

1 **The effects of exogenous fibrolytic enzymes on the *in vitro* generation of xylooligosaccharides**
2 **and monosaccharides is dependent upon cereal type**

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11 **ABSTRACT**

12 Fibrolytic enzymes are routinely added to non-ruminant livestock feeds to help degrade the non-
13 starch polysaccharide (NSP) contents and thereby improve feed efficiency. This study investigated
14 the range of xylooligosaccharides (XOS) and monosaccharides produced from four cereal samples
15 (barley, maize, oats and wheat) over a 72 hour *in vitro* incubation using 3 commercially available
16 (AB Vista, Marlborough, Wiltshire, United Kingdom) fibrolytic enzymes, Econase XT, Econase
17 MP1000 and Barley P700, all containing endo-xylanase with other combinations of enzymes.
18 Complete non-starch acid hydrolysis showed there were differences between cereals in the total
19 monosaccharide ($P<0.01$). There was a cereal x enzyme x incubation time 3-way interaction in the
20 generation of XOS (xylotetraose, xylotriose and xylobiose) ($P<0.01$) indicating the generation of
21 XOS varies dependent on both the cereal and the enzyme used. The enzymes failed to generate any
22 detectable xylose from maize. For xylose there was also a cereal x enzyme x incubation time 3-way
23 interaction ($P<0.05$). Econase XT generated the greatest quantity of xylose, with 38% of available
24 xylose from wheat being released after 72 h, 11% from barley and 9% from oats, whilst no xylose
25 was detected from maize using any of the 3 commercial enzyme preparations. For arabinose and
26 galactose production there was a cereal x enzyme x incubation time 3-way interaction ($P<0.01$),
27 whilst glucose release was only significantly affected by cereal ($P<0.05$) or time ($P<0.05$). These
28 findings suggest that the fibrolytic enzymes tested have some specificity for certain cereals and
29 therefore it might be possible to optimise the combinations used in animal feeds, to help maximise
30 the feed efficiency of livestock.

31 *Key words:* Cereal; Xylanase; Xylooligosaccharide; *in vitro* digestion.

32 *Abbreviations:* \times g, times gravity; AX, arabinoxylan; AXOS, arabinoxylan oligosaccharides; BU/g,
33 beta-units per gram; BXU/g, beta-xylanase units per gram; DP, degree of polymerisation; ECU/g,
34 endo-cellulase units per gram; HPAEC-PAD, high-performance anion-exchange chromatography
35 with pulsed amperometric design; MNU/g, mannanase units per gram; NSP, non-starch
36 polysaccharide; XOS, xylooligosaccharide; SNSP, water soluble non starch polysaccharide; TFA,
37 trifluoroacetic acid.

38 1. Introduction

39 There is an increasing literature on the use of non-starch polysaccharide (NSP) degrading enzymes
40 in non-ruminant diets to improve feed efficiency in pigs and poultry (Classen et al., 1985, Wyatt et
41 al., 1997, Bedford and Morgan, 2007). The main feed ingredients used in non-ruminant diets are
42 cereals, particularly wheat, maize, oats and barley. Their NSP content can vary widely between and
43 within (varietal) cereals (Knudsen, 1997). The main polysaccharides present in cereal cell walls are
44 arabinoxylans (AX) (Bastawde, 1992, Theander et al., 1993), with the major components being the
45 pentose sugars, arabinose and xylose (Choct, 1997). The hydrolysis of AX requires a mix of
46 enzyme activities, since β -1,4 endoxylanases cleave linkages of the xylan backbone, whilst β -d-
47 xylosidases release xylose from susceptible polymeric and oligomeric xylooligosaccharides (XOS).
48 Other enzymes such as arabino-furanosidases, cleave the substituent sugars, clearing the xylan
49 backbone for greater access by the endo-xylanases.

50 High molecular weight polysaccharides such as some AX are anti-nutritive, as their high water-
51 soluble fractions increase viscosity in the digestive tract and form a barrier between the substrate
52 and enzyme, impairing digestibility (Bedford and Classen, 1992, Misir and Marquardt, 1978). More
53 viscous feed ingredients such as barley, wheat and oats have higher concentrations of water soluble
54 non starch polysaccharide (SNSP) and are therefore thought to respond well to carbohydrase
55 supplementation. Indeed, xylanase supplementation of wheat-based diets released arabinose and
56 xylose in the ileum, jejunum and duodenum of broiler chickens (Zhang et al., 2014), likely due to
57 the hydrolysis of AX. Addition of xylanase has been shown to depolymerise high molecular weight
58 arabinoxylans and this was accompanied with reduced viscosity of digesta. The xylanase
59 supplementation was associated with improved nutrient digestion, absorption and thus, animal
60 performance (Zhang et al., 2014). However, the mechanism by which non-starch NSP degrading
61 enzymes affect animal growth is much debated (Aftab and Bedford, 2018). Maize is the most
62 common feed ingredient in global poultry production, but the potential for Xylanase enzymes to
63 positively influence maize based feeds may be limited, since maize is considered highly digestible
64 (Kocher et al., 2003) as there is 50% less total NSP in maize compared to wheat (Chesson, 1993),
65 most of which is not soluble therefore not a viscosity risk. Despite this, several studies have
66 reported benefits of incorporating xylanases and carbohydrase mixtures in maize based diets
67 (Cowieson and Ravindran, 2008, Cowieson et al., 2010).

68 Interestingly, Bedford and Cowieson (2012) showed that the effects of xylanase on oligosaccharide
69 size, degree of substitution and quantity could differ if maize or wheat was used as the main
70 substrate, given their different resistances to complete hydrolysis. In addition to the potential effects
71 of xylanase on viscosity, the generation of fermentable oligosaccharides, including XOS, and their

72 prebiotic effect on the gut microbiota could be a key mechanism for the improved feed efficiency
73 seen with enzyme supplementation (De Maesschalck et al., 2015). In agreement with this,
74 Arabinoxylan oligosaccharides (AXOS) derived from wheat-bran were shown to significantly
75 improve feed efficiency of both wheat and maize based diets (Courtin et al., 2008). Decreased feed
76 intake and increased bodyweight gain and therefore improved feed efficiency was observed in both
77 studies (Courtin et al., 2008), but importantly the AXOS had prebiotic effects on the caecal
78 microbiota. A number of recent studies in chickens have similarly demonstrated beneficial effects
79 of arabinoxylo-, galacto- or xylo-oligosaccharides (AXOS, GOS or XOS) on growth (Richards et al,
80 2020), feed conversion ratio (Akter and Akter, 2021; Craig et al, 2020; De Maesschalck et al,
81 2015), gut morphology (De Maesschalck et al, 2015; Richards et al, 2020), short chain fatty acid
82 (SCFA) production in the caecum (Craig et al, 2020; Singh et al, 2021) and/or changes in gut
83 microbiome (Akter and Akter, 2021; De Maesschalck et al, 2015; Richards et al, 2020).

84 These findings suggest a need to characterise the differential effects of commercially available (AB
85 Vista, Marlborough, Wiltshire, United Kingdom) exogenous enzyme preparations, consisting of a
86 range of NSP degrading enzymes, on common cereal feed ingredients. We decided to perform
87 simple *in vitro* digestions in the absence of any of the endogenous enzymes present *in vivo*, using
88 three commercial enzyme preparations (AB Vista, Marlborough, Wiltshire, United Kingdom) in
89 order to investigate any differences in the profiles of XOS and monosaccharides released from the
90 four cereals (barley, maize, oats and wheat). Although the total tract retention time of broilers is
91 suggested as being between 5-6 hours (Svihus and Itani, 2019), others have described most of the
92 marker is excreted by 12 hrs (Tuckey et al., 1958), but can still be detected up to 72 hrs after
93 feeding (Duke et al., 1968). Since we decided to perform digestions in the absence of any other
94 enzymes, the rates of digestion are likely to be slower than those observed *in vivo*, so we monitored
95 the release of sugars over a 72hr time course.

