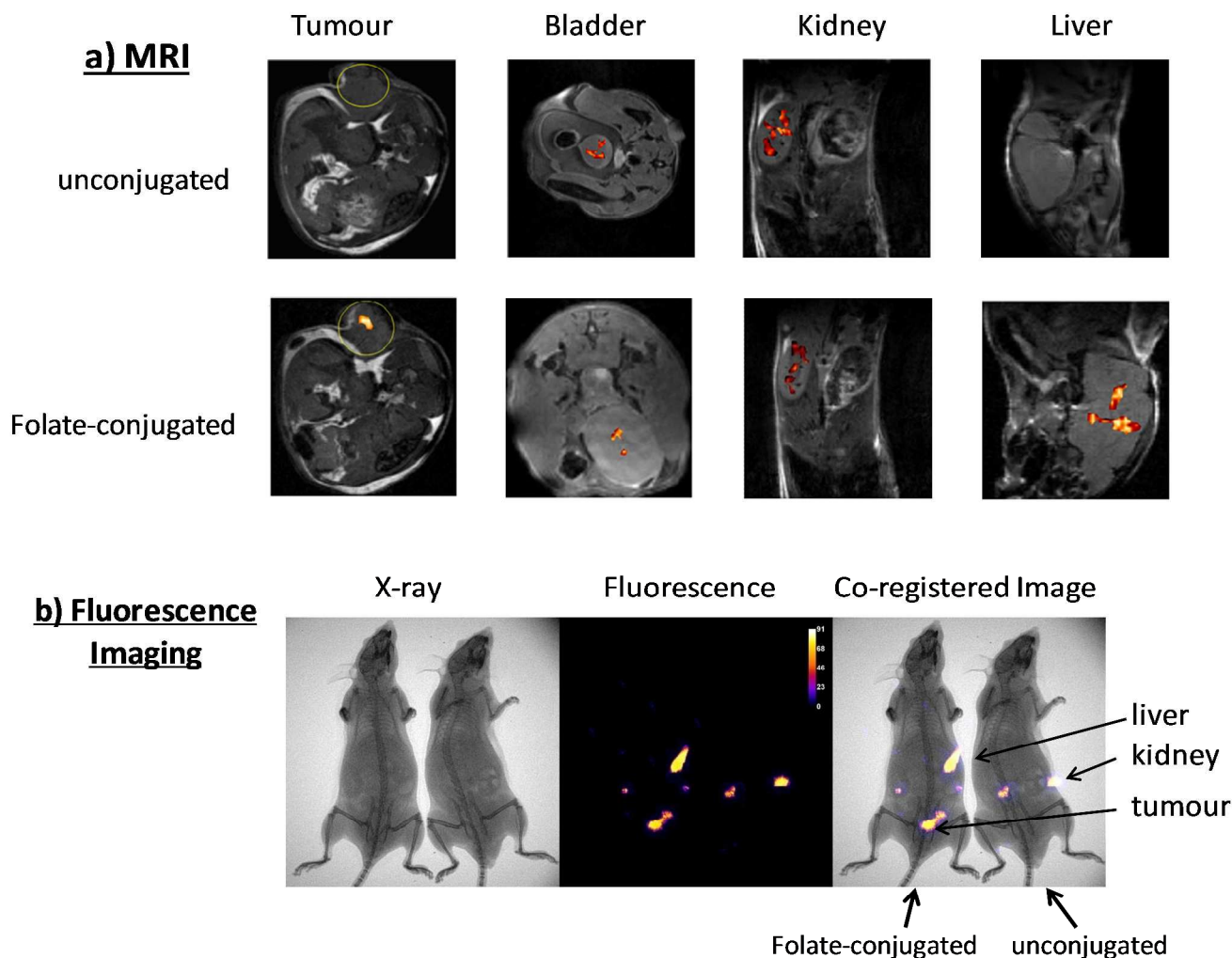


Figure 2. Demonstration of the efficacy of HBP for molecular imaging using the mouse subcutaneous B16 melanoma model. (a) MRI images of bladder, kidney, liver or tumour (circled in image) in the tumour-bearing mice 1 hour following intravenous injection of 100 μ L of folate-conjugated or unconjugated (control) HBP (20 mg/mL in PBS). The high resolution ^1H MR image is overlaid with the ^{19}F image; b) fluorescence images of mice following injection of the same two compounds at the same concentration. The fluorescence images are co-registered with x-ray images of the mice one hour following subcutaneous injection.

tive binding assay shows minimal uptake of the folate-conjugated polymer into cells when free folic acid is present in the medium suggesting that internalisation occurs via the folate receptor.

