



**Canadian Journal of Fisheries and Aquatic Sciences**  
 Journal canadien des sciences halieutiques et aquatiques

**Understanding summertime thermal refuge use by adult Atlantic salmon using remote sensing, river temperature monitoring, and acoustic telemetry**

Journal:	<i>Canadian Journal of Fisheries and Aquatic Sciences</i>
Manuscript ID	cjfas-2017-0422.R1
Manuscript Type:	Article
Date Submitted by the Author:	08-Dec-2017
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Is the invited manuscript for consideration in a Special Issue? :	Oceans Tracking Network
Keyword:	SALMON < Organisms, MOVEMENT < General, THERMOREGULATION < General, thermal refuges, heat stress

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1 Understanding summertime thermal refuge use by adult Atlantic salmon using remote sensing,  
2 river temperature monitoring and acoustic telemetry

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**24 Abstract**

25 Adult Atlantic salmon return to natal rivers several months before spawning, and during summer,  
26 can be subjected to temperatures that exceed their upper temperature tolerance limits. Salmon  
27 use thermal refuges to minimize exposure to high temperatures, but little information exists  
28 regarding behavioral thermoregulation by adult Atlantic salmon. We examined behavioral  
29 thermoregulation by Atlantic salmon during summer in-river residence in a Quebec river with a  
30 novel combination of thermal infrared (TIR) remote sensing, river temperature monitoring, and  
31 acoustic telemetry. Adults engaged in behavioural thermoregulation at cooler ambient river  
32 temperatures (17-19°C) than previously recorded for this species and maintained body  
33 temperature within a narrow range (16-20°C) via use of cool and warm refuges. Adults used  
34 large, stable, stratified pools as refuges, allowing multiple individuals to thermoregulate  
35 simultaneously without leaving the pool. Low river discharge and high temperatures can be  
36 physical barriers to salmon migration, preventing them from accessing suitable refuges (e.g.  
37 pools). Identifying and maintaining connectivity to thermal refuges may be critical for  
38 persistence of Atlantic salmon populations as climate changes and rivers warm.

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## 47 **Introduction**

48 Salmonid species have narrow temperature tolerance ranges, making them highly  
49 susceptible to environmental warming resulting from climate change (Brett 1956; Pörtner and  
50 Farrell 2008; Jonsson and Jonsson 2009). Outside their range of optimal temperatures (where  
51 aerobic scope is greatest and growth and metabolism are maximized), capacity for aerobic  
52 activity decreases to the point where aerobic scope is zero and metabolism depends on anaerobic  
53 processes (Pörtner and Farrell 2008; Jonsson and Jonsson 2009). Above the incipient lethal  
54 temperature, fish become thermally stressed and long-term survival is not possible unless access  
55 to cooler water is available (Elliott and Elliott 2010). Although the upper incipient lethal  
56 temperature varies among species and populations of salmonids, it generally falls between 20°  
57 and 28°C (Goinea et al. 2006; Jonsson and Jonsson 2009; Elliott and Elliott 2010).

58 Salmonids cope with high temperatures using behavioural thermoregulation, whereby  
59 individuals actively seek out and use cold-water refuges, i.e. discrete patches of water that are  
60 cooler than the surrounding ambient river temperature (Kaya 1977; Berman and Quinn 1991;  
61 Torgersen et al. 1999). Such cold water patches may be formed by cool tributaries and their  
62 associated confluence plumes, groundwater seeps, thermal stratification of deep pools or alcoves,  
63 or hyporheic exchange (Bilby 1984; Ebersole et al. 2003; Torgersen et al. 2012). Behavioural  
64 thermoregulation has been observed in multiple species of salmonids during all phases of the life  
65 cycle (Gibson 1966; Berman and Quinn 1991; Tanaka 2000) and records of Atlantic salmon  
66 (*Salmo salar*) using cool water refuges during high temperature events were described as early as  
67 1939 (Huntsman 1942).

68 Atlantic salmon return to natal rivers during summer, many months before the onset of  
69 spawning. While over-summering in rivers, Atlantic salmon can be subject to temperatures that

70 approach or surpass the upper incipient lethal level. Although the optimal and critical  
71 temperatures are not explicitly known for adult Atlantic salmon, temperatures of 26° to 27°C have  
72 been associated with mortality of migrating adult Atlantic salmon and there is consensus in the  
73 literature that temperatures between 20° and 23°C are stressful (Shepard 1995; Wilke et al. 1995;  
74 Breau 2013). High summer temperatures, therefore, may reduce the number of adult salmon that  
75 survive to spawn during the autumn, with associated negative impacts on population  
76 productivity. Because salmon metabolism increases with water temperature, high temperatures  
77 also reduce the energy available for individuals to engage in costly reproductive efforts, e.g.  
78 gamete production, mate selection, male-male competition, and nest construction by females  
79 (Gilhausen 1980; Berman and Quinn 1991; Hasler et al. 2012). Such non-lethal effects of high  
80 temperature on reproductive capacity can negatively impact productivity, even in the absence of  
81 heat-induced mortality. In order to retain sufficient energy stores for spawning, therefore, some  
82 adult salmon require access to cool thermal refuges during their long, in-river pre-spawning  
83 residence (Berman and Quinn 1991; Newell and Quinn 2005; Hasler et al. 2012).

84         Given the importance of thermal refuges to persistence and management of salmon  
85 populations, it is surprising that to date, there has been little research directed at understanding  
86 the temperatures that trigger refuge use by adult Atlantic salmon or the specific refuge types  
87 used. Studies of thermal refuge use by juvenile Atlantic salmon (e.g. Cunjak et al. 2005; Breau et  
88 al. 2007; Dugdale et al. 2016) have been widely conducted, whereas records of refuge use by  
89 adult salmonids largely have been restricted to species of Pacific salmon (e.g. Goniea et al. 2006;  
90 Donaldson et al. 2009; Keefer et al. 2009).

91         Several tools are now available for monitoring river temperature and tracking fish  
92 movements in rivers across a range of temporal and spatial scales. Remote sensing of river

93 temperature via aerial thermal infrared (TIR) imagery permits estimation of river temperature at  
94 a single time point over large spatial scales, whereas monitoring via temperature loggers can  
95 provide a long-term record of temperature at specific locations (Torgersen et al. 2001; Torgersen  
96 et al. 2012; Dugdale 2016). Temperature sensors built into very high frequency (VHF) and  
97 ultrasonic (acoustic) transmitters allow direct measurement of internal body temperature of  
98 tagged fish (Brewitt and Danner 2014; Gotkowsky 2017). We used a unique combination of TIR  
99 imagery, river temperature monitoring, and acoustic telemetry to 1) characterize the types of  
100 thermal refuges used by adult Atlantic salmon during the pre-spawning in-river residence and 2)  
101 identify the temperatures at which adults initiated thermal refuge use in a gravel bed river in  
102 Quebec, Canada. We expected that adult Atlantic salmon would engage in behavioural  
103 thermoregulation to remain within a narrow temperature range (Berman and Quinn 1991; Newell  
104 and Quinn 2005; Gotkowsky et al. 2017). Specifically, we expected that adults would use cool  
105 water patches when river temperatures reached the range thought to be stressful to adult Atlantic  
106 salmon (i.e. 20° to 23°C, Shepard 1995; Wilke et al. 1995; Breau 2013). We further expected that  
107 patterns in behavioural thermoregulation would follow the diurnal cycle of heating and cooling  
108 patterns, with adults using cool refuges during the warmest hours of the day (Ebersole et al.  
109 2001).

## 110 **Materials and methods**

### 111 *Study area*

112 The Rivière Sainte-Marguerite Nord-Est (hereafter, Nord-Est) is a salmon river in  
113 Quebec, Canada, approximately 190 km northeast of the city of Quebec. The Nord-Est drains a  
114 catchment of ~1000 km<sup>2</sup>, and joins the Rivière Sainte-Marguerite 5 km upstream from its  
115 confluence with the Saguenay River (Fig. 1). During summer, river temperature routinely

116 exceeds 22°C and during some years (2005, 2007, 2012, 2014), river temperatures greater than  
117 26°C were recorded in the lower seven kilometres of the river (Boyer et al. 2016).

118 A natural waterfall (Chute Blanche) at river kilometre (rkm) 7 blocked upstream  
119 migration of returning adult salmon until 1981, when a fish ladder was installed to allow adult  
120 salmon to bypass the waterfall. The installation of the fish ladder opened approximately 18 km of  
121 additional river habitat to salmon for spawning and juvenile rearing. All adult Atlantic salmon  
122 that return to the fish ladder are captured in an entry cage for counting and measurement before  
123 being allowed to pass into the main fish ladder. A pair of impassable waterfalls at rkm 33.7  
124 (Chute du 16 Miles) and rkm 36.2 (Chute du 18 Miles) currently prevent further upstream  
125 movement by returning adults.

126 In 2014, a translocation program was initiated to trap a subset of the adults returning to  
127 the fish ladder at Chute Blanche for transport upstream of the pair of impassable falls.  
128 Transported adults are able to access approximately 13 km of river habitat, before further  
129 upstream passage is blocked by another natural barrier. As part of the evaluation of the success  
130 of the translocation program, all salmon transported between 2014 and 2016 were tagged with  
131 acoustic transmitters to assess post-transport movement patterns. Our study leveraged the  
132 existing infrastructure and tagging program on the Nord-Est to assess thermal refuge use by adult  
133 Atlantic salmon during summer 2016, by tagging a subset of transported salmon with  
134 temperature sensing acoustic tags (V13T-H, Vemco, Halifax, NS). We conducted our study in  
135 two river reaches; the river reach between Chute Blanche and Chute du 16 Miles (hereafter, the  
136 downstream sector) and upstream of Chute du 18 Miles (hereafter, the upstream sector). Due to  
137 challenging river access, we were unable to deploy acoustic receivers throughout the entirety of

138 the downstream sector, so we focused our efforts on the seven kilometres immediately  
139 downstream of Chute du 16 Miles, which are accessible by canoe (Fig. 1).