96 **2. Materials and methods**

97 **2.1 Total hydrolysis of non-cellulosic polysaccharides**

98 An indication of the xylose, arabinose, galactose and glucose composition of the 4 cereals (barley,
99 maize, oats and wheat) was determined by hydrolysis with Trifluoroacetic acid (TFA), as previously
100 described by Fry (1988). The aim of this analysis was to simply determine the baseline contents of
101 xylose and arabinose and possibly galactose and starch derived glucose. TFA is often used in the
102 analysis of plant cell walls, as it is milder than the more commonly employed Seaman hydrolysis
103 (Seaman, 1945) and as such does not tend to degrade the cellulosic component of the wall. All
104 cereals were obtained from a commercial feed manufacturer (Target Feeds, UK). The release of 4
105 sugars (arabinose, galactose, glucose and xylose) was quantified, but the XOS contents were not, as
106 they were not detectable prior to enzyme hydrolysis in the current experiment, as determined by
107 using High-Performance Anion-Exchange Chromatography coupled with Pulsed Electrochemical
108 Detection (HPAEC-PAD), as described below. The 4 cereals (barley, maize, oats and wheat) were
109 ground to a fine powder (0.5mm) and suspended to 10mg/ml in 2M TFA in triplicate. Tubes were
110 sealed and heated to 120°C for 1 hr in an autoclave, then allowed to cool to room temperature
111 before being centrifuged at 2236×g for 10 min at room temperature. The supernatant was then
112 diluted 1:100 with 10mM NaOH and transferred into 2ml clear vials for sugar analysis.

113 **2.2 In-vitro digestion of cereals with 3 different enzymes.**

114 The following 3 commercial enzyme preparations were provided by AB Vista (Marlborough, UK)
115 and used in digestions with the 4 cereals:

- 116 i. Econase XT (AB Vista, Marlborough, Wiltshire, United Kingdom) – a xylanase with β -1,4
117 endo-xylanase activity (160,000 BXU/g). The enzyme was used at its suggested dose of
118 100mg/kg of feed.
- 119 ii. Econase MP 1000 (AB Vista, Marlborough, Wiltshire, United Kingdom) – a mannanase
120 enzyme cocktail reported to contain mannanase (1,000,000 MNU/g), β -glucanase (300,000
121 BU/g) and endo-xylanase (200,000 BXU/g) activities. It was used at the recommended dose
122 of 100mg/kg of feed.
- 123 iii. Econase Barley P 700 (AB Vista, Marlborough, Wiltshire, United Kingdom) - an enzyme
124 cocktail prepared from a strain of *Trichoderma reesei*, designed for use in barley feeds. Its
125 main activity is β -glucanase (700,000 BU/g), but it also contains endo-cellulase (165,000
126 ECU/g) and endo-xylanase (190,000 BXU/g) activities. It was used at the recommended
127 dose of 40mg/kg of feed.

128 These enzymes were taken from commercial grade preparations for agricultural use in animal
129 feeds. The specific enzyme activities and thereby their characteristics, as defined by the
130 Carbohydrate-Active enZymes database (CAZy database, <http://www.cazy.org>), was not
131 disclosed by the company.

132 The 4 cereals (barley, maize, oats and wheat) were individually ground to a fine powder (0.5mm),
133 0.2g of each cereal was suspended (in triplicate) in 40mls 50 mM sodium citrate buffer (pH 5.2)
134 containing one of the following enzymes:

- 135 a) Cereal samples only – no enzyme added.
- 136 b) Cereal samples + Econase XT at 100 μ g/g.
- 137 c) Cereal samples + Econase MP 1000 at 100 μ g/g.
- 138 d) Cereal samples + Econase Barley P 700 at 40 μ g/g.

139 The four enzyme preparations were added separately (in triplicate) along with 40ml of 50 mM
140 sodium citrate buffer (pH 5.2). The buffer used has previously been described as representing the
141 average pH of the broiler digestive tract (Mabelebele et al., 2014). Digestion reactions were then
142 placed in a shaking incubator at 150RPM, with a temperature of 41°C for 72 h, with 1ml samples
143 taken at 0, 3, 6, 9, 12, 24, 36, 48, 60 and 72 h. At each time point, 1ml of each digest sample was
144 removed and added to 9ml of 10 mM NaOH at room temperature, mixed, centrifuged and then
145 frozen at -20°C prior to sugar analysis.

146 ***2.3 Identification and quantification of sugars using HPAEC-PAD***

147 The sample concentrations of arabinose, galactose, glucose and xylose, as well as the XOS, were
148 determined using High-Performance Anion-Exchange Chromatography coupled with Pulsed
149 Electrochemical Detection (HPAEC-PAD) following the method of Xu et al. (Xu et al., 2013).
150 Analysis was carried out using a Dionex ICS-3000 with a Dionex CarboPac PA20 Column (3mm x
151 150mm) and CarboPac PA20 Guard (3x30mm) for the monosaccharide analysis. A CarboPac
152 PA200 column (3mmx250mm) and CarboPac PA200 guard (3mm x 50mm) were used for the
153 oligosaccharide analysis. An injection volume of 10 μ l was used throughout for both samples and
154 standard solutions. Monosaccharide standards (arabinose, galactose, glucose and xylose) were
155 purchased from Sigma-Aldrich, UK and XOS standards (xylo-biose, -triose, -tetraose and -
156 pentaose) from Megazyme, Ireland. Serial dilutions for each standard (2.0, 1.0, 0.5 and 0.25g/L for
157 monosaccharides and 0.5, 0.25, 0.125 and 0.0625g/L for XOS) were made fresh for each batch of
158 analyses.

159 For the monosaccharides, a single eluent, containing 10mM NaOH solution, was used as the mobile
160 phase at 0.5ml/min for 14 min. For oligosaccharides, 2 eluents were used in a gradient for the
161 mobile phase, 0.1M sodium hydroxide (Solution A) and 0.1M NaOH containing 0.5M sodium
162 acetate (solution B) in standard quadruple waveform, as described by Xu et al (2013). The gradient
163 program used for XOS determination was 100% solution A at 0 minutes, rising to 80% solution A
164 and 20% Solution B at 25 minutes, before returning to 100% Solution A after 25 minutes elapsed.
165 Both eluents were stored in plastic pressurised bottles with inert nitrogen gas at 6-9 psi. Data were
166 collected with Dionex Chromeleon software (Version 6.7).

167 ***2.4 Data and statistical analysis***

168 One source was used for each cereal and all analyses (digestions and Dionex analysis) were carried
169 out in batches of each enzyme-cereal combination in triplicate and the data processed in Excel
170 (Windows 10, Microsoft Corp., Redmond, Washington, USA) and expressed as means and standard
171 deviations (SD). Using this level of replication, the preliminary experiments which sought to
172 determine monosaccharide concentrations gave an average co-efficient variance for detection of the
173 monosaccharides of 3.3% (+/- 0.2 (standard deviation). Based on this experiment with F-statistic of
174 9.75 it was calculated (G*Power3.1, University of Dusseldorf, Germany) that for 4 cereal groups
175 the Power = 1 for total sample size of 8 (n=2 per group). Therefore, for it was deemed that an n=3
176 per group was sufficient.

177 Standards for the four monosaccharides or XOS were run at the start and end of each batch,
178 standard curves generated from the areas under the curve, and results are presented as g/100g of
179 cereal. Data was then analysed by one (cereal-only) or three (enzyme x cereal x time) way
180 ANOVA, as appropriate, using Genstat (2018) statistical software (19th Edition), with blocking for
181 batch and digestion tube. The two standard errors of the difference of the means (SED) obtained
182 from the three-way ANOVA were used as error bars in the figures. Error bar 'A' represents the SED
183 for comparing control and enzyme treated mean values on the same graph, whilst error bar 'B'
184 represents the SED for comparing different times within the same treatment (control or enzyme) on
185 the same graph. A Tukey post-hoc test was used to identify significant differences between cereals
186 following a significant 1-way ANOVA. No post hoc tests were possible for the enzyme digestion
187 analyses since significant 3- or 2-way interactions were observed for all sugars. P<0.05 was taken
188 as statistically significant.

189

190 3. Results

191 3.1 Total hydrolysis of non-cellulosic polysaccharides

192 Sugar contents determined by TFA hydrolysis were similar for all 4 cereals (Table 1). As expected,
193 the main monosaccharide present in all 4 cereals was glucose, mainly from starch, and the order of
194 glucose content was the same as that for total sugar content (maize> wheat= oats> barley)
195 ($P<0.001$). It is important to note that the monosaccharide concentrations determined after total acid
196 hydrolysis represent the total reduction of monosaccharide, oligosaccharide and polysaccharides
197 present in the sample. As expected, the concentration of xylose, arabinose and galactose was much
198 lower than glucose but the relative range of concentrations of each monosaccharide across cereals
199 was greater. (Table 1).