In order to determine whether internalisation of the folate-HBP complexes affected their MRI properties, approximately five million cells were incubated with folate-conjugated polymer for 2 hours, then fixed and pelleted by centrifugation. The resulting “pellet” was placed onto an agar bed for imaging. Figure 1g shows the resulting ^{19}F MR image of the cells overlaying the ^1H image of the tube containing the water/agar. In this image, the agar and water phases are clearly distinguishable within an Eppendorf tube (grey scale image). The fluorine image is overlaid in colour and appears as a pellet sitting on the agar bed, demonstrating that the cells were clearly detected using ^{19}F MRI. Furthermore, the ^{19}F transverse and longitudinal relaxation times (T_2 and T_1 , respectively), were measured and these were within the useful range for preclinical ^{19}F imaging.²⁴ These results demonstrate the ability to image poly-

meric agents internalised within isolated cells. They also suggest that this new class of multimodal, polymeric molecular imaging agents may be used to detect tumours *in vivo*.

The incorporation of multiple imaging modalities on a single imaging probe allows the development of more advanced systems, in which the distinct advantages of each imaging modality can be exploited.⁷ We have attached a fluorescent probe as an imaging modality complementary to ^{19}F MRI. This dual-modal system combines the sensitivity and relatively low-cost advantages of fluorescence imaging with the high resolution capabilities of MRI. The fluorescence label also provides a convenient means for *ex vivo* monitoring of cellular uptake of the imaging agent. The major advantage of MRI over other imaging techniques is the very high anatomical resolution that can be achieved.⁵ When ^{19}F molecular imaging agents are used, the ^1H image can be overlaid with the ^{19}F image, affording exceptional site recognition and anatomic positioning of the molecular imaging agent *in vivo*.^{18,23,39} In order to demonstrate the effectiveness of the HBP nanoparticles for

molecular imaging, we employed a mouse subcutaneous tumour model (Fig. 2).

Table 2. FACS data for single cell suspensions from excised organs for mice, 4 hours following injection of folate-conjugated and non-folate conjugated HBP.

	Spleen	Tumour
Non-conjugated	<i>na</i>	1.2% (415)
Folate-conjugated	5.4% (700)	39% (800)

Data is average for n=2 mice per experiment and a minimum of 10k cells were recorded. Mean fluorescence intensity for each experiment is reported in brackets.

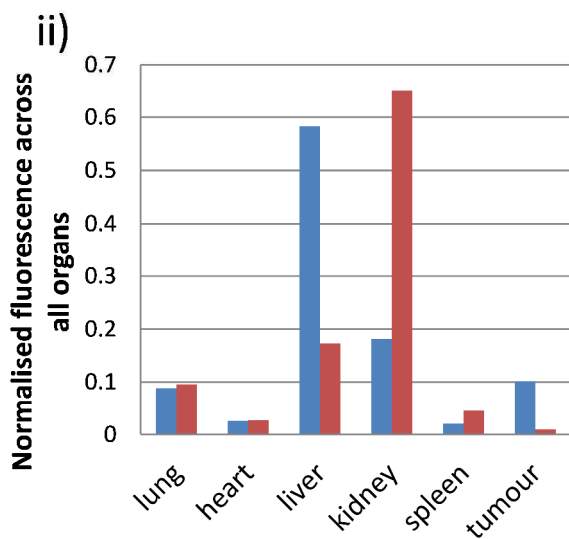
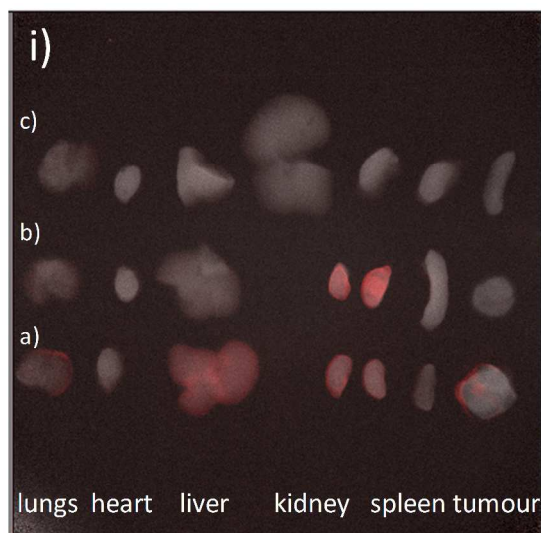


Figure 3. (i) Co-registered x-ray and fluorescence images of excised mouse organs 4 hrs following i.v. injection of RITC-labelled HBP (50 μ L of 20 mg.mL⁻¹) that was folate-conjugated a) and non-folate conjugated b). Control images are provided for animal without polymer injection c). FACS data for single cell suspensions from excised organs for folate-conjugated and non-folate conjugated HBP (d). (ii) Normalised fluorescence intensity throughout excised organs for folate conjugated (blue) and non-conjugated polymer (red) shown in bar chart.