#### 140 *TIR imagery and acoustic telemetry array*

141 We used TIR imagery to locate cold patches at the riverscape scale, which we  
142 subsequently used to inform placement of an acoustic receiver array designed to monitor  
143 movements and body temperatures of tagged Atlantic salmon. Airborne thermal and optical  
144 imagery (resolution of approximately 2.6 cm and 18.7 cm respectively from ~300 m AGL) was  
145 obtained from an aerial survey of the Nord-Est conducted on 25 August 2014 using the same  
146 method as Dugdale et al. (2013). We processed images and identified cool patches using the  
147 custom MATLAB graphical user interface and methods described by Dugdale et al. (2013).  
148 Briefly, thermal images were used to identify surface temperature anomalies, which were  
149 verified against the corresponding optical images to distinguish true water temperature anomalies  
150 from landscape features (e.g. shading on bedrock or vegetation). True surface anomalies that  
151 were  $\geq 0.5^{\circ}\text{C}$  cooler than ambient river temperature were classified as cool thermal refuges  
152 (Dugdale et al. 2013). Identified refuges were classified by type according to the definitions of  
153 Ebersole et al. (2003) and Torgersen et al. (2012), which are described in detail by Dugdale et al.  
154 (2013).

155 We deployed acoustic receivers in TIR-identified cool patches that were  $\geq 0.5$  m depth,  
156 the minimum depth required for receiver deployment. This depth requirement was deemed  
157 unlikely to bias the results of the present study because refuges shallower than this threshold are  
158 unlikely to provide thermal habitat suitable for long-term use by adult salmonids (Torgersen et  
159 al. 1999; Baird and Krueger 2003; Torgersen et al. 2012). Because only cool water patches that  
160 intersect the river surface can be identified by TIR (Dugdale 2016), acoustic receivers were also



161 deployed in five deep pools known to be used by adult salmon for holding during in-river  
162 residence (Frechette, unpublished data). Deployment of acoustic receivers in deep pools enabled  
163 identification of subsurface cool refuges that otherwise would have been missed via evaluation  
164 of TIR imagery. Receivers were deployed in late June before tagging commenced and were  
165 recovered towards the end of the spawning period in late October. Raw telemetry data were  
166 downloaded from receivers using VUE software (Vemco, Halifax, NS) and processed using the  
167 VTrack package for R (Campbell et al. 2012).

### 168 *River temperature monitoring*

169 Water temperature within the Nord-Est was recorded at 15-min intervals using  
170 temperature loggers (HOBO UA-002-64, Onset, Bourne, MA) installed at a number of sites (Fig.  
171 1a). Before deployment, we cross-calibrated temperature loggers and temperature-sensing  
172 transmitters in an ice-water bath to develop a correction factor. Temperature responses varied  
173 among individual loggers (0.010 – 0.678°C, mean = 0.2°C) so logger-specific correction factors  
174 were applied to each temperature logger prior to use in subsequent analyses. Temperature  
175 loggers (N = 7) were housed in white PVC tubes to shield them from direct sunlight and shifting  
176 river sediment, and were either attached to the anchoring blocks used to deploy acoustic  
177 receivers or attached to rock-filled plastic sacks. Temperature loggers were deployed in well-  
178 mixed areas of the river mainstem (one in the upstream sector at rkm 45 and one in the  
179 downstream sector, at rkm 30), in the two confluence tributary plumes identified in the upstream  
180 sector (U1 and U5), and in two deep pools known to be used by salmon during in river residence  
181 (U8 in the upstream sector and D3 in the downstream sector). We suspected that the upstream  
182 pool (U8) might be thermally stratified, so we deployed a second temperature logger c. 10 cm  
183 below the surface float that was attached to the anchor for the acoustic receiver. The difference

184 between the temperatures measured 10 cm below the surface and 10 cm above the substrate  
185 allowed us to test for the presence of thermal stratification in pool U8.

### 186 *Salmon capture and tagging*

187 Salmon included in this study were part of the translocation program detailed in the  
188 'study area' section. Twenty individuals were captured at the fish ladder and transported to  
189 upstream release sites (Fig. 1a) where they were tagged with acoustic transmitters equipped with  
190 temperature sensors (Vemco V13T-H), allowed to recover in-river, and released. The  
191 temperature-sensing transmitters allowed us to obtain measurements of instantaneous internal  
192 fish temperature whenever tagged salmon were detected by an acoustic receiver. Sixteen salmon  
193 were released in the upstream sector, c. 3 km upstream of Chute du 18 Miles (adjacent to pool  
194 U3) and four salmon were released in the downstream sector, c. 3 km downstream of Chute du  
195 16 Miles (adjacent to pool D4).

196 Fish were transported in a 1 600-L tank with a water recirculation system and supplied  
197 with oxygen. No transport occurred when water temperatures exceeded 20°C and a maximum of  
198 four fish were transported at the same time. Tagging was accomplished within one hour of  
199 arrival at the release site. Before tagging, salmon were placed in an aerated anaesthetic bath  
200 containing 30 mg L<sup>-1</sup> acetylenol. Dosage time varied depending on water temperature. Once  
201 the salmon was adequately anesthetized (determined by gill respiration rate and strength of the  
202 reflex response), it was placed on a V-shaped surgery table. During the surgical procedure,  
203 salmon received a maintenance dose of acetylenol (15 mg L<sup>-1</sup>) and water administered over  
204 the gills using a custom-designed reservoir. The acoustic tag was inserted into the abdominal  
205 cavity anterior to the pelvic girdle through an incision using aseptic technique. The incision was  
206 closed with three or four simple interrupted sutures. During handling, fish length (fork and total

207 length) and maxillary length were measured. Established regression relationships between  
208 maxillary length and fork length permitted sex identification for individuals that had not yet  
209 developed evident external sexual characteristics (Maisse et al. 1988; Prévost et al. 1991).  
210 Following surgery, fish were placed in an aerated recovery tank to be weighed before transfer to  
211 a water-filled stretcher for transport to the in-river recovery cage.

212 Salmon were held in the recovery cage and checked every 15 minutes until they regained  
213 equilibrium and were swimming freely. The recovery cage in the upstream sector was equipped  
214 with a door that was opened once salmon were swimming freely, allowing individuals to  
215 voluntarily exit the cage. If an individual remained in the cage one hour after regaining  
216 equilibrium, it was released by hand. The recovery cage in the downstream sector did not have a  
217 door so individuals were released by hand one hour after they regained equilibrium.

#### 218 *Seasonality and location of refuge use*

219 We obtained consistent position and temperature recordings from 15 of the 20 tagged  
220 salmon during July and August 2016 (Table 1). Four salmon tagged in the upstream sector and  
221 one salmon tagged in the downstream sector left the study area within two days of tagging and  
222 were not included in analyses. Two of the salmon tagged in the upstream sector (Fish D-01 and  
223 Fish D-02) moved downstream over the impassable falls within six days of release (termed  
224 fallback) and were detected in the downstream sector. As these fish were present in the  
225 downstream sector for the majority of the study period, they were grouped with the individuals  
226 released in the downstream sector for all analyses. Statistical analyses were conducted using R  
227 version 3.3.0 (R Core Team 2014) within R Studio version 1.0.136 (R Studio Team 2016).

228 To identify when and where salmon used thermal refuges, we computed the difference  
229 ( $\Delta T$ ) between salmon body temperature ( $T_B$ ) recorded by acoustic receivers and mainstem river

230 temperature ( $T_R$ ) measured by temperature loggers. Because fish temperature was logged  
231 intermittently (only when a fish was in proximity of the receiver), while ambient temperature  
232 was logged at 15-minute intervals, we used cubic spline interpolation to estimate mainstem river  
233 temperature at the exact moment that fish temperature was measured and logged by the acoustic  
234 receiver, which allowed us to calculate the instantaneous difference ( $\Delta T_I$ ) between interpolated  
235 mainstem river temperature ( $T_{RI}$ ) and fish temperature ( $T_B$ ). We generated plots of  $\Delta T_I$  by day  
236 for each individual, and color-coded the location (receiver identity) where the detections were  
237 recorded (Fig.2).

238 In the literature, cool refuges have been defined either using a specific temperature  
239 differential between the mainstem and cool patches, e.g. 2°C (Torgersen et al. 2012) or 3°C  
240 (Ebersole et al. 2001; 2003), or as simply water that is cooler than the mainstem (Baird and  
241 Krueger 2003). Donaldson et al. (2009), however, found evidence of behavioural  
242 thermoregulation in sockeye salmon (*Oncorhynchus nerka*) when the differential between body  
243 and river temperatures was 1°C. Given the inconsistency in the literature regarding definitions of  
244 thermal refuges and/or behavioural thermoregulation, we chose to use a threshold of 1°C to  
245 identify the location and timing of refuge use. We classified fish as using cool refuges when  $\Delta T_I$   
246  $\leq -1^\circ\text{C}$ . Conversely, values of  $\Delta T_I \geq 1^\circ\text{C}$  indicated that fish were located in water that was  
247 warmer than the ambient mainstem river temperature.

#### 248 *Identification of behavioural thermoregulation*

249 We assessed trends in behavioural thermoregulation over the course of the summer using  
250 the difference ( $\Delta T_H$ ) between mean hourly internal fish temperature ( $T_{BH}$ ) and mean hourly  
251 ambient mainstem river temperature ( $T_{RH}$ ). We used mean hourly measurements because river  
252 temperature did not change substantially within the hour. To determine whether salmon

253 exhibited behavioural thermoregulation, we regressed  $T_{BH}$  against  $T_{RH}$  for each individual  
254 (Berman and Quinn 1991). If salmon did not behaviourally thermoregulate (i.e., fish temperature  
255 depended on mainstem river temperature), we would expect a 1:1 relationship between  $T_{BH}$  and  
256  $T_{RH}$ . If a fish did behaviourally thermoregulate (i.e., salmon actively selected water that was  
257 warmer or cooler than ambient mainstem river temperature), we would expect a significant  
258 departure from the 1:1 relationship (Hillyard and Keeley 2012). We accounted for temporal  
259 autocorrelation in the data by applying weighted stratified sampling to the time series of  $T_{BH}$  and  
260  $T_{RH}$ . Specifically, the observations of each individual salmon were divided into four strata, with  
261 each stratum representing one week during the month of August (each stratum consisted of 8  
262 days, except for the fourth stratum, which was 7 days). One half of the total observations for  
263 each fish were randomly sampled, with the number of samples taken from each stratum weighted  
264 by the proportion of observations in the stratum relative to total number of observations during  
265 the month of August. The subsampled data were used in the linear regression model and a  
266 bootstrapping routine (1000 replicates) was used to confirm that estimates of model coefficients  
267 remained constant. Regression assumptions of normality and homogeneity were assessed by  
268 visually examining residual plots and the assumption of independence was assessed using the  
269 autocorrelation function (Zuur et al. 2009). We used a Student's t-test to test the null hypothesis  
270 that the slope of the regression coefficient did not differ from unity.