200 It is assumed that the vast majority of xylose and arabinose were present as arabinoxylan, and as
201 such the total content and arabinose to xylose ratio of the arabinoxylan was determined. Barley had
202 the highest xylose content (barley> maize> wheat= oats) ($P<0.001$), whereas wheat had the highest
203 arabinose content (wheat> barley> maize> oats) ($P<0.001$). Galactose was only present in low
204 amounts in 3 of the 4 cereals, but the content was significantly different ($P<0.001$) (oats> maize>
205 wheat), with no detectable galactose found in barley. These total hydrolysis values for each sugar
206 were subsequently used to calculate the proportion that was released during the *in vitro* digestions
207 with and without the different enzymes, except in the case of galactose from barley digestions,
208 where no comparison could be made as no galactose was detected after total non-cellulosic
209 hydrolysis, but was present after enzyme digestion. This could be due to the fact that galactose is
210 susceptible to acid hydrolysis which would lower the observed amount in the acid digestion, but
211 would still be released by the enzyme.

212 Total arabinoxylan (AX) content was highest in barley (Table 2, barley> wheat= maize> oats)
213 ($P<0.001$), whereas the arabinose:xylose (A:X) ratio was highest in wheat (Table 2, wheat> barley=
214 maize> oats) ($P<0.001$).

215

216 3.2 In-vitro digestion of cereals with various enzymes – generation of xylooligosaccharides (XOS)

217 There were no XOS generated from maize in any of the control incubations nor by any of the
218 enzymes studied (data not shown). There was also no generation of xylopentaose from any of the
219 cereals by any of the enzymes used (data not shown), but there were significant enzyme x cereal x
220 time interactions (all $P<0.01$) for the generation of the other 3 XOS measured (xylotetraose,
221 xylotriose and xylobiose).

222 For xyloetraose (Figure 1), Econase XT had a small effect on barley and wheat; Econase MP1000
223 had a much bigger effect, but only in barley; while Barley P700 had small effects on barley, oats
224 and wheat (in that order) (enzyme x cereal x time 3-way interaction, $P=0.002$). Interestingly, a rapid
225 initial generation, followed by decline was seen for barley-Econase MP1000, barley-Barley P700
226 and oats-Barley P700 combinations, suggesting initial generation then potential further digestion
227 (Figure 1).

228 There was virtually no generation of xylotriose for most of the cereal-enzyme combinations (Figure
229 2). However, there was a significant 3-way enzyme x cereal x time interaction ($P=0.003$). Only oats
230 incubated with Econase MP1000 resulted in generation of xylotriose above that of the control, with
231 the peak again suggesting an initial generation followed by further digestion (Figure 2).

232 Although there was a significant 3-way enzyme x cereal x time interaction ($P=0.002$), there was very
233 little xylobiose generated for most of the cereal-enzyme combinations (Figure 3). Econase XT
234 generated xylobiose from barley, wheat and oats (in that order), whereas Econase MP1000 had no
235 effect on any of the cereals and Barley P700 only released small amounts from barley and wheat,
236 but not oats (Figure 3).

237 ***3.3 In-vitro digestion of cereals with various enzymes – release of monosaccharides***

238 Surprisingly, there was virtually no release of xylose, galactose or arabinose from maize in any of
239 the control incubations nor by any of the enzymes studied, with only glucose being released.

240 There was a significant enzyme x cereal x time ($P=0.042$) interaction for the release of xylose
241 (Figure 4). There was no detectable release of xylose from maize. The greatest xylose release was
242 when the 3 cereals (barley, oats and wheat) were incubated with Econase XT or Econase MP1000,
243 whereas Barley P700 had a much smaller effect in barley and wheat and no effect on oats. The
244 xylose release over time was highest for wheat ($P=0.042$, Figure 4).

245 The next greatest release of monosaccharide was arabinose (Figure 5). Once again there was no
246 arabinose released from maize, but there was a significant enzyme x cereal x time interaction
247 ($P=0.007$) indicating that the different enzymes had different substrate specificities. Econase XT
248 increased the release of arabinose from barley and wheat to similar extents, but less so from oats
249 (Figure 5). Econase MP1000 had similar effects on all 3 cereals, whereas Barley P700 released
250 more arabinose from wheat than barley, with no effect on oats (Figure 5).

251 There was also a significant enzyme x cereal x time interaction ($P=0.007$) for the release of
252 galactose (Figure 6). While small amounts were released from control incubations for all 3 cereals

253 (Figure 6), only oats incubated with Econase XT or Econase MP1000 enzymes showed consistent
254 increases above the controls.

255 There were no significant interactions for glucose release. However, glucose release from the 4
256 cereals significantly increased with time ($P=0.036$) and there was a significant effect of cereal
257 ($P=0.047$). There was a trend for an interaction between cereal and time ($P=0.090$). All 3 enzymes
258 gave similar increases in glucose release from barley, whereas only Barley P700 increased glucose
259 release above controls for barley and oats, with no apparent effect on wheat and maize, however
260 this 2-way enzyme x cereal interaction was only a trend ($P=0.090$, Figure 7).

261 4. Discussion

262 To our knowledge, this is the first study to compare the effects of commercially available (AB
263 Vista) exogenous enzyme preparations on the release of mono- and oligo-saccharides from different
264 cereals *in vitro* over time. Hence there is very little published literature to compare our results to.
265 The values obtained here for total sugar content of the four cereals (using the TFA method) are
266 generally in line with previous studies, except the arabinose, xylose and A/X ratio differ from those
267 reported by Knudsen (1997) using the Englyst method. For example we calculated a wheat A/X
268 ratio of 1.02 whereas Knudsen (1997) reported a value of 0.62. We suggest that this might partly be
269 due to differences in methods used (TFA vs Englyst method). The Englyst method is rather
270 complex involving separation into starch, non-starch, soluble and insoluble fractions followed by
271 compositional analysis of each fraction, all of which will have errors associated with each
272 measurement. In contrast, the TFA method allows a simple one step determination of the xylose and
273 arabinose contents and avoids any potential errors from generating and analysing multiple fractions.
274 When comparing the 2 studies in terms of the contents of the 2 sugars (arabinose and xylose), the
275 values for xylose are almost identical (3.8g/100g for Knudsen and 3.75g/100g here), with the major
276 difference being the arabinose contents (2.2g/100g in Knudsen and 3.82g/100g here). These
277 differences are likely due to different varieties of wheat being studied, since Knudsen analysed a
278 range of feedstocks (available in the 1990's), whereas a single source of wheat was analysed here.
279 The wheat varieties currently in commercial use are likely to have changed since the 1990s and this
280 is something we are currently investigating further.

281 Interestingly a number of sugars were released in the absence of any exogenous enzyme (the control
282 incubations), indicating the presence of enzymes either in the cereals themselves or from microbes
283 present in the system, since no preservatives or antibiotics were included in the incubation buffer.
284 The main finding from this study is that the 3 enzymes appeared to have differing specificities for
285 the 4 cereals, at least in this simple *in vitro* digestion system, suggesting that it might be possible to
286 optimise the enzyme-cereal combinations used in animal feeds.

287 4.1 Barley

288 Interestingly, while barley had the lowest total glucose content after TFA hydrolysis, it had the
289 highest xylose and total AX contents, but there was no galactose detected (Tables 1 and 2). This
290 agrees with previous studies in terms of arabinose and xylose contents of barley. When 6 varieties
291 of barley were assessed for monosaccharide contents by (Åman and Newman, 1986), the average
292 total arabinose and xylose contents were 2.5% and 3.6% of total biomass respectively, which is
293 lower than the 3.2% and 5.2% in the present study. This can be explained by the fact that two thirds

294 of samples used in the Aman and Newman (1986) study were hullless, therefore lower in AX. AX is
295 considered a good indicator for responsiveness to carbohydrase enzymes and certainly all 3
296 enzymes increased the release of most sugars from barley, with the only exceptions being xylotriose
297 and galactose. However, despite barley having the highest total AX content, more arabinose and
298 xylose was released from wheat, highlighting that the amount of sugars released by enzyme
299 digestion does not necessarily relate to their inherent content, at least not *in vitro*, as observed with
300 maize in the current experiment.