Both MRI and fluorescence images show a clear presence of the folate-conjugated and unconjugated molecular imaging agents in major organs (4 hrs following i.v. injection of HBPs), highlighting the intrinsic sensitivity and complementarity of these imaging techniques - fluorescence imaging provides whole animal images allowing tracking of nanoparticles, while ¹⁹F MRI provides images of high resolution for analysing distribution of nanoparticles within single organs. In the case of this particular experiment, 5mm slices were utilized to gain maximum signal intensity for elucidation of signal accumulation in particular organs. For future applications, smaller slices will improve the resolution beyond that presented in figure 2. The non-targeted sample is localized in the bladder and kidney, suggesting that the polymer is small enough to be excreted via the kidneys; accumulation does not appear to occur in the remaining organs to a significant extent. In the case of the folate-targeted polymer, ¹⁹F image intensity is observed in the region of the tumour and liver in addition to the kidney and bladder. This is due to the fact that, in addition to being over-expressed on the B16 cells, folate-receptors are also expressed by normal tissue within the liver and kidneys.⁴⁰ Similar to the ¹⁹F MR images, the fluorescence signal from the folate-conjugated polymer is observed in the liver, kidney, bladder and tumour whereas that from the unconjugated polymer is only in the kidney. The absence of signal in the bladder suggests the animal's bladder was empty at the time of imaging. We do not believe that the signal observed in the liver is due to phagocytosis of particles via the mononuclear phagocyte system (MPS), firstly because the unconjugated polymer was not detected in the liver, and the addition of folic acid moieties does not significantly alter the size or hydrophobicity of the macromolecule. Secondly, if the polymer were phagocytosed, we would also expect to see signal within other organs involved in the MPS including the spleen.³⁴ Indeed, *ex vivo* fluorescence imaging of organs revealed only minimal detectable signal within the spleen at the time of imaging (Figure 3).

It is worth noting here that the signal from both the ¹⁹F MRI and the fluorescence appears non-homogeneously throughout the tumour and organs. In the case of fluorescence, this can be attributed to absorption of radiated light by tissue. In addition, the B16 melanoma cells have high expression of melanin which acts as a quencher of fluorescence (even for far red dyes). For the case of ¹⁹F MRI, selected slice geometries and lower sensitivity (compared to fluorescence signal) may be attributed to the concentration of signal in these images. Optimisation of acquisition parameters will likely improve the image properties in future experiments. Nonetheless, the *in vivo* imaging successfully showed that accumulation of targeted polymer nanoparticles in tumours could be detected using multiple modalities and we demonstrate the first example of polymeric agents being used to detect tumours by ¹⁹F MRI.

The MRI and *ex vivo* fluorescence data regarding nanoparticle uptake into the tumour was confirmed by FACS analysis of B16 tumour cells following excision and enzymatic digestion (Table 2). The results showed that 39 \pm 5 % (n=2) of B16 cells had taken up the intravenously injected folate-conjugated polymer after 4 hours, indicating the ability of these particles to both target melanoma cells and be internalised via the folate-receptor *in vivo*. The non-conjugated polymer was detected in only 1% of the cells within the tumour under the same experimental conditions. Furthermore, imaging of mice 24 hours following i.v. injection of HBPs showed that significant signal

1 from the folate-conjugated polymer was still detectable in both
2 the liver and the tumour by both ^{19}F MRI and fluorescence
3 imaging while the unconjugated polymer exhibited no detect-
4 able signal by either technique. Collectively, this evidence
5 suggests that the molecule is small enough to be excreted via
6 the kidneys and, in the absence of any mechanism for specific
7 cellular uptake (e.g., via the folate receptor-mediated path-
8 way), is rapidly removed from the animal.

9 **CONCLUSION.** We have developed a materials platform for
10 the synthesis of well-defined polymeric nanoparticles that are
11 highly sensitive molecular imaging agents suitable for detec-
12 tion by both fluorescence imaging and ^{19}F MRI. The robust
13 chemistry allows excellent control over the structure of the
14 hyperbranched molecules which can be tailored to determine
15 the *in vivo* biodistribution. The flexible synthetic methodology
16 also allows facile post-conjugation of cell-targeting ligands
17 such as folate, for effective detection of tumours. This versa-
18 tile approach provides a powerful platform technology for
19 advanced multi-modal imaging devices for *in vivo* detection of
20 multiple diseases, combining the high resolution of ^{19}F MRI
21 and the sensitivity of optical imaging.

22 **Supporting Information.** Full experimental procedures in-
23 cluded in supporting information. This material is available
24 free of charge via the Internet at <http://pubs.acs.org>.

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