271 To determine mainstem river temperatures at which salmon exhibited behavioural  
272 thermoregulation, we subset the mainstem river temperature into  $1^{\circ}\text{C}$  bins for the range of  
273 ambient mainstem temperatures observed within each river sector. We then plotted the frequency  
274 histogram for values of  $\Delta T_H$  within each  $1^{\circ}\text{C}$  river temperature bin. We computed the median  
275 value of  $\Delta T_H$  within each  $1^{\circ}\text{C}$  river temperature bin and generated 95% confidence intervals (CI)

276 around the estimate of median  $\Delta T_H$  via bias corrected and accelerated (BCa) bootstrap  
277 resampling, which adjusts for bias and skewness using the ‘boot’ package in R (Efron and  
278 Tibshirani 1993; Davison and Hinkley 1997; Canty and Ripley 2017). If the 95% CI did not  
279 overlap zero, then median  $\Delta T_H$  (hereafter  $\Delta T_{Hmed}$ ) was considered to differ significantly from  
280 zero. A negative value of  $\Delta T_{Hmed}$  indicated that at a given river temperature, salmon were  
281 predominantly detected in cool patches (i.e. they used patches of water that were cooler than  
282 ambient mainstem river temperature), whereas a positive  $\Delta T_{Hmed}$  indicated that salmon were  
283 predominantly detected in warm patches. No significant difference between  $\Delta T_{Hmed}$  and zero  
284 indicated that there was no preferential use of cool or warm patches at the given temperature.

285 To examine diurnal patterns in refuge use, we merged records of  $\Delta T_H$  for all fish, and for  
286 each hour of the day, summed the amount of time that fish occupied a) cool patches [ $\Delta T_H \leq -$   
287  $1^\circ\text{C}$ ], b) the main stem [ $-1^\circ\text{C} > \Delta T_H > 1^\circ\text{C}$ ] and c) warm patches [ $\Delta T_H \geq 1^\circ\text{C}$ ]. We used Chi-  
288 square contingency table analysis to test the null hypothesis that the water type occupied (cool  
289 patch, main stem, or warm patch) was independent of the hour of the day, and graphically  
290 examined diurnal patterns in refuge use.

#### 291 *Within-pool behavioural thermoregulation*

292 We hypothesized that salmon using large pools containing cool water patches would  
293 behaviourally thermoregulate within the pool to occupy cool patches, ambient pool temperature,  
294 or warm patches as needed to maintain a narrow range of body temperatures (e.g. Nielsen et al.  
295 1994; Newell and Quinn 2005; Gutowsky et al. 2017). We tested this hypothesis using  
296 temperature data from the loggers attached to the VR2 anchors in pools. The temperature  
297 difference between internal fish temperature and ambient temperature measured in the pool

298 allowed us to assign fish to patch type (ambient pool temperature, cool patch, or warm patch) for  
299 all detections of individuals that occurred in the pool.

300 We estimated instantaneous ambient pool temperature ( $T_{AI}$ ) for each measurement of fish  
301 temperature ( $T_B$ ) that was logged by the acoustic receiver using the cubic spline interpolation, as  
302 described previously. We then calculated instantaneous pool-specific  $\Delta T$  ( $\Delta T_{IP} = T_B - T_{AI}$ ),  
303 which we used to assign patch state (cool, ambient, or warm patch) to all detections of each  
304 individual in the pool. We again used  $1^\circ\text{C}$  as a threshold to distinguish between the use of cool  
305 patches ( $\Delta T_{IP} \leq -1^\circ\text{C}$ ), ambient river temperature ( $-1^\circ\text{C} > \Delta T_{IP} > 1^\circ\text{C}$ ), or warm patches ( $\Delta T_{IP} \geq$   
306  $1^\circ\text{C}$ ).

307 We employed empirical cumulative density functions to determine the temperatures at  
308 which salmon moved into cool or warm patches. To ensure that a new detection of an individual  
309 in a patch truly represented the initiation of patch use, and not an individual that was simply on  
310 the edge of a cool or warm patch (in which case it might appear to sporadically move into and  
311 out of the patch), we set a threshold of 15 min to define a patch residence. That is, for a fish to be  
312 considered resident in a warm or cool patch, it must have remained in the patch for a minimum  
313 of 15 min. The threshold of 15 min was chosen because this was the sampling resolution of our  
314 in-river temperature loggers.

## 315 **Results**

### 316 *TIR imagery and acoustic telemetry array*

317 Although we classified thermal refuges throughout the Nord-Est (Fig. 1b), here we  
318 present counts of only those cool refuges located in the accessible study reaches. We identified  
319 18 cool patches in the downstream sector and 36 in the upstream sector. Three classes of cool  
320 patch were identified downstream: lateral seep ( $n=12$ ), confluence plume ( $n=5$ ), and cold alcove

321 (n=1). As in the downstream sector, lateral seeps (n=16) were the most prevalent cool patch type  
322 identified in the upstream sector. The other classes identified upstream, in order of prevalence,  
323 were: cool side channel (n=6), confluence plume (n=5), hyporheic upwelling (n=5), springbrook  
324 (n=3), and cold alcove (n=1). Although we did not directly measure the size of most cool patches  
325 identified using TIR imagery, we used the optical images coupled with knowledge of the system  
326 to determine that the majority had a surface extent of less than 1 m<sup>2</sup> and were in water less than  
327 0.5 m depth, making them too shallow for receiver deployment.

328         We deployed 13 acoustic receivers during summer 2016 (Fig. 1a). The only cool patches  
329 identified from TIR imagery that were deep enough for receiver deployment ( $\geq 0.5$  m) were  
330 either seeps located in deep pools or confluence plumes (Fig. 1a). Maximum water depth within  
331 pools was measured on 25 July 2016 at a river discharge of 26 m<sup>3</sup>s<sup>-1</sup> using a single beam echo  
332 sounder (Hydroball, CIDCO, Rimouski, QC). Confluence plume depth was measured with a  
333 meter stick during receiver deployment. In the downstream sector, we deployed receivers in two  
334 pools containing lateral seeps (D1 = 2.1 m deep and D2 = 5.8 m deep). In the upstream sector,  
335 lateral seeps were identified in three large pools (U3, U4, and U7), which had maximum depths  
336 ranging between 3 and 4 m. A small patch of cool hyporheic upwelling was identified in a fourth  
337 large pool (U8), which was the deepest pool in both study sectors (maximum depth = 6.2 m).  
338 Three of five confluence plumes were deep enough for receiver deployment (1 – 1.5 m at a river  
339 discharge of 21 m<sup>3</sup>s<sup>-1</sup>). We were only able to deploy receivers in two of these sites (U1 and U5)  
340 because a strong counter-current prevented receiver deployment at the third confluence plume.  
341 We deployed receivers in all remaining accessible large pools (maximum depth: 2.7 – 5.3 m) in  
342 the upstream (n=3) and downstream (n=2) sectors.



343 Our analyses focused on data from 15 individuals that were consistently detected during  
344 July and August (Table 1). Internal body temperature was logged whenever salmon were in  
345 proximity of a receiver, i.e., when they were in confluence plumes or pools containing receivers.  
346 Temperature records were not obtained when salmon were transiting between pools or in habitat  
347 not monitored by a receiver. Range testing conducted during the summer of 2014 indicated that  
348 under calm conditions, the detection efficiency of V13 acoustic tags by VR2W receivers  
349 deployed in pools in the Nord-Est was 95% at a distance of 40 m and 80% at 200 m (water depth  
350  $\geq 0.5$  m). Reduced receiver detection range was only observed when river discharge exceeded 60  
351  $\text{m}^3\text{s}^{-1}$  or during discrete heavy rainfall events (Frechette, unpublished data). During the study  
352 period, median river discharge was  $18.7 \text{ m}^3\text{s}^{-1}$  (range =  $8.8 - 39.4 \text{ m}^3\text{s}^{-1}$ ) and only two rain events  
353 occurred during summer 2016 (both during July) that could have interfered with tag detection  
354 over a period of less than 12 hours. In cases when multiple salmon were present within a pool,  
355 there was some evidence of tag collision, which prevented temperature records from being  
356 registered by a receiver despite the salmon being within range of the receiver. Given the high  
357 temporal frequency at which data was transmitted to the receivers (i.e. every 30 to 90 sec), data  
358 lost because of tag collisions represents only a tiny fraction of the total number of detections  
359 recorded from each individual (Table 1). Consequently, we do not expect that the loss of tag  
360 detections from rainfall or tag collisions biased our analysis of behavioural thermoregulation.

### 361 *Seasonality and location of refuge use*

362 All observed cool patch use occurred during August (Fig. 2), which was the only month  
363 when measured mainstem river temperature remained within the range considered to be stressful  
364 to adult Atlantic salmon ( $20-23^\circ\text{C}$ , Breau 2013) for more than a few hours at a time (Fig. S1).  
365 Three high temperature events, defined as periods during which mainstem river temperature

366 exceeded 22°C in the upstream sector and approached or exceeded 20°C in the downstream  
367 sector, occurred during August 2016. The initial onset of behavioural thermoregulation was  
368 linked to the high temperature event that occurred 4-6 August (day 217-219), when mainstem  
369 river temperature approached 23°C and remained greater than 20°C for three days. Before this  
370 event, river temperature was rarely greater than 19°C (Fig. S1) and there was no evidence of cool  
371 patch use (Fig. 2). During or immediately following the first high temperature event, all salmon  
372 moved into pools containing thermal refuges.

373 Cool refuge use ( $\Delta T_1 \leq -1^\circ\text{C}$ ) occurred in six locations (Fig. 2): D3 (downstream sector)  
374 and U2, U3, U6, U7, and U8 (upstream sector). Of the pools where cool patch use occurred, only  
375 three had cool patches that were also identified from TIR images (U3, U7 and U8). Data from  
376 temperature loggers installed at the bed and surface of U8 (cross-validated with spot  
377 measurements from a temperature probe) indicated that U8 was thermally stratified during  
378 August 2016 (Fig. S2). Temperature recorded 10 cm below the surface ranged from 0.77°C to  
379 1.7°C warmer than the temperature recorded 10 cm above the substrate. This temperature  
380 differential is greater than the thresholds used to define thermal stratification used by Matthews  
381 et al. (1994; 0.5°C) and Gendron (2013; 0.1°C), despite the fact that the bottom logger was not  
382 placed in the coolest area of the pool. No cool patch use was identified in either of the  
383 confluence plumes (U1 and U5), nor in other pools containing lateral seeps (U4 and D1) that  
384 were identified via thermal imagery. Fish used cool patches for extended periods of time ( $\geq 2$   
385 weeks), in pools U8 (upstream sector) and D3 (downstream sector), which were the only pools  
386 where of  $\Delta T_1 \leq -2^\circ\text{C}$  was recorded. Minimum  $\Delta T_1$  ranged from -2.97 to -3.79°C in D3 and -4.83  
387 to -5.03°C in U8. Aside from brief forays into other pools, all tagged fish remained in D3 or U8  
388 during the warmest part of August, with up to 90% of available individuals in the upstream

389 sector (8 of 9) detected in pool U8 and 100% of available individuals in the downstream sector  
390 (5 of 5) detected on a given day.