301 Interestingly, there were clear differential effects of the 3 enzymes on the generation of xylotetraose
302 from barley (Figure 1), with a short, sharp generation observed around 12hrs that subsequently
303 decreased, presumably due to it being rapidly broken down into smaller oligos and monomers.
304 Econase MP1000 induced the biggest peak, followed by Barley P700, with Econase XT showing a
305 smaller, but more prolonged release across the 72hr time course. There was very little effect of any
306 of the enzymes on xylotriose release (Figure 2) and only Econase XT induced appreciable
307 generation of xylobiose (Figure 3). All 3 enzymes increased the glucose generated from barley to a
308 similar extent (Figure 7), despite there being appreciable glucose release in the absence of any
309 enzyme. Similarly, some xylose and arabinose were released in the absence of any enzyme (Figures
310 4 and 5) and all 3 enzymes increased the release, although Econase XT tended to release the most
311 and Barley P700 the least. Surprisingly, these findings suggest that Econase XT, and possibly
312 Econase MP1000, might be better for use in barley-based diets, both of which released more sugars
313 than barley P700, although this obviously needs *in vivo* confirmation.

314 4.2 Maize

315 Maize has often been perceived as being less responsive to NSPase treatments due to its low NSP
316 content and low viscosity (Choct, 1997). During the *in vitro* digestions the detection of glucose in
317 maize was predominantly found in the absence of any enzyme, so was likely coming from starch
318 dissolution rather than cellulose or β -glucan. Importantly, all 4 cereals released glucose to a similar
319 extent in the absence of any enzyme and all 3 enzymes increased the glucose release to a similar
320 extent from barley and oats, whereas there were no apparent effects of Barley P700 on glucose
321 release from wheat or maize.

322 There was no release of any of the XOS from maize, nor any of the other monosaccharides
323 measured (xylose, arabinose and galactose). This would therefore agree with the idea that maize is
324 almost exclusively insoluble and relatively unresponsive to the exogenous enzymes (for anything
325 other than glucose release). Importantly, this was not due to a lack of those sugars in maize, since
326 TFA hydrolysis showed that the monosaccharide and total AX contents, as well as the A:X ratios

327 for maize were all similar to the other 3 cereals studied (Tables 1 and 2). The total AX content of
328 maize determined in this study is similar to that described previously (Choct, 1997); (Malathi and
329 Devegowda, 2001). Despite the AX contents and A:X ratios found in maize in this study, these
330 findings suggest that the structure and or accessibility of the AX in maize makes it less susceptible
331 to degradation into lower molecular weight material observed in the present study (degree of
332 polymerisation (DP) < 5). It could have been the case that higher molecular weight material (e.g.
333 DP > 50) was released, but not processed down into oligosaccharides or monosaccharides. This
334 higher DP material could still be fermented as a substrate by the gut microbiome in the caeca.

335 4.3 Oats

336 Of the 4 cereals studied, oats contained the lowest total AX content, but the most galactose. In a
337 previous study, Westerlund et al. (1993) showed the total AX content of flaked oats to be 7.4% of
338 total dry mass, whereas the AX content in the present study was 4.71%. This difference could be
339 because the previous study used the dry weight, whereas we determined values as percentages of
340 total biomass (on a wet weight basis).

341 Oats generated much smaller amounts of the XOS than either barley or wheat, and there were clear
342 differential effects of the 3 enzymes. Only Barley P700 induced any generation of xylo-tetraose
343 (Figure 1); while only the combination of Econase MP1000 and oats induced an appreciable
344 generation of xylo-triose (Figure 2) and there was virtually no xylo-biose released from Barley
345 (Figure 3), either in the absence or presence of any enzyme. Perhaps the addition of a mannanase
346 enzyme in the oats sample gave a unique additive effect to the enzyme hydrolysis, bringing about a
347 spike in xylo-triose production. Similarly, only Econase XT and Econase MP1000 induced the
348 release of xylose, arabinose and galactose (Figures 4-6), with no effects of Barley P700 over the
349 release observed in the absence of any enzyme. It is therefore unclear which enzyme might be best
350 in oats-based feeds, but Barley P700 is unlikely to have much effect, since it only increased the
351 generation of xylo-tetraose and glucose from oats. Once again this will need to be confirmed by *in*
352 *vivo* studies.

353 4.4 Wheat

354 Of all the cereals studied, wheat contained the most arabinose and had the highest A:X ratio but was
355 intermediate in terms of the other monosaccharide contents following TFA hydrolysis. These levels
356 are in line with those published for a variety of wheat cultivars. For example, Pritchard et al. (2011)
357 quantified 211 varieties of wheat and showed that the total AX contents and A:X ratios ranged from
358 2.37-10.75% and 0.4-1.3 respectively, which agrees with the 7.57% and 1.02 in the present study.
359 Similarly, Lafond et al. (2015) characterised the total carbohydrate composition of 6 wheat cultivars

360 and showed average contents of 2.65%, 4.57%, 0.59% and 7.22% for arabinose, xylose, galactose
361 and total AX contents respectively, which are all similar to the levels observed in the present study.
362 Importantly, Lafond et al. (2015) showed that the wheat cultivar with the highest AX content
363 delivered significantly more arabinose and xylose into the ileum compared to the cultivar with the
364 lowest AX content. They also showed that the AX was not degraded in the absence of xylanase.
365 This implies that high AX contents may result in higher digestion potential *in vivo* when a xylanase
366 is fed.

367 In the present study, wheat samples generated all 3 XOS (xylotetraose, xylotriose and xylobiose),
368 but in quantitatively smaller amounts than the amount of xylose released through enzyme hydrolysis.
369 Wheat was also the most responsive to enzyme supplementation in terms of release of both xylose
370 (Figure 4) and arabinose (Figure 5), with Econase XT releasing slightly more than Econase
371 MP1000, and Barley P700 only releasing slightly more than the no enzyme controls. Wheat was the
372 only cereal to release noticeably more xylotetraose in combination with Econase XT
373 supplementation, suggesting the enzyme activity here is leading to greater production of DP4 XOS
374 *in vitro*. In contrast, wheat didn't respond as much as barley or oats in terms of enzyme-induced
375 release of glucose, probably due to the greater number of β -glucans present for hydrolysis into
376 glucose in barley and oats (Figure 7). These results again indicate the importance of enzyme-cereal
377 combinations in terms of the magnitude of the response seen, but it is important that these
378 differences are confirmed *in vivo* before any recommendations are possible.

379 **5. Conclusions**

380 There were clear differences between cereals in terms of the effects of the 3 commercially available
381 (AB Vista, UK) exogenous enzyme preparations on the sugars generated and released *in vitro*. It is
382 surprising that all of the enzyme mixes contain endo-xylanase activity yet gave differing results
383 when other enzymes were added to the mix. For example, the generation of xylobiose was generally
384 greatest with Econase XT, but the addition of other enzymes in Econase MP1000 and Barley P700
385 mixes reduced xylobiose generation. This suggests that it might be possible to optimise the enzyme
386 used for a diet containing a particular cereal, but also that the addition of enzymes to some diets
387 may be ineffective due to the cereals used.

388 This study suggests improvements in current enzyme technologies may be achieved by targeting
389 which xylooligosaccharides are produced as end products and ensuring the products do not further
390 degrade these beneficial xylooligosaccharides to lower the degree of polymerisation or even to
391 monosaccharides which may reduce the bioefficacy of the enzyme.

392

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397 **CRedit authorship contribution statement**

398 Tom Dale: Investigation, Methodology, Formal analysis, Visualisation, Writing – Original draft.
399 Michael Bedford: Conceptualisation, Resources, Writing – review and editing. Gregory Tucker:
400 Visualisation, Supervision, Writing – review and editing. John Brameld: Conceptualisation,
401 Resources, Visualisation, Supervision, Writing – review and editing. Tim Parr: Conceptualisation,
402 Resources, Visualisation, Supervision, Writing – review and editing.

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- 505

506 **Table 1**
 507 Monosaccharide composition of various cereals after Trifluoroacetic acid hydrolysis.

Cereal	Barley		Maize		Oats		Wheat		P-Value ²
	mean	SD	mean	SD	mean	SD	mean	SD	
Sugar (g/100g)¹									
Arabinose	3.15 ^c	0.08	2.63 ^b	0.10	1.17 ^a	0.02	3.82 ^d	0.18	<0.001
Galactose	0.00 ^a	0.00	0.64 ^c	0.03	1.03 ^d	0.02	0.40 ^b	0.01	<0.001
Glucose	43.40 ^a	1.53	55.58 ^c	1.81	49.34 ^b	0.92	50.68 ^b	2.63	<0.001
Xylose	5.22 ^c	0.17	4.46 ^b	0.14	3.54 ^a	0.06	3.75 ^a	0.22	<0.001
Total	51.76 ^a	1.78	63.31 ^c	2.08	55.08 ^a	1.02	58.64 ^b	3.05	<0.001

508 ¹ Values are expressed as grams of each monosaccharide per 100g of cereal ± SD, standard deviation for biological
 509 triplicates.

510 ² One-way ANOVA indicated significant differences between cereals for each sugar.

511 ^{a,b,c,d} Mean values with different superscript letters within a row were significantly different (P<0.05, Tukey's post hoc
 512 test).

513 **Table 2**
 514 Total Arabinoxylan (AX) contents and Arabinose:Xylose (A:X) ratios of various cereals.

Cereal	Barley		Maize		Oats		Wheat		P-Value ³
	mean	SD	mean	SD	mean	SD	mean	SD	
Total AX (g/100g) ¹	8.36 ^c	0.25	7.08 ^b	0.24	4.71 ^a	0.08	7.57 ^b	0.40	<0.001
A:X ratio ²	0.60 ^b	0.01	0.59 ^b	0.01	0.33 ^a	0.01	1.02 ^c	0.01	<0.001

515 ¹Total AX values are expressed as grams of arabinoxylan per 100g cereal ± SD, standard deviation for biological
 516 triplicates.

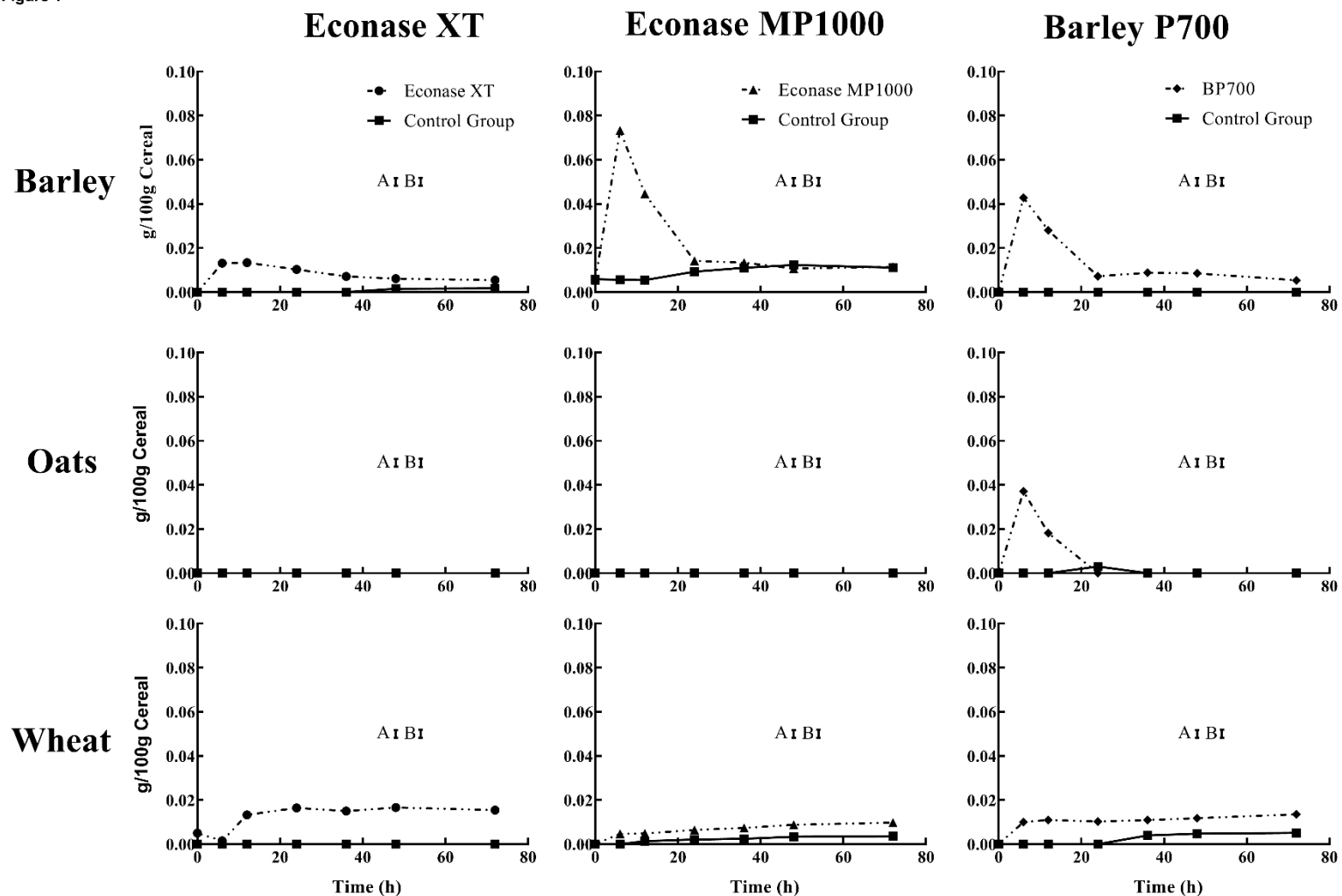
517 ²A:X values represent grams of arabinose per 100g cereal divided by grams of xylose per 100g cereal ± SD, standard
 518 deviation for biological triplicates.

519 ³ One way ANOVA indicated significant differences between cereals for Total AX and A:X ratio.

520 ^{a,b,c} Mean values with different superscript letters within a row were significantly different (P<0.05, Tukey's post hoc
 521 test).

522 **Figures and Figure Legends**
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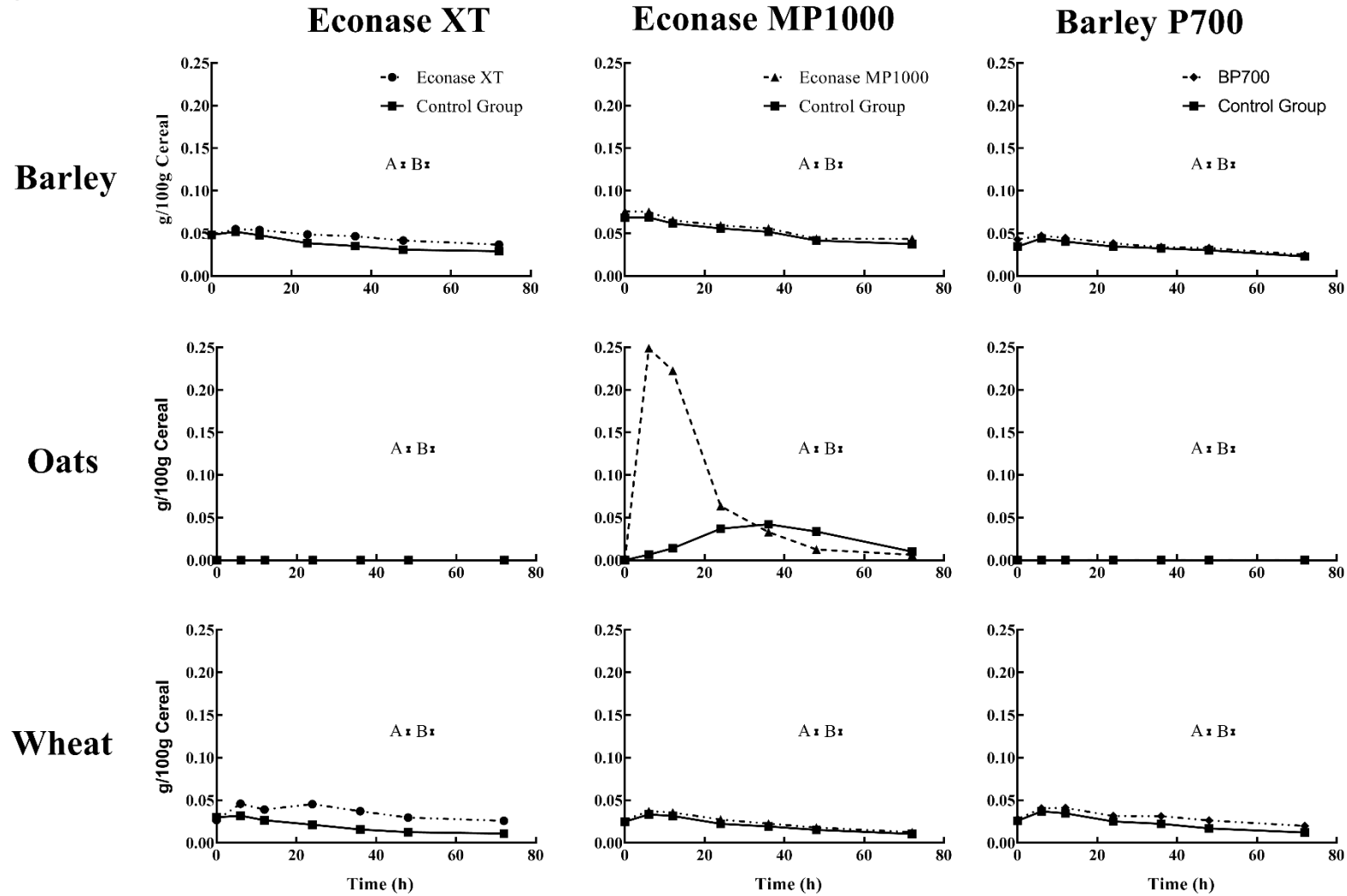
Figure 1