### 391 *Identification of behavioural thermoregulation*

392 Although all tagged salmon engaged in behavioural thermal regulation, individuals that  
393 were in the downstream sector during August exhibited less behavioural thermoregulation than  
394 salmon in the upstream river sector and salmon tagged after the high temperature events  
395 exhibited less behavioural thermoregulation than fish tagged earlier in the summer. A linear  
396 relationship with a slope that differed from 1:1 was observed between mean hourly mainstem  
397 river temperature and mean hourly internal fish temperature for all individuals (1-tailed Student's  
398 t-test,  $\alpha = 0.05$ , Fig. 3) and no substantial departure from the assumptions of normality and  
399 homogeneity were evident in residual plots. In the downstream sector, greater than 70% of the  
400 variation in internal fish temperature was explained by the mainstem river temperature  
401 (measured at rkm 30). In the upstream sector, however, mainstem river temperature (measured at  
402 rkm 45) explained little of the variance in internal fish temperature for individuals that  
403 experienced the high temperature events (Fig. 3). The remaining variation in fish temperature (42  
404 to 73%) was explained by fish using areas of the river that were cooler or warmer than the  
405 ambient mainstem temperature. Ambient mainstem river temperature explained approximately  
406 80% of variation in fish temperature for the two individuals that were tagged during late August,  
407 after the high temperature events (Fish U-09 and Fish U-10).

408 In the upstream sector,  $\Delta T_{Hmed}$  was significantly greater than zero when ambient  
409 mainstem river temperature was between 14.0 and 16.9°C (bootstrapped 95% CI did not overlap  
410 zero, Fig. 4a), indicating that salmon were using warm patches at these cooler temperatures.  
411 When ambient mainstem river temperature was between 17 and 18.9°C, median  $\Delta T_{Hmed}$  was not

412 significantly different than zero (bootstrapped 95% CI contain zero), indicating that salmon did  
413 not seek out warm or cool patches. Once ambient mainstem river temperature reached 19°C,  
414 however,  $\Delta T_{Hmed}$  began to skew significantly negative, indicating that fish were actively using  
415 cool patches. At water temperatures  $\geq 21.0^\circ\text{C}$ , nearly 100% of detections of tagged salmon were  
416 in cool refuges, and  $\Delta T_{Hmed}$  was approximately  $-2^\circ\text{C}$ .

417 Fish in the downstream sector showed no evidence of warm patch use, and cool patch use  
418 began at lower ambient mainstem river temperatures than in the upstream sector (Fig. 4b). When  
419 mainstem river temperature was between 14 and 16.9°C,  $\Delta T_{Hmed}$  was not significantly different  
420 than zero (bootstrapped 95% CI contain zero). Once mainstem river temperature reached 17°C,  
421  $\Delta T_{Hmed}$  began to skew significantly negative, a threshold that was two degrees cooler than in the  
422 upstream habitat. At water temperatures  $\geq 19.0^\circ\text{C}$ , nearly 100% of detections of tagged salmon  
423 were in cool refuges and  $\Delta T_{Hmed}$  was greater than  $-2^\circ\text{C}$ .

424 There was a clear diurnal pattern in behavioural thermoregulation in the upstream sector  
425 and the thermal habitat type occupied (cool patch, ambient mainstem temperature, or warm  
426 patch) was not independent of the hour of the day (Fig. 5a;  $\chi^2_{(46, N = 4526)}$ ,  $P < 0.05$ ). Cool patch  
427 use increased throughout the afternoon, when river temperature generally increases due to solar  
428 heating, and was greatest at 16:00 before decreasing again. Warm patch use increased during the  
429 early morning, and was greatest at 06:00. There was no clear diurnal pattern in behavioural  
430 thermoregulation in the downstream sector and no warm patch use was observed (Fig. 5b),  
431 however, water type occupied (cool patch or ambient mainstem temperature) was not  
432 independent of the hour of the day ( $\chi^2_{(23, N = 1765)}$ ,  $P < 0.05$ ).

433

434

### 435 *Within-pool refuge use*

436 We examined within-pool behavioural thermoregulation in the pools where the majority  
437 of cool patch use occurred (D3 and U8). During August 2016, three salmon (2 females, 1 male)  
438 were detected in D3 on  $\geq 18$  days. During the same period, seven salmon (3 females, 4 males)  
439 were detected in U8 on  $\geq 19$  days. Measured ambient temperature in pool D3 was always cooler  
440 than downstream ambient mainstem temperature (mean =  $0.42^{\circ}\text{C}$ ; range =  $0.27^{\circ}$  to  $0.77^{\circ}\text{C}$ ).  
441 Measured ambient temperature in pool U8 was  $3.4^{\circ}\text{C}$  cooler to  $2.4^{\circ}\text{C}$  warmer than the upstream  
442 ambient mainstem temperature (on average, U8 was  $0.12^{\circ}\text{C}$  cooler than the mainstem). The  
443 temperature range recorded at the bottom of U8 was  $15.1^{\circ}\text{C}$  to  $21.5^{\circ}\text{C}$ , whereas the temperature  
444 range recorded in D3 was slightly broader ( $15.7^{\circ}\text{C}$  to  $22.2^{\circ}\text{C}$ ). The locations of thermal refuges  
445 within these pools, however, were not known before deployment of temperature loggers.  
446 Consequently, temperature loggers were not placed directly in the thermal refuges and recorded  
447 pool temperature did not represent the coolest or warmest temperatures available in each pool.

448 The initiation of cool patch residences in pool D3 increased steadily between  $16.5^{\circ}\text{C}$  and  
449  $20.5^{\circ}\text{C}$  (Fig. 6a) and no warm patch residences were observed. In pool U8, cool patch residences  
450 increased dramatically between  $18.9^{\circ}\text{C}$  and  $19.7^{\circ}\text{C}$ , and reached a plateau at approximately  $21^{\circ}\text{C}$   
451 (Fig. 6b). Initiation of warm patch residences increased steadily between  $16^{\circ}\text{C}$  and  $19^{\circ}\text{C}$ ,  
452 however, very few warm patch residences began when pool temperature was  $> 19^{\circ}\text{C}$  (Fig. 6c).

### 453 **Discussion**

454 All adult Atlantic salmon that were tagged with temperature-sensing transmitters engaged  
455 in behavioural thermoregulation. Although mainstem river temperature in the Nord-Est was  
456 relatively cool and did not exceed  $23^{\circ}\text{C}$ , adult salmon used mainstem pools as cool refuges  
457 during the warmest period of the summer. Individuals exhibited behavioural thermoregulation at

458 substantially cooler ambient river temperatures (17°C in the downstream sector and 19°C in the  
459 upstream sector), than expected from previous studies that described thermal refuge use by  
460 juvenile (Gibson 1966; Cunjak et al. 2005; Dugdale et al. 2016) and adult (Shepard 1995)  
461 Atlantic salmon. These results support the literature and metabolism-based assessment by Breau  
462 (2013) that temperatures above 20°C are stressful to adult Atlantic salmon. Adult salmon  
463 predominantly used cool refuges during the afternoon when the warmest ambient mainstem  
464 water temperatures were recorded, and during refuge use body temperatures were as much as 5°C  
465 cooler than ambient mainstem river temperature.

466         Our combination of TIR imagery, river temperature monitoring, and acoustic telemetry  
467 enabled us to obtain a more holistic understanding of how adult Atlantic salmon use thermal  
468 habitat than would have been possible with a single-pronged approach. Use of TIR imagery  
469 allowed us to map potential thermal refuges at the riverscape scale in a system where large  
470 sections of the river are inaccessible. The resulting refuge maps, when applied in concert with  
471 optical imagery and first-hand knowledge of the river system, helped target acoustic receiver  
472 deployment to potential cool refuges, which we were able to monitor continuously over the  
473 course of the summer using acoustic telemetry. Additional deployment of acoustic receivers in  
474 deep pools allowed us to identify subsurface cool refuges that were important refuges for adults  
475 (e.g. pool D3) but that were missed via evaluation of TIR imagery because the cool water did not  
476 extend to the river surface. Because internal salmon body temperature was recorded when  
477 salmon were in proximity of a receiver, we obtained near continuous records of salmon body  
478 temperature in potential refuge sites. When coupled with long-term measurement of ambient  
479 river temperature from temperature loggers, telemetry records allowed us to assess behavioural  
480 thermoregulation via thermal refuge use over finer temporal and larger spatial scales than would

481 have been possible using snorkel counts or radio-telemetry, techniques that have been previously  
482 applied to study of thermal refuge use by salmonids (e.g. Torgersen et al. 1999; Ebersole et al.  
483 2001; Brewitt and Danner 2014).

484         Physiological stress has been observed under laboratory conditions in adult Atlantic  
485 salmon at 23°C (Wilkie et al 1997). Ambient mainstem river temperature in the Nord-Est first  
486 approached 23°C during the high temperature event that occurred 4-6 August (day 217-219). We  
487 observed mass movement of individual Atlantic salmon into pools containing cool refuges  
488 during or immediately after this event. The first heat wave likely induced thermal stress, which  
489 served as trigger for individuals to search out pools containing cool refuges where they could  
490 recover physiologically (Breau 2013). Once fish entered pools containing refuges, they remained  
491 in residence for  $\geq 2$  weeks, similar to the residence time observed for steelhead (*Oncorhynchus*  
492 *mykiss*) using cold tributaries as thermal refuges in the Columbia River Basin (Keefer et al.  
493 2009).

494         The degree of behavioural thermoregulation observed varied among individuals, and  
495 appeared tied to location and timing of release. Individuals in the upstream sector exhibited a  
496 greater degree of behavioural thermoregulation than salmon in the downstream sector, which  
497 may be explained by the difference in ambient mainstem temperature between the two river  
498 sectors. In the upstream sector, measured ambient mainstem temperature exceeded 20°C and  
499 approached 23°C during all three high temperature events, whereas in the downstream sector,  
500 ambient mainstem river temperature only approached 23°C during the first event. Salmon that  
501 were present in the upstream sector before at least one of the three high temperature events that  
502 occurred during August 2016 exhibited a greater degree of behavioural thermoregulation than  
503 salmon that were tagged near the end of August, when water temperature was cooler (Fig. 3).