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526 **Fig. 1. Comparison of the effectiveness of different enzymes on the release of xylotetraose from different cereals.** Mean values expressed as total xylotetraose g/100g biomass
527 released during in-vitro digestion over 72 h at 41°C. No xylotetraose was detected for maize in any of the control or enzyme-treated digestions. The error bars are the standard error
528 of the difference of the means for comparison in the same graph (see Materials and Methods), 'A' for comparing control and enzyme, 'B' for comparing within the same treatment
529 (control or enzyme). Three-way ANOVA indicated a significant enzyme x cereal x time interaction (P=0.002).

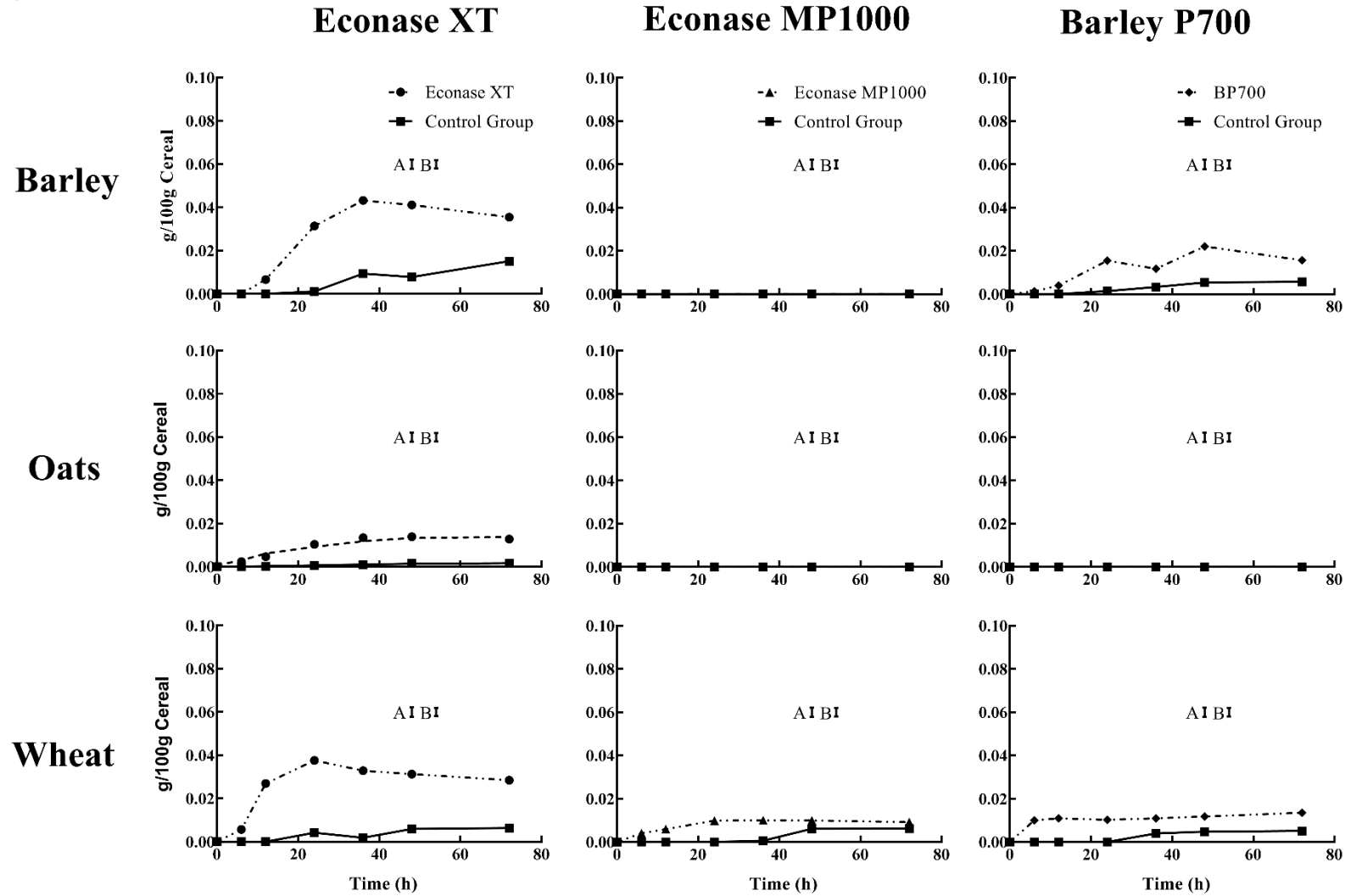
Figure 2



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Fig. 2. Comparison of the effectiveness of different enzymes on the release of xylotriose from different cereals. Mean values expressed as total xylotriose g/100g biomass released during in-vitro digestion over 72 h at 41°C. No xylotriose was detected for maize in any of the control or enzyme-treated digestions. The error bars are the standard error of the difference of the means for comparison in the same graph (see Materials and Methods), 'A' for comparing control and enzyme, 'B' for comparing within the same treatment (control or enzyme). Three-way ANOVA indicated a significant enzyme x cereal x time interaction (P=0.003).

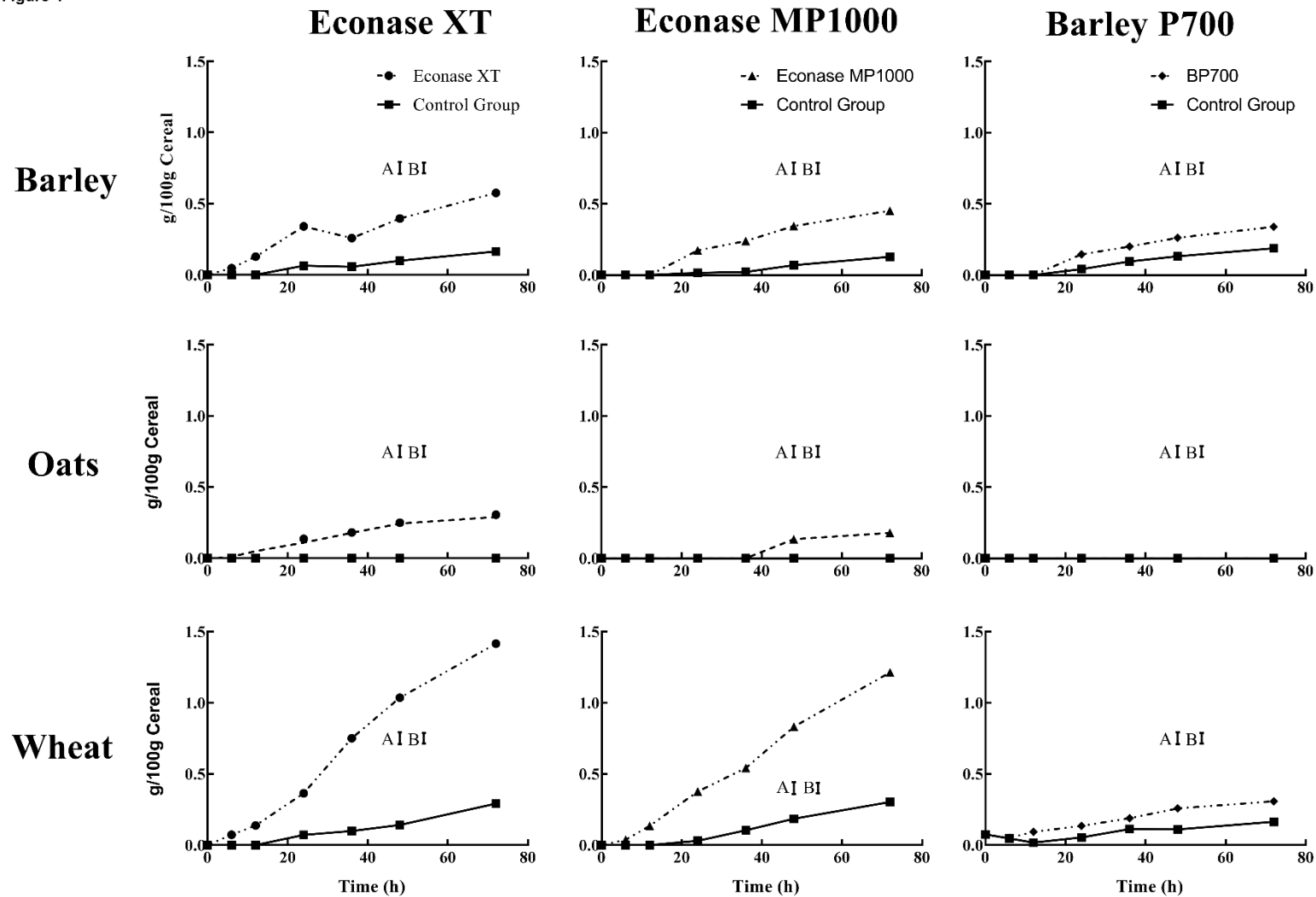
Figure 3



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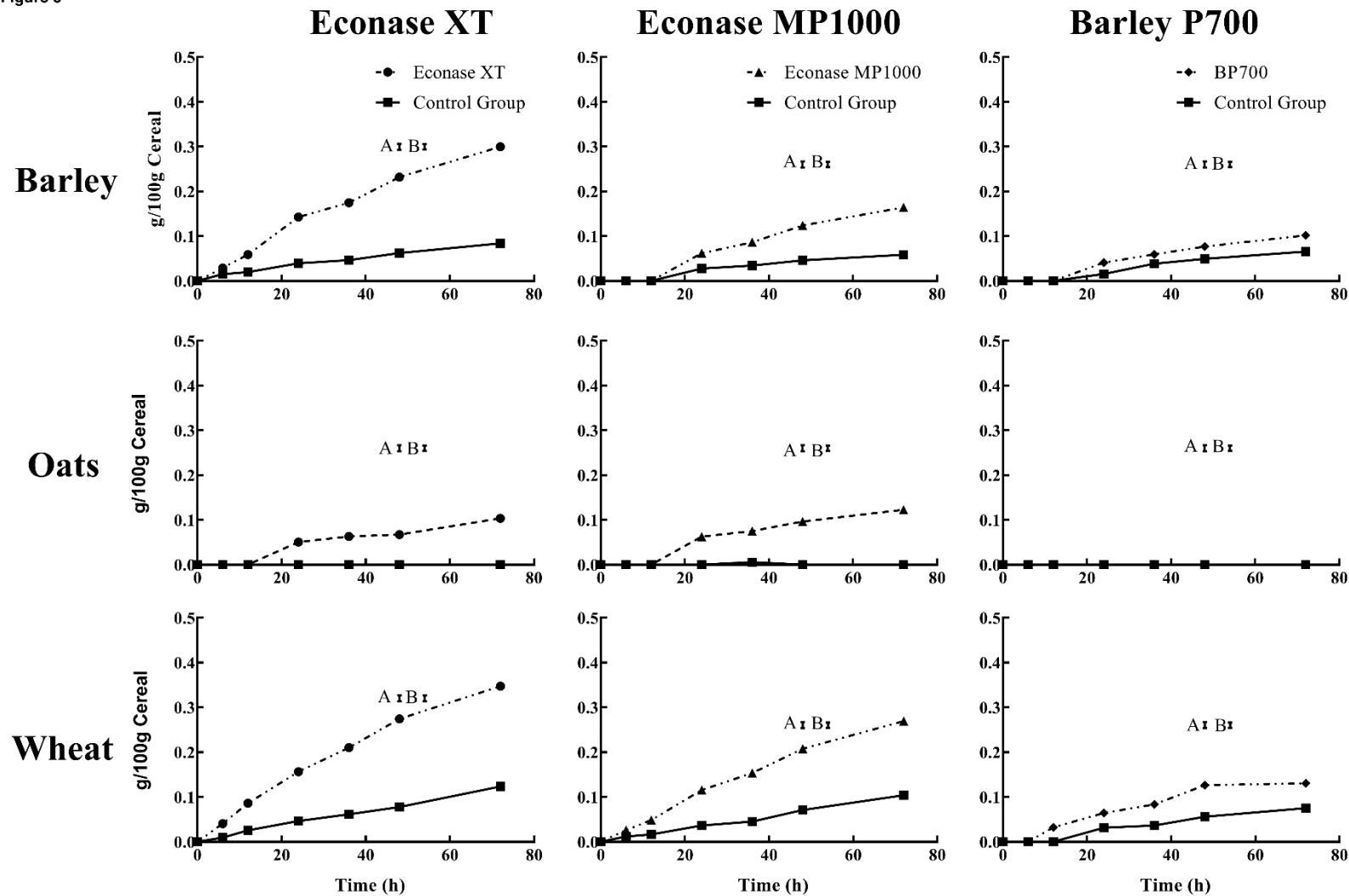
Fig. 3. Comparison of the effectiveness of different enzymes on the release of xylobiose from different cereals. Mean values expressed as total xylobiose g/100g biomass released during in-vitro digestion over 72 h at 41°C. No xylobiose was detected for maize in any of the control or enzyme-treated digestions. The error bars are the standard error of the difference of the means for comparison in the same graph (see Materials and Methods), 'A' for comparing control and enzyme, 'B' for comparing within the same treatment (control or enzyme). Three-way ANOVA indicated a significant enzyme x cereal x time interaction (P=0.002).

Figure 4



541
 542 **Fig. 4. Comparison of the effectiveness of different enzymes on the release of xylose from different cereals.** Mean values expressed as total xylose g/100g biomass released
 543 during in-vitro digestion over 72 h at 41°C. No xylose was detected for maize in any of the control or enzyme-treated digestions. The error bars are the standard error of the
 544 difference of the means for comparison in the same graph (see Materials and Methods), 'A' for comparing control and enzyme, 'B' for comparing within the same treatment (control
 545 or enzyme). Three-way ANOVA indicated a significant enzyme x cereal x time interaction (P=0.042).