504 Use of cool refuges has also been linked to run timing in Columbia River steelhead. Steelhead  
505 that migrated during the warmest part of the summer had the greatest rates of refuge use,  
506 whereas fish that migrated either early or late in the season experienced lower mainstem  
507 temperatures and had lower rates of refuge use (Keefer et al. 2009). Salmonids that migrate  
508 during periods when heat stress-inducing warm water events occur seem to have a greater need  
509 to use cool water refuges than salmonids migrating later in the summer when water is cooler.

510 In our study, tagged adult Atlantic salmon routinely used cool patches when river  
511 temperature in the Nord-Est was less than 19°C, which is substantially cooler than previously  
512 reported for Atlantic salmon. Juvenile Atlantic salmon moved into cold water refuges in eastern  
513 Canadian rivers when water temperature was 22-24°C (Gibson 1966; Cunjak et al. 2005;  
514 Dugdale et al. 2016), and adults stopped migrating and congregated in cold water tributaries in  
515 the Penobscot River in Maine at 23°C (Shepard 1995). In the upstream sector, adult salmon used  
516 thermal refuges when ambient mainstem river temperature was as cool as 19°C, and nearly 100%  
517 of detections were in thermal refuges when ambient mainstem temperature was  $\geq 21^\circ\text{C}$ . These  
518 results are similar to the patterns of thermal refuge use exhibited by summer steelhead in the  
519 Columbia River Basin, where steelhead began using cold water tributaries as thermal refuges  
520 when mainstem river temperature reached 19°C, and 70% of tagged fish were detected in refuges  
521 when river temperature exceeded 21°C (Keefer et al. 2009). In the downstream sector, however,  
522 adults used thermal refuges at ambient mainstem river temperatures as low as 17°C, with 100%  
523 of detections occurring in cold refuges when river temperature was  $\geq 19^\circ\text{C}$ .

524 Interestingly, in the upstream sector, adult Atlantic salmon used warm water patches  
525 when river temperature was  $< 17^\circ\text{C}$ . Although use of warm water patches by salmonids during  
526 winter has been documented (Craig and Poulin 1975; Cunjak and Power 1986; Brown and



527 McKay 1995), use of warm water patches during summer by migrating adult salmon has not  
528 been previously reported in the literature. Temperatures are more stable in thermal refuges  
529 created by thermal stratification or groundwater inputs than in surrounding river habitat that is  
530 more susceptible to diurnal heating and cooling cycles. Warm patch use could result from  
531 salmon remaining in refuges during periods when ambient river temperature decreases relative to  
532 refuge temperature. Alternatively, adults may actively seek out warm water patches when  
533 ambient river temperature is low. Regardless of the mechanism, warm patch use could enable  
534 adults to remain within an optimal temperature range, allowing them to balance energy  
535 conservation with gamete maturation, which can be slowed if temperature is too low (Berman  
536 and Quinn 1991; Newell and Quin 2005; Hasler et al. 2012). Taken together, the temperatures at  
537 which cool and warm patch use occurred in the Nord-Est suggest that adults may have a narrow  
538 optimal temperature range similar to that previously described to optimize growth in juvenile  
539 Atlantic salmon, i.e. approximately 16-20°C (Elliott 1991; Jonsson and Jonsson 2009). Bull trout  
540 (*Salvelinus confluentus*) tagged with temperature-sensing V13 acoustic tags were found to  
541 occupy a narrow temperature range comparable to laboratory-derived optimal temperatures for  
542 growth and metabolism, despite a much broader range of temperatures available to free-  
543 swimming individuals in a British Columbia reservoir (Gutowsky et al. 2017). Sockeye salmon  
544 have also been observed using a narrow temperature range (9-11°C) while over-summering in a  
545 stratified lake, despite the availability of warmer and cooler temperatures (Newell and Quinn  
546 2005).

547 We observed a diurnal pattern in refuge use in the upstream sector of the Nord-Est. Cool  
548 refuge use was greatest in the afternoon and warm patch use was greatest in the early morning,  
549 corresponding to daily maximum and minimum water temperatures. The absence of a clear

550 diurnal pattern in behavioural thermoregulation in the downstream sector may be because the  
551 sample size was smaller downstream (5 individuals) than upstream (10 individuals). Peak refuge  
552 use by rainbow trout (*O. mykiss*) in the Snake River (Oregon) drainage also occurred in the late  
553 afternoon when ambient temperature was greatest (Ebersole et al. 2001). Observations by Breau  
554 et al. 2007, however, indicated that aggregation of juvenile Atlantic salmon in cool refuges was  
555 influenced more by water temperature than by time of day. Observation of cool refuge use by  
556 Breau et al. (2007) was based on snorkel counts in one study reach, whereas our observations  
557 were based on near-continuous records of adult body temperature and river temperature, and  
558 spanned multiple potential refuges, which could explain the discrepancy between our findings  
559 and those of Breau et al. (2007).

560         Although cold water tributaries and confluence plumes served as important thermal  
561 refuges for adult salmonids in the much larger Columbia and Penobscot river systems, (Shepard  
562 1995; Goinea et al. 2006; Keefer et al. 2009), the two confluence plumes in Nord-Est that were  
563 equipped with acoustic receivers did not serve as thermal refuges for adult Atlantic salmon.  
564 Mainstem discharge greatly influences confluence plume volume, which subsequently influences  
565 refuge carrying capacity (Gendron 2013). The monitored confluence plumes in the Nord-Est  
566 were shallow ( $\leq 1.5$  m deep at river discharge of  $21 \text{ m}^3\text{s}^{-1}$  but  $\leq 0.75$  m deep when river  
567 discharge was  $9 \text{ m}^3\text{s}^{-1}$ ). Discrete measurements made during August 2016 indicated that the  
568 cooling influence of confluence plumes did not extend more than 3 m from the mouth of each  
569 tributary, despite temperature differences between tributaries and the mainstem of  $10\text{-}12^\circ\text{C}$   
570 (Frechette, personal observation). Thus it is unlikely that shallower unmonitored confluence  
571 plumes were used as refuges. Our findings are similar to those of Beguin et al. (2000), who  
572 found that adult steelhead over-summering in Steamboat Creek (a mid-order stream in Oregon)

573 did not use shallow ( $< 0.8$  m) confluence plumes. Cool water confluence plumes in the Nord-Est,  
574 therefore, were likely too shallow to be used by adult Atlantic salmon for long-term behavioural  
575 thermoregulation (Torgersen et al. 1999; Beguin et al. 2000; Ebersole et al. 2001).

576 The most important thermal refuges used by over-summering Atlantic salmon adults in  
577 the Nord-Est were stratified alluvial pools (D3 and U8). Thermal stratification may form in pools  
578 where groundwater seeps or hyporheic flow is present, or in areas where channel morphology  
579 causes water velocity to slow sufficiently to prevent mixing throughout the water column  
580 (Nielsen et al. 1994). In the absence of mixing, surface water heats up during the day while  
581 bottom water maintains a relatively constant temperature. During the night, surface water cools  
582 and sinks to the bottom, maintaining a temperature gradient (Nielsen et al. 1994). Although  
583 mainstem alluvial pools are rarely stratified (Nielsen et al. 1994; Gendron 2013), pool U8 is  
584 unusually large relative to other pools in the Nord-Est. The pool inlet is shallower than the outlet,  
585 the maximum depth exceeds 6 m, and a gravel bar island in the centre of the pool may entrain  
586 cool bottom water, characteristics that are ideal for formation of thermal stratification via solar  
587 heating (Matthews et al. 1994; Nielsen et al. 1994; Gendron 2013).

588 We identified hyporheic flow associated with a small gravel bar near the head of pool U8  
589 from the TIR imagery, which may enhance thermal stratification (Gendron 2013). At present, it  
590 is not possible to identify solar heating or hyporheic flow as the main mechanism producing  
591 thermal stratification in pool U8, however the temperature at the substrate was as much as  $1.7^{\circ}\text{C}$   
592 cooler than at the surface, which provides evidence of strong thermal stratification (Matthews et  
593 al. 1994; Gendron 2013). The source of thermal stratification in pool D3 is still under  
594 investigation, but is thought to result from resurgence of cool water originating in a cool tributary  
595 located upstream of the pool. Although the confluence plume was clearly evident in TIR images,

596 surface evidence of the plume did not extend into pool D3. Regardless of the source of thermal  
597 stratification, pools D3 and U8 were extremely important to over-summering Atlantic salmon, a  
598 finding which corresponds with previous studies of thermal refuge use by steelhead and Chinook  
599 salmon (*Oncorhynchus tshawytscha*). Thermally stratified pools were the most heavily used pool  
600 type by summer run steelhead in the Middle Fork Eel River, a river system in California that is  
601 comparable in size to the Nord-Est (Nielsen et al. 1994), and both over-summering spring run  
602 Chinook and summer run steelhead disproportionately used pools as cool refuge habitat, relative  
603 to their availability in Oregon rivers (Torgersen et al. 1999; Baigun et al. 2000).

604         Deep pools with stable thermal refuges should allow individuals to thermoregulate with  
605 relatively little expenditure of energy (Berman and Quinn 1991). Adults holding in large pools  
606 may maintain a stable body temperature either by changing position in the pool or by remaining  
607 in a stable thermal refuge while ambient water temperature around the refuge changes  
608 throughout the day. Such behaviour would buffer adults from large temperature fluctuations  
609 associated with daily warming and cooling cycles in the river and allow them to retain valuable  
610 energy stores for spawning (Sutton et al. 2007; Hasler et al 2012). It must be noted, however,  
611 that temperature is not the only factor driving habitat selection during the in-river pre-spawning  
612 period. River discharge, proximity to spawning sites, season, and density of conspecifics may  
613 also influence choice of holding habitat. For example, large pools likely serve not only as  
614 thermal refuges, but also as hydraulic refuges, allowing fish to hold and maintain optimal  
615 temperature while waiting for discharge to increase and permit resumption of migration  
616 (Gendron 2013). Such pools are likely to be particularly important in shallow, gravel-bed rivers  
617 that are prone to low river discharge during the warmest periods of the summer when adult  
618 Atlantic salmon are present, and their abundance and location along a riverscape may influence

619 migratory patterns of adult Atlantic salmon. Although we measured the maximum depths of the  
620 pools containing receivers, we did not make detailed measurements of physical habitat. A  
621 detailed characterization of available pools, confluence plumes, and intervening habitat would  
622 permit the effects of temperature to be disentangled from other factors that influence habitat  
623 choice by adults during in-river holding, and is the subject of on-going research in the Nord-Est.