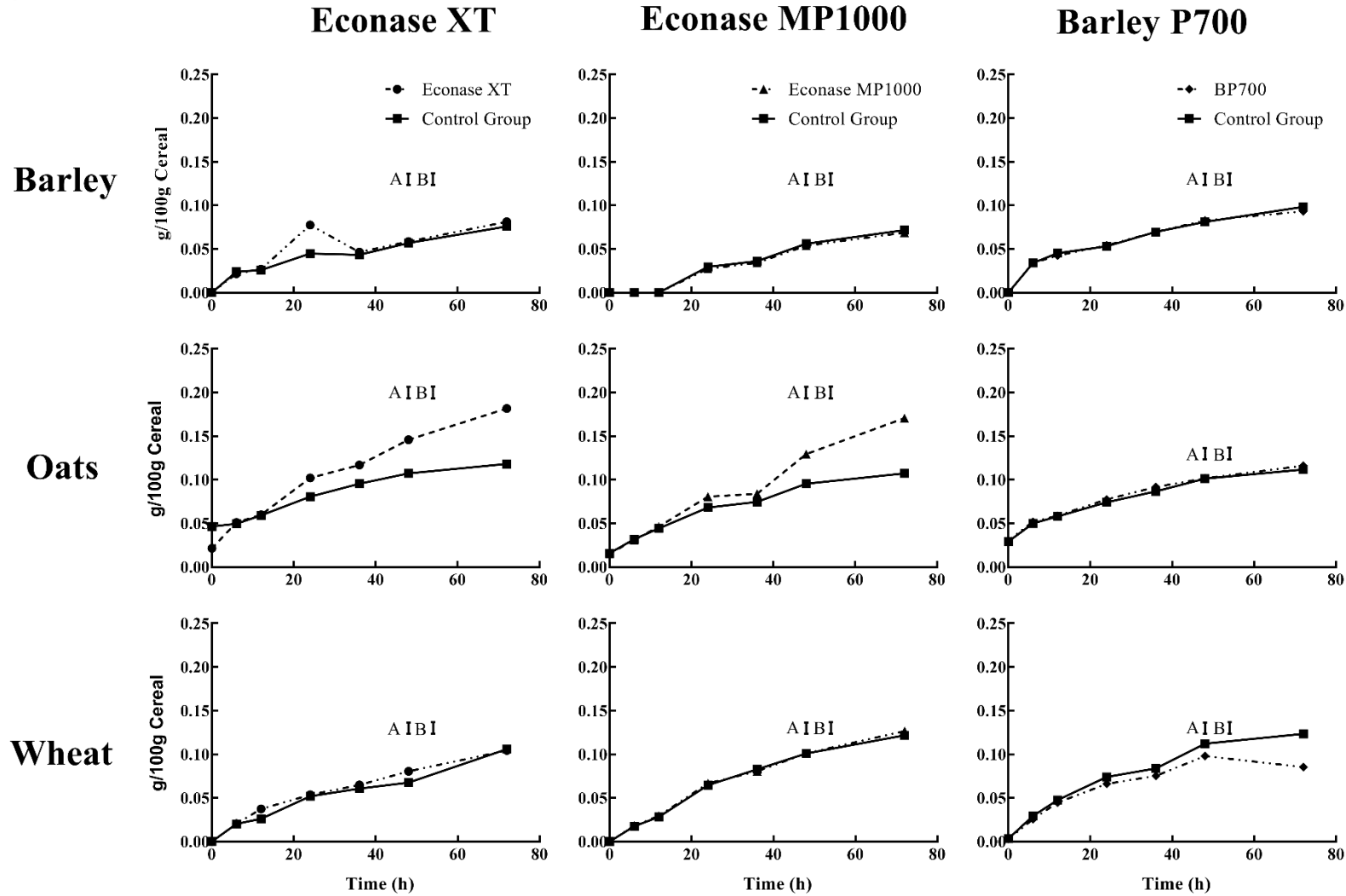
Figure 5



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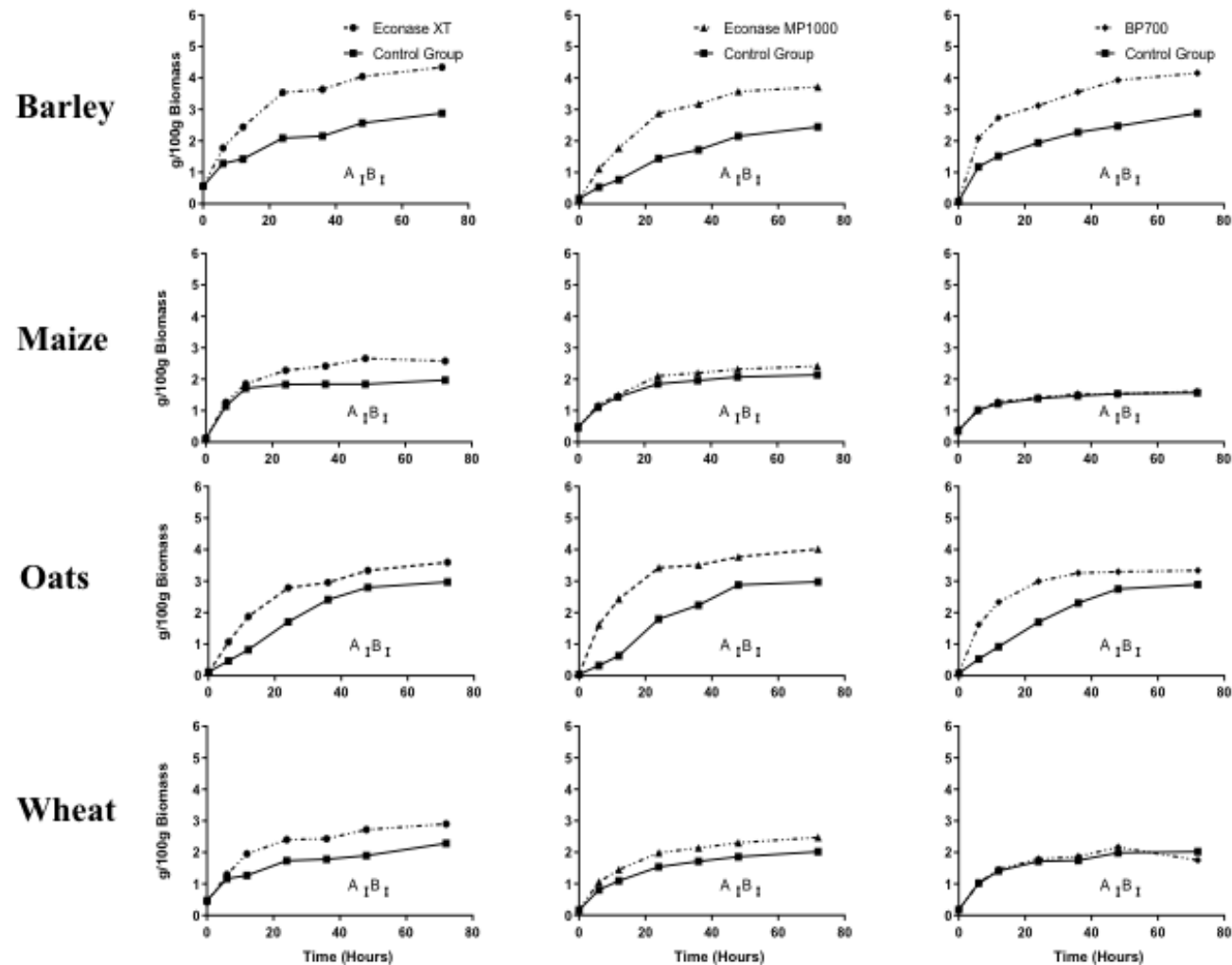
Fig. 5. Comparison of the effectiveness of different enzymes on the release of arabinose from different cereals. Mean values expressed as total arabinose g/100g biomass released during in-vitro digestion over 72 h at 41°C. No arabinose was detected for maize in any of the control or enzyme-treated digestions. The error bars are the standard error of the difference of the means for comparison in the same graph (see Materials and Methods), 'A' for comparing control and enzyme, 'B' for comparing within the same treatment (control or enzyme). Three-way ANOVA indicated a significant enzyme x cereal x time interaction (P=0.007).

Figure 6



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Fig. 6. Comparison of the effectiveness of different enzymes on the release of galactose from different cereals. Mean values expressed as total galactose g/100g biomass released during in-vitro digestion over 72 h at 41°C. No galactose was detected for maize in any of the control or enzyme-treated digestions. The error bars are the standard error of the difference of the means for comparison in the same graph (see Materials and Methods), 'A' for comparing control and enzyme, 'B' for comparing within the same treatment (control or enzyme). Three-way ANOVA indicated significant enzyme x cereal x time interaction (P=0.007).



556
 557 **Fig. 7. Comparison of the effectiveness of different enzymes on the release of glucose from different cereals.** Mean values expressed as total glucose g/100g biomass released
 558 during in-vitro digestion over 72 h at 41°C. The error bars are the standard error of the difference of the means for comparison in the same graph (see Materials and Methods), 'A' for
 559 comparing control and enzyme, 'B' for comparing within the same treatment (control or enzyme). Three-way ANOVA indicated a trend for enzyme x time (P= 0.090) and cereal x
 560 enzyme (P= 0.090) interactions, but significant effects of time (P= 0.036) and cereal (P=0.047) individually.