624       Limitations inherent in our study give rise to potential improvements for future research.  
625 We based evidence of thermal refuge use on the difference between ambient river temperature  
626 and internal fish temperature. We selected river temperature monitoring sites in well-mixed areas  
627 of the river that were representative of mainstem temperature, therefore, choice of temperature  
628 monitoring sites was unlikely to overly influence our identification of the timing, location, and  
629 temperatures at which fish initiated behavioural thermoregulation. It is possible, however, that  
630 choice of temperature monitoring sites introduced a minor bias into our results (Torgersen et al.  
631 1999). Such a bias could be mitigated by deploying multiple mainstem temperature loggers from  
632 which an average reach-specific ambient mainstem temperature could be calculated and used for  
633 identifying behavioural thermoregulation. Our study also represents a limited number of  
634 individuals tagged during one year in a medium-sized river that is relatively cool compared with  
635 more southerly rivers within the range of Atlantic salmon. Since thermal tolerance in salmon is  
636 related to the temperature at which they are acclimated (Elliott 1991), salmon populations in  
637 rivers that are warmer (or cooler) than the Nord-Est likely have different thresholds for initiation  
638 of thermal refuge use. Inter-annual differences in temperature regimes might also produce  
639 differences in thermal habitat use within a given river system. Additionally, refuge types that are  
640 important in large river systems (e.g. confluence pools) may be less important in smaller  
641 systems. Application of our methods in catchments of varying sizes across the range of Atlantic

642 salmon and over multiple years would facilitate identification of refuge types and thresholds for  
643 behavioral thermoregulation under different hydrological and temperature conditions. This  
644 would further improve our understating of thermal habitat requirements of Atlantic salmon,  
645 which could prove invaluable in predicting responses of Atlantic salmon populations to climate  
646 change.

647 River temperatures are rising in northern latitude rivers within the range of Atlantic  
648 salmon, a trend that is expected to continue under current climate change projections (Ferrari et  
649 al. 2007; Webb and Nobilis 2007; van Vliet et al.2013). Although optimal temperature for adults  
650 likely differ among river systems due to different thermal regimes and acclimation temperatures,  
651 it is clear that adult salmon used a narrow temperature range and required access to cool refuges  
652 at much lower temperatures than are regularly measured in salmon rivers (Shepard 1995; Breau  
653 et al. 2007; Dugdale et al. 2016). Increased temperatures and reduced river discharge can serve  
654 as physical barriers to salmon migration, preventing adults from reaching the thermal refuges  
655 that are crucial to survival and energy maintenance when river temperatures become stressful  
656 (Torgersen et al. 1999; Hasler et al. 2012). Thus, the ability for adult salmon to access suitable  
657 holding pools and cool refuges will become even more important for maintaining populations in  
658 a warming climate because of the negative impacts of high temperature on survival and  
659 reproductive success. It is therefore imperative to identify, protect, and maintain connectivity  
660 among suitable thermal refuges in salmon rivers to ensure population persistence. Such  
661 protections may include controlling releases of water from dams on regulated rivers, restricting  
662 fishing and other human activities in refuges, and limiting groundwater extraction or other land  
663 use practices that reduce riverbed shading or groundwater inputs (Sutton et al. 2007; Breau and  
664 Caissie 2013; Kurylyk et al. 2015). In certain cases, enhancing existing thermal refuges or

665 creating new refuges via channel modification or groundwater pumping may be warranted  
666 (Kurylyk et al. 2015). Presence of suitable adult thermal habitat is also essential for enhancement  
667 programs like the habitat expansion initiative currently in place on the Rivière Sainte-Marguerite  
668 Nord-Est, where adult salmon are introduced to previously inaccessible habitat via fish ladders or  
669 transport. Inventory of potential thermal refuges should therefore be included in feasibility  
670 studies before the implementation of such conservation translocation programs to ensure their  
671 success.

672

### 673 **Acknowledgements**

674 This work was supported by the «Programme de mise en valeur des habitats du saumon de la  
675 Côte-Nord» of the Fédération Québécoise du Saumon Atlantique and the Atlantic Salmon  
676 Conservation Foundation. Financial support for D. Frechette was provided by the Fonds de  
677 recherché du Québec - Nature et technologies (FRQNT) Merit Scholarship Program for Foreign  
678 Students. All animal handling protocols were approved by the INRS Institutional Committee for  
679 the Protection of Animals (CIPA Protocol 1406-03). The authors thank the Ocean Tracking  
680 Network for data hosting and archiving. We also thank the Quebec Ministère de Faune, Forêts, et  
681 Parcs, the Association de la Rivière Sainte-Marguerite, and the Corporation de Pêche Ste-  
682 Marguerite for their collaboration and support of this research. A. Boivin and the members of  
683 Team Filles (V. Maltais and J. Carrier) provided invaluable support in the field and made this  
684 project possible. Additional field help was provided by O. Flamand, S. Gravel, M. Murdock, R.  
685 Gagnon, M. St-Amour, T. Suskiewicz, and I. Bergeron. The authors also thank A. St-Hilaire and  
686 T. Suskiewicz for statistics advice, C. Narváz for assistance with figures, and M. Roy for aid  
687 with coding. We also thank M. Dionne for valuable feedback on an early draft, and the Associate

688 Editor and two anonymous reviewers for their conscientious comments that greatly improved  
689 this manuscript.

690

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865 Table 1. Size and sex of Atlantic salmon implanted with temperature sensing acoustic  
 866 transmitters (Vemco V13T-H) during summer 2016, by river sector, site of release, and dates  
 867 individuals were first available for detection in each river sector, and number of times each  
 868 individual was detected (number of records). Tagging data for fish removed from analyses are  
 869 included for reference.

River Sector	Fish ID	FL (mm)	Sex	Release site	Date Available Upstream	Date Available Downstream	Number of Records
Upstream	U-01	820	M	Upstream	29-Jun	NA	17 248
	U-02	720	F	Upstream	10-Jul	NA	14 270
	U-03	740	F	Upstream	12-Jul	NA	13 416
	U-04	820	M	Upstream	12-Jul	NA	22 760
	U-05	770	M	Upstream	12-Jul	NA	14 196
	U-06	770	F	Upstream	13-Jul	NA	14 596
	U-07	830	M	Upstream	11-Aug	NA	4 048
	U-08	680	M	Upstream	11-Aug	NA	8 080
	U-09	750	M	Upstream	18-Aug	NA	8 016
	U-10	630	M	Upstream	22-Aug	NA	4 005
Downstream	D-01	790	M	Upstream	13-Jul	16-Jul	31 406
	D-02	780	F	Upstream	13-Jul	23-Jul	14 926
	D-03	770	F	Downstream	NA	30-Jul	14 019
	D-04	775	F	Downstream	NA	31-Jul	12 124
	D-05	760	F	Downstream	NA	31-Jul	4 560
Removed	R-01	720	F	Upstream	29-Jun	NA	1 611
	R-02	975	F	Upstream	1-Jul	NA	269
	R-03	920	F	Upstream	3-Aug	NA	1 494
	R-04	780	F	Upstream	18-Aug	NA	174
	R-05	665	M	Downstream	NA	2-Aug	1 353

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871



**872 Figure Captions**

873 Figure 1. Map of study area. Panel A indicates the fish ladder where adult salmon were captured,  
874 sites where salmon were released after transport, and placement of acoustic receivers and  
875 temperature loggers. Impassable waterfalls bounding the upstream and downstream river sectors  
876 are indicated with an X. Receiver positions are indicated with solid grey circles. Receivers in the  
877 upstream sector of the river are labelled U1-U9 and receivers in the downstream sector are  
878 labelled D1-D4. Temperature loggers are indicated with small dark black circles and were  
879 deployed in the river mainstem (at rkm 30 and rkm 45), or in association with acoustic receivers  
880 in confluence plumes (U1 and U5) or deep pools (1 logger in D3; 2 loggers in U8 to test for  
881 thermal stratification). Panel B depicts the location of all cool patches identified from TIR  
882 imagery. Boundaries delineating each study sector are identified with solid black lines. The map  
883 was created using ArcGIS software by ESRI.

884  
885 Figure 2. Temporal variation in behavioural thermoregulation by individual adult Atlantic  
886 salmon tagged with temperature-sensing acoustic tags during summer 2016 from June 29 (day  
887 181) to August 31 (day 244). Behavioral thermoregulation is represented as the difference  
888 between body temperature and instantaneous mainstem temperature ( $\Delta T_I$ , where mainstem river  
889 temperature was measured at rkm 45 (upstream sector) and rkm 30 (downstream sector). Fish  
890 identity corresponds to Table 1 and is presented in the gray box above each individual plot along  
891 with sex (M = male, F = female). Each point marks a detection of an individual by a given  
892 receiver, with receiver location coded by color. Habitat type is specified for each receiver (DP =  
893 deep pool; GW = groundwater seep; CP = confluence plume).

894

895 Figure 3. Slope plots depicting the median slope and median intercept obtained via bootstrapping  
896 (1000 replicates) for the linear relationship between mean mean hourly internal fish temperature  
897 ( $T_{BH}$ ) and mean hourly ambient mainstem river temperature ( $T_{RH}$ ) in the upstream and  
898 downstream river sectors for all fish included in analyses. The solid black line represents a 1:1  
899 relationship between  $T_{BH}$  and  $T_{RH}$ . Males are represented by dashed lines in shades of blue,  
900 females by solid lines in shades of red. Fish identity corresponds to Table 1.

901

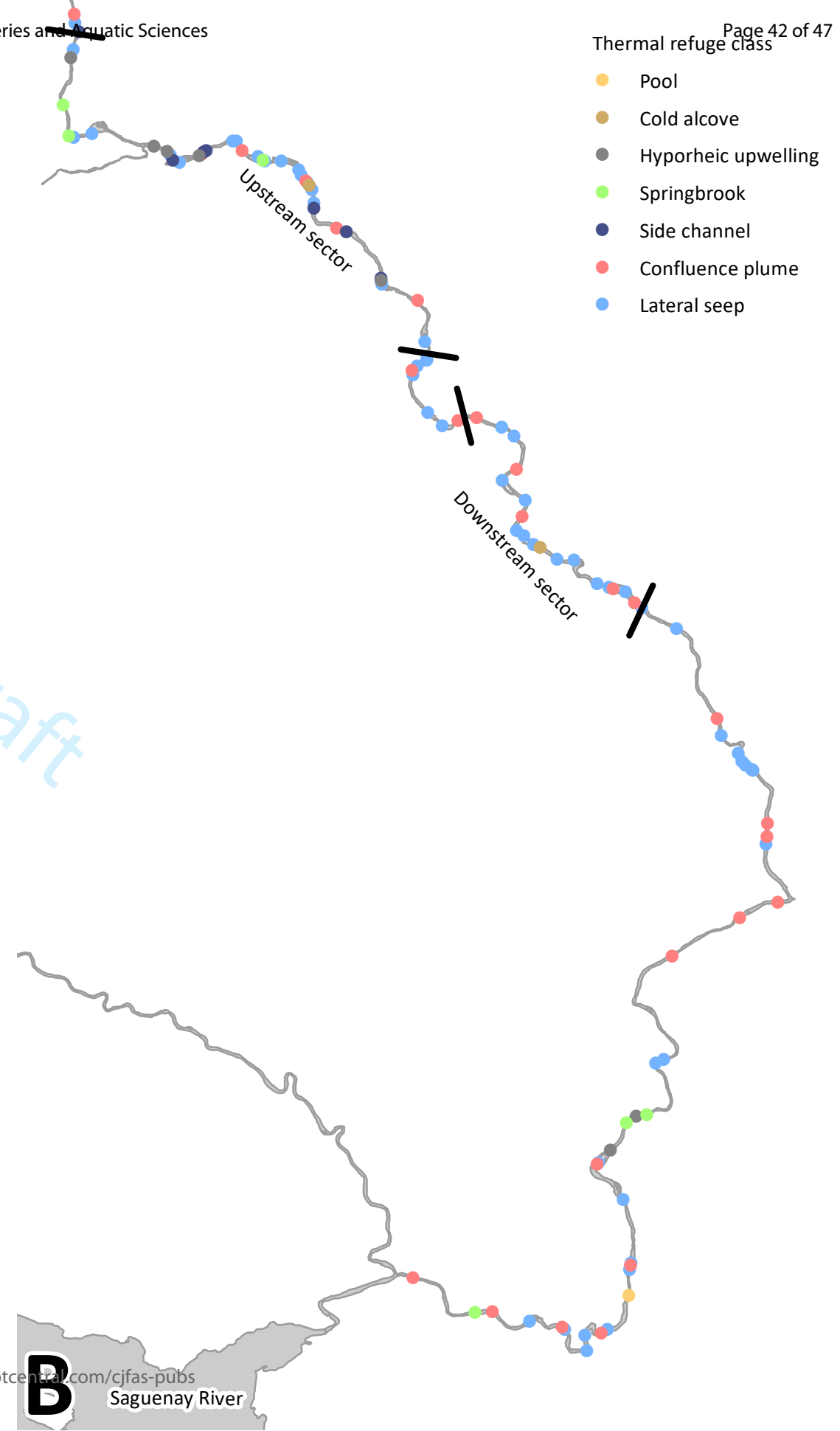
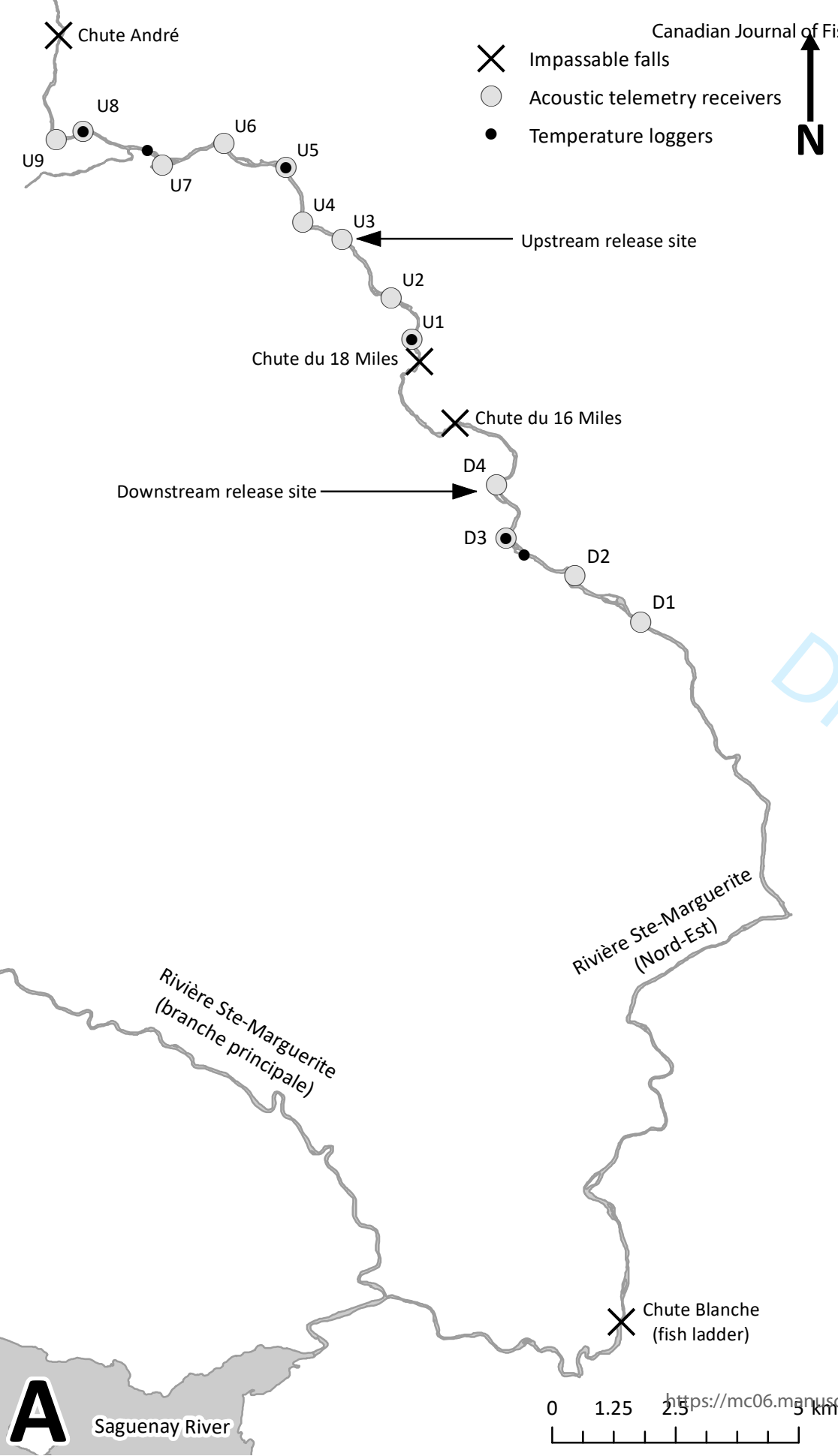
902 Figure 4. Frequency histograms of the difference ( $\Delta T_H$ ) between mean hourly internal fish  
903 temperature and mean hourly mainstem river temperature for the A) upstream sector ( $n = 10$   
904 salmon) and B) downstream sector ( $n = 6$  salmon), binned by mainstem river temperature  
905 (measured at rkm 45 for the upstream sector and at rkm 30 for the downstream sector), for  
906 August 2016. Solid red vertical lines denote the median ( $\Delta T_{Hmed}$ ) and dashed black vertical lines  
907 denote the 95% CI, generated using 5,000 Bca bootstrap replicates. Note different y-axes  
908 between panel A and panel B, and in the 14-15.9°C bin in Panel B.

909

910 Figure 5. Percent of total hours that salmon used cool patches ( $\Delta T_H \leq -1^\circ\text{C}$ ; black bars) mainstem  
911 river temperature ( $-1^\circ\text{C} > \Delta T_H > 1^\circ\text{C}$ ; light gray bars), and warm patches as ( $\Delta T_H \geq 1^\circ\text{C}$ ; dark  
912 gray bars) in the upstream (a) and downstream (b) sectors.

913

914 Figure 6. Empirical cumulative density curves for river temperature (measured at the bottom of  
915 pool U8 in the upstream sector and at the bottom of pool D3 in the downstream sector) at the  
916 start of each patch residence (use of cool or warm patches  $\geq 15$  min).



Draft

A

B

Saguenay River

Saguenay River

0 1.25 2.5 5 km

<https://mc06.manuscriptcentral.com/cjfas-pubs>

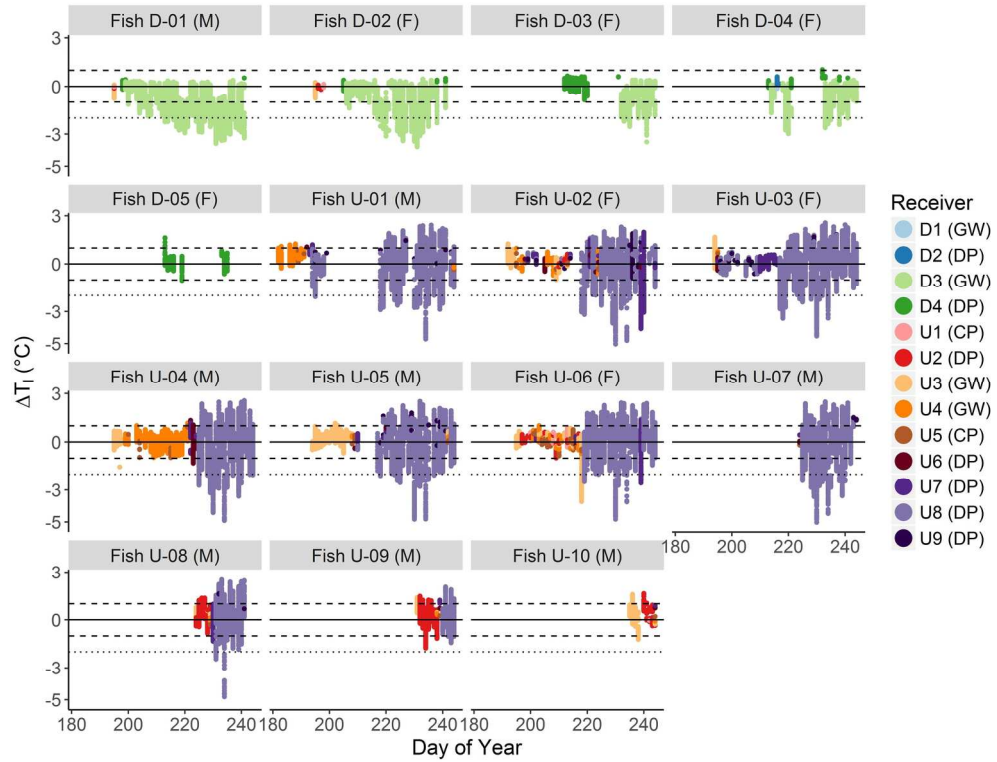


Figure 2

181x139mm (300 x 300 DPI)

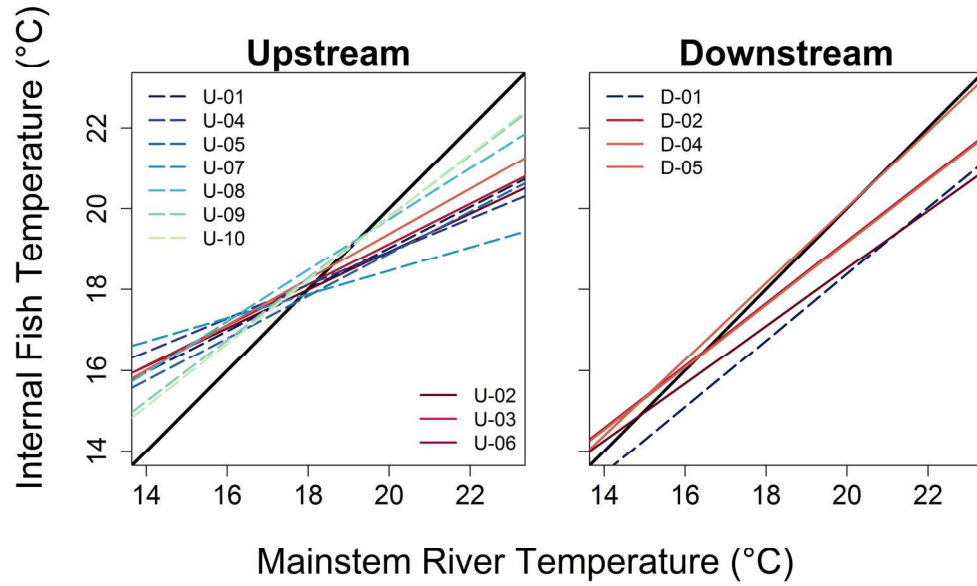
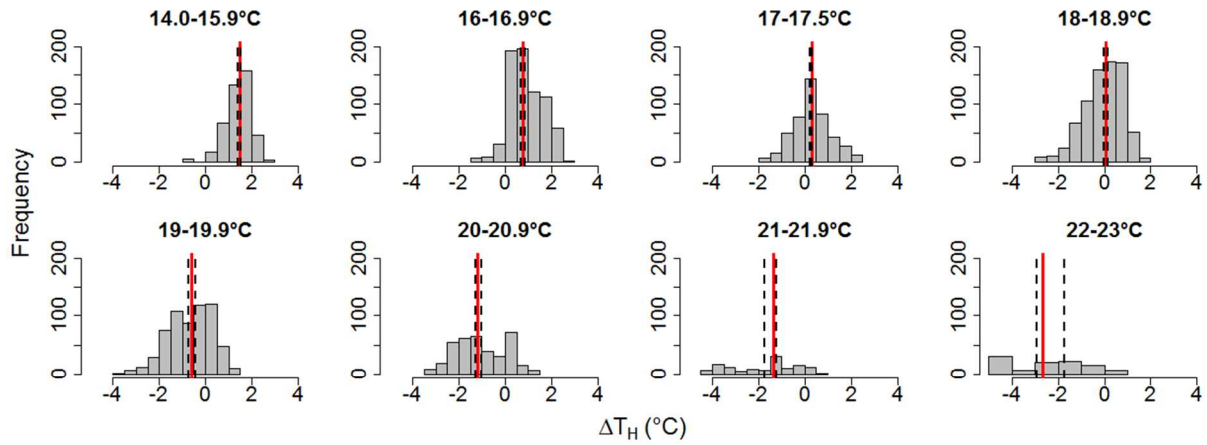


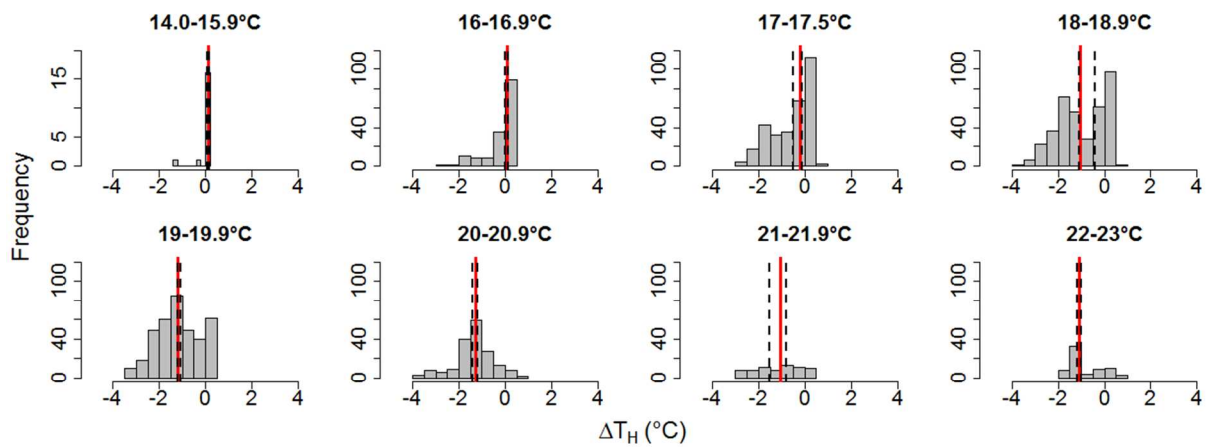
Figure 3

181x139mm (300 x 300 DPI)

## A) Upstream Sector



## B) Downstream Sector



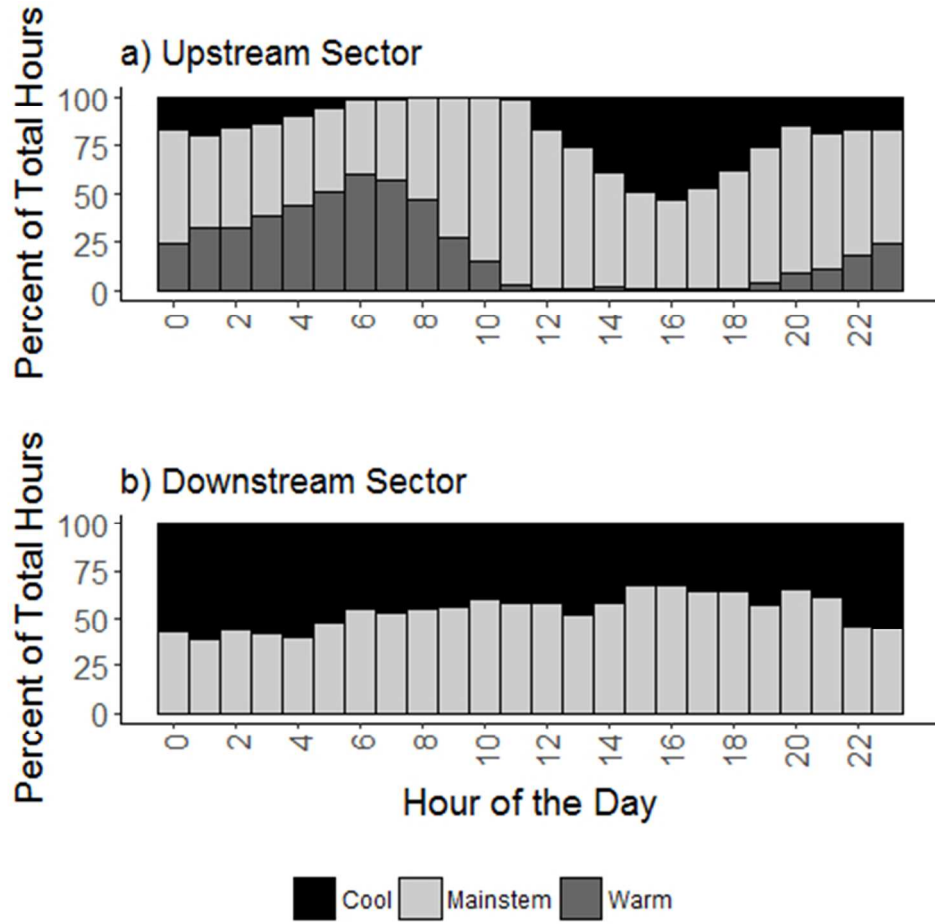


Figure 5

136x128mm (96 x 96 DPI)

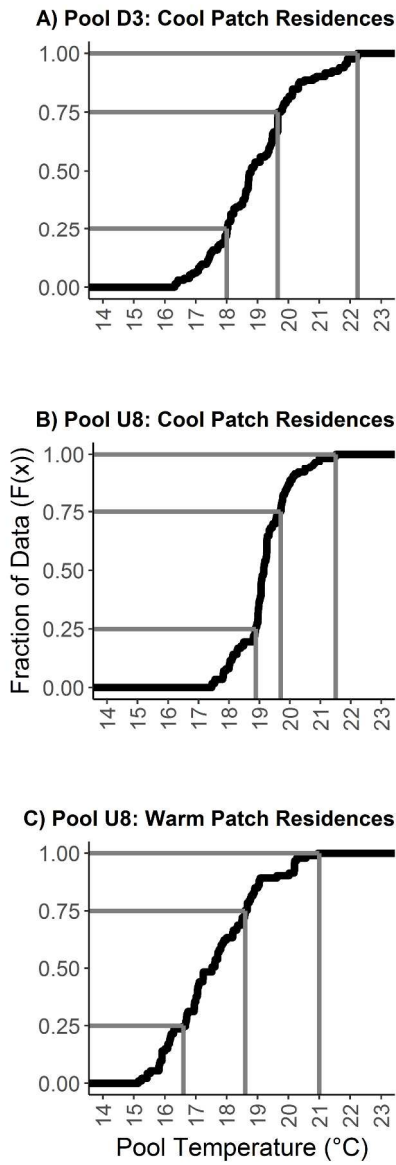


Figure 6

236x653mm (300 x 300 DPI)